Men's 400m Split Times - by athlete

LAST UPDATE: 27-Sep-25

Abbas, Abdulrahman Khamis (BRN) (50m 100m 150m 200m 250m 300m 350m 400m Official Time Lane / Place 0-100m 100-200m 200-300m 300-400m 0-200m 200m-400m Differential

FINAL - 2018 Asian Games (Jakarta, INA) *Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*

date	26-Aug-18	time	6.17	11.18	16.40	21.91	27.53	33.31	39.38	45.70	45.70	7 / 3						
reaction time	0.153	interval		5.01	5.22	5.51	5.62	5.78	6.07	6.32	PB	# of strides	11.18	10.73	11.40	12.39	21.91	23.79	1.88
		velocity	8.10	9.98	9.58	9.07	8.90	8.65	8.24	7.91	8.75	172.2	8.94	9.32	8.77	8.07	9.13	8.41	

Semi-Final 3 - 2018 Asian Games (Jakarta, INA) *Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*

date	25-Aug-18	time	6.26	11.26	16.38	21.79	27.51	33.49	39.62	46.07	46.07	3 / 2						
reaction time	0.170	interval		5.00	5.12	5.41	5.72	5.98	6.13	6.45	PB	# of strides	11.26	10.53	11.70	12.58	21.79	24.28	2.49
		velocity	7.99	10.00	9.77	9.24	8.74	8.36	8.16	7.75	8.68		8.88	9.50	8.55	7.95	9.18	8.24	

Heat 5 - 2018 Asian Games (Jakarta, INA) *Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*

date	25-Aug-18	time	6.15	11.26	16.55	22.20	28.19	34.30	40.56	47.41	47.41	6 / 2						
reaction time	0.169	interval		5.11	5.29	5.65	5.99	6.11	6.26	6.85		# of strides	11.26	10.94	12.10	13.11	22.20	25.21	3.01
		velocity	8.13	9.78	9.45	8.85	8.35	8.18	7.99	7.30	8.44		8.88	9.14	8.26	7.63	9.01	7.93	

Abbas, Ali Khamis (BRN) (1995) 50m 100m 150m 200m 250m 300m 350m 400m Official Time Lane / Place 0-100m 100-200m 200-300m 300-400m 0-200m 200m-400m Differential

FINAL - 2016 Olympic Games (Rio de Janeiro, BRA) *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	14-Aug-16	time	6.17	11.05	16.08	21.29	26.62	32.15	38.02	44.36	44.36	2 / 6						
reaction time	0.148	interval		4.88	5.03	5.21	5.33	5.53	5.87	6.34	NR	# of strides	11.05	10.24	10.86	12.21	21.29	23.07	1.78
		velocity	8.10	10.25	9.94	9.60	9.38	9.04	8.52	7.89	9.02	169.5	9.05	9.77	9.21	8.19	9.39	8.67	

Abdel, Youssouf (QAT) 50m 100m 150m 200m 250m 300m 350m 400m Official Time Lane / Place 0-100m 100-200m 200-300m 300-400m 0-200m 200m-400m Differential

FINAL - 2023 Doha Diamond League (Doha, QAT) *Omega Timing (2023) - diamond league race analysis*

date	05-May-23	time	6.59	12.04	17.71	23.60	29.62	35.58	41.88	48.39	48.39	3 / 3						
reaction time	0.173	interval		5.45	5.67	5.89	6.02	5.96	6.30	6.51		# of strides	12.04	11.56	11.98	12.81	23.60	24.79	1.19
		velocity	7.59	9.17	8.82	8.49	8.31	8.39	7.94	7.68	8.27		8.31	8.65	8.35	7.81	8.47	8.07	

Abdulrahman, Mohamed Moussa (QA 50m 100m 150m 200m 250m 300m 350m 400m Official Time Lane / Place 0-100m 100-200m 200-300m 300-400m 0-200m 200m-400m Differential

B FINAL - 2021 Doha Diamond League (Doha, QAT) *Omega Timing (2021) - diamond league race analysis*

date	28-May-21	time	6.3	11.4	16.8	22.5	28.4	34.6	41.3	48.84	48.84	8 / 6						
reaction time	0.164	interval		5.10	5.40	5.70	5.90	6.20	6.70	7.54		# of strides	11.40	11.10	12.10	14.24	22.50	26.34	3.84
		velocity	7.94	9.80	9.26	8.77	8.47	8.06	7.46	6.63	8.19		8.77	9.01	8.26	7.02	8.89	7.59	

Abubaker, Abbas (BRN) (1996) 50m 100m 150m 200m 250m 300m 350m 400m Official Time Lane / Place 0-100m 100-200m 200-300m 300-400m 0-200m 200m-400m Differential

FINAL - 2019 Asian Athletics Championships (Doha, QAT) *Yamanaka (2019) - race analysis of men and women 400m competition*

date	22-Apr-19	time	6.20	11.15	16.23	21.56	27.03	32.62	38.49	45.14	45.14	7 / 2						
reaction time	0.170	interval		4.95	5.08	5.33	5.47	5.59	5.87	6.65	PB	# of strides	11.15	10.41	11.06	12.52	21.56	23.58	2.02
		velocity	8.06	10.10	9.84	9.38	9.14	8.94	8.52	7.52	8.86	175.0	8.97	9.61	9.04	7.99	9.28	8.48	

FINAL - 2018 Asian Games (Jakarta, INA) *Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*

date	26-Aug-18	time	6.37	11.39	16.50	21.84	27.37	33.15	39.38	46.41	46.41	6 / 7						
reaction time	0.170	interval		5.02	5.11	5.34	5.53	5.78	6.23	7.03		# of strides	11.39	10.45	11.31	13.26	21.84	24.57	2.73
		velocity	7.85	9.96	9.78	9.36	9.04	8.65	8.03	7.11	8.62	178.7	8.78	9.57	8.84	7.54	9.16	8.14	

Semi-Final 1 - 2018 Asian Games (Jakarta, INA) *Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*

date	25-Aug-18	time	6.36	11.41	16.57	22.03	27.63	33.33	39.22	45.59	45.59	3 / 1						
reaction time	0.178	interval		5.05	5.16	5.46	5.60	5.70	5.89	6.37		# of strides	11.41	10.62	11.30	12.26	22.03	23.56	1.53
		velocity	7.86	9.90	9.69	9.16	8.93	8.77	8.49	7.85	8.77		8.76	9.42	8.85	8.16	9.08	8.49	

Heat 3 - 2018 Asian Games (Jakarta, INA) *Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*

date	25-Aug-18	time	6.29	11.51	16.69	22.06	27.67	33.43	39.43	46.07	46.07	2 / 1						
reaction time	0.173	interval		5.22	5.18	5.37	5.61	5.76	6.00	6.64		# of strides	11.51	10.55	11.37	12.64	22.06	24.01	1.95
		velocity	7.95	9.58	9.65	9.31	8.91	8.68	8.33	7.53	8.68		8.69	9.48	8.80	7.91	9.07	8.33	

Aceti, Vladimir (ITA) (1998) 50m 100m 150m 200m 250m 300m 350m 400m Official Time Lane / Place 0-100m 100-200m 200-300m 300-400m 0-200m 200m-400m Differential

FINAL - 2024 Weltklasse (Zürich, SUI) *Omega Timing (2024) - diamond league race analysis*

date	05-Sep-24	time	6.32	11.36	16.53	21.85	27.40	33.21	39.43	46.12	46.12	1 / 6						
reaction time	0.202	interval		5.04	5.17	5.32	5.55	5.81	6.22	6.69		# of strides	11.36	10.49	11.36	12.91	21.85	24.27	2.42
		velocity	7.91	9.92	9.67	9.40	9.01	8.61	8.04	7.47	8.67		8.80	9.53	8.80	7.75	9.15	8.24	

FINAL - 2021 Golden Gala Pietro Mennea (Florence, ITA) *Omega Timing (2021) - diamond league race analysis*

date	10-Jun-21	time	6.6	11.8	17.1	22.5	28.1	33.9	40.0	46.55	46.55	2 / 7						
reaction time	0.170	interval		5.20	5.30	5.40	5.60	5.80	6.10	6.55		# of strides	11.80	10.70	11.40	12.65	22.50	24.05	1.55
		velocity	7.58	9.62	9.43	9.26	8.93	8.62	8.20	7.63	8.59		8.47	9.35	8.77	7.91	8.89	8.32	

Adachi, Yuki (JPN) 50m 100m 150m 200m 250m 300m 350m 400m Official Time Lane / Place 0-100m 100-200m 200-300m 300-400m 0-200m 200m-400m Differential

FINAL - 2017 Shimane High School Championships (Izumo, JPN) *Shimizu (2018) - shimane high school championships 2018 - biomechanics data analysis*

date	26-May-17	time		12.53		24.27		37.73		51.56	51.56	5 / 3						
reaction time		interval				11.74		13.46		13.83		# of strides	12.53	11.74	13.46	13.83	24.27	27.29	3.02
		velocity		7.98		8.52		7.43		7.23	7.76		7.98	8.52	7.43	7.23	8.24	7.33	

Adeyemi, Sikiru (NGR) (1998) 50m 100m 150m 200m 250m 300m 350m 400m Official Time Lane / Place 0-100m 100-200m 200-300m 300-400m 0-200m 200m-400m Differential

Semi-Final 2 - 2022 Commonwealth Games (Birmingham, GBR) *Longines Timing (2022) - commonwealth games race analysis*

date	05-Aug-22	time	6.2	11.2	16.4	22.0	27.7	33.8	40.2	47.40	47.40	2 / 6						
reaction time	0.217	interval		5.00	5.20	5.60	5.70	6.10	6.40	7.20		# of strides	11.20	10.80	11.80	13.60	22.00	25.40	3.40
		velocity	8.06	10.00	9.62	8.93	8.77	8.20	7.81	6.94	8.44	177.0	8.93	9.26	8.47	7.35	9.09	7.87	

Adoli, Aaron (UGA) (1994) 50m 100m 150m 200m 250m 300m 350m 400m Official Time Lane / Place 0-100m 100-200m 200-300m 300-400m 0-200m 200m-400m Differential

FINAL - 2022 Commonwealth Games (Birmingham, GBR) *Longines Timing (2022) - commonwealth games race analysis*

date	07-Aug-22	time	6.4	11.4	16.5	21.7	27.2	33.0	38.8	45.62	45.62	4 / 5						
reaction time	0.234	interval		5.00	5.10	5.20	5.50	5.80	5.80	6.82	PB	# of strides	11.40	10.30	11.30	12.62	21.70	23.92	2.22

		velocity	7.81	10.00	9.80	9.62	9.09	8.62	8.62	7.33	8.77		8.77	9.71	8.85	7.92	9.22	8.36	

Semi-Final 1 - 2022 Commonwealth Games (Birmingham, GBR) *Longines Timing (2022) - commonwealth games race analysis*

date	05-Aug-22	time	6.3	11.4	16.7	22.2	27.9	33.7	39.5	45.80	45.80	7 / 1							
reaction time	0.240	interval		5.10	5.30	5.50	5.70	5.80	5.80	6.30	PB	# of strides	11.40	10.80	11.50	12.10	22.20	23.60	1.40
		velocity	7.94	9.80	9.43	9.09	8.77	8.62	8.62	7.94	8.73	167.0	8.77	9.26	8.70	8.26	9.01	8.47	

Adoum, Khalid Wadi (QAT) (2005)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Invitational FINAL - 2025 Jetour Doha Meeting (Doha, QAT) *Omega Timing (2025) - diamond league race analysis*

date	16-May-25	time	6.24	11.60	17.50	23.50	29.39	35.44	41.53	48.06	48.06	3 / 7							
reaction time	0.175	interval		5.36	5.90	6.00	5.89	6.05	6.09	6.53		# of strides	11.60	10.90	11.94	12.62	23.50	24.56	1.06
		velocity	8.01	9.33	8.47	8.33	8.49	8.26	8.21	7.66	8.32		8.62	8.40	8.38	7.92	8.51	8.14	

Agard, Terrence (NED) (1990)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

National FINAL - 2024 FBK Games (Hengelo, NED) *Omega Timing (2024) - continental tour gold race analysis*

date	07-Jul-24	time	6.43	11.42	16.60	21.89	27.37	33.19	39.52	46.67	46.67	4 / 4							
reaction time	0.166	interval		4.99	5.18	5.29	5.48	5.82	6.33	7.15		# of strides	11.42	10.47	11.30	13.48	21.89	24.78	2.89
		velocity	7.78	10.02	9.65	9.45	9.12	8.59	7.90	6.99	8.57		8.76	9.55	8.85	7.42	9.14	8.07	

FINAL - 2022 FBK Games (Hengelo, NED) *Omega Timing (2022) - continental tour race analysis*

date	06-Jun-22	time	6.3	11.3	16.5	21.9	27.5	33.5	40.0	47.21	47.21	3 / 8							
reaction time	0.195	interval		5.00	5.20	5.40	5.60	6.00	6.50	7.21		# of strides	11.30	10.60	11.60	13.71	21.90	25.31	3.41
		velocity	7.94	10.00	9.62	9.26	8.93	8.33	7.69	6.93	8.47		8.85	9.43	8.62	7.29	9.13	7.90	

National FINAL - 2019 Memorial van Damme (Brussels, BEL) *Omega Timing (2019) - diamond league race analysis*

date	06-Sep-19	time	6.4	11.4	16.6	21.9	27.4	33.3	39.5	46.29	46.29	2 / 4							
reaction time		interval		5.0	5.2	5.3	5.5	5.9	6.2	13.0		# of strides	11.40	10.50	11.40	12.99	21.90	24.39	2.49
		velocity	7.81	10.00	9.62	9.43	9.09	8.47	8.06	7.70	8.64		8.77	9.52	8.77	7.70	9.13	8.20	

Ahmeti, Granit (KOS) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

B Final - 2023 European Team Championships, Third Division (Chorzów, POL) *European Athletics (2023) - 3rd european games, athletics - results book*

date	20-Jun-23	time		12.13		23.51		36.26		49.92	49.92	4 / 3							
reaction time	0.270	interval				11.38		12.75		13.66	PB	# of strides	12.13	11.38	12.75	13.66	23.51	26.41	2.90
		velocity		8.24		8.79		7.84		7.32	8.01		8.24	8.79	7.84	7.32	8.51	7.57	

Ahoue, Eymeric (FRA) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Regional FINAL - 2025 Meeting de Paris (Paris, FRA) *Omega Timing (2025) - diamond league race analysis*

date	20-Jun-25	time	6.43	11.84	17.36	22.91	28.48	34.38	40.56	47.27	47.27	4 / 4							
reaction time	0.172	interval		5.41	5.52	5.55	5.57	5.90	6.18	6.71		# of strides	11.84	11.07	11.47	12.89	22.91	24.36	1.45
		velocity	7.78	9.24	9.06	9.01	8.98	8.47	8.09	7.45	8.46		8.45	9.03	8.72	7.76	8.73	8.21	

Aieda, Kyoya (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2017 Japanese National High School Championships (Yamagata, JPN) *Kota (2017) - 70th high school championships: JAF scientific committee - biomechanics data collection*

date	29-Jul-17	time	6.90	12.76	18.70	25.03	31.22	37.12	43.05	49.18	49.18	6 / 7							
reaction time	0.273	interval		5.86	5.94	6.33	6.19	5.90	5.93	6.13		# of strides	12.76	12.27	12.09	12.06	25.03	24.15	-0.88
		velocity	7.25	8.53	8.42	7.90	8.08	8.47	8.43	8.16	8.13		7.84	8.15	8.27	8.29	7.99	8.28	

Aikyo, Shotaro (JPN) (1994)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Heat 2 - 2016 Japanese National Championships (Nagoya, JPN) *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	24-Jun-16	time	6.27	11.37	16.70	22.25	28.02	34.13	40.71	47.85	47.85	8 / 5							
reaction time	0.196	interval		5.10	5.33	5.55	5.77	6.11	6.58	7.14		# of strides	11.37	10.88	11.88	13.72	22.25	25.60	3.35
		velocity	7.97	9.80	9.38	9.01	8.67	8.18	7.60	7.00	8.36		8.80	9.19	8.42	7.29	8.99	7.81	

Race C - 2016 Shizuoka International Meeting (Fukuroi, JPN) *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	03-May-16	time	6.24	11.36	16.72	22.27	28.05	34.16	40.71	47.80	47.80	/ 5							
reaction time		interval		5.12	5.36	5.55	5.78	6.11	6.55	7.09		# of strides	11.36	10.91	11.89	13.64	22.27	25.53	3.26
		velocity	8.01	9.77	9.33	9.01	8.65	8.18	7.63	7.05	8.37		8.80	9.17	8.41	7.33	8.98	7.83	

FINAL - 2012 Japanese National High School Championships (Niigata, JPN) *Yasunori (2012) - 65th high school championships: JAF scientific committee- biomechanics*

date	29-Jul-12	time		11.86		23.19		34.95		47.84	47.84	8 / 2							
reaction time		interval				11.33		11.76		12.89		# of strides	11.86	11.33	11.76	12.89	23.19	24.65	1.46
		velocity		8.43		8.83		8.50		7.76	8.36		8.43	8.83	8.50	7.76	8.62	8.11	

FINAL - 2011 Japanese National High School Championships (Kitamaki, JPN) *Abe (2011) - 64th high school championships: JAF scientific committee - biomechanics*

date	04-Aug-11	time		11.78		23.03		34.95		48.59	48.59	8 / 8							
reaction time		interval				11.25		11.92		13.64		# of strides	11.78	11.25	11.92	13.64	23.03	25.56	2.53
		velocity		8.49		8.89		8.39		7.33	8.23		8.49	8.89	8.39	7.33	8.68	7.82	

Akabusi, Kriss (GBR) (1958)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Heat 10 - 1984 Olympic Games (Los Angeles, CA) (*TV Analysis*) *Adams (1984) - 1984 olympic games - 200m & 400m*

date	05-Aug-84	time				21.95				45.43	45.43	3 / 3							
reaction time		interval								23.48		# of strides					21.95	23.48	1.53
		velocity				9.11				8.52	8.80						9.11	8.52	

Ake, Paul-Auguste (FRA) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Regional FINAL - 2025 Meeting de Paris (Paris, FRA) *Omega Timing (2025) - diamond league race analysis*

date	20-Jun-25	time	6.38	11.71	17.30	23.27	29.35	35.60	42.01	49.38	49.38	2 / 7							
reaction time	0.206	interval		5.33	5.59	5.97	6.08	6.25	6.41	7.37		# of strides	11.71	11.56	12.33	13.78	23.27	26.11	2.84
		velocity	7.84	9.38	8.94	8.38	8.22	8.00	7.80	6.78	8.10		8.54	8.65	8.11	7.26	8.59	7.66	

Al-Jabri, Hamza Abdullah (OMA) (200

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

West Asian GP - 2025 Jetour Doha Meeting (Doha, QAT) *Omega Timing (2025) - diamond league race analysis*

date	16-May-25	time	6.15	11.33	16.89	22.53	28.23	34.26	40.61	47.59	47.59	3 / 3							
reaction time	0.193	interval		5.18	5.56	5.64	5.70	6.03	6.35	6.98		# of strides	11.33	11.20	11.73	13.33	22.53	25.06	2.53
		velocity	8.13	9.65	8.99	8.87	8.77	8.29	7.87	7.16	8.41		8.83	8.93	8.53	7.50	8.88	7.98	

Heat A - West Asian Championships - 2024 Seashore Doha Meeting (Doha, QAT) — *Omega Timing (2024) - diamond league race analysis*

date	10-May-24	time	6.32	11.63	17.38	23.26	29.25	35.46	41.81	48.45	48.45	3 / 3						
reaction time	0.188	interval		5.31	5.75	5.88	5.99	6.21	6.35	6.64		# of strides	11.63	11.63	12.20	12.99	23.26	25.19	1.93
		velocity	7.91	9.42	8.70	8.50	8.35	8.05	7.87	7.53	8.26		8.60	8.60	8.20	7.70	8.60	7.94	

Al-Mabsali, Mohammed Said Aamir (O

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

West Asian GP - 2025 Jetour Doha Meeting (Doha, QAT) — *Omega Timing (2025) - diamond league race analysis*

date	16-May-25	time	6.57	11.89	17.38	23.12	28.95	35.12	41.68	49.09	49.09	6 / 5						
reaction time	0.247	interval		5.32	5.49	5.74	5.83	6.17	6.56	7.41	PB	# of strides	11.89	11.23	12.00	13.97	23.12	25.97	2.85
		velocity	7.61	9.40	9.11	8.71	8.58	8.10	7.62	6.75	8.15		8.41	8.90	8.33	7.16	8.65	7.70	

Al-Malky, Mohamed (OMA) (1962)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 1988 Olympic Games (Seoul, KOR) — *Brüggemann (1990) - scientific research project at the games of the XXXIV Olympiad, Seoul 1988*

date	28-Sep-88	time		11.19		21.49		32.50		45.03	45.03	1 / 8						
reaction time	0.169	interval				10.30		11.01		12.53		# of strides	11.19	10.30	11.01	12.53	21.49	23.54	2.05
		velocity		8.94		9.71		9.08		7.98	8.88		8.94	9.71	9.08	7.98	9.31	8.50	

Semi-Final 2 - 1988 Olympic Games (Seoul, KOR) — *Brüggemann (1990) - scientific research project at the games of the XXXIV Olympiad, Seoul 1988*

date	26-Sep-88	time		11.4		21.8		32.8		44.69	44.69	5 / 3						
reaction time	0.207	interval				10.43		10.97		11.94		# of strides	11.35	10.43	10.97	11.94	21.78	22.91	1.13
		velocity		8.81		9.59		9.12		8.38	8.95		8.81	9.59	9.12	8.38	9.18	8.73	

Al-Masrahi, Youssef (KSA) (1987)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2015 IAAF World Championships (Beijing, CHN) — *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	26-Aug-15	time	6.25	11.11	16.15	21.41	26.90	32.63	38.55	45.15	45.15	9 / 8						
reaction time	0.163	interval		4.86	5.04	5.26	5.49	5.73	5.92	6.60		# of strides	11.11	10.30	11.22	12.52	21.41	23.74	2.33
		velocity	8.00	10.29	9.92	9.51	9.11	8.73	8.45	7.58	8.86		9.00	9.71	8.91	7.99	9.34	8.42	

Semi-Final 2 - 2015 IAAF World Championships (Beijing, CHN) — *Yamamoto (2015) - race analysis of 15th World Championships 400m- focusing on men's semis and women's prelims*

date	24-Aug-15	time	6.15	11.09	16.17	21.44	26.82	32.35	38.19	44.40	44.40	7 / 2						
reaction time	0.144	interval		4.94	5.08	5.27	5.38	5.53	5.84	6.21		# of strides	11.09	10.35	10.91	12.05	21.44	22.96	1.52
		velocity	8.13	10.12	9.84	9.49	9.29	9.04	8.56	8.05	9.01	166.7	9.02	9.66	9.17	8.30	9.33	8.71	

FINAL - 2014 Asian Games (Incheon, KOR) — *Maho (2014) - race analysis of men's 400m run in the 2014 season*

date	28-Sep-14	time	6.15	11.01	16.08	21.22	26.64	32.37	38.16	44.46	44.46	/ 1						
reaction time	0.166	interval		4.86	5.07	5.14	5.42	5.73	5.79	6.30		# of strides	11.01	10.21	11.15	12.09	21.22	23.24	2.02
		velocity	8.13	10.29	9.86	9.73	9.23	8.73	8.64	7.94	9.00		9.08	9.79	8.97	8.27	9.43	8.61	

FINAL - 2013 IAAF World Championships (Moscow, RUS) — (2013) - www.trackandfieldnews.com/index.php?option=com_content&view=article&id=1698

date	13-Aug-13	time		11.4		21.8		32.7		45.0	44.97	3 / 6						
reaction time	0.162	interval				10.40		10.90		12.30		# of strides	11.40	10.40	10.90	12.30	21.80	23.20	1.40
		velocity		8.77		9.62		9.17		8.13	8.89		8.77	9.62	9.17	8.13	9.17	8.62	

Al Saadi, Yasir Ali (IRQ) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Heat A - West Asian Championships - 2024 Seashore Doha Meeting (Doha, QAT) — *Omega Timing (2024) - diamond league race analysis*

date	10-May-24	time	6.38	11.63	17.21	22.99	28.91	34.98	41.13	47.73	47.73	4 / 2						
reaction time	0.169	interval		5.25	5.58	5.78	5.92	6.07	6.15	6.60		# of strides	11.63	11.36	11.99	12.75	22.99	24.74	1.75
		velocity	7.84	9.52	8.96	8.65	8.45	8.24	8.13	7.58	8.38		8.60	8.80	8.34	7.84	8.70	8.08	

Al-Yassin, Mazen (KSA) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2021 Doha Diamond League (Doha, QAT) — *Omega Timing (2021) - diamond league race analysis*

date	28-May-21	time	6.3	11.4	16.6	22.0	27.5	33.2	39.5	45.78	45.78	8 / 6						
reaction time	0.164	interval		5.10	5.20	5.40	5.50	5.70	6.30	6.28		# of strides	11.40	10.60	11.20	12.58	22.00	23.78	1.78
		velocity	7.94	9.80	9.62	9.26	9.09	8.77	7.94	7.96	8.74	177.2	8.77	9.43	8.93	7.95	9.09	8.41	

Alatupa, Konsta (FIN) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

B Final - 2025 European Team Championships, First Division (Madrid, ESP) — *European Athletics (2025) - 2025 european team championships, first division - results book*

date	27-Jun-25	time	6.25	11.39	16.62	21.98	27.51	33.36	39.49	46.32	46.32	/ 7						
reaction time	0.139	interval		5.14	5.23	5.36	5.53	5.85	6.13	6.83	PB	# of strides	11.39	10.59	11.38	12.96	21.98	24.34	2.36
		velocity	8.00	9.73	9.56	9.33	9.04	8.55	8.16	7.32	8.64		8.78	9.44	8.79	7.72	9.10	8.22	

Alekseyev, Denis (RUS) (1987)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2009 ISTAF (Berlin, GER) — *Graubner (2009) - http://www.fgs.uni-halle.de*

date	14-Jun-09	time		11.52		21.98		33.51		46.33	46.33	1 / 5						
reaction time	0.282	interval				10.46		11.53		12.82		# of strides	11.52	10.46	11.53	12.82	21.98	24.35	2.37
		velocity		8.68		9.56		8.67		7.80	8.63		8.68	9.56	8.67	7.80	9.10	8.21	

Alexander, Akeem (USA) (1994)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2014 USATF National Championships (Sacramento, CA) — *Track Newsletter (2014) - USATF men's championships*

date	28-Jun-14	time		11.5		22.5		33.9				/ 8						
reaction time		interval				11.0		11.4			DQ	# of strides	11.50	11.00	11.40			
		velocity		8.70		9.09		8.77					8.70	9.09	8.77			

Allen, CJ (USA) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Long Hurdles - 2025 Grand Slam Track Philadelphia (Philadelphia, PA) — *Grand Slam Track (2025) - results and splits by race*

date	01-Jun-25	time		11.29		22.34		34.25		48.34	48.34	3 / 8						
reaction time	0.215	interval				11.05		11.91		14.09		# of strides	11.29	11.05	11.91	14.09	22.34	26.00	3.66
		velocity		8.86		9.05		8.40		7.10	8.27		8.86	9.05	8.40	7.10	8.95	7.69	

Long Hurdles - 2025 Grand Slam Track Kingston (Kingston, JAM) — *Grand Slam Track (2025) - results and splits by race*

date	06-Apr-25	time		11.40		21.82		33.23		46.95	46.95	8 / 7						
reaction time	0.210	interval				10.42		11.41		13.72		# of strides	11.40	10.42	11.41	13.72	21.82	25.13	3.31
		velocity		8.77		9.60		8.76		7.29	8.52	168.5	8.77	9.60	8.76	7.29	9.17	7.96	

Allen, Nathon (JAM) (1995)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2022 Commonwealth Games (Birmingham, GBR)																			*Longines Timing (2022) - commonwealth games race analysis*
date	07-Aug-22	time	6.5	11.8	17.0	22.6	28.3	34.3	40.6	48.00	48.00	9 / 8							
reaction time	0.165	interval		5.30	5.20	5.60	5.70	6.00	6.30	7.40		# of strides	11.80	10.80	11.70	13.70	22.60	25.40	2.80
		velocity	7.69	9.43	9.62	8.93	8.77	8.33	7.94	6.76	8.33		8.47	9.26	8.55	7.30	8.85	7.87	
Semi-Final 3 - 2022 Commonwealth Games (Birmingham, GBR)																			*Longines Timing (2022) - commonwealth games race analysis*
date	05-Aug-22	time	6.1	11.0	16.3	21.7	27.2	33.2	39.3	45.99	45.99	5 / 2							
reaction time	0.155	interval		4.90	5.30	5.40	5.50	6.00	6.10	6.69		# of strides	11.00	10.70	11.50	12.79	21.70	24.29	2.59
		velocity	8.20	10.20	9.43	9.26	9.09	8.33	8.20	7.47	8.70	169.0	9.09	9.35	8.70	7.82	9.22	8.23	
Heat 5 - 2022 World Athletics Championships (Eugene, OR)																			*Timing by Seiko (2022) - world athletics championships race analysis*
date	17-Jul-22	time		11.48		22.13		33.45		45.61	45.61	3 / 3							
reaction time	0.142	interval				10.65		11.32		12.16		# of strides	11.48	10.65	11.32	12.16	22.13	23.48	1.35
		velocity		8.71		9.39		8.83		8.22	8.77	166.2	8.71	9.39	8.83	8.22	9.04	8.52	
FINAL - 2019 Memorial van Damme (Brussels, BEL)																			*Omega Timing (2019) - diamond league race analysis*
date	06-Sep-19	time	6.4	11.3	16.4	21.6	27.3	33.3	39.6	46.17	46.17	1 / 8							
reaction time	0.168	interval		4.9	5.1	5.2	5.7	6.0	6.3	12.9		# of strides	11.30	10.30	11.70	12.87	21.60	24.57	2.97
		velocity	7.81	10.20	9.80	9.62	8.77	8.33	7.94	7.77	8.66		8.85	9.71	8.55	7.77	9.26	8.14	
FINAL - 2019 Müller Anniversary Games (London, GBR)																			*Omega Timing (2019) - diamond league race analysis*
date	21-Jul-19	time		11.1		21.2		32.2		44.85	44.85	6 / 3							
reaction time	0.149	interval				10.1		11.0		12.7		# of strides	11.10	10.10	11.00	12.65	21.20	23.65	2.45
		velocity		9.01		9.90		9.09		7.91	8.92	164.7	9.01	9.90	9.09	7.91	9.43	8.46	
FINAL - 2019 Shanghai (Shanghai, CHN)																			*Omega Timing (2019) - diamond league race analysis*
date	18-May-19	time		10.9		21.5		33.2		45.73	45.73	4 / 4							
reaction time	0.163	interval				10.6		11.7		12.5		# of strides	10.90	10.60	11.70	12.53	21.50	24.23	2.73
		velocity		9.17		9.43		8.55		7.98	8.75	166.0	9.17	9.43	8.55	7.98	9.30	8.25	
FINAL - 2018 Müller Anniversary Games (London, GBR)																			*Omega Timing (2018) - diamond league race analysis*
date	21-Jul-18	time		11.2		21.3		32.2		44.72	44.72	5 / 7							
reaction time	0.186	interval				10.1		10.9		12.5		# of strides	11.20	10.10	10.90	12.52	21.30	23.42	2.12
		velocity		8.93		9.90		9.17		7.99	8.94	164.0	8.93	9.90	9.17	7.99	9.39	8.54	
FINAL - 2018 NCAA Championships (Eugene, OR)																			*Track Newsletter (2018) - NCAA men's championships*
date	08-Jun-18	time				21.1		31.9		44.1	44.13	/ 3							
reaction time		interval						10.80		12.20	**PB**	# of strides			10.80	12.20	21.10	23.00	1.90
		velocity				9.48		9.26		8.20	9.06				9.26	8.20	9.48	8.70	
FINAL - 2017 IAAF World Championships (London, GBR)																			*Yamanaka (2017) - male and female 400m analysis in the 2017 season*
date	08-Aug-17	time	6.03	10.94	15.87	20.96	26.33	31.99	38.06	44.88	44.88	5 / 5							
reaction time	0.158	interval		4.91	4.93	5.09	5.37	5.66	6.07	6.82		# of strides	10.94	10.02	11.03	12.89	20.96	23.92	2.96
		velocity	8.29	10.18	10.14	9.82	9.31	8.83	8.24	7.33	8.91	167.2	9.14	9.98	9.07	7.76	9.54	8.36	
Semi-Final 1 - 2017 IAAF World Championships (London, GBR)																			*Pollitt (2018) - biomechanical report for the IAAF World Champs - London 2017 - Men's 400m*
date	06-Aug-17	time		10.84		20.85		31.83	37.66	44.04	44.19	6 / 2							
reaction time	0.161	interval				10.01		10.98	5.83	6.38	**PB**	# of strides	10.84	10.01	10.98	12.21	20.85	23.19	2.34
		velocity		9.23		9.99		9.11	8.58	7.84	9.05	165.3	9.23	9.99	9.11	8.19	9.59	8.62	
FINAL - 2017 NCAA Championships (Eugene, OR)																			*Track Newsletter (2017) - NCAA men's championships*
date	09-Jun-17	time				20.8		32.1		44.7	44.69	6 / 2							
reaction time		interval						11.30		12.60		# of strides			11.30	12.60	20.80	23.90	3.10
		velocity				9.62		8.85		7.94	8.95	165.2			8.85	7.94	9.62	8.37	

Allison, Champion (USA) (1998)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2022 Silesia Kamila Skolimowska Memorial (Chorzów, POL)																			*Omega Timing (2022) - diamond league race analysis*
date	06-Aug-22	time	6.13	11.09	16.20	21.45	27.00	32.77	38.81	45.35	45.35	4 / 5							
reaction time	0.150	interval		4.96	5.11	5.25	5.55	5.77	6.04	6.54		# of strides	11.09	10.36	11.32	12.58	21.45	23.90	2.45
		velocity	8.16	10.08	9.78	9.52	9.01	8.67	8.28	7.65	8.82	171.0	9.02	9.65	8.83	7.95	9.32	8.37	
FINAL - 2022 World Athletics Championships (Eugene, OR)																			*Timing by Seiko (2022) - world athletics championships race analysis*
date	22-Jul-22	time		11.22		21.57		32.76		44.77	44.77	6 / 4							
reaction time	0.148	interval				10.35		11.19		12.01		# of strides	11.22	10.35	11.19	12.01	21.57	23.20	1.63
		velocity		8.91		9.66		8.94		8.33	8.93	169.0	8.91	9.66	8.94	8.33	9.27	8.62	
Semi-Final 3 - 2022 World Athletics Championships (Eugene, OR)																			*Timing by Seiko (2022) - world athletics championships race analysis*
date	20-Jul-22	time		11.34		21.72		32.86		44.71	44.71	6 / 1							
reaction time	0.155	interval				10.38		11.14		11.85		# of strides	11.34	10.38	11.14	11.85	21.72	22.99	1.27
		velocity		8.82		9.63		8.98		8.44	8.95	168.0	8.82	9.63	8.98	8.44	9.21	8.70	
Heat 4 - 2022 World Athletics Championships (Eugene, OR)																			*Timing by Seiko (2022) - world athletics championships race analysis*
date	17-Jul-22	time		11.51		21.91		33.32		45.56	45.56	3 / 1							
reaction time	0.146	interval				10.40		11.41		12.24		# of strides	11.51	10.40	11.41	12.24	21.91	23.65	1.74
		velocity		8.69		9.62		8.76		8.17	8.78	168.0	8.69	9.62	8.76	8.17	9.13	8.46	
FINAL - 2022 USATF National Championships (Eugene, OR)																			*Track Newsletter (2022) - USATF championships men*
date	25-Jun-22	time		11.08		21.16		32.18		43.70	43.70	/ 2							
reaction time		interval				10.08		11.02		11.52	**PB**	# of strides	11.08	10.08	11.02	11.52	21.16	22.54	1.38
		velocity		9.03		9.92		9.07		8.68	9.15		9.03	9.92	9.07	8.68	9.45	8.87	

Almgren, Daniel (SWE) (1979)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 2 - 2009 IAAF World Championships (Berlin, GER)																			*Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*
date	19-Aug-09	time		11.80		22.80		34.78		47.68	47.68	3 / 2							

reaction time	0.167	interval			11.00		11.98		12.90	PB	# of strides	11.80	11.00	11.98	12.90	22.80	24.88	2.08
		velocity		8.47		9.09		8.35		7.75	8.39		8.47	9.09	8.35	7.75	8.77	8.04	

Amano, Iori (JPN) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2016 China Perfecture High School Championships (Okayama, JPN)										*(2016.06.20) - https://twitter.com/touchdown_time/media?lang=en&lang=en&lang=en&lang=en*							
date 17-Jun-16	time		11.90		22.65		34.75		48.14	48.14	7 / 2							
reaction time	interval				10.75		12.10		13.39		# of strides	11.90	10.75	12.10	13.39	22.65	25.49	2.84
	velocity		8.40		9.30		8.26		7.47	8.31		8.40	9.30	8.26	7.47	8.83	7.85	

Amene, Dubem (NGR) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 1 - 2022 Commonwealth Games (Birmingham, GBR)										*Longines Timing (2022) - commonwealth games race analysis*							
date 05-Aug-22	time	6.4	11.5	17.0	22.8	28.8			dnf	9 / --							
reaction time 0.189	interval		5.10	5.50	5.80	6.00				# of strides	11.50	11.30			22.80		
	velocity	7.81	9.80	9.09	8.62	8.33					8.70	8.85			8.77		

Amherd, Fabian (SUI) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B Race - 2021 Athletissima (Lausanne, SUI)										*Omega Timing (2021) - diamond league race analysis*							
date 26-Aug-21	time	6.6	12.1	17.7	23.7	29.7	36.1	42.6	49.49	49.49	7 / 6							
reaction time 0.150	interval		5.50	5.60	6.00	6.00	6.40	6.50	6.89		# of strides	12.10	11.60	12.40	13.39	23.70	25.79	2.09
	velocity	7.58	9.09	8.93	8.33	8.33	7.81	7.69	7.26	8.08		8.26	8.62	8.06	7.47	8.44	7.75	

Ammons, Andre (USA) (1978)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 2 - 2003 USATF National Championships (Palo Alto, CA)										*USATF Women's Sprint Development (2003)*							
date 20-Jun-03	time				21.71		33.62	39.66	46.25	46.25	2 / 7							
reaction time	interval						11.91	6.04	6.59		# of strides			11.91	12.63	21.71	24.54	2.83
	velocity				9.21		8.40	8.28	7.59	8.65				8.40	7.92	9.21	8.15	

Anas, Y. Muhammed (IND) (1994)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2018 Asian Games (Jakarta, INA)										*Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*							
date 26-Aug-18	time	6.06	11.07	16.27	21.67	27.21	32.97	39.12	45.69	45.69	5 / 2							
reaction time 0.151	interval		5.01	5.20	5.40	5.54	5.76	6.15	6.57		# of strides	11.07	10.60	11.30	12.72	21.67	24.02	2.35
	velocity	8.25	9.98	9.62	9.26	9.03	8.68	8.13	7.61	8.75	174.5	9.03	9.43	8.85	7.86	9.23	8.33	
Semi-Final 2 - 2018 Asian Games (Jakarta, INA)										*Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*							
date 25-Aug-18	time	6.15	11.16	16.32	21.76	27.29	32.97	38.93	45.30	45.30	3 / 1							
reaction time 0.150	interval		5.01	5.16	5.44	5.53	5.68	5.96	6.37		# of strides	11.16	10.60	11.21	12.33	21.76	23.54	1.78
	velocity	8.13	9.98	9.69	9.19	9.04	8.80	8.39	7.85	8.83		8.96	9.43	8.92	8.11	9.19	8.50	
Heat 1 - 2018 Asian Games (Jakarta, INA)										*Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*							
date 25-Aug-18	time	6.13	11.04	16.16	21.56	27.21	33.06	39.25	45.63	45.63	3 / 1							
reaction time 0.180	interval		4.91	5.12	5.40	5.65	5.85	6.19	6.38		# of strides	11.04	10.52	11.50	12.57	21.56	24.07	2.51
	velocity	8.16	10.18	9.77	9.26	8.85	8.55	8.08	7.84	8.77		9.06	9.51	8.70	7.96	9.28	8.31	

Andant, Teo (FRA) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
A Final - 2025 European Team Championships, First Division (Madrid, ESP)										*European Athletics (2025) - 2025 european team championships, first division - results book*							
date 27-Jun-25	time	6.07	11.05	16.18	21.42	26.89	32.68	38.71	45.21	45.21	2 / 6							
reaction time 0.166	interval		4.98	5.13	5.24	5.47	5.79	6.03	6.50		# of strides	11.05	10.37	11.26	12.53	21.42	23.79	2.37
	velocity	8.24	10.04	9.75	9.54	9.14	8.64	8.29	7.69	8.85	181.0	9.05	9.64	8.88	7.98	9.34	8.41	
FINAL - 2024 Herculis Meeting International d'Athlétisme (Monaco, MON)										*Omega Timing (2024) - diamond league race analysis*							
date 12-Jul-24	time	6.14	11.08	16.17	21.44	27.09	33.04	39.25	45.89	45.89	1 / 8							
reaction time 0.157	interval		4.94	5.09	5.27	5.65	5.95	6.21	6.64		# of strides	11.08	10.36	11.60	12.85	21.44	24.45	3.01
	velocity	8.14	10.12	9.82	9.49	8.85	8.40	8.05	7.53	8.72	181.0	9.03	9.65	8.62	7.78	9.33	8.18	
Semi-Final 1 - 2024 European Athletics Championships (Roma, ITA)										*European Athletics (2024) - 2024 european athletics championships - results book*							
date 09-Jun-24	time		11.17		21.84		33.26		45.72	45.72	9 / 9							
reaction time 0.184	interval				10.67		11.42		12.46		# of strides	11.17	10.67	11.42	12.46	21.84	23.88	2.04
	velocity		8.95		9.37		8.76		8.03	8.75	184.0	8.95	9.37	8.76	8.03	9.16	8.38	
Heat 1 - 2024 European Athletics Championships (Roma, ITA)										*European Athletics (2024) - 2024 european athletics championships - results book*							
date 08-Jun-24	time		11.27		21.91		33.33		45.65	45.65	4 / 3							
reaction time 0.187	interval				10.64		11.42		12.32		# of strides	11.27	10.64	11.42	12.32	21.91	23.74	1.83
	velocity		8.87		9.40		8.76		8.12	8.76		8.87	9.40	8.76	8.12	9.13	8.42	

Anderson, Nathaniel (USA) (1987)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2005 USATF National Junior Championships (Carson, CA)										*USATF Women's Sprint Development (2005)*							
date 25-Jun-05	time		11.53	16.96	22.56	28.22	33.77	39.89	46.47	46.47	5 / 2							
reaction time	interval			5.43	5.60	5.66	5.55	6.12	6.58	PB	# of strides	11.53	11.03	11.21	12.70	22.56	23.91	1.35
	velocity		8.67	9.21	8.93	8.83	9.01	8.17	7.60	8.61		8.67	9.07	8.92	7.87	8.87	8.36	

Anderson, Travis (USA) (1984)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2003 USATF National Junior Championships (Palo Alto, CA)										*USATF Women's Sprint Development (2003)*							
date 22-Jun-03	time				22.49		34.62		47.48	47.48	8 / 8							
reaction time	interval						12.13		12.86		# of strides			12.13	12.86	22.49	24.99	2.50
	velocity				8.89		8.24		7.78	8.42				8.24	7.78	8.89	8.00	

Angela, Ramsey (NED) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2022 Weltklasse (Zürich, SUI)										*Omega Timing (2022) - diamond league race analysis*							
date 08-Sep-22	time	6.48	11.74	17.12	22.66	28.32	34.11	40.12	46.41	46.41	8 / 6							
reaction time 0.195	interval		5.26	5.38	5.54	5.66	5.79	6.01	6.29		# of strides	11.74	10.92	11.45	12.30	22.66	23.75	1.09
	velocity	7.72	9.51	9.29	9.03	8.83	8.64	8.32	7.95	8.62		8.52	9.16	8.73	8.13	8.83	8.42	

Antoniades, Markos (CYP) (2006)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 3 - 2025 European Athletics U20 Championships (Tampere, FIN)										*European Athletics (2025) - 2025 european athletics U20 championships - results book*							
date 08-Aug-25	time	6.59	11.91	17.28	22.88	28.79	34.93	41.14	47.73	47.73	2 / 7							

reaction time	0.163	interval		5.32	5.37	5.60	5.91	6.14	6.21	6.59		# of strides	11.91	10.97	12.05	12.80	22.88	24.85	1.97
		velocity	7.59	9.40	9.31	8.93	8.46	8.14	8.05	7.59	8.38		8.40	9.12	8.30	7.81	8.74	8.05	

Aoki, Haruka (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2018 Shimane High School Championships (Izumo, JPN)											*Shimizu (2018) - shimane high school championships 2018 - biomechanics data analysis*						
date 25-May-18 time		12.48		24.75		37.33		51.69	51.69	2 / 5							
reaction time interval				12.27		12.58		14.36		# of strides	12.48	12.27	12.58	14.36	24.75	26.94	2.19
velocity		8.01		8.15		7.95		6.96	7.74		8.01	8.15	7.95	6.96	8.08	7.42	

Arai, Iori (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2022 Shimane High School Championships (Izumo, JPN)											*Shimizu (2022) - shimane high school championships 2022 - biomechanics data analysis*						
date 26-May-22 time		12.18		24.05		36.61		49.99	49.99	8 / 1							
reaction time interval				11.87		12.56		13.38		# of strides	12.18	11.87	12.56	13.38	24.05	25.94	1.89
velocity		8.21		8.42		7.96		7.47	8.00		8.21	8.42	7.96	7.47	8.32	7.71	
FINAL - 2021 Shimane High School Championships (Izumo, JPN)											*Shimizu (2021) - shimane high school championships 2021 - biomechanics data analysis*						
date 28-May-21 time		12.45		24.48		36.88		50.52	50.52	5 / 3							
reaction time interval				12.03		12.40		13.64		# of strides	12.45	12.03	12.40	13.64	24.48	26.04	1.56
velocity		8.03		8.31		8.06		7.33	7.92		8.03	8.31	8.06	7.33	8.17	7.68	

Arai, Masanori (JPN) (1994)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2012 Japanese National High School Championships (Niigata, JPN)											*Yasunori (2012) - 65th high school championships: JAF scientific committee- biomechanics*						
date 29-Jul-12 time		12.11		24.05		36.48		48.72	48.72	2 / 6							
reaction time interval				11.94		12.43		12.24		# of strides	12.11	11.94	12.43	12.24	24.05	24.67	0.62
velocity		8.26		8.38		8.05		8.17	8.21		8.26	8.38	8.05	8.17	8.32	8.11	

Arai, Yusuke (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Division 2 Semi-Final 1 - 2017 Kanto Collegiate Championships (Yokohama, JPN)											*(2017) - tfdata-store.com/2017/06/02/post-835/*						
date 26-May-17 time		11.83		23.23		35.36		48.56	48.56	3 / 7							
reaction time interval				11.40		12.13		13.20		# of strides	11.83	11.40	12.13	13.20	23.23	25.33	2.10
velocity		8.45		8.77		8.24		7.58	8.24	182.2	8.45	8.77	8.24	7.58	8.61	7.90	

Arai, Yuta (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2022 Shimane High School Championships (Izumo, JPN)											*Shimizu (2022) - shimane high school championships 2022 - biomechanics data analysis*						
date 26-May-22 time		12.28		23.93		36.68		50.54	50.54	5 / 3							
reaction time interval				11.65		12.75		13.86		# of strides	12.28	11.65	12.75	13.86	23.93	26.61	2.68
velocity		8.14		8.58		7.84		7.22	7.91		8.14	8.58	7.84	7.22	8.36	7.52	
FINAL - 2021 Shimane High School Championships (Izumo, JPN)											*Shimizu (2021) - shimane high school championships 2021 - biomechanics data analysis*						
date 28-May-21 time		13.13		25.37		37.73		51.15	51.15	8 / 4							
reaction time interval				12.24		12.36		13.42		# of strides	13.13	12.24	12.36	13.42	25.37	25.78	0.41
velocity		7.62		8.17		8.09		7.45	7.82		7.62	8.17	8.09	7.45	7.88	7.76	

Armadi, Daoud Ismail (SUD) (2006)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 Doha Diamond League (Doha, QAT)											*Omega Timing (2023) - diamond league race analysis*						
date 05-May-23 time	6.59	11.86	17.54	23.58	30.03	36.57	43.26	50.50	50.50	1 / 7							
reaction time 0.241 interval		5.27	5.68	6.04	6.45	6.54	6.69	7.24		# of strides	11.86	11.72	12.99	13.93	23.58	26.92	3.34
velocity	7.59	9.49	8.80	8.28	7.75	7.65	7.47	6.91	7.92		8.43	8.53	7.70	7.18	8.48	7.43	

Asakawa, Hiroki (JPN) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 2 - 2017 National Sports Festival (Matsuyama, JPN)											*(2017) - tfdata-store.com/2017/10/12/post-1100/*						
date 08-Oct-17 time		11.66		22.53		34.43		48.12	48.12	9 / 6							
reaction time 0.215 interval				10.87		11.90		13.69	PB	# of strides	11.66	10.87	11.90	13.69	22.53	25.59	3.06
velocity		8.58		9.20		8.40		7.30	8.31	185.0	8.58	9.20	8.40	7.30	8.88	7.82	

Asakawa, Yuto (JPN) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2014 Japanese National High School Championships (Kofu, JPN)											*Yanagiya (2014) - research on athlete performance and technique- 2014 data book*						
date 30-Jul-14 time	6.61	11.96	17.28	22.82	28.64	34.88	41.49	48.28	48.28	/ 7							
reaction time interval		5.35	5.32	5.54	5.82	6.24	6.61	6.79		# of strides	11.96	10.86	12.06	13.40	22.82	25.46	2.64
velocity	7.56	9.35	9.40	9.03	8.59	8.01	7.56	7.36	8.29		8.36	9.21	8.29	7.46	8.76	7.86	

Asano, Daichi (JPN) (2004)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 Japanese High School National Championships (Fukui, JPN)											*Shibayama (2021) - national high school and U20 national championhsips*						
date 28-Jul-21 time	6.73	12.16	17.75	23.45	29.31	35.46	41.86	48.63	48.63	6 / 7							
reaction time 0.171 interval		5.43	5.59	5.70	5.86	6.15	6.40	6.77		# of strides	12.16	11.29	12.01	13.17	23.45	25.18	1.73
velocity	7.43	9.21	8.94	8.77	8.53	8.13	7.81	7.39	8.23		8.22	8.86	8.33	7.59	8.53	7.94	

Asano, Kurodo (JPN) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
U19 FINAL - 2017 National Sports Festival (Matsuyama, JPN)											*(2017) - tfdata-store.com/2017/10/12/post-1100/*						
date 09-Oct-17 time		11.89		23.32		35.38		48.13	48.13	3 / 6							
reaction time 0.194 interval				11.43		12.06		12.75		# of strides	11.89	11.43	12.06	12.75	23.32	24.81	1.49
velocity		8.41		8.75		8.29		7.84	8.31	194.0	8.41	8.75	8.29	7.84	8.58	8.06	
U19 Semi-Final 1 - 2017 National Sports Festival (Matsuyama, JPN)											*(2017) - tfdata-store.com/2017/10/12/post-1100/*						
date 08-Oct-17 time		11.63		22.59		34.36		47.28	47.28	9 / 4							
reaction time 0.169 interval				10.96		11.77		12.92		# of strides	11.63	10.96	11.77	12.92	22.59	24.69	2.10
velocity		8.60		9.12		8.50		7.74	8.46	191.7	8.60	9.12	8.50	7.74	8.85	8.10	
FINAL - 2016 Japanese National Youth Championships (Mizuho, JPN)											*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*						
date 21-Oct-16 time	6.43	11.80	17.18	22.93	28.91	34.99	41.26	47.76	47.76	6 / 4							
reaction time interval		5.37	5.38	5.75	5.98	6.08	6.27	6.50	PB	# of strides	11.80	11.13	12.06	12.77	22.93	24.83	1.90
velocity	7.78	9.31	9.29	8.70	8.36	8.22	7.97	7.69	8.38		8.47	8.98	8.29	7.83	8.72	8.05	

Asanobu, Hiroto (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2017 Japanese National High School Championships (Yamagata, JPN)											*Kota (2017) - 70th high school championships: JAF scientific committee - biomechanics data collection*						

date	29-Jul-17	time	6.52	11.87	17.33	23.07	28.97	35.15	41.52	47.89	47.89	9 / 4							
reaction time	0.182	interval		5.35	5.46	5.74	5.90	6.18	6.37	6.37		# of strides	11.87	11.20	12.08	12.74	23.07	24.82	1.75
		velocity	7.67	9.35	9.16	8.71	8.47	8.09	7.85	7.85	8.35		8.42	8.93	8.28	7.85	8.67	8.06	

Asati, Charles (KEN) (1946)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1972 Olympic Games (Munich, FRG)										*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*							
date 07-Sep-72	time			21.7		32.9		45.2	45.13	8 / 4							
reaction time	interval					11.20		12.30		# of strides			11.20	12.30	21.70	23.50	1.80
	velocity			9.22		8.93		8.13	8.86				8.93	8.13	9.22	8.51	

Ashley, Jamel (USA) (1979)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2006 USATF National Championships (Indianapolis, IN)										*Track Newsletter (2006) - USATF men's championships*							
date 24-Jun-06	time		11.10		21.44		32.65		45.01	45.01	2 / 6							
reaction time	interval				10.34		11.21		12.36		# of strides	11.10	10.34	11.21	12.36	21.44	23.57	2.13
	velocity		9.01		9.67		8.92		8.09	8.89		9.01	9.67	8.92	8.09	9.33	8.49	
FINAL - 2005 NCAA Championships (Sacramento, CA)										*Track Newsletter (2005) - NCAA men's championships*							
date 11-Jun-05	time		11.2		21.2		32.3		44.8	44.75	6 / 2							
reaction time	interval				10.00		11.10		12.50	PB	# of strides	11.20	10.00	11.10	12.50	21.20	23.60	2.40
	velocity		8.93		10.00		9.01		8.00	8.94	179.0	8.93	10.00	9.01	8.00	9.43	8.47	

Attene, Alessandro (ITA) (1977)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2001 European Cup (Bremen, GER)										*Graubner (2007) - http://www.fgs.uni-halle.de*							
date 23-Jun-01	time		11.47		22.11		33.59		45.92	45.92	/ 5							
reaction time	interval				10.64		11.48		12.33		# of strides	11.47	10.64	11.48	12.33	22.11	23.81	1.70
	velocity		8.72		9.40		8.71		8.11	8.71		8.72	9.40	8.71	8.11	9.05	8.40	

Aurstad, Bastian Elnan (NOR) (2005)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2025 Bislett Games (Oslo, NOR)										*Omega Timing (2025) - diamond league race analysis*							
date 12-Jun-25	time	6.25	11.41	16.85	22.58	28.42	34.52	40.85	47.68	47.68	4 / 3							
reaction time 0.133	interval		5.16	5.44	5.73	5.84	6.10	6.33	6.83		# of strides	11.41	11.17	11.94	13.16	22.58	25.10	2.52
	velocity	8.00	9.69	9.19	8.73	8.56	8.20	7.90	7.32	8.39		8.76	8.95	8.38	7.60	8.86	7.97	

Avilés, Luis (MEX) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 2 - 2022 World Athletics Championships (Eugene, OR)										*Timing by Seiko (2022) - world athletics championships race analysis*							
date 17-Jul-22	time		11.41		22.56		34.24		46.47	46.47	2 / 6							
reaction time 0.140	interval				11.15		11.68		12.23		# of strides	11.41	11.15	11.68	12.23	22.56	23.91	1.35
	velocity		8.76		8.97		8.56		8.18	8.61		8.76	8.97	8.56	8.18	8.87	8.36	

Ayre, Sanjay (JAM) (1980)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2007 IAAF World Athletic Final (Stuttgart, GER)										*Graubner (2007) - http://www.fgs.uni-halle.de*							
date 22-Sep-07	time		11.20		21.90		39.78		46.32	46.32	2 / 8							
reaction time 0.155	interval				10.70		17.88		6.54		# of strides	11.20	10.70	17.88	6.54	21.90	24.42	2.52
	velocity		8.93		9.35		5.59		15.29	8.64		8.93	9.35	5.59	15.29	9.13	8.19	

Azuma, Kaiki (JPN) (1993)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2018 National Sports Festival (Fukui, JPN)										*Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*							
date 08-Oct-18	time	6.23	11.33	16.73	22.29	27.96	33.78	40.02	46.96	46.96	8 / 5							
reaction time 0.125	interval		5.10	5.40	5.56	5.67	5.82	6.24	6.94		# of strides	11.33	10.96	11.49	13.18	22.29	24.67	2.38
	velocity	8.03	9.80	9.26	8.99	8.82	8.59	8.01	7.20	8.52		8.83	9.12	8.70	7.59	8.97	8.11	
FINAL - 2018 Japanese Corporate Championships (Osaka, JPN)										*Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*							
date 23-Sep-18	time	6.39	11.74	17.22	22.79	28.38	34.06	39.99	46.83	46.83	7 / 3							
reaction time 0.141	interval		5.35	5.48	5.57	5.59	5.68	5.93	6.84		# of strides	11.74	11.05	11.27	12.77	22.79	24.04	1.25
	velocity	7.82	9.35	9.12	8.98	8.94	8.80	8.43	7.31	8.54		8.52	9.05	8.87	7.83	8.78	8.32	
FINAL - 2017 All Japan Corporate Championships (Osaka, JPN)										*(2017) - tfdata-store.com/2017/10/05/post-1097/*							
date 24-Sep-17	time		11.64		22.63		34.12		46.79	46.79	5 / 1							
reaction time	interval				10.99		11.49		12.67		# of strides	11.64	10.99	11.49	12.67	22.63	24.16	1.53
	velocity		8.59		9.10		8.70		7.89	8.55	185.0	8.59	9.10	8.70	7.89	8.84	8.28	
Heat 3 - 2017 Japanese National Championships (Osaka, JPN)										*(2017) - tfdata-store.com/2017/07/08/post-965/*							
date 23-Jun-17	time		11.38		21.66		32.82		46.33	46.33	6 / 5							
reaction time 0.178	interval				10.28		11.16		13.51	PB	# of strides	11.38	10.28	11.16	13.51	21.66	24.67	3.01
	velocity		8.79		9.73		8.96		7.40	8.63	186.2	8.79	9.73	8.96	7.40	9.23	8.11	
FINAL - 2017 Izumo Athletics Games (Izumo, JPN) (300m)										*(2017) - tfdata-store.com/2017/05/17/post-537/*							
date 23-Apr-17	time		10.84		21.24		32.86			32.86	6 / 2							***100m-300m***
reaction time	interval				10.40		11.62			PB	# of strides	10.84	10.40	11.62		21.24		*22.02*
	velocity		9.23		9.62		8.61			9.13	140.5	9.23	9.62	8.61		9.42		*9.08*
Race C - 2016 Shizuoka International Meeting (Fukuroi, JPN)										*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*							
date 03-May-16	time	6.41	11.70	17.15	22.60	28.07	33.90	40.17	47.00	47.00	/ 1							
reaction time	interval		5.29	5.45	5.45	5.47	5.83	6.27	6.83		# of strides	11.70	10.90	11.30	13.10	22.60	24.40	1.80
	velocity	7.80	9.45	9.17	9.17	9.14	8.58	7.97	7.32	8.51		8.55	9.17	8.85	7.63	8.85	8.20	

Azuma, Yoshihiro (JPN) (1991)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2012 Japanese National Championships (Osaka, JPN)										*Maho (2013) - race analysis of the men's 400m run in competition*							
date 09-Jun-12	time	6.29	11.45	16.68	22.19	27.86	33.66	39.73	46.26	46.26	5 / 3							
reaction time	interval		5.16	5.23	5.51	5.67	5.80	6.07	6.53	PB	# of strides	11.45	10.74	11.47	12.60	22.19	24.07	1.88
	velocity	7.95	9.69	9.56	9.07	8.82	8.62	8.24	7.66	8.65	184.0	8.73	9.31	8.72	7.94	9.01	8.31	

Babers, Alonzo (USA) (1961)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1984 Olympic Games (Los Angeles, CA)										*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*							
date 08-Aug-84	time				21.7		32.5		44.3	44.27	4 / 1							

reaction time	0.175	interval					10.80		11.80	PB	# of strides			10.80	11.80	21.70	22.60	0.90		
		velocity				9.22		9.26		8.47	9.04	164.0			9.26	8.47	9.22	8.85		

Bada, Sunday (NGR) (1969)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1995 IAAF World Championships (Göteborg, SWE)																	*Track Newsletter (1995) - World Championships V*
date 09-Aug-95 time				21.2				45.5	45.50	4 / 8							
reaction time interval								24.30		# of strides					21.20	24.30	3.10
velocity				9.43				8.23	8.79						9.43	8.23	
FINAL - 1993 IAAF World Championships (Stuttgart, GER)																	*Smith (1994) - 400m pace control*
date 17-Aug-93 time		10.98		21.02		32.26		45.11	45.11	6 / 5							
reaction time interval				10.04		11.24		12.85		# of strides	10.98	10.04	11.24	12.85	21.02	24.09	3.07
velocity		9.11		9.96		8.90		7.78	8.87	177.0	9.11	9.96	8.90	7.78	9.51	8.30	

Badenski, Andrzej (POL) (1943)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1968 Olympic Games (Mexico City, MEX) (*Altitude*)																	*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*
date 18-Oct-68 time				21.7		33.2		45.4	45.42	7 / 7							
reaction time interval						11.50		12.20	PB	# of strides			11.50	12.20	21.70	23.70	2.00
velocity				9.22		8.70		8.20	8.81				8.70	8.20	9.22	8.44	
FINAL - 1964 Olympic Games (Tokyo, JPN)																	*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*
date 19-Sep-64 time				21.7		33.8		45.6	45.6	2 / 3							
reaction time interval						12.10		11.80	*(45.64)*	# of strides			12.10	11.80	21.70	23.90	2.20
velocity				9.22		8.26		8.47	8.77				8.26	8.47	9.22	8.37	

Badji, Asamti (BEL) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2019 Memorial van Damme (Brussels, BEL)																	*Omega Timing (2019) - diamond league race analysis*
date 06-Sep-19 time	6.4	11.5	16.8	22.3	28.1	34.3	40.8	48.00	48.00	9 / 7							
reaction time interval		5.1	5.3	5.5	5.8	6.2	6.5	13.7		# of strides	11.50	10.80	12.00	13.70	22.30	25.70	3.40
velocity	7.81	9.80	9.43	9.09	8.62	8.06	7.69	7.30	8.33		8.70	9.26	8.33	7.30	8.97	7.78	

Bailey, Chris (USA) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 1 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 16-Sep-25 time		11.12		21.45		32.58		45.05	45.05	5 / 7							
reaction time 0.178 interval				10.33		11.13		12.47		# of strides	11.12	10.33	11.13	12.47	21.45	23.60	2.15
velocity		8.99		9.68		8.98		8.02	8.88		8.99	9.68	8.98	8.02	9.32	8.47	
Heat 4 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 14-Sep-25 time		11.35		21.93		32.76		44.49	44.49	7 / 1							
reaction time 0.188 interval				10.58		10.83		11.73		# of strides	11.35	10.58	10.83	11.73	21.93	22.56	0.63
velocity		8.81		9.45		9.23		8.53	8.99		8.81	9.45	9.23	8.53	9.12	8.87	
FINAL - 2025 Weltklasse (Zürich, SUI)																	*Omega Timing (2025) - diamond league race analysis*
date 28-Aug-25 time	6.11	10.97	15.98	21.15	26.50	32.06	38.07	44.75	44.75	6 / 5							
reaction time 0.192 interval		4.86	5.01	5.17	5.35	5.56	6.01	6.68		# of strides	10.97	10.18	10.91	12.69	21.15	23.60	2.45
velocity	8.18	10.29	9.98	9.67	9.35	8.99	8.32	7.49	8.94	181.0	9.12	9.82	9.17	7.88	9.46	8.47	
FINAL - 2025 USATF Championships (Eugene, OR)																	*USATF and Karmarush (2025) - USATF championships results and race analysis*
date 02-Aug-25 time		11.27		21.92		32.81		44.43	44.43	9 / 2							
reaction time interval				10.65		10.89		11.62		# of strides	11.27	10.65	10.89	11.62	21.92	22.51	0.59
velocity		8.87		9.39		9.18		8.61	9.00	181.5	8.87	9.39	9.18	8.61	9.12	8.88	
Heat 3 - 2025 USATF Championships (Eugene, OR)																	*USATF and Karmarush (2025) - USATF championships results and race analysis*
date 01-Aug-25 time		11.28		21.79		32.73		44.81	44.81	6 / 2							
reaction time interval				10.51		10.94		12.08		# of strides	11.28	10.51	10.94	12.08	21.79	23.02	1.23
velocity		8.87		9.51		9.14		8.28	8.93		8.87	9.51	9.14	8.28	9.18	8.69	
FINAL - 2025 Prefontaine Classic (Eugene, OR)																	*Omega Timing (2025) - diamond league race analysis*
date 05-Jul-25 time	6.14	11.13	16.25	21.46	26.76	32.25	37.95	44.15	44.15	7 / 2							
reaction time 0.165 interval		4.99	5.12	5.21	5.30	5.49	5.70	6.20	PB	# of strides	11.13	10.33	10.79	11.90	21.46	22.69	1.23
velocity	8.14	10.02	9.77	9.60	9.43	9.11	8.77	8.06	9.06	180.0	8.98	9.68	9.27	8.40	9.32	8.81	
FINAL - 2025 Yangtze River Delta Athletics Diamond Gala (Keqiao, CHN)																	*Omega Timing (2025) - diamond league race analysis*
date 03-May-25 time	6.29	11.39	16.61	21.92	27.16	32.60	38.22	44.17	44.17	7 / 1							
reaction time 0.158 interval		5.10	5.22	5.31	5.24	5.44	5.62	5.95	PB	# of strides	11.39	10.53	10.68	11.57	21.92	22.25	0.33
velocity	7.95	9.80	9.58	9.42	9.54	9.19	8.90	8.40	9.06	178.5	8.78	9.50	9.36	8.64	9.12	8.99	
FINAL - 2024 Olympic Games (Paris, FRA)																	*Paris 2024 Olympic Games - Results Book (2024)*
date 07-Aug-24 time	6.34	11.38	16.57	21.89	27.34	32.89	38.61	44.58	44.58	2 / 6							
reaction time 0.178 interval		5.04	5.19	5.32	5.45	5.55	5.72	5.97		# of strides	11.38	10.51	11.00	11.69	21.89	22.69	0.80
velocity	7.89	9.92	9.63	9.40	9.17	9.01	8.74	8.38	8.97	179.0	8.79	9.51	9.09	8.55	9.14	8.81	
Semi-Final 2 - 2024 Olympic Games (Paris, FRA)																	*Paris 2024 Olympic Games - Results Book (2024)*
date 06-Aug-24 time	6.19	11.09	16.06	21.21	26.50	32.07	37.98	44.31	44.31	6 / 3							
reaction time 0.162 interval		4.90	4.97	5.15	5.29	5.57	5.91	6.33	PB	# of strides	11.09	10.12	10.86	12.24	21.21	23.10	1.89
velocity	8.08	10.20	10.06	9.71	9.45	8.98	8.46	7.90	9.03	183.0	9.02	9.88	9.21	8.17	9.43	8.66	
Heat 1 - 2024 Olympic Games (Paris, FRA)																	*Paris 2024 Olympic Games - Results Book (2024)*
date 04-Aug-24 time	6.29	11.30	16.36	21.57	26.96	32.53	38.46	44.89	44.89	3 / 2							
reaction time 0.209 interval		5.01	5.06	5.21	5.39	5.57	5.93	6.43		# of strides	11.30	10.27	10.96	12.36	21.57	23.32	1.75
velocity	7.95	9.98	9.88	9.60	9.28	8.98	8.43	7.78	8.91	182.0	8.85	9.74	9.12	8.09	9.27	8.58	
FINAL - 2024 USA Olympic Trials (Eugene, OR)																	*USATF and Karmarush (2024) - USA Olympic trials results and race analysis*
date 24-Jun-24 time		11.34		21.83		32.70		44.42	44.42	9 / 3							
reaction time interval				10.49		10.87		11.72	=PB	# of strides	11.34	10.49	10.87	11.72	21.83	22.59	0.76

		velocity	8.82		9.53		9.20		8.53	9.00		8.82	9.53	9.20	8.53	9.16	8.85	

Semi-Final 1 - 2024 USA Olympic Trials (Eugene, OR) — *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	23-Jun-24	time	11.55		22.15		33.01		44.82	44.82	5 / 2							
reaction time		interval			10.60		10.86		11.81		# of strides	11.55	10.60	10.86	11.81	22.15	22.67	0.52
		velocity	8.66		9.43		9.21		8.47	8.92		8.66	9.43	9.21	8.47	9.03	8.82	

Heat 2 - 2024 USA Olympic Trials (Eugene, OR) — *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	21-Jun-24	time	11.45		21.98		32.86		44.86	44.86	4 / 2							
reaction time		interval			10.53		10.88		12.00		# of strides	11.45	10.53	10.88	12.00	21.98	22.88	0.90
		velocity	8.73		9.50		9.19		8.33	8.92	179.2	8.73	9.50	9.19	8.33	9.10	8.74	

Bailey, Sean (JAM) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Repechage 4 - 2024 Olympic Games (Paris, FRA)																	*Paris 2024 Olympic Games - Results Book (2024)*
date 05-Aug-24	time	6.26	11.36						dnf	5 / 6							
reaction time 0.184	interval		5.10							# of strides	11.36						
	velocity	7.99	9.80								8.80						

Heat 2 - 2024 Olympic Games (Paris, FRA) — *Paris 2024 Olympic Games - Results Book (2024)*

date	04-Aug-24	time	6.21	11.15	16.14	21.31	26.70	32.36	38.32	44.68	44.68	5 / 5							
reaction time	0.197	interval		4.94	4.99	5.17	5.39	5.66	5.96	6.36		# of strides	11.15	10.16	11.05	12.32	21.31	23.37	2.06
		velocity	8.05	10.12	10.02	9.67	9.28	8.83	8.39	7.86	8.95	175.5	8.97	9.84	9.05	8.12	9.39	8.56	

FINAL - 2023 World Athletics Championships (Budapest, HUN) — *Seiko Timing (2023) - world championship race analysis*

date	24-Aug-23	time		11.18		21.67		32.90		44.96	44.96	9 / ~~6~~ 5							
reaction time	0.169	interval				10.49		11.23		12.06		# of strides	11.18	10.49	11.23	12.06	21.67	23.29	1.62
		velocity		8.94		9.53		8.90		8.29	8.90		8.94	9.53	8.90	8.29	9.23	8.59	

Semi-Final 3 - 2023 World Athletics Championships (Budapest, HUN) — *Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*

date	22-Aug-23	time	6.13	11.08	16.12	21.41	26.92	32.69	38.63	44.94	44.94	4 / 2							
reaction time	0.165	interval		4.88	4.95	5.15	5.36	5.60	5.88	6.40		# of strides	11.08	10.33	11.28	12.25	21.41	23.53	2.12
		velocity	8.28	10.25	10.10	9.71	9.33	8.93	8.50	7.81	8.90	178.0	9.03	9.68	8.87	8.16	9.34	8.50	

Heat 4 - 2023 World Athletics Championships (Budapest, HUN) — *Seiko Timing (2023) - world championship race analysis*

date	20-Aug-23	time		11.36		21.70		33.05		44.98	44.98	3 / 3							
reaction time	0.183	interval				10.34		11.35		11.93		# of strides	11.36	10.34	11.35	11.93	21.70	23.28	1.58
		velocity		8.80		9.67		8.81		8.38	8.89	176.0	8.80	9.67	8.81	8.38	9.22	8.59	

FINAL - 2023 USATF National Championships (Eugene, OR) — *Track Newsletter (2023) - USATF championships/WCT men*

date	08-Jul-23	time		11.56		22.14		33.15		45.25	45.25	2 / 7							
reaction time	0.227	interval				10.58		11.01		12.10		# of strides	11.56	10.58	11.01	12.10	22.14	23.11	0.97
		velocity		8.65		9.45		9.08		8.26	8.84		8.65	9.45	9.08	8.26	9.03	8.65	

Bain, Andretti (BAH) (1985)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2009 ISTAF (Berlin, GER)																	*Graubner (2009) - http://www.fgs.uni-halle.de*
date 14-Jun-09	time		11.45		22.10		33.70		46.82	46.82	2 / 7							
reaction time 0.232	interval				10.65		11.60		13.12		# of strides	11.45	10.65	11.60	13.12	22.10	24.72	2.62
	velocity		8.73		9.39		8.62		7.62	8.54		8.73	9.39	8.62	7.62	9.05	8.09	

Bair, Peyton (USA) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 3 - 2024 USA Olympic Trials (Eugene, OR)																	*USATF and Karmarush (2024) - USA Olympic trials results and race analysis*
date 21-Jun-24	time		11.12		21.58		33.35		46.89	46.89	4 / 2							
reaction time	interval				10.46		11.77		13.54	PB	# of strides	11.12	10.46	11.77	13.54	21.58	25.31	3.73
	velocity		8.99		9.56		8.50		7.39	8.53		8.99	9.56	8.50	7.39	9.27	7.90	

Baker, Nicklas (GBR) (1994)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 Müller British Grand Prix (Gateshead, GBR)																	*Omega Timing (2021) - diamond league race analysis*
date 13-Jul-21	time	6.2	11.3	16.4	21.8	27.5	33.5	39.6	46.24	46.24	4 / 1							
reaction time 0.144	interval		5.10	5.10	5.40	5.70	6.00	6.10	6.64		# of strides	11.30	10.50	11.70	12.74	21.80	24.44	2.64
	velocity	8.06	9.80	9.80	9.26	8.77	8.33	8.20	7.53	8.65		8.85	9.52	8.55	7.85	9.17	8.18	

Baker, Wendell (USA) ???

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1886 ??? Beacon Park (Boston, MA) (440y Straightaway)																	*Quercentani (2000) - athletics: a history of modern track and field athletics (1860-2000)*
date 01-Jul-86	time				23.2				47.5	47.5	/ 1							
reaction time	interval								24.3		# of strides						23.20	24.30
	velocity				8.62				8.23	8.42	*(47 3/4 /440y)*						8.62	8.23

Bakketun, Andreas Haara (NOR) (2001

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2025 Bislett Games (Oslo, NOR)																	*Omega Timing (2025) - diamond league race analysis*
date 12-Jun-25	time	6.19	11.37	16.73	22.40	28.19	34.13	40.20	46.52	46.52	6 / 1							
reaction time 0.145	interval		5.18	5.36	5.67	5.79	5.94	6.07	6.32		# of strides	11.37	11.03	11.73	12.39	22.40	24.12	1.72
	velocity	8.08	9.65	9.33	8.82	8.64	8.42	8.24	7.91	8.60		8.80	9.07	8.53	8.07	8.93	8.29	

Baldwin, Heath (USA) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 2 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 20-Sep-25	time		11.86		23.24		35.48		48.44	48.44	8 / 2							
reaction time 0.148	interval				11.38		12.24		12.96		# of strides	11.86	11.38	12.24	12.96	23.24	25.20	1.96
	velocity		8.43		8.79		8.17		7.72	8.26		8.43	8.79	8.17	7.72	8.61	7.94	

Decathlon - Heat 2 - 2024 Olympic Games (Paris, FRA) — *Paris 2024 Olympic Games - Results Book (2024)*

date	02-Aug-24	time	6.49	11.72	17.16	22.88	28.83	35.14	41.87	49.04	49.04	4 / 8							
reaction time	0.149	interval		5.23	5.44	5.72	5.95	6.31	6.73	7.17		# of strides	11.72	11.16	12.26	13.90	22.88	26.16	3.28
		velocity	7.70	9.56	9.19	8.74	8.40	7.92	7.43	6.97	8.16	176.2	8.53	8.96	8.16	7.19	8.74	7.65	

Decathlon - Heat 1 - 2024 USA Olympic Trials (Eugene, OR) — *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	21-Jun-24	time		11.46		22.48		34.79		48.58	48.58	8 / 3						
reaction time		interval				11.02		12.31		13.79	PB	# of strides	11.46	11.02	12.31	13.79	22.48	26.10	3.62
		velocity		8.73		9.07		8.12		7.25	8.23		8.73	9.07	8.12	7.25	8.90	7.66	

Balti, Rami (TUN) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B FINAL - 2021 Doha Diamond League (Doha, QAT)																	*Omega Timing (2021) - diamond league race analysis*
date 28-May-21 time	6.4	11.5	16.9	22.5	28.4	34.4	40.6	47.03	47.03	5 / 3							
reaction time 0.220 interval		5.10	5.40	5.60	5.90	6.00	6.20	6.43		# of strides	11.50	11.00	11.90	12.63	22.50	24.53	2.03
velocity	7.81	9.80	9.26	8.93	8.47	8.33	8.06	7.78	8.51		8.70	9.09	8.40	7.92	8.89	8.15	

Bamidele, Emmanuel (UAE) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Invitational - 2025 Memorial van Damme (Brussels, BEL)																	*Omega Timing (2025) - diamond league race analysis*
date 22-Aug-25 time	6.23	11.07	16.02	21.30	26.85	32.66	38.77	45.42	45.42	8 / 4							
reaction time 0.158 interval		4.84	4.95	5.28	5.55	5.81	6.11	6.65	NR	# of strides	11.07	10.23	11.36	12.76	21.30	24.12	2.82
velocity	8.03	10.33	10.10	9.47	9.01	8.61	8.18	7.52	8.81		9.03	9.78	8.80	7.84	9.39	8.29	

Bamidele, Emmanuel (NGR) (1999)

FINAL - 2023 Bauhaus Galan (Stockholm, SWE)																	*Omega Timing (2023) - diamond league race analysis*
date 02-Jul-23 time	6.34	11.23	16.24	21.47	27.01	32.84	38.91	45.48	45.48	5 / 2							
reaction time 0.194 interval		4.89	5.01	5.23	5.54	5.83	6.07	6.57		# of strides	11.23	10.24	11.37	12.64	21.47	24.01	2.54
velocity	7.89	10.22	9.98	9.56	9.03	8.58	8.24	7.61	8.80		8.90	9.77	8.80	7.91	9.32	8.33	
National FINAL - 2019 Doha (Doha, QAT)																	*Omega Timing (2019) - diamond league race analysis*
date 03-May-19 time			11.2			21.6			33.2		45.99	45.99	4 / 2				
reaction time 0.185 interval				10.4			11.6			12.8	# of strides	11.20	10.40	11.60	12.79	21.60	24.39	2.79
velocity			8.93			9.62			8.62		7.82	8.70		8.93	9.62	8.62	7.82	9.26	8.20	

Banda, Lewis (ZIM) (1982)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2006 NCAA Championships (Sacramento, CA)																	*Track Newsletter (2006) - NCAA men's championships*
date 10-Jun-06 time			11.2			21.6			32.9		45.1	45.10	7 / 4				
reaction time interval				10.40			11.30			12.20	# of strides	11.20	10.40	11.30	12.20	21.60	23.50	1.90
velocity			8.93			9.62			8.85		8.20	8.87		8.93	9.62	8.85	8.20	9.26	8.51	

Barberi, Andrea (ITA) (1979)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2006 European Championships (Göteborg, SWE)																	*Behm (2006) - Championnats d'Europe Göteborg 2006… Le 400m avec ou sans obstacles*
date 09-Aug-06 time				22.9			33.4			45.70	45.70	/ 5						
reaction time interval							10.50			12.30	# of strides			10.50	12.30	22.90	22.80	-0.10
velocity				8.73			19.05			8.13	8.75				9.52	8.13	8.73	8.77	

Barnes, Zandrion (JAM) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 Xiamen Diamond League (Xiamen, CHN)																	*Omega Timing (2023) - diamond league race analysis*
date 02-Sep-23 time	6.28	11.26	16.36	21.70	27.25	33.02	38.98	45.29	45.29	2 / 8							
reaction time 0.155 interval		4.98	5.10	5.34	5.55	5.77	5.96	6.31		# of strides	11.26	10.44	11.32	12.27	21.70	23.59	1.89
velocity	7.96	10.04	9.80	9.36	9.01	8.67	8.39	7.92	8.83		8.88	9.58	8.83	8.15	9.22	8.48	
Semi-Final 2 - 2023 World Athletics Championships (Budapest, HUN)																	*Seiko Timing (2023) - world championship race analysis*
date 22-Aug-23 time			11.16			21.48			32.70		45.38	45.38	9 / 6				
reaction time 0.171 interval				10.32			11.22			12.68	# of strides	11.16	10.32	11.22	12.68	21.48	23.90	2.42
velocity			8.96			9.69			8.91		7.89	8.81	179.0	8.96	9.69	8.91	7.89	9.31	8.37	
Heat 6 - 2023 World Athletics Championships (Budapest, HUN)																	*Seiko Timing (2023) - world championship race analysis*
date 20-Aug-23 time			11.26			21.39			32.49		45.05	45.05	9 / 3				
reaction time 0.186 interval				10.13			11.10			12.56	# of strides	11.26	10.13	11.10	12.56	21.39	23.66	2.27
velocity			8.88			9.87			9.01		7.96	8.88	178.0	8.88	9.87	9.01	7.96	9.35	8.45	

Barth, Cedric (GER) (2006)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 1 - 2025 European Athletics U20 Championships (Tampere, FIN)																	*European Athletics (2025) - 2025 european athletics U20 championships - results book*
date 08-Aug-25 time	6.60	11.82	17.21	22.82	28.73	34.91	41.51	48.75	48.75	2 / 7							
reaction time 0.209 interval		5.22	5.39	5.61	5.91	6.18	6.60	7.24		# of strides	11.82	11.00	12.09	13.84	22.82	25.93	3.11
velocity	7.58	9.58	9.28	8.91	8.46	8.09	7.58	6.91	8.21		8.46	9.09	8.27	7.23	8.76	7.71	

Bartholomew, Rondell (GRN) (1990)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2011 IAAF World Championships (Daegu, KOR)																	*Butler (2013) - IAAF world athletic results 2008-2011 full results*
date 30-Aug-11 time						32.7			45.45	45.45	2 / 6						
reaction time 0.314 interval									12.75		# of strides				12.75		
velocity						9.17			7.84	8.80	170.2				7.84		

Bassitt, Trevor (USA) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Long Hurdles - 2025 Grand Slam Track Philadelphia (Philadelphia, PA)																	*Grand Slam Track (2025) - results and splits by race*
date 01-Jun-25 time			11.27			22.10			33.24		45.47	45.47	4 / 1				
reaction time 0.179 interval				10.83			11.14			12.23	# of strides	11.27	10.83	11.14	12.23	22.10	23.37	1.27
velocity			8.87			9.23			8.98		8.18	8.80		8.87	9.23	8.98	8.18	9.05	8.56	
Long Hurdles - 2025 Grand Slam Track Miami (Miramar, FL)																	*Grand Slam Track (2025) - results and splits by race*
date 04-May-25 time			11.43			22.18			33.33		45.31	45.31	2 / 4				
reaction time 0.210 interval				10.75			11.15			11.98	# of strides	11.43	10.75	11.15	11.98	22.18	23.13	0.95
velocity			8.75			9.30			8.97		8.35	8.83		8.75	9.30	8.97	8.35	9.02	8.65	

Bastien, Steven (USA) (1994)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 3 - 2022 World Athletics Championships (Eugene, OR)																	*Timing by Seiko (2022) - world athletics championships race analysis*
date 23-Jul-22 time			11.60			22.94			35.42		47.95	47.95	2 / 6				
reaction time 0.148 interval				11.34			12.48			12.53	# of strides	11.60	11.34	12.48	12.53	22.94	25.01	2.07
velocity			8.62			8.82			8.01		7.98	8.34		8.62	8.82	8.01	7.98	8.72	8.00	

Batman, Daniel (AUS) (1981)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2006 Seiko Super Grand Prix (Yokohama, JPN)																	*Hisashi (2007) - Super Grand Prix 2006 - sprinting speed changes in the 400m*

date	24-Sep-06	time	6.1	11.0	16.2	21.8	27.3	33.2	39.8	46.88	46.88	6 / 8						
reaction time		interval		4.90	5.20	5.60	5.50	5.90	6.60	7.08		# of strides	11.00	10.80	11.40	13.68	21.80	25.08	3.28
		velocity	8.20	10.20	9.62	8.93	9.09	8.47	7.58	7.06	8.53		9.09	9.26	8.77	7.31	9.17	7.97	

Baulch, Jamie (GBR) (1973)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1999 IAAF World Championships (Sevilla, ESP)																	*Ferro (2001) - biomechanical analysis of the 7th world championships, seville 1999*
date 26-Aug-99	time	6.14	11.06	16.04	21.29	26.76	32.45	38.53	45.18	45.18	8 / ~~8~~ 6							
reaction time 0.148	interval		4.92	4.98	5.25	5.47	5.69	6.08	6.65		# of strides	11.06	10.23	11.16	12.73	21.29	23.89	2.60
	velocity	8.14	10.16	10.04	9.52	9.14	8.79	8.22	7.52	8.85		9.04	9.78	8.96	7.86	9.39	8.37	
FINAL - 1997 IAAF World Championships (Athens, GRE)																	*Ritzdorf (1997) - biomechanical research project at the VI th world championships in athletics, Athens 1997*
date 05-Aug-97	time	6.08	10.96	15.96	21.16	26.62	32.46	38.46	45.06	45.22	1 / ~~8~~ 7							
reaction time 0.158	interval		4.88	5.00	5.20	5.46	5.84	6.00	6.60		# of strides	10.96	10.20	11.30	12.60	21.16	23.90	2.74
	velocity	8.22	10.25	10.00	9.62	9.16	8.56	8.33	7.58	8.85		9.12	9.80	8.85	7.94	9.45	8.37	

Bea, Manuel (ESP) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B Final - 2025 European Team Championships, First Division (Madrid, ESP)																	*European Athletics (2025) - 2025 european team championships, first division - results book*
date 27-Jun-25	time	6.04	11.10	16.17	21.44	26.95	32.86	39.08	45.89	45.89	/ 4							
reaction time 0.157	interval		5.06	5.07	5.27	5.51	5.91	6.22	6.81		# of strides	11.10	10.34	11.42	13.03	21.44	24.45	3.01
	velocity	8.28	9.88	9.86	9.49	9.07	8.46	8.04	7.34	8.72		9.01	9.67	8.76	7.67	9.33	8.18	

Beck, Alex (AUS) (1992)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 1 - 2022 World Athletics Championships (Eugene, OR)																	*Timing by Seiko (2022) - world athletics championships race analysis*
date 20-Jul-22	time		11.26		22.06		33.43		46.21	46.21	2 / 8							
reaction time 0.140	interval				10.80		11.37		12.78		# of strides	11.26	10.80	11.37	12.78	22.06	24.15	2.09
	velocity		8.88		9.26		8.80		7.82	8.66	172.0	8.88	9.26	8.80	7.82	9.07	8.28	
Heat 5 - 2022 World Athletics Championships (Eugene, OR)																	*Timing by Seiko (2022) - world athletics championships race analysis*
date 17-Jul-22	time		11.24		21.77		33.30		45.99	45.99	6 / 5							
reaction time 0.170	interval				10.53		11.53		12.69		# of strides	11.24	10.53	11.53	12.69	21.77	24.22	2.45
	velocity		8.90		9.50		8.67		7.88	8.70	175.0	8.90	9.50	8.67	7.88	9.19	8.26	

Behrenbruch, Pascal (GER) (1985)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 3 - 2009 IAAF World Championships (Berlin, GER)																	*Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*
date 19-Aug-09	time		11.35		22.54		34.86		48.72	48.72	8 / 2							
reaction time 0.142	interval				11.19		12.32		13.86		# of strides	11.35	11.19	12.32	13.86	22.54	26.18	3.64
	velocity		8.81		8.94		8.12		7.22	8.21		8.81	8.94	8.12	7.22	8.87	7.64	

Benati, Lorenzo (ITA) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 European Athletics U23 Championships (Espoo, FIN)																	*European Athletics (2023) - european athletics U23 championships results book*
date 14-Jul-23	time		11.53		21.96		33.27		45.70	45.70	3 / 5							
reaction time 0.181	interval				10.43		11.31		12.43		# of strides	11.53	10.43	11.31	12.43	21.96	23.74	1.78
	velocity		8.67		9.59		8.84		8.05	8.75	170.0	8.67	9.59	8.84	8.05	9.11	8.42	
Semi-Final 2 - 2023 European Athletics U23 Championships (Espoo, FIN)																	*European Athletics (2023) - european athletics U23 championships results book*
date 13-Jul-23	time		11.86		22.69		34.39		45.94	45.94	6 / 3							
reaction time 0.212	interval				10.83		11.70		11.55		# of strides	11.86	10.83	11.70	11.55	22.69	23.25	0.56
	velocity		8.43		9.23		8.55		8.66	8.71		8.43	9.23	8.55	8.66	8.81	8.60	
B Final - 2023 European Team Championships, First Division (Chorzów, POL)																	*European Athletics (2023) - 3rd european games, athletics - results book*
date 23-Jun-23	time		11.43		21.78		33.16		45.53	45.53	8 / 1							
reaction time 0.186	interval				10.35		11.38		12.37	PB	# of strides	11.43	10.35	11.38	12.37	21.78	23.75	1.97
	velocity		8.75		9.66		8.79		8.08	8.79		8.75	9.66	8.79	8.08	9.18	8.42	
Heat 1 - 2022 World Athletics Championships (Eugene, OR)																	*Timing by Seiko (2022) - world athletics championships race analysis*
date 17-Jul-22	time		11.64		22.18		33.58		46.26	46.26	5 / 5							
reaction time 0.229	interval				10.54		11.40		12.68		# of strides	11.64	10.54	11.40	12.68	22.18	24.08	1.90
	velocity		8.59		9.49		8.77		7.89	8.65		8.59	9.49	8.77	7.89	9.02	8.31	
FINAL - 2021 European Athletics U20 Championships (Tallin, EST)																	*European Athletics (2021) - european athletics U20 championships results book*
date 16-Jul-21	time		11.61		22.14		33.43		46.27	46.27	4 / 2							
reaction time 0.247	interval				10.53		11.29		12.84	PB	# of strides	11.61	10.53	11.29	12.84	22.14	24.13	1.99
	velocity		8.61		9.50		8.86		7.79	8.64		8.61	9.50	8.86	7.79	9.03	8.29	
Semi-Final 1 - 2021 European Athletics U20 Championships (Tallin, EST)																	*European Athletics (2021) - european athletics U20 championships results book*
date 15-Jul-21	time		12.01		22.88		34.37		46.39	46.39	6 / 2							
reaction time 0.204	interval				10.87		11.49		12.02		# of strides	12.01	10.87	11.49	12.02	22.88	23.51	0.63
	velocity		8.33		9.20		8.70		8.32	8.62		8.33	9.20	8.70	8.32	8.74	8.51	

Bengtström, Carl (SWE) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 4 - 2023 World Athletics Championships (Budapest, HUN)																	*Seiko Timing (2023) - world championship race analysis*
date 20-Aug-23	time		11.26		21.80		33.42		45.72	45.72	8 / ~~8~~							
reaction time 0.191	interval				10.54		11.62		12.30	DQ	# of strides	11.26	10.54	11.62	12.30	21.80	23.92	2.12
	velocity		8.88		9.49		8.61		8.13	8.75		8.88	9.49	8.61	8.13	9.17	8.36	
B Final - 2025 European Team Championships, First Division (Madrid, ESP)																	*European Athletics (2025) - 2025 european team championships, first division - results book*
date 27-Jun-25	time	6.05	11.01	16.12	21.38	26.92	32.76	38.85	45.38	45.38	/ 2							
reaction time 0.169	interval		4.96	5.11	5.26	5.54	5.84	6.09	6.53	PB	# of strides	11.01	10.37	11.38	12.62	21.38	24.00	2.62
	velocity	8.26	10.08	9.78	9.51	9.03	8.56	8.21	7.66	8.81		9.08	9.64	8.79	7.92	9.35	8.33	

Benjamin, Rai (USA) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 Trojan Invite (Los Angeles, CA)																	*Lindstrom (2023) - Rai Benjamin is flying in the flat 400*
date 08-Apr-23	time				21.1				44.21	44.21	/ 1							
reaction time	interval								23.11	PB	# of strides					21.10	23.11	2.01
	velocity				9.48				8.65	9.05						9.48	8.65	

WR=World Rec. AR=Area Rec. OR=Olympic Rec. CR=Championship Rec. NR=National Rec. PB=Personal Best DQ=Disqualified DV=Drug Violation

FINAL - 2019 Bauhaus Galan (Stockholm, SWE) *Omega Timing (2019) - diamond league race analysis*

date	30-May-19	time	11.1	21.7	32.6	45.13	45.13	6 / 2							
reaction time	0.179	interval		10.6	10.9	12.5		# of strides	11.10	10.60	10.90	12.53	21.70	23.43	1.73
		velocity	9.01	9.43	9.17	7.98	8.86	163.7	9.01	9.43	9.17	7.98	9.22	8.54	

FINAL - 2019 Mt. SAC Relays (Torrance, CA) *Russell (2019) - Mt. SAC Relays Men — A Stunning Norman 400*

date	20-Apr-19	time		21.1		44.3	44.31	4 / 2							
reaction time		interval		21.1		44.3	PB	# of strides			-21.10	44.30	21.10	23.20	2.10
		velocity		2.37		1.13	9.03				-4.74	2.26	9.48	8.62	

Benjamin, Tim (GBR) (1982)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2007 European Cup (Munich, GER)																	*Graubner (2007) - http://www.fgs.uni-halle.de*
date 23-Jun-07	time		11.62		22.42		33.63		45.87	45.87	/ 2							
reaction time 0.178	interval				10.80		11.21		12.24		# of strides	11.62	10.80	11.21	12.24	22.42	23.45	1.03
	velocity		8.61		9.26		8.92		8.17	8.72		8.61	9.26	8.92	8.17	8.92	8.53	

FINAL - 2006 European Championships (Göteborg, SWE) *Behm (2006) - Championnats d'Europe Göteborg 2006… Le 400m avec ou sans obstacles*

date	09-Aug-06	time		22.6		33.2		45.89	45.89	/ 6					
reaction time		interval				10.60		12.69		# of strides			10.60	12.69	22.60	23.29	0.69
		velocity		8.85		18.87		7.88	8.72				9.43	7.88	8.85	8.59	

FINAL - 2005 IAAF World Championships (Helsinki, FIN) *Track Newsletter (2005) - World championships- men*

date	12-Aug-05	time				32.5		44.9	44.93	1 / 5					
reaction time		interval						12.4		# of strides				12.40	
		velocity				9.23		8.06	8.90	172.5				8.06	

FINAL - 2005 DLV-DKB (Ulm, GER) *Graubner (2009) - http://www.fgs.uni-halle.de*

date	12-Jun-05	time	11.29	21.70	32.88	45.17	45.17	/ 1							
reaction time	0.198	interval		10.41	11.18	12.29		# of strides	11.29	10.41	11.18	12.29	21.70	23.47	1.77
		velocity	8.86	9.61	8.94	8.14	8.86		8.86	9.61	8.94	8.14	9.22	8.52	

Semi-Final 2 - 2002 European Championships (Munich, GER) *Graubner (2009) - http://www.fgs.uni-halle.de*

date	07-Aug-02	time	11.36	21.96	33.40	46.07	46.07	/ 3							
reaction time	0.139	interval		10.60	11.44	12.67		# of strides	11.36	10.60	11.44	12.67	21.96	24.11	2.15
		velocity	8.80	9.43	8.74	7.89	8.68		8.80	9.43	8.74	7.89	9.11	8.30	

Heat 2 - 2002 European Championships (Munich, GER) *Graubner (2009) - http://www.fgs.uni-halle.de*

date	06-Aug-02	time	11.49	22.14	33.55	46.15	46.15	/ 3							
reaction time	0.155	interval		10.65	11.41	12.60		# of strides	11.49	10.65	11.41	12.60	22.14	24.01	1.87
		velocity	8.70	9.39	8.76	7.94	8.67		8.70	9.39	8.76	7.94	9.03	8.33	

Bennett, Todd (GBR) (1962)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 3 - 1984 Olympic Games (Los Angeles, CA) (*TV Analysis*)																	*Adams (1984) - 1984 olympic games - 200m & 400m*
date 05-Aug-84	time			21.7				45.51	45.51	6 / 5							
reaction time	interval							23.81	PB	# of strides					21.70	23.81	2.11
	velocity			9.22				8.40	8.79						9.22	8.40	

Benson, James (USA) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 2 - 2024 USA Olympic Trials (Eugene, OR)																	*USATF and Karmarush (2024) - USA Olympic trials results and race analysis*
date 23-Jun-24	time		10.94	21.33		32.66		45.30	45.30	3 / 6							
reaction time	interval			10.39		11.33		12.64		# of strides	10.94	10.39	11.33	12.64	21.33	23.97	2.64
	velocity		9.14	9.62		8.83		7.91	8.83		9.14	9.62	8.83	7.91	9.38	8.34	

Heat 5 - 2024 USA Olympic Trials (Eugene, OR) *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	21-Jun-24	time	11.12	21.60	33.08	45.81	45.81	4 / 4							
reaction time		interval		10.48	11.48	12.73		# of strides	11.12	10.48	11.48	12.73	21.60	24.21	2.61
		velocity	8.99	9.54	8.71	7.86	8.73	178.0	8.99	9.54	8.71	7.86	9.26	8.26	

Berner, Markus Nikolai (NOR) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2019 Bislett Games (Olso, NOR)																	*Omega Timing (2019) - diamond league race analysis*
date 13-Jun-19	time		11.6	22.7		35.3		48.99	48.99	8 / 6							
reaction time 0.210	interval			11.1		12.6		13.7	PB	# of strides	11.60	11.10	12.60	13.69	22.70	26.29	3.59
	velocity		8.62	9.01		7.94		7.30	8.16		8.62	9.01	7.94	7.30	8.81	7.61	

Berry, Mike (USA) (1991)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2016 USA Olympic Trials (Eugene, OR)																	*Track Newsletter (2016) - US olympic trials men*
date 03-Jul-16	time		11.3	22.1		33.4		45.9	45.90	1 / 8							
reaction time 0.249	interval			10.80		11.30		12.50		# of strides	11.30	10.80	11.30	12.50	22.10	23.80	1.70
	velocity		8.85	9.26		8.85		8.00	8.71		8.85	9.26	8.85	8.00	9.05	8.40	

FINAL - 2014 USATF National Championships (Sacramento, CA) *Track Newsletter (2014) - USATF men's championships*

date	28-Jun-14	time	11.5	22.4	33.5	45.1	45.12	/ 6							
reaction time		interval		10.9	11.1	11.6		# of strides	11.50	10.90	11.10	11.60	22.40	22.70	0.30
		velocity	8.70	9.17	9.01	8.62	8.87		8.70	9.17	9.01	8.62	8.93	8.81	

FINAL - 2014 NCAA Championships (Eugene, OR) *Track Newsletter (2014) - NCAA men's championships*

date	13-Jun-14	time		21.9		32.9		45.1	45.07	6 / 2					
reaction time		interval				11.00		12.20		# of strides			11.00	12.20	21.90	23.20	1.30
		velocity		9.13		9.09		8.20	8.88				9.09	8.20	9.13	8.62	

FINAL - 2011 USATF National Championships (Eugene, OR) *Track Newsletter (2011) - USATF men's championships*

date	25-Jun-11	time	11.6	22.3	33.3	45.2	45.22	/ 5							
reaction time	0.169	interval		10.70	11.00	11.90		# of strides	11.60	10.70	11.00	11.90	22.30	22.90	0.60
		velocity	8.62	9.35	9.09	8.40	8.85		8.62	9.35	9.09	8.40	8.97	8.73	

Betters, LaJerald (USA) (1988)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 2 - 2008 USA Olympic Trials (Eugene, OR)																			*USATF Women's Sprint Development with HPC (2008)*
date	30-Jun-08	time		11.16	16.19	21.56	27.11	32.98	38.92	45.55	45.55	6 / 5							
reaction time		interval			5.03	5.37	5.55	5.87	5.94	6.63		# of strides	11.16	10.40	11.42	12.57	21.56	23.99	2.43
		velocity		8.96	9.94	9.31	9.01	8.52	8.42	7.54	8.78		8.96	9.62	8.76	7.96	9.28	8.34	
FINAL - 2007 NCAA Championships (Sacramento, CA)																			*Track Newsletter (2006) - NCAA men's championships*
date	09-Jun-07	time						33.5		45.7	45.66	1 / 6							
reaction time		interval								12.2		# of strides				12.20			
		velocity						8.96		8.20	8.76					8.20			

Bezabeh, Tegegne (ETH) (1941)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1968 Olympic Games (Mexico City, MEX) (*Altitude*)																			*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*
date	18-Oct-68	time				21.9		33.1		45.4	45.42	4 / 6							
reaction time		interval						11.20		12.30	NR	# of strides			11.20	12.30	21.90	23.50	1.60
		velocity				9.13		8.93		8.13	8.81				8.93	8.13	9.13	8.51	

Bingham, Michael (GBR) (1986)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2009 IAAF World Championships (Berlin, GER)																			*Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*
date	21-Aug-09	time		11.19		21.84		33.02		45.56	45.56	8 / 7							
reaction time	0.172	interval				10.65		11.18		12.54		# of strides	11.19	10.65	11.18	12.54	21.84	23.72	1.88
		velocity		8.94		9.39		8.94		7.97	8.78	170.5	8.94	9.39	8.94	7.97	9.16	8.43	
Semi-Final 1 - 2009 IAAF World Championships (Berlin, GER)																			*Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*
date	19-Aug-09	time		11.15		21.84		32.76		44.74	44.74	8 / 2							
reaction time	0.173	interval				10.69		10.92		11.98	PB	# of strides	11.15	10.69	10.92	11.98	21.84	22.90	1.06
		velocity		8.97		9.35		9.16		8.35	8.94	169.0	8.97	9.35	9.16	8.35	9.16	8.73	
Heat 3 - 2009 IAAF World Championships (Berlin, GER)																			*Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*
date	18-Aug-09	time		11.11		21.90		33.34		45.54	45.54	5 / 2							
reaction time	0.149	interval				10.79		11.44		12.20		# of strides	11.11	10.79	11.44	12.20	21.90	23.64	1.74
		velocity		9.00		9.27		8.74		8.20	8.78		9.00	9.27	8.74	8.20	9.13	8.46	

Bingham, Michael (USA) (1986)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2007 NCAA Championships (Sacramento, CA)																			*Track Newsletter (2006) - NCAA men's championships*
date	09-Jun-07	time						33.2		45.6	45.57	4 / 5							
reaction time		interval								12.4	PB	# of strides				12.40			
		velocity						9.04		8.06	8.78					8.06			

Biron, Gilles (FRA) (1995)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Repechage 1 - 2024 Olympic Games (Paris, FRA)																			*Paris 2024 Olympic Games - Results Book (2024)*
date	05-Aug-24	time	6.24	11.25	16.28	21.56	27.20	33.05	39.22	45.87	45.87	8 / 2							
reaction time	0.187	interval		5.01	5.03	5.28	5.64	5.85	6.17	6.65		# of strides	11.25	10.31	11.49	12.82	21.56	24.31	2.75
		velocity	8.01	9.98	9.94	9.47	8.87	8.55	8.10	7.52	8.72	178.7	8.89	9.70	8.70	7.80	9.28	8.23	
Heat 6 - 2024 Olympic Games (Paris, FRA)																			*Paris 2024 Olympic Games - Results Book (2024)*
date	04-Aug-24	time	6.31	11.35	16.43	21.67	27.22	33.12	39.40	46.19	46.19	4 / 7							
reaction time	0.194	interval		5.04	5.08	5.24	5.55	5.90	6.28	6.79		# of strides	11.35	10.32	11.45	13.07	21.67	24.52	2.85
		velocity	7.92	9.92	9.84	9.54	9.01	8.47	7.96	7.36	8.66	180.0	8.81	9.69	8.73	7.65	9.23	8.16	
Semi-Final 3 - 2024 European Athletics Championships (Roma, ITA)																			*European Athletics (2024) - 2024 european athletics championships - results book*
date	09-Jun-24	time		11.35		21.87		33.13		45.91	45.91	8 / ~~5~~ 4							
reaction time	0.160	interval				10.52		11.26		12.78		# of strides	11.35	10.52	11.26	12.78	21.87	24.04	2.17
		velocity		8.81		9.51		8.88		7.82	8.71	181.0	8.81	9.51	8.88	7.82	9.14	8.32	
FINAL - 2023 Prefontaine Classic (Eugene, OR)																			*Omega Timing (2023) - diamond league race analysis*
date	16-Sep-23	time	6.37	11.48	16.72	22.06	27.56	33.20	39.14	45.51	45.51	1 / 7							
reaction time	0.174	interval		5.11	5.24	5.34	5.50	5.64	5.94	6.37		# of strides	11.48	10.58	11.14	12.31	22.06	23.45	1.39
		velocity	7.85	9.78	9.54	9.36	9.09	8.87	8.42	7.85	8.79		8.71	9.45	8.98	8.12	9.07	8.53	
FINAL - 2023 Memorial van Damme (Brussels, BEL)																			*Omega Timing (2023) - diamond league race analysis*
date	08-Sep-23	time	6.16	11.14	16.23	21.58	27.08	32.73	38.75	45.26	45.26	8 / 5							
reaction time	0.185	interval		4.98	5.09	5.35	5.50	5.65	6.02	6.51		# of strides	11.14	10.44	11.15	12.53	21.58	23.68	2.10
		velocity	8.12	10.04	9.82	9.35	9.09	8.85	8.31	7.68	8.84	177.0	8.98	9.58	8.97	7.98	9.27	8.45	
FINAL - 2023 Xiamen Diamond League (Xiamen, CHN)																			*Omega Timing (2023) - diamond league race analysis*
date	02-Sep-23	time	6.30	11.40	16.63	22.08	27.50	33.11	38.87	45.10	45.10	9 / 5							
reaction time	0.198	interval		5.10	5.23	5.45	5.42	5.61	5.76	6.23		# of strides	11.40	10.68	11.03	11.99	22.08	23.02	0.94
		velocity	7.94	9.80	9.56	9.17	9.23	8.91	8.68	8.03	8.87	176.5	8.77	9.36	9.07	8.34	9.06	8.69	
Semi-Final 3 - 2022 European Athletics Championships (Munich, GER)																			*European Athletics (2022) - european athletics championships race analysis*
date	16-Aug-22	time		11.44		22.06		33.38		45.75	45.75	1 / 3							
reaction time	0.165	interval				10.62		11.32		12.37		# of strides	11.44	10.62	11.32	12.37	22.06	23.69	1.63
		velocity		8.74		9.42		8.83		8.08	8.74	179.0	8.74	9.42	8.83	8.08	9.07	8.44	
Heat 3 - 2022 European Athletics Championships (Munich, GER)																			*European Athletics (2022) - european athletics championships race analysis*
date	15-Aug-22	time		11.10		21.53		33.01		45.82	45.82	8 / 2							
reaction time	0.157	interval				10.43		11.48		12.81		# of strides	11.10	10.43	11.48	12.81	21.53	24.29	2.76
		velocity		9.01		9.59		8.71		7.81	8.73		9.01	9.59	8.71	7.81	9.29	8.23	

Black, Roger (GBR) (1966)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1997 European Cup (Munich, GER)																			*Jung (2003) - http://www.fgs.uni-halle.de*
date	21-Jun-97	time		11.61		22.41		33.56		45.65	45.63	/ 1							
reaction time		interval				10.80		11.15		12.09		# of strides	11.61	10.80	11.15	12.09	22.41	23.24	0.83
		velocity		8.61		9.26		8.97		8.27	8.77		8.61	9.26	8.97	8.27	8.92	8.61	

FINAL - 1996 Olympic Games (Atlanta, GA) — *Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*

date	29-Jul-96	time		21.36	32.3	44.41	44.41	3 / 2						
reaction time	0.205	interval			10.94	12.11		# of strides			10.94	12.11	21.36	23.05	1.69
		velocity		9.36	9.14	8.26	9.01				9.14	8.26	9.36	8.68	

FINAL - 1991 IAAF World Championships (Tokyo, JPN) — *Mochida (2008) - about the race pattern of the men's 400m in the world's top level*

date	29-Aug-91	time	11.00	21.15	32.05	44.62	44.62	3 / 2							
reaction time		interval		10.15	10.90	12.57		# of strides	11.00	10.15	10.90	12.57	21.15	23.47	2.32
		velocity	9.09	9.85	9.17	7.96	8.96	164.5	9.09	9.85	9.17	7.96	9.46	8.52	

FINAL - 1991 KVP-Galan (Malmo, SWE) — *Behm (1995) - colloque 400m haies*

date	05-Aug-91	time	11.23	21.53	32.63	44.71	44.71	/ 1							
reaction time		interval		10.30	11.10	12.08		# of strides	11.23	10.30	11.10	12.08	21.53	23.18	1.65
		velocity	8.90	9.71	9.01	8.28	8.95		8.90	9.71	9.01	8.28	9.29	8.63	

FINAL - 1991 European Cup (Frankfurt, GER) — *Federle (2003) - http://www.fgs.uni-halle.de*

date	29-Jun-91	time	11.53	21.91	32.90	44.91	44.91	/ 1							
reaction time		interval		10.38	10.99	12.01		# of strides	11.53	10.38	10.99	12.01	21.91	23.00	1.09
		velocity	8.67	9.63	9.10	8.33	8.91		8.67	9.63	9.10	8.33	9.13	8.70	

Black, Sam (USA) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 1 - 2024 USA Olympic Trials (Eugene, OR)											*USATF and Karmarush (2024) - USA Olympic trials results and race analysis*						
date	21-Jun-24	time	11.74	22.98	35.19	48.78	48.78	6 / 5									
reaction time		interval		11.24	12.21	13.59		# of strides	11.74	11.24	12.21	13.59	22.98	25.80	2.82
		velocity	8.52	8.90	8.19	7.36	8.20		8.52	8.90	8.19	7.36	8.70	7.75	

Blackman, Evan (GBR) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2025 London Athletics Meet (London, GBR)											*Omega Timing (2025) - diamond league race analysis*						
date	19-Jul-25	time	6.26	11.39	16.49	21.79	27.46	33.49	39.64	46.21	46.21	7 / 4						
reaction time	0.152	interval		5.13	5.10	5.30	5.67	6.03	6.15	6.57		# of strides	11.39	10.40	11.70	12.72	21.79	24.42	2.63
		velocity	7.99	9.75	9.80	9.43	8.82	8.29	8.13	7.61	8.66		8.78	9.62	8.55	7.86	9.18	8.19	

Blackwood, Michael (JAM) (1976)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2004 Olympic Games (Athens, GRE)											*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*						
date	23-Aug-04	time		21.6		32.7		45.6	45.55	1 / 8							
reaction time	0.218	interval				11.1		12.9		# of strides			11.10	12.90	21.60	24.00	2.40
		velocity		9.26		9.01		7.75	8.78				9.01	7.75	9.26	8.33	

FINAL - 2003 IAAF World Championships (Paris, FRA) — *Bonvin (2003) - Compte-rendu 400m et relais 4x 400m*

date	26-Aug-03	time		21.4		32.4		44.80	44.80	2 / ~~4~~ 3							
reaction time	0.158	interval				11.00		12.40		# of strides			11.00	12.40	21.40	23.40	2.00
		velocity		9.35		9.09		8.06	8.93				9.09	8.06	9.35	8.55	

Bláha, Karel (CZE) (1975)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2002 European Championships (Munich, GER)											*Graubner (2009) - http://www.fgs.uni-halle.de*						
date	08-Aug-02	time	11.72	22.35	33.73	46.21	46.21	2 / 7									
reaction time	0.152	interval		10.63	11.38	12.48		# of strides	11.72	10.63	11.38	12.48	22.35	23.86	1.51
		velocity	8.53	9.41	8.79	8.01	8.66		8.53	9.41	8.79	8.01	8.95	8.38	

Semi-Final 2 - 2002 European Championships (Munich, GER) — *Graubner (2009) - http://www.fgs.uni-halle.de*

date	07-Aug-02	time	11.34	21.85	33.22	46.15	46.15	/ 4							
reaction time	0.161	interval		10.51	11.37	12.93		# of strides	11.34	10.51	11.37	12.93	21.85	24.30	2.45
		velocity	8.82	9.51	8.80	7.73	8.67		8.82	9.51	8.80	7.73	9.15	8.23	

Heat 4 - 2002 European Championships (Munich, GER) — *Graubner (2009) - http://www.fgs.uni-halle.de*

date	06-Aug-02	time	11.75	22.46	33.74	46.03	46.03	/ 1							
reaction time	0.154	interval		10.71	11.28	12.29		# of strides	11.75	10.71	11.28	12.29	22.46	23.57	1.11
		velocity	8.51	9.34	8.87	8.14	8.69		8.51	9.34	8.87	8.14	8.90	8.49	

Blair, Anthony (USA) (1957)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1980 USA Olympic Trials (Eugene, OR)											*Track Newsletter (1980) - US olympic trials*						
date	27-Jun-80	time	12.1	23.5	34.5	46.6	46.57	/ 6									
reaction time		interval		11.40	11.00	12.07		# of strides	12.10	11.40	11.00	12.07	23.50	23.07	-0.43
		velocity	8.26	8.77	9.09	8.29	8.59		8.26	8.77	9.09	8.29	8.51	8.67	

Blakely, Fernada (USA) (1981)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 1 - 2008 USA Olympic Trials (Eugene, OR)											*USATF Women's Sprint Development with HPC (2008)*						
date	30-Jun-08	time	11.29	22.00	27.64	33.63	39.88	46.72	46.72	1 / 8							
reaction time		interval		10.71	5.64	5.99	6.25	6.84		# of strides	11.29	10.71	11.63	13.09	22.00	24.72	2.72
		velocity	8.86	9.34	8.87	8.35	8.00	7.31	8.56		8.86	9.34	8.60	7.64	9.09	8.09	

Blasi, Pau (AND) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B Final - 2023 European Team Championships, Third Division (Chorzów, POL)											*European Athletics (2023) - 3rd european games, athletics - results book*						
date	20-Jun-23	time	11.85	22.89		35.04		48.51	48.51	5 / 1							
reaction time	0.233	interval		11.04		12.15		13.47	PB	# of strides	11.85	11.04	12.15	13.47	22.89	25.62	2.73
		velocity	8.44	9.06		8.23		7.42	8.25		8.44	9.06	8.23	7.42	8.74	7.81	

Blockburger, Johnnie (USA) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 2 - 2025 USATF Championships (Eugene, OR)											*USATF and Karmarush (2025) - USATF championships results and race analysis*						
date	01-Aug-25	time	11.14	21.43		32.93		45.65	45.65	3 / 5							
reaction time		interval		10.29		11.50		12.72		# of strides	11.14	10.29	11.50	12.72	21.43	24.22	2.79
		velocity	8.98	9.72		8.70		7.86	8.76		8.98	9.72	8.70	7.86	9.33	8.26	

Semi-Final 3 - 2024 USA Olympic Trials (Eugene, OR) — *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	23-Jun-24	time		11.05		21.56		33.11		45.63	45.63	6 / 3						
reaction time		interval				10.51		11.55		12.52		# of strides	11.05	10.51	11.55	12.52	21.56	24.07	2.51
		velocity		9.05		9.51		8.66		7.99	8.77	171.0	9.05	9.51	8.66	7.99	9.28	8.31	

Heat 3 - 2024 USA Olympic Trials (Eugene, OR) *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	21-Jun-24	time		11.02		21.47		33.03		45.08	45.08	9 / 1						
reaction time		interval				10.45		11.56		12.05		# of strides			11.56	12.05	21.47	23.61	2.14
		velocity		9.07		9.57		8.65		8.30	8.87	162.0			8.65	8.30	9.32	8.47	

Bloomfield, Akeem (JAM) (1997)

FINAL - 2019 IAAF World Championships (Doha, QAT) *Yamanaka (2019) - race analysis of men and women 400m competition*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	04-Oct-19	time	6.33	11.15	16.15	21.40	26.84	32.66	38.74	45.36	45.36	2 / 8							
reaction time	0.196	interval		4.82	5.00	5.25	5.44	5.82	6.08	6.62		# of strides	11.15	10.25	11.26	12.70	21.40	23.96	2.56
		velocity	7.90	10.37	10.00	9.52	9.19	8.59	8.22	7.55	8.82	164.0	8.97	9.76	8.88	7.87	9.35	8.35	

Semi-Final 3 - 2019 IAAF World Championships (Doha, QAT) *Yamanaka (2019) - race analysis of men and women 400m competition*

date	02-Oct-19	time	6.24	11.14	16.12	21.25	26.66	32.34	38.29	44.77	44.77	6 / 3							
reaction time	0.207	interval		4.90	4.98	5.13	5.41	5.68	5.95	6.48		# of strides	11.14	10.11	11.09	12.43	21.25	23.52	2.27
		velocity	8.01	10.20	10.04	9.75	9.24	8.80	8.40	7.72	8.93	162.5	8.98	9.89	9.02	8.05	9.41	8.50	

FINAL - 2019 Memorial van Damme (Brussels, BEL) *Omega Timing (2019) - diamond league race analysis*

date	06-Sep-19	time	6.2	10.9	15.8	20.8	26.2	32.0	38.0	44.67	44.67	6 / 3							
reaction time	0.184	interval		4.7	4.9	5.0	5.4	5.8	6.0	12.7		# of strides	10.90	9.90	11.20	12.67	20.80	23.87	3.07
		velocity	8.06	10.64	10.20	10.00	9.26	8.62	8.33	7.89	8.95	164.0	9.17	10.10	8.93	7.89	9.62	8.38	

FINAL - 2019 Müller Grand Prix (Birmingham, GBR) *Omega Timing (2019) - diamond league race analysis*

date	18-Aug-19	time		11.4		21.8		33.0		45.04	45.04	6 / 1							
reaction time	0.191	interval				10.4		11.2		12.0		# of strides	11.40	10.40	11.20	12.04	21.80	23.24	1.44
		velocity		8.77		9.62		8.93		8.31	8.88	164.0	8.77	9.62	8.93	8.31	9.17	8.61	

FINAL - 2019 Müller Anniversary Games (London, GBR) *Omega Timing (2019) - diamond league race analysis*

date	21-Jul-19	time		11.1		21.0		32.1		44.40	44.40	5 / 1							
reaction time	0.184	interval				9.9		11.1		12.3		# of strides	11.10	9.90	11.10	12.30	21.00	23.40	2.40
		velocity		9.01		10.10		9.01		8.13	9.01	163.7	9.01	10.10	9.01	8.13	9.52	8.55	

FINAL - 2018 NCAA Championships (Eugene, OR) *Track Newsletter (2018) - NCAA men's championships*

date	08-Jun-18	time				20.9		31.8		43.9	43.94	/ 2							
reaction time		interval						10.90		12.10	PB	# of strides			10.90	12.10	20.90	23.00	2.10
		velocity				9.57		9.17		8.26	9.10				9.17	8.26	9.57	8.70	

FINAL - 2017 NCAA Championships (Eugene, OR) *Track Newsletter (2017) - NCAA men's championships*

date	09-Jun-17	time				21.1		32.4		45.1	45.13	/ 5							
reaction time		interval						11.30		12.70		# of strides			11.30	12.70	21.10	24.00	2.90
		velocity				9.48		8.85		7.87	8.86				8.85	7.87	9.48	8.33	

Boase, Jordan (USA) (1985)

Semi-Final 1 - 2008 USA Olympic Trials (Eugene, OR) *USATF Women's Sprint Development with HPC (2008)*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	30-Jun-08	time		11.42		22.12	27.66	33.72	39.82	46.60	46.60	3 / 7							
reaction time		interval				10.70	5.54	6.06	6.10	6.78		# of strides	11.42	10.70	11.60	12.88	22.12	24.48	2.36
		velocity		8.76		9.35	9.03	8.25	8.20	7.37	8.58		8.76	9.35	8.62	7.76	9.04	8.17	

Boccardo, Jean-Pierre (FRA) (1942)

FINAL - 1962 ???? (Toulouse, FRA) *Quercentani (1962). European report, 15'9" for Nikula*

date	31-May-62	time				22.1				47.2	47.2	/ 1							
reaction time		interval								25.1		# of strides					22.10	25.10	3.00
		velocity				9.05				7.97	8.47						9.05	7.97	

Boers, Isayah (NED) (1999)

National FINAL - 2024 FBK Games (Hengelo, NED) *Omega Timing (2024) - continental tour gold race analysis*

date	07-Jul-24	time	6.16	11.04	16.00	21.22	26.77	32.63	38.91	45.86	45.86	6 / 1							
reaction time	0.174	interval		4.88	4.96	5.22	5.55	5.86	6.28	6.95		# of strides	11.04	10.18	11.41	13.23	21.22	24.64	3.42
		velocity	8.12	10.25	10.08	9.58	9.01	8.53	7.96	7.19	8.72		9.06	9.82	8.76	7.56	9.43	8.12	

B Race - 2023 Memorial van Damme (Brussels, BEL) *Omega Timing (2023) - diamond league race analysis*

date	08-Sep-23	time	6.10	10.98	16.08	21.49	27.15	32.97	39.03	45.47	45.47	4 / 1							
reaction time	0.167	interval		4.88	5.10	5.41	5.66	5.82	6.06	6.44		# of strides	10.98	10.51	11.48	12.50	21.49	23.98	2.49
		velocity	8.20	10.25	9.80	9.24	8.83	8.59	8.25	7.76	8.80		9.11	9.51	8.71	8.00	9.31	8.34	

FINAL - 2023 FBK Games (Hengelo, NED) *Omega Timing (2023) - continental tour race analysis*

date	04-Jun-23	time	6.05	10.94	16.03	21.40	27.08	33.14	39.84	47.19	47.19	3 / 8							
reaction time	0.161	interval		4.89	5.09	5.37	5.68	6.06	6.70	7.35		# of strides	10.94	10.46	11.74	14.05	21.40	25.79	4.39
		velocity	8.26	10.22	9.82	9.31	8.80	8.25	7.46	6.80	8.48	174.5	9.14	9.56	8.52	7.12	9.35	7.75	

FINAL - 2022 FBK Games (Hengelo, NED) *Omega Timing (2022) - continental tour race analysis*

date	06-Jun-22	time	6.0	10.9	15.9	21.3	26.9	33.0	39.5	46.69	46.69	2 / 6							
reaction time	0.159	interval		4.90	5.00	5.40	5.60	6.10	6.50	7.19		# of strides	10.90	10.40	11.70	13.69	21.30	25.39	4.09
		velocity	8.33	10.20	10.00	9.26	8.93	8.20	7.69	6.95	8.57		9.17	9.62	8.55	7.30	9.39	7.88	

Boling, Matthew (USA) (2000)

Long Sprints - 2025 Grand Slam Track Philadelphia (Philadelphia, PA) *Grand Slam Track (2025) - results and splits by race*

date	31-May-25	time		14.11		24.46		35.86		45.21	45.21	4 / 5							
reaction time	0.350	interval				10.35		11.40		9.35		# of strides	14.11	10.35	11.40	9.35	24.46	20.75	-3.71
		velocity		7.09		9.66		8.77		10.70	8.85		7.09	9.66	8.77	10.70	8.18	9.64	

FINAL - 2024 USA Olympic Trials (Eugene, OR) *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	24-Jun-24	time	10.68	20.92	32.32	45.15	45.15	3 / 8									
reaction time		interval		10.24	11.40	12.83		# of strides	10.68	10.24	11.40	12.83	20.92	24.23	3.31		
		velocity	9.36	9.77	8.77	7.79	8.86	177.0	9.36	9.77	8.77	7.79	9.56	8.25			

Semi-Final 1 - 2024 USA Olympic Trials (Eugene, OR) *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	23-Jun-24	time	10.78	21.02	32.65	44.91	44.91	8 / 3									
reaction time		interval		10.24	11.63	12.26	PB	# of strides	10.78	10.24	11.63	12.26	21.02	23.89	2.87		
		velocity	9.28	9.77	8.60	8.16	8.91		9.28	9.77	8.60	8.16	9.51	8.37			

Heat 1 - 2024 USA Olympic Trials (Eugene, OR) *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	21-Jun-24	time	10.70	21.06	32.46	44.94	44.94	4 / 2									
reaction time		interval		10.36	11.40	12.48	PB	# of strides	10.70	10.36	11.40	12.48	21.06	23.88	2.82		
		velocity	9.35	9.65	8.77	8.01	8.90	173.0	9.35	9.65	8.77	8.01	9.50	8.38			

FINAL - 2023 USATF National Championships (Eugene, OR) *Track Newsletter (2023) - USATF championships/WCT men*

date	08-Jul-23	time	11.00	21.49	32.78	45.17	45.17	8 / 6									
reaction time	0.216	interval		10.49	11.29	12.39	PB	# of strides	11.00	10.49	11.29	12.39	21.49	23.68	2.19		
		velocity	9.09	9.53	8.86	8.07	8.86		9.09	9.53	8.86	8.07	9.31	8.45			

Bolt, Usain (JAM) (1986)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Heat 4 - 2009 University of West Indies Invitational (Kingston, JAM) *Vazel (2009) - http://futuranterieur.files.wordpress.com*

date	21-Feb-09	time	10.9	21.6	33.0	45.54	45.54	/ 1									
reaction time		interval		10.70	11.40	12.54		# of strides	10.90	10.70	11.40	12.54	21.60	23.94	2.34		
		velocity	9.17	9.35	8.77	7.97	8.78		9.17	9.35	8.77	7.97	9.26	8.35			

Bondoc, Marian Adrian (ROU) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Semi-Final 2 - 2021 European Athletics U20 Championships (Tallin, EST) *European Athletics (2021) - european athletics U20 championships results book*

date	15-Jul-21	time	12.07	23.28	35.35	48.30	48.30	7 / 6									
reaction time	0.213	interval		11.21	12.07	12.95		# of strides	12.07	11.21	12.07	12.95	23.28	25.02	1.74		
		velocity	8.29	8.92	8.29	7.72	8.28		8.29	8.92	8.29	7.72	8.59	7.99			

Bonevacia, Liemarvin (NED) (1989)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Semi-Final 3 - 2024 European Athletics Championships (Roma, ITA) *European Athletics (2024) - 2024 european athletics championships - results book*

date	09-Jun-24	time	11.11	21.45	32.69	45.17	45.17	6 / 2									
reaction time	0.160	interval		10.34	11.24	12.48		# of strides	11.11	10.34	11.24	12.48	21.45	23.72	2.27		
		velocity	9.00	9.67	8.90	8.01	8.86	181.2	9.00	9.67	8.90	8.01	9.32	8.43			

FINAL - 2023 Weltklasse (Zürich, SUI) *Omega Timing (2023) - diamond league race analysis*

date	31-Aug-23	time	6.36	11.45	16.64	22.03	27.59	33.35	39.43	46.25	46.25	5 / 5					
reaction time	0.172	interval		5.09	5.19	5.39	5.56	5.76	6.08	6.82		# of strides	11.45	10.58	11.32	12.90	22.03	24.22	2.19
		velocity	7.86	9.82	9.63	9.28	8.99	8.68	8.22	7.33	8.65		8.73	9.45	8.83	7.75	9.08	8.26	

Semi-Final 2 - 2023 World Athletics Championships (Budapest, HUN) *Seiko Timing (2023) - world championship race analysis*

date	22-Aug-23	time	11.32	21.45	32.78	45.23	45.23	4 / 5									
reaction time	0.175	interval		10.13	11.33	12.45		# of strides	11.32	10.13	11.33	12.45	21.45	23.78	2.33		
		velocity	8.83	9.87	8.83	8.03	8.84	181.0	8.83	9.87	8.83	8.03	9.32	8.41			

Heat 2 - 2023 World Athletics Championships (Budapest, HUN) *Seiko Timing (2023) - world championship race analysis*

date	20-Aug-23	time	11.53	21.88	33.13	44.78	44.78	7 / 3									
reaction time	0.186	interval		10.35	11.25	11.65		# of strides	11.53	10.35	11.25	11.65	21.88	22.90	1.02		
		velocity	8.67	9.66	8.89	8.58	8.93	178.0	8.67	9.66	8.89	8.58	9.14	8.73			

FINAL - 2023 London Athletics Meet (London, GBR) *Omega Timing (2023) - diamond league race analysis*

date	23-Jul-23	time	6.25	11.24	16.42	21.76	27.36	33.09	39.03	45.51	45.51	8 / 7					
reaction time	0.159	interval		4.99	5.18	5.34	5.60	5.73	5.94	6.48		# of strides	11.24	10.52	11.33	12.42	21.76	23.75	1.99
		velocity	8.00	10.02	9.65	9.36	8.93	8.73	8.42	7.72	8.79	182.0	8.90	9.51	8.83	8.05	9.19	8.42	

FINAL - 2023 Athletissima (Lausanne, SUI) *Omega Timing (2023) - diamond league race analysis*

date	30-Jun-23	time	6.31	11.40	16.50	21.82	27.36	33.22	39.37	46.29	46.29	4 / 5					
reaction time	0.148	interval		5.09	5.10	5.32	5.54	5.86	6.15	6.92		# of strides	11.40	10.42	11.40	13.07	21.82	24.47	2.65
		velocity	7.92	9.82	9.80	9.40	9.03	8.53	8.13	7.23	8.64		8.77	9.60	8.77	7.65	9.17	8.17	

A Final - 2023 European Team Championships, First Division (Chorzów, POL) *European Athletics (2023) - 3rd european games, athletics - results book*

date	23-Jun-23	time	11.32	21.63	32.89	45.06	45.06	5 / 3									
reaction time	0.213	interval		10.31	11.26	12.17		# of strides	11.32	10.31	11.26	12.17	21.63	23.43	1.80		
		velocity	8.83	9.70	8.88	8.22	8.88	179.5	8.83	9.70	8.88	8.22	9.25	8.54			

FINAL - 2023 FBK Games (Hengelo, NED) *Omega Timing (2023) - continental tour race analysis*

date	04-Jun-23	time	6.28	11.28	16.38	21.74	27.26	33.01	39.08	45.87	45.87	5 / 5					
reaction time	0.147	interval		5.00	5.10	5.36	5.52	5.75	6.07	6.79		# of strides	11.28	10.46	11.27	12.86	21.74	24.13	2.39
		velocity	7.96	10.00	9.80	9.33	9.06	8.70	8.24	7.36	8.72	182.5	8.87	9.56	8.87	7.78	9.20	8.29	

FINAL - 2022 Weltklasse (Zürich, SUI) *Omega Timing (2022) - diamond league race analysis*

date	08-Sep-22	time	6.27	11.37	16.61	21.92	27.40	33.13	39.23	45.84	45.84	1 / 7					
reaction time	0.143	interval		5.10	5.24	5.31	5.48	5.73	6.10	6.61		# of strides	11.37	10.55	11.21	12.71	21.92	23.92	2.00
		velocity	7.97	9.80	9.54	9.42	9.12	8.73	8.20	7.56	8.73		8.80	9.48	8.92	7.87	9.12	8.36	

FINAL - 2022 European Athletics Championships (Munich, GER) *European Athletics (2022) - european athletics championships race analysis*

date	17-Aug-22	time	11.13	21.36	32.66	45.17	45.17	5 / 4									
reaction time	0.177	interval		10.23	11.30	12.51		# of strides	11.13	10.23	11.30	12.51	21.36	23.81	2.45		
		velocity	8.98	9.78	8.85	7.99	8.86	181.0	8.98	9.78	8.85	7.99	9.36	8.40			

Semi-Final 3 - 2022 European Athletics Championships (Munich, GER) *European Athletics (2022) - european athletics championships race analysis*

date	16-Aug-22	time	11.44	21.79	32.99	45.40	45.40	6 / 1									
reaction time	0.179	interval		10.35	11.20	12.41		# of strides	11.44	10.35	11.20	12.41	21.79	23.61	1.82		

	velocity		8.74		9.66		8.93		8.06	8.81	177.7	8.74	9.66	8.93	8.06	9.18	8.47	

FINAL - 2022 Silesia Kamila Skolimowska Memorial (Chorzów, POL) *Omega Timing (2022) - diamond league race analysis*

date	06-Aug-22	time	6.24	11.19	16.24	21.43	26.90	32.70	38.82	45.50	45.50	1 / 8						
reaction time	0.151	interval		4.95	5.05	5.19	5.47	5.80	6.12	6.68		# of strides	11.19	10.24	11.27	12.80	21.43	24.07	2.64
		velocity	8.01	10.10	9.90	9.63	9.14	8.62	8.17	7.49	8.79		8.94	9.77	8.87	7.81	9.33	8.31	

Semi-Final 3 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	20-Jul-22	time		11.54		21.77		32.86		45.50	45.50	5 / 6						
reaction time	0.159	interval				10.23		11.09		12.64		# of strides	11.54	10.23	11.09	12.64	21.77	23.73	1.96
		velocity		8.67		9.78		9.02		7.91	8.79	180.2	8.67	9.78	9.02	7.91	9.19	8.43	

Heat 6 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	17-Jul-22	time		11.65		22.33		33.76		45.82	45.82	6 / 2						
reaction time	0.158	interval				10.68		11.43		12.06		# of strides	11.65	10.68	11.43	12.06	22.33	23.49	1.16
		velocity		8.58		9.36		8.75		8.29	8.73	180.5	8.58	9.36	8.75	8.29	8.96	8.51	

FINAL - 2022 Meeting de Paris (Paris, FRA) *Omega Timing (2022) - diamond league race analysis*

date	16-Jun-22	time	6.29	11.24	16.28	21.61	27.16	33.00	39.11	45.75	45.75	8 / 5						
reaction time	0.188	interval		4.95	5.04	5.33	5.55	5.84	6.11	6.64		# of strides	11.24	10.37	11.39	12.75	21.61	24.14	2.53
		velocity	7.95	10.10	9.92	9.38	9.01	8.56	8.18	7.53	8.74	185.5	8.90	9.64	8.78	7.84	9.25	8.29	

FINAL - 2022 Bislett Games (Oslo, NOR) *Omega Timing (2022) - diamond league race analysis*

date	16-Jun-22	time	6.30	11.31	16.42	21.73	27.28	33.15	39.23	45.77	45.77	5 / 5						
reaction time	0.146	interval		5.01	5.11	5.31	5.55	5.87	6.08	6.54		# of strides	11.31	10.42	11.42	12.62	21.73	24.04	2.31
		velocity	7.94	9.98	9.78	9.42	9.01	8.52	8.22	7.65	8.74	184.0	8.84	9.60	8.76	7.92	9.20	8.32	

FINAL - 2022 Golden Gala Pietro Mennea (Rome, ITA) *Omega Timing (2022) - diamond league race analysis*

date	09-Jun-22	time	6.32	11.45	16.69	22.08	27.53	33.28	39.25	45.79	45.79	3 / 6						
reaction time	0.166	interval		5.13	5.24	5.39	5.45	5.75	5.97	6.54		# of strides	11.45	10.63	11.20	12.51	22.08	23.71	1.63
		velocity	7.91	9.75	9.54	9.28	9.17	8.70	8.38	7.65	8.74		8.73	9.41	8.93	7.99	9.06	8.44	

FINAL - 2022 FBK Games (Hengelo, NED) *Omega Timing (2022) - continental tour race analysis*

date	06-Jun-22	time	6.2	11.2	16.3	21.7	27.3	33.2	39.3	46.11	46.11	5 / 4						
reaction time	0.148	interval		5.00	5.10	5.40	5.60	5.90	6.10	6.81		# of strides	11.20	10.50	11.50	12.91	21.70	24.41	2.71
		velocity	8.06	10.00	9.80	9.26	8.93	8.47	8.20	7.34	8.67	184.0	8.93	9.52	8.70	7.75	9.22	8.19	

FINAL - 2022 Müller Birmingham Diamond League (Birmingham, GBR) *Omega Timing (2022) - diamond league race analysis*

date	21-May-22	time	6.37	11.41	16.53	21.83	27.39	33.36	39.61	46.37	46.37	3 / 6						
reaction time	0.159	interval		5.04	5.12	5.30	5.56	5.97	6.25	6.76		# of strides	11.41	10.42	11.53	13.01	21.83	24.54	2.71
		velocity	7.85	9.92	9.77	9.43	8.99	8.38	8.00	7.40	8.63	185.7	8.76	9.60	8.67	7.69	9.16	8.15	

FINAL - 2021 Weltklasse (Zürich, SUI) *Omega Timing (2021) - diamond league race analysis*

date	09-Sep-21	time	6.4	11.3	16.4	21.6	27.1	32.8	38.9	45.35	45.35	3 / 5						
reaction time	0.156	interval		4.90	5.10	5.20	5.50	5.70	6.10	6.45		# of strides	11.30	10.30	11.20	12.55	21.60	23.75	2.15
		velocity	7.81	10.20	9.80	9.62	9.09	8.77	8.20	7.75	8.82		8.85	9.71	8.93	7.97	9.26	8.42	

FINAL - 2021 Memorial van Damme (Brussels, BEL) *Omega Timing (2021) - diamond league race analysis*

date	03-Sep-21	time	6.3	11.3	16.3	21.5	26.9	32.6	38.6	45.00	45.00	6 / 4						
reaction time	0.135	interval		5.00	5.00	5.20	5.40	5.70	6.00	6.40		# of strides	11.30	10.20	11.10	12.40	21.50	23.50	2.00
		velocity	7.94	10.00	10.00	9.62	9.26	8.77	8.33	7.81	8.89	184.0	8.85	9.80	9.01	8.06	9.30	8.51	

FINAL - 2021 Athletissima (Lausanne, SUI) *Omega Timing (2021) - diamond league race analysis*

date	26-Aug-21	time	6.3	11.5	16.7	22.0	27.5	33.1	39.1	45.41	45.41	5 / 3						
reaction time	0.142	interval		5.20	5.20	5.30	5.50	5.60	6.00	6.31		# of strides	11.50	10.50	11.10	12.31	22.00	23.41	1.41
		velocity	7.94	9.62	9.62	9.43	9.09	8.93	8.33	7.92	8.81		8.70	9.52	9.01	8.12	9.09	8.54	

FINAL - 2020 Olympic Games (Tokyo, JPN) *Omega Timing (2022) - Tokyo 2020 - race analysis - men's 400m final*

date	05-Aug-21	time	6.26	11.16	16.06	21.14	26.49	32.21	38.30	45.07	45.07	3 / 8						
reaction time	0.168	interval		4.90	4.90	5.08	5.35	5.72	6.09	6.77		# of strides	11.16	9.98	11.07	12.86	21.14	23.93	2.79
		velocity	7.99	10.20	10.20	9.84	9.35	8.74	8.21	7.39	8.88	182.7	8.96	10.02	9.03	7.78	9.46	8.36	

FINAL - 2021 Bauhaus Galan (Stockholm, SWE) *Omega Timing (2021) - diamond league race analysis*

date	04-Jul-21	time	6.5	11.5	16.4	21.5	26.8	32.5	38.4	44.80	44.80	3 / 3						
reaction time	0.202	interval		5.00	4.90	5.10	5.30	5.70	5.90	6.40		# of strides	11.50	10.00	11.00	12.30	21.50	23.30	1.80
		velocity	7.69	10.00	10.20	9.80	9.43	8.77	8.47	7.81	8.93		8.70	10.00	9.09	8.13	9.30	8.58	

Semi-Final 3 - 2015 IAAF World Championships (Beijing, CHN) *Yamamoto (2015) - race analysis of 15th World Championships 400m- focusing on men's semis and women's prelims*

date	24-Aug-15	time	6.24	11.30	16.43	21.83	27.40	33.10	39.12	45.65	45.65	2 / 8						
reaction time	0.170	interval		5.06	5.13	5.40	5.57	5.70	6.02	6.53		# of strides	11.30	10.53	11.27	12.55	21.83	23.82	1.99
		velocity	8.01	9.88	9.75	9.26	8.98	8.77	8.31	7.66	8.76	182.7	8.85	9.50	8.87	7.97	9.16	8.40	

Borlée, Dylan (BEL) (1992)		**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

Invitational - 2025 Memorial van Damme (Brussels, BEL) *Omega Timing (2025) - diamond league race analysis*

date	22-Aug-25	time	6.12	11.05	16.02	21.18	26.64	32.44	38.47	44.94	44.94	5 / 2						
reaction time	0.157	interval		4.93	4.97	5.16	5.46	5.80	6.03	6.47	PB	# of strides	11.05	10.13	11.26	12.50	21.18	23.76	2.58
		velocity	8.17	10.14	10.06	9.69	9.16	8.62	8.29	7.73	8.90		9.05	9.87	8.88	8.00	9.44	8.42	

Invitational - 2024 Memorial van damme (Brussels, BEL) *Omega Timing (2024) - diamond league race analysis*

date	13-Sep-24	time	6.27	11.41	16.64	22.00	27.50	33.26	39.20	45.59	45.59	4 / 2						
reaction time	0.160	interval		5.14	5.23	5.36	5.50	5.76	5.94	6.39		# of strides	11.41	10.59	11.26	12.33	22.00	23.59	1.59
		velocity	7.97	9.73	9.56	9.33	9.09	8.68	8.42	7.82	8.77		8.76	9.44	8.88	8.11	9.09	8.48	

Repechage 4 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	05-Aug-24	time	6.27	11.34	16.50	21.83	27.40	33.16	39.13	45.51	45.51	7 / 4						

reaction time	0.161	interval		5.07	5.16	5.33	5.57	5.76	5.97	6.38		# of strides	11.34	10.49	11.33	12.35	21.83	23.68	1.85
		velocity	7.97	9.86	9.69	9.38	8.98	8.68	8.38	7.84	8.79	173.0	8.82	9.53	8.83	8.10	9.16	8.45	

Heat 3 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	04-Aug-24	time	6.22	11.23	16.30	21.56	27.07	32.86	38.90	45.36	45.36	7 / 5							
reaction time	0.158	interval		5.01	5.07	5.26	5.51	5.79	6.04	6.46		# of strides	11.23	10.33	11.30	12.50	21.56	23.80	2.24
		velocity	8.04	9.98	9.86	9.51	9.07	8.64	8.28	7.74	8.82	173.0	8.90	9.68	8.85	8.00	9.28	8.40	

Semi-Final 2 - 2024 European Athletics Championships (Roma, ITA) *European Athletics (2024) - 2024 european athletics championships - results book*

date	09-Jun-24	time		11.23		21.73		33.03		45.46	45.46	7 / 6							
reaction time	0.163	interval				10.50		11.30		12.43		# of strides	11.23	10.50	11.30	12.43	21.73	23.73	2.00
		velocity		8.90		9.52		8.85		8.05	8.80	173.2	8.90	9.52	8.85	8.05	9.20	8.43	

Heat 3 - 2024 European Athletics Championships (Roma, ITA) *European Athletics (2024) - 2024 european athletics championships - results book*

date	08-Jun-24	time		11.41		21.88		33.27		45.62	45.62	5 / 4							
reaction time	0.157	interval				10.47		11.39		12.35		# of strides	11.41	10.47	11.39	12.35	21.88	23.74	1.86
		velocity		8.76		9.55		8.78		8.10	8.77		8.76	9.55	8.78	8.10	9.14	8.42	

FINAL - 2023 Memorial van Damme (Brussels, BEL) *Omega Timing (2023) - diamond league race analysis*

date	08-Sep-23	time	6.14	11.09	16.16	21.35	26.85	32.66	38.81	45.39	45.39	3 / 6							
reaction time	0.160	interval		4.95	5.07	5.19	5.50	5.81	6.15	6.58		# of strides	11.09	10.26	11.31	12.73	21.35	24.04	2.69
		velocity	8.14	10.10	9.86	9.63	9.09	8.61	8.13	7.60	8.81	173.7	9.02	9.75	8.84	7.86	9.37	8.32	

FINAL - 2023 Weltklasse (Zürich, SUI) *Omega Timing (2023) - diamond league race analysis*

date	31-Aug-23	time	6.21	11.25	16.40	21.70	27.22	33.07	39.18	45.67	45.67	8 / 3							
reaction time	0.184	interval		5.04	5.15	5.30	5.52	5.85	6.11	6.49		# of strides	11.25	10.45	11.37	12.60	21.70	23.97	2.27
		velocity	8.05	9.92	9.71	9.43	9.06	8.55	8.18	7.70	8.76		8.89	9.57	8.80	7.94	9.22	8.34	

Semi-Final 2 - 2023 World Athletics Championships (Budapest, HUN) *Seiko Timing (2023) - world championship race analysis*

date	22-Aug-23	time		11.16		21.38		32.93		45.59	45.59	3 / 7							
reaction time	0.153	interval				10.22		11.55		12.66		# of strides	11.16	10.22	11.55	12.66	21.38	24.21	2.83
		velocity		8.96		9.78		8.66		7.90	8.77	175.0	8.96	9.78	8.66	7.90	9.35	8.26	

Heat 3 - 2023 World Athletics Championships (Budapest, HUN) *Seiko Timing (2023) - world championship race analysis*

date	20-Aug-23	time		11.25		21.44		32.85		45.24	45.24	6 / 4							
reaction time	0.160	interval				10.19		11.41		12.39		# of strides	11.25	10.19	11.41	12.39	21.44	23.80	2.36
		velocity		8.89		9.81		8.76		8.07	8.84	175.5	8.89	9.81	8.76	8.07	9.33	8.40	

FINAL - 2023 Athletissima (Lausanne, SUI) *Omega Timing (2023) - diamond league race analysis*

date	30-Jun-23	time	6.19	11.25	16.30	21.52	27.02	32.87	39.04	45.86	45.86	8 / 2							
reaction time	0.131	interval		5.06	5.05	5.22	5.50	5.85	6.17	6.82		# of strides	11.25	10.27	11.35	12.99	21.52	24.34	2.82
		velocity	8.08	9.88	9.90	9.58	9.09	8.55	8.10	7.33	8.72		8.89	9.74	8.81	7.70	9.29	8.22	

A Final - 2023 European Team Championships, First Division (Chorzów, POL) *European Athletics (2023) - 3rd european games, athletics - results book*

date	23-Jun-23	time		11.57		21.97		33.40		45.84	45.84	3 / 8							
reaction time	0.140	interval				10.40		11.43		12.44		# of strides	11.57	10.40	11.43	12.44	21.97	23.87	1.90
		velocity		8.64		9.62		8.75		8.04	8.73	174.7	8.64	9.62	8.75	8.04	9.10	8.38	

FINAL - 2023 FBK Games (Hengelo, NED) *Omega Timing (2023) - continental tour race analysis*

date	04-Jun-23	time	6.29	11.38	16.61	21.96	27.51	33.25	39.28	45.80	45.80	2 / 4							
reaction time	0.172	interval		5.09	5.23	5.35	5.55	5.74	6.03	6.52		# of strides	11.38	10.58	11.29	12.55	21.96	23.84	1.88
		velocity	7.95	9.82	9.56	9.35	9.01	8.71	8.29	7.67	8.73		8.79	9.45	8.86	7.97	9.11	8.39	

FINAL - 2022 Memorial van Damme (Brussels, BEL) *Omega Timing (2022) - diamond league race analysis*

date	02-Sep-22	time	6.32	11.42	16.64	22.08	27.68	33.52	39.59	46.07	46.07	7 / 5							
reaction time	0.140	interval		5.10	5.22	5.44	5.60	5.84	6.07	6.48		# of strides	11.42	10.66	11.44	12.55	22.08	23.99	1.91
		velocity	7.91	9.80	9.58	9.19	8.93	8.56	8.24	7.72	8.68		8.76	9.38	8.74	7.97	9.06	8.34	

FINAL - 2022 European Athletics Championships (Munich, GER) *European Athletics (2022) - european athletics championships race analysis*

date	17-Aug-22	time		11.25		21.66		32.98		45.39	45.39	7 / 5							
reaction time	0.157	interval				10.41		11.32		12.41		# of strides	11.25	10.41	11.32	12.41	21.66	23.73	2.07
		velocity		8.89		9.61		8.83		8.06	8.81	173.0	8.89	9.61	8.83	8.06	9.23	8.43	

Semi-Final 3 - 2022 European Athletics Championships (Munich, GER) *European Athletics (2022) - european athletics championships race analysis*

date	16-Aug-22	time		11.60		21.98		33.21		45.67	45.67	3 / 2							
reaction time	0.157	interval				10.38		11.23		12.46		# of strides	11.60	10.38	11.23	12.46	21.98	23.69	1.71
		velocity		8.62		9.63		8.90		8.03	8.76	173.0	8.62	9.63	8.90	8.03	9.10	8.44	

Semi-Final 1 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	20-Jul-22	time		11.33		21.82		33.01		45.41	45.41	4 / 5							
reaction time	0.163	interval				10.49		11.19		12.40		# of strides	11.33	10.49	11.19	12.40	21.82	23.59	1.77
		velocity		8.83		9.53		8.94		8.06	8.81	174.0	8.83	9.53	8.94	8.06	9.17	8.48	

Heat 4 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	17-Jul-22	time		11.47		21.79		33.26		45.70	45.70	7 / 2							
reaction time	0.148	interval				10.32		11.47		12.44		# of strides	11.47	10.32	11.47	12.44	21.79	23.91	2.12
		velocity		8.72		9.69		8.72		8.04	8.75	176.0	8.72	9.69	8.72	8.04	9.18	8.36	

National FINAL - 2019 Memorial van Damme (Brussels, BEL) *Omega Timing (2019) - diamond league race analysis*

date	06-Sep-19	time	6.3	11.2	16.3	21.7	27.3	33.4	39.8	46.69	46.69	7 / 6							
reaction time		interval		4.9	5.1	5.4	5.6	6.1	6.4	13.3		# of strides	11.20	10.50	11.70	13.29	21.70	24.99	3.29
		velocity	7.94	10.20	9.80	9.26	8.93	8.20	7.81	7.52	8.57		8.93	9.52	8.55	7.52	9.22	8.00	

Borlée, Jonathan (BEL) (1988)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 2022 Memorial van Damme (Brussels, BEL)																	*Omega Timing (2022) - diamond league race analysis*

date	02-Sep-22	time	6.31	11.43	16.67	22.02	27.52	33.28	39.42	45.90	45.90	3 / 4							
reaction time	0.194	interval		5.12	5.24	5.35	5.50	5.76	6.14	6.48		# of strides	11.43	10.59	11.26	12.62	22.02	23.88	1.86
		velocity	7.92	9.77	9.54	9.35	9.09	8.68	8.14	7.72	8.71		8.75	9.44	8.88	7.92	9.08	8.38	

FINAL - 2018 Müller Grand Prix (Birmingham, GBR) *Omega Timing (2018) - diamond league race analysis*

date	18-Aug-18	time		11.4		22.3		33.9		46.27	46.27	1 / 6							
reaction time	0.149	interval				10.9		11.6		12.4		# of strides	11.40	10.90	11.60	12.37	22.30	23.97	1.67
		velocity		8.77		9.17		8.62		8.08	8.64	179.2	8.77	9.17	8.62	8.08	8.97	8.34	

Semi-Final 3 - 2017 IAAF World Championships (London, GBR) *Pollitt (2018) - biomechanical report for the IAAF World Champs - London 2017 - Men's 400m*

date	06-Aug-17	time		10.91		21.19		32.47	38.55	45.03	45.23	3 / 5							
reaction time	0.203	interval				10.28		11.28	6.08	6.48		# of strides	10.91	10.28	11.28	12.56	21.19	23.84	2.65
		velocity		9.17		9.73		8.87	8.22	7.72	8.84	179.3	9.17	9.73	8.87	7.96	9.44	8.39	

Semi-Final 3 - 2015 IAAF World Championships (Beijing, CHN) *Yamamoto (2015) - race analysis of 15th World Championships 400m- focusing on men's semis and women's prelims*

date	24-Aug-15	time	6.18	11.16	16.28	21.59	27.08	32.64	38.47	44.85	44.85	9 / 5							
reaction time	0.158	interval		4.98	5.12	5.31	5.49	5.56	5.83	6.38		# of strides	11.16	10.43	11.05	12.21	21.59	23.26	1.67
		velocity	8.09	10.04	9.77	9.42	9.11	8.99	8.58	7.84	8.92	170.2	8.96	9.59	9.05	8.19	9.26	8.60	

FINAL - 2013 IAAF World Championships (Moscow, RUS) (2013) - www.trackandfieldnews.com/index.php?option=com_content&view=article&id=1698

date	13-Aug-13	time		11.1		21.4		32.4		44.5	44.54	8 / 4							
reaction time	0.224	interval				10.30		11.00		12.10		# of strides	11.10	10.30	11.00	12.10	21.40	23.10	1.70
		velocity		9.01		9.71		9.09		8.26	8.98		9.01	9.71	9.09	8.26	9.35	8.66	

FINAL - 2012 Olympic Games (London, GBR) *Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*

date	06-Aug-12	time		11.1		21.6		32.6		44.8	44.83	2 / 6							
reaction time	0.173	interval				10.50		11.00		12.20		# of strides	11.10	10.50	11.00	12.20	21.60	23.20	1.60
		velocity		9.01		9.52		9.09		8.20	8.92	172.7	9.01	9.52	9.09	8.20	9.26	8.62	

Heat 3 - 2012 Olympic Games (London, GBR) Hadley (2012) - uka 2012 olympic games report: 400m, 4x 400m

date	04-Aug-12	time				21.20				44.43	44.43	6 / 1							
reaction time	0.179	interval								23.23	NR	# of strides					21.20	23.23	2.03
		velocity				9.43				8.61	9.00	171.2					9.43	8.61	

FINAL - 2011 IAAF World Championships (Daegu, KOR) *Butler (2013) - IAAF world athletic results 2008-2011 full results*

date	30-Aug-11	time				21.7		32.9		45.07	45.07	8 / 5							
reaction time	0.160	interval						11.20		12.17		# of strides			11.20	12.17	21.70	23.37	1.67
		velocity				9.22		8.93		8.22	8.88	171.7			8.93	8.22	9.22	8.56	

Borlée, Kevin (BEL) (1988)		**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

Invitational - 2024 Memorial van damme (Brussels, BEL) *Omega Timing (2024) - diamond league race analysis*

date	13-Sep-24	time	6.40	11.67	16.98	22.41	28.09	33.98	40.19	47.18	47.18	6 / 6							
reaction time	0.138	interval		5.27	5.31	5.43	5.68	5.89	6.21	6.99		# of strides	11.67	10.74	11.57	13.20	22.41	24.77	2.36
		velocity	7.81	9.49	9.42	9.21	8.80	8.49	8.05	7.15	8.48		8.57	9.31	8.64	7.58	8.92	8.07	

FINAL - 2022 Memorial van Damme (Brussels, BEL) *Omega Timing (2022) - diamond league race analysis*

date	02-Sep-22	time	6.35	11.52	16.78	22.17	27.70	33.46	39.44	45.72	45.72	5 / 1							
reaction time	0.171	interval		5.17	5.26	5.39	5.53	5.76	5.98	6.28		# of strides	11.52	10.65	11.29	12.26	22.17	23.55	1.38
		velocity	7.87	9.67	9.51	9.28	9.04	8.68	8.36	7.96	8.75		8.68	9.39	8.86	8.16	9.02	8.49	

Semi-Final 2 - 2022 European Athletics Championships (Munich, GER) *European Athletics (2022) - european athletics championships race analysis*

date	16-Aug-22	time		11.30							dnf	6 / --							
reaction time	0.166	interval										# of strides	11.30						
		velocity		8.85									8.85						

Semi-Final 3 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	20-Jul-22	time		11.39		21.81		33.00		45.26	45.26	2 / 5							
reaction time	0.139	interval				10.42		11.19		12.26		# of strides	11.39	10.42	11.19	12.26	21.81	23.45	1.64
		velocity		8.78		9.60		8.94		8.16	8.84		8.78	9.60	8.94	8.16	9.17	8.53	

Heat 2 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	17-Jul-22	time		11.72		22.56		33.77		45.72	45.72	8 / 4							
reaction time	0.132	interval				10.84		11.21		11.95		# of strides	11.72	10.84	11.21	11.95	22.56	23.16	0.60
		velocity		8.53		9.23		8.92		8.37	8.75		8.53	9.23	8.92	8.37	8.87	8.64	

FINAL - 2022 Meeting de Paris (Paris, FRA) *Omega Timing (2022) - diamond league race analysis*

date	16-Jun-22	time	6.43	11.68	17.05	22.48	28.10	33.91	39.96	46.64	46.64	1 / 7							
reaction time	0.154	interval		5.25	5.37	5.43	5.62	5.81	6.05	6.68		# of strides	11.68	10.80	11.43	12.73	22.48	24.16	1.68
		velocity	7.78	9.52	9.31	9.21	8.90	8.61	8.26	7.49	8.58	176.0	8.56	9.26	8.75	7.86	8.90	8.28	

FINAL - 2021 Doha Diamond League (Doha, QAT) *Omega Timing (2021) - diamond league race analysis*

date	28-May-21	time	6.3	11.5	16.8	22.3	27.9	33.8	39.8	46.29	46.29	2 / 8							
reaction time	0.136	interval		5.20	5.30	5.50	5.60	5.90	6.00	6.49		# of strides	11.50	10.80	11.50	12.49	22.30	23.99	1.69
		velocity	7.94	9.62	9.43	9.09	8.93	8.47	8.33	7.70	8.64		8.70	9.26	8.70	8.01	8.97	8.34	

National FINAL - 2019 Memorial van Damme (Brussels, BEL) *Omega Timing (2019) - diamond league race analysis*

date	06-Sep-19	time	6.4	11.4	16.6	21.9	27.4	33.3	39.3	45.89	45.89	5 / 3							
reaction time		interval		5.0	5.2	5.3	5.5	5.9	6.0	12.6		# of strides	11.40	10.50	11.40	12.59	21.90	23.99	2.09
		velocity	7.81	10.00	9.62	9.43	9.09	8.47	8.33	7.94	8.72		8.77	9.52	8.77	7.94	9.13	8.34	

Semi-Final 1 - 2017 IAAF World Championships (London, GBR) *Pollitt (2018) - biomechanical report for the IAAF World Champs - London 2017 - Men's 400m*

date	06-Aug-17	time		11.20		21.56		32.65	38.60	44.95	45.10	9 / 4							
reaction time	0.146	interval				10.36		11.09	5.95	6.35		# of strides	11.20	10.36	11.09	12.30	21.56	23.39	1.83
		velocity		8.93		9.65		9.02	8.40	7.87	8.87	174.8	8.93	9.65	9.02	8.13	9.28	8.55	

Semi-Final 1 - 2015 IAAF World Championships (Beijing, CHN) — *Yamamoto (2015) - race analysis of 15th World Championships 400m- focusing on men's semis and women's prelims*

date	24-Aug-15	time	6.07	11.10	16.20	21.44	26.91	32.51	38.41	44.74	44.74	8 / 4						
reaction time	0.158	interval		5.03	5.10	5.24	5.47	5.60	5.90	6.33		# of strides	11.10	10.34	11.07	12.23	21.44	23.30	1.86
		velocity	8.24	9.94	9.80	9.54	9.14	8.93	8.47	7.90	8.94	174.7	9.01	9.67	9.03	8.18	9.33	8.58	

FINAL - 2012 Olympic Games (London, GBR) — *Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*

date	06-Aug-12	time		11.2		21.9		32.8		44.8	44.81	9 / 5						
reaction time	0.151	interval				10.70		10.90		12.00		# of strides	11.20	10.70	10.90	12.00	21.90	22.90	1.00
		velocity		8.93		9.35		9.17		8.33	8.93	173.2	8.93	9.35	9.17	8.33	9.13	8.73	

FINAL - 2011 IAAF World Championships (Daegu, KOR) — *Butler (2013) - IAAF world athletic results 2008-2011 full results*

date	30-Aug-11	time				21.70		32.70		44.90	44.90	6 / 3						
reaction time	0.182	interval						11.00		12.20		# of strides			11.00	12.20	21.70	23.20	1.50
		velocity				9.22		9.09		8.20	8.91	172.0			9.09	8.20	9.22	8.62	

FINAL - 2010 NCAA Championships (Eugene, OR) — *Track Newsletter (2010) - NCAA men's championships*

date	11-Jun-10	time				22.0		33.4		45.8	45.80	/ 7						
reaction time		interval						11.4		12.4		# of strides			11.40	12.40	22.00	23.80	1.80
		velocity				9.09		8.77		8.06	8.73				8.77	8.06	9.09	8.40	

Semi-Final 3 - 2009 IAAF World Championships (Berlin, GER) — *Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*

date	19-Aug-09	time		11.40		22.28		33.34		45.28	45.28	8 / 4						
reaction time	0.143	interval				10.88		11.06		11.94		# of strides	11.40	10.88	11.06	11.94	22.28	23.00	0.72
		velocity		8.77		9.19		9.04		8.38	8.83	170.5	8.77	9.19	9.04	8.38	8.98	8.70	

Heat 2 - 2009 IAAF World Championships (Berlin, GER) — *Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*

date	18-Aug-09	time		11.17		21.70		33.12		45.61	45.61	8 / 3						
reaction time	0.144	interval				10.53		11.42		12.49		# of strides	11.17	10.53	11.42	12.49	21.70	23.91	2.21
		velocity		8.95		9.50		8.76		8.01	8.77		8.95	9.50	8.76	8.01	9.22	8.36	

FINAL - 2007 European Cup (Munich, GER) — *Graubner (2007) - http://www.fgs.uni-halle.de*

date	23-Jun-07	time		11.70		22.49		33.94		46.46	46.46	/ 6						
reaction time	0.166	interval				10.79		11.45		12.52		# of strides	11.70	10.79	11.45	12.52	22.49	23.97	1.48
		velocity		8.55		9.27		8.73		7.99	8.61		8.55	9.27	8.73	7.99	8.89	8.34	

Borzakovskiy, Yuriy (RUS) (1981)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 1 - 2002 European Championships (Munich, GER)																	*Graubner (2009) - http://www.fgs.uni-halle.de*
date	07-Aug-02	time		11.96		22.78		34.08		46.04	46.04	/ 7						
reaction time	0.226	interval				10.82		11.30		11.96		# of strides	11.96	10.82	11.30	11.96	22.78	23.26	0.48
		velocity		8.36		9.24		8.85		8.36	8.69		8.36	9.24	8.85	8.36	8.78	8.60	

Heat 1 - 2002 European Championships (Munich, GER) — *Graubner (2009) - http://www.fgs.uni-halle.de*

date	06-Aug-02	time		12.04		22.94		34.26		46.28	46.28	/ 5						
reaction time	0.249	interval				10.90		11.32		12.02		# of strides	12.04	10.90	11.32	12.02	22.94	23.34	0.40
		velocity		8.31		9.17		8.83		8.32	8.64		8.31	9.17	8.83	8.32	8.72	8.57	

Bouraada, Larbi (ALG) (1988)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 2 - 2009 IAAF World Championships (Berlin, GER)																	*Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*
date	19-Aug-09	time		11.35		22.00		34.20		48.58	48.58	2 / 6						
reaction time	0.141	interval				10.65		12.20		14.38		# of strides	11.35	10.65	12.20	14.38	22.00	26.58	4.58
		velocity		8.81		9.39		8.20		6.95	8.23		8.81	9.39	8.20	6.95	9.09	7.52	

Boyce, Desean (BAR) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 5 - 2023 World Athletics Championships (Budapest, HUN)																	*Seiko Timing (2023) - world championship race analysis*
date	20-Aug-23	time		11.14		21.82		33.77			dnf	8 / --						
reaction time	0.168	interval				10.68		11.95				# of strides	11.14	10.68	11.95		21.82		
		velocity		8.98		9.36		8.37					8.98	9.36	8.37		9.17		

Brand, Dany (SUI) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B Race - 2025 Weltklasse (Zürich, SUI)																	*Omega Timing (2025) - diamond league race analysis*
date	28-Aug-25	time	6.32	11.41	16.71	22.24	27.95	33.89	40.10	46.63	46.63	1 / 7						
reaction time	0.165	interval		5.09	5.30	5.53	5.71	5.94	6.21	6.53	PB	# of strides	11.41	10.83	11.65	12.74	22.24	24.39	2.15
		velocity	7.91	9.82	9.43	9.04	8.76	8.42	8.05	7.66	8.58		8.76	9.23	8.58	7.85	8.99	8.20	

FINAL - 2023 Weltklasse (Zürich, SUI) — *Omega Timing (2023) - diamond league race analysis*

date	31-Aug-23	time	6.33	11.36	16.66	22.21	27.93	33.92	40.23	46.83	46.83	1 / 8						
reaction time	0.160	interval		5.03	5.30	5.55	5.72	5.99	6.31	6.60	PB	# of strides	11.36	10.85	11.71	12.91	22.21	24.62	2.41
		velocity	7.90	9.94	9.43	9.01	8.74	8.35	7.92	7.58	8.54		8.80	9.22	8.54	7.75	9.00	8.12	

National FINAL - 2022 Weltklasse (Zürich, SUI) — *Omega Timing (2022) - diamond league race analysis*

date	08-Sep-22	time	6.23	11.23	16.45	21.87	27.51	33.56	40.01	46.85	46.85	1 / 8						
reaction time	0.165	interval		5.00	5.22	5.42	5.64	6.05	6.45	6.84	PB	# of strides	11.23	10.64	11.69	13.29	21.87	24.98	3.11
		velocity	8.03	10.00	9.58	9.23	8.87	8.26	7.75	7.31	8.54		8.90	9.40	8.55	7.52	9.14	8.01	

Bredau, Jean Paul (GER) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 3 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date	14-Sep-25	time		11.33		21.80		33.57		46.05	46.05	2 / 6						
reaction time	0.201	interval				10.47		11.77		12.48		# of strides	11.33	10.47	11.77	12.48	21.80	24.25	2.45
		velocity		8.83		9.55		8.50		8.01	8.69		8.83	9.55	8.50	8.01	9.17	8.25	

A Final - 2025 European Team Championships, First Division (Madrid, ESP) — *European Athletics (2025) - 2025 european team championships, first division - results book*

date	27-Jun-25	time	6.23	11.40	16.64	22.06	27.67	33.66	39.89	45.64	45.64	4 / 8						
reaction time	0.145	interval		5.17	5.24	5.42	5.61	5.99	6.23	5.75		# of strides	11.40	10.66	11.60	11.98	22.06	23.58	1.52
		velocity	8.03	9.67	9.54	9.23	8.91	8.35	8.03	8.70	8.76	168.5	8.77	9.38	8.62	8.35	9.07	8.48	

Repechage 4 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	05-Aug-24	time	6.25	11.29	16.45	21.84	27.48	33.28	39.21	45.40	45.40	6 / 3						
reaction time	0.163	interval		5.04	5.16	5.39	5.64	5.80	5.93	6.19		# of strides	11.29	10.55	11.44	12.12	21.84	23.56	1.72
		velocity	8.00	9.92	9.69	9.28	8.87	8.62	8.43	8.08	8.81	172.0	8.86	9.48	8.74	8.25	9.16	8.49	

Heat 3 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	04-Aug-24	time	6.17	11.11	16.16	21.42	26.97	32.76	38.73	45.07	45.07	5 / 4						
reaction time	0.158	interval		4.94	5.05	5.26	5.55	5.79	5.97	6.34		# of strides	11.11	10.31	11.34	12.31	21.42	23.65	2.23
		velocity	8.10	10.12	9.90	9.51	9.01	8.64	8.38	7.89	8.88	173.0	9.00	9.70	8.82	8.12	9.34	8.46	

FINAL - 2024 European Athletics Championships (Roma, ITA) *European Athletics (2024) - 2024 european athletics championships - results book*

date	10-Jun-24	time		11.36		21.81		32.96		45.11	45.11	4 / 7						
reaction time	0.173	interval				10.45		11.15		12.15		# of strides	11.36	10.45	11.15	12.15	21.81	23.30	1.49
		velocity		8.80		9.57		8.97		8.23	8.87	171.5	8.80	9.57	8.97	8.23	9.17	8.58	

Semi-Final 2 - 2024 European Athletics Championships (Roma, ITA) *European Athletics (2024) - 2024 european athletics championships - results book*

date	09-Jun-24	time		11.20		21.49		32.72		45.03	45.03	5 / 2						
reaction time	0.160	interval				10.29		11.23		12.31		# of strides	11.20	10.29	11.23	12.31	21.49	23.54	2.05
		velocity		8.93		9.72		8.90		8.12	8.88	175.0	8.93	9.72	8.90	8.12	9.31	8.50	

Bregenzer, Pierre-Yves (SUI) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B Race - 2024 Athletissima (Lausanne, SUI)																	*Omega Timing (2024) - diamond league race analysis*
date 22-Aug-24 time	6.39	11.71	17.23	23.04	29.07	35.51	42.35	49.60	49.60	6 / 8							
reaction time 0.172 interval		5.32	5.52	5.81	6.03	6.44	6.84	7.25		# of strides	11.71	11.33	12.47	14.09	23.04	26.56	3.52
velocity	7.82	9.40	9.06	8.61	8.29	7.76	7.31	6.90	8.06		8.54	8.83	8.02	7.10	8.68	7.53	

Brier, Joe (GBR) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2025 London Athletics Meet (London, GBR)																	*Omega Timing (2025) - diamond league race analysis*
date 19-Jul-25 time	6.09	11.14	16.27	21.58	27.15	33.05	39.21	46.07	46.07	8 / 3							
reaction time 0.163 interval		5.05	5.13	5.31	5.57	5.90	6.16	6.86		# of strides	11.14	10.44	11.47	13.02	21.58	24.49	2.91
velocity	8.21	9.90	9.75	9.42	8.98	8.47	8.12	7.29	8.68		8.98	9.58	8.72	7.68	9.27	8.17	

Brenes, Nery (CRC) (1985)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 2 - 2015 IAAF World Championships (Beijing, CHN)																	*Yamamoto (2015) - race analysis of 15th World Championships 400m- focusing on men's semis and women's prelims*
date 24-Aug-15 time	6.09	10.98	15.97	21.23	26.77	32.39	38.55	45.41	45.41	2 / 8							
reaction time 0.168 interval		4.89	4.99	5.26	5.54	5.62	6.16	6.86		# of strides	10.98	10.25	11.16	13.02	21.23	24.18	2.95
velocity	8.21	10.22	10.02	9.51	9.03	8.90	8.12	7.29	8.81		9.11	9.76	8.96	7.68	9.42	8.27	

Brew, Derrick (USA) (1977)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2007 USATF National Championships (Indianapolis, IN)																	*Track Newsletter (2007) - USATF men's championships*
date 23-Jun-07 time						32.8		46.2	46.16	1 / 8							
reaction time interval								13.4		# of strides				13.40			
velocity						9.15		7.46	8.67					7.46			

FINAL - 2006 USATF National Championships (Indianapolis, IN) *Track Newsletter (2006) - USATF men's championships*

date	24-Jun-06	time		11.41				33.07		45.23	45.23	1 / 7						
reaction time		interval						21.66		12.16		# of strides	11.41			12.16		
		velocity		8.76				9.23		8.22	8.84		8.76			8.22		

FINAL - 2005 USATF National Championships (Carson, CA) *USATF Women's Sprint Development (2005)*

date	25-Jun-05	time		11.28	16.41	21.56	26.89	32.50	38.51	45.01	45.01	3 / 5						
reaction time		interval			5.13	5.15	5.33	5.61	6.01	6.50		# of strides	11.28	10.28	10.94	12.51	21.56	23.45	1.89
		velocity		8.87	9.75	9.71	9.38	8.91	8.32	7.69	8.89	174.7	8.87	9.73	9.14	7.99	9.28	8.53	

FINAL - 2004 Olympic Games (Athens, GRE) *Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*

date	23-Aug-04	time				21.5		32.4		44.4	44.42	3 / 3						
reaction time	0.262	interval						10.9		12.0		# of strides			10.90	12.00	21.50	22.90	1.40
		velocity				9.30		9.17		8.33	9.00	175.7			9.17	8.33	9.30	8.73	

FINAL - 2004 USA Olympic Trials (Sacramento, CA) *USATF Women's Sprint Development (2004)*

date	15-Jul-04	time		10.99		21.44	26.80	32.45	38.32	44.69	44.69	3 / 3						
reaction time		interval				10.45	5.36	5.65	5.87	6.37		# of strides	10.99	10.45	11.01	12.24	21.44	23.25	1.81
		velocity		9.10		9.57	9.33	8.85	8.52	7.85	8.95	177.0	9.10	9.57	9.08	8.17	9.33	8.60	

FINAL - 2003 USATF National Championships (Palo Alto, CA) *USATF Women's Sprint Development (2003)*

date	21-Jun-03	time				21.59		32.81	38.79	45.05	45.05	4 / ~~4~~ 2						
reaction time		interval						11.22	5.98	6.26		# of strides			11.22	12.24	21.59	23.46	1.87
		velocity				9.26		8.91	8.36	7.99	8.88				8.91	8.17	9.26	8.53	

Semi-Final 2 - 2003 USATF National Championships (Palo Alto, CA) *USATF Women's Sprint Development (2003)*

date	20-Jun-03	time				21.67		33.38	39.26	45.57	45.57	4 / 1						
reaction time		interval						11.71	5.88	6.31		# of strides			11.71	12.19	21.67	23.90	2.23
		velocity				9.23		8.54	8.50	7.92	8.78				8.54	8.20	9.23	8.37	

FINAL - 1999 NCAA Championships (Boise, ID) *Track Newsletter (1999) - NCAA Championships*

date	05-Jun-99	time				21.4				45.0	45.04	/ 2						
reaction time		interval								23.60		# of strides					21.40	23.60	2.20
		velocity				9.35				8.47	8.88						9.35	8.47	

FINAL - 1999 SEC Championship (Athens, GA) *Track Newsletter (1999) - SEC Championships*

date	16-May-99	time				21.4				44.3	44.29	/ 1						
reaction time		interval								22.90	PB	# of strides					21.40	22.90	1.50
		velocity				9.35				8.73	9.03						9.35	8.73	

Brier, Joseph (GBR) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

National FINAL - 2024 London Athletics Meet (London, GBR) *Omega Timing (2024) - diamond league race analysis*

date	20-Jul-24	time	6.16	11.13	16.18	21.39	26.90	32.70	38.88	45.83	45.83	2 / 5						
reaction time	0.151	interval		4.97	5.05	5.21	5.51	5.80	6.18	6.95		# of strides	11.13	10.26	11.31	13.13	21.39	24.44	3.05
		velocity	8.12	10.06	9.90	9.60	9.07	8.62	8.09	7.19	8.73		8.98	9.75	8.84	7.62	9.35	8.18	

FINAL - 2023 Weltklasse (Zürich, SUI) *Omega Timing (2023) - diamond league race analysis*

date	31-Aug-23	time	6.22	11.29	16.60	22.08	27.70	33.60	39.90	46.82	46.82	2 / 7						
reaction time	0.200	interval		5.07	5.31	5.48	5.62	5.90	6.30	6.92		# of strides	11.29	10.79	11.52	13.22	22.08	24.74	2.66
		velocity	8.04	9.86	9.42	9.12	8.90	8.47	7.94	7.23	8.54		8.86	9.27	8.68	7.56	9.06	8.08	

Heat 2 - 2022 European Athletics Championships (Munich, GER) *European Athletics (2022) - european athletics championships race analysis*

date	15-Aug-22	time		11.53		22.11		33.34		46.06	46.06	4 / 5						
reaction time	0.213	interval				10.58		11.23		12.72		# of strides	11.53	10.58	11.23	12.72	22.11	23.95	1.84
		velocity		8.67		9.45		8.90		7.86	8.68		8.67	9.45	8.90	7.86	9.05	8.35	

Semi-Final 2 - 2022 Commonwealth Games (Birmingham, GBR) *Longines Timing (2022) - commonwealth games race analysis*

date	05-Aug-22	time	6.1	11.1	16.4	22.0	27.7	33.9	40.2	47.50	47.50	3 / 8						
reaction time	0.180	interval		5.00	5.30	5.60	5.70	6.20	6.30	7.30		# of strides	11.10	10.90	11.90	13.60	22.00	25.50	3.50
		velocity	8.20	10.00	9.43	8.93	8.77	8.06	7.94	6.85	8.42	185.0	9.01	9.17	8.40	7.35	9.09	7.84	

B FINAL - 2022 Müller Birmingham Diamond League (Birmingham, GBR) *Omega Timing (2022) - diamond league race analysis*

date	21-May-22	time	6.2	11.2	16.4	21.7	27.4	33.5	39.6	46.21	46.21	5 / 1						
reaction time	0.164	interval		5.00	5.20	5.30	5.70	6.10	6.10	6.61		# of strides	11.20	10.50	11.80	12.71	21.70	24.51	2.81
		velocity	8.06	10.00	9.62	9.43	8.77	8.20	8.20	7.56	8.66	181.0	8.93	9.52	8.47	7.87	9.22	8.16	

FINAL - 2021 Müller British Grand Prix (Gateshead, GBR) *Omega Timing (2021) - diamond league race analysis*

date	13-Jul-21	time	6.3	11.4	16.7	22.1	27.6	33.3	39.5	46.34	46.34	2 / 2						
reaction time	0.178	interval		5.10	5.30	5.40	5.50	5.70	6.20	6.84		# of strides	11.40	10.70	11.20	13.04	22.10	24.24	2.14
		velocity	7.94	9.80	9.43	9.26	9.09	8.77	8.06	7.31	8.63		8.77	9.35	8.93	7.67	9.05	8.25	

Brightwell, Robbie (GBR) (1939)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1964 Olympic Games (Tokyo, JPN)										*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*							
date 19-Sep-64	time			21.8		34.1		45.7	45.7	6 / 4							
reaction time	interval					12.30		11.60	*(45.75)*	# of strides			12.30	11.60	21.80	23.90	2.10
	velocity			9.17		8.13		8.62	8.75				8.13	8.62	9.17	8.37	

FINAL - 1962 AAA Championships (London, GBR) (yards) *Quercentani (1962). European Report, Brightwell, Rowe excel*

date	14-Jul-62	time				22.1				45.6	45.6	/ 1						
reaction time		interval								23.5	**AR** yards	# of strides					22.10	23.50	1.40
		velocity				9.05				8.51	8.77	*(45.9/440y)*					9.05	8.51	

Brijdenback, Alfons (BEL) (1954)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1980 Olympic Games (Moscow, URS)										*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*							
date 30-Jul-80	time			21.1		32.4		45.1	45.10	1 / 5							
reaction time 0.140	interval					11.3		12.70		# of strides			11.30	12.70	21.10	24.00	2.90
	velocity			9.48		8.85		7.87	8.87	173.0			8.85	7.87	9.48	8.33	

FINAL - 1976 Olympic Games (Montreal, CAN) *Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*

date	29-Jul-76	time				21.8		32.6		45.1	45.04	8 / 4						
reaction time		interval						10.80		12.50		# of strides			10.80	12.50	21.80	23.30	1.50
		velocity				9.17		9.26		8.00	8.88	170.0			9.26	8.00	9.17	8.58	

Quarter-Final 1 - 1976 Olympic Games (Montreal, CAN) *Lamare (1976) - les jeux de la XXI olympia, Montreal 1976*

date	26-Jul-76	time				22.2		33.7		46.56	46.56	3 / 2						
reaction time		interval						11.50		12.86		# of strides			11.50	12.86	22.20	24.36	2.16
		velocity				9.01		8.70		7.78	8.59				8.70	7.78	9.01	8.21	

Brown, Chris (BAH) (1978)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 1 - 2015 IAAF World Championships (Beijing, CHN)										*Yamamoto (2015) - race analysis of 15th World Championships 400m- focusing on men's semis and women's prelims*							
date 24-Aug-15	time	5.99	10.85	15.87	21.14	26.71	32.45	38.51	45.07	45.07	2 / 7							
reaction time 0.178	interval		4.86	5.02	5.27	5.57	5.74	6.06	6.56		# of strides	10.85	10.29	11.31	12.62	21.14	23.93	2.79
	velocity	8.35	10.29	9.96	9.49	8.98	8.71	8.25	7.62	8.88		9.22	9.72	8.84	7.92	9.46	8.36	

FINAL - 2012 Olympic Games (London, GBR) *Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*

date	06-Aug-12	time		11.1		21.5		32.4		44.8	44.79	6 / 4						
reaction time	0.166	interval				10.40		10.90		12.40		# of strides	11.10	10.40	10.90	12.40	21.50	23.30	1.80
		velocity		9.01		9.62		9.17		8.06	8.93	187.7	9.01	9.62	9.17	8.06	9.30	8.58	

FINAL - 2009 IAAF World Championships (Berlin, GER) *Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*

date	21-Aug-09	time		10.98		21.31		32.53		45.47	45.47	5 / 5						
reaction time	0.161	interval				10.33		11.22		12.94		# of strides	10.98	10.33	11.22	12.94	21.31	24.16	2.85
		velocity		9.11		9.68		8.91		7.73	8.80	191.0	9.11	9.68	8.91	7.73	9.39	8.28	

Semi-Final 3 - 2009 IAAF World Championships (Berlin, GER) *Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*

date	19-Aug-09	time		11.08		21.72		32.84		44.95	44.95	3 / 1						
reaction time	0.129	interval				10.64		11.12		12.11		# of strides	11.08	10.64	11.12	12.11	21.72	23.23	1.51
		velocity		9.03		9.40		8.99		8.26	8.90	187.2	9.03	9.40	8.99	8.26	9.21	8.61	

Heat 3 - 2009 IAAF World Championships (Berlin, GER) *Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*

date	18-Aug-09	time		11.10		21.78		33.47		45.53	45.53	2 / 1						
reaction time	0.158	interval				10.68		11.69		12.06		# of strides	11.10	10.68	11.69	12.06	21.78	23.75	1.97
		velocity		9.01		9.36		8.55		8.29	8.79		9.01	9.36	8.55	8.29	9.18	8.42	

FINAL - 2009 ISTAF (Berlin, GER) *Graubner (2009) - http://www.fgs.uni-halle.de*

date	14-Jun-09	time		11.09		21.55		32.93		45.61	45.61	4 / 1						

reaction time	0.277	interval		10.46	11.38	12.68		# of strides	11.09	10.46	11.38	12.68	21.55	24.06	2.51
		velocity	9.02	9.56	8.79	7.89	8.77		9.02	9.56	8.79	7.89	9.28	8.31	

FINAL - 2008 IAAF World Athletic Final (Stuttgart, GER) *Graubner (2009) - http://www.fgs.uni-halle.de*

date	13-Sep-08	time	11.08	21.59	32.85	45.36	45.36	3 / 3									
reaction time	0.133	interval		10.51	11.26	12.51		# of strides	11.08	10.51	11.26	12.51	21.59	23.77	2.18
		velocity	9.03	9.51	8.88	7.99	8.82		9.03	9.51	8.88	7.99	9.26	8.41	

FINAL - 2008 Olympic Games (Beijing, CHN) *Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*

date	21-Aug-08	time		21.3	31.9	44.8	44.84	5 / 4									
reaction time	0.231	interval			10.60	12.90		# of strides				10.60	12.90	21.30	23.50	2.20	
		velocity		9.39	9.43	7.75	8.92	186.0				9.43	7.75	9.39	8.51		

FINAL - 2007 IAAF World Championships (Osaka, JPN) *Mochida (2008) - biomechancial analysis of the 400m final race at ehe 2007 world championships in athletics*

date	31-Aug-07	time	5.93	10.66	15.53	20.74	26.14	31.81	37.88	44.45	44.45	8 / 4							
reaction time	0.168	interval		4.73	4.87	5.21	5.40	5.67	6.07	6.57	NR	# of strides	10.66	10.08	11.07	12.64	20.74	23.71	2.97
		velocity	8.43	10.57	10.27	9.60	9.26	8.82	8.24	7.61	9.00	186.2	9.38	9.92	9.03	7.91	9.64	8.44	

FINAL - 2005 IAAF World Championships (Helsinki, FIN) *Track Newsletter (2005) - World championships- men*

date	12-Aug-05	time			32.5	44.5	44.48	8 / 4									
reaction time		interval				12.0	NR	# of strides					12.00				
		velocity			9.23	8.33	8.99	184.2					8.33				

Brown, Phil (GBR) (1962)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 2 - 1984 Olympic Games (Los Angeles, CA) (*TV Analysis*)																	*Adams (1984) - 1984 olympic games - 200m & 400m*
date 05-Aug-84	time			22.27				46.63	46.63	8 / 7							
reaction time	interval							24.36		# of strides					22.27	24.36	2.09
	velocity			8.98				8.21	8.58						8.98	8.21	

Brown-Stewart, Cass (USA) (1992)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2013 NCAA Championships (Eugene, OR)																	*Track Newsletter (2013) - NCAA men's championships*
date 07-Jun-13	time			22.4		34.0		46.0	45.98	/ 7							
reaction time	interval					11.60		12.00		# of strides			11.60	12.00	22.40	23.60	1.20
	velocity			8.93		8.62		8.33	8.70				8.62	8.33	8.93	8.47	

Bruder, Hansrüdi (SUI) (1937)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1961 Six Nations Meeting (Colombes, FRA)																	*Quercentani (1961). Metcalf, 19, runs 400m in 45.8*
date 09-Jul-61	time			22.2				46.6	46.6	/ 2							
reaction time	interval							24.4	NR	# of strides					22.20	24.40	2.20
	velocity			9.01				8.20	8.58						9.01	8.20	

Bujna, Šimon (SVK) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 2 - 2024 European Athletics Championships (Roma, ITA)																	*European Athletics (2024) - 2024 european athletics championships - results book*
date 08-Jun-24	time	11.46		22.16		33.77		46.52	46.52	2 / 9							
reaction time 0.165	interval			10.70		11.61		12.75		# of strides	11.46	10.70	11.61	12.75	22.16	24.36	2.20
	velocity	8.73		9.35		8.61		7.84	8.60		8.73	9.35	8.61	7.84	9.03	8.21	

A Final - 2023 European Team Championships, Second Division (Chorzów, POL) *European Athletics (2023) - 3rd european games, athletics - results book*

date	20-Jun-23	time	11.41	22.15	33.81	46.89	46.89	3 / 8									
reaction time	0.190	interval		10.74	11.66	13.08		# of strides	11.41	10.74	11.66	13.08	22.15	24.74	2.59		
		velocity	8.76	9.31	8.58	7.65	8.53		8.76	9.31	8.58	7.65	9.03	8.08			

Heat 3 - 2022 European Athletics Championships (Munich, GER) *European Athletics (2022) - european athletics championships race analysis*

date	15-Aug-22	time	11.32	22.15	33.73	46.79	46.79	6 / 6									
reaction time	0.177	interval		10.83	11.58	13.06		# of strides	11.32	10.83	11.58	13.06	22.15	24.64	2.49		
		velocity	8.83	9.23	8.64	7.66	8.55		8.83	9.23	8.64	7.66	9.03	8.12			

Burraj, Franko (ALB) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
A Final - 2023 European Team Championships, Third Division (Chorzów, POL)																	*European Athletics (2023) - 3rd european games, athletics - results book*
date 20-Jun-23	time	11.44		22.21		33.85		46.30	46.30	6 / 1							
reaction time 0.223	interval			10.77		11.64		12.45		# of strides	11.44	10.77	11.64	12.45	22.21	24.09	1.88
	velocity	8.74		9.29		8.59		8.03	8.64	171.0	8.74	9.29	8.59	8.03	9.00	8.30	

Buzard, Aaron (USA) (1984)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2006 NCAA Championships (Sacramento, CA)																	*Track Newsletter (2006) - NCAA men's championships*
date 10-Jun-06	time	11.4		22.1		33.5		45.9	45.91	1 / 8							
reaction time	interval			10.70		11.40		12.40		# of strides	11.40	10.70	11.40	12.40	22.10	23.80	1.70
	velocity	8.77		9.35		8.77		8.06	8.71		8.77	9.35	8.77	8.06	9.05	8.40	

Bynum, Emmanuel (USA) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 3 - 2024 USA Olympic Trials (Eugene, OR)																	*USATF and Karmarush (2024) - USA Olympic trials results and race analysis*
date 23-Jun-24	time	11.37		22.14		33.65		46.50	46.50	2 / 6							
reaction time	interval			10.77		11.51		12.85		# of strides	11.37	10.77	11.51	12.85	22.14	24.36	2.22
	velocity	8.80		9.29		8.69		7.78	8.60		8.80	9.29	8.69	7.78	9.03	8.21	

Heat 2 - 2024 USA Olympic Trials (Eugene, OR) *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	21-Jun-24	time	11.53	21.91	33.12	45.34	45.34	9 / 5									
reaction time		interval		10.38	11.21	12.22		# of strides	11.53	10.38	11.21	12.22	21.91	23.43	1.52		
		velocity	8.67	9.63	8.92	8.18	8.82	166.0	8.67	9.63	8.92	8.18	9.13	8.54			

Byrd, Leonard (USA) (1975)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2005 Seiko Super Grand Prix (Yokohama, JPN)																	*Masaaki (2006) - time analysis in the 400m at the Seiko Super Grand Prix*
date 19-Sep-05	time	11.34		22.10		33.25	39.28	45.86	45.86	5 / 3							
reaction time	interval			10.76		11.15	6.03	6.58		# of strides	11.34	10.76	11.15	12.61	22.10	23.76	1.66
	velocity	8.82		9.29		8.97	8.29	7.60	8.72		8.82	9.29	8.97	7.93	9.05	8.42	

FINAL - 2005 USATF National Championships (Carson, CA) *USATF Women's Sprint Development (2005)*

date	25-Jun-05	time	21.72	27.25	33.03	39.27	45.67	45.67	8 / 8						
reaction time		interval		5.53	5.78	6.24	6.40		# of strides			11.31	12.64	21.72	23.95	2.23
		velocity	9.21	9.04	8.65	8.01	7.81	8.76				8.84	7.91	9.21	8.35	

Semi-Final 1 - 2003 USATF National Championships (Palo Alto, CA) *USATF Women's Sprint Development (2003)*

date	20-Jun-03	time	21.54		33.10	39.21	46.04	46.04	9 / ~~6~~ 4						
reaction time		interval			11.56	6.11	6.83		# of strides			11.56	12.94	21.54	24.50	2.96
		velocity	9.29		8.65	8.18	7.32	8.69				8.65	7.73	9.29	8.16	

Semi-Final 1 - 1996 USA Olympic Trials (Atlanta, GA) *USATF Women's Sprint Development (1996)*

date	17-Jun-96	time	11.53	22.11		33.44	39.48	46.15	46.15	2 / 8						
reaction time		interval		10.58		11.33	6.04	6.67		# of strides	11.53	10.58	11.33	12.71	22.11	24.04	1.93
		velocity	8.67	9.45		8.83	8.28	7.50	8.67		8.67	9.45	8.83	7.87	9.05	8.32	

Caesar, Lester (USA)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2003 USATF National Junior Championships (Palo Alto, CA) *USATF Women's Sprint Development (2003)*

date	22-Jun-03	time		22.67		34.72		47.39	47.39	9 / 6						
reaction time		interval				12.05		12.67		# of strides			12.05	12.67	22.67	24.72	2.05
		velocity		8.82		8.30		7.89	8.44				8.30	7.89	8.82	8.09	

Caines, Daniel (GBR) (1979)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2002 European Championships (Munich, GER) *Graubner (2009) - http://www.fgs.uni-halle.de*

date	08-Aug-02	time	11.20	21.58		32.81		45.28	45.28	3 / 3						
reaction time	0.141	interval		10.38		11.23		12.47		# of strides	11.20	10.38	11.23	12.47	21.58	23.70	2.12
		velocity	8.93	9.63		8.90		8.02	8.83		8.93	9.63	8.90	8.02	9.27	8.44	

Semi-Final 1 - 2002 European Championships (Munich, GER) *Graubner (2009) - http://www.fgs.uni-halle.de*

date	07-Aug-02	time	11.10	21.63		32.94		45.35	45.35	/ 1						
reaction time	0.144	interval		10.53		11.31		12.41		# of strides	11.10	10.53	11.31	12.41	21.63	23.72	2.09
		velocity	9.01	9.50		8.84		8.06	8.82		9.01	9.50	8.84	8.06	9.25	8.43	

Heat 4 - 2002 European Championships (Munich, GER) *Graubner (2009) - http://www.fgs.uni-halle.de*

date	06-Aug-02	time	11.26	21.88		33.42		46.06	46.06	/ 2						
reaction time	0.150	interval		10.62		11.54		12.64		# of strides	11.26	10.62	11.54	12.64	21.88	24.18	2.30
		velocity	8.88	9.42		8.67		7.91	8.68		8.88	9.42	8.67	7.91	9.14	8.27	

Cameron, Bert (JAM) (1959)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 1988 Olympic Games (Seoul, KOR) *Brüggemann (1990) - scientific research project at the games of the XXXIV Olympiad, Seoul 1988*

date	28-Sep-88	time	11.22	21.66		32.68		44.94	44.94	2 / 6						
reaction time	0.176	interval		10.44		11.02		12.26		# of strides	11.22	10.44	11.02	12.26	21.66	23.28	1.62
		velocity	8.91	9.58		9.07		8.16	8.90		8.91	9.58	9.07	8.16	9.23	8.59	

Semi-Final 1 - 1988 Olympic Games (Seoul, KOR) *Brüggemann (1990) - scientific research project at the games of the XXXIV Olympiad, Seoul 1988*

date	26-Sep-88	time	11.20	21.58		32.52		44.50	44.50	8 / 4						
reaction time		interval		10.38		10.94		11.98	**PB**	# of strides	11.20	10.38	10.94	11.98	21.58	22.92	1.34
		velocity	8.93	9.63		9.14		8.35	8.99		8.93	9.63	9.14	8.35	9.27	8.73	

Semi-Final 2 - 1984 Olympic Games (Los Angeles, CA) *Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*

date	07-Aug-84	time		22.6		34.3		45.1	45.10	2 / 4						
reaction time		interval				11.7		10.8		# of strides			11.70	10.80	22.60	22.50	-0.10
		velocity		8.85		8.55		9.26	8.87				8.55	9.26	8.85	8.89	

FINAL - 1983 IAAF World Championships (Helsinki, FIN) *Butler (2013) - IAAF world championships statistics handbook- moscow 2013*

date	10-Aug-83	time		21.8				45.05	45.05	4 / 1						
reaction time		interval						23.25	**CR**	# of strides					21.80	23.25	1.45
		velocity		9.17				8.60	8.88	177.0					9.17	8.60	

Campbell, Milton (USA) (1976)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2006 USATF National Championships (Indianapolis, IN) *Track Newsletter (2006) - USATF men's championships*

date	24-Jun-06	time	11.26	21.54		32.65		45.51	45.51	4 / 8						
reaction time		interval		10.28		11.11		12.86		# of strides	11.26	10.28	11.11	12.86	21.54	23.97	2.43
		velocity	8.88	9.73		9.00		7.78	8.79		8.88	9.73	9.00	7.78	9.29	8.34	

Semi-Final 2 - 2003 USATF National Championships (Palo Alto, CA) *USATF Women's Sprint Development (2003)*

date	20-Jun-03	time		21.77		33.79	39.77	46.53	46.53	3 / 8						
reaction time		interval				12.02	5.98	6.76		# of strides			12.02	12.74	21.77	24.76	2.99
		velocity		9.19		8.32	8.36	7.40	8.60				8.32	7.85	9.19	8.08	

FINAL - 1998 NCAA Championships (Amherst, NY) *Track Newsletter (1998) - NCAA Championships*

date	06-Jun-98	time		21.6				45.8	45.76	/ 3						
reaction time		interval						24.20		# of strides					21.60	24.20	2.60
		velocity		9.26				8.26	8.74						9.26	8.26	

Semi-Final 2 - 1997 USATF Championships (Indianapolis, IN) *Track Newsletter (1997) - USATF National Championships*

date	13-Jun-97	time		22.0		32.7		44.9	44.89	/ 2						
reaction time		interval				10.70		12.20		# of strides			10.70	12.20	22.00	22.90	0.90
		velocity		9.09		9.35		8.20	8.91				9.35	8.20	9.09	8.73	

Çanakçi, Ilyas (TUR) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

B Final - 2023 European Team Championships, First Division (Chorzów, POL) *European Athletics (2023) - 3rd european games, athletics - results book*

date	23-Jun-23	time	11.74	22.45		34.40		47.23	47.23	9 / 6						
reaction time	0.178	interval		10.71		11.95		12.83		# of strides	11.74	10.71	11.95	12.83	22.45	24.78	2.33
		velocity	8.52	9.34		8.37		7.79	8.47		8.52	9.34	8.37	7.79	8.91	8.07	

Canal, David (ESP) (1978)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2004 DLV-Gala (Erfurt, GER)																	*Graubner (2009) - http://www.fgs.uni-halle.de*
date 13-Jun-04	time		11.03		21.25		32.55		45.06	45.06	/ 1						
reaction time 0.191	interval				10.22		11.30		12.51		# of strides	11.03	10.22	11.30	12.51	21.25	23.81	2.56
	velocity		9.07		9.78		8.85		7.99	8.88		9.07	9.78	8.85	7.99	9.41	8.40	
FINAL - 2002 European Championships (Munich, GER)																	*Graubner (2009) - http://www.fgs.uni-halle.de*
date 08-Aug-02	time		11.88		21.86		33.04		45.24	45.24	5 / 2						
reaction time 0.148	interval				9.98		11.18		12.20		# of strides	11.88	9.98	11.18	12.20	21.86	23.38	1.52
	velocity		8.42		10.02		8.94		8.20	8.84		8.42	10.02	8.94	8.20	9.15	8.55	
Semi-Final 2 - 2002 European Championships (Munich, GER)																	*Graubner (2009) - http://www.fgs.uni-halle.de*
date 07-Aug-02	time		11.44		21.85		33.22		45.86	45.86	/ 1						
reaction time 0.152	interval				10.41		11.37		12.64		# of strides	11.44	10.41	11.37	12.64	21.85	24.01	2.16
	velocity		8.74		9.61		8.80		7.91	8.72		8.74	9.61	8.80	7.91	9.15	8.33	
Heat 1 - 2002 European Championships (Munich, GER)																	*Graubner (2009) - http://www.fgs.uni-halle.de*
date 06-Aug-02	time		11.88		22.49		33.57		45.75	45.75	/ 2						
reaction time 0.169	interval				10.61		11.08		12.18		# of strides	11.88	10.61	11.08	12.18	22.49	23.26	0.77
	velocity		8.42		9.43		9.03		8.21	8.74		8.42	9.43	9.03	8.21	8.89	8.60	
FINAL - 2001 European Cup (Bremen, GER)																	*Graubner (2007) - http://www.fgs.uni-halle.de*
date 23-Jun-01	time		11.50		21.78		32.93		45.52	45.52	/ 3						
reaction time	interval				10.28		11.15		12.59		# of strides	11.50	10.28	11.15	12.59	21.78	23.74	1.96
	velocity		8.70		9.73		8.97		7.94	8.79		8.70	9.73	8.97	7.94	9.18	8.42	
FINAL - 1997 European Cup (Munich, GER)																	*Jung (2003) - http://www.fgs.uni-halle.de*
date 21-Jun-97	time		11.57		22.33		33.79		46.28	46.28	/ 2						
reaction time	interval				10.76		11.46		12.49		# of strides	11.57	10.76	11.46	12.49	22.33	23.95	1.62
	velocity		8.64		9.29		8.73		8.01	8.64		8.64	9.29	8.73	8.01	8.96	8.35	

Cañal, Iñaki (ESP) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
A Final - 2023 European Team Championships, First Division (Chorzów, POL)																	*European Athletics (2023) - 3rd european games, athletics - results book*
date 23-Jun-23	time		11.11		21.38		32.97		45.51	45.51	2 / 7						
reaction time 0.168	interval				10.27		11.59		12.54	PB	# of strides	11.11	10.27	11.59	12.54	21.38	24.13	2.75
	velocity		9.00		9.74		8.63		7.97	8.79	185.2	9.00	9.74	8.63	7.97	9.35	8.29	
Semi-Final 2 - 2022 European Athletics Championships (Munich, GER)																	*European Athletics (2022) - european athletics championships race analysis*
date 16-Aug-22	time		11.28		21.59		33.07		46.10	46.10	1 / 6						
reaction time 0.159	interval				10.31		11.48		13.03		# of strides	11.28	10.31	11.48	13.03	21.59	24.51	2.92
	velocity		8.87		9.70		8.71		7.67	8.68	181.0	8.87	9.70	8.71	7.67	9.26	8.16	
Heat 1 - 2022 World Athletics Championships (Eugene, OR)																	*Timing by Seiko (2022) - world athletics championships race analysis*
date 17-Jul-22	time		11.11		21.35		32.75		45.83	45.83	7 / 3						
reaction time 0.151	interval				10.24		11.40		13.08	PB	# of strides	11.11	10.24	11.40	13.08	21.35	24.48	3.13
	velocity		9.00		9.77		8.77		7.65	8.73		9.00	9.77	8.77	7.65	9.37	8.17	

Cárdenas, Alejandro (MEX) (1974)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1999 IAAF World Championships (Sevilla, ESP)																	*Ferro (2001) - biomechanical analysis of the 7th world championships, seville 1999*
date 26-Aug-99	time	6.00	10.99	16.01	21.19	26.58	32.11	37.97	44.31	44.31	4 / 3						
reaction time 0.133	interval		4.99	5.02	5.18	5.39	5.53	5.86	6.34	NR	# of strides	10.99	10.20	10.92	12.20	21.19	23.12	1.93
	velocity	8.33	10.02	9.96	9.65	9.28	9.04	8.53	7.89	9.03		9.10	9.80	9.16	8.20	9.44	8.65	

Carlowitz, Jens (GDR) (1964)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 1 - 1988 Olympic Games (Seoul, KOR)																	*Brüggemann (1990) - scientific research project at the games of the XXXIV Olympiad, Seoul 1988*
date 26-Sep-88	time		11.19		21.52		32.67		45.08	45.08	2 / 6						
reaction time 0.230	interval				10.33		11.15		12.41		# of strides	11.19	10.33	11.15	12.41	21.52	23.56	2.04
	velocity		8.94		9.68		8.97		8.06	8.87		8.94	9.68	8.97	8.06	9.29	8.49	
FINAL - 1984 Olympischen Tag (Potsdam, GDR)																	*Heß (1985) - entwicklungsaspekte die leichtathletischen sprint-/hürdendisziplinen im olympiazyklus 1981/84*
date 21-Jul-84	time		11.23		21.51		32.60		44.95	44.95	/ 2						
reaction time	interval				10.28		11.09		12.35		# of strides	11.23	10.28	11.09	12.35	21.51	23.44	1.93
	velocity		8.90		9.73		9.02		8.10	8.90		8.90	9.73	9.02	8.10	9.30	8.53	

Carr, William (USA) (1909)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1932 Olympic Games (Los Angeles, CA)																	*Quercetani (2005) - a world history of the one-lap race: 1850-2004*
date 05-Aug-32	time		10.9		22.1		33.8		46.2	46.2	4 / 1						
reaction time	interval				11.20		11.70		12.40	WR	# of strides	10.90	11.20	11.70	12.40	22.10	24.10	2.00
	velocity		9.17		8.93		8.55		8.06	8.66		9.17	8.93	8.55	8.06	9.05	8.30	

Carter, Xavier (USA) (1985)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2006 NCAA Championships (Sacramento, CA)																	*Track Newsletter (2006) - NCAA men's championships*
date 10-Jun-06	time		11.3		21.6		32.7		44.5	44.53	5 / 1						
reaction time	interval				10.30		11.10		11.80	PB	# of strides	11.30	10.30	11.10	11.80	21.60	22.90	1.30
	velocity		8.85		9.71		9.01		8.47	8.98	181.0	8.85	9.71	9.01	8.47	9.26	8.73	

Carvalho, Lucas (BRA) (1993)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Repechage 1 - 2024 Olympic Games (Paris, FRA)																	*Paris 2024 Olympic Games - Results Book (2024)*
date 05-Aug-24	time	6.30	11.36	16.47	21.84	27.49	33.36	39.53	46.25	46.25	3 / 3						
reaction time 0.151	interval		5.06	5.11	5.37	5.65	5.87	6.17	6.72		# of strides	11.36	10.48	11.52	12.89	21.84	24.41	2.57
	velocity	7.94	9.88	9.78	9.31	8.85	8.52	8.10	7.44	8.65	181.0	8.80	9.54	8.68	7.76	9.16	8.19	
Heat 5 - 2024 Olympic Games (Paris, FRA)																	*Paris 2024 Olympic Games - Results Book (2024)*
date 04-Aug-24	time	6.17	11.11	16.21	21.55	27.09	32.90	38.98	45.85	45.85	5 / 7						

reaction time	0.133	interval		4.94	5.10	5.34	5.54	5.81	6.08	6.87		# of strides	11.11	10.44	11.35	12.95	21.55	24.30	2.75
		velocity	8.10	10.12	9.80	9.36	9.03	8.61	8.22	7.28	8.72	180.7	9.00	9.58	8.81	7.72	9.28	8.23	

Heat 6 - 2023 World Athletics Championships (Budapest, HUN) *Seiko Timing (2023) - world championship race analysis*

date	20-Aug-23	time		11.30		21.67		32.95		45.34	45.34	7 / 4						
reaction time	0.175	interval				10.37		11.28		12.39		# of strides	11.30	10.37	11.28	12.39	21.67	23.67	2.00
		velocity		8.85		9.64		8.87		8.07	8.82	180.7	8.85	9.64	8.87	8.07	9.23	8.45	

Heat 6 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	17-Jul-22	time		11.59		22.60		34.11		47.53	47.53	7 / 6						
reaction time	0.162	interval				11.01		11.51		13.42		# of strides	11.59	11.01	11.51	13.42	22.60	24.93	2.33
		velocity		8.63		9.08		8.69		7.45	8.42	187.5	8.63	9.08	8.69	7.45	8.85	8.02	

Carvell, Charlie (GBR) (2004)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 European Athletics U20 Championships (Tallin, EST)											*European Athletics (2021) - european athletics U20 championships results book*						
date 16-Jul-21	time		11.56		22.61		34.47		46.84	46.84	5 / 4							
reaction time 0.218	interval				11.05		11.86		12.37		# of strides	11.56	11.05	11.86	12.37	22.61	24.23	1.62
	velocity		8.65		9.05		8.43		8.08	8.54		8.65	9.05	8.43	8.08	8.85	8.25	

Semi-Final 2 - 2021 European Athletics U20 Championships (Tallin, EST) *European Athletics (2021) - european athletics U20 championships results book*

date	15-Jul-21	time		11.92		23.33		35.32		47.04	47.04	6 / 1						
reaction time	0.169	interval				11.41		11.99		11.72		# of strides	11.92	11.41	11.99	11.72	23.33	23.71	0.38
		velocity		8.39		8.76		8.34		8.53	8.50		8.39	8.76	8.34	8.53	8.57	8.44	

Cassell, Ollan (USA) (1936)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 1 - 1960 NCAA Championships (Berkeley, CA)											*Nelson (1960) - NCAA championships- Kansas upset USC*						
date 17-Jun-60	time				21.7				47.8	47.8	/ 7							
reaction time	interval								26.1		# of strides					21.70	26.10	4.40
	velocity				9.22				7.66	8.37						9.22	7.66	

Cavagnoux, Melvyn (FRA) (2006)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2025 European Athletics U20 Championships (Tampere, FIN)											*European Athletics (2025) - 2025 european athletics U20 championships - results book*						
date 09-Aug-25	time	6.46	11.54	16.73	22.18	27.80	33.67	39.86	46.78	46.78	8 / 4							
reaction time 0.153	interval		5.08	5.19	5.45	5.62	5.87	6.19	6.92		# of strides	11.54	10.64	11.49	13.11	22.18	24.60	2.42
	velocity	7.74	9.84	9.63	9.17	8.90	8.52	8.08	7.23	8.55	185.2	8.67	9.40	8.70	7.63	9.02	8.13	

Semi-Final 1 - 2025 European Athletics U20 Championships (Tampere, FIN) *European Athletics (2025) - 2025 european athletics U20 championships - results book*

date	08-Aug-25	time	6.41	11.51	16.85	22.31	27.98	33.88	40.10	46.87	46.87	7 / 2						
reaction time	0.204	interval		5.10	5.34	5.46	5.67	5.90	6.22	6.77		# of strides	11.51	10.80	11.57	12.99	22.31	24.56	2.25
		velocity	7.80	9.80	9.36	9.16	8.82	8.47	8.04	7.39	8.53		8.69	9.26	8.64	7.70	8.96	8.14	

Cedenio, Machel (TTO) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 Golden Gala Pietro Mennea (Florence, ITA)											*Omega Timing (2021) - diamond league race analysis*						
date 10-Jun-21	time	6.3	11.6							dnf	3 / --							
reaction time 0.185	interval		5.30								# of strides	11.60						
	velocity	7.94	9.43									8.62						

FINAL - 2019 IAAF World Championships (Doha, QAT) *Yamanaka (2019) - race analysis of men and women 400m competition*

date	04-Oct-19	time	6.01	10.78	15.67	20.73	26.07	31.83	38.05	45.30	45.30	6 / 7						
reaction time	0.221	interval		4.77	4.89	5.06	5.34	5.76	6.22	7.25		# of strides	10.78	9.95	11.10	13.47	20.73	24.57	3.84
		velocity	8.32	10.48	10.22	9.88	9.36	8.68	8.04	6.90	8.83	167.5	9.28	10.05	9.01	7.42	9.65	8.14	

Semi-Final 3 - 2019 IAAF World Championships (Doha, QAT) *Yamanaka (2019) - race analysis of men and women 400m competition*

date	02-Oct-19	time	6.05	10.84	15.76	20.98	26.45	32.17	38.07	44.41	44.41	7 / 1						
reaction time	0.239	interval		4.79	4.92	5.22	5.47	5.72	5.90	6.34		# of strides	10.84	10.14	11.19	12.24	20.98	23.43	2.45
		velocity	8.26	10.44	10.16	9.58	9.14	8.74	8.47	7.89	9.01	166.2	9.23	9.86	8.94	8.17	9.53	8.54	

National FINAL - 2019 Memorial van Damme (Brussels, BEL) *Omega Timing (2019) - diamond league race analysis*

date	06-Sep-19	time	6.3	11.2	16.3	21.6	27.1	32.9	38.8	44.93	44.93	4 / 1						
reaction time		interval		4.9	5.1	5.3	5.5	5.8	5.9	6.1		# of strides	11.20	10.40	11.30	12.03	21.60	23.33	1.73
		velocity	7.94	10.20	9.80	9.43	9.09	8.62	8.47	8.16	8.90		8.93	9.62	8.85	8.31	9.26	8.57	

Semi-Final 3 - 2017 IAAF World Championships (London, GBR) *Pollitt (2018) - biomechanical report for the IAAF World Champs - London 2017 - Men's 400m*

date	06-Aug-17	time		10.83		21.01		32.37	38.56	45.69	45.91	8 / 7						
reaction time	0.221	interval				10.18		11.36	6.19	7.13		# of strides	10.83	10.18	11.36	13.32	21.01	24.68	3.67
		velocity		9.23		9.82		8.80	8.08	7.01	8.71	168.4	9.23	9.82	8.80	7.51	9.52	8.10	

FINAL - 2016 Olympic Games (Rio de Janeiro, BRA) *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	14-Aug-16	time	6.08	10.87	15.80	20.86	26.18	31.88	37.70	44.01	44.01	3 / 4						
reaction time	0.203	interval		4.79	4.93	5.06	5.32	5.70	5.82	6.31	**NR**	# of strides	10.87	9.99	11.02	12.13	20.86	23.15	2.29
		velocity	8.22	10.44	10.14	9.88	9.40	8.77	8.59	7.92	9.09	161.5	9.20	10.01	9.07	8.24	9.59	8.64	

FINAL - 2015 IAAF World Championships (Beijing, CHN) *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	26-Aug-15	time	6.34	11.41	16.52	21.84	27.32	33.03	38.88	45.06	45.06	2 / 7						
reaction time	0.206	interval		5.07	5.11	5.32	5.48	5.71	5.85	6.18		# of strides	11.41	10.43	11.19	12.03	21.84	23.22	1.38
		velocity	7.89	9.86	9.78	9.40	9.12	8.76	8.55	8.09	8.88		8.76	9.59	8.94	8.31	9.16	8.61	

Semi-Final 3 - 2015 IAAF World Championships (Beijing, CHN) *Yamamoto (2015) - race analysis of 15th World Championships 400m- focusing on men's semis and women's prelims*

date	24-Aug-15	time	6.23	11.20	16.23	21.47	27.00	32.54	38.37	44.64	44.64	5 / 3						
reaction time	0.219	interval		4.97	5.03	5.24	5.53	5.54	5.83	6.27		# of strides	11.20	10.27	11.07	12.10	21.47	23.17	1.70
		velocity	8.03	10.06	9.94	9.54	9.04	9.03	8.58	7.97	8.96	162.0	8.93	9.74	9.03	8.26	9.32	8.63	

FINAL - 2014 IAAF World Junior Championships (Eugene, OR) *Maho (2014) - race analysis of men's 400m run in the 2014 season*

date	24-Jul-14	time	6.11	11.22	16.45	21.86	27.55	33.35	39.10	45.13	45.13	4 / 1						
reaction time	0.204	interval		5.11	5.23	5.41	5.69	5.80	5.75	6.03	**NJR / PB**	# of strides	11.22	10.64	11.49	11.78	21.86	23.27	1.41

	velocity	8.18	9.78	9.56	9.24	8.79	8.62	8.70	8.29	8.86		8.91	9.40	8.70	8.49	9.15	8.59	

Chalmers, Cameron (GBR) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B FINAL - 2022 Müller Birmingham Diamond League (Birmingham, GBR)																	*Omega Timing (2022) - diamond league race analysis*
date 21-May-22 time	6.2	11.2	16.4	21.7	27.5	33.6	39.9	46.69	46.69	6 / 5							
reaction time 0.199 interval		5.00	5.20	5.30	5.80	6.10	6.30	6.79		# of strides	11.20	10.50	11.90	13.09	21.70	24.99	3.29
velocity	8.06	10.00	9.62	9.43	8.62	8.20	7.94	7.36	8.57	173.0	8.93	9.52	8.40	7.64	9.22	8.00	

Chambers, Marcus (USA) (1994)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2019 Müller Anniversary Games (London, GBR)																	*Omega Timing (2019) - diamond league race analysis*
date 21-Jul-19 time		11.2		21.8		33.4		46.26	46.26	2 / 9							
reaction time 0.165 interval				10.6		11.6		12.9		# of strides	11.20	10.60	11.60	12.86	21.80	24.46	2.66
velocity		8.93		9.43		8.62		7.78	8.65		8.93	9.43	8.62	7.78	9.17	8.18	
FINAL - 2017 NCAA Championships (Eugene, OR)																	*Track Newsletter (2017) - NCAA men's championships*
date 09-Jun-17 time				21.0		32.4		45.3	45.28	/ 6							
reaction time interval						11.40		12.90		# of strides			11.40	12.90	21.00	24.30	3.30
velocity				9.52		8.77		7.75	8.83				8.77	7.75	9.52	8.23	
FINAL - 2016 NCAA Championships (Eugene, OR)																	*Track Newsletter (2016) - NCAA men's championships*
date 10-Jun-16 time				21.7		33.0		45.3	45.27	/ 4							
reaction time interval						11.30		12.30		# of strides			11.30	12.30	21.70	23.60	1.90
velocity				9.22		8.85		8.13	8.84				8.85	8.13	9.22	8.47	
FINAL - 2015 USATF National Championships (Eugene, OR)																	*Track Newsletter (2015) - USATF men's championships*
date 27-Jun-15 time				23.1		34.3		45.4	45.38	/ 6							
reaction time interval						11.2		11.1		# of strides			11.20	11.10	23.10	22.30	-0.80
velocity				8.66		8.93		9.01	8.81				8.93	9.01	8.66	8.97	
FINAL - 2015 NCAA Championships (Eugene, OR)																	*Track Newsletter (2015) - NCAA men's championships*
date 12-Jun-15 time				22.6				45.6	45.59	/ 2							
reaction time interval								23.00		# of strides					22.60	23.00	0.40
velocity				8.85				8.70	8.77						8.85	8.70	

Chambers, Ricardo (JAM) (1984)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 3 - 2009 IAAF World Championships (Berlin, GER)																	*Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*
date 19-Aug-09 time		11.28		22.00		32.88		45.13	45.13	7 / 3							
reaction time 0.167 interval				10.72		10.88		12.25		# of strides	11.28	10.72	10.88	12.25	22.00	23.13	1.13
velocity		8.87		9.33		9.19		8.16	8.86	174.0	8.87	9.33	9.19	8.16	9.09	8.65	
Heat 6 - 2009 IAAF World Championships (Berlin, GER)																	*Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*
date 18-Aug-09 time		11.22		21.62		32.91		45.57	45.57	5 / 3							
reaction time 0.172 interval				10.40		11.29		12.66		# of strides	11.22	10.40	11.29	12.66	21.62	23.95	2.33
velocity		8.91		9.62		8.86		7.90	8.78		8.91	9.62	8.86	7.90	9.25	8.35	
FINAL - 2007 NCAA Championships (Sacramento, CA)																	*Track Newsletter (2006) - NCAA men's championships*
date 09-Jun-07 time		11.1		21.3		32.4		44.7	44.66	6 / 1							
reaction time interval				10.20		11.10		12.30		# of strides	11.10	10.20	11.10	12.30	21.30	23.40	2.10
velocity		9.01		9.80		9.01		8.13	8.96	175.7	9.01	9.80	9.01	8.13	9.39	8.55	
FINAL - 2006 NCAA Championships (Sacramento, CA)																	*Track Newsletter (2006) - NCAA men's championships*
date 10-Jun-06 time		11.0		21.3		32.6		44.7	44.71	6 / 2							
reaction time interval				10.30		11.30		12.10	PB	# of strides	11.00	10.30	11.30	12.10	21.30	23.40	2.10
velocity		9.09		9.71		8.85		8.26	8.95	175.5	9.09	9.71	8.85	8.26	9.39	8.55	
FINAL - 2005 NCAA Championships (Sacramento, CA)																	*Track Newsletter (2005) - NCAA men's championships*
date 11-Jun-05 time		11.1		21.5		32.6		45.0	45.03	3 / 4							
reaction time interval				10.40		11.10		12.40		# of strides	11.10	10.40	11.10	12.40	21.50	23.50	2.00
velocity		9.01		9.62		9.01		8.06	8.88	173.0	9.01	9.62	9.01	8.06	9.30	8.51	

Chen Feifeng (CHN) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 6 - 2023 Chinese National Grand Prix 3 (Taizhou, CHN)																	*Shandong Athletics Sport Science (2023)*
date 26-May-23 time		11.26		22.36		34.59	40.93	47.93	47.93	6 / 1							
reaction time 0.228 interval				11.10		12.23	6.34	7.00		# of strides	11.26	11.10	12.23	13.34	22.36	25.57	3.21
velocity		8.88		9.01		8.18	7.89	7.14	8.35		8.88	9.01	8.18	7.50	8.94	7.82	

Cheng Yudong (CHN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Sport School FINAL - 2025 Yangtze River Delta Athletics Diamond Gala (Keqiao, CHN)																	*Omega Timing (2025) - diamond league race analysis*
date 03-May-25 time	7.12	13.12	19.39	26.02	32.91	39.96	47.17	54.62	54.62	6 / 6							
reaction time 0.217 interval		6.00	6.27	6.63	6.89	7.05	7.21	7.45		# of strides	13.12	12.90	13.94	14.66	26.02	28.60	2.58
velocity	7.02	8.33	7.97	7.54	7.26	7.09	6.93	6.71	7.32		7.62	7.75	7.17	6.82	7.69	6.99	

Cherry, Michael (USA) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 3 - 2025 USATF Championships (Eugene, OR)																	*USATF and Karmarush (2025) - USATF championships results and race analysis*
date 01-Aug-25 time		11.26		22.20		33.90		46.86	46.86	8 / 5							
reaction time interval				10.94		11.70		12.96		# of strides	11.26	10.94	11.70	12.96	22.20	24.66	2.46
velocity		8.88		9.14		8.55		7.72	8.54		8.88	9.14	8.55	7.72	9.01	8.11	
FINAL - 2022 Silesia Kamila Skolimowska Memorial (Chorzów, POL)																	*Omega Timing (2022) - diamond league race analysis*
date 06-Aug-22 time	6.14	11.11	16.24	21.55	27.09	32.88	38.95	45.45	45.45	7 / 7							
reaction time 0.171 interval		4.97	5.13	5.31	5.54	5.79	6.07	6.50		# of strides	11.11	10.44	11.33	12.57	21.55	23.90	2.35
velocity	8.14	10.06	9.75	9.42	9.03	8.64	8.24	7.69	8.80	162.2	9.00	9.58	8.83	7.96	9.28	8.37	
Semi-Final 2 - 2022 World Athletics Championships (Eugene, OR)																	*Timing by Seiko (2022) - world athletics championships race analysis*
date 20-Jul-22 time		11.23		21.85		32.92		45.28	45.28	5 / 4							

reaction time	0.143	interval			10.62		11.07		12.36		# of strides	11.23	10.62	11.07	12.36	21.85	23.43	1.58
		velocity	8.90		9.42		9.03		8.09	8.83	159.7	8.90	9.42	9.03	8.09	9.15	8.54	

Heat 3 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	17-Jul-22	time		11.16		21.84		33.16		45.81	45.81	3 / 1						
reaction time	0.137	interval			10.68		11.32		12.65		# of strides	11.16	10.68	11.32	12.65	21.84	23.97	2.13
		velocity	8.96		9.36		8.83		7.91	8.73	162.0	8.96	9.36	8.83	7.91	9.16	8.34	

FINAL - 2022 Golden Gala Pietro Mennea (Rome, ITA) *Omega Timing (2022) - diamond league race analysis*

date	09-Jun-22	time	6.05	11.05	16.20	21.48	26.93	32.62	38.60	45.24	45.24	4 / 3						
reaction time	0.178	interval		5.00	5.15	5.28	5.45	5.69	5.98	6.64		# of strides	11.05	10.43	11.14	12.62	21.48	23.76	2.28
		velocity	8.26	10.00	9.71	9.47	9.17	8.79	8.36	7.53	8.84		9.05	9.59	8.98	7.92	9.31	8.42	

FINAL - 2022 Prefontaine Classic (Eugene, OR) *Omega Timing (2022) - diamond league race analysis*

date	28-May-22	time	6.09	11.07	16.23	21.57	26.99	32.59	38.52	45.04	45.04	6 / 6						
reaction time	0.179	interval		4.98	5.16	5.34	5.42	5.60	5.93	6.52		# of strides	11.07	10.50	11.02	12.45	21.57	23.47	1.90
		velocity	8.21	10.04	9.69	9.36	9.23	8.93	8.43	7.67	8.88	158.5	9.03	9.52	9.07	8.03	9.27	8.52	

FINAL - 2021 Weltklasse (Zürich, SUI) *Omega Timing (2021) - diamond league race analysis*

date	09-Sep-21	time	6.0	10.8	15.9	21.1	26.5	32.1	38.0	44.41	44.41	4 / 1						
reaction time	0.179	interval		4.80	5.10	5.20	5.40	5.60	5.90	6.41		# of strides	10.80	10.30	11.00	12.31	21.10	23.31	2.21
		velocity	8.33	10.42	9.80	9.62	9.26	8.93	8.47	7.80	9.01	158.0	9.26	9.71	9.09	8.12	9.48	8.58	

FINAL - 2021 Memorial van Damme (Brussels, BEL) *Omega Timing (2021) - diamond league race analysis*

date	03-Sep-21	time	6.1	11.1	16.2	21.3	26.7	32.2	37.9	44.03	44.03	5 / 1						
reaction time	0.202	interval		5.00	5.10	5.10	5.40	5.50	5.70	6.13	PB	# of strides	11.10	10.20	10.90	11.83	21.30	22.73	1.43
		velocity	8.20	10.00	9.80	9.80	9.26	9.09	8.77	8.16	9.08	158.5	9.01	9.80	9.17	8.45	9.39	8.80	

FINAL - 2020 Olympic Games (Tokyo, JPN) *Omega Timing (2022) - Tokyo 2020 - race analysis - men's 400m final*

date	05-Aug-21	time	6.03	10.92	16.02	21.23	26.59	32.18	37.97	44.21	44.21	6 / 4						
reaction time	0.179	interval		4.89	5.10	5.21	5.36	5.59	5.79	6.24	PB	# of strides	10.92	10.31	10.95	12.03	21.23	22.98	1.75
		velocity	8.29	10.22	9.80	9.60	9.33	8.94	8.64	8.01	9.05	157.5	9.16	9.70	9.13	8.31	9.42	8.70	

FINAL - 2019 The Match - Europe v USA (Minsk, BLR) *Omega Timing (2019) - diamond league race analysis*

date	09-Sep-19	time		10.99		21.24		32.55		45.13	45.13	3 / 1						
reaction time	0.163	interval			10.25		11.31		12.58			# of strides	10.99	10.25	11.31	12.58	21.24	23.89	2.65
		velocity		9.10		9.76		8.84		7.95	8.86	165.0	9.10	9.76	8.84	7.95	9.42	8.37	

FINAL - 2019 Memorial van Damme (Brussels, BEL) *Omega Timing (2019) - diamond league race analysis*

date	06-Sep-19	time	6.2	11.0	15.9	21.1	26.6	32.5	38.6	45.55	45.55	8 / 6						
reaction time	0.209	interval		4.8	4.9	5.2	5.5	5.9	6.1	13.1		# of strides	11.00	10.10	11.40	13.05	21.10	24.45	3.35
		velocity	8.06	10.42	10.20	9.62	9.09	8.47	8.20	7.66	8.78		9.09	9.90	8.77	7.66	9.48	8.18	

FINAL - 2019 Müller Grand Prix (Birmingham, GBR) *Omega Timing (2019) - diamond league race analysis*

date	18-Aug-19	time		11.4		22.3		33.5		45.61	45.61	8 / 5						
reaction time	0.148	interval			10.9		11.2		12.1			# of strides	11.40	10.90	11.20	12.11	22.30	23.31	1.01
		velocity		8.77		9.17		8.93		8.26	8.77	164.2	8.77	9.17	8.93	8.26	8.97	8.58	

FINAL - 2019 Bauhaus Galan (Stockholm, SWE) *Omega Timing (2019) - diamond league race analysis*

date	30-May-19	time		11.3		22.1		33.5		46.30	46.30	4 / 3						
reaction time	0.189	interval			10.8		11.4		12.8			# of strides	11.30	10.80	11.40	12.80	22.10	24.20	2.10
		velocity		8.85		9.26		8.77		7.81	8.64	174.7	8.85	9.26	8.77	7.81	9.05	8.26	

FINAL - 2019 Shanghai (Shanghai, CHN) *Omega Timing (2019) - diamond league race analysis*

date	18-May-19	time		11.5		21.8		32.8		45.48	45.48	8 / 2						
reaction time	0.197	interval			10.3		11.0		12.7			# of strides	11.50	10.30	11.00	12.68	21.80	23.68	1.88
		velocity		8.70		9.71		9.09		7.89	8.80	163.0	8.70	9.71	9.09	7.89	9.17	8.45	

FINAL - 2017 USATF National Championships (Sacramento, CA) *Lee (& Ferrara) (2017) - speedendurance.com/2017/07/13/400m-splits-from-usa-national-championships/*

date	24-Jun-17	time		11.08		21.28		32.33		44.67	44.67	5 / 6						
reaction time		interval			10.20		11.05		12.34		PB	# of strides	11.08	10.20	11.05	12.34	21.28	23.39	2.11
		velocity		9.03		9.80		9.05		8.10	8.95		9.03	9.80	9.05	8.10	9.40	8.55	

FINAL - 2017 NCAA Championships (Eugene, OR) *Track Newsletter (2017) - NCAA men's championships*

date	09-Jun-17	time				22.0		33.0		44.8	44.77	3 / 3						
reaction time		interval						11.00		11.80		# of strides			11.00	11.80	22.00	22.80	0.80
		velocity				9.09		9.09		8.47	8.93	163.5			9.09	8.47	9.09	8.77	

FINAL - 2016 NCAA Championships (Eugene, OR) *Track Newsletter (2016) - NCAA men's championships*

date	10-Jun-16	time				21.6		32.8		45.1	45.11	6 / 3						
reaction time		interval						11.20		12.30	PB	# of strides			11.20	12.30	21.60	23.50	1.90
		velocity				9.26		8.93		8.13	8.87				8.93	8.13	9.26	8.51	

Chevous, Stanley (GBR) (2006)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
Semi-Final 2 - 2025 European Athletics U20 Championships (Tampere, FIN)																	
European Athletics (2025) - 2025 european athletics U20 championships - results book																	
date	08-Aug-25	time	6.43	11.72	17.03	22.54	28.25	34.17	40.37	47.17	47.17	7 / 4						
reaction time	0.147	interval		5.29	5.31	5.51	5.71	5.92	6.20	6.80		# of strides	11.72	10.82	11.63	13.00	22.54	24.63	2.09
		velocity	7.78	9.45	9.42	9.07	8.76	8.45	8.06	7.35	8.48	179.0	8.53	9.24	8.60	7.69	8.87	8.12	

National FINAL - 2025 London Athletics Meet (London, GBR) *Omega Timing (2025) - diamond league race analysis*

date	19-Jul-25	time	6.18	11.47	16.84	22.42	28.11	34.05	40.17	46.80	46.80	4 / 6						
reaction time	0.150	interval		5.29	5.37	5.58	5.69	5.94	6.12	6.63		# of strides	11.47	10.95	11.63	12.75	22.42	24.38	1.96
		velocity	8.09	9.45	9.31	8.96	8.79	8.42	8.17	7.54	8.55		8.72	9.13	8.60	7.84	8.92	8.20	

Choshi, Mori (JPN)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

FINAL - 2017 Nanbu Memorial Meeting (Sapporo, JPN) *(2017) - tfdata-store.com/2017/07/11/post-1010/*

date	09-Jul-17	time	11.77	22.74	34.86	47.92	47.92	8 / 6								
reaction time		interval		10.97	12.12	13.06		# of strides	11.77	10.97	12.12	13.06	22.74	25.18	2.44	
		velocity	8.50	9.12	8.25	7.66	8.35	186.0	8.50	9.12	8.25	7.66	8.80	7.94		

Christopher, Tyler (CAN) (1983)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2007 IAAF World Athletic Final (Stuttgart, GER)																	*Graubner (2007) - http://www.fgs.uni-halle.de*
date	22-Sep-07	time		11.06		21.44		38.73		44.87	44.87	3 / 2						
reaction time	0.160	interval				10.38		17.29		6.14		# of strides	11.06	10.38	17.29	6.14	21.44	23.43	1.99
		velocity		9.04		9.63		5.78		16.29	8.91		9.04	9.63	5.78	16.29	9.33	8.54	

FINAL - 2007 IAAF World Championships (Osaka, JPN)																	*Mochida (2008) - biomechancial analysis of the 400m final race at ehe 2007 world championships in athletics*
date	31-Aug-07	time	6.02	10.86	15.83	21.05	26.54	32.38	38.40	44.71	44.71	3 / 6						
reaction time	0.169	interval		4.84	4.97	5.22	5.49	5.84	6.02	6.31		# of strides	10.86	10.19	11.33	12.33	21.05	23.66	2.61
		velocity	8.31	10.33	10.06	9.58	9.11	8.56	8.31	7.92	8.95	183.7	9.21	9.81	8.83	8.11	9.50	8.45	

FINAL - 2005 IAAF World Championships (Helsinki, FIN)																	*Track Newsletter (2005) - World championships- men*
date	12-Aug-05	time				32.2		44.4		44.44	44.44	4 / 3						
reaction time		interval						12.2		NR		# of strides				12.20			
		velocity				9.32		8.20		9.00		174.7				8.20			

Chukwu, Clement (NGR) (1973)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1999 NCAA Championships (Boise, ID)																	*Track Newsletter (1999) - NCAA Championships*
date	05-Jun-99	time				21.8				44.8	44.79	/ 1						
reaction time		interval								23.00		# of strides					21.80	23.00	1.20
		velocity				9.17				8.70	8.93						9.17	8.70	

FINAL - 1998 NCAA Championships (Amherst, NY)																	*Track Newsletter (1998) - NCAA Championships*
date	06-Jun-98	time				21.8				45.8	45.82	/ 4						
reaction time		interval								24.00		# of strides					21.80	24.00	2.20
		velocity				9.17				8.33	8.73						9.17	8.33	

Claridge, Ben (GBR) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2019 Bislett Games (Olso, NOR)																	*Omega Timing (2019) - diamond league race analysis*
date	13-Jun-19	time		11.5		22.4		34.6		48.64	48.64	5 / 4						
reaction time	0.160	interval				10.9		12.2		14.0		# of strides	11.50	10.90	12.20	14.04	22.40	26.24	3.84
		velocity		8.70		9.17		8.20		7.12	8.22		8.70	9.17	8.20	7.12	8.93	7.62	

National FINAL - 2018 Müller Anniversary Games (London, GBR)																	*Omega Timing (2018) - diamond league race analysis*
date	21-Jul-18	time		11.6		22.4		34.1		47.35	47.35	1 / 7						
reaction time	0.138	interval				10.8		11.7		13.3		# of strides	11.60	10.80	11.70	13.25	22.40	24.95	2.55
		velocity		8.62		9.26		8.55		7.55	8.45		8.62	9.26	8.55	7.55	8.93	8.02	

Clark, Darren (AUS) (1965)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1988 Olympic Games (Seoul, KOR)																	*Brüggemann (1990) - scientific research project at the games of the XXXIV Olympiad, Seoul 1988*
date	28-Sep-88	time		11.22		21.61		32.55		44.55	44.55	5 / 4						
reaction time	0.176	interval				10.39		10.94		12.00		# of strides	11.22	10.39	10.94	12.00	21.61	22.94	1.33
		velocity		8.91		9.62		9.14		8.33	8.98		8.91	9.62	9.14	8.33	9.25	8.72	

Semi-Final 1 - 1988 Olympic Games (Seoul, KOR)																	*Brüggemann (1990) - scientific research project at the games of the XXXIV Olympiad, Seoul 1988*
date	26-Sep-88	time		11.15		21.58		32.55		44.38	44.38	6 / 3						
reaction time		interval				10.43		10.97		11.83	AR	# of strides	11.15	10.43	10.97	11.83	21.58	22.80	1.22
		velocity		8.97		9.59		9.12		8.45	9.01		8.97	9.59	9.12	8.45	9.27	8.77	

FINAL - 1985 IAAF World Cup (Canberra, AUS)																	*Butler (2010) -1st/IAAF VTB bank continental cup, IAAF statistics handbook - split 2010*
date	05-Oct-85	time				21.1				45.12	45.12	1 / 4						
reaction time		interval								24.02		# of strides					21.10	24.02	2.92
		velocity				9.48				8.33	8.87	187.7					9.48	8.33	

FINAL - 1984 Olympic Games (Los Angeles, CA)																	*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*
date	08-Aug-84	time				21.2		32.3		44.8	44.75	5 / 4						
reaction time	0.269	interval						11.10		12.50	AJR	# of strides		21.20	11.10	12.50	21.20	23.60	2.40
		velocity				9.43		9.01		8.00	8.94	186.0		9.43	9.01	8.00	9.43	8.47	

Clarke, Davian (JAM) (1976)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2005 Seiko Super Grand Prix (Yokohama, JPN)																	*Masaaki (2006) - time analysis in the 400m at the Seiko Super Grand Prix*
date	19-Sep-05	time		11.22		21.63		32.75	38.95	45.95	45.95	6 / 5						
reaction time		interval				10.41		11.12	6.20	7.00		# of strides	11.22	10.41	11.12	13.20	21.63	24.32	2.69
		velocity		8.91		9.61		8.99	8.06	7.14	8.71		8.91	9.61	8.99	7.58	9.25	8.22	

FINAL - 2004 Olympic Games (Athens, GRE)																	*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*
date	23-Aug-04	time				21.7		32.7		44.8	44.83	7 / 6						
reaction time	0.263	interval						11.0		12.1	PB	# of strides			11.00	12.10	21.70	23.10	1.40
		velocity				9.22		9.09		8.26	8.92	169.2			9.09	8.26	9.22	8.66	

FINAL - 1998 NCAA Championships (Amherst, NY)																	*Track Newsletter (1998) - NCAA Championships*
date	06-Jun-98	time				21.5				45.3	45.28	/ 2						
reaction time		interval								23.80		# of strides					21.50	23.80	2.30
		velocity				9.30				8.40	8.83						9.30	8.40	

FINAL - 1996 Olympic Games (Atlanta, GA)																	*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*
date	29-Jul-96	time				21.37		32.7		44.99	44.99	6 / 7						
reaction time	0.348	interval						11.33		12.29		# of strides			11.33	12.29	21.37	23.62	2.25
		velocity				9.36		8.83		8.14	8.89				8.83	8.14	9.36	8.47	

Clarke, Roshawn (JAM) (2004)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Long Hurdles - 2025 Grand Slam Track Kingston (Kingston, JAM)																	*Grand Slam Track (2025) - results and splits by race*
date 06-Apr-25	time		11.54		21.56		32.68		45.73	45.73	5 / 4						
reaction time 0.210	interval				10.02		11.12		13.05		# of strides	11.54	10.02	11.12	13.05	21.56	24.17	2.61
	velocity		8.67		9.98		8.99		7.66	8.75	175.5	8.67	9.98	8.99	7.66	9.28	8.27	

Clemons, Kyle (USA) (1990)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2016 USA Olympic Trials (Eugene, OR)																	*Track Newsletter (2016) - US olympic trials men*
date 03-Jul-16	time		11.0		21.9		33.0		45.4	45.39	2 / 6						
reaction time 0.206	interval				10.90		11.10		12.40		# of strides	11.00	10.90	11.10	12.40	21.90	23.50	1.60
	velocity		9.09		9.17		9.01		8.06	8.81		9.09	9.17	9.01	8.06	9.13	8.51	
FINAL - 2015 USATF National Championships (Eugene, OR)																	*Track Newsletter (2015) - USATF men's championships*
date 27-Jun-15	time				22.1		33.5		45.4	45.35	/ 5						
reaction time	interval						11.4		11.9		# of strides			11.40	11.90	22.10	23.30	1.20
	velocity				9.05		8.77		8.40	8.82				8.77	8.40	9.05	8.58	
FINAL - 2014 USATF National Championships (Sacramento, CA)																	*Track Newsletter (2014) - USATF men's championships*
date 28-Jun-14	time		11.5		22.0		33.0		45.0	45.00	/ 3						
reaction time	interval				10.5		11.0		12.0	PB	# of strides	11.50	10.50	11.00	12.00	22.00	23.00	1.00
	velocity		8.70		9.52		9.09		8.33	8.89		8.70	9.52	9.09	8.33	9.09	8.70	

Cleve, Moritz (GER) (1987)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 4 - 2009 IAAF World Championships (Berlin, GER)																	*Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*
date 19-Aug-09	time		12.08		23.43		35.36		49.17	49.17	8 / 6						
reaction time 0.195	interval				11.35		11.93		13.81		# of strides	12.08	11.35	11.93	13.81	23.43	25.74	2.31
	velocity		8.28		8.81		8.38		7.24	8.14	169.0	8.28	8.81	8.38	7.24	8.54	7.77	

Coelho, João (POR) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Repechage 4 - 2024 Olympic Games (Paris, FRA)																	*Paris 2024 Olympic Games - Results Book (2024)*
date 05-Aug-24	time	6.38	11.45	16.71	22.11	27.65	33.40	39.30	45.64	45.64	4 / 5						
reaction time 0.175	interval		5.07	5.26	5.40	5.54	5.75	5.90	6.34		# of strides	11.45	10.66	11.29	12.24	22.11	23.53	1.42
	velocity	7.84	9.86	9.51	9.26	9.03	8.70	8.47	7.89	8.76	181.0	8.73	9.38	8.86	8.17	9.05	8.50	
Heat 6 - 2024 Olympic Games (Paris, FRA)																	*Paris 2024 Olympic Games - Results Book (2024)*
date 04-Aug-24	time	6.46	11.54	16.69	22.04	27.50	33.12	38.98	45.35	45.35	9 / 4						
reaction time 0.216	interval		5.08	5.15	5.35	5.46	5.62	5.86	6.37		# of strides	11.54	10.50	11.08	12.23	22.04	23.31	1.27
	velocity	7.74	9.84	9.71	9.35	9.16	8.90	8.53	7.85	8.82	179.2	8.67	9.52	9.03	8.18	9.07	8.58	
Semi-Final 2 - 2024 European Athletics Championships (Roma, ITA)																	*European Athletics (2024) - 2024 european athletics championships - results book*
date 09-Jun-24	time		11.18		21.62		32.93		45.36	45.36	6 / 4						
reaction time 0.176	interval				10.44		11.31		12.43		# of strides	11.18	10.44	11.31	12.43	21.62	23.74	2.12
	velocity		8.94		9.58		8.84		8.05	8.82	180.0	8.94	9.58	8.84	8.05	9.25	8.42	
Heat 3 - 2023 World Athletics Championships (Budapest, HUN)																	*Seiko Timing (2023) - world championship race analysis*
date 20-Aug-23	time		11.50		21.83		33.00		45.38	45.38	9 / 6						
reaction time 0.273	interval				10.33		11.17		12.38		# of strides	11.50	10.33	11.17	12.38	21.83	23.55	1.72
	velocity		8.70		9.68		8.95		8.08	8.81	175.0	8.70	9.68	8.95	8.08	9.16	8.49	
FINAL - 2023 Bauhaus Galan (Stockholm, SWE)																	*Omega Timing (2023) - diamond league race analysis*
date 02-Jul-23	time	6.44	11.51	16.74	22.14	27.71	33.49	39.40	45.66	45.66	2 / 4						
reaction time 0.224	interval		5.07	5.23	5.40	5.57	5.78	5.91	6.26		# of strides	11.51	10.63	11.35	12.17	22.14	23.52	1.38
	velocity	7.76	9.86	9.56	9.26	8.98	8.65	8.46	7.99	8.76		8.69	9.41	8.81	8.22	9.03	8.50	
A Final - 2023 European Team Championships, First Division (Chorzów, POL)																	*European Athletics (2023) - 3rd european games, athletics - results book*
date 23-Jun-23	time		11.49		21.82		32.97		45.05	45.05	7 / 2						
reaction time 0.261	interval				10.33		11.15		12.08	NR PB	# of strides	11.49	10.33	11.15	12.08	21.82	23.23	1.41
	velocity		8.70		9.68		8.97		8.28	8.88	177.0	8.70	9.68	8.97	8.28	9.17	8.61	
Semi-Final 1 - 2022 European Athletics Championships (Munich, GER)																	*European Athletics (2022) - european athletics championships race analysis*
date 16-Aug-22	time		11.13		21.41		32.82		45.64	45.64	8 / 3						
reaction time 0.206	interval				10.28		11.41		12.82		# of strides	11.13	10.28	11.41	12.82	21.41	24.23	2.82
	velocity		8.98		9.73		8.76		7.80	8.76	177.5	8.98	9.73	8.76	7.80	9.34	8.25	
Heat 2 - 2022 European Athletics Championships (Munich, GER)																	*European Athletics (2022) - european athletics championships race analysis*
date 15-Aug-22	time		11.36		21.77		33.14		45.78	45.78	3 / 4						
reaction time 0.291	interval				10.41		11.37		12.64		# of strides	11.36	10.41	11.37	12.64	21.77	24.01	2.24
	velocity		8.80		9.61		8.80		7.91	8.74		8.80	9.61	8.80	7.91	9.19	8.33	

Coertzen, Willem (RSA) (1982)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 4 - 2009 IAAF World Championships (Berlin, GER)																	*Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*
date 19-Aug-09	time		11.42		22.62		34.84		48.63	48.63	2 / 3						
reaction time 0.189	interval				11.20		12.22		13.79	PB	# of strides	11.42	11.20	12.22	13.79	22.62	26.01	3.39
	velocity		8.76		8.93		8.18		7.25	8.23		8.76	8.93	8.18	7.25	8.84	7.69	

Coleman, Elzie (USA) (1985)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2003 USATF National Junior Championships (Palo Alto, CA)																	*USATF Women's Sprint Development (2003)*
date 22-Jun-03	time				22.79		34.58	40.47	47.06	47.06	7 / 3						
reaction time	interval						11.79	5.89	6.59		# of strides			11.79	12.48	22.79	24.27	1.48
	velocity				8.78		8.48	8.49	7.59	8.50				8.48	8.01	8.78	8.24	

Coley, Pete (JAM) (1981)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2002 NCAA Championships (Baton Rouge, LA)																	*Track Newsletter (2002) - NCAA championships*
date 01-Jun-02	time				21.9		32.9		45.1	45.07	/ 3						
reaction time	interval						11.00		12.20		# of strides			11.00	12.20	21.90	23.20	1.30

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
		velocity				9.13		9.09		8.20	8.88				9.09	8.20	9.13	8.62	

Collazo, William (CUB) (1986)

Semi-Final 2 - 2009 IAAF World Championships (Berlin, GER) — *Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	19-Aug-09	time		10.97		21.56		32.67		44.93	44.93	5 / 3							
reaction time	0.147	interval				10.59		11.11		12.26	**PB**	# of strides	10.97	10.59	11.11	12.26	21.56	23.37	1.81
		velocity		9.12		9.44		9.00		8.16	8.90	182.0	9.12	9.44	9.00	8.16	9.28	8.56	

Heat 2 - 2009 IAAF World Championships (Berlin, GER) — *Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	18-Aug-09	time		11.11		21.66		33.02		45.52	45.52	1 / 2							
reaction time	0.171	interval				10.55		11.36		12.50		# of strides	11.11	10.55	11.36	12.50	21.66	23.86	2.20
		velocity		9.00		9.48		8.80		8.00	8.79		9.00	9.48	8.80	8.00	9.23	8.38	

Collett, Wayne (USA) (1949)

FINAL - 1972 Olympic Games (Munich, FRG) — *Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	07-Sep-72	time				21.4		32.5		44.8	44.80	3 / 2							
reaction time		interval						11.10		12.30		# of strides			11.10	12.30	21.40	23.40	2.00
		velocity				9.35		9.01		8.13	8.93	176.7			9.01	8.13	9.35	8.55	

FINAL - 1972 USA Olympic Trials (Eugene, OR) — *Hymans (2008) - history of the US olympic trials - track and field*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	09-Jul-72	time				21.2				44.1	44.1	8 / 1							
reaction time		interval								22.90		# of strides					21.20	22.90	1.70
		velocity				9.43				8.73	9.07						9.43	8.73	

FINAL - 1972 UCLA Meet of Champions (Westwood, CA) (*yards*) — *Robinson (1974) - modern techniques of track and field*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	15-Apr-72	time				21.3				44.7	44.4	/ 2							
reaction time		interval								23.40	*(44.7/440y)*	# of strides					21.30	23.40	2.10
		velocity				9.39				8.55	9.01						9.39	8.55	

FINAL - 1971 USA National Champhionships (Eugene, OR) *(yards)* — *Hymans (2015) - progression of IAAF world records - 2015 edition*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	26-Jun-71	time				21.2				44.4	44.4	7 / 2							
reaction time		interval								23.2	*(44.7/440y)*	# of strides					21.20	23.20	2.00
		velocity				9.43				8.62	9.01						9.43	8.62	

FINAL - 1970 AAU Championships (Bakersfield, CA) (yards) — *Drake (1970) - AAU championships, topsy-turvy competition*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	27-Jun-70	time				21.6				45.5	45.5	1 / 3							
reaction time		interval								23.9	*(45.8/440y)*	# of strides					21.60	23.90	2.30
		velocity				9.26				8.37	8.79						9.26	8.37	

Collins, Ashton (USA) (1984)

FINAL - 2003 USATF National Junior Championships (Palo Alto, CA) — *USATF Women's Sprint Development (2003)*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	22-Jun-03	time				22.36		33.72	39.42	45.64	45.64	4 / 1							
reaction time		interval						11.36	5.70	6.22	**PB**	# of strides			11.36	11.92	22.36	23.28	0.92
		velocity				8.94		8.80	8.77	8.04	8.76				8.80	8.39	8.94	8.59	

Collins, Kyle (USA) (1994)

FINAL - 2017 USATF National Championships (Sacramento, CA) — *Lee (& Ferrara) (2017) - speedendurance.com/2017/07/13/400m-splits-from-usa-national-championships/*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	24-Jun-17	time		11.27		21.49		32.78		45.49	45.49	8 / 8							
reaction time		interval				10.22		11.29		12.71		# of strides	11.27	10.22	11.29	12.71	21.49	24.00	2.51
		velocity		8.87		9.78		8.86		7.87	8.79		8.87	9.78	8.86	7.87	9.31	8.33	

Conradie, Pieter (RSA) (1994)

FINAL - 2018 Weltklasse (Zürich, SUI) — *Omega Timing (2018) - diamond league race analysis*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	30-Aug-18	time		11.3		21.9		33.6		47.37	47.37	1 / 7							
reaction time	0.137	interval				10.6		11.7		13.8		# of strides	11.30	10.60	11.70	13.77	21.90	25.47	3.57
		velocity		8.85		9.43		8.55		7.26	8.44		8.85	9.43	8.55	7.26	9.13	7.85	

Coombs, Joseph (TRI) (1952)

FINAL - 1980 Olympic Games (Moscow, URS) — *Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	30-Jul-80	time						32.8		46.4	46.33	5 / 8							
reaction time	0.140	interval								13.60		# of strides				13.60			
		velocity						9.15		7.35	8.63					7.35			

Coquoz, Samuel (SUI) (1996)

B Race - 2024 Athletissima (Lausanne, SUI) — *Omega Timing (2024) - diamond league race analysis*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	22-Aug-24	time	6.36	11.69	17.21	22.95	29.02	35.44	42.19	49.42	49.42	1 / 7							
reaction time	0.182	interval		5.33	5.52	5.74	6.07	6.42	6.75	7.23		# of strides	11.69	11.26	12.49	13.98	22.95	26.47	3.52
		velocity	7.86	9.38	9.06	8.71	8.24	7.79	7.41	6.92	8.09		8.55	8.88	8.01	7.15	8.71	7.56	

Cowan, Dwayne (GBR) (1985)

FINAL - 2018 Müller Grand Prix (Birmingham, GBR) — *Omega Timing (2018) - diamond league race analysis*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	18-Aug-18	time		11.3		22.1		33.8		46.94	46.94	8 / 8							
reaction time	0.144	interval				10.8		11.7		13.1		# of strides	11.30	10.80	11.70	13.14	22.10	24.84	2.74
		velocity		8.85		9.26		8.55		7.61	8.52		8.85	9.26	8.55	7.61	9.05	8.05	

National FINAL - 2018 Müller Anniversary Games (London, GBR) — *Omega Timing (2018) - diamond league race analysis*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	21-Jul-18	time		11.2		21.7		33.1		45.65	45.65	6 / 1							
reaction time	0.131	interval				10.5		11.4		12.6		# of strides	11.20	10.50	11.40	12.55	21.70	23.95	2.25
		velocity		8.93		9.52		8.77		7.97	8.76		8.93	9.52	8.77	7.97	9.22	8.35	

Semi-Final 1 - 2017 IAAF World Championships (London, GBR) — *Pollitt (2018) - biomechanical report for the IAAF World Champs - London 2017 - Men's 400m*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	06-Aug-17	time		10.80		21.18		32.64	38.89	45.82	45.96	8 / 8							
reaction time	0.144	interval				10.38		11.46	6.25	6.93		# of strides	10.80	10.38	11.46	13.18	21.18	24.64	3.46
		velocity		9.26		9.63		8.73	8.00	7.22	8.70	168.3	9.26	9.63	8.73	7.59	9.44	8.12	

Couts, Brandon (USA) ((1979)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1998 NCAA Championships (Amherst, NY)																			*Track Newsletter (1998) - NCAA Championships*
date	06-Jun-98	time				21.8				46.0	46.03	/ 5							
reaction time		interval								24.20		# of strides					21.80	24.20	2.40
		velocity				9.17				8.26	8.69						9.17	8.26	

Cox, Anthony (JAM) (2000)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2022 Commonwealth Games (Birmingham, GBR)																			*Longines Timing (2022) - commonwealth games race analysis*
date	07-Aug-22	time	6.5	11.6	16.9	22.3	28.0	33.8	39.7	46.17	46.17	2 / 6							
reaction time	0.216	interval		5.10	5.30	5.40	5.70	5.80	5.90	6.47		# of strides	11.60	10.70	11.50	12.37	22.30	23.87	1.57
		velocity	7.69	9.80	9.43	9.26	8.77	8.62	8.47	7.73	8.66		8.62	9.35	8.70	8.08	8.97	8.38	
Semi-Final 1 - 2022 Commonwealth Games (Birmingham, GBR)																			*Longines Timing (2022) - commonwealth games race analysis*
date	05-Aug-22	time	6.4	11.4	16.7	22.2	27.8	33.6	39.6	45.98	45.98	5 / 3							
reaction time	0.202	interval		5.00	5.30	5.50	5.60	5.80	6.00	6.38		# of strides	11.40	10.80	11.40	12.38	22.20	23.78	1.58
		velocity	7.81	10.00	9.43	9.09	8.93	8.62	8.33	7.84	8.70	176.5	8.77	9.26	8.77	8.08	9.01	8.41	

Cunningham, Desean (USA) (1985)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2003 USATF National Junior Championships (Palo Alto, CA)																			*USATF Women's Sprint Development (2003)*
date	22-Jun-03	time				22.99		34.90	40.98	47.34	47.34	2 / 5							
reaction time		interval						11.91	6.08	6.36		# of strides			11.91	12.44	22.99	24.35	1.36
		velocity				8.70		8.40	8.22	7.86	8.45				8.40	8.04	8.70	8.21	

Dabrowski, Daniel (POL) (1983)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2007 European Cup (Munich, GER)																			*Graubner (2007) - http://www.fgs.uni-halle.de*
date	23-Jun-07	time		11.64		22.41		33.90		46.25	46.25	/ 5							
reaction time	0.193	interval				10.77		11.49		12.35		# of strides	11.64	10.77	11.49	12.35	22.41	23.84	1.43
		velocity		8.59		9.29		8.70		8.10	8.65		8.59	9.29	8.70	8.10	8.92	8.39	
FINAL - 2006 Seiko Super Grand Prix (Yokohama, JPN)																			*Hisashi (2007) - Super Grand Prix 2006 - sprinting speed changes in the 400m*
date	24-Sep-06	time	6.20	11.30	16.60	22.20	28.00	33.90	39.80	45.99	45.99	4 / 2							
reaction time		interval		5.10	5.30	5.60	5.80	5.90	5.90	6.19		# of strides	11.30	10.90	11.70	12.09	22.20	23.79	1.59
		velocity	8.06	9.80	9.43	8.93	8.62	8.47	8.47	8.08	8.70		8.85	9.17	8.55	8.27	9.01	8.41	
FINAL - 2006 European Championships (Göteborg, SWE)																			*Behm (2006) - Championnats d'Europe Göteborg 2006… Le 400m avec ou sans obstacles*
date	09-Aug-06	time				22.40		33.00		45.56	45.56	/ 4							
reaction time		interval						10.60		12.56		# of strides			10.60	12.56	22.40	23.16	0.76
		velocity				8.93		18.87		7.96	8.78				9.43	7.96	8.93	8.64	
FINAL - 2005 Seiko Super Grand Prix (Yokohama, JPN)																			*Masaaki (2006) - time analysis in the 400m at the Seiko Super Grand Prix*
date	19-Sep-05	time		11.45		22.12		33.22	39.21	45.62	45.62	7 / 2							
reaction time		interval				10.67		11.10	5.99	6.41	PB	# of strides	11.45	10.67	11.10	12.40	22.12	23.50	1.38
		velocity		8.73		9.37		9.01	8.35	7.80	8.77		8.73	9.37	9.01	8.06	9.04	8.51	

Daggu, Abdelmageed (QAT) (1998)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Invitational FINAL - 2025 Jetour Doha Meeting (Doha, QAT)																			*Omega Timing (2025) - diamond league race analysis*
date	16-May-25	time	6.34	11.63	17.40	23.46	29.49	35.40	41.37	47.97	47.97	2 / 6							
reaction time	0.201	interval		5.29	5.77	6.06	6.03	5.91	5.97	6.60		# of strides	11.63	11.83	11.94	12.57	23.46	24.51	1.05
		velocity	7.89	9.45	8.67	8.25	8.29	8.46	8.38	7.58	8.34		8.60	8.45	8.38	7.96	8.53	8.16	

Daichi, Tomita (JPN) (2001)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
U20 FINAL - 2019 Japanese National U18/U20 Championships (Hiroshima, JPN)																			*Kijima (2019) - research on athlete performance and technique- 2019 data book*
date	18-Oct-19	time	6.30	11.48	16.77	22.38	28.13	34.07	40.16	46.64	46.64	5 / 1							
reaction time	0.189	interval		5.18	5.29	5.61	5.75	5.94	6.09	6.48		# of strides	11.48	10.90	11.69	12.57	22.38	24.26	1.88
		velocity	7.94	9.65	9.45	8.91	8.70	8.42	8.21	7.72	8.58	181.0	8.71	9.17	8.55	7.96	8.94	8.24	

Dair, Hamza (MAR) (2002)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 Meeting International Mohammed VI d'Athlétisme (Rabat, MAR)																			*Omega Timing (2023) - diamond league race analysis*
date	28-May-23	time	6.31	11.44	16.80	22.46	28.18	34.14	40.36	47.09	47.09	1 / 7							
reaction time	0.180	interval		5.13	5.36	5.66	5.72	5.96	6.22	6.73		# of strides	11.44	11.02	11.68	12.95	22.46	24.63	2.17
		velocity	7.92	9.75	9.33	8.83	8.74	8.39	8.04	7.43	8.49		8.74	9.07	8.56	7.72	8.90	8.12	
National FINAL - 2022 Meeting International Mohammed VI d'Athlétime (Rabat, MAR)																			*Omega Timing (2022) - diamond league race analysis*
date	05-Jun-22	time	6.38	11.59	17.00	22.47	28.33	34.28	40.16	46.38	46.38	4 / 1							
reaction time	0.176	interval		5.21	5.41	5.47	5.86	5.95	5.88	6.22	PB	# of strides	11.59	10.88	11.81	12.10	22.47	23.91	1.44
		velocity	7.84	9.60	9.24	9.14	8.53	8.40	8.50	8.04	8.62		8.63	9.19	8.47	8.26	8.90	8.36	

Daisho, Shogo (JPN)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 Japanese National High School Champions ips (Sapporo, JPN)																			*Takashima (2023) - national high school sports festival - biomechanics data*
date	02-Aug-23	time		11.61		22.74		34.38		47.33	47.33	4 / 4							
reaction time	0.209	interval				11.13		11.64		12.95		# of strides	11.61	11.13	11.64	12.95	22.74	24.59	1.85
		velocity		8.61		8.98		8.59		7.72	8.45		8.61	8.98	8.59	7.72	8.80	8.13	

Danylenko, Danylo (UKR) (1994)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 1 - 2022 World Athletics Championships (Eugene, OR)																			*Timing by Seiko (2022) - world athletics championships race analysis*
date	17-Jul-22	time		11.71		22.27		33.76		46.39	46.39	3 / 6							
reaction time	0.258	interval				10.56		11.49		12.63		# of strides	11.71	10.56	11.49	12.63	22.27	24.12	1.85
		velocity		8.54		9.47		8.70		7.92	8.62		8.54	9.47	8.70	7.92	8.98	8.29	

Darden, Tony (USA) (1957)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1980 USA Olympic Trials (Eugene, OR)																			*Track Newsletter (1980) - US olympic trials*
date	27-Jun-80	time		12.3		22.6		34.2		46.4	46.41	/ 5							
reaction time		interval				10.30		11.60		12.21		# of strides	12.30	10.30	11.60	12.21	22.60	23.81	1.21
		velocity		8.13		9.71		8.62		8.19	8.62		8.13	9.71	8.62	8.19	8.85	8.40	

Dautzenberg, Jens (GER) (1974)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1997 European Cup (Munich, GER)																	*Jung (2003) - http://www.fgs.uni-halle.de*
date 21-Jun-97	time		11.72		23.01		34.48		46.79	46.79	/ 7						
reaction time	interval				11.29		11.47		12.31		# of strides	11.72	11.29	11.47	12.31	23.01	23.78	0.77
	velocity		8.53		8.86		8.72		8.12	8.55		8.53	8.86	8.72	8.12	8.69	8.41	

Davey, Lewis (GBR) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2025 London Athletics Meet (London, GBR)																	*Omega Timing (2025) - diamond league race analysis*
date 19-Jul-25	time	6.19	11.18	16.26	21.45	26.83	32.47	38.40	44.91	44.91	5 / 1							
reaction time 0.155	interval		4.99	5.08	5.19	5.38	5.64	5.93	6.51	PB	# of strides	11.18	10.27	11.02	12.44	21.45	23.46	2.01
	velocity	8.08	10.02	9.84	9.63	9.29	8.87	8.43	7.68	8.91		8.94	9.74	9.07	8.04	9.32	8.53	
National FINAL - 2024 London Athletics Meet (London, GBR)																	*Omega Timing (2024) - diamond league race analysis*
date 20-Jul-24	time	6.33	11.29	16.36	21.65	27.26	33.08	39.20	45.80	45.80	5 / 4							
reaction time 0.160	interval		4.96	5.07	5.29	5.61	5.82	6.12	6.60		# of strides	11.29	10.36	11.43	12.72	21.65	24.15	2.50
	velocity	7.90	10.08	9.86	9.45	8.91	8.59	8.17	7.58	8.73		8.86	9.65	8.75	7.86	9.24	8.28	
B Race - 2023 Memorial van Damme (Brussels, BEL)																	*Omega Timing (2023) - diamond league race analysis*
date 08-Sep-23	time	6.28	11.19	16.35	21.83	27.51	33.33	39.34	45.82	45.82	7 / 6							
reaction time 0.173	interval		4.91	5.16	5.48	5.68	5.82	6.01	6.48	PB	# of strides	11.19	10.64	11.50	12.49	21.83	23.99	2.16
	velocity	7.96	10.18	9.69	9.12	8.80	8.59	8.32	7.72	8.73		8.94	9.40	8.70	8.01	9.16	8.34	

Davis, Glenn (USA) (1934)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1958 NCAA Championships (Berkeley, CA) (*yards*)																	*Nelson (1956) - NCAA championships- 45.7 for Glenn Davis*
date 14-Jun-58	time				21.9				45.4	45.4	8 / 1						
reaction time	interval								23.5	WR yards	# of strides					21.90	23.50	1.60
	velocity				9.13				8.51	8.81	*(45.7/440y)*					9.13	8.51	
FINAL - 1958 Big 10 Championships (Lafayette, IN) (*yards*)																	*Hymans (2015) - progression of IAAF world records - 2015 edition*
date 24-May-58	time				22.3				45.5	45.5	/ 1						
reaction time	interval								23.2	=WR yards	# of strides					22.30	23.20	0.90
	velocity				8.97				8.62	8.79	*(45.8/440y)*					8.97	8.62	

Davis, Howard (JAM) (1967)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 2 - 1988 Olympic Games (Seoul, KOR)																	*Brüggemann (1990) - scientific research project at the games of the XXXIV Olympiad, Seoul 1988*
date 26-Sep-88	time		11.34		22.00		33.28		45.48	45.48	1 / 6						
reaction time 0.177	interval				10.66		11.28		12.20		# of strides	11.34	10.66	11.28	12.20	22.00	23.48	1.48
	velocity		8.82		9.38		8.87		8.20	8.80		8.82	9.38	8.87	8.20	9.09	8.52	

Davis, Jerome (USA) (1977)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1999 USATF National Championship (Eugene, OR)																	*Track Newsletter (1999) - USATF National Championships*
date 26-Jun-99	time				21.8				44.9	44.91	/ ~~3~~ 2						
reaction time	interval								23.10		# of strides					21.80	23.10	1.30
	velocity				9.17				8.66	8.91						9.17	8.66	
FINAL - 1999 NCAA Championships (Boise, ID)																	*Track Newsletter (1999) - NCAA Championships*
date 05-Jun-99	time				21.8				45.1	45.06	/ 3						
reaction time	interval								23.30		# of strides					21.80	23.30	1.50
	velocity				9.17				8.58	8.88						9.17	8.58	
FINAL - 1998 USATF National Championship (New Orleans, LA)																	*Track Newsletter (1998) - USATF National Championships*
date 21-Jun-98	time				22.0				45.0	45.04	/ ~~5~~ 4						
reaction time	interval								23.00		# of strides					22.00	23.00	1.00
	velocity				9.09				8.70	8.88						9.09	8.70	
FINAL - 1998 NCAA Championships (Amherst, NY)																	*Track Newsletter (1998) - NCAA Championships*
date 06-Jun-98	time				22.0				45.2	45.18	/ 1						
reaction time	interval								23.20		# of strides					22.00	23.20	1.20
	velocity				9.09				8.62	8.85						9.09	8.62	

Davis, Otis (USA) (1932)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1960 Olympic Games (Rome, ITA)																	*Khomenkov (1982) - a textbook for a track and field coach*
date 06-Sep-60	time		10.9		21.5		32.4		44.9	44.9	3 / 1						
reaction time	interval				10.60		10.90		12.50	WR	# of strides	10.90	10.60	10.90	12.50	21.50	23.40	1.90
	velocity		9.17		9.43		9.17		8.00	8.91	*(45.07)*	9.17	9.43	9.17	8.00	9.30	8.55	
Semi-Final 1 - 1960 Olympic Games (Rome, ITA)																	*Quercentani (2000). Athletics: A history of modern track and field athletics (1860-2000)*
date 05-Sep-60	time				22.5				45.5	45.5	/ 1						
reaction time	interval								23.0	OR	# of strides					22.50	23.00	0.50
	velocity				8.89				8.70	8.79	*(45.62)*					8.89	8.70	
Quater-Final 4 - 1960 Olympic Games (Rome, ITA)																	*Potts (1960) 400 meter dash - Davis, Kaufmann run 44.9*
date 03-Sep-60	time						34.5		45.9	45.9	/ 1						
reaction time	interval								11.4		# of strides							
	velocity						8.70		8.77	8.71								
FINAL - 1960 AAU Championships (Bakersfield, CA)																	*Bateman (1960) - national AAU championships- 7'2" for John Thomas*
date 25-Jun-60	time				23.2				45.8	45.8	9 / 1						
reaction time	interval								22.6		# of strides					23.20	22.60	-0.60
	velocity				8.62				8.85	8.73						8.62	8.85	

de Souza, Gérson (BRA) (1959)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 1 - 1988 Olympic Games (Seoul, KOR)																	*Brüggemann (1990) - scientific research project at the games of the XXXIV Olympiad, Seoul 1988*
date 26-Sep-88	time		11.38		21.78		32.83		45.27	45.27	7 / 7						
reaction time	interval				10.40		11.05		12.44		# of strides	11.38	10.40	11.05	12.44	21.78	23.49	1.71

		velocity	8.79		9.62		9.05		8.04	8.84		8.79	9.62	9.05	8.04	9.18	8.51	

FINAL - 1983 IAAF World Championships (Helsinki, FIN) *Butler (2013) - IAAF world championships statistics handbook- moscow 2013*

date	10-Aug-83	time			21.8				45.91	45.91	2 / 8							
reaction time		interval							24.11		# of strides					21.80	24.11	2.31
		velocity			9.17				8.30	8.71						9.17	8.30	

Deadmon, Bryce (USA) (1997)		**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 2025 USATF Championships (Eugene, OR)											*USATF and Karmarush (2025) - USATF championships results and race analysis*							
date	02-Aug-25	time		11.09		21.51		32.82		45.39	45.39	6 / 6						
reaction time		interval				10.42		11.31		12.57		# of strides	11.09	10.42	11.31	12.57	21.51	23.88	2.37
		velocity		9.02		9.60		8.84		7.96	8.81	170.0	9.02	9.60	8.84	7.96	9.30	8.38	

Heat 1 - 2025 USATF Championships (Eugene, OR) *USATF and Karmarush (2025) - USATF championships results and race analysis*

date	01-Aug-25	time		10.72		20.73		31.93		44.34	44.34	9 / 1						
reaction time		interval				10.01		11.20		12.41		# of strides	10.72	10.01	11.20	12.41	20.73	23.61	2.88
		velocity		9.33		9.99		8.93		8.06	9.02		9.33	9.99	8.93	8.06	9.65	8.47	

Long Sprints - 2025 Grand Slam Track Miami (Miramar, FL) *Grand Slam Track (2025) - results and splits by race*

date	03-May-25	time		11.49		22.23		33.74		45.52	45.52	3 / 7						
reaction time	0.200	interval				10.74		11.51		11.78		# of strides	11.49	10.74	11.51	11.78	22.23	23.29	1.06
		velocity		8.70		9.31		8.69		8.49	8.79		8.70	9.31	8.69	8.49	9.00	8.59	

FINAL - 2024 Golden Gala Pietro Mennea (Roma, ITA)												*Omega Timing (2024) - diamond league race analysis*							
date	30-Aug-24	time	6.09	11.13	16.22	21.43	26.96	32.63	38.46	44.77	44.77	1 / 7							
reaction time	0.160	interval		5.04	5.09	5.21	5.53	5.67	5.83	6.31		# of strides	11.13	10.30	11.20	12.14	21.43	23.34	1.91
		velocity	8.21	9.92	9.82	9.60	9.04	8.82	8.58	7.92	8.93	167.0	8.98	9.71	8.93	8.24	9.33	8.57	

FINAL - 2024 Athletissima (Lausanne, SUI)												*Omega Timing (2024) - diamond league race analysis*							
date	22-Aug-24	time	6.12	11.10	16.10	21.36	26.85	32.44	38.15	44.37	44.37	8 / 4							
reaction time	0.181	interval		4.98	5.00	5.26	5.49	5.59	5.71	6.22		# of strides	11.10	10.26	11.08	11.93	21.36	23.01	1.65
		velocity	8.17	10.04	10.00	9.51	9.11	8.94	8.76	8.04	9.02		9.01	9.75	9.03	8.38	9.36	8.69	

FINAL - 2024 Holloway Pro Classic (Gainesville, FL)												*Quintana (2024) - Holloway pro classic - Quincy Wilson 44.20!*							
date	19-Jul-24	time		11.3						44.3	44.23	/ 2							
reaction time		interval								33.00		# of strides	11.30						
		velocity		8.85						9.09	9.04		8.85						

FINAL - 2024 USA Olympic Trials (Eugene, OR)												*USATF and Karmarush (2024) - USA Olympic trials results and race analysis*							
date	24-Jun-24	time		11.04		21.58		32.78		44.61	44.61	6 / 5							
reaction time		interval				10.54		11.20		11.83		# of strides	11.04	10.54	11.20	11.83	21.58	23.03	1.45
		velocity		9.06		9.49		8.93		8.45	8.97	167.0	9.06	9.49	8.93	8.45	9.27	8.68	

Semi-Final 2 - 2024 USA Olympic Trials (Eugene, OR) *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	23-Jun-24	time		10.85		21.10		32.41		44.44	44.44	5 / 1						
reaction time		interval				10.25		11.31		12.03		# of strides	10.85	10.25	11.31	12.03	21.10	23.34	2.24
		velocity		9.22		9.76		8.84		8.31	9.00		9.22	9.76	8.84	8.31	9.48	8.57	

Heat 3 - 2024 USA Olympic Trials (Eugene, OR) *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	21-Jun-24	time		10.94		21.21		32.76		45.21	45.21	8 / 2						
reaction time		interval				10.27		11.55		12.45		# of strides			11.55	12.45	21.21	24.00	2.79
		velocity		9.14		9.74		8.66		8.03	8.85	165.5			8.66	8.03	9.43	8.33	

FINAL - 2023 Prefontaine Classic (Eugene, OR)												*Omega Timing (2023) - diamond league race analysis*							
date	16-Sep-23	time	6.10	11.16	16.30	21.62	27.17	32.87	38.68	44.90	44.90	3 / 7							
reaction time	0.145	interval		5.06	5.14	5.32	5.55	5.70	5.81	6.22		# of strides	11.16	10.46	11.25	12.03	21.62	23.28	1.66
		velocity	8.20	9.88	9.73	9.40	9.01	8.77	8.61	8.04	8.91		8.96	9.56	8.89	8.31	9.25	8.59	

Heat 6 - 2023 World Athletics Championships (Budapest, HUN)												*Seiko Timing (2023) - world championship race analysis*							
date	20-Aug-23	time		11.30		21.81		33.48		46.20	46.20	4 / 7							
reaction time	0.170	interval				10.51		11.67		12.72		# of strides	11.30	10.51	11.67	12.72	21.81	24.39	2.58
		velocity		8.85		9.51		8.57		7.86	8.66		8.85	9.51	8.57	7.86	9.17	8.20	

FINAL - 2023 London Athletics Meet (London, GBR)												*Omega Timing (2023) - diamond league race analysis*							
date	23-Jul-23	time	6.03	10.97	15.97	21.15	26.70	32.40	38.17	44.40	44.40	4 / 2							
reaction time	0.160	interval		4.94	5.00	5.18	5.55	5.70	5.77	6.23		# of strides	10.97	10.18	11.25	12.00	21.15	23.25	2.10
		velocity	8.29	10.12	10.00	9.65	9.01	8.77	8.67	8.03	9.01	169.0	9.12	9.82	8.89	8.33	9.46	8.60	

FINAL - 2023 Kamila Skolimowska Memorial (Chorzów, POL)												*Omega Timing (2023) - diamond league race analysis*							
date	16-Jul-23	time	6.07	11.03	16.08	21.36	26.92	32.69	38.54	44.81	44.81	6 / 6							
reaction time	0.155	interval		4.96	5.05	5.28	5.56	5.77	5.85	6.27		# of strides	11.03	10.33	11.33	12.12	21.36	23.45	2.09
		velocity	8.24	10.08	9.90	9.47	8.99	8.67	8.55	7.97	8.93	168.0	9.07	9.68	8.83	8.25	9.36	8.53	

FINAL - 2023 USATF National Championships (Eugene, OR)												*Track Newsletter (2023) - USATF championships/WCT men*							
date	08-Jul-23	time		11.06		21.25		32.44		44.22	44.22	7 / 1							
reaction time	0.188	interval				10.19		11.19		11.78	PB	# of strides	11.06	10.19	11.19	11.78	21.25	22.97	1.72
		velocity		9.04		9.81		8.94		8.49	9.05		9.04	9.81	8.94	8.49	9.41	8.71	

FINAL - 2022 Weltklasse (Zürich, SUI)												*Omega Timing (2022) - diamond league race analysis*							
date	08-Sep-22	time	6.16	11.20	16.35	21.61	27.04	32.66	38.42	44.47	44.47	3 / 2							
reaction time	0.135	interval		5.04	5.15	5.26	5.43	5.62	5.76	6.05		# of strides	11.20	10.41	11.05	11.81	21.61	22.86	1.25
		velocity	8.12	9.92	9.71	9.51	9.21	8.90	8.68	8.26	8.99		8.93	9.61	9.05	8.47	9.25	8.75	

FINAL - 2022 Silesia Kamila Skolimowska Memorial (Chorzów, POL)												*Omega Timing (2022) - diamond league race analysis*							
date	06-Aug-22	time	6.28	11.29	16.37	21.60	27.08	32.72	38.50	44.68	44.68	2 / 3							

reaction time	0.164	interval		5.01	5.08	5.23	5.48	5.64	5.78	6.18		# of strides	11.29	10.31	11.12	11.96	21.60	23.08	1.48
		velocity	7.96	9.98	9.84	9.56	9.12	8.87	8.65	8.09	8.95	157.0	8.86	9.70	8.99	8.36	9.26	8.67	

FINAL - 2022 USATF National Championships (Eugene, OR) *Track Newsletter (2022) - USATF championships men*

date	25-Jun-22	time		10.97		21.29		32.48		44.54	44.54	/ ~~6~~ 5						
reaction time		interval				10.32		11.19		12.06		# of strides	10.97	10.32	11.19	12.06	21.29	23.25	1.96
		velocity		9.12		9.69		8.94		8.29	8.98		9.12	9.69	8.94	8.29	9.39	8.60	

FINAL - 2022 Prefontaine Classic (Eugene, OR) *Omega Timing (2022) - diamond league race analysis*

date	28-May-22	time	6.19	11.32	16.44	21.79	27.28	32.91	38.84	45.35	45.35	3 / 8						
reaction time	0.149	interval		5.13	5.12	5.35	5.49	5.63	5.93	6.51		# of strides	11.32	10.47	11.12	12.44	21.79	23.56	1.77
		velocity	8.08	9.75	9.77	9.35	9.11	8.88	8.43	7.68	8.82	173.0	8.83	9.55	8.99	8.04	9.18	8.49	

FINAL - 2022 Müller Birmingham Diamond League (Birmingham, GBR) *Omega Timing (2022) - diamond league race analysis*

date	21-May-22	time	6.18	11.29	16.50	21.89	27.51	33.26	39.16	45.51	45.51	4 / 2						
reaction time	0.151	interval		5.11	5.21	5.39	5.62	5.75	5.90	6.35		# of strides	11.29	10.60	11.37	12.25	21.89	23.62	1.73
		velocity	8.09	9.78	9.60	9.28	8.90	8.70	8.47	7.87	8.79	173.0	8.86	9.43	8.80	8.16	9.14	8.47	

FINAL - 2019 NCAA Championships (Austin, TX) *Track Newsletter (2019) - NCAA men's championships*

date	07-Jun-19	time				21.6		32.9		45.2	45.18	/ 6						
reaction time	0.199	interval						11.30		12.30	PB	# of strides			11.30	12.30	21.60	23.60	2.00
		velocity				9.26		8.85		8.13	8.85				8.85	8.13	9.26	8.47	

Dean, Caleb (USA) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Long Hurdles - 2025 Grand Slam Track Philadelphia (Philadelphia, PA) *Grand Slam Track (2025) - results and splits by race*

date	01-Jun-25	time		11.21		21.99		33.31		46.01	46.01	5 / 4						
reaction time	0.191	interval				10.78		11.32		12.70		# of strides	11.21	10.78	11.32	12.70	21.99	24.02	2.03
		velocity		8.92		9.28		8.83		7.87	8.69		8.92	9.28	8.83	7.87	9.10	8.33	

Long Hurdles - 2025 Grand Slam Track Miami (Miramar, FL) *Grand Slam Track (2025) - results and splits by race*

date	04-May-25	time		11.02		21.37		32.65		45.18	45.18	6 / 3						
reaction time	0.160	interval				10.35		11.28		12.53	PB	# of strides	11.02	10.35	11.28	12.53	21.37	23.81	2.44
		velocity		9.07		9.66		8.87		7.98	8.85		9.07	9.66	8.87	7.98	9.36	8.40	

Long Hurdles - 2025 Grand Slam Track Kingston (Kingston, JAM) *Grand Slam Track (2025) - results and splits by race*

date	06-Apr-25	time		10.99		21.30		32.53		45.68	45.68	7 / 3						
reaction time	0.150	interval				10.31		11.23		13.15	PB	# of strides	10.99	10.31	11.23	13.15	21.30	24.38	3.08
		velocity		9.10		9.70		8.90		7.60	8.76	169.5	9.10	9.70	8.90	7.60	9.39	8.20	

Dedewo, Paul (USA) (1991)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2025 USATF Championships (Eugene, OR) *USATF and Karmarush (2025) - USATF championships results and race analysis*

date	02-Aug-25	time		11.34		21.93		33.41		45.87	45.87	1 / 9						
reaction time		interval				10.59		11.48		12.46		# of strides	11.34	10.59	11.48	12.46	21.93	23.94	2.01
		velocity		8.82		9.44		8.71		8.03	8.72	166.7	8.82	9.44	8.71	8.03	9.12	8.35	

Heat 1 - 2025 USATF Championships (Eugene, OR) *USATF and Karmarush (2025) - USATF championships results and race analysis*

date	01-Aug-25	time		11.10		21.34		32.49		44.94	44.94	5 / 5						
reaction time		interval				10.24		11.15		12.45		# of strides	11.10	10.24	11.15	12.45	21.34	23.60	2.26
		velocity		9.01		9.77		8.97		8.03	8.90		9.01	9.77	8.97	8.03	9.37	8.47	

Semi-Final 1 - 2024 USA Olympic Trials (Eugene, OR) *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	23-Jun-24	time		11.19		21.33		32.69		45.36	45.36	2 / 7						
reaction time		interval				10.14		11.36		12.67		# of strides	11.19	10.14	11.36	12.67	21.33	24.03	2.70
		velocity		8.94		9.86		8.80		7.89	8.82		8.94	9.86	8.80	7.89	9.38	8.32	

Heat 4 - 2024 USA Olympic Trials (Eugene, OR) *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	21-Jun-24	time		11.42		21.94		33.47		45.75	45.75	7 / 4						
reaction time		interval				10.52		11.53		12.28		# of strides	11.42	10.52	11.53	12.28	21.94	23.81	1.87
		velocity		8.76		9.51		8.67		8.14	8.74	164.0	8.76	9.51	8.67	8.14	9.12	8.40	

FINAL - 2018 Weltklasse (Zürich, SUI) *Omega Timing (2018) - diamond league race analysis*

date	30-Aug-18	time		11.4		21.8		33.0		45.18	45.18	7 / 4						
reaction time	0.157	interval				10.4		11.2		12.2		# of strides	11.40	10.40	11.20	12.18	21.80	23.38	1.58
		velocity		8.77		9.62		8.93		8.21	8.85	168.7	8.77	9.62	8.93	8.21	9.17	8.55	

FINAL - 2018 Müller Grand Prix (Birmingham, GBR) *Omega Timing (2018) - diamond league race analysis*

date	18-Aug-18	time		11.5		22.1		33.4		45.62	45.62	4 / 3						
reaction time	0.233	interval				10.6		11.3		12.2		# of strides	11.50	10.60	11.30	12.22	22.10	23.52	1.42
		velocity		8.70		9.43		8.85		8.18	8.77	179.7	8.70	9.43	8.85	8.18	9.05	8.50	

FINAL - 2018 Müller Anniversary Games (London, GBR) *Omega Timing (2018) - diamond league race analysis*

date	21-Jul-18	time		11.2		21.3		32.3		44.43	44.43	6 / 2						
reaction time	0.159	interval				10.1		11.0		12.1	PB	# of strides	11.20	10.10	11.00	12.13	21.30	23.13	1.83
		velocity		8.93		9.90		9.09		8.24	9.00	166.7	8.93	9.90	9.09	8.24	9.39	8.65	

FINAL - 2018 USATF National Championships (Des Moines, IA) *Track Newsletter (2018) - USATF championships men*

date	23-Jun-18	time				21.6		32.7		44.7	44.64	/ 2						
reaction time		interval						11.10		12.00		# of strides			11.10	12.00	21.60	23.10	1.50
		velocity				9.26		9.01		8.33	8.96				9.01	8.33	9.26	8.66	

Delgado, Joe (USA) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Decathlon - Heat 1 - 2024 USA Olympic Trials (Eugene, OR) *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	21-Jun-24	time		11.71		22.94		35.43		48.74	48.74	7 / 4						
reaction time		interval				11.23		12.49		13.31		# of strides	11.71	11.23	12.49	13.31	22.94	25.80	2.86
		velocity		8.54		8.90		8.01		7.51	8.21		8.54	8.90	8.01	7.51	8.72	7.75	

Demarthon, Francois (FRA) (1950)	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 2 - 1978 European Championships (Prague, TCH)																	*Lamare (1978) - championnats d'Europa 1978*
date 31-Aug-78	time		11.90		23.02		34.04		46.26	46.26	/ 3						
reaction time	interval				11.12		11.02		12.22		# of strides	11.90	11.12	11.02	12.22	23.02	23.24	0.22
	velocity		8.40		8.99		9.07		8.18	8.65		8.40	8.99	9.07	8.18	8.69	8.61	
Heat 3 - 1978 European Championships (Prague, TCH)																	*Lamare (1978) - championnats d'Europa 1978*
date 30-Aug-78	time				22.50				46.73	46.73	/ 2						
reaction time	interval								24.23		# of strides					22.50	24.23	1.73
	velocity				8.89				8.25	8.56						8.89	8.25	
Deng Hantao (CHN) (2000)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
Heat 1 - 2023 Chinese National Championships (Quzhou, CHN)																	*Shandong Athletics Sport Science (2023)*
date 21-Jul-23	time		11.49		22.36		34.20	40.56	47.35	47.35	2 / 7						
reaction time 0.204	interval				10.87		11.84	6.36	6.79		# of strides	11.49	10.87	11.84	13.15	22.36	24.99	2.63
	velocity		8.70		9.20		8.45	7.86	7.36	8.45	171.2	8.70	9.20	8.45	7.60	8.94	8.00	
FINAL - 2023 Chinese National Grand Prix 3 (Taizhou, CHN)																	*Shandong Athletics Sport Science (2023)*
date 26-May-23	time		11.44		22.26		34.26	40.58	47.48	47.48	1 / 5						
reaction time 0.222	interval				10.82		12.00	6.32	6.90		# of strides	11.44	10.82	12.00	13.22	22.26	25.22	2.96
	velocity		8.74		9.24		8.33	7.91	7.25	8.42	171.0	8.74	9.24	8.33	7.56	8.98	7.93	
FINAL - 2023 Chinese National Grand Prix 1 (Rizhao, CHN)																	*Shandong Athletics Sport Science (2023)*
date 26-Apr-23	time		11.48		22.34		34.52	40.88	47.60	47.60	3 / 3						
reaction time 0.172	interval				10.86		12.18	6.36	6.72		# of strides	11.48	10.86	12.18	13.08	22.34	25.26	2.92
	velocity		8.71		9.21		8.21	7.86	7.44	8.40	172.0	8.71	9.21	8.21	7.65	8.95	7.92	
Devantay, Charles (SUI) (1998)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 2024 Weltklasse (Zürich, SUI)																	*Omega Timing (2024) - diamond league race analysis*
date 05-Sep-24	time	6.27	11.45	16.80	22.29	28.01	33.90	40.07	46.67	46.67	2 / 7						
reaction time 0.140	interval		5.18	5.35	5.49	5.72	5.89	6.17	6.60		# of strides	11.45	10.84	11.61	12.77	22.29	24.38	2.09
	velocity	7.97	9.65	9.35	9.11	8.74	8.49	8.10	7.58	8.57		8.73	9.23	8.61	7.83	8.97	8.20	
B Race - 2024 Athletissima (Lausanne, SUI)																	*Omega Timing (2024) - diamond league race analysis*
date 22-Aug-24	time	6.20	11.33	16.63	22.13	27.74	33.56	39.56	46.06	46.06	4 / 2						
reaction time 0.134	interval		5.13	5.30	5.50	5.61	5.82	6.00	6.50		# of strides	11.33	10.80	11.43	12.50	22.13	23.93	1.80
	velocity	8.06	9.75	9.43	9.09	8.91	8.59	8.33	7.69	8.68		8.83	9.26	8.75	8.00	9.04	8.36	
FINAL - 2023 Athletissima (Lausanne, SUI)																	*Omega Timing (2023) - diamond league race analysis*
date 30-Jun-23	time	6.27	11.33	16.54	21.99	27.69	33.67	39.98	46.77	46.77	1 / 8						
reaction time 0.131	interval		5.06	5.21	5.45	5.70	5.98	6.31	6.79		# of strides	11.33	10.66	11.68	13.10	21.99	24.78	2.79
	velocity	7.97	9.88	9.60	9.17	8.77	8.36	7.92	7.36	8.55		8.83	9.38	8.56	7.63	9.10	8.07	
National FINAL - 2022 Weltklasse (Zürich, SUI)																	*Omega Timing (2022) - diamond league race analysis*
date 08-Sep-22	time	6.27	11.41	16.72	22.16	27.82	33.77	39.96	46.53	46.53	2 / 7						
reaction time 0.144	interval		5.14	5.31	5.44	5.66	5.95	6.19	6.57		# of strides	11.41	10.75	11.61	12.76	22.16	24.37	2.21
	velocity	7.97	9.73	9.42	9.19	8.83	8.40	8.08	7.61	8.60		8.76	9.30	8.61	7.84	9.03	8.21	
FINAL - 2021 Athletissima (Lausanne, SUI)																	*Omega Timing (2021) - diamond league race analysis*
date 26-Aug-21	time	6.3	11.4	16.7	22.3	28.0	34.0	40.2	46.93	46.93	1 / 8						
reaction time 0.132	interval		5.10	5.30	5.60	5.70	6.00	6.20	6.73		# of strides	11.40	10.90	11.70	12.93	22.30	24.63	2.33
	velocity	7.94	9.80	9.43	8.93	8.77	8.33	8.06	7.43	8.52		8.77	9.17	8.55	7.73	8.97	8.12	
Dharshana, Aruna (SRI) (1999)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
Heat 1 - 2023 World Athletics Championships (Budapest, HUN)																	*Seiko Timing (2023) - world championship race analysis*
date 20-Aug-23	time		11.63		22.35		33.86		45.70	45.70	4 / 6						
reaction time 0.214	interval				10.72		11.51		11.84		# of strides	11.63	10.72	11.51	11.84	22.35	23.35	1.00
	velocity		8.60		9.33		8.69		8.45	8.75		8.60	9.33	8.69	8.45	8.95	8.57	
Diagana, Stéphane (FRA) (1969)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 1992 French National Championships (Narbonne, FRA)																	*Belloc (1992) - Diagana: 45.18 / 48.13 : 3" d'ecart; incompressibles?*
date 28-Jun-92	time		11.40		21.68		32.84		45.18	45.18	/ 1						
reaction time	interval				10.28		11.16		12.34	PB	# of strides	11.40	10.28	11.16	12.34	21.68	23.50	1.82
	velocity		8.77		9.73		8.96		8.10	8.85		8.77	9.73	8.96	8.10	9.23	8.51	
Diaz, Yunior (CUB) (1987)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
Decathlon - Heat 2 - 2009 IAAF World Championships (Berlin, GER)																	*Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*
date 19-Aug-09	time		11.27		21.94		33.50		46.15	46.15	8 / 1						
reaction time 0.180	interval				10.67		11.56		12.65	PB	# of strides	11.27	10.67	11.56	12.65	21.94	24.21	2.27
	velocity		8.87		9.37		8.65		7.91	8.67	166.0	8.87	9.37	8.65	7.91	9.12	8.26	
Dieterle, Cédric (SUI) (2000)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
B Race - 2021 Athletissima (Lausanne, SUI)																	*Omega Timing (2021) - diamond league race analysis*
date 26-Aug-21	time	6.4	11.8	17.5	23.4	29.5	35.7	42.3	49.36	49.36	1 / 5						
reaction time 0.165	interval		5.40	5.70	5.90	6.10	6.20	6.60	7.06		# of strides	11.80	11.60	12.30	13.66	23.40	25.96	2.56
	velocity	7.81	9.26	8.77	8.47	8.20	8.06	7.58	7.08	8.10		8.47	8.62	8.13	7.32	8.55	7.70	
Dimitriades, Paisios (CYP) (1997)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
B Final - 2023 European Team Championships, Second Division (Chorzów, POL)																	*European Athletics (2023) - 3rd european games, athletics - results book*
date 20-Jun-23	time		11.64		22.57		34.59		47.54	47.54	4 / 5						
reaction time 0.210	interval				10.93		12.02		12.95	PB	# of strides	11.64	10.93	12.02	12.95	22.57	24.97	2.40
	velocity		8.59		9.15		8.32		7.72	8.41		8.59	9.15	8.32	7.72	8.86	8.01	
Dimokrati, El Mehdi (MAR) (2001)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

National FINAL - 2023 Meeting International Mohammed VI d'Athlétisme (Rabat, MAR) — *Omega Timing (2023) - diamond league race analysis*

date	28-May-23	time	6.55	12.01	17.62	23.51	29.36	35.28	41.35	47.72	47.72	3 / 4						
reaction time	0.203	interval		5.46	5.61	5.89	5.85	5.92	6.07	6.37		# of strides	12.01	11.50	11.77	12.44	23.51	24.21	0.70
		velocity	7.63	9.16	8.91	8.49	8.55	8.45	8.24	7.85	8.38		8.33	8.70	8.50	8.04	8.51	8.26	

Dimótsios, Stilianós (GRE) (1974)

Semi-Final 1 - 2002 European Championships (Munich, GER) — *Graubner (2009) - http://www.fgs.uni-halle.de*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	07-Aug-02	time		11.77		22.60		33.91		45.98	45.98	/ 6							
reaction time	0.153	interval				10.83		11.31		12.07	PB	# of strides	11.77	10.83	11.31	12.07	22.60	23.38	0.78
		velocity		8.50		9.23		8.84		8.29	8.70		8.50	9.23	8.84	8.29	8.85	8.55	

Ding Wenhao (CHN) (2003)

FINAL - 2024 Chinese National Championships (Quzhou, CHN) — *Shandong Athletics Sport Science (2024)*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	16-Sep-24	time		11.45		22.21		33.87	39.86	46.09	46.09	4 / 2							
reaction time	0.209	interval				10.76		11.66	5.99	6.23	PB	# of strides	11.45	10.76	11.66	12.22	22.21	23.88	1.67
		velocity		8.73		9.29		8.58	8.35	8.03	8.68	174.0	8.73	9.29	8.58	8.18	9.00	8.38	

FINAL - 2023 Chinese National Championships (Quzhou, CHN) — *Shandong Athletics Sport Science (2023)*

date	22-Jul-23	time		11.16		21.95		33.62	39.86	46.87	46.87	2 / 5							
reaction time	0.216	interval				10.79		11.67	6.24	7.01		# of strides	11.16	10.79	11.67	13.25	21.95	24.92	2.97
		velocity		8.96		9.27		8.57	8.01	7.13	8.53	176.0	8.96	9.27	8.57	7.55	9.11	8.03	

Semi-Final 1 - 2023 Chinese National Championships (Quzhou, CHN) — *Shandong Athletics Sport Science (2023)*

date	21-Jul-23	time		11.38		22.42		34.32	40.41	46.81	46.81	1 / 4							
reaction time	0.205	interval				11.04		11.90	6.09	6.40	PB	# of strides	11.38	11.04	11.90	12.49	22.42	24.39	1.97
		velocity		8.79		9.06		8.40	8.21	7.81	8.55	170.0	8.79	9.06	8.40	8.01	8.92	8.20	

Diouf, Cheikh Tidiane (SEN) (1995)

Semi-Final 1 - 2024 Olympic Games (Paris, FRA) — *Paris 2024 Olympic Games - Results Book (2024)*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	06-Aug-24	time	6.11	11.16	16.41	21.75	27.22	32.88	38.74	44.94	44.94	2 / 6							
reaction time	0.181	interval		5.05	5.25	5.34	5.47	5.66	5.86	6.20	NR PB	# of strides	11.16	10.59	11.13	12.06	21.75	23.19	1.44
		velocity	8.18	9.90	9.52	9.36	9.14	8.83	8.53	8.06	8.90	165.5	8.96	9.44	8.98	8.29	9.20	8.62	

Repechage 4 - 2024 Olympic Games (Paris, FRA) — *Paris 2024 Olympic Games - Results Book (2024)*

date	05-Aug-24	time	6.24	11.22	16.41	21.77	27.34	33.04	38.90	45.03	45.03	8 / 2							
reaction time	0.220	interval		4.98	5.19	5.36	5.57	5.70	5.86	6.13	=PB	# of strides	11.22	10.55	11.27	11.99	21.77	23.26	1.49
		velocity	8.01	10.04	9.63	9.33	8.98	8.77	8.53	8.16	8.88	164.0	8.91	9.48	8.87	8.34	9.19	8.60	

Heat 6 - 2024 Olympic Games (Paris, FRA) — *Paris 2024 Olympic Games - Results Book (2024)*

date	04-Aug-24	time	6.19	11.14	16.22	21.44	26.97	32.80	38.98	45.59	45.59	2 / 5							
reaction time	0.217	interval		4.95	5.08	5.22	5.53	5.83	6.18	6.61		# of strides	11.14	10.30	11.36	12.79	21.44	24.15	2.71
		velocity	8.08	10.10	9.84	9.58	9.04	8.58	8.09	7.56	8.77	165.0	8.98	9.71	8.80	7.82	9.33	8.28	

Djhone, Leslie (FRA) (1981)

FINAL - 2009 IAAF World Championships (Berlin, GER) — *Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	21-Aug-09	time		11.34		22.04		33.46		45.90	45.90	1 / 8							
reaction time	0.151	interval				10.70		11.42		12.44		# of strides	11.34	10.70	11.42	12.44	22.04	23.86	1.82
		velocity		8.82		9.35		8.76		8.04	8.71	168.0	8.82	9.35	8.76	8.04	9.07	8.38	

Semi-Final 1 - 2009 IAAF World Championships (Berlin, GER) — *Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*

date	19-Aug-09	time		11.32		21.87		32.85		44.80	44.80	3 / 3							
reaction time	0.165	interval				10.55		10.98		11.95		# of strides	11.32	10.55	10.98	11.95	21.87	22.93	1.06
		velocity		8.83		9.48		9.11		8.37	8.93	164.0	8.83	9.48	9.11	8.37	9.14	8.72	

Heat 5 - 2009 IAAF World Championships (Berlin, GER) — *Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*

date	18-Aug-09	time		11.42		21.86		32.94		45.20	45.20	7 / 2							
reaction time	0.165	interval				10.44		11.08		12.26		# of strides	11.42	10.44	11.08	12.26	21.86	23.34	1.48
		velocity		8.76		9.58		9.03		8.16	8.85		8.76	9.58	9.03	8.16	9.15	8.57	

FINAL - 2008 Olympic Games (Beijing, CHN) — *Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*

date	21-Aug-08	time				21.5		32.2		45.1	45.11	6 / 5							
reaction time	0.164	interval						10.70		12.90		# of strides		21.50	10.70	12.90	21.50	23.60	2.10
		velocity				9.30		9.35		7.75	8.87	166.5		9.30	9.35	7.75	9.30	8.47	

FINAL - 2007 IAAF World Championships (Osaka, JPN) — *Mochida (2008) - biomechancial analysis of the 400m final race at ehe 2007 world championships in athletics*

date	31-Aug-07	time	6.18	10.96	15.90	21.09	26.49	32.16	38.17	44.59	44.59	7 / 5							
reaction time	0.151	interval		4.78	4.94	5.19	5.40	5.67	6.01	6.42		# of strides	10.96	10.13	11.07	12.43	21.09	23.50	2.41
		velocity	8.09	10.46	10.12	9.63	9.26	8.82	8.32	7.79	8.97	164.5	9.12	9.87	9.03	8.05	9.48	8.51	

FINAL - 2007 European Cup (Munich, GER) — *Graubner (2007) - http://www.fgs.uni-halle.de*

date	23-Jun-07	time		11.70		22.13		33.27		45.54	45.54	/ 1							
reaction time	0.242	interval				10.43		11.14		12.27		# of strides	11.70	10.43	11.14	12.27	22.13	23.41	1.28
		velocity		8.55		9.59		8.98		8.15	8.78		8.55	9.59	8.98	8.15	9.04	8.54	

FINAL - 2006 European Championships (Göteborg, SWE) — *Behm (2006) - Championnats d'Europe Göteborg 2006… Le 400m avec ou sans obstacles*

date	09-Aug-06	time				22.6		33.1		45.40	45.40	/ 3							
reaction time		interval						10.50		12.30		# of strides		22.60	10.50	12.30	22.60	22.80	0.20
		velocity				8.85		19.05		8.13	8.81			4.42	9.52	8.13	8.85	8.77	

FINAL - 2004 Olympic Games (Athens, GRE) — *Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*

date	23-Aug-04	time				21.6		32.7		44.9	44.94	2 / 7							
reaction time	0.178	interval						11.1		12.2		# of strides		21.60	11.10	12.20	21.60	23.30	1.70
		velocity				9.26		9.01		8.20	8.90	160.5		4.63	9.01	8.20	9.26	8.58	

FINAL - 2003 IAAF World Championships (Paris, FRA) — *Bonvin (2003) - Compte-rendu 400m et relais 4x 400m*

date	26-Aug-03	time			21.4		32.4		44.83	44.83	8 / ~~5~~ 4							
reaction time	0.170	interval					11.00		12.43		# of strides			11.00	12.43	21.40	23.43	2.03
		velocity			9.35		9.09		8.05	8.92				9.09	8.05	9.35	8.54	

Dobber, Jochem (NED) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2022 Memorial van Damme (Brussels, BEL)																	*Omega Timing (2022) - diamond league race analysis*
date 02-Sep-22	time	6.34	11.44	16.72	22.14	27.73	33.59	39.82	46.46	46.46	1 / 6							
reaction time 0.160	interval		5.10	5.28	5.42	5.59	5.86	6.23	6.64		# of strides	11.44	10.70	11.45	12.87	22.14	24.32	2.18
	velocity	7.89	9.80	9.47	9.23	8.94	8.53	8.03	7.53	8.61		8.74	9.35	8.73	7.77	9.03	8.22	
Heat 2 - 2022 European Athletics Championships (Munich, GER)																	*European Athletics (2022) - european athletics championships race analysis*
date 15-Aug-22	time		11.38		21.78		33.18		46.36	46.36	2 / 7							
reaction time 0.281	interval				10.40		11.40		13.18		# of strides	11.38	10.40	11.40	13.18	21.78	24.58	2.80
	velocity		8.79		9.62		8.77		7.59	8.63		8.79	9.62	8.77	7.59	9.18	8.14	
FINAL - 2022 FBK Games (Hengelo, NED)																	*Omega Timing (2022) - continental tour race analysis*
date 06-Jun-22	time	6.3	11.4	16.6	22.0	27.7	33.8	40.2	47.16	47.16	8 / 7							
reaction time 0.167	interval		5.10	5.20	5.40	5.70	6.10	6.40	6.96		# of strides	11.40	10.60	11.80	13.36	22.00	25.16	3.16
	velocity	7.94	9.80	9.62	9.26	8.77	8.20	7.81	7.18	8.48		8.77	9.43	8.47	7.49	9.09	7.95	
FINAL - 2022 Müller Birmingham Diamond League (Birmingham, GBR)																	*Omega Timing (2022) - diamond league race analysis*
date 21-May-22	time	6.38	11.39	16.53	21.93	27.61	33.71	40.31	47.61	47.61	9 / 9							
reaction time 0.212	interval		5.01	5.14	5.40	5.68	6.10	6.60	7.30		# of strides	11.39	10.54	11.78	13.90	21.93	25.68	3.75
	velocity	7.84	9.98	9.73	9.26	8.80	8.20	7.58	6.85	8.40		8.78	9.49	8.49	7.19	9.12	7.79	
FINAL - 2021 Athletissima (Lausanne, SUI)																	*Omega Timing (2021) - diamond league race analysis*
date 26-Aug-21	time	6.3	11.4	16.6	21.9	27.5	33.3	39.4	45.75	45.75	2 / 6							
reaction time 0.195	interval		5.10	5.20	5.30	5.60	5.80	6.10	6.35		# of strides	11.40	10.50	11.40	12.45	21.90	23.85	1.95
	velocity	7.94	9.80	9.62	9.43	8.93	8.62	8.20	7.87	8.74		8.77	9.52	8.77	8.03	9.13	8.39	
FINAL - 2020 Bauhaus Galan (Stockholm, SWE)																	*Omega Timing (2020) - diamond league race analysis*
date 23-Aug-20	time	6.3	11.2	16.5	21.9	27.6	33.5	39.7	46.23	46.23	2 / 3							
reaction time 0.190	interval		4.90	5.30	5.40	5.70	5.90	6.20	6.53		# of strides	11.20	10.70	11.60	12.73	21.90	24.33	2.43
	velocity	7.94	10.20	9.43	9.26	8.77	8.47	8.06	7.66	8.65		8.93	9.35	8.62	7.86	9.13	8.22	

Dobrescu, Mario (ROU) (2004)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 2 - 2025 European Athletics U23 Championships (Bergen, NOR)																	*European Athletics (2025) - 2025 european athletics U23 championships- results book*
date 18-Jul-25	time	6.30	11.39	16.65	22.03	27.59	33.47	39.74	46.57	46.57	1 / 6							
reaction time 0.181	interval		5.09	5.26	5.38	5.56	5.88	6.27	6.83		# of strides	11.39	10.64	11.44	13.10	22.03	24.54	2.51
	velocity	7.94	9.82	9.51	9.29	8.99	8.50	7.97	7.32	8.59		8.78	9.40	8.74	7.63	9.08	8.15	

Dobson, Charles (GBR) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 2 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 16-Sep-25	time		11.12		21.38		32.58		44.85	44.85	4 / 7							
reaction time 0.149	interval				10.26		11.20		12.27		# of strides	11.12	10.26	11.20	12.27	21.38	23.47	2.09
	velocity		8.99		9.75		8.93		8.15	8.92		8.99	9.75	8.93	8.15	9.35	8.52	
Heat 1 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 14-Sep-25	time		11.09		21.39		32.73		44.85	44.85	5 / 3							
reaction time 0.153	interval				10.30		11.34		12.12		# of strides	11.09	10.30	11.34	12.12	21.39	23.46	2.07
	velocity		9.02		9.71		8.82		8.25	8.92	162.2	9.02	9.71	8.82	8.25	9.35	8.53	
FINAL - 2025 Memorial van Damme (Brussels, BEL)																	*Omega Timing (2025) - diamond league race analysis*
date 22-Aug-25	time	6.20	11.24	16.38	21.73	27.23	32.89	38.72	44.81	44.81	5 / 3							
reaction time 0.185	interval		5.04	5.14	5.35	5.50	5.66	5.83	6.09		# of strides	11.24	10.49	11.16	11.92	21.73	23.08	1.35
	velocity	8.06	9.92	9.73	9.35	9.09	8.83	8.58	8.21	8.93		8.90	9.53	8.96	8.39	9.20	8.67	
FINAL - 2025 London Athletics Meet (London, GBR)																	*Omega Timing (2025) - diamond league race analysis*
date 19-Jul-25	time	6.09	11.06	16.08	21.32	26.74	32.34	38.04	44.14	44.14	7 / 1							
reaction time 0.141	interval		4.97	5.02	5.24	5.42	5.60	5.70	6.10	**PB**	# of strides	11.06	10.26	11.02	11.80	21.32	22.82	1.50
	velocity	8.21	10.06	9.96	9.54	9.23	8.93	8.77	8.20	9.06	163.0	9.04	9.75	9.07	8.47	9.38	8.76	
FINAL - 2025 Prefontaine Classic (Eugene, OR)																	*Omega Timing (2025) - diamond league race analysis*
date 05-Jul-25	time	6.06	11.10	16.31	21.63	27.16	32.89	38.65	44.65	44.65	2 / 6							
reaction time 0.152	interval		5.04	5.21	5.32	5.53	5.73	5.76	6.00		# of strides	11.10	10.53	11.26	11.76	21.63	23.02	1.39
	velocity	8.25	9.92	9.60	9.40	9.04	8.73	8.68	8.33	8.96		9.01	9.50	8.88	8.50	9.25	8.69	
FINAL - 2025 Golden Gala Pietro Mennea (Roma, ITA)																	*Omega Timing (2025) - diamond league race analysis*
date 06-Jun-25	time	6.01	11.07	16.25	21.57	27.00	32.65	38.46	44.64	44.64	4 / 4							
reaction time 0.148	interval		5.06	5.18	5.32	5.43	5.65	5.81	6.18		# of strides	11.07	10.50	11.08	11.99	21.57	23.07	1.50
	velocity	8.32	9.88	9.65	9.40	9.21	8.85	8.61	8.09	8.96		9.03	9.52	9.03	8.34	9.27	8.67	
FINAL - 2024 Memorial van damme (Brussels, BEL)																	*Omega Timing (2024) - diamond league race analysis*
date 13-Sep-24	time	6.08	11.11	16.31	21.64	27.17	32.85	38.60	44.49	44.49	7 / 1							
reaction time 0.130	interval		5.03	5.20	5.33	5.53	5.68	5.75	5.89		# of strides	11.11	10.53	11.21	11.64	21.64	22.85	1.21
	velocity	8.22	9.94	9.62	9.38	9.04	8.80	8.70	8.49	8.99	164.0	9.00	9.50	8.92	8.59	9.24	8.75	
FINAL - 2024 Golden Gala Pietro Mennea (Roma, ITA)																	*Omega Timing (2024) - diamond league race analysis*
date 30-Aug-24	time	6.13	11.22	16.45	21.80	27.29	32.94	38.77	44.75	44.75	2 / 6							
reaction time 0.145	interval		5.09	5.23	5.35	5.49	5.65	5.83	5.98		# of strides	11.22	10.58	11.14	11.81	21.80	22.95	1.15
	velocity	8.16	9.82	9.56	9.35	9.11	8.85	8.58	8.36	8.94	164.2	8.91	9.45	8.98	8.47	9.17	8.71	
FINAL - 2024 Athletissima (Lausanne, SUI)																	*Omega Timing (2024) - diamond league race analysis*
date 22-Aug-24	time	6.04	10.98	16.03	21.31	26.76	32.46	38.31	44.53	44.53	4 / 5							
reaction time 0.147	interval		4.94	5.05	5.28	5.45	5.70	5.85	6.22		# of strides	10.98	10.33	11.15	12.07	21.31	23.22	1.91

		velocity	8.28	10.12	9.90	9.47	9.17	8.77	8.55	8.04	8.98		9.11	9.68	8.97	8.29	9.39	8.61	

Semi-Final 1 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	06-Aug-24	time	6.00	10.97	16.10	21.38	26.80	32.47	38.35	44.48	44.48	8 / 4							
reaction time	0.143	interval		4.97	5.13	5.28	5.42	5.67	5.88	6.13		# of strides	10.97	10.41	11.09	12.01	21.38	23.10	1.72
		velocity	8.33	10.06	9.75	9.47	9.23	8.82	8.50	8.16	8.99	165.0	9.12	9.61	9.02	8.33	9.35	8.66	

Heat 6 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	04-Aug-24	time	6.14	11.15	16.25	21.57	27.08	32.77	38.69	44.96	44.96	5 / 1							
reaction time	0.156	interval		5.01	5.10	5.32	5.51	5.69	5.92	6.27		# of strides	11.15	10.42	11.20	12.19	21.57	23.39	1.82
		velocity	8.14	9.98	9.80	9.40	9.07	8.79	8.45	7.97	8.90	162.7	8.97	9.60	8.93	8.20	9.27	8.55	

FINAL - 2024 London Athletics Meet (London, GBR) *Omega Timing (2024) - diamond league race analysis*

date	20-Jul-24	time	6.10	11.14	16.33	21.65	27.05	32.60	38.30	44.23	44.23	3 / 4							
reaction time	0.142	interval		5.04	5.19	5.32	5.40	5.55	5.70	5.93	PB	# of strides	11.14	10.51	10.95	11.63	21.65	22.58	0.93
		velocity	8.20	9.92	9.63	9.40	9.26	9.01	8.77	8.43	9.04		8.98	9.51	9.13	8.60	9.24	8.86	

FINAL - 2024 European Athletics Championships (Roma, ITA) *European Athletics (2024) - 2024 european athletics championships - results book*

date	10-Jun-24	time		11.13		21.52		32.38		44.38	44.38	6 / 2							
reaction time	0.121	interval				10.39		10.86		12.00	PB	# of strides	11.13	10.39	10.86	12.00	21.52	22.86	1.34
		velocity		8.98		9.62		9.21		8.33	9.01	165.2	8.98	9.62	9.21	8.33	9.29	8.75	

Semi-Final 2 - 2024 European Athletics Championships (Roma, ITA) *European Athletics (2024) - 2024 european athletics championships - results book*

date	09-Jun-24	time		11.06		21.46		32.70		44.65	44.65	8 / 1							
reaction time	0.151	interval				10.40		11.24		11.95		# of strides	11.06	10.40	11.24	11.95	21.46	23.19	1.73
		velocity		9.04		9.62		8.90		8.37	8.96	165.0	9.04	9.62	8.90	8.37	9.32	8.62	

Doggett, Sean (IRL) (2006)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2025 European Athletics U20 Championships (Tampere, FIN) *European Athletics (2025) - 2025 european athletics U20 championships - results book*

date	09-Aug-25	time	6.59	11.46	16.77	22.23	27.84	33.66	39.66	47.16	47.16	6 / 7							
reaction time	0.173	interval		4.87	5.31	5.46	5.61	5.82	6.00	7.50		# of strides	11.46	10.77	11.43	13.50	22.23	24.93	2.70
		velocity	7.59	10.27	9.42	9.16	8.91	8.59	8.33	6.67	8.48	177.0	8.73	9.29	8.75	7.41	9.00	8.02	

Semi-Final 3 - 2025 European Athletics U20 Championships (Tampere, FIN) *European Athletics (2025) - 2025 european athletics U20 championships - results book*

date	08-Aug-25	time	6.31	11.33	16.51	21.90	27.51	33.43	39.75	46.52	46.52	4 / 2							
reaction time	0.172	interval		5.02	5.18	5.39	5.61	5.92	6.32	6.77	PB	# of strides	11.33	10.57	11.53	13.09	21.90	24.62	2.72
		velocity	7.92	9.96	9.65	9.28	8.91	8.45	7.91	7.39	8.60	176.5	8.83	9.46	8.67	7.64	9.13	8.12	

Doom, Alexander (BEL) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Heat 2 - 2025 World Athletics Championships (Tokyo, JPN) *Seiko Timing (2025) - 2025 World Championships race analysis*

date	14-Sep-25	time		11.37		21.75		33.10		45.10	45.10	7 / 6							
reaction time	0.174	interval				10.38		11.35		12.00		# of strides	11.37	10.38	11.35	12.00	21.75	23.35	1.60
		velocity		8.80		9.63		8.81		8.33	8.87	177.5	8.80	9.63	8.81	8.33	9.20	8.57	

FINAL - 2025 Weltklasse (Zürich, SUI) *Omega Timing (2025) - diamond league race analysis*

date	28-Aug-25	time	6.37	11.38	16.50	21.76	27.26	33.07	39.15	45.61	45.61	2 / 8							
reaction time	0.158	interval		5.01	5.12	5.26	5.50	5.81	6.08	6.46		# of strides	11.38	10.38	11.31	12.54	21.76	23.85	2.09
		velocity	7.85	9.98	9.77	9.51	9.09	8.61	8.22	7.74	8.77		8.79	9.63	8.84	7.97	9.19	8.39	

FINAL - 2025 Memorial van Damme (Brussels, BEL) *Omega Timing (2025) - diamond league race analysis*

date	22-Aug-25	time	6.24	11.12	16.13	21.36	26.90	32.76	38.85	45.27	45.27	6 / 7							
reaction time	0.185	interval		4.88	5.01	5.23	5.54	5.86	6.09	6.42		# of strides	11.12	10.24	11.40	12.51	21.36	23.91	2.55
		velocity	8.01	10.25	9.98	9.56	9.03	8.53	8.21	7.79	8.84		8.99	9.77	8.77	7.99	9.36	8.36	

FINAL - 2025 Prefontaine Classic (Eugene, OR) *Omega Timing (2025) - diamond league race analysis*

date	05-Jul-25	time	6.36	11.42	16.62	22.03	27.63	33.40	39.39	45.68	45.68	4 / 8							
reaction time	0.153	interval		5.06	5.20	5.41	5.60	5.77	5.99	6.29		# of strides	11.42	10.61	11.37	12.28	22.03	23.65	1.62
		velocity	7.86	9.88	9.62	9.24	8.93	8.67	8.35	7.95	8.76		8.76	9.43	8.80	8.14	9.08	8.46	

FINAL - 2025 Golden Gala Pietro Mennea (Roma, ITA) *Omega Timing (2025) - diamond league race analysis*

date	06-Jun-25	time	6.34	11.34	16.47	21.80	27.38	33.19	39.21	45.60	45.60	9 / 7							
reaction time	0.226	interval		5.00	5.13	5.33	5.58	5.81	6.02	6.39		# of strides	11.34	10.46	11.39	12.41	21.80	23.80	2.00
		velocity	7.89	10.00	9.75	9.38	8.96	8.61	8.31	7.82	8.77	181.0	8.82	9.56	8.78	8.06	9.17	8.40	

FINAL - 2025 Yangtze River Delta Athletics Diamond Gala (Keqiao, CHN) *Omega Timing (2025) - diamond league race analysis*

date	03-May-25	time	6.32	11.32	16.43	21.67	27.22	33.04	39.09	45.35	45.35	2 / 6							
reaction time	0.159	interval		5.00	5.11	5.24	5.55	5.82	6.05	6.26		# of strides	11.32	10.35	11.37	12.31	21.67	23.68	2.01
		velocity	7.91	10.00	9.78	9.54	9.01	8.59	8.26	7.99	8.82		8.83	9.66	8.80	8.12	9.23	8.45	

Semi-Final 1 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	06-Aug-24	time	6.26	11.12	16.01	21.09	26.48	32.88			1:55.10	6 / 8							
reaction time	0.150	interval		4.86	4.89	5.08	5.39	6.40				# of strides	11.12	9.97	11.79				
		velocity	7.99	10.29	10.22	9.84	9.28	7.81					8.99	10.03	8.48				

Heat 6 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	04-Aug-24	time	6.42	11.36	16.32	21.52	27.02	32.81	38.76	45.01	45.01	7 / 2							
reaction time	0.188	interval		4.94	4.96	5.20	5.50	5.79	5.95	6.25		# of strides	11.36	10.16	11.29	12.20	21.52	23.49	1.97
		velocity	7.79	10.12	10.08	9.62	9.09	8.64	8.40	8.00	8.89	179.2	8.80	9.84	8.86	8.20	9.29	8.51	

Semi-Final 3 - 2024 European Athletics Championships (Roma, ITA) *European Athletics (2024) - 2024 european athletics championships - results book*

date	09-Jun-24	time		11.24		21.42		32.73		44.87	44.87	5 / 1							
reaction time	0.197	interval				10.18		11.31		12.14		# of strides	11.24	10.18	11.31	12.14	21.42	23.45	2.03
		velocity		8.90		9.82		8.84		8.24	8.91	179.0	8.90	9.82	8.84	8.24	9.34	8.53	

FINAL - 2023 Memorial van Damme (Brussels, BEL) *Omega Timing (2023) - diamond league race analysis*

date	08-Sep-23	time	6.44	11.47	16.60	21.95	27.57	33.39	39.45	45.77	45.77	5 / 7							
reaction time	0.178	interval		5.03	5.13	5.35	5.62	5.82	6.06	6.32		# of strides	11.47	10.48	11.44	12.38	21.95	23.82	1.87
		velocity	7.76	9.94	9.75	9.35	8.90	8.59	8.25	7.91	8.74	178.0	8.72	9.54	8.74	8.08	9.11	8.40	

Semi-Final 3 - 2023 World Athletics Championships (Budapest, HUN) *Seiko Timing (2023) - world championship race analysis*

date	22-Aug-23	time		11.36		21.56		33.18		45.57	45.57	5 / 4							
reaction time	0.168	interval				10.20		11.62		12.39		# of strides	11.36	10.20	11.62	12.39	21.56	24.01	2.45
		velocity		8.80		9.80		8.61		8.07	8.78		8.80	9.80	8.61	8.07	9.28	8.33	

Heat 6 - 2023 World Athletics Championships (Budapest, HUN) *Seiko Timing (2023) - world championship race analysis*

date	20-Aug-23	time		11.50		21.59		32.90		44.92	44.92	5 / 2							
reaction time	0.171	interval				10.09		11.31		12.02	PB	# of strides	11.50	10.09	11.31	12.02	21.59	23.33	1.74
		velocity		8.70		9.91		8.84		8.32	8.90	177.5	8.70	9.91	8.84	8.32	9.26	8.57	

FINAL - 2022 Memorial van Damme (Brussels, BEL) *Omega Timing (2022) - diamond league race analysis*

date	02-Sep-22	time	6.45	11.58	16.81	22.26	27.89	33.70	39.68	45.82	45.82	6 / 3							
reaction time	0.164	interval		5.13	5.23	5.45	5.63	5.81	5.98	6.14		# of strides	11.58	10.68	11.44	12.12	22.26	23.56	1.30
		velocity	7.75	9.75	9.56	9.17	8.88	8.61	8.36	8.14	8.73		8.64	9.36	8.74	8.25	8.98	8.49	

Semi-Final 1 - 2022 European Athletics Championships (Munich, GER) *European Athletics (2022) - european athletics championships race analysis*

date	16-Aug-22	time		10.97		21.26		32.84		45.77	45.77	6 / 6							
reaction time	0.180	interval				10.29		11.58		12.93		# of strides	10.97	10.29	11.58	12.93	21.26	24.51	3.25
		velocity		9.12		9.72		8.64		7.73	8.74	180.0	9.12	9.72	8.64	7.73	9.41	8.16	

Semi-Final 2 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	20-Jul-22	time		11.50		21.78		33.25		45.80	45.80	7 / 6							
reaction time	0.170	interval				10.28		11.47		12.55		# of strides	11.50	10.28	11.47	12.55	21.78	24.02	2.24
		velocity		8.70		9.73		8.72		7.97	8.73	182.0	8.70	9.73	8.72	7.97	9.18	8.33	

Heat 3 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	17-Jul-22	time		11.52		22.15		33.66		46.18	46.18	8 / 3							
reaction time	0.153	interval				10.63		11.51		12.52		# of strides	11.52	10.63	11.51	12.52	22.15	24.03	1.88
		velocity		8.68		9.41		8.69		7.99	8.66	186.0	8.68	9.41	8.69	7.99	9.03	8.32	

FINAL - 2021 Memorial van Damme (Brussels, BEL) *Omega Timing (2021) - diamond league race analysis*

date	03-Sep-21	time	6.4	11.3	16.4	21.8	27.4	33.3	39.5	45.84	45.84	7 / 6							
reaction time	0.154	interval		4.90	5.10	5.40	5.60	5.90	6.20	6.34		# of strides	11.30	10.50	11.50	12.54	21.80	24.04	2.24
		velocity	7.81	10.20	9.80	9.26	8.93	8.47	8.06	7.89	8.73		8.85	9.52	8.70	7.97	9.17	8.32	

dos Santos, Alison (BRA) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Long Hurdles - 2025 Grand Slam Track Philadelphia (Philadelphia, PA) *Grand Slam Track (2025) - results and splits by race*

date	01-Jun-25	time		11.29		22.09		33.25		45.63	45.63	7 / 3							
reaction time	0.178	interval				10.80		11.16		12.38		# of strides	11.29	10.80	11.16	12.38	22.09	23.54	1.45
		velocity		8.86		9.26		8.96		8.08	8.77		8.86	9.26	8.96	8.08	9.05	8.50	

Long Hurdles - 2025 Grand Slam Track Miami (Miramar, FL) *Grand Slam Track (2025) - results and splits by race*

date	04-May-25	time		11.04		21.28		32.37		44.53	44.53	5 / 1							
reaction time	0.190	interval				10.24		11.09		12.16	PB	# of strides	11.04	10.24	11.09	12.16	21.28	23.25	1.97
		velocity		9.06		9.77		9.02		8.22	8.98	159.0	9.06	9.77	9.02	8.22	9.40	8.60	

Long Hurdles - 2025 Grand Slam Track Kingston (Kingston, JAM) *Grand Slam Track (2025) - results and splits by race*

date	06-Apr-25	time		11.29		21.70		32.67		45.52	45.52	6 / 1							
reaction time	0.260	interval				10.41		10.97		12.85		# of strides	11.29	10.41	10.97	12.85	21.70	23.82	2.12
		velocity		8.86		9.61		9.12		7.78	8.79	159.0	8.86	9.61	9.12	7.78	9.22	8.40	

FINAL - 2023 Kamila Skolimowska Memorial (Chorzów, POL) *Omega Timing (2023) - diamond league race analysis*

date	16-Jul-23	time	6.19	11.05	16.04	21.27	26.69	32.42	38.37	44.73	44.73	4 / 3							
reaction time	0.165	interval		4.86	4.99	5.23	5.42	5.73	5.95	6.36		# of strides	11.05	10.22	11.15	12.31	21.27	23.46	2.19
		velocity	8.08	10.29	10.02	9.56	9.23	8.73	8.40	7.86	8.94	157.0	9.05	9.78	8.97	8.12	9.40	8.53	

Douglas, Quincy (NOR) (1975)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 1997 European Cup (Munich, GER) *Jung (2003) - http://www.fgs.uni-halle.de*

date	21-Jun-97	time		11.83		22.97		34.33		46.67	46.67	/ 6							
reaction time		interval				11.14		11.36		12.34		# of strides	11.83	11.14	11.36	12.34	22.97	23.70	0.73
		velocity		8.45		8.98		8.80		8.10	8.57		8.45	8.98	8.80	8.10	8.71	8.44	

Downs, William (USA) ???

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 1890 ??? Beacon Park (Boston, MA) (440y Straightaway) *Quercentani (2000) - athletics: a history of modern track and field athletics (1860-2000)*

date	09-Jul-90	time				23.1				47.1	47.1	/ 1							
reaction time		interval								24.0		# of strides					23.10	24.00	
		velocity				8.66				8.33	8.49	*(47 2/5 /440y)*					8.66	8.33	

Dringo, Mihai Sorin (ROU) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Heat 5 - 2025 World Athletics Championships (Tokyo, JPN) *Seiko Timing (2025) - 2025 World Championships race analysis*

date	14-Sep-25	time		11.21		21.44		32.67		45.21	45.21	9 / 6							
reaction time	0.207	interval				10.23		11.23		12.54		# of strides	11.21	10.23	11.23	12.54	21.44	23.77	2.33
		velocity		8.92		9.78		8.90		7.97	8.85	173.0	8.92	9.78	8.90	7.97	9.33	8.41	

FINAL - 2023 European Athletics U23 Championships (Espoo, FIN) *European Athletics (2023) - european athletics U23 championships results book*

date	14-Jul-23	time		11.36		21.55		32.99		45.56	45.56	6 / 4							
reaction time	0.181	interval				10.19		11.44		12.57		# of strides	11.36	10.19	11.44	12.57	21.55	24.01	2.46
		velocity		8.80		9.81		8.74		7.96	8.78	178.2	8.80	9.81	8.74	7.96	9.28	8.33	

Semi-Final 2 - 2023 European Athletics U23 Championships (Espoo, FIN) *European Athletics (2023) - european athletics U23 championships results book*

date	13-Jul-23	time		11.56		22.35		34.02		45.84	45.84	8 / 2							

reaction time	0.197	interval		10.79	11.67	11.82		# of strides	11.56	10.79	11.67	11.82	22.35	23.49	1.14
		velocity	8.65	9.27	8.57	8.46	8.73	177.7	8.65	9.27	8.57	8.46	8.95	8.51	

A Final - 2023 European Team Championships, Second Division (Chorzów, POL) *European Athletics (2023) - 3rd european games, athletics - results book*

date	20-Jun-23	time	11.24	21.46	32.87	45.76	45.76	9 / 3									
reaction time	0.204	interval		10.22	11.41	12.89		# of strides	11.24	10.22	11.41	12.89	21.46	24.30	2.84
		velocity	8.90	9.78	8.76	7.76	8.74		8.90	9.78	8.76	7.76	9.32	8.23	

Semi-Final 3 - 2022 European Athletics Championships (Munich, GER) *European Athletics (2022) - european athletics championships race analysis*

date	16-Aug-22	time	11.70	22.27	33.84	47.06	47.06	5 / 7									
reaction time	0.188	interval		10.57	11.57	13.22		# of strides	11.70	10.57	11.57	13.22	22.27	24.79	2.52
		velocity	8.55	9.46	8.64	7.56	8.50	178.5	8.55	9.46	8.64	7.56	8.98	8.07	

Drummond, Gerald (CRC) (1994)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Long Hurdles - 2025 Grand Slam Track Philadelphia (Philadelphia, PA) *Grand Slam Track (2025) - results and splits by race*

date	01-Jun-25	time	11.50	22.70	34.65	47.37	47.37	1 / 6									
reaction time	0.212	interval		11.20	11.95	12.72		# of strides	11.50	11.20	11.95	12.72	22.70	24.67	1.97
		velocity	8.70	8.93	8.37	7.86	8.44		8.70	8.93	8.37	7.86	8.81	8.11	

Ducos, Clement (FRA) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Long Hurdles - 2025 Grand Slam Track Philadelphia (Philadelphia, PA) *Grand Slam Track (2025) - results and splits by race*

date	01-Jun-25	time	11.74	23.15	34.91	47.59	47.59	6 / 7									
reaction time	0.161	interval		11.41	11.76	12.68		# of strides	11.74	11.41	11.76	12.68	23.15	24.44	1.29
		velocity	8.52	8.76	8.50	7.89	8.41		8.52	8.76	8.50	7.89	8.64	8.18	

Dunkley, Fitzroy (JAM) (1993)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2016 NCAA Championships (Eugene, OR) *Track Newsletter (2016) - NCAA men's championships*

date	10-Jun-16	time		21.7	32.9	45.1	45.06	2 / 2									
reaction time		interval			11.20	12.20	PB	# of strides					11.20	12.20	21.70	23.40	1.70
		velocity		9.22	8.93	8.20	8.88						8.93	8.20	9.22	8.55	

Dunn, Jarryd (GBR) (1992)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

National FINAL - 2018 Müller Anniversary Games (London, GBR) *Omega Timing (2018) - diamond league race analysis*

date	21-Jul-18	time	11.8	22.7	34.7	48.05	48.05	2 / 9									
reaction time	0.157	interval		10.9	12.0	13.4		# of strides	11.80	10.90	12.00	13.35	22.70	25.35	2.65
		velocity	8.47	9.17	8.33	7.49	8.32		8.47	9.17	8.33	7.49	8.81	7.89	

Dupinet, Alex (SUI) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

B Race - 2025 Weltklasse (Zürich, SUI) *Omega Timing (2025) - diamond league race analysis*

date	28-Aug-25	time	6.31	11.44	16.77	22.33	28.12	34.17	40.50	47.18	47.18	2 / 8					
reaction time	0.163	interval		5.13	5.33	5.56	5.79	6.05	6.33	6.68		# of strides	11.44	10.89	11.84	13.01	22.33	24.85	2.52
		velocity	7.92	9.75	9.38	8.99	8.64	8.26	7.90	7.49	8.48		8.74	9.18	8.45	7.69	8.96	8.05	

Duszynski, Kajetan (POL) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2022 Silesia Kamila Skolimowska Memorial (Chorzów, POL) *Omega Timing (2022) - diamond league race analysis*

date	06-Aug-22	time	6.20	11.21	16.35	21.62	27.19	33.07	39.33	46.08	46.08	8 / 9					
reaction time	0.151	interval		5.01	5.14	5.27	5.57	5.88	6.26	6.75		# of strides	11.21	10.41	11.45	13.01	21.62	24.46	2.84
		velocity	8.06	9.98	9.73	9.49	8.98	8.50	7.99	7.41	8.68		8.92	9.61	8.73	7.69	9.25	8.18	

Heat 2 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	17-Jul-22	time	11.29	22.11	33.60	46.57	46.57	6 / 7									
reaction time	0.132	interval		10.82	11.49	12.97		# of strides	11.29	10.82	11.49	12.97	22.11	24.46	2.35
		velocity	8.86	9.24	8.70	7.71	8.59		8.86	9.24	8.70	7.71	9.05	8.18	

Dyldin, Maksim (RUS) (1987)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Heat 5 - 2009 IAAF World Championships (Berlin, GER) *Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*

date	18-Aug-09	time	11.75	22.33	33.42	45.91	45.91	6 / 4									
reaction time	0.172	interval		10.58	11.09	12.49		# of strides	11.75	10.58	11.09	12.49	22.33	23.58	1.25
		velocity	8.51	9.45	9.02	8.01	8.71		8.51	9.45	9.02	8.01	8.96	8.48	

FINAL - 2007 European Cup (Munich, GER) *Graubner (2007) - http://www.fgs.uni-halle.de*

date	23-Jun-07	time	11.52	22.04	33.42	46.04	46.04	/ 4									
reaction time	0.151	interval		10.52	11.38	12.62		# of strides	11.52	10.52	11.38	12.62	22.04	24.00	1.96
		velocity	8.68	9.51	8.79	7.92	8.69		8.68	9.51	8.79	7.92	9.07	8.33	

East, Anthony (USA) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Heat 3 - 2025 USATF Championships (Eugene, OR) *USATF and Karmarush (2025) - USATF championships results and race analysis*

date	01-Aug-25	time	11.09	21.57	33.44	48.61	48.61	5 / 9									
reaction time		interval		10.48	11.87	15.17		# of strides	11.09	10.48	11.87	15.17	21.57	27.04	5.47
		velocity	9.02	9.54	8.42	6.59	8.23		9.02	9.54	8.42	6.59	9.27	7.40	

Eastman, Benjamin (USA) (1911)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 1932 Olympic Games (Los Angeles, CA) *Quercetani (2005) - a world history of the one-lap race: 1850-2004*

date	05-Aug-32	time	10.8	21.9	33.6	46.4	46.4	2 / 2									
reaction time		interval		11.10	11.70	12.80	*(46.50)*	# of strides	10.80	11.10	11.70	12.80	21.90	24.50	2.60
		velocity	9.26	9.01	8.55	7.81	8.62		9.26	9.01	8.55	7.81	9.13	8.16	

FINAL - 1932 USA Olympic Trials (Palo Alto, CA) *Hymans (2008) - history of the US olympic trials - track and field*

date	16-Jul-32	time		22.2		47.1	47.1	/ 2									
reaction time		interval				24.90		# of strides							22.20	24.90	2.70
		velocity		9.01		8.03	8.49								9.01	8.03	

FINAL - 1932 Los Angeles AC vs Stanford University (Stanford, CA) (yards) *Hymans (2015) - progression of IAAF world records - 2015 edition*

date	26-Mar-32	time		21.2		46.1	46.1	/ 1									
reaction time		interval				24.9	**WR** yards	# of strides							21.20	24.90	3.70

		velocity			9.43			8.03	8.68	*(46.4/440y)*						9.43	8.03		

Eaton, Ashton (USA) (1988)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 2 - 2009 IAAF World Championships (Berlin, GER)										*Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*							
date 19-Aug-09	time	11.39		22.70		34.94		47.75	47.75	6 / 3							
reaction time 0.171	interval			11.31		12.24		12.81		# of strides	11.39	11.31	12.24	12.81	22.70	25.05	2.35
	velocity	8.78		8.84		8.17		7.81	8.38	167.7	8.78	8.84	8.17	7.81	8.81	7.98	

Ebed, Amar Ebed (QAT) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat A - West Asian Championships - 2024 Seashore Doha Meeting (Doha, QAT)										*Omega Timing (2024) - diamond league race analysis*							
date 10-May-24	time	6.43	11.79	17.33	22.99	28.96	35.30	41.86	48.97	48.97	6 / 4							
reaction time 0.206	interval		5.36	5.54	5.66	5.97	6.34	6.56	7.11		# of strides	11.79	11.20	12.31	13.67	22.99	25.98	2.99
	velocity	7.78	9.33	9.03	8.83	8.38	7.89	7.62	7.03	8.17		8.48	8.93	8.12	7.32	8.70	7.70	
FINAL - 2023 Doha Diamond League (Doha, QAT)										*Omega Timing (2023) - diamond league race analysis*							
date 05-May-23	time	6.40	11.61	17.07	22.80	28.77	34.96	41.56	49.09	49.09	8 / 5							
reaction time 0.277	interval		5.21	5.46	5.73	5.97	6.19	6.60	7.53		# of strides	11.61	11.19	12.16	14.13	22.80	26.29	3.49
	velocity	7.81	9.60	9.16	8.73	8.38	8.08	7.58	6.64	8.15		8.61	8.94	8.22	7.08	8.77	7.61	

Egbunike, Innocent (NGR) (1961)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1988 Olympic Games (Seoul, KOR)										*Brüggemann (1990) - scientific research project at the games of the XXXIV Olympiad, Seoul 1988*							
date 28-Sep-88	time		11.29		21.76		32.74		44.72	44.72	7 / 5							
reaction time 0.255	interval				10.47		10.98		11.98		# of strides	11.29	10.47	10.98	11.98	21.76	22.96	1.20
	velocity		8.86		9.55		9.11		8.35	8.94		8.86	9.55	9.11	8.35	9.19	8.71	
Semi-Final 2 - 1988 Olympic Games (Seoul, KOR)										*Brüggemann (1990) - scientific research project at the games of the XXXIV Olympiad, Seoul 1988*							
date 26-Sep-88	time		11.11		21.44		32.79		44.74	44.74	4 / 4							
reaction time 0.253	interval				10.33		11.35		11.95		# of strides	11.11	10.33	11.35	11.95	21.44	23.30	1.86
	velocity		9.00		9.68		8.81		8.37	8.94		9.00	9.68	8.81	8.37	9.33	8.58	
FINAL - 1988 Weltklasse (Zurich, SUI)										*Parienté (1978) - la fabuleuse histoire de l'athlétisme*							
date 17-Aug-88	time				20.9		32.3		44.97	44.97	5 / 6							
reaction time	interval						11.40		12.67		# of strides			11.40	12.67	20.90	24.07	3.17
	velocity				9.57		8.77		7.89	8.89				8.77	7.89	9.57	8.31	
FINAL - 1987 IAAF World Championship (Rome, ITA)										*Moravec (1990) - time analyis of the sprints - Rome 1987 Scientific Report (2nd ed)*							
date 03-Sep-87	time		10.91		21.14		32.32		44.56	44.56	2 / 2							
reaction time	interval				10.23		11.18		12.24		# of strides	10.91	10.23	11.18	12.24	21.14	23.42	2.28
	velocity		9.17		9.78		8.94		8.17	8.98	167.0	9.17	9.78	8.94	8.17	9.46	8.54	
Semi-Final 1 - 1987 IAAF World Championship (Rome, ITA)										*Moravec (1990) - time analyis of the sprints - Rome 1987 Scientific Report (2nd ed)*							
date 01-Sep-87	time		10.87		20.97		32.10		44.26	44.26	4 / 1							
reaction time	interval				10.10		11.13		12.16	**CR**	# of strides	10.87	10.10	11.13	12.16	20.97	23.29	2.32
	velocity		9.20		9.90		8.98		8.22	9.04	162.5	9.20	9.90	8.98	8.22	9.54	8.59	
Quarter-Final 3 - 1987 IAAF World Championship (Rome, ITA)										*Moravec (1990) - time analyis of the sprints - Rome 1987 Scientific Report (2nd ed)*							
date 31-Aug-87	time		11.09		21.23		32.57		45.46	45.46	5 / 1							
reaction time	interval				10.14		11.34		12.89		# of strides	11.09	10.14	11.34	12.89	21.23	24.23	3.00
	velocity		9.02		9.86		8.82		7.76	8.80	162.0	9.02	9.86	8.82	7.76	9.42	8.25	
Heat 2 - 1987 IAAF World Championship (Rome, ITA)										*Moravec (1990) - time analyis of the sprints - Rome 1987 Scientific Report (2nd ed)*							
date 30-Aug-87	time		11.32		21.94		33.50		45.84	45.84	6 / 2							
reaction time	interval				10.62		11.56		12.34		# of strides	11.32	10.62	11.56	12.34	21.94	23.90	1.96
	velocity		8.83		9.42		8.65		8.10	8.73	161.0	8.83	9.42	8.65	8.10	9.12	8.37	
FINAL - 1984 Olympic Games (Los Angeles, CA)										*Adams (1984) - 1984 olympic games - 200m & 400m*							
date 08-Aug-84	time				21.7				45.35	45.35	3 / 7							
reaction time 0.192	interval								23.65		# of strides					21.70	23.65	1.95
	velocity				9.22				8.46	8.82						9.22	8.46	

Eitel, Manuel (GER) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 2 - 2023 World Athletics Championships (Budapest, HUN)										*Seiko Timing (2023) - world championship race analysis*							
date 25-Aug-23	time		11.48		22.73		34.93		48.47	48.47	4 / 3							
reaction time 0.162	interval				11.25		12.20		13.54		# of strides	11.48	11.25	12.20	13.54	22.73	25.74	3.01
	velocity		8.71		8.89		8.20		7.39	8.25	179.0	8.71	8.89	8.20	7.39	8.80	7.77	

Ekejunia, Ruo (JPN) (2004)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 Japanese National Sports Festival (Kagoshima, JPN) (300m)										*Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*							
date 15-Oct-23	time	6.29	11.34	16.42	21.72	27.16	32.90			32.90	4 / 3							***100m-300m***
reaction time 0.199	interval		5.05	5.08	5.30	5.44	5.74				# of strides	11.34	10.38	11.18		21.72		*21.56*
	velocity	7.95	9.90	9.84	9.43	9.19	8.71			9.12	135.5	8.82	9.63	8.94		9.21		*9.28*

Ekelund-Arenander, Nick (SWE) (1989

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2020 Bauhaus Galan (Stockholm, SWE)										*Omega Timing (2020) - diamond league race analysis*							
date 23-Aug-20	time	6.4	11.6	17.1	22.6	28.4	34.4	40.7	47.42	47.42	3 / 7							
reaction time 0.159	interval		5.20	5.50	5.50	5.80	6.00	6.30	6.72		# of strides	11.60	11.00	11.80	13.02	22.60	24.82	2.22
	velocity	7.81	9.62	9.09	9.09	8.62	8.33	7.94	7.44	8.44		8.62	9.09	8.47	7.68	8.85	8.06	

Ekwam, Zablon Ekhal (KEN) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 6 - 2024 Olympic Games (Paris, FRA)										*Paris 2024 Olympic Games - Results Book (2024)*							
date 04-Aug-24	time	6.09	10.95	15.94	21.50					dnf	6 / --							
reaction time 0.142	interval		4.86	4.99	5.56						# of strides	10.95	10.55					
	velocity	8.21	10.29	10.02	8.99							9.13	9.48					

El Boussiri, Walid (MAR) (2006)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

National FINAL - 2023 Meeting International Mohammed VI d'Athlétisme (Rabat, MAR) *Omega Timing (2023) - diamond league race analysis*

date	28-May-23	time	6.66	12.14	17.77	23.63	29.58	35.65	41.95	48.84	48.84	7 / 7						
reaction time	0.226	interval		5.48	5.63	5.86	5.95	6.07	6.30	6.89	PB	# of strides	12.14	11.49	12.02	13.19	23.63	25.21	1.58
		velocity	7.51	9.12	8.88	8.53	8.40	8.24	7.94	7.26	8.19		8.24	8.70	8.32	7.58	8.46	7.93	

El Guebbaz, Said (MAR) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

National FINAL - 2023 Meeting International Mohammed VI d'Athlétisme (Rabat, MAR) *Omega Timing (2023) - diamond league race analysis*

date	28-May-23	time	6.38	11.88	17.49	23.29	28.99	34.86	40.90	47.59	47.59	6 / 3						
reaction time	0.188	interval		5.50	5.61	5.80	5.70	5.87	6.04	6.69		# of strides	11.88	11.41	11.57	12.73	23.29	24.30	1.01
		velocity	7.84	9.09	8.91	8.62	8.77	8.52	8.28	7.47	8.41		8.42	8.76	8.64	7.86	8.59	8.23	

Elkhatib, Omar (POR) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

B Final - 2025 European Team Championships, First Division (Madrid, ESP) *European Athletics (2025) - 2025 european team championships, first division - results book*

date	27-Jun-25	time	6.23	11.23	16.29	21.67	27.31	33.22	39.29	46.24	46.24	/ 6						
reaction time	0.143	interval		5.00	5.06	5.38	5.64	5.91	6.07	6.95		# of strides	11.23	10.44	11.55	13.02	21.67	24.57	2.90
		velocity	8.03	10.00	9.88	9.29	8.87	8.46	8.24	7.19	8.65		8.90	9.58	8.66	7.68	9.23	8.14	

Semi-Final 3 - 2024 European Athletics Championships (Roma, ITA) *European Athletics (2024) - 2024 european athletics championships - results book*

date	09-Jun-24	time		11.67		22.44		33.76		45.65	45.65	9 / 3						
reaction time	0.188	interval				10.77		11.32		11.89		# of strides	11.67	10.77	11.32	11.89	22.44	23.21	0.77
		velocity		8.57		9.29		8.83		8.41	8.76	179.7	8.57	9.29	8.83	8.41	8.91	8.62	

Heat 2 - 2024 European Athletics Championships (Roma, ITA) *European Athletics (2024) - 2024 european athletics championships - results book*

date	08-Jun-24	time		11.57		22.12		33.60		45.80	45.80	4 / 2						
reaction time	0.155	interval				10.55		11.48		12.20		# of strides	11.57	10.55	11.48	12.20	22.12	23.68	1.56
		velocity		8.64		9.48		8.71		8.20	8.73		8.64	9.48	8.71	8.20	9.04	8.45	

FINAL - 2023 European Athletics U23 Championships (Espoo, FIN) *European Athletics (2023) - european athletics U23 championships results book*

date	14-Jul-23	time		11.76		22.31		33.92		45.73	45.73	2 / 6						
reaction time	0.168	interval				10.55		11.61		11.81	PB	# of strides	11.76	10.55	11.61	11.81	22.31	23.42	1.11
		velocity		8.50		9.48		8.61		8.47	8.75	176.0	8.50	9.48	8.61	8.47	8.96	8.54	

Semi-Final 2 - 2023 European Athletics U23 Championships (Espoo, FIN) *European Athletics (2023) - european athletics U23 championships results book*

date	13-Jul-23	time		11.92		22.87		34.42		45.99	45.99	5 / 4						
reaction time	0.227	interval				10.95		11.55		11.57	PB	# of strides	11.92	10.95	11.55	11.57	22.87	23.12	0.25
		velocity		8.39		9.13		8.66		8.64	8.70		8.39	9.13	8.66	8.64	8.75	8.65	

Enyingi, Patrik (HUN) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Heat 4 - 2025 World Athletics Championships (Tokyo, JPN) *Seiko Timing (2025) - 2025 World Championships race analysis*

date	14-Sep-25	time		11.02		21.49		32.93		45.25	45.25	9 / 5						
reaction time	0.200	interval				10.47		11.44		12.32		# of strides	11.02	10.47	11.44	12.32	21.49	23.76	2.27
		velocity		9.07		9.55		8.74		8.12	8.84		9.07	9.55	8.74	8.12	9.31	8.42	

B Race - 2025 Weltklasse (Zürich, SUI) *Omega Timing (2025) - diamond league race analysis*

date	28-Aug-25	time	6.19	11.21	16.38	21.76	27.34	33.16	39.08	45.28	45.28	6 / 3						
reaction time	0.172	interval		5.02	5.17	5.38	5.58	5.82	5.92	6.20		# of strides	11.21	10.55	11.40	12.12	21.76	23.52	1.76
		velocity	8.08	9.96	9.67	9.29	8.96	8.59	8.45	8.06	8.83		8.92	9.48	8.77	8.25	9.19	8.50	

A Final - 2025 European Team Championships, First Division (Madrid, ESP) *European Athletics (2025) - 2025 european team championships, first division - results book*

date	27-Jun-25	time	6.06	11.05	16.17	21.42	26.93	32.68	38.54	44.84	44.84	3 / 3						
reaction time	0.153	interval		4.99	5.12	5.25	5.51	5.75	5.86	6.30	=NR PB	# of strides	11.05	10.37	11.26	12.16	21.42	23.42	2.00
		velocity	8.25	10.02	9.77	9.52	9.07	8.70	8.53	7.94	8.92	170.0	9.05	9.64	8.88	8.22	9.34	8.54	

Eppie, Lee (BOT) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2025 World Athletics Championships (Tokyo, JPN) *Seiko Timing (2025) - 2025 World Championships race analysis*

date	18-Sep-25	time		10.77		21.06		32.14		44.77	44.77	4 / 8						
reaction time	0.151	interval				10.29		11.08		12.63		# of strides	10.77	10.29	11.08	12.63	21.06	23.71	2.65
		velocity		9.29		9.72		9.03		7.92	8.93	168.7	9.29	9.72	9.03	7.92	9.50	8.44	

Semi-Final 1 - 2025 World Athletics Championships (Tokyo, JPN) *Seiko Timing (2025) - 2025 World Championships race analysis*

date	16-Sep-25	time		10.93		21.15		32.31		44.51	44.51	6 / 2						
reaction time	0.174	interval				10.22		11.16		12.20		# of strides	10.93	10.22	11.16	12.20	21.15	23.36	2.21
		velocity		9.15		9.78		8.96		8.20	8.99		9.15	9.78	8.96	8.20	9.46	8.56	

Heat 6 - 2025 World Athletics Championships (Tokyo, JPN) *Seiko Timing (2025) - 2025 World Championships race analysis*

date	14-Sep-25	time		11.29		21.81		32.82		44.44	44.44	6 / 2						
reaction time	0.169	interval				10.52		11.01		11.62		# of strides	11.29	10.52	11.01	11.62	21.81	22.63	0.82
		velocity		8.86		9.51		9.08		8.61	9.00		8.86	9.51	9.08	8.61	9.17	8.84	

Erm, Johannes (EST) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Decathlon - Heat 3 - 2025 World Athletics Championships (Tokyo, JPN) *Seiko Timing (2025) - 2025 World Championships race analysis*

date	20-Sep-25	time		11.68		22.58		34.59		47.51	47.51	3 / 3						
reaction time	0.168	interval				10.90		12.01		12.92		# of strides	11.68	10.90	12.01	12.92	22.58	24.93	2.35
		velocity		8.56		9.17		8.33		7.74	8.42		8.56	9.17	8.33	7.74	8.86	8.02	

Decathlon - Heat 3 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	02-Aug-24	time	6.37	11.56	16.95	22.52	28.29	34.40	40.71	47.19	47.19	3 / 4						
reaction time	0.212	interval		5.19	5.39	5.57	5.77	6.11	6.31	6.48		# of strides	11.56	10.96	11.88	12.79	22.52	24.67	2.15
		velocity	7.85	9.63	9.28	8.98	8.67	8.18	7.92	7.72	8.48	167.0	8.65	9.12	8.42	7.82	8.88	8.11	

Decathlon - Heat 3 - 2023 World Athletics Championships (Budapest, HUN) *Seiko Timing (2023) - world championship race analysis*

date	25-Aug-23	time		11.76		22.54		34.37		47.05	47.05	5 / 3						
reaction time	0.199	interval				10.78		11.83		12.68		# of strides	11.76	10.78	11.83	12.68	22.54	24.51	1.97
		velocity		8.50		9.28		8.45		7.89	8.50	170.0	8.50	9.28	8.45	7.89	8.87	8.16	

Decathlon - Heat 3 - 2022 World Athletics Championships (Eugene, OR) — *Timing by Seiko (2022) - world athletics championships race analysis*

date	23-Jul-22	time	11.26	21.94	33.84	47.02	47.02	8 / 4							
reaction time	0.169	interval		10.68	11.90	13.18	PB	# of strides	11.26	10.68	11.90	13.18	21.94	25.08	3.14
		velocity	8.88	9.36	8.40	7.59	8.51		8.88	9.36	8.40	7.59	9.12	7.97	

Erta, Bernat (ESP) (2001)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
Semi-Final 2 - 2023 European Athletics U23 Championships (Espoo, FIN)											*European Athletics (2023) - european athletics U23 championships results book*						
date	13-Jul-23	time	11.60	22.91	35.13	47.10	47.10	1 / 8									
reaction time	0.226	interval		11.31	12.22	11.97		# of strides	11.60	11.31	12.22	11.97	22.91	24.19	1.28		
		velocity	8.62	8.84	8.18	8.35	8.49		8.62	8.84	8.18	8.35	8.73	8.27			

Eto, Takuto (JPN) (1997)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
U19 FINAL - 2015 National Sports Festival (Wakayama, JPN)											*Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*						
date	05-Oct-15	time	6.65	12.16	17.77	23.51	29.45	35.37	41.54	48.06	48.06	/ 5							
reaction time		interval		5.51	5.61	5.74	5.94	5.92	6.17	6.52		# of strides	12.16	11.35	11.86	12.69	23.51	24.55	1.04
		velocity	7.52	9.07	8.91	8.71	8.42	8.45	8.10	7.67	8.32		8.22	8.81	8.43	7.88	8.51	8.15	

FINAL - 2015 Japanese National High School Championships (Wakayama, JPN)											*Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*						
date	29-Jul-15	time	6.57	11.95	17.52	23.23	29.06	34.97	41.04	47.46	47.46	/ 3							
reaction time		interval		5.38	5.57	5.71	5.83	5.91	6.07	6.42		# of strides	11.95	11.28	11.74	12.49	23.23	24.23	1.00
		velocity	7.61	9.29	8.98	8.76	8.58	8.46	8.24	7.79	8.43		8.37	8.87	8.52	8.01	8.61	8.25	

Evans, Lee (USA) (1947)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 1972 USA Olympic Trials (Eugene, OR)											*Hymans (2008) - history of the US olympic trials - track and field*						
date	09-Jul-72	time		21.6				45.1	45.1	6 / 4							
reaction time		interval						23.50		# of strides					21.60	23.50	1.90
		velocity		9.26				8.51	8.87						9.26	8.51	

FINAL - 1970 AAU Championships (Bakersfield, CA) (yards)											*Drake (1970) - AAU championships, topsy-turvy competition*						
date	27-Jun-70	time		21.7				45.4	45.4	8 / 2							
reaction time		interval						23.7	*(45.7/440y)*	# of strides					21.70	23.70	2.00
		velocity		9.22				8.44	8.81						9.22	8.44	

FINAL - 1969 NCAA Championships (Knoxville, TN) (*yards*)											*Hymans (2015) - progression of IAAF world records - 2015 edition*						
date	21-Jun-69	time		21.4				44.8	44.8	/ 2							
reaction time		interval						23.4	(45.32)	# of strides					21.40	23.40	2.00
		velocity		9.35				8.55	8.93	*(45.1/440y)*					9.35	8.55	

FINAL - 1968 Olympic Games (Mexico City, MEX) (*Altitude*)											*Track & Field News (1979) - olympic track & field: complete results*						
date	18-Oct-68	time	10.7	21.1	32.2			43.8	43.86	6 / 1							
reaction time		interval		10.40	11.10			11.60	WR	# of strides	10.70	10.40	11.10	11.60	21.10	22.70	1.60
		velocity	9.35	9.62	9.01			8.62	9.12	168.0	9.35	9.62	9.01	8.62	9.48	8.81	

FINAL - 1968 USA Olympic Trials (Echo Summit, CA) (*Altitude*)											*Hymans (2008) - history of the US olympic trials - track and field*						
date	14-Sep-68	time		21.2				44.0	44.0	6 / 1							
reaction time		interval						22.80	~~WR~~	# of strides	*illegal spikes*				21.20	22.80	1.60
		velocity		9.43				8.77	9.09	*(44.06)*					9.43	8.77	

FINAL - 1967 AAU Championships (Bakersfield, CA) (yards)											*Nelson (1967) - AAU championships, Ryun 3:51.1, Wilson 17'8"*						
date	23-Jun-67	time		22.0				45.0	45.0	/ 1							
reaction time		interval						23.0	*(45.3/440y)*	# of strides					22.00	23.00	1.00
		velocity		9.09				8.70	8.89						9.09	8.70	

FINAL - 1967 San Jose State Invitational (San Jose, CA) (*yards*)											*Drake (1967) - der schnellste sprint der geschichte*						
date	20-May-67	time	10.9	21.4	33.6			45.0	45.0	/ 2							
reaction time		interval		10.50	12.20			11.40	*(45.3/440y)*	# of strides	10.90	10.50	12.20	11.40	21.40	23.60	2.20
		velocity	9.17	9.52	8.20			8.77	8.89		9.17	9.52	8.20	8.77	9.35	8.47	

Everett, Danny (USA) (1966)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 1991 IAAF World Championships (Tokyo, JPN)											*Mochida (2008) - about the race pattern of the men's 400m in the world's top level*						
date	29-Aug-91	time	11.18	21.52	32.33			44.63	44.63	5 / 3							
reaction time		interval		10.34	10.81			12.30		# of strides	11.18	10.34	10.81	12.30	21.52	23.11	1.59
		velocity	8.94	9.67	9.25			8.13	8.96	172.2	8.94	9.67	9.25	8.13	9.29	8.65	

FINAL - 1988 Olympic Games (Seoul, KOR)											*Brüggemann (1990) - scientific research project at the games of the XXXIV Olympiad, Seoul 1988*						
date	28-Sep-88	time	11.03	21.37	32.18			44.09	44.09	4 / 3							
reaction time	0.205	interval		10.34	10.81			11.91		# of strides	11.03	10.34	10.81	11.91	21.37	22.72	1.35
		velocity	9.07	9.67	9.25			8.40	9.07		9.07	9.67	9.25	8.40	9.36	8.80	

Semi-Final 1 - 1988 Olympic Games (Seoul, KOR)											*Brüggemann (1990) - scientific research project at the games of the XXXIV Olympiad, Seoul 1988*						
date	26-Sep-88	time	11.43	22.03	32.87			44.36	44.36	5 / 2							
reaction time		interval		10.60	10.84			11.49		# of strides	11.43	10.60	10.84	11.49	22.03	22.33	0.30
		velocity	8.75	9.43	9.23			8.70	9.02		8.75	9.43	9.23	8.70	9.08	8.96	

FINAL - 1988 USA Olympic Trials (Indianapolis, IN)											*Hymans (2008) - history of the US olympic trials - track and field*						
date	20-Jul-88	time	11.1	21.3	32.0			43.98	43.98	4 / 2							
reaction time		interval		10.20	10.70			11.98	PB	# of strides	11.10	10.20	10.70	11.98	21.30	22.68	1.38
		velocity	9.01	9.80	9.35			8.35	9.10	172.5	9.01	9.80	9.35	8.35	9.39	8.82	

Everhart, Craig (USA) (1983)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 2006 NCAA Championships (Sacramento, CA)											*Track Newsletter (2006) - NCAA men's championships*						
date	10-Jun-06	time	11.2	22.1	33.3			45.7	45.70	2 / 7							
reaction time		interval		10.90	11.20			12.40		# of strides	11.20	10.90	11.20	12.40	22.10	23.60	1.50
		velocity	8.93	9.17	8.93			8.06	8.75		8.93	9.17	8.93	8.06	9.05	8.47	

Faller, Ruwen (GER) (1980)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B FINAL - 2009 ISTAF (Berlin, GER)																	*Graubner (2009) - http://www.fgs.uni-halle.de*
date 14-Jun-09	time		11.73		22.72		34.20		46.88	46.88	/ 3						
reaction time 0.346	interval				10.99		11.48		12.68		# of strides	11.73	10.99	11.48	12.68	22.72	24.16	1.44
	velocity		8.53		9.10		8.71		7.89	8.53		8.53	9.10	8.71	7.89	8.80	8.28	

Fan Tianrui (CHN) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 Chinese National Grand Prix 4 (Chongqing, CHN)																	*Shandong Athletics Sport Science (2023)*
date 02-Jun-23	time		11.65		22.49		33.85	39.85	46.28	46.28	7 / 1						
reaction time 0.257	interval				10.84		11.36	6.00	6.43	PB	# of strides	11.65	10.84	11.36	12.43	22.49	23.79	1.30
	velocity		8.58		9.23		8.80	8.33	7.78	8.64	174.5	8.58	9.23	8.80	8.05	8.89	8.41	

Farmer, Josh (USA) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 1 - 2024 USA Olympic Trials (Eugene, OR)																	*USATF and Karmarush (2024) - USA Olympic trials results and race analysis*
date 21-Jun-24	time		11.42		22.43		34.80		49.00	49.00	4 / 6						
reaction time	interval				11.01		12.37		14.20		# of strides	11.42	11.01	12.37	14.20	22.43	26.57	4.14
	velocity		8.76		9.08		8.08		7.04	8.16		8.76	9.08	8.08	7.04	8.92	7.53	

Fasasi, Kunle (NGR) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2016 NCAA Championships (Eugene, OR)																	*Track Newsletter (2016) - NCAA men's championships*
date 10-Jun-16	time				21.9		33.4		46.1	46.10	/ ~~7~~ 6						
reaction time	interval						11.50		12.70		# of strides			11.50	12.70	21.90	24.20	2.30
	velocity				9.13		8.70		7.87	8.68				8.70	7.87	9.13	8.26	

Fatyga, Michal (GER) (2007)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 2 - 2025 European Athletics U20 Championships (Tampere, FIN)																	*European Athletics (2025) - 2025 european athletics U20 championships - results book*
date 08-Aug-25	time	6.71	12.07	17.48	23.10	28.75	34.68	40.95	47.51	47.51	3 / 6						
reaction time 0.184	interval		5.36	5.41	5.62	5.65	5.93	6.27	6.56		# of strides	12.07	11.03	11.58	12.83	23.10	24.41	1.31
	velocity	7.45	9.33	9.24	8.90	8.85	8.43	7.97	7.62	8.42		8.29	9.07	8.64	7.79	8.66	8.19	

Faulds, Edward (GBR) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 European Athletics U20 Championships (Tallin, EST)																	*European Athletics (2021) - european athletics U20 championships results book*
date 16-Jul-21	time		11.74		22.43		33.77		45.72	45.72	3 / 1						
reaction time 0.223	interval				10.69		11.34		11.95	PB	# of strides	11.74	10.69	11.34	11.95	22.43	23.29	0.86
	velocity		8.52		9.35		8.82		8.37	8.75		8.52	9.35	8.82	8.37	8.92	8.59	
Semi-Final 1 - 2021 European Athletics U20 Championships (Tallin, EST)																	*European Athletics (2021) - european athletics U20 championships results book*
date 15-Jul-21	time		11.79		22.82		34.21		45.95	45.95	8 / 1						
reaction time 0.205	interval				11.03		11.39		11.74	PB	# of strides	11.79	11.03	11.39	11.74	22.82	23.13	0.31
	velocity		8.48		9.07		8.78		8.52	8.71		8.48	9.07	8.78	8.52	8.76	8.65	

Faust, Brian (USA) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 3 - 2025 USATF Championships (Eugene, OR)																	*USATF and Karmarush (2025) - USATF championships results and race analysis*
date 01-Aug-25	time		11.18		22.20		34.11		47.46	47.46	2 / 7						
reaction time	interval				11.02		11.91		13.35		# of strides	11.18	11.02	11.91	13.35	22.20	25.26	3.06
	velocity		8.94		9.07		8.40		7.49	8.43		8.94	9.07	8.40	7.49	9.01	7.92	
Semi-Final 2 - 2024 USA Olympic Trials (Eugene, OR)																	*USATF and Karmarush (2024) - USA Olympic trials results and race analysis*
date 23-Jun-24	time		10.81		21.21		32.94		45.41	45.41	9 / 7						
reaction time	interval				10.40		11.73		12.47		# of strides	10.81	10.40	11.73	12.47	21.21	24.20	2.99
	velocity		9.25		9.62		8.53		8.02	8.81		9.25	9.62	8.53	8.02	9.43	8.26	
Heat 4 - 2024 USA Olympic Trials (Eugene, OR)																	*USATF and Karmarush (2024) - USA Olympic trials results and race analysis*
date 21-Jun-24	time		11.13		21.72		33.30		45.58	45.58	3 / 3						
reaction time	interval				10.59		11.58		12.28		# of strides	11.13	10.59	11.58	12.28	21.72	23.86	2.14
	velocity		8.98		9.44		8.64		8.14	8.78	183.0	8.98	9.44	8.64	8.14	9.21	8.38	

Fei Xiang (CHN) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 2 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 20-Sep-25	time		12.05		23.46		36.16		50.19	50.19	3 / 7						
reaction time 0.168	interval				11.41		12.70		14.03		# of strides	12.05	11.41	12.70	14.03	23.46	26.73	3.27
	velocity		8.30		8.76		7.87		7.13	7.97		8.30	8.76	7.87	7.13	8.53	7.48	

Feliz, Lidio Andres (DOM) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 1 - 2022 World Athletics Championships (Eugene, OR)																	*Timing by Seiko (2022) - world athletics championships race analysis*
date 20-Jul-22	time		11.04		21.38		32.96		46.19	46.19	8 / 7						
reaction time 0.192	interval				10.34		11.58		13.23		# of strides	11.04	10.34	11.58	13.23	21.38	24.81	3.43
	velocity		9.06		9.67		8.64		7.56	8.66		9.06	9.67	8.64	7.56	9.35	8.06	
Heat 6 - 2022 World Athletics Championships (Eugene, OR)																	*Timing by Seiko (2022) - world athletics championships race analysis*
date 17-Jul-22	time		11.58		22.24		33.78		45.87	45.87	5 / 3						
reaction time 0.257	interval				10.66		11.54		12.09		# of strides	11.58	10.66	11.54	12.09	22.24	23.63	1.39
	velocity		8.64		9.38		8.67		8.27	8.72	174.7	8.64	9.38	8.67	8.27	8.99	8.46	
FINAL - 2022 Meeting de Paris (Paris, FRA)																	*Omega Timing (2022) - diamond league race analysis*
date 16-Jun-22	time	6.20	11.07	16.01	21.15	26.60	32.40	38.40	44.92	44.92	4 / 2						
reaction time 0.187	interval		4.87	4.94	5.14	5.45	5.80	6.00	6.52		# of strides	11.07	10.08	11.25	12.52	21.15	23.77	2.62
	velocity	8.06	10.27	10.12	9.73	9.17	8.62	8.33	7.67	8.90	173.0	9.03	9.92	8.89	7.99	9.46	8.41	
FINAL - 2022 Golden Gala Pietro Mennea (Rome, ITA)																	*Omega Timing (2022) - diamond league race analysis*
date 09-Jun-22	time	6.31	11.32	16.43	21.73	27.34	33.14	39.01	45.46	45.46	8 / 4						
reaction time 0.195	interval		5.01	5.11	5.30	5.61	5.80	5.87	6.45		# of strides	11.32	10.41	11.41	12.32	21.73	23.73	2.00
	velocity	7.92	9.98	9.78	9.43	8.91	8.62	8.52	7.75	8.80	175.7	8.83	9.61	8.76	8.12	9.20	8.43	

Feng Yibo (CHN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Sport School FINAL - 2025 Yangtze River Delta Athletics Diamond Gala (Keqiao, CHN) *Omega Timing (2025) - diamond league race analysis*

date	03-May-25	time	6.73	12.28	17.94	23.90	30.10	36.69	43.44	50.53	50.53	3 / 1						
reaction time	0.194	interval		5.55	5.66	5.96	6.20	6.59	6.75	7.09		# of strides	12.28	11.62	12.79	13.84	23.90	26.63	2.73
		velocity	7.43	9.01	8.83	8.39	8.06	7.59	7.41	7.05	7.92		8.14	8.61	7.82	7.23	8.37	7.51	

Feng Zhiqiang (CHN) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 Chinese National Grand Prix 3 (Taizhou, CHN)																	*Shandong Athletics Sport Science (2023)*
date 26-May-23	time	11.23		22.19		34.30	40.48	47.16	47.16	4 / 4							
reaction time 0.240	interval			10.96		12.11	6.18	6.68		# of strides	11.23	10.96	12.11	12.86	22.19	24.97	2.78
	velocity	8.90		9.12		8.26	8.09	7.49	8.48	168.7	8.90	9.12	8.26	7.78	9.01	8.01	

Ferlan, Rok (SLO) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 2 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 16-Sep-25	time	11.00		21.31		32.71		45.71	45.71	2 / 8							
reaction time 0.195	interval			10.31		11.40		13.00		# of strides	11.00	10.31	11.40	13.00	21.31	24.40	3.09
	velocity	9.09		9.70		8.77		7.69	8.75		9.09	9.70	8.77	7.69	9.39	8.20	
Heat 5 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 14-Sep-25	time	11.10		21.44		32.63		44.91	44.91	6 / 5							
reaction time 0.188	interval			10.34		11.19		12.28		# of strides	11.10	10.34	11.19	12.28	21.44	23.47	2.03
	velocity	9.01		9.67		8.94		8.14	8.91	181.0	9.01	9.67	8.94	8.14	9.33	8.52	
Semi-Final 1 - 2024 European Athletics Championships (Roma, ITA)																	*European Athletics (2024) - 2024 european athletics championships - results book*
date 09-Jun-24	time	11.10		21.76		33.08		45.63	45.63	2 / 7							
reaction time 0.156	interval			10.66		11.32		12.55		# of strides	11.10	10.66	11.32	12.55	21.76	23.87	2.11
	velocity	9.01		9.38		8.83		7.97	8.77	188.7	9.01	9.38	8.83	7.97	9.19	8.38	
Heat 3 - 2024 European Athletics Championships (Roma, ITA)																	*European Athletics (2024) - 2024 european athletics championships - results book*
date 08-Jun-24	time	11.19		21.74		33.24		45.52	45.52	6 / 3							
reaction time 0.172	interval			10.55		11.50		12.28	PB	# of strides	11.19	10.55	11.50	12.28	21.74	23.78	2.04
	velocity	8.94		9.48		8.70		8.14	8.79		8.94	9.48	8.70	8.14	9.20	8.41	
A Final - 2023 European Team Championships, Second Division (Chorzów, POL)																	*European Athletics (2023) - 3rd european games, athletics - results book*
date 20-Jun-23	time	11.04		21.59		33.05		46.06	46.06	2 / 6							
reaction time 0.218	interval			10.55		11.46		13.01	PB	# of strides	11.04	10.55	11.46	13.01	21.59	24.47	2.88
	velocity	9.06		9.48		8.73		7.69	8.68		9.06	9.48	8.73	7.69	9.26	8.17	

Fernandez, Markel (ESP) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2025 European Athletics U23 Championships (Bergen, NOR)																	*European Athletics (2025) - 2025 european athletics U23 championships- results book*
date 19-Jul-25	time	6.24	11.30	16.33	21.48	26.97	32.85	39.10	46.02	46.02	8 / 6							
reaction time 0.162	interval		5.06	5.03	5.15	5.49	5.88	6.25	6.92		# of strides	11.30	10.18	11.37	13.17	21.48	24.54	3.06
	velocity	8.01	9.88	9.94	9.71	9.11	8.50	8.00	7.23	8.69		8.85	9.82	8.80	7.59	9.31	8.15	
Semi-Final 2 - 2025 European Athletics U23 Championships (Bergen, NOR)																	*European Athletics (2025) - 2025 european athletics U23 championships- results book*
date 18-Jul-25	time	6.17	11.07	16.10	21.40	26.97	32.96	39.29	46.22	46.22	5 / 3							
reaction time 0.175	interval		4.90	5.03	5.30	5.57	5.99	6.33	6.93		# of strides	11.07	10.33	11.56	13.26	21.40	24.82	3.42
	velocity	8.10	10.20	9.94	9.43	8.98	8.35	7.90	7.22	8.65		9.03	9.68	8.65	7.54	9.35	8.06	
Semi-Final 1 - 2023 European Athletics U23 Championships (Espoo, FIN)																	*European Athletics (2023) - european athletics U23 championships results book*
date 13-Jul-23	time		11.38		22.13		34.39		46.92	46.92	1 / 7							
reaction time 0.180	interval			10.75		12.26		12.53		# of strides	11.38	10.75	12.26	12.53	22.13	24.79	2.66
	velocity		8.79		9.30		8.16		7.98	8.53		8.79	9.30	8.16	7.98	9.04	8.07	

Ferranti, Antoine (FRA) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 2 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 20-Sep-25	time		11.82		23.26		35.81		48.64	48.64	9 / 3							
reaction time 0.162	interval			11.44		12.55		12.83	PB	# of strides	11.82	11.44	12.55	12.83	23.26	25.38	2.12
	velocity		8.46		8.74		7.97		7.79	8.22		8.46	8.74	7.97	7.79	8.60	7.88	

Ferreira Santana, Jose (BRA) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 1 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 20-Sep-25	time		11.93		23.19				49.78	49.78	7 / 4							
reaction time 0.166	interval			11.26					26.59		# of strides	11.93	11.26			23.19	26.59	3.40
	velocity		8.38		8.88				7.52	8.04		8.38	8.88			8.62	7.52	
Decathlon - Heat 1 - 2024 Olympic Games (Paris, FRA)																	*Paris 2024 Olympic Games - Results Book (2024)*
date 02-Aug-24	time	6.49	11.84	17.43	23.22	29.26	35.57	42.07	48.78	48.78	6 / 2							
reaction time 0.157	interval		5.35	5.59	5.79	6.04	6.31	6.50	6.71	PB	# of strides	11.84	11.38	12.35	13.21	23.22	25.56	2.34
	velocity	7.70	9.35	8.94	8.64	8.28	7.92	7.69	7.45	8.20	181.0	8.45	8.79	8.10	7.57	8.61	7.82	
Decathlon - Heat 1 - 2023 World Athletics Championships (Budapest, HUN)																	*Seiko Timing (2023) - world championship race analysis*
date 25-Aug-23	time		12.16		23.67		36.03		49.31	49.31	6 / 3							
reaction time 0.147	interval			11.51		12.36		13.28		# of strides	12.16	11.51	12.36	13.28	23.67	25.64	1.97
	velocity		8.22		8.69		8.09		7.53	8.11		8.22	8.69	8.09	7.53	8.45	7.80	

Fields, Howard (Trey) (USA) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2018 IAAF World Junior Championships (Tampere, FIN)																	*Koyama (2018) - research on athlete performance and technique- 2018 data book*
date 13-Jul-18	time	6.16	11.24	16.47	21.95	27.61	33.42	39.64	46.53	46.53	2 / 5							
reaction time 0.163	interval		5.08	5.23	5.48	5.66	5.81	6.22	6.89		# of strides	11.24	10.71	11.47	13.11	21.95	24.58	2.63
	velocity	8.12	9.84	9.56	9.12	8.83	8.61	8.04	7.26	8.60		8.90	9.34	8.72	7.63	9.11	8.14	

Fiasconaro, Marcello (ITA) (1949)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1971 European Championships (Helsinki, FIN)																	*Quercentani (2000). Athletics: A history of modern track and field athletics (1860-2000)*
date 13-Aug-71	time				22.0				45.5	45.59	6 / 2							
reaction time	interval								23.5	NR / PB	# of strides					22.00	23.50	1.50

		velocity			9.09			8.51	8.77									9.09	8.51					

Flood, Jack (USA) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 2 - 2024 USA Olympic Trials (Eugene, OR)										*USATF and Karmarush (2024) - USA Olympic trials results and race analysis*							
date 21-Jun-24 time		11.99		23.25		35.81		50.03	50.03	5 / 3							
reaction time interval				11.26		12.56		14.22		# of strides	11.99	11.26	12.56	14.22	23.25	26.78	3.53
velocity		8.34		8.88		7.96		7.03	8.00		8.34	8.88	7.96	7.03	8.60	7.47	

Flück, Luca (SUI) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B Race - 2021 Athletissima (Lausanne, SUI)										*Omega Timing (2021) - diamond league race analysis*							
date 26-Aug-21 time	6.5	11.9	17.5	23.3	29.3	35.5	41.8	48.64	48.64	3 / 3							
reaction time 0.167 interval		5.40	5.60	5.80	6.00	6.20	6.30	6.84		# of strides	11.90	11.40	12.20	13.14	23.30	25.34	2.04
velocity	7.69	9.26	8.93	8.62	8.33	8.06	7.94	7.31	8.22		8.40	8.77	8.20	7.61	8.58	7.89	

Frackowiak, Oliwier (POL) 2007)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 1 - 2025 European Athletics U20 Championships (Tampere, FIN)										*European Athletics (2025) - 2025 european athletics U20 championships - results book*							
date 08-Aug-25 time	6.45	11.84	37.43						dnf	8 / 8							
reaction time 0.152 interval		5.39	25.59							# of strides	11.84						
velocity	7.75	9.28	1.95								8.45						

Francique, Alleyne (GRN) (1976)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2007 IAAF World Athletic Final (Stuttgart, GER)										*Graubner (2007) - http://www.fgs.uni-halle.de*							
date 22-Sep-07 time		11.38		21.92		39.62		46.27	46.27	7 / 7							
reaction time 0.156 interval				10.54		17.70		6.65		# of strides	11.38	10.54	17.70	6.65	21.92	24.35	2.43
velocity		8.79		9.49		5.65		15.04	8.64		8.79	9.49	5.65	15.04	9.12	8.21	
FINAL - 2004 Olympic Games (Athens, GRE)										*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*							
date 23-Aug-04 time				21.4		32.5		44.7	44.66	8 / 4							
reaction time 0.352 interval						11.1		12.2		# of strides			11.10	12.20	21.40	23.30	1.90
velocity				9.35		9.01		8.20	8.96	178.2			9.01	8.20	9.35	8.58	
FINAL - 2003 IAAF World Championships (Paris, FRA)										*Bonvin (2003) - Compte-rendu 400m et relais 4x 400m*							
date 26-Aug-03 time				21.4		32.6		45.48	45.48	7 / ~~8~~ 6							
reaction time 0.270 interval						11.20		12.88		# of strides			11.20	12.88	21.40	24.08	2.68
velocity				9.35		8.93		7.76	8.80				8.93	7.76	9.35	8.31	
FINAL - 2001 NCAA Championships (Eugene, OR)										*Track Newsletter (2001) - NCAA championships*							
date 02-Jun-01 time				21.5				45.4	45.36	/ 2							
reaction time interval								23.90		# of strides					21.50	23.90	2.40
velocity				9.30				8.37	8.82						9.30	8.37	

Francis, Javon (JAM) (1994)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 3 - 2015 IAAF World Championships (Beijing, CHN)										*Yamamoto (2015) - race analysis of 15th World Championships 400m- focusing on men's semis and women's prelims*							
date 24-Aug-15 time	6.26	11.19	16.22	21.50	27.09	32.62	38.46	44.77	44.77	4 / 4							
reaction time 0.177 interval		4.93	5.03	5.28	5.59	5.53	5.84	6.31		# of strides	11.19	10.31	11.12	12.15	21.50	23.27	1.77
velocity	7.99	10.14	9.94	9.47	8.94	9.04	8.56	7.92	8.93	170.0	8.94	9.70	8.99	8.23	9.30	8.59	

Francois, Michael (GRN) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 2 - 2022 Commonwealth Games (Birmingham, GBR)										*Longines Timing (2022) - commonwealth games race analysis*							
date 05-Aug-22 time	6.5	11.7	17.0	22.5	28.2	34.2	40.6	47.45	47.45	9 / 7							
reaction time 0.180 interval		5.20	5.30	5.50	5.70	6.00	6.40	6.85		# of strides	11.70	10.80	11.70	13.25	22.50	24.95	2.45
velocity	7.69	9.62	9.43	9.09	8.77	8.33	7.81	7.30	8.43	177.0	8.55	9.26	8.55	7.55	8.89	8.02	
A Final - 2025 European Team Championships, First Division (Madrid, ESP)										*European Athletics (2025) - 2025 european team championships, first division - results book*							
date 27-Jun-25 time	5.96	10.85	15.81	20.95	26.41	32.30	38.60	45.46	45.46	8 / 7							
reaction time 0.137 interval		4.89	4.96	5.14	5.46	5.89	6.30	6.86		# of strides	10.85	10.10	11.35	13.16	20.95	24.51	3.56
velocity	8.39	10.22	10.08	9.73	9.16	8.49	7.94	7.29	8.80	173.0	9.22	9.90	8.81	7.60	9.55	8.16	

Franks, Michael (USA) (1963)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1985 NCAA Championships (Austin, TX)										*Track Newsletter (1985) - NCAA Championships*							
date 01-Jun-85 time				21.6				45.2	45.16	8 / 4							
reaction time interval								23.60		# of strides					21.60	23.60	2.00
velocity				9.26				8.47	8.86						9.26	8.47	
FINAL - 1983 IAAF World Championships (Helsinki, FIN)										*Butler (2013) - IAAF world championships statistics handbook- moscow 2013*							
date 10-Aug-83 time				21.7				45.22	45.22	5 / 2							
reaction time interval								23.52		# of strides					21.70	23.52	1.82
velocity				9.22				8.50	8.85	179.0					9.22	8.50	

Frazier, Herman (USA) (1954)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1980 USA Olympic Trials (Eugene, OR)										*Track Newsletter (1980) - US olympic trials*							
date 27-Jun-80 time		11.5		22.7		34.7		46.2	46.16	/ 4							
reaction time interval				11.20		12.00		11.46		# of strides	11.50	11.20	12.00	11.46	22.70	23.46	0.76
velocity		8.70		8.93		8.33		8.73	8.67		8.70	8.93	8.33	8.73	8.81	8.53	
FINAL - 1976 Olympic Games (Montreal, CAN)										*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*							
date 29-Jul-76 time				21.6		32.8		45.0	44.95	3 / 3							
reaction time interval						11.20		12.20		# of strides			11.20	12.20	21.60	23.40	1.80
velocity				9.26		8.93		8.20	8.90	169.2			8.93	8.20	9.26	8.55	

Freeman, Ron (USA) (1947)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1968 Olympic Games (Mexico City, MEX) (*Altitude*)										*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*							
date 18-Oct-68	time			21.6		33.0		44.4	44.41	1 / 3							
reaction time	interval					11.40		11.40	PB	# of strides			11.40	11.40	21.60	22.80	1.20
	velocity			9.26		8.77		8.77	9.01				8.77	8.77	9.26	8.77	

Fremstad-Waldro, Theodore Einar (N(

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2025 Bislett Games (Oslo, NOR)										*Omega Timing (2025) - diamond league race analysis*							
date 12-Jun-25	time 6.28	11.63	17.33	23.39	29.73	36.40	43.16	50.19	50.19	3 / 7							
reaction time 0.162	interval	5.35	5.70	6.06	6.34	6.67	6.76	7.03		# of strides	11.63	11.76	13.01	13.79	23.39	26.80	3.41
	velocity 7.96	9.35	8.77	8.25	7.89	7.50	7.40	7.11	7.97		8.60	8.50	7.69	7.25	8.55	7.46	

Frolov, Vladislav (RUS) (1980)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2006 European Championships (Göteborg, SWE)										*Behm (2006) - Championnats d'Europe Göteborg 2006… Le 400m avec ou sans obstacles*							
date 09-Aug-06	time			22.3		32.9		45.09	45.09	/ 2							
reaction time	interval					10.60		12.19	PB	# of strides			10.60	12.19	22.30	22.79	0.49
	velocity			8.97		18.87		8.20	8.87				9.43	8.20	8.97	8.78	

Fu Haoran (CHN) (2005)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2024 Chinese National Championships (Quzhou, CHN)										*Shandong Athletics Sport Science (2024)*							
date 16-Sep-24	time	11.53		22.34		33.92	39.99	46.33	46.33	7 / 3							
reaction time 0.193	interval			10.81		11.58	6.07	6.34		# of strides	11.53	10.81	11.58	12.41	22.34	23.99	1.65
	velocity	8.67		9.25		8.64	8.24	7.89	8.63	180.5	8.67	9.25	8.64	8.06	8.95	8.34	

Fujimitsu, Kenji (JPN) (1986)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2017 Izumo Athletics Games (Izumo, JPN) (300m)										*(2017) - tfdata-store.com/2017/05/17/post-537/*							
date 23-Apr-17	time	10.74		21.02		32.47			32.47	4 / 1							***100m-300m***
reaction time	interval			10.28		11.45				# of strides	10.74	10.28	11.45		21.02		*21.73*
	velocity	9.31		9.73		8.73			9.24	137.0	9.31	9.73	8.73		9.51		*9.20*

Fujimoto, Masaru (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2016 China Perfecture High School Championships (Okayama, JPN)										*(2016.06.20) - https://twitter.com/touchdown_time/media?lang=en&lang=en&lang=en&lang=en*							
date 17-Jun-16	time	12.16		23.20		34.95		48.04	48.04	9 / 1							
reaction time	interval			11.04		11.75		13.09		# of strides	12.16	11.04	11.75	13.09	23.20	24.84	1.64
	velocity	8.22		9.06		8.51		7.64	8.33		8.22	9.06	8.51	7.64	8.62	8.05	

Fujimoto, Takashi (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 Shimane High School Championships (Izumo, JPN)										*Shimizu (2023) - shimane high school championships 2023 - biomechanics data analysis*							
date 26-May-23	time	12.35		24.32		37.11		51.04	51.04	8 / 3							
reaction time	interval			11.97		12.79		13.93		# of strides	12.35	11.97	12.79	13.93	24.32	26.72	2.40
	velocity	8.10		8.35		7.82		7.18	7.84		8.10	8.35	7.82	7.18	8.22	7.49	
FINAL - 2022 Shimane High School Championships (Izumo, JPN)										*Shimizu (2022) - shimane high school championships 2022 - biomechanics data analysis*							
date 26-May-22	time	12.65		24.70		38.16		52.16	52.16	2 / 6							
reaction time	interval			12.05		13.46		14.00		# of strides	12.65	12.05	13.46	14.00	24.70	27.46	2.76
	velocity	7.91		8.30		7.43		7.14	7.67		7.91	8.30	7.43	7.14	8.10	7.28	

Fujisawa, Rui (JPN) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 Japanese National Sports Festival (Kagoshima, JPN) (300m)										*Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*							
date 15-Oct-23	time 6.33	11.37	16.52	21.87	27.26	32.88			32.88	8 / 2							***100m-300m***
reaction time 0.167	interval	5.04	5.15	5.35	5.39	5.62				# of strides	11.37	10.50	11.01		21.87		*21.51*
	velocity 7.90	9.92	9.71	9.35	9.28	8.90			9.12	141.0	8.80	9.52	9.08		9.14		*9.30*

Fujita, Shinya (JPN) (1993)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2017 Osaka University Athletics Championships (Osaka, JPN)										*(2017) - tfdata-store.com/2017/04/07/post-249/*							
date 06-Apr-17	time	11.81		23.18		35.00		48.57	48.57	3 / 6							
reaction time	interval			11.37		11.82		13.57		# of strides	11.81	11.37	11.82	13.57	23.18	25.39	2.21
	velocity	8.47		8.80		8.46		7.37	8.24	193.0	8.47	8.80	8.46	7.37	8.63	7.88	

Fujiwara, Takeshi (JPN) (1985)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 2 - 2017 Japanese National Championships (Osaka, JPN)										*(2017) - tfdata-store.com/2017/07/08/post-965/*							
date 23-Jun-17	time	11.57		22.34		33.72		46.41	46.41	5 / 4							
reaction time 0.199	interval			10.77		11.38		12.69		# of strides	11.57	10.77	11.38	12.69	22.34	24.07	1.73
	velocity	8.64		9.29		8.79		7.88	8.62	179.5	8.64	9.29	8.79	7.88	8.95	8.31	
FINAL - 2017 Shizuoka International Meeting (Fukuroi, JPN)										*Yamanaka (2017) - male and female 400m analysis in the 2017 season*							
date 03-May-17	time 6.36	11.68	17.25	23.00	28.60	34.35	40.52	47.26	47.26	/ 5							
reaction time	interval	5.32	5.57	5.75	5.60	5.75	6.17	6.74		# of strides	11.68	11.32	11.35	12.91	23.00	24.26	1.26
	velocity 7.86	9.40	8.98	8.70	8.93	8.70	8.10	7.42	8.46		8.56	8.83	8.81	7.75	8.70	8.24	
FINAL - 2016 Japanese National Championships (Nagoya, JPN)										*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*							
date 25-Jun-16	time 6.41	11.53	16.78	22.21	27.72	33.58	39.79	46.41	46.41	3 / 6							
reaction time 0.208	interval	5.12	5.25	5.43	5.51	5.86	6.21	6.62		# of strides	11.53	10.68	11.37	12.83	22.21	24.20	1.99
	velocity 7.80	9.77	9.52	9.21	9.07	8.53	8.05	7.55	8.62		8.67	9.36	8.80	7.79	9.00	8.26	

Fujiyoshi, Shunta (JPN) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2020 Japanese U20 National Championships (Hiroshima, JPN)										*Kobayashi (2002) - national high school and U20 national championhsips*							
date 23-Oct-20	time 6.69	12.00	17.42	23.06	28.94	34.98	41.10	47.39	47.39	2 / 1							
reaction time 0.224	interval	5.31	5.42	5.64	5.88	6.04	6.12	6.29		# of strides	12.00	11.06	11.92	12.41	23.06	24.33	1.27
	velocity 7.47	9.42	9.23	8.87	8.50	8.28	8.17	7.95	8.44	180.6	8.33	9.04	8.39	8.06	8.67	8.22	
Heat 1 - 2020 Japanese U20 National Championships (Hiroshima, JPN)										*Kobayashi (2002) - national high school and U20 national championhsips*							
date 23-Oct-20	time 6.57	11.76	17.02	22.53	28.48	37.74	41.20	48.16	48.16	6 / 3							
reaction time 0.258	interval	5.19	5.26	5.51	5.95	9.26	3.46	6.96		# of strides	11.76	10.77	15.21	10.42	22.53	25.63	3.10

		velocity	7.61	9.63	9.51	9.07	8.40	5.40	14.45	7.18	8.31	183.0	8.50	9.29	6.57	9.60	8.88	7.80

U20 FINAL - 2019 Japanese National U18/U20 Championships (Hiroshima, JPN) — *Kijima (2019) - research on athlete performance and technique- 2019 data book*

date	18-Oct-19	time	6.54	11.77	17.08	22.69	28.64	34.81	41.18	48.00	48.00	2 / 5						
reaction time	0.178	interval		5.23	5.31	5.61	5.95	6.17	6.37	6.82		# of strides	11.77	10.92	12.12	13.19	22.69	25.31	2.62
		velocity	7.65	9.56	9.42	8.91	8.40	8.10	7.85	7.33	8.33		8.50	9.16	8.25	7.58	8.81	7.90	

FINAL - 2019 Japanese National High School Championships (Okinawa, JPN) — *Kota (2019) - 72nd high school championships: JAF scientific committee - biomechanics data collection*

date	04-Aug-19	time	6.54	11.65	16.77	22.01	27.62	33.62	39.98	46.88	46.88	6 / 3						
reaction time		interval		5.11	5.12	5.24	5.61	6.00	6.36	6.90	PB	# of strides	11.65	10.36	11.61	13.26	22.01	24.87	2.86
		velocity	7.65	9.78	9.77	9.54	8.91	8.33	7.86	7.25	8.53		8.58	9.65	8.61	7.54	9.09	8.04	

FINAL - 2018 Japanese National Youth (U18) Championships (Nagano, JPN) — *Ryutaro (2018) - research on athlete performance and technique- 2018 data book*

date	19-Oct-18	time	6.67	11.97	17.32	22.91	28.82	35.03	41.36	48.15	48.15	2 / 4						
reaction time	0.173	interval		5.30	5.35	5.59	5.91	6.21	6.33	6.79		# of strides	11.97	10.94	12.12	13.12	22.91	25.24	2.33
		velocity	7.50	9.43	9.35	8.94	8.46	8.05	7.90	7.36	8.31	183.0	8.35	9.14	8.25	7.62	8.73	7.92	

U20 FINAL - 2018 National Sports Festival (Fukui, JPN) — *Joshi (2018) - research on athlete performance and technique- 2018 data book*

date	08-Oct-18	time	6.47	11.57	16.93	22.73	28.77	34.92	41.10	47.48	47.48	3 / 1						
reaction time	0.178	interval		5.10	5.36	5.80	6.04	6.15	6.18	6.38		# of strides	11.57	11.16	12.19	12.56	22.73	24.75	2.02
		velocity	7.73	9.80	9.33	8.62	8.28	8.13	8.09	7.84	8.42		8.64	8.96	8.20	7.96	8.80	8.08	

Fukuma, Yuto (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2025 Shimane High School Championships (Izumo, JPN)																	*Shimizu (2025) - shimane high school championships 2025 - biomechanics data analysis*
date 30-May-25	time		13.45		26.02		38.68		51.29	51.29	8 / 5							
reaction time	interval				12.57		12.66		12.61		# of strides	13.45	12.57	12.66	12.61	26.02	25.27	-0.75
	velocity		7.43		7.96		7.90		7.93	7.80		7.43	7.96	7.90	7.93	7.69	7.91	

Fukuyoshi, Takuma (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2025 Shimane High School Championships (Izumo, JPN)																	*Shimizu (2025) - shimane high school championships 2025 - biomechanics data analysis*
date 30-May-25	time		13.30		25.47		38.17		51.22	51.22	9 / 4							
reaction time	interval				12.17		12.70		13.05		# of strides	13.30	12.17	12.70	13.05	25.47	25.75	0.28
	velocity		7.52		8.22		7.87		7.66	7.81		7.52	8.22	7.87	7.66	7.85	7.77	

Fukunaga, Takuya (JPN) (1994)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2011 Japanese National High School Championships (Kitamaki, JPN)																	*Abe (2011) - 64th high school championships: JAF scientific committee - biomechanics*
date 04-Aug-11	time		11.64		22.68		34.80		47.80	47.80	7 / 3							
reaction time	interval				11.04		12.12		13.00		# of strides	11.64	11.04	12.12	13.00	22.68	25.12	2.44
	velocity		8.59		9.06		8.25		7.69	8.37		8.59	9.06	8.25	7.69	8.82	7.96	

Funato, Daisuke (JPN) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2015 Japanese National High School Championships (Wakayama, JPN)																	*Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*
date 29-Jul-15	time	6.50	11.56	16.80	22.29	28.12	34.14	40.41	47.06	47.06	/ 1							
reaction time	interval		5.06	5.24	5.49	5.83	6.02	6.27	6.65	PB	# of strides	11.56	10.73	11.85	12.92	22.29	24.77	2.48
	velocity	7.69	9.88	9.54	9.11	8.58	8.31	7.97	7.52	8.50		8.65	9.32	8.44	7.74	8.97	8.07	

Funo, Shintaro (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 Shimane High School Championships (Izumo, JPN)																	*Shimizu (2023) - shimane high school championships 2023 - biomechanics data analysis*
date 26-May-23	time		12.70		24.83		37.47		50.52	50.52	3 / 2							
reaction time	interval				12.13		12.64		13.05		# of strides	12.70	12.13	12.64	13.05	24.83	25.69	0.86
	velocity		7.87		8.24		7.91		7.66	7.92		7.87	8.24	7.91	7.66	8.05	7.79	

Furukawa, Ryo (JPN) (1992)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2010 Japanese National High School Championships (Okinawa, JPN)																	*Matsuo (2010) - 63rd high school championships: JAF scientific committee- biomechanics data*
date 29-Jul-10	time	6.47	11.97	17.43	23.14	28.96	35.14	41.51	48.31	48.31	/ 3							
reaction time	interval		5.50	5.46	5.71	5.82	6.18	6.37	6.80		# of strides	11.97	11.17	12.00	13.17	23.14	25.17	2.03
	velocity	7.73	9.09	9.16	8.76	8.59	8.09	7.85	7.35	8.28		8.35	8.95	8.33	7.59	8.64	7.95	

Furuta, Shinya (JPN) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2015 Japanese National Youth Championships (Nagoya, JPN)																	*Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*
date 16-Oct-15	time	6.56	11.90	17.27	22.98	29.01	35.18	41.57	48.32	48.32	6 / 7							
reaction time	interval		5.34	5.37	5.71	6.03	6.17	6.39	6.75		# of strides	11.90	11.08	12.20	13.14	22.98	25.34	2.36
	velocity	7.62	9.36	9.31	8.76	8.29	8.10	7.82	7.41	8.28		8.40	9.03	8.20	7.61	8.70	7.89	

Futayni, Ibrahim (KSA) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B FINAL - 2021 Doha Diamond League (Doha, QAT)																	*Omega Timing (2021) - diamond league race analysis*
date 28-May-21	time	6.3	11.6	17.1	22.7	28.5	34.6	41.1	48.33	48.33	6 / 5							
reaction time 0.131	interval		5.30	5.50	5.60	5.80	6.10	6.50	7.23		# of strides	11.60	11.10	11.90	13.73	22.70	25.63	2.93
	velocity	7.94	9.43	9.09	8.93	8.62	8.20	7.69	6.92	8.28		8.62	9.01	8.40	7.28	8.81	7.80	

Gaba, Kamghe (GER) (1984)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2009 ISTAF (Berlin, GER)																	*Graubner (2009) - http://www.fgs.uni-halle.de*
date 14-Jun-09	time		11.22		21.73		33.27		46.45	46.45	6 / 6							
reaction time 0.302	interval				10.51		11.54		13.18		# of strides	11.22	10.51	11.54	13.18	21.73	24.72	2.99
	velocity		8.91		9.51		8.67		7.59	8.61		8.91	9.51	8.67	7.59	9.20	8.09	

FINAL - 2008 IAAF World Athletic Final (Stuttgart, GER) — *Graubner (2009) - http://www.fgs.uni-halle.de*

date	13-Sep-08	time		11.10		21.49		32.86		46.22	46.22	1 / 7						
reaction time	0.209	interval				10.39		11.37		13.36		# of strides	11.10	10.39	11.37	13.36	21.49	24.73	3.24
		velocity		9.01		9.62		8.80		7.49	8.65		9.01	9.62	8.80	7.49	9.31	8.09	

Gahne, Gustav (SWE) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2024 Bauhaus Galan (Stockholm, SWE)																	*Omega Timing (2024) - diamond league race analysis*
date 02-Jun-24	time	6.51	11.88	17.39	23.12	29.15	35.57	42.16	49.19	49.19	1 / 8							
reaction time 0.177	interval		5.37	5.51	5.73	6.03	6.42	6.59	7.03		# of strides	11.88	11.24	12.45	13.62	23.12	26.07	2.95

		velocity	7.68	9.31	9.07	8.73	8.29	7.79	7.59	7.11	8.13		8.42	8.90	8.03	7.34	8.65	7.67	

National FINAL - 2023 Bauhaus Galan (Stockholm, SWE) *Omega Timing (2023) - diamond league race analysis*

date	02-Jul-23	time	6.39	11.63	16.99	22.54	28.37	34.56	41.06	48.12	48.12	2 / 4							
reaction time	0.180	interval		5.24	5.36	5.55	5.83	6.19	6.50	7.06		# of strides	11.63	10.91	12.02	13.56	22.54	25.58	3.04
		velocity	7.82	9.54	9.33	9.01	8.58	8.08	7.69	7.08	8.31		8.60	9.17	8.32	7.37	8.87	7.82	

Gakou, Amadou (SEN) (1940)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1968 Olympic Games (Mexico City, MEX) (*Altitude*)																	
Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016																	
date 18-Oct-68	time			21.7		32.9		45.0	45.01	5 / 4							
reaction time	interval					11.20		12.10	NR	# of strides		21.70	11.20	12.10	21.70	23.30	1.60
	velocity			9.22		8.93		8.26	8.89			9.22	8.93	8.26	9.22	8.58	

Gale, Kyle (BAR) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 1 - 2022 Commonwealth Games (Birmingham, GBR)																	
Longines Timing (2022) - commonwealth games race analysis																	
date 05-Aug-22	time	6.2	11.3	16.6	22.1	27.8	33.8	40.0	46.78	46.78	2 / 5							
reaction time 0.189	interval		5.10	5.30	5.50	5.70	6.00	6.20	6.78		# of strides	11.30	10.80	11.70	12.98	22.10	24.68	2.58
	velocity	8.06	9.80	9.43	9.09	8.77	8.33	8.06	7.37	8.55	78.7	8.85	9.26	8.55	7.70	9.05	8.10	

Galea Soler, Matthew (MLT) (2006)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2025 European Athletics U20 Championships (Tampere, FIN)																	
European Athletics (2025) - 2025 european athletics U20 championships - results book																	
date 09-Aug-25	time	6.44	11.65	17.00	22.45	28.09	33.96	40.15	46.91	46.91	2 / 5							
reaction time 0.160	interval		5.21	5.35	5.45	5.64	5.87	6.19	6.76		# of strides	11.65	10.80	11.51	12.95	22.45	24.46	2.01
	velocity	7.76	9.60	9.35	9.17	8.87	8.52	8.08	7.40	8.53	185.0	8.58	9.26	8.69	7.72	8.91	8.18	

Semi-Final 2 - 2025 European Athletics U20 Championships (Tampere, FIN) *European Athletics (2025) - 2025 european athletics U20 championships - results book*

date	08-Aug-25	time	6.42	11.69	17.02	22.50	28.25	34.20	40.26	46.84	46.84	8 / 3							
reaction time	0.156	interval		5.27	5.33	5.48	5.75	5.95	6.06	6.58		# of strides	11.69	10.81	11.70	12.64	22.50	24.34	1.84
		velocity	7.79	9.49	9.38	9.12	8.70	8.40	8.25	7.60	8.54	184.5	8.55	9.25	8.55	7.91	8.89	8.22	

Galuşco, Ivan (MDA) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B Final - 2023 European Team Championships, Second Division (Chorzów, POL)																	
European Athletics (2023) - 3rd european games, athletics - results book																	
date 20-Jun-23	time		11.56		22.23		34.05		47.46	47.46	6 / 4							
reaction time 0.157	interval				10.67		11.82		13.41		# of strides	11.56	10.67	11.82	13.41	22.23	25.23	3.00
	velocity		8.65		9.37		8.46		7.46	8.43		8.65	9.37	8.46	7.46	9.00	7.93	

Galvan, Matteo (ITA) (1988)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 4 - 2009 IAAF World Championships (Berlin, GER)																	
Graubner (2009) - biomechanical analyses at the 12th IAAF world championships																	
date 18-Aug-09	time		11.53		22.31		33.50		45.86	45.86	6 / 3							
reaction time 0.150	interval				10.78		11.19		12.36	PB	# of strides	11.53	10.78	11.19	12.36	22.31	23.55	1.24
	velocity		8.67		9.28		8.94		8.09	8.72		8.67	9.28	8.94	8.09	8.96	8.49	

Garcia, David (ESP) (2005)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2025 European Athletics U23 Championships (Bergen, NOR)																	
European Athletics (2025) - 2025 european athletics U23 championships- results book																	
date 19-Jul-25	time	6.14	11.18	16.38	21.67	27.15	32.84	38.84	45.43	45.43	4 / 4							
reaction time 0.121	interval		5.04	5.20	5.29	5.48	5.69	6.00	6.59	PB	# of strides	11.18	10.49	11.17	12.59	21.67	23.76	2.09
	velocity	8.14	9.92	9.62	9.45	9.12	8.79	8.33	7.59	8.80	124.5	8.94	9.53	8.95	7.94	9.23	8.42	

Semi-Final 2 - 2025 European Athletics U23 Championships (Bergen, NOR) *European Athletics (2025) - 2025 european athletics U23 championships- results book*

date	18-Jul-25	time	6.18	11.22	16.39	21.73	27.24	32.98	38.91	45.46	45.46	6 / 2							
reaction time	0.125	interval		5.04	5.17	5.34	5.51	5.74	5.93	6.55	PB	# of strides	11.22	10.51	11.25	12.48	21.73	23.73	2.00
		velocity	8.09	9.92	9.67	9.36	9.07	8.71	8.43	7.63	8.80		8.91	9.51	8.89	8.01	9.20	8.43	

García, Yordanis (CUB) (1988)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 4 - 2009 IAAF World Championships (Berlin, GER)																	
Graubner (2009) - biomechanical analyses at the 12th IAAF world championships																	
date 19-Aug-09	time		11.07		22.68		35.06		48.34	48.34	3 / 2							
reaction time 0.150	interval				11.61		12.38		13.28	PB	# of strides	11.07	11.61	12.38	13.28	22.68	25.66	2.98
	velocity		9.03		8.61		8.08		7.53	8.27	166.0	9.03	8.61	8.08	7.53	8.82	7.79	

Gardiner, Steven (BAH) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Long Sprints - 2025 Grand Slam Track Philadelphia (Philadelphia, PA)																	
Grand Slam Track (2025) - results and splits by race																	
date 31-May-25	time		14.68		25.57		37.47		46.88	46.88	8 / 8							
reaction time 0.360	interval				10.89		11.90		9.41		# of strides	14.68	10.89	11.90	9.41	25.57	21.31	-4.26
	velocity		6.81		9.18		8.40		10.63	8.53		6.81	9.18	8.40	10.63	7.82	9.39	

Long Sprints - 2025 Grand Slam Track Miami (Miramar, FL) *Grand Slam Track (2025) - results and splits by race*

date	03-May-25	time		11.77		22.76					dnf	4 / 8							
reaction time	0.220	interval				10.99						# of strides	11.77	10.99			22.76		
		velocity		8.50		9.10							8.50	9.10			8.79		

FINAL - 2024 Seashore Doha Meeting (Doha, QAT) *Omega Timing (2024) - diamond league race analysis*

date	10-May-24	time	6.11	11.02	16.16	21.52	27.02	32.80	38.68	44.76	44.76	5 / 1							
reaction time	0.128	interval		4.91	5.14	5.36	5.50	5.78	5.88	6.08		# of strides	11.02	10.50	11.28	11.96	21.52	23.24	1.72
		velocity	8.18	10.18	9.73	9.33	9.09	8.65	8.50	8.22	8.94	158.2	9.07	9.52	8.87	8.36	9.29	8.61	

Semi-Final 3 - 2023 World Athletics Championships (Budapest, HUN) *Seiko Timing (2023) - world championship race analysis*

date	22-Aug-23	time		11.17		21.15		32.57			dnf	6 / --							
reaction time	0.221	interval				9.98		11.42				# of strides	11.17	9.98	11.42		21.15		
		velocity		8.95		10.02		8.76					8.95	10.02	8.76		9.46		

Heat 1 - 2023 World Athletics Championships (Budapest, HUN) *Seiko Timing (2023) - world championship race analysis*

date	20-Aug-23	time		11.16		21.29		32.34		44.65	44.65	7 / 1							
reaction time	0.197	interval				10.13		11.05		12.31		# of strides	11.16	10.13	11.05	12.31	21.29	23.36	2.07
		velocity		8.96		9.87		9.05		8.12	8.96	160.0	8.96	9.87	9.05	8.12	9.39	8.56	

FINAL - 2023 Meeting International Mohammed VI d'Athlétisme (Rabat, MAR) — *Omega Timing (2023) - diamond league race analysis*

date	28-May-23	time	6.22	11.21	16.38	21.73	27.20	32.83	38.56	44.70	44.70	5 / 1						
reaction time	0.160	interval		4.99	5.17	5.35	5.47	5.63	5.73	6.14		# of strides	11.21	10.52	11.10	11.87	21.73	22.97	1.24
		velocity	8.04	10.02	9.67	9.35	9.14	8.88	8.73	8.14	8.95	158.5	8.92	9.51	9.01	8.42	9.20	8.71	

FINAL - 2022 Meeting de Paris (Paris, FRA) — *Omega Timing (2022) - diamond league race analysis*

date	16-Jun-22	time	6.25	11.17	16.19	21.33	26.55	32.07	37.94	44.21	44.21	5 / 1						
reaction time	0.160	interval		4.92	5.02	5.14	5.22	5.52	5.87	6.27		# of strides	11.17	10.16	10.74	12.14	21.33	22.88	1.55
		velocity	8.00	10.16	9.96	9.73	9.58	9.06	8.52	7.97	9.05	158.2	8.95	9.84	9.31	8.24	9.38	8.74	

FINAL - 2020 Olympic Games (Tokyo, JPN) — *Omega Timing (2022) - Tokyo 2020 - race analysis - men's 400m final*

date	05-Aug-21	time	6.33	11.15	15.96	21.00	26.30	31.83	37.62	43.85	43.85	7 / 1						
reaction time	0.179	interval		4.82	4.81	5.04	5.30	5.53	5.79	6.23		# of strides	11.15	9.85	10.83	12.02	21.00	22.85	1.85
		velocity	7.90	10.37	10.40	9.92	9.43	9.04	8.64	8.03	9.12	157.0	8.97	10.15	9.23	8.32	9.52	8.75	

FINAL - 2019 IAAF World Championships (Doha, QAT) — *Yamanaka (2019) - race analysis of men and women 400m competition*

date	04-Oct-19	time	6.22	11.00	15.92	20.96	26.15	31.59	37.32	43.48	43.48	4 / 1						
reaction time	0.164	interval		4.78	4.92	5.04	5.19	5.44	5.73	6.16	NR PB	# of strides	11.00	9.96	10.63	11.89	20.96	22.52	1.56
		velocity	8.04	10.46	10.16	9.92	9.63	9.19	8.73	8.12	9.20	158.5	9.09	10.04	9.41	8.41	9.54	8.88	

Semi-Final 2 - 2019 IAAF World Championships (Doha, QAT) — *Yamanaka (2019) - race analysis of men and women 400m competition*

date	02-Oct-19	time	6.09	10.98	15.91	21.09	26.40	32.00	37.88	44.13	44.13	6 / 1						
reaction time	0.154	interval		4.89	4.93	5.18	5.31	5.60	5.88	6.25		# of strides	10.98	10.11	10.91	12.13	21.09	23.04	1.95
		velocity	8.21	10.22	10.14	9.65	9.42	8.93	8.50	8.00	9.06	157.5	9.11	9.89	9.17	8.24	9.48	8.68	

FINAL - 2019 Herculis Meeting International d'Athlétisme (Monaco, MON) — *Omega Timing (2019) - diamond league race analysis*

date	12-Jul-19	time		11.2		21.4		32.6		44.51	44.51	5 / 1						
reaction time	0.128	interval				10.2		11.2		11.9		# of strides	11.20	10.20	11.20	11.91	21.40	23.11	1.71
		velocity		8.93		9.80		8.93		8.40	8.99	158.0	8.93	9.80	8.93	8.40	9.35	8.65	

FINAL - 2018 Weltklasse (Zürich, SUI) — *Omega Timing (2018) - diamond league race analysis*

date	30-Aug-18	time		12.1							dnf	4 / --						
reaction time	0.126	interval										# of strides	12.10						
		velocity		8.26									8.26						

FINAL - 2017 IAAF World Championships (London, GBR) — *Yamanaka (2017) - male and female 400m analysis in the 2017 season*

date	08-Aug-17	time	6.15	11.06	15.98	21.05	26.38	31.99	37.94	44.41	44.41	4 / 2						
reaction time	0.188	interval		4.91	4.92	5.07	5.33	5.61	5.95	6.47		# of strides	11.06	9.99	10.94	12.42	21.05	23.36	2.31
		velocity	8.13	10.18	10.16	9.86	9.38	8.91	8.40	7.73	9.01	162.2	9.04	10.01	9.14	8.05	9.50	8.56	

Semi-Final 1 - 2017 IAAF World Championships (London, GBR) — *Pollitt (2018) - biomechanical report for the IAAF World Champs - London 2017 - Men's 400m*

date	06-Aug-17	time		10.74		20.59		31.47	37.43	43.70	43.89	5 / 1						
reaction time	0.186	interval				9.85		10.88	5.96	6.27	NR	# of strides	10.74	9.85	10.88	12.23	20.59	23.11	2.52
		velocity		9.31		10.15		9.19	8.39	7.97	9.11	160.7	9.31	10.15	9.19	8.18	9.71	8.65	

Semi-Final 2 - 2015 IAAF World Championships (Beijing, CHN) — *Yamamoto (2015) - race analysis of 15th World Championships 400m- focusing on men's semis and women's prelims*

date	24-Aug-15	time	6.57	11.71	16.83	22.15	27.63	33.11	38.92	44.98	44.98	6 / 7						
reaction time	0.204	interval		5.14	5.12	5.32	5.48	5.48	5.81	6.06		# of strides	11.71	10.44	10.96	11.87	22.15	22.83	0.68
		velocity	7.61	9.73	9.77	9.40	9.12	9.12	8.61	8.25	8.89	159.0	8.54	9.58	9.12	8.42	9.03	8.76	

Garland, Kyle (USA) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Decathlon - Heat 2 - 2025 World Athletics Championships (Tokyo, JPN) — *Seiko Timing (2025) - 2025 World Championships race analysis*

date	20-Sep-25	time		11.44		22.63		35.09		48.73	48.73	4 / 4						
reaction time	0.165	interval				11.19		12.46		13.64		# of strides	11.44	11.19	12.46	13.64	22.63	26.10	3.47
		velocity		8.74		8.94		8.03		7.33	8.21		8.74	8.94	8.03	7.33	8.84	7.66	

Decathlon - Heat 3 - 2024 USA Olympic Trials (Eugene, OR) — *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	21-Jun-24	time		11.33		22.30		34.95		48.91	48.91	7 / 6						
reaction time		interval				10.97		12.65		13.96		# of strides	11.33	10.97	12.65	13.96	22.30	26.61	4.31
		velocity		8.83		9.12		7.91		7.16	8.18		8.83	9.12	7.91	7.16	8.97	7.52	

Decathlon - Heat 2 - 2023 World Athletics Championships (Budapest, HUN) — *Seiko Timing (2023) - world championship race analysis*

date	25-Aug-23	time		11.76		23.34		35.89		49.24	49.24	5 / 5						
reaction time	0.156	interval				11.58		12.55		13.35		# of strides	11.76	11.58	12.55	13.35	23.34	25.90	2.56
		velocity		8.50		8.64		7.97		7.49	8.12		8.50	8.64	7.97	7.49	8.57	7.72	

Decathlon - Heat 2 - 2022 World Athletics Championships (Eugene, OR) — *Timing by Seiko (2022) - world athletics championships race analysis*

date	23-Jul-22	time		11.71		23.58		36.07		49.64	49.64	5 / 7						
reaction time	0.152	interval				11.87		12.49		13.57		# of strides	11.71	11.87	12.49	13.57	23.58	26.06	2.48
		velocity		8.54		8.42		8.01		7.37	8.06	179.0	8.54	8.42	8.01	7.37	8.48	7.67	

Garner, Mark (AUS) (1969)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 1991 IAAF World Championships (Tokyo, JPN) — *Butler (2013) - IAAF world championships statistics handbook- moscow 2013*

date	29-Aug-91	time				21.39				45.47	45.47	2 / 8						
reaction time		interval								24.08		# of strides					21.39	24.08	2.69
		velocity				9.35				8.31	8.80	186.7					9.35	8.31	

Garrison, Edesel (USA) (1950)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FiNAL - 1971 USA National Championships (Eugene, OR) (yards) — *Hymans (2015) - progression of IAAF world records - 2015 edition*

date	26-Jun-71	time				22.2				45.6	45.6	/ 5						
reaction time		interval								23.4	*(45.9/440y)*	# of strides					22.20	23.40	1.20
		velocity				9.01				8.55	8.77						9.01	8.55	

Gasperoni, Allessandro (SMR) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

A Final - 2023 European Team Championships, Third Division (Chorzów, POL) — *European Athletics (2023) - 3rd european games, athletics - results book*

date	20-Jun-23	time		11.79		22.83		35.18		48.68	48.68	7 / 8						
reaction time	0.242	interval				11.04		12.35		13.50		# of strides	11.79	11.04	12.35	13.50	22.83	25.85	3.02
		velocity		8.48		9.06		8.10		7.41	8.22		8.48	9.06	8.10	7.41	8.76	7.74	

Gatson, Terry (USA) (1982)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2005 NCAA Championships (Sacramento, CA)																	*Track Newsletter (2005) - NCAA men's championships*
date 11-Jun-05	time	11.2		21.7		33.2		45.7	45.68	4 / 7								
reaction time	interval			10.50		11.50		12.50		# of strides	11.20	10.50	11.50	12.50	21.70	24.00	2.30
	velocity	8.93		9.52		8.70		8.00	8.76		8.93	9.52	8.70	8.00	9.22	8.33	

Gauntlett, Akheem (JAM) (1990)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2013 NCAA Championships (Eugene, OR)																	*Track Newsletter (2013) - NCAA men's championships*
date 07-Jun-13	time			22.3		33.8		46.1	46.10	/ 8								
reaction time	interval					11.50		12.30		# of strides			11.50	12.30	22.30	23.80	1.50	
	velocity			8.97		8.70		8.13	8.68				8.70	8.13	8.97	8.40		

Gay, Tyson (USA) (1982)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2010 Jamaica Invitational (Kingston, JAM)																	*Vazel (2015) - Van Niekerk and Merritt were on for the record at 300m*
date 01-May-10	time	10.6						45.05	45.05	/ 1								
reaction time	interval							34.45		# of strides	10.60							
	velocity	9.43						8.71	8.88		9.43							

Gaye, Demish (JAM) (1993)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 2 - 2019 IAAF World Championships (Doha, QAT)																	*Yamanaka (2019) - race analysis of men and women 400m competition*
date 02-Oct-19	time	6.07	10.89	15.82	21.07	26.58	32.33	38.25	44.66	44.66	7 / 3							
reaction time 0.188	interval		4.82	4.93	5.25	5.51	5.75	5.92	6.41		# of strides	10.89	10.18	11.26	12.33	21.07	23.59	2.52
	velocity	8.24	10.37	10.14	9.52	9.07	8.70	8.45	7.80	8.96	180.2	9.18	9.82	8.88	8.11	9.49	8.48	
FINAL - 2019 Müller Grand Prix (Birmingham, GBR)																	*Omega Timing (2019) - diamond league race analysis*
date 18-Aug-19	time		11.4		21.8		33.3		45.64	45.64	4 / 6							
reaction time 0.153	interval				10.4		11.5		12.3		# of strides	11.40	10.40	11.50	12.34	21.80	23.84	2.04
	velocity		8.77		9.62		8.70		8.10	8.76	182.5	8.77	9.62	8.70	8.10	9.17	8.39	
FINAL - 2019 Müller Anniversary Games (London, GBR)																	*Omega Timing (2019) - diamond league race analysis*
date 21-Jul-19	time		10.9		20.9		32.2		45.11	45.11	7 / 5							
reaction time 0.157	interval				10.0		11.3		12.9		# of strides	10.90	10.00	11.30	12.91	20.90	24.21	3.31
	velocity		9.17		10.00		8.85		7.75	8.87	183.0	9.17	10.00	8.85	7.75	9.57	8.26	
FINAL - 2017 IAAF World Championships (London, GBR)																	*Yamanaka (2017) - male and female 400m analysis in the 2017 season*
date 08-Aug-17	time	6.16	11.02	15.91	21.03	26.49	32.24	38.35	45.04	45.04	8 / 6							
reaction time 0.179	interval		4.86	4.89	5.12	5.46	5.75	6.11	6.69		# of strides	11.02	10.01	11.21	12.80	21.03	24.01	2.98
	velocity	8.12	10.29	10.22	9.77	9.16	8.70	8.18	7.47	8.88	182.4	9.07	9.99	8.92	7.81	9.51	8.33	
Semi-Final 3 - 2017 IAAF World Championships (London, GBR)																	*Pollitt (2018) - biomechanical report for the IAAF World Champs - London 2017 - Men's 400m*
date 06-Aug-17	time		10.88		20.84		31.88	37.88	44.39	44.55	6 / 2							
reaction time 0.157	interval				9.96		11.04	6.00	6.51	PB	# of strides	10.88	9.96	11.04	12.51	20.84	23.55	2.71
	velocity		9.19		10.04		9.06	8.33	7.68	8.98	181.4	9.19	10.04	9.06	7.99	9.60	8.49	

Gayle, Steven (JAM) (1994)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2017 NCAA Championships (Eugene, OR)																	*Track Newsletter (2017) - NCAA men's championships*
date 09-Jun-17	time			21.5		33.0		45.6	45.59	/ 7								
reaction time	interval					11.50		12.60		# of strides			11.50	12.60	21.50	24.10	2.60	
	velocity			9.30		8.70		7.94	8.77				8.70	7.94	9.30	8.30		

Gehret, Brady (USA) (1992)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2012 USA Olympic Trials (Eugene, OR)																	*Hymans (2020) - history of the US olympic trials - track and field*
date 24-Jun-12	time			21.3		32.4		45.48	45.48	8 / 8								
reaction time 0.219	interval					11.10		13.08		# of strides		21.30	11.10	13.08	21.30	24.18	2.88	
	velocity			9.39		9.01		7.65	8.80			4.69	9.01	7.65	9.39	8.27		

Geldenhuys, Ivan Danny (NAM) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 2 - 2022 Commonwealth Games (Birmingham, GBR)																	*Longines Timing (2022) - commonwealth games race analysis*
date 05-Aug-22	time	6.2	11.1	16.4	22.0	27.8	33.8	39.9	46.68	46.68	8 / 4							
reaction time 0.213	interval		4.90	5.30	5.60	5.80	6.00	6.10	6.78		# of strides	11.10	10.90	11.80	12.88	22.00	24.68	2.68
	velocity	8.06	10.20	9.43	8.93	8.62	8.33	8.20	7.37	8.57	185.0	9.01	9.17	8.47	7.76	9.09	8.10	

Gendre, Vincent (SUI) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B Final - 2025 European Team Championships, First Division (Madrid, ESP)																	*European Athletics (2025) - 2025 european team championships, first division - results book*
date 27-Jun-25	time	6.22	11.23	16.37	21.71	27.22	32.96	39.06	45.65	45.65	/ 3							
reaction time 0.170	interval		5.01	5.14	5.34	5.51	5.74	6.10	6.59		# of strides	11.23	10.48	11.25	12.69	21.71	23.94	2.23
	velocity	8.04	9.98	9.73	9.36	9.07	8.71	8.20	7.59	8.76		8.90	9.54	8.89	7.88	9.21	8.35	
FINAL - 2024 Weltklasse (Zürich, SUI)																	*Omega Timing (2024) - diamond league race analysis*
date 05-Sep-24	time	6.37	11.51	16.84	22.41	28.25	34.30	40.63	47.37	47.37	8 / 8							
reaction time 0.164	interval		5.14	5.33	5.57	5.84	6.05	6.33	6.74		# of strides	11.51	10.90	11.89	13.07	22.41	24.96	2.55
	velocity	7.85	9.73	9.38	8.98	8.56	8.26	7.90	7.42	8.44		8.69	9.17	8.41	7.65	8.92	8.01	
B Race - 2021 Athletissima (Lausanne, SUI)																	*Omega Timing (2021) - diamond league race analysis*
date 26-Aug-21	time	6.7	12.3	17.9	23.8	30.0	36.4	42.9	49.81	49.81	8 / 7							
reaction time 0.166	interval		5.60	5.60	5.90	6.20	6.40	6.50	6.91		# of strides	12.30	11.50	12.60	13.41	23.80	26.01	2.21
	velocity	7.46	8.93	8.93	8.47	8.06	7.81	7.69	7.24	8.03		8.13	8.70	7.94	7.46	8.40	7.69	

Gerber, Manuel (SUI) (2005)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 1 - 2025 European Athletics U23 Championships (Bergen, NOR)																	*European Athletics (2025) - 2025 european athletics U23 championships- results book*
date 18-Jul-25	time	6.09	11.13	16.39	21.90	27.62	33.80	40.21	47.18	47.18	3 / 8							

reaction time	0.122	interval		5.04	5.26	5.51	5.72	6.18	6.41	6.97		# of strides	11.13	10.77	11.90	13.38	21.90	25.28	3.38
		velocity	8.21	9.92	9.51	9.07	8.74	8.09	7.80	7.17	8.48		8.98	9.29	8.40	7.47	9.13	7.91	

Germar, Manfred (FRG) (1935)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1961 ???? (Kassel, FRG)																	*Quercentani (1961). European report, Preussgers vaults 15'5"*
date 16-Sep-61	time			23.0				48.6	48.6	/ 2							
reaction time	interval							25.6		# of strides					23.00	25.60	2.60
	velocity			8.70				7.81	8.23						8.70	7.81	

Giesting, Chris (USA) (1992)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2014 NCAA Championships (Eugene, OR)																	*Track Newsletter (2014) - NCAA men's championships*
date 13-Jun-14	time			21.9				46.1	46.10	/ 7							
reaction time	interval							24.20		# of strides					21.90	24.20	2.30
	velocity			9.13				8.26	8.68						9.13	8.26	

Gletty, Makenson (FRA) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 1 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 20-Sep-25	time	11.89		23.37				50.49	50.49	8 / 5							
reaction time 0.211	interval			11.48				27.12		# of strides	11.89	11.48			23.37	27.12	3.75
	velocity	8.41		8.71				7.37	7.92		8.41	8.71			8.56	7.37	

Gillick, David (IRL) (1983)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2009 IAAF World Championships (Berlin, GER)																	*Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*
date 21-Aug-09	time	11.24		21.83		33.18		45.53	45.53	2 / 6							
reaction time 0.148	interval			10.59		11.35		12.35		# of strides	11.24	10.59	11.35	12.35	21.83	23.70	1.87
	velocity	8.90		9.44		8.81		8.10	8.79	174.5	8.90	9.44	8.81	8.10	9.16	8.44	
Semi-Final 1 - 2009 IAAF World Championships (Berlin, GER)																	*Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*
date 19-Aug-09	time	11.27		21.80		32.77		44.88	44.88	6 / 4							
reaction time 0.147	interval			10.53		10.97		12.11		# of strides	11.27	10.53	10.97	12.11	21.80	23.08	1.28
	velocity	8.87		9.50		9.12		8.26	8.91	171.0	8.87	9.50	9.12	8.26	9.17	8.67	
Heat 1 - 2009 IAAF World Championships (Berlin, GER)																	*Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*
date 18-Aug-09	time	11.25		21.67		33.00		45.54	45.54	7 / 2							
reaction time 0.169	interval			10.42		11.33		12.54		# of strides	11.25	10.42	11.33	12.54	21.67	23.87	2.20
	velocity	8.89		9.60		8.83		7.97	8.78		8.89	9.60	8.83	7.97	9.23	8.38	

Glass, Najee (USA) (1994)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2016 USA Olympic Trials (Eugene, OR)																	*Track Newsletter (2016) - US olympic trials men*
date 03-Jul-16	time	11.3		21.9		32.8		45.5	45.48	8 / 7							
reaction time 0.190	interval			10.60		10.90		12.70		# of strides	11.30	10.60	10.90	12.70	21.90	23.60	1.70
	velocity	8.85		9.43		9.17		7.87	8.80		8.85	9.43	9.17	7.87	9.13	8.47	
FINAL - 2016 NCAA Championships (Eugene, OR)																	*Track Newsletter (2016) - NCAA men's championships*
date 10-Jun-16	time			21.8		32.9		45.6	45.61	/ ~~5~~							
reaction time	interval					11.10		12.70	DQ	# of strides			11.10	12.70	21.80	23.80	2.00
	velocity			9.17		9.01		7.87	8.77				9.01	7.87	9.17	8.40	
FINAL - 2015 NCAA Championships (Eugene, OR)																	*Track Newsletter (2015) - NCAA men's championships*
date 12-Jun-15	time			21.4				46.3	46.31	/ 4							
reaction time	interval							24.90		# of strides					21.40	24.90	3.50
	velocity			9.35				8.03	8.64						9.35	8.03	
FINAL - 2014 NCAA Championships (Eugene, OR)																	*Track Newsletter (2014) - NCAA men's championships*
date 13-Jun-14	time			21.7		32.9		45.6	45.63	/ 5							
reaction time	interval					11.20		12.70		# of strides			11.20	12.70	21.70	23.90	2.20
	velocity			9.22		8.93		7.87	8.77				8.93	7.87	9.22	8.37	

Gletty, Makenson (FRA) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 2 - 2024 Olympic Games (Paris, FRA)																	*Paris 2024 Olympic Games - Results Book (2024)*
date 02-Aug-24	time	6.45	11.69	17.20	22.89	28.68	34.70	40.86	47.78	47.48	7 / 2							
reaction time 0.191	interval		5.24	5.51	5.69	5.79	6.02	6.16	6.92	PB	# of strides	11.69	11.20	11.81	13.08	22.89	24.89	2.00
	velocity	7.75	9.54	9.07	8.79	8.64	8.31	8.12	7.23	8.42	167.5	8.55	8.93	8.47	7.65	8.74	8.04	

Godwin, Elija (USA) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 2 - 2024 USA Olympic Trials (Eugene, OR)																	*USATF and Karmarush (2024) - USA Olympic trials results and race analysis*
date 23-Jun-24	time	11.06		21.63		33.32		46.73	46.73	2 / 9							
reaction time	interval			10.57		11.69		13.41		# of strides	11.06	10.57	11.69	13.41	21.63	25.10	3.47
	velocity	9.04		9.46		8.55		7.46	8.56		9.04	9.46	8.55	7.46	9.25	7.97	
Heat 1 - 2024 USA Olympic Trials (Eugene, OR)																	*USATF and Karmarush (2024) - USA Olympic trials results and race analysis*
date 21-Jun-24	time	10.71		21.07		32.53		45.53	45.53	8 / 5							
reaction time	interval			10.36		11.46		13.00		# of strides	10.71	10.36	11.46	13.00	21.07	24.46	3.39
	velocity	9.34		9.65		8.73		7.69	8.79	182.0	9.34	9.65	8.73	7.69	9.49	8.18	
FINAL - 2022 USATF National Championships (Eugene, OR)																	*Track Newsletter (2022) - USATF championships men*
date 25-Jun-22	time	10.83		21.33		32.31		44.34	44.34	/ ~~4~~ 3							
reaction time	interval			10.50		10.98		12.03	PB	# of strides	10.83	10.50	10.98	12.03	21.33	23.01	1.68
	velocity	9.23		9.52		9.11		8.31	9.02		9.23	9.52	9.11	8.31	9.38	8.69	
FINAL - 2021 South Eastern Conference Championships (College Station, TX)																	*Vazel (2021) - https://twitter.com/pjvazel/status/1393829441172803591?s=21*
date 15-May-21	time	10.6		20.4		31.5		44.61	44.61	4 / 3							
reaction time	interval			9.80		11.10		13.11	PB	# of strides	10.60	9.80	11.10	13.11	20.40	24.21	3.81
	velocity	9.43		10.20		9.01		7.63	8.97	180.0	9.43	10.20	9.01	7.63	9.80	8.26	

Golovastov, Dmitriy (RUS) (1971)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2001 European Cup (Bremen, GER)																	*Graubner (2007) - http://www.fgs.uni-halle.de*
date 23-Jun-01	time		11.34		21.90		33.29		46.11	46.11	/ 6						
reaction time	interval				10.56		11.39		12.82		# of strides	11.34	10.56	11.39	12.82	21.90	24.21	2.31
	velocity		8.82		9.47		8.78		7.80	8.67		8.82	9.47	8.78	7.80	9.13	8.26	

Golubovic, Daniel (AUS) (1993)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 1 - 2024 Olympic Games (Paris, FRA)																	*Paris 2024 Olympic Games - Results Book (2024)*
date 02-Aug-24	time	6.68	12.12	17.82	23.72	29.99	36.55	43.35	50.37	50.37	8 / 5							
reaction time 0.165	interval		5.44	5.70	5.90	6.27	6.56	6.80	7.02		# of strides	12.12	11.60	12.83	13.82	23.72	26.65	2.93
	velocity	7.49	9.19	8.77	8.47	7.97	7.62	7.35	7.12	7.94		8.25	8.62	7.79	7.24	8.43	7.50	
Decathlon - Heat 2 - 2023 World Athletics Championships (Budapest, HUN)																	*Seiko Timing (2023) - world championship race analysis*
date 25-Aug-23	time		12.09		23.60		36.22		49.87	49.87	3 / 6							
reaction time 0.180	interval				11.51		12.62		13.65		# of strides	12.09	11.51	12.62	13.65	23.60	26.27	2.67
	velocity		8.27		8.69		7.92		7.33	8.02		8.27	8.69	7.92	7.33	8.47	7.61	
Decathlon - Heat 2 - 2022 World Athletics Championships (Eugene, OR)																	*Timing by Seiko (2022) - world athletics championships race analysis*
date 23-Jul-22	time		12.05		23.73		36.08		49.44	49.44	2 / 6							
reaction time 0.149	interval				11.68		12.35		13.36		# of strides	12.05	11.68	12.35	13.36	23.73	25.71	1.98
	velocity		8.30		8.56		8.10		7.49	8.09		8.30	8.56	8.10	7.49	8.43	7.78	

Gombault, Cornelien (FRA) (1953)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 1 - 1978 European Championships (Prague, TCH)																	*Lamare (1978) - championnats d'Europa 1978*
date 30-Aug-78	time				23.14				47.91	47.91	/ 5							
reaction time	interval								24.77		# of strides					23.14	24.77	1.63
	velocity				8.64				8.07	8.35						8.64	8.07	

Gonzales, Jermaine (JAM) (1984)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2011 IAAF World Championships (Daegu, KOR)																	*Butler (2013) - IAAF world athletic results 2008-2011 full results*
date 30-Aug-11	time						32.7		44.99	44.99	3 / 4						
reaction time 0.138	interval								12.29		# of strides				12.29			
	velocity						9.17		8.14	8.89	168.0				8.14			

Goode, Johnny (USA) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 3 - 2025 USATF Championships (Eugene, OR)																	*USATF and Karmarush (2025) - USATF championships results and race analysis*
date 01-Aug-25	time		11.28		21.97		33.87		47.42	47.42	4 / 6						
reaction time	interval				10.69		11.90		13.55		# of strides	11.28	10.69	11.90	13.55	21.97	25.45	3.48
	velocity		8.87		9.35		8.40		7.38	8.44		8.87	9.35	8.40	7.38	9.10	7.86	

Gordon, Lalonde (TTO) (1988)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 2 - 2017 IAAF World Championships (London, GBR)																	*Pollitt (2018) - biomechanical report for the IAAF World Champs - London 2017 - Men's 400m*
date 06-Aug-17	time		10.84		20.88		32.04	38.25	45.06	45.20	4 / 5						
reaction time 0.151	interval				10.04		11.16	6.21	6.81		# of strides	10.84	10.04	11.16	13.02	20.88	24.18	3.30
	velocity		9.23		9.96		8.96	8.05	7.34	8.85	163.4	9.23	9.96	8.96	7.68	9.58	8.27	
Semi-Final 2 - 2015 IAAF World Championships (Beijing, CHN)																	*Yamamoto (2015) - race analysis of 15th World Championships 400m- focusing on men's semis and women's prelims*
date 24-Aug-15	time	6.24	11.19	16.17	21.45	26.94	32.45	38.36	44.70	44.70	3 / 4						
reaction time 0.150	interval		4.95	4.98	5.28	5.49	5.51	5.91	6.34		# of strides	11.19	10.26	11.00	12.25	21.45	23.25	1.80
	velocity	8.01	10.10	10.04	9.47	9.11	9.07	8.46	7.89	8.95	160.7	8.94	9.75	9.09	8.16	9.32	8.60	
FINAL - 2012 Olympic Games (London, GBR)																	*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*
date 06-Aug-12	time		11.2		21.6		32.5		44.5	44.52	4 / 3						
reaction time 0.159	interval				10.40		10.90		12.00	**PB**	# of strides	11.20	10.40	10.90	12.00	21.60	22.90	1.30
	velocity		8.93		9.62		9.17		8.33	8.98	160.7	8.93	9.62	9.17	8.33	9.26	8.73	

Goúsis, Anastásios (GRE) (1979)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2001 European Cup (Bremen, GER)																	*Graubner (2007) - http://www.fgs.uni-halle.de*
date 23-Jun-01	time		11.50		22.18		33.88		47.05	47.05	/ 8						
reaction time	interval				10.68		11.70		13.17		# of strides	11.50	10.68	11.70	13.17	22.18	24.87	2.69
	velocity		8.70		9.36		8.55		7.59	8.50		8.70	9.36	8.55	7.59	9.02	8.04	

Graham, Hugh (JAM) (1992)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2014 NCAA Championships (Eugene, OR)																	*Track Newsletter (2014) - NCAA men's championships*
date 13-Jun-14	time				21.8				46.6	46.65	/ 8						
reaction time	interval								24.80		# of strides					21.80	24.80	3.00
	velocity				9.17				8.06	8.57						9.17	8.06	
FINAL - 2013 NCAA Championships (Eugene, OR)																	*Track Newsletter (2013) - NCAA men's championships*
date 07-Jun-13	time				22.2		33.6		45.6	45.57	/ 6						
reaction time	interval						11.40		12.00		# of strides			11.40	12.00	22.20	23.40	1.20
	velocity				9.01		8.77		8.33	8.78				8.77	8.33	9.01	8.55	

Graham, Tim (GBR) (1939)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1964 Olympic Games (Tokyo, JPN)																	*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*
date 19-Sep-64	time				22.0		34.2		46.0	46.0	1 / 6						
reaction time	interval						12.20		11.80	*(46.08)*	# of strides			12.20	11.80	22.00	24.00	2.00
	velocity				9.09		8.20		8.47	8.70				8.20	8.47	9.09	8.33	

Grávalos, Dimítrios (GRE) (1984)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2007 European Cup (Munich, GER)																	*Graubner (2007) - http://www.fgs.uni-halle.de*
date 23-Jun-07	time		11.63		22.36		33.76		46.83	46.83	/ 7						
reaction time 0.139	interval				10.73		11.40		13.07		# of strides	11.63	10.73	11.40	13.07	22.36	24.47	2.11
	velocity		8.60		9.32		8.77		7.65	8.54		8.60	9.32	8.77	7.65	8.94	8.17	

Green, Bill (USA) (1961)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1980 USA Olympic Trials (Eugene, OR)																	*Track Newsletter (1980) - US olympic trials*
date 27-Jun-80	time	11.7		22.9		34.2		45.9	45.85	/ 1							
reaction time	interval			11.20		11.30		11.65		# of strides	11.70	11.20	11.30	11.65	22.90	22.95	0.05
	velocity	8.55		8.93		8.85		8.58	8.72		8.55	8.93	8.85	8.58	8.73	8.71	

Gregan, Brian (IRL) (1989)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 2 - 2017 IAAF World Championships (London, GBR)																	*Pollitt (2018) - biomechanical report for the IAAF World Champs - London 2017 - Men's 400m*
date 06-Aug-17	time	11.31		21.37		33.08	39.01	45.23	45.42	8 / 6							
reaction time 0.188	interval			10.06		11.71	5.93	6.22		# of strides	11.31	10.06	11.71	12.15	21.37	23.86	2.49
	velocity	8.84		9.94		8.54	8.43	8.04	8.81	166	8.84	9.94	8.54	8.23	9.36	8.38	

Gregory, Eric (USA) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 2 - 2024 USA Olympic Trials (Eugene, OR)																	*USATF and Karmarush (2024) - USA Olympic trials results and race analysis*
date 21-Jun-24	time	11.19		21.66		32.96		45.79	45.79	3 / 7							
reaction time	interval			10.47		11.30		12.83		# of strides	11.19	10.47	11.30	12.83	21.66	24.13	2.47
	velocity	8.94		9.55		8.85		7.79	8.74	171.0	8.94	9.55	8.85	7.79	9.23	8.29	

Grimerud, Andreas (NOR) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 2 - 2025 European Athletics U23 Championships (Bergen, NOR)																	*European Athletics (2025) - 2025 european athletics U23 championships- results book*
date 18-Jul-25	time	6.29	11.36	16.55	21.92	27.48	33.40	39.71	46.62	46.62	4 / 7						
reaction time 0.140	interval		5.07	5.19	5.37	5.56	5.92	6.31	6.91		# of strides	11.36	10.56	11.48	13.22	21.92	24.70	2.78
	velocity	7.95	9.86	9.63	9.31	8.99	8.45	7.92	7.24	8.58		8.80	9.47	8.71	7.56	9.12	8.10	
National FINAL - 2025 Bislett Games (Oslo, NOR)																	*Omega Timing (2025) - diamond league race analysis*
date 12-Jun-25	time	6.25	11.51	16.97	22.63	28.31	34.13	40.18	46.86	46.86	7 / 2						
reaction time 0.146	interval		5.26	5.46	5.66	5.68	5.82	6.05	6.68		# of strides	11.51	11.12	11.50	12.73	22.63	24.23	1.60
	velocity	8.00	9.51	9.16	8.83	8.80	8.59	8.26	7.49	8.54		8.69	8.99	8.70	7.86	8.84	8.25	
Semi-Final 2 - 2024 European Athletics Championships (Roma, ITA)																	*European Athletics (2024) - 2024 european athletics championships - results book*
date 09-Jun-24	time		11.45		21.98		33.53		46.25	46.25	3 / 9						
reaction time 0.151	interval				10.53		11.55		12.72		# of strides	11.45	10.53	11.55	12.72	21.98	24.27	2.29
	velocity		8.73		9.50		8.66		7.86	8.65	173.0	8.73	9.50	8.66	7.86	9.10	8.24	
Heat 3 - 2024 European Athletics Championships (Roma, ITA)																	*European Athletics (2024) - 2024 european athletics championships - results book*
date 08-Jun-24	time		11.62		22.26		33.66		45.90	45.90	9 / 6						
reaction time 0.222	interval				10.64		11.40		12.24	=PB	# of strides	11.62	10.64	11.40	12.24	22.26	23.64	1.38
	velocity		8.61		9.40		8.77		8.17	8.71		8.61	9.40	8.77	8.17	8.98	8.46	
Semi-Final 1 - 2023 European Athletics U23 Championships (Espoo, FIN)																	*European Athletics (2023) - european athletics U23 championships results book*
date 13-Jul-23	time		11.87		22.74		34.66		46.88	46.88	8 / 6						
reaction time 0.232	interval				10.87		11.92		12.22		# of strides	11.87	10.87	11.92	12.22	22.74	24.14	1.40
	velocity		8.42		9.20		8.39		8.18	8.53		8.42	9.20	8.39	8.18	8.80	8.29	
Semi-Final 2 - 2021 European Athletics U20 Championships (Tallin, EST)																	*European Athletics (2021) - european athletics U20 championships results book*
date 15-Jul-21	time		12.40		24.11		36.68		49.01	49.01	1 / 8						
reaction time 0.190	interval				11.71		12.57		12.33		# of strides	12.40	11.71	12.57	12.33	24.11	24.90	0.79
	velocity		8.06		8.54		7.96		8.11	8.16		8.06	8.54	7.96	8.11	8.30	8.03	

Grindley, David (GBR) (1972)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1992 Olympic Games (Barcelona, ESP)																	*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*
date 05-Aug-92	time			21.3		32.2		44.8	44.75	3 / 6							
reaction time	interval					10.90		12.60		# of strides			10.90	12.60	21.30	23.50	2.20
	velocity			9.39		9.17		7.94	8.94				9.17	7.94	9.39	8.51	

Grothkopp, Martin (GER) (1986)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B FINAL - 2009 ISTAF (Berlin, GER)																	*Graubner (2009) - http://www.fgs.uni-halle.de*
date 14-Jun-09	time		11.34		22.12		33.74		46.74	46.74	/ 1						
reaction time 0.313	interval				10.78		11.62		13.00		# of strides	11.34	10.78	11.62	13.00	22.12	24.62	2.50
	velocity		8.82		9.28		8.61		7.69	8.56		8.82	9.28	8.61	7.69	9.04	8.12	

Grung Thallaug, Sjur (NOR) (2006)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 2 - 2025 European Athletics U20 Championships (Tampere, FIN)																	*European Athletics (2025) - 2025 european athletics U20 championships - results book*
date 08-Aug-25	time	6.60	12.07	17.53	23.21	28.94	34.90	41.19	47.85	47.85	2 / 7						
reaction time 0.144	interval		5.47	5.46	5.68	5.73	5.96	6.29	6.66		# of strides	12.07	11.14	11.69	12.95	23.21	24.64	1.43
	velocity	7.58	9.14	9.16	8.80	8.73	8.39	7.95	7.51	8.36		8.29	8.98	8.55	7.72	8.62	8.12	

Grzegorzewic, Patryk (POL) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 European Athletics U20 Championships (Tallin, EST)																	*European Athletics (2021) - european athletics U20 championships results book*
date 16-Jul-21	time			11.55		22.32		34.06		47.10	47.10	7 / 7						
reaction time 0.244	interval					10.77		11.74		13.04		# of strides	11.55	10.77	11.74	13.04	22.32	24.78	2.46
	velocity			8.66		9.29		8.52		7.67	8.49		8.66	9.29	8.52	7.67	8.96	8.07	
Semi-Final 2 - 2021 European Athletics U20 Championships (Tallin, EST)																	*European Athletics (2021) - european athletics U20 championships results book*
date 15-Jul-21	time			11.87		22.92		34.75		47.17	47.17	5 / 3						
reaction time 0.201	interval					11.05		11.83		12.42		# of strides	11.87	11.05	11.83	12.42	22.92	24.25	1.33
	velocity			8.42		9.05		8.45		8.05	8.48		8.42	9.05	8.45	8.05	8.73	8.25	

Gu Xiofei (CHN) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 Chinese World Championship & Asian Games Trials (Shenyang, CHN)																	*Shandong Athletics Sport Science (2023)*
date 28-Jun-23	time			11.48		22.12		33.75	39.82	46.54	46.54	4 / 2						
reaction time 0.228	interval					10.64		11.63	6.07	6.72		# of strides	11.48	10.64	11.63	12.79	22.12	24.42	2.30
	velocity			8.71		9.40		8.60	8.24	7.44	8.59	176.7	8.71	9.40	8.60	7.82	9.04	8.19	

Guevara, Asa (TTO) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Semi-Final 3 - 2022 Commonwealth Games (Birmingham, GBR) *Longines Timing (2022) - commonwealth games race analysis*

date	05-Aug-22	time	6.0	10.8	15.8	21.1	26.7	32.8	39.2	46.46	46.46	8 / 5						
reaction time	0.132	interval		4.80	5.00	5.30	5.60	6.10	6.40	7.26		# of strides	10.80	10.30	11.70	13.66	21.10	25.36	4.26
		velocity	8.33	10.42	10.00	9.43	8.93	8.20	7.81	6.89	8.61	175.2	9.26	9.71	8.55	7.32	9.48	7.89	

Guijarro, Manuel (ESP) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 4 - 2022 European Athletics Championships (Munich, GER)																	
European Athletics (2022) - european athletics championships race analysis																	
date 15-Aug-22	time		11.17		21.41		32.81		46.18	46.18	5 / 6							
reaction time 0.248	interval				10.24		11.40		13.37		# of strides	11.17	10.24	11.40	13.37	21.41	24.77	3.36
	velocity		8.95		9.77		8.77		7.48	8.66		8.95	9.77	8.77	7.48	9.34	8.07	

Guo Zhongze (CHN) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2017 Chinese National Games (Tianjin, CHN)																	
Xu (2018) - a comparative analysis of the kinematic characteristics of Guo Zhongze and Wayde van Niekerk																	
date 03-Sep-17	time		10.7		21.5		33.0		45.2	45.14	/ 1							
reaction time	interval				10.80		11.50		12.20	NR PB	# of strides	10.70	10.80	11.50	12.20	21.50	23.70	2.20
	velocity		9.35		9.26		8.70		8.20	8.86		9.35	9.26	8.70	8.20	9.30	8.44	

Gyger, Nathan (SUI) (1992)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B Race - 2024 Athletissima (Lausanne, SUI)																	
Omega Timing (2024) - diamond league race analysis																	
date 22-Aug-24	time	6.35	11.46	16.60	22.02	27.73	33.83	40.24	47.34	47.34	7 / 3							
reaction time 0.170	interval		5.11	5.14	5.42	5.71	6.10	6.41	7.10		# of strides	11.46	10.56	11.81	13.51	22.02	25.32	3.30
	velocity	7.87	9.78	9.73	9.23	8.76	8.20	7.80	7.04	8.45		8.73	9.47	8.47	7.40	9.08	7.90	
B Race - 2021 Athletissima (Lausanne, SUI)																	
Omega Timing (2021) - diamond league race analysis																	
date 26-Aug-21	time	6.5	11.8	17.2	22.7	28.2	34.1	40.3	46.67	46.67	4 / 2							
reaction time 0.161	interval		5.30	5.40	5.50	5.50	5.90	6.20	6.37		# of strides	11.80	10.90	11.40	12.57	22.70	23.97	1.27
	velocity	7.69	9.43	9.26	9.09	9.09	8.47	8.06	7.85	8.57		8.47	9.17	8.77	7.96	8.81	8.34	

Gyurov, Yordan (BUL) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B Final - 2023 European Team Championships, Second Division (Chorzów, POL)																	
European Athletics (2023) - 3rd european games, athletics - results book																	
date 20-Jun-23	time		11.57		22.29		34.11		47.33	47.33	5 / 3							
reaction time 0.166	interval				10.72		11.82		13.22	PB	# of strides	11.57	10.72	11.82	13.22	22.29	25.04	2.75
	velocity		8.64		9.33		8.46		7.56	8.45		8.64	9.33	8.46	7.56	8.97	7.99	

Haas, Karl-Friedrich (FRG) (1931)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1958 European Championships (Stockholm, SWE)																	
(1959) - der 400-m-hürdenlauf in stockholm																	
date 21-Aug-58	time				22.5				47.0	47.0	6 / 3							
reaction time	interval								24.50		# of strides					22.50	24.50	2.00
	velocity				8.89				8.16	8.51						8.89	8.16	
FINAL - 1956 Olympic Games (Melbourne, AUS)																	
Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016																	
date 29-Nov-56	time				22.7		34.3		46.8	46.8	5 / 2							
reaction time	interval						11.6		12.5	*(47.12)*	# of strides			11.60	12.50	22.70	24.10	1.40
	velocity				8.81		8.62		8.00	8.55	183.2			8.62	8.00	8.81	8.30	

Haavardtun Gullachsen, Fredrik (NOR

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2025 Bislett Games (Oslo, NOR)																	
Omega Timing (2025) - diamond league race analysis																	
date 12-Jun-25	time	6.54	11.93	17.48	23.24	29.19	35.49	41.94	48.82	48.82	5 / 4							
reaction time 0.160	interval		5.39	5.55	5.76	5.95	6.30	6.45	6.88		# of strides	11.93	11.31	12.25	13.33	23.24	25.58	2.34
	velocity	7.65	9.28	9.01	8.68	8.40	7.94	7.75	7.27	8.19		8.38	8.84	8.16	7.50	8.61	7.82	

Haddaoui, Aymane (MAR) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2022 Meeting International Mohammed VI d'Athlétime (Rabat, MAR)																	
Omega Timing (2022) - diamond league race analysis																	
date 05-Jun-22	time	6.24	11.39	16.76	22.32	28.13	34.13	40.28	47.02	47.02	5 / 2							
reaction time 0.194	interval		5.15	5.37	5.56	5.81	6.00	6.15	6.74	PB	# of strides	11.39	10.93	11.81	12.89	22.32	24.70	2.38
	velocity	8.01	9.71	9.31	8.99	8.61	8.33	8.13	7.42	8.51		8.78	9.15	8.47	7.76	8.96	8.10	

Haley, Roddie (USA) (1965)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1987 IAAF World Championship (Rome, ITA)																	
Moravec (1990) - time analyis of the sprints - Rome 1987 Scientific Report (2nd ed)																	
date 03-Sep-87	time		10.88		21.30		32.79		46.77	46.77	3 / 8							
reaction time	interval				10.42		11.49		13.98		# of strides			11.49	13.98	21.30	25.47	4.17
	velocity		9.19		9.60		8.70		7.15	8.55				8.70	7.15	9.39	7.85	
FINAL - 1987 NCAA Championships (Baton Rouge, LA)																	
Track Newsletter (1987) - NCAA Championships																	
date 06-Jun-87	time				21.6				44.9	44.82	4 / 3							
reaction time	interval								23.30		# of strides					21.60	23.30	1.70
	velocity				9.26				8.58	8.92						9.26	8.58	
FINAL - 1985 NCAA Championships (Austin, TX)																	
Track Newsletter (1985) - NCAA Championships																	
date 01-Jun-85	time				21.3		32.5		44.7	44.70	6 / 1							
reaction time	interval						11.20		12.20		# of strides			11.20	12.20	21.30	23.40	2.10
	velocity				9.39		8.93		8.20	8.95				8.93	8.20	9.39	8.55	

Hall, Arman (USA) (1994)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2016 USA Olympic Trials (Eugene, OR)																	
Track Newsletter (2016) - US olympic trials men																	
date 03-Jul-16	time		11.2		22.0		33.0		45.0	45.09	3 / 4							
reaction time 0.174	interval				10.80		11.00		12.00		# of strides	11.20	10.80	11.00	12.00	22.00	23.00	1.00
	velocity		8.93		9.26		9.09		8.33	8.87		8.93	9.26	9.09	8.33	9.09	8.70	
FINAL - 2016 NCAA Championships (Eugene, OR)																	
Track Newsletter (2016) - NCAA men's championships																	
date 10-Jun-16	time				21.8		32.8		44.8	44.82	5 / 1							
reaction time	interval						11.00		12.00	=PB	# of strides			11.00	12.00	21.80	23.00	1.20
	velocity				9.17		9.09		8.33	8.92				9.09	8.33	9.17	8.70	

FINAL - 2013 USATF National Championships (Des Moines, IA) *Track Newsletter (2013) - USATF men's championships*

date	22-Jun-13	time					32.6		45.0	45.01	/ 3							
reaction time	0.203	interval							12.40		# of strides				12.40			
		velocity					9.20		8.06	8.89					8.06			

FINAL - 2013 NCAA Championships (Eugene, OR) *Track Newsletter (2013) - NCAA men's championships*

date	07-Jun-13	time				21.6		32.8		45.0	45.02	/ 3						
reaction time		interval						11.20		12.20	PB	# of strides			11.20	12.20	21.60	23.40	1.80
		velocity				9.26		8.93		8.20	8.88				8.93	8.20	9.26	8.55	

Hall, Darrell (USA) (1971)

		50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1995 IAAF World Championships (Göteborg, SWE)																	*Track Newsletter (1995) - World Championships V*	
date	09-Aug-95	time			20.8				44.8	44.83	1 / 6							
reaction time		interval							24.00		# of strides					20.80	24.00	3.20
		velocity			9.62				8.33	8.92						9.62	8.33	

FINAL - 1995 USATF National Championships (Sacramento, CA) *Track Newsletter (1995) - USATF National Championships*

date	16-Jun-95	time		11.0		21.2		32.3		44.6	44.56	/ 3						
reaction time		interval				10.20		11.10		12.30		# of strides	11.00	10.20	11.10	12.30	21.20	23.40	2.20
		velocity		9.09		9.80		9.01		8.13	8.98		9.09	9.80	9.01	8.13	9.43	8.55	

Hall, Quincy (USA) (1998)

		50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2025 Golden Gala Pietro Mennea (Roma, ITA)																	*Omega Timing (2025) - diamond league race analysis*	
date	06-Jun-25	time	6.18	11.09	16.07	21.20	26.60	32.20	38.04	44.22	44.22	6 / 1						
reaction time	0.193	interval		4.91	4.98	5.13	5.40	5.60	5.84	6.18		# of strides	11.09	10.11	11.00	12.02	21.20	23.02	1.82
		velocity	8.09	10.18	10.04	9.75	9.26	8.93	8.56	8.09	9.05	159.7	9.02	9.89	9.09	8.32	9.43	8.69	

FINAL - 2025 Yangtze River Delta Athletics Diamond Gala (Keqiao, CHN) *Omega Timing (2025) - diamond league race analysis*

date	03-May-25	time	5.82	11.50	16.64	21.97	27.51	33.33	39.36	45.99	45.99	6 / 8						
reaction time	0.197	interval		5.68	5.14	5.33	5.54	5.82	6.03	6.63		# of strides	11.50	10.47	11.36	12.66	21.97	24.02	2.05
		velocity	8.59	8.80	9.73	9.38	9.03	8.59	8.29	7.54	8.70	160.0	8.70	9.55	8.80	7.90	9.10	8.33	

FINAL - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	07-Aug-24	time	6.16	11.01	15.89	21.00	26.34	31.81	37.46	43.40	43.40	8 / 1						
reaction time	0.168	interval		4.85	4.88	5.11	5.34	5.47	5.65	5.94	PB	# of strides	11.01	9.99	10.81	11.59	21.00	22.40	1.40
		velocity	8.12	10.31	10.25	9.78	9.36	9.14	8.85	8.42	9.22	157.7	9.08	10.01	9.25	8.63	9.52	8.93	

Semi-Final 1 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	06-Aug-24	time	6.21	11.10	16.00	21.05	26.34	31.92	37.75	43.95	43.95	5 / 1						
reaction time	0.179	interval		4.89	4.90	5.05	5.29	5.58	5.83	6.20		# of strides	11.10	9.95	10.87	12.03	21.05	22.90	1.85
		velocity	8.05	10.22	10.20	9.90	9.45	8.96	8.58	8.06	9.10	159.5	9.01	10.05	9.20	8.31	9.50	8.73	

Heat 4 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	04-Aug-24	time	6.30	11.20	16.14	21.29	26.66	32.26	38.07	44.28	44.28	7 / 1						
reaction time	0.209	interval		4.90	4.94	5.15	5.37	5.60	5.81	6.21		# of strides	11.20	10.09	10.97	12.02	21.29	22.99	1.70
		velocity	7.94	10.20	10.12	9.71	9.31	8.93	8.61	8.05	9.03	159.0	8.93	9.91	9.12	8.32	9.39	8.70	

FINAL - 2024 Herculis Meeting International d'Athlétisme (Monaco, MON) *Omega Timing (2024) - diamond league race analysis*

date	12-Jul-24	time	6.26	11.14	16.09	21.19	26.59	32.15	37.83	43.80	43.80	5 / 1						
reaction time	0.185	interval		4.88	4.95	5.10	5.40	5.56	5.68	5.97	PB	# of strides	11.14	10.05	10.96	11.65	21.19	22.61	1.42
		velocity	7.99	10.25	10.10	9.80	9.26	8.99	8.80	8.38	9.13	158.0	8.98	9.95	9.12	8.58	9.44	8.85	

FINAL - 2024 USA Olympic Trials (Eugene, OR) *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	24-Jun-24	time		11.25		21.52		32.59		44.17	44.17	8 / 1						
reaction time		interval				10.27		11.07		11.58	PB	# of strides	11.25	10.27	11.07	11.58	21.52	22.65	1.13
		velocity		8.89		9.74		9.03		8.64	9.06		8.89	9.74	9.03	8.64	9.29	8.83	

Semi-Final 1 - 2024 USA Olympic Trials (Eugene, OR) *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	23-Jun-24	time		11.30		21.61		32.74		44.42	44.42	6 / 1						
reaction time		interval				10.31		11.13		11.68		# of strides	11.30	10.31	11.13	11.68	21.61	22.81	1.20
		velocity		8.85		9.70		8.98		8.56	9.00	158.5	8.85	9.70	8.98	8.56	9.25	8.77	

Heat 1 - 2024 USA Olympic Trials (Eugene, OR) *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	21-Jun-24	time		11.18		21.40		32.50		44.60	44.60	7 / 1						
reaction time		interval				10.22		11.10		12.10		# of strides	11.18	10.22	11.10	12.10	21.40	23.20	1.80
		velocity		8.94		9.78		9.01		8.26	8.97	158.0	8.94	9.78	9.01	8.26	9.35	8.62	

FINAL - 2024 Bauhaus Galan (Stockholm, SWE) *Omega Timing (2024) - diamond league race analysis*

date	02-Jun-24	time	6.35	11.42	16.50	21.73	27.24	32.89	38.62	44.68	44.68	5 / 1						
reaction time	0.211	interval		5.07	5.08	5.23	5.51	5.65	5.73	6.06		# of strides	11.42	10.31	11.16	11.79	21.73	22.95	1.22
		velocity	7.87	9.86	9.84	9.56	9.07	8.85	8.73	8.25	8.95		8.76	9.70	8.96	8.48	9.20	8.71	

FINAL - 2024 Bislett Games (Oslo, NOR) *Omega Timing (2024) - diamond league race analysis*

date	30-May-24	time	6.36	11.37	16.45	21.69	27.13	32.78	38.68	45.02	45.02	4 / 5						
reaction time	0.201	interval		5.01	5.08	5.24	5.44	5.65	5.90	6.34		# of strides	11.37	10.32	11.09	12.24	21.69	23.33	1.64
		velocity	7.86	9.98	9.84	9.54	9.19	8.85	8.47	7.89	8.88	161.0	8.80	9.69	9.02	8.17	9.22	8.57	

FINAL - 2024 Seashore Doha Meeting (Doha, QAT) *Omega Timing (2024) - diamond league race analysis*

date	10-May-24	time	6.36	11.49	16.83	22.40	28.07	33.89	39.72	45.98	45.98	4 / 7						
reaction time	0.186	interval		5.13	5.34	5.57	5.67	5.82	5.83	6.26		# of strides	11.49	10.91	11.49	12.09	22.40	23.58	1.18
		velocity	7.86	9.75	9.36	8.98	8.82	8.59	8.58	7.99	8.70		8.70	9.17	8.70	8.27	8.93	8.48	

FINAL - 2023 Prefontaine Classic (Eugene, OR) *Omega Timing (2023) - diamond league race analysis*

date	16-Sep-23	time	6.25	11.25	16.36	21.64	26.95	32.41	38.17	44.44	44.44	4 / 2						
reaction time	0.161	interval		5.00	5.11	5.28	5.31	5.46	5.76	6.27		# of strides	11.25	10.39	10.77	12.03	21.64	22.80	1.16
		velocity	8.00	10.00	9.78	9.47	9.42	9.16	8.68	7.97	9.00	160.0	8.89	9.62	9.29	8.31	9.24	8.77	

FINAL - 2023 Xiamen Diamond League (Xiamen, CHN) — *Omega Timing (2023) - diamond league race analysis*

date	02-Sep-23	time	6.20	11.30	16.40	21.70	27.10	32.70	38.40	44.38	44.38	5 / 2						
reaction time	0.173	interval		5.10	5.10	5.30	5.40	5.60	5.70	5.98		# of strides	11.30	10.40	11.00	11.68	21.70	22.68	0.98
		velocity	8.06	9.80	9.80	9.43	9.26	8.93	8.77	8.36	9.01	159.5	8.85	9.62	9.09	8.56	9.22	8.82	

FINAL - 2023 World Athletics Championships (Budapest, HUN) — *Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*

date	24-Aug-23	time	6.25	11.25	16.37	21.60	26.96	32.48	38.23	44.37	44.37	6 / 3						
reaction time	0.192	interval		5.00	5.12	5.23	5.36	5.52	5.75	6.14	PB	# of strides	11.25	10.35	10.88	11.89	21.60	22.77	1.17
		velocity	8.00	10.00	9.77	9.56	9.33	9.06	8.70	8.14	9.02	160.0	8.89	9.66	9.19	8.41	9.26	8.78	

Semi-Final 3 - 2023 World Athletics Championships (Budapest, HUN) — *Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*

date	22-Aug-23	time	6.22	11.22	16.28	21.51	26.86	32.44	38.22	44.43	44.43	7 / 1						
reaction time	0.176	interval		5.00	5.06	5.23	5.35	5.58	5.78	6.21		# of strides	11.22	10.29	10.93	11.99	21.51	22.92	1.41
		velocity	8.04	10.00	9.88	9.56	9.35	8.96	8.65	8.05	9.00	161.0	8.91	9.72	9.15	8.34	9.30	8.73	

Heat 5 - 2023 World Athletics Championships (Budapest, HUN) — *Seiko Timing (2023) - world championship race analysis*

date	20-Aug-23	time		11.38		21.76		33.05		44.86	44.86	5 / 2						
reaction time	0.181	interval				10.38		11.29		11.81		# of strides	11.38	10.38	11.29	11.81	21.76	23.10	1.34
		velocity		8.79		9.63		8.86		8.47	8.92	159.0	8.79	9.63	8.86	8.47	9.19	8.66	

FINAL - 2023 USATF National Championships (Eugene, OR) — *Track Newsletter (2023) - USATF championships/WCT men*

date	08-Jul-23	time		11.45		21.79		32.64		44.41	44.41	4 / 3						
reaction time	0.224	interval				10.34		10.85		11.77	PB	# of strides	11.45	10.34	10.85	11.77	21.79	22.62	0.83
		velocity		8.73		9.67		9.22		8.50	9.01		8.73	9.67	9.22	8.50	9.18	8.84	

Hamano, Junpei (JPN) (1989)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

FINAL - 2007 Japanese National High School Championships (Saga, JPN) — *Hitorara (2007) - 60st high school championships: JAF scientific committee- biomechanics data*

date	02-Aug-07	time	6.25	11.77	17.78	24.08	30.28	36.34	42.64	49.76	49.76	/ 3						
reaction time		interval		5.52	6.01	6.30	6.20	6.06	6.30	7.12		# of strides	11.77	12.31	12.26	13.42	24.08	25.68	1.60
		velocity	8.00	9.06	8.32	7.94	8.06	8.25	7.94	7.02	8.04		8.50	8.12	8.16	7.45	8.31	7.79	

Hammi, Oussama (MAR) (2000)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

National FINAL - 2022 Meeting International Mohammed VI d'Athlétime (Rabat, MAR) — *Omega Timing (2022) - diamond league race analysis*

date	05-Jun-22	time	6.52	11.80	17.30	22.92	28.96	35.41	41.74	48.22	48.22	2 / 4						
reaction time	0.242	interval		5.28	5.50	5.62	6.04	6.45	6.33	6.48	PB	# of strides	11.80	11.12	12.49	12.81	22.92	25.30	2.38
		velocity	7.67	9.47	9.09	8.90	8.28	7.75	7.90	7.72	8.30		8.47	8.99	8.01	7.81	8.73	7.91	

Han Zhiyu (CHN) (2004)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

Heat 3 - 2023 Chinese National Grand Prix 5 (Huangshi, CHN) — *Shandong Athletics Sport Science (2023)*

date	09-Jun-23	time		11.64		22.82		35.30	41.89	48.91	48.91	7 / 6						
reaction time	0.239	interval				11.18		12.48	6.59	7.02		# of strides	11.64	11.18	12.48	13.61	22.82	26.09	3.27
		velocity		8.59		8.94		8.01	7.59	7.12	8.18	169.2	8.59	8.94	8.01	7.35	8.76	7.67	

Heat 4 - 2023 Chinese National Grand Prix 4 (Chongqing, CHN) — *Shandong Athletics Sport Science (2023)*

date	02-Jun-23	time		12.05		23.41		36.04	42.93	50.33	50.33	2 / 8						
reaction time		interval				11.36		12.63	6.89	7.40		# of strides	12.05	11.36	12.63	14.29	23.41	26.92	3.51
		velocity		8.30		8.80		7.92	7.26	6.76	7.95	174.7	8.30	8.80	7.92	7.00	8.54	7.43	

Heat 6 - 2023 Chinese National Grand Prix 3 (Taizhou, CHN) — *Shandong Athletics Sport Science (2023)*

date	26-May-23	time		11.61		22.72		35.40	42.22	49.48	49.48	8 / 6						
reaction time	0.195	interval				11.11		12.68	6.82	7.26		# of strides	11.61	11.11	12.68	14.08	22.72	26.76	4.04
		velocity		8.61		9.00		7.89	7.33	6.89	8.08	173.0	8.61	9.00	7.89	7.10	8.80	7.47	

Heat 5 - 2023 Chinese National Grand Prix 1 (Rizhao, CHN) — *Shandong Athletics Sport Science (2023)*

date	26-Apr-23	time		11.73		22.64		35.22	41.93	48.84	48.84	2 / 4						
reaction time	0.197	interval				10.91		12.58	6.71	6.91	PB	# of strides	11.73	10.91	12.58	13.62	22.64	26.20	3.56
		velocity		8.53		9.17		7.95	7.45	7.24	8.19	172.0	8.53	9.17	7.95	7.34	8.83	7.63	

Hanada, Shion (JPN) (1999)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

U19 Semi-Final 1 - 2017 National Sports Festival (Matsuyama, JPN) — *(2017) - tfdata-store.com/2017/10/12/post-1100/*

date	08-Oct-17	time		11.54		22.59		34.70		47.75	47.75	7 / 6						
reaction time	0.156	interval				11.05		12.11		13.05		# of strides	11.54	11.05	12.11	13.05	22.59	25.16	2.57
		velocity		8.67		9.05		8.26		7.66	8.38	177.5	8.67	9.05	8.26	7.66	8.85	7.95	

FINAL - 2016 Japanese National Youth Championships (Mizuho, JPN) — *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	21-Oct-16	time	6.34	11.59	16.95	22.69	28.59	34.64	40.98	47.76	47.76	3 / 3						
reaction time		interval		5.25	5.36	5.74	5.90	6.05	6.34	6.78	PB	# of strides	11.59	11.10	11.95	13.12	22.69	25.07	2.38
		velocity	7.89	9.52	9.33	8.71	8.47	8.26	7.89	7.37	8.38		8.63	9.01	8.37	7.62	8.81	7.98	

Harada, Masato (JPN) (2004)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

FINAL - 2022 Japanese National High School Championships (Naruto, JPN) — *Kishima (2022) - national high school championships biomechanics data collection*

date	03-Aug-22	time		11.72		22.60		34.62		47.97	47.97	8 / 3						
reaction time	0.175	interval				10.88		12.02		13.35		# of strides	11.72	10.88	12.02	13.35	22.60	25.37	2.77
		velocity		8.53		9.19		8.32		7.49	8.34	187.2	8.53	9.19	8.32	7.49	8.85	7.88	

Harbig, Rudolf (GER) (1913)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

FINAL - 1939 Internationale Leichtathletik Wettkampf (Frankfurt-am-Main, GER) (*500m track*) — *Quercetani (2005) - a world history of the one-lap race: 1850-2004*

date	12-Aug-39	time		11.3		22.0		33.6		46.0	46.0	3 / 1						
reaction time		interval				10.7		11.6		12.4	WR	# of strides	11.30	10.70	11.60	12.40	22.00	24.00	2.00
		velocity		8.85		9.35		8.62		8.06	8.70		8.85	9.35	8.62	8.06	9.09	8.33	

FINAL - 1939 Italy vs. Germany (Milan, ITA) (500m track) — *Quercentani (2000). Athletics: A history of modern track and field athletics (1860-2000)*

date	16-Jul-39	time		22.8				46.7		46.7	/ 1							
reaction time		interval						23.9		=AR	# of strides					22.80	23.90	1.10

WR=World Rec. AR=Area Rec. OR=Olympic Rec. CR=Championship Rec. NR=National Rec. PB=Personal Best DQ=Disqualified DV=Drug Violation

		velocity			8.77			8.37	8.57								8.77	8.37	

Hardee, Trey (USA) (1984)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 4 - 2009 IAAF World Championships (Berlin, GER)										*Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*							
date 19-Aug-09	time		11.41		22.50		34.64		48.13	48.13	5 / 1							
reaction time 0.148	interval				11.09		12.14		13.49		# of strides	11.41	11.09	12.14	13.49	22.50	25.63	3.13
	velocity		8.76		9.02		8.24		7.41	8.31	176.0	8.76	9.02	8.24	7.41	8.89	7.80	

Haroun, Abdalelah (QAT) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2018 Asian Games (Jakarta, INA)										*Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*							
date 26-Aug-18	time	6.20	11.17	16.30	21.61	27.17	32.86	38.77	44.89	44.89	3 / 1							
reaction time 0.213	interval		4.97	5.13	5.31	5.56	5.69	5.91	6.12		# of strides	11.17	10.44	11.25	12.03	21.61	23.28	1.67
	velocity	8.06	10.06	9.75	9.42	8.99	8.79	8.46	8.17	8.91	167.5	8.95	9.58	8.89	8.31	9.25	8.59	
Semi-Final 3 - 2018 Asian Games (Jakarta, INA)										*Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*							
date 25-Aug-18	time	6.13	11.11	16.29	21.75	27.43	33.21	39.23	45.83	45.83	4 / 1							
reaction time 0.195	interval		4.98	5.18	5.46	5.68	5.78	6.02	6.60		# of strides	11.11	10.64	11.46	12.62	21.75	24.08	2.33
	velocity	8.16	10.04	9.65	9.16	8.80	8.65	8.31	7.58	8.73		9.00	9.40	8.73	7.92	9.20	8.31	
Heat 4 - 2018 Asian Games (Jakarta, INA)										*Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*							
date 25-Aug-18	time	6.34	11.53	16.82	22.29	27.95	33.85	39.91	46.28	46.28	3 / 1							
reaction time 0.192	interval		5.19	5.29	5.47	5.66	5.90	6.06	6.37		# of strides	11.53	10.76	11.56	12.43	22.29	23.99	1.70
	velocity	7.89	9.63	9.45	9.14	8.83	8.47	8.25	7.85	8.64		8.67	9.29	8.65	8.05	8.97	8.34	
FINAL - 2018 Müller Anniversary Games (London, GBR)										*Omega Timing (2018) - diamond league race analysis*							
date 21-Jul-18	time		11.3		21.5		32.5		44.07	44.07	4 / 1							
reaction time 0.189	interval				10.2		11.0		11.6	**NR**	# of strides	11.30	10.20	11.00	11.57	21.50	22.57	1.07
	velocity		8.85		9.80		9.09		8.64	9.08	166.7	8.85	9.80	9.09	8.64	9.30	8.86	
FINAL - 2017 IAAF World Championships (London, GBR)										*Yamanaka (2017) - male and female 400m analysis in the 2017 season*							
date 08-Aug-17	time	6.17	11.24	16.35	21.62	27.06	32.66	38.45	44.48	44.48	3 / 3							
reaction time 0.190	interval		5.07	5.11	5.27	5.44	5.60	5.79	6.03		# of strides	11.24	10.38	11.04	11.82	21.62	22.86	1.24
	velocity	8.10	9.86	9.78	9.49	9.19	8.93	8.64	8.29	8.99	167.4	8.90	9.63	9.06	8.46	9.25	8.75	
Semi-Final 2 - 2017 IAAF World Championships (London, GBR)										*Pollitt (2018) - biomechanical report for the IAAF World Champs - London 2017 - Men's 400m*							
date 06-Aug-17	time		11.03		21.41		32.41	38.30	44.46	44.64	9 / 3							
reaction time 0.179	interval				10.38		11.00	5.89	6.16		# of strides	11.03	10.38	11.00	12.05	21.41	23.05	1.64
	velocity		9.07		9.63		9.09	8.49	8.12	8.96	168.1	9.07	9.63	9.09	8.30	9.34	8.68	
FINAL - 2016 IAAF World Junior Championships (Bydgoszcz, POL)										*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*							
date 22-Jul-16	time	6.22	11.06	16.05	21.25	26.68	32.38	38.36	44.81	44.81	6 / 1							
reaction time 0.202	interval		4.84	4.99	5.20	5.43	5.70	5.98	6.45		# of strides	11.06	10.19	11.13	12.43	21.25	23.56	2.31
	velocity	8.04	10.33	10.02	9.62	9.21	8.77	8.36	7.75	8.93		9.04	9.81	8.98	8.05	9.41	8.49	
FINAL - 2015 Résisprint International (La Chaux-de-Fonds, SUI)										*Vazel (2018) - historical analysis and coaching commentary - biomechanical report - London 2017 - Men's 400m*							
date 05-Jul-15	time		11.3		21.4		32.2		44.27	44.27	/ 2							
reaction time	interval				10.10		10.80		12.07	**AR / AJR**	# of strides	11.30	10.10	10.80	12.07	21.40	22.87	1.47
	velocity		8.85		9.90		9.26		8.29	9.04		8.85	9.90	9.26	8.29	9.35	8.75	

Haroun, Mohamed Darm (QAT)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2019 Doha (Doha, QAT)										*Omega Timing (2019) - diamond league race analysis*							
date 03-May-19	time		13.0		25.9		39.4		53.47	53.47	8 / 6							
reaction time 0.163	interval				12.9		13.5		14.1		# of strides	13.00	12.90	13.50	14.07	25.90	27.57	1.67
	velocity		7.69		7.75		7.41		7.11	7.48		7.69	7.75	7.41	7.11	7.72	7.25	

Harries, Toby (GBR) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2025 London Athletics Meet (London, GBR)										*Omega Timing (2025) - diamond league race analysis*							
date 19-Jul-25	time	5.98	10.88	15.93	21.11	26.58	32.37	38.51	45.41	45.41	1 / 8							
reaction time 0.144	interval		4.90	5.05	5.18	5.47	5.79	6.14	6.90		# of strides	10.88	10.23	11.26	13.04	21.11	24.30	3.19
	velocity	8.36	10.20	9.90	9.65	9.14	8.64	8.14	7.25	8.81	171.0	9.19	9.78	8.88	7.67	9.47	8.23	
National FINAL - 2024 London Athletics Meet (London, GBR)										*Omega Timing (2024) - diamond league race analysis*							
date 20-Jul-24	time	6.12	11.06	16.11	21.39	27.02	32.86	39.04	46.02	46.02	6 / 7							
reaction time 0.138	interval		4.94	5.05	5.28	5.63	5.84	6.18	6.98		# of strides	11.06	10.33	11.47	13.16	21.39	24.63	3.24
	velocity	8.17	10.12	9.90	9.47	8.88	8.56	8.09	7.16	8.69		9.04	9.68	8.72	7.60	9.35	8.12	

Harris, James (USA) (1991)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2015 USATF National Championships (Eugene, OR)										*Track Newsletter (2015) - USATF men's championships*							
date 27-Jun-15	time				22.2		33.8		46.0	46.02	/ 7							
reaction time	interval						11.6		12.2		# of strides			11.60	12.20	22.20	23.80	1.60
	velocity				9.01		8.62		8.20	8.69				8.62	8.20	9.01	8.40	
FINAL - 2014 NCAA Championships (Eugene, OR)										*Track Newsletter (2014) - NCAA men's championships*							
date 13-Jun-14	time				21.5		32.8		45.6	45.64	/ 6							
reaction time	interval						11.30		12.80		# of strides			11.30	12.80	21.50	24.10	2.60
	velocity				9.30		8.85		7.81	8.76				8.85	7.81	9.30	8.30	
FINAL - 2013 USATF National Championships (Des Moines, IA)										*Track Newsletter (2013) - USATF men's championships*							
date 22-Jun-13	time						32.8		45.2	45.23	/ 5							
reaction time 0.245	interval								12.40	**=PB**	# of strides				12.40			
	velocity						9.15		8.06	8.84					8.06			
FINAL - 2013 NCAA Championships (Eugene, OR)										*Track Newsletter (2013) - NCAA men's championships*							
date 07-Jun-13	time				22.1		33.4		45.6	45.56	/ 5							
reaction time	interval						11.30		12.20		# of strides			11.30	12.20	22.10	23.50	1.40

		velocity			9.05		8.85		8.20	8.78					8.85	8.20	9.05	8.51	

Harris, Jerry (USA) (1981)		**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 2004 USA Olympic Trials (Sacramento, CA)																	*USATF Women's Sprint Development (2004)*	
date	15-Jul-04	time	11.36		21.87	27.40	33.10	38.82	45.06	45.06	1 / ~~8~~ 7							
reaction time		interval			10.51	5.53	5.70	5.72	6.24		# of strides	11.36	10.51	11.23	11.96	21.87	23.19	1.32
		velocity	8.80		9.51	9.04	8.77	8.74	8.01	8.88	171.5	8.80	9.51	8.90	8.36	9.14	8.62	
Semi-Final 1 - 2003 USATF National Championships (Palo Alto, CA)																	*USATF Women's Sprint Development (2003)*	
date	20-Jun-03	time			21.63		33.07	39.01	45.52	45.52	8 / ~~5~~ 3							
reaction time		interval					11.44	5.94	6.51	PB	# of strides			11.44	12.45	21.63	23.89	2.26
		velocity			9.25		8.74	8.42	7.68	8.79				8.74	8.03	9.25	8.37	

Harris, Mar'yea (USA) (1997)		**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 2018 NCAA Championships (Eugene, OR)																	*Track Newsletter (2018) - NCAA men's championships*	
date	08-Jun-18	time			21.4		32.4		45.0	45.00	/ 4							
reaction time		interval					11.00		12.60		# of strides			11.00	12.60	21.40	23.60	2.20
		velocity			9.35		9.09		7.94	8.89				9.09	7.94	9.35	8.47	

Harris, Otis (USA) (1982)		**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 2006 USATF National Championships (Indianapolis, IN)																	*Track Newsletter (2006) - USATF men's championships*	
date	24-Jun-06	time	11.54		22.23		33.25		45.00	45.00	7 / 5							
reaction time		interval			10.69		11.02		11.75		# of strides	11.54	10.69	11.02	11.75	22.23	22.77	0.54
		velocity	8.67		9.35		9.07		8.51	8.89	168.0	8.67	9.35	9.07	8.51	9.00	8.78	
FINAL - 2004 Olympic Games (Athens, GRE)																	*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*	
date	23-Aug-04	time			21.4		32.1		44.2	44.16	5 / 2							
reaction time	0.259	interval					10.7		12.1	PB	# of strides			10.70	12.10	21.40	22.80	1.40
		velocity			9.35		9.35		8.26	9.06	166.0			9.35	8.26	9.35	8.77	
FINAL - 2004 USA Olympic Trials (Sacramento, CA)																	*USATF Women's Sprint Development (2004)*	
date	15-Jul-04	time	11.38		21.57	27.11	32.67	38.67	44.67	44.67	8 / 2							
reaction time		interval			10.19	5.54	5.56	6.00	6.00		# of strides	11.38	10.19	11.10	12.00	21.57	23.10	1.53
		velocity	8.79		9.81	9.03	8.99	8.33	8.33	8.95	167.7	8.79	9.81	9.01	8.33	9.27	8.66	

Harrison, Alvin (USA) (1974)		**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
Semi-Final 1 - 2003 USATF National Championships (Palo Alto, CA)																	*USATF Women's Sprint Development (2003)*	
date	20-Jun-03	time			21.61		32.97	39.11	46.07	46.07	2 / ~~7~~							
reaction time		interval					11.36	6.14	6.96	DV	# of strides			11.36	13.10	21.61	24.46	2.85
		velocity			9.25		8.80	8.14	7.18	8.68				8.80	7.63	9.25	8.18	
FINAL - 2000 Olympic Games (Sydney, AUS)																	*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*	
date	25-Sep-00	time	11.5		21.8		32.6		44.4	44.40	4 / 2							
reaction time		interval			10.30		10.80		11.80		# of strides	11.50	10.30	10.80	11.80	21.80	22.60	0.80
		velocity	8.70		9.71		9.26		8.47	9.01		8.70	9.71	9.26	8.47	9.17	8.85	
FINAL - 2000 USA Olympic Trials (Sacramento, CA)																	*Hymans (2008) - history of the US olympic trials - track and field*	
date	19-Jul-00	time	11.4		21.7		32.5		44.6	44.63	4 / 2							
reaction time		interval			10.30		10.80		12.10		# of strides	11.40	10.30	10.80	12.10	21.70	22.90	1.20
		velocity	8.77		9.71		9.26		8.26	8.96		8.77	9.71	9.26	8.26	9.22	8.73	
FINAL - 1999 USATF National Championship (Eugene, OR)																	*Track Newsletter (1999) - USATF National Championships*	
date	26-Jun-99	time			21.7				45.9	45.88	/ ~~8~~ 7							
reaction time		interval							24.20		# of strides					21.70	24.20	2.50
		velocity			9.22				8.26	8.72						9.22	8.26	
FINAL - 1996 Olympic Games (Atlanta, GA)																	*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*	
date	29-Jul-96	time			21.41		32.4		44.62	44.62	1 / 4							
reaction time	0.237	interval					10.99		12.22		# of strides			10.99	12.22	21.41	23.21	1.80
		velocity			9.34		9.10		8.18	8.96				9.10	8.18	9.34	8.62	
FINAL - 1996 USA Olympic Trials (Atlanta, GA)																	*USATF Women's Sprint Development (1996)*	
date	19-Jun-96	time	11.44		21.77		32.24	37.80	44.09	44.09	6 / 3							
reaction time		interval			10.33		10.47	5.56	6.29	PB	# of strides	11.44	10.33	10.47	11.85	21.77	22.32	0.55
		velocity	8.74		9.68		9.55	8.99	7.95	9.07		8.74	9.68	9.55	8.44	9.19	8.96	
Semi-Final 1 - 1996 USA Olympic Trials (Atlanta, GA)																	*USATF Women's Sprint Development (1996)*	
date	17-Jun-96	time	11.39		21.82		32.74	38.34	44.43	44.43	3 / 1							
reaction time		interval			10.43		10.92	5.60	6.09		# of strides	11.39	10.43	10.92	11.69	21.82	22.61	0.79
		velocity	8.78		9.59		9.16	8.93	8.21	9.00		8.78	9.59	9.16	8.55	9.17	8.85	

Harrison, Calvin (USA) (1974)		**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 2004 USA Olympic Trials (Atlanta, GA)																	*USATF Women's Sprint Development (2004)*	
date	15-Jul-04	time	11.40		21.72	27.17	32.72	38.48	44.85	44.85	7 / ~~5~~							
reaction time		interval			10.32	5.45	5.55	5.76	6.37	DV	# of strides	11.40	10.32	11.00	12.13	21.72	23.13	1.41
		velocity	8.77		9.69	9.17	9.01	8.68	7.85	8.92	180.0	8.77	9.69	9.09	8.24	9.21	8.65	
FINAL - 2003 IAAF World Championships (Paris, FRA)																	*Bonvin (2003) - Compte-rendu 400m et relais 4x 400m*	
date	26-Aug-03	time			21.5		32.3		44.96	44.96	3 / ~~6~~							
reaction time	0.176	interval					10.80		12.66	DV	# of strides			10.80	12.66	21.50	23.46	1.96
		velocity			9.30		9.26		7.90	8.90				9.26	7.90	9.30	8.53	
FINAL - 2003 USATF National Championships (Palo Alto, CA)																	*USATF Women's Sprint Development (2003)*	
date	21-Jun-03	time			21.65		32.55	38.36	44.62	44.62	2 / ~~2~~							
reaction time		interval					10.90	5.81	6.26	DV	# of strides			10.90	12.07	21.65	22.97	1.32

		velocity			9.24		9.17	8.61	7.99	8.96				9.17	8.29	9.24	8.71	

Semi-Final 1 - 2003 USATF National Championships (Palo Alto, CA) *USATF Women's Sprint Development (2003)*

date	20-Jun-03	time			22.11		33.47	39.06	45.28	45.28	4 / ~~3~~							
reaction time		interval					11.36	5.59	6.22	DV	# of strides			11.36	11.81	22.11	23.17	1.06
		velocity			9.05		8.80	8.94	8.04	8.83				8.80	8.47	9.05	8.63	

Semi-Final 2 - 1996 USA Olympic Trials (Atlanta, GA) *USATF Women's Sprint Development (1996)*

date	17-Jun-96	time		11.50		21.38		33.08	38.62	44.78	44.78	6 / 5						
reaction time		interval				9.88		11.70	5.54	6.16		# of strides	11.50	9.88	11.70	11.70	21.38	23.40	2.02
		velocity		8.70		10.12		8.55	9.03	8.12	8.93		8.70	10.12	8.55	8.55	9.35	8.55	

Hashimoto, Yasushige (JPN (1999)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
U19 Heat 1 - 2017 National Sports Festival (Matsuyama, JPN)																	*(2017) - tfdata-store.com/2017/10/12/post-1100/*
date 08-Oct-17	time		11.55		22.76		35.00		48.28	48.28	7 / 3							
reaction time 0.182	interval				11.21		12.24		13.28		# of strides	11.55	11.21	12.24	13.28	22.76	25.52	2.76
	velocity		8.66		8.92		8.17		7.53	8.29	181.0	8.66	8.92	8.17	7.53	8.79	7.84	

Hashimoto, Yoshinari (JPN) (1999)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
U19 Semi-Final 2 - 2017 National Sports Festival (Matsuyama, JPN)																	*(2017) - tfdata-store.com/2017/10/12/post-1100/*
date 08-Oct-17	time		11.37		22.07		34.23		48.13	48.13	8 / 5							
reaction time 0.187	interval				10.70		12.16		13.90		# of strides	11.37	10.70	12.16	13.90	22.07	26.06	3.99
	velocity		8.80		9.35		8.22		7.19	8.31	186.5	8.80	9.35	8.22	7.19	9.06	7.67	

Hashiwata, Hibiki (JPN)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 2023 Shimane High School Championships (Izumo, JPN)																	*Shimizu (2023) - shimane high school championships 2023 - biomechanics data analysis*
date 26-May-23	time		12.57		24.92		38.23		52.28	52.28	5 / 6							
reaction time	interval				12.35		13.31		14.05		# of strides	12.57	12.35	13.31	14.05	24.92	27.36	2.44
	velocity		7.96		8.10		7.51		7.12	7.65		7.96	8.10	7.51	7.12	8.03	7.31	

FINAL - 2022 Shimane High School Championships (Izumo, JPN) *Shimizu (2022) - shimane high school championships 2022 - biomechanics data analysis*

date	26-May-22	time		12.40		24.72		39.39		56.79	56.79	6 / 8						
reaction time		interval				12.32		14.67		17.40		# of strides	12.40	12.32	14.67	17.40	24.72	32.07	7.35
		velocity		8.06		8.12		6.82		5.75	7.04		8.06	8.12	6.82	5.75	8.09	6.24	

Hasidume, Tatuki (JPN) (2006)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 2024 Japanese National High School Championsips (Fukuoka, JPN)																	*Takashima (2024) - national high school sports festival - biomechanics data*
date 28-Jul-24	time		11.76		22.96		35.19		48.84	48.84	7 / 7							
reaction time 0.170	interval				11.20		12.23		13.65		# of strides	11.76	11.20	12.23	13.65	22.96	25.88	2.92
	velocity		8.50		8.93		8.18		7.33	8.19		8.50	8.93	8.18	7.33	8.71	7.73	

Hasnaoui, Farid (MAR) (2005)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
National FINAL - 2023 Meeting International Mohammed VI d'Athlétisme (Rabat, MAR)																	*Omega Timing (2023) - diamond league race analysis*
date 28-May-23	time	6.62	12.13	17.80	23.71	29.81	36.09	42.63	49.85	49.85	1 / 8							
reaction time 0.147	interval		5.51	5.67	5.91	6.10	6.28	6.54	7.22		# of strides	12.13	11.58	12.38	13.76	23.71	26.14	2.43
	velocity	7.55	9.07	8.82	8.46	8.20	7.96	7.65	6.93	8.02		8.24	8.64	8.08	7.27	8.44	7.65	

National FINAL - 2022 Meeting International Mohammed VI d'Athlétime (Rabat, MAR) *Omega Timing (2022) - diamond league race analysis*

date	05-Jun-22	time	6.72	12.35	18.27	24.40	30.75	37.27	43.80	50.49	50.59	1 / 7						
reaction time	0.144	interval		5.63	5.92	6.13	6.35	6.52	6.53	6.69		# of strides	12.35	12.05	12.87	13.22	24.40	26.09	1.69
		velocity	7.44	8.88	8.45	8.16	7.87	7.67	7.66	7.47	7.91		8.10	8.30	7.77	7.56	8.20	7.67	

Hata, Keiichiro (JPN) (1995)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 2017 Izumo Athletics Games (Izumo, JPN) (300m)																	*(2017) - tfdata-store.com/2017/05/17/post-537/*
date 23-Apr-17	time		11.14		21.91		33.92			33.92	2 / 6							***100m-300m***
reaction time	interval				10.77		12.01			PB	# of strides	11.14	10.77	12.01		21.91		*22.78*
	velocity		8.98		9.29		8.33			8.84	126.0	8.98	9.29	8.33		9.13		*8.78*

Haughton, Gregory (JAM) (1973)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 2000 Olympic Games (Sydney, AUS)																	*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*
date 25-Sep-00	time		10.9		21.2		32.1		44.7	44.70	8 / 3							
reaction time	interval				10.30		10.90		12.60		# of strides	10.90	10.30	10.90	12.60	21.20	23.50	2.30
	velocity		9.17		9.71		9.17		7.94	8.95		9.17	9.71	9.17	7.94	9.43	8.51	

FINAL - 1999 IAAF World Championships (Sevilla, ESP) *Ferro (2001) - biomechanical analysis of the 7th world championships, seville 1999*

date	26-Aug-99	time	6.03	11.01	16.05	21.22	26.60	32.25	38.32	45.07	45.07	2 / ~~7~~ 5						
reaction time	0.168	interval		4.98	5.04	5.17	5.38	5.65	6.07	6.75		# of strides	11.01	10.21	11.03	12.82	21.22	23.85	2.63
		velocity	8.29	10.04	9.92	9.67	9.29	8.85	8.24	7.41	8.88		9.08	9.79	9.07	7.80	9.43	8.39	

FINAL - 1995 IAAF World Championships (Göteborg, SWE) *Track Newsletter (1995) - World Championships V*

date	09-Aug-95	time		11.4		21.5		32.2		44.6	44.56	3 / 3						
reaction time		interval				10.10		10.70		12.40		# of strides	11.40	10.10	10.70	12.40	21.50	23.10	1.60
		velocity		8.77		9.90		9.35		8.06	8.98		8.77	9.90	9.35	8.06	9.30	8.66	

FINAL - 1995 NCAA Championships (Knoxville, TN) *Track Newsletter (1995) - NCAA Championships*

date	03-Jun-95	time				21.5				44.6	44.52	/ 1						
reaction time		interval								23.10	PB	# of strides					21.50	23.10	1.60
		velocity				9.30				8.66	8.98						9.30	8.66	

FINAL - 1993 IAAF World Championships (Stuttgart, GER) *Butler (2013) - IAAF world championships statistics handbook- moscow 2013*

date	17-Aug-93	time				21.88				45.63	45.63	2 / 6						
reaction time		interval								23.75		# of strides					21.88	23.75	1.87
		velocity				9.14				8.42	8.77	167.0					9.14	8.42	

Hauttekeete, Jente (BEL) (2002)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

Decathlon - Heat 2 - 2025 World Athletics Championships (Tokyo, JPN) *Seiko Timing (2025) - 2025 World Championships race analysis*

date	20-Sep-25	time	11.62	22.81	35.23	49.36	49.36	6 / 5								
reaction time	0.149	interval		11.19	12.42	14.13		# of strides	11.62	11.19	12.42	14.13	22.81	26.55	3.74	
		velocity	8.61	8.94	8.05	7.08	8.10		8.61	8.94	8.05	7.08	8.77	7.53		

Hayashi, Shinya (JPN) (2004)	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2022 Japanese National High School Championships (Naruto, JPN)											*Kishima (2022) - national high school championships biomechanics data collection*						
date	03-Aug-22	time	11.78	22.73	34.55	47.23	47.23	4 / 2									
reaction time	0.187	interval		10.95	11.82	12.68	PB	# of strides	11.78	10.95	11.82	12.68	22.73	24.50	1.77		
		velocity	8.49	9.13	8.46	7.89	8.47	182.5	8.49	9.13	8.46	7.89	8.80	8.16			

Haydock-Wilson, Alex (GBR) (1999)	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2024 Weltklasse (Zürich, SUI)											*Omega Timing (2024) - diamond league race analysis*						
date	05-Sep-24	time	6.28	11.29	16.48	21.81	27.39	33.11	39.05	45.41	45.41	3 / 2							
reaction time	0.140	interval		5.01	5.19	5.33	5.58	5.72	5.94	6.36		# of strides	11.29	10.52	11.30	12.30	21.81	23.60	1.79
		velocity	7.96	9.98	9.63	9.38	8.96	8.74	8.42	7.86	8.81		8.86	9.51	8.85	8.13	9.17	8.47	
National FINAL - 2024 London Athletics Meet (London, GBR)											*Omega Timing (2024) - diamond league race analysis*						
date	20-Jul-24	time	6.21	11.14	16.08	21.24	26.74	32.52	38.58	45.37	45.37	4 / 2							
reaction time	0.153	interval		4.93	4.94	5.16	5.50	5.78	6.06	6.79		# of strides	11.14	10.10	11.28	12.85	21.24	24.13	2.89
		velocity	8.05	10.14	10.12	9.69	9.09	8.65	8.25	7.36	8.82		8.98	9.90	8.87	7.78	9.42	8.29	
Heat 2 - 2024 European Athletics Championships (Roma, ITA)											*European Athletics (2024) - 2024 european athletics championships - results book*						
date	08-Jun-24	time	11.36	21.92	33.27	46.04	46.04	6 / 3									
reaction time	0.177	interval		10.56	11.35	12.77		# of strides	11.36	10.56	11.35	12.77	21.92	24.12	2.20		
		velocity	8.80	9.47	8.81	7.83	8.69		8.80	9.47	8.81	7.83	9.12	8.29			
FINAL - 2023 Xiamen Diamond League (Xiamen, CHN)											*Omega Timing (2023) - diamond league race analysis*						
date	02-Sep-23	time	6.20	11.13	16.26	21.58	27.03	32.76	38.79	45.34	45.34	1 / 9							
reaction time	0.149	interval		4.93	5.13	5.32	5.45	5.73	6.03	6.55		# of strides	11.13	10.45	11.18	12.58	21.58	23.76	2.18
		velocity	8.06	10.14	9.75	9.40	9.17	8.73	8.29	7.63	8.82		8.98	9.57	8.94	7.95	9.27	8.42	
FINAL - 2023 London Athletics Meet (London, GBR)											*Omega Timing (2023) - diamond league race analysis*						
date	23-Jul-23	time	6.18	11.25	16.41	21.56	26.93	32.66	38.79	45.59	45.59	1 / 8							
reaction time	0.142	interval		5.07	5.16	5.15	5.37	5.73	6.13	6.80		# of strides	11.25	10.31	11.10	12.93	21.56	24.03	2.47
		velocity	8.09	9.86	9.69	9.71	9.31	8.73	8.16	7.35	8.77	177.0	8.89	9.70	9.01	7.73	9.28	8.32	
A Final - 2023 European Team Championships, First Division (Chorzów, POL)											*European Athletics (2023) - 3rd european games, athletics - results book*						
date	23-Jun-23	time	11.35	21.95	33.16	45.25	45.25	9 / 5									
reaction time	0.194	interval		10.60	11.21	12.09		# of strides	11.35	10.60	11.21	12.09	21.95	23.30	1.35		
		velocity	8.81	9.43	8.92	8.27	8.84	176.0	8.81	9.43	8.92	8.27	9.11	8.58			
FINAL - 2023 Meeting International Mohammed VI d'Athlétisme (Rabat, MAR)											*Omega Timing (2023) - diamond league race analysis*						
date	28-May-23	time	6.21	11.24	16.63	22.29	27.79	33.48	39.48	46.08	46.08	2 / 6							
reaction time	0.154	interval		5.03	5.39	5.66	5.50	5.69	6.00	6.60		# of strides	11.24	11.05	11.19	12.60	22.29	23.79	1.50
		velocity	8.05	9.94	9.28	8.83	9.09	8.79	8.33	7.58	8.68		8.90	9.05	8.94	7.94	8.97	8.41	
National FINAL - 2022 Weltklasse (Zürich, SUI)											*Omega Timing (2022) - diamond league race analysis*						
date	08-Sep-22	time	6.14	11.15	16.43	21.79	27.23	32.92	39.07	45.93	45.93	6 / 5							
reaction time	0.145	interval		5.01	5.28	5.36	5.44	5.69	6.15	6.86		# of strides	11.15	10.64	11.13	13.01	21.79	24.14	2.35
		velocity	8.14	9.98	9.47	9.33	9.19	8.79	8.13	7.29	8.71	179.0	8.97	9.40	8.98	7.69	9.18	8.29	
FINAL - 2022 European Athletics Championships (Munich, GER)											*European Athletics (2022) - european athletics championships race analysis*						
date	17-Aug-22	time	11.10	21.50	32.70	45.17	45.17	6 / 3									
reaction time	0.192	interval		10.40	11.20	12.47		# of strides	11.10	10.40	11.20	12.47	21.50	23.67	2.17		
		velocity	9.01	9.62	8.93	8.02	8.86	179.0	9.01	9.62	8.93	8.02	9.30	8.45			
Semi-Final 2 - 2022 European Athletics Championships (Munich, GER)											*European Athletics (2022) - european athletics championships race analysis*						
date	16-Aug-22	time	11.14	21.69	32.83	45.45	45.45	5 / 2									
reaction time	0.176	interval		10.55	11.14	12.62		# of strides	11.14	10.55	11.14	12.62	21.69	23.76	2.07		
		velocity	8.98	9.48	8.98	7.92	8.80	179.0	8.98	9.48	8.98	7.92	9.22	8.42			
Semi-Final 3 - 2022 World Athletics Championships (Eugene, OR)											*Timing by Seiko (2022) - world athletics championships race analysis*						
date	20-Jul-22	time	11.46	21.88	32.90	45.08	45.08	8 / 4									
reaction time	0.141	interval		10.42	11.02	12.18	PB	# of strides	11.46	10.42	11.02	12.18	21.88	23.20	1.32		
		velocity	8.73	9.60	9.07	8.21	8.87	168.2	8.73	9.60	9.07	8.21	9.14	8.62			
Heat 1 - 2022 World Athletics Championships (Eugene, OR)											*Timing by Seiko (2022) - world athletics championships race analysis*						
date	17-Jul-22	time	11.45	22.19	33.25	45.62	45.62	7 / 3									
reaction time	0.156	interval		10.74	11.06	12.37		# of strides	11.45	10.74	11.06	12.37	22.19	23.43	1.24		
		velocity	8.73	9.31	9.04	8.08	8.77		8.73	9.31	9.04	8.08	9.01	8.54			
FINAL - 2022 Müller Birmingham Diamond League (Birmingham, GBR)											*Omega Timing (2022) - diamond league race analysis*						
date	21-May-22	time	6.26	11.40	16.82	22.37	28.01	33.87	39.99	46.49	46.49	2 / 7							
reaction time	0.137	interval		5.14	5.42	5.55	5.64	5.86	6.12	6.50		# of strides	11.40	10.97	11.50	12.62	22.37	24.12	1.75
		velocity	7.99	9.73	9.23	9.01	8.87	8.53	8.17	7.69	8.60		8.77	9.12	8.70	7.92	8.94	8.29	
FINAL - 2021 Müller British Grand Prix (Gateshead, GBR)											*Omega Timing (2021) - diamond league race analysis*						
date	13-Jul-21	time	6.4	11.4	16.8	22.3	27.9	33.8	39.9	46.63	46.63	8 / 4							
reaction time	0.200	interval		5.00	5.40	5.50	5.60	5.90	6.10	6.73		# of strides	11.40	10.90	11.50	12.83	22.30	24.33	2.03
		velocity	7.81	10.00	9.26	9.09	8.93	8.47	8.20	7.43	8.58		8.77	9.17	8.70	7.79	8.97	8.22	

Hazel, Sam (GBR) (1996)	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2018 Müller Anniversary Games (London, GBR)											*Omega Timing (2018) - diamond league race analysis*						
date	21-Jul-18	time	11.8	22.6	34.4	47.37	47.37	9 / 8									

reaction time	0.170	interval			10.8		11.8		13.0		# of strides	11.80	10.80	11.80	12.97	22.60	24.77	2.17
		velocity	8.47		9.26		8.47		7.71	8.44		8.47	9.26	8.47	7.71	8.85	8.07	

Hazlett, Eli (USA) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 2 - 2025 USATF Championships (Eugene, OR)																	
date 01-Aug-25	time		11.29		21.76		33.26		45.81	45.81	2 / 6							
reaction time	interval				10.47		11.50		12.55		# of strides	11.29	10.47	11.50	12.55	21.76	24.05	2.29
	velocity		8.86		9.55		8.70		7.97	8.73		8.86	9.55	8.70	7.97	9.19	8.32	

USATF and Karmarush (2025) - USATF championships results and race analysis

Hazzard, Aiden (AIA) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 6 - 2022 World Athletics Championships (Eugene, OR)																	
date 17-Jul-22	time		11.75		23.40		36.39		51.44	51.44	3 / 7							
reaction time 0.128	interval				11.65		12.99		15.05		# of strides	11.75	11.65	12.99	15.05	23.40	28.04	4.64
	velocity		8.51		8.58		7.70		6.64	7.78		8.51	8.58	7.70	6.64	8.55	7.13	

Timing by Seiko (2022) - world athletics championships race analysis

Hellstén, Voitto (FIN) (1932)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1956 Olympic Games (Melbourne, AUS)																	
date 29-Nov-56	time				22.3		33.6		47.0	47.0	3 / 3							
reaction time	interval						11.3		13.4	*(47.15)*	# of strides		22.30	11.30	13.40	22.30	24.70	2.40
	velocity				8.97		8.85		7.46	8.57	195.0		8.97	8.85	7.46	8.97	8.10	

Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016

Henriques, Anderson (BRA) (1992)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2013 IAAF World Championships (Moscow, RUS)																	
date 13-Aug-13	time		11.2		21.5		32.7		45.0	45.03	2 / 8							
reaction time 0.157	interval				10.30		11.20		12.30		# of strides	11.20	10.30	11.20	12.30	21.50	23.50	2.00
	velocity		8.93		9.71		8.93		8.13	8.88		8.93	9.71	8.93	8.13	9.30	8.51	

(2013) - www.trackandfieldnews.com/index.php?option=com_content&view=article&id=1698

Henry, Tabarie (ISV) (1987)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2011 IAAF World Championships (Daegu, KOR)																	
date 30-Aug-11	time						33.1		45.55	45.55	7 / 7							
reaction time 0.167	interval								12.45		# of strides				12.45			
	velocity						9.06		8.03	8.78	166.7				8.03			

Butler (2013) - IAAF world athletic results 2008-2011 full results

FINAL - 2010 NCAA Championships (Eugene, OR)

date 11-Jun-10	time			21.4		33.6		45.9	45.92	/ 8							
reaction time	interval					12.2		12.3		# of strides			12.20	12.30	21.40	24.50	3.10
	velocity			9.35		8.20		8.13	8.71				8.20	8.13	9.35	8.16	

Track Newsletter (2010) - NCAA men's championships

FINAL - 2009 IAAF World Championships (Berlin, GER)

date 21-Aug-09	time		11.18		21.83		33.17		45.42	45.42	7 / 4						
reaction time 0.162	interval				10.65		11.34		12.25		# of strides	11.18	10.65	11.34	12.25	21.83	23.59	1.76
	velocity		8.94		9.39		8.82		8.16	8.81	171.0	8.94	9.39	8.82	8.16	9.16	8.48	

Graubner (2009) - biomechanical analyses at the 12th IAAF world championships

Semi-Final 3 - 2009 IAAF World Championships (Berlin, GER)

date 19-Aug-09	time		11.22		21.91		32.89		44.97	44.97	4 / 2						
reaction time 0.146	interval				10.69		10.98		12.08		# of strides	11.22	10.69	10.98	12.08	21.91	23.06	1.15
	velocity		8.91		9.35		9.11		8.28	8.89	169.2	8.91	9.35	9.11	8.28	9.13	8.67	

Graubner (2009) - biomechanical analyses at the 12th IAAF world championships

Heat 7 - 2009 IAAF World Championships (Berlin, GER)

date 18-Aug-09	time		11.07		21.67		32.84		45.14	45.14	5 / 1						
reaction time 0.137	interval				10.60		11.17		12.30		# of strides	11.07	10.60	11.17	12.30	21.67	23.47	1.80
	velocity		9.03		9.43		8.95		8.13	8.86		9.03	9.43	8.95	8.13	9.23	8.52	

Graubner (2009) - biomechanical analyses at the 12th IAAF world championships

Hernández, Roberto (CUB) (1967)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1992 Olympic Games (Barcelona, ESP)																	
date 05-Aug-92	time			21.2		32		44.6	44.52	2 / 5							
reaction time	interval					10.80		12.60		# of strides			10.80	12.60	21.20	23.40	2.20
	velocity			9.43		9.26		7.94	8.98				9.26	7.94	9.43	8.55	

Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016

FINAL - 1991 IAAF World Championships (Tokyo, JPN)

date 29-Aug-91	time			21.51				44.86	44.86	6 / 4							
reaction time	interval							23.35		# of strides					21.51	23.35	1.84
	velocity			9.30				8.57	8.92	169.7					9.30	8.57	

Butler (2013) - IAAF world championships statistics handbook- moscow 2013

FINAL - 1987 IAAF World Championship (Rome, ITA)

date 03-Sep-87	time		11.07		21.48		32.66		44.99	44.99	4 / 4						
reaction time	interval				10.41		11.18		12.33		# of strides	11.07	10.41	11.18	12.33	21.48	23.51	2.03
	velocity		9.03		9.61		8.94		8.11	8.89	178.0	9.03	9.61	8.94	8.11	9.31	8.51	

Moravec (1990) - time analyis of the sprints - Rome 1987 Scientific Report (2nd ed)

FINAL - 1986 IAAF World Junior Championships (Athens, GRE)

date 18-Jul-86	time		11.23		21.36		32.59		45.64	45.64	/ 2						
reaction time	interval				10.13		11.23		13.05		# of strides	11.23	10.13	11.23	13.05	21.36	24.28	2.92
	velocity		8.90		9.87		8.90		7.66	8.76		8.90	9.87	8.90	7.66	9.36	8.24	

Moravec (1986) - IAAF biomechanical research - Athens 1986 - sprints

Herron, Brian (USA) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 1 - 2024 USA Olympic Trials (Eugene, OR)																	
date 21-Jun-24	time		10.87		21.32		32.98		46.32	46.32	5 / 6						
reaction time	interval				10.45		11.66		13.34		# of strides	10.87	10.45	11.66	13.34	21.32	25.00	3.68
	velocity		9.20		9.57		8.58		7.50	8.64	170.0	9.20	9.57	8.58	7.50	9.38	8.00	

USATF and Karmarush (2024) - USA Olympic trials results and race analysis

Hervochon, Axel (FRA) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Regional FINAL - 2025 Meeting de Paris (Paris, FRA)																	
date 20-Jun-25	time	6.34	11.44	16.69	22.20	28.02	34.23	40.82	47.83	47.83	8 / 5						
reaction time 0.227	interval		5.10	5.25	5.51	5.82	6.21	6.59	7.01		# of strides	11.44	10.76	12.03	13.60	22.20	25.63	3.43
	velocity	7.89	9.80	9.52	9.07	8.59	8.05	7.59	7.13	8.36		8.74	9.29	8.31	7.35	9.01	7.80	

Omega Timing (2025) - diamond league race analysis

Hibio, Kikuta (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 Japanese National High School Championsips (Sapporo, JPN)																	*Takashima (2023) - national high school sports festival - biomechanics data*
date 02-Aug-23 time		11.46		22.47		34.27		47.14	47.14	7 / 2							
reaction time 0.256 interval				11.01		11.80		12.87		# of strides	11.46	11.01	11.80	12.87	22.47	24.67	2.20
velocity		8.73		9.08		8.47		7.77	8.49		8.73	9.08	8.47	7.77	8.90	8.11	

Higashihara, Shun (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 Shimane High School Championships (Izumo, JPN)																	*Shimizu (2023) - shimane high school championships 2023 - biomechanics data analysis*
date 26-May-23 time		12.67		25.25		38.73		52.77	52.77	2 / 7							
reaction time interval				12.58		13.48		14.04		# of strides	12.67	12.58	13.48	14.04	25.25	27.52	2.27
velocity		7.89		7.95		7.42		7.12	7.58		7.89	7.95	7.42	7.12	7.92	7.27	

Higgins, Ben (GBR) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B FINAL - 2022 Müller Birmingham Diamond League (Birmingham, GBR)																	*Omega Timing (2022) - diamond league race analysis*
date 21-May-22 time	6.3	11.4	16.6	22.0	27.7	33.8	40.0	46.59	46.59	3 / 3							
reaction time 0.134 interval		5.10	5.20	5.40	5.70	6.10	6.20	6.59		# of strides	11.40	10.60	11.80	12.79	22.00	24.59	2.59
velocity	7.94	9.80	9.62	9.26	8.77	8.20	8.06	7.59	8.59	194.0	8.77	9.43	8.47	7.82	9.09	8.13	

Higo, Akiteru (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2025 Shimane High School Championships (Izumo, JPN)																	*Shimizu (2024) - shimane high school championships 2024 - biomechanics data analysis*
date 30-May-25 time		13.75		25.42		37.74		51.29	51.29	4 / 6							
reaction time interval				11.67		12.32		13.55		# of strides	13.75	11.67	12.32	13.55	25.42	25.87	0.45
velocity		7.27		8.57		8.12		7.38	7.80		7.27	8.57	8.12	7.38	7.87	7.73	
FINAL - 2024 Shimane High School Championships (Izumo, JPN)																	*Shimizu (2024) - shimane high school championships 2024 - biomechanics data analysis*
date 24-May-24 time		12.80		24.90		37.57		51.32	51.32	9 / 8							
reaction time interval				12.10		12.67		13.75		# of strides	12.80	12.10	12.67	13.75	24.90	26.42	1.52
velocity		7.81		8.26		7.89		7.27	7.79		7.81	8.26	7.89	7.27	8.03	7.57	

Higuchi, Kazuma (JPN) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
U19 FINAL - 2015 National Sports Festival (Wakayama, JPN)																	*Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*
date 05-Oct-15 time	6.62	12.00	17.58	23.34	29.27	35.48	41.73	48.26	48.26	/ 6							
reaction time interval		5.38	5.58	5.76	5.93	6.21	6.25	6.53		# of strides	12.00	11.34	12.14	12.78	23.34	24.92	1.58
velocity	7.55	9.29	8.96	8.68	8.43	8.05	8.00	7.66	8.29		8.33	8.82	8.24	7.82	8.57	8.03	

Hilger, Philippe (LUX) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B Final - 2023 European Team Championships, Second Division (Chorzów, POL)																	*European Athletics (2023) - 3rd european games, athletics - results book*
date 20-Jun-23 time		11.88		23.13		35.32		48.27	48.27	2 / 7							
reaction time 0.194 interval				11.25		12.19		12.95	PB	# of strides	11.88	11.25	12.19	12.95	23.13	25.14	2.01
velocity		8.42		8.89		8.20		7.72	8.29		8.42	8.89	8.20	7.72	8.65	7.96	

Hirai, Masato (JPN) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
U18 FINAL - 2019 Japanese National U18/U20 Championships (Hiroshima, JPN) (300m)																	*Kijima (2019) - research on athlete performance and technique- 2019 data book*
date 18-Oct-19 time		11.59		22.41		34.25			34.25	6 / 5							***100m-300m***
reaction time 0.153 interval				10.82		11.84				# of strides	11.59	10.82	11.84		22.41		*22.66*
velocity		8.63		9.24		8.45			8.76	138.0	8.63	9.24	8.45		8.92		*8.83*

Hirakawa, Kei (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 Japanese National High School Championsips (Sapporo, JPN)																	*Takashima (2023) - national high school sports festival - biomechanics data*
date 02-Aug-23 time		11.26		22.12		33.85		46.63	46.63	5 / 1							
reaction time 0.205 interval				10.86		11.73		12.78		# of strides	11.26	10.86	11.73	12.78	22.12	24.51	2.39
velocity		8.88		9.21		8.53		7.82	8.58		8.88	9.21	8.53	7.82	9.04	8.16	

Hirakawa, Kira (JPN) (2005)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 Japanese U18 National Championships (Matsuyama, JPN) (300m)																	*Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition*
date 23-Oct-21 time	6.23	11.23	16.42	21.80	27.47	33.56			33.56	3 / 1							
reaction time 0.204 interval		5.00	5.19	5.38	5.67	6.09			PB	# of strides	11.23	10.57	11.76		21.80		
velocity	8.03	10.00	9.63	9.29	8.82	8.21			8.94	138.0	8.90	9.46	8.50		9.17		
FINAL - 2021 Japanese High School National Championships (Fukui, JPN)																	*Shibayama (2021) - national high school and U20 national championhsips*
date 28-Jul-21 time	6.44	11.67	17.10	22.73	28.47	34.42	40.82	47.96	47.96	2 / 3							
reaction time 0.189 interval		5.23	5.43	5.63	5.74	5.95	6.40	7.14		# of strides	11.67	11.06	11.69	13.54	22.73	25.23	2.50
velocity	7.76	9.56	9.21	8.88	8.71	8.40	7.81	7.00	8.34		8.57	9.04	8.55	7.39	8.80	7.93	

Hirano, Yuki (JPN) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
U18 FINAL - 2019 Japanese National U18/U20 Championships (Hiroshima, JPN) (300m)																	*Kijima (2019) - research on athlete performance and technique- 2019 data book*
date 18-Oct-19 time		11.29		22.23		33.87			33.87	7 / 3							***100m-300m***
reaction time 0.187 interval				10.94		11.64				# of strides	11.29	10.94	11.64		22.23		*22.58*
velocity		8.86		9.14		8.59			8.86	140.0	8.86	9.14	8.59		9.00		*8.86*

Hirose, Hideyuki (JPN) (1989)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 1 - 2017 National Sports Festival (Matsuyama, JPN)																	*(2017) - tfdata-store.com/2017/10/12/post-1100/*
date 08-Oct-17 time		11.63		22.53		35.03		48.56	48.56	3 / 6							
reaction time 0.169 interval				10.90		12.50		13.53		# of strides	11.63	10.90	12.50	13.53	22.53	26.03	3.50
velocity		8.60		9.17		8.00		7.39	8.24	185.5	8.60	9.17	8.00	7.39	8.88	7.68	
FINAL - 2016 Japanese National Championships (Nagoya, JPN)																	*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*
date 25-Jun-16 time	6.34	11.53	16.78	22.20	27.87	33.79	39.98	46.64	46.64	1 / 8							
reaction time 0.176 interval		5.19	5.25	5.42	5.67	5.92	6.19	6.66		# of strides	11.53	10.67	11.59	12.85	22.20	24.44	2.24
velocity	7.89	9.63	9.52	9.23	8.82	8.45	8.08	7.51	8.58		8.67	9.37	8.63	7.78	9.01	8.18	
FINAL - 2016 Shizuoka International Meeting (Fukuroi, JPN)																	*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*
date 03-May-16 time	6.31	11.55	16.87	22.44	28.25	34.29	40.62	47.43	47.43	/ 8							
reaction time interval		5.24	5.32	5.57	5.81	6.04	6.33	6.81		# of strides	11.55	10.89	11.85	13.14	22.44	24.99	2.55

		velocity	7.92	9.54	9.40	8.98	8.61	8.28	7.90	7.34	8.43		8.66	9.18	8.44	7.61	8.91	8.00

FINAL - 2015 Japanese National Championships (Niigata, JPN) — *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	28-Jun-15	time	6.24	11.28	16.43	21.93	27.62	33.66	40.16	47.49	47.49	4 / 8						
reaction time	0.174	interval		5.04	5.15	5.50	5.69	6.04	6.50	7.33		# of strides	11.28	10.65	11.73	13.83	21.93	25.56	3.63
		velocity	8.01	9.92	9.71	9.09	8.79	8.28	7.69	6.82	8.42	184.5	8.87	9.39	8.53	7.23	9.12	7.82	

Heat 3 - 2015 Japanese National Championships (Niigata, JPN) — *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	27-Jun-15	time	6.29	11.28	16.42	21.76	27.42	33.23	39.32	45.94	45.94	7 / 1						
reaction time	0.151	interval		4.99	5.14	5.34	5.66	5.81	6.09	6.62		# of strides	11.28	10.48	11.47	12.71	21.76	24.18	2.42
		velocity	7.95	10.02	9.73	9.36	8.83	8.61	8.21	7.55	8.71	179.0	8.87	9.54	8.72	7.87	9.19	8.27	

FINAL - 2014 Shizuoka International Athletics Meeting (Fukuori, JPN) — *Maho (2014) - race analysis of men's 400m run in the 2014 season*

date	03-May-14	time	6.32	11.47	16.60	22.05	27.71	33.69	40.15	47.31	47.31	/ 9						
reaction time		interval		5.15	5.13	5.45	5.66	5.98	6.46	7.16		# of strides	11.47	10.58	11.64	13.62	22.05	25.26	3.21
		velocity	7.91	9.71	9.75	9.17	8.83	8.36	7.74	6.98	8.45		8.72	9.45	8.59	7.34	9.07	7.92	

FINAL - 2012 Japanese National Championships (Osaka, JPN) — *Maho (2013) - race analysis of the men's 400m run in competition*

date	09-Jun-12	time	6.22	11.39	16.68	22.25	27.98	34.04	40.49	47.66	47.66	8 / 8						
reaction time		interval		5.17	5.29	5.57	5.73	6.06	6.45	7.17		# of strides	11.39	10.86	11.79	13.62	22.25	25.41	3.16
		velocity	8.04	9.67	9.45	8.98	8.73	8.25	7.75	6.97	8.39	186.0	8.78	9.21	8.48	7.34	8.99	7.87	

FINAL - 2011 Japanese National Championships (Kumagaya, JPN) — *Maho (2013) - race analysis of the men's 400m run in competition*

date	12-Jun-11	time	6.31	11.37	16.58	21.91	27.44	33.11	39.21	45.84	45.84	/ 2						
reaction time		interval		5.06	5.21	5.33	5.53	5.67	6.10	6.63	=PB	# of strides	11.37	10.54	11.20	12.73	21.91	23.93	2.02
		velocity	7.92	9.88	9.60	9.38	9.04	8.82	8.20	7.54	8.73		8.80	9.49	8.93	7.86	9.13	8.36	

B FINAL - 2009 Shizuoka International Athletics Meeting (Fukuori, JPN) — *Matsuo (2010) - 63rd high school championships: JAF scientific committee- biomechanics data*

date	03-May-09	time	6.31	11.71	17.02	22.50	28.10	33.86	39.77	45.98	45.98	/ 1						
reaction time		interval		5.40	5.31	5.48	5.60	5.76	5.91	6.21		# of strides	11.71	10.79	11.36	12.12	22.50	23.48	0.98
		velocity	7.92	9.26	9.42	9.12	8.93	8.68	8.46	8.05	8.70		8.54	9.27	8.80	8.25	8.89	8.52	

Hogans, Obra (USA) (1982)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 2 - 2008 USA Olympic Trials (Eugene, OR)																	*USATF Women's Sprint Development with HPC (2008)*
date 30-Jun-08	time	11.21		22.14	27.64	33.45	39.60	46.37	46.37	2 / 8							
reaction time	interval			10.93	5.50	5.81	6.15	6.77		# of strides	11.21	10.93	11.31	12.92	22.14	24.23	2.09
	velocity	8.92		9.15	9.09	8.61	8.13	7.39	8.63		8.92	9.15	8.84	7.74	9.03	8.25	

Hofmeister, Franz-Peter (FRG) (1951)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1978 European Championships (Prague, TCH)																	*Lamare (1978) - championnats d'Europa 1978*
date 01-Sep-78	time	11.10		21.58		32.78		45.73	45.73	6 / 1							
reaction time	interval			10.48		11.20		12.95		# of strides	11.10	10.48	11.20	12.95	21.58	24.15	2.57
	velocity	9.01		9.54		8.93		7.72	8.75		9.01	9.54	8.93	7.72	9.27	8.28	

Hokkaido, Kunieda (JPN) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
U19 Semi-Final 1 - 2017 National Sports Festival (Matsuyama, JPN)																	*(2017) - tfdata-store.com/2017/10/12/post-1100/*
date 08-Oct-17	time	11.67		22.51		34.82		48.38	48.38	3 / 7							
reaction time 0.193	interval			10.84		12.31		13.56		# of strides	11.67	10.84	12.31	13.56	22.51	25.87	3.36
	velocity	8.57		9.23		8.12		7.37	8.27		8.57	9.23	8.12	7.37	8.88	7.73	

Holder, Reece (AUS) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 1 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 16-Sep-25	time	11.01		21.01		32.17		44.63	44.63	8 / 3							
reaction time 0.186	interval			10.00		11.16		12.46		# of strides	11.01	10.00	11.16	12.46	21.01	23.62	2.61
	velocity	9.08		10.00		8.96		8.03	8.96		9.08	10.00	8.96	8.03	9.52	8.47	

Heat 4 - 2025 World Athletics Championships (Tokyo, JPN) — *Seiko Timing (2025) - 2025 World Championships race analysis*

date	14-Sep-25	time		10.89		21.07		32.25		44.54	44.54	5 / 2						
reaction time	0.161	interval				10.18		11.18		12.29		# of strides	10.89	10.18	11.18	12.29	21.07	23.47	2.40
		velocity		9.18		9.82		8.94		8.14	8.98		9.18	9.82	8.94	8.14	9.49	8.52	

FINAL - 2025 London Athletics Meet (London, GBR) — *Omega Timing (2025) - diamond league race analysis*

date	19-Jul-25	time	5.99	10.82	15.69	20.75	26.12	31.84	37.95	44.76	44.76	2 / 6						
reaction time	0.145	interval		4.83	4.87	5.06	5.37	5.72	6.11	6.81		# of strides	10.82	9.93	11.09	12.92	20.75	24.01	3.26
		velocity	8.35	10.35	10.27	9.88	9.31	8.74	8.18	7.34	8.94	176.0	9.24	10.07	9.02	7.74	9.64	8.33	

Semi-Final 3 - 2024 Olympic Games (Paris, FRA) — *Paris 2024 Olympic Games - Results Book (2024)*

date	06-Aug-24	time	6.07	10.85	15.77	20.97	26.46	32.20	38.30	44.94	44.94	4 / 5						
reaction time	0.144	interval		4.78	4.92	5.20	5.49	5.74	6.10	6.64		# of strides	10.85	10.12	11.23	12.74	20.97	23.97	3.00
		velocity	8.24	10.46	10.16	9.62	9.11	8.71	8.20	7.53	8.90	170.5	9.22	9.88	8.90	7.85	9.54	8.34	

Heat 4 - 2024 Olympic Games (Paris, FRA) — *Paris 2024 Olympic Games - Results Book (2024)*

date	04-Aug-24	time	6.07	10.86	15.76	20.88	26.28	31.99	38.05	44.53	44.53	6 / 3						
reaction time	0.144	interval		4.79	4.90	5.12	5.40	5.71	6.06	6.48	PB	# of strides	10.86	10.02	11.11	12.54	20.88	23.65	2.77
		velocity	8.24	10.44	10.20	9.77	9.26	8.76	8.25	7.72	8.98	171.0	9.21	9.98	9.00	7.97	9.58	8.46	

Homewood, Dirk (USA) (1982)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2005 USATF National Championships (Carson, CA)																	*USATF Women's Sprint Development (2005)*
date 25-Jun-05	time			22.12	27.57	33.31	39.66	46.15	46.15	9 / 9							
reaction time	interval				5.45	5.74	6.35	6.49		# of strides			11.19	12.84	22.12	24.03	1.91
	velocity			9.04	9.17	8.71	7.87	7.70	8.67				8.94	7.79	9.04	8.32	

Honma, Daisuke (JPN) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2013 Japanese National High School Championships (Oita, JPN)																	*Matsuo (2013) - 66th high school championships: JAF scientific committee- biomechanics data*
date 30-Jul-13	time	12.02		23.37		35.45		48.79	48.79	6 / 8							

reaction time		interval			11.35		12.08		13.34		# of strides	12.02	11.35	12.08	13.34	23.37	25.42	2.05
		velocity	8.32		8.81		8.28		7.50	8.20		8.32	8.81	8.28	7.50	8.56	7.87	

Honz, Karl (FRG) (1951)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1972 Olympic Games (Munich, FRG)										*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*							
date 07-Sep-72 time				21.8		33.2		45.7	45.68	1 / 7							
reaction time		interval				11.40		12.50		# of strides			11.40	12.50	21.80	23.90	2.10
		velocity		9.17		8.77		8.00	8.76	174.5			8.77	8.00	9.17	8.37	
FINAL - 1972 West German National Championships (Munich, FRG)										*Vazel (2015) - Van Niekerk and Merritt were on for the record at 300m*							
date 21-Jul-72 time				20.7				44.7	44.70	/ 1							
reaction time		interval						24.00	PB	# of strides					20.70	24.00	3.30
		velocity		9.66				8.33	8.95						9.66	8.33	

Hooker, Ja'Warren (USA) (1978)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 2 - 2003 USATF National Championships (Palo Alto, CA)										*USATF Women's Sprint Development (2003)*							
date 20-Jun-03 time				21.77		33.42	39.46	46.12	46.12	5 / 5							
reaction time		interval				11.65	6.04	6.66		# of strides			11.65	12.70	21.77	24.35	2.58
		velocity		9.19		8.58	8.28	7.51	8.67				8.58	7.87	9.19	8.21	

Horák, Tomáš (CZE) (2008)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2025 European Athletics U20 Championships (Tampere, FIN)										*European Athletics (2025) - 2025 european athletics U20 championships - results book*							
date 09-Aug-25 time	6.41	11.66	17.09	22.65	28.31	34.22	40.19	47.03	47.03	3 / 6							
reaction time 0.147	interval		5.25	5.43	5.56	5.66	5.91	5.97	6.84	# of strides	11.66	10.99	11.57	12.81	22.65	24.38	1.73
	velocity 7.80	9.52	9.21	8.99	8.83	8.46	8.38	7.31	8.51	176.0	8.58	9.10	8.64	7.81	8.83	8.20	
Semi-Final 2 - 2025 European Athletics U20 Championships (Tampere, FIN)										*European Athletics (2025) - 2025 european athletics U20 championships - results book*							
date 08-Aug-25 time	6.46	11.66	16.94	22.40	28.01	33.91	40.16	46.81	46.81	4 / 2							
reaction time 0.156	interval		5.20	5.28	5.46	5.61	5.90	6.25	6.65	# of strides	11.66	10.74	11.51	12.90	22.40	24.41	2.01
	velocity 7.74	9.62	9.47	9.16	8.91	8.47	8.00	7.52	8.55	177.0	8.58	9.31	8.69	7.75	8.93	8.19	

Horigome, Yoshihiro (JPN) (1981)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2006 Seiko Super Grand Prix (Yokohama, JPN)										*Hisashi (2007) - Super Grand Prix 2006 - sprinting speed changes in the 400m*							
date 24-Sep-06 time	6.1	11.3	16.6	22.1	27.6	33.3	39.3	45.77	45.77	7 / 1							
reaction time	interval		5.20	5.30	5.50	5.50	5.70	6.00	6.47	PB	# of strides	11.30	10.80	11.20	12.47	22.10	23.67	1.57
	velocity 8.20	9.62	9.43	9.09	9.09	8.77	8.33	7.73	8.74		8.85	9.26	8.93	8.02	9.05	8.45	
FINAL - 2005 Seiko Super Grand Prix (Yokohama, JPN)										*Masaaki (2006) - time analysis in the 400m at the Seiko Super Grand Prix*							
date 19-Sep-05 time		11.47		22.46		33.52	39.36	45.89	45.89	2 / 4							
reaction time	interval			10.99		11.06	5.84	6.53	PB	# of strides	11.47	10.99	11.06	12.37	22.46	23.43	0.97
	velocity	8.72		9.10		9.04	8.56	7.66	8.72		8.72	9.10	9.04	8.08	8.90	8.54	

Horii, Kosuke (JPN) (1994)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 3 - 2019 Japanese National Championships (Fukuoka, JPN)										*Yamanaka (2019) - race analysis of men and women 400m competition*							
date 27-Jun-19 time	6.21	11.33	16.63	22.24	28.04	34.09	40.35	46.92	46.92	8 / 4							
reaction time 0.163	interval		5.12	5.30	5.61	5.80	6.05	6.26	6.57	# of strides	11.33	10.91	11.85	12.83	22.24	24.68	2.44
	velocity 8.05	9.77	9.43	8.91	8.62	8.26	7.99	7.61	8.53		8.83	9.17	8.44	7.79	8.99	8.10	
A FINAL - 2019 Shizuoka International Athletics Meeting (Fukuroi, JPN)										*Kobayashi (2019) - research on athlete performance and technique- 2019 data book*							
date 03-May-19 time	6.26	11.36	16.62	22.14	27.96	34.07	40.43	47.11	47.11	3 / 6							
reaction time	interval		5.10	5.26	5.52	5.82	6.11	6.36	6.68	# of strides	11.36	10.78	11.93	13.04	22.14	24.97	2.83
	velocity 7.99	9.80	9.51	9.06	8.59	8.18	7.86	7.49	8.49		8.80	9.28	8.38	7.67	9.03	8.01	
FINAL - 2018 Japanese Corporate Championships (Osaka, JPN)										*Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*							
date 23-Sep-18 time	6.46	11.84	17.30	23.09	29.07	35.14	41.33	47.96	47.96	9 / 6							
reaction time 0.177	interval		5.38	5.46	5.79	5.98	6.07	6.19	6.63	# of strides	11.84	11.25	12.05	12.82	23.09	24.87	1.78
	velocity 7.74	9.29	9.16	8.64	8.36	8.24	8.08	7.54	8.34		8.45	8.89	8.30	7.80	8.66	8.04	
Heat 2 - 2018 Japanese National Championships (Yamaguchi, JPN)										*Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*							
date 22-Jun-18 time	6.61	11.82	17.35	23.10	29.00	34.94	40.95	47.28	47.28	4 / 5							
reaction time 0.150	interval		5.21	5.53	5.75	5.90	5.94	6.01	6.33	# of strides	11.82	11.28	11.84	12.34	23.10	24.18	1.08
	velocity 7.56	9.60	9.04	8.70	8.47	8.42	8.32	7.90	8.46		8.46	8.87	8.45	8.10	8.66	8.27	
FINAL - 2018 Seiko Golden Grand Prix (Osaka, JPN)										*Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*							
date 20-May-18 time	6.27	11.37	16.58	22.15	27.99	33.97	40.11	46.49	46.49	7 / 6							
reaction time 0.169	interval		5.10	5.21	5.57	5.84	5.98	6.14	6.38	# of strides	11.37	10.78	11.82	12.52	22.15	24.34	2.19
	velocity 7.97	9.80	9.60	8.98	8.56	8.36	8.14	7.84	8.60	185.2	8.80	9.28	8.46	7.99	9.03	8.22	
A FINAL - 2018 Shizuoka International Meeting (Fukuroi, JPN)										*Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*							
date 03-May-18 time	6.29	11.50	16.77	22.23	27.98	34.02	40.42	47.38	47.38	3 / 4							
reaction time 0.186	interval		5.21	5.27	5.46	5.75	6.04	6.40	6.96	# of strides	11.50	10.73	11.79	13.36	22.23	25.15	2.92
	velocity 7.95	9.60	9.49	9.16	8.70	8.28	7.81	7.18	8.44	189.7	8.70	9.32	8.48	7.49	9.00	7.95	
FINAL - 2017 Nanbu Memorial Meeting (Sapporo, JPN)										*(2017) - tfdata-store.com/2017/07/11/post-1010/*							
date 09-Jul-17 time		11.54		22.65		34.54		46.82	46.82	6 / 2							
reaction time	interval			11.11		11.89		12.28		# of strides	11.54	11.11	11.89	12.28	22.65	24.17	1.52
	velocity	8.67		9.00		8.41		8.14	8.54	184.0	8.67	9.00	8.41	8.14	8.83	8.27	
FINAL - 2017 Japanese National Championships (Osaka, JPN)										*Yamanaka (2017) - male and female 400m analysis in the 2017 season*							
date 24-Jun-17 time	6.23	11.46	16.77	22.25	27.85	33.81	39.83	46.42	46.42	2 / 4							
reaction time 0.170	interval		5.23	5.31	5.48	5.60	5.96	6.02	6.59	# of strides	11.46	10.79	11.56	12.61	22.25	24.17	1.92
	velocity 8.03	9.56	9.42	9.12	8.93	8.39	8.31	7.59	8.62	183.0	8.73	9.27	8.65	7.93	8.99	8.27	
Heat 1 - 2017 Japanese National Championships (Osaka, JPN)										*(2017) - tfdata-store.com/2017/07/08/post-965/*							
date 23-Jun-17 time		11.49		22.06		33.54		45.88	45.88	3 / 3							

reaction time	0.174	interval			10.57		11.48		12.34		# of strides	11.49	10.57	11.48	12.34	22.06	23.82	1.76
		velocity		8.70		9.46		8.71		8.10	8.72	185.2	8.70	9.46	8.71	8.10	9.07	8.40	

FINAL - 2017 Shizuoka International Meeting (Fukuroi, JPN) *Yamanaka (2017) - male and female 400m analysis in the 2017 season*

date	03-May-17	time	6.33	11.53	16.88	22.45	28.29	34.34	40.66	47.33	47.33	/ 6						
reaction time		interval		5.20	5.35	5.57	5.84	6.05	6.32	6.67		# of strides	11.53	10.92	11.89	12.99	22.45	24.88	2.43
		velocity	7.90	9.62	9.35	8.98	8.56	8.26	7.91	7.50	8.45		8.67	9.16	8.41	7.70	8.91	8.04	

FINAL - 2016 National Sports Festival (Kitakami, JPN) *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	09-Oct-16	time	6.37	11.71	17.23	23.12	29.17	35.09	41.11	47.48	47.48	8 / 3						
reaction time	0.161	interval		5.34	5.52	5.89	6.05	5.92	6.02	6.37		# of strides	11.71	11.41	11.97	12.39	23.12	24.36	1.24
		velocity	7.85	9.36	9.06	8.49	8.26	8.45	8.31	7.85	8.42		8.54	8.76	8.35	8.07	8.65	8.21	

FINAL - 2016 Japanese National Championships (Nagoya, JPN) *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	25-Jun-16	time	6.25	11.43	16.75	22.25	27.98	33.93	40.06	46.52	46.52	7 / 7						
reaction time	0.167	interval		5.18	5.32	5.50	5.73	5.95	6.13	6.46		# of strides	11.43	10.82	11.68	12.59	22.25	24.27	2.02
		velocity	8.00	9.65	9.40	9.09	8.73	8.40	8.16	7.74	8.60		8.75	9.24	8.56	7.94	8.99	8.24	

FINAL - 2015 National Sports Festival (Wakayama, JPN) *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	04-Oct-15	time	6.30	11.64	17.30	23.28	29.31	35.34	41.42	47.80	47.80	/ 7						
reaction time		interval		5.34	5.66	5.98	6.03	6.03	6.08	6.38		# of strides	11.64	11.64	12.06	12.46	23.28	24.52	1.24
		velocity	7.94	9.36	8.83	8.36	8.29	8.29	8.22	7.84	8.37		8.59	8.59	8.29	8.03	8.59	8.16	

FINAL - 2015 Japanese National Championships (Niigata, JPN) *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	28-Jun-15	time	6.26	11.25	16.38	21.94	27.80	33.74	39.98	46.74	46.74	2 / 5						
reaction time	0.158	interval		4.99	5.13	5.56	5.86	5.94	6.24	6.76		# of strides	11.25	10.69	11.80	13.00	21.94	24.80	2.86
		velocity	7.99	10.02	9.75	8.99	8.53	8.42	8.01	7.40	8.56		8.89	9.35	8.47	7.69	9.12	8.06	

Heat 1 - 2015 Japanese National Championships (Niigata, JPN) *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	27-Jun-15	time	6.29	11.48	16.75	22.29	28.11	33.81	39.67	45.85	45.85	7 / 4						
reaction time	0.172	interval		5.19	5.27	5.54	5.82	5.70	5.86	6.18	PB	# of strides	11.48	10.81	11.52	12.04	22.29	23.56	1.27
		velocity	7.95	9.63	9.49	9.03	8.59	8.77	8.53	8.09	8.72	183.2	8.71	9.25	8.68	8.31	8.97	8.49	

Horinishi, Koji (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2019 Shimane High School Championships (Izumo, JPN)										*Shimizu (2019) - shimane high school championships 2019 - biomechanics data analysis*							
date 24-May-19 time		12.65		25.04		38.05		51.05	51.05	4 / 7							
reaction time interval				12.39		13.01		13.00		# of strides	12.65	12.39	13.01	13.00	25.04	26.01	0.97
velocity		7.91		8.07		7.69		7.69	7.84		7.91	8.07	7.69	7.69	7.99	7.69	

Horinouchi, Yorito (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2016 China Perfecture High School Championships (Okayama, JPN)										*(2016.06.20) - https://twitter.com/touchdown_time/media?lang=en&lang=en&lang=en&lang=en*							
date 17-Jun-16 time		12.23		23.37		35.19		48.52	48.52	5 / 4							
reaction time interval				11.14		11.82		13.33		# of strides	12.23	11.14	11.82	13.33	23.37	25.15	1.78
velocity		8.18		8.98		8.46		7.50	8.24		8.18	8.98	8.46	7.50	8.56	7.95	

Hoshino, Sota (JPN) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Division 2 FINAL - 2017 Kanto Collegiate Championships (Yokohama, JPN)										*(2017) - tfdata-store.com/2017/06/01/post-786/*							
date 26-May-17 time		12.42		23.65		35.74		48.90	48.90	3 / 8							
reaction time interval				11.23		12.09		13.16		# of strides	12.42	11.23	12.09	13.16	23.65	25.25	1.60
velocity		8.05		8.90		8.27		7.60	8.18	171.5	8.05	8.90	8.27	7.60	8.46	7.92	
Division 2 Semi-Final 1 - 2017 Kanto Collegiate Championships (Yokohama, JPN)										*(2017) - tfdata-store.com/2017/06/02/post-835/*							
date 26-May-17 time		12.20		23.36		35.26		48.11	48.11	8 / 4							
reaction time interval				11.16		11.90		12.85		# of strides	12.20	11.16	11.90	12.85	23.36	24.75	1.39
velocity		8.20		8.96		8.40		7.78	8.31	172.0	8.20	8.96	8.40	7.78	8.56	8.08	

Hosoi, Brian (JPN) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
U19 FINAL - 2017 National Sports Festival (Matsuyama, JPN)										*(2017) - tfdata-store.com/2017/10/12/post-1100/*							
date 09-Oct-17 time		11.79		23.12		35.03		47.79	47.79	5 / 5							
reaction time 0.170 interval				11.33		11.91		12.76		# of strides	11.79	11.33	11.91	12.76	23.12	24.67	1.55
velocity		8.48		8.83		8.40		7.84	8.37	191.2	8.48	8.83	8.40	7.84	8.65	8.11	
U19 Semi-Final 2 - 2017 National Sports Festival (Matsuyama, JPN)										*(2017) - tfdata-store.com/2017/10/12/post-1100/*							
date 08-Oct-17 time		11.63		22.29		34.05		47.06	47.06	6 / 1							
reaction time 0.179 interval				10.66		11.76		13.01		# of strides	11.63	10.66	11.76	13.01	22.29	24.77	2.48
velocity		8.60		9.38		8.50		7.69	8.50	195.0	8.60	9.38	8.50	7.69	8.97	8.07	
FINAL - 2017 Japanese National High School Championships (Yamagata, JPN)										*Kota (2017) - 70th high school championships: JAF scientific committee- biomechanics data*							
date 29-Jul-17 time	6.52	11.99	17.60	23.32	29.22	35.36	41.63	48.00	48.00	8 / 5							
reaction time 0.176 interval		5.47	5.61	5.72	5.90	6.14	6.27	6.37		# of strides	11.99	11.33	12.04	12.64	23.32	24.68	1.36
velocity	7.67	9.14	8.91	8.74	8.47	8.14	7.97	7.85	8.33		8.34	8.83	8.31	7.91	8.58	8.10	

Hssine, Yassine (MAR) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2023 Meeting International Mohammed VI d'Athlétisme (Rabat, MAR)										*Omega Timing (2023) - diamond league race analysis*							
date 28-May-23 time	6.42	11.81	17.37	23.23	29.17	35.14	41.43	48.38	48.38	2 / 5							
reaction time 0.155 interval		5.39	5.56	5.86	5.94	5.97	6.29	6.95	PB	# of strides	11.81	11.42	11.91	13.24	23.23	25.15	1.92
velocity	7.79	9.28	8.99	8.53	8.42	8.38	7.95	7.19	8.27		8.47	8.76	8.40	7.55	8.61	7.95	

Hu Hongbo (CHN) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2024 Chinese National Championships (Quzhou, CHN)										*Shandong Athletics Sport Science (2024)*							
date 16-Sep-24 time		11.52		22.29		34.17	40.44	47.07	47.07	1 / 6							
reaction time 0.161 interval				10.77		11.88	6.27	6.63		# of strides	11.52	10.77	11.88	12.90	22.29	24.78	2.49
velocity		8.68		9.29		8.42	7.97	7.54	8.50	183.0	8.68	9.29	8.42	7.75	8.97	8.07	

Hudson-Smith, Matthew (GBR) (1994)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Semi-Final 3 - 2025 World Athletics Championships (Tokyo, JPN) *Seiko Timing (2025) - 2025 World Championships race analysis*

date	16-Sep-25	time		11.10		21.00		32.20		44.95	44.95	2 / 6					
reaction time	0.173	interval				9.90		11.20		12.75		# of strides	11.10	9.90	11.20	12.75	21.00	23.95	2.95
		velocity		9.01		10.10		8.93		7.84	8.90		9.01	10.10	8.93	7.84	9.52	8.35	

Heat 2 - 2025 World Athletics Championships (Tokyo, JPN) *Seiko Timing (2025) - 2025 World Championships race analysis*

date	14-Sep-25	time		11.03		21.25		32.31		44.68	44.68	6 / 4					
reaction time	0.164	interval				10.22		11.06		12.37		# of strides	11.03	10.22	11.06	12.37	21.25	23.43	2.18
		velocity		9.07		9.78		9.04		8.08	8.95	160.2	9.07	9.78	9.04	8.08	9.41	8.54	

FINAL - 2025 London Athletics Meet (London, GBR) *Omega Timing (2025) - diamond league race analysis*

date	19-Jul-25	time	6.04	10.99	15.91	21.03	26.35	31.91	37.77	44.27	44.27	5 / 2							
reaction time	0.145	interval		4.95	4.92	5.12	5.32	5.56	5.86	6.50		# of strides	10.99	10.04	10.88	12.36	21.03	23.24	2.21
		velocity	8.28	10.10	10.16	9.77	9.40	8.99	8.53	7.69	9.04	162.0	9.10	9.96	9.19	8.09	9.51	8.61	

FINAL - 2025 Prefontaine Classic (Eugene, OR) *Omega Timing (2025) - diamond league race analysis*

date	05-Jul-25	time	6.08	10.88	15.97	21.16	26.54	32.06	37.80	44.10	44.10	6 / 1							
reaction time	0.158	interval		4.80	5.09	5.19	5.38	5.52	5.74	6.30		# of strides	10.88	10.28	10.90	12.04	21.16	22.94	1.78
		velocity	8.22	10.42	9.82	9.63	9.29	9.06	8.71	7.94	9.07	161.0	9.19	9.73	9.17	8.31	9.45	8.72	

Long Sprints - 2025 Grand Slam Track Philadelphia (Philadelphia, PA) *Grand Slam Track (2025) - results and splits by race*

date	31-May-25	time		14.24		24.60		35.58		44.51	44.51	7 / 1					
reaction time	0.200	interval				10.36		10.98		8.93		# of strides	14.24	10.36	10.98	8.93	24.60	19.91	-4.69
		velocity		7.02		9.65		9.11		11.20	8.99		7.02	9.65	9.11	11.20	8.13	10.05	

Long Sprints - 2025 Grand Slam Track Miami (Miramar, FL) *Grand Slam Track (2025) - results and splits by race*

date	03-May-25	time		11.24		21.61		32.43		44.37	44.37	6 / 3					
reaction time	0.170	interval				10.37		10.82		11.94		# of strides	11.24	10.37	10.82	11.94	21.61	22.76	1.15
		velocity		8.90		9.64		9.24		8.38	9.02	160.5	8.90	9.64	9.24	8.38	9.25	8.79	

FINAL - 2024 Memorial van damme (Brussels, BEL) *Omega Timing (2024) - diamond league race analysis*

date	13-Sep-24	time	6.22	11.18	17.43	27.19					2:37.21	5 / 8					
reaction time	0.164	interval		4.96	6.25	9.76						# of strides	11.18	16.01			27.19		
		velocity	8.04	10.08	8.00	5.12							8.94	6.25			7.36		

FINAL - 2024 Athletissima (Lausanne, SUI) *Omega Timing (2024) - diamond league race analysis*

date	22-Aug-24	time	6.11	11.01	16.01	21.18	26.49	32.02	37.83	43.96	43.96	5 / 1							
reaction time	0.143	interval		4.90	5.00	5.17	5.31	5.53	5.81	6.13		# of strides	11.01	10.17	10.84	11.94	21.18	22.78	1.60
		velocity	8.18	10.20	10.00	9.67	9.42	9.04	8.61	8.16	9.10	160.0	9.08	9.83	9.23	8.38	9.44	8.78	

FINAL - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	07-Aug-24	time	6.01	10.81	15.65	20.62	25.86	31.35	37.19	43.44	43.44	6 / 2							
reaction time	0.149	interval		4.80	4.84	4.97	5.24	5.49	5.84	6.25	AR	# of strides	10.81	9.81	10.73	12.09	20.62	22.82	2.20
		velocity	8.32	10.42	10.33	10.06	9.54	9.11	8.56	8.00	9.21	161.0	9.25	10.19	9.32	8.27	9.70	8.76	

Semi-Final 3 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	06-Aug-24	time	5.97	10.71	15.53	20.56	25.85	31.44	37.41	44.07	44.07	7 / 1							
reaction time	0.148	interval		4.74	4.82	5.03	5.29	5.59	5.97	6.66		# of strides	10.71	9.85	10.88	12.63	20.56	23.51	2.95
		velocity	8.38	10.55	10.37	9.94	9.45	8.94	8.38	7.51	9.08	161.0	9.34	10.15	9.19	7.92	9.73	8.51	

Heat 1 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	04-Aug-24	time	6.12	11.04	16.11	21.37	26.84	32.49	38.41	44.78	44.78	6 / 1							
reaction time	0.165	interval		4.92	5.07	5.26	5.47	5.65	5.92	6.37		# of strides	11.04	10.33	11.12	12.29	21.37	23.41	2.04
		velocity	8.17	10.16	9.86	9.51	9.14	8.85	8.45	7.85	8.93	161.0	9.06	9.68	8.99	8.14	9.36	8.54	

FINAL - 2024 London Athletics Meet (London, GBR) *Omega Timing (2024) - diamond league race analysis*

date	20-Jul-24	time	6.07	10.88	15.82	20.96	26.23	31.71	37.50	43.74	43.74	5 / 1							
reaction time	0.158	interval		4.81	4.94	5.14	5.27	5.48	5.79	6.24	AR	# of strides	10.88	10.08	10.75	12.03	20.96	22.78	1.82
		velocity	8.24	10.40	10.12	9.73	9.49	9.12	8.64	8.01	9.14	161.0	9.19	9.92	9.30	8.31	9.54	8.78	

FINAL - 2024 Bislett Games (Oslo, NOR) *Omega Timing (2024) - diamond league race analysis*

date	30-May-24	time	6.10	10.96	15.88	21.03	26.31	31.91	37.80	44.07	44.07	5 / 1							
reaction time	0.146	interval		4.86	4.92	5.15	5.28	5.60	5.89	6.27	AR	# of strides	10.96	10.07	10.88	12.16	21.03	23.04	2.01
		velocity	8.20	10.29	10.16	9.71	9.47	8.93	8.49	7.97	9.08	160.0	9.12	9.93	9.19	8.22	9.51	8.68	

FINAL - 2023 Prefontaine Classic (Eugene, OR) *Omega Timing (2023) - diamond league race analysis*

date	16-Sep-23	time	6.17	11.16	17.22						dnf	5 / --							
reaction time	0.166	interval		4.99	6.06							# of strides	11.16						
		velocity	8.10	10.02	8.25								8.96						

FINAL - 2023 World Athletics Championships (Budapest, HUN) *Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*

date	24-Aug-23	time	5.98	10.93	15.96	21.08	26.36	31.96	37.90	44.31	44.31	5 / 2							
reaction time	0.151	interval		4.95	5.03	5.12	5.28	5.60	5.94	6.41		# of strides	10.93	10.15	10.88	12.35	21.08	23.23	2.15
		velocity	8.36	10.10	9.94	9.77	9.47	8.93	8.42	7.80	9.03	163.5	9.15	9.85	9.19	8.10	9.49	8.61	

Semi-Final 2 - 2023 World Athletics Championships (Budapest, HUN) *Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*

date	22-Aug-23	time	6.04	10.92	15.87	21.02	26.38	31.98	37.86	44.26	44.26	7 / 1							
reaction time	0.167	interval		4.88	4.95	5.15	5.36	5.60	5.88	6.40	AR PB	# of strides	10.92	10.10	10.96	12.28	21.02	23.24	2.22
		velocity	8.28	10.25	10.10	9.71	9.33	8.93	8.50	7.81	9.04	163.0	9.16	9.90	9.12	8.14	9.51	8.61	

Heat 2 - 2023 World Athletics Championships (Budapest, HUN) *Seiko Timing (2023) - world championship race analysis*

date	20-Aug-23	time		11.16		21.26		32.36		44.69	44.69	3 / 2							
reaction time	0.177	interval				10.10		11.10		12.33		# of strides	11.16	10.10	11.10	12.33	21.26	23.43	2.17
		velocity		8.96		9.90		9.01		8.11	8.95	165.0	8.96	9.90	9.01	8.11	9.41	8.54	

FINAL - 2023 London Athletics Meet (London, GBR) *Omega Timing (2023) - diamond league race analysis*

date	23-Jul-23	time	6.20	11.19	16.28	21.48	26.90	32.47	38.34	44.72	44.72	6 / 4						
reaction time	0.185	interval		4.99	5.09	5.20	5.42	5.57	5.87	6.38		# of strides	11.19	10.29	10.99	12.25	21.48	23.24	1.76
		velocity	8.06	10.02	9.82	9.62	9.23	8.98	8.52	7.84	8.94	162.0	8.94	9.72	9.10	8.16	9.31	8.61	

FINAL - 2023 Bauhaus Galan (Stockholm, SWE) *Omega Timing (2023) - diamond league race analysis*

date	02-Jul-23	time	6.22	11.30	16.47	21.72	27.15	32.90	39.00	45.57	45.57	6 / 3						
reaction time	0.156	interval		5.08	5.17	5.25	5.43	5.75	6.10	6.57		# of strides	11.30	10.42	11.18	12.67	21.72	23.85	2.13
		velocity	8.04	9.84	9.67	9.52	9.21	8.70	8.20	7.61	8.78		8.85	9.60	8.94	7.89	9.21	8.39	

FINAL - 2023 Meeting International Mohammed VI d'Athlétisme (Rabat, MAR) *Omega Timing (2023) - diamond league race analysis*

date	28-May-23	time	6.21								dnf	4 / --						
reaction time	0.156	interval										# of strides						
		velocity	8.05															

FINAL - 2022 European Athletics Championships (Munich, GER) *European Athletics (2022) - european athletics championships race analysis*

date	17-Aug-22	time		11.06		21.40		32.36		44.53	44.53	4 / 1						
reaction time	0.213	interval				10.34		10.96		12.17		# of strides	11.06	10.34	10.96	12.17	21.40	23.13	1.73
		velocity		9.04		9.67		9.12		8.22	8.98	165.0	9.04	9.67	9.12	8.22	9.35	8.65	

Semi-Final 1 - 2022 European Athletics Championships (Munich, GER) *European Athletics (2022) - european athletics championships race analysis*

date	16-Aug-22	time		10.89		21.31		32.41		44.98	44.98	5 / 1						
reaction time	0.169	interval				10.42		11.10		12.57		# of strides	10.89	10.42	11.10	12.57	21.31	23.67	2.36
		velocity		9.18		9.60		9.01		7.96	8.89	164.7	9.18	9.60	9.01	7.96	9.39	8.45	

FINAL - 2022 Commonwealth Games (Birmingham, GBR) *Longines Timing (2022) - commonwealth games race analysis*

date	07-Aug-22	time	6.0	10.8	15.8	20.9	26.4	32.2	38.2	44.81	44.81	7 / 2						
reaction time	0.157	interval		4.80	5.00	5.10	5.50	5.80	6.00	6.61		# of strides	10.80	10.10	11.30	12.61	20.90	23.91	3.01
		velocity	8.33	10.42	10.00	9.80	9.09	8.62	8.33	7.56	8.93	168.0	9.26	9.90	8.85	7.93	9.57	8.36	

Semi-Final 3 - 2022 Commonwealth Games (Birmingham, GBR) *Longines Timing (2022) - commonwealth games race analysis*

date	05-Aug-22	time	6.1	11.0	16.2	21.5	27.0	32.9	39.0	45.77	45.77	6 / 1						
reaction time	0.146	interval		4.90	5.20	5.30	5.50	5.90	6.10	6.77		# of strides	11.00	10.50	11.40	12.87	21.50	24.27	2.77
		velocity	8.20	10.20	9.62	9.43	9.09	8.47	8.20	7.39	8.74	168.7	9.09	9.52	8.77	7.77	9.30	8.24	

FINAL - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	22-Jul-22	time		10.98		21.14		32.13		44.66	44.66	5 / 3						
reaction time	0.169	interval				10.16		10.99		12.53		# of strides	10.98	10.16	10.99	12.53	21.14	23.52	2.38
		velocity		9.11		9.84		9.10		7.98	8.96	165.5	9.11	9.84	9.10	7.98	9.46	8.50	

Semi-Final 1 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	20-Jul-22	time		10.95		21.06		32.02		44.38	44.38	5 / 2						
reaction time	0.160	interval				10.11		10.96		12.36		# of strides	10.95	10.11	10.96	12.36	21.06	23.32	2.26
		velocity		9.13		9.89		9.12		8.09	9.01	166.0	9.13	9.89	9.12	8.09	9.50	8.58	

Heat 6 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	17-Jul-22	time		11.13		21.47		32.74		45.49	45.49	2 / 1						
reaction time	0.160	interval				10.34		11.27		12.75		# of strides	11.13	10.34	11.27	12.75	21.47	24.02	2.55
		velocity		8.98		9.67		8.87		7.84	8.79	166.0	8.98	9.67	8.87	7.84	9.32	8.33	

FINAL - 2022 Prefontaine Classic (Eugene, OR) *Omega Timing (2022) - diamond league race analysis*

date	28-May-22	time	6.08	11.00	16.16	21.46	26.80	32.19	38.05	44.35	44.35	8 / 3						
reaction time	0.138	interval		4.92	5.16	5.30	5.34	5.39	5.86	6.30	**NR PB**	# of strides	11.00	10.46	10.73	12.16	21.46	22.89	1.43
		velocity	8.22	10.16	9.69	9.43	9.36	9.28	8.53	7.94	9.02	164.0	9.09	9.56	9.32	8.22	9.32	8.74	

FINAL - 2022 Müller Birmingham Diamond League (Birmingham, GBR) *Omega Timing (2022) - diamond league race analysis*

date	21-May-22	time	6.06	11.00	16.18	21.56	27.07	32.48	38.80	45.32	45.32	6 / 1						
reaction time	0.144	interval		4.94	5.18	5.38	5.51	5.41	6.32	6.52		# of strides	11.00	10.56	10.92	12.84	21.56	23.76	2.20
		velocity	8.25	10.12	9.65	9.29	9.07	9.24	7.91	7.67	8.83	164.2	9.09	9.47	9.16	7.79	9.28	8.42	

FINAL - 2021 Müller British Grand Prix (Gateshead, GBR) *Omega Timing (2021) - diamond league race analysis*

date	13-Jul-21	time	6.3	11.4	16.7	22.3	28.2	34.3	41.0	48.29	48.29	6 / 8						
reaction time	0.149	interval		5.10	5.30	5.60	5.90	6.10	6.70	7.29		# of strides	11.40	10.90	12.00	13.99	22.30	25.99	3.69
		velocity	7.94	9.80	9.43	8.93	8.47	8.20	7.46	6.86	8.28		8.77	9.17	8.33	7.15	8.97	7.70	

FINAL - 2021 Golden Gala Pietro Mennea (Florence, ITA) *Omega Timing (2021) - diamond league race analysis*

date	10-Jun-21	time	6.5	11.6	16.9	22.3	27.8	33.4	39.4	45.93	45.93	4 / 3						
reaction time	0.131	interval		5.10	5.30	5.40	5.50	5.60	6.00	6.53		# of strides	11.60	10.70	11.10	12.53	22.30	23.63	1.33
		velocity	7.69	9.80	9.43	9.26	9.09	8.93	8.33	7.66	8.71		8.62	9.35	9.01	7.98	8.97	8.46	

National FINAL - 2019 Memorial van Damme (Brussels, BEL) *Omega Timing (2019) - diamond league race analysis*

date	06-Sep-19	time	6.2	11.2	16.2	21.5	26.9	32.8	38.9	45.63	45.63	6 / 2						
reaction time		interval		5.0	5.0	5.3	5.4	5.9	6.1	12.8		# of strides	11.20	10.30	11.30	12.83	21.50	24.13	2.63
		velocity	8.06	10.00	10.00	9.43	9.26	8.47	8.20	7.79	8.77		8.93	9.71	8.85	7.79	9.30	8.29	

FINAL - 2019 Müller Grand Prix (Birmingham, GBR) *Omega Timing (2019) - diamond league race analysis*

date	18-Aug-19	time		11.3		21.9		33.1		45.55	45.55	7 / 3						
reaction time	0.165	interval				10.6		11.2		12.5		# of strides	11.30	10.60	11.20	12.45	21.90	23.65	1.75
		velocity		8.85		9.43		8.93		8.03	8.78	163.7	8.85	9.43	8.93	8.03	9.13	8.46	

FINAL - 2018 Weltklasse (Zürich, SUI) *Omega Timing (2018) - diamond league race analysis*

date	30-Aug-18	time		11.0		21.3		32.5		44.95	44.95	6 / 3						
reaction time	0.139	interval				10.3		11.2		12.5		# of strides	11.00	10.30	11.20	12.45	21.30	23.65	2.35
		velocity		9.09		9.71		8.93		8.03	8.90	161.2	9.09	9.71	8.93	8.03	9.39	8.46	

FINAL - 2018 Müller Grand Prix (Birmingham, GBR) *Omega Timing (2018) - diamond league race analysis*

date	18-Aug-18	time	11.3	22.0	33.2	45.59	45.59	5 / 2								
reaction time	0.141	interval		10.7	11.2	12.4		# of strides	11.30	10.70	11.20	12.39	22.00	23.59	1.59	
		velocity	8.85	9.35	8.93	8.07	8.77	176.5	8.85	9.35	8.93	8.07	9.09	8.48		

FINAL - 2018 Müller Anniversary Games (London, GBR) *Omega Timing (2018) - diamond league race analysis*

date	21-Jul-18	time	11.2	21.5	32.6	44.63	44.63	8 / 6								
reaction time	0.151	interval		10.3	11.1	12.0		# of strides	11.20	10.30	11.10	12.03	21.50	23.13	1.63	
		velocity	8.93	9.71	9.01	8.31	8.96	163.0	8.93	9.71	9.01	8.31	9.30	8.65		

Semi-Final 2 - 2017 IAAF World Championships (London, GBR) *Pollitt (2018) - biomechanical report for the IAAF World Champs - London 2017 - Men's 400m*

date	06-Aug-17	time	10.81	21.03	32.09	38.14	44.60	44.74	2 / 4							
reaction time	0.142	interval		10.22	11.06	6.05	6.46		# of strides	10.81	10.22	11.06	12.51	21.03	23.57	2.54
		velocity	9.25	9.78	9.04	8.26	7.74	8.94	164.0	9.25	9.78	9.04	7.99	9.51	8.49	

FINAL - 2016 Olympic Games (Rio de Janeiro, BRA) *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	14-Aug-16	time	6.20	11.19	16.25	21.53	26.98	32.50	38.28	44.61	44.61	7 / 8							
reaction time	0.138	interval		4.99	5.06	5.28	5.45	5.52	5.78	6.33		# of strides	11.19	10.34	10.97	12.11	21.53	23.08	1.55
		velocity	8.06	10.02	9.88	9.47	9.17	9.06	8.65	7.90	8.97	159.0	8.94	9.67	9.12	8.26	9.29	8.67	

Hughes, Joey (USA) (1990)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2010 NCAA Championships (Eugene, OR)																	*Track Newsletter (2010) - NCAA men's championships*
date	11-Jun-10	time				22.3		33.1		45.2	45.23	/ 3							
reaction time		interval						10.8		12.1		# of strides			10.80	12.10	22.30	22.90	0.60
		velocity				8.97		9.26		8.26	8.84				9.26	8.26	8.97	8.73	

Hukumura, Yuto (JPN) (2006)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2024 Japanese National High School Championsips (Fukuoka, JPN)																	*Takashima (2024) - national high school sports festival - biomechanics data*
date	28-Jul-24	time		11.58		22.79		34.80		48.55	48.55	3 / 6							
reaction time	0.178	interval				11.21		12.01		13.75		# of strides	11.58	11.21	12.01	13.75	22.79	25.76	2.97
		velocity		8.64		8.92		8.33		7.27	8.24		8.64	8.92	8.33	7.27	8.78	7.76	

Humaida, Bassem (QAT) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2019 Doha (Doha, QAT)																	*Omega Timing (2019) - diamond league race analysis*
date	03-May-19	time		11.5		22.3		33.9		45.88	45.88	6 / 1							
reaction time	0.168	interval				10.8		11.6		12.0	PB	# of strides	11.50	10.80	11.60	11.98	22.30	23.58	1.28
		velocity		8.70		9.26		8.62		8.35	8.72		8.70	9.26	8.62	8.35	8.97	8.48	

Hurtault, Erison (DMA) (1984)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 2 - 2009 IAAF World Championships (Berlin, GER)																	*Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*
date	19-Aug-09	time				32.97		45.59	45.59	2 / 5									
reaction time	0.151	interval						12.62		# of strides				12.62					
		velocity				9.10		7.92	8.77	180.2				7.92					

Heat 7 - 2009 IAAF World Championships (Berlin, GER) *Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*

date	18-Aug-09	time	11.09	21.82	33.11	45.55	45.55	6 / 4								
reaction time	0.148	interval		10.73	11.29	12.44		# of strides	11.09	10.73	11.29	12.44	21.82	23.73	1.91	
		velocity	9.02	9.32	8.86	8.04	8.78		9.02	9.32	8.86	8.04	9.17	8.43		

Hurtault, Erison (USA) (1984)

Semi-Final 2 - 2008 USA Olympic Trials (Eugene, OR) *USATF Women's Sprint Development with HPC (2008)*

date	30-Jun-08	time	11.14	21.70	27.22	33.21	39.32	46.34	46.34	7 / 7						
reaction time		interval		10.56	5.52	5.99	6.11	7.02		# of strides	11.14	10.56	11.51	13.13	21.70	24.64	2.94
		velocity	8.98	9.47	9.06	8.35	8.18	7.12	8.63		8.98	9.47	8.69	7.62	9.22	8.12	

FINAL - 2007 NCAA Championships (Sacramento, CA) *Track Newsletter (2006) - NCAA men's championships*

date	09-Jun-07	time				33.2		45.4	45.40	3 / 3						
reaction time		interval						12.2	PB	# of strides				12.20		
		velocity				9.04		8.20	8.81					8.20		

Husillos, Óscar (ESP) (1993)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 3 - 2022 European Athletics Championships (Munich, GER)																	*European Athletics (2022) - european athletics championships race analysis*
date	15-Aug-22	time		11.31		21.78		33.29		46.42	46.42	3 / 5							
reaction time	0.212	interval				10.47		11.51		13.13		# of strides	11.31	10.47	11.51	13.13	21.78	24.64	2.86
		velocity		8.84		9.55		8.69		7.62	8.62		8.84	9.55	8.69	7.62	9.18	8.12	

Semi-Final 1 - 2017 IAAF World Championships (London, GBR) *Pollitt (2018) - biomechanical report for the IAAF World Champs - London 2017 - Men's 400m*

date	06-Aug-17	time	10.93	21.25	32.41	38.48	45.00	45.16	3 / 6							
reaction time	0.130	interval		10.32	11.16	6.07	6.52	PB	# of strides	10.93	10.32	11.16	12.59	21.25	23.75	2.50
		velocity	9.15	9.69	8.96	8.24	7.67	8.86	181.7	9.15	9.69	8.96	7.94	9.41	8.42	

Iakovákis, Periklís (GRE) (1979)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1997 European Cup (Munich, GER)																	*Jung (2003) - http://www.fgs.uni-halle.de*
date	21-Jun-97	time		11.65		22.70		34.27		47.39	47.39	/ 8							
reaction time		interval				11.05		11.57		13.12		# of strides	11.65	11.05	11.57	13.12	22.70	24.69	1.99
		velocity		8.58		9.05		8.64		7.62	8.44		8.58	9.05	8.64	7.62	8.81	8.10	

Ibrahim Issaka, Hussein (QAT) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat B - West Asian Championships - 2024 Seashore Doha Meeting (Doha, QAT)																	*Omega Timing (2024) - diamond league race analysis*
date	10-May-24	time	6.39	11.68	17.20	22.98	29.00	35.29	41.86	48.86	48.86	6 / 2							
reaction time	0.228	interval		5.29	5.52	5.78	6.02	6.29	6.57	7.00		# of strides	11.68	11.30	12.31	13.57	22.98	25.88	2.90
		velocity	7.82	9.45	9.06	8.65	8.31	7.95	7.61	7.14	8.19		8.56	8.85	8.12	7.37	8.70	7.73	

FINAL - 2023 Doha Diamond League (Doha, QAT) *Omega Timing (2023) - diamond league race analysis*

date	05-May-23	time	6.49	11.79	17.40	23.15	29.22	35.35	41.65	48.17	48.17	7 / 2							
reaction time	0.305	interval		5.30	5.61	5.75	6.07	6.13	6.30	6.52		# of strides	11.79	11.36	12.20	12.82	23.15	25.02	1.87

		velocity	7.70	9.43	8.91	8.70	8.24	8.16	7.94	7.67	8.30		8.48	8.80	8.20	7.80	8.64	7.99	

B FINAL - 2021 Doha Diamond League (Doha, QAT) — *Omega Timing (2021) - diamond league race analysis*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	28-May-21	time	6.4	11.5	17.0	22.8	28.9	35.1	41.5	48.10	48.10	2 / 4							
reaction time	0.173	interval		5.10	5.50	5.80	6.10	6.20	6.40	6.60	PB	# of strides	11.50	11.30	12.30	13.00	22.80	25.30	2.50
		velocity	7.81	9.80	9.09	8.62	8.20	8.06	7.81	7.58	8.32		8.70	8.85	8.13	7.69	8.77	7.91	

Ibuka, Aisei (JPN) (1998)

U19 FINAL - 2016 National Sports Festival (Kitakami, JPN) — *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	10-Oct-16	time	6.54	12.19	17.92	23.80	29.90	36.05	42.20	48.52	48.52	8 / 6							
reaction time	0.182	interval		5.65	5.73	5.88	6.10	6.15	6.15	6.32		# of strides	12.19	11.61	12.25	12.47	23.80	24.72	0.92
		velocity	7.65	8.85	8.73	8.50	8.20	8.13	8.13	7.91	8.24		8.20	8.61	8.16	8.02	8.40	8.09	

FINAL - 2016 Japanese National High School Championships (Okayama, JPN) — *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	29-Jul-16	time	6.32	11.62	17.07	22.81	28.83	35.12	41.40	47.80	47.80	7 / 7							
reaction time	0.173	interval		5.30	5.45	5.74	6.02	6.29	6.28	6.40		# of strides	11.62	11.19	12.31	12.68	22.81	24.99	2.18
		velocity	7.91	9.43	9.17	8.71	8.31	7.95	7.96	7.81	8.37		8.61	8.94	8.12	7.89	8.77	8.00	

U19 FINAL - 2015 National Sports Festival (Wakayama, JPN) — *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	05-Oct-15	time	6.53	12.01	17.63	23.51	29.52	35.55	41.53	47.68	47.68	/ 2							
reaction time		interval		5.48	5.62	5.88	6.01	6.03	5.98	6.15		# of strides	12.01	11.50	12.04	12.13	23.51	24.17	0.66
		velocity	7.66	9.12	8.90	8.50	8.32	8.29	8.36	8.13	8.39		8.33	8.70	8.31	8.24	8.51	8.27	

Ibukun, Hisashiyo (JPN)

FINAL - 2020 Shimane High School Championships (Izumo, JPN) — *Shimizu (2020) - shimane high school championships 2020 - biomechanics data analysis*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	11-Jul-20	time		12.14		24.08		36.83		50.80	50.80	4 / 3							
reaction time		interval				11.94		12.75		13.97		# of strides	12.14	11.94	12.75	13.97	24.08	26.72	2.64
		velocity		8.24		8.38		7.84		7.16	7.87		8.24	8.38	7.84	7.16	8.31	7.49	

Igbokwe, Obi (USA) (1997)

FINAL - 2019 Memorial van Damme (Brussels, BEL) — *Omega Timing (2019) - diamond league race analysis*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	06-Sep-19	time	6.1	11.0	16.0	21.2	26.6	32.4	38.4	44.96	44.96	3 / 4							
reaction time	0.136	interval		4.9	5.0	5.2	5.4	5.8	6.0	12.6		# of strides	11.00	10.20	11.20	12.56	21.20	23.76	2.56
		velocity	8.20	10.20	10.00	9.62	9.26	8.62	8.33	7.96	8.90		9.09	9.80	8.93	7.96	9.43	8.42	

FINAL - 2019 Müller Grand Prix (Birmingham, GBR) — *Omega Timing (2019) - diamond league race analysis*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	18-Aug-19	time		11.1		21.5		33.0		45.53	45.53	1 / 2							
reaction time	0.136	interval				10.4		11.5		12.5		# of strides	11.10	10.40	11.50	12.53	21.50	24.03	2.53
		velocity		9.01		9.62		8.70		7.98	8.79	177.7	9.01	9.62	8.70	7.98	9.30	8.32	

FINAL - 2019 Müller Anniversary Games (London, GBR) — *Omega Timing (2019) - diamond league race analysis*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	21-Jul-19	time		10.8		20.9		32.0		45.06	45.06	3 / 4							
reaction time	0.128	interval				10.1		11.1		13.1		# of strides	10.80	10.10	11.10	13.06	20.90	24.16	3.26
		velocity		9.26		9.90		9.01		7.66	8.88	175.0	9.26	9.90	9.01	7.66	9.57	8.28	

FINAL - 2019 NCAA Championships (Austin, TX) — *Track Newsletter (2019) - NCAA men's championships*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	07-Jun-19	time				21.9		33.0		46.1	46.05	/ ~~8~~							
reaction time	0.171	interval						11.10		13.10	DQ	# of strides			11.10	13.10	21.90	24.20	2.30
		velocity				9.13		9.01		7.63	8.69				9.01	7.63	9.13	8.26	

FINAL - 2018 NCAA Championships (Eugene, OR) — *Track Newsletter (2018) - NCAA men's championships*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	08-Jun-18	time				21.9		33.0		45.2	45.16	/ 6							
reaction time		interval						11.10		12.20		# of strides			11.10	12.20	21.90	23.30	1.40
		velocity				9.13		9.01		8.20	8.86				9.01	8.20	9.13	8.58	

Iglehart-Summers, Quentin (USA) (19

Semi-Final 1 - 2008 USA Olympic Trials (Eugene, OR) — *USATF Women's Sprint Development with HPC (2008)*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	30-Jun-08	time		11.27	16.62	21.36	27.72	33.60	39.50	45.84	45.84	5 / 6							
reaction time		interval			5.35	4.74	6.36	5.88	5.90	6.34		# of strides	11.27	10.09	12.24	12.24	21.36	24.48	3.12
		velocity		8.87	9.35	10.55	7.86	8.50	8.47	7.89	8.73		8.87	9.91	8.17	8.17	9.36	8.17	

Ignatyev, Ardalion (URS) (1930)

FINAL - 1956 Olympic Games (Melbourne, AUS) — *Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	29-Nov-56	time				22.0		33.5		47.0	47.0	2 / 3							
reaction time		interval						11.5		13.5	*(47.15)*	# of strides			11.50	13.50	22.00	25.00	3.00
		velocity				9.09		8.70		7.41	8.57	183.5			8.70	7.41	9.09	8.00	

FINAL - 1955 Znamenskiy Memorial (Moscow, URS) — *Quercentani (2000). Athletics: A history of modern track and field athletics (1860-2000)*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	25-Jun-55	time				21.5				46.0	46.0	3 / 1							
reaction time		interval								24.5	AR	# of strides					21.50	24.50	3.00
		velocity				9.30				8.16	8.70						9.30	8.16	

Iguacel, Christian (BEL) (1996)

Invitational - 2025 Memorial van Damme (Brussels, BEL) — *Omega Timing (2025) - diamond league race analysis*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	22-Aug-25	time	6.40	11.19	16.71	22.08	27.63	33.39	39.48	46.31	46.31	3 / 7							
reaction time	0.156	interval		4.79	5.52	5.37	5.55	5.76	6.09	6.83		# of strides	11.19	10.89	11.31	12.92	22.08	24.23	2.15
		velocity	7.81	10.44	9.06	9.31	9.01	8.68	8.21	7.32	8.64		8.94	9.18	8.84	7.74	9.06	8.25	

Ikeda, Daisuke (JPN) (1986)

Decathlon - Heat 2 - 2009 Japanese National Championships (Hiroshima, JPN) — *Hisashi (2010) - the run performance analysis in the decathlon sprint events*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	25-Jun-09	time	6.78	12.66	18.57	24.58	30.70	36.92	43.24	49.82	49.82	1 / 3							
reaction time		interval		5.88	5.91	6.01	6.12	6.22	6.32	6.58		# of strides	12.66	11.92	12.34	12.90	24.58	25.24	0.66
		velocity	7.37	8.50	8.46	8.32	8.17	8.04	7.91	7.60	8.03		7.90	8.39	8.10	7.75	8.14	7.92	

Decathlon - Heat 2 - 2009 Wakayama Athletics Meeting (Wakayama, JPN) — *Hisashi (2010) - the run performance analysis in the decathlon sprint events*

date	18-Apr-09	time	6.69	12.09	17.63	23.50	29.59	35.87	42.35	49.91	49.91	8 / 1							
reaction time		interval		5.40	5.54	5.87	6.09	6.28	6.48	7.56		# of strides	12.09	11.41	12.37	14.04	23.50	26.41	2.91
		velocity	7.47	9.26	9.03	8.52	8.21	7.96	7.72	6.61	8.01		8.27	8.76	8.08	7.12	8.51	7.57	

Ikeda, Kohsuke (JPN) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2021 All Japan Corporate Championships (Osaka, JPN) *@ohnishigundan (2021) - https://twitter.com/ohnishigundan/status/1441633743874117633*

date	25-Sep-21	time		11.44		22.16		33.58		46.08	46.20	6 / 3							
reaction time	0.223	interval				10.72		11.42		12.50		# of strides	11.44	10.72	11.42	12.50	22.16	23.92	1.76
		velocity		8.74		9.33		8.76		8.00	8.66		8.74	9.33	8.76	8.00	9.03	8.36	

Heat 1 - 2021 All Japan Corporate Championships (Osaka, JPN) *@ohnishigundan (2021) - https://twitter.com/ohnishigundan/status/1441633743874117633*

date	25-Sep-21	time		11.55		22.37		33.93		46.81	46.94	2 / 1							
reaction time	0.216	interval				10.82		11.56		12.88		# of strides	11.55	10.82	11.56	12.88	22.37	24.44	2.07
		velocity		8.66		9.24		8.65		7.76	8.52		8.66	9.24	8.65	7.76	8.94	8.18	

Final - 2021 Japanese National Championships (Osaka, JPN) *Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition*

date	25-Jun-21	time	6.38	11.53	16.85	22.45	28.26	34.22	40.35	46.95	46.95	8 / 6							
reaction time	0.181	interval		5.15	5.32	5.60	5.81	5.96	6.13	6.60		# of strides	11.53	10.92	11.77	12.73	22.45	24.50	2.05
		velocity	7.84	9.71	9.40	8.93	8.61	8.39	8.16	7.58	8.52		8.67	9.16	8.50	7.86	8.91	8.16	

Ikeda, Kosuke (JPN) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2021 Ready Steady Tokyo (Tokyo, JPN) *Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition*

date	09-May-21	time	6.25	11.27	16.40	21.83	27.49	33.42	39.77	46.58	46.58	9 / 4							
reaction time	0.156	interval		5.02	5.13	5.43	5.66	5.93	6.35	6.81	PB	# of strides	11.27	10.56	11.59	13.16	21.83	24.75	2.92
		velocity	8.00	9.96	9.75	9.21	8.83	8.43	7.87	7.34	8.59		8.87	9.47	8.63	7.60	9.16	8.08	

FINAL - 2017 National Sports Festival (Matsuyama, JPN) *(2017) - tfdata-store.com/2017/10/12/post-1100/*

date	08-Oct-17	time		11.69		22.75		34.92		48.02	48.02	6 / 7							
reaction time	0.172	interval				11.06		12.17		13.10		# of strides	11.69	11.06	12.17	13.10	22.75	25.27	2.52
		velocity		8.55		9.04		8.22		7.63	8.33	183.0	8.55	9.04	8.22	7.63	8.79	7.91	

Heat 2 - 2017 National Sports Festival (Matsuyama, JPN) *(2017) - tfdata-store.com/2017/10/12/post-1100/*

date	08-Oct-17	time		11.64		22.28		33.98		46.67	46.67	5 / 2							
reaction time	0.193	interval				10.64		11.70		12.69	PB	# of strides	11.64	10.64	11.70	12.69	22.28	24.39	2.11
		velocity		8.59		9.40		8.55		7.88	8.57	180.5	8.59	9.40	8.55	7.88	8.98	8.20	

Ikeda, Shoki (JPN) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2017 Osaka University Athletics Championships (Osaka, JPN) *(2017) - tfdata-store.com/2017/04/07/post-249/*

date	06-Apr-17	time		11.90		23.27		35.50		48.52	48.52	5 / 5							
reaction time		interval				11.37		12.23		13.02		# of strides	11.90	11.37	12.23	13.02	23.27	25.25	1.98
		velocity		8.40		8.80		8.18		7.68	8.24	184.5	8.40	8.80	8.18	7.68	8.59	7.92	

Imaizumi, Kenki (JPN) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2023 Japanese National Sports Festival (Kagoshima, JPN) (300m) *Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*

date	15-Oct-23	time	6.23	11.21	16.36	21.77	27.25	32.98			32.98	1 / 4							***100m-300m***
reaction time	0.184	interval		4.98	5.15	5.41	5.48	5.73				# of strides	11.21	10.56	11.21		21.77		*21.77*
		velocity	8.03	10.04	9.71	9.24	9.12	8.73			9.10		8.92	9.47	8.92		9.19		*9.19*

FINAL - 2023 Japanese National Championsips (Osaka, JPN) *Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*

date	04-Jun-23	time	6.16	11.18	16.32	21.67	27.21	33.04	39.09	45.54	45.54	5 / 4							
reaction time	0.192	interval		5.02	5.14	5.35	5.54	5.83	6.05	6.45	PB	# of strides	11.18	10.49	11.37	12.50	21.67	23.87	2.20
		velocity	8.12	9.96	9.73	9.35	9.03	8.58	8.26	7.75	8.78	177.2	8.94	9.53	8.80	8.00	9.23	8.38	

Heat 1 - 2023 Japanese National Championsips (Osaka, JPN) *Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*

date	03-Jun-23	time	6.23	11.34	16.58	22.02	27.63	33.49	39.57	46.01	46.01	5 / 2							
reaction time	0.168	interval		5.11	5.24	5.44	5.61	5.86	6.08	6.44		# of strides	11.34	10.68	11.47	12.52	22.02	23.99	1.97
		velocity	8.03	9.78	9.54	9.19	8.91	8.53	8.22	7.76	8.69	177.0	8.82	9.36	8.72	7.99	9.08	8.34	

FINAL - 2023 Seiko Golden Grand Prix (Yokohama, JPN) *Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*

date	21-May-23	time	6.11	11.23	16.48	21.94	27.56	33.43	39.43	45.76	45.76	8 / 6							
reaction time	0.148	interval		5.12	5.25	5.46	5.62	5.87	6.00	6.33		# of strides	11.23	10.71	11.49	12.33	21.94	23.82	1.88
		velocity	8.18	9.77	9.52	9.16	8.90	8.52	8.33	7.90	8.74		8.90	9.34	8.70	8.11	9.12	8.40	

FINAL - 2018 Japanese National Youth (U18) Championships (Nagano, JPN) *Ryutaro (2018) - research on athlete performance and technique- 2018 data book*

date	19-Oct-18	time	6.51	11.88	17.32	22.95	28.66	34.58	40.85	47.60	47.60	4 / 2							
reaction time	0.176	interval		5.37	5.44	5.63	5.71	5.92	6.27	6.75		# of strides	11.88	11.07	11.63	13.02	22.95	24.65	1.70
		velocity	7.68	9.31	9.19	8.88	8.76	8.45	7.97	7.41	8.40	180.0	8.42	9.03	8.60	7.68	8.71	8.11	

Imaizumi, Takaki (JPN) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2020 Japanese U20 National Championships (Hiroshima, JPN) *Kobayashi (2002) - national high school and U20 national championhsips*

date	23-Oct-20	time	6.39	11.62	16.93	22.47	28.26	34.38	40.83	47.73	47.73	7 / 4							
reaction time	0.175	interval		5.23	5.31	5.54	5.79	6.12	6.45	6.90		# of strides	11.62	10.85	11.91	13.35	22.47	25.26	2.79
		velocity	7.82	9.56	9.42	9.03	8.64	8.17	7.75	7.25	8.38	182.8	8.61	9.22	8.40	7.49	8.90	7.92	

Heat 3 - 2020 Japanese U20 National Championships (Hiroshima, JPN) *Kobayashi (2002) - national high school and U20 national championhsips*

date	23-Oct-20	time	6.34	11.61	16.98	22.52	28.32	34.53	41.19	48.38	48.38	5 / 2							
reaction time	0.202	interval		5.27	5.37	5.54	5.80	6.21	6.66	7.19		# of strides	11.61	10.91	12.01	13.85	22.52	25.86	3.34
		velocity	7.89	9.49	9.31	9.03	8.62	8.05	7.51	6.95	8.27	183.8	8.61	9.17	8.33	7.22	8.88	7.73	

FINAL - 2019 Japanese National High School Championships (Okinawa, JPN) *Kota (2019) - 72nd high school championships: JAF scientific committee - biomechanics data collection*

date	04-Aug-19	time	6.60	11.94	17.27	22.76	28.47	34.47	40.84	47.52	47.52	8 / 5							
reaction time		interval		5.34	5.33	5.49	5.71	6.00	6.37	6.68		# of strides	11.94	10.82	11.71	13.05	22.76	24.76	2.00
		velocity	7.58	9.36	9.38	9.11	8.76	8.33	7.85	7.49	8.42		8.38	9.24	8.54	7.66	8.79	8.08	

Imoto, Yoshinobu (JPN) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

B FINAL - 2021 Shizuoka International Athletics Meeting (Fukuroi, JPN) *Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition*

date	03-May-21	time	6.00	11.01	16.23	21.85	27.68	33.79	40.41	48.09	48.09	8 / 9						
reaction time	0.151	interval		5.01	5.22	5.62	5.83	6.11	6.62	7.68		# of strides	11.01	10.84	11.94	14.30	21.85	26.24	4.39
		velocity	8.33	9.98	9.58	8.90	8.58	8.18	7.55	6.51	8.32		9.08	9.23	8.38	6.99	9.15	7.62	

Heat 3 - 2020 Japanese National Championships (Niigata, JPN) *Yamanaka (2020) - 400m race analysis of men and women during 2020 season*

date	01-Oct-20	time	6.17	11.26	16.57	22.20	27.96	33.98	40.25	46.99	46.99	3 / 4						
reaction time	0.176	interval		5.09	5.31	5.63	5.76	6.02	6.27	6.74		# of strides	11.26	10.94	11.78	13.01	22.20	24.79	2.59
		velocity	8.10	9.82	9.42	8.88	8.68	8.31	7.97	7.42	8.51		8.88	9.14	8.49	7.69	9.01	8.07	

FINAL - 2020 Seiko Golden Grand Prix (Tokyo, JPN) *Yamanaka (2020) - 400m race analysis of men and women during 2020 season*

date	23-Aug-20	time	6.06	10.99	16.17	21.72	27.44	33.44	39.80	46.67	46.67	7 / 3						
reaction time	0.138	interval		4.93	5.18	5.55	5.72	6.00	6.36	6.87		# of strides	10.99	10.73	11.72	13.23	21.72	24.95	3.23
		velocity	8.25	10.14	9.65	9.01	8.74	8.33	7.86	7.28	8.57		9.10	9.32	8.53	7.56	9.21	8.02	

FINAL - 2018 National Sports Festival (Fukui, JPN) *Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*

date	08-Oct-18	time	6.13	11.15	16.47	22.04	27.79	33.82	40.04	46.61	46.61	3 / 4						
reaction time	0.156	interval		5.02	5.32	5.57	5.75	6.03	6.22	6.57		# of strides	11.15	10.89	11.78	12.79	22.04	24.57	2.53
		velocity	8.16	9.96	9.40	8.98	8.70	8.29	8.04	7.61	8.58		8.97	9.18	8.49	7.82	9.07	8.14	

B FINAL - 2018 Shizuoka International Meeting (Fukuroi, JPN) *Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*

date	03-May-18	time	6.03	11.09	16.23	21.53	27.09	32.97	39.17	45.82	45.82	3 / 1						
reaction time	0.155	interval		5.06	5.14	5.30	5.56	5.88	6.20	6.65		# of strides	11.09	10.44	11.44	12.85	21.53	24.29	2.76
		velocity	8.29	9.88	9.73	9.43	8.99	8.50	8.06	7.52	8.73	196.0	9.02	9.58	8.74	7.78	9.29	8.23	

U19 FINAL - 2017 National Sports Festival (Matsuyama, JPN) *(2017) - tfdata-store.com/2017/10/12/post-1100/*

date	09-Oct-17	time		11.22		22.26		33.80		46.38	46.38	4 / 1						
reaction time	0.165	interval				11.04		11.54		12.58	**PB**	# of strides	11.22	11.04	11.54	12.58	22.26	24.12	1.86
		velocity		8.91		9.06		8.67		7.95	8.62	201.0	8.91	9.06	8.67	7.95	8.98	8.29	

U19 Semi-Final 1 - 2017 National Sports Festival (Matsuyama, JPN) *(2017) - tfdata-store.com/2017/10/12/post-1100/*

date	08-Oct-17	time		11.04		21.68		33.51		46.81	46.81	5 / 1						
reaction time	0.164	interval				10.64		11.83		13.30		# of strides	11.04	10.64	11.83	13.30	21.68	25.13	3.45
		velocity		9.06		9.40		8.45		7.52	8.55	198.0	9.06	9.40	8.45	7.52	9.23	7.96	

U19 Heat 1 - 2017 National Sports Festival (Matsuyama, JPN) *(2017) - tfdata-store.com/2017/10/12/post-1100/*

date	08-Oct-17	time		11.09		21.96		33.73		47.28	47.28	6 / 1						
reaction time	0.158	interval				10.87		11.77		13.55		# of strides	11.09	10.87	11.77	13.55	21.96	25.32	3.36
		velocity		9.02		9.20		8.50		7.38	8.46	196.5	9.02	9.20	8.50	7.38	9.11	7.90	

Inagawa, Keisuke (JPN) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

A FINAL - 2020 Japanese High School National Championships (Hiroshima, JPN) *Kobayashi (2002) - national high school and U20 national championhsips*

date	23-Oct-20	time	6.45	11.78	17.27	22.94	28.70	34.60	40.70	47.16	47.16	6 / 2						
reaction time	0.188	interval		5.33	5.49	5.67	5.76	5.90	6.10	6.46		# of strides	11.78	11.16	11.66	12.56	22.94	24.22	1.28
		velocity	7.75	9.38	9.11	8.82	8.68	8.47	8.20	7.74	8.48	185.8	8.49	8.96	8.58	7.96	8.72	8.26	

Heat 4 - 2020 Japanese High School National Championships (Hiroshima, JPN) *Kobayashi (2002) - national high school and U20 national championhsips*

date	23-Oct-20	time	6.32	11.66	17.16	22.84	28.65	34.52	40.62	47.27	47.27	6 / 1						
reaction time	0.170	interval		5.34	5.50	5.68	5.81	5.87	6.10	6.65		# of strides	11.66	11.18	11.68	12.75	22.84	24.43	1.59
		velocity	7.91	9.36	9.09	8.80	8.61	8.52	8.20	7.52	8.46	185.3	8.58	8.94	8.56	7.84	8.76	8.19	

Ingvalsen, Håvard Bentdal (NOR) (200

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2024 Weltklasse (Zürich, SUI) *Omega Timing (2024) - diamond league race analysis*

date	05-Sep-24	time	6.33	11.41	16.61	21.94	27.48	33.19	39.15	45.57	45.57	5 / 5						
reaction time	0.176	interval		5.08	5.20	5.33	5.54	5.71	5.96	6.42		# of strides	11.41	10.53	11.25	12.38	21.94	23.63	1.69
		velocity	7.90	9.84	9.62	9.38	9.03	8.76	8.39	7.79	8.78		8.76	9.50	8.89	8.08	9.12	8.46	

Semi-Final 1 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	06-Aug-24	time	6.33	11.31	16.44	21.78	27.33	33.17	39.22	45.60	45.60	9 / 7						
reaction time	0.209	interval		4.98	5.13	5.34	5.55	5.84	6.05	6.38		# of strides	11.31	10.47	11.39	12.43	21.78	23.82	2.04
		velocity	7.90	10.04	9.75	9.36	9.01	8.56	8.26	7.84	8.77		8.84	9.55	8.78	8.05	9.18	8.40	

Heat 1 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	04-Aug-24	time	6.36	11.34	16.38	21.61	27.09	32.80	38.83	45.46	45.46	4 / 3						
reaction time	0.204	interval		4.98	5.04	5.23	5.48	5.71	6.03	6.63		# of strides	11.34	10.27	11.19	12.66	21.61	23.85	2.24
		velocity	7.86	10.04	9.92	9.56	9.12	8.76	8.29	7.54	8.80	182.7	8.82	9.74	8.94	7.90	9.25	8.39	

Semi-Final 1 - 2024 European Athletics Championships (Roma, ITA) *European Athletics (2024) - 2024 european athletics championships - results book*

date	09-Jun-24	time		11.23		21.49		32.75		45.37	45.37	6 / 4						
reaction time	0.210	interval				10.26		11.26		12.62		# of strides	11.23	10.26	11.26	12.62	21.49	23.88	2.39
		velocity		8.90		9.75		8.88		7.92	8.82	182.0	8.90	9.75	8.88	7.92	9.31	8.38	

FINAL - 2024 Bislett Games (Oslo, NOR) *Omega Timing (2024) - diamond league race analysis*

date	30-May-24	time	6.24	11.13	16.15	21.38	26.84	32.70	38.78	45.41	45.51	6 / 7						
reaction time	0.191	interval		4.89	5.02	5.23	5.46	5.86	6.08	6.63		# of strides	11.13	10.25	11.32	12.71	21.38	24.03	2.65
		velocity	8.01	10.22	9.96	9.56	9.16	8.53	8.22	7.54	8.79	182.0	8.98	9.76	8.83	7.87	9.35	8.32	

FINAL - 2023 Memorial van Damme (Brussels, BEL) *Omega Timing (2023) - diamond league race analysis*

date	08-Sep-23	time	6.31	11.29	16.41	21.73	27.25	32.92	38.77	45.07	45.07	6 / 3						
reaction time	0.206	interval		4.98	5.12	5.32	5.52	5.67	5.85	6.30		# of strides	11.29	10.44	11.19	12.15	21.73	23.34	1.61
		velocity	7.92	10.04	9.77	9.40	9.06	8.82	8.55	7.94	8.88	182.5	8.86	9.58	8.94	8.23	9.20	8.57	

FINAL - 2023 Weltklasse (Zürich, SUI) *Omega Timing (2023) - diamond league race analysis*

date	31-Aug-23	time	6.32	11.37	16.58	21.92	27.43	33.17	39.08	45.28	45.28	6 / 1						
reaction time	0.201	interval		5.05	5.21	5.34	5.51	5.74	5.91	6.20		# of strides	11.37	10.55	11.25	12.11	21.92	23.36	1.44

		velocity	7.91	9.90	9.60	9.36	9.07	8.71	8.46	8.06	8.83		8.80	9.48	8.89	8.26	9.12	8.56	

FINAL - 2023 World Athletics Championships (Budapest, HUN) — *Seiko Timing (2023) - world championship race analysis*

date	24-Aug-23	time		11.39		21.66		32.91		45.08	45.08	3 / ~~7~~ 6						
reaction time	0.199	interval				10.27		11.25		12.17		# of strides	11.39	10.27	11.25	12.17	21.66	23.42	1.76
		velocity		8.78		9.74		8.89		8.22	8.87		8.78	9.74	8.89	8.22	9.23	8.54	

Semi-Final 2 - 2023 World Athletics Championships (Budapest, HUN) — *Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*

date	22-Aug-23	time	6.20	11.10	16.07	21.28	26.73	32.45	38.34	44.70	44.70	8 / 3						
reaction time	0.190	interval		4.90	4.97	5.21	5.45	5.72	5.89	6.36		# of strides	11.10	10.18	11.17	12.25	21.28	23.42	2.14
		velocity	8.06	10.20	10.06	9.60	9.17	8.74	8.49	7.86	8.95	183.0	9.01	9.82	8.95	8.16	9.40	8.54	

Heat 3 - 2023 World Athletics Championships (Budapest, HUN) — *Seiko Timing (2023) - world championship race analysis*

date	20-Aug-23	time		11.37		21.46		32.39		44.39	44.39	8 / 1						
reaction time	0.218	interval				10.09		10.93		12.00	NR PB	# of strides	11.37	10.09	10.93	12.00	21.46	22.93	1.47
		velocity		8.80		9.91		9.15		8.33	9.01	177.2	8.80	9.91	9.15	8.33	9.32	8.72	

FINAL - 2023 European Athletics U23 Championships (Espoo, FIN) — *European Athletics (2023) - european athletics U23 championships results book*

date	14-Jul-23	time		11.32		21.59		32.92		45.13	45.13	5 / 1						
reaction time	0.232	interval				10.27		11.33		12.21		# of strides	11.32	10.27	11.33	12.21	21.59	23.54	1.95
		velocity		8.83		9.74		8.83		8.19	8.86	184.2	8.83	9.74	8.83	8.19	9.26	8.50	

Semi-Final 2 - 2023 European Athletics U23 Championships (Espoo, FIN) — *European Athletics (2023) - european athletics U23 championships results book*

date	13-Jul-23	time		11.47		21.97		33.48		45.35	45.35	7 / 1						
reaction time	0.205	interval				10.50		11.51		11.87		# of strides	11.47	10.50	11.51	11.87	21.97	23.38	1.41
		velocity		8.72		9.52		8.69		8.42	8.82	183.0	8.72	9.52	8.69	8.42	9.10	8.55	

A Final - 2023 European Team Championships, First Division (Chorzów, POL) — *European Athletics (2023) - 3rd european games, athletics - results book*

date	23-Jun-23	time		11.49		21.86		33.19		44.88	44.88	8 / 1						
reaction time	0.233	interval				10.37		11.33		11.69		# of strides	11.49	10.37	11.33	11.69	21.86	23.02	1.16
		velocity		8.70		9.64		8.83		8.55	8.91	183.2	8.70	9.64	8.83	8.55	9.15	8.69	

Heat 3 - 2022 European Athletics Championships (Munich, GER) — *European Athletics (2022) - european athletics championships race analysis*

date	15-Aug-22	time		11.68		22.45		33.89		46.18	46.18	5 / 4						
reaction time	0.218	interval				10.77		11.44		12.29		# of strides	11.68	10.77	11.44	12.29	22.45	23.73	1.28
		velocity		8.56		9.29		8.74		8.14	8.66		8.56	9.29	8.74	8.14	8.91	8.43	

FINAL - 2022 Bislett Games (Oslo, NOR) — *Omega Timing (2022) - diamond league race analysis*

date	16-Jun-22	time	6.42	11.54	16.76	22.15	27.77	33.73	39.91	46.60	46.60	8 / 8						
reaction time	0.175	interval		5.12	5.22	5.39	5.62	5.96	6.18	6.69		# of strides	11.54	10.61	11.58	12.87	22.15	24.45	2.30
		velocity	7.79	9.77	9.58	9.28	8.90	8.39	8.09	7.47	8.58	185.5	8.67	9.43	8.64	7.77	9.03	8.18	

FINAL - 2021 European Athletics U20 Championships (Tallin, EST) — *European Athletics (2021) - european athletics U20 championships results book*

date	16-Jul-21	time		11.59		22.46		34.15		46.70	46.70	8 / 3						
reaction time	0.205	interval				10.87		11.69		12.55	PB	# of strides	11.59	10.87	11.69	12.55	22.46	24.24	1.78
		velocity		8.63		9.20		8.55		7.97	8.57		8.63	9.20	8.55	7.97	8.90	8.25	

Semi-Final 1 - 2021 European Athletics U20 Championships (Tallin, EST) — *European Athletics (2021) - european athletics U20 championships results book*

date	15-Jul-21	time		12.13		23.07		34.58		46.80	46.80	4 / 3						
reaction time	0.181	interval				10.94		11.51		12.22	PB	# of strides	12.13	10.94	11.51	12.22	23.07	23.73	0.66
		velocity		8.24		9.14		8.69		8.18	8.55		8.24	9.14	8.69	8.18	8.67	8.43	

Inico, Kedar (USA) (1983)		**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

FINAL - 2005 NCAA Championships (Sacramento, CA) — *Track Newsletter (2005) - NCAA men's championships*

date	11-Jun-05	time		11.6		21.7		33.3		45.9	45.85	1 / 8						
reaction time		interval				10.10		11.60		12.60		# of strides	11.60	10.10	11.60	12.60	21.70	24.20	2.50
		velocity		8.62		9.90		8.62		7.94	8.72		8.62	9.90	8.62	7.94	9.22	8.26	

Ino, Yoshihiko (JPN)		**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

FINAL - 2015 Japanese National High School Championships (Wakayama, JPN) — *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	29-Jul-15	time	6.64	12.05	17.70	23.72	29.82	36.10	42.49	49.03	49.03	/ 6						
reaction time		interval		5.41	5.65	6.02	6.10	6.28	6.39	6.54		# of strides	12.05	11.67	12.38	12.93	23.72	25.31	1.59
		velocity	7.53	9.24	8.85	8.31	8.20	7.96	7.82	7.65	8.16		8.30	8.57	8.08	7.73	8.43	7.90	

Inoguchi, Yuta (JPN) (1994)		**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

FINAL - 2011 Japanese National High School Championships (Kitamaki, JPN) — *Abe (2011) - 64th high school championships: JAF scientific committee - biomechanics*

date	04-Aug-11	time		12.32		23.52		35.31		48.08	48.08	9 / 5						
reaction time		interval				11.20		11.79		12.77		# of strides	12.32	11.20	11.79	12.77	23.52	24.56	1.04
		velocity		8.12		8.93		8.48		7.83	8.32		8.12	8.93	8.48	7.83	8.50	8.14	

Inoue, Daichi (JPN) (1999)		**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

FINAL - 2020 Japanese National Championships (Niigata, JPN) — *Yamanaka (2020) - 400m race analysis of men and women during 2020 season*

date	02-Oct-20	time	6.30	11.27	16.47	22.04	27.75	33.71	39.82	46.48	46.48	3 / 2						
reaction time	0.215	interval		4.97	5.20	5.57	5.71	5.96	6.11	6.66		# of strides	11.27	10.77	11.67	12.77	22.04	24.44	2.40
		velocity	7.94	10.06	9.62	8.98	8.76	8.39	8.18	7.51	8.61	175.2	8.87	9.29	8.57	7.83	9.07	8.18	

Heat 3 - 2020 Japanese National Championships (Niigata, JPN) — *Yamanaka (2020) - 400m race analysis of men and women during 2020 season*

date	01-Oct-20	time	6.38	11.51	16.97	22.67	28.49	34.37	40.37	46.91	46.91	6 / 3						
reaction time	0.188	interval		5.13	5.46	5.70	5.82	5.88	6.00	6.54		# of strides	11.51	11.16	11.70	12.54	22.67	24.24	1.57
		velocity	7.84	9.75	9.16	8.77	8.59	8.50	8.33	7.65	8.53		8.69	8.96	8.55	7.97	8.82	8.25	

FINAL - 2016 Japanese National Youth Championships (Mizuho, JPN) — *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	21-Oct-16	time	6.60	11.88	17.28	22.99	28.74	34.54	40.60	46.99	46.99	4 / 1						
reaction time		interval		5.28	5.40	5.71	5.75	5.80	6.06	6.39		# of strides	11.88	11.11	11.55	12.45	22.99	24.00	1.01
		velocity	7.58	9.47	9.26	8.76	8.70	8.62	8.25	7.82	8.51		8.42	9.00	8.66	8.03	8.70	8.33	

U19 FINAL - 2016 National Sports Festival (Kitakami, JPN) — *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	10-Oct-16	time	6.73	12.35	18.03	23.88	29.70	35.46	41.23	47.33	47.33	7 / 1						
reaction time	0.227	interval		5.62	5.68	5.85	5.82	5.76	5.77	6.10		# of strides	12.35	11.53	11.58	11.87	23.88	23.45	-0.43
		velocity	7.43	8.90	8.80	8.55	8.59	8.68	8.67	8.20	8.45		8.10	8.67	8.64	8.42	8.38	8.53	

FINAL - 2016 Japanese National High School Championships (Okayama, JPN) — *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	29-Jul-16	time	6.54	11.88	17.30	22.88	28.51	34.36	40.43	46.91	46.91	6 / 2						
reaction time	0.217	interval		5.34	5.42	5.58	5.63	5.85	6.07	6.48	PB	# of strides	11.88	11.00	11.48	12.55	22.88	24.03	1.15
		velocity	7.65	9.36	9.23	8.96	8.88	8.55	8.24	7.72	8.53		8.42	9.09	8.71	7.97	8.74	8.32	

Inoue, Futoshi (JPN)

U18 FINAL - 2019 Japanese National U18/U20 Championships (Hiroshima, JPN) (300m) — *Kijima (2019) - research on athlete performance and technique- 2019 data book*

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date 18-Oct-19	time	11.38		21.92		33.46			33.46	5 / 2							***100m-300m***
reaction time 0.192	interval			10.54		11.54				# of strides	11.38	10.54	11.54		21.92		*22.08*
	velocity	8.79		9.49		8.67			8.97	135.5	8.79	9.49	8.67		9.12		*9.06*

Inoue, Kakeru (JPN) (1996)

FINAL - 2017 Kansai Regional University Championships (Osaka, JPN) — *(2017) - tfdata-store.com/2017/05/13/post-441/*

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date 11-May-17	time	11.79		22.75		34.17		47.71	47.71	4 / 7							
reaction time	interval			10.96		11.42		13.54	PB	# of strides	11.79	10.96	11.42	13.54	22.75	24.96	2.21
	velocity	8.48		9.12		8.76		7.39	8.38		8.48	9.12	8.76	7.39	8.79	8.01	

Inoue, Yosuke (JPN) (1983)

FINAL - 2005 Seiko Super Grand Prix (Yokohama, JPN) — *Masaaki (2006) - time analysis in the 400m at the Seiko Super Grand Prix*

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date 19-Sep-05	time	11.33		22.24		33.44	39.78	46.72	46.72	8 / 7							
reaction time	interval			10.91		11.20	6.34	6.94		# of strides	11.33	10.91	11.20	13.28	22.24	24.48	2.24
	velocity	8.83		9.17		8.93	7.89	7.20	8.56		8.83	9.17	8.93	7.53	8.99	8.17	

Isaacs, Gardeo (RSA) (1998)

National FINAL - 2023 Bauhaus Galan (Stockholm, SWE) — *Omega Timing (2023) - diamond league race analysis*

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date 02-Jul-23	time	6.24	11.27	16.54	22.09	27.94	33.94	40.12	47.09	47.09	6 / 2							
reaction time 0.150	interval		5.03	5.27	5.55	5.85	6.00	6.18	6.97		# of strides	11.27	10.82	11.85	13.15	22.09	25.00	2.91
	velocity	8.01	9.94	9.49	9.01	8.55	8.33	8.09	7.17	8.49		8.87	9.24	8.44	7.60	9.05	8.00	

Ishibashi, Naoaki (JPN)

FINAL - 2023 Shimane High School Championships (Izumo, JPN) — *Shimizu (2023) - shimane high school championships 2023 - biomechanics data analysis*

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date 26-May-23	time	12.20		24.17		37.08		51.54	51.54	7 / 5							
reaction time	interval			11.97		12.91		14.46		# of strides	12.20	11.97	12.91	14.46	24.17	27.37	3.20
	velocity	8.20		8.35		7.75		6.92	7.76		8.20	8.35	7.75	6.92	8.27	7.31	

Ishii, Yuto (JPN) (1990)

FINAL - 2017 Nanbu Memorial Meeting (Sapporo, JPN) — *(2017) - tfdata-store.com/2017/07/11/post-1010/*

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date 09-Jul-17	time	11.88		23.00		35.37		49.45	49.45	9 / 7							
reaction time	interval			11.12		12.37		14.08		# of strides	11.88	11.12	12.37	14.08	23.00	26.45	3.45
	velocity	8.42		8.99		8.08		7.10	8.09	201.2	8.42	8.99	8.08	7.10	8.70	7.56	

Ishitsuka, Yusuke (JPN) (1987)

FINAL - 2016 Shizuoka International Meeting (Fukuroi, JPN) — *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date 03-May-16	time	6.17	11.40	16.77	22.32	28.05	34.08	40.45	47.30	47.30	/ 7							
reaction time	interval		5.23	5.37	5.55	5.73	6.03	6.37	6.85		# of strides	11.40	10.92	11.76	13.22	22.32	24.98	2.66
	velocity	8.10	9.56	9.31	9.01	8.73	8.29	7.85	7.30	8.46		8.77	9.16	8.50	7.56	8.96	8.01	

FINAL - 2015 National Sports Festival (Wakayama, JPN) — *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	04-Oct-15	time	6.30	11.56	17.13	23.02	29.06	35.25	41.55	48.31	48.31	/ 8						
reaction time		interval		5.26	5.57	5.89	6.04	6.19	6.30	6.76		# of strides	11.56	11.46	12.23	13.06	23.02	25.29	2.27
		velocity	7.94	9.51	8.98	8.49	8.28	8.08	7.94	7.40	8.28		8.65	8.73	8.18	7.66	8.69	7.91	

Heat 3 - 2015 Japanese National Championships (Niigata, JPN) — *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	27-Jun-15	time	6.18	11.29	16.43	21.81	27.49	33.36	39.57	46.30	46.30	4 / 4						
reaction time	0.175	interval		5.11	5.14	5.38	5.68	5.87	6.21	6.73		# of strides	11.29	10.52	11.55	12.94	21.81	24.49	2.68
		velocity	8.09	9.78	9.73	9.29	8.80	8.52	8.05	7.43	8.64	178.2	8.86	9.51	8.66	7.73	9.17	8.17	

FINAL - 2014 Japanese National Championships (Fukushima, JPN) — *Maho (2014) - race analysis of men's 400m run in the 2014 season*

date	08-Jun-14	time	6.15	11.25	16.48	21.91	27.58	33.52	39.81	46.69	46.69	9 / 5						
reaction time		interval		5.10	5.23	5.43	5.67	5.94	6.29	6.88		# of strides	11.25	10.66	11.61	13.17	21.91	24.78	2.87
		velocity	8.13	9.80	9.56	9.21	8.82	8.42	7.95	7.27	8.57	180.7	8.89	9.38	8.61	7.59	9.13	8.07	

FINAL - 2014 Shizuoka International Athletics Meeting (Fukuori, JPN) — *Maho (2014) - race analysis of men's 400m run in the 2014 season*

date	03-May-14	time	6.12	11.24	16.35	21.72	27.32	33.20	39.37	45.98	45.98	/ 2						
reaction time		interval		5.12	5.11	5.37	5.60	5.88	6.17	6.61		# of strides	11.24	10.48	11.48	12.78	21.72	24.26	2.54
		velocity	8.17	9.77	9.78	9.31	8.93	8.50	8.10	7.56	8.70		8.90	9.54	8.71	7.82	9.21	8.24	

FINAL - 2011 Japanese National Championships (Kumagaya, JPN) — *Maho (2013) - race analysis of the men's 400m run in competition*

date	12-Jun-11	time	6.10	11.06	16.28	21.75	27.46	33.29	39.46	46.20	46.20	/ 3						
reaction time		interval		4.96	5.22	5.47	5.71	5.83	6.17	6.74	PB	# of strides	11.06	10.69	11.54	12.91	21.75	24.45	2.70
		velocity	8.20	10.08	9.58	9.14	8.76	8.58	8.10	7.42	8.66		9.04	9.35	8.67	7.75	9.20	8.18	

Ismail, Ibrahim (QAT) (1972)

FINAL - 1996 Olympic Games (Atlanta, GA) — *Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*

date	29-Jul-96	time				21.65					dnf	7 / --						
reaction time	0.365	interval										# of strides					21.65		
		velocity				9.24											9.24		

FINAL - 1992 Olympic Games (Barcelona, ESP) — *Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*

date	05-Aug-92	time			21.4		32.5		45.1	45.10	1 / 7							
reaction time		interval					11.10		12.60		# of strides		21.40	11.10	12.60	21.40	23.70	2.30
		velocity			9.35		9.01		7.94	8.87			9.35	9.01	7.94	9.35	8.44	

Itahana, Kohei (JPN) (1994)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 All Japan Corporate Championships (Osaka, JPN)										*@ohnishigundan (2021) - https://twitter.com/ohnishigundan/status/1441633743874117633*							
date 25-Sep-21	time		11.54		22.41		34.02		46.86	46.96	2 / 5							
reaction time 0.216	interval				10.87		11.61		12.84		# of strides	11.54	10.87	11.61	12.84	22.41	24.45	2.04
	velocity		8.67		9.20		8.61		7.79	8.52		8.67	9.20	8.61	7.79	8.92	8.18	
Heat 3 - 2021 All Japan Corporate Championships (Osaka, JPN)										*@ohnishigundan (2021) - https://twitter.com/ohnishigundan/status/1441633743874117633*							
date 25-Sep-21	time		11.41		22.49		34.33		46.89	47.06	9 / 4							
reaction time 0.194	interval				11.08		11.84		12.56		# of strides	11.41	11.08	11.84	12.56	22.49	24.40	1.91
	velocity		8.76		9.03		8.45		7.96	8.50		8.76	9.03	8.45	7.96	8.89	8.20	
FINAL - 2021 Ready Steady Tokyo (Tokyo, JPN)										*Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition*							
date 09-May-21	time	6.17	11.23	16.42	21.98	27.75	33.82	40.37	47.49	47.49	8 / 9							
reaction time 0.160	interval		5.06	5.19	5.56	5.77	6.07	6.55	7.12		# of strides	11.23	10.75	11.84	13.67	21.98	25.51	3.53
	velocity	8.10	9.88	9.63	8.99	8.67	8.24	7.63	7.02	8.42		8.90	9.30	8.45	7.32	9.10	7.84	
FINAL - 2018 Japanese Corporate Championships (Osaka, JPN)										*Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*							
date 23-Sep-18	time	6.38	11.76	17.20	22.79	28.42	34.07	39.94	46.24	46.24	5 / 1							
reaction time 0.181	interval		5.38	5.44	5.59	5.63	5.65	5.87	6.30	**PB**	# of strides	11.76	11.03	11.28	12.17	22.79	23.45	0.66
	velocity	7.84	9.29	9.19	8.94	8.88	8.85	8.52	7.94	8.65		8.50	9.07	8.87	8.22	8.78	8.53	
FINAL - 2017 All Japan Corporate Championships (Osaka, JPN)										*(2017) - tfdata-store.com/2017/10/05/post-1097/*							
date 24-Sep-17	time		11.29		22.17		33.98		47.03	47.03	8 / 3							
reaction time 0.163	interval				10.88		11.81		13.05		# of strides	11.29	10.88	11.81	13.05	22.17	24.86	2.69
	velocity		8.86		9.19		8.47		7.66	8.51	176.5	8.86	9.19	8.47	7.66	9.02	8.05	
FINAL - 2012 Japanese National High School Championships (Niigata, JPN)										*Yasunori (2012) - 65th high school championships: JAF scientific committee- biomechanics*							
date 29-Jul-12	time		11.78		23.18		34.81		47.55	47.55	6 / 1							
reaction time	interval				11.40		11.63		12.74		# of strides	11.78	11.40	11.63	12.74	23.18	24.37	1.19
	velocity		8.49		8.77		8.60		7.85	8.41		8.49	8.77	8.60	7.85	8.63	8.21	

Ito, Akio (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2015 Japanese National Youth Championships (Nagoya, JPN)										*Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*							
date 16-Oct-15	time	6.35	11.60	17.00	22.73	28.71	34.81	41.00	47.48	47.48	3 / 1							
reaction time	interval		5.25	5.40	5.73	5.98	6.10	6.19	6.48		# of strides	11.60	11.13	12.08	12.67	22.73	24.75	2.02
	velocity	7.87	9.52	9.26	8.73	8.36	8.20	8.08	7.72	8.42		8.62	8.98	8.28	7.89	8.80	8.08	

Ito, Chikki (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2018 Shimane High School Championships (Izumo, JPN)										*Shimizu (2018) - shimane high school championships 2018 - biomechanics data analysis*							
date 25-May-18	time		12.43		24.50		36.71		49.60	49.60	6 / 1							
reaction time	interval				12.07		12.21		12.89		# of strides	12.43	12.07	12.21	12.89	24.50	25.10	0.60
	velocity		8.05		8.29		8.19		7.76	8.06		8.05	8.29	8.19	7.76	8.16	7.97	
FINAL - 2017 Shimane High School Championships (Izumo, JPN)										*Shimizu (2018) - shimane high school championships 2018 - biomechanics data analysis*							
date 26-May-17	time		12.43		24.47		37.57		51.18	51.18	9 / 2							
reaction time	interval				12.04		13.10		13.61		# of strides	12.43	12.04	13.10	13.61	24.47	26.71	2.24
	velocity		8.05		8.31		7.63		7.35	7.82		8.05	8.31	7.63	7.35	8.17	7.49	

Ito, Rikiya (JPN) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Final - 2021 Japanese National Championships (Osaka, JPN)										*Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition*							
date 25-Jun-21	time	6.28	11.36	16.60	22.11	27.91	33.90	40.00	46.58	46.59	7 / 4							
reaction time 0.174	interval		5.08	5.24	5.51	5.80	5.99	6.10	6.58		# of strides	11.36	10.75	11.79	12.68	22.11	24.47	2.36
	velocity	7.96	9.84	9.54	9.07	8.62	8.35	8.20	7.60	8.59		8.80	9.30	8.48	7.89	9.05	8.17	
Final - 2021 Denka Athletics Challenge Cup (Niigata, JPN)										*Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition*							
date 06-Jun-21	time	6.24	11.26	16.35	21.68	27.25	33.19	39.46	46.15	46.15	7 / 4							
reaction time	interval		5.02	5.09	5.33	5.57	5.94	6.27	6.69		# of strides	11.26	10.42	11.51	12.96	21.68	24.47	2.79
	velocity	8.01	9.96	9.82	9.38	8.98	8.42	7.97	7.47	8.67	185.2	8.88	9.60	8.69	7.72	9.23	8.17	
FINAL - 2021 Ready Steady Tokyo (Tokyo, JPN)										*Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition*							
date 09-May-21	time	6.02	10.92	15.93	21.22	26.88	32.86	39.23	46.15	46.15	6 / 2							
reaction time 0.128	interval		4.90	5.01	5.29	5.66	5.98	6.37	6.92		# of strides	10.92	10.30	11.64	13.29	21.22	24.93	3.71
	velocity	8.31	10.20	9.98	9.45	8.83	8.36	7.85	7.23	8.67	187.0	9.16	9.71	8.59	7.52	9.43	8.02	
FINAL - 2020 Japanese National Championships (Niigata, JPN)										*Yamanaka (2020) - 400m race analysis of men and women during 2020 season*							
date 02-Oct-20	time	6.16	11.19	16.33	21.82	27.44	33.31	39.37	45.94	45.94	4 / 1							
reaction time 0.136	interval		5.03	5.14	5.49	5.62	5.87	6.06	6.57		# of strides	11.19	10.63	11.49	12.63	21.82	24.12	2.30
	velocity	8.12	9.94	9.73	9.11	8.90	8.52	8.25	7.61	8.71	187.2	8.94	9.41	8.70	7.92	9.17	8.29	
Heat 2 - 2020 Japanese National Championships (Niigata, JPN)										*Yamanaka (2020) - 400m race analysis of men and women during 2020 season*							
date 01-Oct-20	time	6.21	11.22	16.30	21.72	27.47	33.52	39.66	46.20	46.20	6 / 1							
reaction time 0.142	interval		5.01	5.08	5.42	5.75	6.05	6.14	6.54		# of strides	11.22	10.50	11.80	12.68	21.72	24.48	2.76
	velocity	8.05	9.98	9.84	9.23	8.70	8.26	8.14	7.65	8.66		8.91	9.52	8.47	7.89	9.21	8.17	
FINAL - 2020 Seiko Golden Grand Prix (Tokyo, JPN)										*Yamanaka (2020) - 400m race analysis of men and women during 2020 season*							
date 23-Aug-20	time	6.04	10.95	16.00	21.27	26.83	32.77	39.04	45.83	45.83	4 / 1							
reaction time 0.132	interval		4.91	5.05	5.27	5.56	5.94	6.27	6.79		# of strides	10.95	10.32	11.50	13.06	21.27	24.56	3.29
	velocity	8.28	10.18	9.90	9.49	8.99	8.42	7.97	7.36	8.73		9.13	9.69	8.70	7.66	9.40	8.14	
FINAL - 2019 Japanese World Championships Trials (Fujiyoshida, JPN)										*Yamanaka (2019) - race analysis of men and women 400m competition*							
date 01-Sep-19	time	6.42	11.54	16.73	22.17	27.85	33.74	39.94	46.71	46.71	7 / 6							

reaction time		interval		5.12	5.19	5.44	5.68	5.89	6.20	6.77		# of strides	11.54	10.63	11.57	12.97	22.17	24.54	2.37
		velocity	7.79	9.77	9.63	9.19	8.80	8.49	8.06	7.39	8.56	187.5	8.67	9.41	8.64	7.71	9.02	8.15	

FINAL - 2019 Japanese National Championships (Fukuoka, JPN) *Yamanaka (2019) - research on athlete performance and technique- 2019 data book*

date	28-Jun-19	time	6.30	11.46	16.75	22.25	28.00	33.95	40.12	46.78	46.78	3 / 6							
reaction time	0.161	interval		5.16	5.29	5.50	5.75	5.95	6.17	6.66		# of strides	11.46	10.79	11.70	12.83	22.25	24.53	2.28
		velocity	7.94	9.69	9.45	9.09	8.70	8.40	8.10	7.51	8.55		8.73	9.27	8.55	7.79	8.99	8.15	

Heat 3 - 2019 Japanese National Championships (Fukuoka, JPN) *Yamanaka (2019) - race analysis of men and women 400m competition*

date	27-Jun-19	time	6.36	11.46	16.70	22.25	27.95	33.86	39.96	46.43	46.43	6 / 3							
reaction time	0.167	interval		5.10	5.24	5.55	5.70	5.91	6.10	6.47		# of strides	11.46	10.79	11.61	12.57	22.25	24.18	1.93
		velocity	7.86	9.80	9.54	9.01	8.77	8.46	8.20	7.73	8.62		8.73	9.27	8.61	7.96	8.99	8.27	

A FINAL - 2019 Shizuoka International Athletics Meeting (Fukuroi, JPN) *Kobayashi (2019) - research on athlete performance and technique- 2019 data book*

date	03-May-19	time	6.20	11.20	16.30	21.63	27.28	33.39	39.83	46.77	46.77	6 / 5							
reaction time		interval		5.00	5.10	5.33	5.65	6.11	6.44	6.94		# of strides	11.20	10.43	11.76	13.38	21.63	25.14	3.51
		velocity	8.06	10.00	9.80	9.38	8.85	8.18	7.76	7.20	8.55	190.0	8.93	9.59	8.50	7.47	9.25	7.96	

Semi-Final 2 - 2019 Asian Athletics Championships (Doha, QAT) *Yamanaka (2019) - race analysis of men and women 400m competition*

date	21-Apr-19	time	6.30	11.49	16.83	22.37	28.11	34.05	40.15	46.52	46.52	7 / 3							
reaction time	0.153	interval		5.19	5.34	5.54	5.74	5.94	6.10	6.37		# of strides	11.49	10.88	11.68	12.47	22.37	24.15	1.78
		velocity	7.94	9.63	9.36	9.03	8.71	8.42	8.20	7.85	8.60		8.70	9.19	8.56	8.02	8.94	8.28	

FINAL - 2018 National Sports Festival (Fukui, JPN) *Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*

date	08-Oct-18	time	6.36	11.57	16.93	22.47	28.21	34.10	40.09	46.49	46.49	6 / 2							
reaction time	0.166	interval		5.21	5.36	5.54	5.74	5.89	5.99	6.40	**PB**	# of strides	11.57	10.90	11.63	12.39	22.47	24.02	1.55
		velocity	7.86	9.60	9.33	9.03	8.71	8.49	8.35	7.81	8.60		8.64	9.17	8.60	8.07	8.90	8.33	

FINAL - 2018 Japanese National Championships (Yamaguchi, JPN) *Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*

date	23-Jun-18	time	6.31	11.52	16.83	22.41	28.17	34.14	40.22	46.57	46.57	6 / 3							
reaction time	0.140	interval		5.21	5.31	5.58	5.76	5.97	6.08	6.35	**PB**	# of strides	11.52	10.89	11.73	12.43	22.41	24.16	1.75
		velocity	7.92	9.60	9.42	8.96	8.68	8.38	8.22	7.87	8.59	186.7	8.68	9.18	8.53	8.05	8.92	8.28	

Heat 2 - 2018 Japanese National Championships (Yamaguchi, JPN) *Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*

date	22-Jun-18	time	6.25	11.45	16.82	22.46	28.32	34.28	40.39	46.80	46.80	8 / 2							
reaction time	0.169	interval		5.20	5.37	5.64	5.86	5.96	6.11	6.41		# of strides	11.45	11.01	11.82	12.52	22.46	24.34	1.88
		velocity	8.00	9.62	9.31	8.87	8.53	8.39	8.18	7.80	8.55		8.73	9.08	8.46	7.99	8.90	8.22	

Division 1 Semi-Final 2 - 2017 Kanto Collegiate Championships (Yokohama, JPN) *(2017) - tfdata-store.com/2017/06/02/post-835/*

date	26-May-17	time		11.82		22.76		34.87		48.04	48.04	9 / 6							
reaction time		interval				10.94		12.11		13.17		# of strides	11.82	10.94	12.11	13.17	22.76	25.28	2.52
		velocity		8.46		9.14		8.26		7.59	8.33	198.7	8.46	9.14	8.26	7.59	8.79	7.91	

FINAL - 2016 Japanese National Junior Championships (Mizuho, JPN) *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	21-Oct-16	time	6.50	11.92	17.28	22.96	28.85	34.81	40.95	47.51	47.51	4 / 3							
reaction time		interval		5.42	5.36	5.68	5.89	5.96	6.14	6.56		# of strides	11.92	11.04	11.85	12.70	22.96	24.55	1.59
		velocity	7.69	9.23	9.33	8.80	8.49	8.39	8.14	7.62	8.42		8.39	9.06	8.44	7.87	8.71	8.15	

U19 FINAL - 2016 National Sports Festival (Kitakami, JPN) *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	10-Oct-16	time	6.71	12.15	17.67	23.42	29.35	35.36	41.51	48.08	48.08	2 / 5							
reaction time	0.191	interval		5.44	5.52	5.75	5.93	6.01	6.15	6.57		# of strides	12.15	11.27	11.94	12.72	23.42	24.66	1.24
		velocity	7.45	9.19	9.06	8.70	8.43	8.32	8.13	7.61	8.32		8.23	8.87	8.38	7.86	8.54	8.11	

FINAL - 2016 Japanese National High School Championships (Okayama, JPN) *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	29-Jul-16	time	6.42	11.78	17.25	22.98	29.01	35.20	41.41	47.75	47.75	8 / 6							
reaction time	0.144	interval		5.36	5.47	5.73	6.03	6.19	6.21	6.34		# of strides	11.78	11.20	12.22	12.55	22.98	24.77	1.79
		velocity	7.79	9.33	9.14	8.73	8.29	8.08	8.05	7.89	8.38		8.49	8.93	8.18	7.97	8.70	8.07	

FINAL - 2015 Japanese National Youth Championships (Nagoya, JPN) *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	16-Oct-15	time	6.54	11.79	17.17	22.89	28.86	35.02	41.25	47.96	47.96	5 / 3							
reaction time		interval		5.25	5.38	5.72	5.97	6.16	6.23	6.71		# of strides	11.79	11.10	12.13	12.94	22.89	25.07	2.18
		velocity	7.65	9.52	9.29	8.74	8.38	8.12	8.03	7.45	8.34		8.48	9.01	8.24	7.73	8.74	7.98	

Itt, Edgar (FRG) (1967)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1986 IAAF World Junior Championships (Athens, GRE)																	*Moravec (1986) - IAAF biomechanical research - Athens 1986 - sprints*
date 18-Jul-86	time		11.34		21.85		33.08		45.72	45.72	/ 3							
reaction time	interval				10.51		11.23		12.64		# of strides	11.34	10.51	11.23	12.64	21.85	23.87	2.02
	velocity		8.82		9.51		8.90		7.91	8.75		8.82	9.51	8.90	7.91	9.15	8.38	

Iwagaki, Yuji (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
U18 FINAL - 2019 Japanese National U18/U20 Championships (Hiroshima, JPN) (300m)																	*Kijima (2019) - research on athlete performance and technique- 2019 data book*
date 18-Oct-19	time		11.45		22.36		34.79			34.79	2 / 6							***100m-300m***
reaction time 0.123	interval				10.91		12.43				# of strides	11.45	10.91	12.43		22.36		*23.34*
	velocity		8.73		9.17		8.05			8.62		8.73	9.17	8.05		8.94		*8.57*

Iwaki, Takuma (JPN) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Division 1 Semi-Final 2 - 2017 Kanto Collegiate Championships (Yokohama, JPN)																	*(2017) - tfdata-store.com/2017/06/02/post-835/*
date 26-May-17	time		11.67		22.75		35.14		48.49	48.49	3 / 8							
reaction time	interval				11.08		12.39		13.35		# of strides	11.67	11.08	12.39	13.35	22.75	25.74	2.99
	velocity		8.57		9.03		8.07		7.49	8.25	185.2	8.57	9.03	8.07	7.49	8.79	7.77	

FINAL - 2013 Japanese National High School Championships (Oita, JPN) *Matsuo (2013) - 66th high school championships: JAF scientific committee- biomechanics data*

date	30-Jul-13	time		11.67		22.67		34.43		47.04	47.04	5 / 4							
reaction time		interval				11.00		11.76		12.61		# of strides	11.67	11.00	11.76	12.61	22.67	24.37	1.70
		velocity		8.57		9.09		8.50		7.93	8.50		8.57	9.09	8.50	7.93	8.82	8.21	

Iwamoto, Taishi (JPN) (1991)			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2009 Japanese National High School Championships (Nara, JPN)												*Matsuo (2009) - 62nd high school championships: JAF scientific committee- biomechanics*							
date	29-Jul-09	time		11.85		23.35		35.48		47.87	47.87	6 / 5							
reaction time		interval				11.50		12.13		12.39		# of strides	11.85	11.50	12.13	12.39	23.35	24.52	1.17
		velocity		8.44		8.70		8.24		8.07	8.36		8.44	8.70	8.24	8.07	8.57	8.16	

Iwamoto, Takeshi (JPN) (1996)			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2014 Japanese National High School Championships (Kofu, JPN)												*Yanagiya (2014) - research on athlete performance and technique- 2014 data book*							
date	30-Jul-14	time	6.59	11.83	17.18	22.73	28.56	34.68	41.24	47.79	47.79	/ 5							
reaction time		interval		5.24	5.35	5.55	5.83	6.12	6.56	6.55		# of strides	11.83	10.90	11.95	13.11	22.73	25.06	2.33
		velocity	7.59	9.54	9.35	9.01	8.58	8.17	7.62	7.63	8.37		8.45	9.17	8.37	7.63	8.80	7.98	

Jackson, Bershawn (USA) (1983)			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2007 USATF National Championships (Indianapolis, IN)												*Track Newsletter (2007) - USATF men's championships*							
date	23-Jun-07	time						32.4		45.6	45.55	3 / 5							
reaction time		interval								13.2		# of strides				13.20			
		velocity						9.26		7.58	8.78					7.58			

James, Kirani (GRN) (1992)			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 3 - 2025 World Athletics Championships (Tokyo, JPN)												*Seiko Timing (2025) - 2025 World Championships race analysis*							
date	16-Sep-25	time		10.68		20.66		31.96		44.97	44.97	4 / =7							
reaction time	0.149	interval				9.98		11.30		13.01		# of strides	10.68	9.98	11.30	13.01	20.66	24.31	3.65
		velocity		9.36		10.02		8.85		7.69	8.89	163.0	9.36	10.02	8.85	7.69	9.68	8.23	
Heat 6 - 2025 World Athletics Championships (Tokyo, JPN)												*Seiko Timing (2025) - 2025 World Championships race analysis*							
date	14-Sep-25	time		11.35		21.77		32.98		44.66	44.66	5 / 3							
reaction time	0.166	interval				10.42		11.21		11.68		# of strides	11.35	10.42	11.21	11.68	21.77	22.89	1.12
		velocity		8.81		9.60		8.92		8.56	8.96		8.81	9.60	8.92	8.56	9.19	8.74	
FINAL - 2025 Prefontaine Classic (Eugene, OR)												*Omega Timing (2025) - diamond league race analysis*							
date	05-Jul-25	time	6.10	11.08	16.24	21.44	26.88	32.51	38.40	44.80	44.80	9 / 7							
reaction time	0.153	interval		4.98	5.16	5.20	5.44	5.63	5.89	6.40		# of strides	11.08	10.36	11.07	12.29	21.44	23.36	1.92
		velocity	8.20	10.04	9.69	9.62	9.19	8.88	8.49	7.81	8.93	160.0	9.03	9.65	9.03	8.14	9.33	8.56	
FINAL - 2025 Golden Gala Pietro Mennea (Roma, ITA)												*Omega Timing (2025) - diamond league race analysis*							
date	06-Jun-25	time	6.21	11.29	16.49	21.82	27.24	32.82	38.65	44.92	44.92	5 / 6							
reaction time	0.171	interval		5.08	5.20	5.33	5.42	5.58	5.83	6.27		# of strides	11.29	10.53	11.00	12.10	21.82	23.10	1.28
		velocity	8.05	9.84	9.62	9.38	9.23	8.96	8.58	7.97	8.90		8.86	9.50	9.09	8.26	9.17	8.66	
FINAL - 2025 Yangtze River Delta Athletics Diamond Gala (Keqiao, CHN)												*Omega Timing (2025) - diamond league race analysis*							
date	03-May-25	time	6.12	11.00	16.17	21.44	26.87	32.64	38.67	44.94	44.94	4 / 5							
reaction time	0.164	interval		4.88	5.17	5.27	5.43	5.77	6.03	6.27		# of strides	11.00	10.44	11.20	12.30	21.44	23.50	2.06
		velocity	8.17	10.25	9.67	9.49	9.21	8.67	8.29	7.97	8.90	159.0	9.09	9.58	8.93	8.13	9.33	8.51	
FINAL - 2024 Memorial van damme (Brussels, BEL)												*Omega Timing (2024) - diamond league race analysis*							
date	13-Sep-24	time	6.13	10.93	15.99	21.27	26.74	32.45	38.38	44.63	44.63	4 / 2							
reaction time	0.140	interval		4.80	5.06	5.28	5.47	5.71	5.93	6.25		# of strides	10.93	10.34	11.18	12.18	21.27	23.36	2.09
		velocity	8.16	10.42	9.88	9.47	9.14	8.76	8.43	8.00	8.96	161.0	9.15	9.67	8.94	8.21	9.40	8.56	
FINAL - 2024 Golden Gala Pietro Mennea (Roma, ITA)												*Omega Timing (2024) - diamond league race analysis*							
date	30-Aug-24	time	6.11	11.09	16.30	21.61	27.01	32.53	38.24	44.30	44.30	5 / 2							
reaction time	0.161	interval		4.98	5.21	5.31	5.40	5.52	5.71	6.06		# of strides	11.09	10.52	10.92	11.77	21.61	22.69	1.08
		velocity	8.18	10.04	9.60	9.42	9.26	9.06	8.76	8.25	9.03	161.5	9.02	9.51	9.16	8.50	9.25	8.81	
FINAL - 2024 Olympic Games (Paris, FRA)												*Paris 2024 Olympic Games - Results Book (2024)*							
date	07-Aug-24	time	5.96	10.75	15.61	20.63	25.90	31.50	37.46	43.87	43.87	5 / 5							
reaction time	0.147	interval		4.79	4.86	5.02	5.27	5.60	5.96	6.41		# of strides	10.75	9.88	10.87	12.37	20.63	23.24	2.61
		velocity	8.39	10.44	10.29	9.96	9.49	8.93	8.39	7.80	9.12	162.5	9.30	10.12	9.20	8.08	9.69	8.61	
Semi-Final 2 - 2024 Olympic Games (Paris, FRA)												*Paris 2024 Olympic Games - Results Book (2024)*							
date	06-Aug-24	time	6.00	10.84	15.77	20.84	26.13	31.79	37.67	43.78	43.78	8 / 1							
reaction time	0.147	interval		4.84	4.93	5.07	5.29	5.66	5.88	6.11		# of strides	10.84	10.00	10.95	11.99	20.84	22.94	2.10
		velocity	8.33	10.33	10.14	9.86	9.45	8.83	8.50	8.18	9.14	161.7	9.23	10.00	9.13	8.34	9.60	8.72	
Heat 5 - 2024 Olympic Games (Paris, FRA)												*Paris 2024 Olympic Games - Results Book (2024)*							
date	04-Aug-24	time	6.07	10.94	16.01	21.27	26.77	32.59	38.52	44.78	44.78	6 / 1							
reaction time	0.159	interval		4.87	5.07	5.26	5.50	5.82	5.93	6.26		# of strides	10.94	10.33	11.32	12.19	21.27	23.51	2.24
		velocity	8.24	10.27	9.86	9.51	9.09	8.59	8.43	7.99	8.93	158.2	9.14	9.68	8.83	8.20	9.40	8.51	
FINAL - 2024 London Athletics Meet (London, GBR)												*Omega Timing (2024) - diamond league race analysis*							
date	20-Jul-24	time	6.17	11.03	16.08	21.28	26.61	32.18	38.05	44.38	44.38	7 / 5							
reaction time	0.156	interval		4.86	5.05	5.20	5.33	5.57	5.87	6.33		# of strides	11.03	10.25	10.90	12.20	21.28	23.10	1.82
		velocity	8.10	10.29	9.90	9.62	9.38	8.98	8.52	7.90	9.01	159.2	9.07	9.76	9.17	8.20	9.40	8.66	
FINAL - 2024 Bislett Games (Oslo, NOR)												*Omega Timing (2024) - diamond league race analysis*							
date	30-May-24	time	6.14	11.03	16.10	21.37	26.66	32.37	38.30	44.58	44.58	7 / 2							
reaction time	0.162	interval		4.89	5.07	5.27	5.29	5.71	5.93	6.28		# of strides	11.03	10.34	11.00	12.21	21.37	23.21	1.84
		velocity	8.14	10.22	9.86	9.49	9.45	8.76	8.43	7.96	8.97	158.7	9.07	9.67	9.09	8.19	9.36	8.62	
FINAL - 2023 Prefontaine Classic (Eugene, OR)												*Omega Timing (2023) - diamond league race analysis*							
date	16-Sep-23	time	6.24	11.36	16.57	21.82	27.03	32.47	38.15	44.30	44.30	6 / 1							
reaction time	0.160	interval		5.12	5.21	5.25	5.21	5.44	5.68	6.15		# of strides	11.36	10.46	10.65	11.83	21.82	22.48	0.66
		velocity	8.01	9.77	9.60	9.52	9.60	9.19	8.80	8.13	9.03	158.5	8.80	9.56	9.39	8.45	9.17	8.90	

FINAL - 2023 Xiamen Diamond League (Xiamen, CHN) *Omega Timing (2023) - diamond league race analysis*

date	02-Sep-23	time	6.20	11.20	16.40	21.60	27.00	32.60	38.40	44.38	44.38	4 / 1						
reaction time	0.161	interval		5.00	5.20	5.20	5.40	5.60	5.80	5.98		# of strides	11.20	10.40	11.00	11.78	21.60	22.78	1.18
		velocity	8.06	10.00	9.62	9.62	9.26	8.93	8.62	8.36	9.01	158.7	8.93	9.62	9.09	8.49	9.26	8.78	

FINAL - 2023 World Athletics Championships (Budapest, HUN) *Seiko Timing (2023) - world championship race analysis*

date	24-Aug-23	time		11.13		21.34		32.18		44.52	44.52	4 / ~~5~~						
reaction time	0.133	interval				10.21		10.84		12.34	DQ	# of strides	11.13	10.21	10.84	12.34	21.34	23.18	1.84
		velocity		8.98		9.79		9.23		8.10	8.98	160.5	8.98	9.79	9.23	8.10	9.37	8.63	

Semi-Final 2 - 2023 World Athletics Championships (Budapest, HUN) *Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*

date	22-Aug-23	time	5.95	10.76	15.68	20.84	26.32	32.10	38.13	44.58	44.58	5 / 2						
reaction time	0.147	interval		4.81	4.92	5.16	5.48	5.78	6.03	6.45		# of strides	10.76	10.08	11.26	12.48	20.84	23.74	2.90
		velocity	8.40	10.40	10.16	9.69	9.12	8.65	8.29	7.75	8.97	162.0	9.29	9.92	8.88	8.01	9.60	8.42	

Heat 4 - 2023 World Athletics Championships (Budapest, HUN) *Seiko Timing (2023) - world championship race analysis*

date	20-Aug-23	time		11.12		21.70		33.16		44.91	44.91	6 / 1						
reaction time	0.166	interval				10.58		11.46		11.75		# of strides	11.12	10.58	11.46	11.75	21.70	23.21	1.51
		velocity		8.99		9.45		8.73		8.51	8.91	158.0	8.99	9.45	8.73	8.51	9.22	8.62	

FINAL - 2022 Weltklasse (Zürich, SUI) *Omega Timing (2022) - diamond league race analysis*

date	08-Sep-22	time	6.15	10.97	15.93	21.01	26.28	31.90	37.90	44.26	44.26	4 / 1						
reaction time	0.169	interval		4.82	4.96	5.08	5.27	5.62	6.00	6.36		# of strides	10.97	10.04	10.89	12.36	21.01	23.25	2.24
		velocity	8.13	10.37	10.08	9.84	9.49	8.90	8.33	7.86	9.04	161.0	9.12	9.96	9.18	8.09	9.52	8.60	

FINAL - 2022 Silesia Kamila Skolimowska Memorial (Chorzów, POL) *Omega Timing (2022) - diamond league race analysis*

date	06-Aug-22	time	6.10	11.04	16.19	21.46	26.88	32.51	38.41	44.55	44.55	6 / 2						
reaction time	0.152	interval		4.94	5.15	5.27	5.42	5.63	5.90	6.14		# of strides	11.04	10.42	11.05	12.04	21.46	23.09	1.63
		velocity	8.20	10.12	9.71	9.49	9.23	8.88	8.47	8.14	8.98	159.2	9.06	9.60	9.05	8.31	9.32	8.66	

FINAL - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	22-Jul-22	time		10.81		20.95		31.98		44.48	44.48	3 / 2						
reaction time	0.140	interval				10.14		11.03		12.50		# of strides	10.81	10.14	11.03	12.50	20.95	23.53	2.58
		velocity		9.25		9.86		9.07		8.00	8.99	162.5	9.25	9.86	9.07	8.00	9.55	8.50	

Semi-Final 2 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	20-Jul-22	time		10.99		21.35		32.64		44.74	44.74	3 / 1						
reaction time	0.148	interval				10.36		11.29		12.10		# of strides	10.99	10.36	11.29	12.10	21.35	23.39	2.04
		velocity		9.10		9.65		8.86		8.26	8.94	160.0	9.10	9.65	8.86	8.26	9.37	8.55	

Heat 5 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	17-Jul-22	time		11.42		21.96		33.12		45.29	45.29	4 / 2						
reaction time	0.152	interval				10.54		11.16		12.17		# of strides	11.42	10.54	11.16	12.17	21.96	23.33	1.37
		velocity		8.76		9.49		8.96		8.22	8.83	160.2	8.76	9.49	8.96	8.22	9.11	8.57	

FINAL - 2022 Bislett Games (Oslo, NOR) *Omega Timing (2022) - diamond league race analysis*

date	16-Jun-22	time	6.10	11.05	16.18	21.43	26.87	32.66	38.59	44.78	44.78	6 / 1						
reaction time	0.142	interval		4.95	5.13	5.25	5.44	5.79	5.93	6.19		# of strides	11.05	10.38	11.23	12.12	21.43	23.35	1.92
		velocity	8.20	10.10	9.75	9.52	9.19	8.64	8.43	8.08	8.93	160.0	9.05	9.63	8.90	8.25	9.33	8.57	

FINAL - 2022 Golden Gala Pietro Mennea (Rome, ITA) *Omega Timing (2022) - diamond league race analysis*

date	09-Jun-22	time	6.19	11.13	16.24	21.49	26.88	32.54	38.41	44.54	44.54	5 / 1						
reaction time	0.151	interval		4.94	5.11	5.25	5.39	5.66	5.87	6.13		# of strides	11.13	10.36	11.05	12.00	21.49	23.05	1.56
		velocity	8.08	10.12	9.78	9.52	9.28	8.83	8.52	8.16	8.98		8.98	9.65	9.05	8.33	9.31	8.68	

FINAL - 2022 Prefontaine Classic (Eugene, OR) *Omega Timing (2022) - diamond league race analysis*

date	28-May-22	time	6.09	10.95	16.00	21.24	26.62	32.17	37.89	44.02	44.02	5 / 2						
reaction time	0.145	interval		4.86	5.05	5.24	5.38	5.55	5.72	6.13		# of strides	10.95	10.29	10.93	11.85	21.24	22.78	1.54
		velocity	8.21	10.29	9.90	9.54	9.29	9.01	8.74	8.16	9.09	161.0	9.13	9.72	9.15	8.44	9.42	8.78	

FINAL - 2021 Weltklasse (Zürich, SUI) *Omega Timing (2021) - diamond league race analysis*

date	09-Sep-21	time	6.1	10.8	15.8	20.9	26.4	32.1	38.1	44.42	44.42	5 / 2						
reaction time	0.154	interval		4.70	5.00	5.10	5.50	5.70	6.00	6.32		# of strides	10.80	10.10	11.20	12.32	20.90	23.52	2.62
		velocity	8.20	10.64	10.00	9.80	9.09	8.77	8.33	7.91	9.00	161.2	9.26	9.90	8.93	8.12	9.57	8.50	

FINAL - 2021 Memorial van Damme (Brussels, BEL) *Omega Timing (2021) - diamond league race analysis*

date	03-Sep-21	time	6.2	11.0	16.0	21.1	26.5	32.2	38.2	44.51	44.51	4 / 2						
reaction time	0.159	interval		4.80	5.00	5.10	5.40	5.70	6.00	6.31		# of strides	11.00	10.10	11.10	12.31	21.10	23.41	2.31
		velocity	8.06	10.42	10.00	9.80	9.26	8.77	8.33	7.92	8.99	161.0	9.09	9.90	9.01	8.12	9.48	8.54	

FINAL - 2020 Olympic Games (Tokyo, JPN) *Omega Timing (2022) - Tokyo 2020 - race analysis - men's 400m final*

date	05-Aug-21	time	6.01	10.74	15.63	20.72	26.07	31.78	37.80	44.19	44.19	4 / 3						
reaction time	0.157	interval		4.73	4.89	5.09	5.35	5.71	6.02	6.39		# of strides	10.74	9.98	11.06	12.41	20.72	23.47	2.75
		velocity	8.32	10.57	10.22	9.82	9.35	8.76	8.31	7.82	9.05	161.2	9.31	10.02	9.04	8.06	9.65	8.52	

Semi-Final 1 - 2020 Olympic Games (Tokyo, JPN) *Hymans (2021) - 400 meters - the favorite stands tall*

date	02-Aug-21	time				21.0		31.9		43.88	43.88	5 / 1						
reaction time	0.160	interval						10.90		11.98		# of strides			10.90	11.98	21.00	22.88	1.88
		velocity				9.52		9.17		8.35	9.12	159.0			9.17	8.35	9.52	8.74	

FINAL - 2021 Bauhaus Galan (Stockholm, SWE) *Omega Timing (2021) - diamond league race analysis*

date	04-Jul-21	time	6.1	10.9	15.9	21.0	26.4	32.2	38.2	44.63	44.63	5 / 1						
reaction time	0.158	interval		4.80	5.00	5.10	5.40	5.80	6.00	6.43		# of strides	10.90	10.10	11.20	12.43	21.00	23.63	2.63
		velocity	8.20	10.42	10.00	9.80	9.26	8.62	8.33	7.78	8.96	161.0	9.17	9.90	8.93	8.05	9.52	8.46	

FINAL - 2021 Doha Diamond League (Doha, QAT) *Omega Timing (2021) - diamond league race analysis*

date	28-May-21	time	6.2	11.1	16.2	21.5	26.9	32.5	38.4	44.61	44.61	6 / 4						
reaction time	0.159	interval		4.90	5.10	5.30	5.40	5.60	5.90	6.21		# of strides	10.10	10.40	11.00	12.11	21.50	23.11	1.61
		velocity	8.06	10.20	9.80	9.43	9.26	8.93	8.47	8.05	8.97	162.0	9.01	9.62	9.09	8.26	9.30	8.65	

Semi-Final 2 - 2019 IAAF World Championships (Doha, QAT) *Yamanaka (2019) - race analysis of men and women 400m competition*

date	02-Oct-19	time	6.02	10.89	15.84	21.02	26.40	32.02	37.93	44.23	44.23	5 / 2						
reaction time	0.119	interval		4.87	4.95	5.18	5.38	5.62	5.91	6.30		# of strides	10.89	10.13	11.00	12.21	21.02	23.21	2.19
		velocity	8.31	10.27	10.10	9.65	9.29	8.90	8.46	7.94	9.04	161.0	9.18	9.87	9.09	8.19	9.51	8.62	

FINAL - 2018 Müller Anniversary Games (London, GBR) *Omega Timing (2018) - diamond league race analysis*

date	21-Jul-18	time		11.0		21.0		32.2		44.50	44.50	7 / 3						
reaction time	0.154	interval				10.0		11.2		12.3		# of strides	11.00	10.00	11.20	12.30	21.00	23.50	2.50
		velocity		9.09		10.00		8.93		8.13	8.99	162.2	9.09	10.00	8.93	8.13	9.52	8.51	

FINAL - 2016 Olympic Games (Rio de Janeiro, BRA) *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	14-Aug-16	time	6.03	10.78	15.58	20.61	25.79	31.27	37.20	43.76	43.76	6 / 2						
reaction time	0.134	interval		4.75	4.80	5.03	5.18	5.48	5.93	6.56		# of strides	10.78	9.83	10.66	12.49	20.61	23.15	2.54
		velocity	8.29	10.53	10.42	9.94	9.65	9.12	8.43	7.62	9.14	162.8	9.28	10.17	9.38	8.01	9.70	8.64	

Semi-Final 1 - 2016 Olympic Games (Rio de Janeiro, BRA) *(2016.08.15) - https://twitter.com/touchdown_time/media?lang=en&lang=en&lang=en&lang=en*

date	13-Aug-16	time		10.85		21.02		31.97		44.02	44.02	4 / 1						
reaction time	0.144	interval				10.17		10.95		12.05		# of strides	10.85	10.17	10.95	12.05	21.02	23.00	1.98
		velocity		9.22		9.83		9.13		8.30	9.09	159.7	9.22	9.83	9.13	8.30	9.51	8.70	

FINAL - 2015 IAAF World Championships (Beijing, CHN) *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	26-Aug-15	time	6.21	10.99	15.90	21.00	26.26	31.73	37.50	43.78	43.78	5 / 3						
reaction time	0.152	interval		4.78	4.91	5.10	5.26	5.47	5.77	6.28		# of strides	10.99	10.01	10.73	12.05	21.00	22.78	1.78
		velocity	8.05	10.46	10.18	9.80	9.51	9.14	8.67	7.96	9.14	158.7	9.10	9.99	9.32	8.30	9.52	8.78	

Semi-Final 1 - 2015 IAAF World Championships (Beijing, CHN) *Yamamoto (2015) - race analysis of 15th World Championships 400m- focusing on men's semis and women's prelims*

date	24-Aug-15	time	6.18	11.04	16.03	21.21	26.60	32.18	38.00	44.16	44.16	7 / 1						
reaction time	0.143	interval		4.86	4.99	5.18	5.39	5.58	5.82	6.16		# of strides	11.04	10.17	10.97	11.98	21.21	22.95	1.74
		velocity	8.09	10.29	10.02	9.65	9.28	8.96	8.59	8.12	9.06	158.0	9.06	9.83	9.12	8.35	9.43	8.71	

FINAL - 2013 IAAF World Championships (Moscow, RUS) (2013) - www.trackandfieldnews.com/index.php?option=com_content&view=article&id=1698

date	13-Aug-13	time		11.1		21.3		31.9		45.0	44.99	5 / 7						
reaction time	0.186	interval				10.20		10.60		13.10		# of strides	11.10	10.20	10.60	13.10	21.30	23.70	2.40
		velocity		9.01		9.80		9.43		7.63	8.89		9.01	9.80	9.43	7.63	9.39	8.44	

FINAL - 2012 Olympic Games (London, GBR) *Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*

date	06-Aug-12	time		11.1		21.3		32.0		43.9	43.94	5 / 1						
reaction time	0.163	interval						10.70		11.90	**AR**	# of strides	11.10	10.20	10.70	11.90	21.30	22.60	1.30
		velocity		9.01		9.39		9.35		8.40	9.10	157.7	9.01	9.80	9.35	8.40	9.39	8.85	

Semi-Final 2 - 2012 Olympic Games (London, GBR) Hadley (2012) - uka 2012 olympic games report: 400m, 4x 400m

date	05-Aug-12	time				21.40		32.13		44.59	44.59	7 / 1						
reaction time	0.170	interval						10.73		12.46		# of strides			10.73	12.46	21.40	23.19	1.79
		velocity				9.35		9.32		8.03	8.97	158.7			9.32	8.03	9.35	8.62	

Heat 2 - 2012 Olympic Games (London, GBR) Hadley (2012) - uka 2012 olympic games report: 400m, 4x 400m

date	04-Aug-12	time				21.96				45.23	45.23	6 / 1						
reaction time	0.173	interval								23.27		# of strides					21.96	23.27	1.31
		velocity				9.11				8.59	8.84	158.7					9.11	8.59	

FINAL - 2011 IAAF World Championships (Daegu, KOR) *Butler (2013) - IAAF world athletic results 2008-2011 full results*

date	30-Aug-11	time				21.6		32.5		44.6	44.60	5 / 1						
reaction time	0.137	interval						10.90		12.10	**PB**	# of strides			10.90	12.10	21.60	23.00	1.40
		velocity				9.26		9.17		8.26	8.97	162.0			9.17	8.26	9.26	8.70	

FINAL - 2010 NCAA Championships (Eugene, OR) *Track Newsletter (2010) - NCAA men's championships*

date	11-Jun-10	time				21.9		33.1		45.1	45.05	/ 1						
reaction time		interval						11.2		12.0		# of strides			11.20	12.00	21.90	23.20	1.30
		velocity				9.13		8.93		8.33	8.88				8.93	8.33	9.13	8.62	

James, Larry (USA) (1947)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1970 AAU Championships (Bakersfield, CA) (yards)																	*Drake (1970) - AAU championships, topsy-turvy competition*
date	27-Jun-70	time				22.1				45.9	45.9	2 / 5						
reaction time		interval								23.8	*(46.2/440y)*	# of strides					22.10	23.80	1.70
		velocity				9.05				8.40	8.71						9.05	8.40	

FINAL - 1970 NCAA Championships (Des Moines, IA) (yards) *Drake (1970) - NCAA championships, Mann, Johnson wow 'em*

date	20-Jun-70	time				22.6				45.2	45.2	/ 1						
reaction time		interval								22.6	*(45.5/440y)*	# of strides					22.60	22.60	0.00
		velocity				8.85				8.85	8.85						8.85	8.85	

FINAL - 1969 NCAA Championships (Knoxville, TN) (*yards*) *Hymans (2015) - progression of IAAF world records - 2015 edition*

date	21-Jun-69	time				20.9				45.5	45.5	/ 5						
reaction time		interval								24.6		# of strides					20.90	24.60	3.70
		velocity				9.57				8.13	8.79	*(45.8/440y)*					9.57	8.13	

FINAL - 1968 Olympic Games (Mexico City, MEX) (*Altitude*) *Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*

date	18-Oct-68	time				21.5		32.6		43.9	43.97	2 / 2						
reaction time		interval						11.10		11.30	**PB**	# of strides			11.10	11.30	21.50	22.40	0.90
		velocity				9.30		9.01		8.85	9.10				9.01	8.85	9.30	8.93	

FINAL - 1968 USA Olympic Trials (Echo Summit, CA) (*Altitude*) — *Hymans (2008) - history of the US olympic trials - track and field*

date	14-Sep-68	time			21.2			44.1	44.1	3 / 2								
reaction time		interval						22.90	**WR**	# of strides						21.20	22.90	1.70
		velocity			9.43			8.73	9.07	*(44.19)*						9.43	8.73	

James-King, Malik (JAM) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Long Hurdles - 2025 Grand Slam Track Miami (Miramar, FL)																	*Grand Slam Track (2025) - results and splits by race*
date 04-May-25	time	11.56		22.23		33.63		45.81	45.81	4 / 5							
reaction time 0.180	interval			10.67		11.40		12.18		# of strides	11.56	10.67	11.40	12.18	22.23	23.58	1.35
	velocity	8.65		9.37		8.77		8.21	8.73		8.65	9.37	8.77	8.21	9.00	8.48	

Long Hurdles - 2025 Grand Slam Track Kingston (Kingston, JAM) — *Grand Slam Track (2025) - results and splits by race*

date 06-Apr-25	time	13.55		22.31		33.66		46.57	46.57	3 / 5							
reaction time 0.180	interval			8.76		11.35		12.91		# of strides	13.55	8.76	11.35	12.91	22.31	24.26	1.95
	velocity	7.38		11.42		8.81		7.75	8.59	186.0	7.38	11.42	8.81	7.75	8.96	8.24	

Janarauskas, Matas (LTU) (2006)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 3 - 2025 European Athletics U20 Championships (Tampere, FIN)																	*European Athletics (2025) - 2025 european athletics U20 championships - results book*
date 08-Aug-25	time	6.35	11.68	17.10	22.74	28.61	34.78	41.21	47.89	47.89	8 / 8						
reaction time 0.135	interval		5.33	5.42	5.64	5.87	6.17	6.43	6.68		# of strides	11.68	11.06	12.04	13.11	22.74	25.15	2.41
	velocity	7.87	9.38	9.23	8.87	8.52	8.10	7.78	7.49	8.35		8.56	9.04	8.31	7.63	8.80	7.95	

Janežič, Luka (SLO) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2020 Bauhaus Galan (Stockholm, SWE)																	*Omega Timing (2020) - diamond league race analysis*
date 23-Aug-20	time	6.4	11.5	16.8	22.2	27.9	33.7	39.6	45.85	45.85	6 / 2						
reaction time 0.177	interval		5.10	5.30	5.40	5.70	5.80	5.90	6.25		# of strides	11.50	10.70	11.50	12.15	22.20	23.65	1.45
	velocity	7.81	9.80	9.43	9.26	8.77	8.62	8.47	8.00	8.72		8.70	9.35	8.70	8.23	9.01	8.46	

FINAL - 2019 The Match - Europe v USA (Minsk, BLR) — *Omega Timing (2019) - diamond league race analysis*

date 09-Sep-19	time		11.61		22.39		34.09		46.89	46.89	8 / 7						
reaction time 0.205	interval				10.78		11.70		12.80		# of strides	11.61	10.78	11.70	12.80	22.39	24.50	2.11
	velocity		8.61		9.28		8.55		7.81	8.53	167.5	8.61	9.28	8.55	7.81	8.93	8.16	

FINAL - 2019 Müller Anniversary Games (London, GBR) — *Omega Timing (2019) - diamond league race analysis*

date 21-Jul-19	time		11.4		21.7		33.2		45.49	45.49	1 / 7						
reaction time 0.145	interval				10.3		11.5		12.3		# of strides	11.40	10.30	11.50	12.29	21.70	23.79	2.09
	velocity		8.77		9.71		8.70		8.14	8.79		8.77	9.71	8.70	8.14	9.22	8.41	

FINAL - 2019 Herculis Meeting International d'Athlétisme (Monaco, MON) — *Omega Timing (2019) - diamond league race analysis*

date 12-Jul-19	time		11.4		21.9		33.4		45.76	45.76	1 / 4						
reaction time 0.180	interval				10.5		11.5		12.4		# of strides	11.40	10.50	11.50	12.36	21.90	23.86	1.96
	velocity		8.77		9.52		8.70		8.09	8.74		8.77	9.52	8.70	8.09	9.13	8.38	

FINAL - 2019 Bauhaus Galan (Stockholm, SWE) — *Omega Timing (2019) - diamond league race analysis*

date 30-May-19	time		11.4		22.2		33.8		46.60	46.60	8 / 5						
reaction time 0.162	interval				10.8		11.6		12.8		# of strides	11.40	10.80	11.60	12.80	22.20	24.40	2.20
	velocity		8.77		9.26		8.62		7.81	8.58	170.0	8.77	9.26	8.62	7.81	9.01	8.20	

Semi-Final 2 - 2016 Olympic Games (Rio de Janeiro, BRA) — *Škraba (2016) - 45.07 - 400m analysis of Luka Janežič*

date 13-Aug-16	time		11.3		21.5		32.8		45.07	45.07	6 / 4						
reaction time 0.154	interval				10.20		11.30		12.27	**NR**	# of strides	11.30	10.20	11.30	12.27	21.50	23.57	2.07
	velocity		8.85		9.80		8.85		8.15	8.88	166.0	8.85	9.80	8.85	8.15	9.30	8.49	

Janža, Maj (SLO) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 2 - 2025 European Athletics U23 Championships (Bergen, NOR)																	*European Athletics (2025) - 2025 european athletics U23 championships- results book*
date 18-Jul-25	time	6.16	11.24	16.46	21.93	27.65	33.64	39.88	46.77	46.77	2 / 8						
reaction time 0.158	interval		5.08	5.22	5.47	5.72	5.99	6.24	6.89		# of strides	11.24	10.69	11.71	13.13	21.93	24.84	2.91
	velocity	8.12	9.84	9.58	9.14	8.74	8.35	8.01	7.26	8.55		8.90	9.35	8.54	7.62	9.12	8.05	

Jedrusik, Tomasz (POL) (1969)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 1 - 1988 Olympic Games (Seoul, KOR)																	*Brüggemann (1990) - scientific research project at the games of the XXXIV Olympiad, Seoul 1988*
date 26-Sep-88	time		11.18		21.71		33.09		46.17	46.17	1 / 8						
reaction time 0.280	interval				10.53		11.38		13.08		# of strides	11.18	10.53	11.38	13.08	21.71	24.46	2.75
	velocity		8.94		9.50		8.79		7.65	8.66		8.94	9.50	8.79	7.65	9.21	8.18	

Jefferson, Zeke (USA) (1961)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1981 South West Conference Championships (Dallas, TX)																	*Hendershott (1981) - brilliant sophs brighten 400*
date 16-May-81	time				21.5		33.0		44.9	44.86	/ 1						
reaction time	interval						11.5		11.9	**PB**	# of strides			11.50	11.90	21.50	23.40	1.90
	velocity				9.30		8.70		8.40	8.92				8.70	8.40	9.30	8.55	

Jelassi, Mohamed Fares (TUN) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B FINAL - 2021 Doha Diamond League (Doha, QAT)																	*Omega Timing (2021) - diamond league race analysis*
date 28-May-21	time	6.4	11.7	17.2	22.9	28.6	34.5	40.5	46.73	46.73	7 / 2						
reaction time 0.181	interval		5.30	5.50	5.70	5.70	5.90	6.00	6.23		# of strides	11.70	11.20	11.60	12.23	22.90	23.83	0.93
	velocity	7.81	9.43	9.09	8.77	8.77	8.47	8.33	8.03	8.56		8.55	8.93	8.62	8.18	8.73	8.39	

Jellinghaus, Martin (FRG) (1944)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1968 Olympic Games (Mexico City, MEX) (*Altitude*)																	*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*
date 18-Oct-68	time				22.0		33.2		45.3	45.33	3 / 5						
reaction time	interval						11.20		12.10		# of strides			11.20	12.10	22.00	23.30	1.30
	velocity				9.09		8.93		8.26	8.82				8.93	8.26	9.09	8.58	

Jenkins, Charlie (USA) (1934)

50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 1958 California Relays (Modesto, CA) (yards) — *Nelson (1956) - California relays- two sprint relay records*

date	31-May-58	time		21.4		46.9	46.9	/ 2						
reaction time		interval				25.5	*(47.2/440y)*	# of strides				21.40	25.50	4.10
		velocity		9.35		7.84	8.53					9.35	7.84	

FINAL - 1956 Olympic Games (Melbourne, AUS) — *Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*

date	29-Nov-56	time		22.2	33.9	46.7	46.7	4 / 1						
reaction time		interval			11.7	12.8	*(46.86)*	# of strides	11.70	12.80	22.20	24.50	2.30	
		velocity		9.01	8.55	7.81	8.57	183.7	8.55	7.81	9.01	8.16		

Jenkins, David (GBR) (1952)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 1980 Olympic Games (Moscow, URS) — *Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*

date	30-Jul-80	time		21.2	32.4	45.6	45.56	8 / 7						
reaction time	0.169	interval			11.2	13.20		# of strides	11.20	13.20	21.20	24.40	3.20	
		velocity		9.43	8.93	7.58	8.78		8.93	7.58	9.43	8.20		

FINAL - 1976 Olympic Games (Montreal, CAN) — *Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*

date	29-Jul-76	time		21.9	32.9	45.6	45.57	5 / 7						
reaction time		interval			11.00	12.70		# of strides	11.00	12.70	21.90	23.70	1.80	
		velocity		9.13	9.09	7.87	8.78	173.0	9.09	7.87	9.13	8.44		

FINAL - 1971 European Championships (Helsinki, FIN) — *(1971) - Walerij Borsow - ein souveräner Europameister*

date	13-Aug-71	time		21.3	32.4	45.45	45.45	8 / 1						
reaction time		interval			11.10	13.05	**CR/NR/PB**	# of strides	11.10	13.05	21.30	24.15	2.85	
		velocity		9.39	9.01	7.66	8.80		9.01	7.66	9.39	8.28		

Jezernik, Dominik (CRO) (2007)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Semi-Final 1 - 2025 European Athletics U20 Championships (Tampere, FIN) — *European Athletics (2025) - 2025 european athletics U20 championships - results book*

date	08-Aug-25	time	6.44	11.58	16.84	22.28	27.97	33.96	40.28	47.15	47.15	4 / 4						
reaction time	0.175	interval		5.14	5.26	5.44	5.69	5.99	6.32	6.87		# of strides	11.58	10.70	11.68	13.19	22.28	24.87	2.59
		velocity	7.76	9.73	9.51	9.19	8.79	8.35	7.91	7.28	8.48		8.64	9.35	8.56	7.58	8.98	8.04	

Jinushi, Naohiro (JPN) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2023 Japanese National Championsips (Osaka, JPN) — *Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*

date	04-Jun-23	time	6.46	11.85	17.32	22.83	28.37	34.00	39.78	45.97	45.97	9 / 5						
reaction time	0.149	interval		5.39	5.47	5.51	5.54	5.63	5.78	6.19		# of strides	11.85	10.98	11.17	11.97	22.83	23.14	0.31
		velocity	7.74	9.28	9.14	9.07	9.03	8.88	8.65	8.08	8.70		8.44	9.11	8.95	8.35	8.76	8.64	

Heat 2 - 2023 Japanese National Championsips (Osaka, JPN) — *Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*

date	03-Jun-23	time	6.37	11.68	17.07	22.51	28.04	33.80	39.86	46.35	46.35	5 / 2						
reaction time	0.174	interval		5.31	5.39	5.44	5.53	5.76	6.06	6.49		# of strides	11.68	10.83	11.29	12.55	22.51	23.84	1.33
		velocity	7.85	9.42	9.28	9.19	9.04	8.68	8.25	7.70	8.63	177.2	8.56	9.23	8.86	7.97	8.88	8.39	

FINAL - 2023 Seiko Golden Grand Prix (Yokohama, JPN) — *Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*

date	21-May-23	time	6.32	11.51	16.82	22.25	27.76	33.43	39.36	45.76	45.76	2 / 6						
reaction time	0.159	interval		5.19	5.31	5.43	5.51	5.67	5.93	6.40	**PB**	# of strides	11.51	10.74	11.18	12.33	22.25	23.51	1.26
		velocity	7.91	9.63	9.42	9.21	9.07	8.82	8.43	7.81	8.74		8.69	9.31	8.94	8.11	8.99	8.51	

FINAL - 2019 Japanese National High School Championships (Okinawa, JPN) — *Kota (2019) - 72nd high school championships: JAF scientific committee - biomechanics data collection*

date	04-Aug-19	time	6.65	11.98	17.44	23.03	28.67	34.50	40.96	48.24	48.24	3 / 8						
reaction time		interval		5.33	5.46	5.59	5.64	5.83	6.46	7.28		# of strides	11.98	11.05	11.47	13.74	23.03	25.21	2.18
		velocity	7.52	9.38	9.16	8.94	8.87	8.58	7.74	6.87	8.29		8.35	9.05	8.72	7.28	8.68	7.93	

FINAL - 2018 Japanese National Youth (U18) Championships (Nagano, JPN) — *Ryutaro (2018) - research on athlete performance and technique- 2018 data book*

date	19-Oct-18	time	6.62	12.12	17.75	23.47	29.26	35.29	41.63	48.35	48.35	6 / 5						
reaction time	0.187	interval		5.50	5.63	5.72	5.79	6.03	6.34	6.72		# of strides	12.12	11.35	11.82	13.06	23.47	24.88	1.41
		velocity	7.55	9.09	8.88	8.74	8.64	8.29	7.89	7.44	8.27	177.0	8.25	8.81	8.46	7.66	8.52	8.04	

Johansen, Tobias (NOR) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

National FINAL - 2025 Bislett Games (Oslo, NOR) — *Omega Timing (2025) - diamond league race analysis*

date	12-Jun-25	time	6.69	12.15	17.86	23.88	30.10	36.68	43.41	50.72	50.72	8 / 8						
reaction time	0.220	interval		5.46	5.71	6.02	6.22	6.58	6.73	7.31		# of strides	12.15	11.73	12.80	14.04	23.88	26.84	2.96
		velocity	7.47	9.16	8.76	8.31	8.04	7.60	7.43	6.84	7.89		8.23	8.53	7.81	7.12	8.38	7.45	

Johansson, Emil (SWE) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2024 Bauhaus Galan (Stockholm, SWE) — *Omega Timing (2024) - diamond league race analysis*

date	02-Jun-24	time	6.27	11.54	16.88	22.45	28.35	34.60	40.92	47.62	47.62	2 / 7						
reaction time	0.157	interval		5.27	5.34	5.57	5.90	6.25	6.32	6.70		# of strides	11.54	10.91	12.15	13.02	22.45	25.17	2.72
		velocity	7.97	9.49	9.36	8.98	8.47	8.00	7.91	7.46	8.40		8.67	9.17	8.23	7.68	8.91	7.95	

National FINAL - 2023 Bauhaus Galan (Stockholm, SWE) — *Omega Timing (2023) - diamond league race analysis*

date	02-Jul-23	time	6.33	11.39	16.61	22.03	27.75	33.81	40.01	46.69	46.69	5 / 1						
reaction time	0.169	interval		5.06	5.22	5.42	5.72	6.06	6.20	6.68	**PB**	# of strides	11.39	10.64	11.78	12.88	22.03	24.66	2.63
		velocity	7.90	9.88	9.58	9.23	8.74	8.25	8.06	7.49	8.57		8.78	9.40	8.49	7.76	9.08	8.11	

Semi-Final 2 - 2021 European Athletics U20 Championships (Tallin, EST) — *European Athletics (2021) - european athletics U20 championships results book*

date	15-Jul-21	time		12.04		23.19		35.07		47.40	47.40	7 / 5						
reaction time	0.245	interval				11.15		11.88		12.33		# of strides	12.04	11.15	11.88	12.33	23.19	24.21	1.02
		velocity		8.31		8.97		8.42		8.11	8.44		8.31	8.97	8.42	8.11	8.62	8.26	

FINAL - 2021 Bauhaus Galan (Stockholm, SWE) — *Omega Timing (2021) - diamond league race analysis*

date	04-Jul-21	time	6.5	11.7	17.0	22.4	28.2	34.4	40.7	47.36	47.36	1 / 8						
reaction time	0.157	interval		5.20	5.30	5.40	5.80	6.20	6.30	6.66		# of strides	11.70	10.70	12.00	12.96	22.40	24.96	2.56
		velocity	7.69	9.62	9.43	9.26	8.62	8.06	7.94	7.51	8.45		8.55	9.35	8.33	7.72	8.93	8.01	

FINAL - 2020 Bauhaus Galan (Stockholm, SWE) — *Omega Timing (2020) - diamond league race analysis*

date	23-Aug-20	time	6.4	11.6	17.1	22.9	29.1	35.2	41.3	47.84	47.84	1 / 8						
reaction time	0.161	interval		5.20	5.50	5.80	6.20	6.10	6.10	6.54		# of strides	11.60	11.30	12.30	12.64	22.90	24.94	2.04
		velocity	7.81	9.62	9.09	8.62	8.06	8.20	8.20	7.65	8.36		8.62	8.85	8.13	7.91	8.73	8.02	

Johnson, Michael (USA) (1967)			**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

FINAL - 2000 ISTAF (Berlin, GER) — *Graubner (2009) - http://www.fgs.uni-halle.de*

date	01-Sep-00	time		11.42		22.22		33.20		45.00	45.00	/ 1							
reaction time		interval				10.80		10.98		11.80		# of strides	11.42	10.80	10.98	11.80	22.22	22.78	0.56
		velocity		8.76		9.26		9.11		8.47	8.89		8.76	9.26	9.11	8.47	9.00	8.78	

FINAL - 2000 Olympic Games (Sydney, AUS) — *Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*

date	25-Sep-00	time		11.4		21.6		32.1		43.8	43.84	6 / 1							
reaction time		interval				10.20		10.50		11.70		# of strides	11.40	10.20	10.50	11.70	21.60	22.20	0.60
		velocity		8.77		9.80		9.52		8.55	9.12		8.77	9.80	9.52	8.55	9.26	9.01	

FINAL - 2000 USA Olympic Trials (Sacramento, CA) — *Hymans (2008) - history of the US olympic trials - track and field*

date	19-Jul-00	time		11.4		21.6		32.2		43.7	43.68	7 / 1							
reaction time		interval				10.20		10.60		11.50		# of strides	11.40	10.20	10.60	11.50	21.60	22.10	0.50
		velocity		8.77		9.80		9.43		8.70	9.16		8.77	9.80	9.43	8.70	9.26	9.05	

FINAL - 2000 Prefontaine Classic (Eugene, OR) — *Track Newsletter (2000) - US invitationals- eugene GP*

date	24-Jun-00	time				21.5		32.0		43.9	43.92	/ 1							
reaction time		interval						10.50		11.90		# of strides			10.50	11.90	21.50	22.40	0.90
		velocity				9.30		9.52		8.40	9.11				9.52	8.40	9.30	8.93	

FINAL - 2000 Engen (Pretoria, RSA) (Altitude) (300m) — *Track Newsletter (2000) - major internationals- pretoria*

date	24-Mar-00	time		10.68		20.11		30.85			30.85	/ 1							**100-300m**
reaction time		interval				9.43		10.74			**WR**	# of strides	10.68	9.43	10.74		20.11		20.17
		velocity		9.36		10.60		9.31			12.97		9.36	10.60	9.31		9.95		9.92

FINAL - 1999 IAAF World Championships (Sevilla, ESP) — *Track Newsletter (2000) - major internationals- pretoria*

date	26-Aug-99	time	6.14	11.10	16.10	21.22	26.42	31.66	37.18	43.18	43.18	5 / 1							
reaction time	0.150	interval		4.96	5.00	5.12	5.20	5.24	5.52	6.00	**WR**	# of strides	11.10	10.12	10.44	11.52	21.22	21.96	0.74
		velocity	8.14	10.08	10.00	9.77	9.62	9.54	9.06	8.33	9.26	180.5	9.01	9.88	9.58	8.68	9.43	9.11	

FINAL - 1997 Weltklasse (Zurich, SUI) — *Track Newsletter (1997) - Zurich GP*

date	13-Aug-97	time				21.5				44.3	44.31	/ 1							
reaction time		interval								22.80		# of strides					21.50	22.80	1.30
		velocity				9.30				8.77	9.03						9.30	8.77	

FINAL - 1997 IAAF World Championships (Athens, GRE) — *Ritzdorf (1997) - biomechanical research project at the VI th world championships in athletics, Athens 1997*

date	05-Aug-97	time	6.01	10.99	16.19	21.47	26.75	32.15	37.81	43.95	44.12	4 / 1							
reaction time	0.167	interval		4.98	5.20	5.28	5.28	5.40	5.66	6.14		# of strides	10.99	10.48	10.68	11.80	21.47	22.48	1.01
		velocity	8.32	10.04	9.62	9.47	9.47	9.26	8.83	8.14	9.07		9.10	9.54	9.36	8.47	9.32	8.90	

Semi-Final 2 - 1997 IAAF World Championships (Athens, GRE) — *Bondarchuk (2007) - transfer of training in sports*

date	04-Aug-97	time		11.09		21.75		32.50		44.37	44.37	2 / 1							
reaction time	0.160	interval				10.66		10.75		11.87		# of strides	11.09	10.66	10.75	11.87	21.75	22.62	0.87
		velocity		9.02		9.38		9.30		8.42	9.02	180.5	9.02	9.38	9.30	8.42	9.20	8.84	

FINAL - 1996 Olympic Games (Atlanta, GA) — *Urtebise (1996) - Atlanta 1996 : 400m*

date	29-Jul-96	time				21.22		31.80		43.49	43.49	4 / 1							
reaction time	0.254	interval						10.58		11.69	**OR**	# of strides			10.58	11.69	21.22	22.27	1.05
		velocity				9.43		9.45		8.55	9.20	180.7			9.45	8.55	9.43	8.98	

FINAL - 1996 Athletissima (Laussane, SUI) — *ferrari (2009) - Split 100 metri uomini e donne (www.noivelocisti.net/forum?func=view&catid=9&id=1813)*

date	03-Jul-96	time				21.9				43.66	43.66	/ 1							
reaction time		interval								21.76		# of strides					21.90	21.76	-0.14
		velocity				9.13				9.19	9.16						9.13	9.19	

FINAL - 1995 Weltklasse (Zurich, SUI) — *Track Newsletter (1995) - major international meets - zurich GP*

date	16-Aug-95	time		11.0		21.0		32.2		43.9	43.88	/ 1							
reaction time		interval				10.00		11.20		11.70		# of strides	11.00	10.00	11.20	11.70	21.00	22.90	1.90
		velocity		9.09		10.00		8.93		8.55	9.12		9.09	10.00	8.93	8.55	9.52	8.73	

FINAL - 1996 USA Olympic Trials (Atlanta, GA) — *USATF Women's Sprint Development (1996)*

date	19-Jun-96	time		11.02		21.27		31.64	37.34	43.44	43.44	5 / 1							
reaction time		interval				10.25		10.37	5.70	6.10		# of strides	11.02	10.25	10.37	11.80	21.27	22.17	0.90
		velocity		9.07		9.76		9.64	8.77	8.20	9.21		9.07	9.76	9.64	8.47	9.40	9.02	

Semi-Final 1 - 1996 USA Olympic Trials (Atlanta, GA) — *USATF Women's Sprint Development (1996)*

date	17-Jun-96	time		11.52		21.85		32.70	38.40	44.81	44.81	6 / 2							
reaction time		interval				10.33		10.85	5.70	6.41		# of strides	11.52	10.33	10.85	12.11	21.85	22.96	1.11
		velocity		8.68		9.68		9.22	8.77	7.80	8.93		8.68	9.68	9.22	8.26	9.15	8.71	

FINAL - 1995 IAAF World Championships (Göteborg, SWE) — *Pariente (2003) - la fabuleuse histoire de l'athletisme*

date	09-Aug-95	time		11.13		21.26		31.55		43.39	43.39	5 / 1							
reaction time		interval				10.13		10.29		11.84	**CR / PB**	# of strides	11.13	10.13	10.29	11.84	21.26	22.13	0.87
		velocity		8.98		9.87		9.72		8.45	9.22	182.0	8.98	9.87	9.72	8.45	9.41	9.04	

FINAL - 1995 USATF National Championships (Sacramento, CA) — *Track Newsletter (1995) - USATF National Championships*

date	16-Jun-95	time		11.2		21.5		31.8		43.7	43.66	/ 1							
reaction time		interval				10.30		10.30		11.90		# of strides	11.20	10.30	10.30	11.90	21.50	22.20	0.70
		velocity		8.93		9.71		9.71		8.40	9.16		8.93	9.71	9.71	8.40	9.30	9.01	

FINAL - 1993 IAAF World Championships (Stuttgart, GER) — *Graubner (2009) - http://www.fgs.uni-halle.de*

date	17-Aug-93	time	11.28		21.65		32.12		43.65	43.65	3 / 1						
reaction time		interval			10.37		10.47		11.53	CR PB	# of strides	11.28	10.37	10.47	11.53	21.65	22.00	0.35
		velocity	8.87		9.64		9.55		8.67	9.16	181.0	8.87	9.64	9.55	8.67	9.24	9.09	

Johnston, Rashaud (USA) (1986)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2005 USATF National Junior Championships (Carson, CA) — *USATF Women's Sprint Development (2005)*																	
date 25-Jun-05	time		17.28	22.76	28.65	34.39	40.73	47.88	47.88	9 / 8							
reaction time	interval			5.48	5.89	5.74	6.34	7.15		# of strides			11.63	13.49	22.76	25.12	2.36
	velocity		8.68	9.12	8.49	8.71	7.89	6.99	8.35				8.60	7.41	8.79	7.96	

Jones, Hunter (USA) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 2 - 2024 USA Olympic Trials (Eugene, OR) — *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*																	
date 21-Jun-24	time	11.71		23.14		36.09		50.51	50.51	9 / 4							
reaction time	interval			11.43		12.95		14.42		# of strides	11.71	11.43	12.95	14.42	23.14	27.37	4.23
	velocity	8.54		8.75		7.72		6.93	7.92		8.54	8.75	7.72	6.93	8.64	7.31	

Jones, Jonathan (BAR) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 3 - 2023 World Athletics Championships (Budapest, HUN) — *Seiko Timing (2023) - world championship race analysis*																	
date 20-Aug-23	time	11.40		21.70		32.91		46.03	46.03	7 / 7							
reaction time 0.156	interval			10.30		11.21		13.12		# of strides	11.40	10.30	11.21	13.12	21.70	24.33	2.63
	velocity	8.77		9.71		8.92		7.62	8.69		8.77	9.71	8.92	7.62	9.22	8.22	

FINAL - 2022 Commonwealth Games (Birmingham, GBR) — *Longines Timing (2022) - commonwealth games race analysis*

date	07-Aug-22	time	6.2	11.1	16.1	21.3	26.8	32.5	38.4	44.89	44.89	5 / 3							
reaction time	0.160	interval		4.90	5.00	5.20	5.50	5.70	5.90	6.49		# of strides	11.10	10.20	11.20	12.39	21.30	23.59	2.29
		velocity	8.06	10.20	10.00	9.62	9.09	8.77	8.47	7.70	8.91	174.5	9.01	9.80	8.93	8.07	9.39	8.48	

Semi-Final 2 - 2022 Commonwealth Games (Birmingham, GBR) — *Longines Timing (2022) - commonwealth games race analysis*

date	05-Aug-22	time	6.2	11.3	16.7	22.1	27.7	33.6	39.5	45.82	45.82	7 / 1							
reaction time	0.157	interval		5.10	5.40	5.40	5.60	5.90	5.90	6.32		# of strides	11.30	10.80	11.50	12.22	22.10	23.72	1.62
		velocity	8.06	9.80	9.26	9.26	8.93	8.47	8.47	7.91	8.73	175.0	8.85	9.26	8.70	8.18	9.05	8.43	

FINAL - 2022 World Athletics Championships (Eugene, OR) — *Timing by Seiko (2022) - world athletics championships race analysis*

date	22-Jul-22	time		11.07		21.46		32.86		46.13	46.13	2 / 8							
reaction time	0.155	interval				10.39		11.40		13.27		# of strides	11.07	10.39	11.40	13.27	21.46	24.67	3.21
		velocity		9.03		9.62		8.77		7.54	8.67		9.03	9.62	8.77	7.54	9.32	8.11	

Semi-Final 3 - 2022 World Athletics Championships (Eugene, OR) — *Timing by Seiko (2022) - world athletics championships race analysis*

date	20-Jul-22	time		11.27		21.49		32.57		44.78	44.78	3 / 3							
reaction time	0.149	interval				10.22		11.08		12.21		# of strides	11.27	10.22	11.08	12.21	21.49	23.29	1.80
		velocity		8.87		9.78		9.03		8.19	8.93		8.87	9.78	9.03	8.19	9.31	8.59	

Heat 1 - 2022 World Athletics Championships (Eugene, OR) — *Timing by Seiko (2022) - world athletics championships race analysis*

date	17-Jul-22	time		11.34		21.93		33.02		45.46	45.46	3 / 2							
reaction time	0.169	interval				10.59		11.09		12.44		# of strides	11.34	10.59	11.09	12.44	21.93	23.53	1.60
		velocity		8.82		9.44		9.02		8.04	8.80		174.0	8.82	9.44	9.02	8.04	9.12	8.50	

FINAL - 2019 Müller Anniversary Games (London, GBR) — *Omega Timing (2019) - diamond league race analysis*

date	21-Jul-19	time		11.2		21.3		32.3		44.63	44.63	8 / 2							
reaction time	0.185	interval				10.1		11.0		12.3	NR	# of strides	11.20	10.10	11.00	12.33	21.30	23.33	2.03
		velocity		8.93		9.90		9.09		8.11	8.96		174.2	8.93	9.90	9.09	8.11	9.39	8.57	

FINAL - 2019 Herculis Meeting International d'Athlétisme (Monaco, MON) — *Omega Timing (2019) - diamond league race analysis*

date	12-Jul-19	time		11.2		21.5		32.6		nt	nt	7 / --							
reaction time		interval				10.3		11.1			DNS	# of strides	11.20	10.30	11.10		21.50		
		velocity		8.93		9.71		9.01					8.93	9.71	9.01		9.30		

did not hear the recall gun for the false start in lane 4

FINAL - 2019 NCAA Championships (Austin, TX) — *Track Newsletter (2019) - NCAA men's championships*

date	07-Jun-19	time				21.6		32.4		44.6	44.64	/ 4							
reaction time	0.353	interval						10.80		12.20	NR	# of strides			10.80	12.20	21.60	23.00	1.40
		velocity				9.26		9.26		8.20	8.96				9.26	8.20	9.26	8.70	

FINAL - 2018 IAAF World Junior Championships (Tampere, FIN) — *Koyama (2018) - research on athlete performance and technique- 2018 data book*

date	13-Jul-18	time	6.34	11.37	16.43	21.89	27.61	33.72	40.40	48.01	48.01	8 / 8							
reaction time	0.185	interval		5.03	5.06	5.46	5.72	6.11	6.68	7.61		# of strides	11.37	10.52	11.83	14.29	21.89	26.12	4.23
		velocity	7.89	9.94	9.88	9.16	8.74	8.18	7.49	6.57	8.33		8.80	9.51	8.45	7.00	9.14	7.66	

Jones, Louis (USA) (1932)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1956 Olympic Games (Melbourne, AUS) — *Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*																	
date 29-Nov-56	time			21.8		33.4		48.1	48.1	6 / 5							
reaction time	interval					11.6		14.7	*(48.35)*	# of strides			11.60	14.70	21.80	26.30	4.50
	velocity			9.17		8.62		6.80	8.57				8.62	6.80	9.17	7.60	

FINAL - 1956 USA Olympic Trials (Los Angeles, CA) — *Hymans (2008) - history of the US olympic trials - track and field*

date	30-Jun-56	time				21.3				45.2	45.2	8 / 1							
reaction time		interval								23.90	WR	# of strides					21.30	23.90	2.60
		velocity				9.39				8.37	8.85						9.39	8.37	

FINAL - 1955 Pan American Games (Mexico City, MEX) (*Altitude*) — *Drake (1967) - der schnellste sprint der geschichte*

date	18-Mar-55	time				21.1				45.4	45.4	5 / 1							
reaction time		interval								24.30	WR	# of strides					21.10	24.30	3.20
		velocity				9.48				8.23	8.81						9.48	8.23	

Jones, William (USA) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 3 - 2025 USATF Championships (Eugene, OR)											*USATF and Karmarush (2025) - USATF championships results and race analysis*						
date 01-Aug-25	time		11.59		22.39		33.66		45.88	45.88	3 / 3						
reaction time	interval				10.80		11.27		12.22		# of strides	11.59	10.80	11.27	12.22	22.39	23.49	1.10
	velocity		8.63		9.26		8.87		8.18	8.72		8.63	9.26	8.87	8.18	8.93	8.51	
Semi-Final 3 - 2024 USA Olympic Trials (Eugene, OR)											*USATF and Karmarush (2024) - USA Olympic trials results and race analysis*						
date 23-Jun-24	time		11.16		21.84		33.37		46.19	46.19	3 / 4						
reaction time	interval				10.68		11.53		12.82		# of strides	11.16	10.68	11.53	12.82	21.84	24.35	2.51
	velocity		8.96		9.36		8.67		7.80	8.66		8.96	9.36	8.67	7.80	9.16	8.21	
Heat 3 - 2024 USA Olympic Trials (Eugene, OR)											*USATF and Karmarush (2024) - USA Olympic trials results and race analysis*						
date 21-Jun-24	time		11.16		21.47		32.90		45.50	45.50	4 / 5						
reaction time	interval				10.31		11.43		12.60		# of strides			11.43	12.60	21.47	24.03	2.56
	velocity		8.96		9.70		8.75		7.94	8.79	166.5			8.75	7.94	9.32	8.32	

Jordier, Thomas (FRA) (1994)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 Athletissima (Lausanne, SUI)											*Omega Timing (2023) - diamond league race analysis*						
date 30-Jun-23	time	6.25	11.33	16.52	21.99	27.68	33.62	39.83	46.77	46.77	6 / 7						
reaction time 0.140	interval		5.08	5.19	5.47	5.69	5.94	6.21	6.94		# of strides	11.33	10.66	11.63	13.15	21.99	24.78	2.79
	velocity	8.00	9.84	9.63	9.14	8.79	8.42	8.05	7.20	8.55		8.83	9.38	8.60	7.60	9.10	8.07	
FINAL - 2022 Memorial van Damme (Brussels, BEL)											*Omega Timing (2022) - diamond league race analysis*						
date 02-Sep-22	time	6.49	11.83	17.15	22.65	28.41	34.44	40.71	47.55	47.55	8 / 8						
reaction time 0.163	interval		5.34	5.32	5.50	5.76	6.03	6.27	6.84		# of strides	11.83	10.82	11.79	13.11	22.65	24.90	2.25
	velocity	7.70	9.36	9.40	9.09	8.68	8.29	7.97	7.31	8.41		8.45	9.24	8.48	7.63	8.83	8.03	
FINAL - 2022 European Athletics Championships (Munich, GER)											*European Athletics (2022) - european athletics championships race analysis*						
date 17-Aug-22	time		11.12		21.67		33.15		45.67	45.67	3 / 8						
reaction time 0.171	interval				10.55		11.48		12.52		# of strides	11.12	10.55	11.48	12.52	21.67	24.00	2.33
	velocity		8.99		9.48		8.71		7.99	8.76	188.0	8.99	9.48	8.71	7.99	9.23	8.33	
Semi-Final 2 - 2022 European Athletics Championships (Munich, GER)											*European Athletics (2022) - european athletics championships race analysis*						
date 16-Aug-22	time		11.15		21.51		32.88		45.37	45.37	4 / 1						
reaction time 0.174	interval				10.36		11.37		12.49	PB	# of strides	11.15	10.36	11.37	12.49	21.51	23.86	2.35
	velocity		8.97		9.65		8.80		8.01	8.82	185.5	8.97	9.65	8.80	8.01	9.30	8.38	
Heat 4 - 2022 European Athletics Championships (Munich, GER)											*European Athletics (2022) - european athletics championships race analysis*						
date 15-Aug-22	time		11.36		21.57		32.86		45.39	45.39	3 / 1						
reaction time 0.190	interval				10.21		11.29		12.53	PB	# of strides	11.36	10.21	11.29	12.53	21.57	23.82	2.25
	velocity		8.80		9.79		8.86		7.98	8.81		8.80	9.79	8.86	7.98	9.27	8.40	

Joseph, Michael (LCA) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Repechage 2 - 2024 Olympic Games (Paris, FRA)											*Paris 2024 Olympic Games - Results Book (2024)*						
date 05-Aug-24	time	6.19	11.24	16.51	21.93	27.54	33.34	39.34	45.64	45.64	6 / 4						
reaction time 0.186	interval		5.05	5.27	5.42	5.61	5.80	6.00	6.30		# of strides	11.24	10.69	11.41	12.30	21.93	23.71	1.78
	velocity	8.08	9.90	9.49	9.23	8.91	8.62	8.33	7.94	8.76	175.2.	8.90	9.35	8.76	8.13	9.12	8.44	
Heat 2 - 2024 Olympic Games (Paris, FRA)											*Paris 2024 Olympic Games - Results Book (2024)*						
date 04-Aug-24	time	6.06	11.04	16.06	21.31	26.87	32.72	38.91	45.69	45.69	3 / 8						
reaction time 0.175	interval		4.98	5.02	5.25	5.56	5.85	6.19	6.78		# of strides	11.04	10.27	11.41	12.97	21.31	24.38	3.07
	velocity	8.25	10.04	9.96	9.52	8.99	8.55	8.08	7.37	8.75	176.0	9.06	9.74	8.76	7.71	9.39	8.20	
Semi-Final 1 - 2023 World Athletics Championships (Budapest, HUN)											*Seiko Timing (2023) - world championship race analysis*						
date 22-Aug-23	time		11.17		21.36		33.01		45.50	45.50	2 / 7						
reaction time 0.161	interval				10.19		11.65		12.49		# of strides	11.17	10.19	11.65	12.49	21.36	24.14	2.78
	velocity		8.95		9.81		8.58		8.01	8.79		8.95	9.81	8.58	8.01	9.36	8.29	
Heat 1 - 2023 World Athletics Championships (Budapest, HUN)											*Seiko Timing (2023) - world championship race analysis*						
date 20-Aug-23	time		11.33		21.61		32.79		45.04	45.04	5 / 5						
reaction time 0.153	interval				10.28		11.18		12.25		# of strides	11.33	10.28	11.18	12.25	21.61	23.43	1.82
	velocity		8.83		9.73		8.94		8.16	8.88	170.0	8.83	9.73	8.94	8.16	9.25	8.54	
Semi-Final 1 - 2022 Commonwealth Games (Birmingham, GBR)											*Longines Timing (2022) - commonwealth games race analysis*						
date 05-Aug-22	time	6.1	11.1	16.3	21.8	27.6	33.7	40.0	47.03	47.03	3 / 6						
reaction time 0.156	interval		5.00	5.20	5.50	5.80	6.10	6.30	7.03		# of strides	11.10	10.70	11.90	13.33	21.80	25.23	3.43
	velocity	8.20	10.00	9.62	9.09	8.62	8.20	7.94	7.11	8.51	182.0	9.01	9.35	8.40	7.50	9.17	7.93	

Ju Tianqi (CHN) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2024 Chinese National Championships (Quzhou, CHN)											*Shandong Athletics Sport Science (2024)*						
date 16-Sep-24	time		11.66		22.39		33.95	39.99	46.77	46.77	5 / 5						
reaction time 0.224	interval				10.73		11.56	6.04	6.78		# of strides	11.66	10.73	11.56	12.82	22.39	24.38	1.99
	velocity		8.58		9.32		8.65	8.28	7.37	8.55	171.2	8.58	9.32	8.65	7.80	8.93	8.20	
FINAL - 2023 Chinese National Championships (Quzhou, CHN)											*Shandong Athletics Sport Science (2023)*						
date 22-Jul-23	time		11.64		22.62		34.38	40.36	46.72	46.72	5 / 4						
reaction time 0.215	interval				10.98		11.76	5.98	6.36		# of strides	11.64	10.98	11.76	12.34	22.62	24.10	1.48
	velocity		8.59		9.11		8.50	8.36	7.86	8.56	176.5	8.59	9.11	8.50	8.10	8.84	8.30	
Semi-Final 1 - 2023 Chinese National Championships (Quzhou, CHN)											*Shandong Athletics Sport Science (2023)*						
date 21-Jul-23	time		11.58		22.27		33.90	39.91	46.22	46.22	4 / 1						
reaction time 0.209	interval				10.69		11.63	6.01	6.31	PB	# of strides	11.58	10.69	11.63	12.32	22.27	23.95	1.68
	velocity		8.64		9.35		8.60	8.32	7.92	8.65	175.7	8.64	9.35	8.60	8.12	8.98	8.35	
Heat 1 - 2023 Chinese National Championships (Quzhou, CHN)											*Shandong Athletics Sport Science (2023)*						

date	21-Jul-23	time	11.42	22.19	34.03	40.23	46.88	46.88	6 / 2								
reaction time	0.213	interval		10.77	11.84	6.20	6.65		# of strides	11.42	10.77	11.84	12.85	22.19	24.69	2.50	
		velocity	8.76	9.29	8.45	8.06	7.52	8.53	179.5	8.76	9.29	8.45	7.78	9.01	8.10		

FINAL - 2023 Chinese World Championship & Asian Games Trials (Shenyang, CHN) *Shandong Athletics Sport Science (2023)*

date	28-Jun-23	time	11.54	21.99	33.68	39.82	46.60	46.60	5 / 3								
reaction time	0.242	interval		10.45	11.69	6.14	6.78	PB	# of strides	11.54	10.45	11.69	12.92	21.99	24.61	2.62	
		velocity	8.67	9.57	8.55	8.14	7.37	8.58	177.5	8.67	9.57	8.55	7.74	9.10	8.13		

FINAL - 2023 Chinese National Grand Prix 3 (Taizhou, CHN) *Shandong Athletics Sport Science (2023)*

date	26-May-23	time	11.42	22.24	34.15	40.24	46.85	46.85	5 / 2								
reaction time	0.220	interval		10.82	11.91	6.09	6.61		# of strides	11.42	10.82	11.91	12.70	22.24	24.61	2.37	
		velocity	8.76	9.24	8.40	8.21	7.56	8.54	178.0	8.76	9.24	8.40	7.87	8.99	8.13		

Heat 3 - 2023 Chinese National Grand Prix 3 (Taizhou, CHN) *Shandong Athletics Sport Science (2023)*

date	26-May-23	time	11.58	22.35	33.97	40.19	47.00	47.00	4 / 2								
reaction time	0.230	interval		10.77	11.62	6.22	6.81		# of strides	11.58	10.77	11.62	13.03	22.35	24.65	2.30	
		velocity	8.64	9.29	8.61	8.04	7.34	8.51	179.0	8.64	9.29	8.61	7.67	8.95	8.11		

Juantorena, Alberto (CUB) (1950)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1980 Olympic Games (Moscow, URS)																	
Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016																	
date 30-Jul-80	time			21.5		32.9		45.1	45.09	3 / 4							
reaction time 0.220	interval					11.4		12.20		# of strides			11.40	12.20	21.50	23.60	2.10
	velocity			9.30		8.77		8.20	8.87	159.0			8.77	8.20	9.30	8.47	

FINAL (*original*) - 1977 IAAF World Cup (Düsseldorf, FRG) *Butler (2010) -1st/IAAF VTB bank continental cup, IAAF statistics handbook - split 2010*

date	03-Sep-77	time	12.80				45.83	45.83	8 / 3								
reaction time		interval					33.10		# of strides	12.80							
		velocity	7.81				9.06	8.73		7.81							

FINAL - 1976 Olympic Games (Montreal, CAN) *Lamare (1976) - les jeux de la XXI olympia, Montreal 1976*

date	29-Jul-76	time	11.29	21.24	32.03		44.26	44.26	2 / 1								
reaction time		interval		9.95	10.79		12.23	PB	# of strides	11.29	9.95	10.79	12.23	21.24	23.02	1.78	
		velocity	8.86	10.05	9.27		8.18	9.04	158.2	8.86	10.05	9.27	8.18	9.42	8.69		

Semi-Final 1 - 1976 Olympic Games (Montreal, CAN) *Lamare (1976) - les jeux de la XXI olympia, Montreal 1976*

date	28-Jul-76	time	11.90	22.37	32.47		45.10	45.10	7 / 1								
reaction time		interval		10.47	10.10		12.63		# of strides	11.90	10.47	10.10	12.63	22.37	22.73	0.36	
		velocity	8.40	9.55	9.90		7.92	8.87	160.0	8.40	9.55	9.90	7.92	8.94	8.80		

Quarter-Final 2 - 1976 Olympic Games (Montreal, CAN) *Lamare (1976) - les jeux de la XXI olympia, Montreal 1976*

date	26-Jul-76	time		22.6	34.1		45.92	45.92	7 / 2								
reaction time		interval			11.50		11.82		# of strides			11.50	11.82	22.60	23.32	0.72	
		velocity		8.85	8.70		8.46	8.71				8.70	8.46	8.85	8.58		

Quarter-Final 1 - 1972 Olympic Games (Munich, FRG) *Vazel (2011) - speed reserve in the 400m*

date	04-Sep-72	time	12.2	23.0	34.0		46.00	45.96	2 / 1								
reaction time		interval		10.80	11.00		12.00		# of strides	12.20	10.80	11.00	12.00	23.00	23.00	0.00	
		velocity	8.20	9.26	9.09		8.33	8.70		8.20	9.26	9.09	8.33	8.70	8.70		

Junya, Nagahisa (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2007 Japanese National High School Championships (Saga, JPN)																	
Hitorara (2007) - 60st high school championships: JAF scientific committee - biomechanics data collection																	
date 02-Aug-07	time	6.60	12.29	18.25	24.28	30.37	36.41	42.63	49.29	49.29	/ 2							
reaction time	interval		5.69	5.96	6.03	6.09	6.04	6.22	6.66		# of strides	12.29	11.99	12.13	12.88	24.28	25.01	0.73
	velocity	7.58	8.79	8.39	8.29	8.21	8.28	8.04	7.51	8.12		8.14	8.34	8.24	7.76	8.24	8.00	

Jutzet, Juri (SUI) (2005)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B Race - 2024 Athletissima (Lausanne, SUI)																	
Omega Timing (2024) - diamond league race analysis																	
date 22-Aug-24	time	6.62	12.16	17.77	23.58	29.65	35.96	42.39	49.17	49.17	3 / 6							
reaction time 0.180	interval		5.54	5.61	5.81	6.07	6.31	6.43	6.78		# of strides	12.16	11.42	12.38	13.21	23.58	25.59	2.01
	velocity	7.55	9.03	8.91	8.61	8.24	7.92	7.78	7.37	8.14		8.22	8.76	8.08	7.57	8.48	7.82	

Kaasalainen, Vijami (FIN) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B Final - 2023 European Team Championships, First Division (Chorzów, POL)																	
European Athletics (2023) - 3rd european games, athletics - results book																	
date 23-Jun-23	time		11.52		22.02		34.94		46.88	46.88	4 / 5							
reaction time 0.162	interval				10.50		12.92		11.94		# of strides	11.52	10.50	12.92	11.94	22.02	24.86	2.84
	velocity		8.68		9.52		7.74		8.38	8.53		8.68	9.52	7.74	8.38	9.08	8.05	

Kabeya, Tomoyuki (JPN) (1992)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2009 Japanese National High School Championships (Nara, JPN)																	
Matsuo (2009) - 62nd high school championships: JAF scientific committee- biomechanics																	
date 29-Jul-09	time		12.03		23.22		35.45		49.11	49.11	7 / 8							
reaction time	interval				11.19		12.23		13.66		# of strides	12.03	11.19	12.23	13.66	23.22	25.89	2.67
	velocity		8.31		8.94		8.18		7.32	8.14		8.31	8.94	8.18	7.32	8.61	7.72	

Kadestål, Kasper (SWE) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B Final - 2023 European Team Championships, First Division (Chorzów, POL)																	
European Athletics (2023) - 3rd european games, athletics - results book																	
date 23-Jun-23	time		11.31		21.97		34.13		47.27	47.27	2 / 7							
reaction time 0.215	interval				10.66		12.16		13.14		# of strides	11.31	10.66	12.16	13.14	21.97	25.30	3.33
	velocity		8.84		9.38		8.22		7.61	8.46		8.84	9.38	8.22	7.61	9.10	7.91	

Kageyama, Hiromasa (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2024 Shimane High School Championships (Izumo, JPN)																	
Shimizu (2024) - shimane high school championships 2024 - biomechanics data analysis																	
date 24-May-24	time		12.15		24.03		37.16		51.20	51.20	4 / 7							
reaction time	interval				11.88		13.13		14.04		# of strides	12.15	11.88	13.13	14.04	24.03	27.17	3.14
	velocity		8.23		8.42		7.62		7.12	7.81		8.23	8.42	7.62	7.12	8.32	7.36	

Kajima, Ayato (JPN) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 Shimane High School Championships (Izumo, JPN)										*Shimizu (2021) - shimane high school championships 2021 - biomechanics data analysis*							
date 28-May-21 time		12.15		23.47		35.67		49.64	49.64	4 / 1							
reaction time interval				11.32		12.20		13.97		# of strides	12.15	11.32	12.20	13.97	23.47	26.17	2.70
velocity		8.23		8.83		8.20		7.16	8.06		8.23	8.83	8.20	7.16	8.52	7.64	

Kajiyama, Kaitama (JPN) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
U19 Heat 1 - 2017 National Sports Festival (Matsuyama, JPN)										*(2017) - tfdata-store.com/2017/10/12/post-1100/*							
date 08-Oct-17 time		11.92		23.41		35.62		48.91	48.91	4 / 6							
reaction time 0.183 interval				11.49		12.21		13.29		# of strides	11.92	11.49	12.21	13.29	23.41	25.50	2.09
velocity		8.39		8.70		8.19		7.52	8.18	176.0	8.39	8.70	8.19	7.52	8.54	7.84	

Kakuho, Miyauchi (JPN) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
U19 Semi-Final 2 - 2017 National Sports Festival (Matsuyama, JPN)										*(2017) - tfdata-store.com/2017/10/12/post-1100/*							
date 08-Oct-17 time		11.87		23.24		35.58		49.05	49.05	3 / 8							
reaction time 0.244 interval				11.37		12.34		13.47		# of strides	11.87	11.37	12.34	13.47	23.24	25.81	2.57
velocity		8.42		8.80		8.10		7.42	8.15	192.2	8.42	8.80	8.10	7.42	8.61	7.75	

Kamoga, Davis (UGA) (1968)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1997 Weltklasse (Zurich, SUI)										*Track Newsletter (1997) - Zurich GP*							
date 13-Aug-97 time				21.7				44.4	44.43	/ 3							
reaction time interval								22.70		# of strides					21.70	22.70	1.00
velocity				9.22				8.81	9.00						9.22	8.81	
FINAL - 1997 IAAF World Championships (Athens, GRE)										*Ritzdorf (1997) - biomechanical research project at the VI th world championships in athletics, Athens 1997*							
date 05-Aug-97 time	6.23	11.27	16.31	21.33	26.57	32.03	37.81	44.15	44.37	7 / 2							
reaction time 0.216 interval		5.04	5.04	5.02	5.24	5.46	5.78	6.34	NR	# of strides	11.27	10.06	10.70	12.12	21.33	22.82	1.49
velocity	8.03	9.92	9.92	9.96	9.54	9.16	8.65	7.89	9.02		8.87	9.94	9.35	8.25	9.38	8.76	
FINAL - 1996 Olympic Games (Atlanta, GA)										*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*							
date 29-Jul-96 time				21.76		32.5		44.53	44.53	2 / 3							
reaction time 0.264 interval						10.74		12.03		# of strides			10.74	12.03	21.76	22.77	1.01
velocity				9.19		9.31		8.31	8.98				9.31	8.31	9.19	8.78	

Kanamori, Reiya (JPN) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2017 Kansai Regional University Championships (Osaka, JPN)										*(2017) - tfdata-store.com/2017/05/13/post-441/*							
date 11-May-17 time		12.25		23.74		35.71		48.86	48.86	6 / 8							
reaction time interval				11.49		11.97		13.15		# of strides	12.25	11.49	11.97	13.15	23.74	25.12	1.38
velocity		8.16		8.70		8.35		7.60	8.19		8.16	8.70	8.35	7.60	8.42	7.96	

Kaneda, Riki (JPN) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2018 Japanese National High School Championships (Nagoya, JPN)										*Kota (2018) - 71st high school championships: JAF scientific committee - biomechanics data collection*							
date 02-Aug-18 time	6.32	11.59	16.93	22.57	28.49	34.60	41.00	47.93	47.93	3 / 7							
reaction time interval		5.27	5.34	5.64	5.92	6.11	6.40	6.93		# of strides	11.59	10.98	12.03	13.33	22.57	25.36	2.79
velocity	7.91	9.49	9.36	8.87	8.45	8.18	7.81	7.22	8.35		8.63	9.11	8.31	7.50	8.86	7.89	

Kanemaru, Yuzo (JPN) (1987)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2018 Japanese National Championships (Yamaguchi, JPN)										*Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*							
date 23-Jun-18 time	6.20	11.31	16.57	22.12	28.01	34.37	41.07	48.23	48.23	2 / 8							
reaction time 0.170 interval		5.11	5.26	5.55	5.89	6.36	6.70	7.16		# of strides	11.31	10.81	12.25	13.86	22.12	26.11	3.99
velocity	8.06	9.78	9.51	9.01	8.49	7.86	7.46	6.98	8.29		8.84	9.25	8.16	7.22	9.04	7.66	
Heat 1 - 2018 Japanese National Championships (Yamaguchi, JPN)										*Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*							
date 22-Jun-18 time	6.14	11.22	16.50	22.07	27.95	34.04	40.35	47.02	47.02	4 / 3							
reaction time 0.156 interval		5.08	5.28	5.57	5.88	6.09	6.31	6.67		# of strides	11.22	10.85	11.97	12.98	22.07	24.95	2.88
velocity	8.14	9.84	9.47	8.98	8.50	8.21	7.92	7.50	8.51	179.7	8.91	9.22	8.35	7.70	9.06	8.02	
FINAL - 2018 Seiko Golden Grand Prix (Osaka, JPN)										*Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*							
date 20-May-18 time	6.03	11.13	16.27	21.63	27.35	33.45	39.80	46.29	46.29	4 / 4							
reaction time 0.173 interval		5.10	5.14	5.36	5.72	6.10	6.35	6.49		# of strides	11.13	10.50	11.82	12.84	21.63	24.66	3.03
velocity	8.29	9.80	9.73	9.33	8.74	8.20	7.87	7.70	8.64	179.0	8.98	9.52	8.46	7.79	9.25	8.11	
A FINAL - 2018 Shizuoka International Meeting (Fukuroi, JPN)										*Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*							
date 03-May-18 time	6.20	11.24	16.54	22.06	27.78	33.71	39.88	46.38	46.38	8 / 1							
reaction time 0.168 interval		5.04	5.30	5.52	5.72	5.93	6.17	6.50		# of strides	11.24	10.82	11.65	12.67	22.06	24.32	2.26
velocity	8.06	9.92	9.43	9.06	8.74	8.43	8.10	7.69	8.62	180.5	8.90	9.24	8.58	7.89	9.07	8.22	
FINAL - 2017 Nanbu Memorial Meeting (Sapporo, JPN)										*(2017) - tfdata-store.com/2017/07/11/post-1010/*							
date 09-Jul-17 time		11.21		21.97		33.71		46.39	46.39	5 / 1							
reaction time interval				10.76		11.74		12.68		# of strides	11.21	10.76	11.74	12.68	21.97	24.42	2.45
velocity		8.92		9.29		8.52		7.89	8.62	177.0	8.92	9.29	8.52	7.89	9.10	8.19	
FINAL - 2017 Japanese National Championships (Osaka, JPN)										*Yamanaka (2017) - male and female 400m analysis in the 2017 season*							
date 24-Jun-17 time	6.20	11.26	16.53	22.04	27.81	33.87	40.29	47.06	47.06	9 / 7							
reaction time 0.154 interval		5.06	5.27	5.51	5.77	6.06	6.42	6.77		# of strides	11.26	10.78	11.83	13.19	22.04	25.02	2.98
velocity	8.06	9.88	9.49	9.07	8.67	8.25	7.79	7.39	8.50	177.0	8.88	9.28	8.45	7.58	9.07	7.99	
Heat 1 - 2017 Japanese National Championships (Osaka, JPN)										*(2017) - tfdata-store.com/2017/07/08/post-965/*							
date 23-Jun-17 time		11.21		21.50		33.20		45.76	45.76	4 / 2							
reaction time 0.144 interval				10.29		11.70		12.56		# of strides	11.21	10.29	11.70	12.56	21.50	24.26	2.76
velocity		8.92		9.72		8.55		7.96	8.74	174.7	8.92	9.72	8.55	7.96	9.30	8.24	
FINAL - 2017 Shizuoka International Meeting (Fukuroi, JPN)										*Yamanaka (2017) - male and female 400m analysis in the 2017 season*							
date 03-May-17 time	6.21	11.31	16.62	22.17	27.98	34.04	40.42	47.08	47.08	/ 3							

reaction time		interval		5.10	5.31	5.55	5.81	6.06	6.38	6.66		# of strides	11.31	10.86	11.87	13.04	22.17	24.91	2.74
		velocity	8.05	9.80	9.42	9.01	8.61	8.25	7.84	7.51	8.50		8.84	9.21	8.42	7.67	9.02	8.03	

Heat 7 - 2016 Olympic Games (Rio de Janeiro, BRA) — *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	12-Aug-16	time		11.34		22.22		34.73		48.38	48.38	8 / 1						
reaction time	0.144	interval				10.88		12.51		13.65		# of strides	11.34	10.88	12.51	13.65	22.22	26.16	3.94
		velocity		8.82		9.19		7.99		7.33	8.27		8.82	9.19	7.99	7.33	9.00	7.65	

Semi-Final 1 - 2015 IAAF World Championships (Beijing, CHN) — *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	23-Aug-15	time	6.15	11.13	16.25	21.60	27.21	33.02	39.20	45.65	45.65	9 / 6						
reaction time	0.156	interval		4.98	5.12	5.35	5.61	5.81	6.18	6.45		# of strides	11.13	10.47	11.42	12.63	21.60	24.05	2.45
		velocity	8.13	10.04	9.77	9.35	8.91	8.61	8.09	7.75	8.76		8.98	9.55	8.76	7.92	9.26	8.32	

FINAL - 2015 Japanese National Championships (Niigata, JPN) — *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	28-Jun-15	time	6.17	11.20	16.42	21.84	27.58	33.41	39.55	46.10	46.10	7 / 1						
reaction time	0.172	interval		5.03	5.22	5.42	5.74	5.83	6.14	6.55		# of strides	11.20	10.64	11.57	12.69	21.84	24.26	2.42
		velocity	8.10	9.94	9.58	9.23	8.71	8.58	8.14	7.63	8.68	180.0	8.93	9.40	8.64	7.88	9.16	8.24	

Heat 2 - 2015 Japanese National Championships (Niigata, JPN) — *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	27-Jun-15	time	6.32	11.42	16.58	21.92	27.53	33.13	39.18	45.91	45.91	9 / 1						
reaction time	0.187	interval		5.10	5.16	5.34	5.61	5.60	6.05	6.73		# of strides	11.42	10.50	11.21	12.78	21.92	23.99	2.07
		velocity	7.91	9.80	9.69	9.36	8.91	8.93	8.26	7.43	8.71	182.0	8.76	9.52	8.92	7.82	9.12	8.34	

FINAL - 2014 Asian Games (Incheon, KOR) — *Maho (2014) - race analysis of men's 400m run in the 2014 season*

date	28-Sep-14	time	6.19	11.35	16.52	21.92	27.58	33.57	39.60	46.04	46.04	/ 4						
reaction time	0.167	interval		5.16	5.17	5.40	5.66	5.99	6.03	6.44		# of strides	11.35	10.57	11.65	12.47	21.92	24.12	2.20
		velocity	8.08	9.69	9.67	9.26	8.83	8.35	8.29	7.76	8.69		8.81	9.46	8.58	8.02	9.12	8.29	

FINAL - 2014 Japanese National Championships (Fukushima, JPN) — *Maho (2014) - race analysis of men's 400m run in the 2014 season*

date	08-Jun-14	time	6.18	11.21	16.28	21.70	27.32	33.18	39.25	45.69	45.69	7 / 1						
reaction time		interval		5.03	5.07	5.42	5.62	5.86	6.07	6.44		# of strides	11.21	10.49	11.48	12.51	21.70	23.99	2.29
		velocity	8.09	9.94	9.86	9.23	8.90	8.53	8.24	7.76	8.75	178.0	8.92	9.53	8.71	7.99	9.22	8.34	

FINAL - 2014 Shizuoka International Athletics Meeting (Fukuori, JPN) — *Maho (2014) - race analysis of men's 400m run in the 2014 season*

date	03-May-14	time	6.18	11.25	16.35	21.63	27.22	33.08	39.11	45.46	45.46	/ 1						
reaction time		interval		5.07	5.10	5.28	5.59	5.86	6.03	6.35		# of strides	11.25	10.38	11.45	12.38	21.63	23.83	2.20
		velocity	8.09	9.86	9.80	9.47	8.94	8.53	8.29	7.87	8.80		8.89	9.63	8.73	8.08	9.25	8.39	

FINAL - 2012 Japanese National Championships (Osaka, JPN) — *Maho (2013) - race analysis of the men's 400m run in competition*

date	09-Jun-12	time	6.04	10.98	16.05	21.57	27.35	33.36	39.58	46.18	46.18	7 / 1						
reaction time		interval		4.94	5.07	5.52	5.78	6.01	6.22	6.60		# of strides	10.98	10.59	11.79	12.82	21.57	24.61	3.04
		velocity	8.28	10.12	9.86	9.06	8.65	8.32	8.04	7.58	8.66	180.5	9.11	9.44	8.48	7.80	9.27	8.13	

FINAL - 2011 Japanese National Championships (Kumagaya, JPN) — *Maho (2013) - race analysis of the men's 400m run in competition*

date	12-Jun-11	time	6.07	11.01	16.02	21.33	26.98	32.91	39.10	45.68	45.68	/ 1						
reaction time		interval		4.94	5.01	5.31	5.65	5.93	6.19	6.58		# of strides	11.01	10.32	11.58	12.77	21.33	24.35	3.02
		velocity	8.24	10.12	9.98	9.42	8.85	8.43	8.08	7.60	8.76		9.08	9.69	8.64	7.83	9.38	8.21	

FINAL - 2009 Shizuoka International Athletics Meeting (Fukuori, JPN) — *Matsuo (2010) - 63rd high school championships: JAF scientific committee- biomechanics data*

date	03-May-09	time	6.21	11.20	16.25	21.55	27.07	32.91	38.89	45.27	45.27	/ 1						
reaction time		interval		4.99	5.05	5.30	5.52	5.84	5.98	6.38		# of strides	11.20	10.35	11.36	12.36	21.55	23.72	2.17
		velocity	8.05	10.02	9.90	9.43	9.06	8.56	8.36	7.84	8.84		8.93	9.66	8.80	8.09	9.28	8.43	

FINAL - 2006 Seiko Super Grand Prix (Yokohama, JPN) — *Hisashi (2007) - Super Grand Prix 2006 - sprinting speed changes in the 400m*

date	24-Sep-06	time	6.2	11.1	16.2	21.6	27.4	33.4	39.7	46.05	46.05	5 / 3						
reaction time		interval		4.90	5.10	5.40	5.80	6.00	6.30	6.35		# of strides	11.10	10.50	11.80	12.65	21.60	24.45	2.85
		velocity	8.06	10.20	9.80	9.26	8.62	8.33	7.94	7.87	8.69		9.01	9.52	8.47	7.91	9.26	8.18	

FINAL - 2005 Seiko Super Grand Prix (Yokohama, JPN) — *Masaaki (2006) - time analysis in the 400m at the Seiko Super Grand Prix*

date	19-Sep-05	time		11.33		22.02		33.23	39.12	45.47	45.47	4 / 1						
reaction time		interval				10.69		11.21	5.89	6.35	**PB**	# of strides	11.33	10.69	11.21	12.24	22.02	23.45	1.43
		velocity		8.83		9.35		8.92	8.49	7.87	8.80		8.83	9.35	8.92	8.17	9.08	8.53	

Kanetsuki, Satoshi (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 Shimane High School Championships (Izumo, JPN)										*Shimizu (2021) - shimane high school championships 2021 - biomechanics data analysis*							
date 28-May-21	time		13.53		26.72		40.22		54.01	54.01	7 / 8							
reaction time	interval				13.19		13.50		13.79		# of strides	13.53	13.19	13.50	13.79	26.72	27.29	0.57
	velocity		7.39		7.58		7.41		7.25	7.41		7.39	7.58	7.41	7.25	7.49	7.33	

Karam, Youssef (KUW) (1993)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat A - West Asian Championships - 2024 Seashore Doha Meeting (Doha, QAT)										*Omega Timing (2024) - diamond league race analysis*							
date 10-May-24	time	6.23	11.41	16.81	22.36	28.18	34.21	40.29	46.69	46.69	5 / 1							
reaction time 0.145	interval		5.18	5.40	5.55	5.82	6.03	6.08	6.40		# of strides	11.41	10.95	11.85	12.48	22.36	24.33	1.97
	velocity	8.03	9.65	9.26	9.01	8.59	8.29	8.22	7.81	8.57		8.76	9.13	8.44	8.01	8.94	8.22	

FINAL - 2019 Asian Athletics Championships (Doha, QAT) — *Yamanaka (2019) - race analysis of men and women 400m competition*

date	22-Apr-19	time	6.20	11.17	16.22	21.49	26.94	32.58	38.44	44.84	44.84	6 / 1						
reaction time	0.149	interval		4.97	5.05	5.27	5.45	5.64	5.86	6.40	**NR PB**	# of strides	11.17	10.32	11.09	12.26	21.49	23.35	1.86
		velocity	8.06	10.06	9.90	9.49	9.17	8.87	8.53	7.81	8.92	167.2	8.95	9.69	9.02	8.16	9.31	8.57	

Karpov, Dmitriy (KAZ) (1981)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 5 - 2009 IAAF World Championships (Berlin, GER)										*Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*							
date 19-Aug-09	time		11.89		23.17		35.47		49.45	49.45	7 / 1							
reaction time 0.127	interval				11.28		12.30		13.98		# of strides	11.89	11.28	12.30	13.98	23.17	26.28	3.11
	velocity		8.41		8.87		8.13		7.15	8.09	186.5	8.41	8.87	8.13	7.15	8.63	7.61	

Karsten, Kai (GER) (1968)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1991 European Cup (Frankfurt, GER)																	*Federle (2003) - http://www.fgs.uni-halle.de*
date 29-Jun-91	time	11.30		21.85		33.53		46.40	46.40	/ 7							
reaction time	interval			10.55		11.68		12.87		# of strides	11.30	10.55	11.68	12.87	21.85	24.55	2.70
	velocity	8.85		9.48		8.56		7.77	8.62		8.85	9.48	8.56	7.77	9.15	8.15	

Kasai, Kuraki (JPN) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 Japanese U20 National Championships (Osaka, JPN)																	*Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition*
date 25-Jun-21	time	6.48	11.88	17.42	23.19	29.07	35.14	41.44	48.23	48.23	7 / 5							
reaction time 0.182	interval		5.40	5.54	5.77	5.88	6.07	6.30	6.79		# of strides	11.88	11.31	11.95	13.09	23.19	25.04	1.85
	velocity	7.72	9.26	9.03	8.67	8.50	8.24	7.94	7.36	8.29		8.42	8.84	8.37	7.64	8.62	7.99	

Kasyanov, Oleksiy (UKR) (1985)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 2 - 2009 IAAF World Championships (Berlin, GER)																	*Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*
date 19-Aug-09	time		11.78		23.00		35.36		47.85	47.85	5 / 4							
reaction time 0.163	interval				11.22		12.36		12.49		# of strides	11.78	11.22	12.36	12.49	23.00	24.85	1.85
	velocity		8.49		8.91		8.09		8.01	8.36	173.0	8.49	8.91	8.09	8.01	8.70	8.05	

Katayama, Kazuya (JPN) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - FINAL - 2022 Japanese Multi-Event National Championsips (Akita, JPN)																	*Takefu (2023) - performance analyisis of decathlon athletes in the 2022 season*
date 04-Jun-22	time	6.56	11.94	17.50	23.44	29.70	36.16	42.89	50.15	50.15	2 / 4							
reaction time	interval		5.38	5.56	5.94	6.26	6.46	6.73	7.26		# of strides	11.94	11.50	12.72	13.99	23.44	26.71	3.27
	velocity	7.62	9.29	8.99	8.42	7.99	7.74	7.43	6.89	7.98		8.38	8.70	7.86	7.15	8.53	7.49	

Katayama, Takuya (JPN) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
U19 Semi-Final 1 - 2017 National Sports Festival (Matsuyama, JPN)																	*(2017) - tfdata-store.com/2017/10/12/post-1100/*
date 08-Oct-17	time		11.98		23.43		35.60		48.75	48.75	8 / 8							
reaction time 0.209	interval				11.45		12.17		13.15		# of strides	11.98	11.45	12.17	13.15	23.43	25.32	1.89
	velocity		8.35		8.73		8.22		7.60	8.21	179.0	8.35	8.73	8.22	7.60	8.54	7.90	

Katayama, Yuto (JPN) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 All Japan Corporate Championships (Osaka, JPN)																	*@ohnishigundan (2021) - https://twitter.com/ohnishigundan/status/1441633743874117633*
date 25-Sep-21	time		11.64		22.67		34.30		47.01	47.22	9 / 6							
reaction time 0.191	interval				11.03		11.63		12.71		# of strides	11.64	11.03	11.63	12.71	22.67	24.34	1.67
	velocity		8.59		9.07		8.60		7.87	8.47		8.59	9.07	8.60	7.87	8.82	8.22	
Heat 1 - 2021 All Japan Corporate Championships (Osaka, JPN)																	*@ohnishigundan (2021) - https://twitter.com/ohnishigundan/status/1441633743874117633*
date 25-Sep-21	time		11.33		22.24		33.91		47.06	47.19	3 / 2							
reaction time 0.172	interval				10.91		11.67		13.15		# of strides	11.33	10.91	11.67	13.15	22.24	24.82	2.58
	velocity		8.83		9.17		8.57		7.60	8.48		8.83	9.17	8.57	7.60	8.99	8.06	
Heat 2 - 2017 Japanese National Championships (Osaka, JPN)																	*(2017) - tfdata-store.com/2017/07/08/post-965/*
date 23-Jun-17	time		11.27		21.91		33.93		47.90	47.90	7 / 7							
reaction time 0.152	interval				10.64		12.02		13.97		# of strides	11.27	10.64	12.02	13.97	21.91	25.99	4.08
	velocity		8.87		9.40		8.32		7.16	8.35	192.2	8.87	9.40	8.32	7.16	9.13	7.70	
FINAL - 2015 Japanese National Junior Championships (Nagoya, JPN)																	*Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*
date 16-Oct-15	time	6.34	11.57	16.97	22.68	28.52	34.55	40.83	47.62	47.62	/ 6							
reaction time	interval		5.23	5.40	5.71	5.84	6.03	6.28	6.79		# of strides	11.57	11.11	11.87	13.07	22.68	24.94	2.26
	velocity	7.89	9.56	9.26	8.76	8.56	8.29	7.96	7.36	8.40		8.64	9.00	8.42	7.65	8.82	8.02	

Kato, Nobuya (JPN) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2017 Shizuoka International Meeting (Fukuroi, JPN)																	*Yamanaka (2017) - male and female 400m analysis in the 2017 season*
date 03-May-17	time	6.47	11.69	17.08	22.64	28.32	34.20	40.42	47.23	47.23	/ 4							
reaction time	interval		5.22	5.39	5.56	5.68	5.88	6.22	6.81		# of strides	11.69	10.95	11.56	13.03	22.64	24.59	1.95
	velocity	7.73	9.58	9.28	8.99	8.80	8.50	8.04	7.34	8.47		8.55	9.13	8.65	7.67	8.83	8.13	
FINAL - 2016 National Sports Festival (Kitakami, JPN)																	*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*
date 09-Oct-16	time	6.63	12.01	17.43	23.18	29.16	35.08	41.03	47.30	47.30	9 / 2							
reaction time 0.189	interval		5.38	5.42	5.75	5.98	5.92	5.95	6.27		# of strides	12.01	11.17	11.90	12.22	23.18	24.12	0.94
	velocity	7.54	9.29	9.23	8.70	8.36	8.45	8.40	7.97	8.46		8.33	8.95	8.40	8.18	8.63	8.29	
FINAL - 2016 Japanese National Championships (Nagoya, JPN)																	*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*
date 25-Jun-16	time	6.34	11.44	16.63	22.08	27.74	33.51	39.40	45.71	45.71	4 / 2							
reaction time 0.170	interval		5.10	5.19	5.45	5.66	5.77	5.89	6.31	**PB**	# of strides	11.44	10.64	11.43	12.20	22.08	23.63	1.55
	velocity	7.89	9.80	9.63	9.17	8.83	8.67	8.49	7.92	8.75		8.74	9.40	8.75	8.20	9.06	8.46	
FINAL - 2015 National Sports Festival (Wakayama, JPN)																	*Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*
date 04-Oct-15	time	6.63	12.10	17.73	23.64	29.57	35.38	41.21	47.28	47.28	/ 5							
reaction time	interval		5.47	5.63	5.91	5.93	5.81	5.83	6.07		# of strides	12.10	11.54	11.74	11.90	23.64	23.64	0.00
	velocity	7.54	9.14	8.88	8.46	8.43	8.61	8.58	8.24	8.46		8.26	8.67	8.52	8.40	8.46	8.46	
FINAL - 2014 Asian Games (Incheon, KOR)																	*Maho (2014) - race analysis of men's 400m run in the 2014 season*
date 28-Sep-14	time	6.46	11.75	17.10	22.65	28.37	34.31	40.13	46.13	46.13	/ 5							
reaction time 0.231	interval		5.29	5.35	5.55	5.72	5.94	5.82	6.00		# of strides	11.75	10.90	11.66	11.82	22.65	23.48	0.83
	velocity	7.74	9.45	9.35	9.01	8.74	8.42	8.59	8.33	8.67		8.51	9.17	8.58	8.46	8.83	8.52	
FINAL - 2014 IAAF World Junior Championships (Eugene, OR)																	*Maho (2014) - race analysis of men's 400m run in the 2014 season*
date 24-Jul-14	time	6.45	11.85	17.25	22.71	28.48	34.22	40.01	46.17	46.17	3 / 2							
reaction time 0.178	interval		5.40	5.40	5.46	5.77	5.74	5.79	6.16		# of strides	11.85	10.86	11.51	11.95	22.71	23.46	0.75
	velocity	7.75	9.26	9.26	9.16	8.67	8.71	8.64	8.12	8.66		8.44	9.21	8.69	8.37	8.81	8.53	
Semi-Final 2 - 2014 IAAF World Junior Championships (Eugene, OR)																	*Maho (2014) - race analysis of men's 400m run in the 2014 season*
date 23-Jul-14	time	6.41	11.82	17.25	22.71	28.36	34.10	39.97	46.26	46.26	3 / 1							

reaction time	0.172	interval		5.41	5.43	5.46	5.65	5.74	5.87	6.29		# of strides	11.82	10.89	11.39	12.16	22.71	23.55	0.84
		velocity	7.80	9.24	9.21	9.16	8.85	8.71	8.52	7.95	8.65		8.46	9.18	8.78	8.22	8.81	8.49	

FINAL - 2014 Japanese National Championships (Fukushima, JPN) *Maho (2014) - race analysis of men's 400m run in the 2014 season*

date	08-Jun-14	time	6.44	11.65	16.95	22.35	27.93	33.79	39.89	46.49	46.49	8 / 4							
reaction time		interval		5.21	5.30	5.40	5.58	5.86	6.10	6.60		# of strides	11.65	10.70	11.44	12.70	22.35	24.14	1.79
		velocity	7.76	9.60	9.43	9.26	8.96	8.53	8.20	7.58	8.60	170.0	8.58	9.35	8.74	7.87	8.95	8.29	

FINAL - 2014 Shizuoka International Athletics Meeting (Fukuori, JPN) *Maho (2014) - race analysis of men's 400m run in the 2014 season*

date	03-May-14	time	6.58	11.96	17.28	22.57	28.13	33.88	39.86	46.21	46.21	/ 4							
reaction time		interval		5.38	5.32	5.29	5.56	5.75	5.98	6.35		# of strides	11.96	10.61	11.31	12.33	22.57	23.64	1.07
		velocity	7.60	9.29	9.40	9.45	8.99	8.70	8.36	7.87	8.66		8.36	9.43	8.84	8.11	8.86	8.46	

FINAL - 2013 Japanese National High School Championships (Oita, JPN) *Yanagiya (2014) - research on athlete performance and technique- 2014 data book*

date	30-Jul-13	time	6.52	11.97	17.35	22.68	28.29	33.99	39.92	46.11	46.11	4 / 1							
reaction time		interval		5.45	5.38	5.33	5.61	5.70	5.93	6.19		# of strides	11.97	10.71	11.31	12.12	22.68	23.43	0.75
		velocity	7.67	9.17	9.29	9.38	8.91	8.77	8.43	8.08	8.67		8.35	9.34	8.84	8.25	8.82	8.54	

FINAL - 2012 Japanese National High School Championships (Niigata, JPN) *Yasunori (2012) - 65th high school championships: JAF scientific committee- biomechanics*

date	29-Jul-12	time		12.88		24.11		35.76		48.27	48.27	3 / 3							
reaction time		interval				11.23		11.65		12.51		# of strides	12.88	11.23	11.65	12.51	24.11	24.16	0.05
		velocity		7.76		8.90		8.58		7.99	8.29		7.76	8.90	8.58	7.99	8.30	8.28	

Kaufmann, Carl (FRG) (1936)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1960 Olympic Games (Rome, ITA)																	*Khomenkov (1982) - a textbook for a track and field coach*
date 06-Sep-60	time		10.9		21.5		32.7		44.9	44.9	1 / 2								
reaction time	interval				10.60		11.20		12.20	=WR	# of strides	10.90	10.60	11.20	12.20	21.50	23.40	1.90
	velocity		9.17		9.43		8.93		8.20	8.91	*(45.08)*	9.17	9.43	8.93	8.20	9.30	8.55	

FINAL - 1960 West German National Championships (Berlin, FRG) *Quercentani (1960). European report, Olympic fever rises*

date	24-Jul-60	time				21.9		33.3		45.4	45.4	5 / 1							
reaction time		interval						11.4		12.1	AR	# of strides			11.40	12.10	21.90	23.50	1.60
		velocity				9.13		8.77		8.26	8.81				8.77	8.26	9.13	8.51	

FINAL - 1959 West Germany v Poland (Köln, FRG) (500m track) *Quercentani (2000). Athletics: A history of modern track and field athletics (1860-2000)*

date	19-Sep-59	time				22.3				45.8	45.8	3 / 1							
reaction time		interval								23.5	AR	# of strides					22.30	23.50	1.20
		velocity				8.97				8.51	8.73						8.97	8.51	

Kaul, Niklas (GER) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 2 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 20-Sep-25	time		11.95		23.18		35.21		48.13	48.13	7 / 1								
reaction time 0.153	interval				11.23		12.03		12.92		# of strides	11.95	11.23	12.03	12.92	23.18	24.95	1.77
	velocity		8.37		8.90		8.31		7.74	8.31		8.37	8.90	8.31	7.74	8.63	8.02	

Decathlon - Heat 1 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	02-Aug-24	time	6.65	12.06	17.70	23.43	29.28	35.47	42.08	49.13	49.13	5 / 3							
reaction time	0.173	interval		5.41	5.64	5.73	5.85	6.19	6.61	7.05		# of strides	12.06	11.37	12.04	13.66	23.43	25.70	2.27
		velocity	7.52	9.24	8.87	8.73	8.55	8.08	7.56	7.09	8.14	170.0	8.29	8.80	8.31	7.32	8.54	7.78	

Decathlon - Heat 2 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	23-Jul-22	time		11.89		23.48		35.47		48.39	48.39	4 / 1							
reaction time	0.158	interval				11.59		11.99		12.92		# of strides	11.89	11.59	11.99	12.92	23.48	24.91	1.43
		velocity		8.41		8.63		8.34		7.74	8.27	166.5	8.41	8.63	8.34	7.74	8.52	8.03	

Kawabata, Kaito (JPN) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 6 - 2022 World Athletics Championships (Eugene, OR)																	*Timing by Seiko (2022) - world athletics championships race analysis*
date 17-Jul-22	time		11.14		21.79		33.37		46.34	46.34	4 / 5								
reaction time 0.128	interval				10.65		11.58		12.97		# of strides	11.14	10.65	11.58	12.97	21.79	24.55	2.76
	velocity		8.98		9.39		8.64		7.71	8.63	187.7	8.98	9.39	8.64	7.71	9.18	8.15	

FINAL - 2021 Japanese National Championships (Osaka, JPN) *Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition*

date	25-Jun-21	time	6.34	11.55	16.80	22.26	27.92	33.66	39.50	45.75	45.75	6 / 1							
reaction time	0.204	interval		5.21	5.25	5.46	5.66	5.74	5.84	6.25	PB	# of strides	11.55	10.71	11.40	12.09	22.26	23.49	1.23
		velocity	7.89	9.60	9.52	9.16	8.83	8.71	8.56	8.00	8.74		8.66	9.34	8.77	8.27	8.98	8.51	

Final - 2021 Denka Athletics Challenge Cup (Niigata, JPN) *Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition*

date	06-Jun-21	time	6.16	10.99	15.93	21.18	26.69	32.67	39.12	46.19	46.15	5 / 5							
reaction time		interval		4.83	4.94	5.25	5.51	5.98	6.45	7.07		# of strides	10.99	10.19	11.49	13.52	21.18	25.01	3.83
		velocity	8.12	10.35	10.12	9.52	9.07	8.36	7.75	7.07	8.67		9.10	9.81	8.70	7.40	9.44	8.00	

FINAL - 2021 Ready Steady Tokyo (Tokyo, JPN) *Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition*

date	09-May-21	time	6.17	11.19	16.35	21.68	27.14	32.97	39.25	46.25	46.25	5 / 3							
reaction time	0.173	interval		5.02	5.16	5.33	5.46	5.83	6.28	7.00		# of strides	11.19	10.49	11.29	13.28	21.68	24.57	2.89
		velocity	8.10	9.96	9.69	9.38	9.16	8.58	7.96	7.14	8.65	193.2	8.94	9.53	8.86	7.53	9.23	8.14	

Kawabata, Kenta (JPN) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 1 - 2017 National Sports Festival (Matsuyama, JPN)																	*(2017) - tfdata-store.com/2017/10/12/post-1100/*
date 08-Oct-17	time		12.22		23.63		35.51		48.32	48.32	8 / 4								
reaction time 0.172	interval				11.41		11.88		12.81	PB	# of strides	12.22	11.41	11.88	12.81	23.63	24.69	1.06
	velocity		8.18		8.76		8.42		7.81	8.28	198.0	8.18	8.76	8.42	7.81	8.46	8.10	

Kawai, Toshito (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 Japanese National High School Championsips (Sapporo, JPN)																	*Takashima (2023) - national high school sports festival - biomechanics data*
date 02-Aug-23	time		11.68		22.96		35.19		48.06	48.06	8 / 7								

WR=World Rec. AR=Area Rec. OR=Olympic Rec. CR=Championship Rec. NR=National Rec. PB=Personal Best DQ=Disqualified DV=Drug Violation

reaction time	0.231	interval			11.28		12.23		12.87		# of strides	11.68	11.28	12.23	12.87	22.96	25.10	2.14
		velocity		8.56		8.87		8.18		7.77	8.32		8.56	8.87	8.18	7.77	8.71	7.97	

Kawakami, Daichi (JPN) (2006)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2024 Japanese National High School Championsips (Fukuoka, JPN)																	*Takashima (2024) - national high school sports festival - biomechanics data*
date	28-Jul-24	time		11.96		22.81		34.85		47.81	47.81	8 / 5							
reaction time	0.235	interval				10.85		12.04		12.96		# of strides	11.96	10.85	12.04	12.96	22.81	25.00	2.19
		velocity		8.36		9.22		8.31		7.72	8.37		8.36	9.22	8.31	7.72	8.77	8.00	

Kawakami, Sota (JPN) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2020 Japanese U20 National Championships (Hiroshima, JPN)																	*Kobayashi (2002) - national high school and U20 national championhsips*
date	23-Oct-20	time	6.40	11.59	16.92	22.49	28.37	34.45	40.78	47.44	47.44	6 / 2							
reaction time	0.176	interval		5.19	5.33	5.57	5.88	6.08	6.33	6.66		# of strides	11.59	10.90	11.96	12.99	22.49	24.95	2.46
		velocity	7.81	9.63	9.38	8.98	8.50	8.22	7.90	7.51	8.43	177.0	8.63	9.17	8.36	7.70	8.89	8.02	
Heat 1 - 2020 Japanese U20 National Championships (Hiroshima, JPN)																	*Kobayashi (2002) - national high school and U20 national championhsips*
date	23-Oct-20	time	6.24	11.46	16.78	22.36	28.28	34.43	40.75	47.62	47.62	8 / 1							
reaction time	0.161	interval		5.22	5.32	5.58	5.92	6.15	6.32	6.87		# of strides	11.46	10.90	12.07	13.19	22.36	25.26	2.90
		velocity	8.01	9.58	9.40	8.96	8.45	8.13	7.91	7.28	8.40	178.6	8.73	9.17	8.29	7.58	8.94	7.92	
FINAL - 2018 Japanese National Junior (U20) Championships (Nagano, JPN)																	*Ryutaro (2018) - research on athlete performance and technique- 2018 data book*
date	19-Oct-18	time	6.40	11.58	16.90	22.41	28.23	34.32	40.67	47.44	47.44	6 / 1							
reaction time	0.189	interval		5.18	5.32	5.51	5.82	6.09	6.35	6.77		# of strides	11.58	10.83	11.91	13.12	22.41	25.03	2.62
		velocity	7.81	9.65	9.40	9.07	8.59	8.21	7.87	7.39	8.43	178.0	8.64	9.23	8.40	7.62	8.92	7.99	

Kawauchi, Mitsuki (JPN) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 All Japan Corporate Championships (Osaka, JPN)																	*@ohnishigundan (2021) - https://twitter.com/ohnishigundan/status/1441633743874117633*
date	25-Sep-21	time		11.39		22.26		33.62		46.05	46.17	8 / 2							
reaction time	0.193	interval				10.87		11.36		12.43		# of strides	11.39	10.87	11.36	12.43	22.26	23.79	1.53
		velocity		8.78		9.20		8.80		8.05	8.66		8.78	9.20	8.80	8.05	8.98	8.41	
Heat 2 - 2021 All Japan Corporate Championships (Osaka, JPN)																	*@ohnishigundan (2021) - https://twitter.com/ohnishigundan/status/1441633743874117633*
date	25-Sep-21	time		1.34		21.99		33.82		47.01	47.05	8 / 2							
reaction time	0.183	interval				20.65		11.83		13.19		# of strides	1.34	20.65	11.83	13.19	21.99	25.02	3.03
		velocity		74.63		4.84		8.45		7.58	8.50		74.63	4.84	8.45	7.58	9.10	7.99	
Final - 2021 Denka Athletics Challenge Cup (Niigata, JPN)																	*Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition*
date	06-Jun-21	time	6.34	11.55	16.85	22.30	27.88	33.77	39.87	46.31	46.31	9 / 6							
reaction time		interval		5.21	5.30	5.45	5.58	5.89	6.10	6.44		# of strides	11.55	10.75	11.47	12.54	22.30	24.01	1.71
		velocity	7.89	9.60	9.43	9.17	8.96	8.49	8.20	7.76	8.64		8.66	9.30	8.72	7.97	8.97	8.33	
FINAL - 2021 Ready Steady Tokyo (Tokyo, JPN)																	*Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition*
date	09-May-21	time	6.29	11.46	16.73	22.14	27.89	33.87	40.08	46.71	46.71	1 / 6							
reaction time	0.150	interval		5.17	5.27	5.41	5.75	5.98	6.21	6.63		# of strides	11.46	10.68	11.73	12.84	22.14	24.57	2.43
		velocity	7.95	9.67	9.49	9.24	8.70	8.36	8.05	7.54	8.56		8.73	9.36	8.53	7.79	9.03	8.14	
FINAL - 2021 Shizuoka International Athletics Meeting (Fukuroi, JPN)																	*Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition*
date	03-May-21	time	6.34	11.43	16.58	21.89	27.49	33.45	39.56	46.10	46.10	5 / 1							
reaction time	0.204	interval		5.09	5.15	5.31	5.60	5.96	6.11	6.54		# of strides	11.43	10.46	11.56	12.65	21.89	24.21	2.32
		velocity	7.89	9.82	9.71	9.42	8.93	8.39	8.18	7.65	8.68	185.0	8.75	9.56	8.65	7.91	9.14	8.26	
Heat 3 - 2020 Japanese National Championships (Niigata, JPN)																	*Yamanaka (2020) - 400m race analysis of men and women during 2020 season*
date	01-Oct-20	time	6.41	11.69	17.07	22.67	28.46	34.54	40.90	47.84	47.84	5 / 6							
reaction time	0.159	interval		5.28	5.38	5.60	5.79	6.08	6.36	6.94		# of strides	11.69	10.98	11.87	13.30	22.67	25.17	2.50
		velocity	7.80	9.47	9.29	8.93	8.64	8.22	7.86	7.20	8.36		8.55	9.11	8.42	7.52	8.82	7.95	
FINAL - 2020 Seiko Golden Grand Prix (Tokyo, JPN)																	*Yamanaka (2020) - 400m race analysis of men and women during 2020 season*
date	23-Aug-20	time	6.34	11.59	16.97	22.51	28.32	34.35	40.63	47.29	47.29	8 / 6							
reaction time	0.135	interval		5.25	5.38	5.54	5.81	6.03	6.28	6.66		# of strides	11.59	10.92	11.84	12.94	22.51	24.78	2.27
		velocity	7.89	9.52	9.29	9.03	8.61	8.29	7.96	7.51	8.46		8.63	9.16	8.45	7.73	8.88	8.07	
FINAL - 2019 Japanese World Championships Trials (Fujiyoshida, JPN)																	*Yamanaka (2019) - race analysis of men and women 400m competition*
date	01-Sep-19	time	6.27	11.46	16.77	22.21	27.78	33.64	39.76	46.40	46.40	3 / 5							
reaction time		interval		5.19	5.31	5.44	5.57	5.86	6.12	6.64		# of strides	11.46	10.75	11.43	12.76	22.21	24.19	1.98
		velocity	7.97	9.63	9.42	9.19	8.98	8.53	8.17	7.53	8.62	190.0	8.73	9.30	8.75	7.84	9.00	8.27	
FINAL - 2019 Japanese National Championships (Fukuoka, JPN)																	*Yamanaka (2019) - research on athlete performance and technique- 2019 data book*
date	28-Jun-19	time	6.37	11.51	16.80	22.26	27.92	33.77	39.84	46.26	46.26	9 / 4							
reaction time	0.187	interval		5.14	5.29	5.46	5.66	5.85	6.07	6.42		# of strides	11.51	10.75	11.51	12.49	22.26	24.00	1.74
		velocity	7.85	9.73	9.45	9.16	8.83	8.55	8.24	7.79	8.65	183.2	8.69	9.30	8.69	8.01	8.98	8.33	
Heat 3 - 2019 Japanese National Championships (Fukuoka, JPN)																	*Yamanaka (2019) - race analysis of men and women 400m competition*
date	27-Jun-19	time	6.31	11.60	17.02	22.57	28.30	34.16	40.18	46.39	46.39	4 / 2							
reaction time	0.180	interval		5.29	5.42	5.55	5.73	5.86	6.02	6.21		# of strides	11.60	10.97	11.59	12.23	22.57	23.82	1.25
		velocity	7.92	9.45	9.23	9.01	8.73	8.53	8.31	8.05	8.62		8.62	9.12	8.63	8.18	8.86	8.40	
FINAL - 2019 Seiko Golden Grand Prix (Osaka, JPN)																	*Hirokawa (2019) - research on athlete performance and technique- 2019 data book*
date	19-May-19	time	6.26	11.49	16.83	22.23	27.89	33.92	40.10	46.69	46.69	5 / 3							
reaction time	0.164	interval		5.23	5.34	5.40	5.66	6.03	6.18	6.59		# of strides	11.49	10.74	11.69	12.77	22.23	24.46	2.23
		velocity	7.99	9.56	9.36	9.26	8.83	8.29	8.09	7.59	8.57	190.2	8.70	9.31	8.55	7.83	9.00	8.18	
A FINAL - 2019 Shizuoka International Athletics Meeting (Fukuroi, JPN)																	*Kobayashi (2019) - research on athlete performance and technique- 2019 data book*
date	03-May-19	time	6.27	11.42	16.67	22.07	27.73	33.68	39.86	46.48	46.48	5 / 1							
reaction time		interval		5.15	5.25	5.40	5.66	5.95	6.18	6.62		# of strides	11.42	10.65	11.61	12.80	22.07	24.41	2.34
		velocity	7.97	9.71	9.52	9.26	8.83	8.40	8.09	7.55	8.61	189.7	8.76	9.39	8.61	7.81	9.06	8.19	

FINAL - 2018 National Sports Festival (Fukui, JPN) *Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*

date	08-Oct-18	time	6.28	11.58	17.12	22.75	28.49	34.34	40.25	46.43	46.43	7 / 1						
reaction time	0.174	interval		5.30	5.54	5.63	5.74	5.85	5.91	6.18		# of strides	11.58	11.17	11.59	12.09	22.75	23.68	0.93
		velocity	7.96	9.43	9.03	8.88	8.71	8.55	8.46	8.09	8.62		8.64	8.95	8.63	8.27	8.79	8.45	

Heat 1 - 2017 National Sports Festival (Matsuyama, JPN) *(2017) - tfdata-store.com/2017/10/12/post-1100/*

date	08-Oct-17	time		11.57		22.34		34.73		48.63	48.63	7 / 7						
reaction time	0.211	interval				10.77		12.39		13.90		# of strides	11.57	10.77	12.39	13.90	22.34	26.29	3.95
		velocity		8.64		9.29		8.07		7.19	8.23	193.2	8.64	9.29	8.07	7.19	8.95	7.61	

Heat 1 - 2017 Japanese National Championships (Osaka, JPN) *(2017) - tfdata-store.com/2017/07/08/post-965/*

date	23-Jun-17	time		11.29		21.69		33.15		46.06	46.06	8 / 6						
reaction time	0.181	interval				10.40		11.46		12.91	PB	# of strides	11.29	10.40	11.46	12.91	21.69	24.37	2.68
		velocity		8.86		9.62		8.73		7.75	8.68	184.5	8.86	9.62	8.73	7.75	9.22	8.21	

FINAL - 2017 Kansai Regional University Championships (Osaka, JPN) *(2017) - tfdata-store.com/2017/05/13/post-441/*

date	11-May-17	time		11.42		22.01		33.47		46.60	46.60	5 / 1						
reaction time		interval				10.59		11.46		13.13	PB	# of strides	11.42	10.59	11.46	13.13	22.01	24.59	2.58
		velocity		8.76		9.44		8.73		7.62	8.58	186.7	8.76	9.44	8.73	7.62	9.09	8.13	

FINAL - 2017 Osaka University Athletics Championships (Osaka, JPN) *(2017) - tfdata-store.com/2017/04/07/post-249/*

date	06-Apr-17	time		11.68		22.36		34.35		47.56	47.56	8 / 2						
reaction time		interval				10.68		11.99		13.21		# of strides	11.68	10.68	11.99	13.21	22.36	25.20	2.84
		velocity		8.56		9.36		8.34		7.57	8.41	188.0	8.56	9.36	8.34	7.57	8.94	7.94	

U19 FINAL - 2015 National Sports Festival (Wakayama, JPN) *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	05-Oct-15	time	6.66	12.10	17.63	23.39	29.44	35.63	42.22	49.38	49.38	/ 7						
reaction time		interval		5.44	5.53	5.76	6.05	6.19	6.59	7.16		# of strides	12.10	11.29	12.24	13.75	23.39	25.99	2.60
		velocity	7.51	9.19	9.04	8.68	8.26	8.08	7.59	6.98	8.10		8.26	8.86	8.17	7.27	8.55	7.70	

Kawauchi, Shogo (JPN) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 Japanese High School National Championships (Fukui, JPN)																	*Shibayama (2021) - national high school and U20 national championhsips*
date 28-Jul-21	time	6.70	12.42	18.30	24.31	30.40	36.61	42.90	49.61	49.61	7 / 8							
reaction time 0.183	interval		5.72	5.88	6.01	6.09	6.21	6.29	6.71		# of strides	12.42	11.89	12.30	13.00	24.31	25.30	0.99
	velocity	7.46	8.74	8.50	8.32	8.21	8.05	7.95	7.45	8.06		8.05	8.41	8.13	7.69	8.23	7.91	

Kayata, Takashi (JPN) (1992)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2010 Japanese National High School Championships (Okinawa, JPN)																	*Matsuo (2010) - 63rd high school championships: JAF scientific committee- biomechanics data*
date 29-Jul-10	time	6.29	11.56	16.88	22.43	28.15	34.35	40.96	48.16	48.16	/ 2							
reaction time	interval		5.27	5.32	5.55	5.72	6.20	6.61	7.20		# of strides	11.56	10.87	11.92	13.81	22.43	25.73	3.30
	velocity	7.95	9.49	9.40	9.01	8.74	8.06	7.56	6.94	8.31		8.65	9.20	8.39	7.24	8.92	7.77	

FINAL - 2009 Japanese National High School Championships (Nara, JPN) *Matsuo (2009) - 62nd high school championships: JAF scientific committee- biomechanics*

date	29-Jul-09	time		11.98		23.12		34.96		47.75	47.75	1 / 4						
reaction time		interval				11.14		11.84		12.79		# of strides	11.98	11.14	11.84	12.79	23.12	24.63	1.51
		velocity		8.35		8.98		8.45		7.82	8.38		8.35	8.98	8.45	7.82	8.65	8.12	

Kazmirek, Kai (GER) (1991)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 2 - 2022 World Athletics Championships (Eugene, OR)																	*Timing by Seiko (2022) - world athletics championships race analysis*
date 23-Jul-22	time		11.60		22.68		35.14		49.33	49.33	7 / 4							
reaction time 0.145	interval				11.08		12.46		14.19		# of strides	11.60	11.08	12.46	14.19	22.68	26.65	3.97
	velocity		8.62		9.03		8.03		7.05	8.11	174.2	8.62	9.03	8.03	7.05	8.82	7.50	

Kebinatshipi, Collen (BOT) (2004)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 18-Sep-25	time		10.57		20.56		31.33		43.53	43.53	5 / 1							
reaction time 0.134	interval				9.99		10.77		12.20	NR PB	# of strides	10.57	9.99	10.77	12.20	20.56	22.97	2.41
	velocity		9.46		10.01		9.29		8.20	9.19	183.0	9.46	10.01	9.29	8.20	9.73	8.71	

Semi-Final 2 - 2025 World Athletics Championships (Tokyo, JPN) *Seiko Timing (2025) - 2025 World Championships race analysis*

date	16-Sep-25	time		10.86		21.07		32.01		43.61	43.61	3 / 1						
reaction time	0.145	interval				10.21		10.94		11.60	NR PB	# of strides	10.86	10.21	10.94	11.60	21.07	22.54	1.47
		velocity		9.21		9.79		9.14		8.62	9.17		9.21	9.79	9.14	8.62	9.49	8.87	

Heat 3 - 2025 World Athletics Championships (Tokyo, JPN) *Seiko Timing (2025) - 2025 World Championships race analysis*

date	14-Sep-25	time		10.95		21.39		32.54		44.48	44.48	6 / 4						
reaction time	0.206	interval				10.44		11.15		11.94		# of strides	10.95	10.44	11.15	11.94	21.39	23.09	1.70
		velocity		9.13		9.58		8.97		8.38	8.99	181.0	9.13	9.58	8.97	8.38	9.35	8.66	

FINAL - 2025 Weltklasse (Zürich, SUI) *Omega Timing (2025) - diamond league race analysis*

date	28-Aug-25	time	6.03	10.94	16.11	21.55	27.06	32.84	38.87	45.40	45.40	8 / 7						
reaction time	0.156	interval		4.91	5.17	5.44	5.51	5.78	6.03	6.53		# of strides	10.94	10.61	11.29	12.56	21.55	23.85	2.30
		velocity	8.29	10.18	9.67	9.19	9.07	8.65	8.29	7.66	8.81		9.14	9.43	8.86	7.96	9.28	8.39	

FINAL - 2025 Memorial van Damme (Brussels, BEL) *Omega Timing (2025) - diamond league race analysis*

date	22-Aug-25	time	6.01	10.79	15.83	21.12	26.68	32.46	38.57	45.09	45.09	1 / 6						
reaction time	0.146	interval		4.78	5.04	5.29	5.56	5.78	6.11	6.52		# of strides	10.79	10.33	11.34	12.63	21.12	23.97	2.85
		velocity	8.32	10.46	9.92	9.45	8.99	8.65	8.18	7.67	8.87		9.27	9.68	8.82	7.92	9.47	8.34	

FINAL - 2025 London Athletics Meet (London, GBR) *Omega Timing (2025) - diamond league race analysis*

date	19-Jul-25	time	5.92	10.77	15.78	20.99	26.42	32.11	38.04	44.51	44.51	3 / 5						
reaction time	0.137	interval		4.85	5.01	5.21	5.43	5.69	5.93	6.47		# of strides	10.77	10.22	11.12	12.40	20.99	23.52	2.53
		velocity	8.45	10.31	9.98	9.60	9.21	8.79	8.43	7.73	8.99	185.7	9.29	9.78	8.99	8.06	9.53	8.50	

FINAL - 2025 Golden Gala Pietro Mennea (Roma, ITA) *Omega Timing (2025) - diamond league race analysis*

date	06-Jun-25	time	5.90	10.88	16.10	21.50	27.05	32.69	38.40	44.51	44.51	8 / 3						
reaction time	0.152	interval		4.98	5.22	5.40	5.55	5.64	5.71	6.11		# of strides	10.88	10.62	11.19	11.82	21.50	23.01	1.51
		velocity	8.47	10.04	9.58	9.26	9.01	8.87	8.76	8.18	8.99	177.5	9.19	9.42	8.94	8.46	9.30	8.69	

FINAL - 2025 Yangtze River Delta Athletics Diamond Gala (Keqiao, CHN) *Omega Timing (2025) - diamond league race analysis*

date	03-May-25	time	6.11	11.12	16.34	21.73	27.19	32.84	38.62	44.63	44.63	3 / 3						
reaction time	0.171	interval		5.01	5.22	5.39	5.46	5.65	5.78	6.01		# of strides	11.12	10.61	11.11	11.79	21.73	22.90	1.17
		velocity	8.18	9.98	9.58	9.28	9.16	8.85	8.65	8.32	8.96	182.0	8.99	9.43	9.00	8.48	9.20	8.73	

FINAL - 2024 Memorial van damme (Brussels, BEL) *Omega Timing (2024) - diamond league race analysis*

date	13-Sep-24	time	6.03	10.83	15.83	21.09	26.76	32.80	39.28	46.43	46.43	2 / 7						
reaction time	0.140	interval		4.80	5.00	5.26	5.67	6.04	6.48	7.15		# of strides	10.83	10.26	11.71	13.63	21.09	25.34	4.25
		velocity	8.29	10.42	10.00	9.51	8.82	8.28	7.72	6.99	8.62	192.0	9.23	9.75	8.54	7.34	9.48	7.89	

FINAL - 2024 Golden Gala Pietro Mennea (Roma, ITA) *Omega Timing (2024) - diamond league race analysis*

date	30-Aug-24	time	6.08	11.02	16.19	21.64	27.29	33.02	38.85	45.14	45.14	3 / 8						
reaction time	0.167	interval		4.94	5.17	5.45	5.65	5.73	5.83	6.29		# of strides	11.02	10.62	11.38	12.12	21.64	23.50	1.86
		velocity	8.22	10.12	9.67	9.17	8.85	8.73	8.58	7.95	8.86	185.0	9.07	9.42	8.79	8.25	9.24	8.51	

FINAL - 2024 Athletissima (Lausanne, SUI) *Omega Timing (2024) - diamond league race analysis*

date	22-Aug-24	time	6.04	10.85	15.86	21.10	26.56	32.22	38.01	44.22	44.22	3 / 3						
reaction time	0.151	interval		4.81	5.01	5.24	5.46	5.66	5.79	6.21	PB	# of strides	10.85	10.25	11.12	12.00	21.10	23.12	2.02
		velocity	8.28	10.40	9.98	9.54	9.16	8.83	8.64	8.05	9.05		9.22	9.76	8.99	8.33	9.48	8.65	

Semi-Final 1 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	06-Aug-24	time	6.12	11.16	16.38	21.70	27.08	32.75	38.53	44.43	44.43	4 / 3						
reaction time	0.154	interval		5.04	5.22	5.32	5.38	5.67	5.78	5.90	PB	# of strides	11.16	10.54	11.05	11.68	21.70	22.73	1.03
		velocity	8.17	9.92	9.58	9.40	9.29	8.82	8.65	8.47	9.00	185.0	8.96	9.49	9.05	8.56	9.22	8.80	

Heat 2 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	04-Aug-24	time	6.09	11.04	16.15	21.51	27.00	32.69	38.46	44.45	44.45	2 / 3						
reaction time	0.155	interval		4.95	5.11	5.36	5.49	5.69	5.77	5.99		# of strides	11.04	10.47	11.18	11.76	21.51	22.94	1.43
		velocity	8.21	10.10	9.78	9.33	9.11	8.79	8.67	8.35	9.00	185.2	9.06	9.55	8.94	8.50	9.30	8.72	

FINAL - 2024 Herculis Meeting International d'Athlétisme (Monaco, MON) *Omega Timing (2024) - diamond league race analysis*

date	12-Jul-24	time	6.15	11.02	16.21	21.61	27.21	32.83	38.62	44.67	44.67	8 / 4						
reaction time	0.166	interval		4.87	5.19	5.40	5.60	5.62	5.79	6.05	PB	# of strides	11.02	10.59	11.22	11.84	21.61	23.06	1.45
		velocity	8.13	10.27	9.63	9.26	8.93	8.90	8.64	8.26	8.95	185.5	9.07	9.44	8.91	8.45	9.25	8.67	

FINAL - 2023 FBK Games (Hengelo, NED) *Omega Timing (2023) - continental tour race analysis*

date	04-Jun-23	time	6.20	11.24	16.53	22.08	27.71	33.30	38.95	45.01	45.01	7 / 1						
reaction time	0.179	interval		5.04	5.29	5.55	5.63	5.59	5.65	6.06		# of strides	11.24	10.84	11.22	11.71	22.08	22.93	0.85
		velocity	8.06	9.92	9.45	9.01	8.88	8.94	8.85	8.25	8.89		8.90	9.23	8.91	8.54	9.06	8.72	

Semi-Final 2 - 2023 World Athletics Championships (Budapest, HUN) *Seiko Timing (2023) - world championship race analysis*

date	22-Aug-23	time		11.26		22.30		34.01		46.39	46.39	2 / 8						
reaction time	0.168	interval				11.04		11.71		12.38		# of strides	11.26	11.04	11.71	12.38	22.30	24.09	1.79
		velocity		8.88		9.06		8.54		8.08	8.62	189.7	8.88	9.06	8.54	8.08	8.97	8.30	

Heat 2 - 2023 World Athletics Championships (Budapest, HUN) *Seiko Timing (2023) - world championship race analysis*

date	20-Aug-23	time		10.92		21.37		32.68		44.80	44.80	6 / 4						
reaction time	0.155	interval				10.45		11.31		12.12	AJR PB	# of strides	10.92	10.45	11.31	12.12	21.37	23.43	2.06
		velocity		9.16		9.57		8.84		8.25	8.93	189.0	9.16	9.57	8.84	8.25	9.36	8.54	

Keito, Sato (JPN) (2001)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

FINAL - 2020 Japanese U20 National Championships (Hiroshima, JPN) *Kobayashi (2002) - national high school and U20 national championhsips*

date	23-Oct-20	time	6.56	11.99	17.52	23.27	29.29	35.41	41.61	48.05	48.05	1 / 5						
reaction time	0.148	interval		5.43	5.53	5.75	6.02	6.12	6.20	6.44		# of strides	11.99	11.28	12.14	12.64	23.27	24.78	1.51
		velocity	7.62	9.21	9.04	8.70	8.31	8.17	8.06	7.76	8.32	186.9	8.34	8.87	8.24	7.91	8.59	8.07	

Heat 2 - 2020 Japanese U20 National Championships (Hiroshima, JPN) *Kobayashi (2002) - national high school and U20 national championhsips*

date	23-Oct-20	time	6.50	11.96	17.57	23.34	29.25	35.30	41.40	47.90	47.90	3 / 3						
reaction time	0.165	interval		5.46	5.61	5.77	5.91	6.05	6.10	6.50		# of strides	11.96	11.38	11.96	12.60	23.34	24.56	1.22
		velocity	7.69	9.16	8.91	8.67	8.46	8.26	8.20	7.69	8.35	186.8	8.36	8.79	8.36	7.94	8.57	8.14	

Kelly, Conor (IRL) (2007)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

FINAL - 2025 European Athletics U20 Championships (Tampere, FIN) *European Athletics (2025) - 2025 european athletics U20 championships - results book*

date	09-Aug-25	time	6.87	11.40	16.43	21.91	27.54	33.32	39.87	45.83	45.83	4 / 1						
reaction time	0.139	interval		4.53	5.03	5.48	5.63	5.78	6.55	5.96	NJR PB	# of strides	11.40	10.51	11.41	12.51	21.91	23.92	2.01
		velocity	7.28	11.04	9.94	9.12	8.88	8.65	7.63	8.39	8.73	172.0	8.77	9.51	8.76	7.99	9.13	8.36	

Semi-Final 1 - 2025 European Athletics U20 Championships (Tampere, FIN) *European Athletics (2025) - 2025 european athletics U20 championships - results book*

date	08-Aug-25	time	6.22	11.24	16.43	21.94	27.64	33.55	39.71	46.58	46.58	6 / 1						
reaction time	0.155	interval		5.02	5.19	5.51	5.70	5.91	6.16	6.87		# of strides	11.24	10.70	11.61	13.03	21.94	24.64	2.70
		velocity	8.04	9.96	9.63	9.07	8.77	8.46	8.12	7.28	8.59		8.90	9.35	8.61	7.67	9.12	8.12	

Kemboi, Simon (KEN) (1967)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

FINAL - 1993 IAAF World Championships (Stuttgart, GER) *Butler (2013) - IAAF world championships statistics handbook- moscow 2013*

date	17-Aug-93	time				22.42				45.65	45.65	1 / 7						
reaction time		interval								23.23		# of strides					22.42	23.23	0.81
		velocity				8.92				8.61	8.76						8.92	8.61	

Kemp, Jim (USA) (1944)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

FINAL - 1967 AAU Championships (Bakersfield, CA) (yards) *Nelson (1967) - AAU championships, Ryun 3:51.1, Wilson 17'8"*

date	23-Jun-67	time			21.4			45.4	45.4	/ 3								
reaction time		interval						24.0	*(45.7/440y)*	# of strides					21.40	24.00	2.60	
		velocity			9.35			8.33	8.81						9.35	8.33		

Kennedy, Delano (JAM) (2004)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 3 - 2025 World Athletics Championships (Tokyo, JPN)																	
Seiko Timing (2025) - 2025 World Championships race analysis																	
date 16-Sep-25	time		11.21		21.46		32.84		44.97	44.97	3 / =7							
reaction time 0.184	interval				10.25		11.38		12.13		# of strides	11.21	10.25	11.38	12.13	21.46	23.51	2.05
	velocity		8.92		9.76		8.79		8.24	8.89		8.92	9.76	8.79	8.24	9.32	8.51	
Heat 6 - 2025 World Athletics Championships (Tokyo, JPN)																	
Seiko Timing (2025) - 2025 World Championships race analysis																	
date 14-Sep-25	time		11.71		21.73		33.02		44.74	44.74	3 / 4							
reaction time 0.208	interval				10.02		11.29		11.72	PB	# of strides	11.71	10.02	11.29	11.72	21.73	23.01	1.28
	velocity		8.54		9.98		8.86		8.53	8.94		8.54	9.98	8.86	8.53	9.20	8.69	

Kent, Nathan (USA) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 1 - 2024 USA Olympic Trials (Eugene, OR)																	
USATF and Karmarush (2024) - USA Olympic trials results and race analysis																	
date 23-Jun-24	time		11.10		21.38		32.88		45.32	45.32	9 / 5							
reaction time	interval				10.28		11.50		12.44	PB	# of strides	11.10	10.28	11.50	12.44	21.38	23.94	2.56
	velocity		9.01		9.73		8.70		8.04	8.83		9.01	9.73	8.70	8.04	9.35	8.35	
Heat 3 - 2024 USA Olympic Trials (Eugene, OR)																	
USATF and Karmarush (2024) - USA Olympic trials results and race analysis																	
date 21-Jun-24	time		10.86		21.08		32.75		45.42	45.42	5 / 4							
reaction time	interval				10.22		11.67		12.67	PB	# of strides			11.67	12.67	21.08	24.34	3.26
	velocity		9.21		9.78		8.57		7.89	8.81	169.0			8.57	7.89	9.49	8.22	

Kerley, Fred (USA) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2025 Mt. SAC Relays (Walnut, CA)																	
Russell (2025) - Mt. SAC relays - Kerley revists an old friend																	
date 19-Apr-25	time				21.2				44.73	44.73	5 / 1							
reaction time	interval								23.53		# of strides					21.20	23.53	2.33
	velocity				9.43				8.50	8.94						9.43	8.50	
FINAL - 2021 Doha Diamond League (Doha, QAT)																	
Omega Timing (2021) - diamond league race analysis																	
date 28-May-21	time	6.1	11.1	16.1	21.4	26.9	32.5	38.3	44.60	44.60	4 / 3							
reaction time 0.140	interval		5.00	5.00	5.30	5.50	5.60	5.80	6.30		# of strides	11.10	10.30	11.10	12.10	21.40	23.20	1.80
	velocity	8.20	10.00	10.00	9.43	9.09	8.93	8.62	7.94	8.97		9.01	9.71	9.01	8.26	9.35	8.62	
FINAL - 2019 IAAF World Championships (Doha, QAT)																	
Yamanaka (2019) - race analysis of men and women 400m competition																	
date 04-Oct-19	time	6.03	10.87	15.78	20.87	26.16	31.79	37.74	44.17	44.17	5 / 3							
reaction time 0.144	interval		4.84	4.91	5.09	5.29	5.63	5.95	6.43		# of strides	10.87	10.00	10.92	12.38	20.87	23.30	2.43
	velocity	8.29	10.33	10.18	9.82	9.45	8.88	8.40	7.78	9.06	170.0	9.20	10.00	9.16	8.08	9.58	8.58	
Semi-Final 1 - 2019 IAAF World Championships (Doha, QAT)																	
Yamanaka (2019) - race analysis of men and women 400m competition																	
date 02-Oct-19	time	6.06	10.83	15.73	20.81	26.16	31.81	37.77	44.25	44.25	4 / 1							
reaction time 0.152	interval		4.77	4.90	5.08	5.35	5.65	5.96	6.48		# of strides	10.83	9.98	11.00	12.44	20.81	23.44	2.63
	velocity	8.25	10.48	10.20	9.84	9.35	8.85	8.39	7.72	9.04	170.7	9.23	10.02	9.09	8.04	9.61	8.53	
FINAL - 2019 Memorial van Damme (Brussels, BEL)																	
Omega Timing (2019) - diamond league race analysis																	
date 06-Sep-19	time	6.1	10.8	15.8	20.8	26.3	32.0	38.0	44.46	44.46	7 / 2							
reaction time 0.147	interval		4.7	5.0	5.0	5.5	5.7	6.0	12.5		# of strides	10.80	10.00	11.20	12.46	20.80	23.66	2.86
	velocity	8.20	10.64	10.00	10.00	9.09	8.77	8.33	8.03	9.00	173.0	9.26	10.00	8.93	8.03	9.62	8.45	
FINAL - 2019 USATF National Championships (Des Moines, IA)																	
Track Newsletter (2019) - USATF championships men																	
date 27-Jul-19	time				21.1		32.0		43.6	43.64	/ 1							
reaction time	interval						10.90		11.60	PB	# of strides			10.90	11.60	21.10	22.50	1.40
	velocity				9.48		9.17		8.62	9.17				9.17	8.62	9.48	8.89	
FINAL - 2019 Shanghai (Shanghai, CHN)																	
Omega Timing (2019) - diamond league race analysis																	
date 18-May-19	time		10.6		20.8		32.3		44.81	44.81	5 / 1							
reaction time 0.158	interval				10.2		11.5		12.5		# of strides	10.60	10.20	11.50	12.51	20.80	24.01	3.21
	velocity		9.43		9.80		8.70		7.99	8.93	173.5	9.43	9.80	8.70	7.99	9.62	8.33	
FINAL - 2018 Weltklasse (Zürich, SUI)																	
Omega Timing (2018) - diamond league race analysis																	
date 30-Aug-18	time		11.1		21.3		32.5		44.80	44.80	5 / 1							
reaction time 0.140	interval				10.2		11.2		12.3		# of strides	11.10	10.20	11.20	12.30	21.30	23.50	2.20
	velocity		9.01		9.80		8.93		8.13	8.93	173.5	9.01	9.80	8.93	8.13	9.39	8.51	
FINAL - 2018 Müller Grand Prix (Birmingham, GBR)																	
Omega Timing (2018) - diamond league race analysis																	
date 18-Aug-18	time		11.3		22.0		33.3		45.54	45.54	6 / 1							
reaction time 0.145	interval				10.7		11.3		12.2		# of strides	11.30	10.70	11.30	12.24	22.00	23.54	1.54
	velocity		8.85		9.35		8.85		8.17	8.78	178.2	8.85	9.35	8.85	8.17	9.09	8.50	
FINAL - 2017 IAAF World Championships (London, GBR)																	
Yamanaka (2017) - male and female 400m analysis in the 2017 season																	
date 08-Aug-17	time	6.09	11.01	16.02	21.19	26.63	32.35	38.47	45.23	45.23	2 / 7							
reaction time 0.142	interval		4.92	5.01	5.17	5.44	5.72	6.12	6.76		# of strides	11.01	10.18	11.16	12.88	21.19	24.04	2.85
	velocity	8.21	10.16	9.98	9.67	9.19	8.74	8.17	7.40	8.84	176.4	9.08	9.82	8.96	7.76	9.44	8.32	
Semi-Final 1 - 2017 IAAF World Championships (London, GBR)																	
Pollitt (2018) - biomechanical report for the IAAF World Champs - London 2017 - Men's 400m																	
date 06-Aug-17	time		10.73		20.64		31.63	37.72	44.37	44.51	7 / 3							
reaction time 0.137	interval				9.91		10.99	6.09	6.65		# of strides	10.73	9.91	10.99	12.74	20.64	23.73	3.09
	velocity		9.32		10.09		9.10	8.21	7.52	8.99	175.8	9.32	10.09	9.10	7.85	9.69	8.43	
FINAL - 2017 USATF National Championships (Sacramento, CA)																	
Lee (& Ferrara) (2017) - speedendurance.com/2017/07/13/400m-splits-from-usa-national-championships/																	
date 24-Jun-17	time		11.27		21.18		32.02		44.03	44.03	4 / 1							
reaction time	interval				9.91		10.84		12.01		# of strides	11.27	9.91	10.84	12.01	21.18	22.85	1.67

		velocity	8.87	10.09	9.23	8.33	9.08		8.87	10.09	9.23	8.33	9.44	8.75		

FINAL - 2017 NCAA Championships (Eugene, OR) *Track Newsletter (2017) - NCAA men's championships*

date	09-Jun-17	time		21.4	32.1	44.1	44.10	4 / 1								
reaction time		interval			10.70	12.00		# of strides			10.70	12.00	21.40	22.70	1.30	
		velocity		9.35	9.35	8.33	9.07	170.2			9.35	8.33	9.35	8.81		

Quarter-Final 1 - 2017 NCAA Championships - West Preliminary (Austin, TX) *Vazel (2018) - historical analysis and coaching commentary - biomechanical report - London 2017 - Men's 400m*

date	26-May-17	time	11.0	21.1	31.9	43.70	43.70	/ 1								
reaction time		interval		10.10	10.80	11.80	PB	# of strides	11.00	10.10	10.80	11.80	21.10	22.60	1.50	
		velocity	9.09	9.90	9.26	8.47	9.15		9.09	9.90	9.26	8.47	9.48	8.85		

Kersulis, Tomas (LTU) (2001)		**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
B Final - 2025 European Team Championships, First Division (Madrid, ESP)																		*European Athletics (2025) - 2025 european team championships, first division - results book*
date	27-Jun-25	time	6.16	11.34	16.63	22.05	27.69	33.53	39.73	46.55	46.55	/ 8							
reaction time	0.141	interval		5.18	5.29	5.42	5.64	5.84	6.20	6.82		# of strides	11.34	10.71	11.48	13.02	22.05	24.50	2.45
		velocity	8.12	9.65	9.45	9.23	8.87	8.56	8.06	7.33	8.59		8.82	9.34	8.71	7.68	9.07	8.16	

FINAL - 2023 European Athletics U23 Championships (Espoo, FIN) *European Athletics (2023) - european athletics U23 championships results book*

date	14-Jul-23	time		11.46	22.19	34.03	46.89	46.89	1 / 8							
reaction time	0.170	interval			10.73	11.84	12.86		# of strides	11.46	10.73	11.84	12.86	22.19	24.70	2.51
		velocity		8.73	9.32	8.45	7.78	8.53	172.2	8.73	9.32	8.45	7.78	9.01	8.10	

Semi-Final 1 - 2023 European Athletics U23 Championships (Espoo, FIN) *European Athletics (2023) - european athletics U23 championships results book*

date	13-Jul-23	time		11.46	22.27	34.07	46.30	46.30	2 / 4							
reaction time	0.147	interval			10.81	11.80	12.23		# of strides	11.46	10.81	11.80	12.23	22.27	24.03	1.76
		velocity		8.73	9.25	8.47	8.18	8.64		8.73	9.25	8.47	8.18	8.98	8.32	

A Final - 2023 European Team Championships, Second Division (Chorzów, POL) *European Athletics (2023) - 3rd european games, athletics - results book*

date	20-Jun-23	time		11.41	21.97	33.36	46.36	46.36	6 / 7							
reaction time	0.137	interval			10.56	11.39	13.00		# of strides	11.41	10.56	11.39	13.00	21.97	24.39	2.42
		velocity		8.76	9.47	8.78	7.69	8.63	172.0	8.76	9.47	8.78	7.69	9.10	8.20	

Khalil, Hassan (QAT)		**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
Invitational FINAL - 2025 Jetour Doha Meeting (Doha, QAT)																		*Omega Timing (2025) - diamond league race analysis*
date	16-May-25	time	6.27	11.53	17.31	23.34	29.25	35.21	41.19	47.88	47.88	1 / 4							
reaction time	0.177	interval		5.26	5.78	6.03	5.91	5.96	5.98	6.69	PB	# of strides	11.53	11.81	11.87	12.67	23.34	24.54	1.20
		velocity	7.97	9.51	8.65	8.29	8.46	8.39	8.36	7.47	8.35		8.67	8.47	8.42	7.89	8.57	8.15	

Khouaja, Mohamed Ashour (LBA) (19		**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
Heat 7 - 2009 IAAF World Championships (Berlin, GER)																		*Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*
date	18-Aug-09	time		11.27	21.63	33.02	45.56	45.56	3 / 5							
reaction time	0.207	interval			10.36	11.39	12.54	NR	# of strides	11.27	10.36	11.39	12.54	21.63	23.93	2.30
		velocity		8.87	9.65	8.78	7.97	8.78		8.87	9.65	8.78	7.97	9.25	8.36	

Kidachi, Muto (JPN)		**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
U20 FINAL - 2018 National Sports Festival (Fukui, JPN)																		*Joshi (2018) - research on athlete performance and technique- 2018 data book*
date	08-Oct-18	time	6.34	11.90	17.52	23.42	29.41	35.42	41.47	47.65	47.65	6 / 3							
reaction time	0.153	interval		5.56	5.62	5.90	5.99	6.01	6.05	6.18		# of strides	11.90	11.52	12.00	12.23	23.42	24.23	0.81
		velocity	7.89	8.99	8.90	8.47	8.35	8.32	8.26	8.09	8.39		8.40	8.68	8.33	8.18	8.54	8.25	

Kijanović, Boško (SRB) (2000)		**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
Heat 2 - 2024 European Athletics Championships (Roma, ITA)																		*European Athletics (2024) - 2024 european athletics championships - results book*
date	08-Jun-24	time		11.52		22.36		33.67		46.39	46.39	5 / 6							
reaction time	0.149	interval				10.84		11.31		12.72		# of strides	11.52	10.84	11.31	12.72	22.36	24.03	1.67
		velocity		8.68		9.23		8.84		7.86	8.62		8.68	9.23	8.84	7.86	8.94	8.32	

A Final - 2023 European Team Championships, Second Division (Chorzów, POL) *European Athletics (2023) - 3rd european games, athletics - results book*

date	20-Jun-23	time		11.27	21.77	33.13	45.97	45.97	8 / 5							
reaction time	0.180	interval			10.50	11.36	12.84		# of strides	11.27	10.50	11.36	12.84	21.77	24.20	2.43
		velocity		8.87	9.52	8.80	7.79	8.70		8.87	9.52	8.80	7.79	9.19	8.26	

Semi-Final 1 - 2022 European Athletics Championships (Munich, GER) *European Athletics (2022) - european athletics championships race analysis*

date	16-Aug-22	time		10.86	21.42	32.86	45.88	45.88	7 / 7							
reaction time	0.162	interval			10.56	11.44	13.02		# of strides	10.86	10.56	11.44	13.02	21.42	24.46	3.04
		velocity		9.21	9.47	8.74	7.68	8.72	170.0	9.21	9.47	8.74	7.68	9.34	8.18	

Heat 2 - 2022 European Athletics Championships (Munich, GER) *European Athletics (2022) - european athletics championships race analysis*

date	15-Aug-22	time		11.29	21.97	33.32	45.75	45.75	8 / 3							
reaction time		interval			10.68	11.35	12.43		# of strides	11.29	10.68	11.35	12.43	21.97	23.78	1.81
		velocity		8.86	9.36	8.81	8.05	8.74		8.86	9.36	8.81	8.05	9.10	8.41	

Heat 4 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	17-Jul-22	time		11.87	22.49	34.03	46.85	46.85	6 / 7							
reaction time	0.131	interval			10.62	11.54	12.82		# of strides	11.87	10.62	11.54	12.82	22.49	24.36	1.87
		velocity		8.42	9.42	8.67	7.80	8.54	171.5	8.42	9.42	8.67	7.80	8.89	8.21	

Kikaya, Gary (COD) (1980)		**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 2009 ISTAF (Berlin, GER)																		*Graubner (2009) - http://www.fgs.uni-halle.de*
date	14-Jun-09	time		11.02	21.45	32.94	45.68	45.68	3 / 2							
reaction time	0.161	interval			10.43	11.49	12.74		# of strides	11.02	10.43	11.49	12.74	21.45	24.23	2.78
		velocity		9.07	9.59	8.70	7.85	8.76		9.07	9.59	8.70	7.85	9.32	8.25	

FINAL - 2008 IAAF World Athletic Final (Stuttgart, GER) *Graubner (2009) - http://www.fgs.uni-halle.de*

date	13-Sep-08	time		11.15	21.65	33.09	45.92	45.92	2 / 6							

reaction time	0.167	interval		10.50	11.44	12.83		# of strides	11.15	10.50	11.44	12.83	21.65	24.27	2.62
		velocity	8.97	9.52	8.74	7.79	8.71		8.97	9.52	8.74	7.79	9.24	8.24	

FINAL - 2007 IAAF World Athletic Final (Stuttgart, GER) *Graubner (2007) - http://www.fgs.uni-halle.de*

date	22-Sep-07	time	11.24	21.65	38.77	45.58	45.58	4 / 4								
reaction time	0.155	interval		10.41	17.12	6.81		# of strides	11.24	10.41	17.12	6.81	21.65	23.93	2.28
		velocity	8.90	9.61	5.84	14.68	8.78		8.90	9.61	5.84	14.68	9.24	8.36	

FINAL - 2006 IAAF World Athletics Final (Stuttgart, GER) *(TV Analysis)* *Graubner (2009) - http://www.fgs.uni-halle.de*

date	09-Sep-06	time	11.07	21.22	32.24	44.10	44.10	4 / 2								
reaction time	0.163	interval		10.15	11.02	11.86	AR	# of strides	11.07	10.15	11.02	11.86	21.22	22.88	1.66
		velocity	9.03	9.85	9.07	8.43	9.07		9.03	9.85	9.07	8.43	9.43	8.74	

FINAL - 2002 NCAA Championships (Baton Rouge, LA) *Track Newsletter (2002) - NCAA championships*

date	01-Jun-02	time		21.5	32.5	44.5	44.53	/ 1								
reaction time		interval			11.00	12.00	NR	# of strides			11.00	12.00	21.50	23.00	1.50	
		velocity		9.30	9.09	8.33	8.98				9.09	8.33	9.30	8.70		

Kikuta, Kyo (JPN) (2006)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

FINAL - 2024 Japanese National High School Championsips (Fukuoka, JPN) *Takashima (2024) - national high school sports festival - biomechanics data*

date	28-Jul-24	time		11.53	22.12	33.85	46.93	46.93	6 / 1							
reaction time	0.180	interval			10.59	11.73	13.08		# of strides		11.53	10.59	11.73	13.08	22.12	24.81	2.69
		velocity		8.67	9.44	8.53	7.65	8.52			8.67	9.44	8.53	7.65	9.04	8.06	

Kimura, Atsushi (JPN)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

FINAL - 2018 Seiko Golden Grand Prix (Osaka, JPN) *Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*

date	20-May-18	time	6.17	11.16	16.27	21.66	27.34	33.30	39.53	46.20	46.20	8 / 2						
reaction time	0.141	interval		4.99	5.11	5.39	5.68	5.96	6.23	6.67		# of strides	11.16	10.50	11.64	12.90	21.66	24.54	2.88
		velocity	8.10	10.02	9.78	9.28	8.80	8.39	8.03	7.50	8.66	179.7	8.96	9.52	8.59	7.75	9.23	8.15	

Kimura, Jun (JPN) (1991)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

Heat 3 - 2019 Japanese National Championships (Fukuoka, JPN) *Yamanaka (2019) - race analysis of men and women 400m competition*

date	27-Jun-19	time	6.19	11.24	16.45	22.00	27.81	33.81	40.08	46.95	46.95	5 / 5						
reaction time	0.157	interval		5.05	5.21	5.55	5.81	6.00	6.27	6.87		# of strides	11.24	10.76	11.81	13.14	22.00	24.95	2.95
		velocity	8.08	9.90	9.60	9.01	8.61	8.33	7.97	7.28	8.52		8.90	9.29	8.47	7.61	9.09	8.02	

B FINAL - 2019 Shizuoka International Athletics Meeting (Fukuroi, JPN) *Kobayashi (2019) - research on athlete performance and technique- 2019 data book*

date	03-May-19	time	6.24	11.44	16.84	22.57	28.47	34.65	41.04	47.90	47.90	4 / 3						
reaction time		interval		5.20	5.40	5.73	5.90	6.18	6.39	6.86		# of strides	11.44	11.13	12.08	13.25	22.57	25.33	2.76
		velocity	8.01	9.62	9.26	8.73	8.47	8.09	7.82	7.29	8.35	183.0	8.74	8.98	8.28	7.55	8.86	7.90	

FINAL - 2018 National Sports Festival (Fukui, JPN) *Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*

date	08-Oct-18	time	6.28	11.46	16.85	22.55	28.45	34.47	40.60	47.19	47.19	1 / 7						
reaction time	0.146	interval		5.18	5.39	5.70	5.90	6.02	6.13	6.59		# of strides	11.46	11.09	11.92	12.72	22.55	24.64	2.09
		velocity	7.96	9.65	9.28	8.77	8.47	8.31	8.16	7.59	8.48		8.73	9.02	8.39	7.86	8.87	8.12	

FINAL - 2018 Japanese Corporate Championships (Osaka, JPN) *Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*

date	23-Sep-18	time	6.28	11.55	16.92	22.48	28.25	34.10	40.16	46.97	46.97	4 / 4						
reaction time	0.116	interval		5.27	5.37	5.56	5.77	5.85	6.06	6.81		# of strides	11.55	10.93	11.62	12.87	22.48	24.49	2.01
		velocity	7.96	9.49	9.31	8.99	8.67	8.55	8.25	7.34	8.52		8.66	9.15	8.61	7.77	8.90	8.17	

FINAL - 2018 Japanese National Championships (Yamaguchi, JPN) *Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*

date	23-Jun-18	time	6.13	11.22	16.45	21.98	27.73	33.65	39.77	46.39	46.39	4 / 2						
reaction time	0.138	interval		5.09	5.23	5.53	5.75	5.92	6.12	6.62		# of strides	11.22	10.76	11.67	12.74	21.98	24.41	2.43
		velocity	8.16	9.82	9.56	9.04	8.70	8.45	8.17	7.55	8.62	181.2	8.91	9.29	8.57	7.85	9.10	8.19	

Heat 3 - 2018 Japanese National Championships (Yamaguchi, JPN) *Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*

date	22-Jun-18	time	6.28	11.46	16.82	22.45	28.32	34.30	40.36	46.91	46.91	9 / 1						
reaction time	0.153	interval		5.18	5.36	5.63	5.87	5.98	6.06	6.55		# of strides	11.46	10.99	11.85	12.61	22.45	24.46	2.01
		velocity	7.96	9.65	9.33	8.88	8.52	8.36	8.25	7.63	8.53		8.73	9.10	8.44	7.93	8.91	8.18	

Heat 1 - 2017 National Sports Festival (Matsuyama, JPN) *(2017) - tfdata-store.com/2017/10/12/post-1100/*

date	08-Oct-17	time		22.80	34.71	47.86	47.86	9 / 3								
reaction time	0.212	interval			11.91	13.15		# of strides			11.91	13.15	22.80	25.06	2.26	
		velocity		8.77	8.40	7.60	8.36				8.40	7.60	8.77	7.98		

FINAL - 2017 All Japan Corporate Championships (Osaka, JPN) *(2017) - tfdata-store.com/2017/10/05/post-1097/*

date	24-Sep-17	time	11.43	22.43	34.09	47.07	47.07	9 / 5								
reaction time	0.136	interval		11.00	11.66	12.98		# of strides	11.43	11.00	11.66	12.98	22.43	24.64	2.21	
		velocity	8.75	9.09	8.58	7.70	8.50	181.0	8.75	9.09	8.58	7.70	8.92	8.12		

Heat 3 - 2017 Japanese National Championships (Osaka, JPN) *(2017) - tfdata-store.com/2017/07/08/post-965/*

date	23-Jun-17	time	11.20	21.67	33.18	46.48	46.48	3 / 6								
reaction time	0.141	interval		10.47	11.51	13.30		# of strides	11.20	10.47	11.51	13.30	21.67	24.81	3.14	
		velocity	8.93	9.55	8.69	7.52	8.61	180.2	8.93	9.55	8.69	7.52	9.23	8.06		

FINAL - 2017 Izumo Athletics Games (Izumo, JPN) (300m) *(2017) - tfdata-store.com/2017/05/17/post-537/*

date	23-Apr-17	time	11.02	21.50	33.05		33.05	5 / 4								***100m-300m***
reaction time		interval		10.48	11.55		PB	# of strides	11.02	10.48	11.55		21.50			*22.03*
		velocity	9.07	9.54	8.66		9.08	134.5	9.07	9.54	8.66		9.30			*9.08*

FINAL - 2014 Shizuoka International Athletics Meeting (Fukuori, JPN) *Maho (2014) - race analysis of men's 400m run in the 2014 season*

date	03-May-14	time	6.31	11.35	16.52	22.02	27.77	33.72	40.09	47.11	47.11	/ 8						
reaction time		interval		5.04	5.17	5.50	5.75	5.95	6.37	7.02		# of strides	11.35	10.67	11.70	13.39	22.02	25.09	3.07
		velocity	7.92	9.92	9.67	9.09	8.70	8.40	7.85	7.12	8.49		8.81	9.37	8.55	7.47	9.08	7.97	

Kimura, Kazushi (JPN) (1993)			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 1 - 2020 Japanese National Championships (Niigata, JPN)													*Yamanaka (2020) - 400m race analysis of men and women during 2020 season*						
date	01-Oct-20	time	6.40	11.54	16.82	22.39	28.15	34.20	40.61	47.76	47.76	5 / 3							
reaction time	0.212	interval		5.14	5.28	5.57	5.76	6.05	6.41	7.15		# of strides	11.54	10.85	11.81	13.56	22.39	25.37	2.98
		velocity	7.81	9.73	9.47	8.98	8.68	8.26	7.80	6.99	8.38		8.67	9.22	8.47	7.37	8.93	7.88	
FINAL - 2020 Seiko Golden Grand Prix (Tokyo, JPN)													*Yamanaka (2020) - 400m race analysis of men and women during 2020 season*						
date	23-Aug-20	time	6.19	11.24	16.37	21.76	27.42	33.46	39.93	47.28	47.28	3 / 5							
reaction time	0.176	interval		5.05	5.13	5.39	5.66	6.04	6.47	7.35		# of strides	11.24	10.52	11.70	13.82	21.76	25.52	3.76
		velocity	8.08	9.90	9.75	9.28	8.83	8.28	7.73	6.80	8.46		8.90	9.51	8.55	7.24	9.19	7.84	
FINAL - 2018 National Sports Festival (Fukui, JPN)													*Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*						
date	08-Oct-18	time	6.25	11.47	16.98	22.62	28.38	34.20	40.25	46.96	46.96	5 / 6							
reaction time	0.172	interval		5.22	5.51	5.64	5.76	5.82	6.05	6.71		# of strides	11.47	11.15	11.58	12.76	22.62	24.34	1.72
		velocity	8.00	9.58	9.07	8.87	8.68	8.59	8.26	7.45	8.52		8.72	8.97	8.64	7.84	8.84	8.22	
FINAL - 2018 Japanese Corporate Championships (Osaka, JPN)													*Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*						
date	23-Sep-18	time	6.42	11.78	17.20	22.71	28.27	33.91	39.85	46.43	46.43	6 / 2							
reaction time	0.192	interval		5.36	5.42	5.51	5.56	5.64	5.94	6.58		# of strides	11.78	10.93	11.20	12.52	22.71	23.72	1.01
		velocity	7.79	9.33	9.23	9.07	8.99	8.87	8.42	7.60	8.62		8.49	9.15	8.93	7.99	8.81	8.43	
FINAL - 2018 Japanese National Championships (Yamaguchi, JPN)													*Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*						
date	23-Jun-18	time	6.32	11.46	16.75	22.20	27.77	33.57	39.83	46.67	46.67	7 / 5							
reaction time	0.197	interval		5.14	5.29	5.45	5.57	5.80	6.26	6.84		# of strides	11.46	10.74	11.37	13.10	22.20	24.47	2.27
		velocity	7.91	9.73	9.45	9.17	8.98	8.62	7.99	7.31	8.57	186.2	8.73	9.31	8.80	7.63	9.01	8.17	
Heat 2 - 2018 Japanese National Championships (Yamaguchi, JPN)													*Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*						
date	22-Jun-18	time	6.32	11.56	17.02	22.66	28.36	34.12	40.07	46.65	46.65	5 / 1							
reaction time	0.184	interval		5.24	5.46	5.64	5.70	5.76	5.95	6.58		# of strides	11.56	11.10	11.46	12.53	22.66	23.99	1.33
		velocity	7.91	9.54	9.16	8.87	8.77	8.68	8.40	7.60	8.57		8.65	9.01	8.73	7.98	8.83	8.34	
FINAL - 2018 Seiko Golden Grand Prix (Osaka, JPN)													*Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*						
date	20-May-18	time	6.24	11.30	16.48	21.86	27.37	33.23	39.50	46.26	46.26	5 / 3							
reaction time	0.174	interval		5.06	5.18	5.38	5.51	5.86	6.27	6.76		# of strides	11.30	10.56	11.37	13.03	21.86	24.40	2.54
		velocity	8.01	9.88	9.65	9.29	9.07	8.53	7.97	7.40	8.65	188.0	8.85	9.47	8.80	7.67	9.15	8.20	
A FINAL - 2018 Shizuoka International Meeting (Fukuroi, JPN)													*Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*						
date	03-May-18	time	6.35	11.62	16.87	22.29	27.81	33.53	39.73	46.68	46.68	4 / 3							
reaction time	0.222	interval		5.27	5.25	5.42	5.52	5.72	6.20	6.95		# of strides	11.62	10.67	11.24	13.15	22.29	24.39	2.10
		velocity	7.87	9.49	9.52	9.23	9.06	8.74	8.06	7.19	8.57	185.2	8.61	9.37	8.90	7.60	8.97	8.20	
FINAL - 2017 National Sports Festival (Matsuyama, JPN)													*Yamanaka (2017) - male and female 400m analysis in the 2017 season*						
date	08-Oct-17	time	6.20	11.41	16.90	22.50	28.25	34.14	40.24	46.87	46.87	7 / 3							
reaction time	0.202	interval		5.21	5.49	5.60	5.75	5.89	6.10	6.63		# of strides	11.41	11.09	11.64	12.73	22.50	24.37	1.87
		velocity	8.06	9.60	9.11	8.93	8.70	8.49	8.20	7.54	8.53	187.0	8.76	9.02	8.59	7.86	8.89	8.21	
Heat 1 - 2017 National Sports Festival (Matsuyama, JPN)													*(2017) - tfdata-store.com/2017/10/12/post-1100/*						
date	08-Oct-17	time		11.44		22.38		34.25		47.22	47.22	5 / 1							
reaction time	0.191	interval				10.94		11.87		12.97		# of strides	11.44	10.94	11.87	12.97	22.38	24.84	2.46
		velocity		8.74		9.14		8.42		7.71	8.47	186.7	8.74	9.14	8.42	7.71	8.94	8.05	
FINAL - 2017 All Japan Corporate Championships (Osaka, JPN)													*(2017) - tfdata-store.com/2017/10/05/post-1097/*						
date	24-Sep-17	time		11.44		22.47		34.30		47.83	47.83	3 / 8							
reaction time	0.178	interval				11.03		11.83		13.53		# of strides	11.44	11.03	11.83	13.53	22.47	25.36	2.89
		velocity		8.74		9.07		8.45		7.39	8.36	187.2	8.74	9.07	8.45	7.39	8.90	7.89	
B FINAL - 2017 Nanbu Memorial Meeting (Sapporo, JPN)													*(2017) - tfdata-store.com/2017/07/11/post-1010/*						
date	09-Jul-17	time		11.99		23.40		34.83		47.16	47.16	5 / 1							
reaction time		interval				11.41		11.43		12.33		# of strides	11.99	11.41	11.43	12.33	23.40	23.76	0.36
		velocity		8.34		8.76		8.75		8.11	8.48	186.0	8.34	8.76	8.75	8.11	8.55	8.42	
FINAL - 2017 Japanese National Championships (Osaka, JPN)													*Yamanaka (2017) - male and female 400m analysis in the 2017 season*						
date	24-Jun-17	time	6.13	11.18	16.33	21.63	27.11	32.97	39.28	46.02	46.02	7 / 3							
reaction time	0.184	interval		5.05	5.15	5.30	5.48	5.86	6.31	6.74		# of strides	11.18	10.45	11.34	13.05	21.63	24.39	2.76
		velocity	8.16	9.90	9.71	9.43	9.12	8.53	7.92	7.42	8.69	186.0	8.94	9.57	8.82	7.66	9.25	8.20	
Heat 2 - 2017 Japanese National Championships (Osaka, JPN)													*(2017) - tfdata-store.com/2017/07/08/post-965/*						
date	23-Jun-17	time		11.34		21.89		32.83		45.53	45.53	4 / 1							
reaction time	0.181	interval				10.55		10.94		12.70	**PB**	# of strides	11.34	10.55	10.94	12.70	21.89	23.64	1.75
		velocity		8.82		9.48		9.14		7.87	8.79	184.0	8.82	9.48	9.14	7.87	9.14	8.46	
FINAL - 2017 Izumo Athletics Games (Izumo, JPN) (300m)													*(2017) - tfdata-store.com/2017/05/17/post-537/*						
date	23-Apr-17	time		11.11		21.54		33.04			33.04	3 / 3							***100m-300m***
reaction time		interval				10.43		11.50			**PB**	# of strides	11.11	10.43	11.50		21.54		*21.93*
		velocity		9.00		9.59		8.70			9.08	140.0	9.00	9.59	8.70		9.29		*9.12*
FINAL - 2016 National Sports Festival (Kitakami, JPN)													*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*						
date	09-Oct-16	time	6.45	11.83	17.35	23.02	28.85	34.86	41.06	47.64	47.64	4 / 5							
reaction time	0.231	interval		5.38	5.52	5.67	5.83	6.01	6.20	6.58		# of strides	11.83	11.19	11.84	12.78	23.02	24.62	1.60
		velocity	7.75	9.29	9.06	8.82	8.58	8.32	8.06	7.60	8.40		8.45	8.94	8.45	7.82	8.69	8.12	
FINAL - 2016 Seiko Golden Grand Prix (Kawasaki, JPN)													*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*						
date	08-May-16	time	6.32	11.50	16.83	22.47	28.28	34.21	40.52	47.39	47.39	8 / 8							
reaction time	0.185	interval		5.18	5.33	5.64	5.81	5.93	6.31	6.87		# of strides	11.50	10.97	11.74	13.18	22.47	24.92	2.45

		velocity	7.91	9.65	9.38	8.87	8.61	8.43	7.92	7.28	8.44	187.5	8.70	9.12	8.52	7.59	8.90	8.03

FINAL - 2016 Shizuoka International Meeting (Fukuroi, JPN) — *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	03-May-16	time	6.28	11.62	17.13	22.74	28.43	34.31	40.44	47.07	47.07	/ 5						
reaction time		interval		5.34	5.51	5.61	5.69	5.88	6.13	6.63		# of strides	11.62	11.12	11.57	12.76	22.74	24.33	1.59
		velocity	7.96	9.36	9.07	8.91	8.79	8.50	8.16	7.54	8.50		8.61	8.99	8.64	7.84	8.80	8.22	

FINAL - 2015 Japanese National Championships (Niigata, JPN) — *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	28-Jun-15	time	6.44	11.73	17.05	22.55	28.05	33.81	40.17	47.35	47.35	8 / 7						
reaction time	0.190	interval		5.29	5.32	5.50	5.50	5.76	6.36	7.18		# of strides	11.73	10.82	11.26	13.54	22.55	24.80	2.25
		velocity	7.76	9.45	9.40	9.09	9.09	8.68	7.86	6.96	8.45	189.0	8.53	9.24	8.88	7.39	8.87	8.06	

Heat 3 - 2015 Japanese National Championships (Niigata, JPN) — *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	27-Jun-15	time	6.57	11.75	17.12	22.53	28.10	33.61	39.47	45.96	45.96	8 / 2						
reaction time	0.181	interval		5.18	5.37	5.41	5.57	5.51	5.86	6.49	PB	# of strides	11.75	10.78	11.08	12.35	22.53	23.43	0.90
		velocity	7.61	9.65	9.31	9.24	8.98	9.07	8.53	7.70	8.70	184.0	8.51	9.28	9.03	8.10	8.88	8.54	

FINAL - 2014 Shizuoka International Athletics Meeting (Fukuori, JPN) — *Maho (2014) - race analysis of men's 400m run in the 2014 season*

date	03-May-14	time	6.51	11.93	17.42	22.88	28.40	34.07	40.01	46.29	46.29	/ 5						
reaction time		interval		5.42	5.49	5.46	5.52	5.67	5.94	6.28	PB	# of strides	11.93	10.95	11.19	12.22	22.88	23.41	0.53
		velocity	7.68	9.23	9.11	9.16	9.06	8.82	8.42	7.96	8.64		8.38	9.13	8.94	8.18	8.74	8.54	

FINAL - 2012 Kokutai National Sport Festival (Gifu, JPN) — *Maho (2013) - race analysis of the men's 400m run in competition*

date	08-Oct-12	time	6.57	11.89	17.38	22.93	28.62	34.50	40.72	47.38	47.38	/ 8						
reaction time		interval		5.32	5.49	5.55	5.69	5.88	6.22	6.66		# of strides	11.89	11.04	11.57	12.88	22.93	24.45	1.52
		velocity	7.61	9.40	9.11	9.01	8.79	8.50	8.04	7.51	8.44		8.41	9.06	8.64	7.76	8.72	8.18	

Kimura, Kenta (JPN) (1993)

			50m	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 2015 National Sports Festival (Wakayama, JPN)													*Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*						
date	04-Oct-15	time	6.39	11.52	16.92	22.63	28.43	34.30	40.44	47.11	47.11	/ 3							
reaction time		interval		5.13	5.40	5.71	5.80	5.87	6.14	6.67		# of strides	11.52	11.11	11.67	12.81	22.63	24.48	1.85
		velocity	7.82	9.75	9.26	8.76	8.62	8.52	8.14	7.50	8.49		8.68	9.00	8.57	7.81	8.84	8.17	

Kinder, Manfred (FRG) (1938)

			50m	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 1960 Olympic Games (Rome, ITA)													*Martini (2010) - Ricordi romani (1) - analisi dell distribuzione dello sforzo di Otis Davis*						
date	06-Sep-60	time				22.1		33.5		45.9	45.9	6 / 5							
reaction time		interval						11.40		12.40	*(46.04)*	# of strides			11.40	12.40	22.10	23.80	1.70
		velocity				9.05		8.77		8.06	8.71				8.77	8.06	9.05	8.40	

Kinoshita, Yuichi (JPN) (2002)

			50m	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 2021 Japanese U20 National Championships (Osaka, JPN)													*Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition*						
date	25-Jun-21	time	6.22	11.48	16.86	22.46	28.22	34.13	40.29	46.74	46.74	4 / 2							
reaction time	0.161	interval		5.26	5.38	5.60	5.76	5.91	6.16	6.45		# of strides	11.48	10.98	11.67	12.61	22.46	24.28	1.82
		velocity	8.04	9.51	9.29	8.93	8.68	8.46	8.12	7.75	8.56	187.0	8.71	9.11	8.57	7.93	8.90	8.24	

A FINAL - 2020 Japanese High School National Championships (Hiroshima, JPN) — *Kobayashi (2002) - national high school and U20 national championhsips*

date	23-Oct-20	time	6.33	11.54	16.92	22.46	28.24	34.27	40.55	47.24	47.24	5 / 3						
reaction time	0.179	interval		5.21	5.38	5.54	5.78	6.03	6.28	6.69		# of strides	11.54	10.92	11.81	12.97	22.46	24.78	2.32
		velocity	7.90	9.60	9.29	9.03	8.65	8.29	7.96	7.47	8.47	188.1	8.67	9.16	8.47	7.71	8.90	8.07	

Heat 1 - 2020 Japanese High School National Championships (Hiroshima, JPN) — *Kobayashi (2002) - national high school and U20 national championhsips*

date	23-Oct-20	time	6.31	11.52	16.82	22.35	28.03	34.05	40.62	47.49	47.49	3 / 1						
reaction time	0.192	interval		5.21	5.30	5.53	5.68	6.02	6.57	6.87		# of strides	11.52	10.83	11.70	13.44	22.35	25.14	2.79
		velocity	7.92	9.60	9.43	9.04	8.80	8.31	7.61	7.28	8.42	189.1	8.68	9.23	8.55	7.44	8.95	7.96	

U18 FINAL - 2019 Japanese National U18/U20 Championships (Hiroshima, JPN) (300m) — *Kijima (2019) - research on athlete performance and technique- 2019 data book*

date	18-Oct-19	time		11.12		21.58		33.07			33.07	4 / 1						***100m-300m***
reaction time	0.159	interval				10.46		11.49				# of strides	11.12	10.46	11.49		21.58		*21.95*
		velocity		8.99		9.56		8.70			9.07	140.0	8.99	9.56	8.70		9.27		*9.11*

FINAL - 2019 Japanese National High School Championships (Okinawa, JPN) — *Kota (2019) - 72nd high school championships: JAF scientific committee - biomechanics data collection*

date	04-Aug-19	time	6.43	11.62	16.72	21.98	27.47	33.45	39.88	46.62	46.62	5 / 1						
reaction time		interval		5.19	5.10	5.26	5.49	5.98	6.43	6.74	PB	# of strides	11.62	10.36	11.47	13.17	21.98	24.64	2.66
		velocity	7.78	9.63	9.80	9.51	9.11	8.36	7.78	7.42	8.58		8.61	9.65	8.72	7.59	9.10	8.12	

Kipkorir, Kevin (KEN) (1994)

			50m	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
Heat 4 - 2025 World Athletics Championships (Tokyo, JPN)													*Seiko Timing (2025) - 2025 World Championships race analysis*						
date	14-Sep-25	time		11.23		21.73		33.00		45.39	45.39	4 / 6							
reaction time	0.230	interval				10.50		11.27		12.39		# of strides	11.23	10.50	11.27	12.39	21.73	23.66	1.93
		velocity		8.90		9.52		8.87		8.07	8.81		8.90	9.52	8.87	8.07	9.20	8.45	

Kiprotich, Geoffrey (KEN) (1997)

			50m	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 2016 IAAF World Junior Championships (Bydgoszcz, POL)													*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*						
date	22-Jul-16	time	6.42	11.45	16.55	21.76	27.21	33.02	39.07	45.64	45.64	4 / 4							
reaction time	0.192	interval		5.03	5.10	5.21	5.45	5.81	6.05	6.57		# of strides	11.45	10.31	11.26	12.62	21.76	23.88	2.12
		velocity	7.79	9.94	9.80	9.60	9.17	8.61	8.26	7.61	8.76		8.73	9.70	8.88	7.92	9.19	8.38	

Kirihara, Yuto (JPN)

			50m	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 2017 Shimane High School Championships (Izumo, JPN)													*Shimizu (2018) - shimane high school championships 2018 - biomechanics data analysis*						
date	26-May-17	time		12.28		23.87		36.82		49.89	49.89	7 / 1							
reaction time		interval				11.59		12.95		13.07		# of strides	12.28	11.59	12.95	13.07	23.87	26.02	2.15
		velocity		8.14		8.63		7.72		7.65	8.02		8.14	8.63	7.72	7.65	8.38	7.69	

Kirihara, Yuuto (JPN)

			50m	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 2017 Izumo Athletics Games (Izumo, JPN) (300m)													*(2017) - tfdata-store.com/2017/05/17/post-537/*						

date	23-Apr-17	time		11.83		22.81		34.44			34.44	1 / 8							***100m-300m***
reaction time		interval				10.98		11.63				# of strides	11.83	10.98	11.63		22.81		*22.61*
		velocity		8.45		9.11		8.60			8.71	147.7	8.45	9.11	8.60		8.77		*8.85*

Kishida, Kentaro (JPN) (1994)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2012 Japanese National High School Championships (Niigata, JPN)										*Yasunori (2012) - 65th high school championships: JAF scientific committee- biomechanics*							
date 29-Jul-12	time		11.96		23.58		35.60		48.40	48.40	5 / 4								
reaction time	interval				11.62		12.02		12.80		# of strides	11.96	11.62	12.02	12.80	23.58	24.82	1.24
	velocity		8.36		8.61		8.32		7.81	8.26		8.36	8.61	8.32	7.81	8.48	8.06	

Kishimoto, Kodai (JPN) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Division 1 Semi-Final 1 - 2017 Kanto Collegiate Championships (Yokohama, JPN)										*(2017) - tfdata-store.com/2017/06/02/post-835/*							
date 26-May-17	time		11.57		22.54		34.91		47.57	47.57	9 / ~~2~~								
reaction time	interval				10.97		12.37		12.66	DQ	# of strides	11.57	10.97	12.37	12.66	22.54	25.03	2.49
	velocity		8.64		9.12		8.08		7.90	8.41	189.7	8.64	9.12	8.08	7.90	8.87	7.99	

Kishimoto, Kyota (JPN) (2006)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2024 Japanese National High School Championsips (Fukuoka, JPN)										*Takashima (2024) - national high school sports festival - biomechanics data*							
date 28-Jul-24	time		11.41		22.52		34.58		47.23	47.23	9 / 3								
reaction time 0.202	interval				11.11		12.06		12.65		# of strides	11.41	11.11	12.06	12.65	22.52	24.71	2.19
	velocity		8.76		9.00		8.29		7.91	8.47		8.76	9.00	8.29	7.91	8.88	8.09	

Kitadani, Naoki (JPN) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 Shizuoka International Athletics Meeting (Fukuroi, JPN)										*Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition*							
date 03-May-21	time	6.31	11.37	16.50	21.94	27.67	33.62	39.88	46.96	46.96	8 / 5								
reaction time 0.166	interval		5.06	5.13	5.44	5.73	5.95	6.26	7.08		# of strides	11.37	10.57	11.68	13.34	21.94	25.02	3.08
	velocity	7.92	9.88	9.75	9.19	8.73	8.40	7.99	7.06	8.52		8.80	9.46	8.56	7.50	9.12	7.99	

Kitagawa, Takamasa (JPN) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2017 Japanese National Championships (Osaka, JPN)										*Yamanaka (2017) - male and female 400m analysis in the 2017 season*							
date 24-Jun-17	time	6.14	11.23	16.39	21.76	27.31	33.09	39.17	45.76	45.76	4 / 1								
reaction time 0.147	interval		5.09	5.16	5.37	5.55	5.78	6.08	6.59		# of strides	11.23	10.53	11.33	12.67	21.76	24.00	2.24
	velocity	8.14	9.82	9.69	9.31	9.01	8.65	8.22	7.59	8.74	180.0	8.90	9.50	8.83	7.89	9.19	8.33	
Heat 1 - 2017 Japanese National Championships (Osaka, JPN)										*(2017) - tfdata-store.com/2017/07/08/post-965/*							
date 23-Jun-17	time		11.39		21.69		32.97		45.48	45.48	5 / 1								
reaction time 0.168	interval				10.30		11.28		12.51	PB	# of strides	11.39	10.30	11.28	12.51	21.69	23.79	2.10
	velocity		8.78		9.71		8.87		7.99	8.80	178.7	8.78	9.71	8.87	7.99	9.22	8.41	
Division 1 FINAL - 2017 Kanto Collegiate Championships (Yokohama, JPN)										*(2017) - tfdata-store.com/2017/06/01/post-786/*							
date 26-May-17	time		11.52		22.41		33.81		46.17	46.17	5 / 1								
reaction time	interval				10.89		11.40		12.36		# of strides	11.52	10.89	11.40	12.36	22.41	23.76	1.35
	velocity		8.68		9.18		8.77		8.09	8.66	180.0	8.68	9.18	8.77	8.09	8.92	8.42	
Division 1 Semi-Final 2 - 2017 Kanto Collegiate Championships (Yokohama, JPN)										*(2017) - tfdata-store.com/2017/06/02/post-835/*							
date 26-May-17	time		11.72		22.64		34.51		47.13	47.13	6 / 1								
reaction time	interval				10.92		11.87		12.62		# of strides	11.72	10.92	11.87	12.62	22.64	24.49	1.85
	velocity		8.53		9.16		8.42		7.92	8.49	180.2	8.53	9.16	8.42	7.92	8.83	8.17	
FINAL - 2017 Shizuoka International Meeting (Fukuroi, JPN)										*Yamanaka (2017) - male and female 400m analysis in the 2017 season*							
date 03-May-17	time	6.24	11.32	16.63	22.13	27.82	33.66	39.82	46.55	46.55	/ 1								
reaction time	interval		5.08	5.31	5.50	5.69	5.84	6.16	6.73		# of strides	11.32	10.81	11.53	12.89	22.13	24.42	2.29
	velocity	8.01	9.84	9.42	9.09	8.79	8.56	8.12	7.43	8.59		8.83	9.25	8.67	7.76	9.04	8.19	
FINAL - 2016 National Sports Festival (Kitakami, JPN)										*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*							
date 09-Oct-16	time	6.47	11.79	17.23	22.90	28.76	34.68	40.77	47.22	47.22	7 / 1								
reaction time 0.191	interval		5.32	5.44	5.67	5.86	5.92	6.09	6.45		# of strides	11.79	11.11	11.78	12.54	22.90	24.32	1.42
	velocity	7.73	9.40	9.19	8.82	8.53	8.45	8.21	7.75	8.47		8.48	9.00	8.49	7.97	8.73	8.22	
FINAL - 2016 Japanese National Championships (Nagoya, JPN)										*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*							
date 25-Jun-16	time	6.30	11.46	16.80	22.37	28.09	33.84	39.78	45.93	45.93	6 / 3								
reaction time 0.181	interval		5.16	5.34	5.57	5.72	5.75	5.94	6.15		# of strides	11.46	10.91	11.47	12.09	22.37	23.56	1.19
	velocity	7.94	9.69	9.36	8.98	8.74	8.70	8.42	8.13	8.71		8.73	9.17	8.72	8.27	8.94	8.49	
FINAL - 2016 Seiko Golden Grand Prix (Kawasaki, JPN)										*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*							
date 08-May-16	time	6.40	11.52	16.83	22.33	28.02	33.95	40.24	46.82	46.82	3 / 7								
reaction time 0.177	interval		5.12	5.31	5.50	5.69	5.93	6.29	6.58		# of strides	11.52	10.81	11.62	12.87	22.33	24.49	2.16
	velocity	7.81	9.77	9.42	9.09	8.79	8.43	7.95	7.60	8.54	176.2	8.68	9.25	8.61	7.77	8.96	8.17	
FINAL - 2015 Japanese National Championships (Niigata, JPN)										*Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*							
date 28-Jun-15	time	6.24	11.34	16.58	22.16	27.89	33.73	40.00	46.67	46.67	6 / 4								
reaction time 0.167	interval		5.10	5.24	5.58	5.73	5.84	6.27	6.67		# of strides	11.34	10.82	11.57	12.94	22.16	24.51	2.35
	velocity	8.01	9.80	9.54	8.96	8.73	8.56	7.97	7.50	8.57	177.5	8.82	9.24	8.64	7.73	9.03	8.16	
Heat 1 - 2015 Japanese National Championships (Niigata, JPN)										*Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*							
date 27-Jun-15	time	6.32	11.36	16.59	21.97	27.51	33.13	39.11	45.52	45.52	9 / 2								
reaction time 0.158	interval		5.04	5.23	5.38	5.54	5.62	5.98	6.41	PB	# of strides	11.36	10.61	11.16	12.39	21.97	23.55	1.58
	velocity	7.91	9.92	9.56	9.29	9.03	8.90	8.36	7.80	8.79		8.80	9.43	8.96	8.07	9.10	8.49	
FINAL - 2014 Japanese National High School Championships (Kofu, JPN)										*Yanagiya (2014) - research on athlete performance and technique- 2014 data book*							
date 30-Jul-14	time	6.50	11.79	17.05	22.42	27.91	33.79	40.08	46.57	46.57	/ 1								
reaction time	interval		5.29	5.26	5.37	5.49	5.88	6.29	6.49		# of strides	11.79	10.63	11.37	12.78	22.42	24.15	1.73
	velocity	7.69	9.45	9.51	9.31	9.11	8.50	7.95	7.70	8.59		8.48	9.41	8.80	7.82	8.92	8.28	

FINAL - 2013 Japanese National High School Championships (Oita, JPN) *Matsuo (2013) - 66th high school championships: JAF scientific committee- biomechanics data*

date	30-Jul-13	time		11.75		23.00		35.12		47.89	47.89	2 / 7						
reaction time		interval				11.25		12.12		12.77		# of strides	11.75	11.25	12.12	12.77	23.00	24.89	1.89
		velocity		8.51		8.89		8.25		7.83	8.35		8.51	8.89	8.25	7.83	8.70	8.04	

Kitahara, Ryota (JPN) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2015 Japanese National Youth Championships (Nagoya, JPN) — *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	16-Oct-15	time	6.55	11.70	17.07	22.76	28.69	34.81	41.18	48.22	48.22	1 / 5							
reaction time		interval		5.15	5.37	5.69	5.93	6.12	6.37	7.04		# of strides	11.70	11.06	12.05	13.41	22.76	25.46	2.70
		velocity	7.63	9.71	9.31	8.79	8.43	8.17	7.85	7.10	8.30		8.55	9.04	8.30	7.46	8.79	7.86	

Kitakani, Naoki (JPN) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2020 Japanese National Championships (Niigata, JPN) — *Yamanaka (2020) - 400m race analysis of men and women during 2020 season*

date	02-Oct-20	time	6.19	11.23	16.50	22.00	27.78	33.83	40.17	47.26	47.26	8 / 8							
reaction time	0.139	interval		5.04	5.27	5.50	5.78	6.05	6.34	7.09		# of strides	11.23	10.77	11.83	13.43	22.00	25.26	3.26
		velocity	8.08	9.92	9.49	9.09	8.65	8.26	7.89	7.05	8.46	179.2	8.90	9.29	8.45	7.45	9.09	7.92	

Heat 1 - 2020 Japanese National Championships (Niigata, JPN) — *Yamanaka (2020) - 400m race analysis of men and women during 2020 season*

date	01-Oct-20	time	6.24	11.34	16.55	21.97	27.68	33.72	40.06	47.07	47.07	4 / 2							
reaction time	0.167	interval		5.10	5.21	5.42	5.71	6.04	6.34	7.01		# of strides	11.34	10.63	11.75	13.35	21.97	25.10	3.13
		velocity	8.01	9.80	9.60	9.23	8.76	8.28	7.89	7.13	8.50		8.82	9.41	8.51	7.49	9.10	7.97	

Heat 1 - 2019 Japanese National Championships (Fukuoka, JPN) — *Yamanaka (2019) - race analysis of men and women 400m competition*

date	27-Jun-19	time	6.28	11.42	16.77	22.37	28.19	34.27	40.56	47.18	47.18	4 / 4							
reaction time	0.159	interval		5.14	5.35	5.60	5.82	6.08	6.29	6.62		# of strides	11.42	10.95	11.90	12.91	22.37	24.81	2.44
		velocity	7.96	9.73	9.35	8.93	8.59	8.22	7.95	7.55	8.48		8.76	9.13	8.40	7.75	8.94	8.06	

FINAL - 2019 Seiko Golden Grand Prix (Osaka, JPN) — *Hirokawa (2019) - research on athlete performance and technique- 2019 data book*

date	19-May-19	time	6.24	11.30	16.53	22.06	27.84	33.97	40.31	47.34	47.34	9 / 7							
reaction time	0.164	interval		5.06	5.23	5.53	5.78	6.13	6.34	7.03		# of strides	11.30	10.76	11.91	13.37	22.06	25.28	3.22
		velocity	8.01	9.88	9.56	9.04	8.65	8.16	7.89	7.11	8.45	179.0	8.85	9.29	8.40	7.48	9.07	7.91	

A FINAL - 2019 Shizuoka International Athletics Meeting (Fukuroi, JPN) — *Kobayashi (2019) - research on athlete performance and technique- 2019 data book*

date	03-May-19	time	6.17	11.18	16.42	21.91	27.66	33.67	39.97	46.68	46.68	4 / 4							
reaction time		interval		5.01	5.24	5.49	5.75	6.01	6.30	6.71		# of strides	11.18	10.73	11.76	13.01	21.91	24.77	2.86
		velocity	8.10	9.98	9.54	9.11	8.70	8.32	7.94	7.45	8.57	179.2	8.94	9.32	8.50	7.69	9.13	8.07	

B FINAL - 2018 Shizuoka International Meeting (Fukuroi, JPN) — *Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*

date	03-May-18	time	6.23	11.43	16.70	22.15	27.84	33.71	39.71	45.98	45.98	8 / 2							
reaction time	0.180	interval		5.20	5.27	5.45	5.69	5.87	6.00	6.27	PB	# of strides	11.43	10.72	11.56	12.27	22.15	23.83	1.68
		velocity	8.03	9.62	9.49	9.17	8.79	8.52	8.33	7.97	8.70		8.75	9.33	8.65	8.15	9.03	8.39	

Heat 3 - 2017 Japanese National Championships (Osaka, JPN) — *(2017) - tfdata-store.com/2017/07/08/post-965/*

date	23-Jun-17	time		11.38		21.80		33.27		46.15	46.15	4 / 3							
reaction time	0.170	interval				10.42		11.47		12.88	PB	# of strides	11.38	10.42	11.47	12.88	21.80	24.35	2.55
		velocity		8.79		9.60		8.72		7.76	8.67	177.7	8.79	9.60	8.72	7.76	9.17	8.21	

Division 1 FINAL - 2017 Kanto Collegiate Championships (Yokohama, JPN) — *(2017) - tfdata-store.com/2017/06/01/post-786/*

date	26-May-17	time		11.65		22.89		34.67		47.02	47.02	3 / 5							
reaction time		interval				11.24		11.78		12.35		# of strides	11.65	11.24	11.78	12.35	22.89	24.13	1.24
		velocity		8.58		8.90		8.49		8.10	8.51	175.5	8.58	8.90	8.49	8.10	8.74	8.29	

Division 1 Semi-Final 2 - 2017 Kanto Collegiate Championships (Yokohama, JPN) — *(2017) - tfdata-store.com/2017/06/02/post-835/*

date	26-May-17	time		11.52		22.46		34.86		47.99	47.99	8 / 5							
reaction time		interval				10.94		12.40		13.13		# of strides	11.52	10.94	12.40	13.13	22.46	25.53	3.07
		velocity		8.68		9.14		8.06		7.62	8.34	179.2	8.68	9.14	8.06	7.62	8.90	7.83	

U19 FINAL - 2016 National Sports Festival (Kitakami, JPN) — *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	10-Oct-16	time	6.41	11.73	17.33	23.22	29.31	35.25	41.28	47.61	47.61	4 / 2							
reaction time	0.205	interval		5.32	5.60	5.89	6.09	5.94	6.03	6.33		# of strides	11.73	11.49	12.03	12.36	23.22	24.39	1.17
		velocity	7.80	9.40	8.93	8.49	8.21	8.42	8.29	7.90	8.40		8.53	8.70	8.31	8.09	8.61	8.20	

FINAL - 2016 Japanese National High School Championships (Okayama, JPN) — *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	29-Jul-16	time	6.45	11.64	17.00	22.62	28.50	34.63	40.86	47.41	47.41	3 / 4							
reaction time	0.166	interval		5.19	5.36	5.62	5.88	6.13	6.23	6.55		# of strides	11.64	10.98	12.01	12.78	22.62	24.79	2.17
		velocity	7.75	9.63	9.33	8.90	8.50	8.16	8.03	7.63	8.44		8.59	9.11	8.33	7.82	8.84	8.07	

FINAL - 2016 IAAF World Junior Championships (Bydgoszcz, POL) — *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	22-Jul-16	time	6.29	11.47	16.78	22.31	28.15	34.23	40.43	47.15	47.15	3 / 8							
reaction time	0.143	interval		5.18	5.31	5.53	5.84	6.08	6.20	6.72		# of strides	11.47	10.84	11.92	12.92	22.31	24.84	2.53
		velocity	7.95	9.65	9.42	9.04	8.56	8.22	8.06	7.44	8.48		8.72	9.23	8.39	7.74	8.96	8.05	

Semi-Final 1 - 2016 IAAF World Junior Championships (Bydgoszcz, POL) — *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	21-Jul-16	time	6.36	11.39	16.51	21.96	27.76	33.62	39.82	46.41	46.41	8 / 4							
reaction time	0.162	interval		5.03	5.12	5.45	5.80	5.86	6.20	6.59	PB	# of strides	11.39	10.57	11.66	12.79	21.96	24.45	2.49
		velocity	7.86	9.94	9.77	9.17	8.62	8.53	8.06	7.59	8.62		8.78	9.46	8.58	7.82	9.11	8.18	

Heat 3 - 2016 IAAF World Junior Championships (Bydgoszcz, POL) — *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	20-Jul-16	time	6.47	11.68	17.01	22.52	28.36	34.37	40.63	47.32	47.32	7 / 3							
reaction time	0.212	interval		5.21	5.33	5.51	5.84	6.01	6.26	6.69		# of strides	11.68	10.84	11.85	12.95	22.52	24.80	2.28
		velocity	7.73	9.60	9.38	9.07	8.56	8.32	7.99	7.47	8.45		8.56	9.23	8.44	7.72	8.88	8.06	

FINAL - 2015 Japanese National Youth Championships (Nagoya, JPN) — *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	16-Oct-15	time	6.43	11.68	17.00	22.70	28.78	35.03	41.43	48.23	48.23	8 / 6							
reaction time		interval		5.25	5.32	5.70	6.08	6.25	6.40	6.80		# of strides	11.68	11.02	12.33	13.20	22.70	25.53	2.83
		velocity	7.78	9.52	9.40	8.77	8.22	8.00	7.81	7.35	8.29		8.56	9.07	8.11	7.58	8.81	7.83	

Kitamura, Shuya (JPN) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Division 2 Semi-Final 2 - 2017 Kanto Collegiate Championships (Yokohama, JPN)																*(2017) - tfdata-store.com/2017/06/02/post-835/*	
date 26-May-17	time	11.76		22.89		35.07		48.62	48.62	9 / 5							
reaction time	interval			11.13		12.18		13.55		# of strides	11.76	11.13	12.18	13.55	22.89	25.73	2.84
	velocity	8.50		8.98		8.21		7.38	8.23	184.2	8.50	8.98	8.21	7.38	8.74	7.77	

Kitamura, Yasukazu (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 Shimane High School Championships (Izumo, JPN)																*Shimizu (2021) - shimane high school championships 2021 - biomechanics data analysis*	
date 28-May-21	time	12.80		24.93		37.83		52.99	52.99	2 / 7							
reaction time	interval			12.13		12.90		15.16		# of strides	12.80	12.13	12.90	15.16	24.93	28.06	3.13
	velocity	7.81		8.24		7.75		6.60	7.55		7.81	8.24	7.75	6.60	8.02	7.13	

Kitur, David (KEN) (1962)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1987 IAAF World Championship (Rome, ITA)																*Moravec (1990) - time analyis of the sprints - Rome 1987 Scientific Report (2nd ed)*	
date 03-Sep-87	time	11.41		21.73		32.76		45.34	45.34	5 / 6							
reaction time	interval			10.32		11.03		12.58		# of strides	11.41	10.32	11.03	12.58	21.73	23.61	1.88
	velocity	8.76		9.69		9.07		7.95	8.82		8.76	9.69	9.07	7.95	9.20	8.47	

Kitur, Samson (KEN) (1966)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1995 IAAF World Championships (Göteborg, SWE)																*Track Newsletter (1995) - World Championships V*	
date 09-Aug-95	time			21.6				44.7	44.71	7 / 4							
reaction time	interval							23.10		# of strides					21.60	23.10	1.50
	velocity			9.26				8.66	8.95						9.26	8.66	
FINAL - 1993 IAAF World Championships (Stuttgart, GER)																*Smith (1994) - 400m pace control*	
date 17-Aug-93	time			21.83		32.69		44.54	44.54	4 / 3							
reaction time	interval					10.86		11.85		# of strides			10.86	11.85	21.83	22.71	0.88
	velocity			9.16		9.21		8.44	8.98	167.0			9.21	8.44	9.16	8.81	
FINAL - 1992 Olympic Games (Barcelona, ESP)																*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*	
date 05-Aug-92	time			21.5		32.3		44.3	44.24	5 / 3							
reaction time	interval					10.80		12.00		# of strides			10.80	12.00	21.50	22.80	1.30
	velocity			9.30		9.26		8.33	9.04				9.26	8.33	9.30	8.77	

Kiyota, Yuki (JPN) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 Japanese U20 National Championships (Osaka, JPN)																*Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition*	
date 25-Jun-21	time	6.69	12.19	17.83	23.61	29.42	35.32	41.42	47.86	47.86	8 / 4						
reaction time 0.185	interval		5.50	5.64	5.78	5.81	5.90	6.10	6.44		# of strides	12.19	11.42	11.71	12.54	23.61	24.25	0.64
	velocity	7.47	9.09	8.87	8.65	8.61	8.47	8.20	7.76	8.36		8.20	8.76	8.54	7.97	8.47	8.25	

Klein Ikkink, Isaya (NED) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 6 - 2025 World Athletics Championships (Tokyo, JPN)																*Seiko Timing (2025) - 2025 World Championships race analysis*	
date 14-Sep-25	time		11.74		21.73		33.68		46.32	46.32	2 / 8						
reaction time 0.180	interval				9.99		11.95		12.64		# of strides	11.74	9.99	11.95	12.64	21.73	24.59	2.86
	velocity		8.52		10.01		8.37		7.91	8.64		8.52	10.01	8.37	7.91	9.20	8.13	
B Race - 2025 Weltklasse (Zürich, SUI)																*Omega Timing (2025) - diamond league race analysis*	
date 28-Aug-25	time	6.20	11.20	16.36	21.74	27.33	33.18	39.40	46.06	46.06	8 / 5						
reaction time 0.137	interval		5.00	5.16	5.38	5.59	5.85	6.22	6.66		# of strides	11.20	10.54	11.44	12.88	21.74	24.32	2.58
	velocity	8.06	10.00	9.69	9.29	8.94	8.55	8.04	7.51	8.68		8.93	9.49	8.74	7.76	9.20	8.22	
FINAL - 2024 Weltklasse (Zürich, SUI)																*Omega Timing (2024) - diamond league race analysis*	
date 05-Sep-24	time	6.23	11.36	16.62	22.08	27.69	33.41	39.28	45.42	45.42	7 / 3						
reaction time 0.172	interval		5.13	5.26	5.46	5.61	5.72	5.87	6.14		# of strides	11.36	10.72	11.33	12.01	22.08	23.34	1.26
	velocity	8.03	9.75	9.51	9.16	8.91	8.74	8.52	8.14	8.81		8.80	9.33	8.83	8.33	9.06	8.57	
B Race - 2023 Memorial van Damme (Brussels, BEL)																*Omega Timing (2023) - diamond league race analysis*	
date 08-Sep-23	time	6.20	11.22	16.44	21.81	27.40	33.19	39.28	45.71	45.71	1 / 4						
reaction time 0.159	interval		5.02	5.22	5.37	5.59	5.79	6.09	6.43	PB	# of strides	11.22	10.59	11.38	12.52	21.81	23.90	2.09
	velocity	8.06	9.96	9.58	9.31	8.94	8.64	8.21	7.78	8.75		8.91	9.44	8.79	7.99	9.17	8.37	

Klemenic, Milann (FRA) (2007)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2025 European Athletics U20 Championships (Tampere, FIN)																*European Athletics (2025) - 2025 european athletics U20 championships - results book*	
date 09-Aug-25	time	6.78	11.60	16.75	22.08	27.57	33.37	39.57	46.44	46.44	7 / 2						
reaction time 0.148	interval		4.82	5.15	5.33	5.49	5.80	6.20	6.87		# of strides	11.60	10.48	11.29	13.07	22.08	24.36	2.28
	velocity	7.37	10.37	9.71	9.38	9.11	8.62	8.06	7.28	8.61	187.0	8.62	9.54	8.86	7.65	9.06	8.21	
Semi-Final 2 - 2025 European Athletics U20 Championships (Tampere, FIN)																*European Athletics (2025) - 2025 european athletics U20 championships - results book*	
date 08-Aug-25	time	6.39	11.51	16.75	22.19	27.75	33.54	39.64	46.30	46.30	5 / 1						
reaction time 0.141	interval		5.12	5.24	5.44	5.56	5.79	6.10	6.66	PB	# of strides	11.51	10.68	11.35	12.76	22.19	24.11	1.92
	velocity	7.82	9.77	9.54	9.19	8.99	8.64	8.20	7.51	8.64	189.2	8.69	9.36	8.81	7.84	9.01	8.30	

Klemmer, Grover (USA) (1921)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1941 AAU Championships (Philadelphia, PA)																*Hymans (2015) - progression of IAAF world records - 2015 edition*	
date 29-Jun-41	time		10.8		21.8		33.4		46.0	46.0	/ 1						
reaction time	interval				11.0		11.6		12.6	**=WR**	# of strides	10.80	11.00	11.60	12.60	21.80	24.20	2.40
	velocity		9.26		9.09		8.62		7.94	8.70		9.26	9.09	8.62	7.94	9.17	8.26	
FINAL - 1941 Pacific Coast Championships (Champaign, IL)																*Hymans (2015) - progression of IAAF world records - 2015 edition*	
date 31-May-41	time			22.6				46.1	46.1	/ 1							
reaction time	interval							23.5	**=WR** yards	# of strides					22.60	23.50	0.90
	velocity			8.85				8.51	8.68	*(46.4/440y)*					8.85	8.51	

Kneppers, Daan (NED) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

National FINAL - 2024 FBK Games (Hengelo, NED) *Omega Timing (2024) - continental tour gold race analysis*

date	07-Jul-24	time	6.52	11.60	16.86	22.33	28.12	34.16	40.48	47.29	47.29	2 / 6						
reaction time	0.172	interval		5.08	5.26	5.47	5.79	6.04	6.32	6.81	PB	# of strides	11.60	10.73	11.83	13.13	22.33	24.96	2.63
		velocity	7.67	9.84	9.51	9.14	8.64	8.28	7.91	7.34	8.46		8.62	9.32	8.45	7.62	8.96	8.01	

Knibbs, Alex (GBR) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

National FINAL - 2024 London Athletics Meet (London, GBR) *Omega Timing (2024) - diamond league race analysis*

date	20-Jul-24	time		11.32	16.57	21.98	27.74	33.69	39.76	46.17	46.17	1 / 8						
reaction time	0.149	interval			5.25	5.41	5.76	5.95	6.07	6.41	PB	# of strides	11.32	10.66	11.71	12.48	21.98	24.19	2.21
		velocity		8.83	9.52	9.24	8.68	8.40	8.24	7.80	8.66		8.83	9.38	8.54	8.01	9.10	8.27	

Kobayashi, Hidekazu (JPN) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2013 Japanese National High School Championships (Oita, JPN) *Matsuo (2013) - 66th high school championships: JAF scientific committee- biomechanics data*

date	30-Jul-13	time		11.70		22.83		34.60		47.51	47.51	3 / 5						
reaction time		interval				11.13		11.77		12.91		# of strides	11.70	11.13	11.77	12.91	22.83	24.68	1.85
		velocity		8.55		8.98		8.50		7.75	8.42		8.55	8.98	8.50	7.75	8.76	8.10	

Kobayashi, Masahito (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2009 Japanese National High School Championships (Nara, JPN) *Matsuo (2009) - 62nd high school championships: JAF scientific committee- biomechanics*

date	29-Jul-09	time		11.48		22.38		34.28		47.26	47.26	3 / 3						
reaction time		interval				10.90		11.90		12.98		# of strides	11.48	10.90	11.90	12.98	22.38	24.88	2.50
		velocity		8.71		9.17		8.40		7.70	8.46		8.71	9.17	8.40	7.70	8.94	8.04	

Kobayashi, Naoki (JPN) (1990)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2021 Shizuoka International Athletics Meeting (Fukuroi, JPN) *Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition*

date	03-May-21	time	6.32	11.49	16.77	22.20	27.86	33.85	40.09	46.99	46.99	6 / 6						
reaction time	0.174	interval		5.17	5.28	5.43	5.66	5.99	6.24	6.90		# of strides	11.49	10.71	11.65	13.14	22.20	24.79	2.59
		velocity	7.91	9.67	9.47	9.21	8.83	8.35	8.01	7.25	8.51	178.0	8.70	9.34	8.58	7.61	9.01	8.07	

FINAL - 2018 Seiko Golden Grand Prix (Osaka, JPN) *Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*

date	20-May-18	time	6.32	11.49	16.72	22.12	27.73	33.76	40.23	47.25	47.25	3 / 8						
reaction time	0.181	interval		5.17	5.23	5.40	5.61	6.03	6.47	7.02		# of strides	11.49	10.63	11.64	13.49	22.12	25.13	3.01
		velocity	7.91	9.67	9.56	9.26	8.91	8.29	7.73	7.12	8.47	179.7	8.70	9.41	8.59	7.41	9.04	7.96	

FINAL - 2017 All Japan Corporate Championships (Osaka, JPN) *(2017) - tfdata-store.com/2017/10/05/post-1097/*

date	24-Sep-17	time		11.42		22.29		34.10		47.04	47.04	6 / 4						
reaction time	0.161	interval				10.87		11.81		12.94		# of strides	11.42	10.87	11.81	12.94	22.29	24.75	2.46
		velocity		8.76		9.20		8.47		7.73	8.50	183.0	8.76	9.20	8.47	7.73	8.97	8.08	

Heat 3 - 2017 Japanese National Championships (Osaka, JPN) *(2017) - tfdata-store.com/2017/07/08/post-965/*

date	23-Jun-17	time		11.26		21.63		33.09		46.16	46.16	7 / 4						
reaction time	0.144	interval				10.37		11.46		13.07		# of strides	11.26	10.37	11.46	13.07	21.63	24.53	2.90
		velocity		8.88		9.64		8.73		7.65	8.67	179.0	8.88	9.64	8.73	7.65	9.25	8.15	

FINAL - 2016 National Sports Festival (Kitakami, JPN) *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	09-Oct-16	time	6.39	11.58	16.98	22.63	28.35	34.32	40.61	47.51	47.51	3 / 4						
reaction time	0.212	interval		5.19	5.40	5.65	5.72	5.97	6.29	6.90		# of strides	11.58	11.05	11.69	13.19	22.63	24.88	2.25
		velocity	7.82	9.63	9.26	8.85	8.74	8.38	7.95	7.25	8.42		8.64	9.05	8.55	7.58	8.84	8.04	

Heat 1 - 2016 Japanese National Championships (Nagoya, JPN) *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	24-Jun-16	time	6.43	11.55	16.80	22.14	27.65	33.55	39.89	46.87	46.87	3 / 3						
reaction time	0.153	interval		5.12	5.25	5.34	5.51	5.90	6.34	6.98		# of strides	11.55	10.59	11.41	13.32	22.14	24.73	2.59
		velocity	7.78	9.77	9.52	9.36	9.07	8.47	7.89	7.16	8.53		8.66	9.44	8.76	7.51	9.03	8.09	

FINAL - 2015 National Sports Festival (Wakayama, JPN) *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	04-Oct-15	time	6.33	11.61	17.15	22.93	28.72	34.53	40.54	46.87	46.87	/ 1						
reaction time		interval		5.28	5.54	5.78	5.79	5.81	6.01	6.33		# of strides	11.61	11.32	11.60	12.34	22.93	23.94	1.01
		velocity	7.90	9.47	9.03	8.65	8.64	8.61	8.32	7.90	8.53		8.61	8.83	8.62	8.10	8.72	8.35	

FINAL - 2015 Japanese National Championships (Niigata, JPN) *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	28-Jun-15	time	6.31	11.33	16.52	21.95	27.59	33.58	40.14	47.11	47.11	5 / 6						
reaction time	0.169	interval		5.02	5.19	5.43	5.64	5.99	6.56	6.97		# of strides	11.33	10.62	11.63	13.53	21.95	25.16	3.21
		velocity	7.92	9.96	9.63	9.21	8.87	8.35	7.62	7.17	8.49	185.5	8.83	9.42	8.60	7.39	9.11	7.95	

Heat 1 - 2015 Japanese National Championships (Niigata, JPN) *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	27-Jun-15	time	6.37	11.39	16.49	21.69	27.17	32.87	38.89	45.22	45.22	5 / 1						
reaction time	0.167	interval		5.02	5.10	5.20	5.48	5.70	6.02	6.33		# of strides	11.39	10.30	11.18	12.35	21.69	23.53	1.84
		velocity	7.85	9.96	9.80	9.62	9.12	8.77	8.31	7.90	8.85	179.2	8.78	9.71	8.94	8.10	9.22	8.50	

FINAL - 2014 Japanese National Championships (Fukushima, JPN) *Maho (2014) - race analysis of men's 400m run in the 2014 season*

date	08-Jun-14	time	6.14	11.36	16.45	21.83	27.56	33.45	39.65	46.38	46.38	6 / 3						
reaction time		interval		5.22	5.09	5.38	5.73	5.89	6.20	6.73		# of strides	11.36	10.47	11.62	12.93	21.83	24.55	2.72
		velocity	8.14	9.58	9.82	9.29	8.73	8.49	8.06	7.43	8.62	184.7	8.80	9.55	8.61	7.73	9.16	8.15	

FINAL - 2014 Shizuoka International Athletics Meeting (Fukuori, JPN) *Maho (2014) - race analysis of men's 400m run in the 2014 season*

date	03-May-14	time	6.32	11.44	16.67	21.98	27.61	33.52	39.64	46.20	46.20	/ 3						
reaction time		interval		5.12	5.23	5.31	5.63	5.91	6.12	6.56	PB	# of strides	11.44	10.54	11.54	12.68	21.98	24.22	2.24
		velocity	7.91	9.77	9.56	9.42	8.88	8.46	8.17	7.62	8.66		8.74	9.49	8.67	7.89	9.10	8.26	

Koch, Marc (GER) (1994)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Heat 2 - 2024 European Athletics Championships (Roma, ITA) *European Athletics (2024) - 2024 european athletics championships - results book*

date	08-Jun-24	time		11.72		22.40		33.82		46.18	46.18	9 / 5						
reaction time	0.205	interval				10.68		11.42		12.36		# of strides	11.72	10.68	11.42	12.36	22.40	23.78	1.38
		velocity		8.53		9.36		8.76		8.09	8.66		8.53	9.36	8.76	8.09	8.93	8.41	

Kocheryagin, Vyacheslav (URS)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1991 European Cup (Frankfurt, GER)																	
date 29-Jun-91	time		11.59		22.39		33.59		45.88	45.88	/ 4						
reaction time	interval				10.80		11.20		12.29		# of strides	11.59	10.80	11.20	12.29	22.39	23.49	1.10
	velocity		8.63		9.26		8.93		8.14	8.72		8.63	9.26	8.93	8.14	8.93	8.51	

Federle (2003) - http://www.fgs.uni-halle.de

Kojima, Sota (JPN) (2004)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2022 Japanese National High School Championships (Naruto, JPN)																	
date 03-Aug-22	time		11.95		23.45		35.80		48.68	48.68	2 / 7						
reaction time 0.162	interval				11.50		12.35		12.88		# of strides	11.95	11.50	12.35	12.88	23.45	25.23	1.78
	velocity		8.37		8.70		8.10		7.76	8.22	186.0	8.37	8.70	8.10	7.76	8.53	7.93	

Kishima (2022) - national high school championships biomechanics data collection

Kokubo, Tomohiro (JPN) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2016 Japanese National Junior Championships (Mizuho, JPN)																	
date 21-Oct-16	time	6.62	12.13	17.75	23.63	29.72	35.75	41.79	47.93	47.93	6 / 5						
reaction time	interval		5.51	5.62	5.88	6.09	6.03	6.04	6.14		# of strides	12.13	11.50	12.12	12.18	23.63	24.30	0.67
	velocity	7.55	9.07	8.90	8.50	8.21	8.29	8.28	8.14	8.35		8.24	8.70	8.25	8.21	8.46	8.23	

Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016

U19 FINAL - 2016 National Sports Festival (Kitakami, JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date 10-Oct-16	time	6.58	12.00	17.63	23.35	29.21	35.13	41.25	47.91	47.91	5 / 4						
reaction time 0.194	interval		5.42	5.63	5.72	5.86	5.92	6.12	6.66		# of strides	12.00	11.35	11.78	12.78	23.35	24.56	1.21
	velocity	7.60	9.23	8.88	8.74	8.53	8.45	8.17	7.51	8.35		8.33	8.81	8.49	7.82	8.57	8.14	

Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016

FINAL - 2016 Japanese National High School Championships (Okayama, JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date 29-Jul-16	time	6.53	11.97	17.40	23.02	28.79	34.61	40.51	46.67	46.67	5 / 1						
reaction time 0.160	interval		5.44	5.43	5.62	5.77	5.82	5.90	6.16	PB	# of strides	11.97	11.05	11.59	12.06	23.02	23.65	0.63
	velocity	7.66	9.19	9.21	8.90	8.67	8.59	8.47	8.12	8.57		8.35	9.05	8.63	8.29	8.69	8.46	

Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016

Konishi, Yuta (JPN) (1990)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2017 Izumo Athletics Games (Izumo, JPN) (300m)																	
date 23-Apr-17	time		11.64		22.52		33.95			33.95	9 / 7						
reaction time	interval				10.88		11.43			PB	# of strides	11.64	10.88	11.43		22.52		22.31
	velocity		8.59		9.19		8.75			8.84	131.0	8.59	9.19	8.75		8.88		8.96

(2017) - tfdata-store.com/2017/05/17/post-537/

100m-300m

Kopecký, Ondřej (CZE) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 1 - 2025 World Athletics Championships (Tokyo, JPN)																	
date 20-Sep-25	time		11.55		22.64				49.19	49.19	5 / 3						
reaction time 0.194	interval				11.09				26.55		# of strides	11.55	11.09			22.64	26.55	3.91
	velocity		8.66		9.02				7.53	8.13		8.66	9.02			8.83	7.53	

Seiko Timing (2025) - 2025 World Championships race analysis

Korir, Emmanuel (KEN) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 1 - 2019 IAAF World Championships (Doha, QAT)																	
date 02-Oct-19	time	6.28	11.15	16.07	21.24	26.63	32.25	38.13	44.37	44.37	5 / 2						
reaction time 0.153	interval		4.87	4.92	5.17	5.39	5.62	5.88	6.24		# of strides	11.15	10.09	11.01	12.12	21.24	23.13	1.89
	velocity	7.96	10.27	10.16	9.67	9.28	8.90	8.50	8.01	9.02	176.5	8.97	9.91	9.08	8.25	9.42	8.65	

Yamanaka (2019) - race analysis of men and women 400m competition

Kosaka, Akihiro (JPN) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2019 Japanese National High School Championships (Okinawa, JPN)																	
date 04-Aug-19	time	6.59	11.79	17.19	22.68	28.38	34.37	40.83	47.76	47.76	1 / 7						
reaction time	interval		5.20	5.40	5.49	5.70	5.99	6.46	6.93		# of strides	11.79	10.89	11.69	13.39	22.68	25.08	2.40
	velocity	7.59	9.62	9.26	9.11	8.77	8.35	7.74	7.22	8.38		8.48	9.18	8.55	7.47	8.82	7.97	

Kota (2019) - 72nd high school championships: JAF scientific committee - biomechanics data collection

Koshimizu, Yusuke (JPN) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
U20 FINAL - 2019 Japanese National U18/U20 Championships (Hiroshima, JPN)																	
date 18-Oct-19	time	6.28	11.39	16.65	22.35	28.28	34.49	41.04	47.98	47.98	6 / 4						
reaction time 0.225	interval		5.11	5.26	5.70	5.93	6.21	6.55	6.94		# of strides	11.39	10.96	12.14	13.49	22.35	25.63	3.28
	velocity	7.96	9.78	9.51	8.77	8.43	8.05	7.63	7.20	8.34	179.7	8.78	9.12	8.24	7.41	8.95	7.80	

Kijima (2019) - research on athlete performance and technique- 2019 data book

Kosuke, Soji (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2018 Japanese National High School Championships (Nagoya, JPN)																	
date 02-Aug-18	time	6.49	11.68	16.98	22.46	28.27	34.38	40.62	47.22	47.22	9 / 2						
reaction time	interval		5.19	5.30	5.48	5.81	6.11	6.24	6.60	PB	# of strides	11.68	10.78	11.92	12.84	22.46	24.76	2.30
	velocity	7.70	9.63	9.43	9.12	8.61	8.18	8.01	7.58	8.47		8.56	9.28	8.39	7.79	8.90	8.08	

Kota (2018) - 71st high school championships: JAF scientific committee - biomechanics data collection

Kotake, Rion (JPN) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2018 Japanese National Junior (U20) Championships (Nagano, JPN)																	
date 19-Oct-18	time	6.52	11.88	17.35	22.95	28.80	34.91	41.17	47.89	47.89	2 / 6						
reaction time 0.170	interval		5.36	5.47	5.60	5.85	6.11	6.26	6.72		# of strides	11.88	11.07	11.96	12.98	22.95	24.94	1.99
	velocity	7.67	9.33	9.14	8.93	8.55	8.18	7.99	7.44	8.35	185.0	8.42	9.03	8.36	7.70	8.71	8.02	

Ryutaro (2018) - research on athlete performance and technique- 2018 data book

U19 FINAL - 2017 National Sports Festival (Matsuyama, JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date 09-Oct-17	time		11.88		23.68		36.31		49.92	49.92	2 / 8						
reaction time 0.148	interval				11.80		12.63		13.61		# of strides	11.88	11.80	12.63	13.61	23.68	26.24	2.56
	velocity		8.42		8.47		7.92		7.35	8.01	184.7	8.42	8.47	7.92	7.35	8.45	7.62	

(2017) - tfdata-store.com/2017/10/12/post-1100/

U19 Semi-Final 2 - 2017 National Sports Festival (Matsuyama, JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date 08-Oct-17	time		11.71		22.66		34.44		47.31	47.31	5 / 4						
reaction time 0.163	interval				10.95		11.78		12.87		# of strides	11.71	10.95	11.78	12.87	22.66	24.65	1.99
	velocity		8.54		9.13		8.49		7.77	8.45	184.0	8.54	9.13	8.49	7.77	8.83	8.11	

(2017) - tfdata-store.com/2017/10/12/post-1100/

Kouma, Masano (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 Japanese National High School Championsips (Sapporo, JPN)																	
date 02-Aug-23	time		11.61		22.52		34.58		47.23	47.23	9 / 3						
reaction time 0.244	interval				10.91		12.06		12.65		# of strides	11.61	10.91	12.06	12.65	22.52	24.71	2.19
	velocity		8.61		9.17		8.29		7.91	8.47		8.61	9.17	8.29	7.91	8.88	8.09	

Takashima (2023) - national high school sports festival - biomechanics data

Kouame, Ange-Daniel-Maxime (CIV) (

Regional FINAL - 2025 Meeting de Paris (Paris, FRA) — *Omega Timing (2025) - diamond league race analysis*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	20-Jun-25	time	6.38	11.62	16.95	22.43	27.97	33.72	39.69	46.22	46.22	6 / 1							
reaction time	0.169	interval		5.24	5.33	5.48	5.54	5.75	5.97	6.53	PB	# of strides	11.62	10.81	11.29	12.50	22.43	23.79	1.36
		velocity	7.84	9.54	9.38	9.12	9.03	8.70	8.38	7.66	8.65		8.61	9.25	8.86	8.00	8.92	8.41	

Koyama, Ren (JPN) (2003)

FINAL - 2021 Japanese High School National Championships (Fukui, JPN) — *Shibayama (2021) - national high school and U20 national championhsips*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	28-Jul-21	time	6.62	11.97	17.42	23.05	28.90	34.97	41.15	47.71	47.71	3 / 2							
reaction time	0.196	interval		5.35	5.45	5.63	5.85	6.07	6.18	6.56		# of strides	11.97	11.08	11.92	12.74	23.05	24.66	1.61
		velocity	7.55	9.35	9.17	8.88	8.55	8.24	8.09	7.62	8.38		8.35	9.03	8.39	7.85	8.68	8.11	

Krauchanka, Andrei (BLR) (1986)

Decathlon - Heat 4 - 2009 IAAF World Championships (Berlin, GER) — *Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	19-Aug-09	time		11.63		22.88		35.17		48.77	48.77	6 / 5							
reaction time	0.207	interval				11.25		12.29		13.60		# of strides	11.63	11.25	12.29	13.60	22.88	25.89	3.01
		velocity		8.60		8.89		8.14		7.35	8.20	173.0	8.60	8.89	8.14	7.35	8.74	7.72	

Kroll, Florian (GER) (2004)

FINAL - 2025 European Athletics U23 Championships (Bergen, NOR) — *European Athletics (2025) - 2025 european athletics U23 championships- results book*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	19-Jul-25	time	6.38	11.53	16.78	22.12	27.71	33.60	39.75	46.36	46.36	1 / 7							
reaction time	0.140	interval		5.15	5.25	5.34	5.59	5.89	6.15	6.61		# of strides	11.53	10.59	11.48	12.76	22.12	24.24	2.12
		velocity	7.84	9.71	9.52	9.36	8.94	8.49	8.13	7.56	8.63		8.67	9.44	8.71	7.84	9.04	8.25	

Semi-Final 2 - 2025 European Athletics U23 Championships (Bergen, NOR) — *European Athletics (2025) - 2025 european athletics U23 championships- results book*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	18-Jul-25	time	6.48	11.69	16.92	22.38	28.16	33.84	39.86	46.29	46.29	8 / 4							
reaction time	0.174	interval		5.21	5.23	5.46	5.78	5.68	6.02	6.43		# of strides	11.69	10.69	11.46	12.45	22.38	23.91	1.53
		velocity	7.72	9.60	9.56	9.16	8.65	8.80	8.31	7.78	8.64		8.55	9.35	8.73	8.03	8.94	8.36	

Krsek, Matěj (CZE) (2000)

B Final - 2025 European Team Championships, First Division (Madrid, ESP) — *European Athletics (2025) - 2025 european team championships, first division - results book*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	27-Jun-25	time	6.18	11.34	16.52	21.85	27.40	33.27	39.36	46.01	46.01	/ 5							
reaction time	0.142	interval		5.16	5.18	5.33	5.55	5.87	6.09	6.65		# of strides	11.34	10.51	11.42	12.74	21.85	24.16	2.31
		velocity	8.09	9.69	9.65	9.38	9.01	8.52	8.21	7.52	8.69		8.82	9.51	8.76	7.85	9.15	8.28	

Repechage 2 - 2024 Olympic Games (Paris, FRA) — *Paris 2024 Olympic Games - Results Book (2024)*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	05-Aug-24	time	6.27	11.34	16.60	21.98	27.49	33.22	39.19	45.53	45.53	7 / 2							
reaction time	0.145	interval		5.07	5.26	5.38	5.51	5.73	5.97	6.34	PB	# of strides	11.34	10.64	11.24	12.31	21.98	23.55	1.57
		velocity	7.97	9.86	9.51	9.29	9.07	8.73	8.38	7.89	8.79	179.7	8.82	9.40	8.90	8.12	9.10	8.49	

Heat 3 - 2024 Olympic Games (Paris, FRA) — *Paris 2024 Olympic Games - Results Book (2024)*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	04-Aug-24	time	6.21	11.30	16.58	21.94	27.48	33.22	39.21	45.71	45.71	4 / 8							
reaction time	0.130	interval		5.09	5.28	5.36	5.54	5.74	5.99	6.50		# of strides	11.30	10.64	11.28	12.49	21.94	23.77	1.83
		velocity	8.05	9.82	9.47	9.33	9.03	8.71	8.35	7.69	8.75	180.0	8.85	9.40	8.87	8.01	9.12	8.41	

Heat 1 - 2024 European Athletics Championships (Roma, ITA) — *European Athletics (2024) - 2024 european athletics championships - results book*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	08-Jun-24	time		11.72		22.51		34.06		46.69	46.69	6 / 7							
reaction time	0.145	interval				10.79		11.55		12.63		# of strides	11.72	10.79	11.55	12.63	22.51	24.18	1.67
		velocity		8.53		9.27		8.66		7.92	8.57		8.53	9.27	8.66	7.92	8.88	8.27	

Heat 6 - 2023 World Athletics Championships (Budapest, HUN) — *Seiko Timing (2023) - world championship race analysis*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	20-Aug-23	time		11.69		22.45		33.81		45.99	45.99	3 / 6							
reaction time	0.147	interval				10.76		11.36		12.18		# of strides	11.69	10.76	11.36	12.18	22.45	23.54	1.09
		velocity		8.55		9.29		8.80		8.21	8.70		8.55	9.29	8.80	8.21	8.91	8.50	

B Final - 2023 European Team Championships, First Division (Chorzów, POL) — *European Athletics (2023) - 3rd european games, athletics - results book*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	23-Jun-23	time		11.46		22.02		33.54		45.75	45.75	7 / 2							
reaction time	0.157	interval				10.56		11.52		12.21		# of strides	11.46	10.56	11.52	12.21	22.02	23.73	1.71
		velocity		8.73		9.47		8.68		8.19	8.74		8.73	9.47	8.68	8.19	9.08	8.43	

Semi-Final 2 - 2022 European Athletics Championships (Munich, GER) — *European Athletics (2022) - european athletics championships race analysis*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	16-Aug-22	time		11.39		22.01		33.55		45.92	45.92	8 / 5							
reaction time	0.171	interval				10.62		11.54		12.37		# of strides	11.39	10.62	11.54	12.37	22.01	23.91	1.90
		velocity		8.78		9.42		8.67		8.08	8.71	173.0	8.78	9.42	8.67	8.08	9.09	8.36	

Heat 3 - 2022 European Athletics Championships (Munich, GER) — *European Athletics (2022) - european athletics championships race analysis*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	15-Aug-22	time		11.50		22.19		33.51		46.12	46.12	4 / 3							
reaction time	0.173	interval				10.69		11.32		12.61		# of strides	11.50	10.69	11.32	12.61	22.19	23.93	1.74
		velocity		8.70		9.35		8.83		7.93	8.67		8.70	9.35	8.83	7.93	9.01	8.36	

Kubo, Takumi (JPN) (2007)

FINAL - 2024 Japanese National High School Championsips (Fukuoka, JPN) — *Takashima (2024) - national high school sports festival - biomechanics data*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	28-Jul-24	time		11.63		22.74		34.38		47.59	47.59	2 / 4							
reaction time	0.179	interval				11.11		11.64		13.21		# of strides	11.63	11.11	11.64	13.21	22.74	24.85	2.11
		velocity		8.60		9.00		8.59		7.57	8.41		8.60	9.00	8.59	7.57	8.80	8.05	

Kudo, Taisei (JPN) (1996)

Heat 1 - 2017 National Sports Festival (Matsuyama, JPN) — *(2017) - tfdata-store.com/2017/10/12/post-1100/*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	08-Oct-17	time		11.61		22.55		34.79		48.74	48.74	4 / 8							
reaction time	0.214	interval				10.94		12.24		13.95		# of strides	11.61	10.94	12.24	13.95	22.55	26.19	3.64
		velocity		8.61		9.14		8.17		7.17	8.21	188.0	8.61	9.14	8.17	7.17	8.87	7.64	

Division 2 FINAL - 2017 Kanto Collegiate Championships (Yokohama, JPN) — *(2017) - tfdata-store.com/2017/06/01/post-786/*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	26-May-17	time		12.02		23.55		35.27		48.34	48.34	4 / 5							

reaction time		interval			11.53		11.72		13.07		# of strides	12.02	11.53	11.72	13.07	23.55	24.79	1.24
		velocity	8.32		8.67		8.53		7.65	8.27	183.2	8.32	8.67	8.53	7.65	8.49	8.07	

Division 2 Semi-Final 1 - 2017 Kanto Collegiate Championships (Yokohama, JPN) *(2017) - tfdata-store.com/2017/06/02/post-835/*

date	26-May-17	time			11.95		23.07		34.61		47.72	47.72	6 / 2						
reaction time		interval					11.12		11.54		13.11	PB	# of strides	11.95	11.12	11.54	13.11	23.07	24.65	1.58
		velocity			8.37		8.99		8.67		7.63	8.38	184.0	8.37	8.99	8.67	7.63	8.67	8.11	

Kukkoaho, Markku (FIN) (1946)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1972 Olympic Games (Munich, FRG)										*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*							
date 07-Sep-72	time			21.8		33.0		45.5	45.49	4 / 6							
reaction time	interval					11.20		12.50		# of strides			11.20	12.50	21.80	23.70	1.90
	velocity			9.17		8.93		8.00	8.79	169.5			8.93	8.00	9.17	8.44	

Kumarage, H.K. Kalinga (SRI) (1992)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 3 - 2022 Commonwealth Games (Birmingham, GBR)										*Longines Timing (2022) - commonwealth games race analysis*							
date 05-Aug-22	time	6.2	11.2	16.4	21.9	27.7	33.9	40.2	47.00	47.00	2 / 7							
reaction time 0.152	interval		5.00	5.20	5.50	5.80	6.20	6.30	6.80		# of strides	11.20	10.70	12.00	13.10	21.90	25.10	3.20
	velocity	8.06	10.00	9.62	9.09	8.62	8.06	7.94	7.35	8.51	194.0	8.93	9.35	8.33	7.63	9.13	7.97	

Kupunia, Luka (GEO) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B Final - 2023 European Team Championships, Third Division (Chorzów, POL)										*European Athletics (2023) - 3rd european games, athletics - results book*							
date 20-Jun-23	time		11.83		23.27		36.02		50.59	50.59	9 / 5							
reaction time 0.184	interval				11.44		12.75		14.57	PB	# of strides	11.83	11.44	12.75	14.57	23.27	27.32	4.05
	velocity		8.45		8.74		7.84		6.86	7.91		8.45	8.74	7.84	6.86	8.59	7.32	

Kuroda, Takuya (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2011 Japanese National High School Championships (Kitakami, JPN)										*Abe (2011) - 64th high school championships: JAF scientific committee - biomechanics data collection*							
date 04-Aug-11	time		11.78		22.82		35.10		48.26	48.26	2 / 7							
reaction time	interval				11.04		12.28		13.16		# of strides	11.78	11.04	12.28	13.16	22.82	25.44	2.62
	velocity		8.49		9.06		8.14		7.60	8.29		8.49	9.06	8.14	7.60	8.76	7.86	

Labrópoulos, Yeóryios (GRE) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B Final - 2023 European Team Championships, First Division (Chorzów, POL)										*European Athletics (2023) - 3rd european games, athletics - results book*							
date 23-Jun-23	time		11.79		22.70		34.95		48.28	48.28	3 / 8							
reaction time 0.270	interval				10.91		12.25		13.33		# of strides	11.79	10.91	12.25	13.33	22.70	25.58	2.88
	velocity		8.48		9.17		8.16		7.50	8.29		8.48	9.17	8.16	7.50	8.81	7.82	

Läng, Peter (SUI) (1942)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1962 Welfklasse (Zurich, SUI)										*Quercentani (1962). European Report, Brightwell, Rowe excel*							
date 10-Jul-62	time			21.4		33.0		45.7	45.7	/ 1							
reaction time	interval					11.6		12.7		# of strides					21.40	24.30	2.90
	velocity			9.35		8.62		7.87	8.75						9.35	8.23	

FINAL - 1961 ??? (Zurich, SUI) *Quercentani (1961). Sprints- Radford loses to jones, Madlik runs 10.2*

date 27-Jun-61	time	11.1		22.3		33.6		46.8	46.8	/ 1							
reaction time	interval			11.2		11.3		13.2	NR	# of strides	11.10	11.20	11.30	13.20	22.30	24.50	2.20
	velocity	9.01		8.93		8.85		7.58	8.55		9.01	8.93	8.85	7.58	8.97	8.16	

Lanzi, Mario (ITA) (1914)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1939 Internationale Leichtathletik Wettkampf (Frankfurt-am-Main, GER) (*500m track*)										*Quercetani (2005) - a world history of the one-lap race: 1850-2004*							
date 12-Aug-39	time		11.2		21.7		33.5		47.2	47.2	6 / 2							
reaction time	interval				10.50		11.80		13.70		# of strides	11.20	10.50	11.80	13.70	21.70	25.50	3.80
	velocity		8.93		9.52		8.47		7.30	8.47		8.93	9.52	8.47	7.30	9.22	7.84	

FINAL - 1939 Italy vs. Germany (Milan, ITA) (500m track) *Quercentani (2000). Athletics: A history of modern track and field athletics (1860-2000)*

date 16-Jul-39	time			22.2				46.7	46.7	/ 2							
reaction time	interval							24.5	=AR	# of strides					22.20	24.50	2.30
	velocity			9.01				8.16	8.57						9.01	8.16	

Larrabee, Mike (USA) (1933)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1964 Olympic Games (Toyko, JPN)										*Sultanov (1982) - probleme der vorbereitung für den 400m-lauf*							
date 19-Sep-64	time		11.0		21.6		32.7		45.1	45.1	5 / 1							
reaction time	interval				10.60		11.10		12.40	*(45.15)*	# of strides	11.00	10.60	11.10	12.40	21.60	23.50	1.90
	velocity		9.09		9.43		9.01		8.06	8.87		9.09	9.43	9.01	8.06	9.26	8.51	

FINAL - 1964 USA Olympic Trials (Los Angeles, CA) ***FIND SOURCE ???***

date 12-Sep-64	time		10.4		20.9		32.1		44.9	44.9	/ 1						
reaction time	interval				10.50		11.20		12.80	=WR	# of strides	10.40	10.50	11.20	12.80	20.90	24.00	3.10
	velocity		9.62		9.52		8.93		7.81	8.91		9.62	9.52	8.93	7.81	9.57	8.33	

FINAL - 1960 Coliseum Relays (Los Angeles, CA) *Nelson (1960) - coliseum relays- 8:55.3 for Phil Coleman*

date 20-May-60	time			23.0				46.7	46.7	/ 1							
reaction time	interval							23.7		# of strides					23.00	23.70	0.70
	velocity			8.70				8.44	8.57						8.70	8.44	

Larrengina, Elián (ARG) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 2 - 2025 World Athletics Championships (Tokyo, JPN)										*Seiko Timing (2025) - 2025 World Championships race analysis*							
date 14-Sep-25	time		11.22		21.68		32.89		44.97	44.97	8 / 5							
reaction time 0.179	interval				10.46		11.21		12.08		# of strides	11.22	10.46	11.21	12.08	21.68	23.29	1.61
	velocity		8.91		9.56		8.92		8.28	8.89	166.0	8.91	9.56	8.92	8.28	9.23	8.59	

Semi-Final 2 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date 06-Aug-24	time	6.16	11.12	16.16	21.36	26.80	32.60	38.67	45.02	45.02	2 / ~~7~~ 6						
reaction time 0.154	interval		4.96	5.04	5.20	5.44	5.80	6.07	6.35		# of strides	11.12	10.24	11.24	12.42	21.36	23.66	2.30
	velocity																	

		velocity	8.12	10.08	9.92	9.62	9.19	8.62	8.24	7.87	8.88		8.99	9.77	8.90	8.05	9.36	8.45	

Repechage 1 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	05-Aug-24	time	6.33	11.51	16.67	22.02	27.58	33.24	39.10	45.36	45.36	4 / 1							
reaction time	0.143	interval		5.18	5.16	5.35	5.56	5.66	5.86	6.26		# of strides	11.51	10.51	11.22	12.12	22.02	23.34	1.32
		velocity	7.90	9.65	9.69	9.35	8.99	8.83	8.53	7.99	8.82	168.0	8.69	9.51	8.91	8.25	9.08	8.57	

Heat 4 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	04-Aug-24	time	6.26	11.34	16.51	21.83	27.41	33.28	39.44	47.80	47.80	3 / 6							
reaction time	0.155	interval		5.08	5.17	5.32	5.58	5.87	6.16	8.36		# of strides	11.34	10.49	11.45	14.52	21.83	25.97	4.14
		velocity	7.99	9.84	9.67	9.40	8.96	8.52	8.12	5.98	8.37	169.0	8.82	9.53	8.73	6.89	9.16	7.70	

Heat 2 - 2023 World Athletics Championships (Budapest, HUN) *Seiko Timing (2023) - world championship race analysis*

date	20-Aug-23	time		11.15		21.37		32.78		45.42	45.42	8 / ~~6~~ 5							
reaction time	0.181	interval				10.22		11.41		12.64		# of strides	11.15	10.22	11.41	12.64	21.37	24.05	2.68
		velocity		8.97		9.78		8.76		7.91	8.81	169.0	8.97	9.78	8.76	7.91	9.36	8.32	

Larry, Lionel (USA) (1986)

			50m	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

Heat 1 - 2009 IAAF World Championships (Berlin, GER) *Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*

date	18-Aug-09	time		11.07		21.49		32.92		45.64	45.64	3 / 4							
reaction time	0.152	interval				10.42		11.43		12.72		# of strides	11.07	10.42	11.43	12.72	21.49	24.15	2.66
		velocity		9.03		9.60		8.75		7.86	8.76		9.03	9.60	8.75	7.86	9.31	8.28	

FiNAL - 2008 USA Olympic Trials (Eugene, OR) *USATF Women's Sprint Development with HPC (2008)*

date	03-Jul-08	time		11.13	15.66	21.42	26.94	32.73	39.03	45.82	45.82	1 / 8							
reaction time		interval			4.53	5.76	5.52	5.79	6.30	6.79		# of strides	11.13	10.29	11.31	13.09	21.42	24.40	2.98
		velocity		8.98	11.04	8.68	9.06	8.64	7.94	7.36	8.73		8.98	9.72	8.84	7.64	9.34	8.20	

Semi-Final 1 - 2008 USA Olympic Trials (Eugene, OR) *USATF Women's Sprint Development with HPC (2008)*

date	30-Jun-08	time		11.04	16.25	21.82	27.31	33.23	39.09	45.55	45.55	4 / 4							
reaction time		interval			5.21	5.57	5.49	5.92	5.86	6.46		# of strides	11.04	10.78	11.41	12.32	21.82	23.73	1.91
		velocity		9.06	9.60	8.98	9.11	8.45	8.53	7.74	8.78		9.06	9.28	8.76	8.12	9.17	8.43	

FINAL - 2007 USATF National Championships (Indianapolis, IN) *Track Newsletter (2007) - USATF men's championships*

date	23-Jun-07	time				21.3		32.3		44.8	44.84	7 / 3							
reaction time		interval						11.00		12.50		# of strides			11.00	12.50	21.30	23.50	2.20
		velocity				9.39		9.09		8.00	8.92	176.5			9.09	8.00	9.39	8.51	

FINAL - 2007 NCAA Championships (Sacramento, CA) *Track Newsletter (2006) - NCAA men's championships*

date	09-Jun-07	time		11.0		21.0		32.4		44.7	44.68	5 / 2							
reaction time		interval				10.00		11.40		12.30	**PB**	# of strides	11.00	10.00	11.40	12.30	21.00	23.70	2.70
		velocity		9.09		10.00		8.77		8.13	8.95	179.0	9.09	10.00	8.77	8.13	9.52	8.44	

FINAL - 2006 NCAA Championships (Sacramento, CA) *Track Newsletter (2006) - NCAA men's championships*

date	10-Jun-06	time		11.2		21.8		33.2		45.4	45.43	8 / 6							
reaction time		interval				10.60		11.40		12.20	**PB**	# of strides	11.20	10.60	11.40	12.20	21.80	23.60	1.80
		velocity		8.93		9.43		8.77		8.20	8.80		8.93	9.43	8.77	8.20	9.17	8.47	

FINAL - 2005 USATF National Junior Championships (Carson, CA) *USATF Women's Sprint Development (2005)*

date	25-Jun-05	time		11.35	16.52	21.91	27.55	33.19	39.48	46.52	46.52	4 / 3							
reaction time		interval			5.17	5.39	5.64	5.64	6.29	7.04		# of strides	11.35	10.56	11.28	13.33	21.91	24.61	2.70
		velocity		8.81	9.67	9.28	8.87	8.87	7.95	7.10	8.60		8.81	9.47	8.87	7.50	9.13	8.13	

Latson, Kolee (USA) (1986)

| | | | **50m** | **100m** | **150m** | **200m** | **250m** | **300m** | **350m** | **400m** | **Official Time** | **Lane / Place** | **0-100m** | **100-200m** | **200-300m** | **300-400m** | **0-200m** | **200m-400m** | **Differential** |

FINAL - 2005 USATF National Junior Championships (Carson, CA) *USATF Women's Sprint Development (2005)*

date	25-Jun-05	time		11.71	17.02	22.51	28.30	34.14	40.41	47.48	47.48	2 / 6							
reaction time		interval			5.31	5.49	5.79	5.84	6.27	7.07		# of strides	11.71	10.80	11.63	13.34	22.51	24.97	2.46
		velocity		8.54	9.42	9.11	8.64	8.56	7.97	7.07	8.42		8.54	9.26	8.60	7.50	8.88	8.01	

Lawrence, Torrin (USA) (1989)

| | | | **50m** | **100m** | **150m** | **200m** | **250m** | **300m** | **350m** | **400m** | **Official Time** | **Lane / Place** | **0-100m** | **100-200m** | **200-300m** | **300-400m** | **0-200m** | **200m-400m** | **Differential** |

FINAL - 2013 USATF National Championships (Des Moines, IA) *Track Newsletter (2013) - USATF men's championships*

date	22-Jun-13	time						32.9		46.0	46.02	/ 8							
reaction time	0.211	interval								13.10		# of strides				13.10			
		velocity						9.12		7.63	8.69					7.63			

Lea, Jim (USA) (1932)

| | | | **50m** | **100m** | **150m** | **200m** | **250m** | **300m** | **350m** | **400m** | **Official Time** | **Lane / Place** | **0-100m** | **100-200m** | **200-300m** | **300-400m** | **0-200m** | **200m-400m** | **Differential** |

FINAL - 1956 USA Olympic Trials (Los Angeles, CA) *Hymans (2008) - history of the US olympic trials - track and field*

date	30-Jun-56	time				21.6				45.7	45.7	7 / 2							
reaction time		interval								24.10		# of strides					21.60	24.10	2.50
		velocity				9.26				8.30	8.75						9.26	8.30	

FINAL - 1956 California Relays (Modesto, CA) (*yards*) *Nelson (1956) - Lea sprints 440 in 45.8*

date	26-May-56	time				22.7				45.5	45.5	/ 1							
reaction time		interval								22.8	**WR** yards	# of strides					22.70	22.80	0.10
		velocity				8.81				8.77	8.79	*(45.8/440y)*					8.81	8.77	

FINAL - 1952 USA Olympic Trials (Los Angeles, CA) *Nelson (1952) - records fall in american olympic trials*

date	28-Jun-52	time				22.4				48.0	48.0	/ 5							
reaction time		interval								25.6		# of strides					22.40	25.60	3.20
		velocity				8.93				7.81	8.33						8.93	7.81	

Lee Zheyu (CHN)

| | | | **50m** | **100m** | **150m** | **200m** | **250m** | **300m** | **350m** | **400m** | **Official Time** | **Lane / Place** | **0-100m** | **100-200m** | **200-300m** | **300-400m** | **0-200m** | **200m-400m** | **Differential** |

Sport School FINAL - 2025 Yangtze River Delta Athletics Diamond Gala (Keqiao, CHN) *Omega Timing (2025) - diamond league race analysis*

date	03-May-25	time	7.03	12.91	18.91	25.18	31.70	38.32	45.24	52.62	52.62	4 / 5							
reaction time	0.219	interval		5.88	6.00	6.27	6.52	6.62	6.92	7.38		# of strides	12.91	12.27	13.14	14.30	25.18	27.44	2.26

		velocity	7.11	8.50	8.33	7.97	7.67	7.55	7.23	6.78	7.60		7.75	8.15	7.61	6.99	7.94	7.29

Lendore, Deon (TTO) (1992)			**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 2021 Weltklasse (Zürich, SUI)																			*Omega Timing (2021) - diamond league race analysis*
date	09-Sep-21	time	6.2	11.1	16.1	21.3	26.6	32.3	38.3	44.81	44.81	6 / 3							
reaction time	0.187	interval		4.90	5.00	5.20	5.30	5.70	6.00	6.51		# of strides	11.10	10.20	11.00	12.51	21.30	23.51	2.21
		velocity	8.06	10.20	10.00	9.62	9.43	8.77	8.33	7.68	8.93	168.5	9.01	9.80	9.09	7.99	9.39	8.51	
FINAL - 2021 Memorial van Damme (Brussels, BEL)																			*Omega Timing (2021) - diamond league race analysis*
date	03-Sep-21	time	6.2	11.0	16.0	21.2	26.6	32.3	38.4	45.06	45.06	3 / 5							
reaction time	0.205	interval		4.80	5.00	5.20	5.40	5.70	6.10	6.66		# of strides	11.00	10.20	11.10	12.76	21.20	23.86	2.66
		velocity	8.06	10.42	10.00	9.62	9.26	8.77	8.20	7.51	8.88		9.09	9.80	9.01	7.84	9.43	8.38	
Semi-Final 1 - 2020 Olympic Games (Tokyo, JPN)																			*Hymans (2021) - 400 meters - the favorite stands tall*
date	02-Aug-21	time				21.0				44.93	44.93	7 / 4							
reaction time	0.193	interval								44.93		# of strides					21.00	23.93	2.93
		velocity				9.52				2.23	8.90	168.0					9.52	8.36	
FINAL - 2021 Bauhaus Galan (Stockholm, SWE)																			*Omega Timing (2021) - diamond league race analysis*
date	04-Jul-21	time	6.3	11.3	16.2	21.2	26.6	32.2	38.2	44.73	44.73	8 / 2							
reaction time	0.204	interval		5.00	4.90	5.00	5.40	5.60	6.00	6.53		# of strides	11.30	9.90	11.00	12.53	21.20	23.53	2.33
		velocity	7.94	10.00	10.20	10.00	9.26	8.93	8.33	7.66	8.94		8.85	10.10	9.09	7.98	9.43	8.50	
FINAL - 2014 NCAA Championships (Eugene, OR)																			*Track Newsletter (2014) - NCAA men's championships*
date	13-Jun-14	time				21.6		32.7		45.0	45.02	4 / 1							
reaction time		interval						11.10		12.30		# of strides			11.10	12.30	21.60	23.40	1.80
		velocity				9.26		9.01		8.13	8.88				9.01	8.13	9.26	8.55	
FINAL - 2013 NCAA Championships (Eugene, OR)																			*Track Newsletter (2013) - NCAA men's championships*
date	07-Jun-13	time				21.9		33.0		44.9	44.94	/ 2							
reaction time		interval						11.10		11.90	PB	# of strides			11.10	11.90	21.90	23.00	1.10
		velocity				9.13		9.01		8.40	8.90				9.01	8.40	9.13	8.70	

Lepage, Pierce (CAN) (1996)			**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
Decathlon - Heat 2 - 2023 World Athletics Championships (Budapest, HUN)																			*Seiko Timing (2023) - world championship race analysis*
date	25-Aug-23	time		11.43		22.84		34.63		47.21	47.21	7 / 1							
reaction time	0.189	interval				11.41		11.79		12.58		# of strides	11.43	11.41	11.79	12.58	22.84	24.37	1.53
		velocity		8.75		8.76		8.48		7.95	8.47	160.7	8.75	8.76	8.48	7.95	8.76	8.21	
Decathlon - Heat 3 - 2022 World Athletics Championships (Eugene, OR)																			*Timing by Seiko (2022) - world athletics championships race analysis*
date	23-Jul-22	time		11.44		22.60		34.36		46.84	46.84	4 / 2							
reaction time	0.194	interval				11.16		11.76		12.48	PB	# of strides	11.44	11.16	11.76	12.48	22.60	24.24	1.64
		velocity		8.74		8.96		8.50		8.01	8.54	159.0	8.74	8.96	8.50	8.01	8.85	8.25	

Lessel, Lukas (EST) (2000)			**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
B Final - 2023 European Team Championships, Second Division (Chorzów, POL)																			*European Athletics (2023) - 3rd european games, athletics - results book*
date	20-Jun-23	time		11.52		22.41		34.36		48.02	48.02	9 / 6							
reaction time	0.196	interval				10.89		11.95		13.66		# of strides	11.52	10.89	11.95	13.66	22.41	25.61	3.20
		velocity		8.68		9.18		8.37		7.32	8.33		8.68	9.18	8.37	7.32	8.92	7.81	

Lewis, Steve (USA) (1969)			**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 1992 Olympic Games (Barcelona, ESP)																			*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*
date	05-Aug-92	time				21.1		31.8		44.3	44.21	7 / 2							
reaction time		interval						10.70		12.50		# of strides			10.70	12.50	21.10	23.20	2.10
		velocity				9.48		9.35		8.00	9.05				9.35	8.00	9.48	8.62	
FINAL - 1988 Olympic Games (Seoul, KOR)																			*Brüggemann (1990) - scientific research project at the games of the XXXIV Olympiad, Seoul 1988*
date	28-Sep-88	time		11.26		21.41		32.13		43.87	43.87	6 / 1							
reaction time	0.181	interval				10.15		10.72		11.74	WJR	# of strides	11.26	10.15	10.72	11.74	21.41	22.46	1.05
		velocity		8.88		9.85		9.33		8.52	9.12		8.88	9.85	9.33	8.52	9.34	8.90	
Semi-Final 1 - 1988 Olympic Games (Seoul, KOR)																			*Brüggemann (1990) - scientific research project at the games of the XXXIV Olympiad, Seoul 1988*
date	26-Sep-88	time		11.16		21.54		32.53		44.35	44.35	3 / 1							
reaction time	0.199	interval				10.38		10.99		11.82		# of strides	11.16	10.38	10.99	11.82	21.54	22.81	1.27
		velocity		8.96		9.63		9.10		8.46	9.02		8.96	9.63	9.10	8.46	9.29	8.77	
FINAL - 1988 USA Olympic Trials (Indianapolis, IN)																			*Hymans (2008) - history of the US olympic trials - track and field*
date	20-Jul-88	time		10.5		21.1		31.9		44.37	44.37	7 / 3							
reaction time		interval				10.60		10.80		12.47		# of strides	10.50	10.60	10.80	12.47	21.10	23.27	2.17
		velocity		9.52		9.43		9.26		8.02	9.02	173.0	9.52	9.43	9.26	8.02	9.48	8.59	
Semi-Final 2 - 1988 USA Olympic Trials (Indianapolis, IN)																			*Quercentani (2000) - athletics: a history of modern track and field athletics (1860-2000)*
date	18-Jul-88	time				20.8				44.11	44.11	/ 1							
reaction time		interval								23.3	WJR	# of strides					20.80	23.31	2.51
		velocity				9.62				8.58	9.07						9.62	8.58	

Levasseur, Felix (FRA) (2004)			**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 2025 European Athletics U23 Championships (Bergen, NOR)																			*European Athletics (2025) - 2025 european athletics U23 championships- results book*
date	19-Jul-25	time	6.21	11.27	16.35	21.61	27.19	33.06	39.26	46.00	46.00	3 / 5							
reaction time	0.149	interval		5.06	5.08	5.26	5.58	5.87	6.20	6.74		# of strides	11.27	10.34	11.45	12.94	21.61	24.39	2.78
		velocity	8.05	9.88	9.84	9.51	8.96	8.52	8.06	7.42	8.70	190.5	8.87	9.67	8.73	7.73	9.25	8.20	
Semi-Final 1 - 2025 European Athletics U23 Championships (Bergen, NOR)																			*European Athletics (2025) - 2025 european athletics U23 championships- results book*
date	18-Jul-25	time	6.24	11.35	16.54	21.95	27.54	33.38	39.35	45.81	45.81	5 / 3							
reaction time	0.168	interval		5.11	5.19	5.41	5.59	5.84	5.97	6.46		# of strides	11.35	10.60	11.43	12.43	21.95	23.86	1.91

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
		velocity	8.01	9.78	9.63	9.24	8.94	8.56	8.38	7.74	8.73		8.81	9.43	8.75	8.05	9.11	8.38	

Li Siyuan (CHN)

Sport School FINAL - 2025 Yangtze River Delta Athletics Diamond Gala (Keqiao, CHN) — *Omega Timing (2025) - diamond league race analysis*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	03-May-25	time	6.72	12.29	18.27	24.59	31.26	38.14	45.15	52.44	52.44	2 / 3							
reaction time	0.231	interval		5.57	5.98	6.32	6.67	6.88	7.01	7.29		# of strides	12.29	12.30	13.55	14.30	24.59	27.85	3.26
		velocity	7.44	8.98	8.36	7.91	7.50	7.27	7.13	6.86	7.63		8.14	8.13	7.38	6.99	8.13	7.18	

Li Yiqing (CHN) (2005)

FINAL - 2023 Chinese National Championships (Quzhou, CHN) — *Shandong Athletics Sport Science (2023)*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	22-Jul-23	time		11.61		22.69		34.35	40.23	46.51	46.51	6 / 2							
reaction time	0.194	interval				11.08		11.66	5.88	6.28		# of strides	11.61	11.08	11.66	12.16	22.69	23.82	1.13
		velocity		8.61		9.03		8.58	8.50	7.96	8.60	186.0	8.61	9.03	8.58	8.22	8.81	8.40	

Semi-Final 1 - 2023 Chinese National Championships (Quzhou, CHN) — *Shandong Athletics Sport Science (2023)*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	21-Jul-23	time		11.44		22.06		33.72	39.84	46.31	46.31	5 / 2							
reaction time	0.213	interval				10.62		11.66	6.12	6.47	PB	# of strides	11.44	10.62	11.66	12.59	22.06	24.25	2.19
		velocity		8.74		9.42		8.58	8.17	7.73	8.64	185.0	8.74	9.42	8.58	7.94	9.07	8.25	

Heat 1 - 2023 Chinese National Championships (Quzhou, CHN) — *Shandong Athletics Sport Science (2023)*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	21-Jul-23	time		11.57		22.32		34.05	40.13	46.56	46.56	3 / 1							
reaction time	0.208	interval				10.75		11.73	6.08	6.43		# of strides	11.57	10.75	11.73	12.51	22.32	24.24	1.92
		velocity		8.64		9.30		8.53	8.22	7.78	8.59	185.5	8.64	9.30	8.53	7.99	8.96	8.25	

Liang Baotang (CHN) (2003)

FINAL - 2024 Chinese National Championships (Quzhou, CHN) — *Shandong Athletics Sport Science (2024)*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	16-Sep-24	time		12.00		22.71		34.05	39.86	46.05	46.05	6 / 1							
reaction time	0.185	interval				10.71		11.34	5.81	6.19		# of strides	12.00	10.71	11.34	12.00	22.71	23.34	0.63
		velocity		8.33		9.34		8.82	8.61	8.08	8.69	193.0	8.33	9.34	8.82	8.33	8.81	8.57	

FINAL - 2023 Chinese National Championships (Quzhou, CHN) — *Shandong Athletics Sport Science (2023)*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	22-Jul-23	time		11.78		22.52		34.03	39.93	46.26	46.26	4 / 1							
reaction time	0.146	interval				10.74		11.51	5.90	6.33	PB	# of strides	11.78	10.74	11.51	12.23	22.52	23.74	1.22
		velocity		8.49		9.31		8.69	8.47	7.90	8.65	196.0	8.49	9.31	8.69	8.18	8.88	8.42	

Semi-Final 2 - 2023 Chinese National Championships (Quzhou, CHN) — *Shandong Athletics Sport Science (2023)*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	21-Jul-23	time		11.55		22.74		34.20	40.19	46.49	46.49	6 / 1							
reaction time	0.166	interval				11.19		11.46	5.99	6.30	PB	# of strides	11.55	11.19	11.46	12.29	22.74	23.75	1.01
		velocity		8.66		8.94		8.73	8.35	7.94	8.60	195.0	8.66	8.94	8.73	8.14	8.80	8.42	

Liddell, Eric (GBR) (1902)

FINAL - 1924 Olympic Games (Paris, FRA) (500m Track) — *Parienté (1978) - la fabuleuse histoire de l'athlétisme*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	11-Jul-24	time				22.2				47.6	47.6	6 / 1							
reaction time		interval								25.40	WR	# of strides					22.20	25.40	3.20
		velocity				9.01				7.87	8.40						9.01	7.87	

Lightner, Kennedy (USA) (2001)

Semi-Final 3 - 2024 USA Olympic Trials (Eugene, OR) — *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	23-Jun-24	time		11.13		21.86		33.81		47.88	47.88	9 / 9							
reaction time		interval				10.73		11.95		14.07		# of strides	11.13	10.73	11.95	14.07	21.86	26.02	4.16
		velocity		8.98		9.32		8.37		7.11	8.35		8.98	9.32	8.37	7.11	9.15	7.69	

Lincoln, Judson (USA) (2004)

Semi-Final 2 - 2024 USA Olympic Trials (Eugene, OR) — *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	23-Jun-24	time		10.76		20.86		32.13		44.98	44.98	8 / 4							
reaction time		interval				10.10		11.27		12.85		# of strides	10.76	10.10	11.27	12.85	20.86	24.12	3.26
		velocity		9.29		9.90		8.87		7.78	8.89		9.29	9.90	8.87	7.78	9.59	8.29	

Heat 1 - 2024 USA Olympic Trials (Eugene, OR) — *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	21-Jun-24	time		10.89		21.14		32.49		45.09	45.09	6 / 3							
reaction time		interval				10.25		11.35		12.60		# of strides	10.89	10.25	11.35	12.60	21.14	23.95	2.81
		velocity		9.18		9.76		8.81		7.94	8.87	181.0	9.18	9.76	8.81	7.94	9.46	8.35	

Litvin, Mikhail (KAZ) (1996)

FINAL - 2023 Doha Diamond League (Doha, QAT) — *Omega Timing (2023) - diamond league race analysis*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	05-May-23	time	6.4	11.6	17.6						dnf	5 / --							
reaction time	0.222	interval		5.20	6.00							# of strides	11.60						
		velocity	7.81	9.62	8.33								8.62						

Semi-Final 3 - 2022 World Athletics Championships (Eugene, OR) — *Timing by Seiko (2022) - world athletics championships race analysis*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	20-Jul-22	time		11.37		21.67		33.04		45.63	45.63	1 / 7							
reaction time	0.189	interval				10.30		11.37		12.59		# of strides	11.37	10.30	11.37	12.59	21.67	23.96	2.29
		velocity		8.80		9.71		8.80		7.94	8.77		8.80	9.71	8.80	7.94	9.23	8.35	

Heat 4 - 2022 World Athletics Championships (Eugene, OR) — *Timing by Seiko (2022) - world athletics championships race analysis*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	17-Jul-22	time		11.33		21.49		33.27		46.00	46.00	8 / 4							
reaction time	0.206	interval				10.16		11.78		12.73		# of strides	11.33	10.16	11.78	12.73	21.49	24.51	3.02
		velocity		8.83		9.84		8.49		7.86	8.70	169.0	8.83	9.84	8.49	7.86	9.31	8.16	

FINAL - 2019 Asian Athletics Championships (Doha, QAT) — *Yamanaka (2019) - race analysis of men and women 400m competition*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	22-Apr-19	time	6.30	11.39	16.53	21.92	27.45	33.15	39.02	45.25	45.25	9 / 3							
reaction time	0.162	interval		5.09	5.14	5.39	5.53	5.70	5.87	6.23	NR PB	# of strides	11.39	10.53	11.23	12.10	21.92	23.33	1.41
		velocity	7.94	9.82	9.73	9.28	9.04	8.77	8.52	8.03	8.84	164.0	8.78	9.50	8.90	8.26	9.12	8.57	

Liu Xiaosheng (CHN) (1988)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2007 World Championship Trials (Suzhou, CHN) — *He (2014) - the game characteristics and training monitoring of national excellent 400m male athletes*

date	09-Jun-07	time	6.43	11.53	16.77	22.13	27.71	33.51	39.37	45.75	45.79	/ 1						
reaction time		interval		5.10	5.24	5.36	5.58	5.80	5.86	6.38	PB	# of strides	11.53	10.60	11.38	12.24	22.13	23.62	1.49
		velocity	7.78	9.80	9.54	9.33	8.96	8.62	8.53	7.84	8.74		8.67	9.43	8.79	8.17	9.04	8.47	

London, Wil (USA) (1997)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

Heat 2 - 2025 USATF Championships (Eugene, OR) — *USATF and Karmarush (2025) - USATF championships results and race analysis*

date	01-Aug-25	time		11.15		21.68		33.29		46.69	46.69	1 / 8						
reaction time		interval				10.53		11.61		13.40		# of strides	11.15	10.53	11.61	13.40	21.68	25.01	3.33
		velocity		8.97		9.50		8.61		7.46	8.57		8.97	9.50	8.61	7.46	9.23	8.00	

National FINAL - 2022 Weltklasse (Zürich, SUI) — *Omega Timing (2022) - diamond league race analysis*

date	08-Sep-22	time	6.10	11.12	16.36	21.75	27.28	32.88	38.60	44.78	44.78	7 / 2						
reaction time	0.150	interval		5.02	5.24	5.39	5.53	5.60	5.72	6.18		# of strides	11.12	10.63	11.13	11.90	21.75	23.03	1.28
		velocity	8.20	9.96	9.54	9.28	9.04	8.93	8.74	8.09	8.93	178.0	8.99	9.41	8.98	8.40	9.20	8.68	

FINAL - 2022 Müller Birmingham Diamond League (Birmingham, GBR) — *Omega Timing (2022) - diamond league race analysis*

date	21-May-22	time	6.27	11.39	16.77	22.27	27.95	33.90	40.11	46.89	46.89	1 / 8						
reaction time	0.168	interval		5.12	5.38	5.50	5.68	5.95	6.21	6.78		# of strides	11.39	10.88	11.63	12.99	22.27	24.62	2.35
		velocity	7.97	9.77	9.29	9.09	8.80	8.40	8.05	7.37	8.53		8.78	9.19	8.60	7.70	8.98	8.12	

FINAL - 2021 Athletissima (Lausanne, SUI) — *Omega Timing (2021) - diamond league race analysis*

date	26-Aug-21	time	6.1	11.1	16.4	21.8	27.3	33.0	38.9	45.17	45.17	8 / 1						
reaction time	0.136	interval		5.00	5.30	5.40	5.50	5.70	5.90	6.27		# of strides	11.10	10.70	11.20	12.17	21.80	23.37	1.57
		velocity	8.20	10.00	9.43	9.26	9.09	8.77	8.47	7.97	8.86	181.0	9.01	9.35	8.93	8.22	9.17	8.56	

FINAL - 2021 Bauhaus Galan (Stockholm, SWE) — *Omega Timing (2021) - diamond league race analysis*

date	04-Jul-21	time	6.2	11.3	16.4	21.7	27.3	32.9	38.7	44.86	44.86	7 / 5						
reaction time	0.165	interval		5.10	5.10	5.30	5.60	5.60	5.80	6.16		# of strides	11.30	10.40	11.20	11.96	21.70	23.16	1.46
		velocity	8.06	9.80	9.80	9.43	8.93	8.93	8.62	8.12	8.92	176.5	8.85	9.62	8.93	8.36	9.22	8.64	

FINAL - 2019 The Match - Europe v USA (Minsk, BLR) — *Omega Timing (2019) - diamond league race analysis*

date	09-Sep-19	time		11.41		21.96		33.20		45.39	45.39	5 / 2						
reaction time	0.204	interval				10.55		11.24		12.19		# of strides	11.41	10.55	11.24	12.19	21.96	23.43	1.47
		velocity		8.76		9.48		8.90		8.20	8.81	178.2	8.76	9.48	8.90	8.20	9.11	8.54	

FINAL - 2019 NCAA Championships (Austin, TX) — *Track Newsletter (2019) - NCAA men's championships*

date	07-Jun-19	time				21.8		32.7		44.6	44.63	/ 3						
reaction time	0.218	interval						10.90		11.90		# of strides			10.90	11.90	21.80	22.80	1.00
		velocity				9.17		9.17		8.40	8.96				9.17	8.40	9.17	8.77	

FINAL - 2018 NCAA Championships (Eugene, OR) — *Track Newsletter (2018) - NCAA men's championships*

date	08-Jun-18	time				22.1		33.3		46.2	46.20	/ 8						
reaction time		interval						11.20		12.90		# of strides			11.20	12.90	22.10	24.10	2.00
		velocity				9.05		8.93		7.75	8.66				8.93	7.75	9.05	8.30	

Semi-Final 1 - 2017 IAAF World Championships (London, GBR) — *Pollitt (2018) - biomechanical report for the IAAF World Champs - London 2017 - Men's 400m*

date	06-Aug-17	time		10.88		21.42		32.36	38.36	44.94	45.12	4 / 5						
reaction time	0.181	interval				10.54		10.94	6.00	6.58		# of strides	10.88	10.54	10.94	12.58	21.42	23.52	2.10
		velocity		9.19		9.49		9.14	8.33	7.60	8.87	182.2	9.19	9.49	9.14	7.95	9.34	8.50	

FINAL - 2017 USATF National Championships (Sacramento, CA) — *Lee (& Ferrara) (2017) - speedendurance.com/2017/07/13/400m-splits-from-usa-national-championships/*

date	24-Jun-17	time		11.41		21.82		32.67		44.47	44.47	1 / 3						
reaction time		interval				10.41		10.85		11.80	PB	# of strides	11.41	10.41	10.85	11.80	21.82	22.65	0.83
		velocity		8.76		9.61		9.22		8.47	8.99		8.76	9.61	9.22	8.47	9.17	8.83	

FINAL - 2017 NCAA Championships (Eugene, OR) — *Track Newsletter (2017) - NCAA men's championships*

date	09-Jun-17	time				21.6		32.9		45.7	45.72	/ 8						
reaction time		interval						11.30		12.80		# of strides			11.30	12.80	21.60	24.10	2.50
		velocity				9.26		8.85		7.81	8.75				8.85	7.81	9.26	8.30	

FINAL - 2016 IAAF World Junior Championships (Bydgoszcz, POL) — *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	22-Jul-16	time	6.18	11.30	16.60	22.04	27.59	33.13	39.02	45.27	45.27	7 / 2						
reaction time	0.143	interval		5.12	5.30	5.44	5.55	5.54	5.89	6.25	PB	# of strides	11.30	10.74	11.09	12.14	22.04	23.23	1.19
		velocity	8.09	9.77	9.43	9.19	9.01	9.03	8.49	8.00	8.84		8.85	9.31	9.02	8.24	9.07	8.61	

Long, Maxwell (USA) (1878)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

FINAL - 1900 Exhibition Handicap (Guttenberg, NY) (440y Straightaway) — *Hymans (2015) - progression of IAAF world records - 2015 edition*

date	10-Apr-00	time				22.4				46.7	46.7	/ 1						
reaction time		interval								24.3		# of strides					22.40	24.30	1.90
		velocity				8.93				8.23	8.57	*(47.0/440y)*					8.93	8.23	

Loupal, Ondřej (CZE) (2006)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

FINAL - 2025 European Athletics U20 Championships (Tampere, FIN) — *European Athletics (2025) - 2025 european athletics U20 championships - results book*

date	09-Aug-25	time	7.17	11.69	17.04	22.52	28.09	33.83	39.91	46.62	46.62	5 / 3						
reaction time	0.162	interval		4.52	5.35	5.48	5.57	5.74	6.08	6.71		# of strides	11.69	10.83	11.31	12.79	22.52	24.10	1.58
		velocity	6.97	11.06	9.35	9.12	8.98	8.71	8.22	7.45	8.58	179.0	8.55	9.23	8.84	7.82	8.88	8.30	

Semi-Final 3 - 2025 European Athletics U20 Championships (Tampere, FIN) — *European Athletics (2025) - 2025 european athletics U20 championships - results book*

date	08-Aug-25	time	6.41	11.59	16.64	21.90	27.43	33.30	39.56	46.36	46.36	5 / 1						
reaction time	0.141	interval		5.18	5.05	5.26	5.53	5.87	6.26	6.80	PB	# of strides	11.59	10.31	11.40	13.06	21.90	24.46	2.56
		velocity	7.80	9.65	9.90	9.51	9.04	8.52	7.99	7.35	8.63	178.7	8.63	9.70	8.77	7.66	9.13	8.18	

Lowe, Sean (USA) (1986)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

FINAL - 2005 USATF National Junior Championships (Carson, CA) — *USATF Women's Sprint Development (2005)*

date	25-Jun-05	time		11.95	17.43	23.14	28.97	34.54	40.73	47.29	47.29	6 / 5						
reaction time		interval			5.48	5.71	5.83	5.57	6.19	6.56		# of strides	11.95	11.19	11.40	12.75	23.14	24.15	1.01
		velocity		8.37	9.12	8.76	8.58	8.98	8.08	7.62	8.46		8.37	8.94	8.77	7.84	8.64	8.28	

Lu Xhengda (CHN) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 Chinese World Championship & Asian Games Trials (Shenyang, CHN)																	*Shandong Athletics Sport Science (2023)*
date 28-Jun-23	time		11.83		22.58		34.43	40.66	47.53	47.53	2 / 6							
reaction time 0.188	interval				10.75		11.85	6.23	6.87		# of strides	11.83	10.75	11.85	13.10	22.58	24.95	2.37
	velocity		8.45		9.30		8.44	8.03	7.28	8.42	174.0	8.45	9.30	8.44	7.63	8.86	8.02	

Luchembe, Kennedy (ZAM) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 3 - 2022 Commonwealth Games (Birmingham, GBR)																	*Longines Timing (2022) - commonwealth games race analysis*
date 05-Aug-22	time	6.1	11.1	16.4	22.0	27.9	34.0	40.3	47.22	47.22	3 / 8							
reaction time 0.147	interval		5.00	5.30	5.60	5.90	6.10	6.30	6.92		# of strides	11.10	10.90	12.00	13.22	22.00	25.22	3.22
	velocity	8.20	10.00	9.43	8.93	8.47	8.20	7.94	7.23	8.47	176.2	9.01	9.17	8.33	7.56	9.09	7.93	
B FINAL - 2021 Doha Diamond League (Doha, QAT)																	*Omega Timing (2021) - diamond league race analysis*
date 28-May-21	time	6.2	11.1	16.4	22.0	27.7	33.7	39.8	46.29	46.29	4 / 1							
reaction time 0.183	interval		4.90	5.30	5.60	5.70	6.00	6.10	6.49		# of strides	11.10	10.90	11.70	12.59	22.00	24.29	2.29
	velocity	8.06	10.20	9.43	8.93	8.77	8.33	8.20	7.70	8.64		9.01	9.17	8.55	7.94	9.09	8.23	

LuValle, James (USA) (1912)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1936 Olympic Games (Berlin, GER)																	*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*
date 07-Aug-36	time				22.1				46.80	46.8	2 / 3	(46.84)						
reaction time	interval								24.7		# of strides					22.10	24.70	2.60
	velocity				9.05				8.10	8.55						9.05	8.10	

Lyles, Kevin (USA) (1973)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1995 NCAA Championships (Knoxville, TN)																	*Track Newsletter (1995) - NCAA Championships*
date 03-Jun-95	time				21.3				45.3	45.27	/ 4							
reaction time	interval								24.00		# of strides					21.30	24.00	2.70
	velocity				9.39				8.33	8.84						9.39	8.33	

Lysne, Torbjørn (NOR) (1990)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2019 Bislett Games (Olso, NOR)																	*Omega Timing (2019) - diamond league race analysis*
date 13-Jun-19	time		11.9		23.4		35.9		48.95	48.95	1 / 5							
reaction time 0.178	interval				11.5		12.5		13.1		# of strides	11.90	11.50	12.50	13.05	23.40	25.55	2.15
	velocity		8.40		8.70		8.00		7.66	8.17		8.40	8.70	8.00	7.66	8.55	7.83	

Ma Peng (CHN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Sport School FINAL - 2025 Yangtze River Delta Athletics Diamond Gala (Keqiao, CHN)																	*Omega Timing (2025) - diamond league race analysis*
date 03-May-25	time	7.10	12.98	19.09	25.47	32.04	38.71	45.52	52.53	52.53	1 / 4							
reaction time 0.246	interval		5.88	6.11	6.38	6.57	6.67	6.81	7.01		# of strides	12.98	12.49	13.24	13.82	25.47	27.06	1.59
	velocity	7.04	8.50	8.18	7.84	7.61	7.50	7.34	7.13	7.61		7.70	8.01	7.55	7.24	7.85	7.39	

Mabille, Florent (BEL) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Invitational - 2025 Memorial van Damme (Brussels, BEL)																	*Omega Timing (2025) - diamond league race analysis*
date 22-Aug-25	time	6.31	11.39	16.61	22.02	27.62	33.42	39.52	46.18	46.18	2 / 5							
reaction time 0.157	interval		5.08	5.22	5.41	5.60	5.80	6.10	6.66		# of strides	11.39	10.63	11.40	12.76	22.02	24.16	2.14
	velocity	7.92	9.84	9.58	9.24	8.93	8.62	8.20	7.51	8.66		8.78	9.41	8.77	7.84	9.08	8.28	
Invitational - 2024 Memorial van damme (Brussels, BEL)																	*Omega Timing (2024) - diamond league race analysis*
date 13-Sep-24	time	6.26	11.22	16.32	21.69	27.25	33.06	39.14	45.80	45.80	7 / 3							
reaction time 0.142	interval		4.96	5.10	5.37	5.56	5.81	6.08	6.66		# of strides	11.22	10.47	11.37	12.74	21.69	24.11	2.42
	velocity	7.99	10.08	9.80	9.31	8.99	8.61	8.22	7.51	8.73		8.91	9.55	8.80	7.85	9.22	8.30	
B Race - 2023 Memorial van Damme (Brussels, BEL)																	*Omega Timing (2023) - diamond league race analysis*
date 08-Sep-23	time	6.29	11.18	16.27	21.65	27.24	33.00	39.20	46.11	46.11	3 / 7							
reaction time 0.164	interval		4.89	5.09	5.38	5.59	5.76	6.20	6.91		# of strides	11.18	10.47	11.35	13.11	21.65	24.46	2.81
	velocity	7.95	10.22	9.82	9.29	8.94	8.68	8.06	7.24	8.67		8.94	9.55	8.81	7.63	9.24	8.18	

Machida, Reo (JPN) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 Japanese High School National Championships (Fukui, JPN)																	*Shibayama (2021) - national high school and U20 national championhsips*
date 28-Jul-21	time	6.89	12.57	18.37	24.37	30.36	36.34	42.34	48.55	48.55	8 / 6							
reaction time 0.227	interval		5.68	5.80	6.00	5.99	5.98	6.00	6.21		# of strides	12.57	11.80	11.97	12.21	24.37	24.18	-0.19
	velocity	7.26	8.80	8.62	8.33	8.35	8.36	8.33	8.05	8.24		7.96	8.47	8.35	8.19	8.21	8.27	

Máckowiak, Robert (POL) (1970)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2001 European Cup (Bremen, GER)																	*Graubner (2007) - http://www.fgs.uni-halle.de*
date 23-Jun-01	time		11.29		21.94		33.18		45.48	45.48	/ 2							
reaction time	interval				10.65		11.24		12.30		# of strides	11.29	10.65	11.24	12.30	21.94	23.54	1.60
	velocity		8.86		9.39		8.90		8.13	8.80		8.86	9.39	8.90	8.13	9.12	8.50	
FINAL - 2000 Olympic Games (Sydney, AUS)																	*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*
date 25-Sep-00	time		11.7		22.0		33.2		45.1	45.14	1 / 5							
reaction time	interval				10.30		11.20		11.90		# of strides	11.70	10.30	11.20	11.90	22.00	23.10	1.10
	velocity		8.55		9.71		8.93		8.40	8.86		8.55	9.71	8.93	8.40	9.09	8.66	

Macleod, Luc (GBR) (2007)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2025 London Athletics Meet (London, GBR)																	*Omega Timing (2025) - diamond league race analysis*
date 19-Jul-25	time	6.35	11.47	16.83	22.39	28.26	34.36	40.83	47.94	47.94	2 / 7							
reaction time 0.216	interval		5.12	5.36	5.56	5.87	6.10	6.47	7.11		# of strides	11.47	10.92	11.97	13.58	22.39	25.55	3.16
	velocity	7.87	9.77	9.33	8.99	8.52	8.20	7.73	7.03	8.34		8.72	9.16	8.35	7.36	8.93	7.83	

Macon, Eddie (USA) (1927)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Heat 1 - 1952 USA Olympic Trials (Los Angeles, CA) — *Nelson (1952) - records fall in american olympic trials*

date	27-Jun-52	time			22.5			49.1	49.1	/ 5							
reaction time		interval						26.6		# of strides					22.50	26.60	4.10
		velocity			8.89			7.52	8.15						8.89	7.52	

FINAL - 1950 Coliseum Relays (Los Angeles, CA) (yards) — *Nelson (1950) - coliseum relays- world mark for 2-mile relay shattered*

date	19-May-50	time			23.1			47.2	47.2	/ 3							
reaction time		interval						24.1		# of strides					23.10	24.10	1.00
		velocity			8.66			8.30	8.47						8.66	8.30	

Mahamat, Khala Ngare (QAT) (2007)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Invitational FINAL - 2025 Jetour Doha Meeting (Doha, QAT)																	*Omega Timing (2025) - diamond league race analysis*
date 16-May-25	time	6.55	11.92	17.73	23.84	29.82	35.72	41.56	47.93	47.93	4 / 5							
reaction time 0.188	interval		5.37	5.81	6.11	5.98	5.90	5.84	6.37		# of strides	11.92	11.92	11.88	12.21	23.84	24.09	0.25
	velocity	7.63	9.31	8.61	8.18	8.36	8.47	8.56	7.85	8.35		8.39	8.39	8.42	8.19	8.39	8.30	

Mahamoud, Mahamat Moussa Abdull

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
West Asian GP - 2025 Jetour Doha Meeting (Doha, QAT)																	*Omega Timing (2025) - diamond league race analysis*
date 16-May-25	time	6.27	11.53	16.99	22.67	28.40	34.38	40.74	48.00	48.00	5 / 4							
reaction time 0.182	interval		5.26	5.46	5.68	5.73	5.98	6.36	7.26		# of strides	11.53	11.14	11.71	13.62	22.67	25.33	2.66
	velocity	7.97	9.51	9.16	8.80	8.73	8.36	7.86	6.89	8.33		8.67	8.98	8.54	7.34	8.82	7.90	

Maizen, Ali (QAT)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 Doha Diamond League (Doha, QAT)																	*Omega Timing (2023) - diamond league race analysis*
date 05-May-23	time	6.38	11.65	17.31	23.14	29.15	35.22	41.43	48.57	48.57	2 / 4							
reaction time 0.199	interval		5.27	5.66	5.83	6.01	6.07	6.21	7.14		# of strides	11.65	11.49	12.08	13.35	23.14	25.43	2.29
	velocity	7.84	9.49	8.83	8.58	8.32	8.24	8.05	7.00	8.24		8.58	8.70	8.28	7.49	8.64	7.86	

Makabe, Shohei (JPN) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Division 2 Semi-Final 1 - 2017 Kanto Collegiate Championships (Yokohama, JPN)																	*(2017) - tfdata-store.com/2017/06/02/post-835/*
date 26-May-17	time		11.80		23.03		35.01		48.27	48.27	5 / 5							
reaction time	interval				11.23		11.98		13.26		# of strides	11.80	11.23	11.98	13.26	23.03	25.24	2.21
	velocity		8.47		8.90		8.35		7.54	8.29	187.2	8.47	8.90	8.35	7.54	8.68	7.92	

Makwala, Isaac (BOT) (1986)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 FBK Games (Hengelo, NED)																	*Omega Timing (2023) - continental tour race analysis*
date 04-Jun-23	time	6.27	11.31	16.50	21.77	27.32	33.14	39.45	46.48	46.48	1 / 6							
reaction time 0.183	interval		5.04	5.19	5.27	5.55	5.82	6.31	7.03		# of strides	11.31	10.46	11.37	13.34	21.77	24.71	2.94
	velocity	7.97	9.92	9.63	9.49	9.01	8.59	7.92	7.11	8.61		8.84	9.56	8.80	7.50	9.19	8.09	
FINAL - 2022 Weltklasse (Zürich, SUI)																	*Omega Timing (2022) - diamond league race analysis*
date 08-Sep-22	time	6.17	11.26	16.52	21.85	27.29	32.87	38.81	45.56	45.56	2 / 6							
reaction time 0.165	interval		5.09	5.26	5.33	5.44	5.58	5.94	6.75		# of strides	11.26	10.59	11.02	12.69	21.85	23.71	1.86
	velocity	8.10	9.82	9.51	9.38	9.19	8.96	8.42	7.41	8.78		8.88	9.44	9.07	7.88	9.15	8.44	
FINAL - 2022 Silesia Kamila Skolimowska Memorial (Chorzów, POL)																	*Omega Timing (2022) - diamond league race analysis*
date 06-Aug-22	time	6.23	11.24	16.39	21.70	27.19	32.82	38.80	45.42	45.42	9 / 6							
reaction time 0.207	interval		5.01	5.15	5.31	5.49	5.63	5.98	6.62		# of strides	11.24	10.46	11.12	12.60	21.70	23.72	2.02
	velocity	8.03	9.98	9.71	9.42	9.11	8.88	8.36	7.55	8.81	183.0	8.90	9.56	8.99	7.94	9.22	8.43	
Semi-Final 3 - 2022 World Athletics Championships (Eugene, OR)																	*Timing by Seiko (2022) - world athletics championships race analysis*
date 20-Jul-22	time		11.40		21.89		32.87		46.04	46.04	7 / 8							
reaction time 0.158	interval				10.49		10.98		13.17		# of strides	11.40	10.49	10.98	13.17	21.89	24.15	2.26
	velocity		8.77		9.53		9.11		7.59	8.69	174.0	8.77	9.53	9.11	7.59	9.14	8.28	
Heat 4 - 2022 World Athletics Championships (Eugene, OR)																	*Timing by Seiko (2022) - world athletics championships race analysis*
date 17-Jul-22	time		11.24		21.58		33.00		45.93	45.93	2 / 3							
reaction time 0.193	interval				10.34		11.42		12.93		# of strides	11.24	10.34	11.42	12.93	21.58	24.35	2.77
	velocity		8.90		9.67		8.76		7.73	8.71	183.2	8.90	9.67	8.76	7.73	9.27	8.21	
FINAL - 2022 Bislett Games (Oslo, NOR)																	*Omega Timing (2022) - diamond league race analysis*
date 16-Jun-22	time	6.24	11.33	16.57	21.92	27.32	32.91	38.83	45.45	45.45	7 / 2							
reaction time 0.201	interval		5.09	5.24	5.35	5.40	5.59	5.92	6.62		# of strides	11.33	10.59	10.99	12.54	21.92	23.53	1.61
	velocity	8.01	9.82	9.54	9.35	9.26	8.94	8.45	7.55	8.80	183.0	8.83	9.44	9.10	7.97	9.12	8.50	
FINAL - 2022 Golden Gala Pietro Mennea (Rome, ITA)																	*Omega Timing (2022) - diamond league race analysis*
date 09-Jun-22	time	6.21	11.18	16.28	21.55	27.06	32.81	38.98	45.90	45.90	7 / 8							
reaction time 0.185	interval		4.97	5.10	5.27	5.51	5.75	6.17	6.92		# of strides	11.18	10.37	11.26	13.09	21.55	24.35	2.80
	velocity	8.05	10.06	9.80	9.49	9.07	8.70	8.10	7.23	8.71	184.0	8.94	9.64	8.88	7.64	9.28	8.21	
FINAL - 2022 Prefontaine Classic (Eugene, OR)																	*Omega Timing (2022) - diamond league race analysis*
date 28-May-22	time	6.33	11.38	16.54	21.77	27.14	32.71	38.71	45.35	45.35	9 / 7							
reaction time 0.198	interval		5.05	5.16	5.23	5.37	5.57	6.00	6.64		# of strides	11.38	10.39	10.94	12.64	21.77	23.58	1.81
	velocity	7.90	9.90	9.69	9.56	9.31	8.98	8.33	7.53	8.82	185.7	8.79	9.62	9.14	7.91	9.19	8.48	
FINAL - 2022 Müller Birmingham Diamond League (Birmingham, GBR)																	*Omega Timing (2022) - diamond league race analysis*
date 21-May-22	time	6.23	11.29	16.50	21.91	27.46	33.19	39.23	45.98	45.98	7 / 5							
reaction time 0.187	interval		5.06	5.21	5.41	5.55	5.73	6.04	6.75		# of strides	11.29	10.62	11.28	12.79	21.91	24.07	2.16
	velocity	8.03	9.88	9.60	9.24	9.01	8.73	8.28	7.41	8.70	181.7	8.86	9.42	8.87	7.82	9.13	8.31	
FINAL - 2021 Weltklasse (Zürich, SUI)																	*Omega Timing (2021) - diamond league race analysis*
date 09-Sep-21	time	6.2	11.2	16.2	21.4	26.7	32.3	38.4	45.41	45.41	7 / 6							
reaction time 0.198	interval		5.00	5.00	5.20	5.30	5.60	6.10	7.01		# of strides	11.20	10.20	10.90	13.11	21.40	24.01	2.61
	velocity	8.06	10.00	10.00	9.62	9.43	8.93	8.20	7.13	8.81	180.0	8.93	9.80	9.17	7.63	9.35	8.33	

FINAL - 2021 Memorial van Damme (Brussels, BEL) — *Omega Timing (2021) - diamond league race analysis*

date	03-Sep-21	time	6.2	11.2	16.3	21.6	27.1	32.6	38.4	44.83	44.83	8 / 3						
reaction time	0.200	interval		5.00	5.10	5.30	5.50	5.50	5.80	6.43		# of strides	11.20	10.40	11.00	12.23	21.60	23.23	1.63
		velocity	8.06	10.00	9.80	9.43	9.09	9.09	8.62	7.78	8.92		8.93	9.62	9.09	8.18	9.26	8.61	

FINAL - 2021 Athletissima (Lausanne, SUI) — *Omega Timing (2021) - diamond league race analysis*

date	26-Aug-21	time	6.2	11.3	16.5	21.9	27.4	32.9	38.8	45.20	45.20	6 / 2						
reaction time	0.182	interval		5.10	5.20	5.40	5.50	5.50	5.90	6.40		# of strides	11.30	10.60	11.00	12.30	21.90	23.30	1.40
		velocity	8.06	9.80	9.62	9.26	9.09	9.09	8.47	7.81	8.85		8.85	9.43	9.09	8.13	9.13	8.58	

FINAL - 2020 Olympic Games (Tokyo, JPN) — *Omega Timing (2022) - Tokyo 2020 - race analysis - men's 400m final*

date	05-Aug-21	time	6.05	10.90	15.89	21.02	26.33	32.00	38.16	44.94	44.94	2 / 7						
reaction time	0.167	interval		4.85	4.99	5.13	5.31	5.67	6.16	6.78		# of strides	10.90	10.12	10.98	12.94	21.02	23.92	2.90
		velocity	8.26	10.31	10.02	9.75	9.42	8.82	8.12	7.37	8.90	177.7	9.17	9.88	9.11	7.73	9.51	8.36	

Semi-Final 3 - 2020 Olympic Games (Tokyo, JPN) — *Hymans (2021) - 400 meters - the favorite stands tall*

date	02-Aug-21	time						31.9		44.59	44.59	4 / 3						
reaction time	0.197	interval								12.69		# of strides				12.69			
		velocity						9.40		7.88	8.97	178.0				7.88			

FINAL - 2021 Bauhaus Galan (Stockholm, SWE) — *Omega Timing (2021) - diamond league race analysis*

date	04-Jul-21	time	6.3	11.3	16.3	21.4	26.6	32.2	38.3	45.03	45.03	6 / 6						
reaction time	0.207	interval		5.00	5.00	5.10	5.20	5.60	6.10	6.73		# of strides	11.30	10.10	10.80	12.83	21.40	23.63	2.23
		velocity	7.94	10.00	10.00	9.80	9.62	8.93	8.20	7.43	8.88	180.7	8.85	9.90	9.26	7.79	9.35	8.46	

National FINAL - 2019 Memorial van Damme (Brussels, BEL) — *Omega Timing (2019) - diamond league race analysis*

date	06-Sep-19	time	6.4	11.3	16.5	21.9	27.3	33.1	39.4		???	8 / --						
reaction time		interval		4.9	5.2	5.4	5.4	5.8	6.3		DQ	# of strides	11.30	10.60	11.20		21.90		
		velocity	7.81	10.20	9.62	9.26	9.26	8.62	7.94				8.85	9.43	8.93		9.13		

FINAL - 2019 Shanghai (Shanghai, CHN) — *Omega Timing (2019) - diamond league race analysis*

date	18-May-19	time		11.9		22.3					dnf	7 / --						
reaction time	0.211	interval				10.4						# of strides	11.90	10.40			22.30		
		velocity		8.40		9.62							8.40	9.62			8.97		

Semi-Final 3 - 2017 IAAF World Championships (London, GBR) — *Pollitt (2018) - biomechanical report for the IAAF World Champs - London 2017 - Men's 400m*

date	06-Aug-17	time		10.66		20.60		31.39	37.37	44.05	44.30	5 / 1						
reaction time	0.248	interval				9.94		10.79	5.98	6.68		# of strides	10.66	9.94	10.79	12.66	20.60	23.45	2.85
		velocity		9.38		10.06		9.27	8.36	7.49	9.03	178.4	9.38	10.06	9.27	7.90	9.71	8.53	

FINAL - 2017 Herculis Meeting International d'Athlétisme (Monaco, MON) — *(2017.07.21) - https://twitter.com/touchdown_time/media?lang=en&lang=en&lang=en&lang=en*

date	21-Jul-17	time		11.02		21.29		31.95		43.84	43.84	6 / 2						
reaction time		interval				10.27		10.66		11.89		# of strides	11.02	10.27	10.66	11.89	21.29	22.55	1.26
		velocity		9.07		9.74		9.38		8.41	9.12	178.0	9.07	9.74	9.38	8.41	9.39	8.87	

FINAL - 2017 Golden Spike (Ostrava, CZE) (300m) — *(2017.07.01) - https://twitter.com/touchdown_time/media?lang=en&lang=en&lang=en&lang=en*

date	28-Jun-17	time		10.64		20.39		31.44			31.44	6 / 2						***100m-300m***
reaction time	0.217	interval				9.75		11.05			NR	# of strides	10.64	9.75	11.05		20.39		*20.80*
		velocity		9.40		10.26		9.05			9.54	133.0	9.40	10.26	9.05		9.81		*9.62*

FINAL - 2015 IAAF World Championships (Beijing, CHN) — *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	26-Aug-15	time	6.14	10.91	15.85	20.98	26.22	31.71	37.80	44.63	44.63	4 / 5						
reaction time	0.218	interval		4.77	4.94	5.13	5.24	5.49	6.09	6.83		# of strides	10.91	10.07	10.73	12.92	20.98	23.65	2.67
		velocity	8.14	10.48	10.12	9.75	9.54	9.11	8.21	7.32	8.96		9.17	9.93	9.32	7.74	9.53	8.46	

Semi-Final 2 - 2015 IAAF World Championships (Beijing, CHN) — *Yamamoto (2015) - race analysis of 15th World Championships 400m- focusing on men's semis and women's prelims*

date	24-Aug-15	time	5.98	10.79	15.68	20.83	26.19	31.63	37.51	44.11	44.11	9 / 1						
reaction time	0.212	interval		4.81	4.89	5.15	5.36	5.44	5.88	6.60		# of strides	10.79	10.04	10.80	12.48	20.83	23.28	2.45
		velocity	8.36	10.40	10.22	9.71	9.33	9.19	8.50	7.58	9.07	179.0	9.27	9.96	9.26	8.01	9.60	8.59	

FINAL - 2015 Résisprint International (La Chaux-de-Fonds, SUI) — *Vazel (2015) - van Niekerk and Merritt were on for the record at 300m*

date	05-Jul-15	time						31.5		43.73	43.72	/ 1						
reaction time		interval								12.23	AR / PB	# of strides				12.23			
		velocity						9.52		8.18	9.15					8.18			

Malual, Ismail Daoud (QAT) (2006)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
Invitational FINAL - 2025 Jetour Doha Meeting (Doha, QAT)																	
date	16-May-25	time	6.55	11.65	17.12	22.79	28.35	33.90	39.53	45.62	45.62	6 / 1						
reaction time	0.189	interval		5.10	5.47	5.67	5.56	5.55	5.63	6.09		# of strides	11.65	11.14	11.11	11.72	22.79	22.83	0.04
		velocity	7.63	9.80	9.14	8.82	8.99	9.01	8.88	8.21	8.77		8.58	8.98	9.00	8.53	8.78	8.76	

Omega Timing (2025) - diamond league race analysis

Mamada, Kodai (JPN) (2002)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
A FINAL - 2020 Japanese High School National Championships (Hiroshima, JPN)																	
date	23-Oct-20	time	6.53	11.87	17.35	23.03	28.91	34.91	41.13	47.81	47.81	7 / 6						
reaction time	0.150	interval		5.34	5.48	5.68	5.88	6.00	6.22	6.68		# of strides	11.87	11.16	11.88	12.90	23.03	24.78	1.75
		velocity	7.66	9.36	9.12	8.80	8.50	8.33	8.04	7.49	8.37	197.5	8.42	8.96	8.42	7.75	8.68	8.07	

Kobayashi (2002) - national high school and U20 national championhsips

Heat 2 - 2020 Japanese High School National Championships (Hiroshima, JPN) — *Kobayashi (2002) - national high school and U20 national championhsips*

date	23-Oct-20	time	6.47	11.71	16.98	22.56	28.47	34.59	40.92	47.69	47.69	4 / 1						
reaction time	0.157	interval		5.24	5.27	5.58	5.91	6.12	6.33	6.77		# of strides	11.71	10.85	12.03	13.10	22.56	25.13	2.57
		velocity	7.73	9.54	9.49	8.96	8.46	8.17	7.90	7.39	8.39	198.9	8.54	9.22	8.31	7.63	8.87	7.96	

U18 FINAL - 2019 Japanese National U18/U20 Championships (Hiroshima, JPN) (300m) — *Kijima (2019) - research on athlete performance and technique- 2019 data book*

date	18-Oct-19	time		11.39		22.07		34.00			34.00	3 / 4						***100m-300m***
reaction time	0.160	interval				10.68		11.93				# of strides	11.39	10.68	11.93		22.07		*22.61*

WR=World Rec. AR=Area Rec. OR=Olympic Rec. CR=Championship Rec. NR=National Rec. PB=Personal Best DQ=Disqualified DV=Drug Violation

		velocity		8.78		9.36		8.38			8.82	145,7	8.78	9.36	8.38		9.06		*8.85*

Mammadov, Javid (AZE) (1994)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B Final - 2023 European Team Championships, Third Division (Chorzów, POL)																	*European Athletics (2023) - 3rd european games, athletics - results book*
date 20-Jun-23	time		11.87		23.05		35.36		49.58	49.58	6 / 2								
reaction time 0.191	interval				11.18		12.31		14.22	**PB**	# of strides	11.87	11.18	12.31	14.22	23.05	26.53	3.48
	velocity		8.42		8.94		8.12		7.03	8.07		8.42	8.94	8.12	7.03	8.68	7.54	

Mance, Josh (USA) (1992)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2014 USATF National Championships (Sacramento, CA)																	*Track Newsletter (2014) - USATF men's championships*
date 28-Jun-14	time		11.4		22.0		33.1		44.9	44.89	/ 2								
reaction time	interval				10.6		11.1		11.8		# of strides	11.40	10.60	11.10	11.80	22.00	22.90	0.90
	velocity		8.77		9.43		9.01		8.47	8.91		8.77	9.43	9.01	8.47	9.09	8.73	
FINAL - 2013 USATF National Championships (Des Moines, IA)																	*Track Newsletter (2013) - USATF men's championships*
date 22-Jun-13	time						32.6		45.2	45.22	/ 4								
reaction time 0.193	interval								12.60		# of strides				12.60				
	velocity						9.20		7.94	8.85					7.94				
FINAL - 2012 USA Olympic Trials (Eugene, OR)																	*Hymans (2020) - history of the US olympic trials - track and field*
date 24-Jun-12	time				21.7		32.6		44.88	44.88	4 / 4								
reaction time 0.190	interval						10.90		12.28		# of strides			10.90	12.28	21.70	23.18	1.48	
	velocity				9.22		9.17		8.14	8.91				9.17	8.14	9.22	8.63		

Marciniszyn, Marcin (POL) (1982)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 2 - 2009 IAAF World Championships (Berlin, GER)																	*Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*
date 18-Aug-09	time		11.44		21.98		33.46		45.77	45.77	3 / 4								
reaction time 0.167	interval				10.54		11.48		12.31		# of strides	11.44	10.54	11.48	12.31	21.98	23.79	1.81	
	velocity		8.74		9.49		8.71		8.12	8.74		8.74	9.49	8.71	8.12	9.10	8.41		

Marco, Helio (ESP) (2006)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 3 - 2025 European Athletics U20 Championships (Tampere, FIN)																	*European Athletics (2025) - 2025 european athletics U20 championships - results book*
date 08-Aug-25	time	6.55	11.84	17.21	22.78	28.41	34.38	40.82	47.71	47.71	3 / 6								
reaction time 0.144	interval		5.29	5.37	5.57	5.63	5.97	6.44	6.89		# of strides	11.84	10.94	11.60	13.33	22.78	24.93	2.15	
	velocity	7.63	9.45	9.31	8.98	8.88	8.38	7.76	7.26	8.38	181.2	8.45	9.14	8.62	7.50	8.78	8.02		

Mareš, Lukáš (CZE) (2007)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2025 European Athletics U20 Championships (Tampere, FIN)																	*European Athletics (2025) - 2025 european athletics U20 championships - results book*
date 09-Aug-25	time	6.36	11.60	17.15	22.82	28.63	34.54	40.72	47.19	47.19	1 / 8								
reaction time 0.133	interval		5.24	5.55	5.67	5.81	5.91	6.18	6.47		# of strides	11.60	11.22	11.72	12.65	22.82	24.37	1.55	
	velocity	7.86	9.54	9.01	8.82	8.61	8.46	8.09	7.73	8.48	176.0	8.62	8.91	8.53	7.91	8.76	8.21		
Semi-Final 1 - 2025 European Athletics U20 Championships (Tampere, FIN)																	*European Athletics (2025) - 2025 european athletics U20 championships - results book*
date 08-Aug-25	time	6.34	11.44	16.81	22.38	28.07	33.92	40.16	46.90	46.90	5 / 3								
reaction time 0.133	interval		5.10	5.37	5.57	5.69	5.85	6.24	6.74		# of strides	11.44	10.94	11.54	12.98	22.38	24.52	2.14	
	velocity	7.89	9.80	9.31	8.98	8.79	8.55	8.01	7.42	8.53		8.74	9.14	8.67	7.70	8.94	8.16		

Markin, Viktor (URS) (1957)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1982 European Championships (Athens, GRE)																	*Heß (1985) - entwicklungsaspekte die leichtathletischen sprint-/hürdendisziplinen im olympiazyklus 1981/84*
date 09-Sep-82	time		11.58		22.16		33.20		45.30	45.30	/ 3								
reaction time	interval				10.58		11.04		12.10		# of strides	11.58	10.58	11.04	12.10	22.16	23.14	0.98	
	velocity		8.64		9.45		9.06		8.26	8.83		8.64	9.45	9.06	8.26	9.03	8.64		
FINAL - 1980 Olympic Games (Moscow, URS)																	*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*
date 30-Jul-80	time				21.2		32.6		44.6	44.60	2 / 1								
reaction time 0.173	interval						11.4		12.00	**NR**	# of strides			11.40	12.00	21.20	23.40	2.20	
	velocity				9.43		8.77		8.33	8.97	175.0			8.77	8.33	9.43	8.55		

Martin, Roxbert (JAM) (1969)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1997 NCAA Championships (Bloomington, IN)																	*Track Newsletter (1997) - NCAA Championships*
date 07-Jun-97	time				21.9		33.6		44.8	44.77	/ 1								
reaction time	interval						11.70		11.20		# of strides			11.70	11.20	21.90	22.90	1.00	
	velocity				9.13		8.55		8.93	8.93				8.55	8.93	9.13	8.73		
FINAL - 1996 Olympic Games (Atlanta, GA)																	*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*
date 29-Jul-96	time				21.40		32.6		44.83	44.83	5 / 6								
reaction time 0.283	interval						11.20		12.23		# of strides			11.20	12.23	21.40	23.43	2.03	
	velocity				9.35		8.93		8.18	8.92				8.93	8.18	9.35	8.54		

Maruike, Yuta (JPN) (1994)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2012 Japanese National High School Championships (Niigata, JPN)																	*Yasunori (2012) - 65th high school championships: JAF scientific committee- biomechanics*
date 29-Jul-12	time		12.59		24.87		36.93		49.12	49.12	9 / 8								
reaction time	interval				12.28		12.06		12.19		# of strides	12.59	12.28	12.06	12.19	24.87	24.25	-0.62	
	velocity		7.94		8.14		8.29		8.20	8.14		7.94	8.14	8.29	8.20	8.04	8.25		

Maruyama, Tomoyo (JPN) (2005)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2022 Japanese National High School Championships (Naruto, JPN)																	*Kishima (2022) - national high school championships biomechanics data collection*
date 03-Aug-22	time		12.12		23.44		35.67		48.39	48.39	3 / 5								
reaction time 0.195	interval				11.32		12.23		12.72		# of strides	12.12	11.32	12.23	12.72	23.44	24.95	1.51	
	velocity		8.25		8.83		8.18		7.86	8.27	176.0	8.25	8.83	8.18	7.86	8.53	8.02		

Maruyama, Yuma (JPN) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 2 - 2024 Japanese National Multi-Event Championships (Gifu, JPN)																	*Matsubayashi (2025) - performance analysis of decathlon athletes in the 2024 season*
date 22-Jun-24	time	6.57	12.11	17.87	23.90	30.08	36.63	43.47	50.88	50.88	8 / 5								
reaction time	interval		5.54	5.76	6.03	6.18	6.55	6.84	7.41		# of strides	12.11	11.79	12.73	14.25	23.90	26.98	3.08	

		velocity	7.61	9.03	8.68	8.29	8.09	7.63	7.31	6.75	7.86		8.26	8.48	7.86	7.02	8.37	7.41

Decathlon - Heat 1 - 2023 World Athletics Championships (Budapest, HUN) — *Matsubayashi (2024) - performance analysis of decathlon athletes in the 2023 season*

date	25-Aug-23	time	6.51	11.93	17.58	23.56	29.75	36.26	43.18	50.75	50.75	5 / 4						
reaction time	0.157	interval		5.42	5.65	5.98	6.19	6.51	6.92	7.57		# of strides	11.93	11.63	12.70	14.49	23.56	27.19	3.63
		velocity	7.68	9.23	8.85	8.36	8.08	7.68	7.23	6.61	7.88		8.38	8.60	7.87	6.90	8.49	7.36	

Decathlon - Heat 2 - 2023 Japanese Multi-Event National Championsips (Akita, JPN) — *Matsubayashi (2024) - performance analysis of decathlon athletes in the 2023 season*

date	10-Jun-23	time	6.57	11.96	17.64	23.47	29.44	35.73	42.36	49.47	49.47	6 / 2						
reaction time		interval		5.39	5.68	5.83	5.97	6.29	6.63	7.11		# of strides	11.96	11.51	12.26	13.74	23.47	26.00	2.53
		velocity	7.61	9.28	8.80	8.58	8.38	7.95	7.54	7.03	8.09		8.36	8.69	8.16	7.28	8.52	7.69	

Decathlon - Heat 1 - 2022 Michitaka Kinami Memorial (Osaka, JPN) — *Takefu (2023) - performance analyisis of decathlon athletes in the 2022 season*

date	30-Apr-22	time	6.52	11.94	17.42	23.15	29.08	35.30	41.88	48.96	48.96	4 / 2						
reaction time	0.151	interval		5.42	5.48	5.73	5.93	6.22	6.58	7.08		# of strides	11.94	11.21	12.15	13.66	23.15	25.81	2.66
		velocity	7.67	9.23	9.12	8.73	8.43	8.04	7.60	7.06	8.17		8.38	8.92	8.23	7.32	8.64	7.75	

Decathlon - Heat 1 - 2019 Japanese National Multi-Event Championships (Nagano, JPN) — *Matsubayashi (2019) - research on athlete performance and technique- 2019 data book*

date	08-Jun-19	time	6.41	11.81	17.38	23.29	29.49	35.85	42.65	49.99	49.99	5 / 1						
reaction time		interval		5.40	5.57	5.91	6.20	6.36	6.80	7.34		# of strides	11.81	11.48	12.56	14.14	23.29	26.70	3.41
		velocity	7.80	9.26	8.98	8.46	8.06	7.86	7.35	6.81	8.00		8.47	8.71	7.96	7.07	8.59	7.49	

Decathlon - Heat 2 - 2018 Japanese National Multi-Event Championships (Nagano, JPN) — *Matsubayashi (2018) - research on athlete performance and technique- 2018 data book*

date	16-Jun-18	time	6.56	12.15	17.93	24.05	30.38	36.85	43.37	50.27	50.27	3 / 5						
reaction time		interval		5.59	5.78	6.12	6.33	6.47	6.52	6.90		# of strides	12.15	11.90	12.80	13.42	24.05	26.22	2.17
		velocity	7.62	8.94	8.65	8.17	7.90	7.73	7.67	7.25	7.96		8.23	8.40	7.81	7.45	8.32	7.63	

Mashburn, Jessie (USA) (1934)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1956 California Relays (Modesto, CA) (*yards*)																	*Nelson (1956) - Lea sprints 440 in 45.8*
date 26-May-56	time			22.5				45.9	45.9	/ 1							
reaction time	interval							23.4	*(46.2/440y)*	# of strides					22.50	23.40	0.90
	velocity			8.89				8.55	8.71						8.89	8.55	

Masheto, Garologelwane (BOT) (1984)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2007 NCAA Championships (Sacramento, CA)																	*Track Newsletter (2006) - NCAA men's championships*
date 09-Jun-07	time					33.2		45.5	45.51	8 / 4							
reaction time	interval							12.3		# of strides				12.30			
	velocity					9.04		8.13	8.79					8.13			

Mashiko, Yuta (JPN) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Division 1 FINAL - 2017 Kanto Collegiate Championships (Yokohama, JPN)																	*(2017) - tfdata-store.com/2017/06/01/post-786/*
date 26-May-17	time		11.60		22.84		34.82		47.74	47.74	9 / 7							
reaction time	interval				11.24		11.98		12.92		# of strides	11.60	11.24	11.98	12.92	22.84	24.90	2.06
	velocity		8.62		8.90		8.35		7.74	8.38	184.0	8.62	8.90	8.35	7.74	8.76	8.03	

Division 1 Semi-Final 2 - 2017 Kanto Collegiate Championships (Yokohama, JPN) — *(2017) - tfdata-store.com/2017/06/02/post-835/*

date	26-May-17	time		11.85		23.11		35.06		47.72	47.72	2 / 3						
reaction time		interval				11.26		11.95		12.66		# of strides	11.85	11.26	11.95	12.66	23.11	24.61	1.50
		velocity		8.44		8.88		8.37		7.90	8.38	183.5	8.44	8.88	8.37	7.90	8.65	8.13	

Maslák, Pavel (CZE) (1991)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 3 - 2024 European Athletics Championships (Roma, ITA)																	*European Athletics (2024) - 2024 european athletics championships - results book*
date 08-Jun-24	time		11.93		23.23		35.18		47.99	47.99	8 / 7							
reaction time 0.239	interval				11.30		11.95		12.81		# of strides	11.93	11.30	11.95	12.81	23.23	24.76	1.53
	velocity		8.38		8.85		8.37		7.81	8.34		8.38	8.85	8.37	7.81	8.61	8.08	

Semi-Final 3 - 2022 European Athletics Championships (Munich, GER) — *European Athletics (2022) - european athletics championships race analysis*

date	16-Aug-22	time		11.52		22.24		33.77		46.36	46.36	2 / 6						
reaction time	0.197	interval				10.72		11.53		12.59		# of strides	11.52	10.72	11.53	12.59	22.24	24.12	1.88
		velocity		8.68		9.33		8.67		7.94	8.63	181.0	8.68	9.33	8.67	7.94	8.99	8.29	

Heat 4 - 2022 European Athletics Championships (Munich, GER) — *European Athletics (2022) - european athletics championships race analysis*

date	15-Aug-22	time		11.11		21.47		32.88		45.92	45.92	4 / 4						
reaction time	0.230	interval				10.36		11.41		13.04		# of strides	11.11	10.36	11.41	13.04	21.47	24.45	2.98
		velocity		9.00		9.65		8.76		7.67	8.71		9.00	9.65	8.76	7.67	9.32	8.18	

Semi-Final 3 - 2017 IAAF World Championships (London, GBR) — *Pollitt (2018) - biomechanical report for the IAAF World Champs - London 2017 - Men's 400m*

date	06-Aug-17	time		11.05		21.33		32.57	38.58	45.09	45.24	2 / 6						
reaction time	0.146	interval				10.28		11.24	6.01	6.51		# of strides	11.05	10.28	11.24	12.52	21.33	23.76	2.43
		velocity		9.05		9.73		8.90	8.32	7.68	8.84	182.8	9.05	9.73	8.90	7.99	9.38	8.42	

FINAL - 2013 IAAF World Championships (Moscow, RUS) — (2013) - www.trackandfieldnews.com/index.php?option=com_content&view=article&id=1698

date	13-Aug-13	time		11.2		21.8		32.9		44.9	44.91	1 / 5						
reaction time	0.169	interval				10.60		11.10		12.00		# of strides	11.20	10.60	11.10	12.00	21.80	23.10	1.30
		velocity		8.93		9.43		9.01		8.33	8.91		8.93	9.43	9.01	8.33	9.17	8.66	

Masuda, Shion (JPN) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2018 Japanese National Youth (U18) Championships (Nagano, JPN)																	*Ryutaro (2018) - research on athlete performance and technique- 2018 data book*
date 19-Oct-18	time	6.52	11.87	17.37	23.18	29.15	35.32	41.79	48.84	48.84	1 / 8							
reaction time	interval		5.35	5.50	5.81	5.97	6.17	6.47	7.05		# of strides	11.87	11.31	12.14	13.52	23.18	25.66	2.48
	velocity	7.67	9.35	9.09	8.61	8.38	8.10	7.73	7.09	8.19		8.42	8.84	8.24	7.40	8.63	7.79	

Mathieu, Michael (BAH) (1984)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 3 - 2015 IAAF World Championships (Beijing, CHN)																	*Yamamoto (2015) - race analysis of 15th World Championships 400m- focusing on men's semis and women's prelims*
date 24-Aug-15	time	6.03	10.98	16.07	21.40	26.96	32.58	38.73	45.43	45.43	3 / 7							

reaction time	0.157	interval		4.95	5.09	5.33	5.56	5.62	6.15	6.70		# of strides	10.98	10.42	11.18	12.85	21.40	24.03	2.63
		velocity	8.29	10.10	9.82	9.38	8.99	8.90	8.13	7.46	8.80	182.2	9.11	9.60	8.94	7.78	9.35	8.32	

FINAL - 2009 ISTAF (Berlin, GER) *Graubner (2009) - http://www.fgs.uni-halle.de*

date	14-Jun-09	time		11.06		21.72		33.05		45.92	45.92	7 / 3						
reaction time	0.316	interval				10.66		11.33		12.87		# of strides	11.06	10.66	11.33	12.87	21.72	24.20	2.48
		velocity		9.04		9.38		8.83		7.77	8.71		9.04	9.38	8.83	7.77	9.21	8.26	

Matsubara, Shuichiro (JPN) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2016 Japanese National Junior Championships (Mizuho, JPN)											*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*						
date 21-Oct-16	time	6.62	12.12	17.58	23.14	28.84	34.77	40.90	47.41	47.41	2 / 2						
reaction time	interval		5.50	5.46	5.56	5.70	5.93	6.13	6.51		# of strides	12.12	11.02	11.63	12.64	23.14	24.27	1.13
	velocity	7.55	9.09	9.16	8.99	8.77	8.43	8.16	7.68	8.44		8.25	9.07	8.60	7.91	8.64	8.24	

FINAL - 2015 Japanese National Junior Championships (Nagoya, JPN) *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	16-Oct-15	time	6.38	11.63	16.97	22.71	28.63	34.61	40.69	47.00	47.00	/ 2						
reaction time		interval		5.25	5.34	5.74	5.92	5.98	6.08	6.31		# of strides	11.63	11.08	11.90	12.39	22.71	24.29	1.58
		velocity	7.84	9.52	9.36	8.71	8.45	8.36	8.22	7.92	8.51		8.60	9.03	8.40	8.07	8.81	8.23	

FINAL - 2015 Japanese National High School Championships (Wakayama, JPN) *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	29-Jul-15	time	6.55	12.04	17.72	23.65	29.93	36.59	43.58	50.98	50.98	/ 8						
reaction time		interval		5.49	5.68	5.93	6.28	6.66	6.99	7.40		# of strides	12.04	11.61	12.94	14.39	23.65	27.33	3.68
		velocity	7.63	9.11	8.80	8.43	7.96	7.51	7.15	6.76	7.85		8.31	8.61	7.73	6.95	8.46	7.32	

Matsubara, Tetsuya (JPN) (1991)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2009 Japanese National High School Championships (Nara, JPN)											*Matsuo (2009) - 62nd high school championships: JAF scientific committee- biomechanics*						
date 29-Jul-09	time		11.85		23.05		35.08		48.31	48.31	2 / 6						
reaction time	interval				11.20		12.03		13.23		# of strides	11.85	11.20	12.03	13.23	23.05	25.26	2.21
	velocity		8.44		8.93		8.31		7.56	8.28		8.44	8.93	8.31	7.56	8.68	7.92	

Matsukiyo, Kazuki (JPN) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2019 Japanese National Championships (Fukuoka, JPN)											*Yamanaka (2019) - research on athlete performance and technique- 2019 data book*						
date 28-Jun-19	time	6.54	11.77	17.14	22.71	28.35	34.13	40.15	46.82	46.82	2 / 7						
reaction time 0.172	interval		5.23	5.37	5.57	5.64	5.78	6.02	6.67		# of strides	11.77	10.94	11.42	12.69	22.71	24.11	1.40
	velocity	7.65	9.56	9.31	8.98	8.87	8.65	8.31	7.50	8.54		8.50	9.14	8.76	7.88	8.81	8.30	

Heat 2 - 2019 Japanese National Championships (Fukuoka, JPN) *Yamanaka (2019) - race analysis of men and women 400m competition*

date	27-Jun-19	time	6.49	11.91	17.38	22.90	28.50	34.19	40.07	46.55	46.55	3 / 3						
reaction time	0.205	interval		5.42	5.47	5.52	5.60	5.69	5.88	6.48		# of strides	11.91	10.99	11.29	12.36	22.90	23.65	0.75
		velocity	7.70	9.23	9.14	9.06	8.93	8.79	8.50	7.72	8.59		8.40	9.10	8.86	8.09	8.73	8.46	

Heat 2 - 2017 National Sports Festival (Matsuyama, JPN) *(2017) - tfdata-store.com/2017/10/12/post-1100/*

date	08-Oct-17	time		11.88		22.86		34.62		48.12	48.12	8 / 7						
reaction time	0.214	interval				10.98		11.76		13.50		# of strides	11.88	10.98	11.76	13.50	22.86	25.26	2.40
		velocity		8.42		9.11		8.50		7.41	8.31	194.5	8.42	9.11	8.50	7.41	8.75	7.92	

Heat 1 - 2017 Japanese National Championships (Osaka, JPN) *(2017) - tfdata-store.com/2017/07/08/post-965/*

date	23-Jun-17	time		11.71		22.58		33.97		46.78	46.78	2 / 7						
reaction time	0.185	interval				10.87		11.39		12.81		# of strides	11.71	10.87	11.39	12.81	22.58	24.20	1.62
		velocity		8.54		9.20		8.78		7.81	8.55	181.7	8.54	9.20	8.78	7.81	8.86	8.26	

FINAL - 2016 IAAF World Junior Championships (Bydgoszcz, POL) *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	22-Jul-16	time	6.49	11.72	17.15	22.66	28.34	34.16	40.19	46.69	46.69	9 / 7						
reaction time	0.196	interval		5.23	5.43	5.51	5.68	5.82	6.03	6.50	**=PB**	# of strides	11.72	10.94	11.50	12.53	22.66	24.03	1.37
		velocity	7.70	9.56	9.21	9.07	8.80	8.59	8.29	7.69	8.57		8.53	9.14	8.70	7.98	8.83	8.32	

Semi-Final 2 - 2016 IAAF World Junior Championships (Bydgoszcz, POL) *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	21-Jul-16	time	6.36	11.56	17.00	22.58	28.27	34.06	40.11	46.69	46.69	5 / 2						
reaction time	0.139	interval		5.20	5.44	5.58	5.69	5.79	6.05	6.58	**PB**	# of strides	11.56	11.02	11.48	12.63	22.58	24.11	1.53
		velocity	7.86	9.62	9.19	8.96	8.79	8.64	8.26	7.60	8.57		8.65	9.07	8.71	7.92	8.86	8.30	

Heat 2 - 2016 IAAF World Junior Championships (Bydgoszcz, POL) *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	20-Jul-16	time	6.47	11.72	17.22	22.82	28.67	34.53	40.45	46.78	46.78	6 / 3						
reaction time	0.205	interval		5.25	5.50	5.60	5.85	5.86	5.92	6.33		# of strides	11.72	11.10	11.71	12.25	22.82	23.96	1.14
		velocity	7.73	9.52	9.09	8.93	8.55	8.53	8.45	7.90	8.55		8.53	9.01	8.54	8.16	8.76	8.35	

U19 FINAL - 2015 National Sports Festival (Wakayama, JPN) *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	05-Oct-15	time	6.57	11.99	17.63	23.48	29.42	35.31	41.32	47.74	47.74	/ 3						
reaction time		interval		5.42	5.64	5.85	5.94	5.89	6.01	6.42		# of strides	11.99	11.49	11.83	12.43	23.48	24.26	0.78
		velocity	7.61	9.23	8.87	8.55	8.42	8.49	8.32	7.79	8.38		8.34	8.70	8.45	8.05	8.52	8.24	

Matsumoto, Akira (JPN) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
U19 Semi-Final 2 - 2017 National Sports Festival (Matsuyama, JPN)											*(2017) - tfdata-store.com/2017/10/12/post-1100/*						
date 08-Oct-17	time		11.66		22.27		34.25		48.28	48.28	9 / 6						
reaction time 0.182	interval				10.61		11.98		14.03		# of strides	11.66	10.61	11.98	14.03	22.27	26.01	3.74
	velocity		8.58		9.43		8.35		7.13	8.29	184.2	8.58	9.43	8.35	7.13	8.98	7.69	

Matsumoto, Shion (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2018 Japanese National High School Championships (Nagoya, JPN)											*Kota (2018) - 71st high school championships: JAF scientific committee - biomechanics data collection*						
date 02-Aug-18	time	6.55	11.93	17.45	23.29	29.37	35.64	41.81	48.24	48.24	7 / 8						
reaction time	interval		5.38	5.52	5.84	6.08	6.27	6.17	6.43		# of strides	11.93	11.36	12.35	12.60	23.29	24.95	1.66
	velocity	7.63	9.29	9.06	8.56	8.22	7.97	8.10	7.78	8.29		8.38	8.80	8.10	7.94	8.59	8.02	

Matsumura, Kohei (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2018 Shimane High School Championships (Izumo, JPN)											*Shimizu (2018) - shimane high school championships 2018 - biomechanics data analysis*						

date	25-May-18	time		13.18		26.18		39.98		55.21	55.21	7 / 8						
reaction time		interval				13.00		13.80		15.23		# of strides	13.18	13.00	13.80	15.23	26.18	29.03	2.85
		velocity		7.59		7.69		7.25		6.57	7.25		7.59	7.69	7.25	6.57	7.64	6.89	

Matsuo, Ruhei (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
U19 FINAL - 2016 National Sports Festival (Kitakami, JPN)											*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*						
date 10-Oct-16	time	6.63	12.26	18.00	23.92	30.16	36.52	42.76	49.21	49.21	9 / 8							
reaction time 0.172	interval		5.63	5.74	5.92	6.24	6.36	6.24	6.45		# of strides	12.26	11.66	12.60	12.69	23.92	25.29	1.37
	velocity	7.54	8.88	8.71	8.45	8.01	7.86	8.01	7.75	8.13		8.16	8.58	7.94	7.88	8.36	7.91	

Matsuo, Shuhei (JPN) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
U19 FINAL - 2017 National Sports Festival (Matsuyama, JPN)											*(2017) - tfdata-store.com/2017/10/12/post-1100/*						
date 09-Oct-17	time		11.80		23.24		35.17		47.46	47.46	6 / 3							
reaction time 0.179	interval				11.44		11.93		12.29		# of strides	11.80	11.44	11.93	12.29	23.24	24.22	0.98
	velocity		8.47		8.74		8.38		8.14	8.43	192.0	8.47	8.74	8.38	8.14	8.61	8.26	
U19 Semi-Final 2 - 2017 National Sports Festival (Matsuyama, JPN)											*(2017) - tfdata-store.com/2017/10/12/post-1100/*						
date 08-Oct-17	time		11.55		22.43		34.37		47.24	47.24	4 / 2							
reaction time 0.156	interval				10.88		11.94		12.87		# of strides	11.55	10.88	11.94	12.87	22.43	24.81	2.38
	velocity		8.66		9.19		8.38		7.77	8.47	180.5	8.66	9.19	8.38	7.77	8.92	8.06	
FINAL - 2017 Japanese National High School Championships (Yamagata, JPN)											*Kota (2017) - 70th high school championships: JAF scientific committee- biomechanics data*						
date 29-Jul-17	time	6.52	12.05	17.83	23.80	29.87	35.93	41.93	47.87	47.87	7 / 3							
reaction time 0.182	interval		5.53	5.78	5.97	6.07	6.06	6.00	5.94		# of strides	12.05	11.75	12.13	11.94	23.80	24.07	0.27
	velocity	7.67	9.04	8.65	8.38	8.24	8.25	8.33	8.42	8.36		8.30	8.51	8.24	8.38	8.40	8.31	

Matsuo, Yuki (JPN) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2013 Japanese National High School Championships (Oita, JPN)											*Matsuo (2013) - 66th high school championships: JAF scientific committee- biomechanics data*						
date 30-Jul-13	time		11.55		22.47		34.45		47.54	47.54	9 / 6							
reaction time	interval				10.92		11.98		13.09	PB	# of strides	11.55	10.92	11.98	13.09	22.47	25.07	2.60
	velocity		8.66		9.16		8.35		7.64	8.41		8.66	9.16	8.35	7.64	8.90	7.98	

Matsuoka, Tomoki (JPN) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2018 Japanese National Junior (U20) Championships (Nagano, JPN)											*Ryutaro (2018) - research on athlete performance and technique- 2018 data book*						
date 19-Oct-18	time	6.37	11.43	16.72	22.48	28.55	34.81	41.12	47.85	47.85	4 / 5							
reaction time 0.183	interval		5.06	5.29	5.76	6.07	6.26	6.31	6.73		# of strides	11.43	11.05	12.33	13.04	22.48	25.37	2.89
	velocity	7.85	9.88	9.45	8.68	8.24	7.99	7.92	7.43	8.36	185.0	8.75	9.05	8.11	7.67	8.90	7.88	

Matsuoka, Tomonori (JPN) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2018 Japanese National High School Championships (Nagoya, JPN)											*Kota (2018) - 71st high school championships: JAF scientific committee - biomechanics data collection*						
date 02-Aug-18	time	6.28	11.27	16.53	22.16	28.12	34.32	40.82	47.74	47.74	8 / 5							
reaction time	interval		4.99	5.26	5.63	5.96	6.20	6.50	6.92	PB	# of strides	11.27	10.89	12.16	13.42	22.16	25.58	3.42
	velocity	7.96	10.02	9.51	8.88	8.39	8.06	7.69	7.23	8.38		8.87	9.18	8.22	7.45	9.03	7.82	

Matsuura, Taiga (JPN) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2020 Shimane High School Championships (Izumo, JPN)											*Shimizu (2020) - shimane high school championships 2020 - biomechanics data analysis*						
date 11-Jul-20	time		11.38		22.73		35.41		49.24	49.24	6 / 1							
reaction time	interval				11.35		12.68		13.83		# of strides	11.38	11.35	12.68	13.83	22.73	26.51	3.78
	velocity		8.79		8.81		7.89		7.23	8.12		8.79	8.81	7.89	7.23	8.80	7.54	

Matthews, Peter (JAM) (1989)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 1 - 2015 IAAF World Championships (Beijing, CHN)											*Yamamoto (2015) - race analysis of 15th World Championships 400m- focusing on men's semis and women's prelims*						
date 24-Aug-15	time	6.04	10.85	15.82	21.04	26.61	32.44	38.67	45.42	45.42	3 / 8							
reaction time 0.178	interval		4.81	4.97	5.22	5.57	5.83	6.23	6.75		# of strides	10.85	10.19	11.40	12.98	21.04	24.38	3.34
	velocity	8.28	10.40	10.06	9.58	8.98	8.58	8.03	7.41	8.81		9.22	9.81	8.77	7.70	9.51	8.20	

Matthews, Vince (USA) (1947)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1972 Olympic Games (Munich, FRG)											*Sultanov (1982) - probleme der vorbereitung für den 400m-lauf*						
date 07-Sep-72	time		10.8		21.2		32.0		44.66	44.66	2 / 1							
reaction time	interval				10.40		10.80		12.66	PB	# of strides	10.80	10.40	10.80	12.66	21.20	23.46	2.26
	velocity		9.26		9.62		9.26		7.90	8.96	175.2	9.26	9.62	9.26	7.90	9.43	8.53	
FINAL - 1972 USA Olympic Trials (Eugene, OR)											*Hymans (2008) - history of the US olympic trials - track and field*						
date 09-Jul-72	time				21.4				44.9	44.9	5 / 3							
reaction time	interval								23.50		# of strides					21.40	23.50	2.10
	velocity				9.35				8.51	8.91						9.35	8.51	
FINAL - 1968 USA Olympic Trials (Echo Summit, CA) (*Altitude*)											*Hymans (2008) - history of the US olympic trials - track and field*						
date 14-Sep-68	time				20.7				44.8	44.8	5 / 4							
reaction time	interval								24.10	*(44.86)*	# of strides					20.70	24.10	3.40
	velocity				9.66				8.30	8.93						9.66	8.30	
FINAL - 1968 Pre-Olympic Test (Echo Summit, CA) (*Altitude*)											*Hymans (2015) - progression of IAAF world records - 2015 edition*						
date 31-Aug-68	time				21.3				44.4	44.4	/ 1							
reaction time	interval								23.1	~~WR~~	# of strides	*illegal "brush" spikes*				21.30	23.10	1.80
	velocity				9.39				8.66	9.01						9.39	8.66	
FINAL - 1967 AAU Championships (Bakersfield, CA) (yards)											*Nelson (1967) - AAU championships, Ryun 3:51.1, Wilson 17'8"*						
date 23-Jun-67	time				21.6				45.3	45.3	/ 2							
reaction time	interval								23.7	*(45.6/440y)*	# of strides					21.60	23.70	2.10
	velocity				9.26				8.44	8.83						9.26	8.44	

Matyama, Haruki (JPN) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Division 1 Semi-Final 2 - 2017 Kanto Collegiate Championships (Yokohama, JPN)											*(2017) - tfdata-store.com/2017/06/02/post-835/*						
date 26-May-17	time		11.48		22.44		34.66		48.44	48.44	5 / 7							

reaction time		interval			10.96		12.22		13.78		# of strides	11.48	10.96	12.22	13.78	22.44	26.00	3.56
		velocity	8.71		9.12		8.18		7.26	8.26	195.7	8.71	9.12	8.18	7.26	8.91	7.69	

Maybank, Anthuan (USA) (1969)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2003 USATF National Championships (Palo Alto, CA)																	*USATF Women's Sprint Development (2003)*
date 21-Jun-03	time			21.67		32.91	39.00	45.62	45.62	3 / ~~7~~ 5							
reaction time	interval					11.24	6.09	6.62		# of strides			11.24	12.71	21.67	23.95	2.28
	velocity			9.23		8.90	8.21	7.55	8.77				8.90	7.87	9.23	8.35	
Semi-Final 2 - 2003 USATF National Championships (Palo Alto, CA)																	*USATF Women's Sprint Development (2003)*
date 20-Jun-03	time			21.44		33.18	39.29	46.01	46.01	6 / 4							
reaction time	interval					11.74	6.11	6.72		# of strides			11.74	12.83	21.44	24.57	3.13
	velocity			9.33		8.52	8.18	7.44	8.69				8.52	7.79	9.33	8.14	
FINAL - 1999 USATF National Championship (Eugene, OR)																	*Track Newsletter (1999) - USATF National Championships*
date 26-Jun-99	time			22.2				45.8	45.78	/ ~~7~~ 6							
reaction time	interval							23.60		# of strides					22.20	23.60	1.40
	velocity			9.01				8.47	8.74						9.01	8.47	
FINAL - 1996 USA Olympic Trials (Atlanta, GA)																	*USATF Women's Sprint Development (1996)*
date 19-Jun-96	time	11.02		21.27		32.22	38.10	44.39	44.39	8 / ~~5~~							
reaction time	interval			10.25		10.95	5.88	6.29	DQ	# of strides	11.02	10.25	10.95	12.17	21.27	23.12	1.85
	velocity	9.07		9.76		9.13	8.50	7.95	9.01		9.07	9.76	9.13	8.22	9.40	8.65	
Semi-Final 1 - 1996 USA Olympic Trials (Atlanta, GA)																	*USATF Women's Sprint Development (1996)*
date 17-Jun-96	time	11.28		21.72		33.13	39.05	45.18	45.18	1 / 4							
reaction time	interval			10.44		11.41	5.92	6.13		# of strides	11.28	10.44	11.41	12.05	21.72	23.46	1.74
	velocity	8.87		9.58		8.76	8.45	8.16	8.85		8.87	9.58	8.76	8.30	9.21	8.53	

Mayer, Kevin (FRA) (1992)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 2 - 2022 World Athletics Championships (Eugene, OR)																	*Timing by Seiko (2022) - world athletics championships race analysis*
date 23-Jul-22	time	12.07		23.74		36.09		49.40	49.40	6 / 5							
reaction time 0.164	interval			11.67		12.35		13.31		# of strides	12.07	11.67	12.35	13.31	23.74	25.66	1.92
	velocity	8.29		8.57		8.10		7.51	8.10	168.5	8.29	8.57	8.10	7.51	8.42	7.79	

Mayorga, Dexter (NCA) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 5 - 2022 World Athletics Championships (Eugene, OR)																	*Timing by Seiko (2022) - world athletics championships race analysis*
date 17-Jul-22	time	12.05		23.29		35.41		48.40	48.40	2 / 7							
reaction time 0.232	interval			11.24		12.12		12.99		# of strides	12.05	11.24	12.12	12.99	23.29	25.11	1.82
	velocity	8.30		8.90		8.25		7.70	8.26	191.7	8.30	8.90	8.25	7.70	8.59	7.96	

McCaskill, William (USA) (1986)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2005 USATF National Junior Championships (Carson, CA)																	*USATF Women's Sprint Development (2005)*
date 25-Jun-05	time	11.82	17.08	22.58	28.43	34.34	40.81	48.14	48.14	3 / 9							
reaction time	interval		5.26	5.50	5.85	5.91	6.47	7.33		# of strides	11.82	10.76	11.76	13.80	22.58	25.56	2.98
	velocity	8.46	9.51	9.09	8.55	8.46	7.73	6.82	8.31		8.46	9.29	8.50	7.25	8.86	7.82	

McCoy, Walter (USA) (1958)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1980 USA Olympic Trials (Eugene, OR)																	*Track Newsletter (1980) - US olympic trials*
date 27-Jun-80	time	12.1		23.0		34.0		46.1	46.06	/ 3							
reaction time	interval			10.90		11.00		12.06		# of strides	12.10	10.90	11.00	12.06	23.00	23.06	0.06
	velocity	8.26		9.17		9.09		8.29	8.68		8.26	9.17	9.09	8.29	8.70	8.67	

McCray, Danny (USA) (1974)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1999 USATF National Championship (Eugene, OR)																	*Track Newsletter (1999) - USATF National Championships*
date 26-Jun-99	time			21.7				45.2	45.23	/ ~~5~~ 4							
reaction time	interval							23.50		# of strides					21.70	23.50	1.80
	velocity			9.22				8.51	8.84						9.22	8.51	

McDonald, Rusheen (JAM) (1992)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 18-Sep-25	time	10.90		20.81		31.65		44.28	44.28	6 / 4							
reaction time 0.201	interval			9.91		10.84		12.63		# of strides	10.90	9.91	10.84	12.63	20.81	23.47	2.66
	velocity	9.17		10.09		9.23		7.92	9.03	185.0	9.17	10.09	9.23	7.92	9.61	8.52	
Semi-Final 2 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 16-Sep-25	time	11.07		21.29		32.25		44.04	44.04	7 / 2							
reaction time 0.207	interval			10.22		10.96		11.79		# of strides	11.07	10.22	10.96	11.79	21.29	22.75	1.46
	velocity	9.03		9.78		9.12		8.48	9.08		9.03	9.78	9.12	8.48	9.39	8.79	
Heat 3 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 14-Sep-25	time	11.16		21.38		32.34		44.38	44.38	4 / 2							
reaction time 0.210	interval			10.22		10.96		12.04		# of strides	11.16	10.22	10.96	12.04	21.38	23.00	1.62
	velocity	8.96		9.78		9.12		8.31	9.01	182.0	8.96	9.78	9.12	8.31	9.35	8.70	
Invitational - 2024 Memorial van damme (Brussels, BEL)																	*Omega Timing (2024) - diamond league race analysis*
date 13-Sep-24	time	6.49	11.57	16.75	22.13	27.79	33.62	39.81	46.71	46.71	3 / 5						
reaction time 0.167	interval		5.08	5.18	5.38	5.66	5.83	6.19	6.90		# of strides	11.57	10.56	11.49	13.09	22.13	24.58	2.45
	velocity	7.70	9.84	9.65	9.29	8.83	8.58	8.08	7.25	8.56		8.64	9.47	8.70	7.64	9.04	8.14	
FINAL - 2024 Bislett Games (Oslo, NOR)																	*Omega Timing (2024) - diamond league race analysis*
date 30-May-24	time	6.33	11.35	16.56	22.09	27.93	34.03	40.39	47.60	47.60	2 / 8						
reaction time 0.178	interval		5.02	5.21	5.53	5.84	6.10	6.36	7.21		# of strides	11.35	10.74	11.94	13.57	22.09	25.51	3.42
	velocity	7.90	9.96	9.60	9.04	8.56	8.20	7.86	6.93	8.40		8.81	9.31	8.38	7.37	9.05	7.84	

FINAL - 2023 Prefontaine Classic (Eugene, OR) *Omega Timing (2023) - diamond league race analysis*

date	16-Sep-23	time	6.28	11.20	16.29	21.63	27.32	33.07	38.78	45.10	45.10	8 / 5						
reaction time	0.196	interval		4.92	5.09	5.34	5.69	5.75	5.71	6.32		# of strides	11.20	10.43	11.44	12.03	21.63	23.47	1.84
		velocity	7.96	10.16	9.82	9.36	8.79	8.70	8.76	7.91	8.87		8.93	9.59	8.74	8.31	9.25	8.52	

FINAL - 2023 Memorial van Damme (Brussels, BEL) *Omega Timing (2023) - diamond league race analysis*

date	08-Sep-23	time	6.17	11.07	16.15	21.49	27.08	32.74	38.56	44.84	44.84	4 / 1						
reaction time	0.177	interval		4.90	5.08	5.34	5.59	5.66	5.82	6.28		# of strides	11.07	10.42	11.25	12.10	21.49	23.35	1.86
		velocity	8.10	10.20	9.84	9.36	8.94	8.83	8.59	7.96	8.92	182.0	9.03	9.60	8.89	8.26	9.31	8.57	

FINAL - 2023 Xiamen Diamond League (Xiamen, CHN) *Omega Timing (2023) - diamond league race analysis*

date	02-Sep-23	time	6.26	11.13	16.21	21.60	27.21	32.99	38.76	44.82	44.82	7 / 3						
reaction time	0.179	interval		4.87	5.08	5.39	5.61	5.78	5.77	6.06		# of strides	11.13	10.47	11.39	11.83	21.60	23.22	1.62
		velocity	7.99	10.27	9.84	9.28	8.91	8.65	8.67	8.25	8.92	179.5	8.98	9.55	8.78	8.45	9.26	8.61	

FINAL - 2023 Meeting International Mohammed VI d'Athlétisme (Rabat, MAR) *Omega Timing (2023) - diamond league race analysis*

date	28-May-23	time	6.28	11.30	16.52	21.96	27.57	33.41	39.29	45.55	45.55	7 / 3						
reaction time	0.203	interval		5.02	5.22	5.44	5.61	5.84	5.88	6.26		# of strides	11.30	10.66	11.45	12.14	21.96	23.59	1.63
		velocity	7.96	9.96	9.58	9.19	8.91	8.56	8.50	7.99	8.78	181.7	8.85	9.38	8.73	8.24	9.11	8.48	

Semi-Final 2 - 2015 IAAF World Championships (Beijing, CHN) *Yamamoto (2015) - race analysis of 15th World Championships 400m- focusing on men's semis and women's prelims*

date	24-Aug-15	time	6.34	11.41	16.53	21.87	27.46	32.99	38.73	44.86	44.86	5 / 6						
reaction time	0.208	interval		5.07	5.12	5.34	5.59	5.53	5.74	6.13		# of strides	11.41	10.46	11.12	11.87	21.87	22.99	1.12
		velocity	7.89	9.86	9.77	9.36	8.94	9.04	8.71	8.16	8.92	182.0	8.76	9.56	8.99	8.42	9.14	8.70	

McFarlane, Danny (JAM) (1972)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2000 Olympic Games (Sydney, AUS)										*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*							
date 25-Sep-00										5 / ~~8~~ 7							
reaction time		interval		11.5		22.0		33.0		45.6	45.55	# of strides	11.50	10.50	11.00	12.60	22.00	23.60	1.60
		velocity		8.70		9.52		9.09		7.94	8.78		8.70	9.52	9.09	7.94	9.09	8.47	

McKay, Antonio (USA) (1964)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1984 Olympic Games (Los Angeles, CA)										*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*							
date 08-Aug-84		time				21.8		32.7		44.8	44.71	1 / 3							
reaction time 0.281		interval						10.90		12.10	**PB**	# of strides			10.90	12.10	21.80	23.00	1.20
		velocity				9.17		9.17		8.26	8.95				9.17	8.26	9.17	8.70	

McKee, Paul (IRL) (1977)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 1 - 2002 European Championships (Munich, GER)										*Graubner (2009) - http://www.fgs.uni-halle.de*							
date 07-Aug-02		time		11.38		22.02		33.25		45.92	45.92	/ 5							
reaction time 0.154		interval				10.64		11.23		12.67		# of strides	11.38	10.64	11.23	12.67	22.02	23.90	1.88
		velocity		8.79		9.40		8.90		7.89	8.71		8.79	9.40	8.90	7.89	9.08	8.37	
Heat 2 - 2002 European Championships (Munich, GER)										*Graubner (2009) - http://www.fgs.uni-halle.de*							
date 06-Aug-02		time		11.38		22.00		33.47		46.03	46.03	/ 2							
reaction time 0.243		interval				10.62		11.47		12.56		# of strides	11.38	10.62	11.47	12.56	22.00	24.03	2.03
		velocity		8.79		9.42		8.72		7.96	8.69		8.79	9.42	8.72	7.96	9.09	8.32	

McKenley, Herb (JAM) (1922)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1952 Olympic Games (Helsinki, FIN)										*Quercentani (2000). Athletics: A history of modern track and field athletics (1860-2000)*							
date 25-Jul-52		time				22.7				45.9	45.9	4 / 2							
reaction time		interval								23.2	**=OR**	# of strides					22.70	23.20	0.50
		velocity				8.81				8.62	8.71	*(46.20)*					8.81	8.62	
FINAL - 1948 Olympic Games (London, GBR)										*Parienté (1978) - la fabuleuse histoire de l'athlétisme*							
date 05-Aug-48		time				21.4				46.4	46.4	2 / 2							
reaction time		interval								25.00		# of strides					21.40	25.00	3.60
		velocity				9.35				8.00	8.62	*(46.53)*					9.35	8.00	
Heat 1 - 1948 AAU Championships (Milwaukee, WI)										*Drake (1967) - der schnellste sprint der geschichte*							
date 02-Jul-48		time				20.9				45.9	45.9	/ 1							
reaction time		interval								25.00	**WR**	# of strides					20.90	25.00	4.10
		velocity				9.57				8.00	8.71	*(46.00)*					9.57	8.00	
FINAL - 1948 Pacific Association Championships (Berkeley, CA) (*yards*)										*Track & Field News (1963)*							
date 06-Jun-48		time				21.1				45.7	45.7	/ 1							
reaction time		interval								24.60	**WR** yards	# of strides					21.10	24.60	3.50
		velocity				9.48				8.13	8.75	*(46.0/440y)*					9.48	8.13	
FINAL - 1947 (Long Beach, NJ) *(440y Straightaway)*										*Parienté (1978) - la fabuleuse histoire de l'athlétisme*							
date 23-Aug-47		time				22.7				45.0	44.7	/ 1							
reaction time		interval								22.30		# of strides					22.70	22.30	-0.40
		velocity				8.81				8.97	8.95	*(45.0/440y)*					8.81	8.97	
FINAL - 1947 PCC vs Big 10 (Berkeley, CA) (*yards*)										*Hymans (2015) - progression of IAAF world records - 2015 edition*							
date 28-Jun-47		time				20.9				46.0	46.0	/ 1							
reaction time		interval								25.1	**WR** yards	# of strides					20.90	25.10	4.20
		velocity				9.57				7.97	8.70	*(46.3/440y)*					9.57	7.97	
FINAL - 1947 NCAA Championships (Salt Lake City, UT) (Altitude)										*Hymans (2015) - progression of IAAF world records - 2015 edition*							
date 21-Jun-47		time				20.7				45.9	45.9	/ 1							
reaction time		interval								25.2		# of strides					20.70	25.20	4.50
		velocity				9.66				7.94	8.71	*(46.2/440y)*					9.66	7.94	

FINAL - 1946 Big 10 Championships (Champaign, IL) *Hymans (2015) - progression of IAAF world records - 2015 edition*

date	01-Jun-46	time		20.8			45.9	45.9	/ 1									
reaction time		interval					25.1		# of strides							20.80	25.10	4.30
		velocity		9.62			7.97	8.71	*(46.2/440y)*							9.62	7.97	

McKiver, Jenoah (USA) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2025 USATF Championships (Eugene, OR)										*USATF and Karmarush (2025) - USATF championships results and race analysis*							
date 02-Aug-25	time	11.33		21.70		32.79		45.16	45.16	4 / 5							
reaction time	interval			10.37		11.09		12.37		# of strides	11.33	10.37	11.09	12.37	21.70	23.46	1.76
	velocity	8.83		9.64		9.02		8.08	8.86	168.0	8.83	9.64	9.02	8.08	9.22	8.53	
Heat 2 - 2025 USATF Championships (Eugene, OR)										*USATF and Karmarush (2025) - USATF championships results and race analysis*							
date 01-Aug-25	time	11.12		20.99		32.20		44.92	44.92	8 / 2							
reaction time	interval			9.87		11.21		12.72		# of strides	11.12	9.87	11.21	12.72	20.99	23.93	2.94
	velocity	8.99		10.13		8.92		7.86	8.90		8.99	10.13	8.92	7.86	9.53	8.36	
Semi-Final 2 - 2024 USA Olympic Trials (Eugene, OR)										*USATF and Karmarush (2024) - USA Olympic trials results and race analysis*							
date 23-Jun-24	time	10.98		21.19		32.35		45.12	45.12	4 / 5							
reaction time	interval			10.21		11.16		12.77		# of strides	10.98	10.21	11.16	12.77	21.19	23.93	2.74
	velocity	9.11		9.79		8.96		7.83	8.87		9.11	9.79	8.96	7.83	9.44	8.36	
Heat 1 - 2024 USA Olympic Trials (Eugene, OR)										*USATF and Karmarush (2024) - USA Olympic trials results and race analysis*							
date 21-Jun-24	time	11.00		21.15		32.45		45.26	45.26	3 / 4							
reaction time	interval			10.15		11.30		12.81		# of strides	11.00	10.15	11.30	12.81	21.15	24.11	2.96
	velocity	9.09		9.85		8.85		7.81	8.84	168.5	9.09	9.85	8.85	7.81	9.46	8.30	

McPherson, Bovel (JAM) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 1 - 2025 World Athletics Championships (Tokyo, JPN)										*Seiko Timing (2025) - 2025 World Championships race analysis*							
date 16-Sep-25	time	10.93		21.05		32.34		44.99	44.99	9 / 6							
reaction time 0.187	interval			10.12		11.29		12.65		# of strides	10.93	10.12	11.29	12.65	21.05	23.94	2.89
	velocity	9.15		9.88		8.86		7.91	8.89		9.15	9.88	8.86	7.91	9.50	8.35	
Heat 2 - 2025 World Athletics Championships (Tokyo, JPN)										*Seiko Timing (2025) - 2025 World Championships race analysis*							
date 14-Sep-25	time	10.86		20.94		32.07		44.51	44.51	9 / 3							
reaction time 0.205	interval			10.08		11.13		12.44	**PB**	# of strides	10.86	10.08	11.13	12.44	20.94	23.57	2.63
	velocity	9.21		9.92		8.98		8.04	8.99	179.5	9.21	9.92	8.98	8.04	9.55	8.49	

McQuay, Tony (USA) (1990)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2017 USATF National Championships (Sacramento, CA)										*Lee (& Ferrara) (2017) - speedendurance.com/2017/07/13/400m-splits-from-usa-national-championships/*							
date 24-Jun-17	time	11.04		21.04		32.04		44.51	44.51	2 / 5							
reaction time	interval			10.00		11.00		12.47		# of strides	11.04	10.00	11.00	12.47	21.04	23.47	2.43
	velocity	9.06		10.00		9.09		8.02	8.99		9.06	10.00	9.09	8.02	9.51	8.52	
FINAL - 2016 USA Olympic Trials (Eugene, OR)										*Track Newsletter (2016) - US olympic trials men*							
date 03-Jul-16	time	11.1		21.6		32.6		45.3	45.30	7 / 5							
reaction time 0.203	interval			10.50		11.00		12.70		# of strides	11.10	10.50	11.00	12.70	21.60	23.70	2.10
	velocity	9.01		9.52		9.09		7.87	8.83		9.01	9.52	9.09	7.87	9.26	8.44	
FINAL - 2013 IAAF World Championships (Moscow, RUS)										(2013) - www.trackandfieldnews.com/index.php?option=com_content&view=article&id=1698							
date 13-Aug-13	time	11.1		21.7		32.7		44.4	44.40	4 / 2							
reaction time 0.155	interval			10.60		11.00		11.70	**PB**	# of strides	11.10		11.00	11.70	21.70	22.70	1.00
	velocity	9.01		9.43		9.09		8.55	9.01		9.01		9.09	8.55	9.22	8.81	
FINAL - 2013 USATF National Championships (Des Moines, IA)										*Track Newsletter (2013) - USATF men's championships*							
date 22-Jun-13	time					32.6		44.7	44.74	/ 2							
reaction time 0.190	interval							12.10		# of strides				12.10			
	velocity					9.20		8.26	8.94					8.26			
FINAL - 2012 USA Olympic Trials (Eugene, OR)										*Hymans (2020) - history of the US olympic trials - track and field*							
date 24-Jun-12	time			21.6		32.4		44.49	44.49	5 / 2							
reaction time 0.206	interval					10.80		12.09		# of strides			10.80	12.09	21.60	22.89	1.29
	velocity			9.26		9.26		8.27	8.99				9.26	8.27	9.26	8.74	
FINAL - 2011 USATF National Championships (Eugene, OR)										*Track Newsletter (2011) - USATF men's championships*							
date 25-Jun-11	time	11.0		21.9		32.9		44.7	44.68	/ 1							
reaction time 0.213	interval			10.90		11.00		11.80	**PB**	# of strides	11.00	10.90	11.00	11.80	21.90	22.80	0.90
	velocity	9.09		9.17		9.09		8.47	8.95		9.09	9.17	9.09	8.47	9.13	8.77	

McRae, Khaleb (USA) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 3 - 2025 World Athletics Championships (Tokyo, JPN)										*Seiko Timing (2025) - 2025 World Championships race analysis*							
date 16-Sep-25	time	10.99		21.34		32.44		44.82	44.82	6 / 4							
reaction time 0.184	interval			10.35		11.10		12.38		# of strides	10.99	10.35	11.10	12.38	21.34	23.48	2.14
	velocity	9.10		9.66		9.01		8.08	8.92	175.0	9.10	9.66	9.01	8.08	9.37	8.52	
Heat 6 - 2025 World Athletics Championships (Tokyo, JPN)										*Seiko Timing (2025) - 2025 World Championships race analysis*							
date 14-Sep-25	time	11.21		21.58		32.49		44.25	44.25	8 / 1							
reaction time 0.190	interval			10.37		10.91		11.76		# of strides	11.21	10.37	10.91	11.76	21.58	22.67	1.09
	velocity	8.92		9.64		9.17		8.50	9.04		8.92	9.64	9.17	8.50	9.27	8.82	
FINAL - 2025 USATF Championships (Eugene, OR)										*USATF and Karmarush (2025) - USATF championships results and race analysis*							
date 02-Aug-25	time	11.18		21.67		32.78		44.45	44.45	2 / 3							
reaction time	interval			10.49		11.11		11.67		# of strides	11.18	10.49	11.11	11.67	21.67	22.78	1.11
	velocity	8.94		9.53		9.00		8.57	9.00	174.0	8.94	9.53	9.00	8.57	9.23	8.78	
Heat 1 - 2025 USATF Championships (Eugene, OR)										*USATF and Karmarush (2025) - USATF championships results and race analysis*							
date 01-Aug-25	time	10.87		20.95		31.92		44.47	44.47	3 / 3							

reaction time		interval			10.08		10.97		12.55		# of strides	10.87	10.08	10.97	12.55	20.95	23.52	2.57
		velocity	9.20		9.92		9.12		7.97	8.99		9.20	9.92	9.12	7.97	9.55	8.50	

FINAL - 2025 Prefontaine Classic (Eugene, OR) *Omega Timing (2025) - diamond league race analysis*

date	05-Jul-25	time	6.39	10.84	15.84	21.00	26.45	32.06	37.95	44.45	44.45	5 / 4						
reaction time	0.149	interval		4.45	5.00	5.16	5.45	5.61	5.89	6.50		# of strides	10.84	10.16	11.06	12.39	21.00	23.45	2.45
		velocity	7.82	11.24	10.00	9.69	9.17	8.91	8.49	7.69	9.00	175.5	9.23	9.84	9.04	8.07	9.52	8.53	

Long Sprints - 2025 Grand Slam Track Philadelphia (Philadelphia, PA) *Grand Slam Track (2025) - results and splits by race*

date	31-May-25	time		14.41		24.76		36.06		45.04	45.04	2 / 2						
reaction time	0.220	interval				10.35		11.30		8.98		# of strides	14.41	10.35	11.30	8.98	24.76	20.28	-4.48
		velocity		6.94		9.66		8.85		11.14	8.88		6.94	9.66	8.85	11.14	8.08	9.86	

FINAL - 2024 USA Olympic Trials (Eugene, OR) *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	24-Jun-24	time		10.96		21.33		32.60		45.06	45.06	4 / 7						
reaction time		interval				10.37		11.27		12.46		# of strides	10.96	10.37	11.27	12.46	21.33	23.73	2.40
		velocity		9.12		9.64		8.87		8.03	8.88	178.0	9.12	9.64	8.87	8.03	9.38	8.43	

Semi-Final 3 - 2024 USA Olympic Trials (Eugene, OR) *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	23-Jun-24	time		11.13		21.73		33.20		45.59	45.59	7 / 2						
reaction time		interval				10.60		11.47		12.39		# of strides	11.13	10.60	11.47	12.39	21.73	23.86	2.13
		velocity		8.98		9.43		8.72		8.07	8.77	178.0	8.98	9.43	8.72	8.07	9.20	8.38	

FINAL - 2023 USATF National Championships (Eugene, OR) *Track Newsletter (2023) - USATF championships/WCT men*

date	08-Jul-23	time		11.32		21.93		33.30		45.50	45.50	1 / 8						
reaction time	0.232	interval				10.61		11.37		12.20		# of strides	11.32	10.61	11.37	12.20	21.93	23.57	1.64
		velocity		8.83		9.43		8.80		8.20	8.79		8.83	9.43	8.80	8.20	9.12	8.49	

Meisolle, Alexander (GER) (1988)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B FINAL - 2009 ISTAF (Berlin, GER)																	*Graubner (2009) - http://www.fgs.uni-halle.de*
date 14-Jun-09	time		11.48		22.75		34.83		47.60	47.60	/ 6							
reaction time 0.227	interval				11.27		12.08		12.77		# of strides	11.48	11.27	12.08	12.77	22.75	24.85	2.10
	velocity		8.71		8.87		8.28		7.83	8.40		8.71	8.87	8.28	7.83	8.79	8.05	

Meldrum, Alan (JPN) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2018 Japanese National High School Championships (Nagoya, JPN)																	*Kota (2018) - 71st high school championships: JAF scientific committee - biomechanics data collection*
date 02-Aug-18	time	6.55	12.00	17.32	22.72	28.50	34.58	40.99	47.86	47.86	2 / 6							
reaction time	interval		5.45	5.32	5.40	5.78	6.08	6.41	6.87		# of strides	12.00	10.72	11.86	13.28	22.72	25.14	2.42
	velocity	7.63	9.17	9.40	9.26	8.65	8.22	7.80	7.28	8.36		8.33	9.33	8.43	7.53	8.80	7.96	

U19 FINAL - 2017 National Sports Festival (Matsuyama, JPN) *(2017) - tfdata-store.com/2017/10/12/post-1100/*

date	09-Oct-17	time		11.97		23.04		34.87		47.46	47.46	8 / 4						
reaction time	0.203	interval				11.07		11.83		12.59		# of strides	11.97	11.07	11.83	12.59	23.04	24.42	1.38
		velocity		8.35		9.03		8.45		7.94	8.43	182.0	8.35	9.03	8.45	7.94	8.68	8.19	

U19 Semi-Final 1 - 2017 National Sports Festival (Matsuyama, JPN) *(2017) - tfdata-store.com/2017/10/12/post-1100/*

date	08-Oct-17	time		11.76		22.66		34.55		47.27	47.27	4 / 3						
reaction time	0.178	interval				10.90		11.89		12.72		# of strides	11.76	10.90	11.89	12.72	22.66	24.61	1.95
		velocity		8.50		9.17		8.41		7.86	8.46	182.0	8.50	9.17	8.41	7.86	8.83	8.13	

FINAL - 2017 Japanese National High School Championships (Yamagata, JPN) *Kota (2017) - 70th high school championships: JAF scientific committee- biomechanics data*

date	29-Jul-17	time	6.67	11.97	17.40	23.03	28.88	34.98	41.31	47.86	47.86	2 / 2						
reaction time	0.193	interval		5.30	5.43	5.63	5.85	6.10	6.33	6.55		# of strides	11.97	11.06	11.95	12.88	23.03	24.83	1.80
		velocity	7.50	9.43	9.21	8.88	8.55	8.20	7.90	7.63	8.36		8.35	9.04	8.37	7.76	8.68	8.05	

Meli, Riccardo (ITA) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 2 - 2024 European Athletics Championships (Roma, ITA)																	*European Athletics (2024) - 2024 european athletics championships - results book*
date 08-Jun-24	time		11.44		22.00		33.52		46.17	46.17	7 / 4							
reaction time 0.189	interval				10.56		11.52		12.65		# of strides	11.44	10.56	11.52	12.65	22.00	24.17	2.17
	velocity		8.74		9.47		8.68		7.91	8.66		8.74	9.47	8.68	7.91	9.09	8.27	

Semi-Final 2 - 2023 European Athletics U23 Championships (Espoo, FIN) *European Athletics (2023) - european athletics U23 championships results book*

date	13-Jul-23	time		11.71		22.83		34.74		46.68	46.68	4 / 6						
reaction time	0.212	interval				11.12		11.91		11.94		# of strides	11.71	11.12	11.91	11.94	22.83	23.85	1.02
		velocity		8.54		8.99		8.40		8.38	8.57		8.54	8.99	8.40	8.38	8.76	8.39	

Meng Xinpeng (CHN) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 Chinese World Championship & Asian Games Trials (Shenyang, CHN)																	*Shandong Athletics Sport Science (2023)*
date 28-Jun-23	time		11.64		22.37		34.23	40.68	48.19	48.19	1 / 8							
reaction time 0.215	interval				10.73		11.86	6.45	7.51		# of strides	11.64	10.73	11.86	13.96	22.37	25.82	3.45
	velocity		8.59		9.32		8.43	7.75	6.66	8.30	190.0	8.59	9.32	8.43	7.16	8.94	7.75	

Merheb, Noah Digernes (NOR) (2007)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2025 Bislett Games (Oslo, NOR)																	*Omega Timing (2025) - diamond league race analysis*
date 12-Jun-25	time	6.71	12.31	18.12	24.13	30.25	36.65	43.07	49.67	49.67	1 / 6							
reaction time 0.192	interval		5.60	5.81	6.01	6.12	6.40	6.42	6.60		# of strides	12.31	11.82	12.52	13.02	24.13	25.54	1.41
	velocity	7.45	8.93	8.61	8.32	8.17	7.81	7.79	7.58	8.05		8.12	8.46	7.99	7.68	8.29	7.83	

Merhe Mortada, Mohamad (LBN) (199

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat B - West Asian Championships - 2024 Seashore Doha Meeting (Doha, QAT)																	*Omega Timing (2024) - diamond league race analysis*
date 10-May-24	time	6.31	11.67	17.29	23.13	29.13	35.29	41.57	48.04	48.04	3 / 1							
reaction time 0.152	interval		5.36	5.62	5.84	6.00	6.16	6.28	6.47		# of strides	11.67	11.46	12.16	12.75	23.13	24.91	1.78
	velocity	7.92	9.33	8.90	8.56	8.33	8.12	7.96	7.73	8.33		8.57	8.73	8.22	7.84	8.65	8.03	

Merritt, LaShawn (USA) (1986)

50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Semi-Final 2 - 2017 IAAF World Championships (London, GBR) — *Pollitt (2018) - biomechanical report for the IAAF World Champs - London 2017 - Men's 400m*

date	06-Aug-17	time		10.85		21.03		32.18	38.35	45.32	45.52	7 / 7						
reaction time	0.195	interval				10.18		11.15	6.17	6.97		# of strides	10.85	10.18	11.15	13.14	21.03	24.29	3.26
		velocity		9.22		9.82		8.97	8.10	7.17	8.79	177.5	9.22	9.82	8.97	7.61	9.51	8.23	

FINAL - 2016 Olympic Games (Rio de Janeiro, BRA) — *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	14-Aug-16	time	6.11	10.82	15.57	20.47	25.69	31.23	37.18	43.85	43.85	5 / 3						
reaction time	0.204	interval		4.71	4.75	4.90	5.22	5.54	5.95	6.67		# of strides	10.82	9.65	10.76	12.62	20.47	23.38	2.91
		velocity	8.18	10.62	10.53	10.20	9.58	9.03	8.40	7.50	9.12	171.9	9.24	10.36	9.29	7.92	9.77	8.55	

Semi-Final 1 - 2016 Olympic Games (Rio de Janeiro, BRA) — *(2016.08.15) - https://twitter.com/touchdown_time/media?lang=en&lang=en&lang=en&lang=en*

date	13-Aug-16	time		11.18		21.42		32.28		44.21	44.21	6 / 2						
reaction time	0.271	interval				10.24		10.86		11.93		# of strides	11.18	10.24	10.86	11.93	21.42	22.79	1.37
		velocity		8.94		9.77		9.21		8.38	9.05	171.7	8.94	9.77	9.21	8.38	9.34	8.78	

FINAL - 2016 USA Olympic Trials (Eugene, OR) — *Track Newsletter (2016) - US olympic trials men*

date	03-Jul-16	time		10.9		21.2		32.1		44.0	43.97	5 / 1						
reaction time	0.210	interval				10.30		10.90		11.90		# of strides	10.90	10.30	10.90	11.90	21.20	22.80	1.60
		velocity		9.17		9.71		9.17		8.40	9.10		9.17	9.71	9.17	8.40	9.43	8.77	

FINAL - 2015 IAAF World Championships (Beijing, CHN) — *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	26-Aug-15	time	6.06	10.73	15.68	20.87	26.21	31.65	37.40	43.65	43.65	8 / 2						
reaction time	0.195	interval		4.67	4.95	5.19	5.34	5.44	5.75	6.25	PB	# of strides	10.73	10.14	10.78	12.00	20.87	22.78	1.91
		velocity	8.25	10.71	10.10	9.63	9.36	9.19	8.70	8.00	9.16	170.7	9.32	9.86	9.28	8.33	9.58	8.78	

Semi-Final 3 - 2015 IAAF World Championships (Beijing, CHN) — *Yamamoto (2015) - race analysis of 15th World Championships 400m- focusing on men's semis and women's prelims*

date	24-Aug-15	time	6.17	11.02	16.05	21.37	26.92	32.44	38.22	44.34	44.34	6 / 2						
reaction time	0.187	interval		4.85	5.03	5.32	5.55	5.52	5.78	6.12		# of strides	11.02	10.35	11.07	11.90	21.37	22.97	1.60
		velocity	8.10	10.31	9.94	9.40	9.01	9.06	8.65	8.17	9.02	171.0	9.07	9.66	9.03	8.40	9.36	8.71	

FINAL - 2015 USATF National Championships (Eugene, OR) — *Track Newsletter (2015) - USATF men's championships*

date	27-Jun-15	time				21.4		32.7		44.7	44.66	/ 2						
reaction time		interval						11.3		12.0		# of strides			11.30	12.00	21.40	23.30	1.90
		velocity				9.35		8.85		8.33	8.96				8.85	8.33	9.35	8.58	

FINAL - 2013 IAAF World Championships (Moscow, RUS) — (2013) - www.trackandfieldnews.com/index.php?option=com_content&view=article&id=1698

date	13-Aug-13	time		11.1		21.2		31.8		43.7	43.74	6 / 1						
reaction time	0.256	interval				10.10		10.60		11.90	PB	# of strides	11.10	10.10	10.60	11.90	21.20	22.50	1.30
		velocity		9.01		9.90		9.43		8.40	9.14		9.01	9.90	9.43	8.40	9.43	8.89	

FINAL - 2013 USATF National Championships (Des Moines, IA) — *Track Newsletter (2013) - USATF men's championships*

date	22-Jun-13	time						32.3		44.2	44.21	/ 1						
reaction time	0.278	interval								11.90		# of strides				11.90		
		velocity						9.29		8.40	9.05					8.40		

FINAL - 2012 USA Olympic Trials (Eugene, OR) — *Hymans (2020) - history of the US olympic trials - track and field*

date	24-Jun-12	time				21.8		32.4		44.12	44.12	6 / 1						
reaction time	0.264	interval						10.60		11.72		# of strides			10.60	11.72	21.80	22.32	0.52
		velocity				9.17		9.43		8.53	9.07				9.43	8.53	9.17	8.96	

FINAL - 2011 IAAF World Championships (Daegu, KOR) — *Butler (2013) - IAAF world athletic results 2008-2011 full results*

date	30-Aug-11	time				21.5		32.5		44.63	44.63	4 / 2						
reaction time	0.263	interval						11.00		12.13		# of strides			11.00	12.13	21.50	23.13	1.63
		velocity				9.30		9.09		8.24	8.96	172.7			9.09	8.24	9.30	8.65	

FINAL - 2009 IAAF World Championships (Berlin, GER) — Graubner (2011) - biomechanical analysis of the sprint and hurdle events at the 2009 IAAF world championships in athletics

date	21-Aug-09	time	6.08	11.14	16.25	21.49	26.89	32.30	37.98	44.06	44.06	4 / 1						
reaction time	0.161	interval		5.06	5.11	5.24	5.40	5.41	5.68	6.08		# of strides	11.14	10.35	10.81	11.76	21.49	22.57	1.08
		velocity	8.22	9.88	9.78	9.54	9.26	9.24	8.80	8.22	9.08	171.7	8.98	9.66	9.25	8.50	9.31	8.86	

Semi-Final 2 - 2009 IAAF World Championships (Berlin, GER) — *Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*

date	19-Aug-09	time		10.94		21.51		32.50		44.37	44.37	3 / 1						
reaction time	0.163	interval				10.57		10.99		11.87		# of strides	10.94	10.57	10.99	11.87	21.51	22.86	1.35
		velocity		9.14		9.46		9.10		8.42	9.02	170.7	9.14	9.46	9.10	8.42	9.30	8.75	

Heat 4 - 2009 IAAF World Championships (Berlin, GER) — *Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*

date	18-Aug-09	time		11.03		21.66		32.71		45.23	45.23	4 / 1						
reaction time	0.151	interval				10.63		11.05		12.52		# of strides	11.03	10.63	11.05	12.52	21.66	23.57	1.91
		velocity		9.07		9.41		9.05		7.99	8.84		9.07	9.41	9.05	7.99	9.23	8.49	

FINAL - 2009 USATF National Championships (Eugene, OR) — *Track Newsletter (2009) - USATF men's championships*

date	24-Jun-09	time		11.1		21.7		32.8		44.5	44.50	/ 1						
reaction time		interval				10.60		11.10		11.70		# of strides	11.10	10.60	11.10	11.70	21.70	22.80	1.10
		velocity		9.01		9.43		9.01		8.55	8.99		9.01	9.43	9.01	8.55	9.22	8.77	

FINAL - 2009 Prefontaine Classic (Eugene, OR) (300m) — *Track Newsletter (2009) - prefontaine classic*

date	07-Jun-09	time				20.5		31.3			31.30	/ 1						
reaction time		interval						10.80			PB	# of strides			10.80			
		velocity				9.76		9.26			9.58				9.26			

FINAL - 2008 IAAF World Athletic Final (Stuttgart, GER) — *Graubner (2009) - http://www.fgs.uni-halle.de*

date	13-Sep-08	time		11.21		21.55		32.56		44.50	44.50	5 / 1						
reaction time	0.144	interval				10.34		11.01		11.94		# of strides	11.21	10.34	11.01	11.94	21.55	22.95	1.40
		velocity		8.92		9.67		9.08		8.38	8.99		8.92	9.67	9.08	8.38	9.28	8.71	

FINAL - 2008 Olympic Games (Beijing, CHN) *Vazel (2011) - speed reserve in the 400m*

date	21-Aug-08	time	10.99		21.02		31.78		43.75	43.75	4 / 1							
reaction time	0.318	interval			10.03		10.76		11.97	PB	# of strides	10.99	10.03	10.76	11.97	21.02	22.73	1.71
		velocity	9.10		9.97		9.29		8.35	9.14	170.0	9.10	9.97	9.29	8.35	9.51	8.80	

FiNAL - 2008 USA Olympic Trials (Eugene, OR) *USATF Women's Sprint Development with HPC (2008)*

date	03-Jul-08	time	10.98	15.58	21.45	26.75	32.32	37.95	44.00	44.00	6 / 1							
reaction time		interval		4.60	5.87	5.30	5.57	5.63	6.05		# of strides	10.98	10.47	10.87	11.68	21.45	22.55	1.10
		velocity	9.11	10.87	8.52	9.43	8.98	8.88	8.26	9.09		9.11	9.55	9.20	8.56	9.32	8.87	

Semi-Final 2 - 2008 USA Olympic Trials (Eugene, OR) *USATF Women's Sprint Development with HPC (2008)*

date	30-Jun-08	time	10.97	16.06	21.56	26.98	32.84	38.55	44.76	44.76	5 / 2							
reaction time		interval		5.09	5.50	5.42	5.86	5.71	6.21		# of strides	10.97	10.59	11.28	11.92	21.56	23.20	1.64
		velocity	9.12	9.82	9.09	9.23	8.53	8.76	8.05	8.94		9.12	9.44	8.87	8.39	9.28	8.62	

FINAL - 2007 IAAF World Athletic Final (Stuttgart, GER) *Graubner (2007) - http://www.fgs.uni-halle.de*

date	22-Sep-07	time	10.92		21.24		38.35		44.58	44.58	5 / 1							
reaction time	0.169	interval			10.32		17.11		6.23		# of strides	10.92	10.32	17.11	6.23	21.24	23.34	2.10
		velocity	9.16		9.69		5.84		16.05	8.97		9.16	9.69	5.84	16.05	9.42	8.57	

FINAL - 2007 IAAF World Championships (Osaka, JPN) *Mochida (2008) - biomechancial analysis of the 400m final race at ehe 2007 world championships in athletics*

date	31-Aug-07	time	6.01	10.76	15.63	20.90	26.31	31.72	37.45	43.96	43.96	5 / 2							
reaction time	0.180	interval		4.75	4.87	5.27	5.41	5.41	5.73	6.51	PB	# of strides	10.76	10.14	10.82	12.24	20.90	23.06	2.16
		velocity	8.32	10.53	10.27	9.49	9.24	9.24	8.73	7.68	9.10	168.0	9.29	9.86	9.24	8.17	9.57	8.67	

FINAL - 2007 USATF National Championships (Indianapolis, IN) *Track Newsletter (2007) - USATF men's championships*

date	23-Jun-07	time			20.7		31.8		44.1	44.06	4 / 2							
reaction time		interval					11.10		12.30	PB	# of strides			11.10	12.30	20.70	23.40	2.70
		velocity			9.66		9.01		8.13	9.08	169.7			9.01	8.13	9.66	8.55	

FINAL - 2006 IAAF World Athletics Final (Stuttgart, GER) *(TV Analysis)* *Graubner (2009) - http://www.fgs.uni-halle.de*

date	09-Sep-06	time		11.00		21.25		32.26		44.14	44.14	6 / 3						
reaction time	0.188	interval				10.25		11.01		11.88	PB	# of strides	11.00	10.25	11.01	11.88	21.25	22.89	1.64
		velocity		9.09		9.76		9.08		8.42	9.06		9.09	9.76	9.08	8.42	9.41	8.74	

FINAL - 2006 USATF National Championships (Indianapolis, IN) *Track Newsletter (2006) - USATF men's championships*

date	24-Jun-06	time		10.91		21.24		32.38		44.50	44.50	3 / 2						
reaction time		interval				10.33		11.14		12.12	PB	# of strides	10.91	10.33	11.14	12.12	21.24	23.26	2.02
		velocity		9.17		9.68		8.98		8.25	8.99	171.2	9.17	9.68	8.98	8.25	9.42	8.60	

FINAL - 2005 USATF National Championships (Carson, CA) *USATF Women's Sprint Development (2005)*

date	25-Jun-05	time		11.34	16.30	21.47	26.86	32.48	38.33	44.73	44.73	6 / 4						
reaction time		interval			4.96	5.17	5.39	5.62	5.85	6.40		# of strides	11.34	10.13	11.01	12.25	21.47	23.26	1.79
		velocity		8.82	10.08	9.67	9.28	8.90	8.55	7.81	8.94	177.0	8.82	9.87	9.08	8.16	9.32	8.60	

Merzah, Noureddine Adel (IRQ) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
West Asian GP - 2025 Jetour Doha Meeting (Doha, QAT)																	*Omega Timing (2025) - diamond league race analysis*
date 16-May-25 time	6.34	11.61	16.98	22.50	28.12	33.91	39.83	46.25	46.25	4 / 1							
reaction time 0.176 interval		5.27	5.37	5.52	5.62	5.79	5.92	6.42	PB	# of strides	11.61	10.89	11.41	12.34	22.50	23.75	1.25
velocity	7.89	9.49	9.31	9.06	8.90	8.64	8.45	7.79	8.65		8.61	9.18	8.76	8.10	8.89	8.42	

Metzger, Kevin (GBR) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B FINAL - 2022 Müller Birmingham Diamond League (Birmingham, GBR)																	*Omega Timing (2022) - diamond league race analysis*
date 21-May-22 time	6.3	11.4	16.7	22.2	28.0	34.1	40.1	46.55	46.55	4 / 2							
reaction time 0.157 interval		5.10	5.30	5.50	5.80	6.10	6.00	6.45		# of strides	11.40	10.80	11.90	12.45	22.20	24.35	2.15
velocity	7.94	9.80	9.43	9.09	8.62	8.20	8.33	7.75	8.59	180.5	8.77	9.26	8.40	8.03	9.01	8.21	

Mfomkpa, Alain-Hervé (SUI) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B Race - 2021 Athletissima (Lausanne, SUI)																	*Omega Timing (2021) - diamond league race analysis*
date 26-Aug-21 time	6.5	12.0	17.6	23.5	29.5	35.7	42.2	49.27	49.27	6 / 4							
reaction time 0.149 interval		5.50	5.60	5.90	6.00	6.20	6.50	7.07		# of strides	12.00	11.50	12.20	13.57	23.50	25.77	2.27
velocity	7.69	9.09	8.93	8.47	8.33	8.06	7.69	7.07	8.12		8.33	8.70	8.20	7.37	8.51	7.76	

Mhamdi, Rachid (MAR) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2023 Meeting International Mohammed VI d'Athlétisme (Rabat, MAR)																	*Omega Timing (2023) - diamond league race analysis*
date 28-May-23 time	6.40	11.57	16.95	22.55	28.17	33.98	40.12	47.35	47.35	4 / 1							
reaction time 0.190 interval		5.17	5.38	5.60	5.62	5.81	6.14	7.23		# of strides	11.57	10.98	11.43	13.37	22.55	24.80	2.25
velocity	7.81	9.67	9.29	8.93	8.90	8.61	8.14	6.92	8.45		8.64	9.11	8.75	7.48	8.87	8.06	
National FINAL - 2022 Meeting International Mohammed VI d'Athlétime (Rabat, MAR)																	*Omega Timing (2022) - diamond league race analysis*
date 05-Jun-22 time	6.57	12.01	17.68	22.41	29.25	35.05	40.93	47.23	47.23	3 / 3							
reaction time 0.179 interval		5.44	5.67	4.73	6.84	5.80	5.88	6.30	PB	# of strides	12.01	10.40	12.64	12.18	22.41	24.82	2.41
velocity	7.61	9.19	8.82	10.57	7.31	8.62	8.50	7.94	8.47		8.33	9.62	7.91	8.21	8.92	8.06	

Middleton, Reece (GBR) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2025 London Athletics Meet (London, GBR)																	*Omega Timing (2025) - diamond league race analysis*
date 19-Jul-25 time	6.53	11.82	17.25	22.83	28.68	34.83	41.27	48.34	48.34	1 / 8							
reaction time 0.190 interval		5.29	5.43	5.58	5.85	6.15	6.44	7.07		# of strides	11.82	11.01	12.00	13.51	22.83	25.51	2.68
velocity	7.66	9.45	9.21	8.96	8.55	8.13	7.76	7.07	8.27		8.46	9.08	8.33	7.40	8.76	7.84	

Mihara, Taiki (JPN) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2017 Nanbu Memorial Meeting (Sapporo, JPN)																	*(2017) - tfdata-store.com/2017/07/11/post-1010/*
date 09-Jul-17 time		11.98		23.26		34.98		46.93	46.93	3 / 3							
reaction time interval				11.28		11.72		11.95		# of strides	11.98	11.28	11.72	11.95	23.26	23.67	0.41
velocity		8.35		8.87		8.53		8.37	8.52	183.7	8.35	8.87	8.53	8.37	8.60	8.45	

FINAL - 2017 Japanese National Championships (Osaka, JPN) *(2017) - tfdata-store.com/2017/07/08/post-965/*

date	24-Jun-17	time	11.52	22.19	33.69	46.86	46.86	8 / 6							
reaction time	0.219	interval		10.67	11.50	13.17		# of strides	11.52	10.67	11.50	13.17	22.19	24.67	2.48
		velocity	8.68	9.37	8.70	7.59	8.54	180.5	8.68	9.37	8.70	7.59	9.01	8.11	

Heat 3 - 2017 Japanese National Championships (Osaka, JPN) *(2017) - tfdata-store.com/2017/07/08/post-965/*

date	23-Jun-17	time	11.59	21.83	33.04	45.88	45.88	5 / 2							
reaction time	0.212	interval		10.24	11.21	12.84	PB	# of strides	11.59	10.24	11.21	12.84	21.83	24.05	2.22
		velocity	8.63	9.77	8.92	7.79	8.72	183.0	8.63	9.77	8.92	7.79	9.16	8.32	

Miki, Kondo (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2016 China Perfecture High School Championships (Okayama, JPN) *(2016.06.20) - https://twitter.com/touchdown_time/media?lang=en&lang=en&lang=en&lang=en*

date	17-Jun-16	time	12.35	23.60	35.51	48.64	48.64	6 / 6							
reaction time		interval		11.25	11.91	13.13		# of strides	12.35	11.25	11.91	13.13	23.60	25.04	1.44
		velocity	8.10	8.89	8.40	7.62	8.22		8.10	8.89	8.40	7.62	8.47	7.99	

Milazar, Eric (MRI) (1975)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2003 IAAF World Championships (Paris, FRA) *Bonvin (2003) - Compte-rendu 400m et relais 4x 400m*

date	26-Aug-03	time		21.3	32.3	45.17	45.17	1 / ~~7~~ 5							
reaction time	0.168	interval			11.00	12.87		# of strides			11.00	12.87	21.30	23.87	2.57
		velocity		9.39	9.09	7.77	8.86				9.09	7.77	9.39	8.38	

Milburn, Joel (AUS) (1986)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Heat 3 - 2009 IAAF World Championships (Berlin, GER) *Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*

date	18-Aug-09	time	11.31	21.74	33.06	45.56	45.56	8 / 3							
reaction time	0.162	interval		10.43	11.32	12.50		# of strides	11.31	10.43	11.32	12.50	21.74	23.82	2.08
		velocity	8.84	9.59	8.83	8.00	8.78		8.84	9.59	8.83	8.00	9.20	8.40	

Miller, Evan (USA) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Semi-Final 3 - 2024 USA Olympic Trials (Eugene, OR) *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	23-Jun-24	time	11.00	21.86	34.10	46.95	46.95	8 / 8							
reaction time		interval		10.86	12.24	12.85		# of strides	11.00	10.86	12.24	12.85	21.86	25.09	3.23
		velocity	9.09	9.21	8.17	7.78	8.52		9.09	9.21	8.17	7.78	9.15	7.97	

Heat 5 - 2024 USA Olympic Trials (Eugene, OR) *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	21-Jun-24	time	11.07	21.74	33.27	45.70	45.70	8 / 2							
reaction time		interval		10.67	11.53	12.43		# of strides	11.07	10.67	11.53	12.43	21.74	23.96	2.22
		velocity	9.03	9.37	8.67	8.05	8.75	176.0	9.03	9.37	8.67	8.05	9.20	8.35	

Miller, Ramon (BAH) (1987)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Semi-Final 1 - 2009 IAAF World Championships (Berlin, GER) *Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*

date	19-Aug-09	time	11.26	21.99	32.80	44.99	44.99	5 / 5							
reaction time	0.157	interval		10.73	10.81	12.19	PB	# of strides	11.26	10.73	10.81	12.19	21.99	23.00	1.01
		velocity	8.88	9.32	9.25	8.20	8.89	172.0	8.88	9.32	9.25	8.20	9.10	8.70	

Heat 5 - 2009 IAAF World Championships (Berlin, GER) *Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*

date	18-Aug-09	time	11.16	21.70	32.74	45.00	45.00	4 / 1							
reaction time	0.143	interval		10.54	11.04	12.26	PB	# of strides	11.16	10.54	11.04	12.26	21.70	23.30	1.60
		velocity	8.96	9.49	9.06	8.16	8.89		8.96	9.49	9.06	8.16	9.22	8.58	

Miller, Tony (USA) (1971)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Semi-Final 2 - 1996 USA Olympic Trials (Atlanta, GA) *USATF Women's Sprint Development (1996)*

date	17-Jun-96	time	11.72	22.29	34.01	40.04	46.84	46.84	7 / 8							
reaction time		interval		10.57	11.72	6.03	6.80		# of strides	11.72	10.57	11.72	12.83	22.29	24.55	2.26
		velocity	8.53	9.46	8.53	8.29	7.35	8.54		8.53	9.46	8.53	7.79	8.97	8.15	

Millholen, James (USA) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Heat 3 - 2025 USATF Championships (Eugene, OR) *USATF and Karmarush (2025) - USATF championships results and race analysis*

date	01-Aug-25	time	11.47	22.15	34.04	47.71	47.71	1 / 8							
reaction time		interval		10.68	11.89	13.67		# of strides	11.47	10.68	11.89	13.67	22.15	25.56	3.41
		velocity	8.72	9.36	8.41	7.32	8.38		8.72	9.36	8.41	7.32	9.03	7.82	

Mills, Curtis (USA) (1948)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 1970 AAU Championships (Bakersfield, CA) (yards) *Drake (1970) - AAU championships, topsy-turvy competition*

date	27-Jun-70	time		21.7		45.8	45.8	6 / 4							
reaction time		interval				24.1	*(46.1/440y)*	# of strides					21.70	24.10	2.40
		velocity		9.22		8.30	8.73						9.22	8.30	

FINAL - 1969 NCAA Championships (Knoxville, TN) (*yards*) *Hymans (2015) - progression of IAAF world records - 2015 edition*

date	21-Jun-69	time		21.6		44.4	44.4	/ 1							
reaction time		interval				22.8	WRy (44.93)	# of strides					21.60	22.80	1.20
		velocity		9.26		8.77	9.01	*(44.7/440y)*					9.26	8.77	

Mills, Derek (USA) (1972)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 1996 USA Olympic Trials (Atlanta, GA) *USATF Women's Sprint Development (1996)*

date	19-Jun-96	time	11.12	21.32	32.16	38.12	44.67	44.67	7 / ~~6~~ 5							
reaction time		interval		10.20	10.84	5.96	6.55		# of strides	11.12	10.20	10.84	12.51	21.32	23.35	2.03
		velocity	8.99	9.80	9.23	8.39	7.63	8.95		8.99	9.80	9.23	7.99	9.38	8.57	

Semi-Final 2 - 1996 USA Olympic Trials (Atlanta, GA) *USATF Women's Sprint Development (1996)*

date	17-Jun-96	time	10.92	21.66	32.58	38.36	44.65	44.65	1 / 3							
reaction time		interval		10.74	10.92	5.78	6.29		# of strides	10.92	10.74	10.92	12.07	21.66	22.99	1.33
		velocity	9.16	9.31	9.16	8.65	7.95	8.96		9.16	9.31	9.16	8.29	9.23	8.70	

FINAL - 1996 Atlanta Grand Prix (Atlanta, GA) *Track Newsletter (1996) - atlanta GP- hot debut for Olympic track*

date	18-May-96	time		22.0		32.7		44.8	44.75	5 / 2					
reaction time		interval				10.70		12.10		# of strides			10.70	12.10	22.00	22.80	0.80
		velocity		9.09		9.35		8.26	8.94	183.0			9.35	8.26	9.09	8.77	

FINAL - 1995 USATF National Championships (Sacramento, CA) *Track Newsletter (1995) - USATF National Championships*

date	16-Jun-95	time	11.2		21.5		32.4		44.6	44.58	/ 4						
reaction time		interval			10.30		10.90		12.20		# of strides	11.20	10.30	10.90	12.20	21.50	23.10	1.60
		velocity	8.93		9.71		9.17		8.20	8.97		8.93	9.71	9.17	8.20	9.30	8.66	

Minagi, Yuta (JPN) (1993)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2011 Japanese National High School Championships (Kitamaki, JPN)											*Abe (2011) - 64th high school championships: JAF scientific committee - biomechanics*						
date 04-Aug-11	time		11.83		23.22		35.14		48.13	48.13	6 / 6							
reaction time	interval				11.39		11.92		12.99		# of strides	11.83	11.39	11.92	12.99	23.22	24.91	1.69
	velocity		8.45		8.78		8.39		7.70	8.31		8.45	8.78	8.39	7.70	8.61	8.03	

Minami, Syono (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2017 Kansai Regional University Championships (Osaka, JPN)											*(2017) - tfdata-store.com/2017/05/13/post-441/*						
date 11-May-17	time		11.68		22.43		33.92		47.61	47.61	3 / 6							
reaction time	interval				10.75		11.49		13.69		# of strides	11.68	10.75	11.49	13.69	22.43	25.18	2.75
	velocity		8.56		9.30		8.70		7.30	8.40		8.56	9.30	8.70	7.30	8.92	7.94	

Minor, Deon (USA) (1973)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 2 - 1996 USA Olympic Trials (Atlanta, GA)											*USATF Women's Sprint Development (1996)*						
date 17-Jun-96	time		11.11		21.99		33.10	38.68	45.32	45.32	4 / 6							
reaction time	interval				10.88		11.11	5.58	6.64		# of strides	11.11	10.88	11.11	12.22	21.99	23.33	1.34
	velocity		9.00		9.19		9.00	8.96	7.53	8.83		9.00	9.19	9.00	8.18	9.10	8.57	

Misener-Daley, Myles (CAN) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2018 IAAF World Junior Championships (Tampere, FIN)											*Koyama (2018) - research on athlete performance and technique- 2018 data book*						
date 13-Jul-18	time	6.23	11.29	16.68	22.28	28.06	34.07	40.37	47.03	47.03	1 / 7							
reaction time 0.153	interval		5.06	5.39	5.60	5.78	6.01	6.30	6.66		# of strides	11.29	10.99	11.79	12.96	22.28	24.75	2.47
	velocity	8.03	9.88	9.28	8.93	8.65	8.32	7.94	7.51	8.51		8.86	9.10	8.48	7.72	8.98	8.08	

Mishima, Sota (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2022 Shimane High School Championships (Izumo, JPN)											*Shimizu (2022) - shimane high school championships 2022 - biomechanics data analysis*						
date 26-May-22	time		12.12		24.00		26.56		50.03	50.03	4 / 2							
reaction time	interval				11.88		2.56		23.47		# of strides	12.12	11.88	2.56	23.47	24.00	26.03	2.03
	velocity		8.25		8.42		39.06		4.26	8.00		8.25	8.42	39.06	4.26	8.33	7.68	

FINAL - 2021 Shimane High School Championships (Izumo, JPN) *Shimizu (2021) - shimane high school championships 2021 - biomechanics data analysis*

date	28-May-21	time		12.80		25.55		37.90		51.20	51.20	6 / 5						
reaction time		interval				12.75		12.35		13.30		# of strides	12.80	12.75	12.35	13.30	25.55	25.65	0.10
		velocity		7.81		7.84		8.10		7.52	7.81		7.81	7.84	8.10	7.52	7.83	7.80	

Mitcham, Rio (GBR) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2024 London Athletics Meet (London, GBR)											*Omega Timing (2024) - diamond league race analysis*						
date 20-Jul-24	time	6.23	11.31	16.37	21.61	27.17	33.04	39.17	45.87	45.87	3 / 6							
reaction time 0.156	interval		5.08	5.06	5.24	5.56	5.87	6.13	6.70		# of strides	11.31	10.30	11.43	12.83	21.61	24.26	2.65
	velocity	8.03	9.84	9.88	9.54	8.99	8.52	8.16	7.46	8.72		8.84	9.71	8.75	7.79	9.25	8.24	

Mitchell, Manteo (USA) (1987)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2014 USATF National Championships (Sacramento, CA)											*Track Newsletter (2014) - USATF men's championships*						
date 28-Jun-14	time		11.4		22.2		33.4		45.1	45.09	/ 5							
reaction time	interval				10.8		11.2		11.7		# of strides	11.40	10.80	11.20	11.70	22.20	22.90	0.70
	velocity		8.77		9.26		8.93		8.55	8.87		8.77	9.26	8.93	8.55	9.01	8.73	

FINAL - 2013 USATF National Championships (Des Moines, IA) *Track Newsletter (2013) - USATF men's championships*

date	22-Jun-13	time				32.7		45.8	45.81	/ 7							
reaction time	0.212	interval						13.10		# of strides				13.10			
		velocity				9.17		7.63	8.73					7.63			

FINAL - 2012 USA Olympic Trials (Eugene, OR) *Hymans (2020) - history of the US olympic trials - track and field*

date	24-Jun-12	time			21.2		32.3		44.96	44.96	3 / 5						
reaction time	0.191	interval					11.10		12.66	PB	# of strides			11.10	12.66	21.20	23.76	2.56
		velocity			9.43		9.01		7.90	8.90				9.01	7.90	9.43	8.42	

Mitchell, Richard (AUS) (1955)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1980 Olympic Games (Moscow, URS)											*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*						
date 30-Jul-80	time			21.8		33.0		44.9	44.84	4 / 2							
reaction time 0.152	interval					11.2		11.90		# of strides			11.20	11.90	21.80	23.10	1.30
	velocity			9.17		8.93		8.40	8.92	171.0			8.93	8.40	9.17	8.66	

FINAL - 1976 Olympic Games (Montreal, CAN) *Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*

date	29-Jul-76	time			22.2		33.6		45.4	45.40	6 / 6						
reaction time		interval					11.40		11.80		# of strides			11.40	11.80	22.20	23.20	1.00
		velocity			9.01		8.77		8.47	8.81	170.0			8.77	8.47	9.01	8.62	

Mitsukiya, Kakeki (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2024 Shimane High School Championships (Izumo, JPN)											*Shimizu (2024) - shimane high school championships 2024 - biomechanics data analysis*						
date 24-May-24	time		12.12		23.45		35.56		48.32	48.32	5 / 1							
reaction time	interval				11.33		12.11		12.76		# of strides	12.12	11.33	12.11	12.76	23.45	24.87	1.42
	velocity		8.25		8.83		8.26		7.84	8.28		8.25	8.83	8.26	7.84	8.53	8.04	

FINAL - 2023 Shimane High School Championships (Izumo, JPN) *Shimizu (2023) - shimane high school championships 2023 - biomechanics data analysis*

date	26-May-23	time		11.57		22.73		35.34		49.89	49.89	6 / 1						
reaction time		interval				11.16		12.61		14.55		# of strides	11.57	11.16	12.61	14.55	22.73	27.16	4.43
		velocity		8.64		8.96		7.93		6.87	8.02		8.64	8.96	7.93	6.87	8.80	7.36	

Mitsunari, Reo (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2019 Shimane High School Championships (Izumo, JPN) — *Shimizu (2019) - shimane high school championships 2019 - biomechanics data analysis*

date	24-May-19	time		12.82		24.82		37.25		50.53	50.53	5 / 2						
reaction time		interval				12.00		12.43		13.28		# of strides	12.82	12.00	12.43	13.28	24.82	25.71	0.89
		velocity		7.80		8.33		8.05		7.53	7.92		7.80	8.33	8.05	7.53	8.06	7.78	

Miura, Ayumu (JPN) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2015 Japanese National Junior Championships (Nagoya, JPN) — *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	16-Oct-15	time	6.43	11.65	17.18	22.93	28.83	35.08	41.51	48.11	48.11	/ 7						
reaction time		interval		5.22	5.53	5.75	5.90	6.25	6.43	6.60		# of strides	11.65	11.28	12.15	13.03	22.93	25.18	2.25
		velocity	7.78	9.58	9.04	8.70	8.47	8.00	7.78	7.58	8.31		8.58	8.87	8.23	7.67	8.72	7.94	

FINAL - 2015 Japanese National High School Championships (Wakayama, JPN) — *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	29-Jul-15	time	6.69	12.21	17.88	23.81	29.88	36.16	42.62	49.10	49.10	/ 7						
reaction time		interval		5.52	5.67	5.93	6.07	6.28	6.46	6.48		# of strides	12.21	11.60	12.35	12.94	23.81	25.29	1.48
		velocity	7.47	9.06	8.82	8.43	8.24	7.96	7.74	7.72	8.15		8.19	8.62	8.10	7.73	8.40	7.91	

Miyagawa, Sota (JPN) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2018 Japanese National Youth (U18) Championships (Nagano, JPN) — *Ryutaro (2018) - research on athlete performance and technique- 2018 data book*

date	19-Oct-18	time	6.62	11.94	17.45	23.25	29.29	35.50	41.79	48.40	48.40	8 / 6						
reaction time	0.186	interval		5.32	5.51	5.80	6.04	6.21	6.29	6.61		# of strides	11.94	11.31	12.25	12.90	23.25	25.15	1.90
		velocity	7.55	9.40	9.07	8.62	8.28	8.05	7.95	7.56	8.26		8.38	8.84	8.16	7.75	8.60	7.95	

Miyahiro, Mitsuki (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2025 Shimane High School Championships (Izumo, JPN) — *Shimizu (2025) - shimane high school championships 2025 - biomechanics data analysis*

date	30-May-25	time		12.75		24.22		37.36		50.84	50.84	6 / 2						
reaction time		interval				11.47		13.14		13.48		# of strides	12.75	11.47	13.14	13.48	24.22	26.62	2.40
		velocity		7.84		8.72		7.61		7.42	7.87		7.84	8.72	7.61	7.42	8.26	7.51	

FINAL - 2024 Shimane High School Championships (Izumo, JPN) — *Shimizu (2024) - shimane high school championships 2024 - biomechanics data analysis*

date	24-May-24	time		12.67		24.57		37.21		50.72	50.72	6 / 4						
reaction time		interval				11.90		12.64		13.51		# of strides	12.67	11.90	12.64	13.51	24.57	26.15	1.58
		velocity		7.89		8.40		7.91		7.40	7.89		7.89	8.40	7.91	7.40	8.14	7.65	

Miyamura, Yushi (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2024 Shimane High School Championships (Izumo, JPN) — *Shimizu (2024) - shimane high school championships 2024 - biomechanics data analysis*

date	24-May-24	time		12.65		24.77		37.50		50.88	50.88	3 / 6						
reaction time		interval				12.12		12.73		13.38		# of strides	12.65	12.12	12.73	13.38	24.77	26.11	1.34
		velocity		7.91		8.25		7.86		7.47	7.86		7.91	8.25	7.86	7.47	8.07	7.66	

Miyazaki, Kanta (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2017 Shimane High School Championships (Izumo, JPN) — *Shimizu (2018) - shimane high school championships 2018 - biomechanics data analysis*

date	26-May-17	time		12.47		24.87		38.63		52.73	52.73	6 / 5						
reaction time		interval				12.40		13.76		14.10		# of strides	12.47	12.40	13.76	14.10	24.87	27.86	2.99
		velocity		8.02		8.06		7.27		7.09	7.59		8.02	8.06	7.27	7.09	8.04	7.18	

Miyazaki, Yumeta (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2022 Shimane High School Championships (Izumo, JPN) — *Shimizu (2022) - shimane high school championships 2022 - biomechanics data analysis*

date	26-May-22	time		12.43		24.33		37.48		51.85	51.85	9 / 4						
reaction time		interval				11.90		13.15		14.37		# of strides	12.43	11.90	13.15	14.37	24.33	27.52	3.19
		velocity		8.05		8.40		7.60		6.96	7.71		8.05	8.40	7.60	6.96	8.22	7.27	

Mizunara, Oba (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2019 Shimane High School Championships (Izumo, JPN) — *Shimizu (2019) - shimane high school championships 2019 - biomechanics data analysis*

date	24-May-19	time		12.37		24.36		37.35		51.03	51.03	3 / 6						
reaction time		interval				11.99		12.99		13.68		# of strides	12.37	11.99	12.99	13.68	24.36	26.67	2.31
		velocity		8.08		8.34		7.70		7.31	7.84		8.08	8.34	7.70	7.31	8.21	7.50	

Mohadjir, Abdel Madjid (QAT) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

B FINAL - 2021 Doha Diamond League (Doha, QAT) — *Omega Timing (2021) - diamond league race analysis*

date	28-May-21	time	6.4	11.8	17.2	23.0	28.9	35.1	41.5	48.91	48.91	3 / 7						
reaction time	0.149	interval		5.40	5.40	5.80	5.90	6.20	6.40	7.41	PB	# of strides	11.80	11.20	12.10	13.81	23.00	25.91	2.91
		velocity	7.81	9.26	9.26	8.62	8.47	8.06	7.81	6.75	8.18		8.47	8.93	8.26	7.24	8.70	7.72	

Mokganyetsi, Hendrick (RSA) (1975)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2000 Olympic Games (Sydney, AUS) — *Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*

date	25-Sep-00	time		11.8		22.3		33.1		45.3	45.26	7 / 6						
reaction time		interval				10.50		10.80		12.20		# of strides	11.80	10.50	10.80	12.20	22.30	23.00	0.70
		velocity		8.47		9.52		9.26		8.20	8.84		8.47	9.52	9.26	8.20	8.97	8.70	

Molnár, Attila (HUN) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Semi-Final 1 - 2025 World Athletics Championships (Tokyo, JPN) — *Seiko Timing (2025) - 2025 World Championships race analysis*

date	16-Sep-25	time		11.16		21.28		32.62		44.94	44.94	3 / 5						
reaction time	0.173	interval				10.12		11.34		12.32		# of strides	11.16	10.12	11.34	12.32	21.28	23.66	2.38
		velocity		8.96		9.88		8.82		8.12	8.90		8.96	9.88	8.82	8.12	9.40	8.45	

Heat 5 - 2025 World Athletics Championships (Tokyo, JPN) — *Seiko Timing (2025) - 2025 World Championships race analysis*

date	14-Sep-25	time		11.08		21.23		32.53		44.55	44.55	8 / 3						
reaction time	0.180	interval				10.15		11.30		12.02	NR PB	# of strides	11.08	10.15	11.30	12.02	21.23	23.32	2.09
		velocity		9.03		9.85		8.85		8.32	8.98	168.0	9.03	9.85	8.85	8.32	9.42	8.58	

Repechage 3 - 2024 Olympic Games (Paris, FRA) — *Paris 2024 Olympic Games - Results Book (2024)*

date	05-Aug-24	time	6.31	11.25	16.41	21.74	27.21	32.91	38.95	45.45	45.45	3 / 3						
reaction time	0.166	interval		4.94	5.16	5.33	5.47	5.70	6.04	6.50		# of strides	11.25	10.49	11.17	12.54	21.74	23.71	1.97
		velocity	7.92	10.12	9.69	9.38	9.14	8.77	8.28	7.69	8.80	175.0	8.89	9.53	8.95	7.97	9.20	8.44	

Heat 2 - 2024 Olympic Games (Paris, FRA) — *Paris 2024 Olympic Games - Results Book (2024)*

date	04-Aug-24	time	6.28	11.17	16.18	21.40	26.86	32.57	38.62	45.24	45.24	4 / 6						
reaction time	0.163	interval		4.89	5.01	5.22	5.46	5.71	6.05	6.62		# of strides	11.17	10.23	11.17	12.67	21.40	23.84	2.44
		velocity	7.96	10.22	9.98	9.58	9.16	8.76	8.26	7.55	8.84	174.5	8.95	9.78	8.95	7.89	9.35	8.39	

FINAL - 2024 European Athletics Championships (Roma, ITA) — *European Athletics (2024) - 2024 european athletics championships - results book*

date	10-Jun-24	time		11.12		21.45		32.66		45.07	45.07	3 / 6						
reaction time	0.193	interval				10.33		11.21		12.41		# of strides	11.12	10.33	11.21	12.41	21.45	23.62	2.17
		velocity		8.99		9.68		8.92		8.06	8.88	175.0	8.99	9.68	8.92	8.06	9.32	8.47	

Semi-Final 1 - 2024 European Athletics Championships (Roma, ITA) — *European Athletics (2024) - 2024 european athletics championships - results book*

date	09-Jun-24	time		11.10		21.40		32.62		45.04	45.04	8 / 3						
reaction time	0.167	interval				10.30		11.22		12.42		# of strides	11.10	10.30	11.22	12.42	21.40	23.64	2.24
		velocity		9.01		9.71		8.91		8.05	8.88	176.0	9.01	9.71	8.91	8.05	9.35	8.46	

FINAL - 2023 Xiamen Diamond League (Xiamen, CHN) — *Omega Timing (2023) - diamond league race analysis*

date	02-Sep-23	time	6.28	11.24	16.38	21.75	27.29	33.00	38.87	45.19	45.19	3 / 6						
reaction time	0.157	interval		4.96	5.14	5.37	5.54	5.71	5.87	6.32		# of strides	11.24	10.51	11.25	12.19	21.75	23.44	1.69
		velocity	7.96	10.08	9.73	9.31	9.03	8.76	8.52	7.91	8.85	174.0	8.90	9.51	8.89	8.20	9.20	8.53	

Semi-Final 1 - 2023 World Athletics Championships (Budapest, HUN) — *Seiko Timing (2023) - world championship race analysis*

date	22-Aug-23	time		11.04		21.21		32.55		45.02	45.02	9 / 6						
reaction time	0.156	interval				10.17		11.34		12.47		# of strides	11.04	10.17	11.34	12.47	21.21	23.81	2.60
		velocity		9.06		9.83		8.82		8.02	8.88	177.0	9.06	9.83	8.82	8.02	9.43	8.40	

Heat 1 - 2023 World Athletics Championships (Budapest, HUN) — *Seiko Timing (2023) - world championship race analysis*

date	20-Aug-23	time		11.25		21.46		32.95		44.84	44.84	9 / 3						
reaction time	0.172	interval				10.21		11.49		11.89	NR PB	# of strides	11.25	10.21	11.49	11.89	21.46	23.38	1.92
		velocity		8.89		9.79		8.70		8.41	8.92	175.2	8.89	9.79	8.70	8.41	9.32	8.55	

FINAL - 2023 European Athletics U23 Championships (Espoo, FIN) — *European Athletics (2023) - european athletics U23 championships results book*

date	14-Jul-23	time		11.19		21.47		32.92		45.36	45.36	7 / 3						
reaction time	0.187	interval				10.28		11.45		12.44		# of strides	11.19	10.28	11.45	12.44	21.47	23.89	2.42
		velocity		8.94		9.73		8.73		8.04	8.82	179.0	8.94	9.73	8.73	8.04	9.32	8.37	

Semi-Final 1 - 2023 European Athletics U23 Championships (Espoo, FIN) — *European Athletics (2023) - european athletics U23 championships results book*

date	13-Jul-23	time		11.43		21.97		33.60		45.35	45.35	6 / 1						
reaction time	0.216	interval				10.54		11.63		11.75		# of strides	11.43	10.54	11.63	11.75	21.97	23.38	1.41
		velocity		8.75		9.49		8.60		8.51	8.82		8.75	9.49	8.60	8.51	9.10	8.55	

FINAL - 2023 Bauhaus Galan (Stockholm, SWE) — *Omega Timing (2023) - diamond league race analysis*

date	02-Jul-23	time	6.65	11.80	17.03	22.39	27.90	33.64	39.50	45.77	45.77	1 / 5						
reaction time	0.269	interval		5.15	5.23	5.36	5.51	5.74	5.86	6.27		# of strides	11.80	10.59	11.25	12.13	22.39	23.38	0.99
		velocity	7.52	9.71	9.56	9.33	9.07	8.71	8.53	7.97	8.74		8.47	9.44	8.89	8.24	8.93	8.55	

A Final - 2023 European Team Championships, Second Division (Chorzów, POL) — *European Athletics (2023) - 3rd european games, athletics - results book*

date	20-Jun-23	time		11.22		21.27		32.61		45.30	45.30	5 / 1						
reaction time	0.179	interval				10.05		11.34		12.69		# of strides	11.22	10.05	11.34	12.69	21.27	24.03	2.76
		velocity		8.91		9.95		8.82		7.88	8.83	179.5	8.91	9.95	8.82	7.88	9.40	8.32	

Semi-Final 2 - 2021 European Athletics U20 Championships (Tallin, EST) — *European Athletics (2021) - european athletics U20 championships results book*

date	15-Jul-21	time		11.94		22.93		34.91		47.28	47.28	8 / 4						
reaction time	0.185	interval				10.99		11.98		12.37		# of strides	11.94	10.99	11.98	12.37	22.93	24.35	1.42
		velocity		8.38		9.10		8.35		8.08	8.46		8.38	9.10	8.35	8.08	8.72	8.21	

Molnár, Tamás (HUN) (1968)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1991 European Cup (Frankfurt, GER)																	
Federle (2003) - http://www.fgs.uni-halle.de																	
date 29-Jun-91	time		11.48		21.97		33.25		45.78	45.78	/ 3						
reaction time	interval				10.49		11.28		12.53		# of strides	11.48	10.49	11.28	12.53	21.97	23.81	1.84
	velocity		8.71		9.53		8.87		7.98	8.74		8.71	9.53	8.87	7.98	9.10	8.40	

Moloney, Ashley (AUS) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 3 - 2022 World Athletics Championships (Eugene, OR)																	
Timing by Seiko (2022) - world athletics championships race analysis																	
date 23-Jul-22	time		11.02		21.75		33.77		46.88	46.88	3 / 3						
reaction time	interval				10.73		12.02		13.11		# of strides	11.02	10.73	12.02	13.11	21.75	25.13	3.38
	velocity		9.07		9.32		8.32		7.63	8.53	169.0	9.07	9.32	8.32	7.63	9.20	7.96	

Momiki, Shogo (JPN) (1992)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2012 Kokutai National Sport Festival (Gifu, JPN)																	
Maho (2013) - race analysis of the men's 400m run in competition																	
date 08-Oct-12	time	6.12	11.28	16.55	22.04	27.81	33.81	40.09	47.02	47.02	/ 6						
reaction time	interval		5.16	5.27	5.49	5.77	6.00	6.28	6.93		# of strides	11.28	10.76	11.77	13.21	22.04	24.98	2.94
	velocity	8.17	9.69	9.49	9.11	8.67	8.33	7.96	7.22	8.51		8.87	9.29	8.50	7.57	9.07	8.01	

FINAL - 2012 Japanese National Championships (Osaka, JPN) — *Maho (2013) - race analysis of the men's 400m run in competition*

date	09-Jun-12	time	6.15	11.28	16.48	22.02	27.72	33.58	39.82	46.83	46.83	6 / 4						
reaction time		interval		5.13	5.20	5.54	5.70	5.86	6.24	7.01		# of strides	11.28	10.74	11.56	13.25	22.02	24.81	2.79
		velocity	8.13	9.75	9.62	9.03	8.77	8.53	8.01	7.13	8.54	194.0	8.87	9.31	8.65	7.55	9.08	8.06	

Moncur, Avard (BAH) (1978)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2007 IAAF World Championships (Osaka, JPN)																	
Mochida (2008) - biomechancial analysis of the 400m final race at ehe 2007 world championships in athletics																	

date	31-Aug-07	time	6.24	11.06	15.93	21.10	26.59	32.43	38.61	45.40	45.40	2 / 8						
reaction time	0.164	interval		4.82	4.87	5.17	5.49	5.84	6.18	6.79		# of strides	11.06	10.04	11.33	12.97	21.10	24.30	3.20
		velocity	8.01	10.37	10.27	9.67	9.11	8.56	8.09	7.36	8.81	165.0	9.04	9.96	8.83	7.71	9.48	8.23	

FINAL - 2001 NCAA Championships (Eugene, OR) *Track Newsletter (2001) - NCAA championships*

date	02-Jun-01	time				21.3				44.8	44.84	/ 1						
reaction time		interval								23.50		# of strides					21.30	23.50	2.20
		velocity				9.39				8.51	8.92						9.39	8.51	

FINAL - 1999 NCAA Championships (Boise, ID) *Track Newsletter (1999) - NCAA Championships*

date	05-Jun-99	time				22.2				45.4	45.35	/ 4						
reaction time		interval								23.20		# of strides					22.20	23.20	1.00
		velocity				9.01				8.62	8.82						9.01	8.62	

Montgomery, Kahmari (USA) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2022 Prefontaine Classic (Eugene, OR)																	*Omega Timing (2022) - diamond league race analysis*
date 28-May-22 time	6.01	10.99	16.15	21.66	27.27	33.05	39.22	46.04	46.04	1 / 9							
reaction time 0.135 interval		4.98	5.16	5.51	5.61	5.78	6.17	6.82		# of strides	10.99	10.67	11.39	12.99	21.66	24.38	2.72
velocity	8.32	10.04	9.69	9.07	8.91	8.65	8.10	7.33	8.69	178.2	9.10	9.37	8.78	7.70	9.23	8.20	

FINAL - 2022 Müller Birmingham Diamond League (Birmingham, GBR) *Omega Timing (2022) - diamond league race analysis*

date	21-May-22	time	6.00	10.99	16.15	21.55	27.23	33.02	39.01	45.52	45.52	8 / 3						
reaction time	0.134	interval		4.99	5.16	5.40	5.68	5.79	5.99	6.51		# of strides	10.99	10.56	11.47	12.50	21.55	23.97	2.42
		velocity	8.33	10.02	9.69	9.26	8.80	8.64	8.35	7.68	8.79	176.5	9.10	9.47	8.72	8.00	9.28	8.34	

FINAL - 2019 Memorial van Damme (Brussels, BEL) *Omega Timing (2019) - diamond league race analysis*

date	06-Sep-19	time	6.0	10.8	15.9	21.1	26.6	32.4	38.5	45.31	45.31	2 / 5						
reaction time	0.186	interval		4.8	5.1	5.2	5.5	5.8	6.1	12.9		# of strides	10.80	10.30	11.30	12.91	21.10	24.21	3.11
		velocity	8.33	10.42	9.80	9.62	9.09	8.62	8.20	7.75	8.83		9.26	9.71	8.85	7.75	9.48	8.26	

FINAL - 2019 Müller Grand Prix (Birmingham, GBR) *Omega Timing (2019) - diamond league race analysis*

date	18-Aug-19	time		11.2		21.7		33.1		45.59	45.59	2 / 4						
reaction time	0.213	interval				10.5		11.4		12.5		# of strides	11.20	10.50	11.40	12.49	21.70	23.89	2.19
		velocity		8.93		9.52		8.77		8.01	8.77	178.7	8.93	9.52	8.77	8.01	9.22	8.37	

FINAL - 2019 Herculis Meeting International d'Athlétisme (Monaco, MON) *Omega Timing (2019) - diamond league race analysis*

date	12-Jul-19	time		11.4		22.1		33.6		46.02	46.02	4 / ~~5~~						
reaction time	0.167	interval				10.7		11.5		12.4	DQ	# of strides	11.40	10.70	11.50	12.42	22.10	23.92	1.82
		velocity		8.77		9.35		8.70		8.05	8.69		8.77	9.35	8.70	8.05	9.05	8.36	

FINAL - 2019 NCAA Championships (Austin, TX) *Track Newsletter (2019) - NCAA men's championships*

date	07-Jun-19	time				21.7		32.5		44.2	44.23	/ 1						
reaction time	0.165	interval						10.80		11.70	PB	# of strides			10.80	11.70	21.70	22.50	0.80
		velocity				9.22		9.26		8.55	9.04				9.26	8.55	9.22	8.89	

FINAL - 2018 USATF National Championships (Des Moines, IA) *Track Newsletter (2018) - USATF championships men*

date	23-Jun-18	time				21.8		32.8		44.6	44.58	/ 1						
reaction time		interval						11.00		11.80	PB	# of strides			11.00	11.80	21.80	22.80	1.00
		velocity				9.17		9.09		8.47	8.97				9.09	8.47	9.17	8.77	

FINAL - 2018 NCAA Championships (Eugene, OR) *Track Newsletter (2018) - NCAA men's championships*

date	08-Jun-18	time				20.9		32.3		45.8	45.75	/ 7						
reaction time		interval						11.40		13.50		# of strides			11.40	13.50	20.90	24.90	4.00
		velocity				9.57		8.77		7.41	8.74				8.77	7.41	9.57	8.03	

FINAL - 2016 IAAF World Junior Championships (Bydgoszcz, POL) *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	22-Jul-16	time	6.24	11.49	16.82	22.28	27.88	33.62	39.71	46.48	46.48	8 / 5						
reaction time	0.203	interval		5.25	5.33	5.46	5.60	5.74	6.09	6.77		# of strides	11.49	10.79	11.34	12.86	22.28	24.20	1.92
		velocity	8.01	9.52	9.38	9.16	8.93	8.71	8.21	7.39	8.61		8.70	9.27	8.82	7.78	8.98	8.26	

Moore, Obea (USA) (1979)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 1 - 1996 USA Olympic Trials (Atlanta, GA)																	*USATF Women's Sprint Development (1996)*
date 17-Jun-96 time		11.59		21.99		33.26	39.44	46.01	46.01	7 / 7							
reaction time				10.40		11.27	6.18	6.57		# of strides	11.59	10.40	11.27	12.75	21.99	24.02	2.03
		8.63		9.62		8.87	8.09	7.61	8.69		8.63	9.62	8.87	7.84	9.10	8.33	

Morales-Williams, Christopher (CAN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 6 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 14-Sep-25 time		11.51		22.25		33.53		45.26	45.26	9 / 6							
reaction time 0.226 interval				10.74		11.28		11.73		# of strides	11.51	10.74	11.28	11.73	22.25	23.01	0.76
velocity		8.69		9.31		8.87		8.53	8.84		8.69	9.31	8.87	8.53	8.99	8.69	

Semi-Final 3 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	06-Aug-24	time	6.04	10.93	15.92	21.21	26.91	32.85	38.91	45.25	45.25	8 / 8						
reaction time	0.164	interval		4.89	4.99	5.29	5.70	5.94	6.06	6.34		# of strides	10.93	10.28	11.64	12.40	21.21	24.04	2.83
		velocity	8.28	10.22	10.02	9.45	8.77	8.42	8.25	7.89	8.84	164.0	9.15	9.73	8.59	8.06	9.43	8.32	

Heat 5 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	04-Aug-24	time	6.13	11.13	16.23	21.57	27.14	32.94	38.78	44.96	44.96	8 / 2						
reaction time	0.177	interval		5.00	5.10	5.34	5.57	5.80	5.84	6.18		# of strides	11.13	10.44	11.37	12.02	21.57	23.39	1.82
		velocity	8.16	10.00	9.80	9.36	8.98	8.62	8.56	8.09	8.90	164.0	8.98	9.58	8.80	8.32	9.27	8.55	

FINAL - 2024 London Athletics Meet (London, GBR) *Omega Timing (2024) - diamond league race analysis*

date	20-Jul-24	time	6.17	11.04	16.06	21.35	26.85	32.63	38.56	44.90	44.90	6 / 6						
reaction time	0.188	interval		4.87	5.02	5.29	5.50	5.78	5.93	6.34		# of strides	11.04	10.31	11.28	12.27	21.35	23.55	2.20

		velocity	8.10	10.27	9.96	9.45	9.09	8.65	8.43	7.89	8.91		9.06	9.70	8.87	8.15	9.37	8.49	

FINAL - 2024 Herculis Meeting International d'Athlétisme (Monaco, MON) *Omega Timing (2024) - diamond league race analysis*

date	12-Jul-24	time	6.18	11.05	16.08	21.45	27.11	32.98	38.85	45.11	45.11	6 / 6							
reaction time	0.213	interval		4.87	5.03	5.37	5.66	5.87	5.87	6.26		# of strides	11.05	10.40	11.53	12.13	21.45	23.66	2.21
		velocity	8.09	10.27	9.94	9.31	8.83	8.52	8.52	7.99	8.87	163.0	9.05	9.62	8.67	8.24	9.32	8.45	

Morgan, Ricky (USA) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2016 NCAA Championships (Eugene, OR)																	
Track Newsletter (2016) - NCAA men's championships																	
date 10-Jun-16 time				21.6		33.4		46.6	46.63	/ ~~8~~ 7							
reaction time interval						11.80		13.20		# of strides			11.80	13.20	21.60	25.00	3.40
velocity				9.26		8.47		7.58	8.58				8.47	7.58	9.26	8.00	

Mori, Masato (JPN) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 Japanese National Sports Festival (Kagoshima, JPN) (300m)																	
Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season																	
date 15-Oct-23 time	6.44	11.58	16.60	21.76	27.15	32.98			32.98	1 / 4							***100m-300m***
reaction time 0.195 interval		5.14	5.02	5.16	5.39	5.83				# of strides	11.58	10.18	11.22		21.76		*21.40*
velocity	7.76	9.73	9.96	9.69	9.28	8.58			9.10		8.64	9.82	8.91		9.19		*9.35*

Mori, Syuji (JPN) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 4 - 2018 IAAF World Junior Championships (Tampere, FIN)																	
Koyama (2018) - research on athlete performance and technique- 2018 data book																	
date 11-Jul-18 time	6.28	11.36	16.57	22.20	28.13	34.39	40.99	48.12	48.12	2 / 6							
reaction time 0.159 interval		5.08	5.21	5.63	5.93	6.26	6.60	7.13		# of strides	11.36	10.84	12.19	13.73	22.20	25.92	3.72
velocity	7.96	9.84	9.60	8.88	8.43	7.99	7.58	7.01	8.31		8.80	9.23	8.20	7.28	9.01	7.72	

Mori, Shushi (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2018 Japanese National High School Championships (Nagoya, JPN)																	
Kota (2018) - 71st high school championships: JAF scientific committee - biomechanics data collection																	
date 02-Aug-18 time	6.45	11.69	17.00	22.35	27.90	33.90	40.29	47.14	47.14	6 / 1							
reaction time interval		5.24	5.31	5.35	5.55	6.00	6.39	6.85	PB	# of strides	11.69	10.66	11.55	13.24	22.35	24.79	2.44
velocity	7.75	9.54	9.42	9.35	9.01	8.33	7.82	7.30	8.49		8.55	9.38	8.66	7.55	8.95	8.07	

Mori, Zhou (JPN) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
U19 FINAL - 2017 National Sports Festival (Matsuyama, JPN)																	
(2017) - tfdata-store.com/2017/10/12/post-1100/																	
date 09-Oct-17 time		11.68		22.62		34.33		47.23	47.23	7 / 2							
reaction time 0.171 interval				10.94		11.71		12.90		# of strides	11.68	10.94	11.71	12.90	22.62	24.61	1.99
velocity		8.56		9.14		8.54		7.75	8.47	187.0	8.56	9.14	8.54	7.75	8.84	8.13	

U19 Semi-Final 1 - 2017 National Sports Festival (Matsuyama, JPN) *(2017) - tfdata-store.com/2017/10/12/post-1100/*

date 08-Oct-17 time		11.68		22.34		34.20		47.21	47.21	2 / 2							
reaction time 0.191 interval				10.66		11.86		13.01		# of strides	11.68	10.66	11.86	13.01	22.34	24.87	2.53
velocity		8.56		9.38		8.43		7.69	8.47	185.0	8.56	9.38	8.43	7.69	8.95	8.04	

FINAL - 2017 Japanese National High School Championships (Yamagata, JPN) *Kota (2017) - 70th high school championships: JAF scientific committee- biomechanics data*

date 29-Jul-17 time	6.54	11.79	17.15	22.79	28.61	34.71	41.06	47.50	47.50	5 / 1							
reaction time 0.174 interval		5.25	5.36	5.64	5.82	6.10	6.35	6.44		# of strides	11.79	11.00	11.92	12.79	22.79	24.71	1.92
velocity	7.65	9.52	9.33	8.87	8.59	8.20	7.87	7.76	8.42		8.48	9.09	8.39	7.82	8.78	8.09	

Morikawa, Hazuki (JPN) (2004)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 Japanese U18 National Championships (Matsuyama, JPN) (300m)																	
Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition																	
date 23-Oct-21 time	6.36	11.48	16.87	22.52	28.28	34.28			34.28	5 / 6							***100m-300m***
reaction time 0.222 interval		5.12	5.39	5.65	5.76	6.00				# of strides	11.48	11.04	11.76		22.52		*22.80*
velocity	7.86	9.77	9.28	8.85	8.68	8.33			8.75	146.7	8.71	9.06	8.50		8.88		*8.77*

Morimoto, Kimihito (JPN) (1993)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 3 - 2018 Japanese National Multi-Event Championships (Nagano, JPN)																	
Matsubayashi (2018) - research on athlete performance and technique- 2018 data book																	
date 16-Jun-18 time	6.41	11.89	17.63	23.71	30.01	36.41	42.93	49.70	49.70	5 / 3							
reaction time interval		5.48	5.74	6.08	6.30	6.40	6.52	6.77		# of strides	11.89	11.82	12.70	13.29	23.71	25.99	2.28
velocity	7.80	9.12	8.71	8.22	7.94	7.81	7.67	7.39	8.05		8.41	8.46	7.87	7.52	8.44	7.70	

Morimoto, Ren (JPN) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 Japanese U20 National Championships (Osaka, JPN)																	
Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition																	
date 25-Jun-21 time	6.19	11.36	16.71	22.36	28.25	34.44	40.85	47.76	47.76	2 / 3							
reaction time 0.222 interval		5.17	5.35	5.65	5.89	6.19	6.41	6.91		# of strides	11.36	11.00	12.08	13.32	22.36	25.40	3.04
velocity	8.08	9.67	9.35	8.85	8.49	8.08	7.80	7.24	8.38		8.80	9.09	8.28	7.51	8.94	7.87	

Morinaga, Natsuno (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2018 Shimane High School Championships (Izumo, JPN)																	
Shimizu (2018) - shimane high school championships 2018 - biomechanics data analysis																	
date 25-May-18 time		12.83		25.33		38.28		52.33	52.33	8 / 6							
reaction time interval				12.50		12.95		14.05		# of strides	12.83	12.50	12.95	14.05	25.33	27.00	1.67
velocity		7.79		8.00		7.72		7.12	7.64		7.79	8.00	7.72	7.12	7.90	7.41	

Morris, Devon (JAM) (1961)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 2 - 1988 Olympic Games (Seoul, KOR)																	
Brüggemann (1990) - scientific research project at the games of the XXXIV Olympiad, Seoul 1988																	
date 26-Sep-88 time		11.51		22.04		33.27		45.68	45.68	8 / 7							
reaction time 0.239 interval				10.53		11.23		12.41		# of strides	11.51	10.53	11.23	12.41	22.04	23.64	1.60
velocity		8.69		9.50		8.90		8.06	8.76		8.69	9.50	8.90	8.06	9.07	8.46	

Morris, Ian (TTO) (1961)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1992 Olympic Games (Barcelona, ESP)																	
Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016																	
date 05-Aug-92 time				21.7		32.5		44.3	44.25	6 / 4							
reaction time interval						10.80		11.80		# of strides			10.80	11.80	21.70	22.60	0.90
velocity				9.22		9.26		8.47	9.04				9.26	8.47	9.22	8.85	

FINAL - 1991 IAAF World Championships (Tokyo, JPN) *Butler (2013) - IAAF world championships statistics handbook- moscow 2013*

date 29-Aug-91 time				21.76				45.12	45.12	8 / 6							

reaction time		interval						23.36		# of strides						21.76	23.36	1.60
		velocity			9.19			8.56	8.87	176.5						9.19	8.56	

FINAL - 1988 Olympic Games (Seoul, KOR) — *Brüggemann (1990) - scientific research project at the games of the XXXIV Olympiad, Seoul 1988*

date	28-Sep-88	time		11.60		21.95		32.78		44.95	44.95	8 / 7						
reaction time	0.306	interval				10.35		10.83		12.17		# of strides	11.60	10.35	10.83	12.17	21.95	23.00	1.05
		velocity		8.62		9.66		9.23		8.22	8.90		8.62	9.66	9.23	8.22	9.11	8.70	

Semi-Final 2 - 1988 Olympic Games (Seoul, KOR) — *Brüggemann (1990) - scientific research project at the games of the XXXIV Olympiad, Seoul 1988*

date	26-Sep-88	time		11.31		21.83		32.69		44.60	44.60	3 / 2						
reaction time	0.211	interval				10.52		10.86		11.91	PB	# of strides	11.31	10.52	10.86	11.91	21.83	22.77	0.94
		velocity		8.84		9.51		9.21		8.40	8.97		8.84	9.51	9.21	8.40	9.16	8.78	

Motoshio, Ryo (JPN) (1990)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2012 Japanese National Championships (Osaka, JPN)																	
Maho (2013) - race analysis of the men's 400m run in competition																	
date 09-Jun-12	time	6.13	11.30	16.62	22.26	28.14	34.12	40.29	46.89	46.89	2 / 5							
reaction time	interval		5.17	5.32	5.64	5.88	5.98	6.17	6.60		# of strides	11.30	10.96	11.86	12.77	22.26	24.63	2.37
	velocity	8.16	9.67	9.40	8.87	8.50	8.36	8.10	7.58	8.53	174.5	8.85	9.12	8.43	7.83	8.98	8.12	

Mottley, Wendell (TTO) (1941)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1964 Olympic Games (Tokyo, JPN)																	
Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016																	
date 19-Sep-64	time				21.6		33.2		45.2	45.2	7 / 2							
reaction time	interval						11.60		12.00	*(45.24)*	# of strides			11.60	12.00	21.60	23.60	2.00
	velocity				9.26		8.62		8.33	8.85				8.62	8.33	9.26	8.47	

Mouttakil, Kamal (MAR) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2023 Meeting International Mohammed VI d'Athlétisme (Rabat, MAR)																	
Omega Timing (2023) - diamond league race analysis																	
date 28-May-23	time	6.53	11.91	17.52	23.44	29.27	35.19	41.10	47.48	47.48	5 / 2							
reaction time 0.281	interval		5.38	5.61	5.92	5.83	5.92	5.91	6.38		# of strides	11.91	11.53	11.75	12.29	23.44	24.04	0.60
	velocity	7.66	9.29	8.91	8.45	8.58	8.45	8.46	7.84	8.42		8.40	8.67	8.51	8.14	8.53	8.32	

Mujezinovic, Abedin (BIH) (1993)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
A Final - 2023 European Team Championships, Third Division (Chorzów, POL)																	
European Athletics (2023) - 3rd european games, athletics - results book																	
date 20-Jun-23	time			12.03		23.09		35.16		47.85	47.85	2 / 6						
reaction time 0.269	interval					11.06		12.07		12.69		# of strides	12.03	11.06	12.07	12.69	23.09	24.76	1.67
	velocity			8.31		9.04		8.29		7.88	8.36		8.31	9.04	8.29	7.88	8.66	8.08	

Mukai, Yukihiro (JPN) (1980)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2006 Seiko Super Grand Prix (Yokohama, JPN)																	
Hisashi (2007) - Super Grand Prix 2006 - sprinting speed changes in the 400m																	
date 24-Sep-06	time	6.3	11.4	16.7	22.3	28.1	33.9	39.9	46.37	46.37	2 / 5							
reaction time	interval		5.10	5.30	5.60	5.80	5.80	6.00	6.47		# of strides	11.40	10.90	11.60	12.47	22.30	24.07	1.77
	velocity	7.94	9.80	9.43	8.93	8.62	8.62	8.33	7.73	8.63		8.77	9.17	8.62	8.02	8.97	8.31	

Mukuno, Ryosuke (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 Shimane High School Championships (Izumo, JPN)																	
Shimizu (2023) - shimane high school championships 2023 - biomechanics data analysis																	
date 26-May-23	time			13.20		26.37		39.57		53.21	53.21	1 / 8						
reaction time	interval					13.17		13.20		13.64		# of strides	13.20	13.17	13.20	13.64	26.37	26.84	0.47
	velocity			7.58		7.59		7.58		7.33	7.52		7.58	7.59	7.58	7.33	7.58	7.45	

Mukushita, Genya (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2017 Kansai Regional University Championships (Osaka, JPN)																	
(2017) - tfdata-store.com/2017/05/13/post-441/																	
date 11-May-17	time			11.81		22.64		34.12		47.42	47.42	2 / 5						
reaction time	interval					10.83		11.48		13.30	PB	# of strides	11.81	10.83	11.48	13.30	22.64	24.78	2.14
	velocity			8.47		9.23		8.71		7.52	8.44		8.47	9.23	8.71	7.52	8.83	8.07	

Müller, Norman (GER) (1985)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 3 - 2009 IAAF World Championships (Berlin, GER)																	
Graubner (2009) - biomechanical analyses at the 12th IAAF world championships																	
date 19-Aug-09	time			11.65		22.58		34.55		48.20	48.20	5 / 1						
reaction time 0.184	interval					10.93		11.97		13.65		# of strides	11.65	10.93	11.97	13.65	22.58	25.62	3.04
	velocity			8.58		9.15		8.35		7.33	8.30	176.0	8.58	9.15	8.35	7.33	8.86	7.81	

Mullings, Ken (BAH) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 1 - 2024 Olympic Games (Paris, FRA)																	
Paris 2024 Olympic Games - Results Book (2024)																	
date 02-Aug-24	time	6.30	11.52	13.97	22.75	28.86	35.23	42.04	49.43	49.43	7 / 4							
reaction time 0.177	interval		5.22	2.45	8.78	6.11	6.37	6.81	7.39		# of strides	11.52	11.23	12.48	14.20	22.75	26.68	3.93
	velocity	7.94	9.58	20.41	5.69	8.18	7.85	7.34	6.77	8.09	180.0	8.68	8.90	8.01	7.04	8.79	7.50	

Decathlon - Heat 1 - 2022 World Athletics Championships (Eugene, OR) — *Timing by Seiko (2022) - world athletics championships race analysis*

date	23-Jul-22	time		11.87		23.64		36.13		49.25	49.25	5 / 2						
reaction time	0.137	interval				11.77		12.49		13.12		# of strides	11.87	11.77	12.49	13.12	23.64	25.61	1.97
		velocity		8.42		8.50		8.01		7.62	8.12	181.0	8.42	8.50	8.01	7.62	8.46	7.81	

Munyai, Clarence (RSA) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2017 Golden Spike (Ostrava, CZE) (300m)																	
(2017.07.01) - https://twitter.com/touchdown_time/media?lang=en&lang=en&lang=en&lang=en																	
date 28-Jun-17	time			10.55		20.42		31.61			31.61	3 / 3						**100m-300m**
reaction time 0.155	interval					9.87		11.19			WJR	# of strides	10.55	9.87	11.19		20.42		21.06
	velocity			9.48		10.13		8.94			9.49	136.2	9.48	10.13	8.94		9.79		9.50

Muraki, Daiki (JPN) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Division 1 Semi-Final 1 - 2017 Kanto Collegiate Championships (Yokohama, JPN)																	
(2017) - tfdata-store.com/2017/06/02/post-835/																	
date 26-May-17	time			11.83		23.14		35.49		48.71	48.71	8 / ~~8~~ 7						
reaction time	interval					11.31		12.35		13.22		# of strides	11.83	11.31	12.35	13.22	23.14	25.57	2.43
	velocity			8.45		8.84		8.10		7.56	8.21	184.5	8.45	8.84	8.10	7.56	8.64	7.82	

Murphy, Miles (AUS) (1967)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 1986 IAAF World Junior Championships (Athens, GRE) — *Moravec (1986) - IAAF biomechanical research - Athens 1986 - sprints*

date	18-Jul-86	time	11.15		21.46		32.74		45.64	45.64	/ 1					
reaction time		interval			10.31		11.28		12.90	CR	# of strides	11.15	10.31	11.28	12.90	21.46	24.18	2.72
		velocity	8.97		9.70		8.87		7.75	8.76		8.97	9.70	8.87	7.75	9.32	8.27	

Musa, Mubarak Abdulkarim (QAT) (20

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 Doha Diamond League (Doha, QAT)																	*Omega Timing (2023) - diamond league race analysis*
date 05-May-23	time	6.85	12.63	18.93	25.04	31.06	36.98	43.33	50.20	50.20	6 / 6							
reaction time 0.230	interval		5.78	6.30	6.11	6.02	5.92	6.35	6.87		# of strides	12.63	12.41	11.94	13.22	25.04	25.16	0.12
	velocity	7.30	8.65	7.94	8.18	8.31	8.45	7.87	7.28	7.97		7.92	8.06	8.38	7.56	7.99	7.95	

Mutinda, George (KEN) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 6 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 14-Sep-25	time		11.48		21.97		33.05		45.07	45.07	7 / 5							
reaction time 0.202	interval				10.49		11.08		12.02		# of strides	11.48	10.49	11.08	12.02	21.97	23.10	1.13
	velocity		8.71		9.53		9.03		8.32	8.88		8.71	9.53	9.03	8.32	9.10	8.66	

Mweresa, Boniface (KEN) (1993)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 1 - 2023 World Athletics Championships (Budapest, HUN)																	*Seiko Timing (2023) - world championship race analysis*
date 20-Aug-23	time		11.66		22.48		33.85		45.91	45.91	3 / 7							
reaction time 0.190	interval				10.82		11.37		12.06		# of strides	11.66	10.82	11.37	12.06	22.48	23.43	0.95
	velocity		8.58		9.24		8.80		8.29	8.71		8.58	9.24	8.80	8.29	8.90	8.54	

FINAL - 2022 Commonwealth Games (Birmingham, GBR) — *Longines Timing (2022) - commonwealth games race analysis*

date	07-Aug-22	time	6.0	10.8	15.8	21.0	26.5	32.3	38.4	44.96	44.96	6 / 4						
reaction time	0.178	interval		4.80	5.00	5.20	5.50	5.80	6.10	6.56	PB	# of strides	10.80	10.20	11.30	12.66	21.00	23.96	2.96
		velocity	8.33	10.42	10.00	9.62	9.09	8.62	8.20	7.62	8.90	178.7	9.26	9.80	8.85	7.90	9.52	8.35	

Semi-Final 1 - 2022 Commonwealth Games (Birmingham, GBR) — *Longines Timing (2022) - commonwealth games race analysis*

date	05-Aug-22	time	6.0	11.0	16.3	21.8	27.5	33.4	39.4	45.85	45.85	4 / 2						
reaction time	0.181	interval		5.00	5.30	5.50	5.70	5.90	6.00	6.45		# of strides	11.00	10.80	11.60	12.45	21.80	24.05	2.25
		velocity	8.33	10.00	9.43	9.09	8.77	8.47	8.33	7.75	8.72	181.0	9.09	9.26	8.62	8.03	9.17	8.32	

Semi-Final 2 - 2017 IAAF World Championships (London, GBR) — *Pollitt (2018) - biomechanical report for the IAAF World Champs - London 2017 - Men's 400m*

date	06-Aug-17	time		10.76		21.26		32.72	38.92	45.70	45.93	3 / 8						
reaction time	0.234	interval				10.50		11.46	6.20	6.78		# of strides	10.76	10.50	11.46	12.98	21.26	24.44	3.18
		velocity		9.29		9.52		8.73	8.06	7.37	8.71	182.3	9.29	9.52	8.73	7.70	9.41	8.18	

Myers, Lon (USA) (1858)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1881 Time Trial in Solo Effort (New York, NY) (640y Circuit)																	*Hymans (2015) - progression of IAAF world records - 2015 edition*
date 22-Oct-81	time						34.8		48.5	48.5	/ 1							
reaction time	interval								13.7		# of strides				13.70			
	velocity						8.62		7.30	8.25	*(48 4/5 /440y)*				7.30			

Nabeshima, Ebisu (JPN) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
U19 Semi-Final 2 - 2017 National Sports Festival (Matsuyama, JPN)																	*(2017) - tfdata-store.com/2017/10/12/post-1100/*
date 08-Oct-17	time		11.62		22.54		34.98		48.56	48.56	2 / 7							
reaction time 0.197	interval				10.92		12.44		13.58		# of strides	11.62	10.92	12.44	13.58	22.54	26.02	3.48
	velocity		8.61		9.16		8.04		7.36	8.24	185.2	8.61	9.16	8.04	7.36	8.87	7.69	

U19 Heat 1 - 2017 National Sports Festival (Matsuyama, JPN) — *(2017) - tfdata-store.com/2017/10/12/post-1100/*

date	08-Oct-17	time		11.89		23.19		35.32		48.35	48.35	9 / 4						
reaction time	0.204	interval				11.30		12.13		13.03		# of strides	11.89	11.30	12.13	13.03	23.19	25.16	1.97
		velocity		8.41		8.85		8.24		7.67	8.27	185.2	8.41	8.85	8.24	7.67	8.62	7.95	

Nadj, Levente (HUN) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 European Athletics U20 Championships (Tallin, EST)																	*European Athletics (2021) - european athletics U20 championships results book*
date 16-Jul-21	time		11.54		22.39		34.18		46.98	46.98	1 / 5							
reaction time 0.163	interval				10.85		11.79		12.80		# of strides	11.54	10.85	11.79	12.80	22.39	24.59	2.20
	velocity		8.67		9.22		8.48		7.81	8.51		8.67	9.22	8.48	7.81	8.93	8.13	

Semi-Final 1 - 2021 European Athletics U20 Championships (Tallin, EST) — *European Athletics (2021) - european athletics U20 championships results book*

date	15-Jul-21	time		11.93		23.20		34.65		46.90	46.90	3 / 4						
reaction time	0.169	interval				11.27		11.45		12.25	PB	# of strides	11.93	11.27	11.45	12.25	23.20	23.70	0.50
		velocity		8.38		8.87		8.73		8.16	8.53		8.38	8.87	8.73	8.16	8.62	8.44	

Nagayoshi, Haruto (JPN) (2004)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2022 Japanese National High School Championships (Naruto, JPN)																	*Kishima (2022) - national high school championships biomechanics data collection*
date 03-Aug-22	time		11.78		22.80		35.07		48.53	48.53	9 / 6							
reaction time 0.167	interval				11.02		12.27		13.46		# of strides	11.78	11.02	12.27	13.46	22.80	25.73	2.93
	velocity		8.49		9.07		8.15		7.43	8.24	192.0	8.49	9.07	8.15	7.43	8.77	7.77	

Nakagawa, Shigeki (JPN) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Division 2 FINAL - 2017 Kanto Collegiate Championships (Yokohama, JPN)																	*(2017) - tfdata-store.com/2017/06/01/post-786/*
date 26-May-17	time		11.48		22.10		33.99		47.50	47.50	6 / 3							
reaction time	interval				10.62		11.89		13.51		# of strides	11.48	10.62	11.89	13.51	22.10	25.40	3.30
	velocity		8.71		9.42		8.41		7.40	8.42	186.5	8.71	9.42	8.41	7.40	9.05	7.87	

Division 2 Semi-Final 2 - 2017 Kanto Collegiate Championships (Yokohama, JPN) — *(2017) - tfdata-store.com/2017/06/02/post-835/*

date	26-May-17	time		11.40		21.93		33.69		47.45	47.45	6 / 1						
reaction time		interval				10.53		11.76		13.76	PB	# of strides	11.40	10.53	11.76	13.76	21.93	25.52	3.59
		velocity		8.77		9.50		8.50		7.27	8.43	187.0	8.77	9.50	8.50	7.27	9.12	7.84	

FINAL - 2013 Japanese National High School Championships (Oita, JPN) — *Matsuo (2013) - 66th high school championships: JAF scientific committee- biomechanics data*

date	30-Jul-13	time		11.62		22.37		33.92		46.97	46.97	8 / 3						

reaction time		interval			10.75		11.55		13.05	PB	# of strides	11.62	10.75	11.55	13.05	22.37	24.60	2.23
		velocity	8.61		9.30		8.66		7.66	8.52		8.61	9.30	8.66	7.66	8.94	8.13	

Nakagawa, Yuichiro (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

B FINAL - 2017 Nanbu Memorial Meeting (Sapporo, JPN) *(2017) - tfdata-store.com/2017/07/11/post-1010/*

date	09-Jul-17	time		11.75		23.33		35.45		48.68	48.68	3 / 2						
reaction time		interval				11.58		12.12		13.23		# of strides	11.75	11.58	12.12	13.23	23.33	25.35	2.02
		velocity		8.51		8.64		8.25		7.56	8.22	195.0	8.51	8.64	8.25	7.56	8.57	7.89	

Nakajima, Yuki Joseph (JPN) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2025 World Athletics Championships (Tokyo, JPN) *Seiko Timing (2025) - 2025 World Championships race analysis*

date	18-Sep-25	time		11.19		21.68		32.67		44.62	44.62	9 / 6						
reaction time	0.201	interval				10.49		10.99		11.95		# of strides	11.19	10.49	10.99	11.95	21.68	22.94	1.26
		velocity		8.94		9.53		9.10		8.37	8.96	170.0	8.94	9.53	9.10	8.37	9.23	8.72	

Semi-Final 3 - 2025 World Athletics Championships (Tokyo, JPN) *Seiko Timing (2025) - 2025 World Championships race analysis*

date	16-Sep-25	time		11.23		21.65		32.77		44.53	44.53	7 / 2						
reaction time	0.195	interval				10.42		11.12		11.76		# of strides	11.23	10.42	11.12	11.76	21.65	22.88	1.23
		velocity		8.90		9.60		8.99		8.50	8.98	169.0	8.90	9.60	8.99	8.50	9.24	8.74	

Heat 2 - 2025 World Athletics Championships (Tokyo, JPN) *Seiko Timing (2025) - 2025 World Championships race analysis*

date	14-Sep-25	time		11.20		21.52		32.69		44.44	44.44	4 / 2						
reaction time	0.175	interval				10.32		11.17		11.75	NR PB	# of strides	11.20	10.32	11.17	11.75	21.52	22.92	1.40
		velocity		8.93		9.69		8.95		8.51	9.00	170.5	8.93	9.69	8.95	8.51	9.29	8.73	

Heat 3 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	04-Aug-24	time	6.32	11.33	16.47	21.81	27.34	33.00	38.94	45.37	45.37	9 / 6						
reaction time	0.194	interval		5.01	5.14	5.34	5.53	5.66	5.94	6.43		# of strides	11.33	10.48	11.19	12.37	21.81	23.56	1.75
		velocity	7.91	9.98	9.73	9.36	9.04	8.83	8.42	7.78	8.82	174.0	8.83	9.54	8.94	8.08	9.17	8.49	

FINAL - 2023 Xiamen Diamond League (Xiamen, CHN) *Omega Timing (2023) - diamond league race analysis*

date	02-Sep-23	time	6.29	11.29	16.48	21.85	27.29	33.01	38.90	45.19	45.19	8 / 7						
reaction time	0.179	interval		5.00	5.19	5.37	5.44	5.72	5.89	6.29		# of strides	11.29	10.56	11.16	12.18	21.85	23.34	1.49
		velocity	7.95	10.00	9.63	9.31	9.19	8.74	8.49	7.95	8.85	170.0	8.86	9.47	8.96	8.21	9.15	8.57	

Semi-Final 3 - 2023 World Athletics Championships (Budapest, HUN) *Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*

date	22-Aug-23	time	6.23	11.19	16.22	21.51	26.96	32.69	38.64	45.04	45.04	9 / 3						
reaction time	0.215	interval		4.88	4.95	5.15	5.36	5.60	5.88	6.40	PB	# of strides	11.19	10.32	11.18	12.35	21.51	23.53	2.02
		velocity	8.28	10.25	10.10	9.71	9.33	8.93	8.50	7.81	8.88	170.0	8.94	9.69	8.94	8.10	9.30	8.50	

Heat 5 - 2023 World Athletics Championships (Budapest, HUN) *Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*

date	20-Aug-23	time	6.26	11.32	16.49	21.77	27.19	32.86	38.74	45.15	45.15	4 / 3						
reaction time	0.181	interval		5.06	5.17	5.28	5.42	5.67	5.88	6.41		# of strides	11.32	10.45	11.09	12.29	21.77	23.38	1.61
		velocity	7.99	9.88	9.67	9.47	9.23	8.82	8.50	7.80	8.86	166.5	8.83	9.57	9.02	8.14	9.19	8.55	

FINAL - 2023 Bauhaus Galan (Stockholm, SWE) *Omega Timing (2023) - diamond league race analysis*

date	02-Jul-23	time	6.37	11.49	16.81	22.32	27.98	33.79	39.79	46.21	46.21	8 / 8						
reaction time	0.207	interval		5.12	5.32	5.51	5.66	5.81	6.00	6.42		# of strides	11.49	10.83	11.47	12.42	22.32	23.89	1.57
		velocity	7.85	9.77	9.40	9.07	8.83	8.61	8.33	7.79	8.66		8.70	9.23	8.72	8.05	8.96	8.37	

FINAL - 2023 Japanese National Championsips (Osaka, JPN) *Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*

date	04-Jun-23	time	6.22	11.20	16.28	21.54	26.97	32.72	38.77	45.15	45.15	7 / 1						
reaction time	0.175	interval		4.98	5.08	5.26	5.43	5.75	6.05	6.38	PB	# of strides	11.20	10.34	11.18	12.43	21.54	23.61	2.07
		velocity	8.04	10.04	9.84	9.51	9.21	8.70	8.26	7.84	8.86	172.5	8.93	9.67	8.94	8.05	9.29	8.47	

Heat 3 - 2023 Japanese National Championsips (Osaka, JPN) *Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*

date	03-Jun-23	time	6.17	11.12	16.20	21.52	27.07	32.94	39.06	45.49	45.49	5 / 1						
reaction time	0.167	interval		4.95	5.08	5.32	5.55	5.87	6.12	6.43		# of strides	11.12	10.40	11.42	12.55	21.52	23.97	2.45
		velocity	8.10	10.10	9.84	9.40	9.01	8.52	8.17	7.78	8.79	172.0	8.99	9.62	8.76	7.97	9.29	8.34	

FINAL - 2023 Seiko Golden Grand Prix (Yokohama, JPN) *Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*

date	21-May-23	time	6.15	11.16	16.28	21.55	26.99	32.75	38.83	45.31	45.31	6 / 1						
reaction time	0.171	interval		5.01	5.12	5.27	5.44	5.76	6.08	6.48	PB	# of strides	11.16	10.39	11.20	12.56	21.55	23.76	2.21
		velocity	8.13	9.98	9.77	9.49	9.19	8.68	8.22	7.72	8.83	172.5	8.96	9.62	8.93	7.96	9.28	8.42	

C Final - 2021 Denka Athletics Challenge Cup (Niigata, JPN) *Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition*

date	06-Jun-21	time	6.43	11.58	16.83	22.28	27.82	33.63	39.68	46.09	46.09	1 / 1						
reaction time		interval		5.15	5.25	5.45	5.54	5.81	6.05	6.41	PB	# of strides	11.58	10.70	11.35	12.46	22.28	23.81	1.53
		velocity	7.78	9.71	9.52	9.17	9.03	8.61	8.26	7.80	8.68	171.2	8.64	9.35	8.81	8.03	8.98	8.40	

FINAL - 2020 Japanese U20 National Championships (Hiroshima, JPN) *Kobayashi (2002) - national high school and U20 national championhsips*

date	23-Oct-20	time	6.46	11.85	17.40	23.15	29.08	35.17	41.43	48.12	48.12	3 / 6						
reaction time	0.188	interval		5.39	5.55	5.75	5.93	6.09	6.26	6.69		# of strides	11.85	11.30	12.02	12.95	23.15	24.97	1.82
		velocity	7.74	9.28	9.01	8.70	8.43	8.21	7.99	7.47	8.31	173.7	8.44	8.85	8.32	7.72	8.64	8.01	

Heat 2 - 2020 Japanese U20 National Championships (Hiroshima, JPN) *Kobayashi (2002) - national high school and U20 national championhsips*

date	23-Oct-20	time	6.23	11.56	16.98	22.55	28.39	34.54	40.86	47.54	47.54	1 / 1						
reaction time	0.170	interval		5.33	5.42	5.57	5.84	6.15	6.32	6.68		# of strides	11.56	10.99	11.99	13.00	22.55	24.99	2.44
		velocity	8.03	9.38	9.23	8.98	8.56	8.13	7.91	7.49	8.41	171.1	8.65	9.10	8.34	7.69	8.87	8.00	

U18 FINAL - 2019 Japanese National U18/U20 Championships (Hiroshima, JPN) (300m) *Kijima (2019) - research on athlete performance and technique- 2019 data book*

date	18-Oct-19	time		12.10		23.57		35.70			35.70	1 / 8						***100m-300m***
reaction time	0.184	interval				11.47		12.13				# of strides	12.10	11.47	12.13		23.57		*23.60*
		velocity		8.26		8.72		8.24			8.40		8.26	8.72	8.24		8.49		*8.47*

Nakamichi, Daiki (JPN) (2004)			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2022 Japanese National High School Championships (Naruto, JPN)													*Kishima (2022) - national high school championships biomechanics data collection*						
date	03-Aug-22	time		11.92		23.19		35.51		48.01	48.01	7 / 4							
reaction time	0.164	interval				11.27		12.32		12.50		# of strides	11.92	11.27	12.32	12.50	23.19	24.82	1.63
		velocity		8.39		8.87		8.12		8.00	8.33	180.0	8.39	8.87	8.12	8.00	8.62	8.06	

Nakamura, Akihiko (JPN) (1990)			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 1 - 2023 Japanese Multi-Event National Championsips (Akita, JPN)													*Matsubayashi (2024) - performance analysis of decathlon athletes in the 2023 season*						
date	10-Jun-23	time	6.85	12.49	18.31	24.37	30.65	37.13	43.65	50.40	50.40	7 / 2							
reaction time		interval		5.64	5.82	6.06	6.28	6.48	6.52	6.75		# of strides	12.49	11.88	12.76	13.27	24.37	26.03	1.66
		velocity	7.30	8.87	8.59	8.25	7.96	7.72	7.67	7.41	7.94		8.01	8.42	7.84	7.54	8.21	7.68	
Decathlon - FINAL - 2022 Japanese Multi-Event National Championsips (Akita, JPN)													*Takefu (2023) - performance analyisis of decathlon athletes in the 2022 season*						
date	04-Jun-22	time	6.37	11.78	17.33	23.26	29.55	36.19	43.17	50.94	50.94	4 / 7							
reaction time		interval		5.41	5.55	5.93	6.29	6.64	6.98	7.77		# of strides	11.78	11.48	12.93	14.75	23.26	27.68	4.42
		velocity	7.85	9.24	9.01	8.43	7.95	7.53	7.16	6.44	7.85		8.49	8.71	7.73	6.78	8.60	7.23	
Decathlon - Heat 2 - 2022 Michitaka Kinami Memorial (Osaka, JPN)													*Takefu (2023) - performance analyisis of decathlon athletes in the 2022 season*						
date	30-Apr-22	time	6.58	12.16	17.78	23.69	29.84	36.29	43.05	50.26	50.26	4 / 4							
reaction time	0.139	interval		5.58	5.62	5.91	6.15	6.45	6.76	7.21		# of strides	12.16	11.53	12.60	13.97	23.69	26.57	2.88
		velocity	7.60	8.96	8.90	8.46	8.13	7.75	7.40	6.93	7.96		8.22	8.67	7.94	7.16	8.44	7.53	
Decathlon - Heat 3 - 2020 Japanese Multi-Event National Championships (Nagano, JPN)													*Matsubayashi (2020) - research on athlete performance and technique- 2020 data book*						
date	26-Sep-20	time	6.52	12.00	17.68	23.52	29.55	35.83	42.38	49.39	49.39	5 / 6							
reaction time		interval		5.48	5.68	5.84	6.03	6.28	6.55	7.01		# of strides	12.00	11.52	12.31	13.56	23.52	25.87	2.35
		velocity	7.67	9.12	8.80	8.56	8.29	7.96	7.63	7.13	8.10		8.33	8.68	8.12	7.37	8.50	7.73	
Decathlon - Heat 3 - 2019 Japanese National Multi-Event Championships (Nagano, JPN)													*Matsubayashi (2019) - research on athlete performance and technique- 2019 data book*						
date	08-Jun-19	time	6.45	11.90	17.48	23.39	29.57	35.95	42.67	50.06	50.06	7 / 4							
reaction time		interval		5.45	5.58	5.91	6.18	6.38	6.72	7.39		# of strides	11.90	11.49	12.56	14.11	23.39	26.67	3.28
		velocity	7.75	9.17	8.96	8.46	8.09	7.84	7.44	6.77	7.99		8.40	8.70	7.96	7.09	8.55	7.50	
Decathlon - Heat 3 - 2018 Japanese National Multi-Event Championships (Nagano, JPN)													*Matsubayashi (2018) - research on athlete performance and technique- 2018 data book*						
date	16-Jun-18	time	6.51	11.97	17.75	23.80	29.98	36.19	42.53	49.17	49.17	6 / 1							
reaction time		interval		5.46	5.78	6.05	6.18	6.21	6.34	6.64		# of strides	11.97	11.83	12.39	12.98	23.80	25.37	1.57
		velocity	7.68	9.16	8.65	8.26	8.09	8.05	7.89	7.53	8.14		8.35	8.45	8.07	7.70	8.40	7.88	
Decathlon - Heat 2 - 2018 Tokyo Combined Event Meeting (Tokyo, JPN)													*Matsubayashi (2018) - research on athlete performance and technique- 2018 data book*						
date	21-Apr-18	time	6.45	11.89	17.37	23.03	28.96	35.30	41.95	48.89	48.89	4 / 1							
reaction time		interval		5.44	5.48	5.66	5.93	6.34	6.65	6.94		# of strides	11.89	11.14	12.27	13.59	23.03	25.86	2.83
		velocity	7.75	9.19	9.12	8.83	8.43	7.89	7.52	7.20	8.18		8.41	8.98	8.15	7.36	8.68	7.73	
Decathlon - Heat 2 - 2014 Asian Games (Incheon, KOR)													*Takeo (2014) - decathletes sprint ability and relationship of individual performance*						
date	30-Sep-14	time	6.33	11.62	17.22	23.02	29.04	35.19	41.47	48.19	48.19	/ 1							
reaction time		interval		5.29	5.60	5.80	6.02	6.15	6.28	6.72		# of strides	11.62	11.40	12.17	13.00	23.02	25.17	2.15
		velocity	7.90	9.45	8.93	8.62	8.31	8.13	7.96	7.44	8.30		8.61	8.77	8.22	7.69	8.69	7.95	
Decathlon - Heat 1 - 2014 Japanese Multi-Event Naitonal Championships (Nagano, JPN)													*Takeo (2014) - decathletes sprint ability and relationship of individual performance*						
date	31-May-14	time	6.40	11.82	17.35	23.09	28.93	34.95	41.05	47.48	47.48	5 / 1							
reaction time		interval		5.42	5.53	5.74	5.84	6.02	6.10	6.43		# of strides	11.82	11.27	11.86	12.53	23.09	24.39	1.30
		velocity	7.81	9.23	9.04	8.71	8.56	8.31	8.20	7.78	8.42		8.46	8.87	8.43	7.98	8.66	8.20	
Decathlon - Heat 2 - 2014 Nittai University Distance Meeting (Wakayama, JPN)													*Takeo (2014) - decathletes sprint ability and relationship of individual performance*						
date	26-Apr-14	time	6.39	11.69	17.15	22.83	28.73	34.81	41.06	47.79	47.79	6 / 1							
reaction time		interval		5.30	5.46	5.68	5.90	6.08	6.25	6.73		# of strides	11.69	11.14	11.98	12.98	22.83	24.96	2.13
		velocity	7.82	9.43	9.16	8.80	8.47	8.22	8.00	7.43	8.37		8.55	8.98	8.35	7.70	8.76	8.01	
Decathlon - Heat 3 - 2013 Japanese Multi-Event National Championship (Nagano, JPN)													*Takeo (2014) - decathletes sprint ability and relationship of individual performance*						
date	01-Jun-13	time	6.34	11.66	17.15	22.85	28.80	34.71	40.84	47.32	47.32	6 / 1							
reaction time		interval		5.32	5.49	5.70	5.95	5.91	6.13	6.48		# of strides	11.66	11.19	11.86	12.61	22.85	24.47	1.62
		velocity	7.89	9.40	9.11	8.77	8.40	8.46	8.16	7.72	8.45		8.58	8.94	8.43	7.93	8.75	8.17	
Decathlon - Heat 2 - 2013 Wakayama Athletics Meeting (Wakayama, JPN)													*Takeo (2014) - decathletes sprint ability and relationship of individual performance*						
date	27-Apr-13	time	6.33	11.56	16.95	22.85	29.04	35.19	41.38	48.09	48.09	6 / 1							
reaction time		interval		5.23	5.39	5.90	6.19	6.15	6.19	6.71		# of strides	11.56	11.29	12.34	12.90	22.85	25.24	2.39
		velocity	7.90	9.56	9.28	8.47	8.08	8.13	8.08	7.45	8.32		8.65	8.86	8.10	7.75	8.75	7.92	
Decathlon - Heat 2 - 2012 Japanese Multi-Event National Championships (Nagano, JPN)													*Takeo (2014) - decathletes sprint ability and relationship of individual performance*						
date	02-Jun-12	time	6.34	11.53	16.87	22.46	28.26	34.27	40.48	47.17	47.17	4 / 1							
reaction time		interval		5.19	5.34	5.59	5.80	6.01	6.21	6.69	**PB**	# of strides	11.53	10.93	11.81	12.90	22.46	24.71	2.25
		velocity	7.89	9.63	9.36	8.94	8.62	8.32	8.05	7.47	8.48		8.67	9.15	8.47	7.75	8.90	8.09	
Decathlon - Heat ?? - 2012 Tokyo Athletics Championships (Chofu, JPN)													*Takeo (2014) - decathletes sprint ability and relationship of individual performance*						
date	21-Apr-12	time	6.26	11.53	16.88	22.48	28.34	34.48	40.84	47.67	47.67	???							
reaction time		interval		5.27	5.35	5.60	5.86	6.14	6.36	6.83	**PB**	# of strides	11.53	10.95	12.00	13.19	22.48	25.19	2.71
		velocity	7.99	9.49	9.35	8.93	8.53	8.14	7.86	7.32	8.39		8.67	9.13	8.33	7.58	8.90	7.94	
Decathlon - Heat ?? - 2011 Japanese Multi-Event National Championships (Kawasaki, JPN)													*Takeo (2014) - decathletes sprint ability and relationship of individual performance*						
date	04-Jun-11	time	6.34	11.61	17.08	22.87	28.81	34.86	41.12	47.76	47.76	???							
reaction time		interval		5.27	5.47	5.79	5.94	6.05	6.26	6.64	**PB**	# of strides	11.61	11.26	11.99	12.90	22.87	24.89	2.02
		velocity	7.89	9.49	9.14	8.64	8.42	8.26	7.99	7.53	8.38		8.61	8.88	8.34	7.75	8.75	8.04	

Nakano, Hiroyuki (JPN) (1988)			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2012 Kokutai National Sport Festival (Gifu, JPN)													*Maho (2013) - race analysis of the men's 400m run in competition*						
date	08-Oct-12	time	6.31	11.42	16.72	22.15	27.64	33.29	39.30	45.82	45.82	/ 1							

reaction time		interval		5.11	5.30	5.43	5.49	5.65	6.01	6.52		# of strides	11.42	10.73	11.14	12.53	22.15	23.67	1.52
		velocity	7.92	9.78	9.43	9.21	9.11	8.85	8.32	7.67	8.73		8.76	9.32	8.98	7.98	9.03	8.45	

FINAL - 2012 Japanese National Championships (Osaka, JPN) *Maho (2013) - race analysis of the men's 400m run in competition*

date	09-Jun-12	time	6.37	11.66	17.12	22.76	28.40	34.06	39.93	46.23	46.23	4 / 2						
reaction time		interval		5.29	5.46	5.64	5.64	5.66	5.87	6.30		# of strides	11.66	11.10	11.30	12.17	22.76	23.47	0.71
		velocity	7.85	9.45	9.16	8.87	8.87	8.83	8.52	7.94	8.65	182.7	8.58	9.01	8.85	8.22	8.79	8.52	

FINAL - 2011 Japanese National Championships (Kumagaya, JPN) *Maho (2013) - race analysis of the men's 400m run in competition*

date	12-Jun-11	time	6.19	11.42	16.78	22.29	27.99	33.76	39.77	46.31	46.31	/ 4						
reaction time		interval		5.23	5.36	5.51	5.70	5.77	6.01	6.54		# of strides	11.42	10.87	11.47	12.55	22.29	24.02	1.73
		velocity	8.08	9.56	9.33	9.07	8.77	8.67	8.32	7.65	8.64		8.76	9.20	8.72	7.97	8.97	8.33	

Nakao, Hyousei (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 Shimane High School Championships (Izumo, JPN)											*Shimizu (2021) - shimane high school championships 2021 - biomechanics data analysis*						
date 28-May-21 time		12.95		25.03		37.79		51.79	51.79	1 / 6							
reaction time interval				12.08		12.76		14.00		# of strides	12.95	12.08	12.76	14.00	25.03	26.76	1.73
velocity		7.72		8.28		7.84		7.14	7.72		7.72	8.28	7.84	7.14	7.99	7.47	

Nakatsukue, Haruhiko (JPN) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
U19 FINAL - 2016 National Sports Festival (Kitakami, JPN)											*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*						
date 10-Oct-16 time	6.54	11.92	17.50	23.39	29.44	35.64	42.01	48.62	48.62	3 / 7							
reaction time 0.208 interval		5.38	5.58	5.89	6.05	6.20	6.37	6.61		# of strides	11.92	11.47	12.25	12.98	23.39	25.23	1.84
velocity	7.65	9.29	8.96	8.49	8.26	8.06	7.85	7.56	8.23		8.39	8.72	8.16	7.70	8.55	7.93	

FINAL - 2016 Japanese National High School Championships (Okayama, JPN) *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	29-Jul-16	time	6.45	11.67	17.07	22.68	28.58	34.74	40.98	47.54	47.54	2 / 5						
reaction time	0.171	interval		5.22	5.40	5.61	5.90	6.16	6.24	6.56		# of strides	11.67	11.01	12.06	12.80	22.68	24.86	2.18
		velocity	7.75	9.58	9.26	8.91	8.47	8.12	8.01	7.62	8.41		8.57	9.08	8.29	7.81	8.82	8.05	

U19 FINAL - 2015 National Sports Festival (Wakayama, JPN) *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	05-Oct-15	time	6.61	12.02	17.55	23.39	29.38	35.50	41.58	47.93	47.93	/ 4						
reaction time		interval		5.41	5.53	5.84	5.99	6.12	6.08	6.35		# of strides	12.02	11.37	12.11	12.43	23.39	24.54	1.15
		velocity	7.56	9.24	9.04	8.56	8.35	8.17	8.22	7.87	8.35		8.32	8.80	8.26	8.05	8.55	8.15	

Nakazawa, Shunsuke (JPN) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
U19 Heat 1 - 2017 National Sports Festival (Matsuyama, JPN)											*(2017) - tfdata-store.com/2017/10/12/post-1100/*						
date 08-Oct-17 time		11.83		23.19		35.51		49.24	49.24	8 / 7							
reaction time 0.188 interval				11.36		12.32		13.73		# of strides	11.83	11.36	12.32	13.73	23.19	26.05	2.86
velocity		8.45		8.80		8.12		7.28	8.12	185.2	8.45	8.80	8.12	7.28	8.62	7.68	

Naliali, Cristopher (FRA) (1992)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Regional FINAL - 2025 Meeting de Paris (Paris, FRA)											*Omega Timing (2025) - diamond league race analysis*						
date 20-Jun-25 time	6.15	11.18	16.28	21.77	27.62	33.71	40.03	47.02	47.02	7 / 2							
reaction time 0.132 interval		5.03	5.10	5.49	5.85	6.09	6.32	6.99		# of strides	11.18	10.59	11.94	13.31	21.77	25.25	3.48
velocity	8.13	9.94	9.80	9.11	8.55	8.21	7.91	7.15	8.51		8.94	9.44	8.38	7.51	9.19	7.92	

Nallet, Jean-Claude (FRA) (1947)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1970 European Cup Semifinals (Zurich, SUI)											*Quercetani (1970) - european report, sprints*						
date 01-Aug-70 time				22.3		33.7		45.7	45.7	/ 1							
reaction time interval						11.4		12.0		# of strides			11.40	12.00	22.30	23.40	1.10
velocity				8.97		8.77		8.33	8.75				8.77	8.33	8.97	8.55	

FINAL - 1970 French National Championships (Colombes, FRA) *Quercetani (1970) - european report, sprints*

date	19-Jul-70	time				21.9		33.0		45.1	45.1	/ 1						
reaction time		interval						11.1		12.1	NR	# of strides			11.10	12.10	21.90	23.20	1.30
		velocity				9.13		9.01		8.26	8.87				9.01	8.26	9.13	8.62	

FINAL - 1968 French National Championships (Colombes, FRA) *Quercetani (1968) - European: Hoffmann, Birlenbach hot shots*

date	28-Jul-68	time				21.6				45.7	45.7	/ 1						
reaction time		interval								24.1	~~NR~~	# of strides			-21.60	45.70	21.60	24.10	2.50
		velocity				9.26				8.30	8.75				-4.63	2.19	9.26	8.30	

Naoe, Kohei (JPN) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2016 Japanese National Junior Championships (Mizuho, JPN)											*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*						
date 21-Oct-16 time	6.49	11.89	17.43	23.12	28.92	34.79	41.00	47.63	47.63	7 / 4							
reaction time interval		5.40	5.54	5.69	5.80	5.87	6.21	6.63		# of strides	11.89	11.23	11.67	12.84	23.12	24.51	1.39
velocity	7.70	9.26	9.03	8.79	8.62	8.52	8.05	7.54	8.40		8.41	8.90	8.57	7.79	8.65	8.16	

Naoki, Masafumi (JPN) (1993)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2017 National Sports Festival (Matsuyama, JPN)											*(2017) - tfdata-store.com/2017/10/12/post-1100/*						
date 08-Oct-17 time		11.36		22.64		34.59		47.74	47.74	3 / 6							
reaction time 0.170 interval				11.28		11.95		13.15		# of strides	11.36	11.28	11.95	13.15	22.64	25.10	2.46
velocity		8.80		8.87		8.37		7.60	8.38	178.2	8.80	8.87	8.37	7.60	8.83	7.97	

Heat 2 - 2017 National Sports Festival (Matsuyama, JPN) *(2017) - tfdata-store.com/2017/10/12/post-1100/*

date	08-Oct-17	time		11.46		22.16		33.73		47.29	47.29	2 / 4						
reaction time	0.164	interval				10.70		11.57		13.56		# of strides	11.46	10.70	11.57	13.56	22.16	25.13	2.97
		velocity		8.73		9.35		8.64		7.37	8.46	181.0	8.73	9.35	8.64	7.37	9.03	7.96	

Naruto, Ueki (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2024 Shimane High School Championships (Izumo, JPN)											*Shimizu (2024) - shimane high school championships 2024 - biomechanics data analysis*						
date 24-May-24 time		12.77		24.93		37.51		50.78	50.78	2 / 5							
reaction time interval				12.16		12.58		13.27		# of strides	12.77	12.16	12.58	13.27	24.93	25.85	0.92
velocity		7.83		8.22		7.95		7.54	7.88		7.83	8.22	7.95	7.54	8.02	7.74	

Nathaniel, Samson O. (NGR) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 3 - 2022 Commonwealth Games (Birmingham, GBR)																	*Longines Timing (2022) - commonwealth games race analysis*
date 05-Aug-22 time	6.1	11.1	16.4	22.0	27.8	34.1	40.3	47.00	47.00	4 / 6							
reaction time 0.169 interval		5.00	5.30	5.60	5.80	6.30	6.20	6.70		# of strides	11.10	10.90	12.10	12.90	22.00	25.00	3.00
velocity	8.20	10.00	9.43	8.93	8.62	7.94	8.06	7.46	8.51	184.0	9.01	9.17	8.26	7.75	9.09	8.00	

Natkatsukue, Haruhiko (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2015 Japanese National Youth Championships (Nagoya, JPN)																	*Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*
date 16-Oct-15 time	6.63	11.90	17.27	22.96	28.91	34.98	41.15	47.74	47.74	4 / 2							
reaction time interval		5.27	5.37	5.69	5.95	6.07	6.17	6.59		# of strides	11.90	11.06	12.02	12.76	22.96	24.78	1.82
velocity	7.54	9.49	9.31	8.79	8.40	8.24	8.10	7.59	8.38		8.40	9.04	8.32	7.84	8.71	8.07	

Natsuki, Senimoto (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2018 Shimane High School Championships (Izumo, JPN)																	*Shimizu (2018) - shimane high school championships 2018 - biomechanics data analysis*
date 25-May-18 time		12.47		24.95		38.23		52.57	52.57	1 / 7							
reaction time interval				12.48		13.28		14.34		# of strides	12.47	12.48	13.28	14.34	24.95	27.62	2.67
velocity		8.02		8.01		7.53		6.97	7.61		8.02	8.01	7.53	6.97	8.02	7.24	

Nazih, Yahya (MAR) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2022 Meeting International Mohammed VI d'Athlétime (Rabat, MAR)																	*Omega Timing (2022) - diamond league race analysis*
date 05-Jun-22 time	6.44	11.78	17.38	23.13	29.27	35.55	41.91	48.89	48.89	8 / 5							
reaction time 0.164 interval		5.34	5.60	5.75	6.14	6.28	6.36	6.98		# of strides	11.78	11.35	12.42	13.34	23.13	25.76	2.63
velocity	7.76	9.36	8.93	8.70	8.14	7.96	7.86	7.16	8.18		8.49	8.81	8.05	7.50	8.65	7.76	

Ndori, Bayapo (BOT) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 18-Sep-25 time		10.84		21.05		31.91		44.20	44.20	8 / 3							
reaction time 0.144 interval				10.21		10.86		12.29		# of strides	10.84	10.21	10.86	12.29	21.05	23.15	2.10
velocity		9.23		9.79		9.21		8.14	9.05	175.0	9.23	9.79	9.21	8.14	9.50	8.64	
Semi-Final 3 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 16-Sep-25 time		10.81		20.90		31.98		44.21	44.21	5 / 1							
reaction time 0.147 interval				10.09		11.08		12.23		# of strides	10.81	10.09	11.08	12.23	20.90	23.31	2.41
velocity		9.25		9.91		9.03		8.18	9.05	174.0	9.25	9.91	9.03	8.18	9.57	8.58	
Heat 2 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 14-Sep-25 time		11.16		21.30		32.36		44.36	44.36	5 / 1							
reaction time 0.156 interval				10.14		11.06		12.00		# of strides	11.16	10.14	11.06	12.00	21.30	23.06	1.76
velocity		8.96		9.86		9.04		8.33	9.02	171.0	8.96	9.86	9.04	8.33	9.39	8.67	
FINAL - 2025 Weltklasse (Zürich, SUI)																	*Omega Timing (2025) - diamond league race analysis*
date 28-Aug-25 time	6.08	10.96	15.99	21.19	26.57	32.20	38.12	44.40	44.40	7 / 2							
reaction time 0.163 interval		4.88	5.03	5.20	5.38	5.63	5.92	6.28		# of strides	10.96	10.23	11.01	12.20	21.19	23.21	2.02
velocity	8.22	10.25	9.94	9.62	9.29	8.88	8.45	7.96	9.01		9.12	9.78	9.08	8.20	9.44	8.62	
FINAL - 2025 Memorial van Damme (Brussels, BEL)																	*Omega Timing (2025) - diamond league race analysis*
date 22-Aug-25 time	6.24	11.24	16.36	21.62	27.09	32.84	38.87	45.35	45.35	3 / 8							
reaction time 0.170 interval		5.00	5.12	5.26	5.47	5.75	6.03	6.48		# of strides	11.24	10.38	11.22	12.51	21.62	23.73	2.11
velocity	8.01	10.00	9.77	9.51	9.14	8.70	8.29	7.72	8.82		8.90	9.63	8.91	7.99	9.25	8.43	
FINAL - 2025 London Athletics Meet (London, GBR)																	*Omega Timing (2025) - diamond league race analysis*
date 19-Jul-25 time	6.16	11.18	16.20	21.38	26.81	32.51	38.50	45.30	45.30	4 / 7							
reaction time 0.137 interval		5.02	5.02	5.18	5.43	5.70	5.99	6.80		# of strides	11.18	10.20	11.13	12.79	21.38	23.92	2.54
velocity	8.12	9.96	9.96	9.65	9.21	8.77	8.35	7.35	8.83	172.0	8.94	9.80	8.98	7.82	9.35	8.36	
FINAL - 2025 Yangtze River Delta Athletics Diamond Gala (Keqiao, CHN)																	*Omega Timing (2025) - diamond league race analysis*
date 03-May-25 time	6.08	11.00	16.15	21.40	26.81	32.43	38.19	44.32	44.32	5 / 2							
reaction time 0.163 interval		4.92	5.15	5.25	5.41	5.62	5.76	6.13		# of strides	11.00	10.40	11.03	11.89	21.40	22.92	1.52
velocity	8.22	10.16	9.71	9.52	9.24	8.90	8.68	8.16	9.03	174.0	9.09	9.62	9.07	8.41	9.35	8.73	
FINAL - 2024 Memorial van damme (Brussels, BEL)																	*Omega Timing (2024) - diamond league race analysis*
date 13-Sep-24 time	6.13	10.97	16.05	21.35	26.86	32.67	38.84	45.59	45.59	8 / 5							
reaction time 0.176 interval		4.84	5.08	5.30	5.51	5.81	6.17	6.75		# of strides	10.97	10.38	11.32	12.92	21.35	24.24	2.89
velocity	8.16	10.33	9.84	9.43	9.07	8.61	8.10	7.41	8.77	178.0	9.12	9.63	8.83	7.74	9.37	8.25	
FINAL - 2024 Golden Gala Pietro Mennea (Roma, ITA)																	*Omega Timing (2024) - diamond league race analysis*
date 30-Aug-24 time	6.08	11.05	16.18	21.48	26.94	32.58	38.36	44.56	44.56	7 / 4							
reaction time 0.153 interval		4.97	5.13	5.30	5.46	5.64	5.78	6.20		# of strides	11.05	10.43	11.10	11.98	21.48	23.08	1.60
velocity	8.22	10.06	9.75	9.43	9.16	8.87	8.65	8.06	8.98	175.0	9.05	9.59	9.01	8.35	9.31	8.67	
Semi-Final 2 - 2024 Olympic Games (Paris, FRA)																	*Paris 2024 Olympic Games - Results Book (2024)*
date 06-Aug-24 time	6.09	10.99	16.02	21.19	26.55	32.20	38.13	44.43	44.43	7 / 4							
reaction time 0.159 interval		4.90	5.03	5.17	5.36	5.65	5.93	6.30		# of strides	10.99	10.20	11.01	12.23	21.19	23.24	2.05
velocity	8.21	10.20	9.94	9.67	9.33	8.85	8.43	7.94	9.00	175.5	9.10	9.80	9.08	8.18	9.44	8.61	
Heat 3 - 2024 Olympic Games (Paris, FRA)																	*Paris 2024 Olympic Games - Results Book (2024)*
date 04-Aug-24 time	6.14	11.03	16.05	21.22	26.60	32.24	38.21	44.87	44.87	2 / 2							
reaction time 0.156 interval		4.89	5.02	5.17	5.38	5.64	5.97	6.66		# of strides	11.03	10.19	11.02	12.63	21.22	23.65	2.43
velocity	8.14	10.22	9.96	9.67	9.29	8.87	8.38	7.51	8.91	175.0	9.07	9.81	9.07	7.92	9.43	8.46	
FINAL - 2024 London Athletics Meet (London, GBR)																	*Omega Timing (2024) - diamond league race analysis*
date 20-Jul-24 time	6.29	11.21	16.30	21.62	27.13	32.82	38.74	45.03	45.03	2 / 7							
reaction time 0.164 interval		4.92	5.09	5.32	5.51	5.69	5.92	6.29		# of strides	11.21	10.41	11.20	12.21	21.62	23.41	1.79
velocity	7.95	10.16	9.82	9.40	9.07	8.79	8.45	7.95	8.88		8.92	9.61	8.93	8.19	9.25	8.54	

FINAL - 2024 Herculis Meeting International d'Athlétisme (Monaco, MON) *Omega Timing (2024) - diamond league race analysis*

date	12-Jul-24	time	6.18	11.12	16.20	21.46	26.95	32.58	38.46	44.71	44.71	4 / 5						
reaction time	0.170	interval		4.94	5.08	5.26	5.49	5.63	5.88	6.25		# of strides	11.12	10.34	11.12	12.13	21.46	23.25	1.79
		velocity	8.09	10.12	9.84	9.51	9.11	8.88	8.50	8.00	8.95	173.2	8.99	9.67	8.99	8.24	9.32	8.60	

FINAL - 2024 Seashore Doha Meeting (Doha, QAT) *Omega Timing (2024) - diamond league race analysis*

date	10-May-24	time	6.21	11.26	16.58	22.06	27.58	33.30	39.15	45.57	45.57	7 / 6						
reaction time	0.171	interval		5.05	5.32	5.48	5.52	5.72	5.85	6.42		# of strides	11.26	10.80	11.24	12.27	22.06	23.51	1.45
		velocity	8.05	9.90	9.40	9.12	9.06	8.74	8.55	7.79	8.78	177.0	8.88	9.26	8.90	8.15	9.07	8.51	

Semi-Final 3 - 2023 World Athletics Championships (Budapest, HUN) *Seiko Timing (2023) - world championship race analysis*

date	22-Aug-23	time		12.69							dnf	8 / --						
reaction time	0.159	interval										# of strides	12.69						
		velocity		7.88									7.88						

Heat 6 - 2023 World Athletics Championships (Budapest, HUN) *Seiko Timing (2023) - world championship race analysis*

date	20-Aug-23	time		11.05		21.19		32.32		44.72	44.72	8 / 1						
reaction time	0.155	interval				10.14		11.13		12.40		# of strides	11.05	10.14	11.13	12.40	21.19	23.53	2.34
		velocity		9.05		9.86		8.98		8.06	8.94	172.5	9.05	9.86	8.98	8.06	9.44	8.50	

FINAL - 2023 Kamila Skolimowska Memorial (Chorzów, POL) *Omega Timing (2023) - diamond league race analysis*

date	16-Jul-23	time	6.12	11.12	16.21	21.41	26.89	32.61	38.49	44.61	44.61	2 / 2						
reaction time	0.162	interval		5.00	5.09	5.20	5.48	5.72	5.88	6.12	=PB	# of strides	11.12	10.29	11.20	12.00	21.41	23.20	1.79
		velocity	8.17	10.00	9.82	9.62	9.12	8.74	8.50	8.17	8.97		8.99	9.72	8.93	8.33	9.34	8.62	

FINAL - 2023 Bauhaus Galan (Stockholm, SWE) *Omega Timing (2023) - diamond league race analysis*

date	02-Jul-23	time	6.20	11.30	16.60	22.00	27.50	33.30	39.40	46.13	46.13	4 / 7						
reaction time	0.167	interval		5.10	5.30	5.40	5.50	5.80	6.10	6.73		# of strides	11.30	10.70	11.30	12.83	22.00	24.13	2.13
		velocity	8.06	9.80	9.43	9.26	9.09	8.62	8.20	7.43	8.67		8.85	9.35	8.85	7.79	9.09	8.29	

FINAL - 2023 Meeting International Mohammed VI d'Athlétisme (Rabat, MAR) *Omega Timing (2023) - diamond league race analysis*

date	28-May-23	time	6.06	11.01	16.20	21.60	27.12	32.93	39.03	45.62	45.62	3 / 5						
reaction time	0.164	interval		4.95	5.19	5.40	5.52	5.81	6.10	6.59		# of strides	11.01	10.59	11.33	12.69	21.60	24.02	2.42
		velocity	8.25	10.10	9.63	9.26	9.06	8.61	8.20	7.59	8.77	177.0	9.08	9.44	8.83	7.88	9.26	8.33	

FINAL - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	22-Jul-22	time		11.05		21.45		32.62		45.29	45.29	8 / 6						
reaction time	0.137	interval				10.40		11.17		12.67		# of strides	11.05	10.40	11.17	12.67	21.45	23.84	2.39
		velocity		9.05		9.62		8.95		7.89	8.83	178.0	9.05	9.62	8.95	7.89	9.32	8.39	

Semi-Final 2 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	20-Jul-22	time		11.28		21.73		32.77		44.94	44.94	4 / 2						
reaction time	0.141	interval				10.45		11.04		12.17		# of strides	11.28	10.45	11.04	12.17	21.73	23.21	1.48
		velocity		8.87		9.57		9.06		8.22	8.90	174.5	8.87	9.57	9.06	8.22	9.20	8.62	

Heat 5 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	17-Jul-22	time		11.17		21.46		32.55		44.87	44.87	8 / 1						
reaction time	0.140	interval				10.29		11.09		12.32		# of strides	11.17	10.29	11.09	12.32	21.46	23.41	1.95
		velocity		8.95		9.72		9.02		8.12	8.91	174.2	8.95	9.72	9.02	8.12	9.32	8.54	

Nellum, Bryshon (USA) (1989)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2017 USATF National Championships (Sacramento, CA)										*Lee (& Ferrara) (2017) - speedendurance.com/2017/07/13/400m-splits-from-usa-national-championships/*							
date	24-Jun-17	time		11.09		21.15		32.31		44.50	44.50	7 / 4						
reaction time		interval				10.06		11.16		12.19	PB	# of strides	11.09	10.06	11.16	12.19	21.15	23.35	2.20
		velocity		9.02		9.94		8.96		8.20	8.99		9.02	9.94	8.96	8.20	9.46	8.57	

Semi-Final 2 - 2015 IAAF World Championships (Beijing, CHN) *Yamamoto (2015) - race analysis of 15th World Championships 400m- focusing on men's semis and women's prelims*

date	24-Aug-15	time	6.09	11.04	16.13	21.40	26.90	32.50	38.47	44.77	44.77	8 / 5						
reaction time	0.169	interval		4.95	5.09	5.27	5.50	5.60	5.97	6.30		# of strides	11.04	10.36	11.10	12.27	21.40	23.37	1.97
		velocity	8.21	10.10	9.82	9.49	9.09	8.93	8.38	7.94	8.93	172.2	9.06	9.65	9.01	8.15	9.35	8.56	

FINAL - 2015 USATF National Championships (Eugene, OR) *Track Newsletter (2015) - USATF men's championships*

date	27-Jun-15	time				22.0		33.3		45.2	45.18	/ 4						
reaction time		interval						11.3		11.9		# of strides			11.30	11.90	22.00	23.20	1.20
		velocity				9.09		8.85		8.40	8.85				8.85	8.40	9.09	8.62	

FINAL - 2013 NCAA Championships (Eugene, OR) *Track Newsletter (2013) - NCAA men's championships*

date	07-Jun-13	time				22.0		33.1		44.7	44.73	/ 1						
reaction time		interval						11.10		11.60	PB	# of strides			11.10	11.60	22.00	22.70	0.70
		velocity				9.09		9.01		8.62	8.94				9.01	8.62	9.09	8.81	

FINAL - 2012 USA Olympic Trials (Eugene, OR) *Hymans (2020) - history of the US olympic trials - track and field*

date	24-Jun-12	time				21.9		32.9		44.80	44.80	7 / 3						
reaction time	0.225	interval						11.00		11.90		# of strides			11.00	11.90	21.90	22.90	1.00
		velocity				9.13		9.09		8.40	8.93				9.09	8.40	9.13	8.73	

Nene, Zakhiti (RSA) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2025 World Athletics Championships (Tokyo, JPN)										*Seiko Timing (2025) - 2025 World Championships race analysis*							
date	18-Sep-25	time		10.57		20.69		31.59		44.55	44.55	7 / 5						
reaction time	0.139	interval				10.12		10.90		12.96		# of strides	10.57	10.12	10.90	12.96	20.69	23.86	3.17
		velocity		9.46		9.88		9.17		7.72	8.98	178.0	9.46	9.88	9.17	7.72	9.67	8.38	

Semi-Final 1 - 2025 World Athletics Championships (Tokyo, JPN) *Seiko Timing (2025) - 2025 World Championships race analysis*

date	16-Sep-25	time		10.88		21.16		32.19		44.20	44.20	7 / 1						

reaction time	0.159	interval			10.28		11.03		12.01		# of strides	10.88	10.28	11.03	12.01	21.16	23.04	1.88
		velocity		9.19		9.73		9.07		8.33	9.05		9.19	9.73	9.07	8.33	9.45	8.68	

Heat 5 - 2025 World Athletics Championships (Tokyo, JPN) *Seiko Timing (2025) - 2025 World Championships race analysis*

date	14-Sep-25	time		10.89		21.29		32.42		44.34	44.34	7 / 1						
reaction time	0.156	interval			10.40		11.13		11.92		# of strides	10.89	10.40	11.13	11.92	21.29	23.05	1.76
		velocity		9.18		9.62		8.98		8.39	9.02	173.0	9.18	9.62	8.98	8.39	9.39	8.68	

FINAL - 2025 London Athletics Meet (London, GBR) *Omega Timing (2025) - diamond league race analysis*

date	19-Jul-25	time	5.97	10.94	16.00	21.23	26.56	32.10	37.80	44.29	44.29	6 / 3						
reaction time	0.142	interval		4.97	5.06	5.23	5.33	5.54	5.70	6.49		# of strides	10.94	10.29	10.87	12.19	21.23	23.06	1.83
		velocity	8.38	10.06	9.88	9.56	9.38	9.03	8.77	7.70	9.03	176.5	9.14	9.72	9.20	8.20	9.42	8.67	

FINAL - 2025 Golden Gala Pietro Mennea (Roma, ITA) *Omega Timing (2025) - diamond league race analysis*

date	06-Jun-25	time	5.92	10.84	15.98	21.34	26.77	32.34	37.98	44.23	44.23	7 / 2						
reaction time	0.140	interval		4.92	5.14	5.36	5.43	5.57	5.64	6.25		# of strides	10.84	10.50	11.00	11.89	21.34	22.89	1.55
		velocity	8.45	10.16	9.73	9.33	9.21	8.98	8.87	8.00	9.04	175.7	9.23	9.52	9.09	8.41	9.37	8.74	

Semi-Final 3 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	06-Aug-24	time	6.08	10.97	16.02	21.27	26.83	32.59	38.52	45.06	45.06	3 / 6						
reaction time	0.146	interval		4.89	5.05	5.25	5.56	5.76	5.93	6.54		# of strides	10.97	10.30	11.32	12.47	21.27	23.79	2.52
		velocity	8.22	10.22	9.90	9.52	8.99	8.68	8.43	7.65	8.88	176.0	9.12	9.71	8.83	8.02	9.40	8.41	

Repechage 3 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	05-Aug-24	time	6.14	11.15	16.38	21.72	27.23	32.83	38.60	44.81	44.81	4 / 1						
reaction time	0.140	interval		5.01	5.23	5.34	5.51	5.60	5.77	6.21		# of strides	11.15	10.57	11.11	11.98	21.72	23.09	1.37
		velocity	8.14	9.98	9.56	9.36	9.07	8.93	8.67	8.05	8.93	174.0	8.97	9.46	9.00	8.35	9.21	8.66	

Heat 5 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	04-Aug-24	time	6.06	10.96	15.99	21.27	26.75	32.49	38.43	45.01	45.01	4 / 4						
reaction time	0.134	interval		4.90	5.03	5.28	5.48	5.74	5.94	6.58		# of strides	10.96	10.31	11.22	12.52	21.27	23.74	2.47
		velocity	8.25	10.20	9.94	9.47	9.12	8.71	8.42	7.60	8.89	176.0	9.12	9.70	8.91	7.99	9.40	8.42	

FINAL - 2024 Bauhaus Galan (Stockholm, SWE) *Omega Timing (2024) - diamond league race analysis*

date	02-Jun-24	time	6.14	11.00	16.05	21.34	26.90	32.63	38.61	45.29	45.29	7 / 3						
reaction time	0.153	interval		4.86	5.05	5.29	5.56	5.73	5.98	6.68		# of strides	11.00	10.34	11.29	12.66	21.34	23.95	2.61
		velocity	8.14	10.29	9.90	9.45	8.99	8.73	8.36	7.49	8.83		9.09	9.67	8.86	7.90	9.37	8.35	

Semi-Final 3 - 2023 World Athletics Championships (Budapest, HUN) *Seiko Timing (2023) - world championship race analysis*

date	22-Aug-23	time		11.06		21.45		32.64		45.64	45.64	2 / 6						
reaction time	0.151	interval			10.39		11.19		13.00		# of strides	11.06	10.39	11.19	13.00	21.45	24.19	2.74
		velocity		9.04		9.62		8.94		7.69	8.76		9.04	9.62	8.94	7.69	9.32	8.27	

Heat 1 - 2023 World Athletics Championships (Budapest, HUN) *Seiko Timing (2023) - world championship race analysis*

date	20-Aug-23	time		11.10		21.39		32.49		44.88	44.88	8 / 4						
reaction time	0.145	interval			10.29		11.10		12.39		# of strides	11.10	10.29	11.10	12.39	21.39	23.49	2.10
		velocity		9.01		9.72		9.01		8.07	8.91	180.0	9.01	9.72	9.01	8.07	9.35	8.51	

FINAL - 2023 Kamila Skolimowska Memorial (Chorzów, POL) *Omega Timing (2023) - diamond league race analysis*

date	16-Jul-23	time	6.07	10.93	15.98	21.29	26.72	32.37	38.23	44.74	44.74	9 / 4						
reaction time	0.150	interval		4.86	5.05	5.31	5.43	5.65	5.86	6.51	=PB	# of strides	10.93	10.36	11.08	12.37	21.29	23.45	2.16
		velocity	8.24	10.29	9.90	9.42	9.21	8.85	8.53	7.68	8.94	176.2	9.15	9.65	9.03	8.08	9.39	8.53	

FINAL - 2023 Bauhaus Galan (Stockholm, SWE) *Omega Timing (2023) - diamond league race analysis*

date	02-Jul-23	time	6.21	11.20	16.39	21.79	27.32	33.05	38.89	45.30	45.30	7 / 1						
reaction time	0.163	interval		4.99	5.19	5.40	5.53	5.73	5.84	6.41		# of strides	11.20	10.59	11.26	12.25	21.79	23.51	1.72
		velocity	8.05	10.02	9.63	9.26	9.04	8.73	8.56	7.80	8.83		8.93	9.44	8.88	8.16	9.18	8.51	

FINAL - 2023 FBK Games (Hengelo, NED) *Omega Timing (2023) - continental tour race analysis*

date	04-Jun-23	time	6.10	11.08	16.28	21.69	27.26	32.92	38.73	45.17	45.17	6 / 3						
reaction time	0.142	interval		4.98	5.20	5.41	5.57	5.66	5.81	6.44		# of strides	11.08	10.61	11.23	12.25	21.69	23.48	1.79
		velocity	8.20	10.04	9.62	9.24	8.98	8.83	8.61	7.76	8.86	178.0	9.03	9.43	8.90	8.16	9.22	8.52	

FINAL - 2023 Meeting International Mohammed VI d'Athlétisme (Rabat, MAR) *Omega Timing (2023) - diamond league race analysis*

date	28-May-23	time	6.11	10.99	16.13	21.52	27.06	32.88	38.90	45.58	45.58	8 / 4						
reaction time	0.158	interval		4.88	5.14	5.39	5.54	5.82	6.02	6.68		# of strides	10.99	10.53	11.36	12.70	21.52	24.06	2.54
		velocity	8.18	10.25	9.73	9.28	9.03	8.59	8.31	7.49	8.78	178.2	9.10	9.50	8.80	7.87	9.29	8.31	

FINAL - 2022 Weltklasse (Zürich, SUI) *Omega Timing (2022) - diamond league race analysis*

date	08-Sep-22	time	6.08	11.06	16.20	21.49	26.87	32.50	38.39	44.74	44.74	7 / 4						
reaction time	0.137	interval		4.98	5.14	5.29	5.38	5.63	5.89	6.35	PB	# of strides	11.06	10.43	11.01	12.24	21.49	23.25	1.76
		velocity	8.22	10.04	9.73	9.45	9.29	8.88	8.49	7.87	8.94	177.0	9.04	9.59	9.08	8.17	9.31	8.60	

Semi-Final 1 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	20-Jul-22	time		10.92		21.28		32.68		45.24	45.24	7 / 4						
reaction time	0.121	interval			10.36		11.40		12.56		# of strides	10.92	10.36	11.40	12.56	21.28	23.96	2.68
		velocity		9.16		9.65		8.77		7.96	8.84	178.0	9.16	9.65	8.77	7.96	9.40	8.35	

Heat 2 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	17-Jul-22	time		11.29		22.18		33.42		45.69	45.69	7 / 3						
reaction time	0.123	interval			10.89		11.24		12.27		# of strides	11.29	10.89	11.24	12.27	22.18	23.51	1.33
		velocity		8.86		9.18		8.90		8.15	8.75	176.0	8.86	9.18	8.90	8.15	9.02	8.51	

FINAL - 2022 Meeting de Paris (Paris, FRA) *Omega Timing (2022) - diamond league race analysis*

date	16-Jun-22	time	6.07	11.04	16.16	21.43	26.93	32.69	38.60	44.99	44.99	7 / 3						

reaction time	0.142	interval		4.97	5.12	5.27	5.50	5.76	5.91	6.39		# of strides	11.04	10.39	11.26	12.30	21.43	23.56	2.13
		velocity	8.24	10.06	9.77	9.49	9.09	8.68	8.46	7.82	8.89	177.2	9.06	9.62	8.88	8.13	9.33	8.49	

FINAL - 2022 Bislett Games (Oslo, NOR) *Omega Timing (2022) - diamond league race analysis*

date	16-Jun-22	time	6.11	11.06	16.24	21.58	27.06	32.77	38.82	45.73	45.73	3 / 4							
reaction time	0.140	interval		4.95	5.18	5.34	5.48	5.71	6.05	6.91		# of strides	11.06	10.52	11.19	12.96	21.58	24.15	2.57
		velocity	8.18	10.10	9.65	9.36	9.12	8.76	8.26	7.24	8.75	180.0	9.04	9.51	8.94	7.72	9.27	8.28	

FINAL - 2021 Golden Gala Pietro Mennea (Florence, ITA) *Omega Timing (2021) - diamond league race analysis*

date	10-Jun-21	time	6.3	11.3	16.5	21.9	27.5	33.3	39.4	46.23	46.23	8 / 4							
reaction time	0.142	interval		5.00	5.20	5.40	5.60	5.80	6.10	6.83		# of strides	11.30	10.60	11.40	12.93	21.90	24.33	2.43
		velocity	7.94	10.00	9.62	9.26	8.93	8.62	8.20	7.32	8.65	179.0	8.85	9.43	8.77	7.73	9.13	8.22	

Neugebauer, Leo (GER) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 3 - 2025 World Athletics Championships (Tokyo, JPN)																	
Seiko Timing (2025) - 2025 World Championships race analysis																	
date	20-Sep-25	time		12.07		23.39		35.49		48.27	48.27	9 / 6							
reaction time	0.143	interval				11.32		12.10		12.78		# of strides	12.07	11.32	12.10	12.78	23.39	24.88	1.49
		velocity		8.29		8.83		8.26		7.82	8.29		8.29	8.83	8.26	7.82	8.55	8.04	

Decathlon - Heat 2 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	02-Aug-24	time	6.72	12.23	17.89	23.60	29.32	35.14	41.13	47.70	47.70	9 / 4							
reaction time	0.218	interval		5.51	5.66	5.71	5.72	5.82	5.99	6.57		# of strides	12.23	11.37	11.54	12.56	23.60	24.10	0.50
		velocity	7.44	9.07	8.83	8.76	8.74	8.59	8.35	7.61	8.39	161.0	8.18	8.80	8.67	7.96	8.47	8.30	

Decathlon - Heat 3 - 2023 World Athletics Championships (Budapest, HUN) *Seiko Timing (2023) - world championship race analysis*

date	25-Aug-23	time		11.56		22.51		34.50		47.99	47.99	4 / 6							
reaction time	0.204	interval				10.95		11.99		13.49		# of strides	11.56	10.95	11.99	13.49	22.51	25.48	2.97
		velocity		8.65		9.13		8.34		7.41	8.34	168.5	8.65	9.13	8.34	7.41	8.88	7.85	

Decathlon - Heat 3 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	23-Jul-22	time		11.78		22.77		34.84		48.34	48.34	6 / 7							
reaction time	0.151	interval				10.99		12.07		13.50		# of strides	11.78	10.99	12.07	13.50	22.77	25.57	2.80
		velocity		8.49		9.10		8.29		7.41	8.27		8.49	9.10	8.29	7.41	8.78	7.82	

Neville, David (USA) (1984)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2008 Olympic Games (Beijing, CHN)																	
Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016																	
date	21-Aug-08	time				21.1		31.7		44.8	44.80	9 / 3							
reaction time	0.293	interval						10.60		13.10		# of strides			10.60	13.10	21.10	23.70	2.60
		velocity				9.48		9.43		7.63	8.93	166.2			9.43	7.63	9.48	8.44	

FiNAL - 2008 USA Olympic Trials (Eugene, OR) *USATF Women's Sprint Development with HPC (2008)*

date	03-Jul-08	time		10.99	15.65	21.25	26.56	32.28	38.18	44.61	44.61	8 / 3							
reaction time		interval			4.66	5.60	5.31	5.72	5.90	6.43	PB	# of strides	10.99	10.26	11.03	12.33	21.25	23.36	2.11
		velocity		9.10	10.73	8.93	9.42	8.74	8.47	7.78	8.97		9.10	9.75	9.07	8.11	9.41	8.56	

Semi-Final 2 - 2008 USA Olympic Trials (Eugene, OR) *USATF Women's Sprint Development with HPC (2008)*

date	30-Jun-08	time		11.21	16.46	21.85	27.16	32.95	38.64	45.03	45.03	3 / 3							
reaction time		interval			5.25	5.39	5.31	5.79	5.69	6.39		# of strides	11.21	10.64	11.10	12.08	21.85	23.18	1.33
		velocity		8.92	9.52	9.28	9.42	8.64	8.79	7.82	8.88		8.92	9.40	9.01	8.28	9.15	8.63	

FINAL - 2007 USATF National Championships (Indianapolis, IN) *Track Newsletter (2007) - USATF men's championships*

date	23-Jun-07	time						33.1		46.1	46.06	8 / 7							
reaction time		interval								13.0		# of strides				13.00			
		velocity						9.06		7.69	8.68					7.69			

FINAL - 2006 USATF National Championships (Indianapolis, IN) *Track Newsletter (2006) - USATF men's championships*

date	24-Jun-06	time		11.46		21.78		32.67		44.75	44.75	8 / 3							
reaction time		interval				10.32		10.89		12.08	PB	# of strides	11.46	10.32	10.89	12.08	21.78	22.97	1.19
		velocity		8.73		9.69		9.18		8.28	8.94	168.0	8.73	9.69	9.18	8.28	9.18	8.71	

FINAL - 2006 NCAA Championships (Sacramento, CA) *Track Newsletter (2006) - NCAA men's championships*

date	10-Jun-06	time		11.2		21.4		32.5		44.9	44.94	4 / 3							
reaction time		interval				10.20		11.10		12.40	PB	# of strides	11.20	10.20	11.10	12.40	21.40	23.50	2.10
		velocity		8.93		9.80		9.01		8.06	8.90	179.0	8.93	9.80	9.01	8.06	9.35	8.51	

Newdick, Brent (NZL) (1985)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 1 - 2009 IAAF World Championships (Berlin, GER)																	
Graubner (2009) - biomechanical analyses at the 12th IAAF world championships																	
date	19-Aug-09	time		11.76		23.29		35.62		50.10	50.10	8 / 6							
reaction time	0.158	interval				11.53		12.33		14.48		# of strides	11.76	11.53	12.33	14.48	23.29	26.81	3.52
		velocity		8.50		8.67		8.11		6.91	7.98		8.50	8.67	8.11	6.91	8.59	7.46	

Newhouse, Fred (USA) (1948)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1976 Olympic Games (Montreal, CAN)																	
Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016																	
date	29-Jul-76	time				21.4		32.4		44.4	44.40	4 / 2							
reaction time		interval						11.00		12.00		# of strides			11.00	12.00	21.40	23.00	1.60
		velocity				9.35		9.09		8.33	9.01	168.2			9.09	8.33	9.35	8.70	

Semi-Final 2 - 1976 Olympic Games (Montreal, CAN) *Lamare (1976) - les jeux de la XXI olympia, Montreal 1976*

date	28-Jul-76	time		11.10		21.49		32.47		44.89	44.89	2 / 1							
reaction time		interval				10.39		10.98		12.42		# of strides	11.10	10.39	10.98	12.42	21.49	23.40	1.91
		velocity		9.01		9.62		9.11		8.05	8.91		9.01	9.62	9.11	8.05	9.31	8.55	

Quarter-Final 4 - 1976 Olympic Games (Montreal, CAN) *Lamare (1976) - les jeux de la XXI olympia, Montreal 1976*

date	26-Jul-76	time				21.8		33.0		45.97	45.97	1 / 1							
reaction time		interval						11.20		12.97		# of strides			11.20	12.97	21.80	24.17	2.37

		velocity		9.17		8.93		7.71	8.70				8.93	7.71	9.17	8.27	

FiNAL - 1972 USA Olympic Trials (Eugene, OR) *Hymans (2008) - history of the US olympic trials - track and field*

date	09-Jul-72	time		20.6				45.4	45.4	7 / 7							
reaction time		interval						24.80		# of strides					20.60	24.80	4.20
		velocity		9.71				8.06	8.81						9.71	8.06	

FiNAL - 1971 USA National Championships (Eugene, OR) (yards) *Hymans (2015) - progression of IAAF world records - 2015 edition*

date	26-Jun-71	time		22.0				45.4	45.4	/ 3							
reaction time		interval						23.4	*(45.7/440y)*	# of strides					22.00	23.40	1.40
		velocity		9.09				8.55	8.81						9.09	8.55	

Ngozi, Zibani (BOT) (1992)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 2 - 2022 Commonwealth Games (Birmingham, GBR)																	*Longines Timing (2022) - commonwealth games race analysis*
date 05-Aug-22 time	6.1	11.1	16.5	22.1	28.0	34.0	40.1	47.06	47.06	5 / 5							
reaction time 0.194 interval		5.00	5.40	5.60	5.90	6.00	6.10	6.96		# of strides	11.10	11.00	11.90	13.06	22.10	24.96	2.86
velocity	8.20	10.00	9.26	8.93	8.47	8.33	8.20	7.18	8.50	177.2	9.01	9.09	8.40	7.66	9.05	8.01	

Niculita, Remus Andrei (ROU) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 European Athletics U20 Championships (Tallin, EST)																	*European Athletics (2021) - european athletics U20 championships results book*
date 16-Jul-21 time		11.43		22.24		34.00		47.09	47.09	6 / 6							
reaction time 0.166 interval				10.81		11.76		13.09	PB	# of strides	11.43	10.81	11.76	13.09	22.24	24.85	2.61
velocity		8.75		9.25		8.50		7.64	8.49		8.75	9.25	8.50	7.64	8.99	8.05	

Semi-Final 2 - 2021 European Athletics U20 Championships (Tallin, EST) *European Athletics (2021) - european athletics U20 championships results book*

date	15-Jul-21	time		11.84		22.92		34.78		47.14	47.14	3 / 2						
reaction time	0.155	interval				11.08		11.86		12.36	PB	# of strides	11.84	11.08	11.86	12.36	22.92	24.22	1.30
		velocity		8.45		9.03		8.43		8.09	8.49		8.45	9.03	8.43	8.09	8.73	8.26	

Nielsen, Gustav Lundholm (DEN) (199

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 2 - 2024 European Athletics Championships (Roma, ITA)																	*European Athletics (2024) - 2024 european athletics championships - results book*
date 09-Jun-24 time		11.22		21.80		33.26		46.01	46.01	2 / 7							
reaction time 0.170 interval				10.58		11.46		12.75		# of strides	11.22	10.58	11.46	12.75	21.80	24.21	2.41
velocity		8.91		9.45		8.73		7.84	8.69	186.0	8.91	9.45	8.73	7.84	9.17	8.26	

Heat 3 - 2024 European Athletics Championships (Roma, ITA) *European Athletics (2024) - 2024 european athletics championships - results book*

date	08-Jun-24	time		11.37		21.97		33.38		45.84	45.84	7 / 5						
reaction time	0.146	interval				10.60		11.41		12.46		# of strides	11.37	10.60	11.41	12.46	21.97	23.87	1.90
		velocity		8.80		9.43		8.76		8.03	8.73		8.80	9.43	8.76	8.03	9.10	8.38	

Heat 4 - 2023 World Athletics Championships (Budapest, HUN) *Seiko Timing (2023) - world championship race analysis*

date	20-Aug-23	time		11.36		21.98		33.40		45.66	45.66	7 / 7						
reaction time	0.176	interval				10.62		11.42		12.26	PB	# of strides	11.36	10.62	11.42	12.26	21.98	23.68	1.70
		velocity		8.80		9.42		8.76		8.16	8.76		8.80	9.42	8.76	8.16	9.10	8.45	

Semi-Final 1 - 2022 European Athletics Championships (Munich, GER) *European Athletics (2022) - european athletics championships race analysis*

date	16-Aug-22	time		11.30		22.05		33.51		46.30	46.30	1 / 8						
reaction time	0.190	interval				10.75		11.46		12.79		# of strides	11.30	10.75	11.46	12.79	22.05	24.25	2.20
		velocity		8.85		9.30		8.73		7.82	8.64		180.5	8.85	9.30	8.73	7.82	9.07	8.25	

Heat 4 - 2022 European Athletics Championships (Munich, GER) *European Athletics (2022) - european athletics championships race analysis*

date	15-Aug-22	time		11.36		21.98		33.28		46.05	46.05	6 / 5						
reaction time	0.165	interval				10.62		11.30		12.77		# of strides	11.36	10.62	11.30	12.77	21.98	24.07	2.09
		velocity		8.80		9.42		8.85		7.83	8.69		8.80	9.42	8.85	7.83	9.10	8.31	

A Final - 2023 European Team Championships, Second Division (Chorzów, POL) *European Athletics (2023) - 3rd european games, athletics - results book*

date	20-Jun-23	time		11.36		21.79		33.11		45.80	45.80	4 / 4						
reaction time	0.187	interval				10.43		11.32		12.69	PB	# of strides	11.36	10.43	11.32	12.69	21.79	24.01	2.22
		velocity		8.80		9.59		8.83		7.88	8.73		183.0	8.80	9.59	8.83	7.88	9.18	8.33	

National FINAL - 2019 Bislett Games (Olso, NOR) *Omega Timing (2019) - diamond league race analysis*

date	13-Jun-19	time		11.8		23.0		35.0		48.16	48.16	4 / 3						
reaction time	0.201	interval				11.2		12.0		13.2		# of strides	11.80	11.20	12.00	13.16	23.00	25.16	2.16
		velocity		8.47		8.93		8.33		7.60	8.31		8.47	8.93	8.33	7.60	8.70	7.95	

Nilsson, Marcus (SWE) (1991)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 1 - 2023 World Athletics Championships (Budapest, HUN)																	*Seiko Timing (2023) - world championship race analysis*
date 25-Aug-23 time		12.33		24.09		37.17		51.36	51.36	3 / 5							
reaction time 0.204 interval				11.76		13.08		14.19		# of strides	12.33	11.76	13.08	14.19	24.09	27.27	3.18
velocity		8.11		8.50		7.65		7.05	7.79		8.11	8.50	7.65	7.05	8.30	7.33	

Nishida, Takumitsu (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Division 2 Semi-Final 2 - 2017 Kanto Collegiate Championships (Yokohama, JPN)																	*(2017) - tfdata-store.com/2017/06/02/post-835/*
date 26-May-17 time		11.97		23.10		35.22		49.32	49.32	7 / 7							
reaction time interval				11.13		12.12		14.10		# of strides	11.97	11.13	12.12	14.10	23.10	26.22	3.12
velocity		8.35		8.98		8.25		7.09	8.11	190.2	8.35	8.98	8.25	7.09	8.66	7.63	

Nishikori, Yushin (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2024 Shimane High School Championships (Izumo, JPN)																	*Shimizu (2024) - shimane high school championships 2024 - biomechanics data analysis*
date 24-May-24 time		12.13		23.93		36.49		49.99	49.99	8 / 3							
reaction time interval				11.80		12.56		13.50		# of strides	12.13	11.80	12.56	13.50	23.93	26.06	2.13
velocity		8.24		8.47		7.96		7.41	8.00		8.24	8.47	7.96	7.41	8.36	7.67	

FINAL - 2022 Shimane High School Championships (Izumo, JPN) *Shimizu (2022) - shimane high school championships 2022 - biomechanics data analysis*

date	26-May-22	time		12.65		25.30		39.29		54.68	54.68	3 / 7						

reaction time		interval			12.65		13.99		15.39		# of strides	12.65	12.65	13.99	15.39	25.30	29.38	4.08
		velocity	7.91		7.91		7.15		6.50	7.32		7.91	7.91	7.15	6.50	7.91	6.81	

Nix, Sunder (USA) (1961)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1984 Olympic Games (Los Angeles, CA)										*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*							
date 08-Aug-84	time			21.6		32.5		44.8	44.75	6 / 5							
reaction time 0.243	interval					10.90		12.30		# of strides			10.90	12.30	21.60	23.20	1.60
	velocity			9.26		9.17		8.13	8.94	184.0			9.17	8.13	9.26	8.62	
FINAL - 1983 IAAF World Championships (Helsinki, FIN)										*Butler (2013) - IAAF world championships statistics handbook- moscow 2013*							
date 10-Aug-83	time			22.2				45.24	45.24	1 / 3							
reaction time	interval							23.04		# of strides					22.20	23.04	0.84
	velocity			9.01				8.68	8.84						9.01	8.68	

Nixon, Greg (USA) (1981)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2011 USATF National Championships (Eugene, OR)										*Track Newsletter (2011) - USATF men's championships*							
date 25-Jun-11	time	11.5		22.1		33.2		45.0	44.98	/ 3							
reaction time 0.234	interval			10.60		11.10		11.80		# of strides	11.50	10.60	11.10	11.80	22.10	22.90	0.80
	velocity	8.70		9.43		9.01		8.47	8.89		8.70	9.43	9.01	8.47	9.05	8.73	
FiNAL - 2008 USA Olympic Trials (Eugene, OR)										*USATF Women's Sprint Development with HPC (2008)*							
date 03-Jul-08	time	11.16	15.70	21.52	27.01	32.79	38.95	45.64	45.64	2 / 7							
reaction time	interval		4.54	5.82	5.49	5.78	6.16	6.69		# of strides	11.16	10.36	11.27	12.85	21.52	24.12	2.60
	velocity	8.96	11.01	8.59	9.11	8.65	8.12	7.47	8.76		8.96	9.65	8.87	7.78	9.29	8.29	
Semi-Final 2 - 2008 USA Olympic Trials (Eugene, OR)										*USATF Women's Sprint Development with HPC (2008)*							
date 30-Jun-08	time	11.32		21.76	27.10	32.83	38.64	45.20	45.20	8 / 4							
reaction time	interval			10.44	5.34	5.73	5.81	6.56	**PB**	# of strides	11.32	10.44	11.07	12.37	21.76	23.44	1.68
	velocity	8.83		9.58	9.36	8.73	8.61	7.62	8.85		8.83	9.58	9.03	8.08	9.19	8.53	

Noda, Taiga (JPN) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
U19 FINAL - 2017 National Sports Festival (Matsuyama, JPN)										*(2017) - tfdata-store.com/2017/10/12/post-1100/*							
date 09-Oct-17	time	11.96		23.46		35.75		48.28	48.28	9 / 7							
reaction time 0.179	interval			11.50		12.29		12.53		# of strides	11.96	11.50	12.29	12.53	23.46	24.82	1.36
	velocity	8.36		8.70		8.14		7.98	8.29	176.2	8.36	8.70	8.14	7.98	8.53	8.06	
U19 Semi-Final 2 - 2017 National Sports Festival (Matsuyama, JPN)										*(2017) - tfdata-store.com/2017/10/12/post-1100/*							
date 08-Oct-17	time	11.57		22.39		34.35		47.29	47.29	7 / 3							
reaction time 0.171	interval			10.82		11.96		12.94		# of strides	11.57	10.82	11.96	12.94	22.39	24.90	2.51
	velocity	8.64		9.24		8.36		7.73	8.46	178.0	8.64	9.24	8.36	7.73	8.93	8.03	
FINAL - 2017 Japanese National High School Championships (Yamagata, JPN)										*Kota (2017) - 70th high school championships: JAF scientific committee- biomechanics data*							
date 29-Jul-17	time 6.44	11.81	17.32	23.24	29.39	35.73	42.10	48.44	48.44	3 / 6							
reaction time 0.178	interval	5.37	5.51	5.92	6.15	6.34	6.37	6.34		# of strides	11.81	11.43	12.49	12.71	23.24	25.20	1.96
	velocity 7.76	9.31	9.07	8.45	8.13	7.89	7.85	7.89	8.26		8.47	8.75	8.01	7.87	8.61	7.94	

Noguchi, Kohei (JPN) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2018 Japanese National Junior (U20) Championships (Nagano, JPN)										*Ryutaro (2018) - research on athlete performance and technique- 2018 data book*							
date 19-Oct-18	time 6.37	11.53	16.88	22.52	28.44	34.65	41.17	48.02	48.02	1 / 8							
reaction time 0.149	interval	5.16	5.35	5.64	5.92	6.21	6.52	6.85		# of strides	11.53	10.99	12.13	13.37	22.52	25.50	2.98
	velocity 7.85	9.69	9.35	8.87	8.45	8.05	7.67	7.30	8.33	187.0	8.67	9.10	8.24	7.48	8.88	7.84	
FINAL - 2018 Japanese National High School Championships (Nagoya, JPN)										*Kota (2018) - 71st high school championships: JAF scientific committee - biomechanics data collection*							
date 02-Aug-18	time 6.41	11.64	16.98	22.57	28.39	34.44	40.75	47.43	47.43	4 / 3							
reaction time	interval	5.23	5.34	5.59	5.82	6.05	6.31	6.68	**PB**	# of strides	11.64	10.93	11.87	12.99	22.57	24.86	2.29
	velocity 7.80	9.56	9.36	8.94	8.59	8.26	7.92	7.49	8.43		8.59	9.15	8.42	7.70	8.86	8.05	

Noirot, Olivier (FRA) (1969)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1991 European Cup (Frankfurt, GER)										*Federle (2003) - http://www.fgs.uni-halle.de*							
date 29-Jun-91	time	11.20		21.55		32.87		45.18	45.18	/ 2							
reaction time	interval			10.35		11.32		12.31		# of strides	11.20	10.35	11.32	12.31	21.55	23.63	2.08
	velocity	8.93		9.66		8.83		8.12	8.85		8.93	9.66	8.83	8.12	9.28	8.46	

Nomura, Kazuki (JPN) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2014 Japanese National High School Championships (Kofu, JPN)										*Yanagiya (2014) - research on athlete performance and technique- 2014 data book*							
date 30-Jul-14	time 6.64	11.92	17.18	22.67	28.29	34.54	41.29	48.44	48.44	/ 8							
reaction time	interval	5.28	5.26	5.49	5.62	6.25	6.75	7.15		# of strides	11.92	10.75	11.87	13.90	22.67	25.77	3.10
	velocity 7.53	9.47	9.51	9.11	8.90	8.00	7.41	6.99	8.26		8.39	9.30	8.42	7.19	8.82	7.76	

Nomura, Shotaro (JPN) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2018 Japanese National Youth (U18) Championships (Nagano, JPN)										*Ryutaro (2018) - research on athlete performance and technique- 2018 data book*							
date 19-Oct-18	time 6.58	12.00	17.58	23.21	29.23	35.35	41.65	48.51	48.51	3 / 7							
reaction time 0.188	interval	5.42	5.58	5.63	6.02	6.12	6.30	6.86		# of strides	12.00	11.21	12.14	13.16	23.21	25.30	2.09
	velocity 7.60	9.23	8.96	8.88	8.31	8.17	7.94	7.29	8.25		8.33	8.92	8.24	7.60	8.62	7.91	

Nomura, Yuki (JPN) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2015 Japanese National Youth Championships (Nagoya, JPN)										*Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*							
date 16-Oct-15	time 6.46	11.75	17.28	23.11	29.25	35.48	41.74	48.09	48.09	7 / 4							
reaction time	interval	5.29	5.53	5.83	6.14	6.23	6.26	6.35		# of strides	11.75	11.36	12.37	12.61	23.11	24.98	1.87
	velocity 7.74	9.45	9.04	8.58	8.14	8.03	7.99	7.87	8.32		8.51	8.80	8.08	7.93	8.65	8.01	

Norman, Michael (USA) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2024 Olympic Games (Paris, FRA)										*Paris 2024 Olympic Games - Results Book (2024)*							
date 07-Aug-24	time 5.96	10.85	15.85	21.11	26.73	32.59	38.87	45.62	45.62	4 / 8							
reaction time 0.150	interval	4.89	5.00	5.26	5.62	5.86	6.28	6.75		# of strides	10.85	10.26	11.48	13.03	21.11	24.51	3.40

		velocity	8.39	10.22	10.00	9.51	8.90	8.53	7.96	7.41	8.77	172.0	9.22	9.75	8.71	7.67	9.47	8.16

Semi-Final 3 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	06-Aug-24	time	6.07	11.01	15.96	21.14	26.54	32.16	38.01	44.26	44.26	6 / 2						
reaction time	0.146	interval		4.94	4.95	5.18	5.40	5.62	5.85	6.25		# of strides	11.01	10.13	11.02	12.10	21.14	23.12	1.98
		velocity	8.24	10.12	10.10	9.65	9.26	8.90	8.55	8.00	9.04	171.0	9.08	9.87	9.07	8.26	9.46	8.65	

Heat 2 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	04-Aug-24	time	6.11	11.16	16.17	21.37	26.66	32.18	37.97	44.10	44.10	6 / 1						
reaction time	0.161	interval		5.05	5.01	5.20	5.29	5.52	5.79	6.13		# of strides	11.16	10.21	10.81	11.92	21.37	22.73	1.36
		velocity	8.18	9.90	9.98	9.62	9.45	9.06	8.64	8.16	9.07	171.0	8.96	9.79	9.25	8.39	9.36	8.80	

FINAL - 2024 USA Olympic Trials (Eugene, OR) *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	24-Jun-24	time		10.82		20.90		32.15		44.41	44.41	5 / 2						
reaction time		interval				10.08		11.25		12.26		# of strides	10.82	10.08	11.25	12.26	20.90	23.51	2.61
		velocity		9.24		9.92		8.89		8.16	9.01	176.0	9.24	9.92	8.89	8.16	9.57	8.51	

Semi-Final 3 - 2024 USA Olympic Trials (Eugene, OR) *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	23-Jun-24	time		10.85		21.35		32.67		45.30	45.30	5 / 1						
reaction time		interval				10.50		11.32		12.63		# of strides	10.85	10.50	11.32	12.63	21.35	23.95	2.60
		velocity		9.22		9.52		8.83		7.92	8.83	175.2	9.22	9.52	8.83	7.92	9.37	8.35	

Heat 5 - 2024 USA Olympic Trials (Eugene, OR) *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	21-Jun-24	time		10.93		21.36		32.76		45.31	45.31	5 / 1						
reaction time		interval				10.43		11.40		12.55		# of strides	10.93	10.43	11.40	12.55	21.36	23.95	2.59
		velocity		9.15		9.59		8.77		7.97	8.83	173.5	9.15	9.59	8.77	7.97	9.36	8.35	

FINAL - 2022 Silesia Kamila Skolimowska Memorial (Chorzów, POL) *Omega Timing (2022) - diamond league race analysis*

date	06-Aug-22	time	5.96	10.89	15.92	21.20	26.64	32.23	38.01	44.11	44.11	5 / 1						
reaction time	0.145	interval		4.93	5.03	5.28	5.44	5.59	5.78	6.10		# of strides	10.89	10.31	11.03	11.88	21.20	22.91	1.71
		velocity	8.39	10.14	9.94	9.47	9.19	8.94	8.65	8.20	9.07	172.7	9.18	9.70	9.07	8.42	9.43	8.73	

FINAL - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	22-Jul-22	time		10.83		21.12		32.04		44.29	44.29	4 / 1						
reaction time	0.140	interval				10.29		10.92		12.25		# of strides	10.83	10.29	10.92	12.25	21.12	23.17	2.05
		velocity		9.23		9.72		9.16		8.16	9.03	175.2	9.23	9.72	9.16	8.16	9.47	8.63	

Semi-Final 1 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	20-Jul-22	time		10.85		21.16		32.19		44.30	44.30	6 / 1						
reaction time	0.127	interval				10.31		11.03		12.11		# of strides	10.85	10.31	11.03	12.11	21.16	23.14	1.98
		velocity		9.22		9.70		9.07		8.26	9.03	173.0	9.22	9.70	9.07	8.26	9.45	8.64	

Heat 2 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	17-Jul-22	time		11.25		22.05		33.23		45.37	45.37	3 / 1						
reaction time	0.140	interval				10.80		11.18		12.14		# of strides	11.25	10.80	11.18	12.14	22.05	23.32	1.27
		velocity		8.89		9.26		8.94		8.24	8.82	174.2	8.89	9.26	8.94	8.24	9.07	8.58	

FINAL - 2022 USATF National Championships (Eugene, OR) *Track Newsletter (2022) - USATF championships men*

date	25-Jun-22	time		10.87		21.12		32.12		43.56	43.56	/ 1						
reaction time		interval				10.25		11.00		11.44		# of strides	10.87	10.25	11.00	11.44	21.12	22.44	1.32
		velocity		9.20		9.76		9.09		8.74	9.18		9.20	9.76	9.09	8.74	9.47	8.91	

FINAL - 2022 Prefontaine Classic (Eugene, OR) *Omega Timing (2022) - diamond league race analysis*

date	28-May-22	time	6.02	11.00	16.00	21.33	26.67	32.09	37.67	43.60	43.60	4 / 1						
reaction time	0.130	interval		4.98	5.00	5.33	5.34	5.42	5.58	5.93		# of strides	11.00	10.33	10.76	11.51	21.33	22.27	0.94
		velocity	8.31	10.04	10.00	9.38	9.36	9.23	8.96	8.43	9.17	172.5	9.09	9.68	9.29	8.69	9.38	8.98	

FINAL - 2020 Olympic Games (Tokyo, JPN) *Omega Timing (2022) - Tokyo 2020 - race analysis - men's 400m final*

date	05-Aug-21	time	5.92	10.68	15.59	20.81	26.27	31.95	37.89	44.31	44.31	8 / 5						
reaction time	0.148	interval		4.76	4.91	5.22	5.46	5.68	5.94	6.42		# of strides	10.68	10.13	11.14	12.36	20.81	23.50	2.69
		velocity	8.45	10.50	10.18	9.58	9.16	8.80	8.42	7.79	9.03	171.2	9.36	9.87	8.98	8.09	9.61	8.51	

FINAL - 2021 Doha Diamond League (Doha, QAT) *Omega Timing (2021) - diamond league race analysis*

date	28-May-21	time	6.0	10.8	15.9	21.2	26.6	32.3	38.1	44.27	44.27	5 / 1						
reaction time	0.165	interval		4.80	5.10	5.30	5.40	5.70	5.80	6.17		# of strides	10.80	10.40	11.10	11.97	21.20	23.07	1.87
		velocity	8.33	10.42	9.80	9.43	9.26	8.77	8.62	8.10	9.04	170.5	9.26	9.62	9.01	8.35	9.43	8.67	

FINAL - 2019 Memorial van Damme (Brussels, BEL) *Omega Timing (2019) - diamond league race analysis*

date	06-Sep-19	time	6.0	10.8	15.7	21.0	26.4	32.1	38.1	44.26	44.26	5 / 1						
reaction time	0.155	interval		4.8	4.9	5.3	5.4	5.7	6.0	6.2		# of strides	10.80	10.20	11.10	12.16	21.00	23.26	2.26
		velocity	8.33	10.42	10.20	9.43	9.26	8.77	8.33	8.12	9.04	171.0	9.26	9.80	9.01	8.22	9.52	8.60	

FINAL - 2019 USATF National Championships (Des Moines, IA) *Track Newsletter (2019) - USATF championships men*

date	27-Jul-19	time				21.1		32.2		43.8	43.79	/ 2						
reaction time		interval						11.10		11.60		# of strides			11.10	11.60	21.10	22.70	1.60
		velocity				9.48		9.01		8.62	9.13				9.01	8.62	9.48	8.81	

FINAL - 2019 Bauhaus Galan (Stockholm, SWE) *Omega Timing (2019) - diamond league race analysis*

date	30-May-19	time		11.0		21.8		32.6		44.53	44.53	5 / 1						
reaction time	0.158	interval				10.8		10.8		11.9		# of strides	11.00	10.80	10.80	11.93	21.80	22.73	0.93
		velocity		9.09		9.26		9.26		8.38	8.98	172.7	9.09	9.26	9.26	8.38	9.17	8.80	

FINAL - 2019 Mt. SAC Relays (Torrance, CA) *Russell (2019) - Mt. SAC Relays Men — A Stunning Norman 400*

date	20-Apr-19	time		10.8		21.1		32.0		43.5	43.45	5 / 1						
reaction time		interval				21.1		32.0		43.5	**PB**	# of strides			10.90	11.50	21.10	22.40	1.30

		velocity	9.26		2.37		1.56		1.15	9.21				9.17	8.70	9.48	8.93	

FINAL - 2018 NCAA Championships (Eugene, OR) *Track Newsletter (2018) - NCAA men's championships*

date	08-Jun-18	time			21.0		31.9		43.6	43.61	/ 1							
reaction time		interval					10.90		11.70	**PB**	# of strides			10.90	11.70	21.00	22.60	1.60
		velocity			9.52		9.17		8.55	9.17				9.17	8.55	9.52	8.85	

FINAL - 2017 USATF National Championships (Sacramento, CA) *Lee (& Ferrara) (2017) - speedendurance.com/2017/07/13/400m-splits-from-usa-national-championships/*

date	24-Jun-17	time	11.05		21.25		32.52		44.80	44.80	3 / 7							
reaction time		interval			10.20		11.27		12.28		# of strides	11.05	10.20	11.27	12.28	21.25	23.55	2.30
		velocity	9.05		9.80		8.87		8.14	8.93		9.05	9.80	8.87	8.14	9.41	8.49	

FINAL - 2017 NCAA Championships (Eugene, OR) *Track Newsletter (2017) - NCAA men's championships*

date	09-Jun-17	time			20.8		32.4		44.9	44.88	7 / 4							
reaction time		interval					11.60		12.50	**PB**	# of strides			11.60	12.50	20.80	24.10	3.30
		velocity			9.62		8.62		8.00	8.91				8.62	8.00	9.62	8.30	

Norwood, Vernon (USA) (1992)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

Semi-Final 3 - 2025 World Athletics Championships (Tokyo, JPN) *Seiko Timing (2025) - 2025 World Championships race analysis*

date	16-Sep-25	time		11.03		21.38		32.45		44.83	44.83	8 / 5						
reaction time	0.192	interval				10.35		11.07		12.38		# of strides	11.03	10.35	11.07	12.38	21.38	23.45	2.07
		velocity		9.07		9.66		9.03		8.08	8.92	174.0	9.07	9.66	9.03	8.08	9.35	8.53	

Heat 5 - 2025 World Athletics Championships (Tokyo, JPN) *Seiko Timing (2025) - 2025 World Championships race analysis*

date	14-Sep-25	time		11.27		21.79		32.85		44.55	44.55	5 / 2						
reaction time	0.203	interval				10.52		11.06		11.70		# of strides	11.27	10.52	11.06	11.70	21.79	22.76	0.97
		velocity		8.87		9.51		9.04		8.55	8.98	172.5	8.87	9.51	9.04	8.55	9.18	8.79	

FINAL - 2025 Weltklasse (Zürich, SUI) *Omega Timing (2025) - diamond league race analysis*

date	28-Aug-25	time	6.20	11.07	16.10	21.28	26.65	32.23	38.09	44.45	44.45	4 / 3						
reaction time	0.200	interval		4.87	5.03	5.18	5.37	5.58	5.86	6.36		# of strides	11.07	10.21	10.95	12.22	21.28	23.17	1.89
		velocity	8.06	10.27	9.94	9.65	9.31	8.96	8.53	7.86	9.00		9.03	9.79	9.13	8.18	9.40	8.63	

FINAL - 2025 Memorial van Damme (Brussels, BEL) *Omega Timing (2025) - diamond league race analysis*

date	22-Aug-25	time	6.16	11.11	16.20	21.42	26.83	32.41	38.22	44.62	44.62	8 / 2						
reaction time	0.180	interval		4.95	5.09	5.22	5.41	5.58	5.81	6.40		# of strides	11.11	10.31	10.99	12.21	21.42	23.20	1.78
		velocity	8.12	10.10	9.82	9.58	9.24	8.96	8.61	7.81	8.96	175.0	9.00	9.70	9.10	8.19	9.34	8.62	

FINAL - 2025 USATF Championships (Eugene, OR) *USATF and Karmarush (2025) - USATF championships results and race analysis*

date	02-Aug-25	time		11.33		21.81		32.82		44.47	44.47	7 / 4						
reaction time		interval				10.48		11.01		11.65		# of strides	11.33	10.48	11.01	11.65	21.81	22.66	0.85
		velocity		8.83		9.54		9.08		8.58	8.99	175.0	8.83	9.54	9.08	8.58	9.17	8.83	

Heat 2 - 2025 USATF Championships (Eugene, OR) *USATF and Karmarush (2025) - USATF championships results and race analysis*

date	01-Aug-25	time		10.97		21.23		32.45		44.78	44.78	4 / 1						
reaction time		interval				10.26		11.22		12.33		# of strides	10.97	10.26	11.22	12.33	21.23	23.55	2.32
		velocity		9.12		9.75		8.91		8.11	8.93		9.12	9.75	8.91	8.11	9.42	8.49	

FINAL - 2025 London Athletics Meet (London, GBR) *Omega Timing (2025) - diamond league race analysis*

date	19-Jul-25	time	6.05	10.93	15.90	21.03	26.33	31.87	37.74	44.34	44.34	8 / 4						
reaction time	0.152	interval		4.88	4.97	5.13	5.30	5.54	5.87	6.60		# of strides	10.93	10.10	10.84	12.47	21.03	23.31	2.28
		velocity	8.26	10.25	10.06	9.75	9.43	9.03	8.52	7.58	9.02	174.2	9.15	9.90	9.23	8.02	9.51	8.58	

FINAL - 2025 Golden Gala Pietro Mennea (Roma, ITA) *Omega Timing (2025) - diamond league race analysis*

date	06-Jun-25	time	6.13	11.17	16.34	21.67	27.11	32.67	38.48	44.86	44.86	3 / 5						
reaction time	0.160	interval		5.04	5.17	5.33	5.44	5.56	5.81	6.38		# of strides	11.17	10.50	11.00	12.19	21.67	23.19	1.52
		velocity	8.16	9.92	9.67	9.38	9.19	8.99	8.61	7.84	8.92		8.95	9.52	9.09	8.20	9.23	8.62	

FINAL - 2025 Yangtze River Delta Athletics Diamond Gala (Keqiao, CHN) *Omega Timing (2025) - diamond league race analysis*

date	03-May-25	time		11.39	16.66	22.07	27.53	33.11	38.77	44.93	44.93	8 / 4						
reaction time	0.171	interval			5.27	5.41	5.46	5.58	5.66	6.16		# of strides	11.39	10.68	11.04	11.82	22.07	22.86	0.79
		velocity		8.78	9.49	9.24	9.16	8.96	8.83	8.12	8.90	172.7	8.78	9.36	9.06	8.46	9.06	8.75	

FINAL - 2024 Memorial van damme (Brussels, BEL) *Omega Timing (2024) - diamond league race analysis*

date	13-Sep-24	time	6.13	11.00	15.97	21.16	26.65	32.39	38.35	44.78	44.78	3 / 4						
reaction time	0.142	interval		4.87	4.97	5.19	5.49	5.74	5.96	6.43		# of strides	11.00	10.16	11.23	12.39	21.16	23.62	2.46
		velocity	8.16	10.27	10.06	9.63	9.11	8.71	8.39	7.78	8.93	175.7	9.09	9.84	8.90	8.07	9.45	8.47	

FINAL - 2024 Golden Gala Pietro Mennea (Roma, ITA) *Omega Timing (2024) - diamond league race analysis*

date	30-Aug-24	time	6.25	11.36	16.58	21.95	27.47	33.02	38.60	44.71	44.71	8 / 5						
reaction time	0.175	interval		5.11	5.22	5.37	5.52	5.55	5.58	6.11		# of strides	11.36	10.59	11.07	11.69	21.95	22.76	0.81
		velocity	8.00	9.78	9.58	9.31	9.06	9.01	8.96	8.18	8.95	171.2	8.80	9.44	9.03	8.55	9.11	8.79	

FINAL - 2024 Athletissima (Lausanne, SUI) *Omega Timing (2024) - diamond league race analysis*

date	22-Aug-24	time	6.10	10.94	15.98	21.20	26.57	32.18	38.03	44.55	44.55	7 / 6						
reaction time	0.173	interval		4.84	5.04	5.22	5.37	5.61	5.85	6.52		# of strides	10.94	10.26	10.98	12.37	21.20	23.35	2.15
		velocity	8.20	10.33	9.92	9.58	9.31	8.91	8.55	7.67	8.98		9.14	9.75	9.11	8.08	9.43	8.57	

FINAL - 2024 London Athletics Meet (London, GBR) *Omega Timing (2024) - diamond league race analysis*

date	20-Jul-24	time	6.17	11.09	16.11	21.31	26.67	32.18	37.89	44.10	44.10	4 / 2						
reaction time	0.168	interval		4.92	5.02	5.20	5.36	5.51	5.71	6.21	**PB**	# of strides	11.09	10.22	10.87	11.92	21.31	22.79	1.48
		velocity	8.10	10.16	9.96	9.62	9.33	9.07	8.76	8.05	9.07		9.02	9.78	9.20	8.39	9.39	8.78	

FINAL - 2024 Herculis Meeting International d'Athlétisme (Monaco, MON) *Omega Timing (2024) - diamond league race analysis*

date	12-Jul-24	time	6.13	10.96	15.98	21.21	26.69	32.36	38.13	44.34	44.34	7 / 2						

reaction time	0.174	interval		4.83	5.02	5.23	5.48	5.67	5.77	6.21		# of strides	10.96	10.25	11.15	11.98	21.21	23.13	1.92
		velocity	8.16	10.35	9.96	9.56	9.12	8.82	8.67	8.05	9.02	172.0	9.12	9.76	8.97	8.35	9.43	8.65	

FINAL - 2024 USA Olympic Trials (Eugene, OR) *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	24-Jun-24	time		11.40		21.91		33.03		44.47	44.47	7 / 4						
reaction time		interval				10.51		11.12		11.44		# of strides	11.40	10.51	11.12	11.44	21.91	22.56	0.65
		velocity		8.77		9.51		8.99		8.74	8.99		8.77	9.51	8.99	8.74	9.13	8.87	

Semi-Final 2 - 2024 USA Olympic Trials (Eugene, OR) *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	23-Jun-24	time		10.78		21.05		32.23		44.50	44.50	7 / 2						
reaction time		interval				10.27		11.18		12.27		# of strides	10.78	10.27	11.18	12.27	21.05	23.45	2.40
		velocity		9.28		9.74		8.94		8.15	8.99		9.28	9.74	8.94	8.15	9.50	8.53	

Heat 4 - 2024 USA Olympic Trials (Eugene, OR) *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	21-Jun-24	time		11.34		22.04		33.38		45.40	45.40	4 / 1						
reaction time		interval				10.70		11.34		12.02		# of strides	11.34	10.70	11.34	12.02	22.04	23.36	1.32
		velocity		8.82		9.35		8.82		8.32	8.81	173.5	8.82	9.35	8.82	8.32	9.07	8.56	

FINAL - 2024 Bauhaus Galan (Stockholm, SWE) *Omega Timing (2024) - diamond league race analysis*

date	02-Jun-24	time	6.15	11.09	16.18	21.47	26.96	32.68	38.49	44.80	44.80	6 / 2						
reaction time	0.160	interval		4.94	5.09	5.29	5.49	5.72	5.81	6.31		# of strides	11.09	10.38	11.21	12.12	21.47	23.33	1.86
		velocity	8.13	10.12	9.82	9.45	9.11	8.74	8.61	7.92	8.93		9.02	9.63	8.92	8.25	9.32	8.57	

FINAL - 2024 Bislett Games (Oslo, NOR) *Omega Timing (2024) - diamond league race analysis*

date	30-May-24	time	6.22	11.20	16.32	21.64	27.12	32.79	38.51	44.68	44.68	3 / 3						
reaction time	0.167	interval		4.98	5.12	5.32	5.48	5.67	5.72	6.17		# of strides	11.20	10.44	11.15	11.89	21.64	23.04	1.40
		velocity	8.04	10.04	9.77	9.40	9.12	8.82	8.74	8.10	8.95	173.0	8.93	9.58	8.97	8.41	9.24	8.68	

FINAL - 2024 Seashore Doha Meeting (Doha, QAT) *Omega Timing (2024) - diamond league race analysis*

date	10-May-24	time	6.15	11.14	16.48	21.97	27.44	33.11	38.97	45.49	45.49	6 / 4						
reaction time	0.182	interval		4.99	5.34	5.49	5.47	5.67	5.86	6.52		# of strides	11.14	10.83	11.14	12.38	21.97	23.52	1.55
		velocity	8.13	10.02	9.36	9.11	9.14	8.82	8.53	7.67	8.79	175.0	8.98	9.23	8.98	8.08	9.10	8.50	

FINAL - 2023 Prefontaine Classic (Eugene, OR) *Omega Timing (2023) - diamond league race analysis*

date	16-Sep-23	time	6.12	11.05	16.18	21.54	26.94	32.54	38.31	44.61	44.61	7 / 3						
reaction time	0.164	interval		4.93	5.13	5.36	5.40	5.60	5.77	6.30		# of strides	11.05	10.49	11.00	12.07	21.54	23.07	1.53
		velocity	8.17	10.14	9.75	9.33	9.26	8.93	8.67	7.94	8.97		9.05	9.53	9.09	8.29	9.29	8.67	

FINAL - 2023 Xiamen Diamond League (Xiamen, CHN) *Omega Timing (2023) - diamond league race analysis*

date	02-Sep-23	time	6.19	11.30	16.56	22.00	27.52	33.20	38.86	44.99	44.99	6 / 4						
reaction time	0.166	interval		5.11	5.26	5.44	5.52	5.68	5.66	6.13		# of strides	11.30	10.70	11.20	11.79	22.00	22.99	0.99
		velocity	8.08	9.78	9.51	9.19	9.06	8.80	8.83	8.16	8.89	172.2	8.85	9.35	8.93	8.48	9.09	8.70	

FINAL - 2023 World Athletics Championships (Budapest, HUN) *Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*

date	24-Aug-23	time	6.00	11.01	16.10	21.33	26.72	32.30	38.12	44.39	44.39	8 / 4						
reaction time	0.163	interval		5.01	5.09	5.23	5.39	5.58	5.82	6.27		# of strides	11.01	10.32	10.97	12.09	21.33	23.06	1.73
		velocity	8.33	9.98	9.82	9.56	9.28	8.96	8.59	7.97	9.01	175.0	9.08	9.69	9.12	8.27	9.38	8.67	

Semi-Final 1 - 2023 World Athletics Championships (Budapest, HUN) *Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*

date	22-Aug-23	time	6.11	11.12	16.22	21.45	26.85	32.43	38.15	44.26	44.26	7 / 2						
reaction time	0.181	interval		5.01	5.10	5.23	5.40	5.58	5.72	6.11	PB	# of strides	11.12	10.33	10.98	11.83	21.45	22.81	1.36
		velocity	8.18	9.98	9.80	9.56	9.26	8.96	8.74	8.18	9.04	170.0	8.99	9.68	9.11	8.45	9.32	8.77	

Heat 3 - 2023 World Athletics Championships (Budapest, HUN) *Seiko Timing (2023) - world championship race analysis*

date	20-Aug-23	time		11.28		21.56		32.76		44.87	44.87	4 / 2						
reaction time	0.194	interval				10.28		11.20		12.11		# of strides	11.28	10.28	11.20	12.11	21.56	23.31	1.75
		velocity		8.87		9.73		8.93		8.26	8.91	173.0	8.87	9.73	8.93	8.26	9.28	8.58	

FINAL - 2023 London Athletics Meet (London, GBR) *Omega Timing (2023) - diamond league race analysis*

date	23-Jul-23	time	6.11	11.04	16.11	21.31	26.72	32.35	38.15	44.46	44.46	3 / 3						
reaction time	0.161	interval		4.93	5.07	5.20	5.41	5.63	5.80	6.31		# of strides	11.04	10.27	11.04	12.11	21.31	23.15	1.84
		velocity	8.18	10.14	9.86	9.62	9.24	8.88	8.62	7.92	9.00	175.0	9.06	9.74	9.06	8.26	9.39	8.64	

FINAL - 2023 Kamila Skolimowska Memorial (Chorzów, POL) *Omega Timing (2023) - diamond league race analysis*

date	16-Jul-23	time	6.15	11.13	16.23	21.52	27.00	32.74	38.60	44.88	44.88	7 / 7						
reaction time	0.174	interval		4.98	5.10	5.29	5.48	5.74	5.86	6.28		# of strides	11.13	10.39	11.22	12.14	21.52	23.36	1.84
		velocity	8.13	10.04	9.80	9.45	9.12	8.71	8.53	7.96	8.91	174.0	8.98	9.62	8.91	8.24	9.29	8.56	

FINAL - 2023 USATF National Championships (Eugene, OR) *Track Newsletter (2023) - USATF championships/WCT men*

date	08-Jul-23	time		11.26		21.61		32.56		44.39	44.39	5 / 2						
reaction time	0.229	interval				10.35		10.95		11.83		# of strides	11.26	10.35	10.95	11.83	21.61	22.78	1.17
		velocity		8.88		9.66		9.13		8.45	9.01		8.88	9.66	9.13	8.45	9.25	8.78	

FINAL - 2023 FBK Games (Hengelo, NED) *Omega Timing (2023) - continental tour race analysis*

date	04-Jun-23	time	6.21	11.18	16.32	21.64	27.11	32.77	38.63	45.05	45.05	4 / 2						
reaction time	0.243	interval		4.97	5.14	5.32	5.47	5.66	5.86	6.42		# of strides	11.18	10.46	11.13	12.28	21.64	23.41	1.77
		velocity	8.05	10.06	9.73	9.40	9.14	8.83	8.53	7.79	8.88	177.0	8.94	9.56	8.98	8.14	9.24	8.54	

FINAL - 2023 Meeting International Mohammed VI d'Athlétisme (Rabat, MAR) *Omega Timing (2023) - diamond league race analysis*

date	28-May-23	time	6.22	11.28	16.60	22.07	27.60	33.24	38.91	45.11	45.11	6 / 2						
reaction time	0.167	interval		5.06	5.32	5.47	5.53	5.64	5.67	6.20		# of strides	11.28	10.79	11.17	11.87	22.07	23.04	0.97
		velocity	8.04	9.88	9.40	9.14	9.04	8.87	8.82	8.06	8.87	176.5	8.87	9.27	8.95	8.42	9.06	8.68	

FINAL - 2022 Weltklasse (Zürich, SUI) *Omega Timing (2022) - diamond league race analysis*

date	08-Sep-22	time	6.11	10.97	16.01	21.21	26.53	32.18	38.13	44.66	44.66	6 / 3						

reaction time	0.199	interval		4.86	5.04	5.20	5.32	5.65	5.95	6.53		# of strides	10.97	10.24	10.97	12.48	21.21	23.45	2.24
		velocity	8.18	10.29	9.92	9.62	9.40	8.85	8.40	7.66	8.96	175.0	9.12	9.77	9.12	8.01	9.43	8.53	

FINAL - 2022 Silesia Kamila Skolimowska Memorial (Chorzów, POL) *Omega Timing (2022) - diamond league race analysis*

date	06-Aug-22	time	6.22	11.25	16.47	21.84	27.29	32.92	38.76	45.20	45.20	3 / 4							
reaction time	0.157	interval		5.03	5.22	5.37	5.45	5.63	5.84	6.44		# of strides	11.25	10.59	11.08	12.28	21.84	23.36	1.52
		velocity	8.04	9.94	9.58	9.31	9.17	8.88	8.56	7.76	8.85	179.5	8.89	9.44	9.03	8.14	9.16	8.56	

FINAL - 2022 USATF National Championships (Eugene, OR) *Track Newsletter (2022) - USATF championships men*

date	25-Jun-22	time		11.01		21.46		32.44		44.35	44.35	/ ~~5~~ 4							
reaction time		interval				10.45		10.98		11.91	PB	# of strides	11.01	10.45	10.98	11.91	21.46	22.89	1.43
		velocity		9.08		9.57		9.11		8.40	9.02		9.08	9.57	9.11	8.40	9.32	8.74	

FINAL - 2022 Golden Gala Pietro Mennea (Rome, ITA) *Omega Timing (2022) - diamond league race analysis*

date	09-Jun-22	time	6.14	11.13	16.35	21.63	27.05	32.68	38.46	44.81	44.81	6 / 2							
reaction time	0.168	interval		4.99	5.22	5.28	5.42	5.63	5.78	6.35		# of strides	11.13	10.50	11.05	12.13	21.63	23.18	1.55
		velocity	8.14	10.02	9.58	9.47	9.23	8.88	8.65	7.87	8.93		8.98	9.52	9.05	8.24	9.25	8.63	

FINAL - 2022 FBK Games (Hengelo, NED) *Omega Timing (2022) - continental tour race analysis*

date	06-Jun-22	time	6.1	11.2	16.4	22.0	27.6	33.3	39.0	45.28	45.28	6 / 1							
reaction time	0.158	interval		5.10	5.20	5.60	5.60	5.70	5.70	6.28		# of strides	11.20	10.80	11.30	11.98	22.00	23.28	1.28
		velocity	8.20	9.80	9.62	8.93	8.93	8.77	8.77	7.96	8.83	176.5	8.93	9.26	8.85	8.35	9.09	8.59	

FINAL - 2022 Prefontaine Classic (Eugene, OR) *Omega Timing (2022) - diamond league race analysis*

date	28-May-22	time	6.12	11.09	16.26	21.67	27.14	32.71	38.44	44.66	44.66	2 / 4							
reaction time	0.177	interval		4.97	5.17	5.41	5.47	5.57	5.73	6.22		# of strides	11.09	10.58	11.04	11.95	21.67	22.99	1.32
		velocity	8.17	10.06	9.67	9.24	9.14	8.98	8.73	8.04	8.96	173.2	9.02	9.45	9.06	8.37	9.23	8.70	

FINAL - 2022 Müller Birmingham Diamond League (Birmingham, GBR) *Omega Timing (2022) - diamond league race analysis*

date	21-May-22	time	6.12	11.09	16.29	21.70	27.13	32.76	38.81	45.53	45.53	5 / 4							
reaction time	0.171	interval		4.97	5.20	5.41	5.43	5.63	6.05	6.72		# of strides	11.09	10.61	11.06	12.77	21.70	23.83	2.13
		velocity	8.17	10.06	9.62	9.24	9.21	8.88	8.26	7.44	8.79	177.7	9.02	9.43	9.04	7.83	9.22	8.39	

FINAL - 2021 Weltklasse (Zürich, SUI) *Omega Timing (2021) - diamond league race analysis*

date	09-Sep-21	time	6.1	11.0	16.1	21.4	26.9	32.6	38.5	44.84	44.84	8 / 4							
reaction time	0.166	interval		4.90	5.10	5.30	5.50	5.70	5.90	6.34		# of strides	11.00	10.40	11.20	12.24	21.40	23.44	2.04
		velocity	8.20	10.20	9.80	9.43	9.09	8.77	8.47	7.89	8.92		9.09	9.62	8.93	8.17	9.35	8.53	

FINAL - 2021 Athletissima (Lausanne, SUI) *Omega Timing (2021) - diamond league race analysis*

date	26-Aug-21	time	6.1	11.1	16.3	21.7	27.2	32.9	39.0	45.59	45.59	4 / 5							
reaction time	0.167	interval		5.00	5.20	5.40	5.50	5.70	6.10	6.59		# of strides	11.10	10.60	11.20	12.69	21.70	23.89	2.19
		velocity	8.20	10.00	9.62	9.26	9.09	8.77	8.20	7.59	8.77		9.01	9.43	8.93	7.88	9.22	8.37	

FINAL - 2021 Bauhaus Galan (Stockholm, SWE) *Omega Timing (2021) - diamond league race analysis*

date	04-Jul-21	time	6.2	11.2	16.3	21.5	26.9	32.5	38.4	44.83	44.83	4 / 4							
reaction time	0.196	interval		5.00	5.10	5.20	5.40	5.60	5.90	6.43		# of strides	11.20	10.30	11.00	12.33	21.50	23.33	1.83
		velocity	8.06	10.00	9.80	9.62	9.26	8.93	8.47	7.78	8.92		8.93	9.71	9.09	8.11	9.30	8.57	

FINAL - 2021 Doha Diamond League (Doha, QAT) *Omega Timing (2021) - diamond league race analysis*

date	28-May-21	time	6.1	11.0	16.2	21.5	27.0	32.8	38.5	44.87	44.87	7 / 5							
reaction time	0.177	interval		4.90	5.20	5.30	5.50	5.80	5.70	6.37		# of strides	11.00	10.50	11.30	12.07	21.50	23.37	1.87
		velocity	8.20	10.20	9.62	9.43	9.09	8.62	8.77	7.85	8.91	170.5	9.09	9.52	8.85	8.29	9.30	8.56	

FINAL - 2019 Müller Grand Prix (Birmingham, GBR) *Omega Timing (2019) - diamond league race analysis*

date	18-Aug-19	time		11.2		21.7		33.1		45.79	45.79	3 / 7							
reaction time	0.171	interval				10.5		11.4		12.7		# of strides	11.20	10.50	11.40	12.69	21.70	24.09	2.39
		velocity		8.93		9.52		8.77		7.88	8.74	177.2	8.93	9.52	8.77	7.88	9.22	8.30	

FINAL - 2019 USATF National Championships (Des Moines, IA) *Track Newsletter (2019) - USATF championships men*

date	27-Jul-19	time				21.6		32.3		44.4	44.40	/ 4							
reaction time		interval						10.70		12.10	PB	# of strides			10.70	12.10	21.60	22.80	1.20
		velocity				9.26		9.35		8.26	9.01				9.35	8.26	9.26	8.77	

FINAL - 2019 Bauhaus Galan (Stockholm, SWE) *Omega Timing (2019) - diamond league race analysis*

date	30-May-19	time		11.3		22.5		33.8		46.39	46.39	1 / 4							
reaction time	0.176	interval				11.2		11.3		12.6		# of strides	11.30	11.20	11.30	12.59	22.50	23.89	1.39
		velocity		8.85		8.93		8.85		7.94	8.62		8.85	8.93	8.85	7.94	8.89	8.37	

FINAL - 2019 Seiko Golden Grand Prix (Osaka, JPN) *Hirokawa (2019) - research on athlete performance and technique- 2019 data book*

date	19-May-19	time	6.13	11.07	16.18	21.51	27.10	33.00	39.12	45.79	45.79	7 / 1							
reaction time	0.176	interval		4.94	5.11	5.33	5.59	5.90	6.12	6.67		# of strides	11.07	10.44	11.49	12.79	21.51	24.28	2.77
		velocity	8.16	10.12	9.78	9.38	8.94	8.47	8.17	7.50	8.74	173.0	9.03	9.58	8.70	7.82	9.30	8.24	

Semi-Final 1 - 2015 IAAF World Championships (Beijing, CHN) *Yamamoto (2015) - race analysis of 15th World Championships 400m- focusing on men's semis and women's prelims*

date	24-Aug-15	time	6.13	11.01	16.00	21.24	26.76	32.49	38.52	45.07	45.07	9 / 6							
reaction time	0.182	interval		4.88	4.99	5.24	5.52	5.73	6.03	6.55		# of strides	11.01	10.23	11.25	12.58	21.24	23.83	2.59
		velocity	8.16	10.25	10.02	9.54	9.06	8.73	8.29	7.63	8.88		9.08	9.78	8.89	7.95	9.42	8.39	

FINAL - 2015 USATF National Championships (Eugene, OR) *Track Newsletter (2015) - USATF men's championships*

date	27-Jun-15	time				22.0		33.0		44.8	44.80	/ 3							
reaction time		interval						11.0		11.8		# of strides			11.00	11.80	22.00	22.80	0.80
		velocity				9.09		9.09		8.47	8.93				9.09	8.47	9.09	8.77	

FINAL - 2015 NCAA Championships (Eugene, OR) *Track Newsletter (2015) - NCAA men's championships*

date	12-Jun-15	time				22.2				45.1	45.10	4 / 1							

reaction time		interval						22.90		# of strides					22.20	22.90	0.70
		velocity			9.01			8.73	8.87						9.01	8.73	

FINAL - 2014 USATF National Championships (Sacramento, CA) *Track Newsletter (2014) - USATF men's championships*

date	28-Jun-14	time	11.5		22.1		33.2	45.0	45.02	/ 4							
reaction time		interval			10.6		11.1	11.8	PB	# of strides	11.50	10.60	11.10	11.80	22.10	22.90	0.80
		velocity	8.70		9.43		9.01	8.47	8.88		8.70	9.43	9.01	8.47	9.05	8.73	

FINAL - 2014 NCAA Championships (Eugene, OR) *Track Newsletter (2014) - NCAA men's championships*

date	13-Jun-14	time			21.8		33.1	45.5	45.45	3 / 3							
reaction time		interval					11.30	12.40		# of strides			11.30	12.40	21.80	23.70	1.90
		velocity			9.17		8.85	8.06	8.80				8.85	8.06	9.17	8.44	

Nose, Daiki (JPN) (2001)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 Shizuoka International Athletics Meeting (Fukuroi, JPN)												*Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition*							
date	03-May-21	time	6.16	11.28	16.53	21.93	27.57	33.49	39.64	46.35	46.35	4 / 2							
reaction time	0.164	interval		5.12	5.25	5.40	5.64	5.92	6.15	6.71	PB	# of strides	11.28	10.65	11.56	12.86	21.93	24.42	2.49
		velocity	8.12	9.77	9.52	9.26	8.87	8.45	8.13	7.45	8.63	183.0	8.87	9.39	8.65	7.78	9.12	8.19	

Nose, Hiroki (JPN) (2001)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2020 Japanese U20 National Championships (Hiroshima, JPN)												*Kobayashi (2002) - national high school and U20 national championhsips*							
date	23-Oct-20	time	6.42	11.80	17.28	22.92	28.79	34.78	40.94	47.50	47.50	8 / 3							
reaction time	0.176	interval		5.38	5.48	5.64	5.87	5.99	6.16	6.56		# of strides	11.80	11.12	11.86	12.72	22.92	24.58	1.66
		velocity	7.79	9.29	9.12	8.87	8.52	8.35	8.12	7.62	8.42	184.8	8.47	8.99	8.43	7.86	8.73	8.14	

Heat 1 - 2020 Japanese U20 National Championships (Hiroshima, JPN) *Kobayashi (2002) - national high school and U20 national championhsips*

date	23-Oct-20	time	6.28	11.47	16.82	22.40	28.34	34.46	40.85	47.86	47.86	4 / 2							
reaction time	0.152	interval		5.19	5.35	5.58	5.94	6.12	6.39	7.01		# of strides	11.47	10.93	12.06	13.40	22.40	25.46	3.06
		velocity	7.96	9.63	9.35	8.96	8.42	8.17	7.82	7.13	8.36	188.6	8.72	9.15	8.29	7.46	8.93	7.86	

Nowak, Tim (GER) (1995)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 1 - 2022 World Athletics Championships (Eugene, OR)												*Timing by Seiko (2022) - world athletics championships race analysis*							
date	23-Jul-22	time		11.86		23.17		36.03		50.94	50.94	2 / 5							
reaction time	0.161	interval				11.31		12.86		14.91		# of strides	11.86	11.31	12.86	14.91	23.17	27.77	4.60
		velocity		8.43		8.84		7.78		6.71	7.85	186.0	8.43	8.84	7.78	6.71	8.63	7.20	

Nozaki, Tsuyoshi (JPN)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2016 Japanese National Youth Championships (Mizuho, JPN)												*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*							
date	21-Oct-16	time	6.59	12.00	17.52	23.25	29.18	35.38	41.84	48.59	48.59	8 / 7							
reaction time		interval		5.41	5.52	5.73	5.93	6.20	6.46	6.75		# of strides	12.00	11.25	12.13	13.21	23.25	25.34	2.09
		velocity	7.59	9.24	9.06	8.73	8.43	8.06	7.74	7.41	8.23		8.33	8.89	8.24	7.57	8.60	7.89	

Nuti, Andrea (ITA) (1967)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1991 European Cup (Frankfurt, GER)												*Federle (2003) - http://www.fgs.uni-halle.de*							
date	29-Jun-91	time		11.59		21.99		33.23		46.04	46.04	/ 5							
reaction time		interval				10.40		11.24		12.81		# of strides	11.59	10.40	11.24	12.81	21.99	24.05	2.06
		velocity		8.63		9.62		8.90		7.81	8.69		8.63	9.62	8.90	7.81	9.10	8.32	

Nwachukwu, Debem (NGR) (2000)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 4 - 2023 World Athletics Championships (Budapest, HUN)												*Seiko Timing (2023) - world championship race analysis*							
date	20-Aug-23	time		11.02		21.82		33.37		45.60	45.60	9 / 6							
reaction time	0.190	interval				10.80		11.55		12.23		# of strides	11.02	10.80	11.55	12.23	21.82	23.78	1.96
		velocity		9.07		9.26		8.66		8.18	8.77		9.07	9.26	8.66	8.18	9.17	8.41	

Nyongani, Young Talkmore (ZIM) (198

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 1 - 2009 IAAF World Championships (Berlin, GER)												*Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*							
date	18-Aug-09	time		11.29		21.89		32.37		45.92	45.92	8 / 5							
reaction time	0.178	interval				10.60		10.48		13.55		# of strides	11.29	10.60	10.48	13.55	21.89	24.03	2.14
		velocity		8.86		9.43		9.54		7.38	8.71		8.86	9.43	9.54	7.38	9.14	8.32	

Nyström, Alexander (SWE) (2003)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2023 Bauhaus Galan (Stockholm, SWE)												*Omega Timing (2023) - diamond league race analysis*							
date	02-Jul-23	time	6.50	11.76	17.26	22.98	28.87	35.07	41.52	48.44	48.44	3 / 7							
reaction time	0.175	interval		5.26	5.50	5.72	5.89	6.20	6.45	6.92		# of strides	11.76	11.22	12.09	13.37	22.98	25.46	2.48
		velocity	7.69	9.51	9.09	8.74	8.49	8.06	7.75	7.23	8.26		8.50	8.91	8.27	7.48	8.70	7.86	

O'Bryant, Jevon (USA) (2001)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 3 - 2024 USA Olympic Trials (Eugene, OR)												*USATF and Karmarush (2024) - USA Olympic trials results and race analysis*							
date	23-Jun-24	time		11.33		22.11		33.86		46.39	46.39	1 / 5							
reaction time		interval				10.78		11.75		12.53		# of strides	11.33	10.78	11.75	12.53	22.11	24.28	2.17
		velocity		8.83		9.28		8.51		7.98	8.62		8.83	9.28	8.51	7.98	9.05	8.24	

Semi-Final 3 - 2024 USA Olympic Trials (Eugene, OR) *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	23-Jun-24	time		11.23		21.57		33.18		45.51	45.51	6 / 6							
reaction time		interval				10.34		11.61		12.33		# of strides	11.23	10.34	11.61	12.33	21.57	23.94	2.37
		velocity		8.90		9.67		8.61		8.11	8.79	171.5	8.90	9.67	8.61	8.11	9.27	8.35	

Obuchi, Mizuki (JPN) (1997)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 All Japan Corporate Championships (Osaka, JPN)												*@ohnishigundan (2021) - https://twitter.com/ohnishigundan/status/1441633743874117633*							
date	25-Sep-21	time		11.38		22.26		33.75		48.21	48.34	4 / 7							
reaction time	0.188	interval				10.88		11.49		14.46		# of strides	11.38	10.88	11.49	14.46	22.26	25.95	3.69
		velocity		8.79		9.19		8.70		6.92	8.27		8.79	9.19	8.70	6.92	8.98	7.71	

Heat 2 - 2021 All Japan Corporate Championships (Osaka, JPN) *@ohnishigundan (2021) - https://twitter.com/ohnishigundan/status/1441633743874117633*

date	25-Sep-21	time		11.36		22.14		33.75		46.85	46.87	7 / 1							

WR=World Rec. AR=Area Rec. OR=Olympic Rec. CR=Championship Rec. NR=National Rec. PB=Personal Best DQ=Disqualified DV=Drug Violation

reaction time	0.183	interval			10.78		11.61		13.10		# of strides	11.36	10.78	11.61	13.10	22.14	24.71	2.57
		velocity		8.80		9.28		8.61		7.63	8.53	8.80	9.28	8.61	7.63	9.03	8.09	

B FINAL - 2021 Shizuoka International Athletics Meeting (Fukuroi, JPN) *Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition*

date	03-May-21	time	6.24	11.49	16.85	22.40	28.14	34.18	40.54	48.08	48.08	5 / 8						
reaction time	0.191	interval		5.25	5.36	5.55	5.74	6.04	6.36	7.54		# of strides	11.49	10.91	11.78	13.90	22.40	25.68	3.28
		velocity	8.01	9.52	9.33	9.01	8.71	8.28	7.86	6.63	8.32		8.70	9.17	8.49	7.19	8.93	7.79	

FINAL - 2020 Japanese National Championships (Niigata, JPN) *Yamanaka (2020) - 400m race analysis of men and women during 2020 season*

date	02-Oct-20	time	6.31	11.40	16.80	22.52	28.36	34.30	40.21	46.58	46.58	7 / 5						
reaction time	0.179	interval		5.09	5.40	5.72	5.84	5.94	5.91	6.37		# of strides	11.40	11.12	11.78	12.28	22.52	24.06	1.54
		velocity	7.92	9.82	9.26	8.74	8.56	8.42	8.46	7.85	8.59	192.2	8.77	8.99	8.49	8.14	8.88	8.31	

Heat 2 - 2020 Japanese National Championships (Niigata, JPN) *Yamanaka (2020) - 400m race analysis of men and women during 2020 season*

date	01-Oct-20	time	6.23	11.23	16.42	21.96	27.70	33.72	40.00	46.70	46.70	5 / 2						
reaction time	0.176	interval		5.00	5.19	5.54	5.74	6.02	6.28	6.70		# of strides	11.23	10.73	11.76	12.98	21.96	24.74	2.78
		velocity	8.03	10.00	9.63	9.03	8.71	8.31	7.96	7.46	8.57		8.90	9.32	8.50	7.70	9.11	8.08	

FINAL - 2020 All Japan Corporate Championships (Kumagaya, JPN) *Yamanaka (2020) - 400m race analysis of men and women during 2020 season*

date	19-Sep-20	time	6.32	11.38	16.73	22.32	28.02	33.90	40.06	46.84	46.84	6 / 2						
reaction time	0.207	interval		5.06	5.35	5.59	5.70	5.88	6.16	6.78		# of strides	11.38	10.94	11.58	12.94	22.32	24.52	2.20
		velocity	7.91	9.88	9.35	8.94	8.77	8.50	8.12	7.37	8.54	193.0	8.79	9.14	8.64	7.73	8.96	8.16	

FINAL - 2020 Seiko Golden Grand Prix (Tokyo, JPN) *Yamanaka (2020) - 400m race analysis of men and women during 2020 season*

date	23-Aug-20	time	6.17	11.22	16.37	21.70	27.37	33.24	39.44	46.25	46.25	2 / 2						
reaction time	0.168	interval		5.05	5.15	5.33	5.67	5.87	6.20	6.81		# of strides	11.22	10.48	11.54	13.01	21.70	24.55	2.85
		velocity	8.10	9.90	9.71	9.38	8.82	8.52	8.06	7.34	8.65		8.91	9.54	8.67	7.69	9.22	8.15	

FINAL - 2019 Japanese National Championships (Fukuoka, JPN) *Yamanaka (2019) - research on athlete performance and technique- 2019 data book*

date	28-Jun-19	time	6.22	11.32	16.60	22.11	27.85	33.74	39.75	46.18	46.18	6 / 2						
reaction time	0.169	interval		5.10	5.28	5.51	5.74	5.89	6.01	6.43		# of strides	11.32	10.79	11.63	12.44	22.11	24.07	1.96
		velocity	8.04	9.80	9.47	9.07	8.71	8.49	8.32	7.78	8.66	192.0	8.83	9.27	8.60	8.04	9.05	8.31	

Heat 2 - 2019 Japanese National Championships (Fukuoka, JPN) *Yamanaka (2019) - race analysis of men and women 400m competition*

date	27-Jun-19	time	6.12	11.10	16.27	21.76	27.54	33.52	39.68	46.31	46.31	7 / 2						
reaction time	0.169	interval		4.98	5.17	5.49	5.78	5.98	6.16	6.63		# of strides	11.10	10.66	11.76	12.79	21.76	24.55	2.79
		velocity	8.17	10.04	9.67	9.11	8.65	8.36	8.12	7.54	8.64		9.01	9.38	8.50	7.82	9.19	8.15	

FINAL - 2017 National Sports Festival (Matsuyama, JPN) *(2017) - tfdata-store.com/2017/10/12/post-1100/*

date	08-Oct-17	time		11.74		23.27		35.19		48.25	48.25	9 / 8						
reaction time	0.173	interval				11.53		11.92		13.06		# of strides	11.74	11.53	11.92	13.06	23.27	24.98	1.71
		velocity		8.52		8.67		8.39		7.66	8.29	191.0	8.52	8.67	8.39	7.66	8.59	8.01	

Heat 1 - 2017 National Sports Festival (Matsuyama, JPN) *(2017) - tfdata-store.com/2017/10/12/post-1100/*

date	08-Oct-17	time		11.49		22.64		34.47		47.40	47.40	6 / 2						
reaction time	0.176	interval				11.15		11.83		12.93		# of strides	11.49	11.15	11.83	12.93	22.64	24.76	2.12
		velocity		8.70		8.97		8.45		7.73	8.44	192.0	8.70	8.97	8.45	7.73	8.83	8.08	

FINAL - 2017 Nanbu Memorial Meeting (Sapporo, JPN) *(2017) - tfdata-store.com/2017/07/11/post-1010/*

date	09-Jul-17	time		11.83		23.16		35.18		47.76	47.76	7 / 5						
reaction time		interval				11.33		12.02		12.58		# of strides	11.83	11.33	12.02	12.58	23.16	24.60	1.44
		velocity		8.45		8.83		8.32		7.95	8.38	188.0	8.45	8.83	8.32	7.95	8.64	8.13	

FINAL - 2017 Japanese National Championships (Osaka, JPN) *(2017) - tfdata-store.com/2017/07/08/post-965/*

date	24-Jun-17	time		11.47		22.30		33.91		46.69	46.69	3 / 5						
reaction time	0.169	interval				10.83		11.61		12.78		# of strides	11.47	10.83	11.61	12.78	22.30	24.39	2.09
		velocity		8.72		9.23		8.61		7.82	8.57	194.0	8.72	9.23	8.61	7.82	8.97	8.20	

Heat 1 - 2017 Japanese National Championships (Osaka, JPN) *(2017) - tfdata-store.com/2017/07/08/post-965/*

date	23-Jun-17	time		11.50		22.19		33.79		45.95	45.95	6 / 4						
reaction time	0.190	interval				10.69		11.60		12.16	**PB**	# of strides	11.50	10.69	11.60	12.16	22.19	23.76	1.57
		velocity		8.70		9.35		8.62		8.22	8.71	188.5	8.70	9.35	8.62	8.22	9.01	8.42	

Division 1 FINAL - 2017 Kanto Collegiate Championships (Yokohama, JPN) *(2017) - tfdata-store.com/2017/06/01/post-786/*

date	26-May-17	time		11.48		22.38		33.99		46.19	46.19	7 / 2						
reaction time		interval				10.90		11.61		12.20	**PB**	# of strides	11.48	10.90	11.61	12.20	22.38	23.81	1.43
		velocity		8.71		9.17		8.61		8.20	8.66	189.0	8.71	9.17	8.61	8.20	8.94	8.40	

Division 1 Semi-Final 2 - 2017 Kanto Collegiate Championships (Yokohama, JPN) *(2017) - tfdata-store.com/2017/06/02/post-835/*

date	26-May-17	time		11.53		22.49		34.47		47.32	47.32	4 / 2						
reaction time		interval				10.96		11.98		12.85		# of strides	11.53	10.96	11.98	12.85	22.49	24.83	2.34
		velocity		8.67		9.12		8.35		7.78	8.45	190.0	8.67	9.12	8.35	7.78	8.89	8.05	

Race B - 2016 Shizuoka International Meeting (Fukuroi, JPN) *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	03-May-16	time	6.42	11.68	17.03	22.37	28.03	34.13	40.31	47.00	47.00	/ 2						
reaction time		interval		5.26	5.35	5.34	5.66	6.10	6.18	6.69		# of strides	11.68	10.69	11.76	12.87	22.37	24.63	2.26
		velocity	7.79	9.51	9.35	9.36	8.83	8.20	8.09	7.47	8.51		8.56	9.35	8.50	7.77	8.94	8.12	

FINAL - 2015 Japanese National Junior Championships (Nagoya, JPN) *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	16-Oct-15	time	6.52	11.85	17.33	23.00	28.78	34.72	40.78	47.36	47.36	/ 3						
reaction time		interval		5.33	5.48	5.67	5.78	5.94	6.06	6.58		# of strides	11.85	11.15	11.72	12.64	23.00	24.36	1.36
		velocity	7.67	9.38	9.12	8.82	8.65	8.42	8.25	7.60	8.45		8.44	8.97	8.53	7.91	8.70	8.21	

Ochieng, Kennedy (KEN) (1971)	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1993 IAAF World Championships (Stuttgart, GER)																	*Butler (2013) - IAAF world championships statistics handbook- moscow 2013*

date	17-Aug-93	time			22.30			45.68	45.68	8 / 8								
reaction time		interval						23.38		# of strides					22.30	23.38	1.08	
		velocity			8.97			8.55	8.76						8.97	8.55		

O'Donnell, Christopher (IRL) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 3 - 2024 European Athletics Championships (Roma, ITA)																	
																	European Athletics (2024) - 2024 european athletics championships - results book
date 09-Jun-24	time	11.27		21.97		33.26		45.72	45.72	3 / ~~4~~							
reaction time 0.160	interval			10.70		11.29		12.46	DQ	# of strides	11.27	10.70	11.29	12.46	21.97	23.75	1.78
	velocity	8.87		9.35		8.86		8.03	8.75	177.0	8.87	9.35	8.86	8.03	9.10	8.42	
Heat 1 - 2024 European Athletics Championships (Roma, ITA)																	
																	European Athletics (2024) - 2024 european athletics championships - results book
date 08-Jun-24	time	11.48		22.14		33.44		45.69	45.69	5 / 4							
reaction time 0.154	interval			10.66		11.30		12.25		# of strides	11.48	10.66	11.30	12.25	22.14	23.55	1.41
	velocity	8.71		9.38		8.85		8.16	8.75		8.71	9.38	8.85	8.16	9.03	8.49	
Heat 5 - 2023 World Athletics Championships (Budapest, HUN)																	
																	Seiko Timing (2023) - world championship race analysis
date 20-Aug-23	time	11.55		22.30		33.88		46.76	46.76	6 / 7							
reaction time 0.159	interval			10.75		11.58		12.88		# of strides	11.55	10.75	11.58	12.88	22.30	24.46	2.16
	velocity	8.66		9.30		8.64		7.76	8.55		8.66	9.30	8.64	7.76	8.97	8.18	
FINAL - 2022 Memorial van Damme (Brussels, BEL)																	
																	Omega Timing (2022) - diamond league race analysis
date 02-Sep-22	time 6.39	11.50	16.79	22.24	27.74	33.41	39.42	45.78	45.78	2 / 2							
reaction time 0.164	interval	5.11	5.29	5.45	5.50	5.67	6.01	6.36		# of strides	11.50	10.74	11.17	12.37	22.24	23.54	1.30
	velocity 7.82	9.78	9.45	9.17	9.09	8.82	8.32	7.86	8.74		8.70	9.31	8.95	8.08	8.99	8.50	
Semi-Final 1 - 2022 European Athletics Championships (Munich, GER)																	
																	European Athletics (2022) - european athletics championships race analysis
date 16-Aug-22	time	11.09		21.74		33.02		45.73	45.73	4 / 5							
reaction time 0.180	interval			10.65		11.28		12.71		# of strides	11.09	10.65	11.28	12.71	21.74	23.99	2.25
	velocity	9.02		9.39		8.87		7.87	8.75	179.0	9.02	9.39	8.87	7.87	9.20	8.34	
Semi-Final 2 - 2022 World Athletics Championships (Eugene, OR)																	
																	Timing by Seiko (2022) - world athletics championships race analysis
date 20-Jul-22	time	11.54		22.20		33.52		46.01	46.01	2 / 7							
reaction time 0.162	interval			10.66		11.32		12.49		# of strides	11.54	10.66	11.32	12.49	22.20	23.81	1.61
	velocity	8.67		9.38		8.83		8.01	8.69	180.0	8.67	9.38	8.83	8.01	9.01	8.40	
Heat 6 - 2022 World Athletics Championships (Eugene, OR)																	
																	Timing by Seiko (2022) - world athletics championships race analysis
date 17-Jul-22	time	11.60		22.48		33.81		46.01	46.01	8 / 4							
reaction time 0.133	interval			10.88		11.33		12.20		# of strides	11.60	10.88	11.33	12.20	22.48	23.53	1.05
	velocity	8.62		9.19		8.83		8.20	8.69	178.0	8.62	9.19	8.83	8.20	8.90	8.50	

Ogando, Alexander (DOM) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 6 - 2025 World Athletics Championships (Tokyo, JPN)																	
																	Seiko Timing (2025) - 2025 World Championships race analysis
date 14-Sep-25	time	11.39		21.68		33.28		45.59	45.59	4 / 7							
reaction time 0.165	interval			10.29		11.60		12.31		# of strides	11.39	10.29	11.60	12.31	21.68	23.91	2.23
	velocity	8.78		9.72		8.62		8.12	8.77		8.78	9.72	8.62	8.12	9.23	8.36	
Long Sprints - 2025 Grand Slam Track Philadelphia (Philadelphia, PA)																	
																	Grand Slam Track (2025) - results and splits by race
date 31-May-25	time	14.10		24.32		35.88		45.87	45.87	1 / 6							
reaction time 0.200	interval			10.22		11.56		9.99		# of strides	14.10	10.22	11.56	9.99	24.32	21.55	-2.77
	velocity	7.09		9.78		8.65		10.01	8.72		7.09	9.78	8.65	10.01	8.22	9.28	
Long Sprints - 2025 Grand Slam Track Miami (Miramar, FL)																	
																	Grand Slam Track (2025) - results and splits by race
date 03-May-25	time	10.96		21.09		32.43		44.78	44.78	2 / 5							
reaction time 0.210	interval			10.13		11.34		12.35		# of strides	10.96	10.13	11.34	12.35	21.09	23.69	2.60
	velocity	9.12		9.87		8.82		8.10	8.93		9.12	9.87	8.82	8.10	9.48	8.44	
Heat 4 - 2024 Olympic Games (Paris, FRA)																	
																	Paris 2024 Olympic Games - Results Book (2024)
date 04-Aug-24	time 6.30	11.24	16.32	21.55	27.06	32.86	38.80	45.11	45.11	2 / 5							
reaction time 0.215	interval	4.94	5.08	5.23	5.51	5.80	5.94	6.31		# of strides	11.24	10.31	11.31	12.25	21.55	23.56	2.01
	velocity 7.94	10.12	9.84	9.56	9.07	8.62	8.42	7.92	8.87	177.0	8.90	9.70	8.84	8.16	9.28	8.49	
FINAL - 2023 Memorial van Damme (Brussels, BEL)																	
																	Omega Timing (2023) - diamond league race analysis
date 08-Sep-23	time 6.11	10.98	16.14	21.51	27.16	32.88	38.83	44.93	44.93	2 / 2							
reaction time 0.157	interval	4.87	5.16	5.37	5.65	5.72	5.95	6.10		# of strides	10.98	10.53	11.37	12.05	21.51	23.42	1.91
	velocity 8.18	10.27	9.69	9.31	8.85	8.74	8.40	8.20	8.90	178.7	9.11	9.50	8.80	8.30	9.30	8.54	
FINAL - 2021 Bauhaus Galan (Stockholm, SWE)																	
																	Omega Timing (2021) - diamond league race analysis
date 04-Jul-21	time 6.4	11.6	17.0	22.4	28.1	34.0	40.2	46.87	46.87	2 / 7							
reaction time 0.137	interval	5.20	5.40	5.40	5.70	5.90	6.20	6.67		# of strides	11.60	10.80	11.60	12.87	22.40	24.47	2.07
	velocity 7.81	9.62	9.26	9.26	8.77	8.47	8.06	7.50	8.53		8.62	9.26	8.62	7.77	8.93	8.17	

Ogazi, Samuel (NGR) (2006)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 3 - 2025 World Athletics Championships (Tokyo, JPN)																	
																	Seiko Timing (2025) - 2025 World Championships race analysis
date 14-Sep-25	time	11.56		21.78		33.06		45.97	45.97	5 / 5							
reaction time 0.310	interval			10.22		11.28		12.91		# of strides	11.56	10.22	11.28	12.91	21.78	24.19	2.41
	velocity	8.65		9.78		8.87		7.75	8.70		8.65	9.78	8.87	7.75	9.18	8.27	
FINAL - 2025 NCAA Championships (Eugene, OR)																	
																	Casacky (2025) - 400 - teen Ogazi wins handily
date 13-Jun-25	time			21.1				44.84	44.84	6 / 1							
reaction time	interval							23.74		# of strides					21.10	23.74	2.64
	velocity			9.48				8.42	8.92						9.48	8.42	
FINAL - 2024 Olympic Games (Paris, FRA)																	
																	Paris 2024 Olympic Games - Results Book (2024)
date 07-Aug-24	time 6.33	11.19	16.20	21.46	27.08	32.92	38.74	44.73	44.73	3 / 7							
reaction time 0.225	interval	4.86	5.01	5.26	5.62	5.84	5.82	5.99		# of strides	11.19	10.27	11.46	11.81	21.46	23.27	1.81

		velocity	7.90	10.29	9.98	9.51	8.90	8.56	8.59	8.35	8.94	161.0	8.94	9.74	8.73	8.47	9.32	8.59

Semi-Final 3 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	06-Aug-24	time	6.20	10.99	15.90	21.09	26.62	32.29	38.16	44.41	44.41	5 / 3						
reaction time	0.195	interval		4.79	4.91	5.19	5.53	5.67	5.87	6.25	PB	# of strides	10.99	10.10	11.20	12.12	21.09	23.32	2.23
		velocity	8.06	10.44	10.18	9.63	9.04	8.82	8.52	8.00	9.01	160.0	9.10	9.90	8.93	8.25	9.48	8.58	

Heat 4 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	04-Aug-24	time	6.35	11.26	16.30	21.57	27.00	32.61	38.42	44.50	44.50	5 / 2						
reaction time	0.223	interval		4.91	5.04	5.27	5.43	5.61	5.81	6.08	PB	# of strides	11.26	10.31	11.04	11.89	21.57	22.93	1.36
		velocity	7.87	10.18	9.92	9.49	9.21	8.91	8.61	8.22	8.99	160.5	8.88	9.70	9.06	8.41	9.27	8.72	

Ogi, Moeto (JPN) (1994)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2012 Japanese National High School Championships (Niigata, JPN)																	*Yasunori (2012) - 65th high school championships: JAF scientific committee- biomechanics*
date 29-Jul-12	time		12.33		24.02		35.86		49.03	49.03	4 / 7							
reaction time	interval				11.69		11.84		13.17		# of strides	12.33	11.69	11.84	13.17	24.02	25.01	0.99
	velocity		8.11		8.55		8.45		7.59	8.16		8.11	8.55	8.45	7.59	8.33	8.00	

Ogunode, Femi (QAT) (1991)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2011 IAAF World Championships (Daegu, KOR)																	*Butler (2013) - IAAF world athletic results 2008-2011 full results*
date 30-Aug-11	time					33.5		45.55	45.55	1 / 8							
reaction time 0.167	interval							12.05		# of strides				12.05			
	velocity					8.96		8.30	8.78	184.2				8.30			

Ohioze, Michael (GBR) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 Müller British Grand Prix (Gateshead, GBR)																	*Omega Timing (2021) - diamond league race analysis*
date 13-Jul-21	time	6.3	11.4	16.8	22.4	28.2	34.1	40.3	46.91	46.91	5 / 5							
reaction time 0.170	interval		5.10	5.40	5.60	5.80	5.90	6.20	6.61		# of strides	11.40	11.00	11.70	12.81	22.40	24.51	2.11
	velocity	7.94	9.80	9.26	8.93	8.62	8.47	8.06	7.56	8.53		8.77	9.09	8.55	7.81	8.93	8.16	

Õiglane, Janek (EST) (1994)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 1 - 2024 Olympic Games (Paris, FRA)																	*Paris 2024 Olympic Games - Results Book (2024)*
date 02-Aug-24	time	6.34	11.59	17.13	22.84	28.71	34.79	41.20	48.02	48.02	4 / 1							
reaction time 0.160	interval		5.25	5.54	5.71	5.87	6.08	6.41	6.82	PB	# of strides	11.59	11.25	11.95	13.23	22.84	25.18	2.34
	velocity	7.89	9.52	9.03	8.76	8.52	8.22	7.80	7.33	8.33	181.7	8.63	8.89	8.37	7.56	8.76	7.94	

Decathlon - Heat 1 - 2023 World Athletics Championships (Budapest, HUN) *Seiko Timing (2023) - world championship race analysis*

date	25-Aug-23	time		11.78		23.19		35.29		48.41	48.41	2 / 2						
reaction time	0.163	interval				11.41		12.10		13.12	PB	# of strides	11.78	11.41	12.10	13.12	23.19	25.22	2.03
		velocity		8.49		8.76		8.26		7.62	8.26	180.7	8.49	8.76	8.26	7.62	8.62	7.93	

Decathlon - Heat 1 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	23-Jul-22	time		11.59		22.76		35.11		49.16	49.16	8 / 1						
reaction time	0.148	interval				11.17		12.35		14.05		# of strides	11.59	11.17	12.35	14.05	22.76	26.40	3.64
		velocity		8.63		8.95		8.10		7.12	8.14	175.5	8.63	8.95	8.10	7.12	8.79	7.58	

Okawa, Noda (JPN) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
U19 Heat 1 - 2017 National Sports Festival (Matsuyama, JPN)																	*(2017) - tfdata-store.com/2017/10/12/post-1100/*
date 08-Oct-17	time		11.62		22.86		35.11		48.27	48.27	5 / 2							
reaction time 0.168	interval				11.24		12.25		13.16		# of strides	11.62	11.24	12.25	13.16	22.86	25.41	2.55
	velocity		8.61		8.90		8.16		7.60	8.29	178.0	8.61	8.90	8.16	7.60	8.75	7.87	

Okezie, Chidi (NGR) (1993)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 2 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 14-Sep-25	time		11.28		21.48		32.83		45.66	45.66	2 / 8							
reaction time 0.174	interval				10.20		11.35		12.83		# of strides	11.28	10.20	11.35	12.83	21.48	24.18	2.70
	velocity		8.87		9.80		8.81		7.79	8.76		8.87	9.80	8.81	7.79	9.31	8.27	

Repechage 2 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	05-Aug-24	time	6.36	11.47	16.71	22.14	27.72	33.49	39.50	45.92	45.92	4 / 5						
reaction time	0.172	interval		5.11	5.24	5.43	5.58	5.77	6.01	6.42		# of strides	11.47	10.67	11.35	12.43	22.14	23.78	1.64
		velocity	7.86	9.78	9.54	9.21	8.96	8.67	8.32	7.79	8.71	167.5	8.72	9.37	8.81	8.05	9.03	8.41	

Heat 1 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	04-Aug-24	time	6.25	11.20	16.26	21.63	27.23	32.98	39.04	45.52	45.52	7 / 4						
reaction time	0.192	interval		4.95	5.06	5.37	5.60	5.75	6.06	6.48		# of strides	11.20	10.43	11.35	12.54	21.63	23.89	2.26
		velocity	8.00	10.10	9.88	9.31	8.93	8.70	8.25	7.72	8.79	166.0	8.93	9.59	8.81	7.97	9.25	8.37	

Okoro, Efekemo (GBR) (1992)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Invitational - 2024 Memorial van damme (Brussels, BEL)																	*Omega Timing (2024) - diamond league race analysis*
date 13-Sep-24	time	6.28	11.34	16.49	21.84	27.40	33.24	39.41	46.19	46.19	5 / 4							
reaction time 0.164	interval		5.06	5.15	5.35	5.56	5.84	6.17	6.78		# of strides	11.34	10.50	11.40	12.95	21.84	24.35	2.51
	velocity	7.96	9.88	9.71	9.35	8.99	8.56	8.10	7.37	8.66		8.82	9.52	8.77	7.72	9.16	8.21	

B FINAL - 2022 Müller Birmingham Diamond League (Birmingham, GBR) *Omega Timing (2022) - diamond league race analysis*

date	21-May-22	time	6.3	11.4	16.7	22.1	27.9	34.2	40.8	48.04	48.04	1 / 9						
reaction time	0.146	interval		5.10	5.30	5.40	5.80	6.30	6.60	7.24		# of strides	11.40	10.70	12.10	13.84	22.10	25.94	3.84
		velocity	7.94	9.80	9.43	9.26	8.62	7.94	7.58	6.91	8.33		8.77	9.35	8.26	7.23	9.05	7.71	

Okuda, Keisuke (JPN) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 1 - 2024 Japanese National Multi-Event Championships (Gifu, JPN)																	*Matsubayashi (2025) - performance analysis of decathlon athletes in the 2024 season*
date 22-Jun-24	time	6.40	11.73	17.18	22.96	29.08	35.32	41.64	48.22	48.22	8 / 1							
reaction time	interval		5.33	5.45	5.78	6.12	6.24	6.32	6.58		# of strides	11.73	11.23	12.36	12.90	22.96	25.26	2.30
	velocity	7.81	9.38	9.17	8.65	8.17	8.01	7.91	7.60	8.30		8.53	8.90	8.09	7.75	8.71	7.92	

Decathlon - FINAL - 2022 Japanese Multi-Event National Championsips (Akita, JPN) *Takefu (2023) - performance analyisis of decathlon athletes in the 2022 season*

date	04-Jun-22	time	6.34	11.55	16.92	22.63	28.67	34.94	41.50	48.28	48.28	7 / 1						
reaction time		interval		5.21	5.37	5.71	6.04	6.27	6.56	6.78		# of strides	11.55	11.08	12.31	13.34	22.63	25.65	3.02
		velocity	7.89	9.60	9.31	8.76	8.28	7.97	7.62	7.37	8.29		8.66	9.03	8.12	7.50	8.84	7.80	

Decathlon - Heat 2 - 2022 Michitaka Kinami Memorial (Osaka, JPN) *Takefu (2023) - performance analyisis of decathlon athletes in the 2022 season*

date	30-Apr-22	time	6.32	11.65	17.08	22.79	28.73	34.97	41.67	49.18	49.18	3 / 1						
reaction time	0.146	interval		5.33	5.43	5.71	5.94	6.24	6.70	7.51		# of strides	11.65	11.14	12.18	14.21	22.79	26.39	3.60
		velocity	7.91	9.38	9.21	8.76	8.42	8.01	7.46	6.66	8.13		8.58	8.98	8.21	7.04	8.78	7.58	

Õiglane, Janek (EST) (1994)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 1 - 2024 Olympic Games (Paris, FRA)																	*Paris 2024 Olympic Games - Results Book (2024)*
date	02-Aug-24	time	6.34	11.59	17.13	22.84	28.71	34.79	41.20	48.02	48.02	4 / 1							
reaction time	0.160	interval		5.25	5.54	5.71	5.87	6.08	6.41	6.82	PB	# of strides	11.59	11.25	11.95	13.23	22.84	25.18	2.34
		velocity	7.89	9.52	9.03	8.76	8.52	8.22	7.80	7.33	8.33	181.7	8.63	8.89	8.37	7.56	8.76	7.94	

Ólafsson, Sæmundur (ISL) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B Final - 2023 European Team Championships, Second Division (Chorzów, POL)																	*European Athletics (2023) - 3rd european games, athletics - results book*
date	20-Jun-23	time		11.95		22.76		35.05		48.63	48.63	3 / 8							
reaction time	0.238	interval				10.81		12.29		13.58	PB	# of strides	11.95	10.81	12.29	13.58	22.76	25.87	3.11
		velocity		8.37		9.25		8.14		7.36	8.23		8.37	9.25	8.14	7.36	8.79	7.73	

Oliver, Charles (USA) (1954)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1980 USA Olympic Trials (Eugene, OR)																	*Track Newsletter (1980) - US olympic trials*
date	27-Jun-80	time		12.5		22.9		34.2		46.6	46.64	/ 7							
reaction time		interval				10.40		11.30		12.44		# of strides	12.50	10.40	11.30	12.44	22.90	23.74	0.84
		velocity		8.00		9.62		8.85		8.04	8.58		8.00	9.62	8.85	8.04	8.73	8.42	

Oliver, Justin (USA) (1987)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2005 USATF National Junior Championships (Carson, CA)																	*USATF Women's Sprint Development (2005)*
date	25-Jun-05	time			17.05	22.77	28.33	33.87	39.88	46.26	46.26	7 / 1							
reaction time		interval				5.72	5.56	5.54	6.01	6.38		# of strides			11.10	12.39	22.77	23.49	0.72
		velocity			8.80	8.74	8.99	9.03	8.32	7.84	8.65				9.01	8.07	8.78	8.51	

Omalla, Eugene (NED) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 4 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date	14-Sep-25	time		11.22		21.64		33.18		45.97	45.97	3 / 8							
reaction time	0.167	interval				10.42		11.54		12.79		# of strides	11.22	10.42	11.54	12.79	21.64	24.33	2.69
		velocity		8.91		9.60		8.67		7.82	8.70		8.91	9.60	8.67	7.82	9.24	8.22	
FINAL - 2024 Athletissima (Lausanne, SUI)																	*Omega Timing (2024) - diamond league race analysis*
date	22-Aug-24	time	6.17	11.22	16.43	21.83	27.58	33.47	39.52	46.06	46.06	1 / 8							
reaction time	0.179	interval		5.05	5.21	5.40	5.75	5.89	6.05	6.54		# of strides	11.22	10.61	11.64	12.59	21.83	24.23	2.40
		velocity	8.10	9.90	9.60	9.26	8.70	8.49	8.26	7.65	8.68		8.91	9.43	8.59	7.94	9.16	8.25	
National FINAL - 2024 FBK Games (Hengelo, NED)																	*Omega Timing (2024) - continental tour gold race analysis*
date	07-Jul-24	time	6.15	11.05	16.05	21.26	26.84	32.72	39.04	46.12	46.12	5 / 2							
reaction time	0.192	interval		4.90	5.00	5.21	5.58	5.88	6.32	7.08		# of strides	11.05	10.21	11.46	13.40	21.26	24.86	3.60
		velocity	8.13	10.20	10.00	9.60	8.96	8.50	7.91	7.06	8.67		9.05	9.79	8.73	7.46	9.41	8.05	

Omalla, Jaimie (NED) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2024 FBK Games (Hengelo, NED)																	*Omega Timing (2024) - continental tour gold race analysis*
date	07-Jul-24	time	6.32	11.24	16.33	21.64	27.38	33.59	40.17	47.38	47.38	3 / 7							
reaction time	0.168	interval		4.92	5.09	5.31	5.74	6.21	6.58	7.21		# of strides	11.24	10.40	11.95	13.79	21.64	25.74	4.10
		velocity	7.91	10.16	9.82	9.42	8.71	8.05	7.60	6.93	8.44		8.90	9.62	8.37	7.25	9.24	7.77	

Omelko, Rafał (POL) (1989)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 1 - 2017 IAAF World Championships (London, GBR)																	*Pollitt (2018) - biomechanical report for the IAAF World Champs - London 2017 - Men's 400m*
date	06-Aug-17	time		11.05		21.45		32.61	38.57	45.17	45.37	2 / 7							
reaction time	0.201	interval				10.40		11.16	5.96	6.60		# of strides	11.05	10.40	11.16	12.56	21.45	23.72	2.27
		velocity		9.05		9.62		8.96	8.39	7.58	8.82	171.5	9.05	9.62	8.96	7.96	9.32	8.43	

Omodia, Destiny (ITA) (2006)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 3 - 2025 European Athletics U20 Championships (Tampere, FIN)																	*European Athletics (2025) - 2025 european athletics U20 championships - results book*
date	08-Aug-25	time	6.39	11.80	17.33	22.98	28.82	34.79	40.80	47.15	47.15	7 / 3							
reaction time	0.144	interval		5.41	5.53	5.65	5.84	5.97	6.01	6.35		# of strides	11.80	11.18	11.81	12.36	22.98	24.17	1.19
		velocity	7.82	9.24	9.04	8.85	8.56	8.38	8.32	7.87	8.48	172.0	8.47	8.94	8.47	8.09	8.70	8.27	

Omolo, Amos (UGA) (1937)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1968 Olympic Games (Mexico City, MEX) (*Altitude*)																	*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*
date	18-Oct-68	time				21.5		33.3		47.6	47.61	8 / 8							
reaction time		interval						11.80		14.30		# of strides			11.80	14.30	21.50	26.10	4.60
		velocity				9.30		8.47		6.99	8.40				8.47	6.99	9.30	7.66	

Ono, Kona (JPN) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2018 Japanese National Youth (U18) Championships (Nagano, JPN)																	*Ryutaro (2018) - research on athlete performance and technique- 2018 data book*
date	19-Oct-18	time	6.46	11.76	17.23	22.91	28.64	34.62	40.86	47.79	47.79	5 / 3							
reaction time	0.188	interval		5.30	5.47	5.68	5.73	5.98	6.24	6.93		# of strides	11.76	11.15	11.71	13.17	22.91	24.88	1.97
		velocity	7.74	9.43	9.14	8.80	8.73	8.36	8.01	7.22	8.37	186.0	8.50	8.97	8.54	7.59	8.73	8.04	

Ooishi, Ryouta (JPN) (2006)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2024 Japanese National High School Championsips (Fukuoka, JPN)																	*Takashima (2024) - national high school sports festival - biomechanics data*
date	28-Jul-24	time		11.73		22.47		34.27		47.17	47.17	5 / 2							
reaction time	0.185	interval				10.74		11.80		12.90		# of strides	11.73	10.74	11.80	12.90	22.47	24.70	2.23
		velocity		8.53		9.31		8.47		7.75	8.48		8.53	9.31	8.47	7.75	8.90	8.10	

Orešković, Marko (CRO) (2004)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B Final - 2023 European Team Championships, Second Division (Chorzów, POL)																	*European Athletics (2023) - 3rd european games, athletics - results book*
date 20-Jun-23	time		11.59		22.32		34.33		47.09	47.09	7 / 2							
reaction time 0.243	interval				10.73		12.01		12.76		# of strides	11.59	10.73	12.01	12.76	22.32	24.77	2.45
	velocity		8.63		9.32		8.33		7.84	8.49		8.63	9.32	8.33	7.84	8.96	8.07	

Osakada, Jun (JPN) (1974)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2005 Seiko Super Grand Prix (Yokohama, JPN)																	*Masaaki (2006) - time analysis in the 400m at the Seiko Super Grand Prix*
date 19-Sep-05	time		11.26		22.17		33.92	40.28	47.40	47.40	1 / 8							
reaction time	interval				10.91		11.75	6.36	7.12		# of strides	11.26	10.91	11.75	13.48	22.17	25.23	3.06
	velocity		8.88		9.17		8.51	7.86	7.02	8.44		8.88	9.17	8.51	7.42	9.02	7.93	

Osman, Ashraf (QAT) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2024 Seashore Doha Meeting (Doha, QAT)																	*Omega Timing (2024) - diamond league race analysis*
date 10-May-24	time	6.37	11.40	16.60	22.03	27.66	33.60	39.71	46.46	46.46	2 / 8							
reaction time 0.169	interval		5.03	5.20	5.43	5.63	5.94	6.11	6.75		# of strides	11.40	10.63	11.57	12.86	22.03	24.43	2.40
	velocity	7.85	9.94	9.62	9.21	8.88	8.42	8.18	7.41	8.61		8.77	9.41	8.64	7.78	9.08	8.19	
FINAL - 2023 Doha Diamond League (Doha, QAT)																	*Omega Timing (2023) - diamond league race analysis*
date 05-May-23	time	6.39	11.53	16.92	22.59	28.42	34.43	40.56	47.30	47.30	4 / 1							
reaction time 0.213	interval		5.14	5.39	5.67	5.83	6.01	6.13	6.74		# of strides	11.53	11.06	11.84	12.87	22.59	24.71	2.12
	velocity	7.82	9.73	9.28	8.82	8.58	8.32	8.16	7.42	8.46		8.67	9.04	8.45	7.77	8.85	8.09	
National FINAL - 2019 Doha (Doha, QAT)																	*Omega Timing (2019) - diamond league race analysis*
date 03-May-19	time		11.6		22.3		34.0		47.44	47.44	7 / 4							
reaction time 0.206	interval				10.7		11.7		13.4		# of strides	11.60	10.70	11.70	13.44	22.30	25.14	2.84
	velocity		8.62		9.35		8.55		7.44	8.43		8.62	9.35	8.55	7.44	8.97	7.96	

Osman, Umar (MAS) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 3 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 14-Sep-25	time		11.28		21.77		33.52		46.43	46.43	3 / 8							
reaction time 0.169	interval				10.49		11.75		12.91		# of strides	11.28	10.49	11.75	12.91	21.77	24.66	2.89
	velocity		8.87		9.53		8.51		7.75	8.62		8.87	9.53	8.51	7.75	9.19	8.11	

Ota, Kazuki (JPN) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2015 Japanese National Junior Championships (Nagoya, JPN)																	*Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*
date 16-Oct-15	time	6.21	11.46	16.82	22.55	28.50	34.63	40.93	47.51	47.51	/ 5							
reaction time	interval		5.25	5.36	5.73	5.95	6.13	6.30	6.58		# of strides	11.46	11.09	12.08	12.88	22.55	24.96	2.41
	velocity	8.05	9.52	9.33	8.73	8.40	8.16	7.94	7.60	8.42		8.73	9.02	8.28	7.76	8.87	8.01	
FINAL - 2014 Japanese National High School Championships (Kofu, JPN)																	*Yanagiya (2014) - research on athlete performance and technique- 2014 data book*
date 30-Jul-14	time	6.25	11.43	16.75	22.21	27.98	34.22	40.83	47.71	47.71	/ 4							
reaction time	interval		5.18	5.32	5.46	5.77	6.24	6.61	6.88		# of strides	11.43	10.78	12.01	13.49	22.21	25.50	3.29
	velocity	8.00	9.65	9.40	9.16	8.67	8.01	7.56	7.27	8.38		8.75	9.28	8.33	7.41	9.00	7.84	

Otobe, Takumi (JPN) (1989)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 2 - 2014 Nittai University Distance Meeting (Wakayama, JPN)																	*Matsuo (2014) - research on athlete performance and technique- 2014 data book*
date 26-Apr-14	time	6.34	11.78	17.52	23.48	29.68	36.02	42.58	49.75	49.75	5 / 3							
reaction time	interval		5.44	5.74	5.96	6.20	6.34	6.56	7.17		# of strides	11.78	11.70	12.54	13.73	23.48	26.27	2.79
	velocity	7.89	9.19	8.71	8.39	8.06	7.89	7.62	6.97	8.04		8.49	8.55	7.97	7.28	8.52	7.61	

Otsuki, Ohori (JPN) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2019 Japanese National High School Championships (Okinawa, JPN)																	*Kota (2019) - 72nd high school championships: JAF scientific committee - biomechanics data collection*
date 04-Aug-19	time	6.87	12.37	17.84	23.32	28.94	34.79	41.02	47.70	47.70	2 / 6							
reaction time	interval		5.50	5.47	5.48	5.62	5.85	6.23	6.68		# of strides	12.37	10.95	11.47	12.91	23.32	24.38	1.06
	velocity	7.28	9.09	9.14	9.12	8.90	8.55	8.03	7.49	8.39		8.08	9.13	8.72	7.75	8.58	8.20	

Ottolina, Sergio (ITA) (1942)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1965 ???? (Sassari, ITA)																	*Quercetani (1965) European report*
date 09-May-65	time				22.0				46.2	46.2	/ 1							
reaction time	interval								24.2	NR	# of strides					22.00	24.20	2.20
	velocity				9.09				8.26	8.66						9.09	8.26	

Ouceni, Ludovic (FRA) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Regional FINAL - 2025 Meeting de Paris (Paris, FRA)																	*Omega Timing (2025) - diamond league race analysis*
date 20-Jun-25	time	6.20	11.32	16.54	21.98	27.66	33.62	39.91	47.15	47.15	5 / 3							
reaction time 0.199	interval		5.12	5.22	5.44	5.68	5.96	6.29	7.24		# of strides	11.32	10.66	11.64	13.53	21.98	25.17	3.19
	velocity	8.06	9.77	9.58	9.19	8.80	8.39	7.95	6.91	8.48		8.83	9.38	8.59	7.39	9.10	7.95	
Semi-Final 1 - 2023 European Athletics U23 Championships (Espoo, FIN)																	*European Athletics (2023) - european athletics U23 championships results book*
date 13-Jul-23	time		11.43							dnf	3 / --							
reaction time 0.200	interval										# of strides	11.43						
	velocity		8.75									8.75						

Ouyamna, Abdelaali (MAR) (2004)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2022 Meeting International Mohammed VI d'Athlétime (Rabat, MAR)																	*Omega Timing (2022) - diamond league race analysis*
date 05-Jun-22	time	6.56	12.04	17.73	23.53	29.73	36.20	42.57	49.29	49.29	7 / 6							
reaction time 0.205	interval		5.48	5.69	5.80	6.20	6.47	6.37	6.72		# of strides	12.04	11.49	12.67	13.09	23.53	25.76	2.23
	velocity	7.62	9.12	8.79	8.62	8.06	7.73	7.85	7.44	8.12		8.31	8.70	7.89	7.64	8.50	7.76	

Owens-Delerme, Ayden (PUR) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 3 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 20-Sep-25	time		11.15		21.50		33.42		46.46	46.46	5 / 1							
reaction time 0.162	interval				10.35		11.92		13.04		# of strides	11.15	10.35	11.92	13.04	21.50	24.96	3.46

		velocity		8.97		9.66		8.39		7.67	8.61		8.97	9.66	8.39	7.67	9.30	8.01

Decathlon - Heat 3 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	02-Aug-24	time	6.31	11.34	16.51	21.83	27.51	33.59	39.74	46.17	46.17	8 / 1						
reaction time	0.261	interval		5.03	5.17	5.32	5.68	6.08	6.15	6.43		# of strides	11.34	10.49	11.76	12.58	21.83	24.34	2.51
		velocity	7.92	9.94	9.67	9.40	8.80	8.22	8.13	7.78	8.66	174.2	8.82	9.53	8.50	7.95	9.16	8.22	

Decathlon - Heat 3 - 2023 World Athletics Championships (Budapest, HUN) *Seiko Timing (2023) - world championship race analysis*

date	25-Aug-23	time		11.22		21.71		33.51		46.44	46.44	7 / 1						
reaction time	0.162	interval				10.49		11.80		12.93		# of strides	11.22	10.49	11.80	12.93	21.71	24.73	3.02
		velocity		8.91		9.53		8.47		7.73	8.61	173.0	8.91	9.53	8.47	7.73	9.21	8.09	

Decathlon - Heat 3 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	23-Jul-22	time		11.04		21.29		32.67		45.07	45.07	7 / 1						
reaction time	0.189	interval				10.25		11.38		12.40	NR PB	# of strides	11.04	10.25	11.38	12.40	21.29	23.78	2.49
		velocity		9.06		9.76		8.79		8.06	8.88	173.7	9.06	9.76	8.79	8.06	9.39	8.41	

Ozawa, Yohei (JPN) (2007)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2024 Japanese National High School Championsips (Fukuoka, JPN)										*Takashima (2024) - national high school sports festival - biomechanics data*							
date 28-Jul-24	time		12.06		22.62		34.83		49.63	49.63	4 / 8							
reaction time 0.280	interval				10.56		12.21		14.80		# of strides	12.06	10.56	12.21	14.80	22.62	27.01	4.39
	velocity		8.29		9.47		8.19		6.76	8.06		8.29	9.47	8.19	6.76	8.84	7.40	

Park Bong-Ko (KOR) (1991)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2016 Shizuoka International Meeting (Fukuroi, JPN)										*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*							
date 03-May-16	time	6.23	11.50	16.98	22.53	28.22	34.07	40.26	47.07	47.07	/ 4							
reaction time	interval		5.27	5.48	5.55	5.69	5.85	6.19	6.81		# of strides	11.50	11.03	11.54	13.00	22.53	24.54	2.01
	velocity	8.03	9.49	9.12	9.01	8.79	8.55	8.08	7.34	8.50		8.70	9.07	8.67	7.69	8.88	8.15	

Parks, Maxie (USA) (1951)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1976 Olympic Games (Montreal, CAN)										*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*							
date 29-Jul-76	time			21.8		32.7		45.3	45.24	7 / 5							
reaction time	interval					10.90		12.60		# of strides			10.90	12.60	21.80	23.50	1.70
	velocity			9.17		9.17		7.94	8.84	160.5			9.17	7.94	9.17	8.51	

Quarter-Final 3 - 1976 Olympic Games (Montreal, CAN) *Lamare (1976) - les jeux de la XXI olympia, Montreal 1976*

date	26-Jul-76	time				22.1		33.3		45.99	45.99	2 / 3						
reaction time		interval						11.20		12.69		# of strides			11.20	12.69	22.10	23.89	1.79
		velocity				9.05		8.93		7.88	8.70				8.93	7.88	9.05	8.37	

FINAL - 1976 USA Olympic Trials (Eugene, OR) *Hymans (2008) - history of the US olympic trials - track and field*

date	25-Jun-76	time				21.6				45.58	45.58	/ 1						
reaction time		interval								23.98		# of strides					21.60	23.98	2.38
		velocity				9.26				8.34	8.78						9.26	8.34	

Parrela, Sanderlei Claro (BRA) (1974)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2000 Olympic Games (Sydney, AUS)										*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*							
date 25-Sep-00	time		11.5		21.6		32.7		45.0	45.01	2 / 4							
reaction time	interval				10.10		11.10		12.30		# of strides	11.50	10.10	11.10	12.30	21.60	23.40	1.80
	velocity		8.70		9.90		9.01		8.13	8.89		8.70	9.90	9.01	8.13	9.26	8.55	

FINAL - 1999 IAAF World Championships (Sevilla, ESP) *Ferro (2001) - biomechanical analysis of the 7th world championships, seville 1999*

date	26-Aug-99	time	6.22	11.12	16.03	21.13	26.54	32.10	37.93	44.29	44.29	7 / 2						
reaction time	0.169	interval		4.90	4.91	5.10	5.41	5.56	5.83	6.36	AR	# of strides	11.12	10.01	10.97	12.19	21.13	23.16	2.03
		velocity	8.04	10.20	10.18	9.80	9.24	8.99	8.58	7.86	9.03		8.99	9.99	9.12	8.20	9.47	8.64	

Pastors, Artürs (LAT) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B Final - 2023 European Team Championships, Second Division (Chorzów, POL)										*European Athletics (2023) - 3rd european games, athletics - results book*							
date 20-Jun-23	time		11.40		22.24		34.01		46.59	46.59	8 / 1							
reaction time 0.189	interval				10.84		11.77		12.58	PB	# of strides	11.40	10.84	11.77	12.58	22.24	24.35	2.11
	velocity		8.77		9.23		8.50		7.95	8.59		8.77	9.23	8.50	7.95	8.99	8.21	

Patterson, Jacory (USA) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2025 World Athletics Championships (Tokyo, JPN)										*Seiko Timing (2025) - 2025 World Championships race analysis*							
date 18-Sep-25	time		10.64		20.60		31.74		44.70	44.70	3 / 7							
reaction time 0.141	interval				9.96		11.14		12.96		# of strides	10.64	9.96	11.14	12.96	20.60	24.10	3.50
	velocity		9.40		10.04		8.98		7.72	8.95	171.5	9.40	10.04	8.98	7.72	9.71	8.30	

Semi-Final 2 - 2025 World Athletics Championships (Tokyo, JPN) *Seiko Timing (2025) - 2025 World Championships race analysis*

date	16-Sep-25	time		10.83		21.07		32.32		44.19	44.19	5 / 4						
reaction time	0.174	interval				10.24		11.25		11.87		# of strides	10.83	10.24	11.25	11.87	21.07	23.12	2.05
		velocity		9.23		9.77		8.89		8.42	9.05		9.23	9.77	8.89	8.42	9.49	8.65	

Heat 3 - 2025 World Athletics Championships (Tokyo, JPN) *Seiko Timing (2025) - 2025 World Championships race analysis*

date	14-Sep-25	time		10.86		21.03		31.99		43.90	43.90	8 / 1						
reaction time	0.185	interval				10.17		10.96		11.91		# of strides	10.86	10.17	10.96	11.91	21.03	22.87	1.84
		velocity		9.21		9.83		9.12		8.40	9.11	164.0	9.21	9.83	9.12	8.40	9.51	8.75	

FINAL - 2025 Weltklasse (Zürich, SUI) *Omega Timing (2025) - diamond league race analysis*

date	28-Aug-25	time	5.96	10.71	15.67	20.82	26.24	31.88	37.69	43.85	43.85	5 / 1						
reaction time	0.158	interval		4.75	4.96	5.15	5.42	5.64	5.81	6.16	PB	# of strides	10.71	10.11	11.06	11.97	20.82	23.03	2.21
		velocity	8.39	10.53	10.08	9.71	9.23	8.87	8.61	8.12	9.12	164.7	9.34	9.89	9.04	8.35	9.61	8.68	

FINAL - 2025 Memorial van Damme (Brussels, BEL) *Omega Timing (2025) - diamond league race analysis*

date	22-Aug-25	time	6.03	10.84	15.83	21.01	26.41	31.99	37.80	44.05	44.05	7 / 1						

reaction time	0.164	interval		4.81	4.99	5.18	5.40	5.58	5.81	6.25		# of strides	10.84	10.17	10.98	12.06	21.01	23.04	2.03
		velocity	8.29	10.40	10.02	9.65	9.26	8.96	8.61	8.00	9.08	167.0	9.23	9.83	9.11	8.29	9.52	8.68	

FINAL - 2025 USATF Championships (Eugene, OR) *USATF and Karmarush (2025) - USATF championships results and race analysis*

date	02-Aug-25	time		11.05		21.32		32.38		44.16	44.16	5 / 1						
reaction time		interval				10.27		11.06		11.78		# of strides	11.05	10.27	11.06	11.78	21.32	22.84	1.52
		velocity		9.05		9.74		9.04		8.49	9.06	166.7	9.05	9.74	9.04	8.49	9.38	8.76	

Heat 3 - 2025 USATF Championships (Eugene, OR) *USATF and Karmarush (2025) - USATF championships results and race analysis*

date	01-Aug-25	time		11.20		21.90		32.92		44.63	44.63	9 / 1						
reaction time		interval				10.70		11.02		11.71		# of strides	11.20	10.70	11.02	11.71	21.90	22.73	0.83
		velocity		8.93		9.35		9.07		8.54	8.96		8.93	9.35	9.07	8.54	9.13	8.80	

FINAL - 2025 Prefontaine Classic (Eugene, OR) *Omega Timing (2025) - diamond league race analysis*

date	05-Jul-25	time	6.02	11.07	16.29	21.62	27.02	32.56	38.22	44.31	44.31	8 / 3						
reaction time	0.151	interval		5.05	5.22	5.33	5.40	5.54	5.66	6.09		# of strides	11.07	10.55	10.94	11.75	21.62	22.69	1.07
		velocity	8.31	9.90	9.58	9.38	9.26	9.03	8.83	8.21	9.03	166.0	9.03	9.48	9.14	8.51	9.25	8.81	

Long Sprints - 2025 Grand Slam Track Miami (Miramar, FL) *Grand Slam Track (2025) - results and splits by race*

date	03-May-25	time		11.19		21.55		32.38		43.98	43.98	8 / 1						
reaction time	0.200	interval				10.36		10.83		11.60	PB	# of strides	11.19	10.36	10.83	11.60	21.55	22.43	0.88
		velocity		8.94		9.65		9.23		8.62	9.10		8.94	9.65	9.23	8.62	9.28	8.92	

Semi-Final 2 - 2024 USA Olympic Trials (Eugene, OR) *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	23-Jun-24	time		10.79		21.27		32.67		45.89	45.89	1 / 8						
reaction time		interval				10.48		11.40		13.22		# of strides	10.79	10.48	11.40	13.22	21.27	24.62	3.35
		velocity		9.27		9.54		8.77		7.56	8.72		9.27	9.54	8.77	7.56	9.40	8.12	

Heat 2 - 2024 USA Olympic Trials (Eugene, OR) *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	21-Jun-24	time		11.12		21.49		32.92		45.46	45.46	5 / 6						
reaction time		interval				10.37		11.43		12.54		# of strides	11.12	10.37	11.43	12.54	21.49	23.97	2.48
		velocity		8.99		9.64		8.75		7.97	8.80	174.0	8.99	9.64	8.75	7.97	9.31	8.34	

Paul, Michael (TTO) (1957)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1983 IAAF World Championships (Helsinki, FIN)											*Butler (2013) - IAAF world championships statistics handbook- moscow 2013*						
date 10-Aug-83	time			21.5				45.80	45.80	8 / 7							
reaction time	interval							24.30		# of strides					21.50	24.30	2.80
	velocity			9.30				8.23	8.73						9.30	8.23	

Pellegrini, Graham (MLT) 2004)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
A Final - 2023 European Team Championships, Third Division (Chorzów, POL)											*European Athletics (2023) - 3rd european games, athletics - results book*						
date 20-Jun-23	time		11.52		22.27		34.30		47.47	47.47	8 / 4						
reaction time 0.166	interval				10.75		12.03		13.17		# of strides	11.52	10.75	12.03	13.17	22.27	25.20	2.93
	velocity		8.68		9.30		8.31		7.59	8.43		8.68	9.30	8.31	7.59	8.98	7.94	

Perlaza, Alejandro (COL) (1994)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2019 NCAA Championships (Austin, TX)											*Track Newsletter (2019) - NCAA men's championships*						
date 07-Jun-19	time			21.6		32.8		45.0	45.02	/ 5							
reaction time 0.254	interval					11.20		12.20		# of strides			11.20	12.20	21.60	23.40	1.80
	velocity			9.26		8.93		8.20	8.88				8.93	8.20	9.26	8.55	

Pesela, Anthony (BOT) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 FBK Games (Hengelo, NED)											*Omega Timing (2023) - continental tour race analysis*						
date 04-Jun-23	time	6.34	11.29	16.55	22.15	27.85	33.72	39.81	46.79	46.79	8 / 7						
reaction time 0.255	interval		4.95	5.26	5.60	5.70	5.87	6.09	6.98		# of strides	11.29	10.86	11.57	13.07	22.15	24.64	2.49
	velocity	7.89	10.10	9.51	8.93	8.77	8.52	8.21	7.16	8.55		8.86	9.21	8.64	7.65	9.03	8.12	

Semi-Final 1 - 2022 Commonwealth Games (Birmingham, GBR) *Longines Timing (2022) - commonwealth games race analysis*

date	05-Aug-22	time	6.1	11.1	16.6	22.2	28.0	34.1	40.3	47.63	47.63	8 / 7						
reaction time	0.147	interval		5.00	5.50	5.60	5.80	6.10	6.20	7.33		# of strides	11.10	11.10	11.90	13.53	22.20	25.43	3.23
		velocity	8.20	10.00	9.09	8.93	8.62	8.20	8.06	6.82	8.40	186.0	9.01	9.01	8.40	7.39	9.01	7.86	

Heat 3 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	17-Jul-22	time		11.49		22.86		34.51		47.36	47.36	2 / 6						
reaction time	0.135	interval				11.37		11.65		12.85		# of strides	11.49	11.37	11.65	12.85	22.86	24.50	1.64
		velocity		8.70		8.80		8.58		7.78	8.45	187.0	8.70	8.80	8.58	7.78	8.75	8.16	

Pešić, Dragan (MNE) (1993)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B Final - 2023 European Team Championships, Third Division (Chorzów, POL)											*European Athletics (2023) - 3rd european games, athletics - results book*						
date 20-Jun-23	time		12.18		23.85		36.83		51.98	51.98	8 / 6						
reaction time 0.201	interval				11.67		12.98		15.15		# of strides	12.18	11.67	12.98	15.15	23.85	28.13	4.28
	velocity		8.21		8.57		7.70		6.60	7.70		8.21	8.57	7.70	6.60	8.39	7.11	

Petrucciani, Ricky (SUI) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B Race - 2025 Weltklasse (Zürich, SUI)											*Omega Timing (2025) - diamond league race analysis*						
date 28-Aug-25	time	6.17	11.18	16.36	21.65	27.17	33.03	39.31	46.07	46.07	7 / 6						
reaction time 0.151	interval		5.01	5.18	5.29	5.52	5.86	6.28	6.76		# of strides	11.18	10.47	11.38	13.04	21.65	24.42	2.77
	velocity	8.10	9.98	9.65	9.45	9.06	8.53	7.96	7.40	8.68		8.94	9.55	8.79	7.67	9.24	8.19	

FINAL - 2024 Weltklasse (Zürich, SUI) *Omega Timing (2024) - diamond league race analysis*

date	05-Sep-24	time	6.13	11.28	16.57	21.95	27.51	33.22	39.14	45.46	45.46	6 / 4						
reaction time	0.142	interval		5.15	5.29	5.38	5.56	5.71	5.92	6.32		# of strides	11.28	10.67	11.27	12.24	21.95	23.51	1.56
		velocity	8.16	9.71	9.45	9.29	8.99	8.76	8.45	7.91	8.80		8.87	9.37	8.87	8.17	9.11	8.51	

B Race - 2024 Athletissima (Lausanne, SUI) *Omega Timing (2024) - diamond league race analysis*

date	22-Aug-24	time	6.21	11.46	16.79	22.30	27.83	33.55	39.49	45.83	45.83	5 / 1							
reaction time	0.167	interval		5.25	5.33	5.51	5.53	5.72	5.94	6.34		# of strides	11.46	10.84	11.25	12.28	22.30	23.53	1.23
		velocity	8.05	9.52	9.38	9.07	9.04	8.74	8.42	7.89	8.73		8.73	9.23	8.89	8.14	8.97	8.50	

Semi-Final 1 - 2024 European Athletics Championships (Roma, ITA) *European Athletics (2024) - 2024 european athletics championships - results book*

date	09-Jun-24	time		11.10		21.63		32.94		45.47	45.47	3 / 6							
reaction time	0.158	interval				10.53		11.31		12.53		# of strides	11.10	10.53	11.31	12.53	21.63	23.84	2.21
		velocity		9.01		9.50		8.84		7.98	8.80	177.2	9.01	9.50	8.84	7.98	9.25	8.39	

FINAL - 2023 Weltklasse (Zürich, SUI) *Omega Timing (2023) - diamond league race analysis*

date	31-Aug-23	time	6.24	11.38	16.68	22.14	27.74	33.62	39.82	46.66	46.66	7 / 6							
reaction time	0.170	interval		5.14	5.30	5.46	5.60	5.88	6.20	6.84		# of strides	11.38	10.76	11.48	13.04	22.14	24.52	2.38
		velocity	8.01	9.73	9.43	9.16	8.93	8.50	8.06	7.31	8.57		8.79	9.29	8.71	7.67	9.03	8.16	

FINAL - 2023 Athletissima (Lausanne, SUI) *Omega Timing (2023) - diamond league race analysis*

date	30-Jun-23	time	6.21	11.34	16.51	21.83	27.35	33.18	39.40	46.38	46.38	7 / 6							
reaction time	0.126	interval		5.13	5.17	5.32	5.52	5.83	6.22	6.98		# of strides	11.34	10.49	11.35	13.20	21.83	24.55	2.72
		velocity	8.05	9.75	9.67	9.40	9.06	8.58	8.04	7.16	8.62		8.82	9.53	8.81	7.58	9.16	8.15	

FINAL - 2022 Weltklasse (Zürich, SUI) *Omega Timing (2022) - diamond league race analysis*

date	08-Sep-22	time	6.18	11.28	16.46	21.79	27.26	32.94	38.89	45.31	45.31	8 / 5							
reaction time	0.188	interval		5.10	5.18	5.33	5.47	5.68	5.95	6.42		# of strides	11.28	10.51	11.15	12.37	21.79	23.52	1.73
		velocity	8.09	9.80	9.65	9.38	9.14	8.80	8.40	7.79	8.83		8.87	9.51	8.97	8.08	9.18	8.50	

FINAL - 2022 European Athletics Championships (Munich, GER) *European Athletics (2022) - european athletics championships race analysis*

date	17-Aug-22	time		11.23		21.72		32.91		45.03	45.03	8 / 2							
reaction time	0.197	interval				10.49		11.19		12.12		# of strides	11.23	10.49	11.19	12.12	21.72	23.31	1.59
		velocity		8.90		9.53		8.94		8.25	8.88	178.0	8.90	9.53	8.94	8.25	9.21	8.58	

Semi-Final 1 - 2022 European Athletics Championships (Munich, GER) *European Athletics (2022) - european athletics championships race analysis*

date	16-Aug-22	time		11.07		21.49		32.91		45.55	45.55	3 / 2							
reaction time	0.227	interval				10.42		11.42		12.64		# of strides	11.07	10.42	11.42	12.64	21.49	24.06	2.57
		velocity		9.03		9.60		8.76		7.91	8.78	176.0	9.03	9.60	8.76	7.91	9.31	8.31	

Heat 2 - 2022 European Athletics Championships (Munich, GER) *European Athletics (2022) - european athletics championships race analysis*

date	15-Aug-22	time		11.19		21.65		32.87		45.26	45.26	7 / 2							
reaction time	0.198	interval				10.46		11.22		12.39		# of strides	11.19	10.46	11.22	12.39	21.65	23.61	1.96
		velocity		8.94		9.56		8.91		8.07	8.84		8.94	9.56	8.91	8.07	9.24	8.47	

Heat 3 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	17-Jul-22	time		11.26		22.13		33.55		46.60	46.60	5 / 5							
reaction time	0.165	interval				10.87		11.42		13.05		# of strides	11.26	10.87	11.42	13.05	22.13	24.47	2.34
		velocity		8.88		9.20		8.76		7.66	8.58	180.2	8.88	9.20	8.76	7.66	9.04	8.17	

FINAL - 2022 Golden Gala Pietro Mennea (Rome, ITA) *Omega Timing (2022) - diamond league race analysis*

date	09-Jun-22	time	6.18	11.24	16.49	21.95	27.54	33.33	39.49	46.16	46.16	1 / 9							
reaction time	0.150	interval		5.06	5.25	5.46	5.59	5.79	6.16	6.67		# of strides	11.24	10.71	11.38	12.83	21.95	24.21	2.26
		velocity	8.09	9.88	9.52	9.16	8.94	8.64	8.12	7.50	8.67		8.90	9.34	8.79	7.79	9.11	8.26	

FINAL - 2021 Weltklasse (Zürich, SUI) *Omega Timing (2021) - diamond league race analysis*

date	09-Sep-21	time	7.3	11.3	16.4	21.8	27.4	33.3	39.6	46.38	46.38	2 / 7							
reaction time	0.165	interval		4.00	5.10	5.40	5.60	5.90	6.30	6.78		# of strides	11.30	10.50	11.50	13.08	21.80	24.58	2.78
		velocity	6.85	12.50	9.80	9.26	8.93	8.47	7.94	7.37	8.62		8.85	9.52	8.70	7.65	9.17	8.14	

FINAL - 2021 Athletissima (Lausanne, SUI) *Omega Timing (2021) - diamond league race analysis*

date	26-Aug-21	time	6.3	11.4	16.7	22.3	27.8	33.5	39.6	46.42	46.42	3 / 7							
reaction time	0.141	interval		5.10	5.30	5.60	5.50	5.70	6.10	6.82		# of strides	11.40	10.90	11.20	12.92	22.30	24.12	1.82
		velocity	7.94	9.80	9.43	8.93	9.09	8.77	8.20	7.33	8.62		8.77	9.17	8.93	7.74	8.97	8.29	

FINAL - 2021 Golden Gala Pietro Mennea (Florence, ITA) *Omega Timing (2021) - diamond league race analysis*

date	10-Jun-21	time	6.3	11.4	16.8	22.2	27.8	33.6	39.7	46.24	46.24	1 / 5							
reaction time	0.169	interval		5.10	5.40	5.40	5.60	5.80	6.10	6.54		# of strides	11.40	10.80	11.40	12.64	22.20	24.04	1.84
		velocity	7.94	9.80	9.26	9.26	8.93	8.62	8.20	7.65	8.65		8.77	9.26	8.77	7.91	9.01	8.32	

Pettigrew, Antonio (USA) (1967)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

FINAL - 2000 Olympic Games (Sydney, AUS) *Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*

date	25-Sep-00	time		11.7		22.1		33.0		45.4	45.42	3 / ~~7~~							
reaction time		interval				10.40		10.90		12.40	DV	# of strides	11.70	10.40	10.90	12.40	22.10	23.30	1.20
		velocity		8.55		9.62		9.17		8.06	8.81		8.55	9.62	9.17	8.06	9.05	8.58	

FINAL - 2000 ISTAF (Berlin, GER) *Graubner (2009) - http://www.fgs.uni-halle.de*

date	01-Sep-00	time		11.96		22.99		33.82		45.61	45.61	/ ~~3~~							
reaction time		interval				11.03		10.83		11.79	DV	# of strides	11.96	11.03	10.83	11.79	22.99	22.62	-0.37
		velocity		8.36		9.07		9.23		8.48	8.77		8.36	9.07	9.23	8.48	8.70	8.84	

FINAL - 2000 USA Olympic Trials (Sacramento, CA) *Hymans (2008) - history of the US olympic trials - track and field*

date	19-Jul-00	time		11.4		22.0		32.8		44.7	44.66	2 / ~~3~~							
reaction time		interval				10.60		10.80		11.90	DV	# of strides	11.40	10.60	10.80	11.90	22.00	22.70	0.70
		velocity		8.77		9.43		9.26		8.40	8.96		8.77	9.43	9.26	8.40	9.09	8.81	

FINAL - 1999 IAAF World Championships (Sevilla, ESP) *Ferro (2001) - biomechanical analysis of the 7th world championships, seville 1999*

date	26-Aug-99	time	6.09	11.00	16.02	21.19	26.57	31.15	38.05	44.54	44.54	3 / ~~5~~							
reaction time	0.284	interval		4.91	5.02	5.17	5.38	4.58	6.90	6.49	DV	# of strides	11.00	10.19	9.96	13.39	21.19	23.35	2.16
		velocity	8.21	10.18	9.96	9.67	9.29	10.92	7.25	7.70	8.98		9.09	9.81	10.04	7.47	9.44	8.57	

FINAL - 1999 USATF National Championship (Eugene, OR) *Track Newsletter (1999) - USATF National Championships*

date	26-Jun-99	time			22.0			44.6	44.59	/ ~~2~~								
reaction time		interval						22.60	DV	# of strides						22.00	22.60	0.60
		velocity			9.09			8.85	8.97							9.09	8.85	

FINAL - 1998 USATF National Championship (New Orleans, LA) *Track Newsletter (1998) - USATF National Championships*

date	21-Jun-98	time			22.0			44.4	44.40	/ ~~3~~								
reaction time		interval						22.40	DV	# of strides						22.00	22.40	0.40
		velocity			9.09			8.93	9.01							9.09	8.93	

FINAL - 1997 IAAF World Championships (Athens, GRE) *Ritzdorf (1997) - biomechanical research project at the VI th world championships in athletics, Athens 1997*

date	05-Aug-97	time	6.30	11.26	16.44	21.72	27.00	32.50	38.22	44.30	44.57	8 / ~~7~~							
reaction time	0.275	interval		4.96	5.18	5.28	5.28	5.50	5.72	6.08	DV	# of strides	11.26	10.46	10.78	11.80	21.72	22.58	0.86
		velocity	7.94	10.08	9.65	9.47	9.47	9.09	8.74	8.22	8.97		8.88	9.56	9.28	8.47	9.21	8.86	

FINAL - 1997 USATF Championships (Indianapolis, IN) *Track Newsletter (1997) - USATF National Championships*

date	14-Jun-97	time			22.1			44.7	44.65	/ 1								
reaction time		interval						22.60		# of strides						22.10	22.60	0.50
		velocity			9.05			8.85	8.96							9.05	8.85	

Semi-Final 1 - 1996 USA Olympic Trials (Atlanta, GA) *USATF Women's Sprint Development (1996)*

date	17-Jun-96	time		11.72		22.12		33.30	39.04	45.19	45.19	4 / 5						
reaction time		interval				10.40		11.18	5.74	6.15		# of strides	11.72	10.40	11.18	11.89	22.12	23.07	0.95
		velocity		8.53		9.62		8.94	8.71	8.13	8.85		8.53	9.62	8.94	8.41	9.04	8.67	

FINAL - 1991 IAAF World Championships (Tokyo, JPN) *Mochida (2008) - about the race pattern of the men's 400m in the world's top level*

date	29-Aug-91	time		11.35		21.39		32.22		44.57	44.57	4 / 1						
reaction time		interval				10.04		10.83		12.35		# of strides	11.35	10.04	10.83	12.35	21.39	23.18	1.79
		velocity		8.81		9.96		9.23		8.10	8.97	168.7	8.81	9.96	9.23	8.10	9.35	8.63	

Phijffers, Jonas (NED) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 3 - 2025 World Athletics Championships (Tokyo, JPN)																	
Seiko Timing (2025) - 2025 World Championships race analysis																	
date 14-Sep-25	time		11.28		21.82		33.33		46.26	46.26	7 / 7							
reaction time 0.208	interval				10.54		11.51		12.93		# of strides	11.28	10.54	11.51	12.93	21.82	24.44	2.62
	velocity		8.87		9.49		8.69		7.73	8.65		8.87	9.49	8.69	7.73	9.17	8.18	

B Race - 2025 Weltklasse (Zürich, SUI) *Omega Timing (2025) - diamond league race analysis*

date	28-Aug-25	time	6.36	11.42	16.59	21.84	27.24	32.81	38.63	44.84	44.84	5 / 1							
reaction time	0.166	interval		5.06	5.17	5.25	5.40	5.57	5.82	6.21		# of strides	11.42	10.42	10.97	12.03	21.84	23.00	1.16
		velocity	7.86	9.88	9.67	9.52	9.26	8.98	8.59	8.05	8.92		8.76	9.60	9.12	8.31	9.16	8.70	

FINAL - 2025 European Athletics U23 Championships (Bergen, NOR) *European Athletics (2025) - 2025 european athletics U23 championships- results book*

date	19-Jul-25	time	6.22	11.26	16.40	21.60	26.88	32.39	38.30	44.82	44.82	5 / 1							
reaction time	0.175	interval		5.04	5.14	5.20	5.28	5.51	5.91	6.52	CR PB	# of strides	11.26	10.34	10.79	12.43	21.60	23.22	1.62
		velocity	8.04	9.92	9.73	9.62	9.47	9.07	8.46	7.67	8.92	166.0	8.88	9.67	9.27	8.05	9.26	8.61	

Semi-Final 1 - 2025 European Athletics U23 Championships (Bergen, NOR) *European Athletics (2025) - 2025 european athletics U23 championships- results book*

date	18-Jul-25	time	6.23	11.24	16.46	21.83	27.22	32.90	38.85	45.23	45.23	4 / 1							
reaction time	0.212	interval		5.01	5.22	5.37	5.39	5.68	5.95	6.38		# of strides	11.24	10.59	11.07	12.33	21.83	23.40	1.57
		velocity	8.03	9.98	9.58	9.31	9.28	8.80	8.40	7.84	8.84		8.90	9.44	9.03	8.11	9.16	8.55	

A Final - 2025 European Team Championships, First Division (Madrid, ESP) *European Athletics (2025) - 2025 european team championships, first division - results book*

date	27-Jun-25	time	6.07	10.93	15.97	21.10	26.47	32.18	38.31	45.13	45.13	5 / 4							
reaction time	0.177	interval		4.86	5.04	5.13	5.37	5.71	6.13	6.82		# of strides	10.93	10.17	11.08	12.95	21.10	24.03	2.93
		velocity	8.24	10.29	9.92	9.75	9.31	8.76	8.16	7.33	8.86	169.7	9.15	9.83	9.03	7.72	9.48	8.32	

Semi-Final 2 - 2023 European Athletics U23 Championships (Espoo, FIN) *European Athletics (2023) - european athletics U23 championships results book*

date	13-Jul-23	time		11.94		22.94		34.71		46.60	46.60	2 / 5						
reaction time	0.198	interval				11.00		11.77		11.89		# of strides	11.94	11.00	11.77	11.89	22.94	23.66	0.72
		velocity		8.38		9.09		8.50		8.41	8.58		8.38	9.09	8.50	8.41	8.72	8.45	

Pillay, Lythe (RSA) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 2 - 2025 World Athletics Championships (Tokyo, JPN)																	
Seiko Timing (2025) - 2025 World Championships race analysis																	
date 16-Sep-25	time		11.03		21.16		32.37		44.82	44.82	8 / 6							
reaction time 0.172	interval				10.13		11.21		12.45		# of strides	11.03	10.13	11.21	12.45	21.16	23.66	2.50
	velocity		9.07		9.87		8.92		8.03	8.92		9.07	9.87	8.92	8.03	9.45	8.45	

Heat 1 - 2025 World Athletics Championships (Tokyo, JPN) *Seiko Timing (2025) - 2025 World Championships race analysis*

date	14-Sep-25	time		11.16		21.55		32.68		44.73	44.73	4 / 2							
reaction time	0.166	interval				10.39		11.13		12.05		# of strides	11.16	10.39	11.13	12.05	21.55	23.18	1.63
		velocity		8.96		9.62		8.98		8.30	8.94	173.0	8.96	9.62	8.98	8.30	9.28	8.63	

FINAL - 2025 Yangtze River Delta Athletics Diamond Gala (Keqiao, CHN) *Omega Timing (2025) - diamond league race analysis*

date	03-May-25	time	6.21	11.23	16.42	21.87	27.46	33.23	39.14	45.39	45.39	9 / 7							
reaction time	0.151	interval		5.02	5.19	5.45	5.59	5.77	5.91	6.25		# of strides	11.23	10.64	11.36	12.16	21.87	23.52	1.65
		velocity	8.05	9.96	9.63	9.17	8.94	8.67	8.46	8.00	8.81	171.0	8.90	9.40	8.80	8.22	9.14	8.50	

Semi-Final 2 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	06-Aug-24	time	6.23	11.23	16.31	21.57	27.03	32.78	38.77	45.24	45.24	3 / ~~8~~ 7							
reaction time	0.145	interval		5.00	5.08	5.26	5.46	5.75	5.99	6.47		# of strides	11.23	10.34	11.21	12.46	21.57	23.67	2.10
		velocity	8.03	10.00	9.84	9.51	9.16	8.70	8.35	7.73	8.84		8.90	9.67	8.92	8.03	9.27	8.45	

Repechage 2 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	05-Aug-24	time	6.29	11.33	16.58	22.00	27.51	33.15	39.08	45.40	45.40	5 / 1							
reaction time	0.161	interval		5.04	5.25	5.42	5.51	5.64	5.93	6.32		# of strides	11.33	10.67	11.15	12.25	22.00	23.40	1.40

		velocity	7.95	9.92	9.52	9.23	9.07	8.87	8.43	7.91	8.81	173.7	8.83	9.37	8.97	8.16	9.09	8.55	

Heat 3 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	04-Aug-24	time	6.16	11.07	16.12	21.37	26.87	32.65	38.79	45.60	45.60	6 / 7							
reaction time	0.157	interval		4.91	5.05	5.25	5.50	5.78	6.14	6.81		# of strides	11.07	10.30	11.28	12.95	21.37	24.23	2.86
		velocity	8.12	10.18	9.90	9.52	9.09	8.65	8.14	7.34	8.77	174.5	9.03	9.71	8.87	7.72	9.36	8.25	

FINAL - 2024 Herculis Meeting International d'Athlétisme (Monaco, MON) *Omega Timing (2024) - diamond league race analysis*

date	12-Jul-24	time	6.21	11.14	16.18	21.38	26.87	32.49	38.33	44.58	44.58	3 / 3							
reaction time	0.150	interval		4.93	5.04	5.20	5.49	5.62	5.84	6.25		# of strides	11.14	10.24	11.11	12.09	21.38	23.20	1.82
		velocity	8.05	10.14	9.92	9.62	9.11	8.90	8.56	8.00	8.97	172.2	8.98	9.77	9.00	8.27	9.35	8.62	

FINAL - 2024 Bislett Games (Oslo, NOR) *Omega Timing (2024) - diamond league race analysis*

date	30-May-24	time	6.23	11.15	16.26	21.61	27.25	33.04	39.03	45.34	45.34	1 / 6							
reaction time	0.156	interval		4.92	5.11	5.35	5.64	5.79	5.99	6.31		# of strides	11.15	10.46	11.43	12.30	21.61	23.73	2.12
		velocity	8.03	10.16	9.78	9.35	8.87	8.64	8.35	7.92	8.82	175.0	8.97	9.56	8.75	8.13	9.25	8.43	

Heat 5 - 2023 World Athletics Championships (Budapest, HUN) *Seiko Timing (2023) - world championship race analysis*

date	20-Aug-23	time		11.20		21.67		33.25		45.58	45.58	7 / 4							
reaction time	0.161	interval				10.47		11.58		12.33		# of strides	11.20	10.47	11.58	12.33	21.67	23.91	2.24
		velocity		8.93		9.55		8.64		8.11	8.78		8.93	9.55	8.64	8.11	9.23	8.36	

Pinder, Demetrius (BAH) (1989)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 2012 Olympic Games (London, GBR)																	
Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016																	
date 06-Aug-12	time	10.9		21.4		32.3		45.0	44.98	8 / 7							
reaction time 0.153	interval			10.50		10.90		12.70		# of strides	10.90	10.50	10.90	12.70	21.40	23.60	2.20
	velocity	9.17		9.52		9.17		7.87	8.89	174.7	9.17	9.52	9.17	7.87	9.35	8.47	

FINAL - 2010 NCAA Championships (Eugene, OR) *Track Newsletter (2010) - NCAA men's championships*

date	11-Jun-10	time				21.8		33.1		45.6	45.56	/ 6							
reaction time		interval						11.3		12.5		# of strides			11.30	12.50	21.80	23.80	2.00
		velocity				9.17		8.85		8.00	8.78				8.85	8.00	9.17	8.40	

Pitre, Marcus (USA) (1984)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 2003 USATF National Junior Championships (Palo Alto, CA)																	
USATF Women's Sprint Development (2003)																	
date 22-Jun-03	time			23.66		35.37	41.51	48.19	48.19	1 / 9							
reaction time	interval					11.71	6.14	6.68		# of strides			11.71	12.82	23.66	24.53	0.87
	velocity			8.45		8.54	8.14	7.49	8.30				8.54	7.80	8.45	8.15	

Plaček, Tadeáš (CZE) (2003)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 2021 European Athletics U20 Championships (Tallin, EST)																	
European Athletics (2021) - european athletics U20 championships results book																	
date 16-Jul-21	time		11.64		22.56		34.26		47.35	47.35	2 / 8							
reaction time 0.216	interval				10.92		11.70		13.09		# of strides	11.64	10.92	11.70	13.09	22.56	24.79	2.23
	velocity		8.59		9.16		8.55		7.64	8.45		8.59	9.16	8.55	7.64	8.87	8.07	

Semi-Final 1 - 2021 European Athletics U20 Championships (Tallin, EST) *European Athletics (2021) - european athletics U20 championships results book*

date	15-Jul-21	time		12.09		23.31		35.03		47.22	47.22	5 / 5							
reaction time	0.199	interval				11.22		11.72		12.19	PB	# of strides	12.09	11.22	11.72	12.19	23.31	23.91	0.60
		velocity		8.27		8.91		8.53		8.20	8.47		8.27	8.91	8.53	8.20	8.58	8.36	

Plass, Jonas (GER) (1986)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
B FINAL - 2009 ISTAF (Berlin, GER)																	
Graubner (2009) - http://www.fgs.uni-halle.de																	
date 14-Jun-09	time		11.63		22.74		34.66		47.36	47.36	/ 4							
reaction time 0.210	interval				11.11		11.92		12.70		# of strides	11.63	11.11	11.92	12.70	22.74	24.62	1.88
	velocity		8.60		9.00		8.39		7.87	8.45		8.60	9.00	8.39	7.87	8.80	8.12	

Plawgo, Marek (POL) (1981)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 2002 European Championships (Munich, GER)																	
Graubner (2009) - http://www.fgs.uni-halle.de																	
date 08-Aug-02	time		11.30		21.80		32.98		45.40	45.40	7 / 4							
reaction time 0.145	interval				10.50		11.18		12.42		# of strides	11.30	10.50	11.18	12.42	21.80	23.60	1.80
	velocity		8.85		9.52		8.94		8.05	8.81		8.85	9.52	8.94	8.05	9.17	8.47	

Semi-Final 1 - 2002 European Championships (Munich, GER) *Graubner (2009) - http://www.fgs.uni-halle.de*

date	07-Aug-02	time		11.43		22.14		33.49		45.83	45.83	/ 3							
reaction time	0.172	interval				10.71		11.35		12.34		# of strides	11.43	10.71	11.35	12.34	22.14	23.69	1.55
		velocity		8.75		9.34		8.81		8.10	8.73		8.75	9.34	8.81	8.10	9.03	8.44	

Heat 3 - 2002 European Championships (Munich, GER) *Graubner (2009) - http://www.fgs.uni-halle.de*

date	06-Aug-02	time		11.61		22.40		33.76		46.97	45.97	/ 1							
reaction time	0.154	interval				10.79		11.36		13.21		# of strides	11.61	10.79	11.36	13.21	22.40	24.57	2.17
		velocity		8.61		9.27		8.80		7.57	8.70		8.61	9.27	8.80	7.57	8.93	8.14	

Plenderleith, Grant (GBR) (1991)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
National FINAL - 2018 Müller Anniversary Games (London, GBR)																	
Omega Timing (2018) - diamond league race analysis																	
date 21-Jul-18	time		11.5		22.2		33.7		47.01	47.01	7 / 5							
reaction time 0.163	interval				10.7		11.5		13.3		# of strides	11.50	10.70	11.50	13.31	22.20	24.81	2.61
	velocity		8.70		9.35		8.70		7.51	8.51		8.70	9.35	8.70	7.51	9.01	8.06	

Plummer, Adolph (USA) (1938)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 1963 Western Athletic Conference Championships (Tempe, AZ) (*yards*)																	
Drake (1967) - der schnellste sprint der geschichte																	
date 25-May-63	time				21.6				44.6	44.6	4 / 1							
reaction time	interval								23.0	=WR yards	# of strides					21.60	23.00	1.40
	velocity				9.26				8.70	8.97	*(44.9/440y)*					9.26	8.70	

Pogorelov, Aleksandr (RUS) (1980)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

Decathlon - Heat 5 - 2009 IAAF World Championships (Berlin, GER) — *Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*

date	19-Aug-09	time	12.05	23.81	36.41	50.27	50.27	4 / 3								
reaction time	0.171	interval		11.76	12.60	13.86		# of strides	12.05	11.76	12.60	13.86	23.81	26.46	2.65	
		velocity	8.30	8.50	7.94	7.22	7.96	183.0	8.30	8.50	7.94	7.22	8.40	7.56		

Pohorilko, Oleksandr (UKR) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 1 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date	14-Sep-25	time	11.58	22.21	33.24	45.44	45.44	9 / 7									
reaction time	0.215	interval		10.63	11.03	12.20		# of strides	11.58	10.63	11.03	12.20	22.21	23.23	1.02		
		velocity	8.64	9.41	9.07	8.20	8.80		8.64	9.41	9.07	8.20	9.00	8.61			

A Final - 2025 European Team Championships, First Division (Madrid, ESP) — *European Athletics (2025) - 2025 european team championships, first division - results book*

date	27-Jun-25	time	6.18	11.25	16.35	21.62	26.96	32.53	38.37	44.81	44.81	7 / 2							
reaction time	0.195	interval		5.07	5.10	5.27	5.34	5.57	5.84	6.44	NR PB	# of strides	11.25	10.37	10.91	12.28	21.62	23.19	1.57
		velocity	8.09	9.86	9.80	9.49	9.36	8.98	8.56	7.76	8.93	174.0	8.89	9.64	9.17	8.14	9.25	8.62	

Repechage 2 - 2024 Olympic Games (Paris, FRA) — *Paris 2024 Olympic Games - Results Book (2024)*

date	05-Aug-24	time	6.39	11.67	17.05	22.46	27.92	33.53	39.38	45.59	45.59	3 / 3							
reaction time	0.193	interval		5.28	5.38	5.41	5.46	5.61	5.85	6.21		# of strides	11.67	10.79	11.07	12.06	22.46	23.13	0.67
		velocity	7.82	9.47	9.29	9.24	9.16	8.91	8.55	8.05	8.77	175.0	8.57	9.27	9.03	8.29	8.90	8.65	

Heat 1 - 2024 Olympic Games (Paris, FRA) — *Paris 2024 Olympic Games - Results Book (2024)*

date	04-Aug-24	time	6.37	11.53	16.68	22.08	27.67	33.34	39.28	45.71	45.71	8 / 6							
reaction time	0.175	interval		5.16	5.15	5.40	5.59	5.67	5.94	6.43		# of strides	11.53	10.55	11.26	12.37	22.08	23.63	1.55
		velocity	7.85	9.69	9.71	9.26	8.94	8.82	8.42	7.78	8.75	175.2	8.67	9.48	8.88	8.08	9.06	8.46	

Semi-Final 1 - 2024 European Athletics Championships (Roma, ITA) — *European Athletics (2024) - 2024 european athletics championships - results book*

date	09-Jun-24	time	11.43	21.73	32.83	45.41	45.41	7 / 5								
reaction time	0.207	interval		10.30	11.10	12.58		# of strides	11.43	10.30	11.10	12.58	21.73	23.68	1.95	
		velocity	8.75	9.71	9.01	7.95	8.81	175.0	8.75	9.71	9.01	7.95	9.20	8.45		

Heat 1 - 2024 European Athletics Championships (Roma, ITA) — *European Athletics (2024) - 2024 european athletics championships - results book*

date	08-Jun-24	time	11.37	21.94	33.28	45.90	45.90	2 / 6								
reaction time	0.169	interval		10.57	11.34	12.62		# of strides	11.37	10.57	11.34	12.62	21.94	23.96	2.02	
		velocity	8.80	9.46	8.82	7.92	8.71		8.80	9.46	8.82	7.92	9.12	8.35		

Heat 3 - 2023 World Athletics Championships (Budapest, HUN) — *Seiko Timing (2023) - world championship race analysis*

date	20-Aug-23	time	11.80	22.21	33.13	45.37	45.37	3 / 5								
reaction time	0.233	interval		10.41	10.92	12.24		# of strides	11.80	10.41	10.92	12.24	22.21	23.16	0.95	
		velocity	8.47	9.61	9.16	8.17	8.82	170.7	8.47	9.61	9.16	8.17	9.00	8.64		

A Final - 2023 European Team Championships, Second Division (Chorzów, POL) — *European Athletics (2023) - 3rd european games, athletics - results book*

date	20-Jun-23	time	11.62	22.01	33.04	45.31	45.31	7 / 2								
reaction time	0.180	interval		10.39	11.03	12.27	PB	# of strides	11.62	10.39	11.03	12.27	22.01	23.30	1.29	
		velocity	8.61	9.62	9.07	8.15	8.83	173.0	8.61	9.62	9.07	8.15	9.09	8.58		

Popelka, Logan (USA) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 1 - 2024 USA Olympic Trials (Eugene, OR)																	*USATF and Karmarush (2024) - USA Olympic trials results and race analysis*
date	23-Jun-24	time	11.28	21.76	32.97	45.34	45.34	4 / 6									
reaction time		interval		10.48	11.21	12.37		# of strides	11.28	10.48	11.21	12.37	21.76	23.58	1.82		
		velocity	8.87	9.54	8.92	8.08	8.82		8.87	9.54	8.92	8.08	9.19	8.48			

Heat 3 - 2024 USA Olympic Trials (Eugene, OR) — *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	21-Jun-24	time	11.00	21.48	32.75	45.22	45.22	7 / 3								
reaction time		interval		10.48	11.27	12.47	PB	# of strides			11.27	12.47	21.48	23.74	2.26	
		velocity	9.09	9.54	8.87	8.02	8.85	175.0			8.87	8.02	9.31	8.42		

Potter, Mitchell (USA) (1980)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2003 USATF National Championships (Palo Alto, CA)																	*USATF Women's Sprint Development (2003)*
date	21-Jun-03	time		21.86		33.07	38.85	45.29	45.29	8 / ~~5~~ 3							
reaction time		interval				11.21	5.78	6.44		# of strides			11.21	12.22	21.86	23.43	1.57
		velocity		9.15		8.92	8.65	7.76	8.83				8.92	8.18	9.15	8.54	

Semi-Final 1 - 2003 USATF National Championships (Palo Alto, CA) — *USATF Women's Sprint Development (2003)*

date	20-Jun-03	time		21.57		32.93	38.87	45.50	45.50	5 / ~~4~~ 2							
reaction time		interval				11.36	5.94	6.63		# of strides			11.36	12.57	21.57	23.93	2.36
		velocity		9.27		8.80	8.42	7.54	8.79				8.80	7.96	9.27	8.36	

FINAL - 2003 NCAA Championships (Sacramento, CA) — *Track Newsletter (2003) - NCAA championships*

date	14-Jun-03	time		21.4		32.4		44.6	44.59	5 / 3							
reaction time		interval				11.00		12.20	PB	# of strides			11.00	12.20	21.40	23.20	1.80
		velocity		9.35		9.09		8.20	8.97				9.09	8.20	9.35	8.62	

Powell, Jevaughn (JAM) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Long Sprints - 2025 Grand Slam Track Philadelphia (Philadelphia, PA)																	*Grand Slam Track (2025) - results and splits by race*
date	31-May-25	time	14.22	24.69		36.39		46.08	46.08	3 / 7							
reaction time	0.170	interval		10.47		11.70		9.69		# of strides	14.22	10.47	11.70	9.69	24.69	21.39	-3.30
		velocity	7.03	9.55		8.55		10.32	8.68		7.03	9.55	8.55	10.32	8.10	9.35	

Semi-Final 3 - 2024 Olympic Games (Paris, FRA) — *Paris 2024 Olympic Games - Results Book (2024)*

date	06-Aug-24	time	6.07	10.86	15.78	20.94	26.41	32.16	38.31	44.91	44.91	9 / 4							
reaction time	0.155	interval		4.79	4.92	5.16	5.47	5.75	6.15	6.60		# of strides	10.86	10.08	11.22	12.75	20.94	23.97	3.03
		velocity	8.24	10.44	10.16	9.69	9.14	8.70	8.13	7.58	8.91	175.5	9.21	9.92	8.91	7.84	9.55	8.34	

Heat 6 - 2024 Olympic Games (Paris, FRA) — *Paris 2024 Olympic Games - Results Book (2024)*

date	04-Aug-24	time	6.13	10.95	15.94	21.20	26.70	32.46	38.56	45.12	45.12	3 / 3						
reaction time	0.146	interval		4.82	4.99	5.26	5.50	5.76	6.10	6.56		# of strides	10.95	10.25	11.26	12.66	21.20	23.92	2.72
		velocity	8.16	10.37	10.02	9.51	9.09	8.68	8.20	7.62	8.87	177.2	9.13	9.76	8.88	7.90	9.43	8.36	

Semi-Final 2 - 2022 Commonwealth Games (Birmingham, GBR) *Longines Timing (2022) - commonwealth games race analysis*

date	05-Aug-22	time	6.3	11.3	16.6	22.2	27.8	33.7	39.7	46.40	46.40	4 / 3						
reaction time	0.158	interval		5.00	5.30	5.60	5.60	5.90	6.00	6.70		# of strides	11.30	10.90	11.50	12.70	22.20	24.20	2.00
		velocity	7.94	10.00	9.43	8.93	8.93	8.47	8.33	7.46	8.62	178.0	8.85	9.17	8.70	7.87	9.01	8.26	

Heat 3 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	17-Jul-22	time		11.26		21.99		33.53		46.42	46.42	6 / 4						
reaction time	0.142	interval				10.73		11.54		12.89		# of strides	11.26	10.73	11.54	12.89	21.99	24.43	2.44
		velocity		8.88		9.32		8.67		7.76	8.62	180.0	8.88	9.32	8.67	7.76	9.10	8.19	

Pozo, Gerson (ESP) (2003)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

FINAL - 2025 European Athletics U23 Championships (Bergen, NOR) *European Athletics (2025) - 2025 european athletics U23 championships- results book*

date	19-Jul-25	time	6.26	11.34	16.45	21.76	27.36	33.31	39.57	46.53	46.53	2 / 8						
reaction time	0.141	interval		5.08	5.11	5.31	5.60	5.95	6.26	6.96		# of strides	11.34	10.42	11.55	13.22	21.76	24.77	3.01
		velocity	7.99	9.84	9.78	9.42	8.93	8.40	7.99	7.18	8.60		8.82	9.60	8.66	7.56	9.19	8.07	

Semi-Final 1 - 2025 European Athletics U23 Championships (Bergen, NOR) *European Athletics (2025) - 2025 european athletics U23 championships- results book*

date	18-Jul-25	time	6.18	11.22	16.37	21.74	27.30	33.24	39.37	45.91	45.91	6 / 4						
reaction time	0.149	interval		5.04	5.15	5.37	5.56	5.94	6.13	6.54		# of strides	11.22	10.52	11.50	12.67	21.74	24.17	2.43
		velocity	8.09	9.92	9.71	9.31	8.99	8.42	8.16	7.65	8.71		8.91	9.51	8.70	7.89	9.20	8.27	

Semi-Final 1 - 2021 European Athletics U20 Championships (Tallin, EST) *European Athletics (2021) - european athletics U20 championships results book*

date	15-Jul-21	time		11.83		22.87		34.93		48.39	48.39	1 / 7						
reaction time	0.164	interval				11.04		12.06		13.46		# of strides	11.83	11.04	12.06	13.46	22.87	25.52	2.65
		velocity		8.45		9.06		8.29		7.43	8.27		8.45	9.06	8.29	7.43	8.75	7.84	

Prenz, Tyrel (GER) (2003)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

Semi-Final 1 - 2025 European Athletics U23 Championships (Bergen, NOR) *European Athletics (2025) - 2025 european athletics U23 championships- results book*

date	18-Jul-25	time	6.22	11.30	16.58	22.07	27.78	33.73	39.77	46.68	46.68	8 / 6						
reaction time	0.148	interval		5.08	5.28	5.49	5.71	5.95	6.04	6.91		# of strides	11.30	10.77	11.66	12.95	22.07	24.61	2.54
		velocity	8.04	9.84	9.47	9.11	8.76	8.40	8.28	7.24	8.57		8.85	9.29	8.58	7.72	9.06	8.13	

Prevot, Loïc (FRA) (1998)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

FINAL - 2022 Meeting de Paris (Paris, FRA) *Omega Timing (2022) - diamond league race analysis*

date	16-Jun-22	time	6.05	10.99	16.18	21.55	27.21	33.12	39.24	45.94	45.94	3 / 6						
reaction time	0.152	interval		4.94	5.19	5.37	5.66	5.91	6.12	6.70		# of strides	10.99	10.56	11.57	12.82	21.55	24.39	2.84
		velocity	8.26	10.12	9.63	9.31	8.83	8.46	8.17	7.46	8.71	171.0	9.10	9.47	8.64	7.80	9.28	8.20	

Prude, Rios (USA) (2003)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

Heat 5 - 2024 USA Olympic Trials (Eugene, OR) *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	21-Jun-24	time		11.34		22.12		33.59		46.09	46.09	6 / 6						
reaction time		interval				10.78		11.47		12.50		# of strides	11.34	10.78	11.47	12.50	22.12	23.97	1.85
		velocity		8.82		9.28		8.72		8.00	8.68	170.0	8.82	9.28	8.72	8.00	9.04	8.34	

Putnam, Dan (GBR) (1991)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

National FINAL - 2025 London Athletics Meet (London, GBR) *Omega Timing (2025) - diamond league race analysis*

date	19-Jul-25	time	6.21	11.33	16.55	21.88	27.54	33.54	39.85	46.71	46.71	3 / 5						
reaction time	0.139	interval		5.12	5.22	5.33	5.66	6.00	6.31	6.86		# of strides	11.33	10.55	11.66	13.17	21.88	24.83	2.95
		velocity	8.05	9.77	9.58	9.38	8.83	8.33	7.92	7.29	8.56		8.83	9.48	8.58	7.59	9.14	8.05	

Qiao Zhen (CHN) (2001)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

Heat 3 - 2023 Chinese National Grand Prix 3 (Taizhou, CHN) *Shandong Athletics Sport Science (2023)*

date	26-May-23	time		11.21		22.13		34.35	40.92	48.20	48.20	3 / 6						
reaction time	0.197	interval				10.92		12.22	6.57	7.28		# of strides	11.21	10.92	12.22	13.85	22.13	26.07	3.94
		velocity		8.92		9.16		8.18	7.61	6.87	8.30	173.2	8.92	9.16	8.18	7.22	9.04	7.67	

Qiao Zhiyang (CHN) (1999)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

FINAL - 2023 Chinese National Championships (Quzhou, CHN) *Shandong Athletics Sport Science (2023)*

date	22-Jul-23	time		11.58		22.96		34.78	40.81	47.06	47.06	7 / 6						
reaction time	0.209	interval				11.38		11.82	6.03	6.25		# of strides	11.58	11.38	11.82	12.28	22.96	24.10	1.14
		velocity		8.64		8.79		8.46	8.29	8.00	8.50	175.2	8.64	8.79	8.46	8.14	8.71	8.30	

Semi-Final 2 - 2023 Chinese National Championships (Quzhou, CHN) *Shandong Athletics Sport Science (2023)*

date	21-Jul-23	time		11.49		22.27		34.16	40.31	46.81	46.81	2 / 1						
reaction time	0.208	interval				10.78		11.89	6.15	6.50	PB	# of strides	11.49	10.78	11.89	12.65	22.27	24.54	2.27
		velocity		8.70		9.28		8.41	8.13	7.69	8.55	177.0	8.70	9.28	8.41	7.91	8.98	8.15	

Quartier, Adrien (BEL) (2006)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

Semi-Final 2 - 2025 European Athletics U20 Championships (Tampere, FIN) *European Athletics (2025) - 2025 european athletics U20 championships - results book*

date	08-Aug-25	time	6.45	11.71	17.03	22.60	28.35	34.35	40.61	47.45	47.45	6 / 5						
reaction time	0.141	interval		5.26	5.32	5.57	5.75	6.00	6.26	6.84		# of strides	11.71	10.89	11.75	13.10	22.60	24.85	2.25
		velocity	7.75	9.51	9.40	8.98	8.70	8.33	7.99	7.31	8.43	182.2	8.54	9.18	8.51	7.63	8.85	8.05	

Quow, Rennie (TTO) (1987)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

FINAL - 2016 Seiko Golden Grand Prix (Kawasaki, JPN) *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	08-May-16	time	6.24	11.26	16.45	21.78	27.35	33.15	39.49	46.73	46.73	5 / 4						
reaction time	0.226	interval		5.02	5.19	5.33	5.57	5.80	6.34	7.24		# of strides	11.26	10.52	11.37	13.58	21.78	24.95	3.17
		velocity	8.01	9.96	9.63	9.38	8.98	8.62	7.89	6.91	8.56	189.7	8.88	9.51	8.80	7.36	9.18	8.02	

Semi-Final 1 - 2015 IAAF World Championships (Beijing, CHN) *Yamamoto (2015) - race analysis of 15th World Championships 400m- focusing on men's semis and women's prelims*

date	24-Aug-15	time	6.17	11.18	16.27	21.44	26.76	32.40	38.39	44.98	44.98	4 / 5						

reaction time	0.189	interval		5.01	5.09	5.17	5.32	5.64	5.99	6.59		# of strides	11.18	10.26	10.96	12.58	21.44	23.54	2.10
		velocity	8.10	9.98	9.82	9.67	9.40	8.87	8.35	7.59	8.89	188.0	8.94	9.75	9.12	7.95	9.33	8.50	

FINAL - 2009 IAAF World Championships (Berlin, GER) *Maho (2013) - race analysis of the men's 400m run in competition*

date	21-Aug-09	time	6.49	11.73	17.08	22.45	27.82	33.29	39.06	45.02	45.02	3 / 3							
reaction time	0.195	interval		5.24	5.35	5.37	5.37	5.47	5.77	5.96		# of strides	11.73	10.72	10.84	11.73	22.45	22.57	0.12
		velocity	7.70	9.54	9.35	9.31	9.31	9.14	8.67	8.39	8.88	187.5	8.53	9.33	9.23	8.53	8.91	8.86	

Semi-Final 2 - 2009 IAAF World Championships (Berlin, GER) Graubner (2011) - biomechanical analysis of the sprint and hurdle events at the 2009 IAAF world championships in athletics

date	19-Aug-09	time	6.34	11.54	16.81	22.09	27.57	32.97	38.59	44.53	44.53	4 / 2							
reaction time	0.248	interval		5.20	5.27	5.28	5.48	5.40	5.62	5.94	PB	# of strides	11.54	10.55	10.88	11.56	22.09	22.44	0.35
		velocity	7.89	9.62	9.49	9.47	9.12	9.26	8.90	8.42	8.98	185.2	8.67	9.48	9.19	8.65	9.05	8.91	

Heat 2 - 2009 IAAF World Championships (Berlin, GER) *Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*

date	18-Aug-09	time		11.72		22.30		33.10		45.21	45.21	4 / 1							
reaction time	0.202	interval				10.58		10.80		12.11		# of strides	11.72	10.58	10.80	12.11	22.30	22.91	0.61
		velocity		8.53		9.45		9.26		8.26	8.85		8.53	9.45	9.26	8.26	8.97	8.73	

FINAL - 2008 Olympic Games (Beijing, CHN) *Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*

date	21-Aug-08	time				21.7		32.6		45.2	45.22	2 / 7							
reaction time	0.201	interval						10.90		12.60		# of strides			10.90	12.60	21.70	23.50	1.80
		velocity				9.22		9.17		7.94	8.85	190.5			9.17	7.94	9.22	8.51	

Rachkovskyy, Oleksiy (UKR) (1984)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 2007 European Cup (Munich, GER)																	*Graubner (2007) - http://www.fgs.uni-halle.de*
date 23-Jun-07	time		11.66		22.45		34.17		47.05	47.05	/ 8							
reaction time 0.240	interval				10.79		11.72		12.88		# of strides	11.66	10.79	11.72	12.88	22.45	24.60	2.15
	velocity		8.58		9.27		8.53		7.76	8.50		8.58	9.27	8.53	7.76	8.91	8.13	

Raftery, Jack (IRL) (2001)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 2023 European Athletics U23 Championships (Espoo, FIN)																	*European Athletics (2023) - european athletics U23 championships results book*
date 14-Jul-23	time		11.55		22.08		33.63		46.00	46.00	8 / 7							
reaction time 0.191	interval				10.53		11.55		12.37		# of strides	11.55	10.53	11.55	12.37	22.08	23.92	1.84
	velocity		8.66		9.50		8.66		8.08	8.70	175.5	8.66	9.50	8.66	8.08	9.06	8.36	

Semi-Final 1 - 2023 European Athletics U23 Championships (Espoo, FIN) *European Athletics (2023) - european athletics U23 championships results book*

date	13-Jul-23	time		11.68		22.37		33.93		45.89	45.89	7 / 3							
reaction time	0.197	interval				10.69		11.56		11.96	PB	# of strides	11.68	10.69	11.56	11.96	22.37	23.52	1.15
		velocity		8.56		9.35		8.65		8.36	8.72		8.56	9.35	8.65	8.36	8.94	8.50	

A Final - 2023 European Team Championships, Third Division (Chorzów, POL) *European Athletics (2023) - 3rd european games, athletics - results book*

date	20-Jun-23	time		11.62		22.36		34.07		46.76	46.76	5 / 3							
reaction time	0.208	interval				10.74		11.71		12.69		# of strides	11.62	10.74	11.71	12.69	22.36	24.40	2.04
		velocity		8.61		9.31		8.54		7.88	8.55		8.61	9.31	8.54	7.88	8.94	8.20	

Raja, Andres (EST) (1982)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
Decathlon - Heat 3 - 2009 IAAF World Championships (Berlin, GER)																	*Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*
date 19-Aug-09	time		11.67		22.98		35.79		49.00	49.00	2 / 3							
reaction time 0.170	interval				11.31		12.81		13.21		# of strides	11.67	11.31	12.81	13.21	22.98	26.02	3.04
	velocity		8.57		8.84		7.81		7.57	8.16		8.57	8.84	7.81	7.57	8.70	7.69	

Rajiv, Arokia (IND) (1991)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 2018 Asian Games (Jakarta, INA)																	*Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*
date 26-Aug-18	time	6.24	11.39	16.63	22.08	27.55	33.15	39.18	45.84	45.84	8 / 4							
reaction time 0.187	interval		5.15	5.24	5.45	5.47	5.60	6.03	6.66		# of strides	11.39	10.69	11.07	12.69	22.08	23.76	1.68
	velocity	8.01	9.71	9.54	9.17	9.14	8.93	8.29	7.51	8.73	177.0	8.78	9.35	9.03	7.88	9.06	8.42	

Semi-Final 1 - 2018 Asian Games (Jakarta, INA) *Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*

date	25-Aug-18	time	6.34	11.53	16.83	22.39	28.01	33.79	39.68	46.08	46.08	6 / 2							
reaction time	0.179	interval		5.19	5.30	5.56	5.62	5.78	5.89	6.40		# of strides	11.53	10.86	11.40	12.29	22.39	23.69	1.30
		velocity	7.89	9.63	9.43	8.99	8.90	8.65	8.49	7.81	8.68		8.67	9.21	8.77	8.14	8.93	8.44	

Heat 4 - 2018 Asian Games (Jakarta, INA) *Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*

date	25-Aug-18	time	6.31	11.40	16.73	22.27	27.99	33.97	40.17	46.82	46.82	5 / 2							
reaction time	0.184	interval		5.09	5.33	5.54	5.72	5.98	6.20	6.65		# of strides	11.40	10.87	11.70	12.85	22.27	24.55	2.28
		velocity	7.92	9.82	9.38	9.03	8.74	8.36	8.06	7.52	8.54		8.77	9.20	8.55	7.78	8.98	8.15	

Rapnouil, Jean-Louis (FRA) (1965)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 1997 European Cup (Munich, GER)																	*Jung (2003) - http://www.fgs.uni-halle.de*
date 21-Jun-97	time		11.70		22.67		34.14		46.46	46.54	/ 5							
reaction time	interval				10.97		11.47		12.32		# of strides	11.70	10.97	11.47	12.32	22.67	23.79	1.12
	velocity		8.55		9.12		8.72		8.12	8.59		8.55	9.12	8.72	8.12	8.82	8.41	

Raquil, Marc (FRA) (1977)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 2006 European Championships (Göteborg, SWE)																	*Behm (2006) - Championnats d'Europe Göteborg 2006… Le 400m avec ou sans obstacles*
date 09-Aug-06	time				22.5		33.0		45.02	45.02	/ 1							
reaction time	interval						10.50		12.02		# of strides			10.50	12.02	22.50	22.52	0.02
	velocity				8.89		19.05		8.32	8.88				9.52	8.32	8.89	8.88	

FINAL - 2003 IAAF World Championships (Paris, FRA) *Bonvin (2003) - Compte-rendu 400m et relais 4x 400m*

date	26-Aug-03	time				21.8		33.0		44.79	44.79	5 / ~~3~~ 2							
reaction time	0.174	interval						11.20		11.79	NR	# of strides			11.20	11.79	21.80	22.99	1.19
		velocity				9.17		8.93		8.48	8.93				8.93	8.48	9.17	8.70	

Heat 1 - 2002 European Championships (Munich, GER) *Graubner (2009) - http://www.fgs.uni-halle.de*

date	06-Aug-02	time		11.73		22.56		33.98		45.70	45.70	/ 1						
reaction time	0.209	interval				10.83		11.42		11.72		# of strides	11.73	10.83	11.42	11.72	22.56	23.14	0.58
		velocity		8.53		9.23		8.76		8.53	8.75		8.53	9.23	8.76	8.53	8.87	8.64	

FINAL - 2001 European Cup (Bremen, GER) *Graubner (2007) - http://www.fgs.uni-halle.de*

date	23-Jun-01	time		11.39		22.00		33.31		44.95	44.95	/ 1						
reaction time		interval				10.61		11.31		11.64	PB	# of strides	11.39	10.61	11.31	11.64	22.00	22.95	0.95
		velocity		8.78		9.43		8.84		8.59	8.90		8.78	9.43	8.84	8.59	9.09	8.71	

Re, Davide (ITA) (1993)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

Heat 5 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	04-Aug-24	time	6.31	11.42	16.65	22.07	27.76	33.75	40.02	46.74	46.74	2 / 8						
reaction time	0.157	interval		5.11	5.23	5.42	5.69	5.99	6.27	6.72		# of strides	11.42	10.65	11.68	12.99	22.07	24.67	2.60
		velocity	7.92	9.78	9.56	9.23	8.79	8.35	7.97	7.44	8.56	181.2	8.76	9.39	8.56	7.70	9.06	8.11	

FINAL - 2023 Weltklasse (Zürich, SUI) *Omega Timing (2023) - diamond league race analysis*

date	31-Aug-23	time	6.33	11.49	16.79	22.20	27.72	33.43	39.32	45.49	45.49	3 / 2						
reaction time	0.161	interval		5.16	5.30	5.41	5.52	5.71	5.89	6.17		# of strides	11.49	10.71	11.23	12.06	22.20	23.29	1.09
		velocity	7.90	9.69	9.43	9.24	9.06	8.76	8.49	8.10	8.79		8.70	9.34	8.90	8.29	9.01	8.59	

Semi-Final 3 - 2023 World Athletics Championships (Budapest, HUN) *Seiko Timing (2023) - world championship race analysis*

date	22-Aug-23	time		11.33		21.69		33.19		45.29	45.29	3 / 4						
reaction time	0.165	interval				10.36		11.50		12.10		# of strides	11.33	10.36	11.50	12.10	21.69	23.60	1.91
		velocity		8.83		9.65		8.70		8.26	8.83		8.83	9.65	8.70	8.26	9.22	8.47	

Heat 4 - 2023 World Athletics Championships (Budapest, HUN) *Seiko Timing (2023) - world championship race analysis*

date	20-Aug-23	time		11.48		22.01		33.35		45.07	45.07	4 / 4						
reaction time	0.153	interval				10.53		11.34		11.72		# of strides	11.48	10.53	11.34	11.72	22.01	23.06	1.05
		velocity		8.71		9.50		8.82		8.53	8.88	174.0	8.71	9.50	8.82	8.53	9.09	8.67	

FINAL - 2023 Athletissima (Lausanne, SUI) *Omega Timing (2023) - diamond league race analysis*

date	30-Jun-23	time	6.38	11.57	16.86	22.25	27.79	33.55	39.52	45.95	45.95	2 / 4						
reaction time	0.161	interval		5.19	5.29	5.39	5.54	5.76	5.97	6.43		# of strides	11.57	10.68	11.30	12.40	22.25	23.70	1.45
		velocity	7.84	9.63	9.45	9.28	9.03	8.68	8.38	7.78	8.71		8.64	9.36	8.85	8.06	8.99	8.44	

National FINAL - 2022 Weltklasse (Zürich, SUI) *Omega Timing (2022) - diamond league race analysis*

date	08-Sep-22	time	6.31	11.35	16.55	21.91	27.44	33.21	39.21	45.59	45.59	3 / 4						
reaction time	0.152	interval		5.04	5.20	5.36	5.53	5.77	6.00	6.38		# of strides	11.35	10.56	11.30	12.38	21.91	23.68	1.77
		velocity	7.92	9.92	9.62	9.33	9.04	8.67	8.33	7.84	8.77		8.81	9.47	8.85	8.08	9.13	8.45	

Semi-Final 3 - 2022 European Athletics Championships (Munich, GER) *European Athletics (2022) - european athletics championships race analysis*

date	16-Aug-22	time		11.57		21.99		33.47		46.02	46.02	4 / 5						
reaction time	0.228	interval				10.42		11.48		12.55		# of strides	11.57	10.42	11.48	12.55	21.99	24.03	2.04
		velocity		8.64		9.60		8.71		7.97	8.69	173.0	8.64	9.60	8.71	7.97	9.10	8.32	

Heat 2 - 2022 European Athletics Championships (Munich, GER) *European Athletics (2022) - european athletics championships race analysis*

date	15-Aug-22	time		11.33		21.69		32.84		45.26	45.26	5 / 1						
reaction time	0.231	interval				10.36		11.15		12.42		# of strides	11.33	10.36	11.15	12.42	21.69	23.57	1.88
		velocity		8.83		9.65		8.97		8.05	8.84		8.83	9.65	8.97	8.05	9.22	8.49	

Heat 4 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	17-Jul-22	time		11.72		22.33		33.91		46.49	46.49	4 / 5						
reaction time	0.148	interval				10.61		11.58		12.58		# of strides	11.72	10.61	11.58	12.58	22.33	24.16	1.83
		velocity		8.53		9.43		8.64		7.95	8.60	176.0	8.53	9.43	8.64	7.95	8.96	8.28	

FINAL - 2021 Weltklasse (Zürich, SUI) *Omega Timing (2021) - diamond league race analysis*

date	09-Sep-21	time	6.4	11.7	17.1	22.6	28.2	34.1	40.3	46.64	46.64	1 / 8						
reaction time	0.146	interval		5.30	5.40	5.50	5.60	5.90	6.20	6.34		# of strides	11.70	10.90	11.50	12.54	22.60	24.04	1.44
		velocity	7.81	9.43	9.26	9.09	8.93	8.47	8.06	7.89	8.58		8.55	9.17	8.70	7.97	8.85	8.32	

FINAL - 2021 Golden Gala Pietro Mennea (Florence, ITA) *Omega Timing (2021) - diamond league race analysis*

date	10-Jun-21	time	6.4	11.6	16.8	22.2	27.8	33.6	39.6	45.80	45.80	6 / 2						
reaction time	0.139	interval		5.20	5.20	5.40	5.60	5.80	6.00	6.20		# of strides	11.60	10.60	11.40	12.20	22.20	23.60	1.40
		velocity	7.81	9.62	9.62	9.26	8.93	8.62	8.33	8.06	8.73		8.62	9.43	8.77	8.20	9.01	8.47	

FINAL - 2020 Bauhaus Galan (Stockholm, SWE) *Omega Timing (2020) - diamond league race analysis*

date	23-Aug-20	time	6.5	11.7	17.2	22.6	28.4	34.2	40.3	47.00	47.00	5 / 6						
reaction time	0.157	interval		5.20	5.50	5.40	5.80	5.80	6.10	6.70		# of strides	11.70	10.90	11.60	12.80	22.60	24.40	1.80
		velocity	7.69	9.62	9.09	9.26	8.62	8.62	8.20	7.46	8.51		8.55	9.17	8.62	7.81	8.85	8.20	

FINAL - 2019 The Match - Europe v USA (Minsk, BLR) *Omega Timing (2019) - diamond league race analysis*

date	09-Sep-19	time		11.34		21.96		33.45		46.05	46.05	4 / 3						
reaction time	0.154	interval				10.62		11.49		12.60		# of strides	11.34	10.62	11.49	12.60	21.96	24.09	2.13
		velocity		8.82		9.42		8.70		7.94	8.69	176.0	8.82	9.42	8.70	7.94	9.11	8.30	

FINAL - 2019 Herculis Meeting International d'Athlétisme (Monaco, MON) *Omega Timing (2019) - diamond league race analysis*

date	12-Jul-19	time		11.3		21.9		33.3		46.21	46.21	6 / ~~6~~ 5						
reaction time	0.137	interval				10.6		11.4		12.9		# of strides	11.30	10.60	11.40	12.91	21.90	24.31	2.41
		velocity		8.85		9.43		8.77		7.75	8.66		8.85	9.43	8.77	7.75	9.13	8.23	

Semi-Final 3 - 2017 IAAF World Championships (London, GBR) *Pollitt (2018) - biomechanical report for the IAAF World Champs - London 2017 - Men's 400m*

date	06-Aug-17	time		11.13		21.80		33.13	39.19	45.76	45.95	4 / 8						
reaction time	0.186	interval				10.67		11.33	6.06	6.57		# of strides	11.13	10.67	11.33	12.63	21.80	23.96	2.16
		velocity		8.98		9.37		8.83	8.25	7.61	8.71	179.1	8.98	9.37	8.83	7.92	9.17	8.35	

Reardon, Samuel (GBR) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 1 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 16-Sep-25	time		11.17		21.35		32.69		45.10	45.10	3 / 8						
reaction time 0.165	interval				10.18		11.34		12.41		# of strides	11.17	10.18	11.34	12.41	21.35	23.75	2.40
	velocity		8.95		9.82		8.82		8.06	8.87		8.95	9.82	8.82	8.06	9.37	8.42	
Heat 4 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 14-Sep-25	time		11.34		21.64		32.75		44.70	44.70	8 / 4						
reaction time 0.206	interval				10.30		11.11		11.95		# of strides	11.34	10.30	11.11	11.95	21.64	23.06	1.42
	velocity		8.82		9.71		9.00		8.37	8.95		8.82	9.71	9.00	8.37	9.24	8.67	
A Final - 2025 European Team Championships, First Division (Madrid, ESP)																	*European Athletics (2025) - 2025 european team championships, first division - results book*
date 27-Jun-25	time	6.12	11.11	16.16	21.28	26.61	32.23	38.18	44.60	44.60	6 / 1						
reaction time 0.205	interval		4.99	5.05	5.12	5.33	5.62	5.95	6.42	PB	# of strides	11.11	10.17	10.95	12.37	21.28	23.32	2.04
	velocity	8.17	10.02	9.90	9.77	9.38	8.90	8.40	7.79	8.97	174.2	9.00	9.83	9.13	8.08	9.40	8.58	
National FINAL - 2024 London Athletics Meet (London, GBR)																	*Omega Timing (2024) - diamond league race analysis*
date 20-Jul-24	time	6.28	11.32	16.43	21.70	27.15	32.72	38.49	44.70	44.70	7 / 1						
reaction time 0.181	interval		5.04	5.11	5.27	5.45	5.57	5.77	6.21	PB	# of strides	11.32	10.38	11.02	11.98	21.70	23.00	1.30
	velocity	7.96	9.92	9.78	9.49	9.17	8.98	8.67	8.05	8.95		8.83	9.63	9.07	8.35	9.22	8.70	

Rebeyrolles, Simon (FRA) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Regional FINAL - 2025 Meeting de Paris (Paris, FRA)																	*Omega Timing (2025) - diamond league race analysis*
date 20-Jun-25	time	6.40	11.68	17.14	22.86	28.65	34.82	41.36	48.53	48.53	3 / 6						
reaction time 0.151	interval		5.28	5.46	5.72	5.79	6.17	6.54	7.17		# of strides	11.68	11.18	11.96	13.71	22.86	25.67	2.81
	velocity	7.81	9.47	9.16	8.74	8.64	8.10	7.65	6.97	8.24		8.56	8.94	8.36	7.29	8.75	7.79	

Redmond, Derek (GBR) (1965)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1987 IAAF World Championship (Rome, ITA)																	*Moravec (1990) - time analyis of the sprints - Rome 1987 Scientific Report (2nd ed)*
date 03-Sep-87	time		11.10		21.36		32.55		45.06	45.06	6 / 5						
reaction time	interval				10.26		11.19		12.51		# of strides	11.10	10.26	11.19	12.51	21.36	23.70	2.34
	velocity		9.01		9.75		8.94		7.99	8.88	170.5	9.01	9.75	8.94	7.99	9.36	8.44	

Régas, Dimitrios (GRE) (1986)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2006 European Championships (Göteborg, SWE)																	*Behm (2006) - Championnats d'Europe Göteborg 2006… Le 400m avec ou sans obstacles*
date 09-Aug-06	time				22.6		33.2		46.23	46.23	/ 8						
reaction time	interval						10.60		13.03		# of strides			10.60	13.03	22.60	23.63	1.03
	velocity				8.85		18.87		7.67	8.65				9.43	7.67	8.85	8.46	

Reid, Terrence (USA) (1986)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2005 USATF National Junior Championships (Carson, CA)																	*USATF Women's Sprint Development (2005)*
date 25-Jun-05	time		11.83	17.32			34.55	40.63	47.00	47.00	1 / 4						
reaction time	interval			5.49			17.23	6.08	6.37		# of strides	11.83			12.45			
	velocity		8.45	9.11			8.71	8.22	7.85	8.51		8.45			8.03			

Reynolds, Harry (Butch) (USA) (1964)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1997 USATF Championships (Indianapolis, IN)																	*Track Newsletter (1997) - USATF National Championships*
date 14-Jun-97	time				22.0				45.0	44.98	/ 6						
reaction time	interval								23.00		# of strides					22.00	23.00	1.00
	velocity				9.09				8.70	8.89						9.09	8.70	
Semi-Final 2 - 1997 USATF Championships (Indianapolis, IN)																	*Track Newsletter (1997) - USATF National Championships*
date 13-Jun-97	time				21.7				44.8	44.83	/ 1						
reaction time	interval								23.10		# of strides					21.70	23.10	1.40
	velocity				9.22				8.66	8.92						9.22	8.66	
FINAL - 1996 USA Olympic Trials (Atlanta, GA)																	*USATF Women's Sprint Development (1996)*
date 19-Jun-96	time		11.12		21.36		32.12	37.79	43.91	43.91	4 / 2						
reaction time	interval				10.24		10.76	5.67	6.12		# of strides	11.12	10.24	10.76	11.79	21.36	22.55	1.19
	velocity		8.99		9.77		9.29	8.82	8.17	9.11		8.99	9.77	9.29	8.48	9.36	8.87	
Semi-Final 2 - 1996 USA Olympic Trials (Atlanta, GA)																	*USATF Women's Sprint Development (1996)*
date 17-Jun-96	time		11.12		21.84		32.96	38.65	44.58	44.58	3 / 2						
reaction time	interval				10.72		11.12	5.69	5.93		# of strides	11.12	10.72	11.12	11.62	21.84	22.74	0.90
	velocity		8.99		9.33		8.99	8.79	8.43	8.97		8.99	9.33	8.99	8.61	9.16	8.80	
FINAL - 1996 Atlanta Grand Prix (Atlanta, GA)																	*Track Newsletter (1996) - atlanta GP- hot debut for Olympic track*
date 18-May-96	time				21.7		32.4		44.3	44.33	4 / 1						
reaction time	interval						10.70		11.90		# of strides			10.70	11.90	21.70	22.60	0.90
	velocity				9.22		9.35		8.40	9.02	166.7			9.35	8.40	9.22	8.85	
FINAL - 1995 USATF National Championships (Sacramento, CA)																	*Track Newsletter (1995) - USATF National Championships*
date 16-Jun-95	time			11.5		21.7		32.8		44.5	44.42	/ 2						
reaction time	interval					10.20		11.10		11.70		# of strides	11.50	10.20	11.10	11.70	21.70	22.80	1.10
	velocity			8.70		9.80		9.01		8.55	9.00		8.70	9.80	9.01	8.55	9.22	8.77	
FINAL - 1993 IAAF World Championships (Stuttgart, GER)																	*Graubner (2009) - http://www.fgs.uni-halle.de*
date 17-Aug-93	time			11.18		21.39		32.22		44.13	44.13	7 / 2						
reaction time	interval					10.21		10.83		11.91		# of strides	11.18	10.21	10.83	11.91	21.39	22.74	1.35
	velocity			8.94		9.79		9.23		8.40	9.06	164.0	8.94	9.79	9.23	8.40	9.35	8.80	
FINAL - 1988 Olympic Games (Seoul, KOR)																	*Brüggemann (1990) - scientific research project at the games of the XXXIV Olympiad, Seoul 1988*
date 28-Sep-88	time			11.29		21.68		32.58		43.93	43.93	3 / 2						
reaction time 0.160	interval					10.39		10.90		11.35		# of strides	11.29	10.39	10.90	11.35	21.68	22.25	0.57
	velocity			8.86		9.62		9.17		8.81	9.11		8.86	9.62	9.17	8.81	9.23	8.99	

Semi-Final 2 - 1988 Olympic Games (Seoul, KOR) — *Brüggemann (1990) - scientific research project at the games of the XXXIV Olympiad, Seoul 1988*

date	26-Sep-88	time		11.39		21.80		32.78		44.33	44.33	6 / 1						
reaction time	0.175	interval				10.41		10.98		11.55		# of strides	11.39	10.41	10.98	11.55	21.80	22.53	0.73
		velocity		8.78		9.61		9.11		8.66	9.02		8.78	9.61	9.11	8.66	9.17	8.88	

FINAL - 1988 Weltklasse (Zurich, SUI) — *Vazel (2016) - How van Niekerk broke the 400m world record*

date	17-Aug-88	time	6.30	11.30	16.30	21.40	26.70	32.10	37.60	43.30	43.29	4 / 1						
reaction time		interval		5.00	5.00	5.10	5.30	5.40	5.50	5.70	WR	# of strides	11.30	10.10	10.70	11.20	21.40	21.90	0.50
		velocity	7.94	4.42	3.07	2.34	1.87	1.56	1.33	1.15	9.24	159.7	8.85	9.90	9.35	8.93	9.35	9.13	

FINAL - 1988 USA Olympic Trials (Indianapolis, IN) — *Hymans (2008) - history of the US olympic trials - track and field*

date	20-Jul-88	time		10.6		21.2		32.0		43.93	43.93	6 / 1						
reaction time		interval				10.60		10.80		11.93	PB	# of strides	10.60	10.60	10.80	11.93	21.20	22.73	1.53
		velocity		9.43		9.43		9.26		8.38	9.11	162.7	9.43	9.43	9.26	8.38	9.43	8.80	

FINAL - 1987 IAAF World Championship (Rome, ITA) — *Moravec (1990) - time analyis of the sprints - Rome 1987 Scientific Report (2nd ed)*

date	03-Sep-87	time		11.22		21.71		32.74		44.80	44.80	7 / 3						
reaction time		interval				10.49		11.03		12.06		# of strides	11.22	10.49	11.03	12.06	21.71	23.09	1.38
		velocity		8.91		9.53		9.07		8.29	8.93	162.2	8.91	9.53	9.07	8.29	9.21	8.66	

Semi-Final 2 - 1987 IAAF World Championship (Rome, ITA) — *Moravec (1990) - time analyis of the sprints - Rome 1987 Scientific Report (2nd ed)*

date	01-Sep-87	time		11.46		21.80		33.00		44.94	44.94	2 / 4						
reaction time		interval				10.34		11.20		11.94		# of strides	11.46	10.34	11.20	11.94	21.80	23.14	1.34
		velocity		8.73		9.67		8.93		8.38	8.90		8.73	9.67	8.93	8.38	9.17	8.64	

Quarter-Final 3 - 1987 IAAF World Championship (Rome, ITA) — *Moravec (1990) - time analyis of the sprints - Rome 1987 Scientific Report (2nd ed)*

date	31-Aug-87	time		11.58		22.05		33.46		45.49	45.49	3 / 3						
reaction time		interval				10.47		11.41		12.03		# of strides	11.58	10.47	11.41	12.03	22.05	23.44	1.39
		velocity		8.64		9.55		8.76		8.31	8.79	158.5	8.64	9.55	8.76	8.31	9.07	8.53	

Heat 1 - 1987 IAAF World Championship (Rome, ITA) — *Moravec (1990) - time analyis of the sprints - Rome 1987 Scientific Report (2nd ed)*

date	30-Aug-87	time		11.56		22.50		33.80		45.51	45.51	2 / 1						
reaction time		interval				10.94		11.30		11.71		# of strides	11.56	10.94	11.30	11.71	22.50	23.01	0.51
		velocity		8.65		9.14		8.85		8.54	8.79	159.5	8.65	9.14	8.85	8.54	8.89	8.69	

FINAL - 1987 TAC National Championships (San Jose, CA) — *Track Newsletter (1987) - NCAA Championships*

date	27-Jun-87	time				21.8				44.5	44.46	5 / 1						
reaction time		interval								22.70		# of strides					21.80	22.70	0.90
		velocity				9.17				8.81	9.00						9.17	8.81	

FINAL - 1987 NCAA Championships (Baton Rouge, LA) — *Track Newsletter (1987) - NCAA Championships*

date	06-Jun-87	time				21.9				44.2	44.13	5 / 1						
reaction time		interval								22.30		# of strides					21.90	22.30	0.40
		velocity				9.13				8.97	9.06						9.13	8.97	

Rhoden, George (JAM) (1926)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 1952 Olympic Games (Helsinki, FIN) — *Quercentani (2000). Athletics: A history of modern track and field athletics (1860-2000)*

date	25-Jul-52	time				22.2				45.9	45.9	6 / 1						
reaction time		interval								23.7	OR	# of strides					22.20	23.70	1.50
		velocity				9.01				8.44	8.71	*(46.09)*					9.01	8.44	

FINAL - 1951 NCAA Championships (Seattle, WA) (yards) — *Nelson (1951) - NCAA championships, Laz and Davis better meet records*

date	16-Jun-51	time				21.9				46.2	46.2	/ 1						
reaction time		interval								24.3	*(46.5/440y)*	# of strides					21.90	24.30	2.40
		velocity				9.13				8.23	8.66						9.13	8.23	

FINAL - 1950 International Athletics Meeting (Eskilstuna, SWE) (427m track) — *Drake (1967) - der schnellste sprint der geschichte*

date	22-Aug-50	time				20.9				45.8	45.8	/ 1						
reaction time		interval								24.90	WR	# of strides					20.90	24.90	4.00
		velocity				9.57				8.03	8.73						9.57	8.03	

FINAL - 1950 NCAA Championships (Minneapolis, MN) (yards) — *Nelson (1950) - NCAA championships, USC wins team title*

date	17-Jun-50	time				21.6				46.9	46.9	/ 1						
reaction time		interval								25.3	*(47.2/440y)*	# of strides					21.60	25.30	3.70
		velocity				9.26				7.91	8.53						9.26	7.91	

Rhoden-Stevens, Jamal (GBR) (1994)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

B FINAL - 2022 Müller Birmingham Diamond League (Birmingham, GBR) — *Omega Timing (2022) - diamond league race analysis*

date	21-May-22	time	6.1	11.1	16.5	22.0	27.8	33.9	40.1	47.28	47.28	7 / ~~6~~						
reaction time	0.152	interval		5.04	5.40	5.50	5.80	6.10	6.20	7.18	DQ	# of strides	11.10	10.90	11.90	13.38	22.00	25.28	3.28
		velocity	8.25	9.92	9.26	9.09	8.62	8.20	8.06	6.96	8.46	186.7	9.01	9.17	8.40	7.47	9.09	7.91	

National FINAL - 2018 Müller Anniversary Games (London, GBR) — *Omega Timing (2018) - diamond league race analysis*

date	21-Jul-18	time		11.6		22.6		34.1		46.54	46.54	3 / 3						
reaction time	0.138	interval				11.0		11.5		12.4	PB	# of strides	11.60	11.00	11.50	12.44	22.60	23.94	1.34
		velocity		8.62		9.09		8.70		8.04	8.59		8.62	9.09	8.70	8.04	8.85	8.35	

Richard, Tyrell (USA) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2019 The Match - Europe v USA (Minsk, BLR) — *Omega Timing (2019) - diamond league race analysis*

date	09-Sep-19	time		11.54		22.51		34.09		46.38	46.38	9 / 4						
reaction time	0.145	interval				10.97		11.58		12.29		# of strides	11.54	10.97	11.58	12.29	22.51	23.87	1.36
		velocity		8.67		9.12		8.64		8.14	8.62	176.7	8.67	9.12	8.64	8.14	8.88	8.38	

FINAL - 2018 NCAA Championships (Eugene, OR) — *Track Newsletter (2018) - NCAA men's championships*

date	08-Jun-18	time			22.1		33.1		45.1	45.10	/ 5						
reaction time		interval					11.00		12.00		# of strides			11.00	12.00	22.10	23.00	0.90
		velocity			9.05		9.09		8.33	8.87				9.09	8.33	9.05	8.70	

Richards, Jereem (TTO) (1994)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 18-Sep-25	time		10.66		20.71		31.67		43.72	43.72	2 / 2							
reaction time 0.145	interval				10.05		10.96		12.05	NR PB	# of strides	10.66	10.05	10.96	12.05	20.71	23.01	2.30
	velocity		9.38		9.95		9.12		8.30	9.15	171.0	9.38	9.95	9.12	8.30	9.66	8.69	
Semi-Final 2 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 16-Sep-25	time		10.98		21.23		32.44		44.12	44.12	6 / 3							
reaction time 0.169	interval				10.25		11.21		11.68		# of strides	10.98	10.25	11.21	11.68	21.23	22.89	1.66
	velocity		9.11		9.76		8.92		8.56	9.07		9.11	9.76	8.92	8.56	9.42	8.74	
Heat 1 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 14-Sep-25	time		11.12		21.65		32.69		44.64	44.64	7 / 1							
reaction time 0.169	interval				10.53		11.04		11.95		# of strides	11.12	10.53	11.04	11.95	21.65	22.99	1.34
	velocity		8.99		9.50		9.06		8.37	8.96	169.0	8.99	9.50	9.06	8.37	9.24	8.70	
Long Sprints - 2025 Grand Slam Track Philadelphia (Philadelphia, PA)																	*Grand Slam Track (2025) - results and splits by race*
date 31-May-25	time		14.08		24.24		35.61		45.05	45.05	6 / 3							
reaction time 0.200	interval				10.16		11.37		9.44		# of strides	14.08	10.16	11.37	9.44	24.24	20.81	-3.43
	velocity		7.10		9.84		8.80		10.59	8.88		7.10	9.84	8.80	10.59	8.25	9.61	
Long Sprints - 2025 Grand Slam Track Miami (Miramar, FL)																	*Grand Slam Track (2025) - results and splits by race*
date 03-May-25	time		10.94		21.17		32.31		44.32	44.32	7 / 2							
reaction time 0.190	interval				10.23		11.14		12.01		# of strides	10.94	10.23	11.14	12.01	21.17	23.15	1.98
	velocity		9.14		9.78		8.98		8.33	9.03		9.14	9.78	8.98	8.33	9.45	8.64	
FINAL - 2024 Golden Gala Pietro Mennea (Roma, ITA)																	*Omega Timing (2024) - diamond league race analysis*
date 30-Aug-24	time	6.11	11.01	16.13	21.49	27.03	32.72	38.46	44.55	44.55	6 / 3							
reaction time 0.145	interval		4.90	5.12	5.36	5.54	5.69	5.74	6.09		# of strides	11.01	10.48	11.23	11.83	21.49	23.06	1.57
	velocity	8.18	10.20	9.77	9.33	9.03	8.79	8.71	8.21	8.98	171.0	9.08	9.54	8.90	8.45	9.31	8.67	
FINAL - 2024 Olympic Games (Paris, FRA)																	*Paris 2024 Olympic Games - Results Book (2024)*
date 07-Aug-24	time	6.02	10.69	15.43	20.46	25.82	31.42	37.32	43.78	43.78	9 / 4							
reaction time 0.144	interval		4.67	4.74	5.03	5.36	5.60	5.90	6.46	NR PB	# of strides	10.69	9.77	10.96	12.36	20.46	23.32	2.86
	velocity	8.31	10.71	10.55	9.94	9.33	8.93	8.47	7.74	9.14	172.5	9.35	10.24	9.12	8.09	9.78	8.58	
Semi-Final 1 - 2024 Olympic Games (Paris, FRA)																	*Paris 2024 Olympic Games - Results Book (2024)*
date 06-Aug-24	time	6.03	10.85	15.86	21.08	26.56	32.22	38.09	44.33	44.33	7 / 2							
reaction time 0.153	interval		4.82	5.01	5.22	5.48	5.66	5.87	6.24		# of strides	10.85	10.23	11.14	12.11	21.08	23.25	2.17
	velocity	8.29	10.37	9.98	9.58	9.12	8.83	8.52	8.01	9.02	172.7	9.22	9.78	8.98	8.26	9.49	8.60	
Heat 2 - 2024 Olympic Games (Paris, FRA)																	*Paris 2024 Olympic Games - Results Book (2024)*
date 04-Aug-24	time	6.15	11.01	15.94	21.05	26.43	32.07	37.95	44.31	44.31	9 / 2							
reaction time 0.188	interval		4.86	4.93	5.11	5.38	5.64	5.88	6.36		# of strides	11.01	10.04	11.02	12.24	21.05	23.26	2.21
	velocity	8.13	10.29	10.14	9.78	9.29	8.87	8.50	7.86	9.03	171.0	9.08	9.96	9.07	8.17	9.50	8.60	
FINAL - 2024 London Athletics Meet (London, GBR)																	*Omega Timing (2024) - diamond league race analysis*
date 20-Jul-24	time	6.12	10.91	15.87	21.08	26.48	32.02	37.82	44.18	44.18	8 / 3							
reaction time 0.182	interval		4.79	4.96	5.21	5.40	5.54	5.80	6.36	PB	# of strides	10.91	10.17	10.94	12.16	21.08	23.10	2.02
	velocity	8.17	10.44	10.08	9.60	9.26	9.03	8.62	7.86	9.05		9.17	9.83	9.14	8.22	9.49	8.66	
Semi-Final 1 - 2023 World Athletics Championships (Budapest, HUN)																	*Seiko Timing (2023) - world championship race analysis*
date 22-Aug-23	time		10.92		20.91		32.20		44.76	44.76	4 / 4							
reaction time 0.160	interval				9.99		11.29		12.56		# of strides	10.92	9.99	11.29	12.56	20.91	23.85	2.94
	velocity		9.16		10.01		8.86		7.96	8.94	176.0	9.16	10.01	8.86	7.96	9.56	8.39	
Heat 3 - 2023 World Athletics Championships (Budapest, HUN)																	*Seiko Timing (2023) - world championship race analysis*
date 20-Aug-23	time		11.39		21.92		33.17		45.15	45.15	2 / 3							
reaction time 0.153	interval				10.53		11.25		11.98		# of strides	11.39	10.53	11.25	11.98	21.92	23.23	1.31
	velocity		8.78		9.50		8.89		8.35	8.86	169.5	8.78	9.50	8.89	8.35	9.12	8.61	
FINAL - 2022 Prefontaine Classic (Eugene, OR)																	*Omega Timing (2022) - diamond league race analysis*
date 28-May-22	time	5.98	10.72	15.76	21.07	26.58	32.28	38.26	44.79	44.79	7 / 5							
reaction time 0.159	interval		4.74	5.04	5.31	5.51	5.70	5.98	6.53	PB	# of strides	10.72	10.35	11.21	12.51	21.07	23.72	2.65
	velocity	8.36	10.55	9.92	9.42	9.07	8.77	8.36	7.66	8.93	175.5	9.33	9.66	8.92	7.99	9.49	8.43	

Richardson, Mark (GBR) (1972)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2000 ISTAF (Berlin, GER)																	*Graubner (2009) - http://www.fgs.uni-halle.de*
date 01-Sep-00	time		11.24		22.06		33.28		45.46	45.46	/ 2							
reaction time	interval				10.82		11.22		12.18		# of strides	11.24	10.82	11.22	12.18	22.06	23.40	1.34
	velocity		8.90		9.24		8.91		8.21	8.80		8.90	9.24	8.91	8.21	9.07	8.55	
FINAL - 1999 IAAF World Championships (Sevilla, ESP)																	*Ferro (2001) - biomechanical analysis of the 7th world championships, seville 1999*
date 26-Aug-99	time	6.08	10.98	16.02	21.28	26.66	32.27	38.16	44.65	44.65	1 / ~~6~~ 4							
reaction time 0.218	interval		4.90	5.04	5.26	5.38	5.61	5.89	6.49		# of strides	10.98	10.30	10.99	12.38	21.28	23.37	2.09
	velocity	8.22	10.20	9.92	9.51	9.29	8.91	8.49	7.70	8.96		9.11	9.71	9.10	8.08	9.40	8.56	
FINAL - 1997 IAAF World Championships (Athens, GRE)																	*Ritzdorf (1997) - biomechanical research project at the VI th world championships in athletics, Athens 1997*
date 05-Aug-97	time	5.91	10.89	16.09	21.33	26.71	32.25	37.97	44.23	44.47	5 / 4							
reaction time 0.245	interval		4.98	5.20	5.24	5.38	5.54	5.72	6.26	PB	# of strides	10.89	10.44	10.92	11.98	21.33	22.90	1.57
	velocity	8.46	10.04	9.62	9.54	9.29	9.03	8.74	7.99	8.99		9.18	9.58	9.16	8.35	9.38	8.73	

Rigau, Miguel (GER) (1985)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B FINAL - 2009 ISTAF (Berlin, GER)																	*Graubner (2009) - http://www.fgs.uni-halle.de*
date 14-Jun-09	time		11.38		22.11		33.83		46.87	46.87	/ 2							
reaction time 0.255	interval				10.73		11.72		13.04	PB	# of strides	11.38	10.73	11.72	13.04	22.11	24.76	2.65
	velocity		8.79		9.32		8.53		7.67	8.53		8.79	9.32	8.53	7.67	9.05	8.08	

Roberts, Gil (USA) (1989)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 3 - 2017 IAAF World Championships (London, GBR)																	*Pollitt (2018) - biomechanical report for the IAAF World Champs - London 2017 - Men's 400m*
date 06-Aug-17	time		10.68		20.68		31.84	37.94	44.67	44.84	7 / 3							
reaction time 0.170	interval				10.00		11.16	6.10	6.73		# of strides	10.68	10.00	11.16	12.83	20.68	23.99	3.31
	velocity		9.36		10.00		8.96	8.20	7.43	8.92	184.1	9.36	10.00	8.96	7.79	9.67	8.34	
FINAL - 2017 USATF National Championships (Sacramento, CA)																	*Lee (& Ferrara) (2017) - speedendurance.com/2017/07/13/400m-splits-from-usa-national-championships/*
date 24-Jun-17	time		10.98		20.86		31.92		44.22	44.22	6 / 2							
reaction time	interval				9.88		11.06		12.30	PB	# of strides	10.98	9.88	11.06	12.30	20.86	23.36	2.50
	velocity		9.11		10.12		9.04		8.13	9.05		9.11	10.12	9.04	8.13	9.59	8.56	
Semi-Final 1 - 2017 USATF National Championships (Sacramento, CA)																	*Lee (& Ferrara) (2017) - speedendurance.com/2017/07/13/400m-splits-from-usa-national-championships/*
date 24-Jun-17	time		11.24		21.52		32.40		44.33	44.33	/ 2							
reaction time	interval				10.28		10.88		11.93	PB	# of strides	11.24	10.28	10.88	11.93	21.52	22.81	1.29
	velocity		8.90		9.73		9.19		8.38	9.02		8.90	9.73	9.19	8.38	9.29	8.77	
Heat 2 - 2017 USATF National Championships (Sacramento, CA)																	*Lee (& Ferrara) (2017) - speedendurance.com/2017/07/13/400m-splits-from-usa-national-championships/*
date 24-Jun-17	time		11.08		21.19		32.32		44.63	44.63	/ 1							
reaction time	interval				10.11		11.13		12.31		# of strides	11.08	10.11	11.13	12.31	21.19	23.44	2.25
	velocity		9.03		9.89		8.98		8.12	8.96		9.03	9.89	8.98	8.12	9.44	8.53	
FINAL - 2016 USA Olympic Trials (Eugene, OR)																	*Track Newsletter (2016) - US olympic trials men*
date 03-Jul-16	time		10.7		21.0		32.1		44.7	44.73	6 / 2							
reaction time 0.171	interval				10.30		11.10		12.60		# of strides	10.70	10.30	11.10	12.60	21.00	23.70	2.70
	velocity		9.35		9.71		9.01		7.94	8.94		9.35	9.71	9.01	7.94	9.52	8.44	
FINAL - 2014 USATF National Championships (Sacramento, CA)																	*Track Newsletter (2014) - USATF men's championships*
date 28-Jun-14	time		11.0		21.5		32.8		44.5	44.53	/ 1							
reaction time	interval				10.5		11.3		11.7	PB	# of strides	11.00	10.50	11.30	11.70	21.50	23.00	1.50
	velocity		9.09		9.52		8.85		8.55	8.98		9.09	9.52	8.85	8.55	9.30	8.70	

Robinson, Auhmad (USA) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 4 - 2024 USA Olympic Trials (Eugene, OR)																	*USATF and Karmarush (2024) - USA Olympic trials results and race analysis*
date 21-Jun-24	time		11.59		22.30		33.97		46.02	46.02	8 / 6							
reaction time	interval				10.71		11.67		12.05		# of strides			11.67	12.05	22.30	23.72	1.42
	velocity		8.63		9.34		8.57		8.30	8.69	182.2			8.57	8.30	8.97	8.43	

Robinson, Chris (USA) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Long Hurdles - 2025 Grand Slam Track Philadelphia (Philadelphia, PA)																	*Grand Slam Track (2025) - results and splits by race*
date 01-Jun-25	time		11.24		22.05		33.34		45.62	45.62	8 / 2							
reaction time 0.188	interval				10.81		11.29		12.28		# of strides	11.24	10.81	11.29	12.28	22.05	23.57	1.52
	velocity		8.90		9.25		8.86		8.14	8.77		8.90	9.25	8.86	8.14	9.07	8.49	
Long Hurdles - 2025 Grand Slam Track Miami (Miramar, FL)																	*Grand Slam Track (2025) - results and splits by race*
date 04-May-25	time		11.17		21.49		32.63		44.86	44.86	7 / 2							
reaction time 0.230	interval				10.32		11.14		12.23		# of strides	11.17	10.32	11.14	12.23	21.49	23.37	1.88
	velocity		8.95		9.69		8.98		8.18	8.92		8.95	9.69	8.98	8.18	9.31	8.56	
Long Hurdles - 2025 Grand Slam Track Kingston (Kingston, JAM)																	*Grand Slam Track (2025) - results and splits by race*
date 06-Apr-25	time		11.05		21.25		32.24		45.54	45.54	4 / 2							
reaction time 0.160	interval				10.20		10.99		13.30	PB	# of strides	11.05	10.20	10.99	13.30	21.25	24.29	3.04
	velocity		9.05		9.80		9.10		7.52	8.78	173.0	9.05	9.80	9.10	7.52	9.41	8.23	

Robinson, Justin (USA) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2025 USATF Championships (Eugene, OR)																	*USATF and Karmarush (2025) - USATF championships results and race analysis*
date 02-Aug-25	time		11.45		22.04		33.30		45.73	45.73	3 / 8							
reaction time	interval				10.59		11.26		12.43		# of strides	11.45	10.59	11.26	12.43	22.04	23.69	1.65
	velocity		8.73		9.44		8.88		8.05	8.75	171.0	8.73	9.44	8.88	8.05	9.07	8.44	
Heat 1 - 2025 USATF Championships (Eugene, OR)																	*USATF and Karmarush (2025) - USATF championships results and race analysis*
date 01-Aug-25	time		10.96		21.14		32.33		44.70	44.70	6 / 4							
reaction time	interval				10.18		11.19		12.37		# of strides	10.96	10.18	11.19	12.37	21.14	23.56	2.42
	velocity		9.12		9.82		8.94		8.08	8.95		9.12	9.82	8.94	8.08	9.46	8.49	
FINAL - 2024 USA Olympic Trials (Eugene, OR)																	*USATF and Karmarush (2024) - USA Olympic trials results and race analysis*
date 24-Jun-24	time		11.03		21.39		32.92		46.08	46.08	1 / 9							
reaction time	interval				10.36		11.53		13.16		# of strides	11.03	10.36	11.53	13.16	21.39	24.69	3.30
	velocity		9.07		9.65		8.67		7.60	8.68		9.07	9.65	8.67	7.60	9.35	8.10	
Semi-Final 1 - 2024 USA Olympic Trials (Eugene, OR)																	*USATF and Karmarush (2024) - USA Olympic trials results and race analysis*
date 23-Jun-24	time		11.19		21.79		33.16		44.95	44.95	7 / 4							
reaction time	interval				10.60		11.37		11.79		# of strides	11.19	10.60	11.37	11.79	21.79	23.16	1.37
	velocity		8.94		9.43		8.80		8.48	8.90		8.94	9.43	8.80	8.48	9.18	8.64	
Heat 2 - 2024 USA Olympic Trials (Eugene, OR)																	*USATF and Karmarush (2024) - USA Olympic trials results and race analysis*
date 21-Jun-24	time		11.26		21.53		32.86		45.15	45.15	8 / 3							
reaction time	interval				10.27		11.33		12.29		# of strides	11.26	10.27	11.33	12.29	21.53	23.62	2.09
	velocity		8.88		9.74		8.83		8.14	8.86	167.0	8.88	9.74	8.83	8.14	9.29	8.47	

FINAL - 2023 USATF National Championships (Eugene, OR) *Track Newsletter (2023) - USATF championships/WCT men*

date	08-Jul-23	time	11.23		21.63		32.73		44.47	44.47	6 / 4						
reaction time	0.244	interval			10.40		11.10		11.74	PB	# of strides	11.23	10.40	11.10	11.74	21.63	22.84	1.21
		velocity	8.90		9.62		9.01		8.52	8.99		8.90	9.62	9.01	8.52	9.25	8.76	

Roćenović, Mihailo (MNR) (2007)

Semi-Final 1 - 2025 European Athletics U20 Championships (Tampere, FIN) *European Athletics (2025) - 2025 european athletics U20 championships - results book*

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date 08-Aug-25 time	6.42	11.60	16.81	22.24	28.02	34.21	40.80	48.09	48.09	3 / 6							
reaction time 0.117 interval		5.18	5.21	5.43	5.78	6.19	6.59	7.29		# of strides	11.60	10.64	11.97	13.88	22.24	25.85	3.61
velocity	7.79	9.65	9.60	9.21	8.65	8.08	7.59	6.86	8.32		8.62	9.40	8.35	7.20	8.99	7.74	

Rock, Andrew (USA) (1982)

FINAL - 2006 USATF National Championships (Indianapolis, IN) *Track Newsletter (2006) - USATF men's championships*

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date 24-Jun-06 time		11.34		21.62		32.48		44.45	44.45	5 / 1							
reaction time interval				10.28		10.86		11.97		# of strides	11.34	10.28	10.86	11.97	21.62	22.83	1.21
velocity		8.82		9.73		9.21		8.35	9.00	169.5	8.82	9.73	9.21	8.35	9.25	8.76	

FINAL - 2005 IAAF World Championships (Helsinki, FIN) *Track Newsletter (2005) - World championships- men*

date	12-Aug-05	time				32.4		44.4	44.35	7 / 2							
reaction time		interval						12.0	PB	# of strides				12.00			
		velocity				9.26		8.33	9.02	171.2				8.33			

FINAL - 2005 USATF National Championships (Carson, CA) *USATF Women's Sprint Development (2005)*

date	25-Jun-05	time		16.47	21.74	27.06	32.62	38.53	44.70	44.70	7 / 3						
reaction time		interval			5.27	5.32	5.56	5.91	6.17		# of strides			10.88	12.08	21.74	22.96	1.22
		velocity		9.11	9.49	9.40	8.99	8.46	8.10	8.95	174.0			9.19	8.28	9.20	8.71	

FINAL - 2004 USA Olympic Trials (Atlanta, GA) *USATF Women's Sprint Development (2004)*

date	15-Jul-04	time		11.38		21.74	27.14	32.73	38.59	44.95	44.95	6 / ~~6~~ 5						
reaction time		interval				10.36	5.40	5.59	5.86	6.36		# of strides	11.38	10.36	10.99	12.22	21.74	23.21	1.47
		velocity		8.79		9.65	9.26	8.94	8.53	7.86	8.90	171.5	8.79	9.65	9.10	8.18	9.20	8.62	

Semi-Final 2 - 2003 USATF National Championships (Palo Alto, CA) *USATF Women's Sprint Development (2003)*

date	20-Jun-03	time			21.67		33.55	39.54	46.13	46.13	7 / 6						
reaction time		interval					11.88	5.99	6.59		# of strides			11.88	12.58	21.67	24.46	2.79
		velocity			9.23		8.42	8.35	7.59	8.67				8.42	7.95	9.23	8.18	

Rogers, Denim (USA) (1998)

Decathlon - Heat 3 - 2024 USA Olympic Trials (Eugene, OR) *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	21-Jun-24	time		11.52		22.90		34.95		47.48	47.48	6 / 5						
reaction time		interval				11.38		12.05		12.53	PB	# of strides	11.52	11.38	12.05	12.53	22.90	24.58	1.68
		velocity		8.68		8.79		8.30		7.98	8.42		8.68	8.79	8.30	7.98	8.73	8.14	

Rooney, Martyn (GBR) (1987)

FINAL - 2021 Müller British Grand Prix (Gateshead, GBR) *Omega Timing (2021) - diamond league race analysis*

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date 13-Jul-21 time	6.4	11.6	17.0	22.6	28.3	34.3	40.7	47.74	47.74	3 / 7							
reaction time 0.146 interval		5.20	5.40	5.60	5.70	6.00	6.40	7.04		# of strides	11.60	11.00	11.70	13.44	22.60	25.14	2.54
velocity	7.81	9.62	9.26	8.93	8.77	8.33	7.81	7.10	8.38		8.62	9.09	8.55	7.44	8.85	7.96	

National FINAL - 2018 Müller Anniversary Games (London, GBR) *Omega Timing (2018) - diamond league race analysis*

date	21-Jul-18	time		11.4		22.0		33.3		46.11	46.11	5 / 2						
reaction time	0.140	interval				10.6		11.3		12.8		# of strides	11.40	10.60	11.30	12.81	22.00	24.11	2.11
		velocity		8.77		9.43		8.85		7.81	8.67		8.77	9.43	8.85	7.81	9.09	8.30	

Semi-Final 3 - 2015 IAAF World Championships (Beijing, CHN) *Yamamoto (2015) - race analysis of 15th World Championships 400m- focusing on men's semis and women's prelims*

date	24-Aug-15	time	6.23	11.21	16.33	21.65	27.18	32.69	38.66	45.29	45.29	8 / 6						
reaction time	0.153	interval		4.98	5.12	5.32	5.53	5.51	5.97	6.63		# of strides	11.21	10.44	11.04	12.60	21.65	23.64	1.99
		velocity	8.03	10.04	9.77	9.40	9.04	9.07	8.38	7.54	8.83	161.2	8.92	9.58	9.06	7.94	9.24	8.46	

Heat 7 - 2009 IAAF World Championships (Berlin, GER) *Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*

date	18-Aug-09	time		11.48		21.94		33.08		45.45	45.45	1 / 3						
reaction time	0.189	interval				10.46		11.14		12.37		# of strides	11.48	10.46	11.14	12.37	21.94	23.51	1.57
		velocity		8.71		9.56		8.98		8.08	8.80		8.71	9.56	8.98	8.08	9.12	8.51	

FINAL - 2008 IAAF World Athletic Final (Stuttgart, GER) *Graubner (2009) - http://www.fgs.uni-halle.de*

date	13-Sep-08	time		11.57		22.42		33.78		45.82	45.82	8 / 5						
reaction time	0.179	interval				10.85		11.36		12.04		# of strides	11.57	10.85	11.36	12.04	22.42	23.40	0.98
		velocity		8.64		9.22		8.80		8.31	8.73		8.64	9.22	8.80	8.31	8.92	8.55	

FINAL - 2008 Olympic Games (Beijing, CHN) *Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*

date	21-Aug-08	time				21.5		32.1		45.1	45.12	8 / 6						
reaction time	0.208	interval						10.60		13.00		# of strides			10.60	13.00	21.50	23.60	2.10
		velocity				9.30		9.43		7.69	8.87	167.2			9.43	7.69	9.30	8.47	

FINAL - 2007 IAAF World Athletic Final (Stuttgart, GER) *Graubner (2007) - http://www.fgs.uni-halle.de*

date	22-Sep-07	time		11.42		22.18		39.92		46.25	46.25	1 / 6						
reaction time	0.155	interval				10.76		17.74		6.33		# of strides	11.42	10.76	17.74	6.33	22.18	24.07	1.89
		velocity		8.76		9.29		5.64		15.80	8.65		8.76	9.29	5.64	15.80	9.02	8.31	

Roosen, Sven (NED) (2001)

Decathlon - Heat 3 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date 02-Aug-24 time	6.49	11.66	16.94	22.40	28.15	34.13	40.16	46.40	46.40	2 / 2							
reaction time 0.170 interval		5.17	5.28	5.46	5.75	5.98	6.03	6.24	PB	# of strides	11.66	10.74	11.73	12.27	22.40	24.00	1.60
velocity	7.70	9.67	9.47	9.16	8.70	8.36	8.29	8.01	8.62	183.0	8.58	9.31	8.53	8.15	8.93	8.33	

Rooth, Markus (NOR) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 2 - 2024 Olympic Games (Paris, FRA)																	*Paris 2024 Olympic Games - Results Book (2024)*
date 02-Aug-24 time	6.52	11.95	17.47	23.16	28.94	34.93	41.11	47.69	47.69	8 / 3							
reaction time 0.163 interval		5.43	5.52	5.69	5.78	5.99	6.18	6.58	PB	# of strides	11.95	11.21	11.77	12.76	23.16	24.53	1.37
velocity	7.67	9.21	9.06	8.79	8.65	8.35	8.09	7.60	8.39	178.0	8.37	8.92	8.50	7.84	8.64	8.15	
Decathlon - Heat 1 - 2023 World Athletics Championships (Budapest, HUN)																	*Seiko Timing (2023) - world championship race analysis*
date 25-Aug-23 time		11.93		23.48		35.12		48.27	48.27	7 / 1							
reaction time 0.143 interval				11.55		11.64		13.15	PB	# of strides	11.93	11.55	11.64	13.15	23.48	24.79	1.31
velocity		8.38		8.66		8.59		7.60	8.29	183.5	8.38	8.66	8.59	7.60	8.52	8.07	

Ross, Randolph (USA) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 3 - 2025 USATF Championships (Eugene, OR)																	*USATF and Karmarush (2025) - USATF championships results and race analysis*
date 01-Aug-25 time		10.97		21.55		33.02		46.32	46.32	7 / 4							
reaction time interval				10.58		11.47		13.30		# of strides	10.97	10.58	11.47	13.30	21.55	24.77	3.22
velocity		9.12		9.45		8.72		7.52	8.64		9.12	9.45	8.72	7.52	9.28	8.07	
FINAL - 2022 USATF National Championships (Eugene, OR)																	*Track Newsletter (2022) - USATF championships men*
date 25-Jun-22 time		10.94		21.29		32.29		44.17	44.17	/ ~~3~~							
reaction time interval				10.35		11.00		11.88	DV	# of strides	10.94	10.35	11.00	11.88	21.29	22.88	1.59
velocity		9.14		9.66		9.09		8.42	9.06		9.14	9.66	9.09	8.42	9.39	8.74	
FINAL - 2022 NCAA Championships (Eugene, OR)																	*Track Newsletter (2022) - NCAA championships men*
date 10-Jun-22 time				21.0		31.9		44.1	44.13	/ 1							
reaction time interval						10.90		12.20		# of strides			10.90	12.20	21.00	23.10	2.10
velocity				9.52		9.17		8.20	9.06				9.17	8.20	9.52	8.66	

Rosser, Khallifah (USA) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Long Hurdles - 2025 Grand Slam Track Miami (Miramar, FL)																	*Grand Slam Track (2025) - results and splits by race*
date 04-May-25 time		11.45		22.39		34.07		46.99	46.99	3 / 6							
reaction time 0.210 interval				10.94		11.68		12.92		# of strides	11.45	10.94	11.68	12.92	22.39	24.60	2.21
velocity		8.73		9.14		8.56		7.74	8.51		8.73	9.14	8.56	7.74	8.93	8.13	

Roun, Jindrich (TCH) (1965)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1991 European Cup (Frankfurt, GER)																	*Federle (2003) - http://www.fgs.uni-halle.de*
date 29-Jun-91 time		11.56		22.01		33.24		46.17	46.17	/ 6							
reaction time interval				10.45		11.23		12.93		# of strides	11.56	10.45	11.23	12.93	22.01	24.16	2.15
velocity		8.65		9.57		8.90		7.73	8.66		8.65	9.57	8.90	7.73	9.09	8.28	

Rouser, Jason (USA) (1970)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1996 USA Olympic Trials (Atlanta, GA)																	*USATF Women's Sprint Development (1996)*
date 19-Jun-96 time		10.98		21.40		32.59	38.39	44.77	44.77	1 / ~~7~~ 6							
reaction time interval				10.42		11.19	5.80	6.38	=PB	# of strides	10.98	10.42	11.19	12.18	21.40	23.37	1.97
velocity		9.11		9.60		8.94	8.62	7.84	8.93		9.11	9.60	8.94	8.21	9.35	8.56	
Semi-Final 2 - 1996 USA Olympic Trials (Atlanta, GA)																	*USATF Women's Sprint Development (1996)*
date 17-Jun-96 time		11.04		21.76		32.80	38.50	44.77	44.77	2 / 4							
reaction time interval				10.72		11.04	5.70	6.27	PB	# of strides	11.04	10.72	11.04	11.97	21.76	23.01	1.25
velocity		9.06		9.33		9.06	8.77	7.97	8.93		9.06	9.33	9.06	8.35	9.19	8.69	

Ruch, Tilo (GER) (1983)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B FINAL - 2009 ISTAF (Berlin, GER)																	*Graubner (2009) - http://www.fgs.uni-halle.de*
date 14-Jun-09 time		11.40		22.43		34.21		47.43	47.43	/ 5							
reaction time 0.297 interval				11.03		11.78		13.22		# of strides	11.40	11.03	11.78	13.22	22.43	25.00	2.57
velocity		8.77		9.07		8.49		7.56	8.43		8.77	9.07	8.49	7.56	8.92	8.00	

Russell, Alonzo (BAH) (1992)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 2 - 2023 World Athletics Championships (Budapest, HUN)																	*Seiko Timing (2023) - world championship race analysis*
date 20-Aug-23 time		11.29		21.63		33.31		46.95	46.95	5 / ~~7~~ 6							
reaction time 0.188 interval				10.34		11.68		13.64		# of strides	11.29	10.34	11.68	13.64	21.63	25.32	3.69
velocity		8.86		9.67		8.56		7.33	8.52	179.7	8.86	9.67	8.56	7.33	9.25	7.90	
Semi-Final 3 - 2022 Commonwealth Games (Birmingham, GBR)																	*Longines Timing (2022) - commonwealth games race analysis*
date 05-Aug-22 time	6.1	11.0	16.2	21.6	27.4	33.4	39.6	46.40	46.40	9 / 4							
reaction time 0.227 interval		4.90	5.20	5.40	5.80	6.00	6.20	6.80		# of strides	11.00	10.60	11.80	13.00	21.60	24.80	3.20
velocity	8.20	10.20	9.62	9.26	8.62	8.33	8.06	7.35	8.62	180.0	9.09	9.43	8.47	7.69	9.26	8.06	

Ryota, Seto (JPN) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2017 Osaka University Athletics Championships (Osaka, JPN)																	*(2017) - tfdata-store.com/2017/04/07/post-249/*
date 06-Apr-17 time		11.75		22.79		34.60		47.44	47.44	4 / 1							
reaction time interval				11.04		11.81		12.84	PB	# of strides	11.75	11.04	11.81	12.84	22.79	24.65	1.86
velocity		8.51		9.06		8.47		7.79	8.43	179.2	8.51	9.06	8.47	7.79	8.78	8.11	

Ryotaro, Masaki (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2019 Shimane High School Championships (Izumo, JPN)																	*Shimizu (2019) - shimane high school championships 2019 - biomechanics data analysis*
date 24-May-19 time		13.04		25.66		38.71		51.72	51.72	9 / 8							
reaction time interval				12.62		13.05		13.01		# of strides	13.04	12.62	13.05	13.01	25.66	26.06	0.40
velocity		7.67		7.92		7.66		7.69	7.73		7.67	7.92	7.66	7.69	7.79	7.67	

Rysiukiewicz, Piotr (POL) (1974)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 2 - 2002 European Championships (Munich, GER)																	*Graubner (2009) - http://www.fgs.uni-halle.de*
date 07-Aug-02 time		11.40		22.09		33.74		46.15	46.15	/ 5							
reaction time 0.187 interval				10.69		11.65		12.41		# of strides	11.40	10.69	11.65	12.41	22.09	24.06	1.97
velocity		8.77		9.35		8.58		8.06	8.67		8.77	9.35	8.58	8.06	9.05	8.31	

Heat 4 - 2002 European Championships (Munich, GER) — *Graubner (2009) - http://www.fgs.uni-halle.de*

date	06-Aug-02	time		11.64		22.43		33.07		46.44	46.44	/ 4						
reaction time	0.216	interval				10.79		10.64		13.37		# of strides	11.64	10.79	10.64	13.37	22.43	24.01	1.58
		velocity		8.59		9.27		9.40		7.48	8.61		8.59	9.27	9.40	7.48	8.92	8.33	

Sacoor, Jonathan (BEL) (1999)

Invitational - 2025 Memorial van Damme (Brussels, BEL) — *Omega Timing (2025) - diamond league race analysis*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	22-Aug-25	time	6.19	11.16	16.24	21.53	27.01	32.72	38.73	45.39	45.39	4 / 3							
reaction time	0.160	interval		4.97	5.08	5.29	5.48	5.71	6.01	6.66		# of strides	11.16	10.37	11.19	12.67	21.53	23.86	2.33
		velocity	8.08	10.06	9.84	9.45	9.12	8.76	8.32	7.51	8.81		8.96	9.64	8.94	7.89	9.29	8.38	

FINAL - 2024 Memorial van damme (Brussels, BEL) — *Omega Timing (2024) - diamond league race analysis*

date	13-Sep-24	time	6.16	11.08	16.18	21.37	26.88	32.72	38.98	45.93	45.93	1 / 6							
reaction time	0.202	interval		4.92	5.10	5.19	5.51	5.84	6.26	6.95		# of strides	11.08	10.29	11.35	13.21	21.37	24.56	3.19
		velocity	8.12	10.16	9.80	9.63	9.07	8.56	7.99	7.19	8.71	172.0	9.03	9.72	8.81	7.57	9.36	8.14	

Heat 4 - 2024 Olympic Games (Paris, FRA) — *Paris 2024 Olympic Games - Results Book (2024)*

date	04-Aug-24	time	6.30	11.40	16.52	21.74	27.12	32.74	38.61	45.08	45.08	8 / 4							
reaction time	0.146	interval		5.10	5.12	5.22	5.38	5.62	5.87	6.47		# of strides	11.40	10.34	11.00	12.34	21.74	23.34	1.60
		velocity	7.94	9.80	9.77	9.58	9.29	8.90	8.52	7.73	8.87	169.0	8.77	9.67	9.09	8.10	9.20	8.57	

FINAL - 2024 European Athletics Championships (Roma, ITA) — *European Athletics (2024) - 2024 european athletics championships - results book*

date	10-Jun-24	time		11.10		21.44		32.42		44.98	44.98	5 / 4							
reaction time	0.184	interval				10.34		10.98		12.56	PB	# of strides	11.10	10.34	10.98	12.56	21.44	23.54	2.10
		velocity		9.01		9.67		9.11		7.96	8.89	169.5	9.01	9.67	9.11	7.96	9.33	8.50	

Semi-Final 1 - 2024 European Athletics Championships (Roma, ITA) — *European Athletics (2024) - 2024 european athletics championships - results book*

date	09-Jun-24	time		11.17		21.59		32.64		44.99	44.99	4 / 2							
reaction time	0.165	interval				10.42		11.05		12.35	PB	# of strides	11.17	10.42	11.05	12.35	21.59	23.40	1.81
		velocity		8.95		9.60		9.05		8.10	8.89	171.7	8.95	9.60	9.05	8.10	9.26	8.55	

Heat 1 - 2024 European Athletics Championships (Roma, ITA) — *European Athletics (2024) - 2024 european athletics championships - results book*

date	08-Jun-24	time		11.44		22.19		33.42		45.50	45.50	8 / 1							
reaction time	0.174	interval				10.75		11.23		12.08		# of strides	11.44	10.75	11.23	12.08	22.19	23.31	1.12
		velocity		8.74		9.30		8.90		8.28	8.79		8.74	9.30	8.90	8.28	9.01	8.58	

B Race - 2023 Memorial van Damme (Brussels, BEL) — *Omega Timing (2023) - diamond league race analysis*

date	08-Sep-23	time	6.25	11.23	16.42	21.75	27.23	33.03	39.28	46.18	46.18	2 / 8							
reaction time	0.141	interval		4.98	5.19	5.33	5.48	5.80	6.25	6.90		# of strides	11.23	10.52	11.28	13.15	21.75	24.43	2.68
		velocity	8.00	10.04	9.63	9.38	9.12	8.62	8.00	7.25	8.66		8.90	9.51	8.87	7.60	9.20	8.19	

FINAL - 2022 Memorial van Damme (Brussels, BEL) — *Omega Timing (2022) - diamond league race analysis*

date	02-Sep-22	time	6.46	11.64	16.90	22.36	27.90	33.69	39.85	46.60	46.60	4 / 7							
reaction time	0.153	interval		5.18	5.26	5.46	5.54	5.79	6.16	6.75		# of strides	11.64	10.72	11.33	12.91	22.36	24.24	1.88
		velocity	7.74	9.65	9.51	9.16	9.03	8.64	8.12	7.41	8.58		8.59	9.33	8.83	7.75	8.94	8.25	

FINAL - 2021 Memorial van Damme (Brussels, BEL) — *Omega Timing (2021) - diamond league race analysis*

date	03-Sep-21	time	6.3	11.3	16.5	21.9	27.4	33.3	39.6	46.66	46.66	1 / 8							
reaction time	0.127	interval		5.00	5.20	5.40	5.50	5.90	6.30	7.06		# of strides	11.30	10.60	11.40	13.36	21.90	24.76	2.86
		velocity	7.94	10.00	9.62	9.26	9.09	8.47	7.94	7.08	8.57		8.85	9.43	8.77	7.49	9.13	8.08	

FINAL - 2019 Memorial van Damme (Brussels, BEL) — *Omega Timing (2019) - diamond league race analysis*

date	06-Sep-19	time	6.2	11.1	16.2	21.5	27.1	32.9	39.0	45.72	45.72	9 / 7							
reaction time	0.147	interval		4.9	5.1	5.3	5.6	5.8	6.1	12.8		# of strides	11.10	10.40	11.40	12.82	21.50	24.22	2.72
		velocity	8.06	10.20	9.80	9.43	8.93	8.62	8.20	7.80	8.75		9.01	9.62	8.77	7.80	9.30	8.26	

FINAL - 2018 IAAF World Junior Championships (Tampere, FIN) — *Koyama (2018) - research on athlete performance and technique- 2018 data book*

date	13-Jul-18	time	6.24	11.29	16.40	21.80	27.35	33.00	38.83	45.03	45.03	5 / 1							
reaction time	0.154	interval		5.05	5.11	5.40	5.55	5.65	5.83	6.20	NJR	# of strides	11.29	10.51	11.20	12.03	21.80	23.23	1.43
		velocity	8.01	9.90	9.78	9.26	9.01	8.85	8.58	8.06	8.88		8.86	9.51	8.93	8.31	9.17	8.61	

Saito, Jona (JPN)

FINAL - 2019 Shimane High School Championships (Izumo, JPN) — *Shimizu (2019) - shimane high school championships 2019 - biomechanics data analysis*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	24-May-19	time		12.09		23.71		36.00		49.30	49.30	6 / 1							
reaction time		interval				11.62		12.29		13.30		# of strides	12.09	11.62	12.29	13.30	23.71	25.59	1.88
		velocity		8.27		8.61		8.14		7.52	8.11		8.27	8.61	8.14	7.52	8.44	7.82	

FINAL - 2018 Shimane High School Championships (Izumo, JPN) — *Shimizu (2018) - shimane high school championships 2018 - biomechanics data analysis*

date	25-May-18	time		12.26		24.27		39.63		50.08	50.09	5 / 2							
reaction time		interval				12.01		15.36		10.45		# of strides	12.26	12.01	15.36	10.45	24.27	25.81	1.54
		velocity		8.16		8.33		6.51		9.57	7.99		8.16	8.33	6.51	9.57	8.24	7.75	

Saito, Ryohei (JPN) (1999)

U19 Semi-Final 1 - 2017 National Sports Festival (Matsuyama, JPN) — *(2017) - tfdata-store.com/2017/10/12/post-1100/*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	08-Oct-17	time		11.68		22.72		34.44		47.52	47.52	6 / 5							
reaction time	0.198	interval				11.04		11.72		13.08		# of strides	11.68	11.04	11.72	13.08	22.72	24.80	2.08
		velocity		8.56		9.06		8.53		7.65	8.42	181.0	8.56	9.06	8.53	7.65	8.80	8.06	

Sakaguchi, Amagi (JPN) (1999)

FINAL - 2016 Japanese National Youth Championships (Mizuho, JPN) — *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	21-Oct-16	time	6.59	11.94	17.42	23.03	28.86	34.95	41.31	48.14	48.14	7 / 6							
reaction time		interval		5.35	5.48	5.61	5.83	6.09	6.36	6.83		# of strides	11.94	11.09	11.92	13.19	23.03	25.11	2.08
		velocity	7.59	9.35	9.12	8.91	8.58	8.21	7.86	7.32	8.31		8.38	9.02	8.39	7.58	8.68	7.96	

Sakai, Yu (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Division 2 Semi-Final 1 - 2017 Kanto Collegiate Championships (Yokohama, JPN)																	*(2017) - tfdata-store.com/2017/06/02/post-835/*
date 26-May-17	time	12.23		23.61		35.67		48.92	48.92	9 / 8							
reaction time	interval			11.38		12.06		13.25		# of strides	12.23	11.38	12.06	13.25	23.61	25.31	1.70
	velocity	8.18		8.79		8.29		7.55	8.18	194.0	8.18	8.79	8.29	7.55	8.47	7.90	

Sakamoto, Yuto (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2019 Shimane High School Championships (Izumo, JPN)																	*Shimizu (2019) - shimane high school championships 2019 - biomechanics data analysis*
date 24-May-19	time	12.90		25.36		38.03		50.97	50.97	7 / 4							
reaction time	interval			12.46		12.67		12.94		# of strides	12.90	12.46	12.67	12.94	25.36	25.61	0.25
	velocity	7.75		8.03		7.89		7.73	7.85		7.75	8.03	7.89	7.73	7.89	7.81	

Sakurai, Naoya (JPN) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Division 1 Semi-Final 1 - 2017 Kanto Collegiate Championships (Yokohama, JPN)																	*(2017) - tfdata-store.com/2017/06/02/post-835/*
date 26-May-17	time	11.70		22.81		34.93		48.30	48.30	6 / ~~6~~ 5							
reaction time	interval			11.11		12.12		13.37		# of strides	11.70	11.11	12.12	13.37	22.81	25.49	2.68
	velocity	8.55		9.00		8.25		7.48	8.28	185.2	8.55	9.00	8.25	7.48	8.77	7.85	

Sakurai, Takahiro (JPN) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2012 Japanese National High School Championships (Niigata, JPN)																	*Yasunori (2012) - 65th high school championships: JAF scientific committee- biomechanics*
date 29-Jul-12	time	12.11		24.05		36.48		48.72	48.72	7 / 5							
reaction time	interval			11.94		12.43		12.24		# of strides	12.11	11.94	12.43	12.24	24.05	24.67	0.62
	velocity	8.26		8.38		8.05		8.17	8.21		8.26	8.38	8.05	8.17	8.32	8.11	

Salem, Abdulaziz (QAT)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2019 Doha (Doha, QAT)																	*Omega Timing (2019) - diamond league race analysis*
date 03-May-19	time	11.4		22.0		33.7		47.30	47.30	3 / 3							
reaction time 0.176	interval			10.6		11.7		13.6	PB	# of strides	11.40	10.60	11.70	13.60	22.00	25.30	3.30
	velocity	8.77		9.43		8.55		7.35	8.46		8.77	9.43	8.55	7.35	9.09	7.91	

Salisbury, John (GBR) (1934)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1958 European Championships (Stockholm, SWE)																	*Quercetani (1958) - great european title meet*
date 21-Aug-58	time					33.9		46.5	46.5	4 / 2							
reaction time	interval							12.6		# of strides							
	velocity					8.85		7.94	8.60								

Samba, Abderrahman (QAT) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2019 Herculis Meeting International d'Athlétisme (Monaco, MON)																	*Omega Timing (2019) - diamond league race analysis*
date 12-Jul-19	time	11.2		21.6		32.8		45.00	45.00	3 / 2							
reaction time 0.141	interval			10.4		11.2		12.2		# of strides	11.20	10.40	11.20	12.20	21.60	23.40	1.80
	velocity	8.93		9.62		8.93		8.20	8.89		8.93	9.62	8.93	8.20	9.26	8.55	
FINAL - 2018 Müller Anniversary Games (London, GBR)																	*Omega Timing (2018) - diamond league race analysis*
date 21-Jul-18	time	11.4		21.8		32.8		44.62	44.62	2 / 5							
reaction time 0.179	interval			10.4		11.0		11.8	PB	# of strides	11.40	10.40	11.00	11.82	21.80	22.82	1.02
	velocity	8.77		9.62		9.09		8.46	8.96	179.7	8.77	9.62	9.09	8.46	9.17	8.76	

Samukonga, Muzala (ZAM) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 3 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 16-Sep-25	time	11.04		21.53		32.69		44.60	44.60	9 / 3							
reaction time 0.193	interval			10.49		11.16		11.91		# of strides	11.04	10.49	11.16	11.91	21.53	23.07	1.54
	velocity	9.06		9.53		8.96		8.40	8.97	176.0	9.06	9.53	8.96	8.40	9.29	8.67	
Heat 4 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 14-Sep-25	time	11.08		21.53		32.77		44.56	44.56	6 / 3							
reaction time 0.187	interval			10.45		11.24		11.79		# of strides	11.08	10.45	11.24	11.79	21.53	23.03	1.50
	velocity	9.03		9.57		8.90		8.48	8.98		9.03	9.57	8.90	8.48	9.29	8.68	
FINAL - 2025 Weltklasse (Zürich, SUI)																	*Omega Timing (2025) - diamond league race analysis*
date 28-Aug-25	time	6.15	10.92	15.92	21.17	26.64	32.39	38.30	44.49	44.49	3 / 4						
reaction time 0.205	interval		4.77	5.00	5.25	5.47	5.75	5.91	6.19		# of strides	10.92	10.25	11.22	12.10	21.17	23.32	2.15
	velocity	8.13	10.48	10.00	9.52	9.14	8.70	8.46	8.08	8.99		9.16	9.76	8.91	8.26	9.45	8.58	
FINAL - 2025 Memorial van Damme (Brussels, BEL)																	*Omega Timing (2025) - diamond league race analysis*
date 22-Aug-25	time	6.21	10.97	15.98	21.32	26.89	32.70	38.69	44.91	44.91	4 / 5						
reaction time 0.265	interval		4.76	5.01	5.34	5.57	5.81	5.99	6.22		# of strides	10.97	10.35	11.38	12.21	21.32	23.59	2.27
	velocity	8.05	10.50	9.98	9.36	8.98	8.61	8.35	8.04	8.91		9.12	9.66	8.79	8.19	9.38	8.48	
FINAL - 2025 Prefontaine Classic (Eugene, OR)																	*Omega Timing (2025) - diamond league race analysis*
date 05-Jul-25	time	6.16	11.06	16.25	21.67	27.20	32.81	38.48	44.49	44.49	3 / 5						
reaction time 0.184	interval		4.90	5.19	5.42	5.53	5.61	5.67	6.01		# of strides	11.06	10.61	11.14	11.68	21.67	22.82	1.15
	velocity	8.12	10.20	9.63	9.23	9.04	8.91	8.82	8.32	8.99		9.04	9.43	8.98	8.56	9.23	8.76	
Long Sprints - 2025 Grand Slam Track Philadelphia (Philadelphia, PA)																	*Grand Slam Track (2025) - results and splits by race*
date 31-May-25	time	14.28		24.69		36.22		45.10	45.10	5 / 4							
reaction time 0.190	interval			10.41		11.53		8.88		# of strides	14.28	10.41	11.53	8.88	24.69	20.41	-4.28
	velocity	7.00		9.61		8.67		11.26	8.87		7.00	9.61	8.67	11.26	8.10	9.80	
Long Sprints - 2025 Grand Slam Track Miami (Miramar, FL)																	*Grand Slam Track (2025) - results and splits by race*
date 03-May-25	time	13.18		21.54		32.74		44.56	44.56	5 / 4							
reaction time 0.210	interval			8.36		11.20		11.82		# of strides	13.18	8.36	11.20	11.82	21.54	23.02	1.48
	velocity	7.59		11.96		8.93		8.46	8.98		7.59	11.96	8.93	8.46	9.29	8.69	
FINAL - 2024 Memorial van damme (Brussels, BEL)																	*Omega Timing (2024) - diamond league race analysis*
date 13-Sep-24	time	6.16	10.92	15.92	21.25	26.85	32.62	38.54	44.69	44.69	6 / 3						

reaction time	0.172	interval		4.76	5.00	5.33	5.60	5.77	5.92	6.15		# of strides	10.92	10.33	11.37	12.07	21.25	23.44	2.19
		velocity	8.12	10.50	10.00	9.38	8.93	8.67	8.45	8.13	8.95	177.7	9.16	9.68	8.80	8.29	9.41	8.53	

FINAL - 2024 Golden Gala Pietro Mennea (Roma, ITA) *Omega Timing (2024) - diamond league race analysis*

date	30-Aug-24	time	6.10	10.83	15.90	21.22	26.74	32.39	38.12	43.99	43.99	4 / 1						
reaction time	0.183	interval		4.73	5.07	5.32	5.52	5.65	5.73	5.87		# of strides	10.83	10.39	11.17	11.60	21.22	22.77	1.55
		velocity	8.20	10.57	9.86	9.40	9.06	8.85	8.73	8.52	9.09	173.0	9.23	9.62	8.95	8.62	9.43	8.78	

FINAL - 2024 Athletissima (Lausanne, SUI) *Omega Timing (2024) - diamond league race analysis*

date	22-Aug-24	time	6.17	11.00	16.03	21.33	26.77	32.41	38.08	44.06	44.06	6 / 2						
reaction time	0.207	interval		4.83	5.03	5.30	5.44	5.64	5.67	5.98		# of strides	11.00	10.33	11.08	11.65	21.33	22.73	1.40
		velocity	8.10	10.35	9.94	9.43	9.19	8.87	8.82	8.36	9.08	175.0	9.09	9.68	9.03	8.58	9.38	8.80	

FINAL - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	07-Aug-24	time	6.11	10.87	15.78	20.95	26.35	31.91	37.68	43.74	43.74	7 / 3						
reaction time	0.185	interval		4.76	4.91	5.17	5.40	5.56	5.77	6.06	NR PB	# of strides	10.87	10.08	10.96	11.83	20.95	22.79	1.84
		velocity	8.18	10.50	10.18	9.67	9.26	8.99	8.67	8.25	9.14	176.0	9.20	9.92	9.12	8.45	9.55	8.78	

Semi-Final 2 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	06-Aug-24	time	6.06	10.77	15.72	20.88	26.26	31.91	37.76	43.81	43.81	5 / 2						
reaction time	0.162	interval		4.71	4.95	5.16	5.38	5.65	5.85	6.05	NR PB	# of strides	10.77	10.11	11.03	11.90	20.88	22.93	2.05
		velocity	8.25	10.62	10.10	9.69	9.29	8.85	8.55	8.26	9.13	177.0	9.29	9.89	9.07	8.40	9.58	8.72	

Heat 3 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	04-Aug-24	time	6.10	10.83	15.83	21.09	26.51	32.15	38.03	44.56	44.56	3 / 1						
reaction time	0.151	interval		4.73	5.00	5.26	5.42	5.64	5.88	6.53		# of strides	10.83	10.26	11.06	12.41	21.09	23.47	2.38
		velocity	8.20	10.57	10.00	9.51	9.23	8.87	8.50	7.66	8.98	177.0	9.23	9.75	9.04	8.06	9.48	8.52	

FINAL - 2024 Seashore Doha Meeting (Doha, QAT) *Omega Timing (2024) - diamond league race analysis*

date	10-May-24	time	6.11	10.99	16.19	21.66	27.30	33.17	38.98	45.07	45.07	3 / 2						
reaction time	0.175	interval		4.88	5.20	5.47	5.64	5.87	5.81	6.09		# of strides	10.99	10.67	11.51	11.90	21.66	23.41	1.75
		velocity	8.18	10.25	9.62	9.14	8.87	8.52	8.61	8.21	8.88		9.10	9.37	8.69	8.40	9.23	8.54	

FINAL - 2023 Kamila Skolimowska Memorial (Chorzów, POL) *Omega Timing (2023) - diamond league race analysis*

date	16-Jul-23	time	6.27	11.22	21.80						dnf	3 / --						
reaction time	0.218	interval		4.95	10.58							# of strides	11.22						
		velocity	7.97	10.10	4.73								8.91						

FINAL - 2022 Commonwealth Games (Birmingham, GBR) *Longines Timing (2022) - commonwealth games race analysis*

date	07-Aug-22	time	6.3	11.3	16.5	21.9	27.3	32.9	38.5	44.66	44.66	8 / 1						
reaction time	0.195	interval		5.00	5.20	5.40	5.40	5.60	5.60	6.16	NR PB	# of strides	11.30	10.60	11.00	11.76	21.90	22.76	0.86
		velocity	7.94	10.00	9.62	9.26	9.26	8.93	8.93	8.12	8.96	172.7	8.85	9.43	9.09	8.50	9.13	8.79	

Semi-Final 2 - 2022 Commonwealth Games (Birmingham, GBR) *Longines Timing (2022) - commonwealth games race analysis*

date	05-Aug-22	time	6.3	11.4	16.9	22.6	28.3	34.1	39.8	46.06	46.06	6 / 2						
reaction time	0.244	interval		5.10	5.50	5.70	5.70	5.80	5.70	6.26		# of strides	11.40	11.20	11.50	11.96	22.60	23.46	0.86
		velocity	7.94	9.80	9.09	8.77	8.77	8.62	8.77	7.99	8.68	176.0	8.77	8.93	8.70	8.36	8.85	8.53	

Semi-Final 2 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	20-Jul-22	time		11.45		22.03		33.15		45.02	45.02	6 / 3						
reaction time	0.196	interval				10.58		11.12		11.87	PB	# of strides	11.45	10.58	11.12	11.87	22.03	22.99	0.96
		velocity		8.73		9.45		8.99		8.42	8.88	175.0	8.73	9.45	8.99	8.42	9.08	8.70	

Heat 3 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	17-Jul-22	time		11.27		21.83		33.33		45.82	45.82	7 / 2						
reaction time	0.180	interval				10.56		11.50		12.49		# of strides	11.27	10.56	11.50	12.49	21.83	23.99	2.16
		velocity		8.87		9.47		8.70		8.01	8.73	180.0	8.87	9.47	8.70	8.01	9.16	8.34	

Sanada, Tadahi (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2016 China Perfecture High School Championships (Okayama, JPN)										*(2016.06.20) - https://twitter.com/touchdown_time/media?lang=en&lang=en&lang=en&lang=en*							
date 17-Jun-16 time		12.27		23.24		35.04		48.25	48.25	4 / 3							
reaction time interval				10.97		11.80		13.21		# of strides	12.27	10.97	11.80	13.21	23.24	25.01	1.77
velocity		8.15		9.12		8.47		7.57	8.29		8.15	9.12	8.47	7.57	8.61	8.00	

Sanders, Manuel (GER) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 3 - 2024 European Athletics Championships (Roma, ITA)										*European Athletics (2024) - 2024 european athletics championships - results book*							
date 09-Jun-24 time		11.32		21.76		33.23		46.03	46.03	7 / ~~7~~ 6							
reaction time interval				10.44		11.47		12.80		# of strides	11.32	10.44	11.47	12.80	21.76	24.27	2.51
velocity		8.83		9.58		8.72		7.81	8.69	165.7	8.83	9.58	8.72	7.81	9.19	8.24	

Heat 6 - 2023 World Athletics Championships (Budapest, HUN) *Seiko Timing (2023) - world championship race analysis*

date	20-Aug-23	time		11.61		21.90		33.31		45.34	45.34	6 / 4						
reaction time	0.187	interval				10.29		11.41		12.03		# of strides	11.61	10.29	11.41	12.03	21.90	23.44	1.54
		velocity		8.61		9.72		8.76		8.31	8.82	164.0	8.61	9.72	8.76	8.31	9.13	8.53	

A Final - 2023 European Team Championships, First Division (Chorzów, POL) *European Athletics (2023) - 3rd european games, athletics - results book*

date	23-Jun-23	time		11.44		21.72		33.08		45.24	45.24	4 / 4						
reaction time	0.174	interval				10.28		11.36		12.16	PB	# of strides	11.44	10.28	11.36	12.16	21.72	23.52	1.80
		velocity		8.74		9.73		8.80		8.22	8.84	161.5	8.74	9.73	8.80	8.22	9.21	8.50	

Heat 1 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	17-Jul-22	time		11.54		22.11		33.60		46.21	46.21	4 / 4						
reaction time	0.185	interval				10.57		11.49		12.61		# of strides	11.54	10.57	11.49	12.61	22.11	24.10	1.99
		velocity		8.67		9.46		8.70		7.93	8.66		8.67	9.46	8.70	7.93	9.05	8.30	

Sanderson, Adian (USA) (1985)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2003 USATF National Junior Championships (Palo Alto, CA)																	*USATF Women's Sprint Development (2003)*
date 22-Jun-03 time				22.57		34.48	40.66	47.47	47.47	6 / 7							
reaction time interval						11.91	6.18	6.81		# of strides			11.91	12.99	22.57	24.90	2.33
velocity				8.86		8.40	8.09	7.34	8.43				8.40	7.70	8.86	8.03	

Sanford, Donald (USA) (1987)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2010 NCAA Championships (Eugene, OR)																	*Track Newsletter (2010) - NCAA men's championships*
date 11-Jun-10 time				21.9		33.2		45.2	45.21	/ 2							
reaction time interval						11.3		12.0	PB	# of strides			11.30	12.00	21.90	23.30	1.40
velocity				9.13		8.85		8.33	8.85				8.85	8.33	9.13	8.58	

Sang, Julius (KEN) (1948)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1972 Olympic Games (Munich, FRG)																	*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*
date 07-Sep-72 time				21.6		32.7		45.0	44.92	5 / 3							
reaction time interval						11.10		12.30		# of strides			11.10	12.30	21.60	23.40	1.80
velocity				9.26		9.01		8.13	8.90	180.0			9.01	8.13	9.26	8.55	

Santos, Luguelin (DOM) (1993)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2022 Bislett Games (Oslo, NOR)																	*Omega Timing (2022) - diamond league race analysis*
date 16-Jun-22 time	6.39	11.43	16.53	21.73	27.23	33.14	39.32	45.92	45.92	1 / 7							
reaction time 0.174 interval		5.04	5.10	5.20	5.50	5.91	6.18	6.60		# of strides	11.43	10.30	11.41	12.78	21.73	24.19	2.46
velocity	7.82	9.92	9.80	9.62	9.09	8.46	8.09	7.58	8.71	190.0	8.75	9.71	8.76	7.82	9.20	8.27	
FINAL - 2018 Weltklasse (Zürich, SUI)																	*Omega Timing (2018) - diamond league race analysis*
date 30-Aug-18 time		11.7		22.2		33.6		46.17	46.17	8 / 6							
reaction time 0.221 interval				10.5		11.4		12.6		# of strides	11.70	10.50	11.40	12.57	22.20	23.97	1.77
velocity		8.55		9.52		8.77		7.96	8.66		8.55	9.52	8.77	7.96	9.01	8.34	
FINAL - 2018 Müller Grand Prix (Birmingham, GBR)																	*Omega Timing (2018) - diamond league race analysis*
date 18-Aug-18 time		11.8		22.6		33.8		45.81	45.81	3 / 5							
reaction time 0.207 interval				10.8		11.2		12.0		# of strides	11.80	10.80	11.20	12.01	22.60	23.21	0.61
velocity		8.47		9.26		8.93		8.33	8.73	184.2	8.47	9.26	8.93	8.33	8.85	8.62	
FINAL - 2015 IAAF World Championships (Beijing, CHN)																	*Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*
date 26-Aug-15 time	6.36	11.23	16.23	21.32	26.56	32.05	37.89	44.11	44.11	7 / 4							
reaction time 0.188 interval		4.87	5.00	5.09	5.24	5.49	5.84	6.22	NR	# of strides	11.23	10.09	10.73	12.06	21.32	22.79	1.47
velocity	7.86	10.27	10.00	9.82	9.54	9.11	8.56	8.04	9.07	187.2	8.90	9.91	9.32	8.29	9.38	8.78	
Semi-Final 1 - 2015 IAAF World Championships (Beijing, CHN)																	*Yamamoto (2015) - race analysis of 15th World Championships 400m- focusing on men's semis and women's prelims*
date 24-Aug-15 time	6.31	11.37	16.48	21.65	26.93	32.38	38.12	44.26	44.26	6 / 2							
reaction time 0.175 interval		5.06	5.11	5.17	5.28	5.45	5.74	6.14	NR / PB	# of strides	11.37	10.28	10.73	11.88	21.65	22.61	0.96
velocity	7.92	9.88	9.78	9.67	9.47	9.17	8.71	8.14	9.04	186.0	8.80	9.73	9.32	8.42	9.24	8.85	
FINAL - 2013 IAAF World Championships (Moscow, RUS)																	(2013) - www.trackandfieldnews.com/index.php?option=com_content&view=article&id=1698
date 13-Aug-13 time		11.6		22.0		32.7		44.5	44.52	7 / 3							
reaction time 0.350 interval				10.40		10.70		11.80		# of strides	11.60	10.40	10.70	11.80	22.00	22.50	0.50
velocity		8.62		9.62		9.35		8.47	8.98		8.62	9.62	9.35	8.47	9.09	8.89	
FINAL - 2012 Olympic Games (London, GBR)																	*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*
date 06-Aug-12 time		11.1		21.4		32.2		44.5	44.46	7 / 2							
reaction time 0.185 interval				10.30		10.80		12.30		# of strides	11.10	10.30	10.80	12.30	21.40	23.10	1.70
velocity		9.01		9.71		9.26		8.13	9.00	186.5	9.01	9.71	9.26	8.13	9.35	8.66	
Heat 1 - 2012 Olympic Games (London, GBR)																	Hadley (2012) - uka 2012 olympic games report: 400m, 4x 400m
date 04-Aug-12 time				21.10				45.04	45.04	7 / 1							
reaction time 0.187 interval								23.94		# of strides					21.10	23.94	2.84
velocity				9.48				8.35	8.88	188.7					9.48	8.35	

Sargsyan, Davit (ARM) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B Final - 2023 European Team Championships, Third Division (Chorzów, POL)																	*European Athletics (2023) - 3rd european games, athletics - results book*
date 20-Jun-23 time		12.01		23.53		36.16		50.15	50.15	7 / 4							
reaction time 0.184 interval				11.52		12.63		13.99		# of strides	12.01	11.52	12.63	13.99	23.53	26.62	3.09
velocity		8.33		8.68		7.92		7.15	7.98		8.33	8.68	7.92	7.15	8.50	7.51	

Sasaki, Hayata (JPN) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2017 Osaka University Athletics Championships (Osaka, JPN)																	*(2017) - tfdata-store.com/2017/04/07/post-249/*
date 06-Apr-17 time		11.93		22.92		35.22		48.79	48.79	9 / 7							
reaction time interval				10.99		12.30		13.57		# of strides	11.93	10.99	12.30	13.57	22.92	25.87	2.95
velocity		8.38		9.10		8.13		7.37	8.20		8.38	9.10	8.13	7.37	8.73	7.73	

Sasaki, Manato (JPN) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2015 Japanese National High School Championships (Wakayama, JPN)																	*Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*
date 29-Jul-15 time	6.40	11.74	17.32	23.19	29.12	35.08	41.18	47.55	47.55	/ 4							
reaction time interval		5.34	5.58	5.87	5.93	5.96	6.10	6.37		# of strides	11.74	11.45	11.89	12.47	23.19	24.36	1.17
velocity	7.81	9.36	8.96	8.52	8.43	8.39	8.20	7.85	8.41		8.52	8.73	8.41	8.02	8.62	8.21	
FINAL - 2014 Japanese National High School Championships (Kofu, JPN)																	*Yanagiya (2014) - research on athlete performance and technique- 2014 data book*
date 30-Jul-14 time	6.30	11.59	16.88	22.35	27.99	34.10	40.54	47.37	47.37	/ 3							
reaction time interval		5.29	5.29	5.47	5.64	6.11	6.44	6.83		# of strides	11.59	10.76	11.75	13.27	22.35	25.02	2.67
velocity	7.94	9.45	9.45	9.14	8.87	8.18	7.76	7.32	8.44		8.63	9.29	8.51	7.54	8.95	7.99	

Sasaki, Yudai (JPN) (1986)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2006 Seiko Super Grand Prix (Yokohama, JPN)																	*Hisashi (2007) - Super Grand Prix 2006 - sprinting speed changes in the 400m*
date 24-Sep-06 time	6.3	11.5	16.6	22.1	27.8	33.7	39.8	46.59	46.59	1 / 7							

reaction time		interval		5.20	5.10	5.50	5.70	5.90	6.10	6.79		# of strides	11.50	10.60	11.60	12.89	22.10	24.49	2.39
		velocity	7.94	9.62	9.80	9.09	8.77	8.47	8.20	7.36	8.59		8.70	9.43	8.62	7.76	9.05	8.17	

Satake, Yuzuki (JPN) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2021 Japanese High School National Championships (Fukui, JPN) — *Shibayama (2021) - national high school and U20 national championhsips*

date	28-Jul-21	time	6.61	11.97	17.42	23.12	29.09	35.36	41.66	48.28	48.28	1 / 5							
reaction time	0.146	interval		5.36	5.45	5.70	5.97	6.27	6.30	6.62		# of strides	11.97	11.15	12.24	12.92	23.12	25.16	2.04
		velocity	7.56	9.33	9.17	8.77	8.38	7.97	7.94	7.55	8.29		8.35	8.97	8.17	7.74	8.65	7.95	

Sato, Fuga (JPN) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Heat 1 - 2025 World Athletics Championships (Tokyo, JPN) — *Seiko Timing (2025) - 2025 World Championships race analysis*

date	14-Sep-25	time		11.49		22.06		33.25		45.10	45.10	2 / 5							
reaction time	0.170	interval				10.57		11.19		11.85		# of strides	11.49	10.57	11.19	11.85	22.06	23.04	0.98
		velocity		8.70		9.46		8.94		8.44	8.87	169.2	8.70	9.46	8.94	8.44	9.07	8.68	

Heat 6 - 2024 Olympic Games (Paris, FRA) — *Paris 2024 Olympic Games - Results Book (2024)*

date	04-Aug-24	time	6.18	11.16	16.28	21.65	27.22	33.03	39.23	46.13	46.13	8 / 6							
reaction time	0.163	interval		4.98	5.12	5.37	5.57	5.81	6.20	6.90		# of strides	11.16	10.49	11.38	13.10	21.65	24.48	2.83
		velocity	8.09	10.04	9.77	9.31	8.98	8.61	8.06	7.25	8.67	176.0	8.96	9.53	8.79	7.63	9.24	8.17	

Semi-Final 2 - 2023 World Athletics Championships (Budapest, HUN) — *Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*

date	22-Aug-23	time	6.02	10.88	15.85	21.09	26.60	32.40	38.38	44.88	44.88	6 / 4							
reaction time	0.150	interval		4.86	4.97	5.24	5.51	5.80	5.98	6.50	PB	# of strides	10.88	10.21	11.31	12.48	21.09	23.79	2.70
		velocity	8.31	10.29	10.06	9.54	9.07	8.62	8.36	7.69	8.91	173.0	9.19	9.79	8.84	8.01	9.48	8.41	

Heat 4 - 2023 World Athletics Championships (Budapest, HUN) — *Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*

date	20-Aug-23	time	6.12	11.13	16.25	21.54	27.02	32.73	38.69	44.97	44.97	5 / 2							
reaction time	0.167	interval		5.01	5.12	5.29	5.48	5.71	5.96	6.28	PB	# of strides	11.13	10.41	11.19	12.24	21.54	23.43	1.89
		velocity	8.17	9.98	9.77	9.45	9.12	8.76	8.39	7.96	8.89	176.0	8.98	9.61	8.94	8.17	9.29	8.54	

FINAL - 2023 Japanese National Championsips (Osaka, JPN) — *Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*

date	04-Jun-23	time	6.06	11.11	16.22	21.47	26.90	32.62	38.74	45.26	45.26	6 / 2							
reaction time	0.199	interval		5.05	5.11	5.25	5.43	5.72	6.12	6.52	PB	# of strides	11.11	10.36	11.15	12.64	21.47	23.79	2.32
		velocity	8.25	9.90	9.78	9.52	9.21	8.74	8.17	7.67	8.84	174.5	9.00	9.65	8.97	7.91	9.32	8.41	

Heat 1 - 2023 Japanese National Championsips (Osaka, JPN) — *Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*

date	03-Jun-23	time	6.13	11.12	16.22	21.53	27.10	32.95	39.06	45.62	45.62	6 / 1							
reaction time	0.180	interval		4.99	5.10	5.31	5.57	5.85	6.11	6.56		# of strides	11.12	10.41	11.42	12.67	21.53	24.09	2.56
		velocity	8.16	10.02	9.80	9.42	8.98	8.55	8.18	7.62	8.77	175.0	8.99	9.61	8.76	7.89	9.29	8.30	

FINAL - 2023 Seiko Golden Grand Prix (Yokohama, JPN) — *Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*

date	21-May-23	time	6.04	11.06	16.27	21.63	27.21	33.06	39.13	45.52	45.52	4 / 3							
reaction time	0.151	interval		5.02	5.21	5.36	5.58	5.85	6.07	6.39		# of strides	11.06	10.57	11.43	12.46	21.63	23.89	2.26
		velocity	8.28	9.96	9.60	9.33	8.96	8.55	8.24	7.82	8.79	175.0	9.04	9.46	8.75	8.03	9.25	8.37	

Semi-Final 2 - 2022 World Athletics Championships (Eugene, OR) — *Timing by Seiko (2022) - world athletics championships race analysis*

date	20-Jul-22	time		11.45		22.21		33.42		45.71	45.71	1 / 5							
reaction time	0.175	interval				10.76		11.21		12.29		# of strides	11.45	10.76	11.21	12.29	22.21	23.50	1.29
		velocity		8.73		9.29		8.92		8.14	8.75	175.0	8.73	9.29	8.92	8.14	9.00	8.51	

Heat 5 - 2022 World Athletics Championships (Eugene, OR) — *Timing by Seiko (2022) - world athletics championships race analysis*

date	17-Jul-22	time		11.25		21.72		33.19		45.88	45.88	5 / 4							
reaction time	0.170	interval				10.47		11.47		12.69		# of strides	11.25	10.47	11.47	12.69	21.72	24.16	2.44
		velocity		8.89		9.55		8.72		7.88	8.72	177.0	8.89	9.55	8.72	7.88	9.21	8.28	

FINAL - 2021 All Japan Corporate Championships (Osaka, JPN) — *@ohnishigundan (2021) - https://twitter.com/ohnishigundan/status/1441633743874117633*

date	25-Sep-21	time		11.09		21.80		33.42		45.73	45.84	7 / 1							
reaction time	0.192	interval				10.71		11.62		12.31		# of strides	11.09	10.71	11.62	12.31	21.80	23.93	2.13
		velocity		9.02		9.34		8.61		8.12	8.73		9.02	9.34	8.61	8.12	9.17	8.36	

Heat 3 - 2021 All Japan Corporate Championships (Osaka, JPN) — *@ohnishigundan (2021) - https://twitter.com/ohnishigundan/status/1441633743874117633*

date	25-Sep-21	time		10.99		21.52		33.23		46.21	46.38	5 / 1							
reaction time	0.202	interval				10.53		11.71		12.98		# of strides	10.99	10.53	11.71	12.98	21.52	24.69	3.17
		velocity		9.10		9.50		8.54		7.70	8.62		9.10	9.50	8.54	7.70	9.29	8.10	

Final - 2021 Japanese National Championships (Osaka, JPN) — *Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition*

date	25-Jun-21	time	6.29	11.47	16.82	22.42	28.18	34.09	40.17	46.70	46.70	3 / 5							
reaction time	0.190	interval		5.18	5.35	5.60	5.76	5.91	6.08	6.53		# of strides	11.47	10.95	11.67	12.61	22.42	24.28	1.86
		velocity	7.95	9.65	9.35	8.93	8.68	8.46	8.22	7.66	8.57		8.72	9.13	8.57	7.93	8.92	8.24	

Final - 2021 Denka Athletics Challenge Cup (Niigata, JPN) — *Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition*

date	06-Jun-21	time	6.22	11.27	16.43	21.82	27.37	33.26	39.43	46.04	46.04	8 / 3							
reaction time		interval		5.05	5.16	5.39	5.55	5.89	6.17	6.61		# of strides	11.27	10.55	11.44	12.78	21.82	24.22	2.40
		velocity	8.04	9.90	9.69	9.28	9.01	8.49	8.10	7.56	8.69	178.7	8.87	9.48	8.74	7.82	9.17	8.26	

B FINAL - 2021 Shizuoka International Athletics Meeting (Fukuroi, JPN) — *Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition*

date	03-May-21	time	6.20	11.32	16.53	21.97	27.64	33.55	39.90	46.99	46.99	6 / 5							
reaction time	0.184	interval		5.12	5.21	5.44	5.67	5.91	6.35	7.09		# of strides	11.32	10.65	11.58	13.44	21.97	25.02	3.05
		velocity	8.06	9.77	9.60	9.19	8.82	8.46	7.87	7.05	8.51		8.83	9.39	8.64	7.44	9.10	7.99	

FINAL - 2020 Japanese National Championships (Niigata, JPN) — *Yamanaka (2020) - 400m race analysis of men and women during 2020 season*

date	02-Oct-20	time	6.43	11.53	16.82	22.38	28.07	33.89	39.93	46.50	46.50	9 / 3							
reaction time	0.176	interval		5.10	5.29	5.56	5.69	5.82	6.04	6.57		# of strides	11.53	10.85	11.51	12.61	22.38	24.12	1.74
		velocity	7.78	9.80	9.45	8.99	8.79	8.59	8.28	7.61	8.60	180.7	8.67	9.22	8.69	7.93	8.94	8.29	

Heat 3 - 2020 Japanese National Championships (Niigata, JPN) — *Yamanaka (2020) - 400m race analysis of men and women during 2020 season*

date	01-Oct-20	time	6.48	11.75	17.08	22.63	28.29	34.15	40.27	46.86	46.86	4 / 2						
reaction time	0.180	interval		5.27	5.33	5.55	5.66	5.86	6.12	6.59		# of strides	11.75	10.88	11.52	12.71	22.63	24.23	1.60
		velocity	7.72	9.49	9.38	9.01	8.83	8.53	8.17	7.59	8.54		8.51	9.19	8.68	7.87	8.84	8.25	

FINAL - 2020 All Japan Corporate Championships (Kumagaya, JPN) — *Yamanaka (2020) - 400m race analysis of men and women during 2020 season*

date	19-Sep-20	time	6.62	11.92	17.27	22.71	28.29	34.01	39.97	46.39	46.39	4 / 1						
reaction time	0.240	interval		5.30	5.35	5.44	5.58	5.72	5.96	6.42		# of strides	11.92	10.79	11.30	12.38	22.71	23.68	0.97
		velocity	7.55	9.43	9.35	9.19	8.96	8.74	8.39	7.79	8.62		8.39	9.27	8.85	8.08	8.81	8.45	

FINAL - 2020 World Athletics Trials (Fuji, JPN) — *Yamanaka (2020) - 400m race analysis of men and women during 2020 season*

date	06-Sep-20	time	6.39	11.58	16.83	22.19	27.70	33.38	39.44	46.15	46.15	3 / 1						
reaction time		interval		5.19	5.25	5.36	5.51	5.68	6.06	6.71		# of strides	11.58	10.61	11.19	12.77	22.19	23.96	1.77
		velocity	7.82	9.63	9.52	9.33	9.07	8.80	8.25	7.45	8.67	177.5	8.64	9.43	8.94	7.83	9.01	8.35	

FINAL - 2017 National Sports Festival (Matsuyama, JPN) — *(2017) - tfdata-store.com/2017/10/12/post-1100/*

date	08-Oct-17	time		11.55		22.69		34.59		47.37	47.37	2 / 5						
reaction time	0.215	interval				11.14		11.90		12.78		# of strides	11.55	11.14	11.90	12.78	22.69	24.68	1.99
		velocity		8.66		8.98		8.40		7.82	8.44	179.2	8.66	8.98	8.40	7.82	8.81	8.10	

Heat 2 - 2017 National Sports Festival (Matsuyama, JPN) — *(2017) - tfdata-store.com/2017/10/12/post-1100/*

date	08-Oct-17	time		11.46		21.97		33.71		46.80	46.80	4 / 3						
reaction time	0.205	interval				10.51		11.74		13.09		# of strides	11.46	10.51	11.74	13.09	21.97	24.83	2.86
		velocity		8.73		9.51		8.52		7.64	8.55	180.0	8.73	9.51	8.52	7.64	9.10	8.05	

Heat 1 - 2017 Japanese National Championships (Osaka, JPN) — *(2017) - tfdata-store.com/2017/07/08/post-965/*

date	23-Jun-17	time		11.37		21.84		33.23		45.99	45.99	7 / 5						
reaction time	0.193	interval				10.47		11.39		12.76	**PB**	# of strides	11.37	10.47	11.39	12.76	21.84	24.15	2.31
		velocity		8.80		9.55		8.78		7.84	8.70	178.2	8.80	9.55	8.78	7.84	9.16	8.28	

Division 2 FINAL - 2017 Kanto Collegiate Championships (Yokohama, JPN) — *(2017) - tfdata-store.com/2017/06/01/post-786/*

date	26-May-17	time		11.22		21.51		33.04		46.32	46.32	5 / 1						
reaction time		interval				10.29		11.53		13.28	**PB**	# of strides	11.22	10.29	11.53	13.28	21.51	24.81	3.30
		velocity		8.91		9.72		8.67		7.53	8.64	181.2	8.91	9.72	8.67	7.53	9.30	8.06	

Division 2 Semi-Final 1 - 2017 Kanto Collegiate Championships (Yokohama, JPN) — *(2017) - tfdata-store.com/2017/06/02/post-835/*

date	26-May-17	time		11.45		22.10		33.57		47.08	47.08	7 / 1						
reaction time		interval				10.65		11.47		13.51		# of strides	11.45	10.65	11.47	13.51	22.10	24.98	2.88
		velocity		8.73		9.39		8.72		7.40	8.50	179.0	8.73	9.39	8.72	7.40	9.05	8.01	

FINAL - 2016 National Sports Festival (Kitakami, JPN) — *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	09-Oct-16	time	6.62	12.16	17.83	23.67	29.38	35.20	41.25	47.72	47.72	6 / 7						
reaction time	0.226	interval		5.54	5.67	5.84	5.71	5.82	6.05	6.47		# of strides	12.16	11.51	11.53	12.52	23.67	24.05	0.38
		velocity	7.55	9.03	8.82	8.56	8.76	8.59	8.26	7.73	8.38		8.22	8.69	8.67	7.99	8.45	8.32	

Sato, Hiroki (JPN) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2017 Kansai Regional University Championships (Osaka, JPN) — *(2017) - tfdata-store.com/2017/05/13/post-441/*

date	11-May-17	time		11.46				33.84		47.03	47.03	9 / 3						
reaction time		interval						22.38		13.19		# of strides	11.46			13.19			
		velocity		8.73				8.94		7.58	8.51	186.7	8.73			7.58			

FINAL - 2017 Osaka University Athletics Championships (Osaka, JPN) — *(2017) - tfdata-store.com/2017/04/07/post-249/*

date	06-Apr-17	time		11.71		22.67		34.55		47.82	47.82	7 / 3						
reaction time		interval				10.96		11.88		13.27		# of strides	11.71	10.96	11.88	13.27	22.67	25.15	2.48
		velocity		8.54		9.12		8.42		7.54	8.36	188.2	8.54	9.12	8.42	7.54	8.82	7.95	

Sato, Keitaro (JPN) (1991)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2008 Japanese National High School Championships (Kumagaya, JPN) — *Abe (2008) - 61st high school championships: JAF scientific committee- biomechanics data*

date	29-Jul-08	time	6.57	11.95	17.40	23.03	28.81	34.53	40.43	46.86	46.86	/ 1						
reaction time		interval		5.38	5.45	5.63	5.78	5.72	5.90	6.43		# of strides	11.95	11.08	11.50	12.33	23.03	23.83	0.80
		velocity	7.61	9.29	9.17	8.88	8.65	8.74	8.47	7.78	8.54		8.37	9.03	8.70	8.11	8.68	8.39	

FINAL - 2007 Japanese National High School Championships (Saga, JPN) — *Hitorara (2007) - 60st high school championships: JAF scientific committee- biomechanics data*

date	02-Aug-07	time	6.32	12.04	18.07	24.32	30.54	36.51	42.41	48.68	48.68	/ 1						
reaction time		interval		5.72	6.03	6.25	6.22	5.97	5.90	6.27		# of strides	12.04	12.28	12.19	12.17	24.32	24.36	0.04
		velocity	7.91	8.74	8.29	8.00	8.04	8.38	8.47	7.97	8.22		8.31	8.14	8.20	8.22	8.22	8.21	

Sato, Kentaro (JPN) (1994)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Heat 1 - 2024 Olympic Games (Paris, FRA) — *Paris 2024 Olympic Games - Results Book (2024)*

date	04-Aug-24	time	6.30	11.41	16.59	21.85	27.32	33.01	39.09	45.60	45.60	2 / 5						
reaction time	0.185	interval		5.11	5.18	5.26	5.47	5.69	6.08	6.51		# of strides	11.41	10.44	11.16	12.59	21.85	23.75	1.90
		velocity	7.94	9.78	9.65	9.51	9.14	8.79	8.22	7.68	8.77	175.0	8.76	9.58	8.96	7.94	9.15	8.42	

FINAL - 2023 Japanese National Sports Festival (Kagoshima, JPN) (300m) — *Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*

date	15-Oct-23	time	6.29	11.34	16.41	21.64	26.97	32.59			32.59	6 / 1						***100m-300m***
reaction time	0.191	interval		5.05	5.07	5.23	5.33	5.62				# of strides	11.34	10.30	10.95		21.64		*21.25*
		velocity	7.95	9.90	9.86	9.56	9.38	8.90			9.21	131.5	8.82	9.71	9.13		9.24		*9.41*

Semi-Final 1 - 2023 World Athletics Championships (Budapest, HUN) — *Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*

date	22-Aug-23	time	6.11	11.11	16.22	21.45	26.82	32.56	38.56	44.99	44.99	6 / 5						
reaction time	0.180	interval		5.00	5.11	5.23	5.37	5.74	6.00	6.43		# of strides	11.11	10.34	11.11	12.43	21.45	23.54	2.09
		velocity	8.18	10.00	9.78	9.56	9.31	8.71	8.33	7.78	8.89	174.0	9.00	9.67	9.00	8.05	9.32	8.50	

Heat 1 - 2023 World Athletics Championships (Budapest, HUN) — *Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*

date	20-Aug-23	time	6.24	11.31	16.46	21.71	27.07	32.71	38.59	44.77	44.77	6 / 2						

reaction time	0.172	interval		5.07	5.15	5.25	5.36	5.64	5.88	6.18	NR PB	# of strides	11.31	10.40	11.00	12.06	21.71	23.06	1.35
		velocity	8.01	9.86	9.71	9.52	9.33	8.87	8.50	8.09	8.93	174.5	8.84	9.62	9.09	8.29	9.21	8.67	

FINAL - 2023 Japanese National Championsips (Osaka, JPN) *Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*

date	04-Jun-23	time	6.16	11.16	16.28	21.55	26.97	32.80	38.95	45.47	45.47	4 / 3							
reaction time	0.232	interval		5.00	5.12	5.27	5.42	5.83	6.15	6.52		# of strides	11.16	10.39	11.25	12.67	21.55	23.92	2.37
		velocity	8.12	10.00	9.77	9.49	9.23	8.58	8.13	7.67	8.80		8.96	9.62	8.89	7.89	9.28	8.36	

Heat 2 - 2023 Japanese National Championsips (Osaka, JPN) *Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*

date	03-Jun-23	time	6.15	11.21	16.33	21.62	27.16	33.13	39.43	46.06	46.06	7 / 1							
reaction time	0.185	interval		5.06	5.12	5.29	5.54	5.97	6.30	6.63		# of strides	11.21	10.41	11.51	12.93	21.62	24.44	2.82
		velocity	8.13	9.88	9.77	9.45	9.03	8.38	7.94	7.54	8.68		8.92	9.61	8.69	7.73	9.25	8.18	

FINAL - 2023 Seiko Golden Grand Prix (Yokohama, JPN) *Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*

date	21-May-23	time	6.01	11.00	16.15	21.49	27.02	32.89	39.17	45.75	45.75	5 / 5							
reaction time	0.163	interval		4.99	5.15	5.34	5.53	5.87	6.28	6.58		# of strides	11.00	10.49	11.40	12.86	21.49	24.26	2.77
		velocity	8.32	10.02	9.71	9.36	9.04	8.52	7.96	7.60	8.74		175.5	9.09	9.53	8.77	7.78	9.31	8.24

FINAL - 2021 Japanese National Championships (Osaka, JPN) *Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition*

date	25-Jun-21	time	6.18	11.18	16.33	21.77	27.46	33.45	39.57	46.08	46.06	4 / 2							
reaction time	0.217	interval		5.00	5.15	5.44	5.69	5.99	6.12	6.51		# of strides	11.18	10.59	11.68	12.63	21.77	24.31	2.54
		velocity	8.09	10.00	9.71	9.19	8.79	8.35	8.17	7.68	8.68		8.94	9.44	8.56	7.92	9.19	8.23	

Final - 2021 Denka Athletics Challenge Cup (Niigata, JPN) *Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition*

date	06-Jun-21	time	6.17	11.07	16.13	21.35	26.89	32.90	39.25	45.95	45.95	3 / 2							
reaction time		interval		4.90	5.06	5.22	5.54	6.01	6.35	6.70		# of strides	11.07	10.28	11.55	13.05	21.35	24.60	3.25
		velocity	8.10	10.20	9.88	9.58	9.03	8.32	7.87	7.46	8.71		9.03	9.73	8.66	7.66	9.37	8.13	

FINAL - 2021 Ready Steady Tokyo (Tokyo, JPN) *Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition*

date	09-May-21	time	6.04	10.93	15.97	21.33	27.03	32.97	39.11	45.61	45.61	7 / 1							
reaction time	0.176	interval		4.89	5.04	5.36	5.70	5.94	6.14	6.50		# of strides	10.93	10.40	11.64	12.64	21.33	24.28	2.95
		velocity	8.28	10.22	9.92	9.33	8.77	8.42	8.14	7.69	8.77		178.0	9.15	9.62	8.59	7.91	9.38	8.24

FINAL - 2020 Japanese National Championships (Niigata, JPN) *Yamanaka (2020) - 400m race analysis of men and women during 2020 season*

date	02-Oct-20	time	6.10	11.06	16.15	21.61	27.30	33.40	39.75	46.81	46.81	6 / 6							
reaction time	0.175	interval		4.96	5.09	5.46	5.69	6.10	6.35	7.06		# of strides	11.06	10.55	11.79	13.41	21.61	25.20	3.59
		velocity	8.20	10.08	9.82	9.16	8.79	8.20	7.87	7.08	8.55		178.2	9.04	9.48	8.48	7.46	9.25	7.94

Heat 1 - 2020 Japanese National Championships (Niigata, JPN) *Yamanaka (2020) - 400m race analysis of men and women during 2020 season*

date	01-Oct-20	time	6.13	11.13	16.20	21.53	27.12	33.35	39.84	46.77	46.77	3 / 1							
reaction time	0.183	interval		5.00	5.07	5.33	5.59	6.23	6.49	6.93		# of strides	11.13	10.40	11.82	13.42	21.53	25.24	3.71
		velocity	8.16	10.00	9.86	9.38	8.94	8.03	7.70	7.22	8.55		8.98	9.62	8.46	7.45	9.29	7.92	

FINAL - 2020 All Japan Corporate Championships (Kumagaya, JPN) *Yamanaka (2020) - 400m race analysis of men and women during 2020 season*

date	19-Sep-20	time	6.24	11.33	16.55	21.99	27.86	34.36	41.24	48.65	48.65	2 / 8							
reaction time	0.225	interval		5.09	5.22	5.44	5.87	6.50	6.88	7.41		# of strides	11.33	10.66	12.37	14.29	21.99	26.66	4.67
		velocity	8.01	9.82	9.58	9.19	8.52	7.69	7.27	6.75	8.22		8.83	9.38	8.08	7.00	9.10	7.50	

FINAL - 2020 Seiko Golden Grand Prix (Tokyo, JPN) *Yamanaka (2020) - 400m race analysis of men and women during 2020 season*

date	23-Aug-20	time	6.05	11.02	16.13	21.56	27.24	33.41	39.94	46.95	46.95	6 / 4							
reaction time	0.150	interval		4.97	5.11	5.43	5.68	6.17	6.53	7.01		# of strides	11.02	10.54	11.85	13.54	21.56	25.39	3.83
		velocity	8.26	10.06	9.78	9.21	8.80	8.10	7.66	7.13	8.52		9.07	9.49	8.44	7.39	9.28	7.88	

FINAL - 2019 Japanese World Championships Trials (Fujiyoshida, JPN) *Yamanaka (2019) - race analysis of men and women 400m competition*

date	01-Sep-19	time	6.30	11.32	16.52	21.95	27.59	33.56	39.75	46.36	46.36	6 / 4							
reaction time		interval		5.02	5.20	5.43	5.64	5.97	6.19	6.61		# of strides	11.32	10.63	11.61	12.80	21.95	24.41	2.46
		velocity	7.94	9.96	9.62	9.21	8.87	8.38	8.08	7.56	8.63		179.0	8.83	9.41	8.61	7.81	9.11	8.19

FINAL - 2019 Japanese National Championships (Fukuoka, JPN) *Yamanaka (2019) - research on athlete performance and technique- 2019 data book*

date	28-Jun-19	time	6.18	11.14	16.23	21.55	27.17	33.15	39.41	46.19	46.19	7 / 3							
reaction time	0.165	interval		4.96	5.09	5.32	5.62	5.98	6.26	6.78		# of strides	11.14	10.41	11.60	13.04	21.55	24.64	3.09
		velocity	8.09	10.08	9.82	9.40	8.90	8.36	7.99	7.37	8.66		181.0	8.98	9.61	8.62	7.67	9.28	8.12

Heat 3 - 2019 Japanese National Championships (Fukuoka, JPN) *Yamanaka (2019) - race analysis of men and women 400m competition*

date	27-Jun-19	time	6.13	11.11	16.27	21.76	27.47	33.50	39.74	46.25	46.25	7 / 1							
reaction time	0.166	interval		4.98	5.16	5.49	5.71	6.03	6.24	6.51		# of strides	11.11	10.65	11.74	12.75	21.76	24.49	2.73
		velocity	8.16	10.04	9.69	9.11	8.76	8.29	8.01	7.68	8.65		9.00	9.39	8.52	7.84	9.19	8.17	

FINAL - 2019 Seiko Golden Grand Prix (Osaka, JPN) *Hirokawa (2019) - research on athlete performance and technique- 2019 data book*

date	19-May-19	time	6.27	11.35	16.54	21.92	27.51	33.64	40.06	46.92	46.92	3 / 4							
reaction time	0.167	interval		5.08	5.19	5.38	5.59	6.13	6.42	6.86		# of strides	11.35	10.57	11.72	13.28	21.92	25.00	3.08
		velocity	7.97	9.84	9.63	9.29	8.94	8.16	7.79	7.29	8.53		181.0	8.81	9.46	8.53	7.53	9.12	8.00

A FINAL - 2019 Shizuoka International Athletics Meeting (Fukuroi, JPN) *Kobayashi (2019) - research on athlete performance and technique- 2019 data book*

date	03-May-19	time	6.21	11.26	16.48	21.83	27.51	33.58	39.94	46.55	46.55	2 / 2							
reaction time		interval		5.05	5.22	5.35	5.68	6.07	6.36	6.61		# of strides	11.26	10.57	11.75	12.97	21.83	24.72	2.89
		velocity	8.05	9.90	9.58	9.35	8.80	8.24	7.86	7.56	8.59		8.88	9.46	8.51	7.71	9.16	8.09	

FINAL - 2017 Japanese National Championships (Osaka, JPN) *Yamanaka (2017) - male and female 400m analysis in the 2017 season*

date	24-Jun-17	time	6.17	11.17	16.14	21.41	26.89	32.72	39.02	45.95	45.95	5 / 2							
reaction time	0.176	interval		5.00	4.97	5.27	5.48	5.83	6.30	6.93		# of strides	11.17	10.24	11.31	13.23	21.41	24.54	3.13
		velocity	8.10	10.00	10.06	9.49	9.12	8.58	7.94	7.22	8.71		183.0	8.95	9.77	8.84	7.56	9.34	8.15

Heat 2 - 2017 Japanese National Championships (Osaka, JPN) *(2017) - tfdata-store.com/2017/07/08/post-965/*

date	23-Jun-17	time		11.31		21.61		32.78		45.67	45.67	2 / 2							

reaction time	0.145	interval			10.30		11.17		12.89		# of strides	11.31	10.30	11.17	12.89	21.61	24.06	2.45
		velocity		8.84		9.71		8.95		7.76	8.76	180.0	8.84	9.71	8.95	7.76	9.25	8.31	

FINAL - 2017 Shizuoka International Meeting (Fukuroi, JPN) *Yamanaka (2017) - male and female 400m analysis in the 2017 season*

date	03-May-17	time	6.35	11.48	16.77	22.37	27.99	33.82	39.98	46.63	46.63	/ 2						
reaction time		interval		5.13	5.29	5.60	5.62	5.83	6.16	6.65		# of strides	11.48	10.89	11.45	12.81	22.37	24.26	1.89
		velocity	7.87	9.75	9.45	8.93	8.90	8.58	8.12	7.52	8.58		8.71	9.18	8.73	7.81	8.94	8.24	

FINAL - 2016 Japanese National Championships (Nagoya, JPN) *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	25-Jun-16	time	6.24	11.27	16.42	21.79	27.47	33.40	39.64	46.30	46.30	8 / 5						
reaction time	0.158	interval		5.03	5.15	5.37	5.68	5.93	6.24	6.66		# of strides	11.27	10.52	11.61	12.90	21.79	24.51	2.72
		velocity	8.01	9.94	9.71	9.31	8.80	8.43	8.01	7.51	8.64		8.87	9.51	8.61	7.75	9.18	8.16	

FINAL - 2016 Seiko Golden Grand Prix (Kawasaki, JPN) *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	08-May-16	time	6.31	11.35	16.52	21.92	27.54	33.49	39.86	46.75	46.75	2 / 5						
reaction time	0.151	interval		5.04	5.17	5.40	5.62	5.95	6.37	6.89		# of strides	11.35	10.57	11.57	13.26	21.92	24.83	2.91
		velocity	7.92	9.92	9.67	9.26	8.90	8.40	7.85	7.26	8.56	184	8.81	9.46	8.64	7.54	9.12	8.05	

FINAL - 2016 Shizuoka International Meeting (Fukuroi, JPN) *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	03-May-16	time	6.25	11.34	16.68	22.20	27.89	33.85	40.12	46.77	46.77	/ 2						
reaction time		interval		5.09	5.34	5.52	5.69	5.96	6.27	6.65		# of strides	11.34	10.86	11.65	12.92	22.20	24.57	2.37
		velocity	8.00	9.82	9.36	9.06	8.79	8.39	7.97	7.52	8.55		8.82	9.21	8.58	7.74	9.01	8.14	

FINAL - 2015 Japanese National Championships (Niigata, JPN) *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	28-Jun-15	time	6.36	11.32	16.38	21.72	27.29	33.16	39.35	46.12	46.12	3 / 2						
reaction time	0.151	interval		4.96	5.06	5.34	5.57	5.87	6.19	6.77		# of strides	11.32	10.40	11.44	12.96	21.72	24.40	2.68
		velocity	7.86	10.08	9.88	9.36	8.98	8.52	8.08	7.39	8.67		8.83	9.62	8.74	7.72	9.21	8.20	

Heat 1 - 2015 Japanese National Championships (Niigata, JPN) *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	27-Jun-15	time	6.35	11.50	16.59	21.78	27.18	32.89	39.01	45.58	45.58	4 / 3						
reaction time	0.174	interval		5.15	5.09	5.19	5.40	5.71	6.12	6.57	PB	# of strides	11.50	10.28	11.11	12.69	21.78	23.80	2.02
		velocity	7.87	9.71	9.82	9.63	9.26	8.76	8.17	7.61	8.78	180.5	8.70	9.73	9.00	7.88	9.18	8.40	

Sato, Mitsuhiro (JPN) (1980)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2005 Seiko Super Grand Prix (Yokohama, JPN)											*Masaaki (2006) - time analysis in the 400m at the Seiko Super Grand Prix*						
date 19-Sep-05	time		11.13		21.37		33.20	39.32	46.30	46.30	3 / 6							
reaction time	interval				10.24		11.83	6.12	6.98		# of strides	11.13	10.24	11.83	13.10	21.37	24.93	3.56
	velocity		8.98		9.77		8.45	8.17	7.16	8.64		8.98	9.77	8.45	7.63	9.36	8.02	

Sato, Takuya (JPN) (1993)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2011 Japanese National High School Championships (Kitamaki, JPN)											*Abe (2011) - 64th high school championships: JAF scientific committee - biomechanics*						
date 04-Aug-11	time		11.58		22.63		34.78		48.01	48.01	3 / 4							
reaction time	interval				11.05		12.15		13.23		# of strides	11.58	11.05	12.15	13.23	22.63	25.38	2.75
	velocity		8.64		9.05		8.23		7.56	8.33		8.64	9.05	8.23	7.56	8.84	7.88	

Sawa, Daichi (JPN) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 2 - 2018 IAAF World Junior Championships (Tampere, FIN)											*Koyama (2018) - research on athlete performance and technique- 2018 data book*						
date 11-Jul-18	time	6.38	11.64	16.97	22.63	28.44	34.50	40.99	48.15	48.15	3 / 7							
reaction time 0.144	interval		5.26	5.33	5.66	5.81	6.06	6.49	7.16	PB	# of strides	11.64	10.99	11.87	13.65	22.63	25.52	2.89
	velocity	7.84	9.51	9.38	8.83	8.61	8.25	7.70	6.98	8.31		8.59	9.10	8.42	7.33	8.84	7.84	

Sawada, Natsuki (JPN) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2016 Japanese National Youth Championships (Mizuho, JPN)											*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*						
date 21-Oct-16	time	6.79	12.47	18.25	24.14	29.83	35.61	41.61	47.95	47.95	1 / 5							
reaction time	interval		5.68	5.78	5.89	5.69	5.78	6.00	6.34		# of strides	12.47	11.67	11.47	12.34	24.14	23.81	-0.33
	velocity	7.36	8.80	8.65	8.49	8.79	8.65	8.33	7.89	8.34		8.02	8.57	8.72	8.10	8.29	8.40	

Sawyers, Chantz (JAM) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2019 NCAA Championships (Austin, TX)											*Track Newsletter (2019) - NCAA men's championships*						
date 07-Jun-19	time				21.6		32.8		45.2	45.24	/ 7							
reaction time 0.193	interval						11.20		12.40	PB	# of strides			11.20	12.40	21.60	23.60	2.00
	velocity				9.26		8.93		8.06	8.84				8.93	8.06	9.26	8.47	

FINAL - 2018 IAAF World Junior Championships (Tampere, FIN) *Koyama (2018) - research on athlete performance and technique- 2018 data book*

date	13-Jul-18	time	6.27	11.25	16.35	21.72	27.23	32.97	39.12	45.89	45.89	4 / 3						
reaction time	0.157	interval		4.98	5.10	5.37	5.51	5.74	6.15	6.77		# of strides	11.25	10.47	11.25	12.92	21.72	24.17	2.45
		velocity	7.97	10.04	9.80	9.31	9.07	8.71	8.13	7.39	8.72		8.89	9.55	8.89	7.74	9.21	8.27	

Schaffer, Frank (GDR) (1958)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1980 Olympic Games (Moscow, URS)											*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*						
date 30-Jul-80	time				21.2		32.4		44.9	44.87	6 / 3							
reaction time 0.148	interval						11.2		12.50		# of strides		21.20	11.20	12.50	21.20	23.70	2.50
	velocity				9.43		8.93		8.00	8.91	173.0		9.43	8.93	8.00	9.43	8.44	

Scherer, Matt (USA) (1983)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2006 NCAA Championships (Sacramento, CA)											*Track Newsletter (2006) - NCAA men's championships*						
date 10-Jun-06	time		11.2		21.6		33.1		45.4	45.41	3 / 5							
reaction time	interval				10.40		11.50		12.30		# of strides	11.20	10.40	11.50	12.30	21.60	23.80	2.20
	velocity		8.93		9.62		8.70		8.13	8.81		8.93	9.62	8.70	8.13	9.26	8.40	

Schersing, Mathias (GDR) (1964)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1984 Olympischen Tag (Potsdam, GDR)											*Heß (1985) - entwicklungsaspekte die leichtathletischen sprint-/hürdendisziplinen im olympiazyklus 1981/84*						
date 21-Jul-84	time		11.37		21.83		32.80		44.86	44.86	/ 1							
reaction time	interval				10.46		10.97		12.06	NR	# of strides	11.37	10.46	10.97	12.06	21.83	23.03	1.20
	velocity		8.80		9.56		9.12		8.29	8.92		8.80	9.56	9.12	8.29	9.16	8.68	

Scheuerman, Jacob (USA) (1988)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2005 USATF National Junior Championships (Carson, CA)																	*USATF Women's Sprint Development (2005)*
date 25-Jun-05	time			16.95	22.51	28.32	34.22	40.68	47.68	47.68	8 / 7							
reaction time	interval				5.56	5.81	5.90	6.46	7.00		# of strides			11.71	13.46	22.51	25.17	2.66
	velocity			8.85	8.99	8.61	8.47	7.74	7.14	8.39				8.54	7.43	8.88	7.95	

Schlegel, Marvin (GER) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 2 - 2022 European Athletics Championships (Munich, GER)																	*European Athletics (2022) - european athletics championships race analysis*
date 15-Aug-22	time		11.32		21.67		33.08		46.19	46.19	6 / 6							
reaction time 0.257	interval				10.35		11.41		13.11		# of strides	11.32	10.35	11.41	13.11	21.67	24.52	2.85
	velocity		8.83		9.66		8.76		7.63	8.66		8.83	9.66	8.76	7.63	9.23	8.16	
FINAL - 2020 Bauhaus Galan (Stockholm, SWE)																	*Omega Timing (2020) - diamond league race analysis*
date 23-Aug-20	time	6.3	11.5	16.9	22.2	27.8	33.7	40.1	46.99	46.99	7 / 5							
reaction time 0.195	interval		5.20	5.40	5.30	5.60	5.90	6.40	6.89		# of strides	11.50	10.70	11.50	13.29	22.20	24.79	2.59
	velocity	7.94	9.62	9.26	9.43	8.93	8.47	7.81	7.26	8.51	167.7	8.70	9.35	8.70	7.52	9.01	8.07	

Schloske, Horst-Rudiger (FRG) (1946)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1972 Olympic Games (Munich, FRG)																	*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*
date 07-Sep-72	time				21.7		33.0		45.4	45.31	7 / 5							
reaction time	interval						11.30		12.40		# of strides			11.30	12.40	21.70	23.70	2.00
	velocity				9.22		8.85		8.06	8.83				8.85	8.06	9.22	8.44	

Schneider, Patrick (GER) (1992)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 3 - 2022 European Athletics Championships (Munich, GER)																	*European Athletics (2022) - european athletics championships race analysis*
date 16-Aug-22	time		11.52		21.89		33.26		45.92	45.92	7 / 4							
reaction time 0.180	interval				10.37		11.37		12.66		# of strides	11.52	10.37	11.37	12.66	21.89	24.03	2.14
	velocity		8.68		9.64		8.80		7.90	8.71	169.2	8.68	9.64	8.80	7.90	9.14	8.32	
Heat 4 - 2022 European Athletics Championships (Munich, GER)																	*European Athletics (2022) - european athletics championships race analysis*
date 15-Aug-22	time		11.31		21.77		32.91		45.58	45.58	7 / 2							
reaction time 0.141	interval				10.46		11.14		12.67		# of strides	11.31	10.46	11.14	12.67	21.77	23.81	2.04
	velocity		8.84		9.56		8.98		7.89	8.78		8.84	9.56	8.98	7.89	9.19	8.40	

Schönlebe, Thomas (GDR) (1965)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 2 - 1988 Olympic Games (Seoul, KOR)																	*Brüggemann (1990) - scientific research project at the games of the XXXIV Olympiad, Seoul 1988*
date 26-Sep-88	time		11.51		22.18		33.23		44.90	44.90	2 / 5							
reaction time 0.207	interval				10.67		11.05		11.67		# of strides	11.51	10.67	11.05	11.67	22.18	22.72	0.54
	velocity		8.69		9.37		9.05		8.57	8.91		8.69	9.37	9.05	8.57	9.02	8.80	
FINAL - 1987 IAAF World Championships (Rome, ITA)																	*Moravec (1990) - time analyis of the sprints - Rome 1987 Scientific Report (2nd ed)*
date 03-Sep-87	time		11.11		21.40		32.44		44.33	44.33	8 / 1							
reaction time	interval				10.29		11.04		11.89	**AR**	# of strides	11.11	10.29	11.04	11.89	21.40	22.93	1.53
	velocity		9.00		9.72		9.06		8.41	9.02	171.5	9.00	9.72	9.06	8.41	9.35	8.72	
Semi-Final 1 - 1987 IAAF World Championship (Rome, ITA)																	*Moravec (1990) - time analyis of the sprints - Rome 1987 Scientific Report (2nd ed)*
date 01-Sep-87	time		11.09		21.27		32.28		44.60	44.60	3 / 2							
reaction time	interval				10.18		11.01		12.32		# of strides	11.09	10.18	11.01	12.32	21.27	23.33	2.06
	velocity		9.02		9.82		9.08		8.12	8.97		9.02	9.82	9.08	8.12	9.40	8.57	
Quarter-Final 2 - 1987 IAAF World Championship (Rome, ITA)																	*Moravec (1990) - time analyis of the sprints - Rome 1987 Scientific Report (2nd ed)*
date 31-Aug-87	time		11.52		21.79		32.76		44.81	44.81	/ 1							
reaction time	interval				10.27		10.97		12.05	**CR**	# of strides	11.52	10.27	10.97	12.05	21.79	23.02	1.23
	velocity		8.68		9.74		9.12		8.30	8.93		8.68	9.74	9.12	8.30	9.18	8.69	
Heat 4 - 1987 IAAF World Championship (Rome, ITA)																	*Moravec (1990) - time analyis of the sprints - Rome 1987 Scientific Report (2nd ed)*
date 30-Aug-87	time		11.48		22.00		33.35		45.85	45.85	6 / 2							
reaction time	interval				10.52		11.35		12.50		# of strides	11.48	10.52	11.35	12.50	22.00	23.85	1.85
	velocity		8.71		9.51		8.81		8.00	8.72	172.5	8.71	9.51	8.81	8.00	9.09	8.39	
FINAL - 1984 East German Athletics Sportfest (East Berlin, GDR)																	*Heß (1985) - entwicklungsaspekte die leichtathletischen sprint-/hürdendisziplinen im olympiazyklus 1981/84*
date 15-Jul-84	time		11.40		21.70		32.82		45.01	45.01	/ 1							
reaction time	interval				10.30		11.12		12.19	**AJR / PB**	# of strides	11.40	10.30	11.12	12.19	21.70	23.31	1.61
	velocity		8.77		9.71		8.99		8.20	8.89		8.77	9.71	8.99	8.20	9.22	8.58	
FINAL - 1983 IAAF World Championships (Helsinki, FIN)																	*Butler (2013) - IAAF world championships statistics handbook- moscow 2013*
date 10-Aug-83	time				22.0				45.50	45.50	6 / 6							
reaction time	interval								23.50		# of strides					22.00	23.50	1.50
	velocity				9.09				8.51	8.79						9.09	8.51	

Schultz, Ingo (GER) (1975)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2002 European Championships (Munich, GER)																	*Graubner (2009) - http://www.fgs.uni-halle.de*
date 08-Aug-02	time		11.18		21.34		32.58		45.14	45.14	4 / 1							
reaction time 0.180	interval				10.16		11.24		12.56		# of strides	11.18	10.16	11.24	12.56	21.34	23.80	2.46
	velocity		8.94		9.84		8.90		7.96	8.86		8.94	9.84	8.90	7.96	9.37	8.40	
Semi-Final 1 - 2002 European Championships (Munich, GER)																	*Graubner (2009) - http://www.fgs.uni-halle.de*
date 07-Aug-02	time		11.30		21.60		32.85		45.59	45.49	/ 2							
reaction time 0.159	interval				10.30		11.25		12.74		# of strides	11.30	10.30	11.25	12.74	21.60	23.99	2.39
	velocity		8.85		9.71		8.89		7.85	8.79		8.85	9.71	8.89	7.85	9.26	8.34	
Heat 2 - 2002 European Championships (Munich, GER)																	*Graubner (2009) - http://www.fgs.uni-halle.de*
date 06-Aug-02	time		11.47		22.06		33.46		45.79	45.79	/ 1							
reaction time 0.159	interval				10.59		11.40		12.33		# of strides	11.47	10.59	11.40	12.33	22.06	23.73	1.67

		velocity	8.72	9.44	8.77	8.11	8.74		8.72	9.44	8.77	8.11	9.07	8.43	

FINAL - 2002 German National Championships (Bochum, GER) *Graubner (2009) - http://www.fgs.uni-halle.de*

date	06-Jul-02	time	11.29	21.38	32.47	44.97	44.97	/ 1									
reaction time	0.179	interval		10.09	11.09	12.50		# of strides	11.29	10.09	11.09	12.50	21.38	23.59	2.21
		velocity	8.86	9.91	9.02	8.00	8.89		8.86	9.91	9.02	8.00	9.35	8.48	

FINAL - 2001 European Cup (Bremen, GER) *Graubner (2007) - http://www.fgs.uni-halle.de*

date	23-Jun-01	time	11.08	21.41	32.93	45.53	45.53	/ 4									
reaction time		interval		10.33	11.52	12.60		# of strides	11.08	10.33	11.52	12.60	21.41	24.12	2.71
		velocity	9.03	9.68	8.68	7.94	8.79		9.03	9.68	8.68	7.94	9.34	8.29	

Schuwer, Juno (NED) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2024 FBK Games (Hengelo, NED)																	*Omega Timing (2024) - continental tour gold race analysis*
date 07-Jul-24	time	6.35	11.44	16.63	22.15	27.86	33.70	39.76	46.32	46.32	8 / 3							
reaction time 0.150	interval		5.09	5.19	5.52	5.71	5.84	6.06	6.56	PB	# of strides	11.44	10.71	11.55	12.62	22.15	24.17	2.02
	velocity	7.87	9.82	9.63	9.06	8.76	8.56	8.25	7.62	8.64		8.74	9.34	8.66	7.92	9.03	8.27	

Scotch, Leungo (BOT) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 3 - 2024 Olympic Games (Paris, FRA)																	*Paris 2024 Olympic Games - Results Book (2024)*
date 06-Aug-24	time	6.14	11.06	16.10	21.31	26.88	32.72	38.73	45.16	45.16	2 / 7							
reaction time 0.177	interval		4.92	5.04	5.21	5.57	5.84	6.01	6.43		# of strides	11.06	10.25	11.41	12.44	21.31	23.85	2.54
	velocity	8.14	10.16	9.92	9.60	8.98	8.56	8.32	7.78	8.86	177.0	9.04	9.76	8.76	8.04	9.39	8.39	
Repechage 3 - 2024 Olympic Games (Paris, FRA)																	*Paris 2024 Olympic Games - Results Book (2024)*
date 05-Aug-24	time	6.20	11.30	16.50	21.89	27.33	32.96	38.86	45.33	45.33	6 / 2							
reaction time 0.172	interval		5.10	5.20	5.39	5.44	5.63	5.90	6.47		# of strides	11.30	10.59	11.07	12.37	21.89	23.44	1.55
	velocity	8.06	9.80	9.62	9.28	9.19	8.88	8.47	7.73	8.82	179.0	8.85	9.44	9.03	8.08	9.14	8.53	
Heat 5 - 2024 Olympic Games (Paris, FRA)																	*Paris 2024 Olympic Games - Results Book (2024)*
date 04-Aug-24	time	6.06	11.02	16.14	21.47	26.99	32.79	38.72	45.28	45.28	7 / 5							
reaction time 0.167	interval		4.96	5.12	5.33	5.52	5.80	5.93	6.56		# of strides	11.02	10.45	11.32	12.49	21.47	23.81	2.34
	velocity	8.25	10.08	9.77	9.38	9.06	8.62	8.43	7.62	8.83	176.2	9.07	9.57	8.83	8.01	9.32	8.40	
FINAL - 2024 Bauhaus Galan (Stockholm, SWE)																	*Omega Timing (2024) - diamond league race analysis*
date 02-Jun-24	time	6.17	11.20	16.36	21.66	27.24	33.00	38.96	45.60	45.60	3 / 4							
reaction time 0.173	interval		5.03	5.16	5.30	5.58	5.76	5.96	6.64		# of strides	11.20	10.46	11.34	12.60	21.66	23.94	2.28
	velocity	8.10	9.94	9.69	9.43	8.96	8.68	8.39	7.53	8.77		8.93	9.56	8.82	7.94	9.23	8.35	
FINAL - 2024 Bislett Games (Oslo, NOR)																	*Omega Timing (2024) - diamond league race analysis*
date 30-May-24	time	6.13	11.02	16.09	21.38	26.88	32.59	38.54	45.02	45.02	8 / 4							
reaction time 0.157	interval		4.89	5.07	5.29	5.50	5.71	5.95	6.48		# of strides	11.02	10.36	11.21	12.43	21.38	23.64	2.26
	velocity	8.16	10.22	9.86	9.45	9.09	8.76	8.40	7.72	8.88	175.5	9.07	9.65	8.92	8.05	9.35	8.46	
FINAL - 2024 Seashore Doha Meeting (Doha, QAT)																	*Omega Timing (2024) - diamond league race analysis*
date 10-May-24	time	6.24	11.35	16.68	22.09	27.63	33.39	39.14	45.29	45.29	8 / 3							
reaction time 0.156	interval		5.11	5.33	5.41	5.54	5.76	5.75	6.15		# of strides	11.35	10.74	11.30	11.90	22.09	23.20	1.11
	velocity	8.01	9.78	9.38	9.24	9.03	8.68	8.70	8.13	8.83	176.7	8.81	9.31	8.85	8.40	9.05	8.62	
FINAL - 2023 Prefontaine Classic (Eugene, OR)																	*Omega Timing (2023) - diamond league race analysis*
date 16-Sep-23	time	6.25	11.33	16.47	21.77	27.20	32.86	38.74	45.18	45.18	9 / 6							
reaction time 0.165	interval		5.08	5.14	5.30	5.43	5.66	5.88	6.44		# of strides	11.33	10.44	11.09	12.32	21.77	23.41	1.64
	velocity	8.00	9.84	9.73	9.43	9.21	8.83	8.50	7.76	8.85		8.83	9.58	9.02	8.12	9.19	8.54	
FINAL - 2023 Memorial van Damme (Brussels, BEL)																	*Omega Timing (2023) - diamond league race analysis*
date 08-Sep-23	time	6.07	10.96	16.01	21.30	26.85	32.63	38.63	45.14	45.14	7 / 4							
reaction time 0.153	interval		4.89	5.05	5.29	5.55	5.78	6.00	6.51		# of strides	10.96	10.34	11.33	12.51	21.30	23.84	2.54
	velocity	8.24	10.22	9.90	9.45	9.01	8.65	8.33	7.68	8.86	180.0	9.12	9.67	8.83	7.99	9.39	8.39	
Semi-Final 1 - 2023 World Athletics Championships (Budapest, HUN)																	*Seiko Timing (2023) - world championship race analysis*
date 22-Aug-23	time		11.23		21.56		33.09		45.96	45.96	3 / 8							
reaction time 0.162	interval				10.33		11.53		12.87		# of strides	11.23	10.33	11.53	12.87	21.56	24.40	2.84
	velocity		8.90		9.68		8.67		7.77	8.70		8.90	9.68	8.67	7.77	9.28	8.20	
Heat 4 - 2023 World Athletics Championships (Budapest, HUN)																	*Seiko Timing (2023) - world championship race analysis*
date 20-Aug-23	time		11.15		21.46		32.88		45.20	45.20	2 / 5							
reaction time 0.169	interval				10.31		11.42		12.32		# of strides	11.15	10.31	11.42	12.32	21.46	23.74	2.28
	velocity		8.97		9.70		8.76		8.12	8.85	181.0	8.97	9.70	8.76	8.12	9.32	8.42	
FINAL - 2023 London Athletics Meet (London, GBR)																	*Omega Timing (2023) - diamond league race analysis*
date 23-Jul-23	time	6.09	11.02	16.08	21.26	26.70	32.43	38.40	44.98	44.98	2 / 5							
reaction time 0.162	interval		4.93	5.06	5.18	5.44	5.73	5.97	6.58		# of strides	11.02	10.24	11.17	12.55	21.26	23.72	2.46
	velocity	8.21	10.14	9.88	9.65	9.19	8.73	8.38	7.60	8.89	176.2	9.07	9.77	8.95	7.97	9.41	8.43	
FINAL - 2023 Bauhaus Galan (Stockholm, SWE)																	*Omega Timing (2023) - diamond league race analysis*
date 02-Jul-23	time	6.23	11.31	16.53	21.94	27.57	33.39	39.39	45.89	45.89	3 / 6							
reaction time 0.188	interval		5.08	5.22	5.41	5.63	5.82	6.00	6.50		# of strides	11.31	10.63	11.45	12.50	21.94	23.95	2.01
	velocity	8.03	9.84	9.58	9.24	8.88	8.59	8.33	7.69	8.72		8.84	9.41	8.73	8.00	9.12	8.35	
FINAL - 2023 Athletissima (Lausanne, SUI)																	*Omega Timing (2023) - diamond league race analysis*
date 30-Jun-23	time	6.05	11.08	16.21	21.52	27.01	32.73	38.63	44.94	44.94	5 / 1							
reaction time 0.148	interval		5.03	5.13	5.31	5.49	5.72	5.90	6.31		# of strides	11.08	10.44	11.21	12.21	21.52	23.42	1.90
	velocity	8.26	9.94	9.75	9.42	9.11	8.74	8.47	7.92	8.90		9.03	9.58	8.92	8.19	9.29	8.54	

Semi-Final 3 - 2022 Commonwealth Games (Birmingham, GBR) *Longines Timing (2022) - commonwealth games race analysis*

date	05-Aug-22	time	6.0	10.9	16.1	21.4	27.0	33.1	39.3	46.33	46.33	7 / 3							
reaction time	0.170	interval		4.90	5.20	5.30	5.60	6.10	6.20	7.03		# of strides	10.90	10.50	11.70	13.23	21.40	24.93	3.53
		velocity	8.33	10.20	9.62	9.43	8.93	8.20	8.06	7.11	8.63	181.0	9.17	9.52	8.55	7.56	9.35	8.02	

Scotti, Edoardo (ITA) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Semi-Final 2 - 2025 World Athletics Championships (Tokyo, JPN) — *Seiko Timing (2025) - 2025 World Championships race analysis*

date	16-Sep-25	time		11.10		21.29		32.70		44.77	44.77	9 / 5							
reaction time	0.189	interval				10.19		11.41		12.07		# of strides	11.10	10.19	11.41	12.07	21.29	23.48	2.19
		velocity		9.01		9.81		8.76		8.29	8.93		9.01	9.81	8.76	8.29	9.39	8.52	

Heat 3 - 2025 World Athletics Championships (Tokyo, JPN) — *Seiko Timing (2025) - 2025 World Championships race analysis*

date	14-Sep-25	time		11.00		21.04		32.15		44.45	44.45	9 / 3							
reaction time	0.206	interval				10.04		11.11		12.30	NR PB	# of strides	11.00	10.04	11.11	12.30	21.04	23.41	2.37
		velocity		9.09		9.96		9.00		8.13	9.00	174.0	9.09	9.96	9.00	8.13	9.51	8.54	

B Final - 2025 European Team Championships, First Division (Madrid, ESP) — *European Athletics (2025) - 2025 european team championships, first division - results book*

date	27-Jun-25	time	6.17	11.21	16.24	21.47	26.93	32.60	38.44	44.93	44.93	/ 1							
reaction time	0.191	interval		5.04	5.03	5.23	5.46	5.67	5.84	6.49	PB	# of strides	11.21	10.26	11.13	12.33	21.47	23.46	1.99
		velocity	8.10	9.92	9.94	9.56	9.16	8.82	8.56	7.70	8.90		8.92	9.75	8.98	8.11	9.32	8.53	

FINAL - 2025 Golden Gala Pietro Mennea (Roma, ITA) — *Omega Timing (2025) - diamond league race analysis*

date	06-Jun-25	time	6.17	11.27	16.39	21.71	27.31	33.09	39.07	45.68	45.68	1 / 8							
reaction time	0.186	interval		5.10	5.12	5.32	5.60	5.78	5.98	6.61		# of strides	11.27	10.44	11.38	12.59	21.71	23.97	2.26
		velocity	8.10	9.80	9.77	9.40	8.93	8.65	8.36	7.56	8.76		8.87	9.58	8.79	7.94	9.21	8.34	

Semi-Final 3 - 2024 European Athletics Championships (Roma, ITA) — *European Athletics (2024) - 2024 european athletics championships - results book*

date	09-Jun-24	time		11.27		21.89		33.23		45.92	45.92	4 / ~~6~~ 5							
reaction time	0.192	interval				10.62		11.34		12.69		# of strides	11.27	10.62	11.34	12.69	21.89	24.03	2.14
		velocity		8.87		9.42		8.82		7.88	8.71	175.5	8.87	9.42	8.82	7.88	9.14	8.32	

Heat 1 - 2024 European Athletics Championships (Roma, ITA) — *European Athletics (2024) - 2024 european athletics championships - results book*

date	08-Jun-24	time		11.41		22.04		33.54		45.59	45.59	7 / 2							
reaction time	0.180	interval				10.63		11.50		12.05		# of strides	11.41	10.63	11.50	12.05	22.04	23.55	1.51
		velocity		8.76		9.41		8.70		8.30	8.77		8.76	9.41	8.70	8.30	9.07	8.49	

Semi-Final 2 - 2022 European Athletics Championships (Munich, GER) — *European Athletics (2022) - european athletics championships race analysis*

date	16-Aug-22	time		11.28		21.69		33.18		46.49	46.49	2 / 7							
reaction time	0.216	interval				10.41		11.49		13.31		# of strides	11.28	10.41	11.49	13.31	21.69	24.80	3.11
		velocity		8.87		9.61		8.70		7.51	8.60	172.7	8.87	9.61	8.70	7.51	9.22	8.06	

Heat 4 - 2022 European Athletics Championships (Munich, GER) — *European Athletics (2022) - european athletics championships race analysis*

date	15-Aug-22	time		11.41		22.08		33.45		45.87	45.87	8 / 3							
reaction time	0.251	interval				10.67		11.37		12.42		# of strides	11.41	10.67	11.37	12.42	22.08	23.79	1.71
		velocity		8.76		9.37		8.80		8.05	8.72		8.76	9.37	8.80	8.05	9.06	8.41	

Heat 5 - 2022 World Athletics Championships (Eugene, OR) — *Timing by Seiko (2022) - world athletics championships race analysis*

date	17-Jul-22	time		11.58		22.07		33.65		46.46	46.46	7 / 6							
reaction time	0.170	interval				10.49		11.58		12.81		# of strides	11.58	10.49	11.58	12.81	22.07	24.39	2.32
		velocity		8.64		9.53		8.64		7.81	8.61	176.0	8.64	9.53	8.64	7.81	9.06	8.20	

FINAL - 2022 Golden Gala Pietro Mennea (Rome, ITA) — *Omega Timing (2022) - diamond league race analysis*

date	09-Jun-22	time	6.27	11.35	16.49	21.83	27.45	33.27	39.30	45.89	45.89	9 / 7							
reaction time	0.185	interval		5.08	5.14	5.34	5.62	5.82	6.03	6.59		# of strides	11.35	10.48	11.44	12.62	21.83	24.06	2.23
		velocity	7.97	9.84	9.73	9.36	8.90	8.59	8.29	7.59	8.72	171.5	8.81	9.54	8.74	7.92	9.16	8.31	

FINAL - 2021 Golden Gala Pietro Mennea (Florence, ITA) — *Omega Timing (2021) - diamond league race analysis*

date	10-Jun-21	time	6.5	11.6	16.7	22.1	27.7	33.6	39.8	46.38	46.38	7 / 6							
reaction time	0.169	interval		5.10	5.10	5.40	5.60	5.90	6.20	6.58		# of strides	11.60	10.50	11.50	12.78	22.10	24.28	2.18
		velocity	7.69	9.80	9.80	9.26	8.93	8.47	8.06	7.60	8.62	174.0	8.62	9.52	8.70	7.82	9.05	8.24	

FINAL - 2018 IAAF World Junior Championships (Tampere, FIN) — *Koyama (2018) - research on athlete performance and technique- 2018 data book*

date	13-Jul-18	time	6.34	11.51	16.80	22.30	27.95	33.66	39.63	46.20	46.20	3 / 4							
reaction time	0.180	interval		5.17	5.29	5.50	5.65	5.71	5.97	6.57		# of strides	11.51	10.79	11.36	12.54	22.30	23.90	1.60
		velocity	7.89	9.67	9.45	9.09	8.85	8.76	8.38	7.61	8.66		8.69	9.27	8.80	7.97	8.97	8.37	

Šebrle, Roman (CZE) (1974)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Decathlon - Heat 1 - 2009 IAAF World Championships (Berlin, GER) — *Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*

date	19-Aug-09	time		11.99		23.55		36.11		50.42	50.42	2 / 7							
reaction time	0.164	interval				11.56		12.56		14.31		# of strides	11.99	11.56	12.56	14.31	23.55	26.87	3.32
		velocity		8.34		8.65		7.96		6.99	7.93		8.34	8.65	7.96	6.99	8.49	7.44	

Segers, Daniel (BEL) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Heat 1 - 2025 World Athletics Championships (Tokyo, JPN) — *Seiko Timing (2025) - 2025 World Championships race analysis*

date	14-Sep-25	time		11.50		22.05		33.23		45.04	45.04	8 / 4							
reaction time	0.186	interval				10.55		11.18		11.81		# of strides	11.50	10.55	11.18	11.81	22.05	22.99	0.94
		velocity		8.70		9.48		8.94		8.47	8.88	171.0	8.70	9.48	8.94	8.47	9.07	8.70	

FINAL - 2025 Weltklasse (Zürich, SUI) — *Omega Timing (2025) - diamond league race analysis*

date	28-Aug-25	time	6.39	11.52	16.77	22.05	27.46	33.08	38.93	45.01	45.01	1 / 6							
reaction time	0.163	interval		5.13	5.25	5.28	5.41	5.62	5.85	6.08		# of strides	11.52	10.53	11.03	11.93	22.05	22.96	0.91
		velocity	7.82	9.75	9.52	9.47	9.24	8.90	8.55	8.22	8.89		8.68	9.50	9.07	8.38	9.07	8.71	

FINAL - 2025 Memorial van Damme (Brussels, BEL) — *Omega Timing (2025) - diamond league race analysis*

date	22-Aug-25	time	6.20	11.12	16.19	21.40	26.84	32.52	38.52	44.90	44.90	2 / 4							
reaction time	0.169	interval		4.92	5.07	5.21	5.44	5.68	6.00	6.38		# of strides	11.12	10.28	11.12	12.38	21.40	23.50	2.10

		velocity	8.06	10.16	9.86	9.60	9.19	8.80	8.33	7.84	8.91		8.99	9.73	8.99	8.08	9.35	8.51	

Invitational - 2024 Memorial van damme (Brussels, BEL) *Omega Timing (2024) - diamond league race analysis*

date	13-Sep-24	time	6.31	11.41	16.55	21.86	27.36	33.05	38.98	45.38	45.38	8 / 1							
reaction time	0.168	interval		5.10	5.14	5.31	5.50	5.69	5.93	6.40	PB	# of strides	11.41	10.45	11.19	12.33	21.86	23.52	1.66
		velocity	7.92	9.80	9.73	9.42	9.09	8.79	8.43	7.81	8.81		8.76	9.57	8.94	8.11	9.15	8.50	

Semyonov, Andrey (RUS) (1977)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 2 - 2002 European Championships (Munich, GER)																	
Graubner (2009) - http://www.fgs.uni-halle.de																	
date 07-Aug-02	time		11.71		22.38		33.85		46.51	46.51	/ 7								
reaction time 0.139	interval				10.67		11.47		12.66		# of strides	11.71	10.67	11.47	12.66	22.38	24.13	1.75
	velocity		8.54		9.37		8.72		7.90	8.60		8.54	9.37	8.72	7.90	8.94	8.29	

Heat 3 - 2002 European Championships (Munich, GER) *Graubner (2009) - http://www.fgs.uni-halle.de*

date 06-Aug-02	time		11.65		22.26		33.70		46.54	46.54	/ 3						
reaction time 0.138	interval				10.61		11.44		12.84		# of strides	11.65	10.61	11.44	12.84	22.26	24.28	2.02
	velocity		8.58		9.43		8.74		7.79	8.59		8.58	9.43	8.74	7.79	8.98	8.24	

Seye, Abdou (FRA) (1934)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1960 Great Britian v France (London, GBR)																	
Quercentani (1960). European report, Olympic fever rises																	
date 01-Aug-60	time				22.5				45.9	45.9	3 / 1						
reaction time	interval								23.4	*(45.88)*	# of strides					22.50	23.40	0.90
	velocity				8.89				8.55	8.71						8.89	8.55	

Sherman, Cooper (AUS) (2004)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 2 - 2025 World Athletics Championships (Tokyo, JPN)																	
Seiko Timing (2025) - 2025 World Championships race analysis																	
date 14-Sep-25	time		11.09		21.67		33.11		45.53	45.53	3 / 7						
reaction time 0.152	interval				10.58		11.44		12.42		# of strides	11.09	10.58	11.44	12.42	21.67	23.86	2.19
	velocity		9.02		9.45		8.74		8.05	8.79		9.02	9.45	8.74	8.05	9.23	8.38	

Shibasaki, Yuto (JPN) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2018 Japanese National Junior (U20) Championships (Nagano, JPN)																	
Ryutaro (2018) - research on athlete performance and technique- 2018 data book																	
date 19-Oct-18	time	6.52	12.00	17.55	23.19	28.91	34.78	40.98	47.60	47.60	5 / 3						
reaction time 0.147	interval		5.48	5.55	5.64	5.72	5.87	6.20	6.62		# of strides	12.00	11.19	11.59	12.82	23.19	24.41	1.22
	velocity	7.67	9.12	9.01	8.87	8.74	8.52	8.06	7.55	8.40	181.0	8.33	8.94	8.63	7.80	8.62	8.19	

Shibutani, Hiroya (JPN) (2004)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 Japanese U18 National Championships (Matsuyama, JPN) (300m)																	
Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition																	
date 23-Oct-21	time	6.13	11.09	16.32	21.81	27.61	34.02			34.02	7 / 5						
reaction time 0.198	interval		4.96	5.23	5.49	5.80	6.41				# of strides	11.09	10.72	12.21		21.81		
	velocity	8.16	10.08	9.56	9.11	8.62	7.80			8.82	137.0	9.02	9.33	8.19		9.17		

Shimato, Shin (JPN) (2004)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2022 Japanese National High School Championships (Naruto, JPN)																	
Kishima (2022) - national high school championships biomechanics data collection																	
date 03-Aug-22	time		11.67		23.09		36.04		50.14	50.14	5 / 8						
reaction time 0.196	interval				11.42		12.95		14.10		# of strides	11.67	11.42	12.95	14.10	23.09	27.05	3.96
	velocity		8.57		8.76		7.72		7.09	7.98		8.57	8.76	7.72	7.09	8.66	7.39	

Shimizu, Tkeru (JPN) (2004)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 Japanese U18 National Championships (Matsuyama, JPN) (300m)																	
Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition																	
date 23-Oct-21	time	6.27	11.31	16.67	22.21	27.86	33.87			33.87	2 / 4						
reaction time 0.205	interval		5.04	5.36	5.54	5.65	6.01			PB	# of strides	11.31	10.90	11.66		22.21		
	velocity	7.97	9.92	9.33	9.03	8.85	8.32			8.86	135.0	8.84	9.17	8.58		9.00		

Shlmizu, Tsuyoshi (JPN) (1993)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 2 - 2018 Tokyo Combined Event Meeting (Tokyo, JPN)																	
Matsubayashi (2018) - research on athlete performance and technique- 2018 data book																	
date 21-Apr-18	time	6.56	12.12	17.77	23.61	29.71	36.22	43.13	50.73	50.73	4 / 3						
reaction time	interval		5.56	5.65	5.84	6.10	6.51	6.91	7.60		# of strides	12.12	11.49	12.61	14.51	23.61	27.12	3.51
	velocity	7.62	8.99	8.85	8.56	8.20	7.68	7.24	6.58	7.88		8.25	8.70	7.93	6.89	8.47	7.37	

Shirahata, Daiki (JPN) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Division 1 Semi-Final 1 - 2017 Kanto Collegiate Championships (Yokohama, JPN)																	
(2017) - tfdata-store.com/2017/06/02/post-835/																	
date 26-May-17	time		11.78		23.07		35.17		48.68	48.68	2 / ~~7~~ 6						
reaction time	interval				11.29		12.10		13.51		# of strides	11.78	11.29	12.10	13.51	23.07	25.61	2.54
	velocity		8.49		8.86		8.26		7.40	8.22	176.5	8.49	8.86	8.26	7.40	8.67	7.81	

Shirahata, Kentaro (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 Japanese National High School Championsips (Sapporo, JPN)																	
Takashima (2023) - national high school sports festival - biomechanics data																	
date 02-Aug-23	time		11.54		22.62		34.83		48.36	48.36	6 / 8						
reaction time 0.232	interval				11.08		12.21		13.53		# of strides	11.54	11.08	12.21	13.53	22.62	25.74	3.12
	velocity		8.67		9.03		8.19		7.39	8.27		8.67	9.03	8.19	7.39	8.84	7.77	

Shoji, Kosuke (JPN) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
U20 FINAL - 2018 National Sports Festival (Fukui, JPN)																	
Joshi (2018) - research on athlete performance and technique- 2018 data book																	
date 08-Oct-18	time	6.38	11.47	16.83	22.47	28.46	34.57	40.83	47.56	47.56	5 / 2						
reaction time 0.187	interval		5.09	5.36	5.64	5.99	6.11	6.26	6.73	PB	# of strides	11.47	11.00	12.10	12.99	22.47	25.09	2.62
	velocity	7.84	9.82	9.33	8.87	8.35	8.18	7.99	7.43	8.41		8.72	9.09	8.26	7.70	8.90	7.97	

Shorts, Albert (USA) (1953)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FiNAL - 1980 USA Olympic Trials (Eugene, OR)																	
Track Newsletter (1980) - US olympic trials																	
date 27-Jun-80	time		12.7		22.4		34.1		46.8	46.78	/ 8						
reaction time	interval				9.70		11.70		12.70		# of strides	12.70	9.70	11.70	12.70	22.40	24.40	2.00
	velocity		7.87		10.31		8.55		7.87	8.55		7.87	10.31	8.55	7.87	8.93	8.20	

Sibanda, Karabo (BOT) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2016 Olympic Games (Rio de Janeiro, BRA) — *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	14-Aug-16	time	6.25	11.22	16.35	21.67	27.11	32.62	38.25	44.25	44.25	1 / 5						
reaction time	0.164	interval		4.97	5.13	5.32	5.44	5.51	5.63	6.00	PB	# of strides	11.22	10.45	10.95	11.63	21.67	22.58	0.91
		velocity	8.00	10.06	9.75	9.40	9.19	9.07	8.88	8.33	9.04	165.2	8.91	9.57	9.13	8.60	9.23	8.86	

FINAL - 2016 IAAF World Junior Championships (Bydgoszcz, POL) — *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	22-Jul-16	time	6.08	10.92	15.88	21.08	26.50	32.38	38.60	45.45	45.45	5 / 3						
reaction time	0.149	interval		4.84	4.96	5.20	5.42	5.88	6.22	6.85		# of strides	10.92	10.16	11.30	13.07	21.08	24.37	3.29
		velocity	8.22	10.33	10.08	9.62	9.23	8.50	8.04	7.30	8.80		9.16	9.84	8.85	7.65	9.49	8.21	

Siboni, Eran (ISR) (1997)

A Final - 2023 European Team Championships, Third Division (Chorzów, POL) — *European Athletics (2023) - 3rd european games, athletics - results book*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	20-Jun-23	time		11.65		22.67		34.91		48.16	48.16	3 / 7							
reaction time	0.188	interval				11.02		12.24		13.25		# of strides	11.65	11.02	12.24	13.25	22.67	25.49	2.82
		velocity		8.58		9.07		8.17		7.55	8.31		8.58	9.07	8.17	7.55	8.82	7.85	

Sigurdsen, Simen (NOR) (1993)

National FINAL - 2019 Bislett Games (Olso, NOR) — *Omega Timing (2019) - diamond league race analysis*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	13-Jun-19	time		11.5		22.6		34.7		48.11	48.11	6 / 2							
reaction time	0.144	interval				11.1		12.1		13.4		# of strides	11.50	11.10	12.10	13.41	22.60	25.51	2.91
		velocity		8.70		9.01		8.26		7.46	8.31		8.70	9.01	8.26	7.46	8.85	7.84	

Simpson, Brandon (JAM) (1981)

FINAL - 2005 IAAF World Championships (Helsinki, FIN) — *Track Newsletter (2005) - World championships- men*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	12-Aug-05	time						32.5		45.0	45.01	6 / 6							
reaction time		interval								12.5		# of strides				12.50			
		velocity						9.23		8.00	8.89	183.2				8.00			

FINAL - 2004 Olympic Games (Athens, GRE) — *Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	23-Aug-04	time				21.6		32.4		44.7	44.76	6 / 5							
reaction time	0.277	interval						10.8		12.3		# of strides		21.60	10.80	12.30	21.60	23.10	1.50
		velocity				9.26		9.26		8.13	8.94	178.2		4.63	9.26	8.13	9.26	8.66	

Singh, Milkha (IND) (1935)

FINAL - 1961 Rosický Memorial (Prague, TCH) — *Quercentani (1961). Sprints- Radford loses to jones, Madlik runs 10.2*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	24-Jun-61	time				21.4				46.4	46.4	/ 2							
reaction time		interval								25.0		# of strides					21.40	25.00	3.60
		velocity				9.35				8.00	8.62						9.35	8.00	

FINAL - 1960 Olympic Games (Rome, ITA) — *Khomenkov (1982) - a textbook for a track and field coach*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	06-Sep-60	time		11.2		21.6		32.8		44.9	45.6	5 / 4							
reaction time		interval				10.40		11.20		12.10	*(45.73)*	# of strides	11.20	10.40	11.20	12.10	21.60	23.30	1.70
		velocity		8.93		9.62		8.93		8.26	8.77		8.93	9.62	8.93	8.26	9.26	8.58	

Singhapurage, Aruna Dharshana (SRI

Semi-Final 2 - 2024 Olympic Games (Paris, FRA) — *Paris 2024 Olympic Games - Results Book (2024)*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	06-Aug-24	time	6.30	11.33	16.39	21.65	27.18	32.90	38.75	44.75	44.75	4 / ~~5~~							
reaction time	0.178	interval		5.03	5.06	5.26	5.53	5.72	5.85	6.00	DQ	# of strides	11.33	10.32	11.25	11.85	21.65	23.10	1.45
		velocity	7.94	9.94	9.88	9.51	9.04	8.74	8.55	8.33	8.94		8.83	9.69	8.89	8.44	9.24	8.66	

Heat 5 - 2024 Olympic Games (Paris, FRA) — *Paris 2024 Olympic Games - Results Book (2024)*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	04-Aug-24	time	6.41	11.38	16.34	21.58	27.12	32.83	38.75	44.99	44.99	9 / 3							
reaction time	0.192	interval		4.97	4.96	5.24	5.54	5.71	5.92	6.24		# of strides	11.38	10.20	11.25	12.16	21.58	23.41	1.83
		velocity	7.80	10.06	10.08	9.54	9.03	8.76	8.45	8.01	8.89	180.0	8.79	9.80	8.89	8.22	9.27	8.54	

Sito, Luca (ITA) (2003)

Heat 5 - 2025 World Athletics Championships (Tokyo, JPN) — *Seiko Timing (2025) - 2025 World Championships race analysis*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	14-Sep-25	time		11.46		22.22		33.78		46.22	46.22	3 / 7							
reaction time	0.150	interval				10.76		11.56		12.44		# of strides	11.46	10.76	11.56	12.44	22.22	24.00	1.78
		velocity		8.73		9.29		8.65		8.04	8.65	171.2	8.73	9.29	8.65	8.04	9.00	8.33	

Semi-Final 2 - 2025 European Athletics U23 Championships (Bergen, NOR) — *European Athletics (2025) - 2025 european athletics U23 championships- results book*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	18-Jul-25	time	6.12	11.11	16.26	21.61	27.27	33.16	39.43	46.56	46.56	3 / 5							
reaction time	0.148	interval		4.99	5.15	5.35	5.66	5.89	6.27	7.13		# of strides	11.11	10.50	11.55	13.40	21.61	24.95	3.34
		velocity	8.17	10.02	9.71	9.35	8.83	8.49	7.97	7.01	8.59		9.00	9.52	8.66	7.46	9.25	8.02	

FINAL - 2024 Golden Gala Pietro Mennea (Roma, ITA) — *Omega Timing (2024) - diamond league race analysis*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	30-Aug-24	time	6.19	11.17	16.23	21.49	27.15	32.99	38.87	42.25	45.25	9 / 9							
reaction time	0.185	interval		4.98	5.06	5.26	5.66	5.84	5.88	3.38		# of strides	11.17	10.32	11.50	9.26	21.49	20.76	-0.73
		velocity	8.08	10.04	9.88	9.51	8.83	8.56	8.50	14.79	8.84	173.0	8.95	9.69	8.70	10.80	9.31	9.63	

Semi-Final 2 - 2024 Olympic Games (Paris, FRA) — *Paris 2024 Olympic Games - Results Book (2024)*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	06-Aug-24	time	6.17	11.08	16.00	21.17	26.60	32.35	38.39	45.01	45.01	9 / ~~6~~ 5							
reaction time	0.148	interval		4.91	4.92	5.17	5.43	5.75	6.04	6.62		# of strides	11.08	10.09	11.18	12.66	21.17	23.84	2.67
		velocity	8.10	10.18	10.16	9.67	9.21	8.70	8.28	7.55	8.89		9.03	9.91	8.94	7.90	9.45	8.39	

Heat 3 - 2024 Olympic Games (Paris, FRA) — *Paris 2024 Olympic Games - Results Book (2024)*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	04-Aug-24	time	6.13	11.11	16.20	21.49	27.01	32.70	38.54	44.99	44.99	8 / 3							
reaction time	0.163	interval		4.98	5.09	5.29	5.52	5.69	5.84	6.45		# of strides	11.11	10.38	11.21	12.29	21.49	23.50	2.01
		velocity	8.16	10.04	9.82	9.45	9.06	8.79	8.56	7.75	8.89	173.0	9.00	9.63	8.92	8.14	9.31	8.51	

FINAL - 2024 Herculis Meeting International d'Athlétisme (Monaco, MON) — *Omega Timing (2024) - diamond league race analysis*

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	12-Jul-24	time	6.19	11.13	16.17	21.42	27.01	32.75	38.65	45.26	45.26	2 / 7							
reaction time	0.169	interval		4.94	5.04	5.25	5.59	5.74	5.90	6.61		# of strides	11.13	10.29	11.33	12.51	21.42	23.84	2.42
		velocity	8.08	10.12	9.92	9.52	8.94	8.71	8.47	7.56	8.84	174.2	8.98	9.72	8.83	7.99	9.34	8.39	

FINAL - 2024 European Athletics Championships (Roma, ITA) — *European Athletics (2024) - 2024 european athletics championships - results book*

date	10-Jun-24	time	11.07	21.26	32.33	45.04	45.04	7 / 5							
reaction time	0.222	interval		10.19	11.07	12.71		# of strides	11.07	10.19	11.07	12.71	21.26	23.78	2.52
		velocity	9.03	9.81	9.03	7.87	8.88	172.7	9.03	9.81	9.03	7.87	9.41	8.41	

Semi-Final 1 - 2024 European Athletics Championships (Roma, ITA) — *European Athletics (2024) - 2024 european athletics championships - results book*

date	09-Jun-24	time	11.20	21.53	32.60	44.75	44.75	5 / 1							
reaction time	0.153	interval		10.33	11.07	12.15	NR PB	# of strides	11.20	10.33	11.07	12.15	21.53	23.22	1.69
		velocity	8.93	9.68	9.03	8.23	8.94	172.0	8.93	9.68	9.03	8.23	9.29	8.61	

Heat 3 - 2024 European Athletics Championships (Roma, ITA) — *European Athletics (2024) - 2024 european athletics championships - results book*

date	08-Jun-24	time	11.25	21.72	32.89	45.12	45.12	3 / 1							
reaction time	0.197	interval		10.47	11.17	12.23	PB	# of strides	11.25	10.47	11.17	12.23	21.72	23.40	1.68
		velocity	8.89	9.55	8.95	8.18	8.87		8.89	9.55	8.95	8.18	9.21	8.55	

Semi-Final 1 - 2023 European Athletics U23 Championships (Espoo, FIN) — *European Athletics (2023) - european athletics U23 championships results book*

date	13-Jul-23	time	11.48	22.29	33.92	46.34	46.34	4 / 5							
reaction time	0.204	interval		10.81	11.63	12.42		# of strides	11.48	10.81	11.63	12.42	22.29	24.05	1.76
		velocity	8.71	9.25	8.60	8.05	8.63		8.71	9.25	8.60	8.05	8.97	8.32	

Skamrahl, Erwin (FRG) (1958)

50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 1983 IAAF World Championships (Helsinki, FIN) — *Butler (2013) - IAAF world championships statistics handbook- moscow 2013*

date	10-Aug-83	time		21.4		45.37	45.37	7 / 4							
reaction time		interval				23.97		# of strides					21.40	23.97	2.57
		velocity		9.35		8.34	8.82						9.35	8.34	

Skinner, Edwin (TTO) (1940)

50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 1964 Olympic Games (Tokyo, JPN) — *Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*

date	19-Sep-64	time		22.2	34.1	46.8	46.8	4 / 8							
reaction time		interval			11.90	12.70		# of strides				11.90	12.70	22.20	24.60	2.40
		velocity		9.01	8.40	7.87	8.55					8.40	7.87	9.01	8.13	

Skotheim, Sander (NOR) (2002)

50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Decathlon - Heat 3 - 2025 World Athletics Championships (Tokyo, JPN) — *Seiko Timing (2025) - 2025 World Championships race analysis*

date	20-Sep-25	time	11.53	22.46	34.65	47.86	47.86	4 / 4							
reaction time	0.178	interval		10.93	12.19	13.21		# of strides	11.53	10.93	12.19	13.21	22.46	25.40	2.94
		velocity	8.67	9.15	8.20	7.57	8.36		8.67	9.15	8.20	7.57	8.90	7.87	

Decathlon - Heat 2 - 2024 Olympic Games (Paris, FRA) — *Paris 2024 Olympic Games - Results Book (2024)*

date	02-Aug-24	time	6.42	11.54	16.79	22.23	27.91	33.90	40.21	47.02	47.02	2 / 1							
reaction time	0.175	interval		5.12	5.25	5.44	5.68	5.99	6.31	6.81	PB	# of strides	11.54	10.69	11.67	13.12	22.23	24.79	2.56
		velocity	7.79	9.77	9.52	9.19	8.80	8.35	7.92	7.34	8.51	183.0	8.67	9.35	8.57	7.62	9.00	8.07	

Decathlon - Heat 3 - 2023 World Athletics Championships (Budapest, HUN) — *Seiko Timing (2023) - world championship race analysis*

date	25-Aug-23	time	11.43	22.29	34.48	48.48	48.48	2 / 7							
reaction time	0.173	interval		10.86	12.19	14.00		# of strides	11.43	10.86	12.19	14.00	22.29	26.19	3.90
		velocity	8.75	9.21	8.20	7.14	8.25	181.5	8.75	9.21	8.20	7.14	8.97	7.64	

Decathlon - Heat 2 - 2022 World Athletics Championships (Eugene, OR) — *Timing by Seiko (2022) - world athletics championships race analysis*

date	23-Jul-22	time	11.95	23.40	35.89	49.80	49.80	8 / 8							
reaction time	0.154	interval		11.45	12.49	13.91		# of strides	11.95	11.45	12.49	13.91	23.40	26.40	3.00
		velocity	8.37	8.73	8.01	7.19	8.03	181.0	8.37	8.73	8.01	7.19	8.55	7.58	

Smith, Calvin (USA) (1987)

50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2011 USATF National Championships (Eugene, OR) — *Track Newsletter (2011) - USATF men's championships*

date	25-Jun-11	time	11.2	21.7	33.0	45.4	45.39	/ 7							
reaction time	0.126	interval		10.50	11.30	12.40		# of strides	11.20	10.50	11.30	12.40	21.70	23.70	2.00
		velocity	8.93	9.52	8.85	8.06	8.81		8.93	9.52	8.85	8.06	9.22	8.44	

FINAL - 2010 NCAA Championships (Eugene, OR) — *Track Newsletter (2010) - NCAA men's championships*

date	11-Jun-10	time		21.9	33.1	45.4	45.37	/ 4							
reaction time		interval			11.2	12.3		# of strides				11.20	12.30	21.90	23.50	1.60
		velocity		9.13	8.93	8.13	8.82					8.93	8.13	9.13	8.51	

FiNAL - 2008 USA Olympic Trials (Eugene, OR) — *USATF Women's Sprint Development with HPC (2008)*

date	03-Jul-08	time	11.39	16.03	21.93	27.56	33.42	39.47	45.57	45.57	3 / 5							
reaction time		interval		4.64	5.90	5.63	5.86	6.05	6.10		# of strides	11.39	10.54	11.49	12.15	21.93	23.64	1.71
		velocity	8.78	10.78	8.47	8.88	8.53	8.26	8.20	8.78		8.78	9.49	8.70	8.23	9.12	8.46	

Semi-Final 1 - 2008 USA Olympic Trials (Eugene, OR) — *USATF Women's Sprint Development with HPC (2008)*

date	30-Jun-08	time	11.44	16.62	22.08	27.56	33.40	39.22	45.43	45.43	7 / 3							
reaction time		interval		5.18	5.46	5.48	5.84	5.82	6.21		# of strides	11.44	10.64	11.32	12.03	22.08	23.35	1.27
		velocity	8.74	9.65	9.16	9.12	8.56	8.59	8.05	8.80		8.74	9.40	8.83	8.31	9.06	8.57	

FINAL - 2007 NCAA Championships (Sacramento, CA) — *Track Newsletter (2006) - NCAA men's championships*

date	09-Jun-07	time			33.6	45.7	45.74	2 / 7							
reaction time		interval				12.1		# of strides					12.10		
		velocity			8.93	8.26	8.75						8.26		

Smith, Demarius (USA) (1998)

50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2025 USATF Championships (Eugene, OR) — *USATF and Karmarush (2025) - USATF championships results and race analysis*

date	02-Aug-25	time	11.46	22.10	33.34	45.55	45.55	8 / 7							
reaction time		interval		10.64	11.24	12.21		# of strides	11.46	10.64	11.24	12.21	22.10	23.45	1.35
		velocity	8.73	9.40	8.90	8.19	8.78	166.2	8.73	9.40	8.90	8.19	9.05	8.53	

Heat 1 - 2025 USATF Championships (Eugene, OR) *USATF and Karmarush (2025) - USATF championships results and race analysis*

date	01-Aug-25	time	11.03	21.23	32.10	44.45	44.45	8 / 2								
reaction time		interval		10.20	10.87	12.35	PB	# of strides	11.03	10.20	10.87	12.35	21.23	23.22	1.99	
		velocity	9.07	9.80	9.20	8.10	9.00		9.07	9.80	9.20	8.10	9.42	8.61		

Smith, John (USA) (1950)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1972 USA Olympic Trials (Eugene, OR)																	*Hymans (2008) - history of the US olympic trials - track and field*
date 09-Jul-72	time			21.2				44.3	44.3	3 / 2							
reaction time	interval							23.10		# of strides					21.20	23.10	1.90
	velocity			9.43				8.66	9.03						9.43	8.66	
FINAL - 1972 NCAA Championships (Eugene, OR)																	*Robinson (1974) - modern techniques of track and field*
date 03-Jun-72	time			22.1				44.5	44.5	5 / 1							
reaction time	interval							22.40		# of strides					22.10	22.40	0.30
	velocity			9.05				8.93	8.99						9.05	8.93	
FINAL - 1971 USA National Champhionships (Eugene, OR) *(yards)*																	*Hymans (2015) - progression of IAAF world records - 2015 edition*
date 26-Jun-71	time			22.0				44.2	44.2	2 / 1							
reaction time	interval							22.20	WR yards	# of strides					22.00	22.20	0.20
	velocity			9.09				9.01	9.05	*(44.5/440y)*					9.09	9.01	
FINAL - 1970 France v USA (Colombes, FRA)																	*Parient (1970) - Nallet shocks Mann in 48.6*
date 09-Jul-70	time					32.7		45.0	45.0	/ 2							
reaction time	interval							12.3	PB	# of strides				12.30			
	velocity					9.17		8.13	8.89					8.13			
FINAL - 1970 AAU Championships (Bakersfield, CA) (yards)																	*Drake (1970) - AAU championships, topsy-turvy competition*
date 27-Jun-70	time			21.9				45.4	45.4	7 / 1							
reaction time	interval							23.5	*(45.7/440y)*	# of strides					21.90	23.50	1.60
	velocity			9.13				8.51	8.81						9.13	8.51	

Smith, LaMont (USA) (1972)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1996 USA Olympic Trials (Atlanta, GA)																	*USATF Women's Sprint Development (1996)*
date 19-Jun-96	time	11.08		21.38		32.18	37.92	44.30	44.30	3 / 4							
reaction time	interval			10.30		10.80	5.74	6.38	PB	# of strides	11.08	10.30	10.80	12.12	21.38	22.92	1.54
	velocity	9.03		9.71		9.26	8.71	7.84	9.03		9.03	9.71	9.26	8.25	9.35	8.73	
Semi-Final 2 - 1996 USA Olympic Trials (Atlanta, GA)																	*USATF Women's Sprint Development (1996)*
date 17-Jun-96	time	11.42		21.48		33.00	38.54	44.51	44.51	5 / 1							
reaction time	interval			10.06		11.52	5.54	5.97	PB	# of strides	11.42	10.06	11.52	11.51	21.48	23.03	1.55
	velocity	8.76		9.94		8.68	9.03	8.38	8.99		8.76	9.94	8.68	8.69	9.31	8.68	

Smith, Miles (USA) (1984)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2011 USATF National Championships (Eugene, OR)																	*Track Newsletter (2011) - USATF men's championships*
date 25-Jun-11	time	11.2		21.8		33.2		45.3	45.34	/ 6							
reaction time 0.123	interval			10.60		11.40		12.10		# of strides	11.20	10.60	11.40	12.10	21.80	23.50	1.70
	velocity	8.93		9.43		8.77		8.26	8.82		8.93	9.43	8.77	8.26	9.17	8.51	
Semi-Final 2 - 2008 USA Olympic Trials (Eugene, OR)																	*USATF Women's Sprint Development with HPC (2008)*
date 30-Jun-08	time	11.18		21.90	27.54	33.53	39.57	46.32	46.32	1 / 6							
reaction time	interval			10.72	5.64	5.99	6.04	6.75		# of strides	11.18	10.72	11.63	12.79	21.90	24.42	2.52
	velocity	8.94		9.33	8.87	8.35	8.28	7.41	8.64		8.94	9.33	8.60	7.82	9.13	8.19	
FINAL - 2005 USATF National Championships (Carson, CA)																	*USATF Women's Sprint Development (2005)*
date 25-Jun-05	time	11.51	16.52	21.78	27.15	32.90	38.93	45.25	45.25	2 / 6							
reaction time	interval		5.01	5.26	5.37	5.75	6.03	6.32		# of strides	11.51	10.27	11.12	12.35	21.78	23.47	1.69
	velocity	8.69	9.98	9.51	9.31	8.70	8.29	7.91	8.84		8.69	9.74	8.99	8.10	9.18	8.52	
FINAL - 2005 NCAA Championships (Sacramento, CA)																	*Track Newsletter (2005) - NCAA men's championships*
date 11-Jun-05	time	11.3		21.4		32.7		45.2	45.16	2 / 5							
reaction time	interval			10.10		11.30		12.50	=PB	# of strides	11.30	10.10	11.30	12.50	21.40	23.80	2.40
	velocity	8.85		9.90		8.85		8.00	8.86		8.85	9.90	8.85	8.00	9.35	8.40	

Smith, Owen (GBR) (1994)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 Müller British Grand Prix (Gateshead, GBR)																	*Omega Timing (2021) - diamond league race analysis*
date 13-Jul-21	time	6.5	11.8	17.4	23.0	28.8	34.7	40.7	47.11	47.11	1 / 6						
reaction time 0.146	interval		5.30	5.60	5.60	5.80	5.90	6.00	6.41		# of strides	11.80	11.20	11.70	12.41	23.00	24.11	1.11
	velocity	7.69	9.43	8.93	8.93	8.62	8.47	8.33	7.80	8.49		8.47	8.93	8.55	8.06	8.70	8.30	
National FINAL - 2018 Müller Anniversary Games (London, GBR)																	*Omega Timing (2018) - diamond league race analysis*
date 21-Jul-18	time		11.8		22.5		34.1		46.93	46.93	4 / 4						
reaction time 0.138	interval				10.7		11.6		12.8		# of strides	11.80	10.70	11.60	12.83	22.50	24.43	1.93
	velocity		8.47		9.35		8.62		7.79	8.52		8.47	9.35	8.62	7.79	8.89	8.19	

Smith, Tommie (USA) (1944)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1967 San Jose State Invitational (San Jose, CA) (*yards*)																	*Drake (1967) - der schnellste sprint der geschichte*
date 20-May-67	time		11.0		21.6		33.3		44.5	44.5	/ 1						
reaction time	interval				10.60		11.70		11.20	WR yards	# of strides	11.00	10.60	11.70	11.20	21.60	22.90	1.30
	velocity		9.09		9.43		8.55		8.93	8.99	*(44.8/440y)*	9.09	9.43	8.55	8.93	9.26	8.73	
FINAL - 1966 ???? (Palo Alto, CA) (yards)																	*Drake (1966). U.S. Report, 440 yard dash*
date 02-Apr-66	time				21.6				45.4	45.4	/ 1						
reaction time	interval								23.8	*(45.7/440y)*	# of strides					21.60	23.80	2.20
	velocity				9.26				8.40	8.81						9.26	8.40	

WR=World Rec. AR=Area Rec. OR=Olympic Rec. CR=Championship Rec. NR=National Rec. PB=Personal Best DQ=Disqualified DV=Drug Violation

Smith, Willie (USA) (1956)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1980 USA Olympic Trials (Eugene, OR)										*Track Newsletter (1980) - US olympic trials*							
date 27-Jun-80 time		12.0		22.7		34.0		46.0	45.97	/ 2							
reaction time interval				10.70		11.30		11.97		# of strides	12.00	10.70	11.30	11.97	22.70	23.27	0.57
velocity		8.33		9.35		8.85		8.35	8.70		8.33	9.35	8.85	8.35	8.81	8.59	

Snaith, Ben (GBR) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2018 Müller Anniversary Games (London, GBR)										*Omega Timing (2018) - diamond league race analysis*							
date 21-Jul-18 time		11.7		22.3		33.9		47.15	47.15	8 / 6							
reaction time 0.162 interval				10.6		11.6		13.3		# of strides	11.70	10.60	11.60	13.25	22.30	24.85	2.55
velocity		8.55		9.43		8.62		7.55	8.48		8.55	9.43	8.62	7.55	8.97	8.05	

Sofue, Takumi (JPN) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2016 Japanese National Junior Championships (Mizuho, JPN)										*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*							
date 21-Oct-16 time	6.69	12.28	18.02	23.93	29.86	35.80	41.88	48.25	48.25	8 / 7							
reaction time interval		5.59	5.74	5.91	5.93	5.94	6.08	6.37		# of strides	12.28	11.65	11.87	12.45	23.93	24.32	0.39
velocity	7.47	8.94	8.71	8.46	8.43	8.42	8.22	7.85	8.29		8.14	8.58	8.42	8.03	8.36	8.22	

Solomon, Jarrin (TTO) (1986)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2016 Seiko Golden Grand Prix (Kawasaki, JPN)										*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*							
date 08-May-16 time	6.29	11.34	16.52	21.91	27.48	33.21	39.30	45.77	45.77	7 / 2							
reaction time 0.192 interval		5.05	5.18	5.39	5.57	5.73	6.09	6.47		# of strides	11.34	10.57	11.30	12.56	21.91	23.86	1.95
velocity	7.95	9.90	9.65	9.28	8.98	8.73	8.21	7.73	8.74	181.2	8.82	9.46	8.85	7.96	9.13	8.38	

Solomon, Michael (TRI) (1954)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1980 Olympic Games (Moscow, URS)										*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*							
date 30-Jul-80 time				21.4		32.7		45.6	45.55	7 / 6							
reaction time 0.164 interval						11.3		12.90		# of strides		21.40	11.30	12.90	21.40	24.20	2.80
velocity				9.35		8.85		7.75	8.78			9.35	8.85	7.75	9.35	8.26	

Solomon, Steven (AUS) (1993)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2022 Commonwealth Games (Birmingham, GBR)										*Longines Timing (2022) - commonwealth games race analysis*							
date 07-Aug-22 time	6.4	11.5	16.8	22.3	28.0	33.8	39.7	46.22	46.22	3 / 7							
reaction time 0.173 interval		5.10	5.30	5.50	5.70	5.80	5.90	6.52		# of strides	11.50	10.80	11.50	12.42	22.30	23.92	1.62
velocity	7.81	9.80	9.43	9.09	8.77	8.62	8.47	7.67	8.65		8.70	9.26	8.70	8.05	8.97	8.36	
Semi-Final 1 - 2022 Commonwealth Games (Birmingham, GBR)										*Longines Timing (2022) - commonwealth games race analysis*							
date 05-Aug-22 time	6.3	11.3	16.6	22.2	27.7	33.5	39.6	46.30	46.30	6 / 4							
reaction time 0.168 interval		5.00	5.30	5.60	5.50	5.80	6.10	6.70		# of strides	11.30	10.90	11.30	12.80	22.20	24.10	1.90
velocity	7.94	10.00	9.43	8.93	9.09	8.62	8.20	7.46	8.64	178.0	8.85	9.17	8.85	7.81	9.01	8.30	
Heat 1 - 2022 World Athletics Championships (Eugene, OR)										*Timing by Seiko (2022) - world athletics championships race analysis*							
date 17-Jul-22 time		11.71		22.50		33.65		46.87	46.87	5 / 6							
reaction time 0.152 interval				10.79		11.15		13.22		# of strides	11.71	10.79	11.15	13.22	22.50	24.37	1.87
velocity		8.54		9.27		8.97		7.56	8.53		8.54	9.27	8.97	7.56	8.89	8.21	
FINAL - 2012 Olympic Games (London, GBR)										*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*							
date 06-Aug-12 time		11.1		21.9		32.9		45.1	45.14	3 / 8							
reaction time 0.143 interval				10.80		11.00		12.20		# of strides	11.10	10.80	11.00	12.20	21.90	23.20	1.30
velocity		9.01		9.26		9.09		8.20	8.86	169.7	9.01	9.26	9.09	8.20	9.13	8.62	

Sombe, David (FRA) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 2 - 2024 European Athletics Championships (Roma, ITA)										*European Athletics (2024) - 2024 european athletics championships - results book*							
date 09-Jun-24 time		11.40		22.12		33.43		45.36	45.36	4 / 5							
reaction time 0.204 interval				10.72		11.31		11.93		# of strides	11.40	10.72	11.31	11.93	22.12	23.24	1.12
velocity		8.77		9.33		8.84		8.38	8.82	170.2	8.77	9.33	8.84	8.38	9.04	8.61	
Heat 3 - 2024 European Athletics Championships (Roma, ITA)										*European Athletics (2024) - 2024 european athletics championships - results book*							
date 08-Jun-24 time		11.51		22.17		33.54		45.45	45.45	4 / 2							
reaction time 0.221 interval				10.66		11.37		11.91		# of strides	11.51	10.66	11.37	11.91	22.17	23.28	1.11
velocity		8.69		9.38		8.80		8.40	8.80		8.69	9.38	8.80	8.40	9.02	8.59	
A Final - 2023 European Team Championships, First Division (Chorzów, POL)										*European Athletics (2023) - 3rd european games, athletics - results book*							
date 23-Jun-23 time		11.42		21.89		33.26		45.49	45.49	6 / 6							
reaction time 0.203 interval				10.47		11.37		12.23		# of strides	11.42	10.47	11.37	12.23	21.89	23.60	1.71
velocity		8.76		9.55		8.80		8.18	8.79	170.0	8.76	9.55	8.80	8.18	9.14	8.47	

Someya, Sho (JPN) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Division 1 FINAL - 2017 Kanto Collegiate Championships (Yokohama, JPN)										*(2017) - tfdata-store.com/2017/06/01/post-786/*							
date 26-May-17 time		11.95		23.18		34.76		47.66	47.66	8 / 6							
reaction time interval				11.23		11.58		12.90		# of strides	11.95	11.23	11.58	12.90	23.18	24.48	1.30
velocity		8.37		8.90		8.64		7.75	8.39	187.2	8.37	8.90	8.64	7.75	8.63	8.17	
Division 1 Semi-Final 1 - 2017 Kanto Collegiate Championships (Yokohama, JPN)										*(2017) - tfdata-store.com/2017/06/02/post-835/*							
date 26-May-17 time		11.98		23.07		34.79		47.65	47.65	5 / ~~4~~ 3							
reaction time interval				11.09		11.72		12.86		# of strides	11.98	11.09	11.72	12.86	23.07	24.58	1.51
velocity		8.35		9.02		8.53		7.78	8.39	193.0	8.35	9.02	8.53	7.78	8.67	8.14	
U19 FINAL - 2015 National Sports Festival (Wakayama, JPN)										*Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*							
date 05-Oct-15 time	6.65	12.37	18.03	23.73	29.62	35.48	41.47	47.64	47.64	/ 1							
reaction time interval		5.72	5.66	5.70	5.89	5.86	5.99	6.17		# of strides	12.37	11.36	11.75	12.16	23.73	23.91	0.18
velocity	7.52	8.74	8.83	8.77	8.49	8.53	8.35	8.10	8.40		8.08	8.80	8.51	8.22	8.43	8.36	
FINAL - 2015 Japanese National High School Championships (Wakayama, JPN)										*Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*							

date	29-Jul-15	time	6.71	12.12	17.68	23.48	29.39	35.38	41.59	48.29	48.29	/ 5							
reaction time		interval		5.41	5.56	5.80	5.91	5.99	6.21	6.70		# of strides	12.12	11.36	11.90	12.91	23.48	24.81	1.33
		velocity	7.45	9.24	8.99	8.62	8.46	8.35	8.05	7.46	8.28		8.25	8.80	8.40	7.75	8.52	8.06	

Song Jiahui (CHN) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2023 Chinese National Grand Prix 4 (Chongqing, CHN) *Shandong Athletics Sport Science (2023)*

date	02-Jun-23	time		11.61		22.14		33.68	39.81	46.63	46.63	3 / 3							
reaction time	0.228	interval				10.53		11.54	6.13	6.82	PB	# of strides	11.61	10.53	11.54	12.95	22.14	24.49	2.35
		velocity		8.61		9.50		8.67	8.16	7.33	8.58	168.0	8.61	9.50	8.67	7.72	9.03	8.17	

Heat 7 - 2023 Chinese National Grand Prix 4 (Chongqing, CHN) *Shandong Athletics Sport Science (2023)*

date	02-Jun-23	time		11.63		22.37		34.05	40.21	46.97	46.97	7 / 1							
reaction time		interval				10.74		11.68	6.16	6.76		# of strides	11.63	10.74	11.68	12.92	22.37	24.60	2.23
		velocity		8.60		9.31		8.56	8.12	7.40	8.52	165.2	8.60	9.31	8.56	7.74	8.94	8.13	

Heat 3 - 2023 Chinese National Grand Prix 3 (Taizhou, CHN) *Shandong Athletics Sport Science (2023)*

date	26-May-23	time		11.58		22.33		34.06	40.33	47.18	47.18	5 / 3							
reaction time	0.168	interval				10.75		11.73	6.27	6.85		# of strides	11.58	10.75	11.73	13.12	22.33	24.85	2.52
		velocity		8.64		9.30		8.53	7.97	7.30	8.48	169.0	8.64	9.30	8.53	7.62	8.96	8.05	

Sorg, Michael (SUI) (2004)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

B Race - 2024 Athletissima (Lausanne, SUI) *Omega Timing (2024) - diamond league race analysis*

date	22-Aug-24	time	6.36	11.47	16.72	22.23	28.09	34.35	40.98	48.14	48.14	8 / 4							
reaction time	0.215	interval		5.11	5.25	5.51	5.86	6.26	6.63	7.16		# of strides	11.47	10.76	12.12	13.79	22.23	25.91	3.68
		velocity	7.86	9.78	9.52	9.07	8.53	7.99	7.54	6.98	8.31		8.72	9.29	8.25	7.25	9.00	7.72	

Šorm, Patrik (CZE) (1993)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Heat 2 - 2024 European Athletics Championships (Roma, ITA) *European Athletics (2024) - 2024 european athletics championships - results book*

date	08-Jun-24	time		11.55		22.17		33.63		46.40	46.40	8 / 7							
reaction time	0.205	interval				10.62		11.46		12.77		# of strides	11.55	10.62	11.46	12.77	22.17	24.23	2.06
		velocity		8.66		9.42		8.73		7.83	8.62		8.66	9.42	8.73	7.83	9.02	8.25	

B Race - 2023 Memorial van Damme (Brussels, BEL) *Omega Timing (2023) - diamond league race analysis*

date	08-Sep-23	time	6.33	11.38	16.62	22.13	27.74	33.45	39.39	45.80	45.80	8 / 5							
reaction time	0.168	interval		5.05	5.24	5.51	5.61	5.71	5.94	6.41		# of strides	11.38	10.75	11.32	12.35	22.13	23.67	1.54
		velocity	7.90	9.90	9.54	9.07	8.91	8.76	8.42	7.80	8.73		8.79	9.30	8.83	8.10	9.04	8.45	

Semi-Final 1 - 2022 European Athletics Championships (Munich, GER) *European Athletics (2022) - european athletics championships race analysis*

date	16-Aug-22	time		11.21		21.80		33.20		45.66	45.66	2 / 4							
reaction time	0.227	interval				10.59		11.40		12.46		# of strides	11.21	10.59	11.40	12.46	21.80	23.86	2.06
		velocity		8.92		9.44		8.77		8.03	8.76	173.7	8.92	9.44	8.77	8.03	9.17	8.38	

Heat 1 - 2022 European Athletics Championships (Munich, GER) *European Athletics (2022) - european athletics championships race analysis*

date	15-Aug-22	time		11.21		21.47		32.74		45.66	45.66	6 / 2							
reaction time	0.197	interval				10.26		11.27		12.92		# of strides	11.21	10.26	11.27	12.92	21.47	24.19	2.72
		velocity		8.92		9.75		8.87		7.74	8.76		8.92	9.75	8.87	7.74	9.32	8.27	

Heat 1 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	17-Jul-22	time		11.42		22.15		33.45		46.07	46.07	4 / 5							
reaction time	0.174	interval				10.73		11.30		12.62		# of strides	11.42	10.73	11.30	12.62	22.15	23.92	1.77
		velocity		8.76		9.32		8.85		7.92	8.68		8.76	9.32	8.85	7.92	9.03	8.36	

FINAL - 2022 FBK Games (Hengelo, NED) *Omega Timing (2022) - continental tour race analysis*

date	06-Jun-22	time	6.3	11.3	16.6	21.9	27.6	33.5	39.7	46.30	46.30	2 / 5							
reaction time	0.146	interval		5.00	5.30	5.30	5.70	5.90	6.20	6.60		# of strides	11.30	10.60	11.60	12.80	21.90	24.40	2.50
		velocity	7.94	10.00	9.43	9.43	8.77	8.47	8.06	7.58	8.64		8.85	9.43	8.62	7.81	9.13	8.20	

Southern, Eddie (USA) (1938)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 1960 Coliseum Relays (Los Angeles, CA) *Nelson (1960) - coliseum relays- 8:55.3 for Phil Coleman*

date	20-May-60	time				22.2				47.1	47.1	/ 5							
reaction time		interval								24.9		# of strides					22.20	24.90	2.70
		velocity				9.01				8.03	8.49						9.01	8.03	

FINAL - 1958 NCAA Championships (Berkeley, CA) (*yards*) *Nelson (1956) - NCAA championships- 45.7 for Glenn Davis*

date	14-Jun-58	time				21.5		32.8		46.2	46.2	4 / 2							
reaction time		interval						11.3		13.4	*(46.5/440y)*	# of strides			11.30	13.40	21.50	24.70	3.20
		velocity				9.30		8.85		7.46	8.66				8.85	7.46	9.30	8.10	

FINAL - 1958 Compton Invitational (Compton, CA) (yards) *Nelson (1958) - Elliot smashes Delany*

date	06-Jun-58	time				21.5				45.6	45.6	/ 1							
reaction time		interval								24.1	*(45.9/440y)*	# of strides			-21.50	45.60	21.50	24.10	2.60
		velocity				9.30				8.30	8.77				-4.65	2.19	9.30	8.30	

FINAL - 1958 Coliseum Relays (Los Angeles, CA) (yards) *Nelson (1958) - Elliot 3:57.8, Cal 7:20.9*

date	13-May-58	time				21.5				47.0	47.0	/ 1							
reaction time		interval								25.5	*(47.3/440y)*	# of strides			-21.50	47.00	21.50	25.50	4.00
		velocity				9.30				7.84	8.51				-4.65	2.13	9.30	7.84	

Spejcher, Daniel (USA) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Decathlon - Heat 2 - 2024 USA Olympic Trials (Eugene, OR) *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	21-Jun-24	time		11.56		22.85		35.71		50.00	50.00	8 / 2							
reaction time		interval				11.29		12.86		14.29		# of strides	11.56	11.29	12.86	14.29	22.85	27.15	4.30
		velocity		8.65		8.86		7.78		7.00	8.00		8.65	8.86	7.78	7.00	8.75	7.37	

Spence, Malcolm (RSA) (1937)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 1960 Olympic Games (Rome, ITA) *Khomenkov (1982) - a textbook for a track and field coach*

date	06-Sep-60	time	11.1	21.4	32.7	45.5	45.5	4 / 3							
reaction time		interval		10.30	11.30	12.80	*(45.60)*	# of strides	10.10	10.30	11.30	12.80	21.40	24.10	2.70
		velocity	9.01	9.71	8.85	7.81	8.79		9.01	9.71	8.85	7.81	9.35	8.30	

FINAL - 1956 Olympic Games (Melbourne, AUS) *Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*

date	29-Nov-56	time		22.0	34.1	48.3	48.3	1 / 6							
reaction time		interval			12.1	14.2	*(48.40)*	# of strides			12.10	14.20	22.00	26.30	4.30
		velocity		9.09	8.26	7.04	8.57				8.26	7.04	9.09	7.60	

Spencer, Emerson (USA) (1906)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1928 Pacific AAU Championships (Palo Alto, CA)																	*Parienté (1978) - la fabuleuse histoire de l'athlétisme*
date 12-May-28	time			21.8				47.0	47.0	/ 1							
reaction time	interval							25.20	**WR**	# of strides					21.80	25.20	3.40
	velocity			9.17				7.94	8.51						9.17	7.94	

Spitz, Lionel (SUI) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 4 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 14-Sep-25	time	11.16		21.50		32.89		45.57	45.57	2 / 7							
reaction time 0.158	interval			10.34		11.39		12.68		# of strides	11.16	10.34	11.39	12.68	21.50	24.07	2.57
	velocity	8.96		9.67		8.78		7.89	8.78		8.96	9.67	8.78	7.89	9.30	8.31	

B Race - 2025 Weltklasse (Zürich, SUI) *Omega Timing (2025) - diamond league race analysis*

date	28-Aug-25	time	6.26	11.30	16.53	21.87	27.36	33.11	39.13	45.54	45.54	3 / 4							
reaction time	0.138	interval		5.04	5.23	5.34	5.49	5.75	6.02	6.41		# of strides	11.30	10.57	11.24	12.43	21.87	23.67	1.80
		velocity	7.99	9.92	9.56	9.36	9.11	8.70	8.31	7.80	8.78		8.85	9.46	8.90	8.05	9.14	8.45	

FINAL - 2024 Weltklasse (Zürich, SUI) *Omega Timing (2024) - diamond league race analysis*

date	05-Sep-24	time	6.33	11.56	16.87	22.20	27.64	33.25	39.07	45.30	45.30	4 / 1							
reaction time	0.130	interval		5.23	5.31	5.33	5.44	5.61	5.82	6.23		# of strides	11.56	10.64	11.05	12.05	22.20	23.10	0.90
		velocity	7.90	9.56	9.42	9.38	9.19	8.91	8.59	8.03	8.83		8.65	9.40	9.05	8.30	9.01	8.66	

FINAL - 2024 Athletissima (Lausanne, SUI) *Omega Timing (2024) - diamond league race analysis*

date	22-Aug-24	time	6.15	11.07	16.11	21.40	27.00	32.88	39.05	45.82	45.82	2 / 7							
reaction time	0.119	interval		4.92	5.04	5.29	5.60	5.88	6.17	6.77		# of strides	11.07	10.33	11.48	12.94	21.40	24.42	3.02
		velocity	8.13	10.16	9.92	9.45	8.93	8.50	8.10	7.39	8.73		9.03	9.68	8.71	7.73	9.35	8.19	

Repechage 3 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	05-Aug-24	time	6.27	11.37	16.56	21.94	27.52	33.20	39.10	45.51	45.51	5 / 4							
reaction time	0.148	interval		5.10	5.19	5.38	5.58	5.68	5.90	6.41		# of strides	11.37	10.57	11.26	12.31	21.94	23.57	1.63
		velocity	7.97	9.80	9.63	9.29	8.96	8.80	8.47	7.80	8.79	185.2	8.80	9.46	8.88	8.12	9.12	8.49	

Heat 5 - 2024 Olympic Games (Paris, FRA) *Paris 2024 Olympic Games - Results Book (2024)*

date	04-Aug-24	time	6.18	11.13	16.20	21.48	26.97	32.78	38.94	45.81	45.81	3 / 6							
reaction time	0.145	interval		4.95	5.07	5.28	5.49	5.81	6.16	6.87		# of strides	11.13	10.35	11.30	13.03	21.48	24.33	2.85
		velocity	8.09	10.10	9.86	9.47	9.11	8.61	8.12	7.28	8.73	186.5	8.98	9.66	8.85	7.67	9.31	8.22	

FINAL - 2024 European Athletics Championships (Roma, ITA) *European Athletics (2024) - 2024 european athletics championships - results book*

date	10-Jun-24	time		11.14		21.53		32.83		45.69	45.69	2 / 8							
reaction time	0.162	interval				10.39		11.30		12.86		# of strides	11.14	10.39	11.30	12.86	21.53	24.16	2.63
		velocity		8.98		9.62		8.85		7.78	8.75	190.0	8.98	9.62	8.85	7.78	9.29	8.28	

Semi-Final 2 - 2024 European Athletics Championships (Roma, ITA) *European Athletics (2024) - 2024 european athletics championships - results book*

date	09-Jun-24	time		11.21		21.78		33.09		45.28	45.28	9 / 3							
reaction time	0.166	interval				10.57		11.31		12.19		# of strides	11.21	10.57	11.31	12.19	21.78	23.50	1.72
		velocity		8.92		9.46		8.84		8.20	8.83	183.0	8.92	9.46	8.84	8.20	9.18	8.51	

Heat 2 - 2024 European Athletics Championships (Roma, ITA) *European Athletics (2024) - 2024 european athletics championships - results book*

date	08-Jun-24	time		11.34		21.75		33.06		45.37	45.37	3 / 1							
reaction time	0.166	interval				10.41		11.31		12.31		# of strides	11.34	10.41	11.31	12.31	21.75	23.62	1.87
		velocity		8.82		9.61		8.84		8.12	8.82		8.82	9.61	8.84	8.12	9.20	8.47	

FINAL - 2023 Weltklasse (Zürich, SUI) *Omega Timing (2023) - diamond league race analysis*

date	31-Aug-23	time	6.31	11.43	16.82	22.35	27.92	33.61	39.50	45.83	45.83	4 / 4							
reaction time	0.147	interval		5.12	5.39	5.53	5.57	5.69	5.89	6.33		# of strides	11.43	10.92	11.26	12.22	22.35	23.48	1.13
		velocity	7.92	9.77	9.28	9.04	8.98	8.79	8.49	7.90	8.73		8.75	9.16	8.88	8.18	8.95	8.52	

Heat 5 - 2023 World Athletics Championships (Budapest, HUN) *Seiko Timing (2023) - world championship race analysis*

date	20-Aug-23	time		11.37		21.85		33.18		45.69	45.69	9 / 5							
reaction time	0.180	interval				10.48		11.33		12.51		# of strides	11.37	10.48	11.33	12.51	21.85	23.84	1.99
		velocity		8.80		9.54		8.83		7.99	8.75		8.80	9.54	8.83	7.99	9.15	8.39	

FINAL - 2023 European Athletics U23 Championships (Espoo, FIN) *European Athletics (2023) - european athletics U23 championships results book*

date	14-Jul-23	time		11.41		21.94		33.39		45.27	45.27	4 / 2							
reaction time	0.212	interval				10.53		11.45		11.88	**PB**	# of strides	11.41	10.53	11.45	11.88	21.94	23.33	1.39
		velocity		8.76		9.50		8.73		8.42	8.84	182.0	8.76	9.50	8.73	8.42	9.12	8.57	

Semi-Final 1 - 2023 European Athletics U23 Championships (Espoo, FIN) *European Athletics (2023) - european athletics U23 championships results book*

date	13-Jul-23	time		11.47		22.25		33.86		45.50	45.50	5 / 2							
reaction time	0.193	interval				10.78		11.61		11.64		# of strides	11.47	10.78	11.61	11.64	22.25	23.25	1.00
		velocity		8.72		9.28		8.61		8.59	8.79		8.72	9.28	8.61	8.59	8.99	8.60	

FINAL - 2023 Athletissima (Lausanne, SUI) *Omega Timing (2023) - diamond league race analysis*

date	30-Jun-23	time	6.39	11.57	16.86	22.28	27.81	33.59	39.49	45.92	45.92	3 / 3							
reaction time	0.146	interval		5.18	5.29	5.42	5.53	5.78	5.90	6.43		# of strides	11.57	10.71	11.31	12.33	22.28	23.64	1.36

		velocity	7.82	9.65	9.45	9.23	9.04	8.65	8.47	7.78	8.71		8.64	9.34	8.84	8.11	8.98	8.46	

B Final - 2023 European Team Championships, First Division (Chorzów, POL) — *European Athletics (2023) - 3rd european games, athletics - results book*

date	23-Jun-23	time		11.14		21.27		32.90		45.81	45.81	5 / 3						
reaction time	0.197	interval				10.13		11.63		12.91		# of strides	11.14	10.13	11.63	12.91	21.27	24.54	3.27
		velocity		8.98		9.87		8.60		7.75	8.73		8.98	9.87	8.60	7.75	9.40	8.15	

National FINAL - 2022 Weltklasse (Zürich, SUI) — *Omega Timing (2022) - diamond league race analysis*

date	08-Sep-22	time	6.21	11.21	16.38	21.64	27.09	32.84	38.92	45.53	45.53	4 / 3						
reaction time	0.145	interval		5.00	5.17	5.26	5.45	5.75	6.08	6.61		# of strides	11.21	10.43	11.20	12.69	21.64	23.89	2.25
		velocity	8.05	10.00	9.67	9.51	9.17	8.70	8.22	7.56	8.79		8.92	9.59	8.93	7.88	9.24	8.37	

FINAL - 2022 European Athletics Championships (Munich, GER) — *European Athletics (2022) - european athletics championships race analysis*

date	17-Aug-22	time		11.16		21.76		33.04		45.66	45.66	2 / 7						
reaction time	0.175	interval				10.60		11.28		12.62		# of strides	11.16	10.60	11.28	12.62	21.76	23.90	2.14
		velocity		8.96		9.43		8.87		7.92	8.76	183.0	8.96	9.43	8.87	7.92	9.19	8.37	

Semi-Final 2 - 2022 European Athletics Championships (Munich, GER) — *European Athletics (2022) - european athletics championships race analysis*

date	16-Aug-22	time		11.08		21.66		33.12		45.56	45.56	7 / 4						
reaction time	0.170	interval				10.58		11.46		12.44		# of strides	11.08	10.58	11.46	12.44	21.66	23.90	2.24
		velocity		9.03		9.45		8.73		8.04	8.78	177.0	9.03	9.45	8.73	8.04	9.23	8.37	

Heat 1 - 2022 European Athletics Championships (Munich, GER) — *European Athletics (2022) - european athletics championships race analysis*

date	15-Aug-22	time		11.15		21.71		32.92		45.46	45.46	8 / 1						
reaction time	0.193	interval				10.56		11.21		12.54	PB	# of strides	11.15	10.56	11.21	12.54	21.71	23.75	2.04
		velocity		8.97		9.47		8.92		7.97	8.80		8.97	9.47	8.92	7.97	9.21	8.42	

B Race - 2021 Athletissima (Lausanne, SUI) — *Omega Timing (2021) - diamond league race analysis*

date	26-Aug-21	time	6.4	11.6	17.0	22.6	28.4	34.3	40.3	46.65	46.65	5 / 1						
reaction time	0.153	interval		5.20	5.40	5.60	5.80	5.90	6.00	6.35		# of strides	11.60	11.00	11.70	12.35	22.60	24.05	1.45
		velocity	7.81	9.62	9.26	8.93	8.62	8.47	8.33	7.87	8.57		8.62	9.09	8.55	8.10	8.85	8.32	

Spratling, Brycen (USA) (1992)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2014 USATF National Championships (Sacramento, CA)																	*Track Newsletter (2014) - USATF men's championships*
date	28-Jun-14	time		11.4		22.2		33.5		45.9	45.90	/ 7						
reaction time		interval				10.8		11.3		12.4		# of strides	11.40	10.80	11.30	12.40	22.20	23.70	1.50
		velocity		8.77		9.26		8.85		8.06	8.71		8.77	9.26	8.85	8.06	9.01	8.44	
FINAL - 2014 NCAA Championships (Eugene, OR)																	*Track Newsletter (2014) - NCAA men's championships*
date	13-Jun-14	time				22.0		33.1		45.5	45.49	/ 4						
reaction time		interval						11.10		12.40		# of strides			11.10	12.40	22.00	23.50	1.50
		velocity				9.09		9.01		8.06	8.79				9.01	8.06	9.09	8.51	

St. Hillaire, Dwight (TTO) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 4 - 2022 World Athletics Championships (Eugene, OR)																	*Timing by Seiko (2022) - world athletics championships race analysis*
date	17-Jul-22	time		11.49		22.25		33.96		46.60	46.60	5 / 6						
reaction time	0.166	interval				10.76		11.71		12.64		# of strides	11.49	10.76	11.71	12.64	22.25	24.35	2.10
		velocity		8.70		9.29		8.54		7.91	8.58	180.7	8.70	9.29	8.54	7.91	8.99	8.21	

Stanković, Filip (SRB) (2007)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 1 - 2025 European Athletics U20 Championships (Tampere, FIN)																	*European Athletics (2025) - 2025 european athletics U20 championships - results book*
date	08-Aug-25	time	6.49	11.65	16.85	22.29	28.07	34.13	40.59	47.71	47.71	1 / 5						
reaction time	0.186	interval		5.16	5.20	5.44	5.78	6.06	6.46	7.12		# of strides	11.65	10.64	11.84	13.58	22.29	25.42	3.13
		velocity	7.70	9.69	9.62	9.19	8.65	8.25	7.74	7.02	8.38		8.58	9.40	8.45	7.36	8.97	7.87	

Stankulov, Tsvetoslav (BUL) (1969)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1991 European Cup (Frankfurt, GER)																	*Federle (2003) - http://www.fgs.uni-halle.de*
date	29-Jun-91	time		11.49		22.90		33.56		46.61	46.61	/ 8						
reaction time		interval				11.41		10.66		13.05		# of strides	11.49	11.41	10.66	13.05	22.90	23.71	0.81
		velocity		8.70		8.76		9.38		7.66	8.58		8.70	8.76	9.38	7.66	8.73	8.44	

Steele, Adam (USA) (1980)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2003 USATF National Championships (Palo Alto, CA)																	*USATF Women's Sprint Development (2003)*
date	21-Jun-03	time				22.32		33.45	39.21	45.51	45.51	9 / ~~6~~ 4						
reaction time		interval						11.13	5.76	6.30		# of strides			11.13	12.06	22.32	23.19	0.87
		velocity				8.96		8.98	8.68	7.94	8.79				8.98	8.29	8.96	8.62	
Semi-Final 2 - 2003 USATF National Championships (Palo Alto, CA)																	*USATF Women's Sprint Development (2003)*
date	20-Jun-03	time				21.81		33.37	39.27	45.75	45.75	8 / 3						
reaction time		interval						11.56	5.90	6.48		# of strides			11.56	12.38	21.81	23.94	2.13
		velocity				9.17		8.65	8.47	7.72	8.74				8.65	8.08	9.17	8.35	

Steffensen, John (AUS) (1982)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 3 - 2009 IAAF World Championships (Berlin, GER)																	*Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*
date	19-Aug-09	time		11.29		21.74		32.85		45.50	45.50	5 / 5						
reaction time	0.153	interval				10.45		11.11		12.65		# of strides	11.29	10.45	11.11	12.65	21.74	23.76	2.02
		velocity		8.86		9.57		9.00		7.91	8.79	174.7	8.86	9.57	9.00	7.91	9.20	8.42	
Heat 4 - 2009 IAAF World Championships (Berlin, GER)																	*Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*
date	18-Aug-09	time		11.18		21.51		32.78		45.37	45.37	3 / 2						
reaction time	0.150	interval				10.33		11.27		12.59		# of strides	11.18	10.33	11.27	12.59	21.51	23.86	2.35
		velocity		8.94		9.68		8.87		7.94	8.82		8.94	9.68	8.87	7.94	9.30	8.38	
FINAL - 2007 IAAF World Athletic Final (Stuttgart, GER)																	*Graubner (2007) - http://www.fgs.uni-halle.de*
date	22-Sep-07	time		11.23		21.62		39.71		46.16	46.16	8 / 5						

reaction time	0.151	interval		10.39	18.09	6.45		# of strides	11.23	10.39	18.09	6.45	21.62	24.54	2.92
		velocity	8.90	9.62	5.53	15.50	8.67		8.90	9.62	5.53	15.50	9.25	8.15	

FINAL - 2005 IAAF World Championships (Helsinki, FIN) *Track Newsletter (2005) - World championships- men*

date	12-Aug-05	time			32.5	45.5	45.46	2 / 8									
reaction time		interval				13.0		# of strides				13.00					
		velocity			9.23	7.69	8.80	175.0				7.69					

Steigerwald, Ernö (HUN) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 2 - 2023 European Athletics U23 Championships (Espoo, FIN)											*European Athletics (2023) - european athletics U23 championships results book*						
date	13-Jul-23	time		11.81		22.91		35.04		46.92	46.92	3 / 7						
reaction time	0.241	interval				11.10		12.13		11.88		# of strides	11.81	11.10	12.13	11.88	22.91	24.01	1.10
		velocity		8.47		9.01		8.24		8.42	8.53		8.47	9.01	8.24	8.42	8.73	8.33	

Semi-Final 2 - 2021 European Athletics U20 Championships (Tallin, EST) *European Athletics (2021) - european athletics U20 championships results book*

date	15-Jul-21	time		12.26		23.71		35.84		49.00	49.00	2 / 7						
reaction time	0.203	interval				11.45		12.13		13.16		# of strides	12.26	11.45	12.13	13.16	23.71	25.29	1.58
		velocity		8.16		8.73		8.24		7.60	8.16		8.16	8.73	8.24	7.60	8.44	7.91	

Steinforth, Till (GER) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 3 - 2024 Olympic Games (Paris, FRA)											*Paris 2024 Olympic Games - Results Book (2024)*						
date	02-Aug-24	time	6.42	11.69	16.98	22.48	28.24	34.39	40.89	47.96	47.96	7 / 7						
reaction time	0.156	interval		5.27	5.29	5.50	5.76	6.15	6.50	7.07		# of strides	11.69	10.79	11.91	13.57	22.48	25.48	3.00
		velocity	7.79	9.49	9.45	9.09	8.68	8.13	7.69	7.07	8.34	178.0	8.55	9.27	8.40	7.37	8.90	7.85	

Steinmann, Matthias (SUI) (1992)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B Race - 2021 Athletissima (Lausanne, SUI)											*Omega Timing (2021) - diamond league race analysis*						
date	26-Aug-21	time	6.7	12.1	17.9	23.8	29.8	36.3	43.1	50.73	50.73	2 / 8						
reaction time	0.144	interval		5.40	5.80	5.90	6.00	6.50	6.80	7.63		# of strides	12.10	11.70	12.50	14.43	23.80	26.93	3.13
		velocity	7.46	9.26	8.62	8.47	8.33	7.69	7.35	6.55	7.88		8.26	8.55	8.00	6.93	8.40	7.43	

Steinmann, Philip (GER) (2006)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 3 - 2025 European Athletics U20 Championships (Tampere, FIN)											*European Athletics (2025) - 2025 european athletics U20 championships - results book*						
date	08-Aug-25	time	6.43	11.51	16.76	22.22	27.90	33.85	40.19	47.27	47.27	6 / 4						
reaction time	0.167	interval		5.08	5.25	5.46	5.68	5.95	6.34	7.08		# of strides	11.51	10.71	11.63	13.42	22.22	25.05	2.83
		velocity	7.78	9.84	9.52	9.16	8.80	8.40	7.89	7.06	8.46	159.0	8.69	9.34	8.60	7.45	9.00	7.98	

Stewart, Trevor (USA) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 1 - 2024 USA Olympic Trials (Eugene, OR)											*USATF and Karmarush (2024) - USA Olympic trials results and race analysis*						
date	23-Jun-24	time		11.38		21.96		33.37		45.80	45.80	1 / 9						
reaction time		interval				10.58		11.41		12.43		# of strides	11.38	10.58	11.41	12.43	21.96	23.84	1.88
		velocity		8.79		9.45		8.76		8.05	8.73		8.79	9.45	8.76	8.05	9.11	8.39	

Heat 5 - 2024 USA Olympic Trials (Eugene, OR) *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	21-Jun-24	time		11.63		22.33		33.62		45.83	45.83	9 / 5						
reaction time		interval				10.70		11.29		12.21		# of strides	11.63	10.70	11.29	12.21	22.33	23.50	1.17
		velocity		8.60		9.35		8.86		8.19	8.73		8.60	9.35	8.86	8.19	8.96	8.51	

FINAL - 2022 Meeting de Paris (Paris, FRA) *Omega Timing (2022) - diamond league race analysis*

date	16-Jun-22	time	6.32	11.41	16.68	22.12	27.67	33.33	39.11	45.18	45.18	2 / 4						
reaction time	0.158	interval		5.09	5.27	5.44	5.55	5.66	5.78	6.07		# of strides	11.41	10.71	11.21	11.85	22.12	23.06	0.94
		velocity	7.91	9.82	9.49	9.19	9.01	8.83	8.65	8.24	8.85	178.0	8.76	9.34	8.92	8.44	9.04	8.67	

FINAL - 2022 FBK Games (Hengelo, NED) *Omega Timing (2022) - continental tour race analysis*

date	06-Jun-22	time	6.2	11.3	16.5	21.9	27.6	33.4	39.4	45.93	45.93	4 / 3						
reaction time	0.148	interval		5.10	5.20	5.40	5.70	5.80	6.00	6.53		# of strides	11.30	10.60	11.50	12.53	21.90	24.03	2.13
		velocity	8.06	9.80	9.62	9.26	8.77	8.62	8.33	7.66	8.71		8.85	9.43	8.70	7.98	9.13	8.32	

FINAL - 2019 NCAA Championships (Austin, TX) *Track Newsletter (2019) - NCAA men's championships*

date	07-Jun-19	time			21.4		32.2		44.2	44.25	/ 2							
reaction time	0.226	interval					10.80		12.00	**PB**	# of strides			10.80	12.00	21.40	22.80	1.40
		velocity			9.35		9.26		8.33	9.04				9.26	8.33	9.35	8.77	

Stewart-Baynes, Khamal (CAN) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2018 IAAF World Junior Championships (Tampere, FIN)											*Koyama (2018) - research on athlete performance and technique- 2018 data book*						
date	13-Jul-18	time	6.22	11.16	16.17	21.61	27.43	33.52	39.97	46.79	46.79	7 / 6						
reaction time	0.158	interval		4.94	5.01	5.44	5.82	6.09	6.45	6.82		# of strides	11.16	10.45	11.91	13.27	21.61	25.18	3.57
		velocity	8.04	10.12	9.98	9.19	8.59	8.21	7.75	7.33	8.55		8.96	9.57	8.40	7.54	9.25	7.94	

Stojoski, Jovan (MKD) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
A Final - 2023 European Team Championships, Third Division (Chorzów, POL)											*European Athletics (2023) - 3rd european games, athletics - results book*						
date	20-Jun-23	time		11.67		22.56		34.44		47.82	47.82	9 / 5						
reaction time	0.219	interval				10.89		11.88		13.38		# of strides	11.67	10.89	11.88	13.38	22.56	25.26	2.70
		velocity		8.57		9.18		8.42		7.47	8.36		8.57	9.18	8.42	7.47	8.87	7.92	

Stølen, Lars Gausemel (NOR) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2019 Bislett Games (Olso, NOR)											*Omega Timing (2019) - diamond league race analysis*						
date	13-Jun-19	time		11.8		23.0		35.6		49.75	49.75	7 / 7						
reaction time	0.171	interval				11.2		12.6		14.2		# of strides	11.80	11.20	12.60	14.15	23.00	26.75	3.75
		velocity		8.47		8.93		7.94		7.07	8.04		8.47	8.93	7.94	7.07	8.70	7.48	

Strader, Solomon (USA) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 1 - 2024 USA Olympic Trials (Eugene, OR)											*USATF and Karmarush (2024) - USA Olympic trials results and race analysis*						
date	23-Jun-24	time		11.03		21.44		32.72		45.72	45.72	3 / 8						
reaction time		interval				10.41		11.28		13.00		# of strides	11.03	10.41	11.28	13.00	21.44	24.28	2.84

		velocity	9.07	9.61	8.87	7.69	8.75		9.07	9.61	8.87	7.69	9.33	8.24	

Heat 4 - 2024 USA Olympic Trials (Eugene, OR) *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	21-Jun-24	time		22.01	32.78	45.76	45.76	9 / 5									
reaction time		interval			10.77	12.98		# of strides			10.77	12.98	22.01	23.75	1.74		
		velocity		9.09	9.29	7.70	8.74	180.0			9.29	7.70	9.09	8.42			

Stráský, Vilém (CZE) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 2 - 2025 World Athletics Championships (Tokyo, JPN)											*Seiko Timing (2025) - 2025 World Championships race analysis*						
date	20-Sep-25	time		11.50	22.80	35.37	49.43	49.43	5 / 6								
reaction time	0.144	interval			11.30	12.57	14.06		# of strides		11.50	11.30	12.57	14.06	22.80	26.63	3.83
		velocity		8.70	8.85	7.96	7.11	8.09			8.70	8.85	7.96	7.11	8.77	7.51	

Strohmayer-Dangl, Niklas (AUT) (2002

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
A Final - 2023 European Team Championships, Third Division (Chorzów, POL)											*European Athletics (2023) - 3rd european games, athletics - results book*						
date	20-Jun-23	time		11.74	22.37	34.01	46.64	46.64	4 / 2								
reaction time	0.220	interval			10.63	11.64	12.63	PB	# of strides		11.74	10.63	11.64	12.63	22.37	24.27	1.90
		velocity		8.52	9.41	8.59	7.92	8.58			8.52	9.41	8.59	7.92	8.94	8.24	

Strønstad-Løseth, Thomas (NOR) (20

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2025 Bislett Games (Oslo, NOR)											*Omega Timing (2025) - diamond league race analysis*						
date	12-Jun-25	time	6.44	11.80	17.47	23.39	29.46	35.71	42.19	49.29	49.29	2 / 5							
reaction time	0.160	interval		5.36	5.67	5.92	6.07	6.25	6.48	7.10		# of strides	11.80	11.59	12.32	13.58	23.39	25.90	2.51
		velocity	7.76	9.33	8.82	8.45	8.24	8.00	7.72	7.04	8.12		8.47	8.63	8.12	7.36	8.55	7.72	

Strother, Nathan (USA) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2019 The Match - Europe v USA (Minsk, BLR)											*Omega Timing (2019) - diamond league race analysis*						
date	09-Sep-19	time		11.46	22.15	33.64	47.15	47.15	7 / 8								
reaction time	0.215	interval			10.69	11.49	13.51		# of strides		11.46	10.69	11.49	13.51	22.15	25.00	2.85
		velocity		8.73	9.35	8.70	7.40	8.48	184.0		8.73	9.35	8.70	7.40	9.03	8.00	

FINAL - 2019 Memorial van Damme (Brussels, BEL) *Omega Timing (2019) - diamond league race analysis*

date	06-Sep-19	time	6.4	11.4	16.5	21.8	27.3	33.1	39.4	47.04	47.04	4 / 9							
reaction time	0.187	interval		5.0	5.1	5.3	5.5	5.8	6.3	13.9		# of strides	11.40	10.40	11.30	13.94	21.80	25.24	3.44
		velocity	7.81	10.00	9.80	9.43	9.09	8.62	7.94	7.17	8.50		8.77	9.62	8.85	7.17	9.17	7.92	

FINAL - 2019 USATF National Championships (Des Moines, IA) *Track Newsletter (2019) - USATF championships men*

date	27-Jul-19	time			21.8	32.6	44.3	44.29	/ 3								
reaction time		interval				10.80	11.70	PB	# of strides				10.80	11.70	21.80	22.50	0.70
		velocity			9.17	9.26	8.55	9.03					9.26	8.55	9.17	8.89	

FINAL - 2019 Herculis Meeting International d'Athlétisme (Monaco, MON) *Omega Timing (2019) - diamond league race analysis*

date	12-Jul-19	time		11.3	21.9	33.2	45.54	45.54	2 / 3								
reaction time	0.179	interval			10.6	11.3	12.3		# of strides		11.30	10.60	11.30	12.34	21.90	23.64	1.74
		velocity		8.85	9.43	8.85	8.10	8.78			8.85	9.43	8.85	8.10	9.13	8.46	

FINAL - 2019 Bauhaus Galan (Stockholm, SWE) *Omega Timing (2019) - diamond league race analysis*

date	30-May-19	time		11.5	22.5	34.1	46.64	46.64	7 / 6								
reaction time	0.199	interval			11.0	11.6	12.5		# of strides		11.50	11.00	11.60	12.54	22.50	24.14	1.64
		velocity		8.70	9.09	8.62	7.97	8.58	179.7		8.70	9.09	8.62	7.97	8.89	8.29	

FINAL - 2019 Shanghai (Shanghai, CHN) *Omega Timing (2019) - diamond league race analysis*

date	18-May-19	time		11.0	21.9	33.5	45.52	45.52	3 / 3								
reaction time	0.181	interval			10.9	11.6	12.0		# of strides		11.00	10.90	11.60	12.02	21.90	23.62	1.72
		velocity		9.09	9.17	8.62	8.32	8.79	180.2		9.09	9.17	8.62	8.32	9.13	8.47	

FINAL - 2018 Weltklasse (Zürich, SUI) *Omega Timing (2018) - diamond league race analysis*

date	30-Aug-18	time		11.3	21.7	32.7	44.93	44.93	3 / 2								
reaction time	0.156	interval			10.4	11.0	12.2		# of strides		11.30	10.40	11.00	12.23	21.70	23.23	1.53
		velocity		8.85	9.62	9.09	8.18	8.90	175.2		8.85	9.62	9.09	8.18	9.22	8.61	

FINAL - 2018 Müller Anniversary Games (London, GBR) *Omega Timing (2018) - diamond league race analysis*

date	21-Jul-18	time		11.6	22.1	33.1	45.17	45.17	3 / 8								
reaction time	0.170	interval			10.5	11.0	12.1		# of strides		11.60	10.50	11.00	12.07	22.10	23.07	0.97
		velocity		8.62	9.52	9.09	8.29	8.86	172.7		8.62	9.52	9.09	8.29	9.05	8.67	

FINAL - 2016 NCAA Championships (Eugene, OR) *Track Newsletter (2016) - NCAA men's championships*

date	10-Jun-16	time			21.7	33.0	45.7	45.72	/ ~~6~~ 5								
reaction time		interval				11.30	12.70		# of strides				11.30	12.70	21.70	24.00	2.30
		velocity			9.22	8.85	7.87	8.75					8.85	7.87	9.22	8.33	

Suárez, Leonel (CUB) (1987)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 2 - 2009 IAAF World Championships (Berlin, GER)											*Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*						
date	19-Aug-09	time		11.41	22.66	34.74	48.00	48.00	4 / 5								
reaction time	0.137	interval			11.25	12.08	13.26		# of strides		11.41	11.25	12.08	13.26	22.66	25.34	2.68
		velocity		8.76	8.89	8.28	7.54	8.33	176.0		8.76	8.89	8.28	7.54	8.83	7.89	

Sugitate, Yasuharu (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2018 Shimane High School Championships (Izumo, JPN)											*Shimizu (2018) - shimane high school championships 2018 - biomechanics data analysis*						
date	25-May-18	time		12.08	23.98	36.49	50.92	50.92	3 / 4								
reaction time		interval			11.90	12.51	14.43		# of strides		12.08	11.90	12.51	14.43	23.98	26.94	2.96
		velocity		8.28	8.40	7.99	6.93	7.86			8.28	8.40	7.99	6.93	8.34	7.42	

Sugue, Kohei (JPN) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Division 1 Semi-Final 1 - 2017 Kanto Collegiate Championships (Yokohama, JPN)											*(2017) - tfdata-store.com/2017/06/02/post-835/*						

date	26-May-17	time		12.08		23.48		35.24		48.03	48.03	3 / ~~5~~ 4						
reaction time		interval				11.40		11.76		12.79		# of strides	12.08	11.40	11.76	12.79	23.48	24.55	1.07
		velocity		8.28		8.77		8.50		7.82	8.33	187.7	8.28	8.77	8.50	7.82	8.52	8.15	

Suguimati, Mahau (JPN) (1984)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2012 Kokutai National Sport Festival (Gifu, JPN)																	*Maho (2013) - race analysis of the men's 400m run in competition*
date 08-Oct-12 time	6.15	11.25	16.55	21.99	27.68	33.60	39.70	46.21	46.21	/ 2							
reaction time interval		5.10	5.30	5.44	5.69	5.92	6.10	6.51	PB	# of strides	11.25	10.74	11.61	12.61	21.99	24.22	2.23
velocity	8.13	9.80	9.43	9.19	8.79	8.45	8.20	7.68	8.66		8.89	9.31	8.61	7.93	9.10	8.26	

Sumitani, Toshiaki (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2016 China Perfecture High School Championships (Okayama, JPN)																	*(2016.06.20) - https://twitter.com/touchdown_time/media?lang=en&lang=en&lang=en&lang=en*
date 17-Jun-16 time		11.74		22.85		34.93		48.54	48.54	8 / 5							
reaction time interval				11.11		12.08		13.61		# of strides	11.74	11.11	12.08	13.61	22.85	25.69	2.84
velocity		8.52		9.00		8.28		7.35	8.24		8.52	9.00	8.28	7.35	8.75	7.79	

Summer, Will (USA) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 2 - 2025 USATF Championships (Eugene, OR)																	*USATF and Karmarush (2025) - USATF championships results and race analysis*
date 01-Aug-25 time		11.06		21.54		32.78		45.06	45.06	5 / 3							
reaction time interval				10.48		11.24		12.28	PB	# of strides	11.06	10.48	11.24	12.28	21.54	23.52	1.98
velocity		9.04		9.54		8.90		8.14	8.88		9.04	9.54	8.90	8.14	9.29	8.50	

Sun Jiahao (CHN) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 Chinese National Championships (Quzhou, CHN)																	*Shandong Athletics Sport Science (2023)*
date 22-Jul-23 time		11.83		23.31		35.02	40.94	47.28	47.28	8 / 8							
reaction time 0.206 interval				11.48		11.71	5.92	6.34		# of strides	11.83	11.48	11.71	12.26	23.31	23.97	0.66
velocity		8.45		8.71		8.54	8.45	7.89	8.46	177.2	8.45	8.71	8.54	8.16	8.58	8.34	
Semi-Final 2 - 2023 Chinese National Championships (Quzhou, CHN)																	*Shandong Athletics Sport Science (2023)*
date 21-Jul-23 time		11.40		23.00		34.60	40.54	46.86	46.86	5 / 3							
reaction time 0.203 interval				11.60		11.60	5.94	6.32		# of strides	11.40	11.60	11.60	12.26	23.00	23.86	0.86
velocity		8.77		8.62		8.62	8.42	7.91	8.54	177.0	8.77	8.62	8.62	8.16	8.70	8.38	
FINAL - 2023 Chinese World Championship & Asian Games Trials (Shenyang, CHN)																	*Shandong Athletics Sport Science (2023)*
date 28-Jun-23 time		11.93		22.94		34.75	40.91	47.91	47.91	8 / 7							
reaction time 0.231 interval				11.01		11.81	6.16	7.00		# of strides	11.93	11.01	11.81	13.16	22.94	24.97	2.03
velocity		8.38		9.08		8.47	8.12	7.14	8.35	181.5	8.38	9.08	8.47	7.60	8.72	8.01	
FINAL - 2023 Chinese National Grand Prix 4 (Chongqing, CHN)																	*Shandong Athletics Sport Science (2023)*
date 02-Jun-23 time		11.52		22.23		33.70	39.94	46.84	46.84	6 / 4							
reaction time 0.213 interval				10.71		11.47	6.24	6.90	PB	# of strides	11.52	10.71	11.47	13.14	22.23	24.61	2.38
velocity		8.68		9.34		8.72	8.01	7.25	8.54	181.0	8.68	9.34	8.72	7.61	9.00	8.13	
FINAL - 2023 Chinese National Grand Prix 1 (Rizhao, CHN)																	*Shandong Athletics Sport Science (2023)*
date 26-Apr-23 time		11.83		22.96		35.05	41.24	47.88	47.88	7 / 4							
reaction time 0.176 interval				11.13		12.09	6.19	6.64		# of strides	11.83	11.13	12.09	12.83	22.96	24.92	1.96
velocity		8.45		8.98		8.27	8.08	7.53	8.35	181.0	8.45	8.98	8.27	7.79	8.71	8.03	

Suzaki, Mitsuhiro (JPN) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 2 - 2017 Japanese National Championships (Osaka, JPN)																	*(2017) - tfdata-store.com/2017/07/08/post-965/*
date 23-Jun-17 time		11.47		21.93		33.40		47.13	47.13	8 / 6							
reaction time 0.158 interval				10.46		11.47		13.73		# of strides	11.47	10.46	11.47	13.73	21.93	25.20	3.27
velocity		8.72		9.56		8.72		7.28	8.49	189.5	8.72	9.56	8.72	7.28	9.12	7.94	
Division 1 FINAL - 2017 Kanto Collegiate Championships (Yokohama, JPN)																	*(2017) - tfdata-store.com/2017/06/01/post-786/*
date 26-May-17 time		11.77		22.91		34.86		48.72	48.72	2 / 8							
reaction time interval				11.14		11.95		13.86		# of strides	11.77	11.14	11.95	13.86	22.91	25.81	2.90
velocity		8.50		8.98		8.37		7.22	8.21	187.2	8.50	8.98	8.37	7.22	8.73	7.75	
Division 1 Semi-Final 2 - 2017 Kanto Collegiate Championships (Yokohama, JPN)																	*(2017) - tfdata-store.com/2017/06/02/post-835/*
date 26-May-17 time		11.75		22.68		34.59		47.83	47.83	7 / 4							
reaction time interval				10.93		11.91		13.24		# of strides	11.75	10.93	11.91	13.24	22.68	25.15	2.47
velocity		8.51		9.15		8.40		7.55	8.36	189.0	8.51	9.15	8.40	7.55	8.82	7.95	
FINAL - 2016 National Sports Festival (Kitakami, JPN)																	*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*
date 09-Oct-16 time	6.63	11.99	17.45	23.16	29.02	35.06	41.22	47.65	47.65	5 / 6							
reaction time 0.216 interval		5.36	5.46	5.71	5.86	6.04	6.16	6.43		# of strides	11.99	11.17	11.90	12.59	23.16	24.49	1.33
velocity	7.54	9.33	9.16	8.76	8.53	8.28	8.12	7.78	8.39		8.34	8.95	8.40	7.94	8.64	8.17	

Suzuki, Aoto (JPN) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 Japanese National Championships (Osaka, JPN)																	*Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition*
date 25-Jun-21 time	6.15	11.32	16.57	22.07	27.78	33.78	39.93	46.48	46.48	2 / 3							
reaction time 0.163 interval		5.17	5.25	5.50	5.71	6.00	6.15	6.55		# of strides	11.32	10.75	11.71	12.70	22.07	24.41	2.34
velocity	8.13	9.67	9.52	9.09	8.76	8.33	8.13	7.63	8.61		8.83	9.30	8.54	7.87	9.06	8.19	
B Final - 2021 Denka Athletics Challenge Cup (Niigata, JPN)																	*Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition*
date 06-Jun-21 time	6.08	10.96	15.98	21.31	26.83	32.70	38.93	45.94	45.94	8 / 2							
reaction time interval		4.88	5.02	5.33	5.52	5.87	6.23	7.01	PB	# of strides	10.96	10.35	11.39	13.24	21.31	24.63	3.32
velocity	8.22	10.25	9.96	9.38	9.06	8.52	8.03	7.13	8.71	178.0	9.12	9.66	8.78	7.55	9.39	8.12	
U20 FINAL - 2019 Japanese National U18/U20 Championships (Hiroshima, JPN)																	*Kijima (2019) - research on athlete performance and technique- 2019 data book*
date 18-Oct-19 time	6.43	11.80	17.28	23.06	29.06	35.13	41.27	47.69	47.69	3 / 3							
reaction time 0.211 interval		5.37	5.48	5.78	6.00	6.07	6.14	6.42		# of strides	11.80	11.26	12.07	12.56	23.06	24.63	1.57
velocity	7.78	9.31	9.12	8.65	8.33	8.24	8.14	7.79	8.39	178.0	8.47	8.88	8.29	7.96	8.67	8.12	

Suzuki, Daisuke (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
A FINAL - 2020 Japanese High School National Championships (Hiroshima, JPN)																	*Kobayashi (2002) - national high school and U20 national championhsips*
date 23-Oct-20 time	6.24	11.44	16.80	22.48	28.40	34.55	40.85	47.26	47.26	4 / 4							
reaction time 0.174 interval		5.20	5.36	5.68	5.92	6.15	6.30	6.41		# of strides	11.44	11.04	12.07	12.71	22.48	24.78	2.30
velocity	8.01	9.62	9.33	8.80	8.45	8.13	7.94	7.80	8.46	187.2	8.74	9.06	8.29	7.87	8.90	8.07	
Heat 5 - 2020 Japanese High School National Championships (Hiroshima, JPN)																	*Kobayashi (2002) - national high school and U20 national championhsips*
date 23-Oct-20 time	6.14	11.19	16.42	21.95	27.78	33.91	40.44	47.51	47.51	7 / 1							
reaction time 0.164 interval		5.05	5.23	5.53	5.83	6.13	6.53	7.07		# of strides	11.19	10.76	11.96	13.60	21.95	25.56	3.61
velocity	8.14	9.90	9.56	9.04	8.58	8.16	7.66	7.07	8.42	192.4	8.94	9.29	8.36	7.35	9.11	7.82	

Suzuki, Osuke (JPN) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 Japanese High School National Championships (Fukui, JPN)																	*Shibayama (2021) - national high school and U20 national championhsips*
date 28-Jul-21 time	6.38	11.80	17.40	23.10	28.85	34.75	40.87	47.33	47.33	5 / 1							
reaction time 0.167 interval		5.42	5.60	5.70	5.75	5.90	6.12	6.46		# of strides	11.80	11.30	11.65	12.58	23.10	24.23	1.13
velocity	7.84	9.23	8.93	8.77	8.70	8.47	8.17	7.74	8.45		8.47	8.85	8.58	7.95	8.66	8.25	

Suzuki, Taichi (JPN) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2019 Japanese National Championships (Fukuoka, JPN)																	*Yamanaka (2019) - research on athlete performance and technique- 2019 data book*
date 28-Jun-19 time	6.11	11.16	16.40	21.92	27.59	33.55	39.92	47.12	47.12	8 / 8							
reaction time 0.159 interval		5.05	5.24	5.52	5.67	5.96	6.37	7.20		# of strides	11.16	10.76	11.63	13.57	21.92	25.20	3.28
velocity	8.18	9.90	9.54	9.06	8.82	8.39	7.85	6.94	8.49		8.96	9.29	8.60	7.37	9.12	7.94	
Heat 1 - 2019 Japanese National Championships (Fukuoka, JPN)																	*Yamanaka (2019) - race analysis of men and women 400m competition*
date 27-Jun-19 time	6.20	11.37	16.82	22.54	28.42	34.36	40.38	46.86	46.86	3 / 2							
reaction time 0.176 interval		5.17	5.45	5.72	5.88	5.94	6.02	6.48		# of strides	11.37	11.17	11.82	12.50	22.54	24.32	1.78
velocity	8.06	9.67	9.17	8.74	8.50	8.42	8.31	7.72	8.54		8.80	8.95	8.46	8.00	8.87	8.22	

Suzuki, Yumeto (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Division 2 FINAL - 2017 Kanto Collegiate Championships (Yokohama, JPN)																	*(2017) - tfdata-store.com/2017/06/01/post-786/*
date 26-May-17 time		11.98		23.50		35.72		48.60	48.60	2 / 7							
reaction time interval				11.52		12.22		12.88		# of strides	11.98	11.52	12.22	12.88	23.50	25.10	1.60
velocity		8.35		8.68		8.18		7.76	8.23	187.0	8.35	8.68	8.18	7.76	8.51	7.97	
Division 2 Semi-Final 2 - 2017 Kanto Collegiate Championships (Yokohama, JPN)																	*(2017) - tfdata-store.com/2017/06/02/post-835/*
date 26-May-17 time		11.83		23.23		35.31		48.17	48.17	5 / 4							
reaction time interval				11.40		12.08		12.86		# of strides	11.83	11.40	12.08	12.86	23.23	24.94	1.71
velocity		8.45		8.77		8.28		7.78	8.30	187.0	8.45	8.77	8.28	7.78	8.61	8.02	

Swarn, Brian (USA) (1979)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 1 - 2003 USATF National Championships (Palo Alto, CA)																	*USATF Women's Sprint Development (2003)*
date 20-Jun-03 time				22.17		33.88	39.94	46.51	46.51	3 / ~~8~~ 5							
reaction time interval						11.71	6.06	6.57		# of strides			11.71	12.63	22.17	24.34	2.17
velocity				9.02		8.54	8.25	7.61	8.60				8.54	7.92	9.02	8.22	

Swatowski, Stanislaw (POL) (1934)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1958 European Championships (Stockholm, SWE)																	*(1959) - der 400-m-hürdenlauf in stockholm*
date 21-Aug-58 time				21.8				47.8	47.8	3 / 6							
reaction time interval								26.00		# of strides					21.80	26.00	4.20
velocity				9.17				7.69	8.37						9.17	7.69	

Swift, Bailey (GBR) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2024 London Athletics Meet (London, GBR)																	*Omega Timing (2024) - diamond league race analysis*
date 20-Jul-24 time	6.21	11.32	16.57	21.96	27.50	33.23	39.21	45.70	45.70	8 / 3							
reaction time 0.144 interval		5.11	5.25	5.39	5.54	5.73	5.98	6.49	PB	# of strides	11.32	10.64	11.27	12.47	21.96	23.74	1.78
velocity	8.05	9.78	9.52	9.28	9.03	8.73	8.36	7.70	8.75		8.83	9.40	8.87	8.02	9.11	8.42	

Swillims, Bastian (GER) (1982)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B FINAL - 2009 ISTAF (Berlin, GER)																	*Graubner (2009) - http://www.fgs.uni-halle.de*
date 14-Jun-09 time		11.51		22.56		34.73		48.32	48.32	/ 7							
reaction time 0.354 interval				11.05		12.17		13.59		# of strides	11.51	11.05	12.17	13.59	22.56	25.76	3.20
velocity		8.69		9.05		8.22		7.36	8.28		8.69	9.05	8.22	7.36	8.87	7.76	
FINAL - 2007 European Cup (Munich, GER)																	*Graubner (2007) - http://www.fgs.uni-halle.de*
date 23-Jun-07 time		11.38		21.83		33.38		45.95	45.95	/ 3							
reaction time 0.151 interval				10.45		11.55		12.57		# of strides	11.38	10.45	11.55	12.57	21.83	24.12	2.29
velocity		8.79		9.57		8.66		7.96	8.71		8.79	9.57	8.66	7.96	9.16	8.29	
Semi-Final 2 - 2002 European Championships (Munich, GER)																	*Graubner (2009) - http://www.fgs.uni-halle.de*
date 07-Aug-02 time		11.57		22.24		33.54		46.19	46.19	/ 6							
reaction time 0.191 interval				10.67		11.30		12.65	PB	# of strides	11.57	10.67	11.30	12.65	22.24	23.95	1.71
velocity		8.64		9.37		8.85		7.91	8.66		8.64	9.37	8.85	7.91	8.99	8.35	
Heat 1 - 2002 European Championships (Munich, GER)																	*Graubner (2009) - http://www.fgs.uni-halle.de*
date 06-Aug-02 time		11.56		22.27		33.84		46.20	46.20	/ 3							
reaction time 0.158 interval				10.71		11.57		12.36	PB	# of strides	11.56	10.71	11.57	12.36	22.27	23.93	1.66
velocity		8.65		9.34		8.64		8.09	8.66		8.65	9.34	8.64	8.09	8.98	8.36	

Sýkora, Jiří (CZE) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 2 - 2022 World Athletics Championships (Eugene, OR)																	*Timing by Seiko (2022) - world athletics championships race analysis*
date 23-Jul-22 time		12.13		23.72		35.97		49.29	49.29	1 / 3							
reaction time 0.145 interval				11.59		12.25		13.32		# of strides	12.13	11.59	12.25	13.32	23.72	25.57	1.85
velocity		8.24		8.63		8.16		7.51	8.12		8.24	8.63	8.16	7.51	8.43	7.82	

Sysoyev, Aleksey (RUS) (1985)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Decathlon - Heat 1 - 2009 IAAF World Championships (Berlin, GER) — *Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*

date	19-Aug-09	time	11.79	23.23	35.48	49.32	49.32	5 / 2								
reaction time	0.141	interval		11.44	12.25	13.84		# of strides	11.79	11.44	12.25	13.84	23.23	26.09	2.86	
		velocity	8.48	8.74	8.16	7.23	8.11		8.48	8.74	8.16	7.23	8.61	7.67		

Szeglet, Zsolt (HUN) (1977)

FINAL - 2002 European Championships (Munich, GER) — *Graubner (2009) - http://www.fgs.uni-halle.de*

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	08-Aug-02	time	11.35		21.96		33.00		45.74	45.74	8 / 5							
reaction time	0.167	interval			10.61		11.04		12.74		# of strides	11.35	10.61	11.04	12.74	21.96	23.78	1.82
		velocity	8.81		9.43		9.06		7.85	8.75		8.81	9.43	9.06	7.85	9.11	8.41	

Semi-Final 1 - 2002 European Championships (Munich, GER) — *Graubner (2009) - http://www.fgs.uni-halle.de*

date	07-Aug-02	time	11.52	22.46	33.41	45.84	45.84	/ 4								
reaction time	0.155	interval		10.94	10.95	12.43		# of strides	11.52	10.94	10.95	12.43	22.46	23.38	0.92	
		velocity	8.68	9.14	9.13	8.05	8.73		8.68	9.14	9.13	8.05	8.90	8.55		

Heat 4 - 2002 European Championships (Munich, GER) — *Graubner (2009) - http://www.fgs.uni-halle.de*

date	06-Aug-02	time	11.61	22.29	33.50	46.23	46.23	/ 3								
reaction time	0.205	interval		10.68	11.21	12.73		# of strides	11.61	10.68	11.21	12.73	22.29	23.94	1.65	
		velocity	8.61	9.36	8.92	7.86	8.65		8.61	9.36	8.92	7.86	8.97	8.35		

Szwed, Maks (POL) (2004)

Heat 1 - 2025 World Athletics Championships (Tokyo, JPN) — *Seiko Timing (2025) - 2025 World Championships race analysis*

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	14-Sep-25	time	11.39		21.81		33.32		45.67	45.67	3 / 8							
reaction time	0.163	interval			10.42		11.51		12.35		# of strides	11.39	10.42	11.51	12.35	21.81	23.86	2.05
		velocity	8.78		9.60		8.69		8.10	8.76		8.78	9.60	8.69	8.10	9.17	8.38	

FINAL - 2025 European Athletics U23 Championships (Bergen, NOR) — *European Athletics (2025) - 2025 european athletics U23 championships- results book*

date	19-Jul-25	time	6.22	11.09	16.01	21.13	26.51	32.22	38.41	45.28	45.28	7 / 2						
reaction time	0.166	interval		4.87	4.92	5.12	5.38	5.71	6.19	6.87		# of strides	11.09	10.04	11.09	13.06	21.13	24.15	3.02
		velocity	8.04	10.27	10.16	9.77	9.29	8.76	8.08	7.28	8.83		9.02	9.96	9.02	7.66	9.47	8.28	

Semi-Final 2 - 2025 European Athletics U23 Championships (Bergen, NOR) — *European Athletics (2025) - 2025 european athletics U23 championships- results book*

date	18-Jul-25	time	6.31	11.36	16.53	21.85	27.37	33.05	38.96	45.39	45.39	7 / 1						
reaction time	0.172	interval		5.05	5.17	5.32	5.52	5.68	5.91	6.43		# of strides	11.36	10.49	11.20	12.34	21.85	23.54	1.69
		velocity	7.92	9.90	9.67	9.40	9.06	8.80	8.46	7.78	8.81		8.80	9.53	8.93	8.10	9.15	8.50	

A Final - 2025 European Team Championships, First Division (Madrid, ESP) — *European Athletics (2025) - 2025 european team championships, first division - results book*

date	27-Jun-25	time	6.26	11.22	16.33	21.53	26.94	32.72	38.73	45.18	45.18	1 / 5						
reaction time	0.167	interval		4.96	5.11	5.20	5.41	5.78	6.01	6.45	PB	# of strides	11.22	10.31	11.19	12.46	21.53	23.65	2.12
		velocity	7.99	10.08	9.78	9.62	9.24	8.65	8.32	7.75	8.85	175.2	8.91	9.70	8.94	8.03	9.29	8.46	

Taam, Rik (NED) (1997)

Decathlon - Heat 3 - 2024 Olympic Games (Paris, FRA) — *Paris 2024 Olympic Games - Results Book (2024)*

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	02-Aug-24	time	6.46	11.60	16.87	22.38	28.16	34.31	40.78	47.73	47.73	5 / 6						
reaction time	0.196	interval		5.14	5.27	5.51	5.78	6.15	6.47	6.95		# of strides	11.60	10.78	11.93	13.42	22.38	25.35	2.97
		velocity	7.74	9.73	9.49	9.07	8.65	8.13	7.73	7.19	8.38	182.0	8.62	9.28	8.38	7.45	8.94	7.89	

Decathlon - Heat 3 - 2023 World Athletics Championships (Budapest, HUN) — *Seiko Timing (2023) - world championship race analysis*

date	25-Aug-23	time	11.67	22.53	34.07	47.12	47.12	9 / 4								
reaction time	0.191	interval		10.86	11.54	13.05	PB	# of strides	11.67	10.86	11.54	13.05	22.53	24.59	2.06	
		velocity	8.57	9.21	8.67	7.66	8.49	178.0	8.57	9.21	8.67	7.66	8.88	8.13		

Takahashi, Yumitsu (JPN)

FINAL - 2017 Osaka University Athletics Championships (Osaka, JPN) — *(2017) - tfdata-store.com/2017/04/07/post-249/*

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	06-Apr-17	time	11.80		22.79		34.92		48.41	48.41	6 / 4							
reaction time		interval			10.99		12.13		13.49		# of strides	11.80	10.99	12.13	13.49	22.79	25.62	2.83
		velocity	8.47		9.10		8.24		7.41	8.26	184.5	8.47	9.10	8.24	7.41	8.78	7.81	

Takahaski, Yumi (JPN) (1995)

FINAL - 2017 Kansai Regional University Championships (Osaka, JPN) — *(2017) - tfdata-store.com/2017/05/13/post-441/*

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	11-May-17	time	11.39		22.09		33.60		46.90	46.90	7 / 2							
reaction time		interval			10.70		11.51		13.30		# of strides	11.39	10.70	11.51	13.30	22.09	24.81	2.72
		velocity	8.78		9.35		8.69		7.52	8.53	180.7	8.78	9.35	8.69	7.52	9.05	8.06	

FINAL - 2017 Izumo Athletics Games (Izumo, JPN) (300m) — *(2017) - tfdata-store.com/2017/05/17/post-537/*

date	23-Apr-17	time	11.23	22.00	33.85		33.85	7 / 5								***100m-300m***
reaction time		interval		10.77	11.85		PB	# of strides	11.23	10.77	11.85		22.00			*22.62*
		velocity	8.90	9.29	8.44		8.86	137.2	8.90	9.29	8.44		9.09			*8.84*

Takano, Susumu (JPN) (1961)

FINAL - 1992 Olympic Games (Barcelona, ESP) — *Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
date	05-Aug-92	time			21.9		32.9		45.2	45.18	8 / 8							
reaction time		interval					11.00		12.30		# of strides			11.00	12.30	21.90	23.30	1.40
		velocity			9.13		9.09		8.13	8.85				9.09	8.13	9.13	8.58	

FINAL - 1991 IAAF World Championships (Tokyo, JPN) — *Butler (2013) - IAAF world championships statistics handbook- moscow 2013*

date	29-Aug-91	time			21.41				45.39	45.39	7 / 7							
reaction time		interval							23.98		# of strides					21.41	23.98	2.57
		velocity			9.34				8.34	8.81	176.7					9.34	8.34	

Semi-Final 1 - 1988 Olympic Games (Seoul, KOR) — *Brüggemann (1990) - scientific research project at the games of the XXXIV Olympiad, Seoul 1988*

date	26-Sep-88	time	11.43		21.98		32.90		44.90	44.90	4 / 5							
reaction time	0.174	interval			10.55		10.92		12.00	PB	# of strides	11.43	10.55	10.92	12.00	21.98	22.92	0.94
		velocity	8.75		9.48		9.16		8.33	8.91		8.75	9.48	9.16	8.33	9.10	8.73	

Takao, Yoshitsu (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2015 Japanese National Youth Championships (Nagoya, JPN)											*Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*						
date 16-Oct-15 time	6.54	11.91	17.37	23.15	29.08	35.17	41.62	48.53	48.53	2 / 8							
reaction time interval		5.37	5.46	5.78	5.93	6.09	6.45	6.91		# of strides	11.91	11.24	12.02	13.36	23.15	25.38	2.23
velocity	7.65	9.31	9.16	8.65	8.43	8.21	7.75	7.24	8.24		8.40	8.90	8.32	7.49	8.64	7.88	

Takase, Kei (JPN) (1988)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2012 Kokutai National Sport Festival (Gifu, JPN)											*Maho (2013) - race analysis of the men's 400m run in competition*						
date 08-Oct-12 time	6.06	11.01	16.05	21.33	27.01	33.02	39.35	46.48	46.48	/ 3							
reaction time interval		4.95	5.04	5.28	5.68	6.01	6.33	7.13		# of strides	11.01	10.32	11.69	13.46	21.33	25.15	3.82
velocity	8.25	10.10	9.92	9.47	8.80	8.32	7.90	7.01	8.61		9.08	9.69	8.55	7.43	9.38	7.95	

Takasu, Fuuto (JPN) (2004)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 Japanese U18 National Championships (Matsuyama, JPN) (300m)											*Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition*						
date 23-Oct-21 time	6.06	11.03	16.31	21.83	27.56	33.64			33.64	9 / 2							
reaction time 0.165 interval		4.97	5.28	5.52	5.73	6.08				# of strides	11.03	10.80	11.81		21.83		
velocity	8.25	10.06	9.47	9.06	8.73	8.22			8.92	132.2	9.07	9.26	8.47		9.16		

Talbot, Ryan (USA) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 3 - 2024 USA Olympic Trials (Eugene, OR)											*USATF and Karmarush (2024) - USA Olympic trials results and race analysis*						
date 21-Jun-24 time		11.76		22.42		34.30		47.21	47.21	5 / 4							
reaction time interval				10.66		11.88		12.91	PB	# of strides	11.76	10.66	11.88	12.91	22.42	24.79	2.37
velocity		8.50		9.38		8.42		7.75	8.47		8.50	9.38	8.42	7.75	8.92	8.07	

Taleb, Lahssen (MAR) (2005)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2023 Meeting International Mohammed VI d'Athlétisme (Rabat, MAR)											*Omega Timing (2023) - diamond league race analysis*						
date 28-May-23 time	6.76	12.23	17.72	23.49	29.32	35.37	41.75	48.70	48.70	8 / 6							
reaction time 0.240 interval		5.47	5.49	5.77	5.83	6.05	6.38	6.95	PB	# of strides	12.23	11.26	11.88	13.33	23.49	25.21	1.72
velocity	7.40	9.14	9.11	8.67	8.58	8.26	7.84	7.19	8.21		8.18	8.88	8.42	7.50	8.51	7.93	

Tamer, Sami Khaled (QAT) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Invitational FINAL - 2025 Jetour Doha Meeting (Doha, QAT)											*Omega Timing (2025) - diamond league race analysis*						
date 16-May-25 time	6.48	11.77	17.41	23.14	28.82	34.60	40.46	46.87	46.87	5 / 3							
reaction time 0.217 interval		5.29	5.64	5.73	5.68	5.78	5.86	6.41	PB	# of strides	11.77	11.37	11.46	12.27	23.14	23.73	0.59
velocity	7.72	9.45	8.87	8.73	8.80	8.65	8.53	7.80	8.53		8.50	8.80	8.73	8.15	8.64	8.43	

Tamesue, Dai (JPN) (1978)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2006 Seiko Super Grand Prix (Yokohama, JPN)											*Hisashi (2007) - Super Grand Prix 2006 - sprinting speed changes in the 400m*						
date 24-Sep-06 time	6.1	11.4	16.7	22.3	27.9	33.8	40.0	46.41	46.41	8 / 6							
reaction time interval		5.30	5.30	5.60	5.60	5.90	6.20	6.41		# of strides	11.40	10.90	11.50	12.61	22.30	24.11	1.81
velocity	8.20	9.43	9.43	8.93	8.93	8.47	8.06	7.80	8.62		8.77	9.17	8.70	7.93	8.97	8.30	

Tamura, Tomoya (JPN) (1992)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2019 Japanese World Championships Trials (Fujiyoshida, JPN)											*Yamanaka (2019) - race analysis of men and women 400m competition*						
date 01-Sep-19 time	6.33	11.41	16.63	22.04	27.56	33.35	39.51	46.28	46.28	8 / 3							
reaction time interval		5.08	5.22	5.41	5.52	5.79	6.16	6.77		# of strides	11.41	10.63	11.31	12.93	22.04	24.24	2.20
velocity	7.90	9.84	9.58	9.24	9.06	8.64	8.12	7.39	8.64	184.0	8.76	9.41	8.84	7.73	9.07	8.25	
Heat 1 - 2019 Japanese National Championships (Fukuoka, JPN)											*Yamanaka (2019) - race analysis of men and women 400m competition*						
date 27-Jun-19 time	6.26	11.37	16.62	22.11	27.82	33.79	40.18	47.20	47.20	2 / 5							
reaction time 0.171 interval		5.11	5.25	5.49	5.71	5.97	6.39	7.02		# of strides	11.37	10.74	11.68	13.41	22.11	25.09	2.98
velocity	7.99	9.78	9.52	9.11	8.76	8.38	7.82	7.12	8.47		8.80	9.31	8.56	7.46	9.05	7.97	
A FINAL - 2019 Shizuoka International Athletics Meeting (Fukuroi, JPN)											*Kobayashi (2019) - research on athlete performance and technique- 2019 data book*						
date 03-May-19 time	6.21	11.32	16.57	22.06	27.81	33.93	40.44	47.79	47.79	9 / 8							
reaction time interval		5.11	5.25	5.49	5.75	6.12	6.51	7.35		# of strides	11.32	10.74	11.87	13.86	22.06	25.73	3.67
velocity	8.05	9.78	9.52	9.11	8.70	8.17	7.68	6.80	8.37		8.83	9.31	8.42	7.22	9.07	7.77	
FINAL - 2018 Japanese National Championships (Yamaguchi, JPN)											*Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*						
date 23-Jun-18 time	6.18	11.33	16.58	22.07	27.75	33.62	39.82	46.58	46.58	8 / 4							
reaction time 0.169 interval		5.15	5.25	5.49	5.68	5.87	6.20	6.76		# of strides	11.33	10.74	11.55	12.96	22.07	24.51	2.44
velocity	8.09	9.71	9.52	9.11	8.80	8.52	8.06	7.40	8.59	185.7	8.83	9.31	8.66	7.72	9.06	8.16	
Heat 3 - 2018 Japanese National Championships (Yamaguchi, JPN)											*Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*						
date 22-Jun-18 time	6.26	11.35	16.63	22.11	27.91	33.94	40.18	46.94	46.94	6 / 2							
reaction time 0.170 interval		5.09	5.28	5.48	5.80	6.03	6.24	6.76		# of strides	11.35	10.76	11.83	13.00	22.11	24.83	2.72
velocity	7.99	9.82	9.47	9.12	8.62	8.29	8.01	7.40	8.52		8.81	9.29	8.45	7.69	9.05	8.05	
A FINAL - 2018 Shizuoka International Meeting (Fukuroi, JPN)											*Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*						
date 03-May-18 time	6.51	11.73	17.11	22.69	28.48	34.62	41.12	48.46	48.46	9 / 5							
reaction time 0.206 interval		5.22	5.38	5.58	5.79	6.14	6.50	7.34		# of strides	11.73	10.96	11.93	13.84	22.69	25.77	3.08
velocity	7.68	9.58	9.29	8.96	8.64	8.14	7.69	6.81	8.25	190.2	8.53	9.12	8.38	7.23	8.81	7.76	
FINAL - 2017 Nanbu Memorial Meeting (Sapporo, JPN)											*(2017) - tfdata-store.com/2017/07/11/post-1010/*						
date 09-Jul-17 time		11.32		22.12		33.80		46.99	46.99	4 / 4							
reaction time interval				10.80		11.68		13.19		# of strides	11.32	10.80	11.68	13.19	22.12	24.87	2.75
velocity		8.83		9.26		8.56		7.58	8.51	190.0	8.83	9.26	8.56	7.58	9.04	8.04	
FINAL - 2017 Japanese National Championships (Osaka, JPN)											*Yamanaka (2017) - male and female 400m analysis in the 2017 season*						
date 24-Jun-17 time	6.05	10.94	15.94	21.17	26.72	32.69	39.32	47.14	47.14	6 / 8							
reaction time 0.168 interval		4.89	5.00	5.23	5.55	5.97	6.63	7.82		# of strides	10.94	10.23	11.52	14.45	21.17	25.97	4.80
velocity	8.26	10.22	10.00	9.56	9.01	8.38	7.54	6.39	8.49	191.0	9.14	9.78	8.68	6.92	9.45	7.70	
Heat 3 - 2017 Japanese National Championships (Osaka, JPN)											*(2017) - tfdata-store.com/2017/07/08/post-965/*						

date	23-Jun-17	time		11.39		21.69		32.84		45.84	45.84	8 / 1						
reaction time	0.161	interval				10.30		11.15		13.00	PB	# of strides	11.39	10.30	11.15	13.00	21.69	24.15	2.46
		velocity		8.78		9.71		8.97		7.69	8.73	187.0	8.78	9.71	8.97	7.69	9.22	8.28	

FINAL - 2016 Japanese National Championships (Nagoya, JPN) *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	25-Jun-16	time	6.23	11.29	16.45	21.75	27.30	33.16	39.29	46.15	46.15	2 / 4						
reaction time	0.195	interval		5.06	5.16	5.30	5.55	5.86	6.13	6.86		# of strides	11.29	10.46	11.41	12.99	21.75	24.40	2.65
		velocity	8.03	9.88	9.69	9.43	9.01	8.53	8.16	7.29	8.67		8.86	9.56	8.76	7.70	9.20	8.20	

FINAL - 2015 Japanese National Championships (Niigata, JPN) *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	28-Jun-15	time	6.36	11.64	17.08	22.54	28.19	33.81	39.86	46.58	46.58	9 / 3						
reaction time	0.205	interval		5.28	5.44	5.46	5.65	5.62	6.05	6.72		# of strides	11.64	10.90	11.27	12.77	22.54	24.04	1.50
		velocity	7.86	9.47	9.19	9.16	8.85	8.90	8.26	7.44	8.59	186.2	8.59	9.17	8.87	7.83	8.87	8.32	

Heat 2 - 2015 Japanese National Championships (Niigata, JPN) *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	27-Jun-15	time	6.17	11.18	16.25	21.48	27.15	32.89	39.12	46.07	46.07	3 / 2						
reaction time	0.216	interval		5.01	5.07	5.23	5.67	5.74	6.23	6.95	PB	# of strides	11.18	10.30	11.41	13.18	21.48	24.59	3.11
		velocity	8.10	9.98	9.86	9.56	8.82	8.71	8.03	7.19	8.68		8.94	9.71	8.76	7.59	9.31	8.13	

Tanaka, Hiromasa (JPN) (1981)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 3 - 2009 Gunma Relays (Maebashi, JPN)																	
date	10-Oct-09	time	6.52	12.15	18.00	23.94	30.06	36.38	42.90	49.89	49.89	6 / 2							
reaction time		interval		5.63	5.85	5.94	6.12	6.32	6.52	6.99		# of strides	12.15	11.79	12.44	13.51	23.94	25.95	2.01
		velocity	7.67	8.88	8.55	8.42	8.17	7.91	7.67	7.15	8.02		8.23	8.48	8.04	7.40	8.35	7.71	

Hisashi (2010) - the run performance analysis in the decathlon sprint events

Decathlon - Heat 2 - 2009 Japanese National Championships (Hiroshima, JPN) *Hisashi (2010) - the run performance analysis in the decathlon sprint events*

date	25-Jun-09	time	6.52	12.28	18.29	24.38	30.61	37.03	43.62	50.65	50.65	2 / 5						
reaction time		interval		5.76	6.01	6.09	6.23	6.42	6.59	7.03		# of strides	12.28	12.10	12.65	13.62	24.38	26.27	1.89
		velocity	7.67	8.68	8.32	8.21	8.03	7.79	7.59	7.11	7.90		8.14	8.26	7.91	7.34	8.20	7.61	

Decathlon - Heat 1 - 2009 Wakayama Athletics Meeting (Wakayama, JPN) *Hisashi (2010) - the run performance analysis in the decathlon sprint events*

date	18-Apr-09	time	6.35	11.73	17.27	23.20	29.30	35.55	42.09	50.08	50.08	6 / 3						
reaction time		interval		5.38	5.54	5.93	6.10	6.25	6.54	7.99		# of strides	11.73	11.47	12.35	14.53	23.20	26.88	3.68
		velocity	7.87	9.29	9.03	8.43	8.20	8.00	7.65	6.26	7.99		8.53	8.72	8.10	6.88	8.62	7.44	

Tanaka, Rui (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2018 Shimane High School Championships (Izumo, JPN)																	
date	25-May-18	time		12.43		24.47		36.93		50.13	50.13	4 / 3							
reaction time		interval				12.04		12.46		13.20		# of strides	12.43	12.04	12.46	13.20	24.47	25.66	1.19
		velocity		8.05		8.31		8.03		7.58	7.98		8.05	8.31	8.03	7.58	8.17	7.79	

Shimizu (2018) - shimane high school championships 2018 - biomechanics data analysis

Tang Jiajun (CHN) (2005)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 Chinese National Grand Prix 1 (Rizhao, CHN)																	
date	26-Apr-23	time		11.96		23.29		35.50	41.90	48.60	48.60	1 / 7							
reaction time	0.179	interval				11.33		12.21	6.40	6.70		# of strides	11.96	11.33	12.21	13.10	23.29	25.31	2.02
		velocity		8.36		8.83		8.19	7.81	7.46	8.23	180.7	8.36	8.83	8.19	7.63	8.59	7.90	

Shandong Athletics Sport Science (2023)

Tanino, Yusei (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 Japanese National High School Championsips (Sapporo, JPN)																	
date	02-Aug-23	time		11.71		22.79		34.80		47.97	47.97	3 / 6							
reaction time	0.203	interval				11.08		12.01		13.17		# of strides	11.71	11.08	12.01	13.17	22.79	25.18	2.39
		velocity		8.54		9.03		8.33		7.59	8.34		8.54	9.03	8.33	7.59	8.78	7.94	

Takashima (2023) - national high school sports festival - biomechanics data

Tao Zhongqi (CHN) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 3 - 2023 Chinese National Grand Prix 5 (Huangshi, CHN)																	
date	09-Jun-23	time		11.41		22.26		34.17	40.39	47.05	47.05	5 / 1							
reaction time	0.225	interval				10.85		11.91	6.22	6.66		# of strides	11.41	10.85	11.91	12.88	22.26	24.79	2.53
		velocity		8.76		9.22		8.40	8.04	7.51	8.50	177.2	8.76	9.22	8.40	7.76	8.98	8.07	

Shandong Athletics Sport Science (2023)

Taplin, Bralon (GRN) (1992)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2019 Bauhaus Galan (Stockholm, SWE)																	
date	30-May-19	time		11.4		22.1		33.5		46.87	46.87	2 / 7							
reaction time	0.152	interval				10.7		11.4		13.4		# of strides	11.40	10.70	11.40	13.37	22.10	24.77	2.67
		velocity		8.77		9.35		8.77		7.48	8.53		8.77	9.35	8.77	7.48	9.05	8.07	

Omega Timing (2019) - diamond league race analysis

FINAL - 2019 Shanghai (Shanghai, CHN) *Omega Timing (2019) - diamond league race analysis*

date	18-May-19	time		11.7		22.0		32.8		45.93	45.93	6 / 5						
reaction time	0.164	interval				10.3		10.8		13.1		# of strides	11.70	10.30	10.80	13.13	22.00	23.93	1.93
		velocity		8.55		9.71		9.26		7.62	8.71	182.0	8.55	9.71	9.26	7.62	9.09	8.36	

FINAL - 2016 Olympic Games (Rio de Janeiro, BRA) *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	14-Aug-16	time	6.16	11.08	16.07	21.15	26.44	31.99	37.87	44.45	44.45	4 / 7						
reaction time	0.181	interval		4.92	4.99	5.08	5.29	5.55	5.88	6.58		# of strides	11.08	10.07	10.84	12.46	21.15	23.30	2.15
		velocity	8.12	10.16	10.02	9.84	9.45	9.01	8.50	7.60	9.00	181.0	9.03	9.93	9.23	8.03	9.46	8.58	

Tate, Tavaris (USA) (1990)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2010 NCAA Championships (Eugene, OR)																	
date	11-Jun-10	time				21.8		33.0		45.6	45.56	/ 5							
reaction time		interval						11.2		12.6		# of strides			11.20	12.60	21.80	23.80	2.00
		velocity				9.17		8.93		7.94	8.78				8.93	7.94	9.17	8.40	

Track Newsletter (2010) - NCAA men's championships

Tatsunami, Clay Aaron (JPN) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
U20 FINAL - 2019 Japanese National U18/U20 Championships (Hiroshima, JPN)																	
date	18-Oct-19	time	6.54	11.89	17.30	22.89	28.63	34.52	40.62	47.12	47.12	4 / 2							
reaction time	0.165	interval		5.35	5.41	5.59	5.74	5.89	6.10	6.50		# of strides	11.89	11.00	11.63	12.60	22.89	24.23	1.34

Kijima (2019) - research on athlete performance and technique- 2019 data book

		velocity	7.65	9.35	9.24	8.94	8.71	8.49	8.20	7.69	8.49	189.7	8.41	9.09	8.60	7.94	8.74	8.25

Taue, Shun (JPN) (1997)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 2 - 2024 Japanese National Multi-Event Championships (Gifu, JPN)																			*Matsubayashi (2025) - performance analysis of decathlon athletes in the 2024 season*
date	22-Jun-24	time	6.70	12.21	17.96	23.92	30.16	36.67	43.43	50.65	50.65	6 / 4							
reaction time		interval		5.51	5.75	5.96	6.24	6.51	6.76	7.22		# of strides	12.21	11.71	12.75	13.98	23.92	26.73	2.81
		velocity	7.46	9.07	8.70	8.39	8.01	7.68	7.40	6.93	7.90		8.19	8.54	7.84	7.15	8.36	7.48	
Decathlon - Heat 2 - 2023 Japanese Multi-Event National Championsips (Akita, JPN)																			*Matsubayashi (2024) - performance analysis of decathlon athletes in the 2023 season*
date	10-Jun-23	time	6.56	11.97	17.56	23.33	29.42	35.84	42.49	49.69	49.69	7 / 4							
reaction time		interval		5.41	5.59	5.77	6.09	6.42	6.65	7.20		# of strides	11.97	11.36	12.51	13.85	23.33	26.36	3.03
		velocity	7.62	9.24	8.94	8.67	8.21	7.79	7.52	6.94	8.05		8.35	8.80	7.99	7.22	8.57	7.59	
Decathlon - Heat 1 - 2023 Michitaka Kinami Memorial (Osaka, JPN)																			*Matsubayashi (2024) - performance analysis of decathlon athletes in the 2023 season*
date	06-May-23	time	6.49	11.74	17.11	22.79	28.82	35.12	41.76	48.94	48.94	8 / 2							
reaction time	0.141	interval		5.25	5.37	5.68	6.03	6.30	6.64	7.18		# of strides	11.74	11.05	12.33	13.82	22.79	26.15	3.36
		velocity	7.70	9.52	9.31	8.80	8.29	7.94	7.53	6.96	8.17		8.52	9.05	8.11	7.24	8.78	7.65	
Decathlon - Heat 2 - 2022 Michitaka Kinami Memorial (Osaka, JPN)																			*Takefu (2023) - performance analyisis of decathlon athletes in the 2022 season*
date	30-Apr-22	time	6.58	11.88	17.33	23.11	29.21	35.65	42.43	49.74	49.74	8 / 2							
reaction time	0.138	interval		5.30	5.45	5.78	6.10	6.44	6.78	7.31		# of strides	11.88	11.23	12.54	14.09	23.11	26.63	3.52
		velocity	7.60	9.43	9.17	8.65	8.20	7.76	7.37	6.84	8.04		8.42	8.90	7.97	7.10	8.65	7.51	
Decathlon - Heat 3 - 2020 Japanese Multi-Event National Championships (Nagano, JPN)																			*Matsubayashi (2020) - research on athlete performance and technique- 2020 data book*
date	26-Sep-20	time	6.57	12.02	17.60	23.36	29.36	35.55	42.09	49.12	49.12	6 / 3							
reaction time		interval		5.45	5.58	5.76	6.00	6.19	6.54	7.03		# of strides	12.02	11.34	12.19	13.57	23.36	25.76	2.40
		velocity	7.61	9.17	8.96	8.68	8.33	8.08	7.65	7.11	8.14		8.32	8.82	8.20	7.37	8.56	7.76	

Taylor, Angelo (USA) (1978)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2008 IAAF World Athletic Final (Stuttgart, GER)																			*Graubner (2009) - http://www.fgs.uni-halle.de*
date	13-Sep-08	time		11.15		21.73		33.22		45.37	45.37	6 / 4							
reaction time	0.161	interval				10.58		11.49		12.15		# of strides	11.15	10.58	11.49	12.15	21.73	23.64	1.91
		velocity		8.97		9.45		8.70		8.23	8.82		8.97	9.45	8.70	8.23	9.20	8.46	
FINAL - 2007 IAAF World Athletic Final (Stuttgart, GER)																			*Graubner (2007) - http://www.fgs.uni-halle.de*
date	22-Sep-07	time		11.29		21.90		38.96		44.92	44.92	6 / 3							
reaction time	0.156	interval				10.61		17.06		5.96		# of strides	11.29	10.61	17.06	5.96	21.90	23.02	1.12
		velocity		8.86		9.43		5.86		16.78	8.90		8.86	9.43	5.86	16.78	9.13	8.69	
FINAL - 2007 IAAF World Championships (Osaka, JPN)																			*Mochida (2008) - biomechancial analysis of the 400m final race at ehe 2007 world championships in athletics*
date	31-Aug-07	time	6.06	10.93	15.78	20.94	26.38	31.90	37.90	44.32	44.32	4 / 3							
reaction time	0.173	interval		4.87	4.85	5.16	5.44	5.52	6.00	6.42		# of strides	10.93	10.01	10.96	12.42	20.94	23.38	2.44
		velocity	8.25	10.27	10.31	9.69	9.19	9.06	8.33	7.79	9.03	168.0	9.15	9.99	9.12	8.05	9.55	8.55	
FINAL - 2007 USATF National Championships (Indianapolis, IN)																			*Track Newsletter (2007) - USATF men's championships*
date	23-Jun-07	time				20.8		31.9		44.1	44.05	5 / 1							
reaction time		interval						11.10		12.20	PB	# of strides			11.10	12.20	20.80	23.30	2.50
		velocity				9.62		9.01		8.20	9.08	165.7			9.01	8.20	9.62	8.58	

Taylor, Christian (USA) (1990)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2018 Müller Grand Prix (Birmingham, GBR)																			*Omega Timing (2018) - diamond league race analysis*
date	18-Aug-18	time		11.1		21.5		32.9		45.78	45.78	7 / 4							
reaction time	0.157	interval				10.4		11.4		12.9		# of strides	11.10	10.40	11.40	12.88	21.50	24.28	2.78
		velocity		9.01		9.62		8.77		7.76	8.74	167.7	9.01	9.62	8.77	7.76	9.30	8.24	

Taylor, Christopher (JAM) (1999)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2022 World Athletics Championships (Eugene, OR)																			*Timing by Seiko (2022) - world athletics championships race analysis*
date	22-Jul-22	time		10.91		21.43		32.81		45.30	45.30	1 / 7							
reaction time	0.169	interval				10.52		11.38		12.49		# of strides	10.91	10.52	11.38	12.49	21.43	23.87	2.44
		velocity		9.17		9.51		8.79		8.01	8.83		9.17	9.51	8.79	8.01	9.33	8.38	
Semi-Final 1 - 2022 World Athletics Championships (Eugene, OR)																			*Timing by Seiko (2022) - world athletics championships race analysis*
date	20-Jul-22	time		11.16		21.66		32.89		44.97	44.97	3 / 3							
reaction time	0.173	interval				10.50		11.23		12.08		# of strides	11.16	10.50	11.23	12.08	21.66	23.31	1.65
		velocity		8.96		9.52		8.90		8.28	8.89	182.0	8.96	9.52	8.90	8.28	9.23	8.58	
Heat 2 - 2022 World Athletics Championships (Eugene, OR)																			*Timing by Seiko (2022) - world athletics championships race analysis*
date	17-Jul-22	time		11.32		22.16		33.51		45.68	45.68	4 / 2							
reaction time	0.167	interval				10.84		11.35		12.17		# of strides	11.32	10.84	11.35	12.17	22.16	23.52	1.36
		velocity		8.83		9.23		8.81		8.22	8.76	184.0	8.83	9.23	8.81	8.22	9.03	8.50	
FINAL - 2022 Bislett Games (Oslo, NOR)																			*Omega Timing (2022) - diamond league race analysis*
date	16-Jun-22	time	6.08	10.96	16.07	21.42	26.99	32.81	38.88	45.52	45.52	4 / 3							
reaction time	0.182	interval		4.88	5.11	5.35	5.57	5.82	6.07	6.64		# of strides	10.96	10.46	11.39	12.71	21.42	24.10	2.68
		velocity	8.22	10.25	9.78	9.35	8.98	8.59	8.24	7.53	8.79	185.0	9.12	9.56	8.78	7.87	9.34	8.30	
FINAL - 2022 Golden Gala Pietro Mennea (Rome, ITA)																			*Omega Timing (2022) - diamond league race analysis*
date	09-Jun-22	time	6.03	11.01	16.22	21.59	27.14	32.93	38.95	45.47	45.47	2 / 5							
reaction time	0.148	interval		4.98	5.21	5.37	5.55	5.79	6.02	6.52		# of strides	11.01	10.58	11.34	12.54	21.59	23.88	2.29
		velocity	8.29	10.04	9.60	9.31	9.01	8.64	8.31	7.67	8.80		9.08	9.45	8.82	7.97	9.26	8.38	
FINAL - 2022 FBK Games (Hengelo, NED)																			*Omega Timing (2022) - continental tour race analysis*
date	06-Jun-22	time	6.0	11.0	15.9	21.5	27.2	33.1	39.0	45.45	45.45	7 / 2							
reaction time	0.155	interval		5.00	4.90	5.60	5.70	5.90	5.90	6.45		# of strides	11.00	10.50	11.60	12.35	21.50	23.95	2.45
		velocity	8.33	10.00	10.20	8.93	8.77	8.47	8.47	7.75	8.80	182.0	9.09	9.52	8.62	8.10	9.30	8.35	

FINAL - 2021 Memorial van Damme (Brussels, BEL) *Omega Timing (2021) - diamond league race analysis*

date	03-Sep-21	time	6.3	11.3	16.5	22.0	27.5	33.2	39.3	45.88	45.88	2 / 7						
reaction time	0.170	interval		5.00	5.20	5.50	5.50	5.70	6.10	6.58		# of strides	11.30	10.70	11.20	12.68	22.00	23.88	1.88
		velocity	7.94	10.00	9.62	9.09	9.09	8.77	8.20	7.60	8.72		8.85	9.35	8.93	7.89	9.09	8.38	

FINAL - 2020 Olympic Games (Tokyo, JPN) *Omega Timing (2022) - Tokyo 2020 - race analysis - men's 400m final*

date	05-Aug-21	time	6.14	10.98	15.99	21.28	26.77	32.47	38.42	44.79	44.79	9 / 6						
reaction time	0.158	interval		4.84	5.01	5.29	5.49	5.70	5.95	6.37	PB	# of strides	10.98	10.30	11.19	12.32	21.28	23.51	2.23
		velocity	8.14	10.33	9.98	9.45	9.11	8.77	8.40	7.85	8.93	181.0	9.11	9.71	8.94	8.12	9.40	8.51	

FINAL - 2018 IAAF World Junior Championships (Tampere, FIN) *Koyama (2018) - research on athlete performance and technique- 2018 data book*

date	13-Jul-18	time	6.05	10.90	15.81	21.05	26.55	32.41	38.65	45.38	45.38	6 / 2						
reaction time	0.197	interval		4.85	4.91	5.24	5.50	5.86	6.24	6.73		# of strides	10.90	10.15	11.36	12.97	21.05	24.33	3.28
		velocity	8.26	10.31	10.18	9.54	9.09	8.53	8.01	7.43	8.81		9.17	9.85	8.80	7.71	9.50	8.22	

Tenkawa, Ten (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 Shimane High School Championships (Izumo, JPN)										*Shimizu (2023) - shimane high school championships 2023 - biomechanics data analysis*							
date 26-May-23 time		12.93		25.30		38.06		51.33	51.33	4 / 4							
reaction time interval				12.37		12.76		13.27		# of strides	12.93	12.37	12.76	13.27	25.30	26.03	0.73
velocity		7.73		8.08		7.84		7.54	7.79		7.73	8.08	7.84	7.54	7.91	7.68	
FINAL - 2022 Shimane High School Championships (Izumo, JPN)										*Shimizu (2022) - shimane high school championships 2022 - biomechanics data analysis*							
date 26-May-22 time		12.97		25.43		38.28		51.99	51.99	7 / 5							
reaction time interval				12.46		12.85		13.71		# of strides	12.97	12.46	12.85	13.71	25.43	26.56	1.13
velocity		7.71		8.03		7.78		7.29	7.69		7.71	8.03	7.78	7.29	7.86	7.53	

Terada, Shohei (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2025 Shimane High School Championships (Izumo, JPN)										*Shimizu (2025) - shimane high school championships 2025 - biomechanics data analysis*							
date 30-May-25 time		12.70		24.95		37.63		51.02	51.02	7 / 3							
reaction time interval				12.25		12.68		13.39		# of strides	12.70	12.25	12.68	13.39	24.95	26.07	1.12
velocity		7.87		8.16		7.89		7.47	7.84		7.87	8.16	7.89	7.47	8.02	7.67	

Terai, Shota (JPN) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2014 Japanese National High School Championships (Kofu, JPN)										*Yanagiya (2014) - research on athlete performance and technique- 2014 data book*							
date 30-Jul-14 time	6.68	12.14	17.58	23.23	29.11	35.21	41.31	47.93	47.93	/ 6							
reaction time interval		5.46	5.44	5.65	5.88	6.10	6.10	6.62		# of strides	12.14	11.09	11.98	12.72	23.23	24.70	1.47
velocity	7.49	9.16	9.19	8.85	8.50	8.20	8.20	7.55	8.35		8.24	9.02	8.35	7.86	8.61	8.10	

Thebe, Baboloki (BOT) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2019 Müller Anniversary Games (London, GBR)										*Omega Timing (2019) - diamond league race analysis*							
date 21-Jul-19 time		11.2		21.6		32.7		45.23	45.23	4 / 6							
reaction time 0.156 interval				10.4		11.1		12.5		# of strides	11.20	10.40	11.10	12.53	21.60	23.63	2.03
velocity		8.93		9.62		9.01		7.98	8.84	180.0	8.93	9.62	9.01	7.98	9.26	8.46	
FINAL - 2019 Bauhaus Galan (Stockholm, SWE)										*Omega Timing (2019) - diamond league race analysis*							
date 30-May-19 time		11.3		22.2		33.9		48.85	48.85	3 / 8							
reaction time 0.170 interval				10.9		11.7		15.0		# of strides	11.30	10.90	11.70	14.95	22.20	26.65	4.45
velocity		8.85		9.17		8.55		6.69	8.19		8.85	9.17	8.55	6.69	9.01	7.50	
FINAL - 2018 Weltklasse (Zürich, SUI)										*Omega Timing (2018) - diamond league race analysis*							
date 30-Aug-18 time		11.0		21.3		32.5		45.41	45.41	2 / 5							
reaction time 0.149 interval				10.3		11.2		12.9		# of strides	11.00	10.30	11.20	12.91	21.30	24.11	2.81
velocity		9.09		9.71		8.93		7.75	8.81		9.09	9.71	8.93	7.75	9.39	8.30	
FINAL - 2018 Müller Grand Prix (Birmingham, GBR)										*Omega Timing (2018) - diamond league race analysis*							
date 18-Aug-18 time		11.5		22.6		33.8		46.35	46.35	2 / 7							
reaction time 0.167 interval				11.1		11.2		12.6		# of strides	11.50	11.10	11.20	12.55	22.60	23.75	1.15
velocity		8.70		9.01		8.93		7.97	8.63	181.0	8.70	9.01	8.93	7.97	8.85	8.42	
FINAL - 2018 Müller Anniversary Games (London, GBR)										*Omega Timing (2018) - diamond league race analysis*							
date 21-Jul-18 time		11.6		21.9		32.8		44.54	44.54	9 / 4							
reaction time 0.165 interval				10.3		10.9		11.7		# of strides	11.60	10.30	10.90	11.74	21.90	22.64	0.74
velocity		8.62		9.71		9.17		8.52	8.98	174.5	8.62	9.71	9.17	8.52	9.13	8.83	
FINAL - 2017 IAAF World Championships (London, GBR)										*Yamanaka (2017) - male and female 400m analysis in the 2017 season*							
date 08-Aug-17 time	6.09	10.97	15.93	21.06	26.36	31.86	37.83	44.66	44.66	9 / 4							
reaction time 0.182 interval		4.88	4.96	5.13	5.30	5.50	5.97	6.83		# of strides	10.97	10.09	10.80	12.80	21.06	23.60	2.54
velocity	8.21	10.25	10.08	9.75	9.43	9.09	8.38	7.32	8.96	182.2	9.12	9.91	9.26	7.81	9.50	8.47	
Semi-Final 2 - 2017 IAAF World Championships (London, GBR)										*Pollitt (2018) - biomechanical report for the IAAF World Champs - London 2017 - Men's 400m*							
date 06-Aug-17 time		10.85		21.02		31.82	37.68	44.15	44.33	5 / 2							
reaction time 0.178 interval				10.17		10.80	5.86	6.47		# of strides	10.85	10.17	10.80	12.33	21.02	23.13	2.11
velocity		9.22		9.83		9.26	8.53	7.73	9.02	179.0	9.22	9.83	9.26	8.11	9.51	8.65	
FINAL - 2017 Athletissima (Lausanne, SUI)										*Vazel (2018) - historical analysis and coaching commentary - biomechanical report - London 2017 - Men's 400m*							
date 06-Jul-17 time		10.9		21.1		32.0		44.02	44.02	3 / 2							
reaction time interval				10.20		10.90		12.02	PB	# of strides	10.90	10.20	10.90	12.02	21.10	22.92	1.82
velocity		9.17		9.80		9.17		8.32	9.09	173.7	9.17	9.80	9.17	8.32	9.48	8.73	

Thid, David (SWE) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2023 Bauhaus Galan (Stockholm, SWE)										*Omega Timing (2023) - diamond league race analysis*							
date 02-Jul-23 time	6.27	11.53	16.96	22.60	28.42	34.55	40.92	47.75	47.75	8 / 3							
reaction time 0.153 interval		5.26	5.43	5.64	5.82	6.13	6.37	6.83		# of strides	11.53	11.07	11.95	13.20	22.60	25.15	2.55
velocity	7.97	9.51	9.21	8.87	8.59	8.16	7.85	7.32	8.38		8.67	9.03	8.37	7.58	8.85	7.95	

Thomas, Iwan (GBR) (1974)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2001 European Cup (Bremen, GER)																	*Graubner (2007) - http://www.fgs.uni-halle.de*
date 23-Jun-01	time		11.18		21.71		33.17		46.14	46.14	/ 7							
reaction time	interval				10.53		11.46		12.97		# of strides	11.18	10.53	11.46	12.97	21.71	24.43	2.72
	velocity		8.94		9.50		8.73		7.71	8.67		8.94	9.50	8.73	7.71	9.21	8.19	
FINAL - 1997 IAAF World Championships (Athens, GRE)																	*Ritzdorf (1997) - biomechanical research project at the VI th world championships in athletics, Athens 1997*	
date 05-Aug-97	time	5.72	10.74	15.68	20.84	26.24	31.92	37.90	44.36	44.52	2 / 6							
reaction time 0.165	interval		5.02	4.94	5.16	5.40	5.68	5.98	6.46		# of strides	10.74	10.10	11.08	12.44	20.84	23.52	2.68
	velocity	8.74	9.96	10.12	9.69	9.26	8.80	8.36	7.74	8.98		9.31	9.90	9.03	8.04	9.60	8.50	
FINAL - 1996 Olympic Games (Atlanta, GA)																	*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*	
date 29-Jul-96	time				21.30		32.4		44.70	44.70	8 / 5							
reaction time 0.365	interval						11.10		12.30		# of strides			11.10	12.30	21.30	23.40	2.10
	velocity				9.39		9.01		8.13	8.95				9.01	8.13	9.39	8.55	

Thomassen, Keith (USA) (1936)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1960 Coliseum Relays (Los Angeles, CA)																	*Nelson (1960) - coliseum relays- 8:55.3 for Phil Coleman*
date 20-May-60	time				21.7				47.0	47.0	/ 3						
reaction time	interval								25.3		# of strides					21.70	25.30	3.60
	velocity				9.22				7.91	8.51						9.22	7.91	

Thompson, Kendrick (BAH) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 3 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 20-Sep-25	time		11.94		23.45		35.50		47.93	47.93	8 / 5						
reaction time 0.193	interval				11.51		12.05		12.43		# of strides	11.94	11.51	12.05	12.43	23.45	24.48	1.03
	velocity		8.38		8.69		8.30		8.05	8.35		8.38	8.69	8.30	8.05	8.53	8.17	

Thompson, Lee (GBR) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2025 London Athletics Meet (London, GBR)																	*Omega Timing (2025) - diamond league race analysis*
date 19-Jul-25	time	6.14	11.15	16.25	21.52	27.06	32.88	39.04	45.77	45.77	6 / 2							
reaction time 0.210	interval		5.01	5.10	5.27	5.54	5.82	6.16	6.73		# of strides	11.15	10.37	11.36	12.89	21.52	24.25	2.73
	velocity	8.14	9.98	9.80	9.49	9.03	8.59	8.12	7.43	8.74		8.97	9.64	8.80	7.76	9.29	8.25	
B FINAL - 2022 Müller Birmingham Diamond League (Birmingham, GBR)																	*Omega Timing (2022) - diamond league race analysis*	
date 21-May-22	time	6.3	11.3	16.5	22.0	27.8	34.0	40.5	47.65	47.65	8 / 8							
reaction time 0.207	interval		5.00	5.20	5.50	5.80	6.20	6.50	7.15		# of strides	11.30	10.70	12.00	13.65	22.00	25.65	3.65
	velocity	7.94	10.00	9.62	9.09	8.62	8.06	7.69	6.99	8.39	175.0	8.85	9.35	8.33	7.33	9.09	7.80	
FINAL - 2021 Müller British Grand Prix (Gateshead, GBR)																	*Omega Timing (2021) - diamond league race analysis*	
date 13-Jul-21	time	6.4	11.5	16.8	22.4	27.9	33.7	39.9	46.46	46.46	7 / 3							
reaction time 0.161	interval		5.10	5.30	5.60	5.50	5.80	6.20	6.56		# of strides	11.50	10.90	11.30	12.76	22.40	24.06	1.66
	velocity	7.81	9.80	9.43	8.93	9.09	8.62	8.06	7.62	8.61		8.70	9.17	8.85	7.84	8.93	8.31	

Thompson, Luca (NOR) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2019 Bislett Games (Olso, NOR)																	*Omega Timing (2019) - diamond league race analysis*
date 13-Jun-19	time		12.2		23.3		35.2		47.97	47.97	3 / 1						
reaction time 0.143	interval				11.1		11.9		12.8	PB	# of strides	12.20	11.10	11.90	12.77	23.30	24.67	1.37
	velocity		8.20		9.01		8.40		7.83	8.34		8.20	9.01	8.40	7.83	8.58	8.11	

Tiacoh, Gabriel (CIV) (1963)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1987 IAAF World Championship (Rome, ITA)																	*Moravec (1990) - time analyis of the sprints - Rome 1987 Scientific Report (2nd ed)*
date 03-Sep-87	time		11.56		22.17		33.56		46.27	46.27	9 / 7						
reaction time	interval				10.61		11.39		12.71		# of strides	11.56	10.61	11.39	12.71	22.17	24.10	1.93
	velocity		8.65		9.43		8.78		7.87	8.64		8.65	9.43	8.78	7.87	9.02	8.30	
FINAL - 1985 NCAA Championships (Austin, TX)																	*Track Newsletter (1985) - NCAA Championships*	
date 01-Jun-85	time				22.0		33.0		45.0	44.92	5 / 3							
reaction time	interval						11.00		12.00		# of strides			11.00	12.00	22.00	23.00	1.00
	velocity				9.09		9.09		8.33	8.90				9.09	8.33	9.09	8.70	
FINAL - 1984 Olympic Games (Los Angeles, CA)																	*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*	
date 08-Aug-84	time				21.6		32.4		44.6	44.54	7 / 2							
reaction time 0.191	interval						10.80		12.20	PB	# of strides			10.80	12.20	21.60	23.00	1.40
	velocity				9.26		9.26		8.20	8.98	170.0			9.26	8.20	9.26	8.70	

Tilga, Karel (EST) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 1 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 20-Sep-25	time		11.58		22.39				48.64	48.64	6 / 1						
reaction time 0.159	interval				10.81				26.25		# of strides	11.58	10.81			22.39	26.25	3.86
	velocity		8.64		9.25				7.62	8.22		8.64	9.25			8.93	7.62	
Decathlon - Heat 2 - 2024 Olympic Games (Paris, FRA)																	*Paris 2024 Olympic Games - Results Book (2024)*	
date 02-Aug-24	time	6.50	11.82	17.25	22.92	28.84	35.10	41.65	48.67	48.67	6 / 7							
reaction time 0.189	interval		5.32	5.43	5.67	5.92	6.26	6.55	7.02		# of strides	11.82	11.10	12.18	13.57	22.92	25.75	2.83
	velocity	7.69	9.40	9.21	8.82	8.45	7.99	7.63	7.12	8.22	165.0	8.46	9.01	8.21	7.37	8.73	7.77	
Decathlon - Heat 2 - 2023 World Athletics Championships (Budapest, HUN)																	*Seiko Timing (2023) - world championship race analysis*	
date 25-Aug-23	time		11.78		23.13		34.99		48.58	48.58	9 / 4							
reaction time 0.178	interval				11.35		11.86		13.59		# of strides	11.78	11.35	11.86	13.59	23.13	25.45	2.32
	velocity		8.49		8.81		8.43		7.36	8.23		8.49	8.81	8.43	7.36	8.65	7.86	

Timbaci, Obediah (VAN) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 3 - 2022 World Athletics Championships (Eugene, OR)																	*Timing by Seiko (2022) - world athletics championships race analysis*

date	17-Jul-22	time	12.30		24.49		37.87		53.32	53.32	4 / 7							
reaction time	0.209	interval			12.19		13.38		15.45		# of strides	12.30	12.19	13.38	15.45	24.49	28.83	4.34
		velocity	8.13		8.20		7.47		6.47	7.50		8.13	8.20	7.47	6.47	8.17	6.94	

Tinega, Brian (KEN) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 1 - 2025 World Athletics Championships (Tokyo, JPN)																	
date 14-Sep-25	time	11.03		21.31		32.54		45.13	45.13	6 / 6							
reaction time 0.209	interval			10.28		11.23		12.59		# of strides	11.03	10.28	11.23	12.59	21.31	23.82	2.51
	velocity	9.07		9.73		8.90		7.94	8.86	187.0	9.07	9.73	8.90	7.94	9.39	8.40	

Seiko Timing (2025) - 2025 World Championships race analysis

Tkahashi, Yuma (JPN) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 3 - 2021 All Japan Corporate Championships (Osaka, JPN)																	
date 25-Sep-21	time	11.56		22.79		34.22		46.88	47.04	7 / 3							
reaction time 0.166	interval			11.23		11.43		12.66		# of strides	11.56	11.23	11.43	12.66	22.79	24.09	1.30
	velocity	8.65		8.90		8.75		7.90	8.50		8.65	8.90	8.75	7.90	8.78	8.30	

@ohnishigundan (2021) - https://twitter.com/ohnishigundan/status/1441633743874117633

Tobacco, Terry (CAN) (1936)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1957 Modesto Relays (Modesto, CA) (yards)																	
date 25-May-57	time			22.7				46.5	46.5	/ 2							
reaction time	interval							23.8	*(46.8/440y)*	# of strides					22.70	23.80	1.10
	velocity			8.81				8.40	8.60						8.81	8.40	

Nelson (1957) - Bill Nieder puts 61' 8 1-4"

Tobin, Robert (GBR) (1983)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 1 - 2009 IAAF World Championships (Berlin, GER)																	
date 18-Aug-09	time	11.17		21.55		32.82		45.50	45.50	5 / 1							
reaction time 0.179	interval			10.38		11.27		12.68		# of strides	11.17	10.38	11.27	12.68	21.55	23.95	2.40
	velocity	8.95		9.63		8.87		7.89	8.79		8.95	9.63	8.87	7.89	9.28	8.35	

Graubner (2009) - biomechanical analyses at the 12th IAAF world championships

Tobita, Riku (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2020 Shimane High School Championships (Izumo, JPN)																	
date 11-Jul-20	time	11.81		23.50		36.53		50.72	50.72	7 / 2							
reaction time	interval			11.69		13.03		14.19		# of strides	11.81	11.69	13.03	14.19	23.50	27.22	3.72
	velocity	8.47		8.55		7.67		7.05	7.89		8.47	8.55	7.67	7.05	8.51	7.35	

Shimizu (2020) - shimane high school championships 2020 - biomechanics data analysis

FINAL - 2019 Shimane High School Championships (Izumo, JPN)

date 24-May-19	time	12.09		24.21		37.47		50.99	50.99	8 / 5							
reaction time	interval			12.12		13.26		13.52		# of strides	12.09	12.12	13.26	13.52	24.21	26.78	2.57
	velocity	8.27		8.25		7.54		7.40	7.84		8.27	8.25	7.54	7.40	8.26	7.47	

Shimizu (2019) - shimane high school championships 2019 - biomechanics data analysis

Toma, Denis Simon (ROU) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 1 - 2021 European Athletics U20 Championships (Tallin, EST)																	
date 15-Jul-21	time	12.32		23.97		36.14		48.67	48.67	2 / 8							
reaction time 0.198	interval			11.65		12.17		12.53		# of strides	12.32	11.65	12.17	12.53	23.97	24.70	0.73
	velocity	8.12		8.58		8.22		7.98	8.22		8.12	8.58	8.22	7.98	8.34	8.10	

European Athletics (2021) - european athletics U20 championships results book

Tominaga, Yuhei (JPN) (2004)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2022 Japanese National High School Championships (Naruto, JPN)																	
date 03-Aug-22	time	11.68		22.90		34.60		47.01	47.01	6 / 1							
reaction time 0.185	interval			11.22		11.70		12.41	PB	# of strides	11.68	11.22	11.70	12.41	22.90	24.11	1.21
	velocity	8.56		8.91		8.55		8.06	8.51	188.0	8.56	8.91	8.55	8.06	8.73	8.30	

Kishima (2022) - national high school championships biomechanics data collection

FINAL - 2021 Japanese High School National Championships (Fukui, JPN)

date 28-Jul-21	time	6.42	11.78	17.40	23.25	29.11	35.17	41.42	47.97	47.97	4 / 4						
reaction time 0.164	interval		5.36	5.62	5.85	5.86	6.06	6.25	6.55		# of strides	11.78	11.47	11.92	12.80	23.25	24.72	1.47
	velocity	7.79	9.33	8.90	8.55	8.53	8.25	8.00	7.63	8.34		8.49	8.72	8.39	7.81	8.60	8.09	

Shibayama (2021) - national high school and U20 national championhsips

Tomioka, Yuya (JPN) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Division 2 FINAL - 2017 Kanto Collegiate Championships (Yokohama, JPN)																	
date 26-May-17	time	11.60		22.69		35.06		48.50	48.50	8 / 6							
reaction time	interval			11.09		12.37		13.44		# of strides	11.60	11.09	12.37	13.44	22.69	25.81	3.12
	velocity	8.62		9.02		8.08		7.44	8.25	181.2	8.62	9.02	8.08	7.44	8.81	7.75	

(2017) - tfdata-store.com/2017/06/01/post-786/

Division 2 Semi-Final 1 - 2017 Kanto Collegiate Championships (Yokohama, JPN)

date 26-May-17	time	11.40		22.32		34.44		48.05	48.05	4 / 3							
reaction time	interval			10.92		12.12		13.61		# of strides	11.40	10.92	12.12	13.61	22.32	25.73	3.41
	velocity	8.77		9.16		8.25		7.35	8.32	182.0	8.77	9.16	8.25	7.35	8.96	7.77	

(2017) - tfdata-store.com/2017/06/02/post-835/

Tomita, Daichi (JPN) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2019 Japanese National High School Championships (Okinawa, JPN)																	
date 04-Aug-19	time	6.42	11.61	16.85	22.23	27.86	33.88	40.25	47.05	47.05	4 / 4						
reaction time	interval		5.19	5.24	5.38	5.63	6.02	6.37	6.80		# of strides	11.61	10.62	11.65	13.17	22.23	24.82	2.59
	velocity	7.79	9.63	9.54	9.29	8.88	8.31	7.85	7.35	8.50		8.61	9.42	8.58	7.59	9.00	8.06	

Kota (2019) - 72nd high school championships: JAF scientific committee - biomechanics data collection

Tomlyanovich, TJ (USA) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 3 - 2024 USA Olympic Trials (Eugene, OR)																	
date 23-Jun-24	time	11.14		22.00		33.62		46.65	46.65	4 / 7							
reaction time	interval			10.86		11.62		13.03		# of strides	11.14	10.86	11.62	13.03	22.00	24.65	2.65
	velocity	8.98		9.21		8.61		7.67	8.57		8.98	9.21	8.61	7.67	9.09	8.11	

USATF and Karmarush (2024) - USA Olympic trials results and race analysis

Heat 5 - 2024 USA Olympic Trials (Eugene, OR)

date 21-Jun-24	time	11.13		21.70		33.15		45.76	45.76	3 / 3							
reaction time	interval			10.57		11.45		12.61		# of strides	11.13	10.57	11.45	12.61	21.70	24.06	2.36
	velocity	8.98		9.46		8.73		7.93	8.74	170.0	8.98	9.46	8.73	7.93	9.22	8.31	

USATF and Karmarush (2024) - USA Olympic trials results and race analysis

Tomoda, Masataka (JPN) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

A FINAL - 2020 Japanese High School National Championships (Hiroshima, JPN) *Kobayashi (2002) - national high school and U20 national championhsips*

date	23-Oct-20	time	6.23	11.36	16.65	22.12	27.79	33.75	40.01	46.51	46.51	3 / 1						
reaction time	0.152	interval		5.13	5.29	5.47	5.67	5.96	6.26	6.50		# of strides	11.36	10.76	11.63	12.76	22.12	24.39	2.27
		velocity	8.03	9.75	9.45	9.14	8.82	8.39	7.99	7.69	8.60	172.6	8.80	9.29	8.60	7.84	9.04	8.20	

Heat 3 - 2020 Japanese High School National Championships (Hiroshima, JPN) *Kobayashi (2002) - national high school and U20 national championhsips*

date	23-Oct-20	time	6.24	11.29	16.58	22.20	28.05	34.11	40.59	47.39	47.39	6 / 1						
reaction time	0.155	interval		5.05	5.29	5.62	5.85	6.06	6.48	6.80		# of strides	11.29	10.91	11.91	13.28	22.20	25.19	2.99
		velocity	8.01	9.90	9.45	8.90	8.55	8.25	7.72	7.35	8.44	173.5	8.86	9.17	8.40	7.53	9.01	7.94	

Tornée, Marcus (SWE) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2024 Bauhaus Galan (Stockholm, SWE)																	*Omega Timing (2024) - diamond league race analysis*
date 02-Jun-24 time	6.24	11.30	16.51	21.99	27.96	34.16	40.55	47.32	47.32	8 / 6							
reaction time 0.160 interval		5.06	5.21	5.48	5.97	6.20	6.39	6.77		# of strides	11.30	10.69	12.17	13.16	21.99	25.33	3.34
velocity	8.01	9.88	9.60	9.12	8.38	8.06	7.82	7.39	8.45		8.85	9.35	8.22	7.60	9.10	7.90	

Torrance, Jamaal (USA) (1983)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2011 USATF National Championships (Eugene, OR)																	*Track Newsletter (2011) - USATF men's championships*
date 25-Jun-11 time		11.3		21.8		32.9		45.1	45.11	/ 4							
reaction time 0.169 interval				10.50		11.10		12.20		# of strides	11.30	10.50	11.10	12.20	21.80	23.30	1.50
velocity		8.85		9.52		9.01		8.20	8.87		8.85	9.52	9.01	8.20	9.17	8.58	

Semi-Final 1 - 2008 USA Olympic Trials (Eugene, OR) *USATF Women's Sprint Development with HPC (2008)*

date	30-Jun-08	time	11.21	21.87	27.41	33.13	39.25	45.76	45.76	2 / 5							
reaction time		interval		10.66	5.54	5.72	6.12	6.51		# of strides	11.21	10.66	11.26	12.63	21.87	23.89	2.02
		velocity	8.92	9.38	9.03	8.74	8.17	7.68	8.74		8.92	9.38	8.88	7.92	9.14	8.37	

FINAL - 2007 USATF National Championships (Indianapolis, IN) *Track Newsletter (2007) - USATF men's championships*

date	23-Jun-07	time				32.7		45.8	45.79	2 / 6							
reaction time		interval						13.1		# of strides				13.10			
		velocity				9.17		7.63	8.74					7.63			

Trousil, Josef (TCH) (1935)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1964 Rosický Memorial (Prague, TCH)																	*Quercentani (1962). European Report, dashes*
date 26-Jun-64 time				21.8		33.3		45.7	45.7	/ 1							
reaction time interval						11.5		12.4		# of strides			11.50	12.40	21.80	23.90	2.10
velocity				9.17		8.70		8.06	8.75				8.70	8.06	9.17	8.37	

Heat ?? - 1964 Rosický Memorial (Prague, TCH) *Quercentani (1962). European Report, dashes*

date	26-Jun-64	time		21.3				46.1	46.1	/ 1							
reaction time		interval						24.8		# of strides			-21.30	46.10	21.30	24.80	3.50
		velocity		9.39				8.06	8.68				-4.69	2.17	9.39	8.06	

Trulsson, William (SWE) (2006)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2024 Bauhaus Galan (Stockholm, SWE)																	*Omega Timing (2024) - diamond league race analysis*
date 02-Jun-24 time	6.24	11.46	16.76	22.18	27.83	33.87	40.19	46.97	46.97	4 / 5							
reaction time 0.148 interval		5.22	5.30	5.42	5.65	6.04	6.32	6.78	PB	# of strides	11.46	10.72	11.69	13.10	22.18	24.79	2.61
velocity	8.01	9.58	9.43	9.23	8.85	8.28	7.91	7.37	8.52		8.73	9.33	8.55	7.63	9.02	8.07	

Tsuchie, Ryu (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2019 Shimane High School Championships (Izumo, JPN)																	*Shimizu (2019) - shimane high school championships 2019 - biomechanics data analysis*
date 24-May-19 time		12.34		24.27		37.01		50.82	50.82	2 / 3							
reaction time interval				11.93		12.74		13.81		# of strides	12.34	11.93	12.74	13.81	24.27	26.55	2.28
velocity		8.10		8.38		7.85		7.24	7.87		8.10	8.38	7.85	7.24	8.24	7.53	

Tsujiyoko, Shotaro (JPN) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2015 Japanese National High School Championships (Wakayama, JPN)																	*Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*
date 29-Jul-15 time	6.59	11.81	17.18	22.81	28.63	34.75	40.96	47.32	47.32	/ 2							
reaction time interval		5.22	5.37	5.63	5.82	6.12	6.21	6.36		# of strides	11.81	11.00	11.94	12.57	22.81	24.51	1.70
velocity	7.59	9.58	9.31	8.88	8.59	8.17	8.05	7.86	8.45		8.47	9.09	8.38	7.96	8.77	8.16	

Tsunaga, Kanno (JPN) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
U19 Heat 1 - 2017 National Sports Festival (Matsuyama, JPN)																	*(2017) - tfdata-store.com/2017/10/12/post-1100/*
date 08-Oct-17 time		11.71		23.34		35.47		48.72	48.72	3 / 5							
reaction time 0.186 interval				11.63		12.13		13.25		# of strides	11.71	11.63	12.13	13.25	23.34	25.38	2.04
velocity		8.54		8.60		8.24		7.55	8.21	200.5	8.54	8.60	8.24	7.55	8.57	7.88	

Turner, Ismail (USA) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2022 USATF National Championships (Eugene, OR)																	*Track Newsletter (2022) - USATF championships men*
date 25-Jun-22 time		10.75		21.32		32.83		45.56	45.56	/ ~~8~~ 7							
reaction time interval				10.57		11.51		12.73		# of strides	10.75	10.57	11.51	12.73	21.32	24.24	2.92
velocity		9.30		9.46		8.69		7.86	8.78		9.30	9.46	8.69	7.86	9.38	8.25	

Turner, Tommie (USA) (1947)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FiNAL - 1971 USA National Championships (Eugene, OR) (yards)																	*Hymans (2015) - progression of IAAF world records - 2015 edition*
date 26-Jun-71 time				22.0				45.6	45.6	/ 6							
reaction time interval								23.6	*(45.9/440y)*	# of strides					22.00	23.60	1.60
velocity				9.09				8.47	8.77						9.09	8.47	

Tveit, Espen (NOR) (1991)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2019 Bislett Games (Olso, NOR)																	*Omega Timing (2019) - diamond league race analysis*
date 13-Jun-19 time		12.2		23.9		36.4		49.92	49.92	2 / 8							
reaction time 0.194 interval				11.7		12.5		13.5		# of strides	12.20	11.70	12.50	13.52	23.90	26.02	2.12
velocity		8.20		8.55		8.00		7.40	8.01		8.20	8.55	8.00	7.40	8.37	7.69	

Uibo, Maicel (EST) (1992)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 1 - 2022 World Athletics Championships (Eugene, OR)																	*Timing by Seiko (2022) - world athletics championships race analysis*
date 23-Jul-22	time		11.94		23.55		36.29		50.38	50.38	7 / 4						
reaction time 0.197	interval				11.61		12.74		14.09		# of strides	11.94	11.61	12.74	14.09	23.55	26.83	3.28
	velocity		8.38		8.61		7.85		7.10	7.94	177.0	8.38	8.61	7.85	7.10	8.49	7.45	

Uike, Yuji (JPN) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 2 - 2017 Japanese National Championships (Osaka, JPN)																	*(2017) - tfdata-store.com/2017/07/08/post-965/*
date 23-Jun-17	time		11.27		21.80		33.27		46.59	46.59	6 / 5						
reaction time 0.194	interval				10.53		11.47		13.32	=PB	# of strides	11.27	10.53	11.47	13.32	21.80	24.79	2.99
	velocity		8.87		9.50		8.72		7.51	8.59	185.2	8.87	9.50	8.72	7.51	9.17	8.07	
Division 1 FINAL - 2017 Kanto Collegiate Championships (Yokohama, JPN)																	*(2017) - tfdata-store.com/2017/06/01/post-786/*
date 26-May-17	time		11.68		22.74		34.54		47.02	47.02	4 / 4						
reaction time	interval				11.06		11.80		12.48		# of strides	11.68	11.06	11.80	12.48	22.74	24.28	1.54
	velocity		8.56		9.04		8.47		8.01	8.51	189.7	8.56	9.04	8.47	8.01	8.80	8.24	
Division 1 Semi-Final 1 - 2017 Kanto Collegiate Championships (Yokohama, JPN)																	*(2017) - tfdata-store.com/2017/06/02/post-835/*
date 26-May-17	time		11.65		22.66		34.66		47.65	47.65	4 / ~~3~~ 2						
reaction time	interval				11.01		12.00		12.99		# of strides	11.65	11.01	12.00	12.99	22.66	24.99	2.33
	velocity		8.58		9.08		8.33		7.70	8.39	192.0	8.58	9.08	8.33	7.70	8.83	8.00	
FINAL - 2016 Japanese National Junior Championships (Mizuho, JPN)																	*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*
date 21-Oct-16	time	6.56	11.93	17.32	22.83	28.54	34.39	40.39	46.59	46.59	3 / 1						
reaction time	interval		5.37	5.39	5.51	5.71	5.85	6.00	6.20	PB	# of strides	11.93	10.90	11.56	12.20	22.83	23.76	0.93
	velocity	7.62	9.31	9.28	9.07	8.76	8.55	8.33	8.06	8.59		8.38	9.17	8.65	8.20	8.76	8.42	
U19 FINAL - 2016 National Sports Festival (Kitakami, JPN)																	*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*
date 10-Oct-16	time	6.63	12.23	17.92	23.66	29.49	35.38	41.32	47.64	47.64	6 / 3						
reaction time 0.212	interval		5.60	5.69	5.74	5.83	5.89	5.94	6.32		# of strides	12.23	11.43	11.72	12.26	23.66	23.98	0.32
	velocity	7.54	8.93	8.79	8.71	8.58	8.49	8.42	7.91	8.40		8.18	8.75	8.53	8.16	8.45	8.34	
FINAL - 2016 Japanese National High School Championships (Okayama, JPN)																	*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*
date 29-Jul-16	time	6.49	11.91	17.38	23.04	28.86	34.75	40.74	47.03	47.03	4 / 3						
reaction time 0.150	interval		5.42	5.47	5.66	5.82	5.89	5.99	6.29	PB	# of strides	11.91	11.13	11.71	12.28	23.04	23.99	0.95
	velocity	7.70	9.23	9.14	8.83	8.59	8.49	8.35	7.95	8.51		8.40	8.98	8.54	8.14	8.68	8.34	

Umeiuchi, Eiichi (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B FINAL - 2017 Nanbu Memorial Meeting (Sapporo, JPN)																	*(2017) - tfdata-store.com/2017/07/11/post-1010/*
date 09-Jul-17	time		11.95		23.58		36.04		50.42	50.42	8 / 3						
reaction time	interval				11.63		12.46		14.38		# of strides	11.95	11.63	12.46	14.38	23.58	26.84	3.26
	velocity		8.37		8.60		8.03		6.95	7.93	189.7	8.37	8.60	8.03	6.95	8.48	7.45	

Umetani, Hoshia (JPN) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2018 Japanese National Junior (U20) Championships (Nagano, JPN)																	*Ryutaro (2018) - research on athlete performance and technique- 2018 data book*
date 19-Oct-18	time	6.61	11.70	16.97	22.52	28.38	34.51	40.85	47.50	47.50	3 / 2						
reaction time 0.185	interval		5.09	5.27	5.55	5.86	6.13	6.34	6.65		# of strides	11.70	10.82	11.99	12.99	22.52	24.98	2.46
	velocity	7.56	9.82	9.49	9.01	8.53	8.16	7.89	7.52	8.42	184.7	8.55	9.24	8.34	7.70	8.88	8.01	

Umikawa, Shigeru (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2016 Japanese National Youth Championships (Mizuho, JPN)																	*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*
date 21-Oct-16	time	6.53	11.86	17.32	22.93	28.85	35.13	41.71	48.60	48.60	2 / 8						
reaction time	interval		5.33	5.46	5.61	5.92	6.28	6.58	6.89		# of strides	11.86	11.07	12.20	13.47	22.93	25.67	2.74
	velocity	7.66	9.38	9.16	8.91	8.45	7.96	7.60	7.26	8.23		8.43	9.03	8.20	7.42	8.72	7.79	

Underwood, Tavon (USA) (2004)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 1 - 2025 USATF Championships (Eugene, OR)																	*USATF and Karmarush (2025) - USATF championships results and race analysis*
date 01-Aug-25	time		11.48		21.94		33.29		46.23	46.23	1 / 8						
reaction time	interval				10.46		11.35		12.94		# of strides	11.48	10.46	11.35	12.94	21.94	24.29	2.35
	velocity		8.71		9.56		8.81		7.73	8.65		8.71	9.56	8.81	7.73	9.12	8.23	

Uozato, Yusuke (JPN) (1994)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Race B - 2016 Shizuoka International Meeting (Fukuroi, JPN)																	*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*
date 03-May-16	time	6.23	11.40	16.68	22.12	27.82	33.79	40.01	46.65	46.65	/ 1						
reaction time	interval		5.17	5.28	5.44	5.70	5.97	6.22	6.64	PB	# of strides	11.40	10.72	11.67	12.86	22.12	24.53	2.41
	velocity	8.03	9.67	9.47	9.19	8.77	8.38	8.04	7.53	8.57		8.77	9.33	8.57	7.78	9.04	8.15	

Urano, Akihiro (JPN) (1990)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2012 Kokutai National Sport Festival (Gifu, JPN)																	*Maho (2013) - race analysis of the men's 400m run in competition*
date 08-Oct-12	time	6.35	11.48	16.85	22.33	27.98	33.94	40.23	47.20	47.20	/ 7						
reaction time	interval		5.13	5.37	5.48	5.65	5.96	6.29	6.97		# of strides	11.48	10.85	11.61	13.26	22.33	24.87	2.54
	velocity	7.87	9.75	9.31	9.12	8.85	8.39	7.95	7.17	8.47		8.71	9.22	8.61	7.54	8.96	8.04	
FINAL - 2009 Japanese National High School Championships (Nara, JPN)																	*Matsuo (2009) - 62nd high school championships: JAF scientific committee- biomechanics*
date 29-Jul-09	time		11.61		22.80		34.52		47.23	47.23	4 / 2						
reaction time	interval				11.19		11.72		12.71		# of strides	11.61	11.19	11.72	12.71	22.80	24.43	1.63
	velocity		8.61		8.94		8.53		7.87	8.47		8.61	8.94	8.53	7.87	8.77	8.19	
FINAL - 2008 Japanese National High School Championships (Kumagaya, JPN)																	*Abe (2008) - 61st high school championships: JAF scientific committee- biomechanics data*
date 29-Jul-08	time	6.47	11.82	17.22	22.69	28.46	34.27	40.39	47.12	47.12	/ 2						
reaction time	interval		5.35	5.40	5.47	5.77	5.81	6.12	6.73		# of strides	11.82	10.87	11.58	12.85	22.69	24.43	1.74
	velocity	7.73	9.35	9.26	9.14	8.67	8.61	8.17	7.43	8.49		8.46	9.20	8.64	7.78	8.81	8.19	

Ureña, Jorge (ESP) (1993)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 2 - 2024 Olympic Games (Paris, FRA)																	*Paris 2024 Olympic Games - Results Book (2024)*

date	02-Aug-24	time	6.61	11.98	17.40	23.08	28.91	34.89	41.19	48.08	48.08	3 / 6						
reaction time	0.141	interval		5.37	5.42	5.68	5.83	5.98	6.30	6.89		# of strides	11.98	11.10	11.81	13.19	23.08	25.00	1.92
		velocity	7.56	9.31	9.23	8.80	8.58	8.36	7.94	7.26	8.32	174.0	8.35	9.01	8.47	7.58	8.67	8.00	

Ushiro, Keisuke (JPN) (1986)		**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

Decathlon - Heat 1 - 2023 Japanese Multi-Event National Championsips (Akita, JPN) *Matsubayashi (2024) - performance analysis of decathlon athletes in the 2023 season*

date	10-Jun-23	time	6.72	12.36	18.22	24.51	31.32	38.75	46.58	55.13	55.13	9 / 7						
reaction time		interval		5.64	5.86	6.29	6.81	7.43	7.83	8.55		# of strides	12.36	12.15	14.24	16.38	24.51	30.62	6.11
		velocity	7.44	8.87	8.53	7.95	7.34	6.73	6.39	5.85	7.26		8.09	8.23	7.02	6.11	8.16	6.53	

Decathlon - Heat 1 - 2023 Michitaka Kinami Memorial (Osaka, JPN) *Matsubayashi (2024) - performance analysis of decathlon athletes in the 2023 season*

date	06-May-23	time	6.84	12.47	18.00	24.41	30.80	37.57	44.75	52.61	52.61	7 / 5						
reaction time	0.187	interval		5.63	5.53	6.41	6.39	6.77	7.18	7.86		# of strides	12.47	11.94	13.16	15.04	24.41	28.20	3.79
		velocity	7.31	8.88	9.04	7.80	7.82	7.39	6.96	6.36	7.60		8.02	8.38	7.60	6.65	8.19	7.09	

Decathlon - FINAL - 2022 Japanese Multi-Event National Championsips (Akita, JPN) *Takefu (2023) - performance analyisis of decathlon athletes in the 2022 season*

date	04-Jun-22	time	6.69	12.21	17.97	24.07	30.54	37.37	44.64	52.57	52.57	3 / 9						
reaction time		interval		5.52	5.76	6.10	6.47	6.83	7.27	7.93		# of strides	12.21	11.86	13.30	15.20	24.07	28.50	4.43
		velocity	7.47	9.06	8.68	8.20	7.73	7.32	6.88	6.31	7.61		8.19	8.43	7.52	6.58	8.31	7.02	

Decathlon - Heat 1 - 2022 Michitaka Kinami Memorial (Osaka, JPN) *Takefu (2023) - performance analyisis of decathlon athletes in the 2022 season*

date	30-Apr-22	time	6.75	12.37	18.11	24.23	30.62	37.43	44.83	52.93	52.93	5 / 5						
reaction time	0.174	interval		5.62	5.74	6.12	6.39	6.81	7.40	8.10		# of strides	12.37	11.86	13.20	15.50	24.23	28.70	4.47
		velocity	7.41	8.90	8.71	8.17	7.82	7.34	6.76	6.17	7.56		8.08	8.43	7.58	6.45	8.25	6.97	

Decathlon - Heat 1 - 2020 Japanese Multi-Event National Championships (Nagano, JPN) *Matsubayashi (2020) - research on athlete performance and technique- 2020 data book*

date	26-Sep-20	time	6.71	12.34	18.17	24.30	30.61	37.24	44.30	52.11	52.11	5 / 6						
reaction time		interval		5.63	5.83	6.13	6.31	6.63	7.06	7.81		# of strides	12.34	11.96	12.94	14.87	24.30	27.81	3.51
		velocity	7.45	8.88	8.58	8.16	7.92	7.54	7.08	6.40	7.68		8.10	8.36	7.73	6.72	8.23	7.19	

Decathlon - Heat 1 - 2019 Japanese National Multi-Event Championships (Nagano, JPN) *Matsubayashi (2019) - research on athlete performance and technique- 2019 data book*

date	08-Jun-19	time	6.65	12.28	18.05	24.15	30.54	36.97	43.85	51.46	51.46	6 / 4						
reaction time		interval		5.63	5.77	6.10	6.39	6.43	6.88	7.61		# of strides	12.28	11.87	12.82	14.49	24.15	27.31	3.16
		velocity	7.52	8.88	8.67	8.20	7.82	7.78	7.27	6.57	7.77		8.14	8.42	7.80	6.90	8.28	7.32	

Decathlon - Heat 1 - 2018 Japanese National Multi-Event Championships (Nagano, JPN) *Matsubayashi (2018) - research on athlete performance and technique- 2018 data book*

date	16-Jun-18	time	6.55	12.17	17.95	24.06	30.33	36.76	43.49	50.80	50.80	5 / 5						
reaction time		interval		5.62	5.78	6.11	6.27	6.43	6.73	7.31		# of strides	12.17	11.89	12.70	14.04	24.06	26.74	2.68
		velocity	7.63	8.90	8.65	8.18	7.97	7.78	7.43	6.84	7.87		8.22	8.41	7.87	7.12	8.31	7.48	

Decathlon - Heat 1 - 2018 Tokyo Combined Event Meeting (Tokyo, JPN) *Matsubayashi (2018) - research on athlete performance and technique- 2018 data book*

date	21-Apr-18	time	6.62	12.10	17.72	23.67	29.84	36.37	43.28	50.80	50.80	5 / 5						
reaction time		interval		5.48	5.62	5.95	6.17	6.53	6.91	7.52		# of strides	12.10	11.57	12.70	14.43	23.67	27.13	3.46
		velocity	7.55	9.12	8.90	8.40	8.10	7.66	7.24	6.65	7.87		8.26	8.64	7.87	6.93	8.45	7.37	

Decathlon - Heat 2 - 2014 Asian Games (Incheon, KOR) *Takeo (2014) - decathletes sprint ability and relationship of individual performance*

date	30-Sep-14	time	6.52	11.88	17.63	23.82	30.12	36.58	43.23	50.25	50.25	/ 4						
reaction time		interval		5.36	5.75	6.19	6.30	6.46	6.65	7.02		# of strides	11.88	11.94	12.76	13.67	23.82	26.43	2.61
		velocity	7.67	9.33	8.70	8.08	7.94	7.74	7.52	7.12	7.96		8.42	8.38	7.84	7.32	8.40	7.57	

Decathlon - Heat 2 - 2014 Japanese Multi-Event Naitonal Championships (Nagano, JPN) *Takeo (2014) - decathletes sprint ability and relationship of individual performance*

date	31-May-14	time	6.45	11.90	17.55	23.38	29.51	35.98	42.57	49.66	49.66	4 / 3						
reaction time		interval		5.45	5.65	5.83	6.13	6.47	6.59	7.09	PB	# of strides	11.90	11.48	12.60	13.68	23.38	26.28	2.90
		velocity	7.75	9.17	8.85	8.58	8.16	7.73	7.59	7.05	8.05		8.40	8.71	7.94	7.31	8.55	7.61	

Decathlon - Heat 1 - 2014 Nittai University Distance Meeting (Wakayama, JPN) *Takeo (2014) - decathletes sprint ability and relationship of individual performance*

date	26-Apr-14	time	6.55	12.00	17.65	23.55	29.68	36.09	42.69	49.84	49.84	5 / 3						
reaction time		interval		5.45	5.65	5.90	6.13	6.41	6.60	7.15	PB	# of strides	12.00	11.55	12.54	13.75	23.55	26.29	2.74
		velocity	7.63	9.17	8.85	8.47	8.16	7.80	7.58	6.99	8.03		8.33	8.66	7.97	7.27	8.49	7.61	

Decathlon - Heat 1 - 2013 Japanese Multi-Event National Championship (Nagano, JPN) *Takeo (2014) - decathletes sprint ability and relationship of individual performance*

date	01-Jun-13	time	6.66	12.23	17.88	23.85	30.04	36.41	43.16	50.43	50.43	6 / 4						
reaction time		interval		5.57	5.65	5.97	6.19	6.37	6.75	7.27		# of strides	12.23	11.62	12.56	14.02	23.85	26.58	2.73
		velocity	7.51	8.98	8.85	8.38	8.08	7.85	7.41	6.88	7.93		8.18	8.61	7.96	7.13	8.39	7.52	

Decathlon - Heat 1 - 2013 Wakayama Athletics Meeting (Wakayama, JPN) *Takeo (2014) - decathletes sprint ability and relationship of individual performance*

date	27-Apr-13	time	6.66	12.23	17.92	23.90	30.22	36.76	43.66	51.11	51.11	6 / 4						
reaction time		interval		5.57	5.69	5.98	6.32	6.54	6.90	7.45		# of strides	12.23	11.67	12.86	14.35	23.90	27.21	3.31
		velocity	7.51	8.98	8.79	8.36	7.91	7.65	7.25	6.71	7.83		8.18	8.57	7.78	6.97	8.37	7.35	

Decathlon - Heat 1 - 2012 Olympic Games (London, GBR) *Takeo (2014) - decathletes sprint ability and relationship of individual performance*

date	08-Aug-12	time	6.70	12.34	18.12	24.13	30.39	36.87	43.61	50.78	50.78	7 / 4						
reaction time	0.190	interval		5.64	5.78	6.01	6.26	6.48	6.74	7.17		# of strides	12.34	11.79	12.74	13.91	24.13	26.65	2.52
		velocity	7.46	8.87	8.65	8.32	7.99	7.72	7.42	6.97	7.88	179.5	8.10	8.48	7.85	7.19	8.29	7.50	

Decathlon - Heat 1 - 2012 Japanese Multi-Event National Championships (Nagano, JPN) *Takeo (2014) - decathletes sprint ability and relationship of individual performance*

date	02-Jun-12	time	6.66	12.17	17.76	23.64	29.70	36.15	43.01	50.58	50.58	6 / 4						
reaction time		interval		5.51	5.59	5.88	6.06	6.45	6.86	7.57		# of strides	12.17	11.47	12.51	14.43	23.64	26.94	3.30
		velocity	7.51	9.07	8.94	8.50	8.25	7.75	7.29	6.61	7.91		8.22	8.72	7.99	6.93	8.46	7.42	

Decathlon - Heat ?? - 2012 Tokyo Athletics Championships (Chofu, JPN) *Takeo (2014) - decathletes sprint ability and relationship of individual performance*

date	21-Apr-12	time	6.59	12.16	17.88	23.89	30.10	36.68	43.67	51.16	51.16	???						
reaction time		interval		5.57	5.72	6.01	6.21	6.58	6.99	7.49		# of strides	12.16	11.73	12.79	14.48	23.89	27.27	3.38
		velocity	7.59	8.98	8.74	8.32	8.05	7.60	7.15	6.68	7.82		8.22	8.53	7.82	6.91	8.37	7.33	

Decathlon - Heat ?? - 2011 Japanese Multi-Event National Championships (Kawasaki, JPN) — *Takeo (2014) - decathletes sprint ability and relationship of individual performance*

date	04-Jun-11	time	6.69	12.20	17.87	23.93	30.05	36.41	43.08	50.28	50.28	???						
reaction time		interval		5.51	5.67	6.06	6.12	6.36	6.67	7.20	PB	# of strides	12.20	11.73	12.48	13.87	23.93	26.35	2.42
		velocity	7.47	9.07	8.82	8.25	8.17	7.86	7.50	6.94	7.96		8.20	8.53	8.01	7.21	8.36	7.59	

Decathlon - Heat 1 - 2011 Wakayama Athletics Meeting (Wakayama, JPN) — *Hisashi (2012) - perfromance analysis of Japanese record holder Keisuke Ushiro*

date	23-Apr-11	time	6.73	12.42	18.30	24.45	30.74	37.19	43.75	50.80	50.80	6 / 3						
reaction time		interval		5.69	5.88	6.15	6.29	6.45	6.56	7.05		# of strides	12.42	12.03	12.74	13.61	24.45	26.35	1.90
		velocity	7.43	8.79	8.50	8.13	7.95	7.75	7.62	7.09	7.87		8.05	8.31	7.85	7.35	8.18	7.59	

Decathlon - Heat 2 - 2010 Asian Games (Guangzhou, CHN) — *Takeo (2014) - decathletes sprint ability and relationship of individual performance*

date	24-Nov-10	time	6.80	12.54	18.50	24.70	31.04	37.49	44.12	51.14	51.14	/ 4						
reaction time		interval		5.74	5.96	6.20	6.34	6.45	6.63	7.02		# of strides	12.54	12.16	12.79	13.65	24.70	26.44	1.74
		velocity	7.35	8.71	8.39	8.06	7.89	7.75	7.54	7.12	7.82		7.97	8.22	7.82	7.33	8.10	7.56	

Decathlon - Heat ?? - 2010 Japanese Multi-Event National Championships (Kawasaki, JPN) — *Hisashi (2012) - perfromance analysis of Japanese record holder Keisuke Ushiro*

date	12-Jun-10	time	6.80	12.45	18.22	24.18	30.15	36.48	43.26	50.58	50.58	???						
reaction time		interval		5.65	5.77	5.96	5.97	6.33	6.78	7.32	PB	# of strides	12.45	11.73	12.30	14.10	24.18	26.40	2.22
		velocity	7.35	8.85	8.67	8.39	8.38	7.90	7.37	6.83	7.91		8.03	8.53	8.13	7.09	8.27	7.58	

Decathlon - Heat 1 - 2010 Wakayama Athletics Meeting (Wakayama, JPN) — *Hisashi (2012) - perfromance analysis of Japanese record holder Keisuke Ushiro*

date	24-Apr-10	time	7.01	12.69	18.55	24.50	30.63	36.91	43.52	50.61	50.61	8 / 4						
reaction time		interval		5.68	5.86	5.95	6.13	6.28	6.61	7.09		# of strides	12.69	11.81	12.41	13.70	24.50	26.11	1.61
		velocity	7.13	8.80	8.53	8.40	8.16	7.96	7.56	7.05	7.90		7.88	8.47	8.06	7.30	8.16	7.66	

Decathlon - Heat 2 - 2009 Gunma Relays (Maebashi, JPN) — *Hisashi (2010) - the run performance analysis in the decathlon sprint events*

date	10-Oct-09	time	6.95	12.75	18.68	24.69	30.77	37.09	43.73	50.88	50.88	3 / 5						
reaction time		interval		5.80	5.93	6.01	6.08	6.32	6.64	7.15		# of strides	12.75	11.94	12.40	13.79	24.69	26.19	1.50
		velocity	7.19	8.62	8.43	8.32	8.22	7.91	7.53	6.99	7.86		7.84	8.38	8.06	7.25	8.10	7.64	

Decathlon - Heat 2 - 2009 Japanese National Championships (Hiroshima, JPN) — *Hisashi (2010) - the run performance analysis in the decathlon sprint events*

date	25-Jun-09	time	6.93	12.85	18.82	24.85	31.07	37.35	43.83	50.77	50.77	4 / 6						
reaction time		interval		5.92	5.97	6.03	6.22	6.28	6.48	6.94		# of strides	12.85	12.00	12.50	13.42	24.85	25.92	1.07
		velocity	7.22	8.45	8.38	8.29	8.04	7.96	7.72	7.20	7.88		7.78	8.33	8.00	7.45	8.05	7.72	

Decathlon - Heat 2 - 2009 Wakayama Athletics Meeting (Wakayama, JPN) — *Hisashi (2010) - the run performance analysis in the decathlon sprint events*

date	18-Apr-09	time	6.92	12.57	18.17	24.06	30.13	36.38	42.93	50.60	50.60	9 / 3						
reaction time		interval		5.65	5.60	5.89	6.07	6.25	6.55	7.67	PB	# of strides	12.57	11.49	12.32	14.22	24.06	26.54	2.48
		velocity	7.23	8.85	8.93	8.49	8.24	8.00	7.63	6.52	7.91		7.96	8.70	8.12	7.03	8.31	7.54	

Uti, Sunday (NGR) (1962)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1984 Olympic Games (Los Angeles, CA)																	
Adams (1984) - 1984 olympic games - 200m & 400m																	
date 08-Aug-84	time			21.8				44.93	44.93	2 / 6							
reaction time 0.186	interval							23.13		# of strides					21.80	23.13	1.33
	velocity			9.17				8.65	8.90						9.17	8.65	

Vaccari, Marco (ITA) (1966)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1997 European Cup (Munich, GER)																	
Jung (2003) - http://www.fgs.uni-halle.de																	
date 21-Jun-97	time		11.79		22.61		34.09		46.40	46.40	/ 3						
reaction time	interval				10.82		11.48		12.31		# of strides	11.79	10.82	11.48	12.31	22.61	23.79	1.18
	velocity		8.48		9.24		8.71		8.12	8.62		8.48	9.24	8.71	8.12	8.85	8.41	

Valmon, Andrew (USA) (1965)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 1 - 1996 USA Olympic Trials (Atlanta, GA)																	
USATF Women's Sprint Development (1996)																	
date 17-Jun-96	time		11.63		22.11		33.34	39.90	45.84	45.84	8 / 6						
reaction time	interval				10.48		11.23	6.56	5.94		# of strides	11.63	10.48	11.23	12.50	22.11	23.73	1.62
	velocity		8.60		9.54		8.90	7.62	8.42	8.73		8.60	9.54	8.90	8.00	9.05	8.43	
FINAL - 1991 IAAF World Championships (Tokyo, JPN)																	
Butler (2013) - IAAF world championships statistics handbook- moscow 2013																	
date 29-Aug-91	time			21.49				45.09	45.09	1 / 5							
reaction time	interval							23.60		# of strides					21.49	23.60	2.11
	velocity			9.31				8.47	8.87	175.5					9.31	8.47	

Vaillant, Ludvy (FRA) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Long Hurdles - 2025 Grand Slam Track Miami (Miramar, FL)																	
Grand Slam Track (2025) - results and splits by race																	
date 04-May-25	time		11.49		22.34		34.03		47.22	47.22	8 / 7						
reaction time 0.190	interval				10.85		11.69		13.19		# of strides	11.49	10.85	11.69	13.19	22.34	24.88	2.54
	velocity		8.70		9.22		8.55		7.58	8.47		8.70	9.22	8.55	7.58	8.95	8.04	

van Branteghem, Cedric (BEL) (1979)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 1 - 2009 IAAF World Championships (Berlin, GER)																	
Graubner (2009) - biomechanical analyses at the 12th IAAF world championships																	
date 18-Aug-09	time		11.26		21.46		32.92		45.94	45.94	2 / 6						
reaction time 0.155	interval				10.20		11.46		13.02		# of strides	11.26	10.20	11.46	13.02	21.46	24.48	3.02
	velocity		8.88		9.80		8.73		7.68	8.71		8.88	9.80	8.73	7.68	9.32	8.17	
FINAL - 2002 European Championships (Munich, GER)																	
Graubner (2009) - http://www.fgs.uni-halle.de																	
date 08-Aug-02	time		11.30		21.75		33.18		45.95	45.95	6 / 6						
reaction time 0.201	interval				10.45		11.43		12.77		# of strides	11.30	10.45	11.43	12.77	21.75	24.20	2.45
	velocity		8.85		9.57		8.75		7.83	8.71		8.85	9.57	8.75	7.83	9.20	8.26	
Semi-Final 2 - 2002 European Championships (Munich, GER)																	
Graubner (2009) - http://www.fgs.uni-halle.de																	
date 07-Aug-02	time		11.22		21.70		33.22		45.94	45.94	/ 2						
reaction time 0.199	interval				10.48		11.52		12.72	PB	# of strides	11.22	10.48	11.52	12.72	21.70	24.24	2.54
	velocity		8.91		9.54		8.68		7.86	8.71		8.91	9.54	8.68	7.86	9.22	8.25	

Heat 3 - 2002 European Championships (Munich, GER) — *Graubner (2009) - http://www.fgs.uni-halle.de*

date	06-Aug-02	time	11.44		22.14		33.64		46.23	46.23	/ 2					
reaction time	0.180	interval			10.70		11.50		12.59		# of strides	11.44	10.70	11.50	12.59	22.14	24.09	1.95
		velocity	8.74		9.35		8.70		7.94	8.65		8.74	9.35	8.70	7.94	9.03	8.30	

van Niekerk, Wayde (RSA) (1992)	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2023 World Athletics Championships (Budapest, HUN) — *Seiko Timing (2023) - world championship race analysis*

date	24-Aug-23	time	11.05		21.35		32.44		45.11	45.11	2 / ~~8~~ 7						
reaction time	0.171	interval			10.30		11.09		12.67		# of strides	11.05	10.30	11.09	12.67	21.35	23.76	2.41
		velocity	9.05		9.71		9.02		7.89	8.87		9.05	9.71	9.02	7.89	9.37	8.42	

Semi-Final 1 - 2023 World Athletics Championships (Budapest, HUN) — *Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*

date	22-Aug-23	time	6.06	10.89	15.83	20.99	26.46	32.16	38.11	44.65	44.65	8 / 3						
reaction time	0.178	interval		4.83	4.94	5.16	5.47	5.70	5.95	6.54		# of strides	10.89	10.10	11.17	12.49	20.99	23.66	2.67
		velocity	8.25	10.35	10.12	9.69	9.14	8.77	8.40	7.65	8.96	163.0	9.18	9.90	8.95	8.01	9.53	8.45	

Heat 2 - 2023 World Athletics Championships (Budapest, HUN) — *Seiko Timing (2023) - world championship race analysis*

date	20-Aug-23	time		11.17		21.31		32.56		44.57	44.57	4 / 1						
reaction time	0.185	interval				10.14		11.25		12.01		# of strides	11.17	10.14	11.25	12.01	21.31	23.26	1.95
		velocity		8.95		9.86		8.89		8.33	8.97	162.0	8.95	9.86	8.89	8.33	9.39	8.60	

FINAL - 2023 London Athletics Meet (London, GBR) — *Omega Timing (2023) - diamond league race analysis*

date	23-Jul-23	time	6.06	10.91	15.93	21.15	26.70	32.30	38.06	44.36	44.36	5 / 1						
reaction time	0.167	interval		4.85	5.02	5.22	5.55	5.60	5.76	6.30		# of strides	10.91	10.24	11.15	12.06	21.15	23.21	2.06
		velocity	8.25	10.31	9.96	9.58	9.01	8.93	8.68	7.94	9.02	165.2	9.17	9.77	8.97	8.29	9.46	8.62	

FINAL - 2023 Kamila Skolimowska Memorial (Chorzów, POL) — *Omega Timing (2023) - diamond league race analysis*

date	16-Jul-23	time	6.11	11.00	16.01	21.21	26.68	32.28	37.95	44.08	44.08	5 / 1						
reaction time	0.241	interval		4.89	5.01	5.20	5.47	5.60	5.67	6.13		# of strides	11.00	10.21	11.07	11.80	21.21	22.87	1.66
		velocity	8.18	10.22	9.98	9.62	9.14	8.93	8.82	8.16	9.07	164.0	9.09	9.79	9.03	8.47	9.43	8.75	

National FINAL - 2022 Weltklasse (Zürich, SUI) — *Omega Timing (2022) - diamond league race analysis*

date	08-Sep-22	time	6.12	10.98	16.01	21.31	26.88	32.55	38.30	44.39	44.39	5 / 1						
reaction time	0.185	interval		4.86	5.03	5.30	5.57	5.67	5.75	6.09		# of strides	10.98	10.33	11.24	11.84	21.31	23.08	1.77
		velocity	8.17	10.29	9.94	9.43	8.98	8.82	8.70	8.21	9.01	162.7	9.11	9.68	8.90	8.45	9.39	8.67	

FINAL - 2022 World Athletics Championships (Eugene, OR) — *Timing by Seiko (2022) - world athletics championships race analysis*

date	22-Jul-22	time		10.98		21.33		32.21		44.97	44.97	7 / 5						
reaction time	0.248	interval				10.35		10.88		12.76		# of strides	10.98	10.35	10.88	12.76	21.33	23.64	2.31
		velocity		9.11		9.66		9.19		7.84	8.89	166.0	9.11	9.66	9.19	7.84	9.38	8.46	

Semi-Final 3 - 2022 World Athletics Championships (Eugene, OR) — *Timing by Seiko (2022) - world athletics championships race analysis*

date	20-Jul-22	time		10.84		20.97		32.35		44.75	44.75	4 / 2						
reaction time	0.168	interval				10.13		11.38		12.40		# of strides	10.84	10.13	11.38	12.40	20.97	23.78	2.81
		velocity		9.23		9.87		8.79		8.06	8.94	164.5	9.23	9.87	8.79	8.06	9.54	8.41	

Heat 1 - 2022 World Athletics Championships (Eugene, OR) — *Timing by Seiko (2022) - world athletics championships race analysis*

date	17-Jul-22	time		10.96		21.39		32.73		45.18	45.18	6 / 1						
reaction time	0.200	interval				10.43		11.34		12.45		# of strides	10.96	10.43	11.34	12.45	21.39	23.79	2.40
		velocity		9.12		9.59		8.82		8.03	8.85	164.0	9.12	9.59	8.82	8.03	9.35	8.41	

FINAL - 2017 IAAF World Championships (London, GBR) — *Yamanaka (2017) - male and female 400m analysis in the 2017 season*

date	08-Aug-17	time	6.02	10.81	15.67	20.80	26.15	31.64	37.46	43.98	43.98	6 / 1						
reaction time	0.157	interval		4.79	4.86	5.13	5.35	5.49	5.82	6.52		# of strides	10.81	9.99	10.84	12.34	20.80	23.18	2.38
		velocity	8.31	10.44	10.29	9.75	9.35	9.11	8.59	7.67	9.10	163.1	9.25	10.01	9.23	8.10	9.62	8.63	

Semi-Final 2 - 2017 IAAF World Championships (London, GBR) — *Pollitt (2018) - biomechanical report for the IAAF World Champs - London 2017 - Men's 400m*

date	06-Aug-17	time		10.74		20.82		29.20	34.97	44.05	44.22	6 / 1						
reaction time	0.168	interval				10.08		8.38	5.77	9.08		# of strides	10.74	10.08	8.38	14.85	20.82	23.23	2.41
		velocity		9.31		9.92		11.93	8.67	5.51	9.05	163.0	9.31	9.92	11.93	6.73	9.61	8.61	

FINAL - 2017 Herculis Meeting International d'Athlétisme (Monaco, MON) — *(2017.07.21) - https://twitter.com/touchdown_time/media?lang=en&lang=en&lang=en&lang=en*

date	21-Jul-17	time		10.78		20.91		31.91		43.73	43.73	5 / 1						
reaction time		interval				10.13		11.00		11.82		# of strides	10.78	10.13	11.00	11.82	20.91	22.82	1.91
		velocity		9.28		9.87		9.09		8.46	9.15		9.28	9.87	9.09	8.46	9.56	8.76	

FINAL - 2017 Athletissima (Lausanne, SUI) — *Škraba (2017) - Wayde van Niekerk's 400m races in lausanne & monaco: splits & strides*

date	06-Jul-17	time		10.9		20.9		31.7		43.62	43.62	5 / 1						
reaction time		interval				10.00		10.80		11.92		# of strides	10.90	10.00	10.80	11.92	20.90	22.72	1.82
		velocity		9.17		10.00		9.26		8.39	9.17	162.1	9.17	10.00	9.26	8.39	9.57	8.80	

FINAL - 2017 Golden Spike (Ostrava, CZE) (300m) — *(2017.07.01) - https://twitter.com/touchdown_time/media?lang=en&lang=en&lang=en&lang=en*

date	28-Jun-17	time		10.49		19.98		30.81			30.81	5 / 1						**100m-300m**
reaction time	0.152	interval				9.49		10.83			**WR**	# of strides	10.49	9.49	10.83		19.98		20.32
		velocity		9.53		10.54		9.23			9.74	121.2	9.53	10.54	9.23		10.01		9.84

FINAL - 2016 Olympic Games (Rio de Janeiro, BRA) — *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	14-Aug-16	time	6.01	10.77	15.63	20.58	25.71	31.06	36.77	43.03	43.03	8 / 1						
reaction time	0.181	interval		4.76	4.86	4.95	5.13	5.35	5.71	6.26	**WR**	# of strides	10.77	9.81	10.48	11.97	20.58	22.45	1.87
		velocity	8.32	10.50	10.29	10.10	9.75	9.35	8.76	7.99	9.30	163.0	9.29	10.19	9.54	8.35	9.72	8.91	

Semi-Final 2 - 2016 Olympic Games (Rio de Janeiro, BRA) — *(2016.08.15) - https://twitter.com/touchdown_time/media?lang=en&lang=en&lang=en&lang=en*

date	13-Aug-16	time		10.88		21.09		32.36		44.45	44.45	3 / 2						
reaction time	0.156	interval				10.21		11.27		12.09		# of strides	10.88	10.21	11.27	12.09	21.09	23.36	2.27
		velocity		9.19		9.79		8.87		8.27	9.00	161.2	9.19	9.79	8.87	8.27	9.48	8.56	

Heat 3 - 2016 Olympic Games (Rio de Janeiro, BRA) *(2016.08.15) - https://twitter.com/touchdown_time/media?lang=en&lang=en&lang=en&lang=en*

date	13-Aug-16	time		11.04		22.02		33.04		45.26	45.26	7 / 1						
reaction time	0.147	interval				10.98		11.02		12.22		# of strides	11.04	10.98	11.02	12.22	22.02	23.24	1.22
		velocity		9.06		9.11		9.07		8.18	8.84		9.06	9.11	9.07	8.18	9.08	8.61	

FINAL - 2015 IAAF World Championships (Beijing, CHN) *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	26-Aug-15	time	6.02	10.73	15.65	20.76	25.95	31.36	37.17	43.48	43.48	6 / 1						
reaction time	0.156	interval		4.71	4.92	5.11	5.19	5.41	5.81	6.31	AR	# of strides	10.73	10.03	10.60	12.12	20.76	22.72	1.96
		velocity	8.31	10.62	10.16	9.78	9.63	9.24	8.61	7.92	9.20	162.5	9.32	9.97	9.43	8.25	9.63	8.80	

Semi-Final 3 - 2015 IAAF World Championships (Beijing, CHN) *Yamamoto (2015) - race analysis of 15th World Championships 400m- focusing on men's semis and women's prelims*

date	24-Aug-15	time	6.04	10.89	15.97	21.36	26.93	32.38	38.15	44.31	44.31	7 / 1						
reaction time	0.155	interval		4.85	5.08	5.39	5.57	5.45	5.77	6.16		# of strides	10.89	10.47	11.02	11.93	21.36	22.95	1.59
		velocity	8.28	10.31	9.84	9.28	8.98	9.17	8.67	8.12	9.03	163.7	9.18	9.55	9.07	8.38	9.36	8.71	

FINAL - 2014 adidas (New York, NY) *Vazel (2016) - How van Niekerk broke the 400m world record*

date	14-Jun-14	time		10.8		20.7		31.4		43.5	44.38	/ 2						
reaction time	0.181	interval				9.90		10.70		12.10	NR	# of strides	10.80	9.90	10.70	12.10	20.70	22.80	2.10
		velocity		9.26		10.10		9.35		8.26	9.01		9.26	10.10	9.35	8.26	9.66	8.77	

FINAL - 2013 Golden Spike (Ostrava, CZE) *Vazel (2018) - historical analysis and coaching commentary - biomechanical report - London 2017 - Men's 400m*

date	27-Jun-13	time		11.2		21.3		32.5		45.09	45.09	/ 2						
reaction time	0.217	interval				10.1		11.2		12.6	PB	# of strides	11.20	10.10	11.20	12.59	21.30	23.79	2.49
		velocity		8.93		9.90		8.93		7.94	8.87		8.93	9.90	8.93	7.94	9.39	8.41	

van Wyk, Tumo Statago (BOT) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Invitational FINAL - 2025 Jetour Doha Meeting (Doha, QAT)																	
Omega Timing (2025) - diamond league race analysis																	
date	16-May-25	time	5.94	10.81	16.18	21.91	27.73	33.70	39.89	46.80	46.80	7 / 2						
reaction time	0.157	interval		4.87	5.37	5.73	5.82	5.97	6.19	6.91		# of strides	10.81	11.10	11.79	13.10	21.91	24.89	2.98
		velocity	8.42	10.27	9.31	8.73	8.59	8.38	8.08	7.24	8.55		9.25	9.01	8.48	7.63	9.13	8.04	

Vanderbemden, Robin (BEL) (1994)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Invitational - 2025 Memorial van Damme (Brussels, BEL)																	
Omega Timing (2025) - diamond league race analysis																	
date	22-Aug-25	time	6.15	11.11	16.21	21.56	27.29	33.30	39.60	46.58	46.58	1 / 8						
reaction time	0.141	interval		4.96	5.10	5.35	5.73	6.01	6.30	6.98		# of strides	11.11	10.45	11.74	13.28	21.56	25.02	3.46
		velocity	8.13	10.08	9.80	9.35	8.73	8.32	7.94	7.16	8.59		9.00	9.57	8.52	7.53	9.28	7.99	

B Race - 2023 Memorial van Damme (Brussels, BEL) *Omega Timing (2023) - diamond league race analysis*

date	08-Sep-23	time	6.14	11.15	16.25	21.56	27.12	32.89	38.92	45.51	45.51	5 / 2						
reaction time	0.145	interval		5.01	5.10	5.31	5.56	5.77	6.03	6.59	PB	# of strides	11.15	10.41	11.33	12.62	21.56	23.95	2.39
		velocity	8.14	9.98	9.80	9.42	8.99	8.67	8.29	7.59	8.79		8.97	9.61	8.83	7.92	9.28	8.35	

Vassella, Peter (AUS) (1941)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1964 Olympic Games (Tokyo, JPN)																	
Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016																	
date	19-Sep-64	time				22.0		34.1		46.3	46.3	3 / 7						
reaction time		interval						12.10		12.20	*(46.32)*	# of strides			12.10	12.20	22.00	24.30	2.30
		velocity				9.09		8.26		8.20	8.64				8.26	8.20	9.09	8.23	

Vedel, Benjamin Lobo (DEN) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 3 - 2022 European Athletics Championships (Munich, GER)																	
European Athletics (2022) - european athletics championships race analysis																	
date	15-Aug-22	time		11.26		21.64		32.76		45.50	45.50	7 / 1						
reaction time	0.185	interval				10.38		11.12		12.74	=NR PB	# of strides	11.26	10.38	11.12	12.74	21.64	23.86	2.22
		velocity		8.88		9.63		8.99		7.85	8.79		8.88	9.63	8.99	7.85	9.24	8.38	

Heat 2 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	17-Jul-22	time		11.33		22.08		33.55		46.27	46.27	5 / 5						
reaction time	0.134	interval				10.75		11.47		12.72		# of strides	11.33	10.75	11.47	12.72	22.08	24.19	2.11
		velocity		8.83		9.30		8.72		7.86	8.64	173.0	8.83	9.30	8.72	7.86	9.06	8.27	

FINAL - 2022 Bislett Games (Oslo, NOR) *Omega Timing (2022) - diamond league race analysis*

date	16-Jun-22	time	6.28	11.33	16.52	21.83	27.38	33.21	39.29	45.79	45.79	2 / 6						
reaction time	0.163	interval		5.05	5.19	5.31	5.55	5.83	6.08	6.50		# of strides	11.33	10.50	11.38	12.58	21.83	23.96	2.13
		velocity	7.96	9.90	9.63	9.42	9.01	8.58	8.22	7.69	8.74	172.0	8.83	9.52	8.79	7.95	9.16	8.35	

Venel, Teddy (FRA) (1985)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 6 - 2009 IAAF World Championships (Berlin, GER)																	
Graubner (2009) - biomechanical analyses at the 12th IAAF world championships																	
date	18-Aug-09	time		11.16		21.64		33.03		46.16	46.16	2 / 3						
reaction time	0.161	interval				10.48		11.39		13.13		# of strides	11.16	10.48	11.39	13.13	21.64	24.52	2.88
		velocity		8.96		9.54		8.78		7.62	8.67		8.96	9.54	8.78	7.62	9.24	8.16	

Verburg, David (USA) (1991)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2016 USA Olympic Trials (Eugene, OR)																	
Track Newsletter (2016) - US olympic trials men																	
date	03-Jul-16	time		11.1		21.6		32.6		44.8	44.82	4 / 3						
reaction time	0.203	interval				10.50		11.00		12.20		# of strides	11.10	10.50	11.00	12.20	21.60	23.20	1.60
		velocity		9.01		9.52		9.09		8.20	8.92		9.01	9.52	9.09	8.20	9.26	8.62	

Semi-Final 1 - 2015 IAAF World Championships (Beijing, CHN) *Yamamoto (2015) - race analysis of 15th World Championships 400m- focusing on men's semis and women's prelims*

date	24-Aug-15	time	6.03	11.01	16.08	21.35	26.76	32.43	38.37	44.71	44.71	5 / 3						
reaction time	0.178	interval		4.98	5.07	5.27	5.41	5.67	5.94	6.34		# of strides	11.01	10.34	11.08	12.28	21.35	23.36	2.01
		velocity	8.29	10.04	9.86	9.49	9.24	8.82	8.42	7.89	8.95	183.7	9.08	9.67	9.03	8.14	9.37	8.56	

FINAL - 2015 USATF National Championships (Eugene, OR) *Track Newsletter (2015) - USATF men's championships*

date	27-Jun-15	time				21.6		32.8		44.6	44.63	/ 1						
reaction time		interval						11.2		11.8		# of strides			11.20	11.80	21.60	23.00	1.40

WR=World Rec. AR=Area Rec. OR=Olympic Rec. CR=Championship Rec. NR=National Rec. PB=Personal Best DQ=Disqualified DV=Drug Violation

		velocity			9.26		8.93		8.47	8.96				8.93	8.47	9.26	8.70				

FINAL - 2013 USATF National Championships (Des Moines, IA) *Track Newsletter (2013) - USATF men's championships*

date	22-Jun-13	time					32.7		45.3	45.34	/ 6										
reaction time	0.204	interval							12.60		# of strides				12.60						
		velocity					9.17		7.94	8.82					7.94						

FINAL - 2013 NCAA Championships (Eugene, OR) *Track Newsletter (2013) - NCAA men's championships*

date	07-Jun-13	time			22.0		33.2		45.0	45.03	/ 4										
reaction time		interval					11.20		11.80	PB	# of strides			11.20	11.80	22.00	23.00	1.00			
		velocity			9.09		8.93		8.47	8.88				8.93	8.47	9.09	8.70				

FINAL - 2012 USA Olympic Trials (Eugene, OR) *Hymans (2020) - history of the US olympic trials - track and field*

date	24-Jun-12	time			21.7		33.1		45.36	45.36	1 / 7										
reaction time	0.230	interval					11.40		12.26		# of strides			11.40	12.26	21.70	23.66	1.96			
		velocity			9.22		8.77		8.16	8.82				8.77	8.16	9.22	8.45				

Victor, Lindon (GRN) (1993)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
Decathlon - Heat 1 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 20-Sep-25	time		11.32		22.04			48.80	48.80	4 / 2							
reaction time 0.152	interval				10.72			26.76		# of strides	11.32	10.72			22.04	26.76	4.72
	velocity		8.83		9.33			7.47	8.20		8.83	9.33			9.07	7.47	
Decathlon - Heat 2 - 2024 Olympic Games (Paris, FRA)																	*Paris 2024 Olympic Games - Results Book (2024)*
date 02-Aug-24	time	6.26	11.41	16.72	22.25	28.06	34.30	40.85	47.84	47.84	5 / 5							
reaction time 0.153	interval		5.15	5.31	5.53	5.81	6.24	6.55	6.99		# of strides	11.41	10.84	12.05	13.54	22.25	25.59	3.34
	velocity	7.99	9.71	9.42	9.04	8.61	8.01	7.63	7.15	8.36	176.0	8.76	9.23	8.30	7.39	8.99	7.82	
Decathlon - Heat 2 - 2024 USA Olympic Trials (Eugene, OR)																	*USATF and Karmarush (2024) - USA Olympic trials results and race analysis*
date 21-Jun-24	time		11.22		22.52				dnf	3 / --							
reaction time	interval				11.30					# of strides	11.22	11.30			22.52		
	velocity		8.91		8.85						8.91	8.85			8.88		
Decathlon - Heat 2 - 2023 World Athletics Championships (Budapest, HUN)																	*Seiko Timing (2023) - world championship race analysis*
date 25-Aug-23	time		11.46		22.52		34.69		48.05	48.05	2 / 2							
reaction time 0.160	interval				11.06		12.17		13.36	PB	# of strides	11.46	11.06	12.17	13.36	22.52	25.53	3.01
	velocity		8.73		9.04		8.22		7.49	8.32	177.0	8.73	9.04	8.22	7.49	8.88	7.83	
Decathlon - Heat 2 - 2022 World Athletics Championships (Eugene, OR)																	*Timing by Seiko (2022) - world athletics championships race analysis*
date 23-Jul-22	time		11.70		23.50		35.68		49.27	49.27	3 / 2							
reaction time 0.141	interval				11.80		12.18		13.59		# of strides	11.70	11.80	12.18	13.59	23.50	25.77	2.27
	velocity		8.55		8.47		8.21		7.36	8.12	180.0	8.55	8.47	8.21	7.36	8.51	7.76	

Vigil, Jonah (USA) (2001)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
Heat 1 - 2025 USATF Championships (Eugene, OR)																	*USATF and Karmarush (2025) - USATF championships results and race analysis*
date 01-Aug-25	time		10.94		21.33		32.84		45.84	45.84	2 / 7							
reaction time	interval				10.39		11.51		13.00	PB	# of strides	10.94	10.39	11.51	13.00	21.33	24.51	3.18
	velocity		9.14		9.62		8.69		7.69	8.73		9.14	9.62	8.69	7.69	9.38	8.16	

Volmar, Maurice (FRA) (1951)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
Semi-Final 1 - 1978 European Championships (Prague, TCH)																	*Lamare (1978) - championnats d'Europa 1978*
date 31-Aug-78	time				23.10		34.74		47.50	47.50	/ 8							
reaction time	interval						11.64		12.76		# of strides			11.64	12.76	23.10	24.40	1.30
	velocity				8.66		8.59		7.84	8.42				8.59	7.84	8.66	8.20	
Heat 2 - 1978 European Championships (Prague, TCH)																	*Lamare (1978) - championnats d'Europa 1978*
date 30-Aug-78	time				22.55				46.94	46.94	/ 4							
reaction time	interval								24.39		# of strides					22.55	24.39	1.84
	velocity				8.87				8.20	8.52						8.87	8.20	

Voinea, Sorin Alexandru (ROU) (2003)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
Semi-Final 1 - 2025 European Athletics U23 Championships (Bergen, NOR)																	*European Athletics (2025) - 2025 european athletics U23 championships- results book*
date 18-Jul-25	time	6.26	11.32	16.52	21.87	27.53	33.61	39.93	46.81	46.81	1 / 7							
reaction time 0.175	interval		5.06	5.20	5.35	5.66	6.08	6.32	6.88		# of strides	11.32	10.55	11.74	13.20	21.87	24.94	3.07
	velocity	7.99	9.88	9.62	9.35	8.83	8.22	7.91	7.27	8.55		8.83	9.48	8.52	7.58	9.14	8.02	

Vos, Ingmar (NED) (1986)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
Decathlon - Heat 1 - 2009 IAAF World Championships (Berlin, GER)																	*Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*
date 19-Aug-09	time		11.68		22.90		35.21		49.99	49.99	6 / 5							
reaction time 0.155	interval				11.22		12.31		14.78		# of strides	11.68	11.22	12.31	14.78	22.90	27.09	4.19
	velocity		8.56		8.91		8.12		6.77	8.00		8.56	8.91	8.12	6.77	8.73	7.38	

Vovchenko, Volodymyr (UKR) (2007)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
Semi-Final 3 - 2025 European Athletics U20 Championships (Tampere, FIN)																	*European Athletics (2025) - 2025 european athletics U20 championships - results book*
date 08-Aug-25	time	6.39	11.53	16.81	22.32	28.11	34.21	40.60	47.49	47.49	1 / 5							
reaction time 0.141	interval		5.14	5.28	5.51	5.79	6.10	6.39	6.89		# of strides	11.53	10.79	11.89	13.28	22.32	25.17	2.85
	velocity	7.82	9.73	9.47	9.07	8.64	8.20	7.82	7.26	8.42	183.0	8.67	9.27	8.41	7.53	8.96	7.95	

Waernulf, Mattias (SWE) (2002)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
National FINAL - 2023 Bauhaus Galan (Stockholm, SWE)																	*Omega Timing (2023) - diamond league race analysis*
date 02-Jul-23	time	6.28	11.48	16.88	22.45	28.13	34.26	40.90	48.23	48.23	4 / 5							
reaction time 0.160	interval		5.20	5.40	5.57	5.68	6.13	6.64	7.33		# of strides	11.48	10.97	11.81	13.97	22.45	25.78	3.33
	velocity	7.96	9.62	9.26	8.98	8.80	8.16	7.53	6.82	8.29		8.71	9.12	8.47	7.16	8.91	7.76	

Wakabayashi, Kota (JPN) (1997)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**

Heat 2 - 2020 Japanese National Championships (Niigata, JPN) — *Yamanaka (2020) - 400m race analysis of men and women during 2020 season*

date	01-Oct-20	time	6.22	11.21	16.40	22.01	27.94	34.22	40.88	48.70	48.70	4 / 5						
reaction time	0.169	interval		4.99	5.19	5.61	5.93	6.28	6.66	7.82		# of strides	11.21	10.80	12.21	14.48	22.01	26.69	4.68
		velocity	8.04	10.02	9.63	8.91	8.43	7.96	7.51	6.39	8.21		8.92	9.26	8.19	6.91	9.09	7.49	

FINAL - 2020 All Japan Corporate Championships (Kumagaya, JPN) — *Yamanaka (2020) - 400m race analysis of men and women during 2020 season*

date	19-Sep-20	time	6.36	11.45	16.75	22.47	28.40	34.51	40.96	48.18	48.18	7 / 5						
reaction time	0.204	interval		5.09	5.30	5.72	5.93	6.11	6.45	7.22		# of strides	11.45	11.02	12.04	13.67	22.47	25.71	3.24
		velocity	7.86	9.82	9.43	8.74	8.43	8.18	7.75	6.93	8.30	172.5	8.73	9.07	8.31	7.32	8.90	7.78	

FINAL - 2020 World Athletics Trials (Fuji, JPN) — *Yamanaka (2020) - 400m race analysis of men and women during 2020 season*

date	06-Sep-20	time	6.30	11.47	16.73	22.29	28.14	34.17	40.47	47.40	47.40	5 / 3						
reaction time		interval		5.17	5.26	5.56	5.85	6.03	6.30	6.93		# of strides	11.47	10.82	11.88	13.23	22.29	25.11	2.82
		velocity	7.94	9.67	9.51	8.99	8.55	8.29	7.94	7.22	8.44	172.7	8.72	9.24	8.42	7.56	8.97	7.96	

FINAL - 2020 Seiko Golden Grand Prix (Tokyo, JPN) — *Yamanaka (2020) - 400m race analysis of men and women during 2020 season*

date	23-Aug-20	time	6.24	11.34	16.53	22.02	27.82	33.98	40.48	47.72	47.72	9 / 7						
reaction time	0.156	interval		5.10	5.19	5.49	5.80	6.16	6.50	7.24		# of strides	11.34	10.68	11.96	13.74	22.02	25.70	3.68
		velocity	8.01	9.80	9.63	9.11	8.62	8.12	7.69	6.91	8.38		8.82	9.36	8.36	7.28	9.08	7.78	

FINAL - 2019 Japanese World Championships Trials (Fujiyoshida, JPN) — *Yamanaka (2019) - race analysis of men and women 400m competition*

date	01-Sep-19	time	6.25	11.23	16.35	21.68	27.31	33.23	39.38	46.04	46.04	4 / 2						
reaction time		interval		4.98	5.12	5.33	5.63	5.92	6.15	6.66		# of strides	11.23	10.45	11.55	12.81	21.68	24.36	2.68
		velocity	8.00	10.04	9.77	9.38	8.88	8.45	8.13	7.51	8.69	173.0	8.90	9.57	8.66	7.81	9.23	8.21	

FINAL - 2019 Japanese National Championships (Fukuoka, JPN) — *Yamanaka (2019) - research on athlete performance and technique- 2019 data book*

date	28-Jun-19	time	6.17	11.16	16.32	21.67	27.29	33.26	39.50	46.34	46.34	5 / 5						
reaction time	0.166	interval		4.99	5.16	5.35	5.62	5.97	6.24	6.84		# of strides	11.16	10.51	11.59	13.08	21.67	24.67	3.00
		velocity	8.10	10.02	9.69	9.35	8.90	8.38	8.01	7.31	8.63	175.2	8.96	9.51	8.63	7.65	9.23	8.11	

Heat 2 - 2019 Japanese National Championships (Fukuoka, JPN) — *Yamanaka (2019) - race analysis of men and women 400m competition*

date	27-Jun-19	time	6.24	11.25	16.40	21.86	27.57	33.53	39.67	46.27	46.27	6 / 1						
reaction time	0.177	interval		5.01	5.15	5.46	5.71	5.96	6.14	6.60		# of strides	11.25	10.61	11.67	12.74	21.86	24.41	2.55
		velocity	8.01	9.98	9.71	9.16	8.76	8.39	8.14	7.58	8.64		8.89	9.43	8.57	7.85	9.15	8.19	

FINAL - 2019 Seiko Golden Grand Prix (Osaka, JPN) — *Hirokawa (2019) - research on athlete performance and technique- 2019 data book*

date	19-May-19	time	6.31	11.39	16.60	22.00	27.75	34.02	40.49	47.37	47.37	1 / 8						
reaction time	0.169	interval		5.08	5.21	5.40	5.75	6.27	6.47	6.88		# of strides	11.39	10.61	12.02	13.35	22.00	25.37	3.37
		velocity	7.92	9.84	9.60	9.26	8.70	7.97	7.73	7.27	8.44	173.5	8.78	9.43	8.32	7.49	9.09	7.88	

A FINAL - 2019 Shizuoka International Athletics Meeting (Fukuroi, JPN) — *Kobayashi (2019) - research on athlete performance and technique- 2019 data book*

date	03-May-19	time	6.18	11.15	16.27	21.68	27.40	33.52	40.00	47.25	47.25	7 / 7						
reaction time		interval		4.97	5.12	5.41	5.72	6.12	6.48	7.25		# of strides	11.15	10.53	11.84	13.73	21.68	25.57	3.89
		velocity	8.09	10.06	9.77	9.24	8.74	8.17	7.72	6.90	8.47	175.5	8.97	9.50	8.45	7.28	9.23	7.82	

FINAL - 2018 National Sports Festival (Fukui, JPN) — *Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*

date	08-Oct-18	time	6.31	11.41	16.74	22.27	28.01	33.88	39.93	46.54	46.54	4 / 3						
reaction time	0.194	interval		5.10	5.33	5.53	5.74	5.87	6.05	6.61		# of strides	11.41	10.86	11.61	12.66	22.27	24.27	2.00
		velocity	7.92	9.80	9.38	9.04	8.71	8.52	8.26	7.56	8.59		8.76	9.21	8.61	7.90	8.98	8.24	

B FINAL - 2018 Shizuoka International Meeting (Fukuroi, JPN) — *Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*

date	03-May-18	time	6.20	11.27	16.37	21.68	27.31	33.17	39.33	46.18	46.18	7 / 3						
reaction time	0.199	interval		5.07	5.10	5.31	5.63	5.86	6.16	6.85		# of strides	11.27	10.41	11.49	13.01	21.68	24.50	2.82
		velocity	8.06	9.86	9.80	9.42	8.88	8.53	8.12	7.30	8.66	175.0	8.87	9.61	8.70	7.69	9.23	8.16	

FINAL - 2017 National Sports Festival (Matsuyama, JPN) — *Yamanaka (2017) - male and female 400m analysis in the 2017 season*

date	08-Oct-17	time	6.21	11.40	16.77	22.30	28.15	34.20	40.39	47.05	47.05	5 / 4						
reaction time	0.190	interval		5.19	5.37	5.53	5.85	6.05	6.19	6.66		# of strides	11.40	10.90	11.90	12.85	22.30	24.75	2.45
		velocity	8.05	9.63	9.31	9.04	8.55	8.26	8.08	7.51	8.50	175.0	8.77	9.17	8.40	7.78	8.97	8.08	

Heat 2 - 2017 National Sports Festival (Matsuyama, JPN) — *(2017) - tfdata-store.com/2017/10/12/post-1100/*

date	08-Oct-17	time		11.45		21.92		33.69		46.66	46.66	3 / 1						
reaction time	0.191	interval				10.47		11.77		12.97		# of strides	11.45	10.47	11.77	12.97	21.92	24.74	2.82
		velocity		8.73		9.55		8.50		7.71	8.57	173.2	8.73	9.55	8.50	7.71	9.12	8.08	

Heat 2 - 2017 Japanese National Championships (Osaka, JPN) — *(2017) - tfdata-store.com/2017/07/08/post-965/*

date	23-Jun-17	time		11.22		21.52		32.88		46.03	46.03	3 / 3						
reaction time	0.175	interval				10.30		11.36		13.15	PB	# of strides	11.22	10.30	11.36	13.15	21.52	24.51	2.99
		velocity		8.91		9.71		8.80		7.60	8.69	172.7	8.91	9.71	8.80	7.60	9.29	8.16	

Division 2 FINAL - 2017 Kanto Collegiate Championships (Yokohama, JPN) — *(2017) - tfdata-store.com/2017/06/01/post-786/*

date	26-May-17	time		11.62		22.24		34.02		46.70	46.70	7 / 2						
reaction time		interval				10.62		11.78		12.68	PB	# of strides	11.62	10.62	11.78	12.68	22.24	24.46	2.22
		velocity		8.61		9.42		8.49		7.89	8.57	172.2	8.61	9.42	8.49	7.89	8.99	8.18	

Division 2 Semi-Final 2 - 2017 Kanto Collegiate Championships (Yokohama, JPN) — *(2017) - tfdata-store.com/2017/06/02/post-835/*

date	26-May-17	time		11.58		22.33		34.22		47.72	47.72	4 / 2						
reaction time		interval				10.75		11.89		13.50		# of strides	11.58	10.75	11.89	13.50	22.33	25.39	3.06
		velocity		8.64		9.30		8.41		7.41	8.38	169.7	8.64	9.30	8.41	7.41	8.96	7.88	

FINAL - 2016 Japanese National Junior Championships (Mizuho, JPN) — *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	21-Oct-16	time	6.50	11.96	17.50	23.27	29.20	35.24	41.50	48.07	48.07	5 / 6						
reaction time		interval		5.46	5.54	5.77	5.93	6.04	6.26	6.57		# of strides	11.96	11.31	11.97	12.83	23.27	24.80	1.53
		velocity	7.69	9.16	9.03	8.67	8.43	8.28	7.99	7.61	8.32		8.36	8.84	8.35	7.79	8.59	8.06	

Walburn, Lee (USA) (2000)			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 1 - 2024 USA Olympic Trials (Eugene, OR)													*USATF and Karmarush (2024) - USA Olympic trials results and race analysis*						
date	21-Jun-24	time		11.27		22.23		34.54		48.44	48.44	9 / 2							
reaction time		interval				10.96		12.31		13.90		# of strides	11.27	10.96	12.31	13.90	22.23	26.21	3.98
		velocity		8.87		9.12		8.12		7.19	8.26		8.87	9.12	8.12	7.19	9.00	7.63	

Walsh, Julian Jrummi (JPN) (1996)			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 1 - 2022 World Athletics Championships (Eugene, OR)													*Timing by Seiko (2022) - world athletics championships race analysis*						
date	20-Jul-22	time		11.03		21.46		32.72		45.75	45.75	1 / 6							
reaction time	0.134	interval				10.43		11.26		13.03		# of strides	11.03	10.43	11.26	13.03	21.46	24.29	2.83
		velocity		9.07		9.59		8.88		7.67	8.74	175.5	9.07	9.59	8.88	7.67	9.32	8.23	
Heat 1 - 2022 World Athletics Championships (Eugene, OR)													*Timing by Seiko (2022) - world athletics championships race analysis*						
date	17-Jul-22	time		11.07		21.63		32.96		45.90	45.90	2 / 4							
reaction time	0.126	interval				10.56		11.33		12.94		# of strides	11.07	10.56	11.33	12.94	21.63	24.27	2.64
		velocity		9.03		9.47		8.83		7.73	8.71	176.7	9.03	9.47	8.83	7.73	9.25	8.24	
Final - 2021 Denka Athletics Challenge Cup (Niigata, JPN)													*Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition*						
date	06-Jun-21	time	6.39	11.57	16.77	21.97	27.29	32.98	39.13	45.80	45.80	4 / 1							
reaction time		interval		5.18	5.20	5.20	5.32	5.69	6.15	6.67		# of strides	11.57	10.40	11.01	12.82	21.97	23.83	1.86
		velocity	7.82	9.65	9.62	9.62	9.40	8.79	8.13	7.50	8.73		8.64	9.62	9.08	7.80	9.10	8.39	
Semi-Final 3 - 2019 IAAF World Championships (Doha, QAT)													*Yamanaka (2019) - race analysis of men and women 400m competition*						
date	02-Oct-19	time	6.14	11.16	16.33	21.72	27.22	32.91	38.84	45.13	45.13	5 / 4							
reaction time	0.132	interval		5.02	5.17	5.39	5.50	5.69	5.93	6.29	PB	# of strides	11.16	10.56	11.19	12.22	21.72	23.41	1.69
		velocity	8.14	9.96	9.67	9.28	9.09	8.79	8.43	7.95	8.86	171.5	8.96	9.47	8.94	8.18	9.21	8.54	
FINAL - 2019 Japanese World Championships Trials (Fujiyoshida, JPN)													*Yamanaka (2019) - race analysis of men and women 400m competition*						
date	01-Sep-19	time	6.13	11.01	16.10	21.43	27.00	32.84	38.87	45.21	45.21	5 / 1							
reaction time		interval		4.88	5.09	5.33	5.57	5.84	6.03	6.34	PB	# of strides	11.01	10.42	11.41	12.37	21.43	23.78	2.35
		velocity	8.16	10.25	9.82	9.38	8.98	8.56	8.29	7.89	8.85	172.7	9.08	9.60	8.76	8.08	9.33	8.41	
FINAL - 2019 Japanese National Championships (Fukuoka, JPN)													*Yamanaka (2019) - research on athlete performance and technique- 2019 data book*						
date	28-Jun-19	time	6.20	11.24	16.38	21.66	27.20	33.02	39.18	45.80	45.80	4 / 1							
reaction time	0.160	interval		5.04	5.14	5.28	5.54	5.82	6.16	6.62		# of strides	11.24	10.42	11.36	12.78	21.66	24.14	2.48
		velocity	8.06	9.92	9.73	9.47	9.03	8.59	8.12	7.55	8.73	174.7	8.90	9.60	8.80	7.82	9.23	8.29	
Heat 1 - 2019 Japanese National Championships (Fukuoka, JPN)													*Yamanaka (2019) - race analysis of men and women 400m competition*						
date	27-Jun-19	time	6.18	11.25	16.45	21.81	27.40	33.15	39.10	45.45	45.45	6 / 1							
reaction time	0.148	interval		5.07	5.20	5.36	5.59	5.75	5.95	6.35		# of strides	11.25	10.56	11.34	12.30	21.81	23.64	1.83
		velocity	8.09	9.86	9.62	9.33	8.94	8.70	8.40	7.87	8.80		8.89	9.47	8.82	8.13	9.17	8.46	
FINAL - 2019 Seiko Golden Grand Prix (Osaka, JPN)													*Hirokawa (2019) - research on athlete performance and technique- 2019 data book*						
date	19-May-19	time	6.14	11.11	16.22	21.56	27.16	33.15	39.48	46.29	46.29	6 / 2							
reaction time	0.143	interval		4.97	5.11	5.34	5.60	5.99	6.33	6.81		# of strides	11.11	10.45	11.59	13.14	21.56	24.73	3.17
		velocity	8.14	10.06	9.78	9.36	8.93	8.35	7.90	7.34	8.64	178.7	9.00	9.57	8.63	7.61	9.28	8.09	
FINAL - 2019 Asian Athletics Championships (Doha, QAT)													*Yamanaka (2019) - race analysis of men and women 400m competition*						
date	22-Apr-19	time	6.20	11.21	16.37	21.67	27.24	33.09	39.12	45.55	45.55	2 / 5							
reaction time	0.151	interval		5.01	5.16	5.30	5.57	5.85	6.03	6.43		# of strides	11.21	10.46	11.42	12.46	21.67	23.88	2.21
		velocity	8.06	9.98	9.69	9.43	8.98	8.55	8.29	7.78	8.78		8.92	9.56	8.76	8.03	9.23	8.38	
Semi-Final 1 - 2019 Asian Athletics Championships (Doha, QAT)													*Yamanaka (2019) - race analysis of men and women 400m competition*						
date	21-Apr-19	time	6.14	11.23	16.43	21.82	27.44	33.20	39.22	45.67	45.67	4 / 4							
reaction time	0.139	interval		5.09	5.20	5.39	5.62	5.76	6.02	6.45		# of strides	11.23	10.59	11.38	12.47	21.82	23.85	2.03
		velocity	8.14	9.82	9.62	9.28	8.90	8.68	8.31	7.75	8.76		8.90	9.44	8.79	8.02	9.17	8.39	
FINAL - 2018 Asian Games (Jakarta, INA)													*Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*						
date	26-Aug-18	time	6.08	11.07	16.17	21.53	27.13	33.04	39.27	45.89	45.89	4 / 5							
reaction time	0.120	interval		4.99	5.10	5.36	5.60	5.91	6.23	6.62		# of strides	11.07	10.46	11.51	12.85	21.53	24.36	2.83
		velocity	8.22	10.02	9.80	9.33	8.93	8.46	8.03	7.55	8.72	170.7	9.03	9.56	8.69	7.78	9.29	8.21	
Semi-Final 2 - 2018 Asian Games (Jakarta, INA)													*Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*						
date	25-Aug-18	time	6.13	11.15	16.34	21.81	27.45	33.34	39.49	46.01	46.01	6 / 2							
reaction time	0.147	interval		5.02	5.19	5.47	5.64	5.89	6.15	6.52		# of strides	11.15	10.66	11.53	12.67	21.81	24.20	2.39
		velocity	8.16	9.96	9.63	9.14	8.87	8.49	8.13	7.67	8.69		8.97	9.38	8.67	7.89	9.17	8.26	
Heat 3 - 2018 Asian Games (Jakarta, INA)													*Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*						
date	25-Aug-18	time	6.05	11.11	16.31	21.75	27.44	33.37	39.53	46.20	46.20	5 / 2							
reaction time	0.128	interval		5.06	5.20	5.44	5.69	5.93	6.16	6.67		# of strides	11.11	10.64	11.62	12.83	21.75	24.45	2.70
		velocity	8.26	9.88	9.62	9.19	8.79	8.43	8.12	7.50	8.66		9.00	9.40	8.61	7.79	9.20	8.18	
FINAL - 2018 Japanese National Championships (Yamaguchi, JPN)													*Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*						
date	23-Jun-18	time	6.04	11.05	16.17	21.54	27.20	33.17	39.39	45.97	45.97	5 / 1							
reaction time	0.143	interval		5.01	5.12	5.37	5.66	5.97	6.22	6.58		# of strides	11.05	10.49	11.63	12.80	21.54	24.43	2.89
		velocity	8.28	9.98	9.77	9.31	8.83	8.38	8.04	7.60	8.70	179.5	9.05	9.53	8.60	7.81	9.29	8.19	
Heat 1 - 2018 Japanese National Championships (Yamaguchi, JPN)													*Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*						
date	22-Jun-18	time	6.13	11.14	16.38	21.89	27.62	33.55	39.67	46.10	46.10	6 / 1							
reaction time	0.150	interval		5.01	5.24	5.51	5.73	5.93	6.12	6.43		# of strides	11.14	10.75	11.66	12.55	21.89	24.21	2.32
		velocity	8.16	9.98	9.54	9.07	8.73	8.43	8.17	7.78	8.68	169.7	8.98	9.30	8.58	7.97	9.14	8.26	
FINAL - 2018 Seiko Golden Grand Prix (Osaka, JPN)													*Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*						
date	20-May-18	time	6.10	11.04	16.10	21.38	26.99	32.90	39.11	45.63	45.63	6 / 1							
reaction time	0.133	interval		4.94	5.06	5.28	5.61	5.91	6.21	6.52		# of strides	11.04	10.34	11.52	12.73	21.38	24.25	2.87

		velocity	8.20	10.12	9.88	9.47	8.91	8.46	8.05	7.67	8.77	169.5	9.06	9.67	8.68	7.86	9.35	8.25

A FINAL - 2018 Shizuoka International Meeting (Fukuroi, JPN) *Yamanaka (2018) - Race analysis of men and women 400m at 2018 competition*

date	03-May-18	time	6.16	11.26	16.48	21.89	27.48	33.36	39.63	46.43	46.43	5 / 2						
reaction time	0.160	interval		5.10	5.22	5.41	5.59	5.88	6.27	6.80		# of strides	11.26	10.63	11.47	13.07	21.89	24.54	2.65
		velocity	8.12	9.80	9.58	9.24	8.94	8.50	7.97	7.35	8.62	172.2	8.88	9.41	8.72	7.65	9.14	8.15	

FINAL - 2017 National Sports Festival (Matsuyama, JPN) *Yamanaka (2017) - male and female 400m analysis in the 2017 season*

date	08-Oct-17	time	6.18	11.19	16.35	21.74	27.42	33.35	39.52	46.08	46.08	4 / 1						
reaction time	0.168	interval		5.01	5.16	5.39	5.68	5.93	6.17	6.56		# of strides	11.19	10.55	11.61	12.73	21.74	24.34	2.60
		velocity	8.09	9.98	9.69	9.28	8.80	8.43	8.10	7.62	8.68	169.0	8.94	9.48	8.61	7.86	9.20	8.22	

Heat 4 - 2016 Olympic Games (Rio de Janeiro, BRA) *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	12-Aug-16	time		11.14		21.76		33.32		46.37	46.37	8 / 1						
reaction time	0.149	interval				10.62		11.56		13.05		# of strides	11.14	10.62	11.56	13.05	21.76	24.61	2.85
		velocity		8.98		9.42		8.65		7.66	8.63		8.98	9.42	8.65	7.66	9.19	8.13	

FINAL - 2016 Japanese National Championships (Nagoya, JPN) *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	25-Jun-16	time	6.01	10.97	16.07	21.44	27.02	32.84	38.92	45.35	45.35	5 / 1						
reaction time	0.170	interval		4.96	5.10	5.37	5.58	5.82	6.08	6.43	PB	# of strides	10.97	10.47	11.40	12.51	21.44	23.91	2.47
		velocity	8.32	10.08	9.80	9.31	8.96	8.59	8.22	7.78	8.82		9.12	9.55	8.77	7.99	9.33	8.36	

FINAL - 2016 Seiko Golden Grand Prix (Kawasaki, JPN) *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	08-May-16	time	6.05	11.07	16.24	21.58	27.10	32.90	39.09	45.68	45.68	1 / 1						
reaction time	0.155	interval		5.02	5.17	5.34	5.52	5.80	6.19	6.59	PB	# of strides	11.07	10.51	11.32	12.78	21.58	24.10	2.52
		velocity	8.26	9.96	9.67	9.36	9.06	8.62	8.08	7.59	8.76	172.5	9.03	9.51	8.83	7.82	9.27	8.30	

FINAL - 2016 Shizuoka International Meeting (Fukuroi, JPN) *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	03-May-16	time	6.16	11.18	16.32	21.62	27.27	33.24	39.44	46.06	46.06	/ 1						
reaction time		interval		5.02	5.14	5.30	5.65	5.97	6.20	6.62		# of strides	11.18	10.44	11.62	12.82	21.62	24.44	2.82
		velocity	8.12	9.96	9.73	9.43	8.85	8.38	8.06	7.55	8.68		8.94	9.58	8.61	7.80	9.25	8.18	

FINAL - 2015 Japanese National Junior Championships (Nagoya, JPN) *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	16-Oct-15	time	6.24	11.35	16.60	22.05	27.68	33.66	39.94	46.54	46.54	/ 1						
reaction time		interval		5.11	5.25	5.45	5.63	5.98	6.28	6.60		# of strides	11.35	10.70	11.61	12.88	22.05	24.49	2.44
		velocity	8.01	9.78	9.52	9.17	8.88	8.36	7.96	7.58	8.59		8.81	9.35	8.61	7.76	9.07	8.17	

Heat 2 - 2015 Japanese National Championships (Niigata, JPN) *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	27-Jun-15	time	6.24	11.34	16.53	21.77	27.23	33.17	39.40	46.11	46.11	1 / 3						
reaction time	0.177	interval		5.10	5.19	5.24	5.46	5.94	6.23	6.71	PB	# of strides	11.34	10.43	11.40	12.94	21.77	24.34	2.57
		velocity	8.01	9.80	9.63	9.54	9.16	8.42	8.03	7.45	8.67		8.82	9.59	8.77	7.73	9.19	8.22	

Walton, Jamal (CAY) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 3 - 2017 IAAF World Championships (London, GBR)										*Pollitt (2018) - biomechanical report for the IAAF World Champs - London 2017 - Men's 400m*							
date 06-Aug-17 time		10.98		21.21		32.25	38.37	45.01	45.16	9 / 4							
reaction time 0.153 interval				10.23		11.04	6.12	6.64		# of strides	10.98	10.23	11.04	12.76	21.21	23.80	2.59
velocity		9.11		9.78		9.06	8.17	7.53	8.86	183.4	9.11	9.78	9.06	7.84	9.43	8.40	

Wang Hongliang (CHN) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 Chinese National Grand Prix 1 (Rizhao, CHN)										*Shandong Athletics Sport Science (2023)*							
date 26-Apr-23 time		12.09		23.54		35.74	42.06	48.60	48.60	2 / 6							
reaction time 0.155 interval				11.45		12.20	6.32	6.54		# of strides	12.09	11.45	12.20	12.86	23.54	25.06	1.52
velocity		8.27		8.73		8.20	7.91	7.65	8.23	174.0	8.27	8.73	8.20	7.78	8.50	7.98	

Wang Lei (CHN) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 3 - 2023 Chinese National Grand Prix 5 (Huangshi, CHN)										*Shandong Athletics Sport Science (2023)*							
date 09-Jun-23 time		11.63		22.69		34.40	40.64	47.37	47.37	6 / 2							
reaction time 0.232 interval				11.06		11.71	6.24	6.73		# of strides	11.63	11.06	11.71	12.97	22.69	24.68	1.99
velocity		8.60		9.04		8.54	8.01	7.43	8.44	187.0	8.60	9.04	8.54	7.71	8.81	8.10	

Wang Xingwei (CHN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Sport School FINAL - 2025 Yangtze River Delta Athletics Diamond Gala (Keqiao, CHN)										*Omega Timing (2025) - diamond league race analysis*							
date 03-May-25 time	6.75	12.52	18.46	24.62	31.03	37.72	44.78	52.31	52.31	5 / 2							
reaction time 0.190 interval		5.77	5.94	6.16	6.41	6.69	7.06	7.53		# of strides	12.52	12.10	13.10	14.59	24.62	27.69	3.07
velocity	7.41	8.67	8.42	8.12	7.80	7.47	7.08	6.64	7.65		7.99	8.26	7.63	6.85	8.12	7.22	

Wardenburg, Nout (NED) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2024 FBK Games (Hengelo, NED)										*Omega Timing (2024) - continental tour gold race analysis*							
date 07-Jul-24 time	6.25	11.19	16.22	21.55	27.20	33.24	39.64	46.72	46.72	7 / 5							
reaction time 0.174 interval		4.94	5.03	5.33	5.65	6.04	6.40	7.08		# of strides	11.19	10.36	11.69	13.48	21.55	25.17	3.62
velocity	8.00	10.12	9.94	9.38	8.85	8.28	7.81	7.06	8.56		8.94	9.65	8.55	7.42	9.28	7.95	

Warholm, Karsten (NOR) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 Athletissima (Lausanne, SUI)										*Omega Timing (2021) - diamond league race analysis*							
date 26-Aug-21 time	6.1	11.1	16.2	21.5	27.1	32.9	39.0	45.51	45.51	7 / 4							
reaction time 0.136 interval		5.00	5.10	5.30	5.60	5.80	6.10	6.51		# of strides	11.10	10.40	11.40	12.61	21.50	24.01	2.51
velocity	8.20	10.00	9.80	9.43	8.93	8.62	8.20	7.68	8.79	170.2	9.01	9.62	8.77	7.93	9.30	8.33	

FINAL - 2020 Bauhaus Galan (Stockholm, SWE) *Omega Timing (2020) - diamond league race analysis*

date	23-Aug-20	time	6.2	11.5	16.9	22.4	27.9	33.6	39.3	45.05	45.05	8 / 1						
reaction time	0.163	interval		5.30	5.40	5.50	5.50	5.70	5.70	5.75		# of strides	11.50	10.90	11.20	11.45	22.40	22.65	0.25
		velocity	8.06	9.43	9.26	9.09	9.09	8.77	8.77	8.70	8.88	164.2	8.70	9.17	8.93	8.73	8.93	8.83	

Wariner, Jeremy (USA) (1984)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2016 Seiko Golden Grand Prix (Kawasaki, JPN)										*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*							

date	08-May-16	time	6.20	11.21	16.42	21.79	27.36	33.08	39.29	46.04	46.04	4 / 3							
reaction time	0.157	interval		5.01	5.21	5.37	5.57	5.72	6.21	6.75		# of strides	11.21	10.58	11.29	12.96	21.79	24.25	2.46
		velocity	8.06	9.98	9.60	9.31	8.98	8.74	8.05	7.41	8.69	175.0	8.92	9.45	8.86	7.72	9.18	8.25	

FINAL - 2012 USA Olympic Trials (Eugene, OR) *Hymans (2020) - history of the US olympic trials - track and field*

date	24-Jun-12	time				21.8		33.2		45.24	45.24	2 / 6							
reaction time	0.231	interval						11.40		12.04		# of strides			11.40	12.04	21.80	23.44	1.64
		velocity				9.17		8.77		8.31	8.84				8.77	8.31	9.17	8.53	

FINAL - 2011 USATF National Championships (Eugene, OR) *Track Newsletter (2011) - USATF men's championships*

date	25-Jun-11	time		11.1		21.6		32.8		45.0	44.98	/ 2							
reaction time	0.223	interval				10.50		11.20		12.20		# of strides	11.10	10.50	11.20	12.20	21.60	23.40	1.80
		velocity		9.01		9.52		8.93		8.20	8.89		9.01	9.52	8.93	8.20	9.26	8.55	

FINAL - 2009 IAAF World Championships (Berlin, GER) Graubner (2011) - biomechanical analysis of the sprint and hurdle events at the 2009 IAAF world championships in athletics

date	21-Aug-09	time	6.01	10.98	16.13	21.41	26.86	32.34	38.11	44.60	44.60	6 / 2							
reaction time	0.162	interval		4.97	5.15	5.28	5.45	5.48	5.77	6.49		# of strides	10.98	10.43	10.93	12.26	21.41	23.19	1.78
		velocity	8.32	10.06	9.71	9.47	9.17	9.12	8.67	7.70	8.97	170.5	9.11	9.59	9.15	8.16	9.34	8.62	

Semi-Final 1 - 2009 IAAF World Championships (Berlin, GER) *Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*

date	19-Aug-09	time		11.11		21.63		32.48		44.69	44.69	4 / 1							
reaction time	0.189	interval				10.52		10.85		12.21		# of strides	11.11	10.52	10.85	12.21	21.63	23.06	1.43
		velocity		9.00		9.51		9.22		8.19	8.95	170.5	9.00	9.51	9.22	8.19	9.25	8.67	

Heat 6 - 2009 IAAF World Championships (Berlin, GER) *Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*

date	18-Aug-09	time		11.04		21.30		32.81		45.54	45.54	4 / 1							
reaction time	0.178	interval				10.26		11.51		12.73		# of strides	11.04	10.26	11.51	12.73	21.30	24.24	2.94
		velocity		9.06		9.75		8.69		7.86	8.78		9.06	9.75	8.69	7.86	9.39	8.25	

FINAL - 2008 IAAF World Athletic Final (Stuttgart, GER) *Graubner (2009) - http://www.fgs.uni-halle.de*

date	13-Sep-08	time		11.12		21.53		32.41		44.51	44.51	4 / 2							
reaction time	0.175	interval				10.41		10.88		12.10		# of strides	11.12	10.41	10.88	12.10	21.53	22.98	1.45
		velocity		8.99		9.61		9.19		8.26	8.99		8.99	9.61	9.19	8.26	9.29	8.70	

FINAL - 2008 Olympic Games (Beijing, CHN) *Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*

date	21-Aug-08	time				20.9		31.6		44.7	44.74	7 / 2							
reaction time	0.209	interval						10.70		13.10		# of strides			10.70	13.10	20.90	23.80	2.90
		velocity				9.57		9.35		7.63	8.94	172.0			9.35	7.63	9.57	8.40	

FiNAL - 2008 USA Olympic Trials (Eugene, OR) *USATF Women's Sprint Development with HPC (2008)*

date	03-Jul-08	time		11.06	15.78	21.67	27.01	32.51	38.02	44.20	44.20	5 / 2							
reaction time		interval			4.72	5.89	5.34	5.50	5.51	6.18		# of strides	11.06	10.61	10.84	11.69	21.67	22.53	0.86
		velocity		9.04	10.59	8.49	9.36	9.09	9.07	8.09	9.05		9.04	9.43	9.23	8.55	9.23	8.88	

Semi-Final 2 - 2008 USA Olympic Trials (Eugene, OR) *USATF Women's Sprint Development with HPC (2008)*

date	30-Jun-08	time		10.94	16.16	21.65	27.12	32.78	38.40	44.66	44.66	4 / 1							
reaction time		interval			5.22	5.49	5.47	5.66	5.62	6.26		# of strides	10.94	10.71	11.13	11.88	21.65	23.01	1.36
		velocity		9.14	9.58	9.11	9.14	8.83	8.90	7.99	8.96		9.14	9.34	8.98	8.42	9.24	8.69	

FINAL - 2007 ISTAF (Berlin, GER) *(TV Analysis)* *Graubner (2009) - http://www.fgs.uni-halle.de*

date	16-Sep-07	time		11.18		21.54		32.38		44.05	44.05	4 / 1							
reaction time	0.283	interval				10.36		10.84		11.67		# of strides	11.18	10.36	10.84	11.67	21.54	22.51	0.97
		velocity		8.94		9.65		9.23		8.57	9.08	170.0	8.94	9.65	9.23	8.57	9.29	8.88	

FINAL - 2007 IAAF World Championships (Osaka, JPN) *Mochida (2008) - biomechancial analysis of the 400m final race at ehe 2007 world championships in athletics*

date	31-Aug-07	time	6.01	10.80	15.77	20.97	26.27	31.60	37.24	43.45	43.45	6 / 1							
reaction time	0.182	interval		4.79	4.97	5.20	5.30	5.33	5.64	6.21	**PB**	# of strides	10.80	10.17	10.63	11.85	20.97	22.48	1.51
		velocity	8.32	10.44	10.06	9.62	9.43	9.38	8.87	8.05	9.21	168.7	9.26	9.83	9.41	8.44	9.54	8.90	

FINAL - 2006 IAAF World Athletics Final (Stuttgart, GER) *(TV Analysis)* *Graubner (2009) - http://www.fgs.uni-halle.de*

date	09-Sep-06	time		10.86		21.06		32.13		44.02	44.02	5 / 1							
reaction time	0.185	interval				10.20		11.07		11.89	**CR**	# of strides	10.86	10.20	11.07	11.89	21.06	22.96	1.90
		velocity		9.21		9.80		9.03		8.41	9.09		9.21	9.80	9.03	8.41	9.50	8.71	

FINAL - 2006 Modesto Relays (Modesto, CA) *Track Newsletter (2006) - modesto relays*

date	06-May-06	time				21.8				44.80	44.84	/ 1							
reaction time		interval								23.0		# of strides					21.80	23.00	1.20
		velocity				9.17				8.70	8.92						9.17	8.70	

FINAL - 2005 IAAF World Championships (Helsinki, FIN) *ferrari (2009) - Split 100 metri uomini e donne (www.noivelocisti.net/forum?func=view&catid=9&id=1813)*

date	12-Aug-05	time		10.7		21.0		31.8		43.93	43.93	3 / 1							
reaction time	0.150	interval				10.30		10.80		12.13	**PB**	# of strides	10.70	10.30	10.80	12.13	21.00	22.93	1.93
		velocity		9.35		9.71		9.26		8.24	9.11	171.0	9.35	9.71	9.26	8.24	9.52	8.72	

FINAL - 2005 USATF National Championships (Carson, CA) *USATF Women's Sprint Development (2005)*

date	25-Jun-05	time		11.45	16.53	21.72	27.13	32.42	38.12	44.20	44.20	5 / 1							
reaction time		interval			5.08	5.19	5.41	5.29	5.70	6.08		# of strides	11.45	10.27	10.70	11.78	21.72	22.48	0.76
		velocity		8.73	9.84	9.63	9.24	9.45	8.77	8.22	9.05	170.5	8.73	9.74	9.35	8.49	9.21	8.90	

FINAL - 2005 Modesto Relays (Modesto, CA) *Track Newsletter (2005) - modesto relays*

date	07-May-05	time				21.9				45.2	45.16	/ 1							
reaction time		interval								23.3		# of strides					21.90	23.30	1.40
		velocity				9.13				8.58	8.86						9.13	8.58	

FINAL - 2004 Olympic Games (Athens, GRE) *Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*

date	23-Aug-04	time			21.5		32.2		44.0	44.00	4 / 1							
reaction time	0.268	interval					10.7		11.8	PB	# of strides			10.70	11.80	21.50	22.50	1.00
		velocity			9.30		9.35		8.47	9.09	169.7			9.35	8.47	9.30	8.89	

FINAL - 2004 Leichtathletik Team Challenge (Munich, GER) *Graubner (2009) - http://www.fgs.uni-halle.de*

date	08-Aug-04	time		11.05		21.64		32.76		44.91	44.91	/ 1							
reaction time		interval				10.59		11.12		12.15		# of strides	11.05	10.59	11.12	12.15	21.64	23.27	1.63
		velocity		9.05		9.44		8.99		8.23	8.91		9.05	9.44	8.99	8.23	9.24	8.59	

FINAL - 2004 USA Olympic Trials (Sacramento, CA) *USATF Women's Sprint Development (2004)*

date	15-Jul-04	time		11.08		21.46	26.84	32.33	38.09	44.37	44.37	5 / 1							
reaction time		interval				10.38	5.38	5.49	5.76	6.28	PB	# of strides	11.08	10.38	10.87	12.04	21.46	22.91	1.45
		velocity		9.03		9.63	9.29	9.11	8.68	7.96	9.02	171.2	9.03	9.63	9.20	8.31	9.32	8.73	

FINAL - 2004 NCAA Championships (Sacramento, CA) *Track Newsletter (2004) - NCAA championships*

date	12-Jun-04	time			21.9		33.4		44.7	44.71	6 / 1							
reaction time		interval					11.5		11.3		# of strides			11.50	11.30	21.90	22.80	0.90
		velocity			9.13		8.70		8.85	8.95	171.0			8.70	8.85	9.13	8.77	

FINAL - 2003 USATF National Junior Championships (Palo Alto, CA) *USATF Women's Sprint Development (2003)*

date	22-Jun-03	time			22.06		33.80	39.74	46.41	46.41	5 / 2							
reaction time		interval					11.74	5.94	6.67		# of strides			11.74	12.61	22.06	24.35	2.29
		velocity			9.07		8.52	8.42	7.50	8.62				8.52	7.93	9.07	8.21	

Warner, Damian (CAN) (1989)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 3 - 2024 Olympic Games (Paris, FRA)																	*Paris 2024 Olympic Games - Results Book (2024)*
date 02-Aug-24	time	6.21	11.26	16.49	21.94	27.64	33.68	40.15	47.34	47.34	4 / 5							
reaction time 0.225	interval		5.05	5.23	5.45	5.70	6.04	6.47	7.19		# of strides	11.26	10.68	11.74	13.66	21.94	25.40	3.46
	velocity	8.05	9.90	9.56	9.17	8.77	8.28	7.73	6.95	8.45	178.2	8.88	9.36	8.52	7.32	9.12	7.87	

Decathlon - Heat 3 - 2023 World Athletics Championships (Budapest, HUN) *Seiko Timing (2023) - world championship race analysis*

date	25-Aug-23	time		11.35		22.26		34.25		47.86	47.86	3 / 5							
reaction time	0.153	interval				10.91		11.99		13.61		# of strides	11.35	10.91	11.99	13.61	22.26	25.60	3.34
		velocity		8.81		9.17		8.34		7.35	8.36	175.0	8.81	9.17	8.34	7.35	8.98	7.81	

Decathlon - Heat 3 - 2022 World Athletics Championships (Eugene, OR) *Timing by Seiko (2022) - world athletics championships race analysis*

date	23-Jul-22	time		11.15							dnf	1 / --						
reaction time	0.139	interval										# of strides	11.15					
		velocity		8.97									8.97					

Washington, Tyree (USA) (1976)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2005 USATF National Championships (Carson, CA)																	*USATF Women's Sprint Development (2005)*
date 25-Jun-05	time		11.40	16.65	22.11	27.58	33.29	39.34	45.61	45.61	1 / 7							
reaction time	interval			5.25	5.46	5.47	5.71	6.05	6.27		# of strides	11.40	10.71	11.18	12.32	22.11	23.50	1.39
	velocity		8.77	9.52	9.16	9.14	8.76	8.26	7.97	8.77		8.77	9.34	8.94	8.12	9.05	8.51	

FINAL - 2003 IAAF World Championships (Paris, FRA) *Bonvin (2003) - Compte-rendu 400m et relais 4x 400m*

date	26-Aug-03	time			21.3		32.1		44.77	44.77	4 / ~~2~~ 1							
reaction time	0.182	interval					10.80		12.67		# of strides			10.80	12.67	21.30	23.47	2.17
		velocity			9.39		9.26		7.89	8.93				9.26	7.89	9.39	8.52	

FINAL - 2003 USATF National Championships (Palo Alto, CA) *USATF Women's Sprint Development (2003)*

date	21-Jun-03	time			21.66		32.63	38.27	44.33	44.33	5 / 1							
reaction time		interval					10.97	5.64	6.06		# of strides			10.97	11.70	21.66	22.67	1.01
		velocity			9.23		9.12	8.87	8.25	9.02				9.12	8.55	9.23	8.82	

Semi-Final 1 - 2003 USATF National Championships (Palo Alto, CA) *USATF Women's Sprint Development (2003)*

date	20-Jun-03	time			21.37		32.78	38.51	45.09	45.09	7 / 1							
reaction time		interval					11.41	5.73	6.58		# of strides			11.41	12.31	21.37	23.72	2.35
		velocity			9.36		8.76	8.73	7.60	8.87				8.76	8.12	9.36	8.43	

FINAL - 1998 USATF National Championship (New Orleans, LA) *Track Newsletter (1998) - USATF National Championships*

date	21-Jun-98	time			22.1				44.4	44.38	/ 2							
reaction time		interval							22.30	=PB	# of strides					22.10	22.30	0.20
		velocity			9.05				8.97	9.01						9.05	8.97	

FINAL - 1997 Weltklasse (Zurich, SUI) *Track Newsletter (1997) - Zurich GP*

date	13-Aug-97	time			21.5				44.4	44.38	/ 2							
reaction time		interval							22.90	PB	# of strides					21.50	22.90	1.40
		velocity			9.30				8.73	9.01						9.30	8.73	

FINAL - 1997 IAAF World Championships (Athens, GRE) *Ritzdorf (1997) - biomechanical research project at the VI th world championships in athletics, Athens 1997*

date	05-Aug-97	time	6.07	11.07	16.17	21.47	26.93	32.33	38.13	44.23	44.39	3 / 3							
reaction time	0.161	interval		5.00	5.10	5.30	5.46	5.40	5.80	6.10	PB	# of strides	11.07	10.40	10.86	11.90	21.47	22.76	1.29
		velocity	8.24	10.00	9.80	9.43	9.16	9.26	8.62	8.20	9.01		9.03	9.62	9.21	8.40	9.32	8.79	

FINAL - 1997 USATF Championships (Indianapolis, IN) *Track Newsletter (1997) - USATF National Championships*

date	14-Jun-97	time			22.7				44.8	44.79	/ 2							
reaction time		interval							22.10		# of strides					22.70	22.10	-0.60
		velocity			8.81				9.05	8.93						8.81	9.05	

Semi-Final 2 - 1997 USATF Championships (Indianapolis, IN) *Track Newsletter (1997) - USATF National Championships*

date	13-Jun-97	time			21.9		33.2		45.0	44.95	/ 3							
reaction time		interval					11.30		11.80		# of strides			11.30	11.80	21.90	23.10	1.20
		velocity			9.13		8.85		8.47	8.90				8.85	8.47	9.13	8.66	

Watanabe, Kazuya (JPN) (1988)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 2 - 2016 Japanese National Championships (Nagoya, JPN)											*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*						
date 24-Jun-16 time	6.24	11.44	16.65	22.13	27.83	33.87	40.34	47.38	47.38	3 / 4							
reaction time 0.170 interval		5.20	5.21	5.48	5.70	6.04	6.47	7.04		# of strides	11.44	10.69	11.74	13.51	22.13	25.25	3.12
velocity	8.01	9.62	9.60	9.12	8.77	8.28	7.73	7.10	8.44		8.74	9.35	8.52	7.40	9.04	7.92	
FINAL - 2016 Shizuoka International Meeting (Fukuroi, JPN)											*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*						
date 03-May-16 time	6.24	11.45	16.72	22.18	27.87	33.91	40.33	47.08	47.08	/ 6							
reaction time interval		5.21	5.27	5.46	5.69	6.04	6.42	6.75		# of strides	11.45	10.73	11.73	13.17	22.18	24.90	2.72
velocity	8.01	9.60	9.49	9.16	8.79	8.28	7.79	7.41	8.50		8.73	9.32	8.53	7.59	9.02	8.03	
FINAL - 2015 National Sports Festival (Wakayama, JPN)											*Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*						
date 04-Oct-15 time	6.27	11.49	17.00	22.82	28.66	34.61	40.76	47.17	47.17	/ 4							
reaction time interval		5.22	5.51	5.82	5.84	5.95	6.15	6.41		# of strides	11.49	11.33	11.79	12.56	22.82	24.35	1.53
velocity	7.97	9.58	9.07	8.59	8.56	8.40	8.13	7.80	8.48		8.70	8.83	8.48	7.96	8.76	8.21	
Heat 3 - 2015 Japanese National Championships (Niigata, JPN)											*Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*						
date 27-Jun-15 time	6.25	11.42	16.60	21.96	27.57	33.33	39.45	46.03	46.03	2 / 3							
reaction time 0.166 interval		5.17	5.18	5.36	5.61	5.76	6.12	6.58		# of strides	11.42	10.54	11.37	12.70	21.96	24.07	2.11
velocity	8.00	9.67	9.65	9.33	8.91	8.68	8.17	7.60	8.69		8.76	9.49	8.80	7.87	9.11	8.31	
FINAL - 2014 Japanese National Championships (Fukushima, JPN)											*Maho (2014) - race analysis of men's 400m run in the 2014 season*						
date 08-Jun-14 time	6.21	11.25	16.38	21.86	27.55	33.37	39.66	46.30	46.30	4 / 2							
reaction time interval		5.04	5.13	5.48	5.69	5.82	6.29	6.64		# of strides	11.25	10.61	11.51	12.93	21.86	24.44	2.58
velocity	8.05	9.92	9.75	9.12	8.79	8.59	7.95	7.53	8.64	185.7	8.89	9.43	8.69	7.73	9.15	8.18	
FINAL - 2014 Shizuoka International Athletics Meeting (Fukuori, JPN)											*Maho (2014) - race analysis of men's 400m run in the 2014 season*						
date 03-May-14 time	6.29	11.52	16.75	22.12	27.69	33.61	39.87	46.53	46.53	/ 6							
reaction time interval		5.23	5.23	5.37	5.57	5.92	6.26	6.66		# of strides	11.52	10.60	11.49	12.92	22.12	24.41	2.29
velocity	7.95	9.56	9.56	9.31	8.98	8.45	7.99	7.51	8.60		8.68	9.43	8.70	7.74	9.04	8.19	
FINAL - 2012 Kokutai National Sport Festival (Gifu, JPN)											*Maho (2013) - race analysis of the men's 400m run in competition*						
date 08-Oct-12 time	6.19	11.42	16.75	22.21	27.86	33.85	40.05	46.62	46.62	/ 4							
reaction time interval		5.23	5.33	5.46	5.65	5.99	6.20	6.57		# of strides	11.42	10.79	11.64	12.77	22.21	24.41	2.20
velocity	8.08	9.56	9.38	9.16	8.85	8.35	8.06	7.61	8.58		8.76	9.27	8.59	7.83	9.00	8.19	
FINAL - 2012 Japanese National Championships (Osaka, JPN)											*Maho (2013) - race analysis of the men's 400m run in competition*						
date 09-Jun-12 time	6.24	11.51	16.88	22.49	28.25	34.23	40.45	47.05	47.05	9 / 6							
reaction time interval		5.27	5.37	5.61	5.76	5.98	6.22	6.60		# of strides	11.51	10.98	11.74	12.82	22.49	24.56	2.07
velocity	8.01	9.49	9.31	8.91	8.68	8.36	8.04	7.58	8.50	186.0	8.69	9.11	8.52	7.80	8.89	8.14	

Watanabe, Koki (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2017 Shimane High School Championships (Izumo, JPN)											*Shimizu (2018) - shimane high school championships 2018 - biomechanics data analysis*						
date 26-May-17 time		12.87		25.50		39.03		52.70	52.70	4 / 4							
reaction time interval				12.63		13.53		13.67		# of strides	12.87	12.63	13.53	13.67	25.50	27.20	1.70
velocity		7.77		7.92		7.39		7.32	7.59		7.77	7.92	7.39	7.32	7.84	7.35	

Watanabe, Yoshihiro (JPN) (1997)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2017 National Sports Festival (Matsuyama, JPN)											*Yamanaka (2017) - male and female 400m analysis in the 2017 season*						
date 08-Oct-17 time	5.99	11.02	16.23	21.75	27.50	33.51	39.79	46.55	46.55	8 / 2							
reaction time 0.165 interval		5.03	5.21	5.52	5.75	6.01	6.28	6.76	PB	# of strides	11.02	10.73	11.76	13.04	21.75	24.80	3.05
velocity	8.35	9.94	9.60	9.06	8.70	8.32	7.96	7.40	8.59	189.0	9.07	9.32	8.50	7.67	9.20	8.06	

Watkin, Deandre (JAM) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 1 - 2024 Olympic Games (Paris, FRA)											*Paris 2024 Olympic Games - Results Book (2024)*						
date 04-Aug-24 time	6.14	11.02	16.07	21.46	27.13	32.95	39.14	45.97	45.97	5 / 7							
reaction time 0.190 interval		4.88	5.05	5.39	5.67	5.82	6.19	6.83		# of strides	11.02	10.44	11.49	13.02	21.46	24.51	3.05
velocity	8.14	10.25	9.90	9.28	8.82	8.59	8.08	7.32	8.70	180.0	9.07	9.58	8.70	7.68	9.32	8.16	

Watrin, Julien (BEL) (1992)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Invitational - 2025 Memorial van Damme (Brussels, BEL)											*Omega Timing (2025) - diamond league race analysis*						
date 22-Aug-25 time	6.35	11.38	16.51	21.85	27.49	33.47	39.65	46.29	46.29	7 / 6							
reaction time 0.218 interval		5.03	5.13	5.34	5.64	5.98	6.18	6.64		# of strides	11.38	10.47	11.62	12.82	21.85	24.44	2.59
velocity	7.87	9.94	9.75	9.36	8.87	8.36	8.09	7.53	8.64		8.79	9.55	8.61	7.80	9.15	8.18	
B Race - 2023 Memorial van Damme (Brussels, BEL)											*Omega Timing (2023) - diamond league race analysis*						
date 08-Sep-23 time	6.25	11.20	16.23	21.46	27.03	32.87	38.99	45.60	45.60	6 / 3							
reaction time 0.246 interval		4.95	5.03	5.23	5.57	5.84	6.12	6.61		# of strides	11.20	10.26	11.41	12.73	21.46	24.14	2.68
velocity	8.00	10.10	9.94	9.56	8.98	8.56	8.17	7.56	8.77		8.93	9.75	8.76	7.86	9.32	8.29	
National FINAL - 2019 Memorial van Damme (Brussels, BEL)											*Omega Timing (2019) - diamond league race analysis*						
date 06-Sep-19 time	6.4	11.4	16.6	22.0	27.7	33.6	39.8	46.60	46.60	3 / 5							
reaction time interval		5.0	5.2	5.4	5.7	5.9	6.2	13.0		# of strides	11.40	10.60	11.60	13.00	22.00	24.60	2.60
velocity	7.81	10.00	9.62	9.26	8.77	8.47	8.06	7.69	8.58		8.77	9.43	8.62	7.69	9.09	8.13	

Watson, Antonio (JAM) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 5 - 2025 World Athletics Championships (Tokyo, JPN)											*Seiko Timing (2025) - 2025 World Championships race analysis*						
date 14-Sep-25 time		11.56		22.32		33.77		46.23	46.23	4 / 8							
reaction time 0.146 interval				10.76		11.45		12.46		# of strides	11.56	10.76	11.45	12.46	22.32	23.91	1.59
velocity		8.65		9.29		8.73		8.03	8.65	168.0	8.65	9.29	8.73	8.03	8.96	8.36	
Invitational - 2025 Memorial van Damme (Brussels, BEL)											*Omega Timing (2025) - diamond league race analysis*						
date 22-Aug-25 time	6.28	11.23	16.24	21.47	26.86	32.48	38.41	44.89	44.89	6 / 1							
reaction time 0.167 interval		4.95	5.01	5.23	5.39	5.62	5.93	6.48		# of strides	11.23	10.24	11.01	12.41	21.47	23.42	1.95

		velocity	7.96	10.10	9.98	9.56	9.28	8.90	8.43	7.72	8.91		8.90	9.77	9.08	8.06	9.32	8.54	

FINAL - 2023 World Athletics Championships (Budapest, HUN) — *Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*

date	24-Aug-23	time	6.26	11.18	16.15	21.28	26.63	32.23	38.03	44.22	44.22	7 / 1							
reaction time	0.165	interval		4.92	4.97	5.13	5.35	5.60	5.80	6.19		# of strides	11.18	10.10			21.28	22.94	1.66
		velocity	7.99	10.16	10.06	9.75	9.35	8.93	8.62	8.08	9.05	167.0	8.94	9.90			9.40	8.72	

Semi-Final 1 - 2023 World Athletics Championships (Budapest, HUN) — *Yamanaka (2024) - analysis of men's and women's 400m and 300m runs in the 2023 season*

date	22-Aug-23	time	6.16	11.00	15.89	20.97	26.33	31.96	37.87	44.13	44.13	5 / 1							
reaction time	0.158	interval		4.84	4.89	5.08	5.36	5.63	5.91	6.26	PB	# of strides	11.00	9.97	10.99	12.17	20.97	23.16	2.19
		velocity	8.12	10.33	10.22	9.84	9.33	8.88	8.46	7.99	9.06	169.5	9.09	10.03	9.10	8.22	9.54	8.64	

Heat 5 - 2023 World Athletics Championships (Budapest, HUN) — *Seiko Timing (2023) - world championship race analysis*

date	20-Aug-23	time		11.40		21.56		32.77		44.77	44.77	3 / 1							
reaction time	0.169	interval				10.16		11.21		12.00		# of strides	11.40	10.16	11.21	12.00	21.56	23.21	1.65
		velocity		8.77		9.84		8.92		8.33	8.93	166.2	8.77	9.84	8.92	8.33	9.28	8.62	

Watson, Nathan (USA) (2004)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 1 - 2025 USATF Championships (Eugene, OR)											*USATF and Karmarush (2025) - USATF championships results and race analysis*						
date 01-Aug-25	time		11.51		21.96		33.64		47.42	47.42	4 / 9								
reaction time	interval				10.45		11.68		13.78	PB	# of strides	11.51	10.45	11.68	13.78	21.96	25.46	3.50
	velocity		8.69		9.57		8.56		7.26	8.44		8.69	9.57	8.56	7.26	9.11	7.86	

Watts, Quincy (USA) (1970)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1996 USA Olympic Trials (Atlanta, GA)											*USATF Women's Sprint Development (1996)*						
date 19-Jun-96	time		10.92		21.16		32.52	38.68	45.64	45.64	2 / ~~8~~ 7								
reaction time	interval				10.24		11.36	6.16	6.96		# of strides	10.92	10.24	11.36	13.12	21.16	24.48	3.32
	velocity		9.16		9.77		8.80	8.12	7.18	8.76		9.16	9.77	8.80	7.62	9.45	8.17	
Semi-Final 1 - 1996 USA Olympic Trials (Atlanta, GA)											*USATF Women's Sprint Development (1996)*						
date 17-Jun-96	time		11.48		21.67		32.88	38.92	45.10	45.10	5 / 3								
reaction time	interval				10.19		11.21	6.04	6.18		# of strides	11.48	10.19	11.21	12.22	21.67	23.43	1.76
	velocity		8.71		9.81		8.92	8.28	8.09	8.87		8.71	9.81	8.92	8.18	9.23	8.54	
FINAL - 1993 IAAF World Championships (Stuttgart, GER)											*Butler (2013) - IAAF world championships statistics handbook- moscow 2013*						
date 17-Aug-93	time				21.85				45.05	45.05	5 / 4								
reaction time	interval								23.20		# of strides					21.85	23.20	1.35
	velocity				9.15				8.62	8.88	175.2					9.15	8.62	
FINAL - 1992 Olympic Games (Barcelona, ESP)											*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*						
date 05-Aug-92	time				20.8		31.4		43.50	43.50	4 / 1								
reaction time	interval						10.60		12.1	OR	# of strides			10.60	12.10	20.80	22.70	1.90
	velocity				9.62		9.43		8.26	9.20	170.2			9.43	8.26	9.62	8.81	

Weber, Hartmut (FRG) (1960)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1983 IAAF World Championships (Helsinki, FIN)											*Butler (2013) - IAAF world championships statistics handbook- moscow 2013*						
date 10-Aug-83	time				21.6				45.49	45.49	3 / 5								
reaction time	interval								23.89		# of strides					21.60	23.89	2.29
	velocity				9.26				8.37	8.79						9.26	8.37	
FINAL - 1982 European Championships (Athens, GRE)											*Heß (1985) - entwicklungsaspekte die leichtathletischen sprint-/hürdendisziplinen im olympiazyklus 1981/84*						
date 09-Sep-82	time		11.30		21.74		32.86		44.72	44.72	/ 1								
reaction time	interval				10.44		11.12		11.86	CR / PB	# of strides	11.30	10.44	11.12	11.86	21.74	22.98	1.24
	velocity		8.85		9.58		8.99		8.43	8.94		8.85	9.58	8.99	8.43	9.20	8.70	

Wen Junji (CHN) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2024 Chinese National Championships (Quzhou, CHN)											*Shandong Athletics Sport Science (2024)*						
date 16-Sep-24	time		11.54		22.42		34.07	40.21	46.70	46.70	3 / 4								
reaction time 0.168	interval				10.88		11.65	6.14	6.49		# of strides	11.54	10.88	11.65	12.63	22.42	24.28	1.86
	velocity		8.67		9.19		8.58	8.14	7.70	8.57	182.7	8.67	9.19	8.58	7.92	8.92	8.24	

Werner, Jan (POL) (1946)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1976 Olympic Games (Montreal, CAN)											*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*						
date 29-Jul-76	time				22.1		33.1		45.7	45.63	1 / 8								
reaction time	interval						11.00		12.60		# of strides				11.00	12.60	22.10	23.60	1.50
	velocity				9.05		9.09		7.94	8.77	169.2				9.09	7.94	9.05	8.47	

West, Austin (USA) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 3 - 2024 USA Olympic Trials (Eugene, OR)											*USATF and Karmarush (2024) - USA Olympic trials results and race analysis*						
date 21-Jun-24	time		11.37		21.91		33.79		46.91	46.91	8 / 3								
reaction time	interval				10.54		11.88		13.12		# of strides	11.37	10.54	11.88	13.12	21.91	25.00	3.09
	velocity		8.80		9.49		8.42		7.62	8.53		8.80	9.49	8.42	7.62	9.13	8.00	

Westman, Ryan (USA) (1984)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2003 USATF National Junior Championships (Palo Alto, CA)											*USATF Women's Sprint Development (2003)*						
date 22-Jun-03	time				22.97		34.89	40.87	47.32	47.32	3 / 4								
reaction time	interval						11.92	5.98	6.45	PB	# of strides			11.92	12.43	22.97	24.35	1.38
	velocity				8.71		8.39	8.36	7.75	8.45				8.39	8.05	8.71	8.21	

Whittle, Brian (GBR) (1964)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 2 - 1988 Olympic Games (Seoul, KOR)											*Brüggemann (1990) - scientific research project at the games of the XXXIV Olympiad, Seoul 1988*						
date 26-Sep-88	time		11.34		21.88		33.42		46.07	46.07	7 / 8								
reaction time 0.176	interval				10.54		11.54		12.65		# of strides	11.34	10.54	11.54	12.65	21.88	24.19	2.31
	velocity		8.82		9.49		8.67		7.91	8.68		8.82	9.49	8.67	7.91	9.14	8.27	

Whitfield, Mal (USA) (1924)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1949 ??? (Göteborg, SWE)																	
Quercentani (1949). Fuch, Gordien in great performances																	
date 28-Aug-49	time			23.6				46.2	46.2	/ 1							
reaction time	interval							22.6		# of strides					23.60	22.60	-1.00
	velocity			8.47				8.85	8.66						8.47	8.85	

Wiberg, Nicklas (SWE) (1985)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 4 - 2009 IAAF World Championships (Berlin, GER)																	
Graubner (2009) - biomechanical analyses at the 12th IAAF world championships																	
date 19-Aug-09	time	11.76		22.95		35.09		48.73	48.73	4 / 4							
reaction time 0.198	interval			11.19		12.14		13.64		# of strides	11.76	11.19	12.14	13.64	22.95	25.78	2.83
	velocity	8.50		8.94		8.24		7.33	8.21	184.0	8.50	8.94	8.24	7.33	8.71	7.76	

Wieruszewski, Rafeł (POL) (1981)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2006 Seiko Super Grand Prix (Yokohama, JPN)																	
Hisashi (2007) - Super Grand Prix 2006 - sprinting speed changes in the 400m																	
date 24-Sep-06	time	6.20	11.60	16.80	22.40	28.10	34.00	39.90	46.18	46.18	3 / 4						
reaction time	interval		5.40	5.20	5.60	5.70	5.90	5.90	6.28		# of strides	11.60	10.80	11.60	12.18	22.40	23.78	1.38
	velocity	8.06	9.26	9.62	8.93	8.77	8.47	8.47	7.96	8.66		8.62	9.26	8.62	8.21	8.93	8.41	
FINAL - 2006 European Championships (Göteborg, SWE)																	
Behm (2006) - Championnats d'Europe Göteborg 2006… Le 400m avec ou sans obstacles																	
date 09-Aug-06	time				22.4		33.0		45.97	45.97	/ 7						
reaction time	interval						10.60		12.97		# of strides			10.60	12.97	22.40	23.57	1.17
	velocity				8.93		18.87		7.71	8.70				9.43	7.71	8.93	8.49	

Wiley, Cliff (USA) (1955)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1981 IAAF World Cup (Rome, ITA)																	
Butler (2010) -1st/IAAF VTB bank continental cup, IAAF statistics handbook - split 2010																	
date 05-Sep-81	time						31.9		44.88	44.88	/ 1						
reaction time	interval								12.98		# of strides				12.98		
	velocity						9.40		7.70	8.91					7.70		

Williams, Andrae (BAH) (1983)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2005 NCAA Championships (Sacramento, CA)																	
Track Newsletter (2005) - NCAA men's championships																	
date 11-Jun-05	time		11.0		21.7		32.7		44.9	44.90	8 / 3						
reaction time	interval				10.70		11.00		12.20	PB	# of strides	11.00	10.70	11.00	12.20	21.70	23.20	1.50
	velocity		9.09		9.35		9.09		8.20	8.91	165.2	9.09	9.35	9.09	8.20	9.22	8.62	

Williams, Archie (USA) (1915)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1936 Olympic Games (Berlin, GER)																	
Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016																	
date 07-Aug-36	time			22.0				46.50	46.5	5 / 1	(46.66)						
reaction time	interval							24.5		# of strides					22.00	24.50	2.50
	velocity			9.09				8.16	8.60	189.7					9.09	8.16	
Heat 2 - 1936 NCAA Championships (Chicago, IL)																	
Quercetani (2005) - a world history of the one-lap race: 1850-2004																	
date 19-Jun-36	time			21.6				46.1	46.1	/ 1							
reaction time	interval							24.50		# of strides					21.60	24.50	2.90
	velocity			9.26				8.16	8.68						9.26	8.16	

Williams, Conrad (GBR) (1982)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2016 Seiko Golden Grand Prix (Kawasaki, JPN)																	
Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016																	
date 08-May-16	time	6.30	11.41	16.63	22.00	27.55	33.40	39.79	46.78	46.78	6 / 6						
reaction time 0.174	interval		5.11	5.22	5.37	5.55	5.85	6.39	6.99		# of strides	11.41	10.59	11.40	13.38	22.00	24.78	2.78
	velocity	7.94	9.78	9.58	9.31	9.01	8.55	7.82	7.15	8.55	172.2	8.76	9.44	8.77	7.47	9.09	8.07	

Williams, Devon (USA) (1994)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 1 - 2024 USA Olympic Trials (Eugene, OR)																	
USATF and Karmarush (2024) - USA Olympic trials results and race analysis																	
date 21-Jun-24	time		11.45		22.81		35.02		48.42	48.42	5 / 1						
reaction time	interval				11.36		12.21		13.40		# of strides	11.45	11.36	12.21	13.40	22.81	25.61	2.80
	velocity		8.73		8.80		8.19		7.46	8.26		8.73	8.80	8.19	7.46	8.77	7.81	

Williams, Harrison (USA) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 3 - 2025 World Athletics Championships (Tokyo, JPN)																	
Seiko Timing (2025) - 2025 World Championships race analysis																	
date 20-Sep-25	time		11.58		22.51		34.31		46.88	46.88	7 / 2						
reaction time 0.220	interval				10.93		11.80		12.57		# of strides	11.58	10.93	11.80	12.57	22.51	24.37	1.86
	velocity		8.64		9.15		8.47		7.96	8.53		8.64	9.15	8.47	7.96	8.88	8.21	
Decathlon - Heat 3 - 2024 Olympic Games (Paris, FRA)																	
Paris 2024 Olympic Games - Results Book (2024)																	
date 02-Aug-24	time	6.45	11.50	16.67	22.14	27.83	33.84	40.05	46.71	46.71	6 / 3						
reaction time 0.238	interval		5.05	5.17	5.47	5.69	6.01	6.21	6.66		# of strides	11.50	10.64	11.70	12.87	22.14	24.57	2.43
	velocity	7.75	9.90	9.67	9.14	8.79	8.32	8.05	7.51	8.56	161.2	8.70	9.40	8.55	7.77	9.03	8.14	
Decathlon - Heat 3 - 2024 USA Olympic Trials (Eugene, OR)																	
USATF and Karmarush (2024) - USA Olympic trials results and race analysis																	
date 21-Jun-24	time		11.24		21.82		33.80		46.56	46.56	9 / 1						
reaction time	interval				10.58		11.98		12.76		# of strides	11.24	10.58	11.98	12.76	21.82	24.74	2.92
	velocity		8.90		9.45		8.35		7.84	8.59		8.90	9.45	8.35	7.84	9.17	8.08	
Decathlon - Heat 3 - 2023 World Athletics Championships (Budapest, HUN)																	
Seiko Timing (2023) - world championship race analysis																	
date 25-Aug-23	time		11.41		21.79		33.69		46.52	46.52	6 / 2						
reaction time 0.200	interval				10.38		11.90		12.83		# of strides	11.41	10.38	11.90	12.83	21.79	24.73	2.94
	velocity		8.76		9.63		8.40		7.79	8.60	159.0	8.76	9.63	8.40	7.79	9.18	8.09	

Williams, Noah (USA) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2022 USATF National Championships (Eugene, OR)																	
Track Newsletter (2022) - USATF championships men																	
date 25-Jun-22	time		11.01		21.51		32.75		45.04	45.04	/ ~~7~~ 6						
reaction time	interval				10.50		11.24		12.29		# of strides	11.01	10.50	11.24	12.29	21.51	23.53	2.02
	velocity		9.08		9.52		8.90		8.14	8.88		9.08	9.52	8.90	8.14	9.30	8.50	

Williams, Siraj (LBR) (1984)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2007 NCAA Championships (Sacramento, CA)																			*Track Newsletter (2006) - NCAA men's championships*
date	09-Jun-07	time						33.4		45.8	45.77	7 / 8							
reaction time		interval								12.4	NR	# of strides				12.40			
		velocity						8.98		8.06	8.74					8.06			

Williams, Ulis (USA) (1941)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1964 Olympic Games (Tokyo, JPN)																			*Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*
date	19-Sep-64	time				21.7		34.1		46.0	46.0	8 / 5							
reaction time		interval						12.40		11.90	*(46.01)*	# of strides			12.40	11.90	21.70	24.30	2.60
		velocity				9.22		8.06		8.40	8.70				8.06	8.40	9.22	8.23	
FINAL - 1961 Southern CIF Sectional (Ontario, CA) (yards)																			*Nelson (1961). Ulis Williams runs 46.1*
date	27-May-61	time				21.9				45.8	45.8	/ 1							
reaction time		interval								23.9	*(46.1/440y)*	# of strides					21.90	23.90	2.00
		velocity				9.13				8.37	8.73						9.13	8.37	

Williamson, Darold (USA) (1983)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FiNAL - 2008 USA Olympic Trials (Eugene, OR)																			*USATF Women's Sprint Development with HPC (2008)*
date	03-Jul-08	time	11.18	16.02	21.94	27.41	33.05	39.21	45.58	45.58		4 / 6							
reaction time		interval		4.84	5.92	5.47	5.64	6.16	6.37			# of strides	11.18	10.76	11.11	12.53	21.94	23.64	1.70
		velocity	8.94	10.33	8.45	9.14	8.87	8.12	7.85	8.78			8.94	9.29	9.00	7.98	9.12	8.46	
Semi-Final 1 - 2008 USA Olympic Trials (Eugene, OR)																			*USATF Women's Sprint Development with HPC (2008)*
date	30-Jun-08	time	11.27		21.95	27.32	33.13	38.95	45.16	45.16		8 / 2							
reaction time		interval			10.68	5.37	5.81	5.82	6.21			# of strides	11.27	10.68	11.18	12.03	21.95	23.21	1.26
		velocity	8.87		9.36	9.31	8.61	8.59	8.05	8.86			8.87	9.36	8.94	8.31	9.11	8.62	
FINAL - 2007 USATF National Championships (Indianapolis, IN)																			*Track Newsletter (2007) - USATF men's championships*
date	23-Jun-07	time				21.3		32.1		45.0	44.97	6 / 4							
reaction time		interval						10.80		12.90		# of strides			10.80	12.90	21.30	23.70	2.40
		velocity				9.39		9.26		7.75	8.89	167.0			9.26	7.75	9.39	8.44	
FINAL - 2006 USATF National Championships (Indianapolis, IN)																			*Track Newsletter (2006) - USATF men's championships*
date	24-Jun-06	time	11.61		21.96		32.88			44.94	44.94	6 / 4							
reaction time		interval			10.35		10.92			12.06		# of strides	11.61	10.35	10.92	12.06	21.96	22.98	1.02
		velocity	8.61		9.66		9.16			8.29	8.90	165.5	8.61	9.66	9.16	8.29	9.11	8.70	
FINAL - 2005 IAAF World Championships (Helsinki, FIN)																			*Track Newsletter (2005) - World championships- men*
date	12-Aug-05	time						32.4		45.1	45.12	5 / 7							
reaction time		interval								12.7		# of strides				12.70			
		velocity						9.26		7.87	8.87	168.2				7.87			
FINAL - 2005 USATF National Championships (Carson, CA)																			*USATF Women's Sprint Development (2005)*
date	25-Jun-05	time	11.61	16.72	21.90	27.14	32.58	38.41	44.62	44.62		4 / 2							
reaction time		interval		5.11	5.18	5.24	5.44	5.83	6.21			# of strides	11.61	10.29	10.68	12.04	21.90	22.72	0.82
		velocity	8.61	9.78	9.65	9.54	9.19	8.58	8.05	8.96		165.7	8.61	9.72	9.36	8.31	9.13	8.80	
FINAL - 2005 NCAA Championships (Sacramento, CA)																			*Track Newsletter (2005) - NCAA men's championships*
date	11-Jun-05	time	11.3		21.3		32.2			44.5	44.51	5 / 1							
reaction time		interval			10.00		10.90			12.30		# of strides	11.30	10.00	10.90	12.30	21.30	23.20	1.90
		velocity	8.85		10.00		9.17			8.13	8.99	176.5	8.85	10.00	9.17	8.13	9.39	8.62	
FINAL - 2004 USA Olympic Trials (Sacramento, CA)																			*USATF Women's Sprint Development (2004)*
date	15-Jul-04	time	11.28		21.75	26.02	32.53	38.36	44.70	44.70		2 / 4							
reaction time		interval			10.47	4.27	6.51	5.83	6.34			# of strides	11.28	10.47	10.78	12.17	21.75	22.95	1.20
		velocity	8.87		9.55	11.71	7.68	8.58	7.89	8.95		165.5	8.87	9.55	9.28	8.22	9.20	8.71	
FINAL - 2003 USATF National Championships (Palo Alto, CA)																			*USATF Women's Sprint Development (2003)*
date	21-Jun-03	time				22.09		33.35	39.27	45.87	45.87	7 / ~~8~~ 6							
reaction time		interval						11.26	5.92	6.60		# of strides			11.26	12.52	22.09	23.78	1.69
		velocity				9.05		8.88	8.45	7.58	8.72				8.88	7.99	9.05	8.41	
Semi-Final 2 - 2003 USATF National Championships (Palo Alto, CA)																			*USATF Women's Sprint Development (2003)*
date	20-Jun-03	time				21.84		33.28	38.19	45.70	45.70	9 / 2							
reaction time		interval						11.44	4.91	7.51		# of strides			11.44	12.42	21.84	23.86	2.02
		velocity				9.16		8.74	10.18	6.66	8.75				8.74	8.05	9.16	8.38	
FINAL - 2002 NCAA Championships (Baton Rouge, LA)																			*Track Newsletter (2002) - NCAA championships*
date	01-Jun-02	time				21.8				45.3	45.34	/ 5							
reaction time		interval								23.50		# of strides					21.80	23.50	1.70
		velocity				9.17				8.51	8.82						9.17	8.51	

Willie, Kelly (USA) (1982)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2005 NCAA Championships (Sacramento, CA)																			*Track Newsletter (2005) - NCAA men's championships*
date	11-Jun-05	time	11.0		20.7		32.4			45.2	45.17	7 / 6							
reaction time		interval			9.70		11.70			12.80		# of strides	11.00	9.70	11.70	12.80	20.70	24.50	3.80
		velocity	9.09		10.31		8.55			7.81	8.86	181.0	9.09	10.31	8.55	7.81	9.66	8.16	
FINAL - 2004 USA Olympic Trials (Sacramento, CA)																			*USATF Women's Sprint Development (2004)*
date	15-Jul-04	time	10.89		21.62	27.01	32.48	38.32	44.97	44.97		4 / ~~7~~ 6							
reaction time		interval			10.73	5.39	5.47	5.84	6.65			# of strides	10.89	10.73	10.86	12.49	21.62	23.35	1.73
		velocity	9.18		9.32	9.28	9.14	8.56	7.52	8.89		180.0	9.18	9.32	9.21	8.01	9.25	8.57	

Willie, Ryan (USA) (2002)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Heat 5 - 2024 USA Olympic Trials (Eugene, OR) — *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	21-Jun-24	time		11.45		22.30		34.02		46.59	46.59	7 / 7						
reaction time		interval				10.85		11.72		12.57		# of strides	11.45	10.85	11.72	12.57	22.30	24.29	1.99
		velocity		8.73		9.22		8.53		7.96	8.59	172.2	8.73	9.22	8.53	7.96	8.97	8.23	

FINAL - 2023 London Athletics Meet (London, GBR) — *Omega Timing (2023) - diamond league race analysis*

date	23-Jul-23	time	6.19	11.12	16.21	21.42	26.88	32.54	38.59	45.39	45.39	7 / 6						
reaction time	0.160	interval		4.93	5.09	5.21	5.46	5.66	6.05	6.80		# of strides	11.12	10.30	11.12	12.85	21.42	23.97	2.55
		velocity	8.08	10.14	9.82	9.60	9.16	8.83	8.26	7.35	8.81	175.0	8.99	9.71	8.99	7.78	9.34	8.34	

FINAL - 2023 Kamila Skolimowska Memorial (Chorzów, POL) — *Omega Timing (2023) - diamond league race analysis*

date	16-Jul-23	time	6.09	11.01	16.07	21.42	26.96	32.66	38.53	44.77	44.77	8 / 5						
reaction time	0.153	interval		4.92	5.06	5.35	5.54	5.70	5.87	6.24		# of strides	11.01	10.41	11.24	12.11	21.42	23.35	1.93
		velocity	8.21	10.16	9.88	9.35	9.03	8.77	8.52	8.01	8.93	172.0	9.08	9.61	8.90	8.26	9.34	8.57	

FINAL - 2023 USATF National Championships (Eugene, OR) — *Track Newsletter (2023) - USATF championships/WCT men*

date	08-Jul-23	time		11.43		21.99		33.17		44.87	44.87	3 / 5						
reaction time	0.195	interval				10.56		11.18		11.70		# of strides	11.43	10.56	11.18	11.70	21.99	22.88	0.89
		velocity		8.75		9.47		8.94		8.55	8.91		8.75	9.47	8.94	8.55	9.10	8.74	

Wilson, Assinie (JAM) (2002)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Long Hurdles - 2025 Grand Slam Track Philadelphia (Philadelphia, PA)																	
Grand Slam Track (2025) - results and splits by race																	
date 01-Jun-25	time			11.03		21.81		33.39		46.24	46.24	2 / 5						
reaction time 0.210	interval					10.78		11.58		12.85		# of strides	11.03	10.78	11.58	12.85	21.81	24.43	2.62
	velocity			9.07		9.28		8.64		7.78	8.65		9.07	9.28	8.64	7.78	9.17	8.19	

Long Hurdles - 2025 Grand Slam Track Kingston (Kingston, JAM) — *Grand Slam Track (2025) - results and splits by race*

date	06-Apr-25	time		11.31		22.14		33.58		46.70	46.70	2 / 6						
reaction time	0.390	interval				10.83		11.44		13.12		# of strides	11.31	10.83	11.44	13.12	22.14	24.56	2.42
		velocity		8.84		9.23		8.74		7.62	8.57		8.84	9.23	8.74	7.62	9.03	8.14	

Wilson, Quincy (USA) (2008)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 2 - 2025 USATF Championships (Eugene, OR)																	
USATF and Karmarush (2025) - USATF championships results and race analysis																	
date 01-Aug-25	time			11.22		21.64		33.05		45.39	45.39	7 / 4						
reaction time	interval					10.42		11.41		12.34		# of strides	11.22	10.42	11.41	12.34	21.64	23.75	2.11
	velocity			8.91		9.60		8.76		8.10	8.81		8.91	9.60	8.76	8.10	9.24	8.42	

FINAL - 2024 Holloway Pro Classic (Gainesville, FL) — *Quintana (2024) - Holloway pro classic - Quincy Wilson 44.20!*

date	19-Jul-24	time		11.4		21.4		32.3		44.2	44.20	/ 1						
reaction time		interval				10.00		10.90		11.90	WYR	# of strides	11.40	10.00	10.90	11.90	21.40	22.80	1.40
		velocity		8.77		10.00		9.17		8.40	9.05		8.77	10.00	9.17	8.40	9.35	8.77	

FINAL - 2024 USA Olympic Trials (Eugene, OR) — *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	24-Jun-24	time		11.29		21.72		32.96		44.94	44.94	2 / 6						
reaction time		interval				10.43		11.24		11.98		# of strides	11.29	10.43	11.24	11.98	21.72	23.22	1.50
		velocity		8.86		9.59		8.90		8.35	8.90		8.86	9.59	8.90	8.35	9.21	8.61	

Semi-Final 2 - 2024 USA Olympic Trials (Eugene, OR) — *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	23-Jun-24	time		11.00		21.37		32.54		44.59	44.59	6 / 3						
reaction time		interval				10.37		11.17		12.05	WU18B PB	# of strides	11.00	10.37	11.17	12.05	21.37	23.22	1.85
		velocity		9.09		9.64		8.95		8.30	8.97		9.09	9.64	8.95	8.30	9.36	8.61	

Heat 2 - 2024 USA Olympic Trials (Eugene, OR) — *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	21-Jun-24	time		11.15		21.33		32.66		44.66	44.66	7 / 1						
reaction time		interval				10.18		11.33		12.00	WU18B PB	# of strides	11.15	10.18	11.33	12.00	21.33	23.33	2.00
		velocity		8.97		9.82		8.83		8.33	8.96	173.5	8.97	9.82	8.83	8.33	9.38	8.57	

Wint, Arthur (JAM) (1920)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1952 Olympic Games (Helsinki, FIN)																	
Quercentani (2000). Athletics: A history of modern track and field athletics (1860-2000)																	
date 25-Jul-52	time					21.7				47.0	47.0	2 / 5						
reaction time	interval									25.3		# of strides					21.70	25.30	3.60
	velocity					9.22				7.91	8.51	*(47.24)*					9.22	7.91	

FINAL - 1948 Olympic Games (London, GBR) — *Parienté (1978) - la fabuleuse histoire de l'athlétisme*

date	05-Aug-48	time				22.2				46.2	46.2	3 / 1						
reaction time		interval								24.00	=OR	# of strides					22.20	24.00	1.80
		velocity				9.01				8.33	8.66						9.01	8.33	

Wissman, Johan (SWE) (1982)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 5 - 2009 IAAF World Championships (Berlin, GER)																	
Graubner (2009) - biomechanical analyses at the 12th IAAF world championships																	
date 18-Aug-09	time		11.19		21.50		32.82		45.83	45.83	2 / 3						
reaction time 0.176	interval				10.31		11.32		13.01		# of strides	11.19	10.31	11.32	13.01	21.50	24.33	2.83
	velocity		8.94		9.70		8.83		7.69	8.73		8.94	9.70	8.83	7.69	9.30	8.22	

FINAL - 2009 ISTAF (Berlin, GER) — *Graubner (2009) - http://www.fgs.uni-halle.de*

date	14-Jun-09	time		11.35		21.74		33.09		45.97	45.97	5 / 4						
reaction time	0.273	interval				10.39		11.35		12.88		# of strides	11.35	10.39	11.35	12.88	21.74	24.23	2.49
		velocity		8.81		9.62		8.81		7.76	8.70		8.81	9.62	8.81	7.76	9.20	8.25	

FINAL - 2008 IAAF World Athletic Final (Stuttgart, GER) — *Graubner (2009) - http://www.fgs.uni-halle.de*

date	13-Sep-08	time		11.41		22.08		33.70		46.48	46.48	7 / 8						
reaction time	0.174	interval				10.67		11.62		12.78		# of strides	11.41	10.67	11.62	12.78	22.08	24.40	2.32
		velocity		8.76		9.37		8.61		7.82	8.61		8.76	9.37	8.61	7.82	9.06	8.20	

FINAL - 2008 Olympic Games (Beijing, CHN) — *Butler (2016) - IAAF statistics handbook- special edition: Games of the XXXI Olympiad- Rio 2016*

date	21-Aug-08	time			21.4		32.3		45.4	45.39	3 / 8							
reaction time	0.218	interval					10.90		13.10		# of strides			10.90	13.10	21.40	24.00	2.60
		velocity			9.35		9.17		7.63	8.81	177.0			9.17	7.63	9.35	8.33	

FINAL - 2007 IAAF World Championships (Osaka, JPN) *Mochida (2008) - biomechancial analysis of the 400m final race at ehe 2007 world championships in athletics*

date	31-Aug-07	time	6.13	10.86	15.72	20.97	26.36	32.07	38.20	44.72	44.72	9 / 7						
reaction time	0.181	interval		4.73	4.86	5.25	5.39	5.71	6.13	6.52		# of strides	10.86	10.11	11.10	12.65	20.97	23.75	2.78
		velocity	8.16	10.57	10.29	9.52	9.28	8.76	8.16	7.67	8.94	177.2	9.21	9.89	9.01	7.91	9.54	8.42	

Witherspoon, Reggie (USA) (1985)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FiNAL - 2008 USA Olympic Trials (Eugene, OR)																	*USATF Women's Sprint Development with HPC (2008)*
date	03-Jul-08	time		11.02	15.65	21.51	27.10	32.53	38.58	45.01	45.01	7 / 4							
reaction time		interval			4.63	5.86	5.59	5.43	6.05	6.43		# of strides	11.02	10.49	11.02	12.48	21.51	23.50	1.99
		velocity		9.07	10.80	8.53	8.94	9.21	8.26	7.78	8.89		9.07	9.53	9.07	8.01	9.30	8.51	

Semi-Final 1 - 2008 USA Olympic Trials (Eugene, OR) *USATF Women's Sprint Development with HPC (2008)*

date	30-Jun-08	time		11.16	16.35	21.61	27.16	32.95	38.77	44.99	44.99	6 / 1							
reaction time		interval			5.19	5.26	5.55	5.79	5.82	6.22	PB	# of strides	11.16	10.45	11.34	12.04	21.61	23.38	1.77
		velocity		8.96	9.63	9.51	9.01	8.64	8.59	8.04	8.89		8.96	9.57	8.82	8.31	9.25	8.55	

Wright, Willington (USA) (2000)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
Heat 2 - 2025 USATF Championships (Eugene, OR)																	*USATF and Karmarush (2025) - USATF championships results and race analysis*
date	01-Aug-25	time		11.18		21.61		33.14		45.87	45.87	6 / 7							
reaction time		interval				10.43		11.53		12.73		# of strides	11.18	10.43	11.53	12.73	21.61	24.26	2.65
		velocity		8.94		9.59		8.67		7.86	8.72		8.94	9.59	8.67	7.86	9.25	8.24	

Heat 3 - 2024 USA Olympic Trials (Eugene, OR) *USATF and Karmarush (2024) - USA Olympic trials results and race analysis*

date	21-Jun-24	time		10.76		21.14		32.70		45.55	45.55	3 / 7							
reaction time		interval				10.38		11.56		12.85		# of strides	10.76	10.38	11.56	12.85	21.14	24.41	3.27
		velocity		9.29		9.63		8.65		7.78	8.78	169.5	9.29	9.63	8.65	7.78	9.46	8.19	

Wrighton, John (GBR) (1933)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 1958 European Championships (Stockholm, SWE)																	*(1959) - der 400-m-hürdenlauf in stockholm*
date	21-Aug-58	time				22.4				46.3	46.5	5 / 1							
reaction time		interval								23.90		# of strides					22.40	23.90	1.50
		velocity				8.93				8.37	8.60						8.93	8.37	

Wroe, Sean (AUS) (1985)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
Semi-Final 2 - 2009 IAAF World Championships (Berlin, GER)																	*Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*
date	19-Aug-09	time		11.03		21.52		32.81		45.32	45.32	6 / 4							
reaction time	0.160	interval				10.49		11.29		12.51		# of strides	11.03	10.49	11.29	12.51	21.52	23.80	2.28
		velocity		9.07		9.53		8.86		7.99	8.83	175.0	9.07	9.53	8.86	7.99	9.29	8.40	

Heat 7 - 2009 IAAF World Championships (Berlin, GER) *Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*

date	18-Aug-09	time		11.13		21.57		32.90		45.31	45.31	8 / 2							
reaction time	0.166	interval				10.44		11.33		12.41		# of strides	11.13	10.44	11.33	12.41	21.57	23.74	2.17
		velocity		8.98		9.58		8.83		8.06	8.83		8.98	9.58	8.83	8.06	9.27	8.42	

Wu Yuang (CHN) (1998)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 2023 Chinese World Championship & Asian Games Trials (Shenyang, CHN)																	*Shandong Athletics Sport Science (2023)*
date	28-Jun-23	time		11.41		21.95		33.75	39.82	46.27	46.27	7 / 1							
reaction time	0.182	interval				10.54		11.80	6.07	6.45		# of strides	11.41	10.54	11.80	12.52	21.95	24.32	2.37
		velocity		8.76		9.49		8.47	8.24	7.75	8.64	181.5	8.76	9.49	8.47	7.99	9.11	8.22	

FINAL - 2023 Chinese National Grand Prix 3 (Taizhou, CHN) *Shandong Athletics Sport Science (2023)*

date	26-May-23	time		11.40		22.07		34.17	40.31	46.90	46.90	2 / 3							
reaction time	0.185	interval				10.67		12.10	6.14	6.59		# of strides	11.40	10.67	12.10	12.73	22.07	24.83	2.76
		velocity		8.77		9.37		8.26	8.14	7.59	8.53	182.5	8.77	9.37	8.26	7.86	9.06	8.05	

FINAL - 2019 Shanghai (Shanghai, CHN) *Omega Timing (2019) - diamond league race analysis*

date	18-May-19	time		11.1		21.9		34.2		47.13	47.13	2 / 6							
reaction time	0.196	interval				10.8		12.3		12.9		# of strides	11.10	10.80	12.30	12.93	21.90	25.23	3.33
		velocity		9.01		9.26		8.13		7.73	8.49		9.01	9.26	8.13	7.73	9.13	7.93	

Wumaier Ailixier (CHN) (2006)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 2023 Chinese National Grand Prix 1 (Rizhao, CHN)																	*Shandong Athletics Sport Science (2023)*
date	26-Apr-23	time		11.53		22.63		35.10	41.49	48.20	48.20	4 / 5							
reaction time	0.183	interval				11.10		12.47	6.39	6.71		# of strides	11.53	11.10	12.47	13.10	22.63	25.57	2.94
		velocity		8.67		9.01		8.02	7.82	7.45	8.30	179.2	8.67	9.01	8.02	7.63	8.84	7.82	

Xie Yuqiang (CHN) (1997)	**50m**	**100m**	**150m**	**200m**	**250m**	**300m**	**350m**	**400m**	**Official Time**	**Lane / Place**	**0-100m**	**100-200m**	**200-300m**	**300-400m**	**0-200m**	**200m-400m**	**Differential**
FINAL - 2024 Chinese National Championships (Quzhou, CHN)																	*Shandong Athletics Sport Science (2024)*
date	16-Sep-24	time		11.19		22.07		34.12	40.49	47.32	47.32	8 / 7							
reaction time	0.175	interval				10.88		12.05	6.37	6.83		# of strides	11.19	10.88	12.05	13.20	22.07	25.25	3.18
		velocity		8.94		9.19		8.30	7.85	7.32	8.45	177.2	8.94	9.19	8.30	7.58	9.06	7.92	

FINAL - 2023 Chinese National Championships (Quzhou, CHN) *Shandong Athletics Sport Science (2023)*

date	22-Jul-23	time		11.19		22.15		34.13	40.36	47.91	47.11	1 / 7							
reaction time	0.124	interval				10.96		11.98	6.23	7.55		# of strides	11.19	10.96	11.98	13.78	22.15	25.76	3.61
		velocity		8.94		9.12		8.35	8.03	6.62	8.49	177.0	8.94	9.12	8.35	7.26	9.03	7.76	

Semi-Final 1 - 2023 Chinese National Championships (Quzhou, CHN) *Shandong Athletics Sport Science (2023)*

date	21-Jul-23	time		11.31		22.13		33.92	40.18	46.83	46.83	3 / 5							
reaction time	0.178	interval				10.82		11.79	6.26	6.65		# of strides	11.31	10.82	11.79	12.91	22.13	24.70	2.57
		velocity		8.84		9.24		8.48	7.99	7.52	8.54	176.2	8.84	9.24	8.48	7.75	9.04	8.10	

Heat 1 - 2023 Chinese National Championships (Quzhou, CHN) *Shandong Athletics Sport Science (2023)*

date	21-Jul-23	time	11.29	22.21	34.06	40.29	46.88	46.88	5 / 3							
reaction time	0.173	interval		10.92	11.85	6.23	6.59		# of strides	11.29	10.92	11.85	12.82	22.21	24.67	2.46
		velocity	8.86	9.16	8.44	8.03	7.59	8.53	174.5	8.86	9.16	8.44	7.80	9.00	8.11	

FINAL - 2023 Chinese World Championship & Asian Games Trials (Shenyang, CHN) *Shandong Athletics Sport Science (2023)*

date	28-Jun-23	time	11.33	22.07	33.88	40.19	47.13	47.13	6 / 5							
reaction time	0.218	interval		10.74	11.81	6.31	6.94		# of strides	11.33	10.74	11.81	13.25	22.07	25.06	2.99
		velocity	8.83	9.31	8.47	7.92	7.20	8.49	177.0	8.83	9.31	8.47	7.55	9.06	7.98	

Heat 2 - 2023 Chinese World Championship & Asian Games Trials (Shenyang, CHN) *Shandong Athletics Sport Science (2023)*

date	27-Jun-23	time	11.24	22.14	33.97	40.28	47.08	47.08	4 / 2							
reaction time	0.174	interval		10.90	11.83	6.31	6.80		# of strides	11.24	10.90	11.83	13.11	22.14	24.94	2.80
		velocity	8.90	9.17	8.45	7.92	7.35	8.50	175.5	8.90	9.17	8.45	7.63	9.03	8.02	

FINAL - 2023 Chinese National Grand Prix 3 (Taizhou, CHN) *Shandong Athletics Sport Science (2023)*

date	26-May-23	time	11.28	22.17	33.90	40.11	46.77	46.77	6 / 1							
reaction time	0.167	interval		10.89	11.73	6.21	6.66		# of strides	11.28	10.89	11.73	12.87	22.17	24.60	2.43
		velocity	8.87	9.18	8.53	8.05	7.51	8.55	177.5	8.87	9.18	8.53	7.77	9.02	8.13	

Heat 2 - 2023 Chinese National Grand Prix 3 (Taizhou, CHN) *Shandong Athletics Sport Science (2023)*

date	26-May-23	time	11.18	22.00	33.88	40.21	46.92	46.92	7 / 1							
reaction time	0.163	interval		10.82	11.88	6.33	6.71		# of strides	11.18	10.82	11.88	13.04	22.00	24.92	2.92
		velocity	8.94	9.24	8.42	7.90	7.45	8.53	177.2	8.94	9.24	8.42	7.67	9.09	8.03	

FINAL - 2023 Chinese National Grand Prix 1 (Rizhao, CHN) *Shandong Athletics Sport Science (2023)*

date	26-Apr-23	time	11.43	22.62	34.47	40.76	47.34	47.34	6 / 2							
reaction time	0.168	interval		11.19	11.85	6.29	6.58		# of strides	11.43	11.19	11.85	12.87	22.62	24.72	2.10
		velocity	8.75	8.94	8.44	7.95	7.60	8.45	176.2	8.75	8.94	8.44	7.77	8.84	8.09	

Heat 4 - 2023 Chinese National Grand Prix 1 (Rizhao, CHN) *Shandong Athletics Sport Science (2023)*

date	26-Apr-23	time	11.13	22.51	34.55	40.76	47.39	47.39	6 / 1							
reaction time	0.216	interval		11.38	12.04	6.21	6.63		# of strides	11.13	11.38	12.04	12.84	22.51	24.88	2.37
		velocity	8.98	8.79	8.31	8.05	7.54	8.44	176.0	8.98	8.79	8.31	7.79	8.88	8.04	

Xie Zhiyu (CHN) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 Chinese National Grand Prix 4 (Chongqing, CHN)																	*Shandong Athletics Sport Science (2023)*
date 02-Jun-23	time	11.70		22.52		33.82	39.83	46.38	46.38	8 / 2								
reaction time 0.253	interval			10.82		11.30	6.01	6.55		# of strides	11.70	10.82	11.30	12.56	22.52	23.86	1.34	
	velocity	8.55		9.24		8.85	8.32	7.63	8.62	167.7	8.55	9.24	8.85	7.96	8.88	8.38		

Xu Junhao (CHN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Sport School FINAL - 2025 Yangtze River Delta Athletics Diamond Gala (Keqiao, CHN)																	*Omega Timing (2025) - diamond league race analysis*
date 03-May-25	time	6.99	13.07	19.72	26.89	34.68	43.10	52.52	63.76	63.76	8 / 8							
reaction time 0.168	interval		6.08	6.65	7.17	7.79	8.42	9.42	11.24		# of strides	13.07	13.82	16.21	20.66	26.89	36.87	9.98
	velocity	7.15	8.22	7.52	6.97	6.42	5.94	5.31	4.45	6.27		7.65	7.24	6.17	4.84	7.44	5.42	

Yagai, Hirofumi (JPN) (1990)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2017 All Japan Corporate Championships (Osaka, JPN)																	*(2017) - tfdata-store.com/2017/10/05/post-1097/*
date 24-Sep-17	time		12.30		23.84		35.45		47.53	47.53	7 / 6							
reaction time 0.166	interval				11.54		11.61		12.08		# of strides	12.30	11.54	11.61	12.08	23.84	23.69	-0.15
	velocity		8.13		8.67		8.61		8.28	8.42	181.0	8.13	8.67	8.61	8.28	8.39	8.44	

Yagisawa, Junki (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2012 Kokutai National Sport Festival (Gifu, JPN)																	*Maho (2013) - race analysis of the men's 400m run in competition*
date 08-Oct-12	time	6.33	11.61	16.92	22.39	28.14	34.11	40.32	46.89	46.89	/ 5							
reaction time	interval		5.28	5.31	5.47	5.75	5.97	6.21	6.57	PB	# of strides	11.61	10.78	11.72	12.78	22.39	24.50	2.11
	velocity	7.90	9.47	9.42	9.14	8.70	8.38	8.05	7.61	8.53		8.61	9.28	8.53	7.82	8.93	8.16	

Yahia Ibrahim, Ammar Ismail (QAT) (1

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 1 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 16-Sep-25	time		11.53		21.85		32.62		44.74	44.74	2 / 4							
reaction time 0.206	interval				10.32		10.77		12.12		# of strides	11.53	10.32	10.77	12.12	21.85	22.89	1.04
	velocity		8.67		9.69		9.29		8.25	8.94		8.67	9.69	9.29	8.25	9.15	8.74	
Heat 5 - 2025 World Athletics Championships (Tokyo, JPN)																	*Seiko Timing (2025) - 2025 World Championships race analysis*
date 14-Sep-25	time		11.34		21.80		32.76		44.63	44.63	2 / 4							
reaction time 0.171	interval				10.46		10.96		11.87	PB	# of strides	11.34	10.46	10.96	11.87	21.80	22.83	1.03
	velocity		8.82		9.56		9.12		8.42	8.96	175.5	8.82	9.56	9.12	8.42	9.17	8.76	
Semi-Final 1 - 2024 Olympic Games (Paris, FRA)																	*Paris 2024 Olympic Games - Results Book (2024)*
date 06-Aug-24	time	6.31	11.29	16.31	21.46	26.74	32.33	38.24	44.64	44.64	3 / 5							
reaction time 0.163	interval		4.98	5.02	5.15	5.28	5.59	5.91	6.40	PB	# of strides	11.29	10.17	10.87	12.31	21.46	23.18	1.72
	velocity	7.92	10.04	9.96	9.71	9.47	8.94	8.46	7.81	8.96	176.0	8.86	9.83	9.20	8.12	9.32	8.63	
Repechage 4 - 2024 Olympic Games (Paris, FRA)																	*Paris 2024 Olympic Games - Results Book (2024)*
date 05-Aug-24	time	6.45	11.57	16.75	22.00	27.37	32.89	38.66	44.77	44.77	3 / 1							
reaction time 0.158	interval		5.12	5.18	5.25	5.37	5.52	5.77	6.11		# of strides	11.57	10.43	10.89	11.88	22.00	22.77	0.77
	velocity	7.75	9.77	9.65	9.52	9.31	9.06	8.67	8.18	8.93	174.0	8.64	9.59	9.18	8.42	9.09	8.78	
Heat 2 - 2024 Olympic Games (Paris, FRA)																	*Paris 2024 Olympic Games - Results Book (2024)*
date 04-Aug-24	time	6.25	11.13	16.05	21.08	26.43	32.08	38.14	44.66	44.66	8 / 4							
reaction time 0.171	interval		4.88	4.92	5.03	5.35	5.65	6.06	6.52		# of strides	11.13	9.95	11.00	12.58	21.08	23.58	2.50
	velocity	8.00	10.25	10.16	9.94	9.35	8.85	8.25	7.67	8.96	176.0	8.98	10.05	9.09	7.95	9.49	8.48	

FINAL - 2024 Seashore Doha Meeting (Doha, QAT) *Omega Timing (2024) - diamond league race analysis*

date	10-May-24	time	6.34	11.45	16.73	22.14	27.67	33.46	39.33	45.47	45.57	1 / 5						
reaction time	0.144	interval		5.11	5.28	5.41	5.53	5.79	5.87	6.14	PB	# of strides	11.45	10.69	11.32	12.01	22.14	23.33	1.19
		velocity	7.89	9.78	9.47	9.24	9.04	8.64	8.52	8.14	8.78		8.73	9.35	8.83	8.33	9.03	8.57	

FINAL - 2021 Doha Diamond League (Doha, QAT) *Omega Timing (2021) - diamond league race analysis*

date	28-May-21	time	6.2	11.1	16.3	21.8	27.4	33.4	39.8	46.10	46.10	1 / 7						
reaction time	0.142	interval		4.90	5.20	5.50	5.60	6.00	6.40	6.30		# of strides	11.10	10.70	11.60	12.70	21.80	24.30	2.50
		velocity	8.06	10.20	9.62	9.09	8.93	8.33	7.81	7.94	8.68		9.01	9.35	8.62	7.87	9.17	8.23	

Yamada, Atsushi (JPN) (1991)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2017 All Japan Corporate Championships (Osaka, JPN)																	*(2017) - tfdata-store.com/2017/10/05/post-1097/*
date 24-Sep-17	time	11.28		22.06		33.73		46.93	46.93	4 / 2							
reaction time 0.145	interval			10.78		11.67		13.20	=PB	# of strides	11.28	10.78	11.67	13.20	22.06	24.87	2.81
	velocity	8.87		9.28		8.57		7.58	8.52	188.0	8.87	9.28	8.57	7.58	9.07	8.04	

Yamade, Masaki (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Division 2 Semi-Final 2 - 2017 Kanto Collegiate Championships (Yokohama, JPN)																	*(2017) - tfdata-store.com/2017/06/02/post-835/*
date 26-May-17	time	11.68		22.64		35.21		49.53	49.53	8 / 8							
reaction time	interval			10.96		12.57		14.32		# of strides	11.68	10.96	12.57	14.32	22.64	26.89	4.25
	velocity	8.56		9.12		7.96		6.98	8.08	173.2	8.56	9.12	7.96	6.98	8.83	7.44	

Yamada, Reo (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
U18 FINAL - 2019 Japanese National U18/U20 Championships (Hiroshima, JPN) (300m)																	*Kijima (2019) - research on athlete performance and technique- 2019 data book*
date 18-Oct-19	time	11.69		22.96		35.28			35.28	8 / 7							***100m-300m***
reaction time 0.204	interval			11.27		12.32				# of strides	11.69	11.27	12.32		22.96		*23.59*
	velocity	8.55		8.87		8.12			8.50		8.55	8.87	8.12		8.71		*8.48*

Yamaki, Kakeru (JPN) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B Final - 2021 Denka Athletics Challenge Cup (Niigata, JPN)																	*Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition*
date 06-Jun-21	time	6.20	11.19	16.25	21.53	27.03	32.84	38.94	45.69	45.69	9 / 1							
reaction time	interval		4.99	5.06	5.28	5.50	5.81	6.10	6.75	PB	# of strides	11.19	10.34	11.31	12.85	21.53	24.16	2.63
	velocity	8.06	10.02	9.88	9.47	9.09	8.61	8.20	7.41	8.75	195.0	8.94	9.67	8.84	7.78	9.29	8.28	

Heat 2 - 2017 National Sports Festival (Matsuyama, JPN) *(2017) - tfdata-store.com/2017/10/12/post-1100/*

date	08-Oct-17	time		11.41		22.21		34.14		47.72	47.72	6 / 5						
reaction time	0.155	interval				10.80		11.93		13.58		# of strides	11.41	10.80	11.93	13.58	22.21	25.51	3.30
		velocity		8.76		9.26		8.38		7.36	8.38	185.0	8.76	9.26	8.38	7.36	9.00	7.84	

Division 1 FINAL - 2017 Kanto Collegiate Championships (Yokohama, JPN) *(2017) - tfdata-store.com/2017/06/01/post-786/*

date	26-May-17	time		11.33		22.16		33.79		46.92	46.92	6 / 3						
reaction time		interval				10.83		11.63		13.13		# of strides	11.33	10.83	11.63	13.13	22.16	24.76	2.60
		velocity		8.83		9.23		8.60		7.62	8.53	204.2	8.83	9.23	8.60	7.62	9.03	8.08	

Division 1 Semi-Final 1 - 2017 Kanto Collegiate Championships (Yokohama, JPN) *(2017) - tfdata-store.com/2017/06/02/post-835/*

date	26-May-17	time		11.45		22.22		33.96		47.18	47.18	7 / 1						
reaction time		interval				10.77		11.74		13.22		# of strides	11.45	10.77	11.74	13.22	22.22	24.96	2.74
		velocity		8.73		9.29		8.52		7.56	8.48	204.5	8.73	9.29	8.52	7.56	9.00	8.01	

FINAL - 2016 National Sports Festival (Kitakami, JPN) *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	09-Oct-16	time	6.52	11.76	17.30	23.08	29.06	35.10	41.27	47.80	47.80	2 / 8						
reaction time	0.173	interval		5.24	5.54	5.78	5.98	6.04	6.17	6.53		# of strides	11.76	11.32	12.02	12.70	23.08	24.72	1.64
		velocity	7.67	9.54	9.03	8.65	8.36	8.28	8.10	7.66	8.37		8.50	8.83	8.32	7.87	8.67	8.09	

FINAL - 2011 Japanese National High School Championships (Kitamaki, JPN) *Abe (2011) - 64th high school championships: JAF scientific committee - biomechanics*

date	04-Aug-11	time		11.77		23.07		34.99		47.79	47.79	4 / 2						
reaction time		interval				11.30		11.92		12.80		# of strides	11.77	11.30	11.92	12.80	23.07	24.72	1.65
		velocity		8.50		8.85		8.39		7.81	8.37		8.50	8.85	8.39	7.81	8.67	8.09	

Yamamoto, Daisuke (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2011 Japanese National High School Championships (Kitakami, JPN)																	*Abe (2011) - 64th high school championships: JAF scientific committee - biomechanics*
date 04-Aug-11	time	11.68		22.85		34.45		47.48	47.48	5 / 1							
reaction time	interval			11.17		11.60		13.03		# of strides	11.68	11.17	11.60	13.03	22.85	24.63	1.78
	velocity	8.56		8.95		8.62		7.67	8.42		8.56	8.95	8.62	7.67	8.75	8.12	

Yamamoto, Reishin (JPN) (2004)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 Japanese U18 National Championships (Matsuyama, JPN) (300m)																	*Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition*
date 23-Oct-21	time	6.23	11.30	16.53	21.90	27.56	33.68			33.68	6 / 3							
reaction time 0.180	interval		5.07	5.23	5.37	5.66	6.12				# of strides	11.30	10.60	11.78		21.90		
	velocity	8.03	9.86	9.56	9.31	8.83	8.17			8.91	129.2	8.85	9.43	8.49		9.13		

Yamamoto, Satoshi (JPN) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2014 Japanese National High School Championships (Kofu, JPN)																	*Yanagiya (2014) - research on athlete performance and technique- 2014 data book*
date 30-Jul-14	time	6.48	11.55	16.65	21.94	27.38	33.34	39.83	46.61	46.61	/ 2							
reaction time	interval		5.07	5.10	5.29	5.44	5.96	6.49	6.78		# of strides	11.55	10.39	11.40	13.27	21.94	24.67	2.73
	velocity	7.72	9.86	9.80	9.45	9.19	8.39	7.70	7.37	8.58		8.66	9.62	8.77	7.54	9.12	8.11	

Yamamoto, Yoshihiro (JPN) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2015 Japanese National Junior Championships (Nagoya, JPN)																	*Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*
date 16-Oct-15	time	6.38	11.54	16.77	22.36	28.16	34.25	40.63	47.46	47.46	/ 4							
reaction time	interval		5.16	5.23	5.59	5.80	6.09	6.38	6.83		# of strides	11.54	10.82	11.89	13.21	22.36	25.10	2.74
	velocity	7.84	9.69	9.56	8.94	8.62	8.21	7.84	7.32	8.43		8.67	9.24	8.41	7.57	8.94	7.97	

Yamane, Kota (JPN)

50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Division 2 Semi-Final 2 - 2017 Kanto Collegiate Championships (Yokohama, JPN) *(2017) - tfdata-store.com/2017/06/02/post-835/*

date	26-May-17	time	12.05	23.30	35.46	49.22	49.22	3 / 6								
reaction time		interval		11.25	12.16	13.76		# of strides	12.05	11.25	12.16	13.76	23.30	25.92	2.62	
		velocity	8.30	8.89	8.22	7.27	8.13	190.7	8.30	8.89	8.22	7.27	8.58	7.72		

Yamane, Yusuke (JPN) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 Shimane High School Championships (Izumo, JPN)											*Shimizu (2021) - shimane high school championships 2021 - biomechanics data analysis*						
date 28-May-21	time	12.05		23.38		35.76		50.00	50.00	3 / 2							
reaction time	interval			11.33		12.38		14.24		# of strides	12.05	11.33	12.38	14.24	23.38	26.62	3.24
	velocity	8.30		8.83		8.08		7.02	8.00		8.30	8.83	8.08	7.02	8.55	7.51	
FINAL - 2020 Shimane High School Championships (Izumo, JPN)											*Shimizu (2020) - shimane high school championships 2020 - biomechanics data analysis*						
date 11-Jul-20	time	11.91		24.00		37.41		51.85	51.85	8 / 4							
reaction time	interval			12.09		13.41		14.44		# of strides	11.91	12.09	13.41	14.44	24.00	27.85	3.85
	velocity	8.40		8.27		7.46		6.93	7.71		8.40	8.27	7.46	6.93	8.33	7.18	

Yamami, Yusho (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2025 Shimane High School Championships (Izumo, JPN)											*Shimizu (2024) - shimane high school championships 2024 - biomechanics data analysis*						
date 30-May-25	time	13.38		24.63		37.67		51.90	51.90	3 / 8							
reaction time	interval			11.25		13.04		14.23		# of strides	13.38	11.25	13.04	14.23	24.63	27.27	2.64
	velocity	7.47		8.89		7.67		7.03	7.71		7.47	8.89	7.67	7.03	8.12	7.33	

Yamano, Haruki (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 Japanese National High School Championsips (Sapporo, JPN)											*Takashima (2023) - national high school sports festival - biomechanics data*						
date 02-Aug-23	time	11.63		22.81		34.85		47.75	47.75	2 / 5							
reaction time 0.246	interval			11.18		12.04		12.90		# of strides	11.63	11.18	12.04	12.90	22.81	24.94	2.13
	velocity	8.60		8.94		8.31		7.75	8.38		8.60	8.94	8.31	7.75	8.77	8.02	

Yamao, Yuto (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2025 Shimane High School Championships (Izumo, JPN)											*Shimizu (2024) - shimane high school championships 2024 - biomechanics data analysis*						
date 30-May-25	time	12.95		24.33		37.44		51.36	51.36	2 / 7							
reaction time	interval			11.38		13.11		13.92		# of strides	12.95	11.38	13.11	13.92	24.33	27.03	2.70
	velocity	7.72		8.79		7.63		7.18	7.79		7.72	8.79	7.63	7.18	8.22	7.40	

Yamasaki, Nenji (JPN) (2000)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2018 Japanese National Junior (U20) Championships (Nagano, JPN)											*Ryutaro (2018) - research on athlete performance and technique- 2018 data book*						
date 19-Oct-18	time	6.35	11.51	16.93	22.70	28.70	34.96	41.35	48.00	48.00	8 / 7						
reaction time 0.180	interval		5.16	5.42	5.77	6.00	6.26	6.39	6.65		# of strides	11.51	11.19	12.26	13.04	22.70	25.30	2.60
	velocity	7.87	9.69	9.23	8.67	8.33	7.99	7.82	7.52	8.33	190.0	8.69	8.94	8.16	7.67	8.81	7.91	

Yamazaki, Hiroki (JPN) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Division 2 FINAL - 2017 Kanto Collegiate Championships (Yokohama, JPN)											*(2017) - tfdata-store.com/2017/06/01/post-786/*						
date 26-May-17	time	11.98		23.03		34.73		48.06	48.06	9 / 4							
reaction time	interval			11.05		11.70		13.33		# of strides	11.98	11.05	11.70	13.33	23.03	25.03	2.00
	velocity	8.35		9.05		8.55		7.50	8.32	182.0	8.35	9.05	8.55	7.50	8.68	7.99	
Division 2 Semi-Final 2 - 2017 Kanto Collegiate Championships (Yokohama, JPN)											*(2017) - tfdata-store.com/2017/06/02/post-835/*						
date 26-May-17	time	12.12		23.47		35.14		47.96	47.96	2 / 3							
reaction time	interval			11.35		11.67		12.82		# of strides	12.12	11.35	11.67	12.82	23.47	24.49	1.02
	velocity	8.25		8.81		8.57		7.80	8.34	181.0	8.25	8.81	8.57	7.80	8.52	8.17	

Yamazaki, Kengo (JPN) (1992)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2017 All Japan Corporate Championships (Osaka, JPN)											*(2017) - tfdata-store.com/2017/10/05/post-1097/*						
date 24-Sep-17	time	11.78		22.71		34.60		47.60	47.60	2 / 7							
reaction time 0.153	interval			10.93		11.89		13.00		# of strides	11.78	10.93	11.89	13.00	22.71	24.89	2.18
	velocity	8.49		9.15		8.41		7.69	8.40	189.0	8.49	9.15	8.41	7.69	8.81	8.04	
FINAL - 2010 Japanese National High School Championships (Okinawa, JPN)											*Matsuo (2010) - 63rd high school championships: JAF scientific committee- biomechanics data*						
date 29-Jul-10	time	6.59	11.92	17.37	22.97	28.69	34.63	40.97	47.79	47.79	/ 1						
reaction time	interval		5.33	5.45	5.60	5.72	5.94	6.34	6.82		# of strides	11.92	11.05	11.66	13.16	22.97	24.82	1.85
	velocity	7.59	9.38	9.17	8.93	8.74	8.42	7.89	7.33	8.37		8.39	9.05	8.58	7.60	8.71	8.06	
FINAL - 2009 Japanese National High School Championships (Nara, JPN)											*Matsuo (2009) - 62nd high school championships: JAF scientific committee- biomechanics*						
date 29-Jul-09	time	11.63		23.02		34.57		46.83	46.83	5 / 1							
reaction time	interval			11.39		11.55		12.26		# of strides	11.63	11.39	11.55	12.26	23.02	23.81	0.79
	velocity	8.60		8.78		8.66		8.16	8.54		8.60	8.78	8.66	8.16	8.69	8.40	

Yamazaki, Norihiro (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2018 Japanese National High School Championships (Nagoya, JPN)											*Kota (2018) - 71st high school championships: JAF scientific committee - biomechanics data collection*						
date 02-Aug-18	time	6.36	11.57	16.98	22.57	28.43	34.75	41.17	47.68	47.68	5 / 4						
reaction time	interval		5.21	5.41	5.59	5.86	6.32	6.42	6.51	PB	# of strides	11.57	11.00	12.18	12.93	22.57	25.11	2.54
	velocity	7.86	9.60	9.24	8.94	8.53	7.91	7.79	7.68	8.39		8.64	9.09	8.21	7.73	8.86	7.96	

Yanagisawa, Junki (JPN) (1991)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2008 Japanese National High School Championships (Kumagaya, JPN)											*Abe (2008) - 61st high school championships: JAF scientific committee- biomechanics data*						
date 29-Jul-08	time	6.76	12.30	18.00	23.67	29.51	35.53	41.67	48.07	48.07	/ 3						
reaction time	interval		5.54	5.70	5.67	5.84	6.02	6.14	6.40		# of strides	12.30	11.37	11.86	12.54	23.67	24.40	0.73
	velocity	7.40	9.03	8.77	8.82	8.56	8.31	8.14	7.81	8.32		8.13	8.80	8.43	7.97	8.45	8.20	

Yang Lei (CHN) (1995)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 Chinese National Grand Prix 4 (Chongqing, CHN)											*Shandong Athletics Sport Science (2023)*						
date 02-Jun-23	time	11.51		22.05		33.80	40.01	46.98	46.98	5 / 5							
reaction time 0.206	interval			10.54		11.75	6.21	6.97		# of strides	11.51	10.54	11.75	13.18	22.05	24.93	2.88
	velocity	8.69		9.49		8.51	8.05	7.17	8.51	179.0	8.69	9.49	8.51	7.59	9.07	8.02	

Yang Wang (CHN) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2023 Chinese National Championships (Quzhou, CHN)																	*Shandong Athletics Sport Science (2023)*
date 22-Jul-23	time	11.33		22.10		33.80	40.03	46.58	46.58	3 / 3							
reaction time 0.198	interval			10.77		11.70	6.23	6.55		# of strides	11.33	10.77	11.70	12.78	22.10	24.48	2.38
	velocity	8.83		9.29		8.55	8.03	7.63	8.59	186.2	8.83	9.29	8.55	7.82	9.05	8.17	
Semi-Final 1 - 2023 Chinese National Championships (Quzhou, CHN)																	*Shandong Athletics Sport Science (2023)*
date 21-Jul-23	time	11.25		21.67		33.47	39.79	46.47	46.47	7 / 3							
reaction time 0.165	interval			10.42		11.80	6.32	6.68	PB	# of strides	11.25	10.42	11.80	13.00	21.67	24.80	3.13
	velocity	8.89		9.60		8.47	7.91	7.49	8.61	186.0	8.89	9.60	8.47	7.69	9.23	8.06	
FINAL - 2023 Chinese World Championship & Asian Games Trials (Shenyang, CHN)																	*Shandong Athletics Sport Science (2023)*
date 28-Jun-23	time	11.43		22.00		33.77	40.06	46.92	46.92	3 / 4							
reaction time 0.210	interval			10.57		11.77	6.29	6.86		# of strides	11.43	10.57	11.77	13.15	22.00	24.92	2.92
	velocity	8.75		9.46		8.50	7.95	7.29	8.53	187.0	8.75	9.46	8.50	7.60	9.09	8.03	
Heat 5 - 2023 Chinese National Grand Prix 4 (Chongqing, CHN)																	*Shandong Athletics Sport Science (2023)*
date 02-Jun-23	time	11.40		22.17		34.07	40.44	47.42	47.42	4 / 1							
reaction time	interval			10.77		11.90	6.37	6.98		# of strides	11.40	10.77	11.90	13.35	22.17	25.25	3.08
	velocity	8.77		9.29		8.40	7.85	7.16	8.44	188.0	8.77	9.29	8.40	7.49	9.02	7.92	

Yano, Takuto (JPN) (1994)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 1 - 2017 National Sports Festival (Matsuyama, JPN)																	*(2017) - tfdata-store.com/2017/10/12/post-1100/*
date 08-Oct-17	time	11.43		22.45		34.85		48.41	48.41	2 / 5							
reaction time 0.166	interval			11.02		12.40		13.56		# of strides	11.43	11.02	12.40	13.56	22.45	25.96	3.51
	velocity	8.75		9.07		8.06		7.37	8.26	192.0	8.75	9.07	8.06	7.37	8.91	7.70	
FINAL - 2015 National Sports Festival (Wakayama, JPN)																	*Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*
date 04-Oct-15	time	6.44	11.65	17.15	22.95	28.87	34.92	41.14	47.68	47.68	/ 6							
reaction time	interval		5.21	5.50	5.80	5.92	6.05	6.22	6.54		# of strides	11.65	11.30	11.97	12.76	22.95	24.73	1.78
	velocity	7.76	9.60	9.09	8.62	8.45	8.26	8.04	7.65	8.39		8.58	8.85	8.35	7.84	8.71	8.09	

Yaseen, Taha Hussein (IRQ) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
West Asian GP - 2025 Jetour Doha Meeting (Doha, QAT)																	*Omega Timing (2025) - diamond league race analysis*
date 16-May-25	time	6.17	11.44	16.78	22.48	28.35	34.39	40.41	46.97	46.97	7 / 2							
reaction time 0.222	interval		5.27	5.34	5.70	5.87	6.04	6.02	6.56		# of strides	11.44	11.04	11.91	12.58	22.48	24.49	2.01
	velocity	8.10	9.49	9.36	8.77	8.52	8.28	8.31	7.62	8.52		8.74	9.06	8.40	7.95	8.90	8.17	

Yasui, Kazuki (JPN) (1990)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2012 Japanese National Championships (Osaka, JPN)																	*Maho (2013) - race analysis of the men's 400m run in competition*
date 09-Jun-12	time	6.47	11.74	17.08	22.67	28.30	34.20	40.42	47.13	47.13	3 / 7							
reaction time	interval		5.27	5.34	5.59	5.63	5.90	6.22	6.71		# of strides	11.74	10.93	11.53	12.93	22.67	24.46	1.79
	velocity	7.73	9.49	9.36	8.94	8.88	8.47	8.04	7.45	8.49	173.0	8.52	9.15	8.67	7.73	8.82	8.18	

Yirga, Nahom (SUI) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
B Race - 2024 Athletissima (Lausanne, SUI)																	*Omega Timing (2024) - diamond league race analysis*
date 22-Aug-24	time	6.34	11.59	17.00	22.64	28.58	34.79	41.29	48.24	48.24	2 / 5							
reaction time 0.148	interval		5.25	5.41	5.64	5.94	6.21	6.50	6.95		# of strides	11.59	11.05	12.15	13.45	22.64	25.60	2.96
	velocity	7.89	9.52	9.24	8.87	8.42	8.05	7.69	7.19	8.29		8.63	9.05	8.23	7.43	8.83	7.81	

Yoshida, Tatsuya (JPN) (1999)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2018 Japanese National Junior (U20) Championships (Nagano, JPN)																	*Ryutaro (2018) - research on athlete performance and technique- 2018 data book*
date 19-Oct-18	time	6.45	11.58	16.88	22.35	28.12	34.17	40.60	47.85	47.85	7 / 4							
reaction time 0.190	interval		5.13	5.30	5.47	5.77	6.05	6.43	7.25		# of strides	11.58	10.77	11.82	13.68	22.35	25.50	3.15
	velocity	7.75	9.75	9.43	9.14	8.67	8.26	7.78	6.90	8.36	181.2	8.64	9.29	8.46	7.31	8.95	7.84	

Yoshida, Yuto (JPN) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Division 2 Semi-Final 1 - 2017 Kanto Collegiate Championships (Yokohama, JPN)																	*(2017) - tfdata-store.com/2017/06/02/post-835/*
date 26-May-17	time		11.92		23.33		35.41		48.50	48.50	2 / 6							
reaction time	interval				11.41		12.08		13.09		# of strides	11.92	11.41	12.08	13.09	23.33	25.17	1.84
	velocity		8.39		8.76		8.28		7.64	8.25	192.2	8.39	8.76	8.28	7.64	8.57	7.95	

Yoshikawa, Ryo (JPN) (2001)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2019 Japanese National High School Championships (Okinawa, JPN)																	*Kota (2019) - 72nd high school championships: JAF scientific committee - biomechanics data collection*
date 04-Aug-19	time	6.61	11.92	17.19	22.57	28.25	34.21	40.35	46.87	46.87	7 / 2							
reaction time	interval		5.31	5.27	5.38	5.68	5.96	6.14	6.52	PB	# of strides	11.92	10.65	11.64	12.66	22.57	24.30	1.73
	velocity	7.56	9.42	9.49	9.29	8.80	8.39	8.14	7.67	8.53		8.39	9.39	8.59	7.90	8.86	8.23	
FINAL - 2018 Japanese National Youth (U18) Championships (Nagano, JPN)																	*Ryutaro (2018) - research on athlete performance and technique- 2018 data book*
date 19-Oct-18	time	6.66	12.01	17.48	23.19	29.08	35.06	41.16	47.59	47.59	7 / 1							
reaction time 0.187	interval		5.35	5.47	5.71	5.89	5.98	6.10	6.43		# of strides	12.01	11.18	11.87	12.53	23.19	24.40	1.21
	velocity	7.51	9.35	9.14	8.76	8.49	8.36	8.20	7.78	8.41	192.0	8.33	8.94	8.42	7.98	8.62	8.20	

Yoshiki, Tsubasa (JPN) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2021 Japanese U20 National Championships (Osaka, JPN)																	*Yamanaka (2021) - race analysis of men's and women's 400m and 300m races in 2021 competition*
date 25-Jun-21	time	6.22	11.27	16.45	21.86	27.36	33.18	39.58	46.58	46.58	6 / 1							
reaction time 0.172	interval		5.05	5.18	5.41	5.50	5.82	6.40	7.00	PB	# of strides	11.27	10.59	11.32	13.40	21.86	24.72	2.86
	velocity	8.04	9.90	9.65	9.24	9.09	8.59	7.81	7.14	8.59	207.0	8.87	9.44	8.83	7.46	9.15	8.09	
A FINAL - 2020 Japanese High School National Championships (Hiroshima, JPN)																	*Kobayashi (2002) - national high school and U20 national championhsips*
date 23-Oct-20	time	6.44	11.63	17.00	22.56	28.38	34.49	40.92	47.70	47.70	1 / 5							
reaction time 0.167	interval		5.19	5.37	5.56	5.82	6.11	6.43	6.78		# of strides	11.63	10.93	11.93	13.21	22.56	25.14	2.58
	velocity	7.76	9.63	9.31	8.99	8.59	8.18	7.78	7.37	8.39	207.1	8.60	9.15	8.38	7.57	8.87	7.96	
Heat 5 - 2020 Japanese High School National Championships (Hiroshima, JPN)																	*Kobayashi (2002) - national high school and U20 national championhsips*

date	23-Oct-20	time	6.48	11.72	17.07	22.58	28.28	34.34	40.91	47.94	47.94	3 / 2							
reaction time	0.174	interval		5.24	5.35	5.51	5.70	6.06	6.57	7.03		# of strides	11.72	10.86	11.76	13.60	22.58	25.36	2.78
		velocity	7.72	9.54	9.35	9.07	8.77	8.25	7.61	7.11	8.34	209.5	8.53	9.21	8.50	7.35	8.86	7.89	

Yoshimura, Kengo (JPN) (1991)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2009 Japanese National High School Championships (Nara, JPN) — *Matsuo (2009) - 62nd high school championships: JAF scientific committee- biomechanics*

date	29-Jul-09	time		11.72		23.67		35.99		48.82	48.82	8 / 7							
reaction time		interval				11.95		12.32		12.83		# of strides	11.72	11.95	12.32	12.83	23.67	25.15	1.48
		velocity		8.53		8.37		8.12		7.79	8.19		8.53	8.37	8.12	7.79	8.45	7.95	

Yoshimura, Kento (JPN) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2017 Kansai Regional University Championships (Osaka, JPN) — *(2017) - tfdata-store.com/2017/05/13/post-441/*

date	11-May-17	time		11.49				33.73		47.20	47.20	8 / 4							
reaction time		interval						22.24		13.47		# of strides	11.49			13.47			
		velocity		8.70				8.99		7.42	8.47	189.2	8.70			7.42			

Yoshioka, Fumiya (JPN) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2015 Japanese National Junior Championships (Nagoya, JPN) — *Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*

date	16-Oct-15	time	6.49	11.78	17.32	23.09	28.99	35.19	41.66	48.93	48.93	/ 8							
reaction time		interval		5.29	5.54	5.77	5.90	6.20	6.47	7.27		# of strides	11.78	11.31	12.10	13.74	23.09	25.84	2.75
		velocity	7.70	9.45	9.03	8.67	8.47	8.06	7.73	6.88	8.17		8.49	8.84	8.26	7.28	8.66	7.74	

Yoshitsu, Takao (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2016 Japanese National Junior Championships (Mizuho, JPN) — *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	21-Oct-16	time	6.59	12.17	17.82	23.59	29.55	35.68	42.02	48.92	48.92	1 / 8							
reaction time		interval		5.58	5.65	5.77	5.96	6.13	6.34	6.90		# of strides	12.17	11.42	12.09	13.24	23.59	25.33	1.74
		velocity	7.59	8.96	8.85	8.67	8.39	8.16	7.89	7.25	8.18		8.22	8.76	8.27	7.55	8.48	7.90	

Yoshizu, Takuho (JPN) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2021 All Japan Corporate Championships (Osaka, JPN) — *@ohnishigundan (2021) - https://twitter.com/ohnishigundan/status/1441633743874117633*

date	25-Sep-21	time		11.58		22.49		33.78		46.18	46.29	5 / 4							
reaction time	0.204	interval				10.91		11.29		12.40		# of strides	11.58	10.91	11.29	12.40	22.49	23.69	1.20
		velocity		8.64		9.17		8.86		8.06	8.64		8.64	9.17	8.86	8.06	8.89	8.44	

Heat 3 - 2021 All Japan Corporate Championships (Osaka, JPN) — *@ohnishigundan (2021) - https://twitter.com/ohnishigundan/status/1441633743874117633*

date	25-Sep-21	time		11.28		22.31		34.13		46.84	46.99	8 / 2							
reaction time	0.200	interval				11.03		11.82		12.71		# of strides	11.28	11.03	11.82	12.71	22.31	24.53	2.22
		velocity		8.87		9.07		8.46		7.87	8.51		8.87	9.07	8.46	7.87	8.96	8.15	

FINAL - 2020 Japanese National Championships (Niigata, JPN) — *Yamanaka (2020) - 400m race analysis of men and women during 2020 season*

date	02-Oct-20	time	6.33	11.51	16.83	22.36	28.00	33.81	39.86	46.57	46.57	5 / 4							
reaction time	0.171	interval		5.18	5.32	5.53	5.64	5.81	6.05	6.71	PB	# of strides	11.51	10.85	11.45	12.76	22.36	24.21	1.85
		velocity	7.90	9.65	9.40	9.04	8.87	8.61	8.26	7.45	8.59	176.0	8.69	9.22	8.73	7.84	8.94	8.26	

Young, Brodie (GBR) (2003)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2025 European Athletics U23 Championships (Bergen, NOR) — *European Athletics (2025) - 2025 european athletics U23 championships- results book*

date	19-Jul-25	time	6.15	11.13	16.22	21.54	27.01	32.76	38.79	45.34	45.34	6 / 3							
reaction time	0.144	interval		4.98	5.09	5.32	5.47	5.75	6.03	6.55	PB	# of strides	11.13	10.41	11.22	12.58	21.54	23.80	2.26
		velocity	8.13	10.04	9.82	9.40	9.14	8.70	8.29	7.63	8.82	183.7	8.98	9.61	8.91	7.95	9.29	8.40	

Semi-Final 1 - 2025 European Athletics U23 Championships (Bergen, NOR) — *European Athletics (2025) - 2025 european athletics U23 championships- results book*

date	18-Jul-25	time	6.23	11.28	16.37	21.73	27.28	33.07	39.05	45.52	45.52	7 / 2							
reaction time	0.167	interval		5.05	5.09	5.36	5.55	5.79	5.98	6.47	PB	# of strides	11.28	10.45	11.34	12.45	21.73	23.79	2.06
		velocity	8.03	9.90	9.82	9.33	9.01	8.64	8.36	7.73	8.79		8.87	9.57	8.82	8.03	9.20	8.41	

Semi-Final 1 - 2021 European Athletics U20 Championships (Tallin, EST) — *European Athletics (2021) - european athletics U20 championships results book*

date	15-Jul-21	time		12.13		23.70		35.93		48.37	48.37	7 / 6							
reaction time	0.159	interval				11.57		12.23		12.44		# of strides	12.13	11.57	12.23	12.44	23.70	24.67	0.97
		velocity		8.24		8.64		8.18		8.04	8.27		8.24	8.64	8.18	8.04	8.44	8.11	

Young, Earl (USA) (1941)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 1960 Olympic Games (Rome, ITA) — *Martini (2010) - Ricordi romani (1) - analisi dell distribuzione dello sforzo di Otis Davis*

date	06-Sep-60	time				22.0		33.1		45.9	45.9	2 / 6							
reaction time		interval						11.10		12.80	*(46.07)*	# of strides			11.10	12.80	22.00	23.90	1.90
		velocity				9.09		9.01		7.81	8.71				9.01	7.81	9.09	8.37	

Semi-Final 2 - 1960 NCAA Championships (Berkeley, CA) — *Nelson (1960) - NCAA championships- Kansas upset USC*

date	17-Jun-60	time				24.0				47.9	47.9	/ 5							
reaction time		interval								23.9		# of strides					24.00	23.90	-0.10
		velocity				8.33				8.37	8.35						8.33	8.37	

Young, Jerome (USA) (1976)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

FINAL - 2003 IAAF World Championships (Paris, FRA) — *Bonvin (2003) - Compte-rendu 400m et relais 4x 400m*

date	26-Aug-03	time				21.4		32.3		44.50	44.50	6 / ~~4~~							
reaction time	0.160	interval						10.90		12.20	DV	# of strides			10.90	12.20	21.40	23.10	1.70
		velocity				9.35		9.17		8.20	8.99				9.17	8.20	9.35	8.66	

FINAL - 2003 USATF National Championships (Palo Alto, CA) — *USATF Women's Sprint Development (2003)*

date	21-Jun-03	time				21.67		32.59	38.42	44.79	44.79	6 / ~~3~~							
reaction time		interval						10.92	5.83	6.37	DV	# of strides			10.92	12.20	21.67	23.12	1.45
		velocity				9.23		9.16	8.58	7.85	8.93				9.16	8.20	9.23	8.65	

Semi-Final 1 - 2003 USATF National Championships (Palo Alto, CA) — *USATF Women's Sprint Development (2003)*

date	20-Jun-03	time				21.61		32.82	38.59	45.24	45.24	6 / ~~2~~							
reaction time		interval						11.21	5.77	6.65	DV	# of strides			11.21	12.42	21.61	23.63	2.02

WR=World Rec. AR=Area Rec. OR=Olympic Rec. CR=Championship Rec. NR=National Rec. PB=Personal Best DQ=Disqualified DV=Drug Violation

		velocity			9.25		8.92	8.67	7.52	8.84				8.92	8.05	9.25	8.46	

FINAL - 2000 ISTAF (Berlin, GER) — *Graubner (2009) - http://www.fgs.uni-halle.de*

date	01-Sep-00	time		11.36		22.04		33.06		45.69	45.69	/ ~~4~~						
reaction time		interval				10.68		11.02		12.63	DV	# of strides	11.36	10.68	11.02	12.63	22.04	23.65	1.61
		velocity		8.80		9.36		9.07		7.92	8.75		8.80	9.36	9.07	7.92	9.07	8.46	

FINAL - 2000 USA Olympic Trials (Sacramento, CA) — *Hymans (2008) - history of the US olympic trials - track and field*

date	19-Jul-00	time		11.4		21.7		32.4		44.7	44.70	1 / ~~4~~						
reaction time		interval				10.30		10.70		12.30	DV	# of strides	11.40	10.30	10.70	12.30	21.70	23.00	1.30
		velocity		8.77		9.71		9.35		8.13	8.95		8.77	9.71	9.35	8.13	9.22	8.70	

FINAL - 1999 IAAF World Championships (Sevilla, ESP) — *Ferro (2001) - biomechanical analysis of the 7th world championships, seville 1999*

date	26-Aug-99	time	6.15	11.16	16.16	21.33	26.59	31.95	37.77	44.36	44.36	6 / ~~4~~						
reaction time	0.171	interval		5.01	5.00	5.17	5.26	5.36	5.82	6.59	DV	# of strides	11.16	10.17	10.62	12.41	21.33	23.03	1.70
		velocity	8.13	9.98	10.00	9.67	9.51	9.33	8.59	7.59	9.02		8.96	9.83	9.42	8.06	9.38	8.68	

FINAL - 1999 USATF National Championship (Eugene, OR) — *Track Newsletter (1999) - USATF National Championships*

date	26-Jun-99	time				21.8				44.2	44.24	/ 1						
reaction time		interval								22.40		# of strides					21.80	22.40	0.60
		velocity				9.17				8.93	9.04						9.17	8.93	

FINAL - 1998 USATF National Championship (New Orleans, LA) — *Track Newsletter (1998) - USATF National Championships*

date	21-Jun-98	time				21.4		32.4		44.1	44.09	/ 1						
reaction time		interval						11.00		11.70	PB	# of strides			11.00	11.70	21.40	22.70	1.30
		velocity				9.35		9.09		8.55	9.07				9.09	8.55	9.35	8.81	

FINAL - 1997 IAAF World Championships (Athens, GRE) — *Ritzdorf (1997) - biomechanical research project at the VI th world championships in athletics, Athens 1997*

date	05-Aug-97	time	6.16	11.16	16.24	21.32	26.72	32.20	38.06	44.32	44.51	6 / 5						
reaction time	0.185	interval		5.00	5.08	5.08	5.40	5.48	5.86	6.26		# of strides	11.16	10.16	10.88	12.12	21.32	23.00	1.68
		velocity	8.12	10.00	9.84	9.84	9.26	9.12	8.53	7.99	8.99		8.96	9.84	9.19	8.25	9.38	8.70	

FINAL - 1997 USATF Championships (Indianapolis, IN) — *Track Newsletter (1997) - USATF National Championships*

date	14-Jun-97	time				22.2				44.8	44.83	/ 3						
reaction time		interval								22.60		# of strides					22.20	22.60	0.40
		velocity				9.01				8.85	8.92						9.01	8.85	

Semi-Final 2 - 1996 USA Olympic Trials (Atlanta, GA) — *USATF Women's Sprint Development (1996)*

date	17-Jun-96	time		11.60		21.66		33.46	39.29	45.57	45.57	8 / 7						
reaction time		interval				10.06		11.80	5.83	6.28		# of strides	11.60	10.06	11.80	12.11	21.66	23.91	2.25
		velocity		8.62		9.94		8.47	8.58	7.96	8.78		8.62	9.94	8.47	8.26	9.23	8.36	

Yousif, Rabah (GBR) (1986)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2023 Bauhaus Galan (Stockholm, SWE)																			*Omega Timing (2023) - diamond league race analysis*
date	02-Jul-23	time	6.56	11.87	17.30	22.90	28.82	35.10	41.67	48.89	48.89	7 / 7							
reaction time	0.164	interval		5.31	5.43	5.60	5.92	6.28	6.57	7.22		# of strides	11.87	11.03	12.20	13.79	22.90	25.99	3.09
		velocity	7.62	9.42	9.21	8.93	8.45	7.96	7.61	6.93	8.18		8.42	9.07	8.20	7.25	8.73	7.70	
B FINAL - 2022 Müller Birmingham Diamond League (Birmingham, GBR)																			*Omega Timing (2022) - diamond league race analysis*
date	21-May-22	time	6.3	11.4	16.6	22.1	28.0	34.2	40.6	47.62	47.62	9 / 7							
reaction time	0.180	interval		5.10	5.20	5.50	5.90	6.20	6.40	7.02		# of strides	11.40	10.70	12.10	13.42	22.10	25.52	3.42
		velocity	7.94	9.80	9.62	9.09	8.47	8.06	7.81	7.12	8.40	166.0	8.77	9.35	8.26	7.45	9.05	7.84	
FINAL - 2020 Bauhaus Galan (Stockholm, SWE)																			*Omega Timing (2020) - diamond league race analysis*
date	23-Aug-20	time	6.4	11.6	16.9	22.3	27.9	33.7	39.9	46.63	46.63	4 / 4							
reaction time	0.177	interval		5.20	5.30	5.40	5.60	5.80	6.20	6.73		# of strides	11.60	10.70	11.40	12.93	22.30	24.33	2.03
		velocity	7.81	9.62	9.43	9.26	8.93	8.62	8.06	7.43	8.58		8.62	9.35	8.77	7.73	8.97	8.22	
FINAL - 2019 The Match - Europe v USA (Minsk, BLR)																			*Omega Timing (2019) - diamond league race analysis*
date	09-Sep-19	time		11.42		21.89		33.48		46.76	46.76	6 / 6							
reaction time	0.166	interval				10.47		11.59		13.28		# of strides	11.42	10.47	11.59	13.28	21.89	24.87	2.98
		velocity		8.76		9.55		8.63		7.53	8.55	167.0	8.76	9.55	8.63	7.53	9.14	8.04	
FINAL - 2019 Müller Anniversary Games (London, GBR)																			*Omega Timing (2019) - diamond league race analysis*
date	21-Jul-19	time		11.3		21.7		32.9		45.52	45.52	9 / 8							
reaction time	0.121	interval				10.4		11.2		12.6		# of strides	11.30	10.40	11.20	12.62	21.70	23.82	2.12
		velocity		8.85		9.62		8.93		7.92	8.79	165.2	8.85	9.62	8.93	7.92	9.22	8.40	
FINAL - 2018 Müller Anniversary Games (London, GBR)																			*Omega Timing (2018) - diamond league race analysis*
date	21-Jul-18	time		11.3		21.9		33.3		46.07	46.07	1 / 9							
reaction time	0.153	interval				10.6		11.4		12.8		# of strides	11.30	10.60	11.40	12.77	21.90	24.17	2.27
		velocity		8.85		9.43		8.77		7.83	8.68		8.85	9.43	8.77	7.83	9.13	8.27	
FINAL - 2015 IAAF World Championships (Beijing, CHN)																			*Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*
date	26-Aug-15	time	6.28	11.35	16.47	21.74	27.21	32.80	38.64	44.68	44.68	3 / 6							
reaction time	0.134	interval		5.07	5.12	5.27	5.47	5.59	5.84	6.04		# of strides	11.35	10.39	11.06	11.88	21.74	22.94	1.20
		velocity	7.96	9.86	9.77	9.49	9.14	8.94	8.56	8.28	8.95		8.81	9.62	9.04	8.42	9.20	8.72	
Semi-Final 2 - 2015 IAAF World Championships (Beijing, CHN)																			*Yamamoto (2015) - race analysis of 15th World Championships 400m- focusing on men's semis and women's prelims*
date	24-Aug-15	time	6.18	11.32	16.45	21.75	27.14	32.68	38.51	44.54	44.54	4 / 3							
reaction time	0.142	interval		5.14	5.13	5.30	5.39	5.54	5.83	6.03	PB	# of strides	11.32	10.43	10.93	11.86	21.75	22.79	1.04
		velocity	8.09	9.73	9.75	9.43	9.28	9.03	8.58	8.29	8.98	162.5	8.83	9.59	9.15	8.43	9.20	8.78	

Yousif, Rabah (SUD) (1986)

Semi-Final 2 - 2009 IAAF World Championships (Berlin, GER)																			*Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*
date	19-Aug-09	time		11.33		21.80		33.07		45.63	45.63	7 / 6							

reaction time	0.175	interval		10.47	11.27	12.56		# of strides	11.33	10.47	11.27	12.56	21.80	23.83	2.03
		velocity	8.83	9.55	8.87	7.96	8.77	167.0	8.83	9.55	8.87	7.96	9.17	8.39	

Heat 1 - 2009 IAAF World Championships (Berlin, GER) *Graubner (2009) - biomechanical analyses at the 12th IAAF world championships*

date	18-Aug-09	time	11.25	21.66	32.89	45.55	45.55	4 / 3									
reaction time	0.143	interval		10.41	11.23	12.66	PB	# of strides	11.25	10.41	11.23	12.66	21.66	23.89	2.23
		velocity	8.89	9.61	8.90	7.90	8.78		8.89	9.61	8.90	7.90	9.23	8.37	

Yu, Satomi (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2017 Osaka University Athletics Championships (Osaka, JPN)																*(2017) - tfdata-store.com/2017/04/07/post-249/*	
date 06-Apr-17	time			23.02		35.47		49.30	49.30	2 / 8							
reaction time	interval					12.45		13.83		# of strides			12.45	13.83	23.02	26.28	3.26
	velocity			8.69		8.03		7.23	8.11				8.03	7.23	8.69	7.61	

Yui, Kaisei (JPN) (1996)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Heat 1 - 2016 Japanese National Championships (Nagoya, JPN)																*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*	
date 24-Jun-16	time	6.35	11.48	16.73	22.25	27.95	33.97	40.41	47.47	47.47	5 / 4							
reaction time 0.172	interval		5.13	5.25	5.52	5.70	6.02	6.44	7.06		# of strides	11.48	10.77	11.72	13.50	22.25	25.22	2.97
	velocity	7.87	9.75	9.52	9.06	8.77	8.31	7.76	7.08	8.43		8.71	9.29	8.53	7.41	8.99	7.93	
FINAL - 2016 Shizuoka International Meeting (Fukuroi, JPN)																*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*	
date 03-May-16	time	6.35	11.54	17.00	22.57	28.27	34.16	40.41	47.07	47.07	/ 3							
reaction time	interval		5.19	5.46	5.57	5.70	5.89	6.25	6.66		# of strides	11.54	11.03	11.59	12.91	22.57	24.50	1.93
	velocity	7.87	9.63	9.16	8.98	8.77	8.49	8.00	7.51	8.50		8.67	9.07	8.63	7.75	8.86	8.16	
Heat 2 - 2015 Japanese National Championships (Niigata, JPN)																*Kohei (2015) - 400m race analysis of male & female at major 2015 competitions*	
date 27-Jun-15	time	6.39	11.54	16.70	22.04	27.59	33.43	39.59	46.36	46.36	8 / 4							
reaction time 0.145	interval		5.15	5.16	5.34	5.55	5.84	6.16	6.77	PB	# of strides	11.54	10.50	11.39	12.93	22.04	24.32	2.28
	velocity	7.82	9.71	9.69	9.36	9.01	8.56	8.12	7.39	8.63	183.0	8.67	9.52	8.78	7.73	9.07	8.22	
FINAL - 2014 IAAF World Junior Championships (Eugene, OR)																*Maho (2014) - race analysis of men's 400m run in the 2014 season*	
date 24-Jul-14	time	6.33	11.54	16.85	22.48	28.34	34.29	40.44	47.08	47.08	2 / 7							
reaction time 0.150	interval		5.21	5.31	5.63	5.86	5.95	6.15	6.64		# of strides	11.54	10.94	11.81	12.79	22.48	24.60	2.12
	velocity	7.90	9.60	9.42	8.88	8.53	8.40	8.13	7.53	8.50		8.67	9.14	8.47	7.82	8.90	8.13	
Semi-Final 1 - 2014 IAAF World Junior Championships (Eugene, OR)																*Maho (2014) - race analysis of men's 400m run in the 2014 season*	
date 23-Jul-14	time	6.46	11.72	16.98	22.45	28.27	34.15	40.28	46.68	46.68	3 / 3							
reaction time 0.170	interval		5.26	5.26	5.47	5.82	5.88	6.13	6.40	PB	# of strides	11.72	10.73	11.70	12.53	22.45	24.23	1.78
	velocity	7.74	9.51	9.51	9.14	8.59	8.50	8.16	7.81	8.57		8.53	9.32	8.55	7.98	8.91	8.25	
FINAL - 2014 Shizuoka International Athletics Meeting (Fukuori, JPN)																*Maho (2014) - race analysis of men's 400m run in the 2014 season*	
date 03-May-14	time	6.33	11.54	16.72	22.07	27.71	33.60	39.88	46.78	46.78	/ 7							
reaction time	interval		5.21	5.18	5.35	5.64	5.89	6.28	6.90	PB	# of strides	11.54	10.53	11.53	13.18	22.07	24.71	2.64
	velocity	7.90	9.60	9.65	9.35	8.87	8.49	7.96	7.25	8.55		8.67	9.50	8.67	7.59	9.06	8.09	
FINAL - 2013 Japanese National High School Championships (Oita, JPN)																*Matsuo (2013) - 66th high school championships: JAF scientific committee- biomechanics data*	
date 30-Jul-13	time		11.58		22.63		34.13		46.79	46.79	7 / 2							
reaction time	interval				11.05		11.50		12.66		# of strides	11.58	11.05	11.50	12.66	22.63	24.16	1.53
	velocity		8.64		9.05		8.70		7.90	8.55		8.64	9.05	8.70	7.90	8.84	8.28	

Yukihiro, Koki (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2016 Japanese National Youth Championships (Mizuho, JPN)																*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*	
date 21-Oct-16	time	6.46	11.84	17.35	22.90	28.62	34.50	40.73	47.40	47.40	5 / 2							
reaction time	interval		5.38	5.51	5.55	5.72	5.88	6.23	6.67		# of strides	11.84	11.06	11.60	12.90	22.90	24.50	1.60
	velocity	7.74	9.29	9.07	9.01	8.74	8.50	8.03	7.50	8.44		8.45	9.04	8.62	7.75	8.73	8.16	
FINAL - 2016 Japanese National High School Championships (Okayama, JPN)																*Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*	
date 29-Jul-16	time	6.62	12.15	17.85	23.70	29.75	35.90	42.01	48.46	48.46	9 / 8							
reaction time 0.162	interval		5.53	5.70	5.85	6.05	6.15	6.11	6.45		# of strides	12.15	11.55	12.20	12.56	23.70	24.76	1.06
	velocity	7.55	9.04	8.77	8.55	8.26	8.13	8.18	7.75	8.25		8.23	8.66	8.20	7.96	8.44	8.08	

Yuzhen, Jingshan (JPN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2025 Shimane High School Championships (Izumo, JPN)																*Shimizu (2025) - shimane high school championships 2025 - biomechanics data analysis*	
date 30-May-25	time		12.25		23.67		36.31		50.20	50.20	5 / 1							
reaction time	interval				11.42		12.64		13.89		# of strides	12.25	11.42	12.64	13.89	23.67	26.53	2.86
	velocity		8.16		8.76		7.91		7.20	7.97		8.16	8.76	7.91	7.20	8.45	7.54	

Zachoval, Radek (CZE) (1978)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Semi-Final 1 - 2002 European Championships (Munich, GER)																*Graubner (2009) - http://www.fgs.uni-halle.de*	
date 07-Aug-02	time		11.52		22.13		33.55		46.24	46.24	/ 8							
reaction time 0.161	interval				10.61		11.42		12.69	PB	# of strides	11.52	10.61	11.42	12.69	22.13	24.11	1.98
	velocity		8.68		9.43		8.76		7.88	8.65		8.68	9.43	8.76	7.88	9.04	8.30	
Heat 1 - 2002 European Championships (Munich, GER)																*Graubner (2009) - http://www.fgs.uni-halle.de*	
date 06-Aug-02	time		11.84		22.54		33.81		46.25	46.25	/ 4							
reaction time 0.170	interval				10.70		11.27		12.44	PB	# of strides	11.84	10.70	11.27	12.44	22.54	23.71	1.17
	velocity		8.45		9.35		8.87		8.04	8.65		8.45	9.35	8.87	8.04	8.87	8.44	

Zakaria, Abdulmajid (QAT)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
National FINAL - 2019 Doha (Doha, QAT)																*Omega Timing (2019) - diamond league race analysis*	
date 03-May-19	time		12.5		24.5		37.7		51.44	51.44	1 / 5							
reaction time 0.164	interval				12.0		13.2		13.7		# of strides	12.50	12.00	13.20	13.74	24.50	26.94	2.44
	velocity		8.00		8.33		7.58		7.28	7.78		8.00	8.33	7.58	7.28	8.16	7.42	

Zalewski, Karol (POL) (1993)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Heat 1 - 2024 European Athletics Championships (Roma, ITA) — *European Athletics (2024) - 2024 european athletics championships - results book*

date	08-Jun-24	time	11.19		21.71		33.13		45.80	45.80	3 / 5						
reaction time	0.165	interval			10.52		11.42		12.67		# of strides	11.19	10.52	11.42	12.67	21.71	24.09	2.38
		velocity	8.94		9.51		8.76		7.89	8.73		8.94	9.51	8.76	7.89	9.21	8.30	

Heat 5 - 2023 World Athletics Championships (Budapest, HUN) — *Seiko Timing (2023) - world championship race analysis*

date	20-Aug-23	time	11.37		22.03		33.80		46.53	46.53	2 / 6						
reaction time	0.168	interval			10.66		11.77		12.73		# of strides	11.37	10.66	11.77	12.73	22.03	24.50	2.47
		velocity	8.80		9.38		8.50		7.86	8.60		8.80	9.38	8.50	7.86	9.08	8.16	

FINAL - 2023 Kamila Skolimowska Memorial (Chorzów, POL) — *Omega Timing (2023) - diamond league race analysis*

date	16-Jul-23	time	6.15	11.15	16.32	21.60	27.19	33.11	39.24	45.87	45.87	1 / 8						
reaction time	0.138	interval		5.00	5.17	5.28	5.59	5.92	6.13	6.63		# of strides	11.15	10.45	11.51	12.76	21.60	24.27	2.67
		velocity	8.13	10.00	9.67	9.47	8.94	8.45	8.16	7.54	8.72		8.97	9.57	8.69	7.84	9.26	8.24	

B Final - 2023 European Team Championships, First Division (Chorzów, POL) — *European Athletics (2023) - 3rd european games, athletics - results book*

date	23-Jun-23	time	11.21		21.54		33.11		45.95	45.95	6 / 4						
reaction time	0.195	interval			10.33		11.57		12.84		# of strides	11.21	10.33	11.57	12.84	21.54	24.41	2.87
		velocity	8.92		9.68		8.64		7.79	8.71		8.92	9.68	8.64	7.79	9.29	8.19	

FINAL - 2022 European Athletics Championships (Munich, GER) — *European Athletics (2022) - european athletics championships race analysis*

date	17-Aug-22	time	11.06		21.57		33.07		45.62	45.62	1 / 6						
reaction time	0.178	interval			10.51		11.50		12.55		# of strides	11.06	10.51	11.50	12.55	21.57	24.05	2.48
		velocity	9.04		9.51		8.70		7.97	8.77	169.0	9.04	9.51	8.70	7.97	9.27	8.32	

Semi-Final 2 - 2022 European Athletics Championships (Munich, GER) — *European Athletics (2022) - european athletics championships race analysis*

date	16-Aug-22	time	10.92		21.19		32.58		45.52	45.52	3 / 3						
reaction time	0.209	interval			10.27		11.39		12.94		# of strides	10.92	10.27	11.39	12.94	21.19	24.33	3.14
		velocity	9.16		9.74		8.78		7.73	8.79	170.7	9.16	9.74	8.78	7.73	9.44	8.22	

FINAL - 2019 The Match - Europe v USA (Minsk, BLR) — *Omega Timing (2019) - diamond league race analysis*

date	09-Sep-19	time	11.30		22.06		33.65		46.57	46.57	2 / 5						
reaction time	0.171	interval			10.76		11.59		12.92		# of strides	11.30	10.76	11.59	12.92	22.06	24.51	2.45
		velocity	8.85		9.29		8.63		7.74	8.59	175.2	8.85	9.29	8.63	7.74	9.07	8.16	

Zambrano, Anthony (COL) (1998)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Heat 2 - 2024 Olympic Games (Paris, FRA) — *Paris 2024 Olympic Games - Results Book (2024)*

date	04-Aug-24	time	6.32	11.41	16.59	21.89	27.32	33.03	38.98	45.49	45.49	7 / 7						
reaction time	0.159	interval		5.09	5.18	5.30	5.43	5.71	5.95	6.51		# of strides	11.41	10.48	11.14	12.46	21.89	23.60	1.71
		velocity	7.91	9.82	9.65	9.43	9.21	8.76	8.40	7.68	8.79	175.0	8.76	9.54	8.98	8.03	9.14	8.47	

Heat 2 - 2023 World Athletics Championships (Budapest, HUN) — *Seiko Timing (2023) - world championship race analysis*

date	20-Aug-23	time	11.03		21.29		32.62		44.92	44.92	9 / ~~5~~						
reaction time	0.223	interval			10.26		11.33		12.30	DQ	# of strides	11.03	10.26	11.33	12.30	21.29	23.63	2.34
		velocity	9.07		9.75		8.83		8.13	8.90	176.0	9.07	9.75	8.83	8.13	9.39	8.46	

FINAL - 2020 Olympic Games (Tokyo, JPN) — *Omega Timing (2022) - Tokyo 2020 - race analysis - men's 400m final*

date	05-Aug-21	time	6.12	11.08	16.06	21.21	26.52	32.07	37.86	44.08	44.08	5 / 2						
reaction time	0.166	interval		4.96	4.98	5.15	5.31	5.55	5.79	6.22		# of strides	11.08	10.13	10.86	12.01	21.21	22.87	1.66
		velocity	8.17	10.08	10.04	9.71	9.42	9.01	8.64	8.04	9.07	182.7	9.03	9.87	9.21	8.33	9.43	8.75	

FINAL - 2021 Golden Gala Pietro Mennea (Florence, ITA) — *Omega Timing (2021) - diamond league race analysis*

date	10-Jun-21	time	6.3	11.4	16.7	22.1	27.5	33.1	38.8	44.76	44.76	5 / 1						
reaction time	0.152	interval		5.10	5.30	5.40	5.40	5.60	5.70	5.96		# of strides	11.40	10.70	11.00	11.66	22.10	22.66	0.56
		velocity	7.94	9.80	9.43	9.26	9.26	8.93	8.77	8.39	8.94		8.77	9.35	9.09	8.58	9.05	8.83	

FINAL - 2021 Doha Diamond League (Doha, QAT) — *Omega Timing (2021) - diamond league race analysis*

date	28-May-21	time	6.2	11.3	16.5	22.0	27.5	33.1	38.8	44.57	44.57	3 / 2						
reaction time	0.139	interval		5.10	5.20	5.50	5.50	5.60	5.70	5.77		# of strides	11.30	10.70	11.10	11.47	22.00	22.57	0.57
		velocity	8.06	9.80	9.62	9.09	9.09	8.93	8.77	8.67	8.97		8.85	9.35	9.01	8.72	9.09	8.86	

FINAL - 2019 IAAF World Championships (Doha, QAT) — *Yamanaka (2019) - race analysis of men and women 400m competition*

date	04-Oct-19	time	6.08	10.98	15.98	21.13	26.54	32.10	37.91	44.15	44.15	8 / 2						
reaction time	0.182	interval		4.90	5.00	5.15	5.41	5.56	5.81	6.24	AR PB	# of strides	10.98	10.15	10.97	12.05	21.13	23.02	1.89
		velocity	8.22	10.20	10.00	9.71	9.24	8.99	8.61	8.01	9.06	174.7	9.11	9.85	9.12	8.30	9.47	8.69	

Semi-Final 3 - 2019 IAAF World Championships (Doha, QAT) — *Yamanaka (2019) - race analysis of men and women 400m competition*

date	02-Oct-19	time	6.15	11.09	16.19	21.56	27.07	32.67	38.42	44.55	44.55	8 / 2						
reaction time	0.183	interval		4.94	5.10	5.37	5.51	5.60	5.75	6.13	NR PB	# of strides	11.09	10.47	11.11	11.88	21.56	22.99	1.43
		velocity	8.13	10.12	9.80	9.31	9.07	8.93	8.70	8.16	8.98	177.2	9.02	9.55	9.00	8.42	9.28	8.70	

FINAL - 2019 Herculis Meeting International d'Athlétisme (Monaco, MON) — *Omega Timing (2019) - diamond league race analysis*

date	12-Jul-19	time	11.3		21.9				nt	nt	8 / --						*did not hear the recall gun for the false start in lane 4*
reaction time		interval			10.6					DNS	# of strides	11.30	10.60			21.90		
		velocity	8.85		9.43							8.85	9.43			9.13		

FINAL - 2016 IAAF World Junior Championships (Bydgoszcz, POL) — *Yamamoto (2016) - race analysis of male & female 400m runners at major competitions in 2016*

date	22-Jul-16	time	6.15	11.33	16.72	22.41	28.14	34.05	40.09	46.50	46.50	2 / 6						
reaction time	0.185	interval		5.18	5.39	5.69	5.73	5.91	6.04	6.41		# of strides	11.33	11.08	11.64	12.45	22.41	24.09	1.68
		velocity	8.13	9.65	9.28	8.79	8.73	8.46	8.28	7.80	8.60		8.83	9.03	8.59	8.03	8.92	8.30	

Zeng Shuheng (CHN)

	50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential

Sport School FINAL - 2025 Yangtze River Delta Athletics Diamond Gala (Keqiao, CHN) — *Omega Timing (2025) - diamond league race analysis*

date	03-May-25	time	6.91	12.61	18.96	25.99	33.77	42.32	51.58	61.47	61.47	7 / 7						
reaction time	0.185	interval		5.70	6.35	7.03	7.78	8.55	9.26	9.89		# of strides	12.61	13.38	16.33	19.15	25.99	35.48	9.49

WR=World Rec. AR=Area Rec. OR=Olympic Rec. CR=Championship Rec. NR=National Rec. PB=Personal Best DQ=Disqualified DV=Drug Violation

		velocity	7.24	8.77	7.87	7.11	6.43	5.85	5.40	5.06	6.51		7.93	7.47	6.12	5.22	7.70	5.64	

Zeze, Ryan (FRA) (1998)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Long Sprints - 2025 Grand Slam Track Miami (Miramar, FL)																		*Grand Slam Track (2025) - results and splits by race*	
date	03-May-25	time		11.13		21.35		32.43		45.21	45.21	1 / 6							
reaction time	0.290	interval				10.22		11.08		12.78	PB	# of strides	11.13	10.22	11.08	12.78	21.35	23.86	2.51
		velocity		8.98		9.78		9.03		7.82	8.85		8.98	9.78	9.03	7.82	9.37	8.38	

Zhan, DJ (USA) (1993)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2015 NCAA Championships (Eugene, OR)																		*Track Newsletter (2015) - NCAA men's championships*	
date	12-Jun-15	time				22.2				46.0	45.97	/ 3							
reaction time		interval								23.80		# of strides					22.20	23.80	1.60
		velocity				9.01				8.40	8.70						9.01	8.40	

Zharov, Innokentiy (RUS) (1968)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 1997 European Cup (Munich, GER)																		*Jung (2003) - http://www.fgs.uni-halle.de*	
date	21-Jun-97	time		11.51		22.34		34.07		46.42	46.42	/ 4							
reaction time		interval				10.83		11.73		12.35		# of strides	11.51	10.83	11.73	12.35	22.34	24.08	1.74
		velocity		8.69		9.23		8.53		8.10	8.62		8.69	9.23	8.53	8.10	8.95	8.31	

Zheng Chiyu (CHN) (2003)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2024 Chinese National Championships (Quzhou, CHN)																		*Shandong Athletics Sport Science (2024)*	
date	16-Sep-24	time		12.21		23.59		35.80	42.01	48.60	48.60	2 / 8							
reaction time	0.200	interval				11.38		12.21	6.21	6.59		# of strides	12.21	11.38	12.21	12.80	23.59	25.01	1.42
		velocity		8.19		8.79		8.19	8.05	7.59	8.23	175.0	8.19	8.79	8.19	7.81	8.48	8.00	
FINAL - 2023 Chinese National Grand Prix 1 (Rizhao, CHN)																		*Shandong Athletics Sport Science (2023)*	
date	26-Apr-23	time		11.68		22.39		34.47	40.58	47.12	47.12	5 / 1							
reaction time	0.149	interval				10.71		12.08	6.11	6.54		# of strides	11.68	10.71	12.08	12.65	22.39	24.73	2.34
		velocity		8.56		9.34		8.28	8.18	7.65	8.49	183.0	8.56	9.34	8.28	7.91	8.93	8.09	

Zhong, Yoto (JPN)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
FINAL - 2024 Shimane High School Championships (Izumo, JPN)																		*Shimizu (2024) - shimane high school championships 2024 - biomechanics data analysis*	
date	24-May-24	time		12.12		23.58		35.76		48.87	48.87	7 / 2							
reaction time		interval				11.46		12.18		13.11		# of strides	12.12	11.46	12.18	13.11	23.58	25.29	1.71
		velocity		8.25		8.73		8.21		7.63	8.18		8.25	8.73	8.21	7.63	8.48	7.91	

Ziemek, Zachery (USA) (1993)

			50m	100m	150m	200m	250m	300m	350m	400m	Official Time	Lane / Place	0-100m	100-200m	200-300m	300-400m	0-200m	200m-400m	Differential
Decathlon - Heat 1 - 2024 Olympic Games (Paris, FRA)																		*Paris 2024 Olympic Games - Results Book (2024)*	
date	02-Aug-24	time	6.37	11.45	16.83	22.39	28.37	35.01	42.39	50.79	50.79	3 / 6							
reaction time	0.172	interval		5.08	5.38	5.56	5.98	6.64	7.38	8.40		# of strides	11.45	10.94	12.62	15.78	22.39	28.40	6.01
		velocity	7.85	9.84	9.29	8.99	8.36	7.53	6.78	5.95	7.88	171.5	8.73	9.14	7.92	6.34	8.93	7.04	
Decathlon - Heat 2 - 2024 USA Olympic Trials (Eugene, OR)																		*USATF and Karmarush (2024) - USA Olympic trials results and race analysis*	
date	21-Jun-24	time		11.29		22.17		34.86		49.72	49.72	6 / 1							
reaction time		interval				10.88		12.69		14.86		# of strides	11.29	10.88	12.69	14.86	22.17	27.55	5.38
		velocity		8.86		9.19		7.88		6.73	8.05		8.86	9.19	7.88	6.73	9.02	7.26	
Decathlon - Heat 1 - 2022 World Athletics Championships (Eugene, OR)																		*Timing by Seiko (2022) - world athletics championships race analysis*	
date	23-Jul-22	time		11.58		22.98		35.45		49.56	49.56	4 / 3							
reaction time	0.185	interval				11.40		12.47		14.11		# of strides	11.58	11.40	12.47	14.11	22.98	26.58	3.60
		velocity		8.64		8.77		8.02		7.09	8.07	167.2	8.64	8.77	8.02	7.09	8.70	7.52	